News and Notes
No 850  A weekly bulletin for residents of Auroville  26th December 2020

My birds’ve morning
As a timeless Sunday
Just light
Just silence.

By Anandi-a
“In fifty years the whole world, all the receptive section of humanity (I am not saying intellectual, I am saying receptive), all the receptive section of the world will be embraced – not “embraced”: ABSORBED in the power of Sri Aurobindo’s thought. Those who already are have the good fortune of being the first ones, that’s all.”

~ The Mother. Mother’s Agenda. 16 February 1972 (+ 50 years = Year 2022)

25 December 1971

The Mother: Good morning! It’s the festival of Light: Christmas is the festival of the return of the Light - it’s much older than Christianity! - when the days were beginning to grow longer (Mother laughs). And next Saturday is the first of January. I’ll see you…

Satprem: I hope that ’72 is going to be better! (Mother nods her head)

The Mother: More and more I am convinced that we have a way of receiving things and reacting to them that creates difficulties - I am more and more convinced of it. Because, for example, I have rather unpleasant physical and material experiences about food. You know that for a very long time now I have completely stopped being hungry (I eat only to be reasonable, because “one must” eat, otherwise…), and I have some small difficulty in swallowing, or breathing (ridiculous things), but everything changes depending on whether you pay attention to them or not, depending on an attitude like this (gesture of being focused on oneself) in which you watch yourself living, or an attitude in which you’re (vast) gesture in things, in movement, in life; and a third attitude in which you pay attention only to the Divine. If you succeed in being like that all the time, there are no difficulties - and yet things are the same. That’s the experience: the thing in itself is as it is, but it is our reaction to it that differs. The experience is more and more conclusive.

You see, there are three categories: our attitude with respect to things, the things in themselves (those two always give you trouble), and there is a third category in which everything, but everything is in regard to the Divine, in the Consciousness of the Divine - all is marvelous, all is easy! And I am speaking of material things, of the material, physical life (for psychological things, we’ve known it for long), I mean material things like little discomforts of the body, or reactions, feeling pain or not, circumstances going wrong, not being able to swallow your dinner - the most banal things you don’t pay attention to when you’re young and strong and in good health (you don’t pay any attention to them, and it’s like that for everyone), but when you live in the consciousness of your body and what happens to it and its ways of receiving things that come and so on - oh, it’s misery! But if you live in the Divine Presence and it’s the Divine who does everything, sees everything, is everything… it’s Peace - it’s Peace, time has no duration, everything is easy and…. Not that you feel joy or feel… it’s not so… it’s the Divine who is there. And it’s the ONLY solution. That’s where the world is going: the Consciousness of the Divine - the Divine who does, the Divine who is, the Divine…. So then, the same identical circumstance (I am not speaking of different circumstances), the same identical circumstance (it’s my experience these last few days, so concrete, you know, so concrete); day before yesterday I was sick as a dog, and yesterday circumstances were the same, my body was in the same state, all was the same and yet… all was peaceful.

I am thoroughly convinced of that. If only I didn’t have so much trouble speaking…. That explains everything. It explains everything, all, all. The world is the same - it is seen and felt in a totally opposite way. Everything is a phenomenon of consciousness - everything. Only, it is not a matter of this consciousness, or that one, or that other one, that’s not it: it’s our way, the human way of being conscious versus the divine way of being conscious. That’s all. That’s the whole question. And I am thoroughly convinced. (silence)

Satprem: In a word, the world is as it should be at each second. The Mother: Yes.

Satprem: It’s we who see it wrongly or feel it wrongly or receive it wrongly.

The Mother: It’s like death, you see. The phenomenon is transitional, but seems to us to have existed forever (it’s forever for us because our consciousness is like this - Mother draws a little square for us in the air), but when you have that divine consciousness, oh!... things become almost instantaneous, you understand. I can’t explain it.

There is movement, there is progression, there is what is translated for us by time, that exists, it’s something… something in the consciousness… it’s hard to express… it’s like an object and its projection. A little like that. All things are, but for us, we see them projected on a screen, as it were: one comes after another. It’s a little like that.

(to be continued next week)

~ Volume 12. 1971: Agenda of the Supramental Action Upon Earth

Find the HOMA page on the Auroville website here: https://www.auroville.org/contents/1085

They went ahead...

At the change of the year, we remember those of our family who have gone before us in 2020…

Warm and deeply felt memories and gratitude go out to our comrades on the path who went ahead.

This year they are Ingo Torp, Christian Koradi, Navoditte, Subash Chandra, Martin Sobieroj, Auroculture, G. Mani, R. Jayram, Roger Harris, Roma Hira, Uschi Ernst, G.Vijayamala, JanPieter Derksen, Joan Tomb, Paolo Tommasi, Giorgio Molinari, Hervé Millet, Kamla Tewari, Gopal Narayanasamy and Richard Butler.

We also remember and honor here Kapila Vatsyayan, ME Batstone, V.Subbarayalu, G.Ilangovan, Arya Maloney, Ganpatrao Gavane, Akash Nandkumar and Chand Copra.

May they rest in the Light.

~ We will meet again ~ Jay MA!

News & Notes # 850 - 26th December 2020
Dear Friends of Auroville’s Beautiful & Harmonious Development,

The New Year 2021 is upon us. We are happy to report that the year gone by has seen success with the purchase and consolidation of 13 new plots (comprising 12 acres & 12 cents) by Auroville’s Land Board in the planned township area, mostly in the Green Belt - and all thanks to your generous contributions!

Our annual New Year’s card, shown here, is a way to connect with you and to express our sincere appreciation and thanks for your contributions and collaboration, and to let you know that the efforts for providing a unified ground for Auroville’s flowering are continuing unabated. Besides this e-version, we will be sending a printed copy of our New Year’s card by post to our donors and friends in India and abroad, thanks to the patronage of a benefactor. Due to postal limitations at this time, overseas donors will receive their cards from the AVI in their country, or from Mandakini and Vibha in France. Your card should arrive in mid-January. However, if you don’t want to receive the card by post, please drop us a line at ifau@auroville.org.in.

We take this opportunity to thank Om and Julie, two new-generation aerial photographers of Auroville, for the cover photo; to Marco Saroldi for his photo of the New Year celebration at the Pavilion of Tibetan Culture; to Jasmin for her valued feedback; and finally to our ever-creative Aravinda who did the design and printing so the beautiful card could see the light of day.

Let It Open - a Musical Gift for the New Year!
Matthew Andrews, President of the AVI-USA Board & founder of Yoga Center Amherst, has gifted us with “Let It Open”, his musical debut album, to accompany our card. In these songs, Matthew weaves lyrics with Sanskrit mantras to create a musical summons for seekers of light. You can listen to the tracks or download the music here: https://matthewandrews1.bandcamp.com/album/let-it-open. This page allows unlimited free streaming through the end of January, so listen as much as you like! His music is also available on all major streaming platforms.

One particularly moving song, sung by Matthew with David Newman and Brenda McMorrow, is based on a mantra that Sri Aurobindo wrote for a disciple in 1938. You can see this prayer in Sri Aurobindo’s handwriting along with the context at https://aurobindo.site/worksings/br/39_35/1436_e.htm.

We sincerely thank Matthew for his generosity in sharing his inspiring music to support our work for Auroville’s designated but still-missing acres.

“OM Sri Aurobindo Amrita
Open my mind, my heart, my life
To your light, your love, and your power
In all things may I see the Divine”

You can see this prayer in Sri Aurobindo’s handwriting along with the context at https://aurobindo.site/.workings/br/37_35/1436_e.htm. We sincerely thank Matthew for his generosity in sharing his inspiring music to support our work for Auroville’s designated but still-missing acres.
Each year, your donations have brought Auroville closer to a more consolidated physical base. Present circumstances show that your support remains vital, and precious. Solidarity works - so let us keep up our collective dynamism! By supporting Auroville's harmonious land consolidation, you strengthen Auroville's ability to be a shining beacon of light!

With confidence in Auroville's bright future, our sincere appreciation, and our warmest wishes for a Merry Christmas and a Happy 2021!

Lands for Auroville Unified (LFAU) and its two campaigns: “Acres for Auroville” (ALL Master Plan land) & “GreenAcres” (Greenbelt only: https://land.auroville.org/2021-new-years-card-land/; www.land.auroville.org

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Community News

WORKING GROUP REPORTS

From the Residents Assembly Service: REMINDER: NOMINATIONS ARE OPEN UNTIL JANUARY 2, 2021!

This is a friendly reminder to take part in the next Selection Process for the Auroville Council, Entry Board, Funds and Assets Management Committee and Working Committee.

According to the newly amended selection process guidelines http://bit.ly/2JWmPpy, an Auroville resident can either nominate him/herself or nominate others to become working group members. All community members on the RoR (confirmed Aurovillians on the Register of Residents) can participate in the selection process. Kindly note that we will invite all residents of Auroville and all nominees and the members of the concerned working groups to PARTICIPATE in the selection process AFTER the publication of the list of confirmed nominees and their nomination profiles. Please refer to a timeline below:

**SELECTION PROCESS 2021 TIMELINE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>19th of December 2020</td>
<td>Call for NOMINATIONS</td>
</tr>
<tr>
<td>4th of January 2021</td>
<td>List of CANDIDATES announced</td>
</tr>
<tr>
<td>21st - 22nd of January 2021</td>
<td>2-day SELECTION PROCESS</td>
</tr>
</tbody>
</table>

**HOW:** You can nominate yourself or others:

Online - please follow this link to submit your nomination http://bit.ly/37jIFES. Please note, when you nominate others, the Residents’ Assembly Service (RAS) will notify the resident(s) you nominate via email once and that the resident(s) will have to submit their nomination profile before or by the date specified. Nomination profiles submission will be open until Saturday, January 2nd, 2021.

**NOMINATING OTHERS ON THE LAST DAY MAY MAKE IT IMPOSSIBLE FOR THEM TO SUCCESSFULLY SUBMIT THEIR NOMINATION PROFILE ON TIME!** Please also make sure that anyone you nominate agrees beforehand to participate in the selection process.

In person - a printed nomination form is available from the RAS sounding board outside Financial Service in Town Hall and appeared in last week’s News & Notes. Please fill your form in and hand it over to the RAS members / resource persons (at the RAS desk, Town Hall) every Tuesday between 10am to 12pm.

WHEN: The selection will happen on Thursday 21st and Friday 22nd of January 2021 (full days, timings will be confirmed in our future communications) at the Unity Pavilion. For those who register as either a nominee or as a participant, the Auroville Council will reach out to the management of the workplace and request for holidays to attend the selection process.

For more details (list of outgoing members, job description, requirements for candidates), please use this link https://bit.ly/37jPDl. If you have any questions or need assistance, please feel free to contact the Residents’ Assembly Service at raservice@auroville.org.in

**Reminder: Temporary Emergency Support is Available, now including Childrens’ Maintenances**

We would like to remind you that temporary emergency support is available to those who are struggling financially during this corona time.

There are a few options:
- Temporary Emergency Maintenance
- Temporary Emergency Bridging Maintenance
- Contribution reduction or suspension
- Loan restructuring or suspension

An important change is that Childrens’ Maintenances can now be provided along with a Temporary Emergency Maintenance, or Temporary Emergency Bridging Maintenance, for all those parents who were receiving this support pre-Corona.

Below is more information of each of these options and how to apply. Please only make these requests if you are truly in need, as any of these measures reduces our pool of money and consequently our ability to support everyone.

**Temporary Emergency Maintenance**

It is meant for Aurovillans working in activities, units or services who are no longer able to receive a maintenance from their unit or service due to the Covid-19 emergency, AND truly are in need. Anyone already receiving a maintenance amount of Rs. 8,010 or more is not eligible. This is being done in the spirit of ensuring basic needs to all Aurovillans as much as possible with our limited resources and in anticipation of a decline in the economy ahead of us in the near future.

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Covid-19 Updates

We are posting this announcement since international travel is more open now, and for most of the airlines/arrival airports a RT-PCR test is needed for traveling outside the country from India and as a precautionary measure for several other reasons. The Covid task force has compiled the latest information about the testing centres in Pondicherry, e.g. contact number, distance, cost, waiting time for results, etc., for the easy access of the community. Here is the Link to the testing center information.

We will keep this list updated as and when we receive updates about the listed testing centres. Anyone who wants to take a test for travel related purposes/ other precautionary purposes can contact the preferred place from the list to get tested yourself. However, if you experience any symptoms and/or being a contact of a Covid positive patient, please contact the Covid task force for the testing arrangements at Kiliyanur Primary Health Center or choose a preferred location from the list to get tested yourself.

CTF would appreciate the feedback about these testing centres from your personal experience if and when you go for testing. This might help us give better advice to people when they contact us for specific information.

We would also like to inform the community that last week an Aurovillian who was asymptomatic has tested positive during a testing done for travel purpose at JIPMER, and is now isolated at home. The contact tracing has been done and all contacts are informed of the necessary protocols.

We remind the community that wearing masks, maintaining social distancing, following proper hand hygiene, avoiding large gatherings etc will largely help us continue to remain safe as we have been so far in the middle of this ongoing pandemic situation and the festival season. Stay Healthy! Stay Safe! - Warmly, The Working Committee and Covid Task Force

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The maintenance will be the same as a half-time City Service maintenance. The allocation shall be:

<table>
<thead>
<tr>
<th>Allocation Destination</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>FS Cash Account</td>
<td>3,000</td>
</tr>
<tr>
<td>FS Kind Account</td>
<td>990</td>
</tr>
<tr>
<td>Health Fund</td>
<td>450</td>
</tr>
<tr>
<td>Lunch Scheme</td>
<td>1,870</td>
</tr>
<tr>
<td>In-Kind Scheme</td>
<td>1,700</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>8,010</td>
</tr>
</tbody>
</table>

How to Apply: The application must be made by the unit/activity on behalf of the individuals in need.

**Step 1** - The unit executives will first need to get the approval of the Trustees, who will evaluate the health of the unit and send their recommendation to the BCC. As part of the approval, the Trustees must complete a Financial Health Check (an Excel Workbook sent to all Trustees and Units) for the unit, if it has not already been done.

**Step 2** - The executive should contact BCC either by email (bccoffice@auroville.org.in) or by a visit to our Town Hall office. The BCC will then review the request and inform the unit if they are able to approve it, providing details of the amount allocated and the time period.

**Temporary Emergency Bridging Maintenance**

A Temporary Emergency Bridging Maintenance provides support to Aurovilians who are temporarily out of work, whose previous workplace has insufficient funds to provide such support, and who are in need. The conditions are:

(a) Any Aurovilian requesting a Temporary Emergency Bridging Maintenance should have already worked for an Auroville activity, unit or service for a minimum of 3 years and have stopped involuntarily (for example due to closure of unit) or due to difficult working conditions.

(b) A Temporary Emergency Bridging Maintenance may be allocated for up to 3 months at a time and may be extended further, or reduced to a smaller package.

(c) The monthly Temporary Emergency Bridging Maintenance may not exceed the last maintenance provided to the Aurovilian or the full amount of a Temporary Emergency Maintenance (Rs. 8010 - see allocation table above).

*A temporary emergency amendment of the Bridging Maintenance, In effect 1 Nov 2020 - 31st March 2021.*

**Contribution Reduction or Suspension**

Individual Aurovilians who are contributing as individuals may request (by email (cscontribution@auroville.org.in) ) to reduce or suspend their contribution.

**Activities and Units**

That can no longer make contributions for Aurovilians working in the unit should apply to the BCC (bcc@auroville.org.in). The BCC will review the unit’s request.

**Loan Restructuring or Suspension**

Aurovilians and Units that have loans and are no longer able to make loan payments may request their loan to be restructured or suspended. Loan restructuring means reducing the payments and paying over a longer period of time. Loan suspension means suspending payments.

**Unit loans** have been allocated via the ABC Loan Fund. Please contact the ABC office (abcoffice@auroville.org.in) for restructuring or payment suspension of these loans. The ABC office will then forward their recommendation to the Loan Group.

**Individual, Housing, and Education Loans** have been allocated via Financial Service. Please contact the Financial Service (financialservice@auroville.org.in) for restructuring or payment suspension of these loans.

Your BCC members (Christine, Danny, Enrica, Hans, Inge, Mahi, Margarita, Meena, Rathinam, Suryamayi)

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**APPLICATIONS FOR FINAL BUILDING NOC 22nd Dec 2020**

The following application has been reviewed and approved by L’avenir d’Auroville. This application has gone through the full review process including community feedback during its preliminary design approval and will be issued the Final building NOC. Any concerns or queries regarding the below building NOC’s can be sent to application-avenir@auroville.org.in

**Colours of Nature - shed/roof above the existing structure - Celebration - final Building Application NOC**

The building NOC shall be given to Colours of Nature to build a shed/roof above the existing tailoring section of total area of 207 sqm and preliminary estimate of 10,18,730.00/-/- The funds to create the roof above existing structure were created by the unit itself, and with it they would like to provide better workable conditions of the existing premises, i.e. Manufacturing (tailoring unit). The design for the shed was done by Hari Engineering. The building shall be used according to its description in the building application and any change in function or purpose of building is subject to TDC approval throughout the lifespan of the building.

The project holder can begin construction on site after picking up the signed NOC document from the TDC office.

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**Forest Group Meeting**

**Miracle, 11th December 2020**

**PRESENT:** Dave (Silence), Balu (Azhagu Bhoomi), Boobalan (Siddharta), Manolo (Youth Centre, Bliss), Philippe, Island (Espace), Jonah (Eternity), Kanniappan (Pitchandikulam), Saga, Cristo (Revelation), Rita (Center Field), Eric (Baraka), Enea (Miracle), Ingrid (Nine Palms), Yuval (Eternity), David (Aurodam), Ambre (Nilatangam), Lakshmi (Fertile), Elisa, Agnes (Darkali), Christoph (Bliss). Notes: Philippe, Christoph

**Bliss Forest and the position of the FG**

- The Forest Group could make its position more clear to the community through the ‘Vision and Realities’ efforts.
- A good communication and discussion platform could be small gatherings.
- Some felt that replies needed to be made on Auronet to ongoing discussions on this topic.
- A dialogue is difficult when certain people claim they hold the ‘right’ vision of the Mother and try to create a forest vs. city tension.
- A GM is seen as the correct community forum to discuss the matter and the petition regarding this should be followed-up.
- The Forest Group has always been in support of Mother’s vision for Auroville and Jonah will draft a statement regarding this.

**Recently purchased 6-acres plot**

Tulsi attended the meeting to apply for stewardship of a recently purchase 6-acres plot in order to start an organic farm. It was communicated to him that the recommended allocation of the plot is currently under review of the Green Group who will determine if the plot is suitable for farming or, if not, shall be allocated as forest land. Tulsi was advised to contact the Green Group and as a next step, the Farm Group.

Later in the meeting Sagar applied for the same plot in order to start a tree nursery. It was pointed out to him that 6 acres are too big of an area for a nursery; on the other hand the remaining land could become a forest. Sagar was advised to coordinate with Tulsi and the Green Group to see if both applications can be combined for a shared land use.

**Vision & Realities exercise**

Elisa and Lakshmi conducted an exercise as part of the Vision & Realities efforts with the aim to determine the purpose and values of the Forest Group. This was a first step in the Vision & Realities initiative to try to formulate a unified voice of the Forest Group.

**Attempted Encroachment in Azhagu Bhoomi**

Balu reported that a neighbouring land owner of one of the three plots stewarded by...
him attempted to encroach on Auroville land with a JCB. It was pointed out that reporting issues like this is of utmost importance. It was made clear that a land steward’s first reaction to encroachment attempts like this needs to be his personal physical obstruction to the encroachment and then to immediately call the Land Board and other people for immediate support and silent presence on the spot.

Fundraising by AVI USA - Christoph shared the good news that AVI USA had organized an online fundraising event on December 6th for which they screened the documentary film Ever Slow Green and through which they collected donations which will be forwarded to the Forest Group in due time.

Next Forest Group meeting - The next Forest Group meeting will be on January 8th, 2021 in Aurodam.

ANNOUNCEMENTS

We are happy to announce that our baby girl JINA was born on 23rd October evening at 7.45 pm. Boobalan & Archana (Siddhartha Forest)

Sante is open during our regular working hours on Christmas day (Fri 25/12/2020). We will remain closed on New year’s day (Fri 01/01/2021). Wishing you a healthy and peaceful new year! Let it bring us strength, solidarity and wellbeing.

Matram will remain closed for open consultation from 20 Dec 2020- 3 Jan 2021.

From Nandini - Season’s Greetings dear friends! This is to let you all know that both sections of Nandini Service: Distribution and Tailoring will remain closed on New Year’s Day (Friday, 1st January 2021). We regret the inconvenience but hope to be excused in the spirit of the season. Wish you all a warm, healthy and better year ahead! Happy New Year!!

The Savitri Bhavan Team is happy to announce that Savitri Bhavan will be open to the public from 1st Jan. 2021 onwards, and that the Sunday Savitri Study Circle will resume from 3rd Jan. onwards, with an attendance of not more than 30 people.

Please be aware that the CTF guidelines must be followed by all visitors, i.e.: masks are to be worn, hands to be sanitized at the entrance, and social distancing is to be observed. Temperature testing will be carried out at the reception desk and everyone entering will be required to register there.

We are inviting Aurovilians and guests to view the exhibitions on the lives of Sri Aurobindo and the Mother on display in the circulation areas as well as the Meditations on Savitri paintings exhibited in the Picture Gallery as individuals or in groups of not more than 4 at a time. The Savitri Bhavan team wishes Blessings to all for the coming Christmas, New Year and throughout 2021.

Taxi Sharing - 1st Jan. going for pick up at 4 PM to Chennai domestic terminal. Contact: Sigrid@auroville.org.in

LOST AND FOUND

LOST - from Sun City, Bommiyarpalayam early Thurs. AM, 17th Dec. A beagle aged 2.5 yrs, answering to the name CASPER. Wearing a tan collar w/ metallic paw marks. If found, contact Col. Vinayagam 8800441495 or Bharat 8553352489.

WELCOME

FROM THE ENTRY SERVICE - ES # 064 - 26 Dec. 2020

Our team is happy to recommend the following individuals as Aurovilians, Newcomers and Friends of Auroville, Joining Auroville. Prior to Newcomer, Aurovillian and Friend of Auroville status confirmation, there is a period for feedback from the community: For Newcomers, Associates and Friends of Auroville 2 weeks, and for Aurovilians and Returning Aurovilians, one month. Kindly forward your support or grievances to entrieservice@auroville.org.in.

AUROVILIANS ANNOUNCED:

- Jan BUDIN (Italian) staying in Acceptance and working at TLC
- Renuka POOT DIRK (Indian) staying in Success Forest and working at Success Forest

AUROVILIANS CONFIRMED:

- Philippe GOURMEL (French) 
- Vinisha RAJU (Indian)

YOUTH TURNED 18 CONFIRMED:

- Ajith LOGANATHAN (Indian) 
- Aiyana SKOLES BLIER (Dutch) 
- Edon Uriel TORMO MIR (Spanish) 
- Jasmine STOREY (British) 
- Kathiravan KANNIYAPPAN (Indian) 
- Yidam Saba HERNANDEZ GARCIA aka Danish (Mexican)

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been completed and returned. Be aware that the duration of the process cannot exceed 18 months from the date of confirmation.
- An Aurovillian is a resident of Auroville, aged 18 and above, whose name has been entered in the Register of Residents (RoR) as maintained by the Auroville Foundation (AVF) Office.
- The change of status from Newcomer to Aurovillian is official only once the individual has filed in and signed the B-Form. An Aurovillian’s name is entered into the RoR after he/she has met with the Secretary of the AVF with an appointment arranged by the Entry Secretariat. These appointments are fixed by the Entry Secretariat according to the availability of the Secretary, but not at any personal request of an individual.
- The Auroville Foundation processes issuing of ID cards only to the Aurovilians who are registered in the RoR.

FOR YOUR INFORMATION

Accessible Auroville began with a 3-day workshop in 2009, held by Samarthyam, the National Centre for Accessible Environment from New Delhi, followed by a second one in 2011, again with Samarthyam, to help make people aware of various aspects of accessibility, particularly public buildings and places in Auroville, and to give training to become access auditors. In 2012, Accessible Auroville won second prize at the We Care filmfest in New Delhi with the documentary, “Sometimes I Can Fly”, which shows how few accessible places there are in Auroville and the many architectural barriers. The documentary was screened all over India, including at Pondicherry University, as well as abroad.

Ensuring access to the built environment is a crucial element in reducing the vulnerability and isolation of persons with disabilities: Architectural accessibility facilitates, among other things, the chances to find employment, to gain education and access public services, to participate in social and recreational activities and hence, to play an active role in society both economically and socially. The words “access” and “accessible” refer to the freedom of choice to approach, enter, communicate or make use of a situation or environment without assistance or undue difficulties.

Only if a building enables a full range of potential users can it claim to fulfill its purpose. If the needs of a group of people are not considered in the design of a building or environment, then that group is denied equality. There is no principle that would defend the denial of rights because the owner, designer, contractor or manager of a building simply hadn’t considered those rights, mistakenly thinking that it is too difficult or
expensive to provide for them. The cost of making a building accessible is 1-2 % of the total project amount. The cost is insignificant if the access standards are added in the planning stage. It is fully possible for the interests of beauty and accessibility to be mutually served. Accessibility does not destroy any ancient buildings and places, sometimes it makes them more pleasant.

Accessibility means to create an inclusive community: to embrace the ideals of all people living together harmoniously in a barrier-free world without fear of exclusion and discrimination. Accessibility is for all: wheelchair users, old people, children, the blind, deaf, limping, pregnant women, mothers with children, mothers with buggy, people with temporary reduced mobility, people carrying luggage. There are disabilities which are not visible such as asthma or heart disease, there are so many other disabilities which we do not immediately perceive. Everyone experiences disability. Everyone is disabled by the environment at some stage in their life. An elderly person or someone who is short of breath or has a broken ankle or a painful back will find stairs difficult or impossible. Young children often cannot reach door-handles and light switches. With a sprained wrist it is impossible to turn most taps. High curbs are difficult to negotiate with a child in a buggy. The examples are endless.

The Universal Rights of Access and United Nations guidelines should be adopted. This way of thinking benefits everybody, not just those with impairments. If we believe in “building for everybody”, then is unacceptable that a woman suffers disadvantage because she is pregnant, or a child because he is small or older people simply because they are elderly. It is equally unacceptable that people are put at a disadvantage because of their impaired sight, hearing or mobility. It is particularly unacceptable when the disadvantage suffered is the result of carelessness or thoughtlessness.

And it is entirely avoidable. There is a substantial and ever-changing Indian Statute Law which bears on the commissioning, design, construction and management of the built environment. This includes legislation on planning and development, construction standards, health and safety, equality of opportunity, transport, sustainability, conservation and environment protection. Nowadays in all countries, accessibility has become compulsory.

Auroville as a City of Human unity has to become Accessible to All, a shining example of accessibility not only for India but for the whole world. Accessible Auroville also requests that the architects, urban planners, contractors, transport service, cycle paths team, road service here in Auroville, do their work keeping in mind the creation of an inclusive society, without discrimination. Accessible Auroville is ready to work with all the groups and residents to create an inclusive community here in Auroville.

Auroville Accessibility Code
This code was drawn up, and is presented to you by, Accessible Auroville. Part was published in March 2010 after collaboration with L’Avenir.

For all public buildings, areas and facilities:
- Safe ascents and descents with ramps, made according to accessibility standard specifications.
- Ramps at entrances and exits to public buildings.
- Handrails at different heights, for different users, on steps and ramps.
- Signage supplemented with pictograms, Braille, sounds, textures.
- All doors to have a minimum width of 90cm.
- Non-slip (anti-skid) flooring in all public areas.
- Specially adapted drinking-water facilities in all public areas.
- An accessible unisex toilet in every public building and in the case of buildings over 3 stores, accessible toilets on alternate floors.
- Guesthouses to have at least two rooms at ground level with integrated toilet and bathing facilities.
- For new communities, at least 2 fully accessible ground-level flats.
- Public transport vehicles are now obliged by Law to have devices to assist people getting on and off. Buses and other public vehicles must be adapted, if necessary.
- Safe, fully accessible pathways for pedestrians, including wheelchair users, people with babies and small children, elderly people, people with physical difficulties, and others, in parallel with major cycle paths.
- Balconies on public buildings to have safety barriers.
- Wherever there are cattle yards, at community entrances for example, accessible entrances for people in wheelchairs or on crutches, those carrying heavy or awkward objects, and others, to be constructed.
- Educational Activities: interviews, research, movies and dramatizations for all adults, young people and children here to raise awareness of Accessibility issues, with a view to establishing and maintaining a caring, inclusive society.

Accessible Auroville, Arati 3B, 91 0413-262-3274, +91 934 540 0559
accessibleauroville@auroville.org.in

News from La Piscine
La Piscine opened on December 17th under the new ‘Unlock 5’ guidelines and SOPs for training of sportspersons at swimming pools that have recently been released by the Tamil Nadu government. (See below for SOPs). These new guidelines have inspired our team to dream about an Auroville Swim Competition which could take place as soon as May or June 2021, depending on further “unlocking”. Races would be broken down into age groups (min age: 12). We will let you know more details closer to the time. Until then, we offer time slots to all participants who want to train for this event.

**Mondays, the pool will be open from 12 noon - 6 p.m.**
**Tuesday to Sunday, we will be open 7 AM - 6 PM**

There are 5 lanes available, and you can book time slots on WhatsApp ‘AV Swim Competition’ page only. Everyone who is listed on the WhatsApp Swimmer’s Group will be added to the new Booking page. If you are not listed and want to join the La Piscine Swimmers group, please call 262 3297 or email (lapiscine@auroville.org.in) with your mobile number. The WApp AV Swim Competition Booking link is: https://chat.whatsapp.com/lj3VX3XaE6xLbGyVGRza.

As this competition is exclusively for Aurovilians and Newcomers, contributions can be made only through Financial Service accounts. For now, we will offer 50 min time slots, advance booking only, and payment can only be through FS account. (call FM). We propose to create a fund to help those Aurovilians who cannot afford the increased cost of swimming. Please let us know if you are able to contribute to this cause. For the time being, we cannot offer monthly or weekly discounts or allow swimmers below the age of 12.

Cancellations can be made up to 3 hours before the booking, after that, your account will be charged. This will be non-refundable unless you find someone to take your slot. Account number must be provided at the time of booking. Only 5 swimmers, one in each lane, will be allowed in the compound to swim at a time.

The gates will be locked at all times except 5 minutes before and 5 minutes after the hour, to allow swimmers who have booked a slot, to come and go. Please do not be late! The doors will remain locked during the swim time. Changing rooms will remain locked. Swimmers will shower on the deck only and can use the little toilet room on the deck. A cleaning lady will be there at all times to wipe down taps, railings and door handles after being touched. One Lifeguard will always be present. Deck beds will not be available as the swimming pool is allowed to be open for sports training purposes only.

We look forward to seeing you very soon at La Piscine, and we hope that you will take this opportunity to train at the pool.

**UNLOCK 5 GUIDELINES FOR TRAINING OF SPORTSPERSONS:**
- Competitive Swimmers to be defined as all sportspersons, not below the age of 12 and engaged in training for purposes of preparing for participating in swimming competition, and
shall not include contact sport like Waterpolo, learn to swim, or swimming for general fitness.

- Coaches and Support Staff directly responsible for the training of these athletes. The head coach shall ensure that the training is carried out with the minimum required Competitive Swimmers to be defined as all sportspersons, not below the age of 12 and engaged in training for purposes of preparing for participating in swimming competition, and shall not include contact sport like Waterpolo, learn to swim, or swimming for general fitness.

When preparing to swim:
- Use a hand sanitizer if soap and water are not readily available before going to the pool.
- Do not share equipment.
- Wear your suit to and from practice.
- Bring a full water bottle to avoid touching a tap
- If you need to sneeze or cough, do so into a tissue or upper sleeve/arm
- Arrive as close as possible to when activity begins.
- Avoid touching gates, fences, benches, etc. if you can.
- Do not attend practice if you do not feel well.
- Shower before entering the pool.

**Home cooked dinners for home delivery**

This is a warm invitation to start our frozen economy by offering home cooked dinners for home delivery. It’s a great way of providing a practical, mutual support. The idea is to deliver homemade food at the customer’s doorstep. Women who love cooking are enrolled as chefs, to provide fresh, hygienic, affordable and food with only a phone call, delivered to your doorstep. We all know that home-cooked food with a motherly feeling always tastes better than “outside food” 😊. Please call 809-878-2233 for details. We will pick up your tiffin box at your home, fill it, and deliver it back.

- Arunkumar and Valli

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“HANGOUT”

at Center Guesthouse

Our last gathering of the year is this Saturday 26th December.

As usual you and your friends and family can come by any time you like between 2:30 and 5PM and stay as long as you want, it’s totally informal. Whether you want to play games, or just chat with friends or meet new people of all ages please do come by and join in … it’s fun! The more the merrier.

As always we will have cookies and juices and coffee and tea, but if you feel like bringing something ‘special’ for all to enjoy then please feel free to do so! We will have all the usual board games, as well as Mahjong instruction from Fabienne and our Qigong instructor Eli for those that are interested. Please just let us know in advance if you’ll be joining us. Looking forward to seeing you!

- Don (Third Age group) 915 990 0709 or strebor0808@gmail.com

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**Weekly market at Mohanam**

As part of the new team at Mohanam, we are excited to inform you about our plans to start a weekly market called “Auro-Santha” at Mohanam campus. During these hard times, we have seen so many people lose their daily bread and we have seen firsthand many businesses shut their doors or barely stay afloat. Our aim with this regular weekend market is to provide a platform for all these businesses, artists and artisans while we help kick start the struggling economy of Auroville and our bio-region. We kindly request everyone to come, sit down with us for tea, and be part of the discussion towards creating this platform for the people. We hope to see you all come and support the new Mohanam team in our “Auro-Santha” project as Guides, Guardians and Mentors on the 26th December 2020 from 3 to 4 pm at Mohanam campus, near Imagination and Colors of Nature. FMI, contact Mohanam office 8300949079 or 9632551408 (Events Coordinator Ricky).

Looking forward to creating something beautiful together.

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**MATRIMANDIR**

**COHERENCE**

Where the pristine marble inspires the moonlight Home to two awe-inspiring musical dynasties. Experience the Agra and the Senia Traditions Inspired by the inspired full moon of Agra.

**Agra in the Moonlight**

Matrimandir Amphitheatre 6 - 7 PM, 30th December 2020


(Recorded music curated by Chandra Pai)

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**New Year at Matrimandir**

**Thursday, December 31st 2020**

4.30 - 6.30 PM: Flowers, candles & silence under the Banyan Tree.

5.15 PM: A musical offering on the Bansuri (Indian Flute) at the Amphitheatre

Entrance from the Office Gate. Guests are requested to bring along their Auroward.

The Inner Chamber will remain open from 4.30 to 8 pm for Aurovilians and Newcomers (East Pillar entrance).

Please note that there will be no midnight meditation this year.

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**Friday, January 1st 2021**

Morning: 6 - 6.30 am: Meditation under the Banyan Tree

6 - 9 am: Inner Chamber will be open only for Aurovilians and Newcomers (East Pillar entrance).

Evening: 5.30 - 6 pm: New Year music of Sunilda at the Amphitheatre. Entrance from the Office Gate. Guests are requested to bring along their Auroward.

**Bonne Annee and Happy New Year to all!**

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**Meditation at sunset with Savitri**

read by Mother to Sunil’s music.

*Every Thursday, 5.30 to 6.00 PM* (weather permitting)

Enjoy the beautiful open space, the immense sunset and heavenly music in the very center of Auroville!

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**WORK OPPORTUNITIES**

**Caretaker for Citadines** - Citadines is looking for a skilled and responsible caretaker. Aurovillian or Newcomer. Contact Citadines: 2622 828 (8AM-noon) or citadines@auroworld.org in

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**LOOKING FOR**

Someone coming back from Europe USA soon - To get 2 small pharmacy items for my baby which I can't find in India. If someone coming back very soon, has a tiny space left in their luggage, contact: mathildet@auroworld.org.in or 7094058699 (WA)
Someone traveling from Europe or USA - to carry a very small lightweight computer part. Contact: marlenka@auroville.org.in

Hindustani classical music teacher - Contact Kshitij - 9739916003 (WA/SMS only), kshitik@gmail.com

An office and a house - can be housesitting or a transfer. Michelle: +91 8300731300. Merci!

A house - House sitting or transfer. We are family of 3 people looking for accommodation, preferably house. We are finishing our house sitting contract soon, so we would like to find place as soon as possible. We will be very happy to help and take care of your place. If you know any place available, Contact pedro.santos.guedes@gmail.com or 875460810.

Office space - w/ fast WiFi or where JioFi works. Will need 1 or 2 seats. Willing to contribute. Contact: itspriyanka@gmail.com or 970 425 8709. Thanks!

Work - My name is Raja, living in Kuilapalayam. I have more than 12 yrs experience working in Auroville. I am good at computer, billing, sales, maintenance and assisting for accounts. Please contact me regarding any job openings. Thank you, Raja, 8124157585. (submitted by Suresh)

AVAILBE

Office/Co-Working space at Auromode

1. Ground Floor: Co-working space of 170-SqM which can be divided into two parts
2. First Floor: Five office spaces, each 24 SqM
3. Ground Floor: Office space of 63 SqM

Completely new w/ very quiet and green surrounding atmosphere, available at Auromode with Generator Power back-up / Aqua Dyn drinking water / Car & Bike parking / 24H Security service

Contact: Pandian, General Manager, 0413-2622224; 994-339-0391 pandian.auromode@auroville.org.in; auromode@auroville.org.in

House helper - from Sanjeevinagar, experienced, very trustworthy and good natured. She has timeslots available 2 or 3 afternoons per week. If interested contact Kalalavani: 96267 40708 (Tamil) or write to isha@auroville.org.in

House-Helper & Gardener - Irusammal and Elumalai have been working for me (previously for Janet & Joy GH) for many years. They are looking for ½ time work. They have plenty of experience working in Auroville, and they are friendly & trustworthy! Contact: L’aura: 9442788016 laurajoy@auroville.org.in

Kittens - 4 friendly kittens (2 months old) are looking for new house. Good health. They have grown half inside house, so are used to pet toilets. They can adapt both to indoor and outdoor. Contact: 8939831775, himichiyoo@gmail.com

GREEN MATTERS

Water Saving Tip of the Week!

Select the proper pot size for cooking. Large pots may require more cooking water than necessary. With love from the Water Group, helping Auroville become a water-sensitive city. watergroup@auroville.org.in/www.aurovillewater.in

The Rains - what can we learn?

What incredible rains we have had lately! Not only do we get to delight in them, but we also get to learn from them. For anyone concerned about the water situation in Auroville, we suggest a tour of our watershed during this rain. Just walk out your front door and observe where water is flowing. Then cycle around Auroville and follow the water. When it reaches its final point, is the area overflowing?

What we have observed is that there are nearly rivers flowing on roads in certain areas, as well as full pits or ponds. Water is not being caught and allowed to percolate to its full capacity. These big rains show us that we have a lot of work to do to improve the water catchment capacity within Auroville. Will we listen to what the rains are telling us, and improve our water catchment in the next dry season? Will we prioritize harvesting water over drilling borewells in our planning? The answer is up to us.

- Water Group (Tom, Tency, Ing-Marie, Giulio, Eric Chacra)
www.aurolivewater.in/www.facebook.com/aurolivewatergroup

PERMACULTURE WORKSHOPS 2021

SOLITUDE FARM

3 DAY EXPERIMENTAL RESIDENTIAL WORKSHOP OFFERS YOU AN EXPLORATION TO GROWING FOOD, NUTRITION AND SUSTAINABLE LIVING THROUGH PERMACULTURE.

JOIN US ON OUR ROAD TRIP TO NATURE

15-17 JAN’21 19-21 FEB’21
26-28 MAR’21 09-11 APR’21

For more info contact: solitudepermaculture@gmail.com

HEALTH

Ayurvedic recommendations for Winter

Visarga Kaala, when the moon is more influential and the sun rays are soft and warming. The energy comes back in winter.

Seasonal properties: cold, humidity slowly reduces. VATA and KAPHA get cold and the digestion strength is much more powerful. Body gets some rest from passed strong seasons. The Digestive fire becomes stronger, appetite increases and slowly Kapha accumulates, bringing strength and building up the immunity.

Effects on the mind: feeling of cocooning, pampering, coming back to the warmth of one’s inner place. If imbalanced, it may create emptiness and dullness in the mind, feeling depressed or lonely (Vata or Kapha aggravation). Accompany the body to regenerate: KEEP AGNI STRONG - in the abdomen for an optimum nutrient assimilation and in the heart for clarity and joy.

What kind of digestive fire do you have?

VATA digestive fire: Irregular, weak appetite, can easily skip meals. Irregular digestion, tendency to gas, bloating, constipation. Favour sweet, sour, salty tastes

PITTA digestive fire: Strong appetite, must eat when hungry manifests, otherwise becomes irritable. Fast digestion, acidity before meals, tendency to loose motion Favour sweet, bitter, astringent, green fresh aromatic herbs: parsley, coriander, rosemary...

KAPHA digestive fire: Weak appetite but really enjoys food. Slow, heavy digestion, tendency to create mucus, post-digestive acidity Favour all spices, bitter and astringent tastes

GENERAL GUIDELINES IN THE FOOD:
- Sweet, sour and salty tastes
- Eat warm, cooked food spiced up with ginger, pepper, turmeric, cumin, clove, asafoetida, mustard seed, ajwain, cinnamon, fennel seed, fenugreek seed, onion, garlic

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- Proteins: Mungdal, black gram (Maasha) beans, chickpeas, lentils, white meat, egg, mutton (meat soup), nuts and seeds
- Vegetables: green leaves, carrot, beet, eggplant, cauliflower, broccoli, bitter-snake-bottle gourd, moringa (drumstick), chow-chow
- Sweet = Cereals: millets, barley, rice, oats
- Sweet = fruits: apple, banana, papaya, passion fruit, pomegranate, grape, guava, pear, rosella, all citrus preferably sweet
- Ghee or sesame oil, olive, sunflower, apple cider vinegar
- Beverages: herbal masala teas, hot water, with honey or jaggery; wine prepared with jaggery (called Arishtham), sugarcane juice, golden milk
- Ayurvedic blend to stimulate absorption: Trikatu (for Kapha), Hingwasthak churna (for Vata), Avipatikar churna (for Pitta) ... with honey

**TO AVOID:**
- Cheese, yogurt, curd, lassi at dinner (they should be eaten for breakfast or lunch)
- Cold beverages
- Raw vegetables
- Ice-cream
- Heavy and difficult to digest (deep fried food, etc.)

**IN THE ACTIVITIES:**
- Main principle: stabilize, centre, recharge
- Keep a regular rhythm (with meals and bedtime)
- Massage with sesame oil + apply heat to let the oil penetrate
- Hot shower or bath, Foot bath with warm salty water
- Keep the body warm with cotton, wool, silk, leather
- Physical exercise: 30 minutes daily of stimulating Yoga, Pranayama, Meditation-concentration, Qi-Gong, Toning...
- Nasya: 1 drop of Anu Tailam in each nostril

**TO AVOID:**
- Prolonged fasting
- Humid and cold air, wind, fan
- Long hours at the computer
- Stay awake late at night

**Therapies now available w/ Vani at Pitanga**

**Energy therapy:** Fusion of deep guided relaxation, visualisation, reiki, pranic healing, and foot & cranial reflexology. Rediscovering the Self-healing power and natural Intelligence of the body. Experiencing the Presence within by quietening the thought process and contacting the body.

**Hypnotherapy & Self Inquiries:** Journey through the trauma memories, emotional blockages and belief systems in order to release and heal these traumas, by getting aware & deprogramming these old believe systems put in place in the past, which keep you from living a very joyful life in the present.

**Life Coaching:** Using awareness, visualization & imagination techniques. Life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again. It is also very helpful, to clarify the different steps to take for developing any new project.

For appointment contact Pitanga: 2622403/994

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**Auroville Radio team wish you merry Xmas! Stay tuned!** Here you can listen to the stream channel (playing 24/7). Here you can see on-air schedules.

**Last published podcasts:**
- **Talk by Dr. Anuradha Choudry “Sanskrit as Yoga”** (Indian culture)
- **Happiness, Love and Laughter** - ep. 69 “Santa’s Gifts” (Wellness)
- **Soul Tracks** - ep. 22 “Revolutions” (Music)
- **Savithi, B. VII, C. VI Part 3** (Integral yoga)
- **The Akademik Genius Brothers – The Making Off...** - ep. 11 (Theatre)
- **Arohan** - ep. 12 “The Singing Sitar of Ustad Vilayat Khan” (Music)
- **Audible Weed Walk – “Wild greens: the ultimate opportunistic sustainable plants”** (Edible weeds)
- **Marlenka’s Weekly Offering** - ep. 14 (Literature)
- **The Tamil Literary Forum - ep. 16 “(புஷ்கர மக்களின், கல்வியோற்று)” (Tamil culture)
- **Neo Urban Chronik - ep.26 “Do we deserve what we deserve?”** (Humour)

...and more! on www.aurovilieradio.org. For more information write to radio@auroville.org.in. Love and Peace.

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**From Exploring Prosperity**

The News and Notes of 25th March 2019 (#791) carried an announcement by the Working Committee: “On Admission and Termination of people in the Register of Residents”. Clause 5 of Form-1 on page 5 reads as follows:

“No ownership of property is a respected collective value in Auroville. All immovable assets are owned by the Auroville Foundation, which holds them in trust for humanity as a whole. Residents undertake not to own any immovable assets in the City area of the Auroville Master Plan. Ownership of immovable assets in the Green Belt Area of the Auroville Master Plan is only allowed with written permission of the Auroville Foundation.”

The above notification, when brought to the attention of residents by Exploring Prosperity Team earlier this year, caused a considerable concern that resulted in a petition addressed to the Working Committee and copied to Auroville Foundation in August 2019 signed by 523 residents, with a request to have the text amended as follows to adhere to the spirit of Auroville Charters:

“NO OWNERSHIP OF PROPERTY IS A RESPECTED COLLECTIVE VALUE IN Auroville. ALL IMMOVABLE ASSETS ARE OWNED BY THE Auroville Foundation which holds them in trust for humanity as a whole. Residents undertake not to own any immovable assets in the Area of Master Plan that includes City and Green Belt.”

The Exploring Prosperity Team had a meeting with WC and WC agreed to advise the Governing Board to replace the offending text by text of the petition as per prescribed process. The 54th meeting of the Governing Board held on 8th September 2019 records the fact that 500+ Residents have objected to the text of Form-1, Item 5, and on advice of the Working Committee, the offending text was agreed to be modified. So far so good, but when the gazetted notification was published in June 2020, the relevant text of Form-1 Item 5 appeared as follows: “No ownership of property is a respected collective value in Auroville. All immovable assets are owned by the Auroville Foundation which holds them in trust for humanity as a whole. Residents undertake not to own any immovable assets in the City area of the Auroville Master Plan.”

We at Exploring Prosperity had no idea about the new notification till early November 2020 since for the first time the minutes of the 54th GB meetings were placed under restricted viewing and gazetted notification was also not circulated publicly either by the Working Committee or Auroville Foundation. Only in the last week of November did we finally have access to Working Committee recommendations to the Governing Board and the text of the notification and discovered that WC instead of recommending the text of the petition as part of their recommendations, they offered a lengthy text that caused a misunderstanding and what eventually was gazetted was more liberal than the so called offending text.

Finally, discussions with a member of the Working Committee have resulted in a recommendation to ask for an amendment as per the text of the petition. We will continue to keep a watch on the process and keep you updated on any progress.

In conclusion, we have to say that had the Working Committee recommended the text proposed by the petition, there would have been no confusion. On the other hand, had the Foundation Secretary and/or Undersecretary taken the trouble to read the petition, the comedy of errors could have been avoided. A casual approach to a serious concern of residents, both by the Working Committee and the Auroville Foundation is at the root of such distortions, and we believe that to avoid such a situation in the future the Working Committee must share the progress with concerned residents in line with their prime function of being interface between residents and the Governing Board.

– The Exploring Prosperity Group (Joseba, Pashi, Sivakumar & Umberto)
**CULTURAL ACTIVITIES**

December 25 - The Day of Light
Invitation for Bhagavad Geeta Chanting & Harmony Hall Inauguration
Fri 25th Dec, 6.30 to 11.30am, Harmony Hall, Bharat Nivas

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**MULTIMEDIA CENTRE AUDITORIUM (MMC, Town Hall)**
Reminder: FRIDAY 25 DECEMBER, 8:00 PM -
"DILILI A PARIS" (DILILI IN PARIS)
Animated film directed by Michel Ocelot, France, 2018,
General Audience, 1h.39' - English version
Note: There will be no film screening on Friday January 1st.
Wishing you a beautiful unfolding experience.

Please note, those of you who are interested in these topics and do not have access to Zoom are most welcome to hear it live at Bhumika Hall in Bharat Nivas. You are requested to be seated inside the hall latest by 3:45pm on both the dates.

**Bharatnivas is happy to announce its next webinar under the series “Performing Arts”**
Tue 29th Dec at 4pm
The Topic for Aurelio’s Webinar is “ Sound and Music composition in theater” (Aurelio’s work w/ Aryamani (Av) & Veenapani (Adshakti))

**Soundscape composition in Theatre**
If theatre as a sacred stage performance, wants to sustain its power and presence in the onslaught of electronic multimedia and film culture, it can do so by captivating the audience through the live human presence, the authenticity of the moment, the storyline, imagery and the soundscape creating the scene-specific as well as shifting atmospheres. The auditory sense leads into the depth, brings in and enhances the subtle information and themes of setting and story.

Sound and music touch the emotions, trigger imagination, create spaces, change perceptions, extend the scene into the totality of space along with its participants, making everyone part of the unfolding experience.

**Online Access through Zoom:** https://zoom.us/j/95314138865?pwd=RGC5eGZ4dFNuMWJLNDJwOEhJbFJQT09
Meeting ID: 953 1413 8865 / Passcode: bwwebinars

Please note, those of you who are interested in these topics and do not have access to Zoom are most welcome to hear it live at Bhumika Hall in Bharat Nivas. You are requested to be seated inside the hall latest by 3:45pm on both the dates.

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**WOMEN TEMPLE - NEW BEGINNINGS - FULL MOON**
Wed 30th December, 6 to 8pm, Butterfly Barn, Svedame
Welcome (back) to the Women Temple, circle of conscious women gatherings to honour all life & support each other. We gather in prayer, movement, self-inquiry & celebration!
Register as space is limited +919786658967 (WA or call) (based on the work by www.awakeningwomen.com)

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**1ST JAN 2021**

**RagaMantra**

**Greeting From Auroville, the City of Dawn**

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**HAVE YOURSELF A MERRY LITTLE CHRISTMAS CONCERT**

**CRIPA**
with
Anushka, Shakti, Rolf, Varun, Dhani & Suresh
December 26th & 27th 8pm
Children’s Special 27th 4:30pm

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**Bharatnivas is happy to announce its next webinar under the series “Performing Arts”**

**NEW BEGINNINGS**

**FULL MOON**

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**CAUTION**

Please note due to limited seating, booking at booking.christmasconcert@gmail.com is essential. We will be following Covid guidelines and this event is supported by the Auroville Covid Taskforce.

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**CAUTION**

Please note due to limited seating, booking at booking.christmasconcert@gmail.com is essential. We will be following Covid guidelines and this event is supported by the Auroville Covid Taskforce.

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**CAUTION**

Please note due to limited seating, booking at booking.christmasconcert@gmail.com is essential. We will be following Covid guidelines and this event is supported by the Auroville Covid Taskforce.
1. THE AUROVILLE THEATRE GROUP IN THE ONLINE DANKUNI THEATRE FESTIVAL presents ‘Barabbas’ on the 24th of December at 6pm IST at an international virtual festival organised by Theatre Shine. [https://www.facebook.com/THEATRE-SHINE-142951079143319]

2. ART FOR LAND INVITES PARTICIPATION - Artists are invited to offer their beautiful artworks for the upcoming Art For Land Exhibition 2021. To submit, fill up the online form, and you will be contacted. [https://forms.gle/PevENg51LhZXJPY48]

3. AURORA’S EYE FILMS, AUROVILLE, SHARES 3 films coming out of Auroville’s Citizens Assembly, a research project to experiment with new models for community explorations and discussions. The aim of the pilot is to produce a water vision for Auroville and develop recommendations for its implementation. As in many places in the world Auroville faces a water shortage in coming years, so this is a critical community issue.

- Auroville Citizens Assembly Tamil Nadu Water Heritage Ch. 0
  [https://youtu.be/4YE74Qs2hs]
- Auroville Citizens Assembly | Water Context Ch. 1
  [https://youtu.be/EmMFP_tpgBu]
- Auroville Citizens Assembly | Water Topic | Farming Ch. 2
  [https://youtu.be/083c27j6wRk]

4. NOMAD ART AUROVILLE SHARES a short video of Diwali 2020 at Upasana, [https://youtu.be/-HvMUx2ZR_wc]

5. MUSEUM OF ART & PHOTOGRAPHY - ONLINE - Engineer of the Enchanted Forest - about Jangarh Singh Shyam, who was a pioneering artist who inspired the Gond-Pardhan school of art and inaugurated the Jangal Kalam, an artistic style named after him. [https://map-india.org/download/engineer-of-the-enchanted-forest/]

6. GOOGLE ARTS AND CULTURE - COLOUR ARTWORKS features content from over 2000 leading museums and archives who have partnered with the Google Cultural Institute to bring the world’s treasures online. Redecorate the iconic Taj Mahal: [https://artsandculture.google.com/experiment/art-coloring-book/TQgsh6v5IAQ8gQrpm-eeyJnYWxsZXJ5oiZGVmYXVsc2lsImFzc2V0IjoqQgqiWFoTYWJLCJhcncVxcyMlCiJ9] This can be downloaded and printed out for young children.

7. THE SAPTAK SCHOOL OF INDIAN CLASSICAL MUSIC PRESENTS AN ONLINE MUSIC FESTIVAL - Vishwamangal - the 41st Saptak annual music festival, from 1 – 13th Jan. [https://www.saptak.org/saptakDesk/saptak2021 (Desktops /Laptops); https://www.saptak.org/saptakTab/saptak2021 (phones)]

8. LATIN AMERICAN MIGRATION FILM FESTIVAL ONLINE organised by the Indo Cine Appreciation Foundation in association with the Embassies of Argentina, Chile, Guatemala and Mexico.

Dec 27, The Future Perfect, 2016, 65’, Argentina

Register and access links by emailing thangaraj1_icaf@hotmail.com

9. ONLINE TAMIL DRAMA FESTIVAL organised by the South Zone Cultural Centre Thanjavur and the School of Performing Arts Pondicherry. Watch now [https://www.facebook.com/szcc1986/videos/442660900094009/]

10. LIVING LIGHTLY FILM FESTIVAL NOW ONLINE - Shrishti Films (Shrishti Manipal Institute) presents a selection of pastoral stories on film. To watch, visit [movingimagesindia.in/film-festival/]

11. INKO CENTRE SHARES Amazing Arirang, a special consolatory composition from Korea. [inkocentre.org/Amazing_Arirang.php]

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Sri Aurobindo and the Next Future

This video talk given in December 2020 by Dr Alok Pandey is part of a webinar on the Adventure of Consciousness initiated and carried forward by Sri Aurobindo. The new consciousness of the Supramental was brought down by Sri Aurobindo and the Mother in February 1956 and since then it has been making changes and preparing the ground for the descent of the Divine Life on Earth. Changes have always happened through long processes of evolution. And it is the children who are destined to bring about the required changes since it is the habit of children to break the structures erected by adults. Mother said in 1958 that children are born with a new element.

In the world evolution, human beings are needed for conscious cooperation with the Supreme Oneness, so to speak, to be ‘willing servitors of the Divine Consciousness’. Now we are in a similar situation as when Hanuman was burning Lanka and Rama was destroying Ravana; there is a need for truth to emerge from chaos. In several passages of Savitri Sri Aurobindo describes the coming changes:

“The unfolding Image showed the things to come. A giant dance of Shiva tore the past; ... I saw the Omnipotent’s flaming pioneers... Come crowding down the amber stairs of birth; ... I saw them cross the twilight of an age, The sun-eyed children of a marvellous dawn,” (p.343)

Link to the video: [https://www.youtube.com/watch?v=ziekNQTzUX&feature=youtu.be]. [Apologies for a foggy video due to the moisture problem in optic.)

Raku Inoue’s Insect Arrangements
Made of Flowers

Photo exhibition
auralec
Capetown & Art-Gallery
Open from 8 am to 5 pm

Natura Insects: The Art of Raku Inoue
25 Dec 20 to 25th Jan 21

Floral arrangements can be a tricky thing to master. The color palette matters, as does the meanings of the flowers and even any allergies the recipient might have... and for at least one artist, making sure your arrangement has enough legs is also in important factor.

Raku Inoue, an artist based out of Montreal, recently gained a following over his Natura Insects series. The concept was to recreate beetles, dragonflies, and other insects using flowers and leaves. For a graphic artist like himself, this would easy enough to do digitally. However, Inoue took the idea to the logical extreme: arranging real flowers into the shapes of insects and photographing them. The result is a surreal take on the natural beauty of the world. The middle bloom of a sunflower becomes dots on the wings of a butterfly. A pinecone acts as the body of a bumblebee. A stag beetle is rendered in shades of blue, green, and purple. Even non-plant life helps recreate the insects, as an entire collection of the series utilizes ice and snow as body parts.

To gather supplies, Inoue scrounges for leaves, sticks, flowers, and other natural debris. Then carefully arranges them before photographing them. By his own admission, the project started as a way for him “to achieve a more spontaneous state of mind while photographing them. By his own admission, the project started as a way for him “to achieve a more spontaneous state of mind while photographing them. By his own admission, the project started as a way for him “to achieve a more spontaneous state of mind while photographing them.

[Apologies for a foggy video due to the moisture problem in optic.)
Inoue frequently incorporates nature into his other art. He’s used leaves and flowers to accentuate sketches of children at play. Another series uses mirror shards reflecting flowers. He enjoys ikebana (the Japanese art of flower arranging) in his spare time and was recently contracted to recreate the labels of Seedlip inks using natural ingredients. And, most meta of all, he’s made pencil sketches of his more popular entries in the *Natura Insects* collection. Inoue is also the owner and creator of Reikan Apparel. On the Reikan website, you can not only buy the aforementioned prints but also choose from a selection of hoodies, hats, and crewneck t-shirts.

It’s safe to assume that Inoue has found his “soil of inspiration”, creating new additions on a regular basis. It’s a way for him - and us - to reconnect with nature and the tiny creatures who share it with us.

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Please note the following guidelines:
- The subject line of any submission email must be ‘theme transparency’
- Attach a short artist statement for the project being submitted, that will help us understand your work. Provide contact details too.
- Send a maximum of 5 images of your artworks made for the exhibition, specifying technique and size of each work. All images should be sent as JPEG files, no more than 1 MB each.
- The deadline for the submissions is 31th January 2021 and the exhibition will take place from 6th to 24th march 2021.
- We let you know if your work is selected for the exhibition by February 10th.
- The gallery will take care of the organization, setting up and communication of the event, but cannot cover the transport costs of the artworks.

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**CLASSES/WORKSHOPS**

**Aurofilm / AV Film institute present:**

“CINE-Master Class” - 5.00 - 7.30 pm Saturday, 26th December 2020 at Aurofilm, Kalabhoomi (next to CRIPA)

If you like to discuss, share and learn more about films and Cinema, we invite you to our Cine-Master classes!

Welcome to the 4th chapter: “A fistful of sand from utopia”

Overview: As a documentary filmmaker and cinematographer Rrivu will present a perspective on the causal relationship of cinema with our being, body and mind in the world. Taking off from the deepest concerns of what Comolli suggested ‘with the advent of photography the human eye loses its immemorial privilege’ and is devalued in relation to the ‘the mechanical eye of the photographic machine’ which now sees in its place’, Rrivu will explore ‘the cinematic’ as the filmmakers’ continuous tryst with the sacred and the profane, her struggle against any separation and calcification of truth. It’s a story bringing home a fist full of sand from utopia. The 90 min talk will include screening of excerpts from iconic and obscure films including the speaker’s own works. The speaker welcomes interaction post the talk.

Bionote: Alumnus of Film and Television Institute of India, Rrivu Laha is a Cinematographer and a documentary filmmaker. In 2017 Rrivu moved to Auroville. In 2018, Rrivu with his partner Richa curated an exhibition titled ‘A tribute to the soiled hands and feet’ commemorating the pioneering spirit of early Auroville. Richa and Rrivu are now steering the Auroville Film Institute (along with Aurofilm) and designing cinema-centric learning journeys.

Note: We follow Covid-19 SOPs. FYI, the Aurofilm building is half open-air. Please carry your torch light.

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**TRANSPEREENCY**

Open call for Artists for a group exhibition

From 6th to 24th March 2021 at Centre d’Art Auroville.

on the theme of Transparency

Any media is accepted

For more info please contact centredart@auroville.org.in

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**Upcoming trainings/retreats**

26 & 27 Dec “Transforming Trauma” w/ Sigrid Lindemann - Understanding and Healing Trauma: a toolbox for all

3.-7. January - “The way of the Sufi” retreat with internationally known Sufi Master Nirupam

Explore Sufi techniques (Whirling, Zikr), Gurdjieff movements, active meditation, breathing practices... combined harmoniously to guide to opening your heart deeply with a still mind...

Experience stillness in motion with Sufi whirling. Nirupam is a well-known for his retreats going deep into experiences, life changing at times, his whirling smiles speak of his research of sufí techniques since decades. He has been to Konya, Turkey and is experienced in a wide range of meditation techniques.

The retreat is focused on the active practice, meditations are majorly moving meditations, to stay inwardly with the experience of the moment. Here’s an insight into Nirupam’s workshop in China

https://www.youtube.com/watch?v=P1bV5qEhFvE&list=PL0AYtct=88

Timings: 3 Jan: 3pm onwards / 4,5,6 Jan: 7-8 am: meditation, 9.30am - 1pm: practices, 3-6pm: practices, 8-9 pm meditation/ 7 Jan: 7-8 am, 9.30am - 1pm only
8/9 January “Holistic Deep Relaxation” with Camille
Explore and learn a unique body-mind relaxation technique. Subtlety, energy and touch healing are the key words for this soft alternative healthy tool.
Camille is a psychomotoric therapist, specialized in relaxation techniques, with >10 years of professional experience (all ages)
15, 16, 17 Jan - Hypnotherapy “Explore your mind” Certified course from EKAA www.ekaa.co.in., Trainer: Sigrid Lindemann, international faculty in regression therapy and homeopathy.
Natural Horsemanship w/ Mirrabelle - on request. www.auroville-jiva.com, WA: 962606961, contact@auroville-jiva.com

No previous experience required (also no need to know how to swim).
Focus of Woga 1 & 2 is Hatha Yoga in water (asanas in standing position, on the wall, in floating position), pranayama and meditation. Sessions are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool! No previous experience required (also no need to know how to swim).

spoken sanskrit and unity consciousness

Last week Dr. Anuradha Choudry gave a very insightful talk in Auroville on “Sanskrit As Yoga”. She spoke about Sanskrit language originating from Unity-Consciousness with an inherent quality that supports synthesis in many ways. She also touched upon the potential for transformation it holds for Auroville when it becomes a living language among people who come from different parts of the world with an intention to realise human unity. Aspects of how the Sanskrit language has a holistic benefit on our physical, vital, mental, psychic and spiritual parts of the being were also brought up. Thanks to the Auroville Radio team, the recording of the talk is available on: https://www.aurovilleradio.org/a-talk-by-dr-anuradha-choudry-sanskrit-as-yoga/

In January 2021, she will be conducting an online course on: "Introduction to Spoken Sanskrit - Basic and Intermediate Levels". 18th January to 9th April 2021 (12 WEEKS)
FMI: https://onlinecourses.nptel.ac.in/noc21_hs03/preview
This online course is organised by SWAYAM and National Programme on Technology Enhanced Learning (NPTEL), both are projects of The Ministry of Education, Government of India.
In addition to the online course, we will also organise in-person "Practice Sessions" for spoken Sanskrit in Auroville.
All are welcome. For questions, registration and suggestions, please write to devabhasha@aurovile.org.in

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Bonfire Drum Session every Thursday 6pm-9pm
Vegan African dinners served at 8pm. Volunteers welcome!
*</no-smoking> NO SMOKING or ROLLING ANYWHERE at African Pavilion *
FMI: +91 90801 59721 / africa@aurovile.org.in

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Analogue Photography Workshop with Sasikanth Somu
8th - 16th January 2021, Centre d’Art, Citadines
2 Fridays, 2-5 PM & 2 full Saturdays, 9 - 12 & 2 - 5
Total Hours: 18 Maximum 5 students
Venue: Multimedia and Darkroom at Centre d’Art, Citadines
Program:
1st Friday - Introduction to analogue photography with a touch of history and the technicalities of using a film camera.
1st Saturday - Half day is used to finish a roll of 24 exp film on the participants chosen subjects plus all debugging and problem solving. Afternoon is used to spool the film and develop it in tanks by the individual participants.
2nd Friday - Participants get to do a contact sheet of their film negatives
2nd Saturday - Each participant gets to select 5 of their best negatives and make a postcard size print of each of them.
To register: centredart@auroville.org.in

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Woga 1 & 2 w/ Dariya
9th & 10th January, 9.00 AM - 6.00 PM
Quiet Healing Center
Info/Bookings: 948 808 4966; 0413-262-2329
Woga is the union of two words, water and yoga, and based on yoga poses and stretches modified for warm water. Thanks to decrease in gravity, water allows greater ease of movement, unblocks articulations, lengthens and melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.
Focus of Woga 1 & 2 is Hatha Yoga in water (asanas in standing position, on the wall, in floating position), pranayama and meditation. Sessions are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool! No previous experience required (also no need to know how to swim).
Indian - Monday 28 December, 8:00 pm:
• NATSAMRAT (The Emperor of the Stage)
India, 2016, Dir Mahesh Manjrekar w/ Nana Patekar, Medha Manjrekar, Mrunmayee Deshpande, and others, Drama, 166mins, Marathi w/English subtitles, Rated: NR (G)
The story in this much acclaimed, not to be missed film, is about the life of a Shakespearean actor Ganpat Belvalkar, known for his wit and sense of humor. As parents, he and his wife Kaveri are epitomes of love and care. Belvalkar is a straight talker; and his no nonsense tack is a problem for his now married children. Insulted by them, Belvalkar and his wife decide to stay away.

Special - Tuesday 29 December, 8:00 pm:
• LAST CHRISTMAS
UK-USA, 2019, Dir. Paul Feig w/Madison Ingoldsby, Emma Thompson, and others, Comedy-Romance, 103mins, English-Croatian-Mandarin w/ English subtitles, Rated: PG13
With music from the legendary George Michael, in this film, Kate is a young woman subscribed to bad decisions. Working with store owners, game developers, journalists, and preservationists about what lies ahead for the world of physical media and how it affects more than just video games. It examines the sea change in video gaming from physical media and how it affects more than just video games. When there are no more physical games to sell, what gets left behind?

Interesting - Wednesday 30 December, 8:00 pm:
• NOT FOR RESALE
USA, 2019, Dir. Kevin J. James, Documentary, 86 mins, English w/English subtitles, Rated: NR
It examines the sea change in video gaming from physical media to the digitally distributed future, featuring interviews with store owners, game developers, journalists, and preservationists about what lies ahead for the world of physical media and how it affects more than just video games. When there are no more physical games to sell, what gets left behind?

Happy Holidays - Thursday 31 December 2020 & Friday 1 January 2021!

International - Saturday, 2 January, 8:00 pm:
• GOSPOD POSTOI, IMETO I' E PETRUNIJA (God Exist, Her Name is Petrunya)
North Macedonia-Belgium-France, 2019, Dir. Teona Strugar Mitevska w/ Zorica Nusheva, Labina Mitevska, Stefan Vujisic, and other, Drama-Comedy, 100 mins, Macedonian w/ English subtitles, Rated: R
Every January in a small town in North Macedonia, the high priest throws a cross into the local waters, while dozens of men charge for it. The one who finds the cross is believed to gain overall good fortune and prosperity. An unemployed single young woman Petrunija jumps into the water and catches the cross. In this conservative setting, her competitors feel they have every right to be furious: a woman dared to compete and achieve what they failed to succeed in. Petrunija insists that she is the winner and refuses to return the cross. This is an AMAZING film; you simply cannot miss!

Children’s Matinee - Sunday, 3 January, 4:30 pm:
• FLUSHED AWAY
USA, 2006, Dir: David Bowers & Sam Fell w/ Hugh Jakman, Kate Winslet and others, Animation, 85 mins, English Rated: PG
The story of an uptown rat that gets flushed down the toilet from his penthouse apartment, ending in the sewers of London, where he has to learn a whole new and different way of life.

CLASSIC FILMS @ Ciné-Club Sunday 3 January, 8:00 pm:
• MUDFOUND
USA, 2004, Dir. Dee Rees w/Jason Mitchel, Carey Mulligan, and others, Drama-War, 134 mins, English w/English subtitles, Rated: R.
In the aftermath of WWII, somewhere in the muddy Mississippi delta, two families, one black, the Jacksons, and the other white, the McAllans, are forced to share the same patch of land, keeping a frail race-based peace with each other. However, as they both struggle in dire poverty, the long-awaited return of war veterans Ronsel, Jacksons’ eldest son, and Jamie, McAllan’s younger brother will unexpectedly nurture friendship that transcends prejudice and race. But, is anyone safe when the law of the land is still segregation and hatred?

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support.

Pl donate to “Cinema Paradiso” (account #105106) or set up for a monthly contribution. We need it now more than ever.

Let us try and tread lightly on earth.
Wishing you a healthy, peaceful, and fulfilling 2021

Thanking You,
MMC/CP Group
Account# 105106, mmcauditorium@auroville.org.in

Cinema Paradiso
Multimedia Center (MMC) Auditorium
Film program 28 December 2020 to 3 January 2021