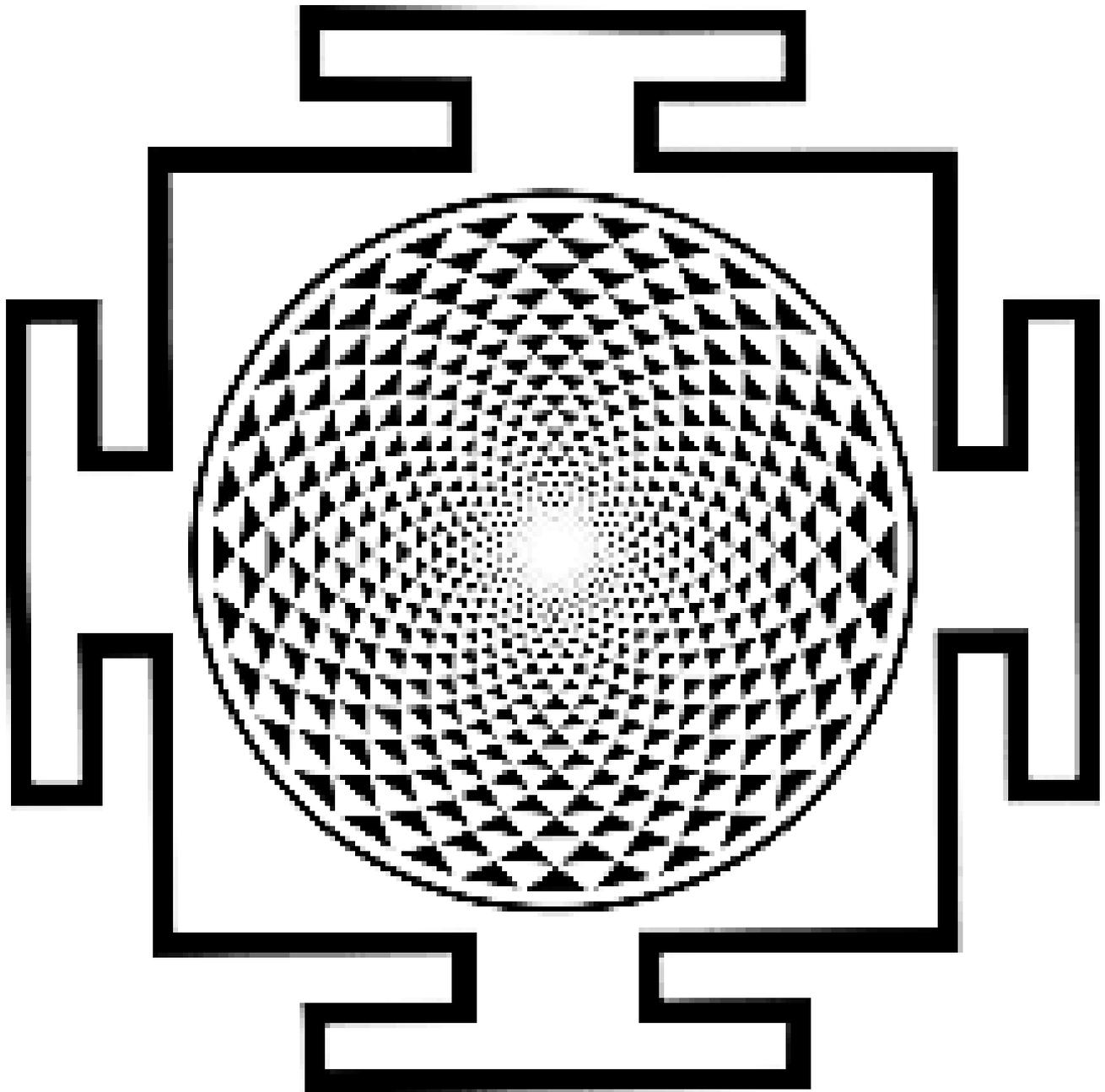


# News & Notes

2nd September 2017.....A weekly bulletin for residents of Auroville.....Number 713



# HOUSE OF MOTHER'S AGENDA

*The teaching of surrender.*

Yes, anyway the teaching contained in the Gita – and this surprises you? But there are countless people throughout the world who are convinced of the truth of a teaching, but that doesn't make them capable of realising it. For instance, all Buddhists, the millions of Buddhists in the world who profess that Buddhism is the truth – does this enable them to become like a Buddha? Certainly not. So, what is so surprising about that?

I told you why there are people who accept this even after having read and studied Sri Aurobindo: why they accept it, hold fast to it, cling to this teaching of the Gita; it is because it's comfortable, one doesn't need to make any effort to change one's nature: one's nature is unchangeable, so you don't at all need to think of changing it; you simply let it go its own way, you look at it from the top of your ivory tower and let it do whatever it likes, saying, "This is not I, I am not that." This is very convenient, it may be done very rapidly – at least one could claim that it's done. As I said, in practice one is rarely consistent with one's theory; if you have a bad throat or a headache or have grazed your foot, you begin to cry out or complain, to groan, and so you are not detached, you are altogether attached and tightly bound. This is a very human fact. Or else, when someone says something unpleasant to you, you get quite upset. It is like that – because you are closely attached to your nature, although you have declared you are not. That's all.

QUESTIONS AND ANSWERS, 15 February 1956

MOTHER

*Sweet Mother, I don't understand "the strong immobility of an immortal spirit". The Synthesis of Yoga, p. 95*

What is it you don't understand? That an immortal spirit has a strong immobility? It says what it means. An immortal spirit is necessarily immobile and strong, by the very fact of its being immortal.

*But then Sri Aurobindo says about the Gita: "Not the mind's control of vital impulse is its rule, but the strong immobility of an immortal spirit." Yes. But this is a conclusion, my child; you must read the beginning of the sentence if you want to understand....Ah! (Turning to a disciple) Give me the light and the book. (Mother searches).*

Here it is, he says, "The Gita... aims at something absolute, unmitigated, uncompromising, a turn, an attitude that will change the whole poise of the soul. Not the mind's control of vital impulse is its rule, but the strong immobility of an immortal spirit." This is as clear as daylight. The Gita demands the strong immobility of an immortal spirit – all the rest is secondary. What the Gita wants is that the spirit should be conscious of its immortality and thus have a strong immobility. For this is a fact, it's like that. When the spirit is conscious of immortality, it becomes an immobility all made of strength. Immobility – that is to say, it doesn't move any longer, but it is a strong immobility, it is not an immobility of inertia or impotence; it is a strong immobility which is a basis for action, that is, all one does founds itself upon this powerful – all-powerful – immobility of the spirit that is immortal.

But you see, there is no explanation which can give you that; you must have the experience. As long as one has not had the experience, one can't understand what this means.... And it is the same for everything: the head, the little brain, cannot understand. The minute one has the experience, one understands – not before. One may have a sort of imaginative idea, but this is not understanding. To understand, one must live it. When you become conscious of your immortal spirit, you will know what its strong immobility is – but not before. Otherwise, these are mere words.

You don't understand how one can be immobile and strong at the same time, is that what is bothering you? Well, I reply that the greatest strength is in immobility. That is the sovereign power. And there is a very small superficial application of this which perhaps you will understand. Someone comes and insults you or says unpleasant things to you; and if you begin to vibrate in unison with this anger or this ill-will, you feel quite weak and powerless and usually you make a fool of yourself. But if you manage to keep within yourself, especially in your head, a complete immobility which refuses to receive these vibrations, then at the same time you feel a great strength, and the other person cannot disturb you. If you remain very quiet, even physically, and when violence is directed at you, you are able to remain very quiet, very silent, very still, well, that has a power not only over you but over the other person also. If you don't have all these vibrations of inner response, if you can remain absolutely immobile within yourself, everywhere, this has an almost immediate effect upon the other person. That gives you an idea of the power of immobility. And it is a very common fact which can occur every day; it is not a great event of spiritual life, it is something of the outer, material life. There is a tremendous power in immobility: mental immobility, sensorial immobility, physical immobility. If you can remain like a wall, absolutely motionless, everything the other person sends you will immediately fall back upon him. And it has an immediate action. It can stop the arm of the assassin, you understand, it has that strength. Only, one must not just appear to be immobile and yet be boiling inside! That's not what I mean. I mean an integral immobility.

QUESTIONS AND ANSWERS, 22 February 1956

MOTHER

## The Ponder Corner

The realisation of what I am occurs in the timeless awareness which does not stimulate nor delude.

I create a field without self or centre, a field where even death becomes only analogy.

I desire no results.

I merely permit this field which has no goals nor desires, no perfections nor even visions of achievements.

In that field, omnipresent primal awareness is all.

It is the light which pours through the windows of my universe.

*Frank Herbert - God Emperor of Dune*

## Working Committee report August 2017

The main issues dealt with in August were:

- 1) Governing Board Meeting.
  - a) The 50th Governing Board meeting took place from 13th to 14th August 2017. All newly appointed Board members participated as well as an official of the HRD Ministry, who was representing one of the ex-officio members. Two Board members are yet to be appointed by the HRD Ministry. Our detailed report can be found at: <https://www.auroville.org.in/article/64490>
  - b) We wish to thank Donata and Jean-Marc for the lunches at Samarpan and Le Morgan; Pala for making the flower arrangements; and the executives of Centre Guesthouse and Arka for hosting the Board members.
  - c) The Minutes of the Board will be published as soon as we receive them.
- 2) Entry. A General Meeting was held on Saturday, 26th August at the Unity Pavilion. A report on the same will be published shortly.
- 3) Code of Conduct for Trusts and Units of the Auroville Foundation. We have been informed that the Board has in principle approved the Code of Conduct, with a few minor modifications such as a simplification of the legal language. The approved version of the Code will be published as soon as we receive it.
- 4) Swagatham Guest House. We would like to express our thanks to the Secretary, Auroville Foundation, for his help in resolving this matter, to Vijaya's support group for helping find a solution and to Vijaya for accepting the solution. We would also like to thank the informal support group who worked tirelessly to resolve the issues. For the time being, the office of the Secretary will be in charge of running the Guest House. Our detailed report and Vijaya's response can be found here: <https://www.auroville.org.in/article/64187>
- 5) Essential services open during strikes. A meeting was called by the Secretary with representatives from the Solar Kitchen and PTDC to decide how best we can keep essential services (SK, PTDC and Santé) open during strikes. The Secretary informed that police protection will be requested to guard these buildings during strikes and allow for unhindered access. Only if police protection cannot be provided will these essential services be closed.
- 6) Aadhaar Camp in AV. We have received many requests for organizing a second Aadhaar camp. This will take place from 5th to 15th September 2017. For details please see here: <https://www.auroville.org.in/article/64553>
- 7) MM Executives. Together with the Auroville Council we had several interactions with the outgoing MM executives, with the coordinators and with the newly appointed executives to ensure a smooth transition. The new team has been requested to submit a work plan for their tenure. We await the same.
- 8) Annual Reports. We have received annual reports from various units and activities and services which we have sent to the Auroville Foundation for inclusion in the Annual Report of the Auroville Foundation. We thank all those who have submitted timely reports.
- 9) The Name and Symbol of Auroville Protection Group is a group of persons concerned about misuse of the name and symbol of Auroville, which are protected by law. They interact with the Working Committee in all cases where the name or symbol is used for a purpose which is not related to Auroville, such as using 'Auroville' as the name of a housing estate or for promoting a commercial product, etc. When and if you notice a possible misuse of the name and/or symbol, please do not go as individuals in attempts to resolve these matters. You are instead to inform and contact this group so that they may take necessary actions. The group can be contacted at email id: [nameprotection@auroville.org](mailto:nameprotection@auroville.org).

- 10) Beach erosion at Samuthira. A house in Samuthira is in danger of collapsing due to beach erosion. In May, a visit of the Collector and Superintendent of Police to the place was organized. The Village headmen have meanwhile agreed that emergency measures can be implemented, for which the FAMC had already allocated Rs 80,000. The FAMC has asked for a report on the long-term viability of the proposed solution.
- 11) Hive project. The views of the Auroville Council, the TDC and the majority of the Working Committee members have been published: <https://www.auroville.org.in/article/64504>
- 12) Noise/Sound Pollution. We received complaints about sound pollution from an event organized at the Town Hall on August 15th. The noise was audible inside the Matrimandir Chamber. Those organising events are requested to follow the Tamil Nadu Noise Pollution (Regulation and Control) Rules, 2000 (in other words, please turn down the volume).

### ON-GOING ISSUES:

During the month of August, much time went into discussions on the following issues, which we hope to complete soon:

1. TDC new mandate - jointly with the AVC
2. Work of sea erosion control on Samuthira beach
3. Works Manual
4. Facilitating the entry of young people in Auroville - a second meeting will be called soon
5. Safety and Security matters - jointly with the AVSST
6. 50th Anniversary

*The Working Committee (Angela, Carel, Hemant, Inge, Kumar, Mandakini, Ranjithkumar)*

## Forest Group meeting notes, August 4, 2017, Fertile

Present: Fabian (chair), David Aurodam, Petar, Jan, Volker, SoYoun, S Rajkumar, T Segar, S Balu, Julia, Guy, Johnny, Tananjayan, Satyaaji, Suriyamayi, Shona, Jessamijn, Rita, Manolo, P Elumalai, Sam, Dominik, Shivaraj, Alyona, Thierry, Philippe, Barbara, Michael, Vinny, Aurora, Jan, D Segar, Marc, Kannyappan, Adhi, N Rajendran, Sigi, Achilles, Enea, Malvika, Aurore, Island, Dave, Yuval, Glenn, Heidi, Matthieu, Adreanne, Hans (notes)

Black plastic nursery bags: Johnny opened the meeting by showcasing what beautiful and useful things can be made of recycled black plastic nursery bags.

Planting requests: If you haven't yet done it: please inform Glenn about planting plans for the hopefully plentiful monsoon. Send a mail and include number of plants (TDEF and/or timber), and if these plants are needed for new or replanting.

Workers register: Another if you haven't yet done it: register your workers with the Forest Group workers register. This register should contain data of all paid forest workers (working longer than one year in a forest community). You can send your information by mail or you can drop the information in the Abri Forest mailbox in the post office or at the Abri Forest gate.

Building permissions: The Forest Group briefly discussed requests for permissions to build living quarters in Ritam, Sharnaga, Fertile East, and institutional buildings in Aranya. Because it is difficult to assess these plans during a meeting, applicants are advised to circulate detailed building plans to members of the Forest Group by email and to always bring a hard copy to the meeting. To be sure that all relevant aspects are covered, it is best to use the TDC infrastructure form for building applications. Forest Group members are encouraged to study the various building applications beforehand to enable a better decision-making process during the meeting.

Safety in the Greenbelt: Sam, representative of Auroville Security, advised the Forest Group to form neighbourhood

safety support groups, similar to the group that is already functioning in the northern greenbelt. As a first step, Glenn will make a list of neighbourhood sectors.

Herbarium moves to Botanical Garden: The Forest Group is happy that Walter's herbarium in Shakthi has found a new accommodation in Botanical Garden. The Forest Groups approves the construction of a dedicated building, made possible by a grant from SAIER.

Line of Goodwill and the watershed in Aurodam: The Forest Group received information about a large construction plan, called the Line of Goodwill, for approximately 8000 residents, covering parts of Aurodam. Aurodam is located in a very important water catchment area. The Forest Group trusts that an independent environmental impact assessment is carried out, before any construction plan in this ecologically sensitive area is laid down.

Next Forest Group meeting: Friday, September 1, 3 pm in Ritam.

## Report and Reflections of the Water Group August 2017

First, an update on the water situation. Despite a sweltering few summer months, the southwest monsoon has cooled us down with a higher than average rainfall in July and August. This July 153 mm fell, whereas the AV average for the last 39 years has been 73 mm. As for this August, 224 mm has fallen by Aug 26, whereas the average for the last 39 years has been 130 for the entire month. How are the aquifers responding? Our shallower wells, tapping mostly into the Cuddalore Sandstone aquifer, are showing signs of stabilization and gentle recovery. However, water levels in our deeper wells, tapping mostly into the Vanur Sandstone, continue to decrease. We need much more rain if we want to recharge all of our aquifers. We hope that the northeast monsoon, beginning in mid-October, will bring those rains.

The recent rains and above average rainfall make us hopeful, but we also have to remember that we are not in the clear. This summer we created a Crisis Management Plan, in case wells in Auroville began to go dry, and kept our Working Groups updated with weekly bulletins regarding the water situation. Frankly, it was tense, and we were monitoring closely the wells of Auroville. Although this drought has been the worst in 140 years, erratic weather patterns are something that we can expect from now on. As such, the Crisis Management Plan (and all of the lessons we learned in creating it) is getting inserted into our long-term Water Management Strategy, in case we need to access it again in future. One thing is clear: if we continue to rely on one source of water (underground aquifers) we remain vulnerable in future drought situations. Water security relies on multi-sourcing, which we continue to develop in our Water Management Strategy.

In addition to creating a long-term strategy, we're also working to: strengthen our well monitoring and rain gauge teams and get

that data up on our website, advise on the installation of flow meters on wells in Auroville, update the community with tips and reports, and more.

Get in touch: [watergroup@auroville.org.in](mailto:watergroup@auroville.org.in)

Water Group (Aditi, Christian, Dorle, Giulio, Ing-Marie, Pavneet, Ramesh, Tency, Tom)

## Report from Bharat Nivas Group Regarding Various Repairs and Up-Gradation Works On Different Buildings in The Campus

### Sri Aurobindo Auditorium

This is to inform the community that we are obliged to keep the Sri Aurobindo Auditorium closed until at least the end of November for ongoing acoustic works. We had thought of opening end of September but due to several complications we are unable to do so. Apart from having to send two sub-woofers for repair which got stuck because of the GST, while removing the old acoustic panels from the walls (to replace them with different ones) we found termites for which we had to treat the entire building. These caused further delay but now the walls have finally been covered by the new panels.

The acoustic works are being done to improve further the quality of sound in the Auditorium by making the sound more even in the entire hall. To achieve this we will add two more sub-woofers. The panels which will be hung from the ceiling (a new feature) should also help in that direction. This entire renovation has been designed by Sound Wizard and is being implemented by different teams.

We request the community to bear with us for this delay. Thanking you,

*Sri Aurobindo Auditorium & The Bharat Nivas Cultural Group*

### Report on ongoing construction & infrastructure work in Bharat Nivas campus

On the construction side we have managed to complete the repairs at SAWCHU; the new toilet block for the auditorium is almost complete and waiting for the waste water treatment.

In the infrastructure work paved roads have been completed. The work on the trenches for electric cables and water pipes is in progress. The septic tanks around the Atithi Griha and Swagatham guest houses have been cleaned up and found to be in order. The Tamil heritage center building construction has gone forward in spite of all its financial problems - the basement is complete, the first-floor roof has been cast, preparations for casting the 2nd floor roof is in progress.

### Report on Kalakendra

For the last 6 months, Kalakendra has been white washed, received full termite treatment and some minor electrical works have been done.

The artists' studio spaces for crafts activities have been renovated and cultural activities such as workshops & exhibitions have begun.

*Bharat Nivas Group*

## ANNOUNCEMENTS

### Government of India Grant Management Committee: An initiative from the Funds and Assets Management Committee and Working Committee

We would like to inform the community that the FAMC and Working Committee (WC) have restructured the former Government of India (GOI) Grant subgroup to officially form the GOI Grant Management Committee to better manage GOI grants.

Auroville is listed amongst the Institutes of Higher Education, of the Ministry of Human Resource Development (HRD), GOI. To that end, Auroville has received grants from the HRD Ministry for many years. Bharat Nivas, SAIER, and more recently, New Era Secondary School, Aurinoco, working groups such as Town

Development Council (TDC), WC and FAMC have received GOI grants on the basis of funding requests made to the Governing Board (GB) via the Working Committee. At present, Auroville receives Rs. 15-18 crores annually with over 80% of this grant being earmarked as capital expenditure for infrastructure. In the past, some members from the WC, FAMC and representatives from the Unity Fund would manage the grant application process and primarily ensure timely utilization of funds as this was crucial to the next tranche of funds being released.

This year the WC saw the need for better processes, and the FAMC noted that allocation of the GOI grants does not always: a) respond to important collective needs of the community; and b) have adequate accountability structures for monitoring work and use of funds, which has in some instances led to mismanagement of funds and poor quality work. To meet these

needs, the WC and FAMC together decided to constitute a GOI Grant Management Committee.

Details about current membership and responsibilities of GOI Grant Management Committee are available on Auronet.

In community,  
*Working Committee and FAMC*

## Temporary Feedback Review Committee (TFRC) - 2017

Dear Community members,  
We are happy to announce that this year's Temporary Feedback Review Committee (TFRC) is composed of:  
Tomas (Anapurna), Pala (Invocation), Shankar (Last School), Sarasu (Fraternity), Srimoyi (Samasti), Namah (Fraternity), Kumar (Samasti).  
The Auroville Council chose these 7 names through an internal selection process from the list of nominees received from the community at large, as done in the previous years.  
We would like to thank you all for coming forth with your timely nominations!  
Warmly,  
*For the Auroville Council - Elisa, Enrica, Martin, Marc, Matripasad, Mita, Renuka, Sandhya and Sundar*

## Proposed New BCC Policy - Your Feedback Invited

Dear Community,  
The FAMC would like to invite your feedback on a series of amendments to the BCC mandate, to reflect the present reality of BCC's functioning.  
Some of the changes include:  
1. The text will be changed to reflect that the Unity Fund is managed by the FAMC, not the BCC.  
2. The Draft Annual Budget will not be presented to the community for approval;  
3. The total membership is nine, rather than 18.  
To see all the changes, please see the chart attached below.  
Please find attached below:  
a) A diagram of the structure of community's present financial-related groups;  
b) A table of the major changes of the amended version; and  
c) The proposed amended BCC mandate.

Two weeks' feedback, deadline Sept 16  
The feedback period will run for two weeks, and end on Sept 16.  
Please send your feedback to [raservice@auroville.org.in](mailto:raservice@auroville.org.in). The last day to receive feedback is Saturday 16th September.  
The feedback will be processed by the FAMC and if no significant objections are received by the end of the feedback process, the document will be deemed accepted. In the interests of transparency, all feedback will be published via the RAS channels.  
It was decided to start at a later stage an envisioning session on our economy related structure and exploration.  
Thanking you for your participation and collaboration in advance.

Warm regards,  
*The FAMC and the Auroville Council and RAS*

## Important BCC Announcement

Dear All,  
You must be aware that a few months back Harini was doing a simple data collection in the community trying to figure out who works where and for how long. Most of it is done. But some records are missing. The BCC has requested Human Resources Team (HRT) to complete the data set for the Aurovilians. In this regard, the HRT may contact you. Kindly do co-operate and help them complete the data set. Thanking you for your time and support,  
With regards, BCC

## On Housing

Dear Communities of Auroville,  
As you are aware we have an acute shortage of houses for Aurovilians, Newcomers and Volunteers and we are at a point when as a housing group we find it difficult to remedy this situation without the active collaboration and co-operation of our communities.  
We therefore appeal to you to get back to Housing Service, (contact: Svenja: [housing@auroville.org.in](mailto:housing@auroville.org.in)) if you have the following in your community to convert into living spaces for house-sitting arrangements for those in need of housing.

- 1) A garage or store room that can be changed into a living space.
- 2) Under-utilized community kitchen spaces, a part of which can be converted into living spaces.
- 3) Under-utilized or locked living spaces without any house-sitter.
- 4) An independent room attached to your living space which can be offered to house-sitters.
- 5) Space in your community where a single incremental housing can be created/constructed for a person or a family. (Housing will remain the steward of such assets and they will be given for house-sitting or they could be given for stewardship only upon the approval of the respective community)

We really need the proactive participation of our communities to help resolve the housing situation. We have more than 130 communities. Can you imagine how many housing solutions we can have if all the communities come forward with any one of the above or any other innovative solutions to help create housing for all?

In your next community meeting please consider this request and get back to us as soon as possible.  
Awaiting your early response with photos if possible.

Warm Regards,  
*The Housing Board - The Housing Service supported by: AVC, FAMC, WC, iTDC*

## From the Entry Service - N&N # 713 - Dated: 02-09-2017

Our team is happy to recommend the following individuals as Newcomers. Prior to Newcomer status confirmation, there is a (1) month window for community feedback. Kindly forward your support or grievances to: [entryservice@auroville.org.in](mailto:entryservice@auroville.org.in)

### NEWCOMERS ANNOUNCED:

Irena TASKOVSKI (British) Staying at Petite Ferme and Working at Laboratory of Evolution.  
Pedro DES SANTOS GUEDES (Portuguese) Staying at Petite Ferme and Working at Laboratory of Evolution.  
Siv Heidi Helen Feoey JAKOBSEN (Norwegian) Staying at Prarthna and Working at University of Human Unity.

### CHILD OF A NEWCOMER(S):

Atesh Noah DOS SANTOS TASKOVSKI (Portuguese) Born on 07/02/2014

NOTE: Individuals are entered into the Register of Residents (maintained by the Auroville Foundation) shortly after filling the B-FORM and meeting with the Secretary of the AVF.  
The appointment date for these is set and communicated by the Entry Service to the individual at the respective time, and NOT AT THEIR PERSONAL REQUEST.

This is the last step of the Newcomer process where the status of Newcomer Resident is switched to Aurovillian Resident.

### ENTRY SERVICE OPEN TO PUBLIC TIMINGS

Monday, Friday 09:30 am-12:30 pm  
Wednesday, Thursday (via an invitation and by appointment only)  
Yours, *the Entry Service*

## Your Feedback Please - Selection Process & Working Group Nominations

Dear Friend, this week the Residents' Assembly Service invites your feedback on the final list of the selection process nominees and participants. Your feedback is important because these nominees will either become working group members or participate in the selection of the new working group members, as per our Participatory Working groups' selection policy.

This selection period will hold two selection events:

1. A combined event to select members for the Auroville Council, the Working Committee and the FAMC (3, 4, 5th of November), and
2. An event dedicated to the formation of the Interface Team for the newly restructured l'Avenir d'Auroville/Town Development Council (TDC) 20, 21, 22nd of October.

The following list includes all the nominees and participants for both events who so far have:

- a) Accepted the nomination; and
- b) Sent their profile and photo to the RAS.

We need your feedback by September 9

We're now inviting you to offer your feedback on the current nominees and participants. The feedback period will run for two weeks and end on September 9.

How to Submit Feedback:

- a) Feedback form - To submit feedback, please click here to open the feedback form: [https://auroville.formstack.com/forms/2017\\_feedback\\_form\\_on\\_nominees](https://auroville.formstack.com/forms/2017_feedback_form_on_nominees),

b) By email - You can also write to the Temporary Feedback Review Committee at: [tfrcom@auroville.org.in](mailto:tfrcom@auroville.org.in). To submit feedback by email, the mail must come from an [auroville.org.in](mailto:auroville.org.in) address.

c) In writing - You can also submit feedback in writing, in which case the feedback statement must include your name (legibly written) and your signature.

Your feedback goes the Temporary Review Committee: Your feedback will be compiled and sent to the Temporary Feedback Review Committee (TFRC), a committee created by the Auroville Council for this process. The TFRC will assess the feedback it received and where it considers it has received what constitutes a significant, substantiated objection to a nominee with regards the "Material Conditions for Living in Auroville" and the Law of India, it will remove that nominee from the selection process and they will not be eligible to join a working group or participate in the selection process in this selection round.

Don't see your name in the list? If you're a potential or a participant and you've already sent us your profile and photo and you're not in the above list, and/or you notice inaccuracies in this announcement, please contact us immediately by email at: [raservice@auroville.org.in](mailto:raservice@auroville.org.in).

For more information on this, please don't hesitate to email us at: [raservice@auroville.org.in](mailto:raservice@auroville.org.in) or call us on 948 6623 749.

### The List of Nominees and Participants For Your Feedback - Final list

*(First Name, Second name, Community)*

#### 3 groups (AVC; WCom; FAMC)

Anan, Eternity  
R.anand, Gokulam  
Ananda, Fraternlty  
Anand Shanti, Samasti  
Andrea Klagges, Harmony  
Aneeta, Sailam  
Angela, Alchemy  
Angelo, Certitude  
Arun, Arc-en-Ciel  
Aurore, Tranformation  
Balaguru Ramasamy, Ponyfarm  
Balaji S, Kottakarai farm  
Bunty, Auromodele  
Carel, Samasti  
Chitra Balaguru, Ponyfarm  
Christine, Fertile  
Damien, Brihaspati  
Daniel Emdin, Sri MA  
Dheena, Aspiration  
Dhruv, Adventure  
Divya Lieser, Kalabhumi  
Elvira, Pitchandikulam  
Gijs Spoor, Udumbu  
Gilles B. Harmony  
Ingeborg Rieck, Angiras Garden  
Ingrid, Arati  
Iris, Surya Nivas  
Isabelle, Invocation  
Janet, Arati  
Jean-Francois Pion, Sharnga  
Jesus, Auroshilpam  
Jill Navarre, Prarthana  
Jothi Prasad, Surrender  
Kavitha, Sharanga  
Kumar, Aspiration  
Judith Robinson, Grace  
Laksmi Krishnan, Farm  
L'aura, Centre Field  
Manohar Fedele, Realization  
Matriprasad, Prayatna

Natasha, Creativity  
Nicola, Transformation  
Nicole, Gaia  
Parthasarathy Krishnan, Maitreya  
Patricia Henry, Creativity  
Rama Narayana, Courage  
Ranjit Kumar, Mangalam  
Renuka, Arc-en-Ciel  
Rita, Centre Field  
Sathiya Kumar, Aspiration  
Sauro Mezzetti, Grace  
Shivaya, Newlands  
Selvaraj A., Surya Nivas  
Sindhuja Jagadeesh, Aurodam  
Sonja, Aurodam  
Suhasini Ayer, Prarthna  
Suryamayyi, Gaia  
Susmita Ferrero, Arati3B  
Ulrich, Fraternity  
Umberto, Aurodam  
Uma Gimenez, Surrender  
Vani, Vikas  
Venkatesh, Matreya  
Veronique Jobard, Svedam  
Vikram, Gaia  
Viktoria Avakian, Inspiration  
Yves Laborde, Udumbu  
Zsolti Erdelyi, International Zone

#### TDC

Anan, Eternity  
R.anand, Gokulam  
Andrea, Klagges, Harmony  
Anita Gaur, Prarthna  
Anu Majumdar, Sunship  
Arun, Arc-en-Ciel  
Aurovici, Impermanence  
Balaguru Ramasamy, Ponyfarm  
Chitra Balaguru, Ponyfarm  
Christian Tarpin, Auroorchard  
Cristo Mabilat, Revelation  
Daniel Emdin, Sri MA

Deoyani Sarkhot, Courage  
Dhruv, Adventure  
Diego Zecchinell, Samridhi  
Divya Lieser, Kalabhumi  
Fabian Ostner, Pitchandikulam Forest  
Gerhard, Petite Ferme  
Gilles B., Harmony  
Giorgio, Surrender  
Ingeborg Rieck, Angiras Garden  
Ingrid, Arati  
Iris, Surya Nivas  
Jan Imhoff, Akashva (Auromodele)  
Janet, Arati  
Jana H Dreikhausen, Sukhavati  
Joseba, Progress  
Jothi Prasad, Surrender  
Juergen Puetz, Aurobrindavan  
Louis Cohen, Citadines  
Luca, Gaia  
Manohar Fedele, Realization  
Michael, Aurodam  
Natasha, Creativity  
Nicola, Transformation  
Nicole, Gaia  
Patricia Henry, Creativity  
Paul Vincent, Courage  
Philipp, NewLands  
Pino, Creativity  
Rajendran, WDK  
Rama Narayana, Courage  
Ranjit Kumar, Mangalam  
Rene Janssen, Gaia's Garden  
Sathiya Kumar, Aspiration  
Satyakam, New Creation  
Sauro, Grace  
Selvam Saminathan, Simplicity (Matrimandir)  
Selvaraj A., Surya Nivas  
Sindhuja Jagadeesh, Aurodam  
Sonja, Aurodam  
Suhasini Ayer, Prarthna  
Suryamayyi, Gaia

Susmita Ferrero, Arati3B  
Tejaswini, Prarthna  
Ulrich, Fraternity

Venkatesh, Matreye  
Veronique, Svedam  
Vikram, Gaia

Vladimir Ivanov, Grace  
Zsolti Erdelyi, International Zone

Please check the following links: 3 Groups nominees: <https://goo.gl/NdhFDW> / TDC nominees: <https://goo.gl/XzyZLH>

Your RAS Team

## O B I T U A R Y



### Karpagavalli

Our dear friend and Sister Aurovilian Karpagavalli Selvanambi, left her body in the evening of Tuesday 22 August, in a Madurai nursing home to which she had been taken after a stroke in 2013. Members of her family were with her; she was 72 years old.

Karpagavalli was a lively and capable teacher in the Tamil language who joined Auroville in 1992. She worked in Isaiambalam School, Ilaignarkal Education Centre, Transformation school and Arulvazhi Education Centre, and will be remembered by many of her pupils and colleagues.

Her remains were cremated on the 23<sup>rd</sup> in her hometown Madurai.

*Thank you, Karpagavalli, may you rest in peace.*

OM~

## F O R Y O U R I N F O R M A T I O N

### Water Ceremony for Auroville's 50th Anniversary

*"Water is the symbol of a state of consciousness or plane." - Sri Aurobindo*

In Her explanation of Sri Aurobindo's Symbol Mother says: *"The descending triangle represents Sat-Chit-Ananda. The ascending triangle represents the aspiring answer from matter under the form of life, light and love. The junction of both - the central square - is the perfect manifestation having at its centre the Avatar of the Supreme - the lotus. The water - inside the square - represents the multiplicity, the creation."*

#### An appeal for collecting water

Dear Friends,

There will be a water ceremony after the early morning meditation of 28.2.2018, in the Amphitheatre. It is proposed that water from different water bodies of the world be collected and brought to Auroville.

The bringing together of water from all over the world in a symbolic ceremony at the centre of Auroville would not only mean a prayer for unity but also a prayer for this diminishing resource for the whole world.

We need the collaboration of the peoples of the world to make this event come true.

We invite Aurovilians, Newcomers, Guests, Visitors, Friends of Auroville from different parts of the world to help us in our endeavour.

Please bring us a little water from your place.

If you wish to participate in this attempt then this is what we propose:

1. The water must be from a lake, river, spring etc. from your part of the world.
2. The amount can be anything between 500 ml to 1000ml from each water source. Can be a smaller quantity if bringing it over poses a problem.

3. To be bottled in a leak proof bottle preferably made of glass and carried in the luggage that is checked - in.
4. Each bottle must be labeled with: 1) the source of the water 2) the name of the country and 3) if possible, the GPS location of the area from where it was collected or at least the name and place of the water source.
5. Please remember to take a few pictures of the water source so that we may post them on our link.
6. The water may reach us anytime between November 2017 and 18th February 2018 or earlier.

So far, we have received 10 water samples. We are open to suggestions. Please contact us at:

[worldwater@auroville.org.in](mailto:worldwater@auroville.org.in) or [matrimandir@auroville.org.in](mailto:matrimandir@auroville.org.in)

For up to date information you may look up: <http://www.auroville.org/contents/4257> AV website or <https://www.facebook.com/groups/285893768498965/> Facebook

Looking forward to a collaborative effort with all,

Sincerely,

*Matrimandir Events Team*



### STS has reduced its Prices

Prices incl. GST and Air Conditioning

Chennai Airport Drop/Pickup

- No share - Rs 1,700 (max price)

- Two Share - Rs 1,300

- Three Share - Rs 1,000

Chennai City Drop/Pickup

- No share - Rs 1,900 (max price)

- Two Share - Rs 1,500

- Three Share - Rs 1,200

*Committed to improving customer service and driver responsiveness.*

## P O S T I N G S

**No. more Bus service to Srirama on Sundays:** Dear All, we suspended the bus service on Sundays to Srirama beach from 01.09.2017, due to not enough passengers. We are interested in getting suggestions from you all, about Sunday trips to Pondicherry for "SUNDAY MARKET". If people are interested, we are ready to provide the service 1 round trip to Pondicherry on Sundays for Sunday Market shopping. Kindly write your suggestions to: [avbus@auroville.org.in](mailto:avbus@auroville.org.in) - Regards, *Raju, Sauro, Susmita*

**Creative Expressions:** "Creative Expressions", is a large format coffee table book, portraying the arts and crafts of Auroville. Our photographer, and core team member, Vimal Bhojraj conceptualized the book, to bring out the beauty and

essence of each product and its creation. Using photographs and poems, the book aims to permeate the viewer with a feel of Auroville, as well as the motivating force driving the activities taking place in Auroville. This is a welcome invitation to delve into the limitless arts and craft in Auroville, of 30 different artists and craftsmen of woodwork, paintings, sculptures, ceramics, garments & accessories, and decoration items to name a few. Vimal displays these not only as commercially viable products, but also highlights the spirit behind them, with sensibility and poetry. We would like to show our gratitude to Elizabeth Kurian, Léonard- Siméon and Priya Sundaravalli for their contribution in designing and

editing this book. Copies are available at our office in *Saracón*, or online at: [Auroville.com](http://Auroville.com)

Water Words: What would you do? (2/2): Remember last week's scenario about how to handle a situation in which an Aurovillian is using excessive amounts of water for their personal benefit? Well, we received some suggestions from you. Most people said: first verify if the information is true! Then suggestions ranged from cutting off the person's water supply, to taxing based on usage, to some form of mediation or community intervention. Thank you to those who engaged with this scenario and asked themselves the bigger questions: how do we, as a community, manage our water usage? And taking it a step further, if first we want transparency of water usage, are we willing to prioritize this in our city budget, such as by purchasing and installing flow meters on each well? How far are you willing to support water monitoring as a crucial element of our township's health? Your reflections are always welcome. *Water Group*, [watergroup@auroville.org.in](mailto:watergroup@auroville.org.in)

Awareness Programmes in the villages for a plastic free world by. Kuilappalayam Cultural Centre (KCC): Dear friends, we are on the track for presenting our "WELL BAGS" - Awareness programmes to the villages and our communities for a plastic free world by our KCC. We are in need of volunteers for conducting programmes of Art, Dance, Drama and helping with the tailoring women for stitching cloth bags for getting rid of plastic carry bags. You can meet us in our KCC from 9 am to 1 pm and 2 pm to 8 pm. Or write to us: [kuilaiculturalcentre@auroville.org.in](mailto:kuilaiculturalcentre@auroville.org.in) / Call us: 9843195290. Our special thanks to: SAIER Special Grants Team.

Cultic studies: Hello everyone, I read an interesting article which helped me understand some interpersonal dynamics which exist in the world and which Auroville is not exempt from: "The Relational System of the Traumatizing Narcissist", published in the International Journal of Cultic Studies (see <http://www.icsahome.com/articles>). Here is the article formatted as a PDF: [http://wiki.auroville.org.in/w/images/4/4a/Shaw\\_2014.pdf](http://wiki.auroville.org.in/w/images/4/4a/Shaw_2014.pdf). I think it would be beneficial for those of us living here to develop a culture of psychological and sociological knowledge. This would help us be able to see the dynamics at play in Auroville more accurately. *Kristen G.*

College counseling: Do you or does your child or students have questions about college or higher studies? Pippa Mukherjee, former college counselor at Kodai International School and long-time educator, will give college counseling sessions in AV for 2 days. She can answer questions about schools in and outside of India, scholarships/financial aid, study programs, etc., as well as help think through plans. WHEN: Monday, Sept 11 and Tuesday, Sept 12. Session timings available all day.

WHERE: SAIER building (next to Town Hall), small meeting room upstairs.

HOW TO RESERVE: Email Auralice at: [auralice@yahoo.com](mailto:auralice@yahoo.com) with your preferred day and timings.

Thanks, *Scholarship & Education Fund - Submitted by Auralice*

Yolande Lemoine: Greetings to all, Yolande Lemoine, who was very close to the heart of J.R.D.Tata and helped Auroville and Satprem, passed away on 24th of June in Paris and has been incinerated. She had wished her ashes to be dispersed in Auroville. There will be a simple ceremony for those who feel close to her in Adventure Sunday 3rd September at 9 am where her ashes will be dispersed. *Submitted by Jacques Verré and Friends of Yolande Lemoine*

Right Wide - Right Wide: With the multicultural multitudes



on our roads ever increasing and each road-turn threatening to become a near-death experience, I wonder if our road teams perhaps could place some signposts with clear indication that when one turns to the RIGHT, one needs to take the turn WIDE, whereas when one turns left one has to hug the roadside. With High Hope, Mauna

Toddler time in Transformation kindergarten!: Dear mummies and daddies, we would like to offer the space in our beautiful kindergarten for you and your child (aged 1-3) to spend some time on focused activities. From beginning of October, we would like to welcome you two afternoons a week, Tuesday's and Thursday's, 2:30 to 4:30 pm. Places are limited and you will have to sign up, so if you are interested please write us a mail, so we can invite you to an introductory meeting. Mail: [Transformationkg@auroville.org.in](mailto:Transformationkg@auroville.org.in) - Looking forward to meeting you and your little ones! Love, *the TKG team*

## AVAILABLE

Travel backpack & mosquito net: A friend of mine left Auroville and would like find a new owner for 1) A double size mosquito net 2) A travel backpack, good conditions, 65 cm tall - Contact: [giacomoauroville@gmail.com](mailto:giacomoauroville@gmail.com) / 9487340778 - *Giacomo Colomba*

Honda Unicorn / cycles: I sell a Honda Unicorn (unused) - The bike is in good condition and it is registered in Tamil Nadu. 2) I sell 2 Indian Atlas bicycles. One a lady's cycle and the other a man's cycle (Big size) with 3 internal gears. For information contact *Ion*: 890 3205842 or [ioncondei@auroville.org.in](mailto:ioncondei@auroville.org.in)

NETGEAR N150 Wireless WiFi Modem Router: One year old, bought from MIRA Computers, 16.08.2016 ( original price 2500 Rs) In good condition, but don't need anymore. Contact *Mona (Yantra)*: [mona@auroville.org.in](mailto:mona@auroville.org.in), 0413 2622900.

Tennis racquets: Used tennis racquets available. Good for beginners & intermediate players. Contact cell: 9843948288 or email: [vikram@auroville.org.in](mailto:vikram@auroville.org.in). *Vikram*

Pulsar 150 DT5: Model 2004, Purple Color / TVS XL model 2000, in good condition. Contact *Boobalan* (Siddhartha Forest): 9787084506 / mail: [boobalanbullet@auroville.org.in](mailto:boobalanbullet@auroville.org.in)

iPad: I have a brand new iPad, still in the original box. 9.7 inch (24.64) Screen, 32 GB storage, Wi-Fi, 8mp camera, 3x video zoom, LED Back-lit Display, IOS system v 10 - 1 year manufacturer's warranty from date of purchase; Reduced Price - Please call: 9486536586 - *Francis*

Hero Splendor Pro 100 cc: black and violet for sale, TN registered, very low mileage, 2 years old, condition like new, accessories, full maintenance, no damage, first hand, kept in garage - call *Maggie*: 94866 23465

## LOOKING FOR ...

Requirement of a gardener at Aurocreation: AuroCreation, a construction and production unit in Auroville is looking for a part-time gardener to maintain the landscapes and vegetable garden. It's an immediate requirement; hence interested people including volunteers can contact us at: [aurocreation@auroville.org.in](mailto:aurocreation@auroville.org.in) / Call: 0413-2622411

Smart phone: with good camera and at a reasonable price. Contact *Boobalan* (Siddhartha Forest): 9787084506 / mail: [boobalanbullet@auroville.org.in](mailto:boobalanbullet@auroville.org.in)

House-mate: Hi, my name is *Tarek*, volunteering in Auroville. I am looking for a house-mate for 4 weeks until September 23rd. If you are interested, kindly contact me on WhatsApp on +201275369291 or call me on 7094385368. Looking forward to hear from you.

Kitchen items needed: We just moved and we need kitchen items of every sort! If you have some to give away, please contact us! *Chiara & Jan*: 8270599656

**Exchange:** My taxi driver since 15 yrs, Shiva (who many of you may know and also trust) has 2 sons who are very promising in their studies. One of them is in his last year and doing nightly tutoring at 7 pm. This involves late night bus transport back to AV region when Shiva, on taxi work, is unable to collect him, and waiting in Pondy between school hours and 7 pm to attend. They live in a house on the border of AV, on the side close to Colours of Nature etc. For the next period of 1-2 years, for his sons' sake, he needs to live in Pondy again, so he is looking to do an exchange for his house with an apartment in Pondy. His house has: 2 large bedrooms, separate kitchen, living/dining room, inside bathroom (with western toilet), outside separate bathroom (with Indian toilet) and a small garden around it. Any ideas - perhaps of someone you might know in Pondy who may be interested. Shiva is a true AVian in nature, someone I would trust with anything. Please contact Penny: [penny@auroville.org.in](mailto:penny@auroville.org.in) / mob: 9442938514

**Scooter needed:** We are looking for a second-hand scooter, a quite big one, as we are four. Please contact us at: 8270599656. Thank you! Chiara & Jan

**English books:** Unity Pavilion employee Chitra's two college-going daughters are looking for English books (fiction or non-fiction) to read. If you have any used/old books (good literature, but not too hard to read (One of the girls is interested in reading Shakespeare literature) that you can share/give away please bring them to Unity Pavilion or let me know so that I can arrange to pick them up. Contact *Shivaya*: [shivaya@auroville.org.in](mailto:shivaya@auroville.org.in), 9489601312

**Food safe./ High stool:** We are looking for 1) Food Cupboard 2) High Stool... If anyone has any of these or both to give away, please contact us - Will be happy to get one :) - *Romel and Mimansha*: 9619996080 / [mimansha.pho@gmail.com](mailto:mimansha.pho@gmail.com)

**Requirement of a gardener at Aurocreation:** AuroCreation, a construction and production unit in Auroville is looking for a part-time gardener to maintain the landscapes and vegetable garden. It's an immediate requirement; hence interested people including volunteers can contact us at: [aurocreation@auroville.org.in](mailto:aurocreation@auroville.org.in) / Call: 0413-2622411

## LOST & FOUND

**Sunglasses (Found):** Large, ladies pink framed polaroid sunglasses, found on the dirt road close to 'Auro Ocean Resort' on Friday 25th August. Call 8270405287.'

**Glass water bottle (Lost):** I lost a very nice glass water bottle, covered with cork. On the glass is written FLAŠKA... if someone finds it, it would be so nice if you could call me :) Chiara: 8270599656

## THANK YOU

### Kalabhum Music Studio thanking note

"Kalabhum Goes Live" for the month of August was a success, mostly because of all the people who braved the incoming storm and joined us for a night of music, outdoors and later indoors. Yes we got soaked; we ran the risk of being electrocuted and were disappointed because of the efforts we put in to get there, but something greater emerged that night after we all forgot about the rain and our personal worries. Musicians, friends, helpers, spectators and neighbors all spontaneously joined in and made music happen. It was a celebration of human unity through music. Kalabhum Music Studio team and performers thank you all, and wish to see you more numerous next times.

## APPEAL

### New Creation Boarding School

Dear Friends of Auroville, dear Aurovilians,  
We wish to get your support to build an extension for the boarding school at New Creation. Since 1983, Auroville Child Development has been helping children from the neighbouring villages, free of cost, from the age of 4 to their higher studies. We now have 45 children and it has become necessary to create an extension to the already existing building. This extension will create a much needed additional living space. About 70 lakhs are needed, and any amount will be appreciated.

We never forget that the surrounding population should receive as much attention as our Auroville children, as their future is part of Auroville (if they are willing).

Hoping that you share our aspiration for Auroville, by keeping our doors opened for those who need it.

With love,  
*Marie Babu, Bertrand, Pushpa, Eric* [Auroville Child Development A/C#: 251724]

### Accessible Auroville Public Bus

 The Accessible Auroville Public Bus has been running for more than one year offering a daily service. All those who use it regularly enjoy going to Pondy avoiding driving motorbikes or calling a taxi.

Since we need to meet certain fixed expenses, we are kindly asking for donations to keep this service running.

We need: Yearly Maintenance for Vehicle, Yearly Insurance and Fitness certificate: Rs 69,000.

Thanks for your cooperation Acc. 251675

With Gratitude, *AV bus team (Raju, Sauro, Susmita)*  
[avbus@auroville.org.in](mailto:avbus@auroville.org.in)

## ACCOMMODATIONS AVAILABLE AND NEEDED

**House-sitting 1:** Hello dear all! My name is *Elisa*, an Italian girl and long-term volunteer at Deepam School. I'm looking for a house-sitting from the middle of September /October to December. I would be happy also with a shorter stay! Thank you! (Please contact me: [elisainki@yahoo.it](mailto:elisainki@yahoo.it))

**House-sitting 2:** Dear Aurovilians, we are a couple looking for a house-sitting opportunity from September. We are both long-term volunteers applying for newcomership. If you need

someone to take care of your house, garden and pets contact us, Ra: 8525002556 - Thank you, *Ra and Puja*"

**House-sitting 3:** Pre-newcomer I would enjoy finding a house-sitting, starting from the end of September, for as long as possible. I'm a responsible and organized mature woman, loving pets and plants and I've already house-seated twice - at Lieve's in Creativity and at Christian's in Prarthana). Thank you, contact: [magalichirouze@gmail.com](mailto:magalichirouze@gmail.com). Warmly, *Gali*

## WORK OPPORTUNITIES

### Office Keeper

Sunship (the new settlement in the Habitat Area) is looking for an Office Keeper.

Fluent in English & French. Organisational, communicational & computer skills required.

Maintenance & studio (1 person) available.

Contact: [citadines@auroville.org.in](mailto:citadines@auroville.org.in) / 26 22 828

### For New Creation School Project

Dear Friends, New Creation School Project is a project to help village difficult families by helping their children and let them

grow in harmony and joy in our boarding school. There are more and more children so we are looking for some volunteers to teach and share with them - we are more specifically looking for a French teacher and why not a science/math teacher for some 9-11 years old children (Morning time / 2h daily).

We are also looking for people to come and play, share, and enjoy with our children in the afternoons. So dancers, painters,

artists, if you want to share with some lovely smiling Tamil children, please come (5 to 11 years old).

If you want to know more about our work, what we are doing here and what is it possible to do, please contact *Beber* at: [aurochild@auroville.org.in](mailto:aurochild@auroville.org.in).

With love.

## TAXI SHARING

Please note that there is a new Auroville service of taxi sharing available with STS at: <http://sharedtransport.auroville.org/>

September 3rd: Pickup at 10 am from Chennai Airport. Sharing either direction possible. Contact *Priyal* - Ph: 9991270902 / mail: [priyal96@outlook.com](mailto:priyal96@outlook.com)

Sept 5th: Taxi will pick up one person from flight landing Chennai airport at 5:05 am. Sharing both ways possible: empty taxi will depart AV around 2 am or earlier if needed. Return will depart airport around 6 am. [Lasabine@auroville.org.in](mailto:Lasabine@auroville.org.in) - *Sabine*

September 6th: Taxi leaving 6th of September from Auroville at 8 am to Chennai airport. For sharing call *Andrés*: 8098196756 or [acostak15@hotmail.com](mailto:acostak15@hotmail.com)

September 7th: *Devayani* (Aurovilian) arrives at Chennai airport from Rome with Emirates at 8,25 am on Thursday the 7th of September. An empty taxi will leave Auroville in the early morning to be there in time for her. To share the taxi both ways please contact *Silvana* - cell: 9047654157.

September 13th: From Chennai airport to Auroville, leaving the airport around 2.30 or 3 pm - From Auroville to airport the taxi will be empty and leave around 12.00. Please contact: [plenitude123@gmail.com](mailto:plenitude123@gmail.com) - Thanks, *krishna*

## AUROVILLE RADIO



Dear listeners!

Our live streaming can be heard on: <http://radio.garden/live/villupuram/auroville-radio/>

From our volunteers we have:

Volunteer *Kshithij* recorded lecture of Omar

*Rabie* - [Environment in Architecture](#).

*Kenden* and *Kshithij* were curious on what is Human Unity, and made a [VOX POP](#) on the topic

*Steve* recorded the last concert within *Alpona* festival of Bengali culture - [Bangla Gaan](#).

Within our regular programs:

*Gangalakshmi* reads her [Selections](#) of Sri Aurobindo and The Mother texts in French - uncut version on the request of listeners!

*Marlenka* continues with [Synthesis of Yoga](#) by Sri Aurobindo.

Out of the regular programs are here the news of [Thursday](#), and [Monday](#).

For music lovers we have [Women in Reggae](#), [The Divided Island](#), and [Celebrate Diversity or MaGeba](#).

Happy listening

Your AV Radio Team [\[www.aurovillerradio.org\]](http://www.aurovillerradio.org)

# Notes

## Letter to the Residents of Auroville - Concerning Prosperity

Dear Aurovilians,

The 50<sup>th</sup> Anniversary of Auroville is approaching and for this occasion a group of Aurovilians gathered to reflect about our present situation and our future as the society envisaged by The Mother, what are our achievements and shortcomings. We have tried to analyse where we are as a community and what direction we should take, what are the most urgent decisions and actions that need to be taken to accelerate the manifestation of the city the earth needs.

The diversified team that inspired this initiative included, directly and indirectly: *Pashi*, *Mita*, *Joseba*, *Anandi*, *Luigi*, *Loes*, *Giacomo*, *Paulette*, *Juergen*, *Umberto*, *Kavitha*.

We discussed plenty of ideas, and soon one emerged with the capacity to reunite many of the topics we consider essential for the future of Auroville, and this was the Prosperity guidelines given by The Mother.

As we have had in the past many long and tedious discussions that rarely concluded in any practical action and have left us with a feeling of frustration, we propose to create as soon as possible a Focus Group, i.e action oriented, with enough experience and capacities to analyse, study and organize the presentation of a number of practical proposals to be discussed at a collective level for their ratification and implementation.

All those who share this aspiration are invited to come forward with practical suggestions based on experience to work towards this mission on a short, medium and/or long term basis as labour of love.

This anniversary brings to us a very precious moment, a rare opportunity full of significance that we should not lose. It is with this intention that we invite all those who feel the urgent need of the change to join us in this exercise.

Could we take a bold leap towards the Dream and manifest a new form of Prosperity for Auroville?

If you are interested to work out together concrete actions in a space respectful of diversity,

Please come to the 5<sup>th</sup> September CAT event on "Exploring Prosperity" at Unity Pavilion, 4.30 - 6.30 pm

For further info and documentation and to support kindly see Exploring Prosperity in the groups of Aurnet or email to: [exploringprosperity@auroville.org.in](mailto:exploringprosperity@auroville.org.in)

Link to the video: <https://www.youtube.com/watch?v=LMFYIT3HnTE>

*Exploring Prosperity Team*

## The Mexican Bug

"In Pandipur, the war is against Lantana. The forest department is banking on a bug to deal with the Lantana menace. Called *Teleonemia scrupulosa*, or *Lantana lace* (also the Mexican bug) it has begun eating the Lantana leaves vigorously. Sudheer of Voice for Wildlife worries about the impact of this bug on native plants. "What if the bug mutates and becomes a greater menace". (The Hindu - 2- 27.8.17, p.1).

Lantana camara is a very common bush in Auroville and in the Kodaikanal region, where Auroville has its Nature Camp. According to the Mother, the spiritual name for Lantana's flowers is "cells". The British brought Lantana in India 200 years ago for ornamental purpose but now it took too much territory for itself. Every species of plants and animals has its own battle for life and Lantana is very successful at it in India. This insect isn't currently part of Auroville's fauna but it may be possible in future. The insects are ancient creatures and their mutability is great.

What kind of plants in Auroville can the Mexican bug attack beside Lantana? Hibiscus? I hope that the mighty Lord will care about Hibiscus. We already have enough Indian insects eating Hibiscus. But maybe Lantana isn't afraid of them and it is attractive for the pollinators. I'm not sure that Lantana is now bad for the Auroville's ecosystem. Of course it could possible in future. And what about the Mexican bug? Is India for it better than Mexico? We will see. The Auroville's flora and fauna is very rich. The mission of life in Auroville is almost accomplished.

Nowadays people have so many cellphones, computers, motorbikes but they mainly do not know what are Lantana and bugs. But mankind is a part of nature; people are not part of industry. The ignorance about nature is ignorance about themselves. The ancient wisdom speaks: *cognosce te ipsum* (Greek) - know yourself. Instead people know only about technique. More ignorance - more illnesses. It is like a boomerang.

Boris

## For your calendar



### AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music  
Every THURSDAY at sunset  
We follow the sun and the timing changes with the season...

6.00 to 6.30 pm

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!  
Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.  
We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you  
Access only for the Amphitheatre from 5.45 pm / Please be seated by 5.55 pm.  
Thank you, *Amphitheatre Team*

## INVITATIONS

Sri Aurobindo Centre for Studies - India and the World  
Bharat Nivas

### Our Auroville Experience...

We will meet on Friday, September 1, 2017, at 4 pm in the Resource Library  
To continue our reading / study of "The Synthesis of Yoga".

Till then...Love, *Aster*

## Swadharma Programme

Dear Friends,

The third session of Swadharma Programme ([Swadharma website](#)) is soon coming to an end. Auroville Campus Initiative team would like to invite all of you who have, in one way or another, so kindly contributed towards its realisation and/or have a keen interest in the larger domain of 'Auroville: a learning society' to a joint closing session with the Swadharma participants.

The 17 participants who have joined us from various parts of India for this five week exploration will present their individual learning journey and discovery process and reflect on the insights they gained for their life path ahead.

The session will take place on Saturday, September 2nd from 2:30 to 5.00 pm at the SAIER Conference Hall  
The Swadharma participants and organisation team would be delighted to welcome you!

With Gratitude,

*Swadharma programme participants (Aditi, Aditya, Aishwarya, Asheesh, Drishti B., Drishti T., Harnoor, Meetali, Mohit, Nikhil J., Nikhil S., Purvika, Rupal, Samyukta, Stanly, Surekha and Yamini) and coordiantion team (Aneeta, Lalit, Manoj, Mike, Min, Siddharth and Sophie)*

Auroville Campus Initiative (ACI) - SAIER Department for Further Learning [[swadharma.auroville.org](http://swadharma.auroville.org)] / [Facebook page](#)]

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## Nature outing for children, come and enjoy nature and mud pool @ Sadhana Forest

### SPIRIT - Conscious Living

On Saturday, September 2nd, 3.30 to 7.30 pm

You are welcome to see, feel, sense the beauty and the energy of the Sadhana Forest community, and experience the harmonious, peaceful and conscious way of living. Most of the time we'll spend in the natural pool to swim, have fun, play with the logs, and cover your body with mud. After the mud pool, there is dinner in the main hut.

After dinner, it's time to return to Auroville.

Logistics: the children will travel by van, from Solar Kitchen at 3.30 pm and will return at 7.30 pm to the same place.

Who can join: any child who is interested to explore the mud pool at Sadhana Forest is welcome, maximum 16 children. Young children who are not able to swim should be accompanied by an adult.

What to bring: comfortable 'outdoor' clothes, mud-pool-proof swimming clothes/costume, towel, water bottle.

Where to register: for more information and registration, kindly email: [megangonlag@auroville.org.in](mailto:megangonlag@auroville.org.in) or call: 9787416417

The outing is free of charge.

Let's have a beautiful afternoon

*Megan and Yorit*

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### Exploring Prosperity in Auroville



Could we take a bold leap towards the Dream and manifest Prosperity and abundance in Auroville?

If you are interested to work out together concrete actions, please come"

With Anandi, Giacomo, Jaya, Joseba, Kavitha, Luigi, Pashi, Srimoyi, Suryamayi, Umberto and others

Tuesday 5th of September 4:30-6:30 pm at Unity Pavilion

See you there!

CAT is a space to unleash our creative energies. CAT aspires to be a springboard towards the future. CAT is a space where we respond with discernment, respect and a spirit of collaboration.

If you are interested to offer your heartfelt project within a CAT, please contact us: [cats@auroville.org.in](mailto:cats@auroville.org.in)

You can find video documentation of some of the previous CATs under the link: <https://vimeo.com/album/4616008>

*Love, The CAT's team - Inge, Mita, Sandhya*

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### Spirit - Conscious Living, Conscious Parenting

Invites you for the first "Conscious Parenting Circle"

September 16th, 1.30 - 3.00 pm at Petite Ferme, Egle & Ravi's place

Are you ready to embark on a wonderful journey of self-discovery while raising your child in a spirit of consciousness, connection and love?

At times all parents feel lost or without a clue about what your child might need from you. Imagine what it might feel like if you were able to make sense of what your child really needs, to be able to look at your child's needs, and beyond his/her behaviour. To support and strengthen a secure parent-child connection, by understanding your child's emotional world and supporting our child's ability to successfully manage emotions, by honouring the innate wisdom and desire for your child to be in a safe relationship with you.

A parenting circle provides a friendly, supportive environment. It is a place where anyone in a parenting role can openly discuss the successes and challenges of raising children, where you can find and share support.

How? By sitting down and really talking. The conscious parenting group fosters an open exchange of ideas, support, information and resources. This groups serves parenting children of all ages and families of all types. It is there to help parents find support.

Conscious parenting is a parental style that is rich of:

- High-level awareness and consciousness along with a keen eye for "the Big Picture" and long term goals.
- Deep presence, intimate connection, conscious communication and unconditional love.
- Mutual respect, full acceptance along with basic trust in children, their abilities, skills and knowledge.

You are welcome to join us on September 16th, from 1.30 to 3 pm at Egle & Ravi's house in Petite Ferme.

The parenting circle will be organised regularly, and facilitated by Megan.

I am very passionate about conscious parenting, pedagogy, and consensual living, which I love to share, to create happier families and a more peaceful, conscious society. The SPIRIT Conscious Parenting Circle is one way for reaching out towards these goals.

Kindly register by mail: [megangonlag@auroville.org.in](mailto:megangonlag@auroville.org.in) or by phone: 9787416417

You can bring your young child(ren), they can play at Egle's Garden. In case you'd like help to find the location, just let me know.

Thanks much, Love and peace, *Megan*

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Bharat Nivas in collaboration with Japanese Pavilion  
Invites you to participate in:

### "Let's enjoy ORIGAMI"

Date & Time: Friday 8<sup>th</sup> of September 2:30 pm-4 pm

Place/ SAWCHU (Bharat Nivas)

While the monsoon season is very much welcome this year, we shall create an umbrella and a pair of rain boots (photo).

Booking not needed, all are welcome!

Contact; Tomoko or Emiko on [letsenjoyorigami@gmail.com](mailto:letsenjoyorigami@gmail.com)

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## TALKS, SEMINARS

### The Life of Pee - Almost Everything about Urine.

A presentation by Lucas, EcoPro  
Saturday, Sept. 2nd, 3-4.30 p.m. at EcoPro, Aurosarjan Complex

This talk on urine - mostly human - will elaborate on urine and its relevance to textile industries, tax matters, alchemy, survival skills, body care, space travel, doping, sewage and agriculture; finally also introduce to some work of the EcoPro team.

In his series of talks on subjects of environmental health, public hygiene, agriculture and related issues, Lucas tries to present topics with sufficient scientific basics while keeping the subject readily comprehensible to non-experts. The talks are supported with power point presentations and a lot of visual material.

Presentations are being made on Saturdays at 3 pm at EcoPro (Aurosarjan Complex, Auroshilpam).

The program starts latest by 3.05 pm.

Presentations may last about one hour, but there is always space for questions, and the sessions can last up to one and a half hour depending on interest and discussions.

All interested are welcome. Refreshment will be served. No charges. No pre-registration required.

### Sri Aurobindo Centre for Studies - India and the World

#### Bharat Nivas

We are happy to have Suryamayi's friend, Adam Kincel, who is visiting here, make a presentation of his work as a psychotherapist at 'Bhumika' on Friday, September 8, at 5 pm

The theme is 'Embodied Research'

Details of this presentation are given on Auronet.

Please join us for this inter-active session.

*Aster*

## CULTURAL EVENTS

The French Pavilion - Publication of the audio book:

### «Sita et la forêt chantée»

An ornitho-radio tale by Chloé Sanchez (Aurovilian)

Illustrated by Marie Demont (Aurovilian)

Presentation, listening session and signing

Saturday 2nd September 2017 at 5 pm at the Cinema Paradiso

Presentation in French

### KAVI & KAVYA

(Poets & Poetry)

Unity Pavilion is launching a series of Poetry Reading sessions where we collectively enjoy the beauty and subtlety of mystic poetry by some of the very famous Indian Poets of the 12<sup>th</sup> to 19<sup>th</sup> century: Rumi, Tukaram, Kabir, Mirabai, Nazrul, Tagore, Subramania Bharati and Sri Aurobindo and many more. Among our readers are accomplished actors, play-writers and theatre artists blessed with a graced voice to bring out the ethos and delicate nuances of mystic poetry.

The first of these sessions shall take place

At Unity Pavilion

On Sunday, 17 September, 5 pm

Readers: Srimoyi, Joy, Maurice & Cristof

ALL ARE WELCOME

Please do inform and invite all your friends who do not read the N&N but who might be interested in discovering mystic poetry

For more information please contact us - phone 2623 576 e-mail: [unitypavilion@auroville.org.in](mailto:unitypavilion@auroville.org.in)

## CLASSES, WORKSHOPS

### Inner-Work-Workshop

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

5th September (Tuesday)

- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books

Focus this week on: 'Intimacy with the Divine'

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan / Time: 9 am to 12 Noon

(For those who are new to Yoga, from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality.)

Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922)

No Registration required (except for groups)

Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit [www.integralyoga-auroville.com](http://www.integralyoga-auroville.com)

### Introduction to Sri Aurobindo's World Vision

A series of illustrated presentations delivered by Muriel

On Mondays from 11:00 am to 12 noon

At Savitri Bhavan (reading room)

Topic this week (Monday 4th September - 4th session): What are we? What is consciousness?

The course covers some of the basic concepts of Sri Aurobindo's philosophy. It will answer the fundamental questions: Why are we here? What is the nature of reality? Who are we? What is the aim of life? What is 'God'? etc. It is designed to be quite intense but still accessible to a larger public.

All are welcome.

### Laboratory with Jessica Walker: Meditation & Theatre.

At CRIPA (Kalabhum)

Friday 8th September 2017 from 4 pm to 6 pm

*Jessica Walker graduated in theatrical performance from the University of Chile. She lived in the desert of Atacama to perform life and healing work with the tarot of La Madre Paz. For almost 30 years she has been involved in experimental theatre projects, as well as dramatic dance and body pampering. She was a founding member of the company "Teatro del Silencio", to which she belonged for 10 years. The company's language of gesture and emotion led them to be the most important experimental theater group in Santiago de Chile. From 1990 to 1998 they toured America, Europe and Africa. She is a Kundalini Yoga instructor, kinesiologist, floral therapist and geo-therapist.*

*In Jessica's words: "I don't seek the actor's projection on stage; I look for her soul. Only then I will see her beauty".*

*"Creating opens an inner space which gives us visions. Everything you learn can be thrown away, in order to be redeveloped over and over again in a lucid and harmonious way, which enlightens and provides peace to the creator. To discover that your own experience will turn you into your own Creator."*

This workshop is for everyone who interested in finding her/his soul, no experience is needed.

### Dance With Joy

1 & 2 September 2017 (Friday & Saturday), in Auroville.

Transformation, creativity, concentration, joy and balance are the elements of Circus Yoga. This two-day workshop will introduce you to circus acrobatics, helping you develop both the body and mind. You will take part in a variety of activities that will challenge you to find balance and harmony in movement, through activities such as acrobatics, juggling, Acro yoga, trapeze, aerial yoga and tightrope walking to name a few. Through all these activities, you will learn how to master your body and mind. No prior experience required.

Dance with Joy will be facilitated by Kalou, from the professional circus company 'ELIXIR'. Kalou is trained in circus, fire dance, acrobatics, juggling, acroyoga, aerial yoga, gymnastics and dance.

Call 9655696982 or email: [info@aurovilleretreat.org.in](mailto:info@aurovilleretreat.org.in) to register.

For more details, please visit our website Auroville Retreat - <http://www.aurovilleretreat.org/retreat.php?subj=85>

### New Salsa class - New York Elay Style Salsa

Where: New Creation Dance studio

Teacher: Mani (he is a Newcomer)

Timings: Saturdays 6.30-7.30 pm for beginners  
7.30-8.30pm for intermediate level

### Odissi Dance Classes

Devasmita is starting ODISSI for those interested in discovering the beauty and the rhythms of an Indian Classical Dance, which is originated in Orissa.

On 2nd September, we have the first Odissi dance class. The first two classes - on 2nd September and 9th September are open for all. It is open to complete beginners.

The classes will be held at New Creation every Saturday evening, starting 26th August.

The timings are 5:30-6:30 pm every Saturday, starting September 2. The first week we will be meeting on Saturday, after that we could decide a date and time convenient to all.

Registration is important. To sign up, please drop an email with your contact details at: [divyanshi.0222@gmail.com](mailto:divyanshi.0222@gmail.com).

The money raised for these classes will go to the 'Nriya Vastra and Ahara' Fund, i.e. a fund for the ornaments and the costumes of Auroville and Volunteer Dancers.

The first class will be held at Dance Hall near Satyakam's House or near the Lotus Pond in front of the Parking, New Creation.

About Odissi: Odissi, one of the eight Classical dance of India takes its name from Orissa. Odissi combines Lassya, the feminine aspect of Grace and charm, depicted through Tribhangi, and Tandava the masculine aspect depicted through Choka a symmetrical and balance posture.

*About Devasmita: Devasmita is a immensely beautiful Odissi dancer, choreographer and story-teller. She has studied under the two greatest gurus of Odissi, Guru Durga Charan Ranbir and Kelucharan Mohapatra, the founders of the two schools of this style of Indian classical dance. She excels in Abhinaya, giving form to the subtleties of emotion through delicate facial expressions. The audience is fascinated by the fluid movements, the intricate rhythms and the sacred atmosphere created on stage during the performance.*

To know more about Devasmita, click: <http://www.devasmita-odissi.com/index.php?lang=en>

### Spontaneous Singing Workshop restarts

Every Wednesday, 5:00 to 6:30

Creativity - Hall of Light

Max. 12 people

Enjoy the pleasure of singing and discovering your own voice without any goals or prerequisite. Be surprised by what happens when your voice encounters another voice - Let us create together an intangible and magical music

Antoine - 8940740529 / [antoine@auroville.org.in](mailto:antoine@auroville.org.in)

### Harmonal yoga for women

For those who don't know about Hormonal yoga, it is a natural treatment, combining postures, movements and breathing techniques from different yoga, which reactivates hormone production in a natural way and eliminates most symptoms of hormone problems (menopause and other problems). As it increases estradiol level, it also helps in the prevention of cardio-vascular diseases and osteoporosis. With energetic exercises of dynamic yoga, specific pranayamas and Tibetan energy techniques, Hormonal Yoga Therapy acts directly on the hypophysis, thyroid, ovaries and adrenal glands.

Please contact Brigitte by email: [Brigitte@auroville.org.in](mailto:Brigitte@auroville.org.in) or by cellphone: 9443283980 to confirm your participation before Sunday 3rd of September.

All are welcome (young and ever young women).

For more information about the technique: <http://www.dinahrodrigues.com.br>

2-week classes to practice Hormonal yoga for women - Starting from 4th September to 15th of September-2017

1st week (Monday the 4th to Friday the 8th) - Time: 8:00 am to 9:00 am

2nd week (11th Monday the 11th to of Friday the 15th) - Time: 8:45 am to 9:45 am

Arka Wellness Center - Multipurpose Hall - 1st Floor

### Tai Chi Hall @ Sharnga

Schedule:

Monday: 7.30-8.30 Beginners Chi; 8.30-9.30 24-form

Tuesday: 7.30-8.30 Chi; 8.30-9.30 24-form

Wednesday: 7.30-8.30 127-form

Thursday: 7.30-8.30 108-form

Friday: 7.30-8.30 108-form

Saturday: 7.30-8.30 127-form

Sunday: NO CLASSES

## SCHEDULES



### Centre for Research, Education and Experience in the Visual Arts

CREEVA is a platform for people to experience art first hand and overcome their fears, doubts, and myths. It is a place where art enthusiasts can experiment with mediums, form, themes, etc. and hone their art skills. CREEVA lets you explore deeper and find your language and comfort. It helps you practice your yoga of art regularly and peacefully.

*"The artist is not a special kind of man, but every man is a special kind of artist."*  
(Ananda Coomaraswamy)

Date	Time	Theme	Facilitator	Venue
4th Sep	17:00-19:00	Monday Mediums - Explore Pastels/Crayons	Sathya	Atelier at Creativity Community. Near Solar Kitchen
5th Sep	17:00-19:00	Drawing Tuesdays - Figure Drawing with Model	Lakshay	
6th Sep	17:00-19:00	Unique Wednesdays - Crafts: Quilling	Manisha	
7th Sep	17:00-19:00	Spirit of Art - Understanding Lines	Audrey	
8th Sep	17:00-19:00	Creative Fridays - Express yourself through colors	Helgard	Visitors' Center
9th Sep	15:00-17:00	Sketchy Saturdays - Outdoors <small>(bring your drawing pad and medium)</small>	Lakshay	
10th Sep	09:30-17:30	Sculptural Sundays	Hema	Not Final. Call.
Everyday	09:30-12:30	Co-operative Studio Open for All	Sathya	Creativity Atelier

Pls. call/email and make an appointment before coming. It's a cooperative, pls. feel free to use the studio's art materials. If possible, bring your personal art materials and donate unused ones for others. Donate generously for art to flourish. It's free for Aurovillians and Newcomers. AV Volunteers pay Rs.100 and Guests pay Rs.200 per session. These workshops are for adults, if you want to bring your child along, pls. confirm with the facilitator. Call Lakshay at 9810052574 or email to [creeva@auroville.org.in](mailto:creeva@auroville.org.in)

Now, you can get your or loved one's portrait done by Sathya, against contribution. Contact him on 9486145072. **We are looking for VOLUNTEERS to help us with our cool art projects. Join us!**

## ARKA WELLNESS CENTER SEPTEMBER- 2017

Phone: 0413-2623799 / Website: [www.arka.org.in](http://www.arka.org.in)

### THERAPIES

WHAT WE PROPOSE	WITH WHOM	WHEN
Body Logic, Soft Massage and Deep Tissue Massage.	PEPE - by appointment 9943410987	Monday to Saturday
Holistic Reflexology, Full body massage and Face Massage.	MEHA by appointment 9443635114	Monday to Saturday
Yogic Healing and Therapeutic Massage.	BASU - by appointment 9443997568 or 9843567904	Monday to Friday 8 to 9:30 am & 6:00 to 7:30 pm. Saturday & Sunday any time.
Deep Core Intensive massage.	SUMIT by appointment 07839062619	Monday to Saturday
Acupuncture.	Dr.Mohammed Sahel - by Appointment 9994208068	Tuesday, Friday And Saturday
Systemic Solution Focused Psycho Counselling.	USCHI - by appointment 999 478 1119 <a href="mailto:Uschi.coaching@gmail.com">Uschi.coaching@gmail.com</a>	Tuesday, Thursday at 10:00 am to 3.30 pm. German and English language
Psycho Spiritual Tarot, Deconditioning Self-Inquiry & Innervoice Dialogue.	ANTARJOTHI - By appointment 0413-2623767 or Email : <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a>	Also in French.

### BEAUTY PARLOR

WHAT WE PROPOSE	WITH WHOM	WHEN
Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna & hair coloring.	MEHA by appointment 9443635114	Monday to Saturday
Hair Dressing	ONGKIE by appointment 9843930178	Monday to Friday

### REGULAR CLASSES

WHAT WE PROPOSE	WITH WHOM	WHEN
Pilates Classes	TERESA - 7867998952	Tues, Wed, Thurs, Fri & Saturday (From 12th of September onwards)

Internet facility is available in ARKA: Monday to Saturday - 9:00 am to 4:30 pm.



## VERITE

### September Programs

Phone: 0413 2622045, 2622606 / Mobile: 7094104329  
Email: [programming@verite.in](mailto:programming@verite.in) / [www.verite.in](http://www.verite.in)

Classes			
Days	Title	Timings	Facilitator
Mondays	Iyengar Yoga (starts 25 Sep)	6.45 to 8 am	Olesya
	Hathay Yoga	5 to 6.30 pm	Matilde
	Dance Offering (starts 25 Sep)	5 to 7 pm	Dariya
Tuesdays	Sivananda Yoga	6.45 to 8 am	Matilde
	Heart Energy Meditation (starts 12 Sep)	5 to 6.30 pm	Ananda
	Iyengar Yoga (starts 26 Sep)	5 to 6.15 pm	Olesya
Wednesdays	Aligned Vinyasa Yoga	6.45 to 8 am	Suryamayi
	Vinyasa Flow	9 to 10.30 am	Bebe
	Somatic Explorations (only 6 Sep)	5 to 6 pm	Maggie
Thursdays	Sivananda Yoga	6.45 to 8 am	Matilde
	Iyengar Yoga (starts 28 Sep)	5 to 6.15 pm	Olesya
Fridays	Iyengar Yoga (starts 29 Sep)	6.45 to 8 am	Olesya
Saturdays	Iyengar Yoga (starts 30 Sep)	6.45 to 8 am	Olesya
	Inner Dance	5 to 6.30 pm	Yoffi
	Aligned Vinyasa Yoga	5 to 6.30 pm	Suryamayi
Workshops			
Day & Date	Title	Timings	Facilitator
Sat, 2 Sep	An introduction to Thai yoga Massage	9 am to 4 pm	Andres Acosta
Thu, Fri & Sat, 14, 15 & 16 Sep	Pranayama - Breath of Life Energy - Training	9 am to 4.30 pm	Ananda
Mon & Tue, 25 & 26 Sep	Usui Reiki Level 1 course	9 am to 4.45 pm	Betty
Therapies			
For appointment: Phone 0413-2622606 Mobile 7094104329 <a href="mailto:treatments@verite.in">treatments@verite.in</a>			
Andres Lokuta	Chiropractic Adjustment and Energy Alignment with Acupuncture		
Bebe	Chi Nei Tsang (Abdominal Massage) Thai Yoga Massage		
Chetna	Neurofeedback Therapy		
Mila	Craniosacral Therapy		
<i>Please note: To support the work of the presenters and staff, we ask all participants to please come in time for all classes and workshops - Contributions requested from guests/volunteers (volunteer reduction by advance application only)</i>			

## CREATIVITY HALL OF LIGHT

HUM CHAKRA YOGA by Asha  
Every Monday from 4th September onwards.  
Timing: 5 pm to 6.30 pm  
Venue: Hall of Light in Creativity

The word Hum is the root vibration, the smallest, undividable unity of sound as reflection of the essential nature of Kundalini-Shakti. Hum is the descent from universality (Om) into the human heart. The word chakra literally means a "spinning wheel"—an apt metaphor, as spirit uses the chakras to weave the fabric of life. The chakras govern our behavior, shape our emotional life, give expression to our deepest desires, and build the structure of our physical body and personality.

Understanding the chakras gives us self-knowledge at every level of our being. To know better who we are, we need to be consciousness of our body, mind and soul. We will identify what are the physical and psychological symptoms of blockage,

deficiency and overactive chakra, and we will work on it through different technics.

We will go deeper into the yoga asana, pranayama, meditation, chanting and through Mother's qualities (Courage, progress, receptivity, etc...) we will make an inner reflection to our consciousness and advance in the stages of personal evolution. Balancing our chakras, each day we will give special attention to some chakra or chakras and we will be discover the way to heal ourselves, how to be a balanced and happier person.

Next Monday, 4th September in Creativity Hall of Light from 5 to 6.30 pm

Yoga for adults. All levels are welcome.

## QUIET

Anahata Workshop with Nuthan Manohar  
Healing Body & Mind through the Heart  
Friday 8 -- Sunday 10 September 2017 (3 days)  
9.30 am - 12.00 pm & 2.30 - 5.00 pm (15 hours)  
Quiet Healing Center (tel. 2622329 / 9488084966)

This workshop teaches you to reconnect with your heart centre - Anahata - the source of all healing and manifestation, and to let go of limiting beliefs, negativity and pain by looking within. You will be introduced to the yogic techniques of Kriya, Asana, Pranayama and Meditation connected to your heart centre. The

workshop also includes interactive discussions along with a delicious vegetarian diet that helps the body to detox.

You will gain the ability to create your destiny or develop the grace to endure. The sessions will challenge both our limiting beliefs as well as physical edges that prevent us from deepening our joy. You will find yourself feeling lighter and with a lot more energy. You will learn to experience life with a fresh perspective and to let go of what no longer serves you.

*Nuthan holds a Masters Degree in Yoga and Naturopathy and teaches Yoga and Positive Living across India, Europe and South East Asia through her award-winning firm Me Met Me.*

Yoga Immersion Workshop with Nuthan Manohar  
 Wednesday 13 -- Sunday 17 September 2017 (5 days)  
 9.30 am - 12.00 pm & 2.30 - 5.00 pm (25 hours)  
 Quiet Healing Center (tel. 2622329 / 9488084966)  
 Yoga Immersion is a 5-day gift to yourself, not just to improve your physical health but also to take charge of your happiness and destiny. Join Nuthan Manohar, Yoga Teacher and Life Strategist, to learn more about your body type, understand your body's stress response, delve into how you can motivate yourself and feel connected with the Universe.

You will learn:

- 5 Kriyas (cleansing practices) to clear your body and mind from toxins and negativity;
- Sukshma Vyayam for joint health and treating ailments;
- Surya Namaskar and Vinyasa to awaken your body and energy
- Asanas - 5 standing poses, 5 supine poses, 5 prone poses, 5 seated and 2 inverted poses providing health and vitality
- Pranayama: 3 main pranayama to energize, balance and focus energy.

You will also be introduced to mudras and bandhas and learn five methods to deal with stress and techniques to stay motivated and build resilience. The workshop is suitable for both beginners and intermediate students of Yoga.

Watsu 1 (TF) with Dariya & Daniel

Friday 8 - Tuesday 12 September 2017 (5 days)

9.00 am - 6.00 pm (34 hours)

Quiet Healing Center (tel. 2622329 / 9488084966)

In Watsu 1 (Transition Flow) you learn to connect the Watsu Basic movements and positions with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

Prerequisites: Watsu Basic or Watsu & OBA/Liquid Flow Basic. Watsu 1 (TF) is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu training program and gives 34 hours of credit for registration with WABA and Watsu India.

Watsu & Meditation with Dariya

Thursday 14 - Friday 15 September 2017 (2 days)

9.00 AM - 6.00 PM (15 hours)

Quiet Healing Center (tel. 2622329 / 9488084966)

Meditation is an important tool to listen, accept and know ourselves, and to become more intuitive towards ourselves and others. The purpose of meditation - besides the physical and psychological benefits - is to build a connection with our soul and with the Divine in and around us. It also encourages the development of our intuition and perception through the heart and not only through the rational mind.

Meditation helps us essentially to develop our capacity for personal introspection and is the basis for our ability to listen to the person we float in our arms during a Watsu session. In this way we can work with a genuine empathy, thereby stimulating the flow of subtle energy.

Prerequisites: Watsu Basic or Watsu & OBA/Liquid Flow Basic. Watsu & Meditation is recognized by WABA (Worldwide Aquatic Bodywork Association) as part of the Watsu learning program and gives 15 hours of credit for registration with WABA and Watsu India.

Water & Dance with Dariya & Daniel

Saturday 16 - Sunday 17 September 2017 (2 days)

9.00 AM - 6.00 PM (15 hours)

Quiet Healing Center (tel. 2622329 / 9488084966)

A 2-day celebration for ALL lovers of movement and flow. We will playfully explore and express ourselves through movement and dance on land and in warm water, on our own, with partners and in group. From self-connection to allowing movements to emerge, no one deciding where to go, the doors open for non-verbal communication and deep sharing...

Connecting on land to our deeper longings, we give the body permission to find its own way of expression and possibly contacting others. Warm water with its sense of weightlessness and fluidity invites us to let go and experiment with our own organic and fluid way of movement. Let's enjoy this journey!

No previous experience required. Water & Dance gives 15 hours of credit for registration as a supplementary class with Watsu India.

## Bamboo Centre Training Program for September - 2017



Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you'll understand and agree to.

*The importance of Bamboo, as an Eco-friendly raw material capable of meeting many needs, is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period. Each program will consist of learning inputs: theory, instruction, demonstration, and practical work.*

The Auroville Bamboo Centre offers training to individuals and groups in:

**Bamboo Construction Experience:** 05 to 09<sup>th</sup> of September (5 days full bamboo culm techniques) - Exposure visit: Immersion in contemporary and classic Architecture (AV & Pondy)

Practicals: Opt I prefabricated wall panel (min ppl: 4)

Opt II floor truss & roof truss (min ppl: 4)

20 to 23<sup>rd</sup> of September (split bamboo techniques)

Exposure visit: Immersion in contemporary and classic Architecture (AV & Pondy)

**Bamboo & Wood furniture Experience:** 13<sup>th</sup> to 16<sup>th</sup> of September (Contemporary & Classic styles (AV)

Practicals: stools, chairs, tables (any one)

**Hands on Craft Creative Workshop:**

Bamboo Jewelry: Every Thursday, Friday & Saturday of September-9.30am to 12.30 pm - hands on experience on bamboo jewellery

Bamboo Toys: Every Thursday, Friday & Saturday of September -9.30am to 12.30pm - hands on experience on bamboo toys

Bamboo Musical Instruments: Every Thursday, Friday & Saturday of September -9.30am to 12.30pm - hands on experience on bamboo musical instruments

Flexible training dates offered to groups / Contact: 0413-2623806, 2623394 / [bambooworkshop@auroville.org.in](mailto:bambooworkshop@auroville.org.in)  
[www.aurovillebamboocentre.org](http://www.aurovillebamboocentre.org) - Contributions requested from guests/Volunteers, Volunteer reduction by advance application only.

Auroville & Kaluveli Bio-Region Experience Program for September 2017

### OPENING THE GATES OF THE VILLAGE (Feel; Taste; Hear; Discover; Experience)

**Village Tour**

Come and enjoy the authentic village experience and celebrate cultural heritage!

Saturday 02/09, Sunday 10/09, Saturday 16/09, Sunday 24/09

Meeting Point is the Mohanam Campus (Opposite Imagination) at 9.30 am (please bring your bike)

### Cultural & Spiritual Experience

#### Visit to the Shiva temple of the Irumbai Legend

Time: 11 am to 12.30 pm & 3.30 pm - 5.00 pm (Please bring your own vehicle) Date: Special days Every Monday & Saturday but we will take whole week.

#### Soulful Experience

Chanting - Music - Dance - Food

- Feel the touch of your soul through Chanting
- Enter into the soul through Body movements with Campfire Dancing
- Taste Tamil traditional Community Food
- Learn and explore Traditional Drumming Circle

Day: Every Wednesday (September 2017- January 2018)

Time: 6-8 pm

Venue: Mohanam, Opposite Imagination

Register: Anand - 0413-2623806, 9159468946

RSVP: Limited to 50 people only. Kindly confirm your presence so we can arrange food accordingly.

#### Kolam Ritual Practice with Tamil breakfast

The inner spirit & emotion lead their creation of the kolam

Day: Every Friday

Timing: 07:30 am to 09.00 am

#### Wood Fossils of Thiruvakarai

An excursion to the park that contains petrified wood fossils approximately 20 million years old, scattered throughout the park, which covers about 247 acres (100 ha).

Please register for all the programs in advance by contacting: 0413 2623806, 2623394, or [Mohanamprogram@auroville.org.in](mailto:Mohanamprogram@auroville.org.in)

Please visit: [www.mohanam.org](http://www.mohanam.org)

Contributions requested from guests/Volunteers, Volunteer reduction by advance application for specific activities only.

Give Time a Break: Discover Village Life!!

Date: Every Friday, Time: 10 am

#### Pottery Ceramic Hands on Experience

Come and learn how to create your own pot!

Timing: Every day Month of September except Sunday  
From 10.00 am to 12.30 pm & 02.00 pm to 04.30 pm

#### Bioregion weekend: camping with local youth

Date: Every Saturday

Time: 3 pm till 12.30 pm next day

Meeting point: 2.45 pm at Mohanam Campus, Opposite Imagination.

- Transport to Perumukkal Mountain (Setup the tents on the top of mountain)
- Sunset meditation
- Bonfire with light music
- Stay in the mountain
- Take shower in the lake
- Discover the village of Munnur with its ancient temple (Pottery Village)
- Visit a traditional family of potters who will demonstrate their craft
- Visit Salt landscape, Prawn farm, Wind turbine, Mangrove forest and Sand Dune
- Finish the day on the ocean side and meditate while the sun sets over the magnificent Kaluveli landscape.

Tour will only take place once a minimum of 5 bookings has been received. Transportation will be arranged according to the number of people.

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## SAVITRI BHAVAN - September 2017

### Exhibitions

In the Picture Gallery

*Meditations on Savitri, Books Eight to Twelve*

Paintings made by Huta with the Mother's guidance and help

In the upper corridor

*Sri Aurobindo: a life-sketch in photographs*

In the Square Hall

*Glimpses of the Mother: photographs and texts*

### Films

Mondays 6.30pm

September 4: *Evolution Fast Forward Part 3 -Parts of the Being & Planes of Consciousness*

as mapped by Sri Aurobindo and The Mother; a new film by Sopanam, Auroville. Duration: 75min.

September 11: *Interview with Kireet Joshi*

In this special interview of 2013, Kireet Joshi shares his experiences of regular meetings with

The Mother and Her way of action and Grace. Duration: 43min.

September 18: *Let Us Work To Restore The Veda Part 1*

Kireet Joshi speaks about Sri Aurobindo and how he discovered the work and experiences of the

Rishis and the truth of the Veda. Duration: 65min.

### Regular Activities

Sundays 10.30-12 noon: *Savitri* Study Circle

Mondays 11 am-12 noon: *Introduction to Sri Aurobindo's World Vision* led by Muriel

Tuesdays 9-12 noon: *Introduction to Integral Yoga* led by Ashesh Joshi

Tuesdays, Fridays, Saturdays 4-5 pm: *L'Agenda de Mère*: listening to recordings with Gangalakshmi

Tuesdays 5-6 pm: *Let us learn Savitri Together* in Tamil led by Buvana

Tuesdays 5-6 pm: *Mudra-Chi* led by Anandi

Tuesdays 5.45-7.15 pm: OM Choir (See details below)

Wednesdays 5.30-6.30 pm: Reading *The Life Divine*, led by Shraddhavan

Thursdays 4-5 pm: *The English of Savitri*, led by Shraddhavan

Fridays 5.30-7.00 pm: *Meditations with Hymns of the Rig Veda translated by Sri Aurobindo*, led by Nishtha

Saturdays 5-6.30 pm: *Satsang* led by Ashesh Joshi

Friday Sept. 8<sup>th</sup> 5-7 pm: *The Synthesis of Yoga*, talk by Sraddhalu

### OM Choir

In 1961 the Mother gave the *adesh* to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating Word, after warming-up and voice exercises given by Narad.

### Full Moon Gathering

Wednesday 6, 7.15-8.15 pm in front of Sri Aurobindo's statue

The Library and Digital Library are now located in the Main Building

The Reading Room is open Monday to Friday from 9 - 4.30 / The Digital Library can be accessed on request Monday to Friday 9 - 12.30

Exhibitions, Main Building and Office are open Monday to Saturday 9-5

Everyone is welcome



## Programme for September 2017

### Y o g a I y e n g a r

Āsanas	level 1	Mon (from 11 <sup>th</sup> )	07.30 - 09.00	Tatiana
Āsanas	level 2	Mon (from 11 <sup>th</sup> )	17.00 - 19.00	Tatiana
Āsana- self practice	all levels	Tues	07.00 - 10.00	Angela
Āsanas	drop in	Tues	11.00 - 12.00	Angela
Āsanas	drop in	Tues	16.30 - 18.00	Angela
Pranayama	level 2	Tues (from 12 <sup>th</sup> )	17.30 - 19.00	Tatiana
Āsanas	drop in - all levels	Tues	18.00 - 19.30	Delphine
Āsanas for women	drop in - all levels	Wed	07.30 - 09.00	Angela
Āsanas	drop in - all levels	Wed	09.00 - 10.30	Didier
Āsanas for the spine	drop in	Wed	11.00 - 12.30	Angela
Āsanas hormonal balance	level 3	Wed (from 13 <sup>th</sup> )	17.00 - 19.00	Tatiana
Āsanas for women	level 2	Thurs (from 14 <sup>th</sup> )	07.30 - 09.15	Tatiana
Āsanas	drop in - all levels	Thurs	08.00 - 09.30	Didier
Āsanas restorative	drop in	Thurs	15.30 - 16.30	Angela
Āsanas	drop in - all levels	Thurs	16.30 - 18.00	Didier
Asanas	drop in - all levels	Fri	07.30 - 08.45	Angela
Āsanas hormonal balance	level 3	Fri (from 15 <sup>th</sup> )	09.00 - 11.00	Tatiana
Āsana- self practice	level 2-3	Sat (from 16 <sup>th</sup> )	07.30 - 09.30	Tatiana
Āsana for the spine	drop in	Sat (from 16 <sup>th</sup> )	09.45 - 10.45	Tatiana
Āsanas	beginners regular students	Sat (from 16 <sup>th</sup> )	11.00 - 12.30	Tatiana
Āsanas for the spine	drop in	Sat	16.30 - 18.00	Angela

Note: For Iyengar classes, please come to a drop in class first and talk to the teacher about appropriate level.

### Y o g a - m i x e d s t y l e

Yoga Therapy	drop in (from 11 <sup>th</sup> )	Mon, Wed, Fri	08.30 - 10.00	Gala
Vinyasa Flow	drop in - restorative	Mon	10.00 - 11.30	Bebe
Āsanas (*)	for teenagers	Mon, Wed	16.00 - 17.00	Lisbeth/Bebe
Vinyasa Flow	drop in - beginners	Tues	09.00 - 10.30	Bebe
Vinyasa Flow	drop in - all levels	Weds	17.00 - 18.30	Bebe
Svastha yoga	drop in - all levels	Weds	17.00 - 18.00	Jani
Svastha yoga	drop in - all levels	Fri	10.30 - 11.30	Jani
Vinyasa Flow	drop in - all levels	Fri	18.00 - 19.30	Bebe
Āsanas	for children 7-9 yrs. (from 9 <sup>th</sup> )	Sat	10.00 - 11.00	Gala

### O t h e r E x e r c i s e s

Aviva exercise	drop in - for women	Thurs	16.30 - 17.30	Suriya/chitra
Discover energy body	for children, 7-9 yrs. (from 9 <sup>th</sup> )	Sat	11.00 - 12.00	Gala

### D a n c e

Odissi Dance (*)	Regular practitioners	Tues	16.00 - 17.15	Rekha
Odissi Dance (*)	Regular practitioners	Fri	16.00 - 17.15	Kanchana

### H e a l t h C a r e a t P i t a n g a

*For the following therapies & treatments please book your appointment on phone, 2622403/2622994*

Ayurvedic Massage	with Ion, Kumar	Thai yoga Massage	with Bebe, Juan, Mar, Kumar
Thai shiatsu massages	with Manu	Awakening the intelligence of the body	with Vani
Shiatsu	with Margaux	Journey through the memory of the body	with Vani
Life Coaching	with Vani	Readings in Vedic Astrology	with Vikram

Note: (\*) Denotes classes for those willing to commit for a minimum of 3 months

Pitanga Cultural Centre, Samasti, (0413) 262 2403/2622994 - [pitanga@auroville.org.in](mailto:pitanga@auroville.org.in).

### New Therapy at Pitanga

#### Readings in Vedic Astrology with Vikram

Individual chart readings in Vedic Astrology. Get insights to your questions, or to different areas of your life. Become aware of tendencies at play, and use this awareness for making better decisions. Readings will be given by Vikram, and will last 45-60 minutes each. Vikram has studied Vedic Astrology at the Indian Council of Astrological Sciences, and subsequently taught at Bharatiya Vidya Bhawan in Bangalore. He has been reading charts, and researching the subject over the past 17 years.

For Appointment please call to Pitanga: (0413) 2622403/2622994 / [Pitanga@auroville.org.in](mailto:pitanga@auroville.org.in)



## Update from the Language Lab

Re French: In addition to the Beginners' Group One taught by Camille, Romain and Gwendoline will open up a second Beginners Group and an Intermediate group. The children's group on Friday afternoon is closed but if someone really wants their child to join, please contact us immediately to fix an appointment with Gwendoline and with Raj who is coordinating this group. Romain, who has a Bachelors in French literature, will be available all day Wednesday for Individual classes.

Further, if the timings on the new schedule don't suit you, then please contact us or send us an email giving the timings that do, so that we can organise more groups accordingly.

All the old students who would like to take up French again are welcome to come and meet Romain and Gwendoline at any time.

New students are requested to fill out the forms and register BEFORE attending any classes. We have excellent university-level video and audio study materials and software in our mediatheque, which enable self-study in various languages.

The Language Lab is open: Monday - Saturday 9:00 am - 6:00 pm  
 Location: International Zone, beyond the Unity Pavilion. Phone: 2623 661, 9585207962 Email [all@auroville.org.in](mailto:all@auroville.org.in)

### Schedule of Classes (As Of 29.08.2017)

LANGUAGE	CLASS/LEVEL	TIMING	DAY
ENGLISH	Beginners	04.30 - 5.30pm	Tuesday / Thursday
	Pre-Intermediate	05.00 - 6.00pm	Monday / Wednesday/ Friday
FRENCH	Beginners (Group 1)	10.00 - 11.30am 4.00 - 5.30pm	Tuesday / Wednesday/Thursday
	Beginners (Group 2)	4.30 - 6.00pm	Monday / Wednesday
	Intermediate	4.30 - 6.00pm	Tuesday / Friday
	Pre-Intermediate (Closed)	02.00 - 3.30pm	Friday
	Individual Classes for All Levels	By Appointment	Wednesday
HINDI	Beginners (Intensive)	04.30 - 5.30pm	Monday to Friday
	Pre-Intermediate	01.00 - 2.15pm	Monday / Saturday
SANSKRIT	All Levels	By Appointment	By Appointment
ITALIAN	All Levels	By Appointment	Monday / Wednesday/ Friday
SPANISH	Beginners	4.00 - 5.00pm	Monday / Wednesday
	Intermediate	05.00 - 6.00pm	Monday / Wednesday
TAMIL	Beginners	10.00 - 11.00am	Tuesday
		01.00 - 02.00pm	Thursday
	Pre-Intermediate	03.30 - 04.45pm	Wednesday
	Intermediate	11.00 - 12.00pm	Tuesday
		02.00 - 03.00pm	Thursday
	Advanced	4.00 - 5.00pm 10.00 - 11.00am	Monday Saturday

## FILMS



### THE ECO FILM CLUB

Sadhana Forest, September 8th, Friday

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana

Forest for the Tour.

16:30 Tour of Sadhana Forest.

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club.

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films.

19:00 Dinner is served.

19:45 Eco Film Club - Feature Film Presentation.

21:00-21:30 Free buses from Sadhana Forest back to Solar Kitchen.

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work, as well as a free 100% vegan organic dinner to be served at 19:00

**DISRUPTION: A CALL TO ACT ON CLIMATE CHANGE**

52 Minutes / English / 2014 / Produced and Directed by Kelly Nyks & Jared.P.Scott

This is the story of our unique moment in history. We are living through an age of tipping points and rapid social and planetary change. We're the first generation to feel the impacts of climate disruption, and the last generation that can do something about it. The film enlarges the issue beyond climate impacts and makes a compelling call for bold action that is strong enough to tip the balance to build a clean energy future.

(Reminder: Friday 01/09 - Special Report: A Plastic Tide)

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana

Forest at (0413) 2677682 or 2677683  
 or [sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in) or visit us online:  
<http://sadhanaforest.org/> /  
<https://facebook.com/sadhanaforest>

### Eye Opening Movie Series

Wednesday, September 6:

TROM Consuming a Year: English, 32min

"When I was 12 or so, I started to realize something very weird about the world: it repeats itself year after year. I realized that each year is almost identical to the year before it, and will be basically identical to the year that follows it. But why is that?"

Every Wednesday, 8 pm at the Unity Pavilion

All are welcome - No contribution required

### AUROVILLE BAMBOO CENTRE

Film Invitation - All are invited

"ANIMA MUNDI"

Permaculture provides a practical method for creating self-sustaining design to maintain re-generative life cycles.

We will share some permaculture experiences on Friday the 8th of September at Bamboo centre at 6:00 pm with snacks and a special film projection.

[fauperma@gmail.com](mailto:fauperma@gmail.com) / +91 9003824715 / [www.aquadin.in](http://www.aquadin.in/) /  
[www.aurovelo.com](http://www.aurovelo.com/) / [www.aurovillebamboocentre.org](http://www.aurovillebamboocentre.org/) /  
[www.sacredgroves.in](http://www.sacredgroves.in/)]

## AT SAVITRI BHAVAN

Monday, 4<sup>th</sup> of September 2017 at 6:30 pm  
*EVOLUTION FAST FORWARD, Part 3 - PARTS OF THE BEING & PLANES OF CONSCIOUSNESS* - as mapped by Sri Aurobindo and The Mother.

The film gives us some knowledge about the objective and subjective view of our existence and that there are two systems working in the organisation of the being and its parts. There is a vertical system spanning above and below and there is a concentric system. And these two systems are simultaneously active.

In these two systems the Physical, the Vital and the Mind have their own workings. In the Physical there is an automatic intelligence and organisation at work and the consciousness of the body is managing incredibly complex operations and is keeping the body in a dynamic and healthy equilibrium. The Vital, the life-force by nature is fluid and dynamic and transforms matter into living substance. Our breath and heartbeat are the most tangible physical rhythms of the vital energy animating the body. And Mind works in many ways and deals with our cognition and intelligence and mental vision and will are part of the intelligence.

This new film by Sopanam is a clear, challenging and beautiful educational tool for the Integral Yoga. Script & Direction by Manoj Pavitrnan, Video & Graphics: Hemant Shekhar, Music: Arnab B. Chowdhury, Voice Over: Anu Majumdar, Camera

Team: Doris & Francis. The film is translated in seven languages and supported by SAILER. Duration: 75mi

## NEEM TREE MOVIE NIGHT!

Dear Friends, Neem Tree cafe will screen movies on Saturdays on a regular basis!

Date: 2nd Aug (Saturday) / Venue: Neem Tree cafe!

Movie name: The Kid

Starring: Charlie Chaplin

*The Kid* is a 1921 American [silent comedy-drama film](#) written by, produced by, directed by, and starring [Charlie Chaplin](#), and features [Jackie Coogan](#)[4] as his adopted son and sidekick. It was Chaplin's first full-length film as a director (he had been a co-star in 1914's [Tillie's Punctured Romance](#)). It was a huge success, and was the second-highest-grossing film in 1921, behind [The Four Horsemen of the Apocalypse](#). In 2011, *The Kid* was selected for preservation in the United States [National Film Registry](#) by the [Library of Congress](#) as being "culturally, historically, or aesthetically significant." Innovative in its combination of comedic and dramatic elements,[5] *The Kid* is widely considered [one of the greatest films of the silent era](#) Come and enjoy!

\*\*The News&Notes is available for all to download from the Auroville website at <http://www.auroville.org/contents/4186>\*\*  
The archives are found at <http://www.auroville.org/contents/186>  
And regular events at <http://www.auroville.org/contents/4201>

### Important information about News & Notes (Absolute deadline for submissions or cancellations: Tuesday 5pm)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:** Material (no pdf files, please) may be sent (in English only) to the N&N email address (below).

*NB: Messages with large attachments (more than 1 MB) will not reach our inbox.*

**Please try your best to send your announcements, reports, film schedules whenever they are ready.**

Any modifications of the submitted *News* items have to be sent to the editors before Wednesday.

**Articles for the Notes section** should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

**Soft Version:** We encourage you to ask us for a soft version of News&Notes sent directly to your own mail. First, it saves trees, money (Rs 12.000 monthly are spent only on purchasing paper) and labor (more than 900 copies are printed every week). Secondly, we send your soft copy as a PDF file (with full colors and clickable links) on Thursday morning latest, so you can get information earlier than the printing version which is delivered only on Friday and Saturday. Don't hesitate to mail: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in) or to phone 2622133 if you want to give it a try.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

*News & Notes*, Media Centre, Town Hall. Phone: 0413-2622133, email: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in)



# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 4 September 2017 to 10 September 2017

Indian - Monday 4 September, 8:00 pm:

- LIPSTICK UNDER MY BURKHA

India, 2016, Dir. Alankrita Shrivastava w/ Aahana Kumra, Ratna Pathak Shah, Konkona Sen Sharma, and others, Comedy-Drama, 117mins, Hindi w/ English subtitles, Rated: A (R)

Set in the crowded lanes of small town India, this story chronicles the secret lives of four women in search of a little freedom. A burkha-clad college girl struggles with issues of cultural identity and her aspirations to be a pop singer. A young two-timing beautician seeks to escape the claustrophobia of her small town. An oppressed housewife and mother of three, lives the alternate life of an enterprising saleswoman. And a 55 year-old widow rediscovers romance. Trapped in their worlds, they claim their desires through secret acts of rebellion.

Italian- Tuesday 5 September, 8:00 pm:

- IO E LEI (Me Myself & Her)

Italia, 2015, Dir. Maria Sole Tognazzi, w/ Margherita Buy, Sabrina Ferilli, Comedy-Romance, 102 mins, Italian w/ English subtitles, Rated: G

Marina and Federica have been together for five years now, they live in a gorgeous apartment in Rome, they share the same bed, face cream, they laugh, they fight, they make love, but they still don't know if they're a couple. Marina has it all: she's beautiful, sexy and funny. She's an independent, self-confident and curious woman, who knows what she wants and has no doubts about her sexuality. Federica is a busy respected architect with a marriage behind her and a grown up son in his twenties, she has a difficult time to keep up. Marina and Federica's love story suddenly reaches a crossroads. At times comedic and sometimes tragic, the answer will not be an obvious one to solve.

Nature Film Series - Wednesday 6 September, 8:00 pm:

- PLANET EARTH II : A WORLD OF WONDER

UK, 2016, A BBC production w/ David Attenborough, Documentary, 89mins, English, Rated: NR (G)

A sequel to the 2006's Planet Earth series that had used high definition, the current series used ultra-high definition and several other improved techniques. With the increasing number of people living in the urban areas of the world, the series aims to reconnect people with nature. That is a prerequisite for people to participate in conservation and combat effects of climate change. The current episode is a compilation of all seven episodes screened as part of the series. *This film was screened at the Eco-Film series in April. With this film we will end the Planet Earth II series.*

French - Thursday 7 September, 8:00 pm:

- DIVINES

France, 2016, Dir. Houda Benyamina w/ Oulaya Amamra, Kevin Mischel, Jiska Kalvanda, Drama, 105 mins, French WITH ENGLISH SUBTITLES, Drama, Rated PG.

In a ghetto where traffic and religion are mingling, Dounia is thirsty for power and success. Supported by Maimouna, his best friend, she decides to follow the track of Rebecca, a respected

dealer. Her encounter with a young dancer is turning her daily life upside down. *This is a much acclaimed award winning film.*

International - Saturday 9 September, 8:00 pm:

- VICEROY'S HOUSE (Partition: 1947)

UK-India-Sweden, 2017, Dir. Gurinder Chadha w/ Gillian Anderson, Michael Gambon, Hugh Bonneville, Biography-Drama, 106mins, English w/ English subtitles, New Delhi in March 1947. The huge and stately Viceroy's Palace is like a beehive. Its five hundred employees are busy preparing the coming of Lord Louis Mountbatten, who has just been appointed new (and last) viceroy of India. Mountbatten, whose difficult task consists in overseeing the transition of British India to independence, arrives at the Palace, accompanied by his Edwina, and his eighteen-year-old daughter Pamela. Meanwhile, in the staff quarters, a love story is born between Jeet, a Hindu, and Aalia, a Muslim girl in the backdrop of the impending partition. According to critiques the film ignores the struggle and of the freedom movement and the strife of a partition, still believed could be avoided. According to the director it is just one perspective of the history. Which one do you agree with?

Children's Film - Sunday 10 September, 4:30 pm:

- NO FILM SCHEDULED (Instead KINO KABARETTE will be held)

AKIRA KUROSAWA Movies @ Ciné-Club

Ciné-Club - Sunday 10 September, 8:00 pm:

- IKIRU

Japan, 1952, Dir. Akira Kurosawa w/ Takashi Shimura, Nobuo Kaneko, Shin'ichi Himori and others, Drama, 143mins, Japanese w/ English subtitles, Rated: NR

Kanji Watanabe is a longtime bureaucrat in a city office who spends his entire working life doing nothing. He learns he is dying of cancer and wants to find some meaning in his life. He finds himself unable to talk with his family, and spends a night on the town with a novelist, but that leaves him unfulfilled. He next spends time with a young woman from his office, but finally decides he can make a difference through his job... After Watanabe's death, co-workers at his funeral discuss his behavior over the last several months and debate why he suddenly became assertive in his job to promote a city park, and resolve to be more like Watanabe.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). *We appreciate your continued support. Pl make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.*

Thanking You, MMC/CP Group - Account# 105106, [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

**Kindly note: Cinema Paradiso will remain closed from 11 September 2017 onward until further notice.**

**Auroville Emergency Contact Numbers - Save them in your phone now!**

→ Auroville Safety and Security Team: 9443090107 (Email: [avsecurity@auroville.org.in](mailto:avsecurity@auroville.org.in))

→ Ambulance: Auroville: 9442224680 - Pims: 0413-2656271

→ Farewell: mobile number: 8903836246. *reachable 24/7.*

## REGULAR EVENTS IN AUGUST

### Note from the editors

The Regular Events column is printed once a month, and sent via pdf/published online weekly. Guest-houses are kindly requested to put this section up on their notice boards for their guests. Kindly inform us of any changes/cancellation of your event, or if you want your regular event to be added to the listing  
\*\*NEW: now online Regular Events! <http://www.auroville.org/contents/4201>\*\*

### Online Auroville Events Calendar - (no need to log in for guests! - just scroll down the page)

The schedule of events for the week can be accessed by all, including Guests and Visitors, on the AuroNet login page: [www.auroville.org.in](http://www.auroville.org.in)

**AcroYoga for Beginners:** Saturdays 8:15 to 9:45 am at Arka. - Partner flow: warming up with asanas and stretching with a partner - Inversions: flying and playing with partners. *Damien* 90 47 72 27 40

**African Pavilion's regular events:** By Popular Demand the African Pavilion is happy to announce, every Monday from 6pm to 9pm, a new event to host African Cooking, Music, and Dancing. Every Thursday enjoy the drumming circle together with dinner from 7 pm till 9 pm. Every Friday at 4.30pm: Transformational yoga.

**Aikido with Sep (Tanseikai group):** Practice of Aikido at the Auroville Budokan under the guidance of Sep Overlaet, 6th Dan Tokyo Aikikai. Hours of practice: Tuesdays and Thursdays from 7:00 p.m. to 8:30 p.m. Minimum age is 15. For further information contact Sep: [overlaet@gmail.com](mailto:overlaet@gmail.com) / 8489755035

**Astrology, Vedic:** Readings and consultation in traditional Vedic Astrology. Contact Vikram on 9843948288 or at [vikram@auroville.org.in](mailto:vikram@auroville.org.in)

**Auroville Aikido at Auroville Budokan (Dehashakti):** Beginners: Wednesday evening 5.30 to 6.30 pm with Surya and Saturday morning 6.30 to 7.30 am (mixed levels) with Murugan/John/Surya. Advanced (morning classes) with Murugan/John: Tuesday, Thursday 6.00 to 7.30 am and mixed levels on Saturday 6.30 to 7.30 am. Women/young girls: (outreach centres & others) Sunday 8.30 to 9.30 am with Surya. -- Please be at the Dojo/Budokan at least 15 min. before the class starts. Beginners may wear long loose pants & t-shirt with sleeves for the start (no tight fitting please) then a white "keikogi" will be required. For all activities at the AV Budokan: Health Fund or private insurance necessary - Reasonable contribution required for the Dojo. For Children classes and more general info, please write to [budokan@auroville.org.in](mailto:budokan@auroville.org.in) or contact Surya: 0413-2623-813 or 9655-485487

**Alcoholics Anonymous:** meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

**Argentine Tango:** Practica (practice space open to all tango dancers) 7.30-9 pm at SAWCHU.

**Astrology, its holistic approach:** Astrological Chart by *Uma Giménez*. You are welcome to call and fix an appointment at 0413-2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

**Authentic Tamil culture:** *Meena*, a Tamil Aurovilian, offers courses every Sunday morning to explore the beauty of the authentic Tamil Culture. Meeting point: Courage Gate. The course can be tailored to your choice including: 1. Cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263.

**AVYA Auroville Youth Activities:** a brand new website presenting the regular Youth Activities available in Auroville: [youthactivities.auroville.org.in](http://youthactivities.auroville.org.in). The primary goal is to provide the Auroville community (especially children/parents), with an organized and simple overview to become aware of the Activities available in Auroville, for the AV Youth. If you wish to add your activity to the website, kindly send your contact details (sport, name, phone number, email) to [youthactivities@auroville.org.in](mailto:youthactivities@auroville.org.in).

**Bharatnatyam classical dance classes** At Yatra Arts Foundation Every Saturday evenings 4.30pm to 5.30pm and on Sunday mornings 9.00am to 10.00am.

**Bhramanaspati kshetram:** The Mother and Sri Aurobindo Centre is launching regular activities: Every Thursday meditation 6:00-6:60 pm - Every first Sunday of the month reading circle from 5:30 pm

led by Bhuvana Sundari in Tamil and English (for directions kindly consult Google maps at this link: [here](#))

**Body Care in Auromode:** Facial treatment - cleaning, scrubbing, massage, moisturizing mask, rejuvenating mask, deep cooling mask. Exotic SPA - Scrub, Wraps (chocolate, Tropicana). All used materials made from natural and organic products. Body Treatment - Cup massage. For more information contact *Svetlana* +919344639707

**Body fitness & Self-defense class:** Learn Karate and Kick boxing for self-defense and body fitness. On Saturday and Sunday between 6.30 and 8.30 am. Place: SAWCHU building, Bharat Nivas. For more information contact: 9442485455 or 9786167917

**Buddha Garden Activities:** We have an *Introductory tour* every Monday at 10.00 am until lunch time. Walk around the farm and see how we grow our organic food. For further details contact *Priya*: [priya@auroville.org.in](mailto:priya@auroville.org.in).

**Budo Waraku:** Keiko (practice) of Budo Waraku at the Auroville Budokan on Mondays and Fridays from 7:00 p.m. to 8:30 p.m. Waraku is a Japanese Budo based on ancient Shinto wisdom. The ancients taught the "Kototama", the power of sound. The universe is made of sound. The practice will be directed by Sep and Yoko, direct disciples of Maeda Hiramasa Sensei, the founder of Budo Waraku. Minimum age is 15. For further information contact Sep: [overlaet@gmail.com](mailto:overlaet@gmail.com)/8489755035

**Capoeira (Group Ginga Saroba):** Join our Capoeira family! Classes open to all levels, led by Prof. Samuka da Índia and his students

- ADULTS >> Monday: 5.15 PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday: 6.00 PM - Deepanam School
- KIDS >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid
- CONTACT >> 9488328435 (Prof. Samuka) | [info@ginga-saroba.com](mailto:info@ginga-saroba.com) | [www.ginga-saroba.com](http://www.ginga-saroba.com)

**Children Activity Garten:** in a friendly home-environment for ALL children from 2 to 6. Open Mo - Fr from 9 am to 1 pm and on the regular school holidays. Contact: [saroja@auroville.org.in](mailto:saroja@auroville.org.in) or 76390 17692. <http://activitygartenauroville.esy.es>

**Chinese fire cupping /Moxibustion Therapy:** Fire cupping (火罐) and Moxibustion (艾灸) are both ancient therapies based on TCM theory. They can remove one's blockage and accumulated toxin from deep inside the body as well as improving your immune system, effective in acute and chronic internal organ disorders such as pain, stiffness, fever, chill, cough, wheeze, nausea and vomiting etc... By appointment only, Chun: 80989-00708 / [chun@auroville.org.in](mailto:chun@auroville.org.in) Arka Wellness Center

**Coaching and Personal development** based on NLP with *Christine P.:* 9489805493 / or [contact@auroville-holistic.com](mailto:contact@auroville-holistic.com). [www.auroville-holistic.com](http://www.auroville-holistic.com)

**Creativity Atelier - Life Drawing Circle:** Time: Tuesdays, 5.30pm to 7.30pm. Venue: Creativity Atelier. Creativity Community. Fees: Voluntary Contributions to Materials and Model. All are welcome to immerse themselves in our intense and inspiring session of life drawing. The idea is to explore one's creative self in a friendly and fun environment. This is not an instruction based class. A model and basic drawing materials will be arranged for.

We seek your generous donation to maintain the well-endowed studio and sustain the enriching experience. We also welcome those who would like to model for our artists. You need not necessarily have prior experience to pose for few drawings. Moreover, you get to enjoy many creative manifestations of yourselves while you indulge yourself in a quiet and meditative sit-in moments. For more information or to book yourself, please contact *Lakshay* on 9810052574. Cheers!

**Cuban Salsa:** Learn and practice Cuban Salsa, every Wednesday, 6-8 pm, at African Pavilion. Class is Free and all are welcome. Instructors: *Mouhsine & Camilla*. For questions, email [serrarr@gmail.com](mailto:serrarr@gmail.com)

**Dance Fitness:** classes have started again in New Creation with *Elodie*. Tuesday and Friday from 5pm until 6pm. If you want to have fun and be active see you there!

**Darkali Fitness Track open hours:** from 4.30 p.m. till 6.30 p.m. Please remember to come 30 minutes before closing time. Please note, in case of rain the Fitness Track will be closed until the path is dry. To be aware when the Fitness Track reopens after the rain please visit AuroNet group «Darkali Fitness Track». Way to the gate in Google Maps: [goo.gl/dpdTgf](https://goo.gl/dpdTgf).

**Eco Femme open session:** Eco Femme welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work, sustainable menstrual products and menstruation experiences. Contact number: 9487179556

**\*Evening\* Farmers Market:** The Saturday Market is now ON in the cooler evening! Every Saturday at the Youth Center, 6pm - 8:30 pm, along with the Pizza Night. A community celebration of local food & creativity. Yummy organic veggies and hand-processed food from AV Farms, eco-green products, fantastic jewelry, snacks and kefir, handmade clothes, music, etc. *See you there.* YC 0413-2622857

**Family constellation workshop:** 30 Sept; 28 Oct.; 18 Nov and 16 Dec from 9 am to 6 pm at Creativity - Contact *Moghan*: 9751110486 / [moghan@auroville.org.in](mailto:moghan@auroville.org.in)

**Feminine dance for all women:** in Cripa, Kalabhumi: Tuesdays at 4 pm. An additional class is held by Priscila on Fridays at 7:15 am. Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are recommended. [galit@auroville.org.in](mailto:galit@auroville.org.in)

**French classes at Savitri Bhavan, House of Mother's Agenda:** French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

**From the Food Lab:** Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call *Lorenzo* before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

**GAMES!** An evening of fun board games. Every Friday from 6:30 pm onwards, upstairs at le Zéphyr restaurant in Visitors Center. We have many games already! Bring yours if you have!

**Hatha Yoga with Bala at the African Pavilion:** Monday to Thursday: 6 am to 7 30 am and 4 to 5 30 pm - Classical Hatha Yoga by a 200hr Yoga alliance certified teacher. Hatha Yoga gives importance to the breathing, relaxation and meditation nature of a pose along with the physical nature of the Asanas. An Asana class consists of eye and neck exercises, Pranayama, sun salutations, Asanas (Poses), final Relaxation and Meditation. Beginners to Intermediate level. Contact: +91 9892699804 / 7867899203

**New! Hatha Flow Yoga** with So-Youn at Creativity Hall of Light. The class is based on alignment of Iyengar and flow of Ashtanga. It remains authentic to ancient yoga tradition while tackling modern challenges. After class, you will be So Young!! Schedules, 17:30-18:50 on Aug 2017 / Tuesday: Hatha Flow with Sound Mandala(432hz) / Friday: Hatha Flow Basics - Aurovilians and Newcomers free of charge. Volunteers 100 rupees. Guest 200 rupees.

**Hindi & English Class:** Learn to speak, read and write Hindi at New Creation every Sunday at 1.00 pm to 2.30 pm. Contact *Shiv*: 9884035536 at *Reach for the Stars*. [shiv.godi007@gmail.com](mailto:shiv.godi007@gmail.com)

**Hip Hop Class:** Hip hop classes for Children at New creation Dance studio. On Tuesdays: 6 pm to 8 pm and Saturdays: 4 to 5 pm - For more information call: 9786167917.

**Iyengar Yoga:** with Olesya @ JOY GH - A form of Hatha Yoga that has an emphasis on detail, precision and alignment in the performance of posture (asana) and breath control (pranayama). The development of strength, mobility and stability is gained

through the asanas. Regular Classes on Saturday 5:00 am to 6:15 pm. For more info: 9487272393, *Joy Team*.

**Leela, the Game of the Self Knowledge (a 2000 years old game!):** Come and play the Game of your Life! Sundays, 10 am to 12.30 (above 15 years old), in SVEDAME, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked. Always better to call before to confirm, please contact: *Veronique J.* 948 85 12 678 [www.leelathegame.blogspot.in](http://www.leelathegame.blogspot.in)

**Meditation for Peace and Healing:** Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

**MMA (Mixed Martial Arts) and Self-Defence for Women:** Every Monday and Wednesday 5:30 to 7:00 at Dehashakti Gymnasium. Open to everyone starting from the age of 14. Please be punctual and in sportswear. Stay at home if sick or if you have open wounds or skin diseases. Free for Aurovilians, Newcomers, SAVI Volunteers. By the way contributions are very welcome - Guests: Rs.150 per class. *Giacomo*: 9487340778 / [giacomoauroville@gmail.com](mailto:giacomoauroville@gmail.com)

**Mudra-Chi Workshop:** A body Prayer in a Tai-Chi Form. Every Tuesday at 5 pm. At Savitri Bhavan. Facilitator: *Anandi*. For further information or Special Classes, contact me, [anandi7@auroville.org.in](mailto:anandi7@auroville.org.in)

**Nonviolent Communication (NVC):** workshops, practice groups, facilitation, mediation, coaching. Contact *L'aura* (NVC Certified Trainer): 9442788016, [joylivinglearning@gmail.com](mailto:joylivinglearning@gmail.com), [www.joylivinglearning.org](http://www.joylivinglearning.org), [www.facebook.com/JoyLivingLearning](https://www.facebook.com/JoyLivingLearning)

**Odissi & Semi-Classical Bollywood Dance Class With Tejas:** Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. +91-8489477222. [tejas@shaktidancetroupe.com](mailto:tejas@shaktidancetroupe.com).

**OM Choir:** "The voice that chants to the creator Fire, /The symbolled OM, the great assenting Word". Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

**Pavilion of Tibetan Culture - Wednesday dinners:** As usual we request you to register with us at 0413 2622401 or send an email to: [kalsang@auroville.org.in](mailto:kalsang@auroville.org.in)

**Pilates with Savitri:** at New Creation Dance Studio on Mondays at 5pm, basic level - on Tuesdays at 7.30am, intermediate level - on Saturdays at 7.30 am, basic level. [savitri@auroville.org.in](mailto:savitri@auroville.org.in)

**Pilates with Teresa:** At Arka. All classes last one hour. Thursday & Thursday 7:30 am all levels / Wednesday 5:30 pm all levels / Friday 5:30pm advance level. Teresa: 7867998952 / [teresa@auroville.org.in](mailto:teresa@auroville.org.in)

**Psycho-spiritual work, tarot and other sessions:** To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing, guided meditation and other tools...by *Antarjyoti* in English or French, tel(land): 0413-262 37 67 or email: [antarcalli@yahoo.fr](mailto:antarcalli@yahoo.fr)

**Quantum Shiatsu Massage:** With *Samī A. Latzke*. [www.auroville-holistic.com](http://www.auroville-holistic.com). Contact us by mail for more info: [contact@auroville-holistic.com](mailto:contact@auroville-holistic.com)

**Réception Francophone:** Tous les mardis de 17:00 à 18:30 à La Terrasse, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Auroviliens et Newcomers francophones peuvent aussi participer.

**Readers group Mother's Agenda: In Italian for Italians** - Let's know Auroville through the mother - Alcuni passi scelti dall'Agenda in italiano per comprendere la profondità del viaggio di Mère nella nostra lingua madre. "...C'è come una favola dietro a tutto questo....Qualcosa di indicibilmente bello, una storia che Sri Aurobindo ha cercato di far scendere sulla terra: e adesso è certo che si sta realizzando!" Tutti i mercoledì ore 17 alla Library in Creativity con Janaka - Le fotocopie dei passi proposti sono gratuite...perché come ha detto Mère: "Questa Agenda è il mio

regalo a quelli che mi amano" - Per informazioni contatta Janaka al 948.762.96.48 oppure [janaka.om@auroville.org.in](mailto:janaka.om@auroville.org.in)

Regression Therapy with Sigrid Lindemann. [www.auroville-holistic.com](http://www.auroville-holistic.com). Contact us by mail for more info: [contact@auroville-holistic.com](mailto:contact@auroville-holistic.com).

Reiki: with Marcia @ JOY GH - Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. If one's "life force energy" is low, then we are more likely to get sick or feel stress, and if it is high, we are more capable of being happy and healthy. Every Wednesday on Appointment. For more info: 9487272393, *Joy Team*.

Restorative Circles (RC): workshops, practice groups, calling a live Circle, and other questions. Contact *L'aura*: 9442788016, [restorative@auroville.org.in](mailto:restorative@auroville.org.in), [joylivinglearning@gmail.com](mailto:joylivinglearning@gmail.com), [www.facebook.com/RestorativeAuroville](https://www.facebook.com/RestorativeAuroville)

Salsa in CRIPA: Salsa dance class led by *Vijay*, followed by practice time. Every Tuesday 6pm-7:30pm. At CRIPA in Kalabumi. Open to all: Aurovilians, Volunteers, Newcomers, and Guests! (on contribution)

Sanskrit Mantras: at Joy Community GH Hall, Centre Field. Drop in classes on Thursday at 6:15 to 7:15pm and Regular Classes on Friday from 6:15 to 7:15pm. Chanting Mantra is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in these classes in the traditional way.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6:30 pm

Singing & Dancing Celebration around the fire in Yatra 2017  
Joyful spiritual songs from all over the world - keyboard and drums - Bring your instruments and join us! Every Thursday at 7.30 pm. at Yatra - Near NewVreation Sports ground/La Piscine. *Osiva*: 919629832216

Skyworks: Tree Climbing Workshops: RECREATIONAL. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots but also with ascenders and descenders. For conditions&appointment call *Satyajai* 8531033545

Solitude Farm activities:

- Weekly farm tour with *Krishna* - Saturdays 11:30am
- Cooking workshop to learn how to use local, traditional ingredients and their nutritional benefits - Saturdays 3pm
- Volunteers welcome! Drop by to visit or call *Krishna* 9843319260

Somatic Explorations with Maggie: Every Wednesday from 5-6 pm in Vérité Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call 94866 23465

Sound Bath - Unity Journey: *no session in May*

Sound Massage And Bath With Tibetan Singing Bowls: Lying on a mat with bowls of different pitches, sound energy flows right through your cells forming a beautiful OM harmonic cocoon of peace, melting away tightness and discomfort while tuning you up to its healthy grounding vibrations. The powerful bronze bowls take us deep inside into our true home.... Info & booking for guests: *Antarjyoti*, tel (land)(0413)262 37 67. Mail: [antarcalli@yahoo.fr](mailto:antarcalli@yahoo.fr)

Sound Therapy and Exploration in the Body for Self-Healing: Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music

instruments that enhance the self-healing powers of your being...The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing sciatica pain ("Ischias" in German). To book your appointment, please call *Isha* at: (0413) 2622192 / (+91) 99433 05092

South Indian Classical Dance (Bhratnatyam): Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. *S.Caveri*:7598368514

Spanish Tertulia: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

Spiritual coaching with Sitara: tools: Bach flowers, mandala and affirmation work, spontaneous writing, hypnosis, meditation, visualization and yin yoga. For appointment contact *Sitara* 9751798408 [tara@auroville.org.in](mailto:tara@auroville.org.in)

Spontaneous Singing with Antoine: *Paused until Aug 16<sup>th</sup>*.

Sunday Farm & Forest Walks: *no walks in May*

Tamil Literary Classes and Craft Lessons: Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time Also classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: [tamil@auroville.org.in](mailto:tamil@auroville.org.in). *R. Meenakshi ( Ilaignarkal Education Centre)*

Tai Chi Hall @ Sharnqa: There will be no Tai Chi classes from May 23 to August 7. The last class will be on May 22 Monday and the first class (next) will be on August 8 Tuesday. [taichi@auroville.org.in](mailto:taichi@auroville.org.in)

Taiwanese style Tea Ceremony: With Isha - Every Thursday 2 pm to 4.45 pm - Hall of Peace, Unity Pavilion - You will experience and learn the East Asian way of drinking and serving tea. Only organic tea will be used. All are Welcome. Please sign up with the Unity Pavilion, 0413-2623576 or [unitypavilion@auroville.org.in](mailto:unitypavilion@auroville.org.in)

Tea Gathering: With Isha - Experience and learn the East Asian way of drinking and serving tea - The art of sharing joy and peace through a cup of tea with your friends will change your perspective towards tea, only organic tea will be used - Every Saturday 2 pm to 5 pm. Booking is required. Approx. 1 hour for each session, please choose your time slot. Venue: Swayam - Book at: 0413-2622192 / [ishaswayam@auroville.org.in](mailto:ishaswayam@auroville.org.in)

Thai massage to re-harmonize the energy and heal with Christine P. Registration & info: [contact@auroville-holistic.com](mailto:contact@auroville-holistic.com), *Christine P*: 9489805493/ [www.auroville-holistic.com](http://www.auroville-holistic.com)

Theatre Improvisation Games: Come and discover a new sense of freedom, meet other fun and interesting people for an afternoon filled with interesting improvisation games. Every Friday from 4.30 pm - 6 pm at SAWCHU. For more details call *Veronique J.* (9488512678)

Ultimate Frisbee: Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate). Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact [avultimate@auroville.org.in](mailto:avultimate@auroville.org.in) with any questions or just come ready to play!

NEW! Ultimate Frisbee women's team training: Sunday 4-6 pm

Veena Musical Classes: One of India's most ancient string. Regular veena musical classes by *Ravi* for everyone, Children & Adults, at Yatra Arts Foundation, near New Creation sports ground. Every Friday evening from 5pm to 7pm. Contact: 0413- 2623071 / 9786772209

VocalYoga, Nada Yoga and Sacred Chanting: Mondays and Tuesdays, 2 to 4pm In Creativity hall of light. Explore and learn how to use your vocal instrument according to Italian Masters of the voice in a yogic approach. NadaYoga teaches us to perceive sounds in different parts of the body connected to energetic channels. These ancient Yoga techniques re-align the energy flow give peace and serenity. Allow people who sing out of tune to sing well Learn: Mantras, Kirtans, Bajhans. Contact: *Hamsini* ONLY ON APOINTMENT 9487544184.

Youth Entertainment Program presents the YEPweek: a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids will participate in various activities facilitated by Aurovilians. This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good

balance between visits, activities and free playing time. Joyfully, *Yep Team* (+91-9626565134)

The Youth Center Pizza Nights are on Fire: And so is the fire wood oven, so when Saturday evening 7 00 pm comes around, get your chappals on and kick your bike to life (or jump on your cycle), follow your nose and you'll end up at the right place! We have pizzaiolos rolling out doughs by the second and a precisely highly trained group of hands sprinkling the pizzas with all kinds of toppings and tasty Auroville cheeses. And lots more, so see you there!

Vinyasa Yoga: - at Creativity Hall of Light, every Thursday from 4 pm to 5.30 pm with *Bebe Merino*. This style is sometimes also called flow yoga, because of the smooth way that the poses run together and become like a dance. Please come and enjoy the classes.