Therefore, a time must come when man has to look below the obscure surface of his egoistic being and attempt to know himself; he must set out to find the real man: without that he would be stopping short at Nature’s primary education and never go on to her deeper and larger teachings; when he knows that there are states beyond the material and lives behind and before him, at any rate a pre-existence and a subsequent existence, he is on the way to get rid of his temporal ignorance by enlarging himself beyond the immediate moments of Time into the possession of his own eternity.

Progress to Knowledge – God, Man and Nature, Life Divine, Sri Aurobindo

Seven are these worlds in which move the life-forces that are hidden within the secret heart as their dwelling-place seven by seven.

Mundaka Upanishad.

Follow the shining thread spun out across the mid-world, protect the luminous paths built by the thought; weave an inviolate work, become the human being, create the divine race.

Rig Veda

Therefore, a time must come when man has to look below the obscure surface of his egoistic being and attempt to know himself; he must set out to find the real man: without that he would be stopping short at Nature’s primary education and never go on to her deeper and larger teachings; when he knows that there are states beyond the material and lives behind and before him, at any rate a pre-existence and a subsequent existence, he is on the way to get rid of his temporal ignorance by enlarging himself beyond the immediate moments of Time into the possession of his own eternity.

Progress to Knowledge – God, Man and Nature, Life Divine, Sri Aurobindo
Contents

THE PONDER CORNER ____________________________ 1

HOUSE OF MOTHER’S AGENDA ___________________ 4

TOWNHALL SPEAKS ______________________________ 5
 Call For Nominations: Selection Process 2022 _______ 5
 HOW ________________________________________ 5
 WHEN ________________________________________ 5
 We Are Looking For... ____________________________ 5
 FAMC data administrators ________________________ 5
 Register of Residents ____________________________ 5
 Auronet no longer under the purview of the Residents Assembly _______ 5
 Domain change of Financial Service ________________ 5

COMMUNITY NEWS _____________________________ 6

Auroville Matters __________________________________ 6
 Happy Arrival ____________________________________ 6
 A Statement from members of the Residents’ Assembly ____________ 6
 Polarity as a Creative Space for Moving Forward Together ____________ 6
 Open letter to RAS and Auroville Council ________________ 6
 A letter from Dr. Karan Singh _________________________ 6
 Greetings from the Eco Service ________________________ 7
 ANNA: Auroville Neutral News Antenna ________________ 7
 Clarification concerning FAMC Report _________________ 7
 Dreamweaving the Crown ___________________________ 7

Awakening Spirit ________________________________ 8
 Meditation with Savitri read by Mother to Sunil’s music _______ 8
 Brahmanaspati Kshetram, June 2022 ________________ 8
 Shrimad Bhagavad Gita _____________________________ 8
 Collective Healing Work ___________________________ 8
 Savitri Art Sangha _________________________________ 8
 Marathon Yoga Event at Amphitheater ________________ 8
 Savitri Bhavan, June 2022 __________________________ 9
 Exhibitions ________________________________________ 9
 Films, Mondays at 4pm _____________________________ 9
 Full Moon Gathering ________________________________ 9
 Mudra-Chi ________________________________________ 9
 Regular Activities _________________________________ 9

For Your Information ____________________________ 9
 Blind Babble ________________________________________ 9
 Youth Link Summer Break ___________________________ 9
 Physical Education Teachers Training __________________ 9

Honorary Voluntary _______________________________ 10
 Unity Pavilion Looking for Aurovilians ________________ 10
 Gau Seva at Sadhana Forest! ________________________ 10

Work Opportunities __________________________________ 10
 HR Hub Initiative ________________________________ 10
 Handyman ______________________________________ 10
 Service Administrator ______________________________ 10
 Housing Board/Housing Service ________________________ 10
 Auroville Housing Board/ Housing Service Administrator ________________ 10

The Arts _________________________________________ 11
 Live Music Night ________________________________ 11
 Maestro Shashank Subramanyam ________________ 11

Looking For ______________________________________ 11
 Auroville Child Protection and Safeguarding ___________ 11
 Need to Transport Blood Samples _________________ 11

Available ________________________________________ 11
 Gardener from Bommayapalayam ____________________ 11
 Office Space Available ____________________________ 11

Help Needed ______________________________________ 11
 Growing food for Auroville ________________________ 11

Foods, Goods and Services __________________________ 12
 Aikyami Asian Restaurant ____________________________ 12
 Auroville eggs for all... _____________________________ 12
 Terrsoul Farmers Market _____________________________ 12
 Open House at Eco Femme ___________________________ 12
 Free Store Summer Hours ___________________________ 12
 Nandini Tailoring service ___________________________ 12
 Menstrual Health Day Celebration ___________________ 12
 Auromode Hive: Open House on Saturday ____________ 13

VOICES AND NOTES _______________________________ 13
 Celebrating the Life of Bhaga _______________________ 13
 Bhaga Recalls _____________________________________ 13
 Anthropocentrism __________________________________ 13
 Auroville Radio _____________________________________ 14
 Last published podcasts ____________________________ 14

AV Poetry __________________________________________ 14
 The Privilege ______________________________________ 14
 AV Haiku _________________________________________ 14
 As I Sit Idly ______________________________________ 14
 World Poetry Movements _____________________________ 14
Classes, Workshops & Healing Arts ____________ 15

Collaborative Gaming Experience ____________ 15
Mohanam: Summer Camp & Learning Festival ____________ 15
   Introduction ____________ 15
   Activity ____________ 15
CREEVA: Weekly Adventure ____________ 15
Introduction to Tarot Reading ____________ 15
Advanced Analogue Photography Workshop ____________ 16
Sacred Coconut Receipe ____________ 16
Mixed Martial Arts ____________ 16
Workshop: The Art of Chi ____________ 16
200 Hr Yoga Student Training Intensive ____________ 16
Vibrational Sound Bath ____________ 16
Sound Chakras Healing ____________ 17
Traditional mantra and Stotra Chanting Class ____________ 17
Vérité June 2022 Schedule ____________ 17
   Classes (drop-in session) ____________ 17
   Therapies (prior appointment required) ____________ 17
Pitanga ____________ 17
   Yoga and Care for pregnant women ____________ 17
   Vinyasa Yoga ____________ 17
   Prenatal Yoga ____________ 17
   Prenatal Massage ____________ 17
Serendipity Activities Update ____________ 17
JIVA: your journey in healing and transformation ____________ 18
   Natural Horsemanship ____________ 18
   Integral regression therapy training ____________ 18
   Transforming Trauma ____________ 18
Learn Hindi शुरुआती हिंदी ____________ 18
News From Auroville Language Lab ____________ 18
   Tomatis ____________ 18
   Summer Language Courses at ALL ____________ 19
      New: German with Verena ____________ 19
      New: French with Jean-François Claude ____________ 19
      New: English Conversation with Ramesh ____________ 19
      Spanish Conversation with Mila ____________ 19
      Elementary Italian with Davide ____________ 19
      Tamil Written and Spoken with Murugesan ____________ 19
   Current Schedule of Classes ____________ 19

Cinema ____________ 21
   Cinema Paradiso ____________ 20
   AVFF2022 Thursday at Cinema Paradiso ____________ 21
      The Path ~ Parvathy Baul In Japan ____________ 21
   Eco Film Club ____________ 21
      Schedule of Events ____________ 21
      The Earthing Movie ____________ 21

Accessible Auroville Public Bus ____________ 21
Emergency Services ____________ 22
Important Information About News & Notes ____________ 22

AVFO: FILLING THE REGISTER OF RESIDENTS (ROR)

Reminder
A gentle reminder that everyone takes a little time to fill out this form as soon as possible.

For those not able to fill the Googleform online you may fill the paper form, which can be downloaded by clicking here and deliver the filled and signed paper form to the office of the Secretary, Auroville Foundation.

Also, printed forms are available at the Foundation reception for you to fill them out directly.

This only applies to those who are already entered in the RoR, confirmed adult Aurovilians over 18 years old.

Auroville Foundation
“Mother: But it’s still going on. Now, there’s a great battle against all the ideas, the habits, the sensations, the possibilities, everything, concerning death – “death” (laughing), not “death” in the sense of the consciousness departing (that, of course, people talk about, but... those things no longer exist), no: WHAT THE CELLS MUST FEEL (After “death” or at the time of “death.”). And all the possibilities are presented to me... With that consciousness (the consciousness accumulated, compressed in all those cells), when the heart stops beating and it’s understood that, according to human ignorance, you are “dead,” how does the force that groups all those cells together abdicate its will to hold them all together?... Naturally, I was told right away (because the problem – all the problems – come from everywhere, and it’s purposefully that I am shown the problem and made to struggle with it; it’s not just as an “idea”), I was told right away that that force, that consciousness which holds everything together in really superconscious cells (they don’t have at all the ordinary type of consciousness; ordinarily, it’s the inner, vital being [Mother touches the heart center] that’s conscious of oneness, that is, conscious of being a being), that this aggregate of cells is now an aggregate OF ITS OWN WILL, with an organized consciousness which is a sort of collective gathering of that cellular consciousness; well... Obviously this is an exceptional condition, but even in the past, in those beings who were very developed outwardly, there was a beginning of willed, conscious cellular gathering, and that’s certainly why in ancient Egypt, where occultism was very developed. Exceptional beings such as the pharaohs, the high priests, etc., were mumified, so as to preserve the form as long as possible. Even here in India, generally they were petrified (in the Himalayas there were petrificative springs). There was a reason (Many years earlier, Mother had told Satprem a vision she had had of one of her bodies petrified in a Himalayan cave, near a route of pilgrimage).

And I saw for Sri Aurobindo (although he hadn’t yet started this systematic transformation; but still, he was constantly pulling the supramental force down into his body), even in his case, it took five days to show the first slight sign of decomposition. I would have kept his body longer, but the government always meddles in other people’s business, naturally, and they pestered me awfully, saying it was for - governmental, and they meddled in other people’s business, (I was told that THE CELLS THEMSELVES would be given a free choice. So the conclusion of all that meditation was that there must be a new element in the consciousness of the cellular aggregates – a new element... a new experience that must be in progress. The result: last night, I had a series of fantastic cellular experiences, which I cannot even explain and which must be the beginning of a new revelation.

When the experience began, there was something looking on (you know, there is always in me something looking on somewhat ironically, always amused) which said, “Very well! If that happened to someone else, he would think he was quite sick! (laughing) Or half mad.” So I stayed very quiet and thought, “All right, let it be, I’ll watch, I’ll see – I’ll see soon enough! It has started, so it will have to end!...” Indescribable! Indescribable (the experience will have to recur several times before I can understand), fantastic! It started at 8:30 and went on till 2:30 in the morning; that is to say, not for a second did I lose consciousness, I was there watching the most extraordinary things – for six hours. I don’t know where this is going....

Indescribable; you know, you become a forest, a river, a mountain, a house – and it’s the sensation (an absolutely concrete sensation) OF THE BODY, of this (gesture to the body). Many other things too. Indescribable. It lasted a long time, with a whole variety of things.

So at 2:30 in the morning, I said to the Lord, “That will do, won’t it?” (Mother laughs) And He gave me a blissful rest till 4:30.

Good.

All that on the aphorism!... Anyway, you can use the beginning. But you should ask me a question. Ask me a question.”

(to be continued next week)
CALL FOR NOMINATIONS: SELECTION PROCESS 2022

Dear Residents, this is a call to invite you to take part in the next Selection Process for the Auroville Council, ATDC, Entry Board, FAMC and Working Committee.

According to the newly approved selection process, an Auroville resident can either nominate him/herself or nominate others to become Working Group members. All Aurovilians and Confirmed Aurovilians can participate in the selection process.

For more details (list of outgoing members, mandates, job description, requirements for candidates), please visit the web page.

Watch video on the new selection process.

HOW

You can nominate yourself or others:

• Online – please click the button below to submit your nomination
• In person – a printed nomination form is also available from the RAS sounding board in Town Hall. Please fill in your form and hand it over to the RAS members/resource persons (at the RAS office) every Tuesday and Thursday between 10am and 12pm.

Please note, when nominating another person, the approval of the nominee must be sought prior to the nomination. If application is not complete, the RAS may seek clarification or additional information. If still incomplete the application may be discarded at the discretion of the RAS.

Nominations will close on Thursday, 2 June, 2022

WHEN

The selection is planned for Saturday 25 and Sunday 26 of June 2022 (full days, timings will be confirmed in our future communications) at the Unity Pavilion.

We Are Looking For...

Silent observers, facilitators and other volunteers...

For the selection process, an Organisational Team will be created by the RAS comprising RAS members, silent observers, facilitators and other volunteers formed, according to the skills required for the process. Members of this team shall have no direct link with the potential candidates or selectors.

If you would like to join the Organisational Team, please contact us: raservice@auroville.org.in

Selection Group

In the meantime, RAS will form the Selection Group: from Aurovilians on the Master List, 40 names will be drawn completely at random. We will contact each person that has been drawn, providing the information they need to understand the Selection Process, and check if they are willing to participate. The RAS will be responsible for this process, and will call independent witnesses to ensure that it is fair and transparent.

Candidates for working groups and/or members of the Organisational Team cannot be in the Selection Group.

If you have any questions or need assistance, please feel free to contact the Residents’ Assembly Service at raservise@auroville.org.in.

Best regards,
For the Residents’ Assembly Service
Dan, Giovanni P, Sathish A, Tatiana S

FAMC DATA ADMINISTRATORS

Dear community, we put a call out for an FAMC data administrator on the Auronet on 11 April (and in the corresponding N&N). We had about 10 applicants, and short-listed and interviewed 4 people. We have selected 2 individuals from the 4.

Please join us in welcoming Ms. Ayesha P and Mr. B. Raj. They will each give their skills, goodwill, time and energy on a part-time basis. We look forward to providing more support to the users of ACARAT (FAMC, Land Board, and TDC) and HouMan (Housing Service / Housing Board).

More detailed communication to users will be coming out in the next weeks.

Regards, FAMC, (members are: Amy, Angelo, Jonas, Lisa, Marc, Palani, Ranjith, Stephan)

REGISTER OF RESIDENTS

In order to update the Register of Residents, all residents of Auroville are reminded to fill out a form as already announced by the Working Committee on 08-05-2022. The preferred option is that you use the Google form at this link. Alternatively you may fill the paper form, which can be downloaded by clicking here and deliver the filled and signed paper form to the office of the Secretary, Auroville Foundation.

Please complete this before 10-06-2022 so that the Register of Residents can be updated at the earliest.

Under Secretary, Auroville Foundation

AURONET NO LONGER UNDER THE PURVIEW OF THE RESIDENTS ASSEMBLY

Dear Community, in the history of the Auronet, the Auroville Council and Working Committee have always been in charge of overseeing the many functions it provides on behalf of the Residents Assembly. With the Auronet password having been reset and the administration rights handed over to the Auroville Foundation office, without the approval of Auroville Council or Working Committee, Auronet is no longer under the purview of the Residents Assembly.

In the current situation, we cannot guarantee that any of the posts and content you will see on Auronet are authentic.

We are following up on this matter and will inform you as things develop.

Kind regards,
Auroville Council, Working Committee and Funds and Assets Management Committee

Dear Community, the access codes to the Auroville.org.in domain name registration server were handed over to the Auroville Foundation office.

Using the access codes, the Auroville Foundation office have acquired access to our mail and other related services. This means that we are no longer aware of the security protocols used to secure your data.

We are looking into the matter and will update you.

Best regards,
Auroville Council and Working Committee

DOMAIN CHANGE OF FINANCIAL SERVICE

To the community: as the question arises, we want to address the recent domain change of Financial Service (relating to Auroville Maintenance only and not to Auroville Unity Fund).

It was done with our knowledge and approval for technical reasons only, irrespective of the current climate.

We, at Financial Service, serve all Aurovilians and do not take sides. In this capacity we neither approve nor condemn but focus only on serving Auroville as efficiently as possible.

Financial Service Team
A LETTER FROM DR. KARAN SINGH
May 13, 2022
Dear Jayanti, I have just seen a letter from Satprem Maini regarding the Auroville Earth Institute. I can vouch for the fact that over the years this Institute has done remarkable work and has made its name internationally in the field of earth architecture. Satprem himself has worked around the world and successfully undertaken several international projects. Incidentally, he was also the architect who built a perfect pyramid near Pondicherry in which Lord Nataraja is now installed. When some of these buildings were constructed there may not have been clear rules or guidelines regarding their location, and I doubt if in the early years any special authorization was needed to build in Auroville. Large sums of money have been invested by Aurovilians in some of these structures, supported by donations from abroad. This fact also needs to be kept in mind while proceeding with the plan to build the city.

Generally speaking I would like to make an observation. The uniqueness of Auroville lay in the fact that men and women from over fifty countries came there and lived in harmony with each other. It is tragic that the harmony has been disrupted and there is now a wide-spread sense of alienation among the community. To add to their feeling of insecurity is the fact that apparently certain visas are being curtailed. I have no intention of interfering in the administration of Auroville. As Chairman for twenty years I did whatever I could, not only to develop Auroville with the construction of numerous new buildings and institutions, but also to keep intact the overall harmony of this unique experiment set up by the Mother half a century ago. Building the city is important, but technically this can be done anywhere in India by the local P.W.D. Trying to build Auroville without the cooperation of the Aurovillians is prima facie a contradiction and will go against the whole raison d’etre of this unique experiment. Even at this stage I feel that there should be serious efforts for reconciliation in which you, as Secretary, will need to play a leading role.

I hope you will enjoy reading the book on Lord Shiva.

With good wishes, Karan Singh
Dear community members and Eco Service users, there are a few requests that we would like to make to all regarding the disposal of Cardboard / Amazon boxes and Thermocol.

Please Do Not stuff the Cardboard / Amazon / Pizza boxes and Thermocol packagings in the waste bins. They not only take too much space inside, they also usually make emptying the barrels a bit tedious for the collection team. Hence,

1. We request everybody to flatten the cardboard boxes and pile them separately in a covered space safe from rain.

2. Similarly please try to put all the thermocol separately. Ideally, it would be great if individuals could bring over their thermocol waste directly to Eco Service instead of putting them into community waste barrels. All those who can, please do so, it will be appreciated.

3. The EcoService would also like to request and remind all communities and individuals to instruct their household help/gardener to help our team when they come for waste collection.

The Eco Service looks forward to the continued cooperation of all and thanks the community for the same.

Much Thanks, The Auroville Eco Service

---

**Dreamweaving the Crown**

Dear Community, now that the report of the Dreamweaving the Crown has been published and the process that the various team members of both the Dreamweaving and Citizens’ Assembly committed to has come to an end, the Dreamweaving team wanted to write to the community with a brief update, simply trying to answer the repeated question we receive: so what is next for the Dreamweaving?

The Dreamweaving collaborative method, since the beginning, aimed to generate a pool of ideas representing a few of the qualities of the envisioned Crown. Such ideas are either demonstrated through drawings by the Dreamweavers, or explained through texts by the experts, the focus group, and the randomly selected citizens group. As in any serious participatory process, both the design proposals and feedback are seen as equal; equally reflecting the truly diverse voices of Auroville, the voices of the users of the space, the voices of the participants of the experiment.

The whole collaborative method aimed to communicate voices and ideas from Auroville to inspire the Vastu Shilpa Consultants VSC to prepare a detailed development plan (DDP) reflecting both the needs and ideals of Auroville. Yet, the planned path of work development seems obstructed at the moment, as there is no clarity in regards to signing the consultants contract to officially start the work. Through this moment—intense and unclear—we are in observation and deliberation. We believe time will prove that only a rigorous collaborative process bridging expertise and faculties from within and from without can resolve Auroville’s planning challenges, peacefully and imaginatively.

Regards, David, Mona, & Omar

---

**Clarification Concerning FAMC Report**

Dear Aurovilian friends, I wanted to clarify one statement in the FAMC report in N&N #923, under Units and Trusts Item D, page 6 which states;

“Thanks to the efforts of the interim executives, Afsanah Guest house is now running well and is profitable.”

Afsanah Guest House has always been profitable and its current profitability has nothing to do with the interim executives. It is normal to expect that after the Pandemic income has picked up.

Please note that it is quite evident that during normal times we had substantial income and had given large contributions of 20% of our turnover to the BCC, which has extended over many years.

During these last few months, since the end of the Lock Down, high contributions have been given to the BCC who seem to have forgotten to take into account all the previous month’s contribution.

I find this sentence is out of line.

Hugs, Afsanah
AWAKENING SPIRIT

MEDITATION WITH SAVITRI READ BY MOTHER TO SUNIL’S MUSIC

6 to 6:30pm, Amphitheatre – Matrimandir

Every Thursday at Sunset.

During the summer the Meditation is with Mother and Sunil’s “New Year Music”, before we restart a cycle of Savitri read by Mother to Sunil’s music. Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all:

◦ The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
◦ We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
◦ Dear Guests, please carry your Guest Card with you.
◦ Access only for the Amphitheatre from 5:45pm.
◦ Please be seated by 5:55pm.

Thank you, Surya & Amphitheatre Team

COLLECTIVE HEALING WORK

Who would like to participate in a collective healing work OPONOPONO?

It is a few short sentences repeated like a mantra for a few days. One has to be committed to this work to do it.

The sentences and the number of days will be decided together in the beginning. We can recite the sentences individually in our own lives, no need to be physically together during that time.

If we are a big group it can be very powerful.

The sentences will basically be like:

◦ I regret (to have co created these difficulties)
◦ Please forgive me
◦ Thank you
◦ I love you

If you are interested please contact me at iris@auroville.org.in

IRIS

SAVITRI ART SANGHA

Sangam Hall, Savitri Bhavan, May 30, 4:30 to 5:30pm

Dear friends, Savitri Art Sangha of Purnam Center for Integrity, Auroville is happy to be offering a video exhibition on May 30, the day on which Sri Aurobindo for the first time shared publicly his yoga and spiritual experiences, the Uttarpura Speech Day. 21 paintings, corresponding to a powerful section from Secret Knowledge of Sri Aurobindo’s Savitri, have been put together with music and voice-over. This offering is towards the 150th birth anniversary of Sri Aurobindo. We cordially invite you all for the screening of the video followed by an interaction with the artists in Savitri Bhavan on May 30, from 4:30 to 5:30pm.

The offering is a collaboration between members of Auroville, Sri Aurobindo Ashram, and Sri Aurobindo Society.

◦ Painters: Usha Arvind Thirukonda & Padmarani Vandanemataram Presingu
◦ Voice: Sahana
◦ Photography & Video: Manu Bahuguna & Surya Ravishankaran
◦ Music: Shantanu Verma with the support of Tapan Chowdhury, Surya Ravishankaran, Aurelio, Zech Joya, & Arnab Bishnu Chowdhury
◦ Guidance on Art: Sushanto Da, Manoj Pavitran, Divyanshi Chugh, & Archana Udaykumar

Join us to experience Savitri through art.

MARATHON YOGA EVENT AT AMPHITHEATER

6 to 7am from May, 23 to June, 21

Team Arulvazhi is planning Marathon Yoga Event i.e., one hour Surya Namaskar between 6 & 7am from 23.03.2022 till 21.06.2022 (both days inclusive) to commemorate the 150 Birth Anniversary of Sri Aurobindo and International yoga day (21 June, 2022). We invite schools and community members to participate. Kindly bring your yoga mats. Suryanamaskar and simple yoga movements at Amphitheater.

Contact: Velmurugan, 9047235343 & Muthukumari, 8940438617

Best regards, Velmurugan M
Exhibitions

• **Meditations on Savitri:** The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
• **Glimpses of the Mother: Photographs and texts** In the Square Hall
• **Sri Aurobindo:** A life sketch in photographs, in the upper corridor

Films, Mondays at 4pm

• **June 20:** Integral Yoga – Sri Aurobindo & The Mother’s vision of Supramental Consciousness and how Haridas Chaudhuri brought it to the West
  Haridas Chaudhuri was sent as a representative of the Integral Yoga to the USA.
  He speaks about the Renaissance of India and shares his insights into Sri Aurobindo’s revolutionary work and spiritual experiences.
  The ‘California Institute of Integral Studies’ (CIIS) was founded in 1968. Duration: 55min.
  King Aswapati has reached a high level of spiritual development and sees yet higher levels before him. He understands that human beings are not only mortal, bound by death and ignorance: a greater existence lives within each of us. Duration: 35min.

Full Moon Gathering

• **Tuesday, June 14,** 7:15 – 8:15pm in front of Sri Aurobindo’s statue

Mudra-Chi

• A workshop on Mudra-Chi on **Saturday, June 25** at 5pm led by Anandi

Regular Activities

• **Sundays 10.30–12 noon:** Savitri Study Circle
• **Mondays 3-4pm:** Psychic Awakening led by Dr.Jai Singh
• **Tuesdays 3-4pm:** Yoga and the evolution of man led by Dr.Jai Singh
• **Tuesdays, Fridays, Saturdays 4-5pm:** L’Agenda de Mère: listening to recordings with Gangalakshmi
• **Fridays 3-4pm:** Readings of the Mother’s commentary on Dhammapada led by Dr.Jai Singh
• **Saturdays 3-4pm:** Introduction to Integral Yoga, led by Ashesh Joshi
• **Saturdays 4-5:15pm:** Satsang, led by Ashesh Joshi
• **Exhibitions, Main Building and Office are open Monday to Saturday 9-5**
• **Library is open Monday to Friday 9-5**
• **The Digital Library** can be accessed on request Monday to Friday 9-4
  Everyone is welcome

For Your Information

**Blind Babble**
Le Morgan, 11 June, 3:30pm
How often do you meet a completely new person? And how often do you then have a discussion and delve into deep conversation and join into self introspection with that person?
Our Blind Babble Event taking place on the 11 June was created to provide you with the experience of meeting and discussing loads of different topics and questions in a safe environment over some tea and cookies with another attendee. Your partner will be selected through a random raffle and the two of you will be provided with a stack of cards, each one containing a unique question meant to encourage deep thought and creative verbal expression.
  ◦ Join us at Le Morgan on the 11 June at 3:30pm.
  ◦ Email us at youthlink@auroville.org.in if you have any questions!

**Youth Link Summer Break**

Dear Community Members, kindly note, our YouthLink Help Desk/Office at Townhall will be closed from May 23 to June 3, 2022. Our team is going on a small retreat followed by 10 days of Summer break.

We will be back at the Help Desk/Office on 6 June, Monday, as usual.

**Much Love, YouthLink Team**

**Physical Education Teachers Training**

SAILER is pleased to offer a 100 hours Physical Education Teachers Training program over a year with the goal of improving the overall quality of physical education in Auroville. The program is for those who are already teaching to develop their skills, as well as for those who are interested in potentially becoming teachers to form a solid base for their work.

The program is being organized with a volunteer from Portugal who has a PhD in Sport Science and over 20 years experience in Pedagogical Supervision and training teachers at University level.

The first 45 hours session of the program will take place for three weeks at Dehashakti Sportsground:
  13 June – 3 July, 2022
  3 – 6pm, Monday through Friday

Each day includes one hour of didactics (theory) and two hours of practice. The curriculum includes Integral Education, sports science, curriculum development, session planning, cooperative and competitive games, communication skills and more.
  • Please email saiier@auroville.org.in by 6 June to express your interest. This program is free of cost.
  • If you are undecided about joining you are welcome to attend the first day (13 June at 3pm at Dehashakti), to see if this program is right for you.

Lijun
HONORARY VOLUNTARY

UNITY PAVILION LOOKING FOR AUROVILIANS

Unity Pavilion is looking for Aurovilians, Newcomers, Ashramites, volunteers that would like to help with preparation works related to the celebration of Sri Aurobindo’s 150th birthday during August, at the Unity Pavilion.

We are looking for committed and dedicated people with whom we could form a diverse and skilled team starting the preparations from June onwards.

The work at hand consists of:

• Preparing an Art for Land painting exhibition
• Generosity Fair and other creative interactions and one day events during the Exhibition
• Cultural event and program creation
• Additional initiatives and ideas are welcome!

The work would start last week of May/beginning June.

If you are interested please contact: Arun, Jaya, Bharati or Jagan at Unity Pavilion, 0413 2623576 or by email: unitypavilion@auroville.org.in

In Gratitude, The Unity Pavilion team

GAU SEVA AT SADHANA FOREST!

Your heartfelt service is needed at the Sadhana Forest Gaushala! You are most welcome to join us on any day from 6am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking.

If you would like to contact us: sadhanaforest@auroville.org.in,
WA 8525038274 or call 8122274924.

Looking forward to welcoming you!
The Sadhana Forest team,
warmly, Shek

WORK OPPORTUNITIES

HR HUB INITIATIVE

HR Hub Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in

Handyman

• A dynamic project is looking for a person to join their team and work together in community with adults and children.
• An enthusiastic DIY (Do It Yourself – or handyman/ woman), practical, capable of helping to maintain the physical aspects of the campus.
• Plumbing/electricity/ masonry/carpentry skills would be an asset, as well as the capacity to oversee maintenance work by external workers. Working closely with adults and children will be a part of the task.

Service Administrator

• Preparation of weekly Agenda for meeting and sharing with concerned parties
• Taking meeting notes; Finalizing the weekly meeting notes and sharing once approved with the concerned parties; Manage Invitees to the meeting (invitations and timings)
• Managing the email Inbox; Email liaison with other working groups;
• Managing the Google Team Drives; Sending out drafts prepared by the members once quorum is achieved; Create drafts, as and when assigned by the members; Create a two-monthly report to be posted on Auronet and News & Notes
• …plus other extra administration tasks.
• This is a full time position for a full time maintenance.

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else. You can find us at hr_hub@auroville.org.in

HOUSING BOARD/HOUSING SERVICE

Dear Community, we are looking for a Housing Board/ Housing Service Administrator – this is a full time role based in the Housing Services offices in Town Hall, and it comes with a full time maintenance.

Please find the job description, please write to housing-coordinator@auroville.org.in if you are interested and need further information.

Best Regards,
The Housing Service/Housing Board

Auroville Housing Board/Housing Service Administrator

• For Housing Board
  • Preparation of weekly Agenda for HB meeting and sharing with concerned parties
  • Taking of HB meeting notes
  • Finalising the weekly meeting notes and sharing once approved with the concerned parties
  • Manage Invitees to the HB (invitations and timings)
  • Managing the HB email Inbox
  • Email liaison with other working groups
  • Managing the HB Google Team Drives
  • Sending out drafts prepared by the HB members once quorum is achieved
  • Create drafts for HB, as and when assigned by the members
  • Create a two-monthly HB report to be posted on Auronet and News & Notes

• For Housing Service
  • Manage the Housing Repair inbox
  • Keep track of the status of all housing service repairs
  • Maintaining the housing repair team filing system on Google Drive
  • Support the repair coordination team with administrative tasks
  • Ad-hoc admin tasks for the HS team as and when they arise.
Auroville Child Protection and Safeguarding

Dear Community, Auroville Child Protection and Safeguarding, (AVCP) is currently looking for a smartphone for our AVCP sim card that can support WhatsApp. If you happen to have one lying around that we could have, we would be happy to take it off your hands and/or pay a second hand rate for it.

Thanks! AVCP Team
Contact: avcp@auroville.org.in or Leela +917094926849

Need to Transport Blood Samples
I am looking for someone who can help me to transport a blood sample for my dogs from India to abroad. If anyone is traveling to one of the following countries between the dates of 27 May to 10 June and is willing to help us out it will be greatly appreciated! The countries we can send the blood sample to are:
Taiwan, Australia, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Israel, Italy, Japan, Rep. Of Korea, Latvia, Lithuania, Netherlands, Poland, Portugal, Russia, USA, UK, Spain, Sweden, Slovenia, South Africa, Switzerland, Rep of turkey, China
Phone no/WA: +91 8266827234
Thanks and Regards, Michael Granger

Gardener from Bommayapalayam
Gardener from Bommayapalayam (actually working in Auromodelle) is looking for a full-time job.
He speaks basic English, so you can contact him directly on his phone: Santosh 8940048916.

Have a great day, Gerhard

Office Space Available
Dear All, an office space of the size 35 sq m in Aurosarjan Complex, Auroshilpam will be available for rent from the 1 June, 2022. For more details and scheduling a visit, contact us at research@auroville.com
Have a great day!
Priyal, Aurosarjan Trust

HELP NEEDED
Siddhartha Farms mission to grow organic food for the community depends on functioning infrastructure and machinery. At present our old tractor is in very poor condition and will need costly repairs, therefore we have decided to move forward to get a new one with equipment. The old one will bring 1.25lahks and the needed balance is 8.75lahks. If you would like to make a donation towards it, it will be highly appreciated, our account is #0486.

Many thanks for your support,
Siddhartha Farm Team
FOODS, GOODS AND SERVICES

AIKYAMI ASIAN RESTAURANT

Dear Community, we have closed the Korean restaurant at Kuilapalayam (NOT Auromodele Community), and opened an Asian Restaurant named AIKYAMI with Vegan Sushi, Fresh Ramen, and several other items. Please come by and have a taste!

We are open
◦ from 7-11am for breakfast and
◦ 12-9pm for our regular menu.
◦ everyday apart from Mondays.

Looking forward to seeing you. You can see more information regarding menu on http://www.aikyami.com

Nowana team

AUROVILLE EGGS FOR ALL...

Dear Community, we are writing to you regarding the egg production at AuroOrchard. Our chickens are laying 5500 eggs per week.

Uptil last week, this was easily distributed by foodlink. However, with many people traveling out of Auroville, schools being closed and the recent price increase, we are not able to distribute these eggs in the community.

We request you all to prioritize getting eggs from AuroOrchard or any other Auroville farm. You can place your order at Foodlink or directly with us by sending us an email at auroorchard@aurovill.org.in.

Please also share with us if you have any suggestions on how to deal with this problem.

Thank you for your support
In service, Auroorchard team

TERRSOUl FARMERS MARKET

Friday’s from 9 to 12:30pm
Terrsoul farm market on Friday’s from 9 to 12 30pm. Fresh vegies and fruits.
• Saturdays farm tour at 12pm and community vegan Tamil lunch. Booking is needed
• terrasoul@auroville.org.in, 9443434182 (WA, Telegram).

Thanking you, Juan

OPEN HOUSE AT ECO FEMME

Every Thursday morning from 10:30am
Dear friends, join our open house at our office in Auroshilpam every Thursday morning from 10:30am.

Come and learn about sustainable menstrual products and our not-for-profit programs and pick up discounted cloth pads, cups and cloth nappies. See you soon!

The Eco Femme Team

FREE STORE SUMMER HOURS

Monday to Saturday mornings, 9am to 12:30pm
Free store will be open from Monday to Saturday in the mornings only from 9am to 12:30pm, for the months of May and June.

Thanks and Regards,
The Free Store team.

NANDINI TAILORING SERVICE

Closed since 6 May

Dear Friends, the NANDINI Tailoring section located in Aurosarjan has been closed since 6 May due to labor related issues. Information regarding this was emailed to all the NANDINI members but it seems did not reach a few. This might be because we do not have your email addresses on our mailing list.

Those of you who would like to include their name in the NANDINI mailing list please send us a message at nandi-ni@auroville.org.in

Meanwhile, a sub-group is looking into the issue and has spoken to the workers. Our hope is that the matter will be resolved at the earliest.

The team at the Tailoring section continues to complete the orders in hand and give out the stitched orders via the Distribution Section next to the Free Store.

Receiving new orders is still a difficulty that we are looking for ways to work out.

We look forward to your continued support and patience and are grateful for the good will and confidence that some of you have expressed.

Nandini Tailoring section team,
Elizabeth & Indirani

MENSTRUAL HEALTH DAY CELEBRATION

JOIN US!!

TO CELEBRATE MENSTRUAL HEALTH DAY
WOMEN AS A CYCLICAL BEINGS
THE POWER OF MENSTRUAL CYCLE TRACKING SHARING CIRCLE
FOLLOWED BY A POTLUCK
P.S. Bring whatever you like for the potluck and this event will be donation based
AUROMODE HIVE: OPEN HOUSE ON SATURDAY

Dear All, Auromode Hive would like to invite you to an Open House on Saturday, 04 June 2022 from 10am to 5pm. We will have free internet! All are welcome to try out our coworking space, Free of Charge!!!

For more details regarding our Plans check out our catalogue at our WA Business No. 7092197375

Auromode Hive Team

BHAGA RECALLS

One of my students in Paris had a book in his hand and he told me to look, as he had found something which seemed quite interesting. I looked, and it was the Life Divine by a certain Sri Aurobindo. I had never seen that name anywhere before, and I still remember, I was standing there at the door of my room, and I read the first four pages. All of a sudden it was as if from the entire universe billions of pieces of a huge puzzle assembled in front of me.

There was the most magnificent vision of the future of the earth, of the future of humanity, of the meaning and purpose of life, and that was so unalterably wonderful, my whole being gave itself to that at that minute. I sat down and I said to God, “Okay, that’s really worth living.” That’s how I became interested in this yoga.

Bhaga Gabriau

From Memories of Auroville, a book about the very early days of Auroville based on interviews made in 1997 with Aurovilians who lived here between 1968 and 1973.

Janet Fearn, the author

ANTHROPOCENTRISM

Who killed some ecosystems in Auroville last December? They had a wrong understanding of the meaning in that God made them like the Kings of Nature and that they can transform the City’s green cover to the necropolis, into a cemetery. The archaeologists who investigate the places of natural tragedy in the future would be surprised by their vandalism.

The king of Israel Salomon lived in 962-922 BC. He was wise and clairvoyant. Salmon said (8:7): “Many waters cannot quench love”. The love of Aurovilians for nature showed more strength compared to anthropocentric barbarism.

According to the Mother, flowers of one plant in Auroville have the spiritual name Faithfulness. The common name of the plant is Rangoon creeper and for the botanist Quisqualis indica. Did this flower, Faithfulness, live in the places where anthropocentrist made “trees clearing”? Maybe? But for sure their actions were a result of the unconditional faith in the Master Plan!

The inquisitors in 1431 (May 24) believed that killing Joan of Arc through auto-da-fe is a sacred action. In Portugal, auto-da-fe means “act of faith”.

Sujata Nahar cited the Mother’s words in the book “Mother’s chronicles”, book 2, Mirra the Artist (page 167):

“As soon as the master is going, what happens is that the knowledge given by him is changed into religion. Rigid dogmas are laid down, religious rules come into being, and you can only bow to the tables of the law. Whereas at the beginning it wasn’t like that. You are told “This is true, that is false, the Master has said” after some time the Master becomes a god and you are told, “God has said”.

When Auroville started, the Mother was against any fences in the city. But Amrit wrote to her that cows and goats from villages destroyed plants in the Matrimandir nursery. The Mother answered: “create fences”.

Anthropocentrist and technocrats want to destroy forests in Auroville for the system, hierarchy of roads. They want the tyranny of technocrats in the city. Aurovilians are mainly bio-philists, they like life, nature but anthropocentrist are necrophiles, they prefer roads, cars, motorbikes, bulldozers, etc.

For 55 years the biological diversity in Auroville has been growing. Of course anthropocentrist like mechanical diversity.

Boris

CELEBRATING THE LIFE OF BHAGA

Bhaga had her beach genes from Martinique. She loved the sea. Beside her dedication to the Laboratory of Evolution, the Freestore was another of her great loves.

Bhaga and Vaya evolved the Gayatri Game for over 40 years. Baby Vici (Vaya’s son) was there when they played this board game of integral yoga with Satprem and Sujata. In the Matrimandir Workers’ Camp, she got us to continuously refine the game.

She also collected and organized everything Mother wrote about Auroville at a time when there was no one to do it. Her work became the sources for many of the books we have today. Intensely passionate about Auroville, she was very upset when she saw Huta’s original painting that Mother had called the “Spirit of Auroville” disintegrating on the wall of the New Horizon Sugar Mill in Pondy. She took it to Huta who then repainted it. Always ready to do whatever she could to manifest Mother’s Dream, she gave her life to it. Her fifty years in Auroville will always be a living inspiration for me.

Thank you, Bhaga, for all the love and light. B
To The Content

AUROVILLE RADIO
Dear Aurovilians, please check the latest podcasts of your favourite radio! Stay tuned!
Here you can listen to the stream channel (playing 24/7).
Here you can see on-air schedules.

Last published podcasts
- Tamil Express – lesson 12 (Tamil Language)
- Sri Aurobindo, La Vida divina – Cap. 1 (Sri Aurobindo)
- Une série hebdomadaire de lectures par Gangalakshmi – 397 (Integral Yoga)
- Savitri, B. XII, Epilogue Part 2 (Integral Yoga)
- Soul Tracks – Se.3 Ep.23 “The Yardbirds and Friends” (Music)

...and more! on www.aurovilleradio.org

Please help us to relocate the radio!
Donate to F.A. number 251369
For more information write to radio@auroville.org.in

Peace and Love

AV POETRY

THE PRIVILEGE
The privilege of building you
of feeling you growing in my hands
of smiling in the wind
As I climb
listening to the silence
resounding in the soul
A privilege, yes
To be at last
from thy centre
Someone.

Anandi-ayün, Certitude

AV HAIKU
∞
Care enough
To be care-free.
∞
Don’t leave here.
Live here.
∞
Don’t live out there.
Live in here.
∞
Have you stumbled enough
And learned to be humble?
∞
Be humble.
Don’t be little.
Don’t belittle.

With joyful Gratitude,
Anandi Zhang

AS I SIT IDLY
As I sit idlee
Watching the swaying of the trees
With every forceful breeze
Above a cluster of reddish white frangipanis
Adoring the morning sky and sun,
The silence broken by bird songs...
Most beautiful and tantalizing sight
And sounds of life no doubt,
A question arises:
But how long can I be mesmerized
By the fleetingness of this view
And the viewer that is the enjoyer?
There is something inside
That urges me to move on...
The same essence as that within
Whatever I am joyfully observing
That has taken
All these innumerable forms
Out of sheer delight:
“Move on...
Venture into the unknown...
Open up to the limitless possibilities
Of life to be transformed
Into something far more luminous
That has ever been seen and known...
A glowing, freed form of expression
Unhampered by space and time...
A co-creative friend and playmate
With the cells, molecules and atoms
Of your shape-shifting nature...
Totally at one with the universe
And its unfathomable Source...
Something that can only be expressed
As sublime...
A Life Divine.”

Zech, 2022.05.20

Joining the World Poetry Movement, we are going to read poems in different Languages, and sing together for "THE EARTH is Our House", that is quite abandoned at this very moment.
We are calling kids, youth and adults, poets, readers, singers, musicians... to join voices in Auroville for WHO is giving us everything that we have!

We will be together Sunday the 29Th, at 5:30 p.m.at
Bhumika Hall-Bharat Nivas.

WITHIN HER ARMS AND GRACE

Anandi-ayün for CALI
and America One

BHARAT NIVAS
The Pavilion of India, Auroville

WPM
CREEVA: WEEKLY ADVENTURE

CREEVA is very excited to announce a weekly adventure that will be available June/July/August. It’s teacher, Kumud our volunteer has taught fundamentals of design for five years and is a graduate of The National Institute of Fashion Technology in Hyderabad. He is interested in introducing us to Visual literacy. When he showed CREEVA artists of the width and depth of his teaching we thought we’d like to take his classes. Kumud insists these classes are for those who think they have no visual creativity or visual literacy and those who know they do.

Together we have organized his classes: 3 days a week. You can choose either of 3 days:
- Monday/ Wednesday/ Friday 3 – 5pm or
- Tuesday/ Thursday/ Saturday 9:30 – 11:30am.

From 16 on up any age, towards contribution, all materials are provided.

Sign up for the first week in June or any of the weeks in June and July to start to see if this adventure “draws” you, then take the classes as long as you want.

Information and to sign-up:
- Sathya, 9486145072
- Kumud, 7592805013
- Audrey, 9489408358, 2622641

With happy expectations and love, CREEVA

INTRODUCTION TO TAROT READING

8, 10, 15, 17 June, 2-5pm
@ Center Guesthouse, Auroville

Introduction to Tarot Reading as a tool for Inner Work with Valentina.

- Level 1: Major Arcana - The Path of the Soul
For details and registration, please send an email to: tarot-4dreamers@gmail.com

* This workshop is organized by Synthesis, an activity under ASSA, a unit of the Auroville Foundation
ADVANCED ANALOGUE PHOTOGRAPHY WORKSHOP
May 29, 30 & 31: Prerequisite Basic Analogue Photography
Details:
• 29 May:
  ◦ 2 – 5 pm: photo shoot. (meet outside SK 9am sharp)
• 30 May:
  ◦ 9am – 12pm: photo shoot.
  ◦ 2 – 5 pm: Film developing.
• 31 May:
  ◦ 9am – 12pm & 2 – 5 pm: photo printing – exploring masking, multigrade filters, burning & dodging.

Centre d’Art Atelier, Citadines, +91 413 2622699
centredart@auroville.org.in, www.centredart.in

SACRED COCONUT RECEIPE
Let’s explore the taste of coconut recipes

Experience deep meditation, tranquility and self-healing invoked by harmonious resonating sounds of the unique musical instrument from Russia, which transmits the message of Love and Oneness. Silent listening to the play of resonances induces a state of quietness in the mind, peace in the heart and happy relaxation in the body. Base tones of the Russian Singing bells create space for deep psychological experience and help to reset the whole system to its original equilibrium, bringing the sense of completeness, centering and integration. Led by Vera and Ashesh Joshi, 15 years of experience in Auroville and internationally.

• Duration 1h30.
• Monday, Tuesday, Wednesday, Thursday, Friday, Sunday at 3pm,
• Saturday at 11am and 2pm.
Individual, family and group sessions on request at other timings. Limited number of participants.

Kindly Book: ph/WA/Telegram 9489147202, 9486247202

VIBRATIONAL SOUND BATH
Relax – Retune – Recharge

200 HR YOGA STUDENT TRAINING INTENSIVE
June 8 to 21, 6 to 9:30am & 3 to 7pm
We invite all of you to join us in this opportunity to be a student in the ideal settings of continuous learning. Erase all notions of benchmarks or competence and join a 2 week Yoga Intensive with us. This program will guide you to lay foundation to a sustainable self-practise and provide tools to focus on your own health & the health of your friends & family This program focuses on Asanas, Pranayama, Yogic philosophy, meditation, chanting, Anatomy& physiology, animal flow movements & other surprises.

• Open to everyone including beginners.
• Style of Yoga – Hatha & Vinyasa flow.

Looking for more benefits out of this program? Add one more week – June 23 to 29 in addition of these 2 weeks intensive to become an internationally recognised 200 Hr Yoga Alliance certified Yoga Instructor.

Ask us for more information:
• WA +919892699804
• contact@auromodeyogaspace.com
• balaganesh.siva@gmail.com

MIXED MARTIAL ARTS
Every Monday and Wednesday
5:30 to 7pm, Dehashakti Gym
Under the guidance of our coaches, we train all aspects of self defense and combat sports in a safe environment, based on integrity, respect, discipline.
Ideal for whomever wants to be in shape, increase self-esteem and know more about the connection between mind-emotions-body.
Open to all levels of experience, starting from the age of 15. Be punctual, dress sportswear, short nails, no jewelry. Stay home if you have open wounds or if you are sick.
• Giacomo is a MMA instructor, former MMA fighter, Self Defense coach, General Responsible for Villupuram District for Tamil Nadu MMA Association.
• Ruben is a Kickboxing and K1 instructor with combat sport experience, Wing Chun practitioner.
• Micheal has Muay Thai fighting experience.

For more info: giacomo@auroville.org.in

WORKSHOP THE ART OF CHI
13 – 17 June, Monday to Friday, 7:30 – 10:30am.
Tai Ji Quan & Chi with Hans. Open to all.
@ Dehashakti & Budokan Dojo.
For info contact Hans
• WA 8110848123 or
• bodyawareness@aurovilke.org.in

Hans
SOUND CHAKRAS HEALING

Guided vibrational sound journey using Chakra mantras, Tibetan bowls and Tuning forks to help to Reduce Stress. Anxiety. Depression. Stimulating the natural cellular healing process. Rebalancing the emotions & Reconnecting with your true essence.

• Individual Sessions
• Couple Sessions
• Group Sessions (max 4 people)

A For appointments, please contact:

Lakshmi
+918489764602,
lakshmiprem369@gmail.com

TRADITIONAL MANTRA AND STOTRA CHANTING CLASS

Traditional Mantra & Stotra Chanting Classes
@ Serendipity Community
Friday 7:00

More information: Email - serendipity@auroville.org.in, WhatsApp: +91 9385623342

VÉRITÉ
JUNE 2022 SCHEDULE
Phone: +91413 2622045, 2622606,
Mobile: 7867805812
programming@verite.in, www.verite.in

Classes (drop-in session):

Nataraj Dance Meditation with Nirmal on Saturdays from 5 to 6:30 pm
Nataraj represents the energy of dance; dance becomes meditation when the mind dissolves and only the dance remains, when the ‘doer’ disappears and embodiment manifests. These 60-minute sessions follow Osho’s Nataraj Meditation format, with enhancement of the soundtrack using live improvised instrumental music. The soundtracks are varied and live music is created to offer new experiences in every session.

Therapies (prior appointment required):

Heart-Centered Resilience with Susan
Learn simple, heart-focused skills that help self-regulate your body’s response to stress and build resilience. These scientifically validated tools have been proven to increase wellbeing, personal and professional performance and quality of life. Best learned in a series of three 60 – 90 minute sessions.

By appointment: +914132622606, +917867805812 (WA), treatments@verite.in

PITANGA

(0413)2622403/ 9443902403
pitanga@auroville.org.in

Yoga and Care for pregnant women
We are welcoming Camilla in our team. Camilla followed her 200-hour Yoga Teacher Training course with Bala Yoga School in 2020. Since then, she is teaching online and offline in different places of Auroville and now in Pitanga.

Vinyasa Yoga
Tuesdays, 7:30 – 8:30am, Drop-in class

In this class we will always start with a full body warm-up, Pranayama (breath work) following with a standing and sitting Asanas and ending with a cool down sequence and final relaxation, letting the body take in all the benefits from the practice.

Prenatal Yoga
Wednesdays, 5:30 – 6:30pm
Prenatal yoga helps you prepare for childbirth, labor and most important connects you with the baby/babies inside of you. In the 1 hour we would be practicing breath work, stretches and strengthening of the legs (needed for labor) ending with a final relaxation for you and the baby. Interested pregnant women are invited to contact Camilla first before coming to class: +91 97875 22192

Prenatal Massage
By appointment
Prenatal massage is a way to relax, and help any discomfort that might develop during pregnancy. Communicating to the therapist the soreness or pain you might have, is one aspect; your part is then to just connect to the baby and relax the mind. Enjoy this time for yourself.

• For an appointment with Camilla please contact Pitanga’s reception.
• If you wish to receive our program of activities by email, please write to us: pitanga@auroville.org.in

See you at Pitanga, with a smile!

SERENDIPITY ACTIVITIES UPDATE

Dear Auroville friends and guests, we would like to let you know:

• Hatha Yoga classes by Ramesh are suspended for the summer.
• Tai Chi (Wednesday and Thursday 4 to 5 pm) and Qi Gong classes (Tuesday & Friday 7:30 to 8:45am) by Lhamo will continue as usual.

Serendipity team
(Ex. Joy Community in front of Center GH)
Center Field, Landline: +91 (0)413 2965693
Mobile/WA: +91 9385623342
Email: serendipity@auroville.org.in, Facebook
https://serendipity.auroville.org
**Natural Horsemanship**

Mirrabelle offers webinars, classes and workshops in Natural Horsemanship. Natural Horsemanship focuses on body language of horse and human, which is universal, by effectively using intention and centered presence to communicate clearly, with purpose, and without violence. This is the key to building a vocabulary with the horse, your partner. Experience yourself beyond words! 7 horses and ponies of all sizes and temperaments are curious to know you!

Natural horsemanship improves your self confidence, your trust, your skills in nonverbal communication – and it’s just fun time to BE with a sensitive, naturally trained horse! Mirrabelle lives with horses since she is 3 years young. Past 10 years she fulfills her life’s dream to bring children, adults and horses together in a healing way, in Auroville, Sharnga Guesthouse. Mirrabelle has studied human and horse psychology, and offers consultancy on all aspects of horse care – hoofs, nutrition, psychology, care, riding and therapy!

Contact: WA 9626565134, contact@auroville-jiva.com

---

**Integral regression therapy training**

- **Intro Session**
  25 May, 5 – 7pm
- **Intro Webinar**
  26 May, 7 – 9pm

Integral regression therapy and energy work based on Sri Aurobindo and The Mothers integral Yoga, integrating trauma therapy, past life regression therapy, inner child work, NLP, and a client centric approach.

Typically, integral regression therapy addresses unexplainable pains, traumata from accidents or early childhood, questions about past lives, life purpose or restricting beliefs and behaviour patterns.

**Sigrid:** An in-depths training through a series of webinars the theory of this deeply healing approach is transmitted. Therapists wishing to integrate this approach in their psychotherapeutic or body- mind – healing work shall come for presence sessions, for 4 day workshops in Auroville, to practice facilitating the 2hrs therapy sessions, and their own personal transformation.

- **The 7 Module training in Integral Regression Therapy starts on July with Modul 1 Reliving and transforming**

Sigrid Lindemann is integrating her large professional background in this focussed approach to transforming deep, longstanding issues towards an evolving consciousness and purpose of life. Sigrid is a transpersonal regression therapist, trainer in hypnotherapy and teacher of advanced classical homeopathy, with her background in Integral Yoga, living over 20 years in Auroville, Pondicherry.

All info: Sigrid contact@auroville-jiva.com, WA9626006961

---

**Transforming trauma, 28 & 29 May with Sigrid**

**How to identify trauma and posttraumatic stress disorder?**

How to recover a person’s full potential, energy and zest for life – and even integrate the wisdom of it all? 2 day workshop with theory and interactive exercises, A toolbox of techniques to apply in your therapeutic work.

The workshop is designed for therapists of body and mind, psychologists, and all who work with trauma.

**Facilitator:** Sigrid Lindemann, international faculty in integral regression therapy, Sensation method homeopathy, trauma therapy in Auroville for 20 years

- **Time:** 16 & 17 April, 9 – 5pm.
- **Venue:** Sharnga Guesthouse Yogahall, [www.sharngaguesthouse.in](http://www.sharngaguesthouse.in)
- **Jiva Venue:** Sharnga Guesthouse, [www.sharngaguesthouse.in](http://www.sharngaguesthouse.in)

**YEP** We do offer adventure camps with kids programs, [https://www.facebook.com/YEPAV](https://www.facebook.com/YEPAV) parallel with wellness and healing sessions for parents: forest walks, camp fire, visits to various activities in Auroville, Yoga and TaiChi, art sessions, bird watching, etc! WA 09626565134

- **We offer transformational practices addressing all issues of body, mind, emotion and soul, for conscious evolution.**
  - Acupuncture, Shiatsu, QiGong, TaiQuan, Energy work, Fasting Natural Horsemanship, Horse Assisted Therapy, Medical Clowning, Yoga Nidra, Gentle Birth & Pregnancy, Integral Regression Therapy, Trauma Therapy, Advanced Classical Homeopathy Systemic Constellation & Family Constellation

---

**LEARN HINDI शुरुआती हिंदी**

Begin your (spoken/written or both)Hindi language sessions with Ashwini from June 1, 2022.

For more information WA 6383049244

Thank you, Ashwini

---

**NEWS FROM AUROVILLE LANGUAGE LAB**

Please remember to put your mobile phones on flight mode and switch off all wireless and bluetooth devices before you enter the lab, since it is a wireless-free space

### Tomatis

There are spaces available for both language & therapeutical programmes!

Please contact 4036922 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations

For more information about the Tomatis program, please have a look at the following links:

- [https://www.aurovillelanguagelab.org/tomatis-method.php](https://www.aurovillelanguagelab.org/tomatis-method.php)
- [https://www.aurovillelanguagelab.org/tomatis-kids.php](https://www.aurovillelanguagelab.org/tomatis-kids.php)
- [https://www.youtube.com/watch?v=wnpXprTl3m0](https://www.youtube.com/watch?v=wnpXprTl3m0)
- [https://www.youtube.com/channel/UCeTIG0y-sBMIyy-wZNdZcAng/videos](https://www.youtube.com/channel/UCeTIG0y-sBMIyy-wZNdZcAng/videos)
- [https://www.listenwell.com/](https://www.listenwell.com/)

---

**To The Content**
Summer Language Courses at ALL

**New: German with Verena**
Great news for German Learners!

Verena will soon start a new A1 Beginner German Course! Verena has been trained through the Max Mueller Bhavan, Chennai/ Goethe Institute, and she brings a variety of interactive tools and offbeat approaches to her classes. We have always got fabulous feedback on her course! By the end it, you would be able to carry out simple conversations in German like introducing yourself, talking about your work, your family, your hobbies, and ask & answer questions about everyday things like shopping, restaurants, holidays, etc. No previous knowledge of German is needed for this course!

- Classes will take place Tuesdays & Thursdays, 9 to 10:30am. From 15 June to 15 September.

Register soon! Limited spaces.

**New: French with Jean-François Claude**
We have exciting news for French Learners!

After waiting many months to be able to come to Auroville, language-enthusiast & training expert, Jean-François Claude is finally here, with his wife, Sylvie. He will be a long-term volunteer with us for a whole year! Jean-François is immensely excited to interact with all the different cultures of Auroville while helping students & learners access the French language and culture. Mother gives a special place to French, alongside English, simplified Sanskrit, and Tamil as the four main languages of Auroville. In a 1966 note, she wrote: “The working language in the Auroville office will be French, and those who do not know French must learn it.” Here’s a perfect opportunity to learn this beautiful language!

Starting mid-May, Jean-François will offer group courses at all levels, and will be conducting the two currently ongoing courses. He is happy to provide private classes as well as ten-to-twenty-day intensives. We’ll probably run several batches, so that students can progress from one level to the other through the year. For the intermediate and advanced students, Jean-François is very happy to offer courses in French literature, in addition to Conversational French. Enquire now to join! Give us an idea of your timings so we can try and accommodate everyone!

**New: English Conversation with Ramesh**
Our long-term volunteer, Ramesh, is ready to take your English-speaking skills to a new level. Yoga trainer, Youtuber, and Excel expert, Ramesh brings a range of experiences to his classes. Starting mid-May, he will offer English Conversation Classes for students who already know a bit of English.

- Classes will take place Mondays & Wednesdays, 9:30am to 10:30am. Enquire now to join!

**Spanish Conversation with Mila**
There is still space for more students in Spanish Conversation Classes (Intermediate) with Mila! This course began on 19 April 2022 and is for students who already know a bit of Spanish and would like to hone their conversational skills. Join now!

- Classes take place Tuesdays & Fridays from 3:45pm to 5pm, for 2 months.

**Elementary Italian with Davide**
Davide’s Italian Course commenced on 1 April 2022. You are still welcome to join the course in case you know a bit of Italian and would like to hone your language skills. You will be provided with all the support and material from Davide to catch up!

- Classes take place Wednesdays & Fridays, 4pm to 5pm, for 3 months.

---

**Tamil Written and Spoken with Murugesan**
Our teacher, Murugesan is ready to start a new Beginner Written & Spoken Tamil Course, as soon as we have a minimum of 4-5 students

- Classes will take place Tuesdays & Thursdays, 4pm to 5pm, for 3 months.

If you are interested:
Please fill out our form to join or inquire about any language classes at the Lab! You can drop us an email to info@aurovillelanguagelab.org, or call us at 2623661

**Please Note** Registration (correct contact details on our database, plus payment/contribution) is important when joining a course with us. Please see our team member at the front desk to ensure this is complete before joining a course, thank you!

**Current Schedule of Classes**

<table>
<thead>
<tr>
<th>Language</th>
<th>Level</th>
<th>Time</th>
<th>Day(s) of Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>Always</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ongoing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beginner &amp;</td>
<td>Pre-Intermediate</td>
<td>10:15am – 11:15am</td>
<td>Tuesday &amp;</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Thursday</td>
</tr>
<tr>
<td>Beginner &amp;</td>
<td>Pre-Intermediate, Group</td>
<td>10:15am – 11:15am</td>
<td>Wednesday &amp;</td>
</tr>
<tr>
<td></td>
<td>2</td>
<td></td>
<td>Friday</td>
</tr>
<tr>
<td>Pre-Intermediate &amp; Intermediate, To start 25 May 2022</td>
<td>02:30pm – 03:30pm</td>
<td>Wednesday &amp; Friday</td>
<td></td>
</tr>
<tr>
<td>French</td>
<td>Beginner, Started on</td>
<td>03:15pm – 04:15pm</td>
<td>Monday &amp;</td>
</tr>
<tr>
<td></td>
<td>18 April 2022</td>
<td></td>
<td>Thursday</td>
</tr>
<tr>
<td></td>
<td>Elementary, Started on</td>
<td>02:00pm – 03:00pm</td>
<td></td>
</tr>
<tr>
<td></td>
<td>11 April 2022</td>
<td></td>
<td></td>
</tr>
<tr>
<td>German</td>
<td>A1 Beginner, To start</td>
<td>9am – 10:30am</td>
<td>Tuesday &amp;</td>
</tr>
<tr>
<td></td>
<td>15 June 2022</td>
<td></td>
<td>Thursday</td>
</tr>
<tr>
<td>Hindi</td>
<td>Beginner, Started on</td>
<td>10:00am – 12:00pm</td>
<td>Saturday</td>
</tr>
<tr>
<td></td>
<td>23 April 2022</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tamil</td>
<td>Spoken Beginner, Started on 4 March 2022</td>
<td>09:30am – 10:30am</td>
<td>Tuesday &amp; Friday</td>
</tr>
<tr>
<td></td>
<td>Written &amp; Spoken</td>
<td>03:00pm – 04:00pm</td>
<td>Tuesday &amp;</td>
</tr>
<tr>
<td></td>
<td>Beginner, To start June 2022</td>
<td></td>
<td>Thursday</td>
</tr>
<tr>
<td>Sanskrit</td>
<td>Beginner, Started on</td>
<td>02:30pm – 04:30pm</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3 March 2022</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spanish</td>
<td>Beginner-Advanced,</td>
<td>02:30pm – 03:30pm</td>
<td>Tuesday &amp;</td>
</tr>
<tr>
<td></td>
<td>Started on 22 March</td>
<td></td>
<td>Friday</td>
</tr>
<tr>
<td></td>
<td>Spanish Conversation,</td>
<td>03:45pm – 05:00pm</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Started on 19 April</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Japanese</td>
<td>Beginner-Advanced,</td>
<td>02:00pm – 04:00pm</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Started on 11 March</td>
<td></td>
<td>Friday</td>
</tr>
<tr>
<td>Italian</td>
<td>Elementary, Started on</td>
<td>04:00pm – 05:00pm</td>
<td>Wednesday &amp;</td>
</tr>
<tr>
<td></td>
<td>1 April 2022</td>
<td></td>
<td>Friday</td>
</tr>
</tbody>
</table>

The Language Lab’s Opening Hours
Monday – Friday: 9:00am – 12:00pm & 2:00pm – 5:00pm.
Saturday: 9:00am to 12:00pm.
Location: International Zone, after Unity Pavilion & Pump House.
Phone: (0413) 2623 661, 4036920/22.
Email: info@aurovillelanguagelab.org

Find us on [Facebook](https://www.facebook.com) / [Instagram](https://www.instagram.com) / [YouTube](https://www.youtube.com) / [Twitter](https://twitter.com)

Auroville Language Lab Tomatis Research Centre
Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. It is open to all. However, temperature check, registration and Mask (and not scarves etc.) is a must even now. Please come prepared and enjoy the films. To organize seminar/program please contact us via email. If as per regulation, there are any changes we will let you know.

Indian – Monday 30 May, 8:00 pm:
HRIDAYAM (Heart)
India, 2022, Writer-Director Vineeth Sreenivasan w/ Pranav Mohanlal, Kalyani Priyadarshani, Darshana Rajendran, and others, Drama-Music, 172mins, Malayalam w/ English subtitles, Rated: NR (PG)
Arun and Darshana are first-year engineering students, and they fall in love soon after their college begins. And just as how things work generally in teenage, the road ahead isn’t too easy for them. Life offers many twists and turns that they least expect. A critically acclaimed realistic coming of age story as the protagonists mature through various phases of life.

Potpourri – Tuesday 31 May, 8:00 pm:
BAREFOOT
USA, 2014, Director Andrew Fleming w/ Evan Rachel Wood, Scott Speedman, J.K. Simmons, and others, Comedy-Romance, 90 mins, English w/ English subtitles, Rated: PG-13
The “black sheep” son of a wealthy family meets a young psychiatric patient who’s been raised in isolation her entire life. He then takes the naive woman home for his brother’s wedding.

Interesting – Wednesday 1 June, 8:00 pm:
JEEN-YUHS: A KANYE TRILOGY – 1
USA, 2022, Director Coodie Simmons & Chike Ozah w/ Ye, Kid Cudi, Justin Bieber, and others, Documentary-Music, 90mins, English w/ English subtitles, Rated: NR (PG-13)
This much acclaimed three-part film follows the life of Kanye West, in an intimate portrait as he builds his way from singer to businessman and becomes a global brand. The first episode is Vision – After dazzling hip-hop play – he moves to NYC but struggles to get signed and claim the mic as an MC. We will screen the following series in the coming weeks.

AVFF 2022 – Thursday 2 June, 8:00 pm:
THE PATH—PARVATHY BAUL IN JAPAN
Japan, 2019, Director Sakurako Abe w/ Parvathy Das Baul, Toshiyuki Tsuchitori, Documentary, 77 mins, Japanese-Bengali-English w/ English subtitles, Rated: G
Inscrutable People live in West Bengal in the east of India. They are called “Baul”. Caste and religious count for nothing. Baul travel, singing and dancing. In June 2018, World renowned musician Parvathy Baul arrived in Japan. What is Baul? What path has brought Parvathy to her soul stirring vocal? This is the first authentic film about the world renowned ballad.

International – Saturday 4 June, 8:00 pm:
DON’T LOOK UP
USA, 2021, Writer-Director Adam McKay w/ Leonardo DiCaprio, Jennifer Lawrence, Meryl Streep, and others, Romance-SciFi, 138mins, English w/ English subtitles, Rated: R
Kate Dibiasky, a student of astronomy, and her professor Dr. Randall Mindy make a stunning discovery of a comet orbiting within the solar system, but on a direct collision course with Earth. No one really seems to care. With the help of Dr. Oglethorpe, Kate and Randall embark on a tour. With only six months until the comet makes impact, managing the 24-hour news cycle and gaining the attention of the social media obsessed public before it’s too late proves shockingly comical – what will it take to get the world to just look up?

Children’s Matinee – Sunday, 5 June, 4:30 pm:
TANGLED
USA, 2010, Director Nathan Greno, Byron Howard w/ Mandy Moore, Zachary Levi, Donna Murphy, and others, Animation-Comedy, 100 mins, English w/ English subtitles, Rated: PG
When the kingdom’s most-wanted bandit hides in a convenient tower, he becomes a captive of Rapunzel, the spire’s long-time resident. Crowned with 70 feet of magical golden hair, she has been locked away for years and desperately wants freedom. The feisty teenager strikes a deal with the runaway thief, and together they begin a whirlwind adventure.

Russian Classics Film Festival @ Ciné-Club
Sunday 5 June, 8:00 pm:
NACHALO (The Beginning)
Soviet Union, 1970, Director Gleb Panfilov w/ Inna Churikova, Yuri Keplikov, and others, Drama-Romance, 91 mins, Russian w/ English Subtitles, Rated: NR
After a small wave of feminism in the 60s, the 70s started with a more attentive eye on regressive womanhood. Explaining it through historical female figures might come out as Russian expressionism and avoid censorship while stirring up the interest of the Comrades in delicate subjects of woman role in modern society. The film concerns socially about the lifestyle of young communists, living the dream with a steady job in factories or institutes in the blooming system.

Rating codes: we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to “Cinema Paradiso” (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in
AVFF2022 – THURSDAY AT CINEMA PARADISO
Thursday, June 02, Cinema Paradiso, 8pm
There will be a public screening of a feature film from the Auroville Film Festival 2022. The Path will be screened on Thursday, June 02 at Cinema Paradiso, Town Hall from 8pm onwards.

The Path ~ Parvathy Baul In Japan
2019, Japan, Documentary, Japanese, Bengali, English, 1hr 17min
Inscrutable People live in West Bengal in the east of India. They are called “Baul”. Caste and religions count for nothing. Baul travel, singing and dancing. In June 2018, World renowned musician Parvathy Baul arrived in Japan.
What is Baul? What path has brought Parvathy to her soul stirring vocal? This is the first authentic documentary film about world renowned Parvathy Baul.

Director, Writer, Producer: Sakurako Abe
Cast: Parvathy Das Baul, Toshiyuki Tsuchitori

ECO FILM CLUB
Every Friday at Sadhana Forest

Schedule of Events:
16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
16:30 Tour of Sadhana Forest
18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
18:30 Eco Film Club begins with “previews” of short Sadhana Forest films
20:00 Dinner is served
21:15 Free bus from Sadhana Forest back to Solar Kitchen
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner!
The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.
**Note: Families and children are welcome! Dinner for children will be served at 19:00:**

Friday 3 June: The Earthing Movie
2019 / 75 minutes / Rebecca and Joshua Tickell
The Earthing Movie is a documentary that reveals the scientific phenomenon of how we can heal our bodies by doing the simplest thing that a person can do – standing barefoot on the earth.

Bus Charges: Monthly Rs.550 (AVs & NComers), Rs.100 one way for Aurovilian & New comers, Rs.150 one way for Guest
**EMERGENCY SERVICES**

**Ambulance (24/7):**
- Auroville – 9442224680
- PIMS – 0413 2656271

**Security (24/7):**
- Auroville Safety & Security Team – 9443090107
- Auroville Police Station – 0413 2677318
- Kottakuppam Police Station – 0413 2236148
- Vanur Fire Station – 0413 2677368

**Health**
- Health Center – 0413 2622123
- Santé – 0413 2622803 / 0413 2623937
- Farewell – 8903836246

**Mental health 24/7 support:**
- Mattram – 9487746051

**India Emergency Response Service (24/7)**
- 108

**IMPORTANT INFORMATION ABOUT NEWS & NOTES**

**Hard deadline for submissions or cancellations:**
**Tuesday 3pm**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:**
- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a “Reply” to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.
- We regret not being able to attend to visitors on Tuesdays, Wednesdays & Thurs AM due to work pressure.

**Visiting hours:** call or email for appointment.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

*News & Notes, Media Centre, Town Hall, 0413-262-2133, newsandnotes@auroville.org.in*