Santé Services in August 2020
Working Hours - Monday - Saturday 8:45-12:30pm & 2:00 - 4:30pm
(Closed Tuesday afternoons for team meetings)

Given our present, ever changing environment, we request our patients to phone Santé reception (0413) 2622803 for an appointment and to confirm availability of the requested services.

- Doctor consults with Igor & Brian
- Nursing care with Ezhil, Thilagam, Archana & Magesh
- Acupuncture with Andres
- Ayurveda with Berengere
- Homeopathy with Michael
- Physiotherapy with Galina & Rebeca
- Women’s Wellness & Family counselling with Paula & Monique
- Lab testing services have reopened but keep in mind, there may be a delay in processing the samples.

We are only able to offer minimal contact therapies at this time. For acupuncture and physiotherapy sessions, we kindly request you to bring your own sheets and towels. Shower facilities in Santé are presently unavailable.

General Health Considerations:

1. Please DO NOT visit the Health Centre, Santé, the pharmacy or any alternative therapists if you have flu like symptoms like a cough, fever, tiredness and/or aching muscles. Other common symptoms include loss of taste / smell, vomiting & diarrhoea and difficulty breathing.
2. In case of concern, ring your usual health provider during office hours & ask the doctor to return the call as soon as he or she is free. Out of working hours, ring the Ambulance Service who will assess the situation and inform the doctor on call to guide you.
3. Stay indoors till your health provider has assessed your condition. This is both essential & responsible for the wellbeing of both you & those around you.
4. In case of difficulty in breathing or other deterioration of health, contact the AV Ambulance (+91 - 9442224680) immediately.
5. Stay safe; wear a mask, practice good hand hygiene & proper social distancing.

Be well! 😊