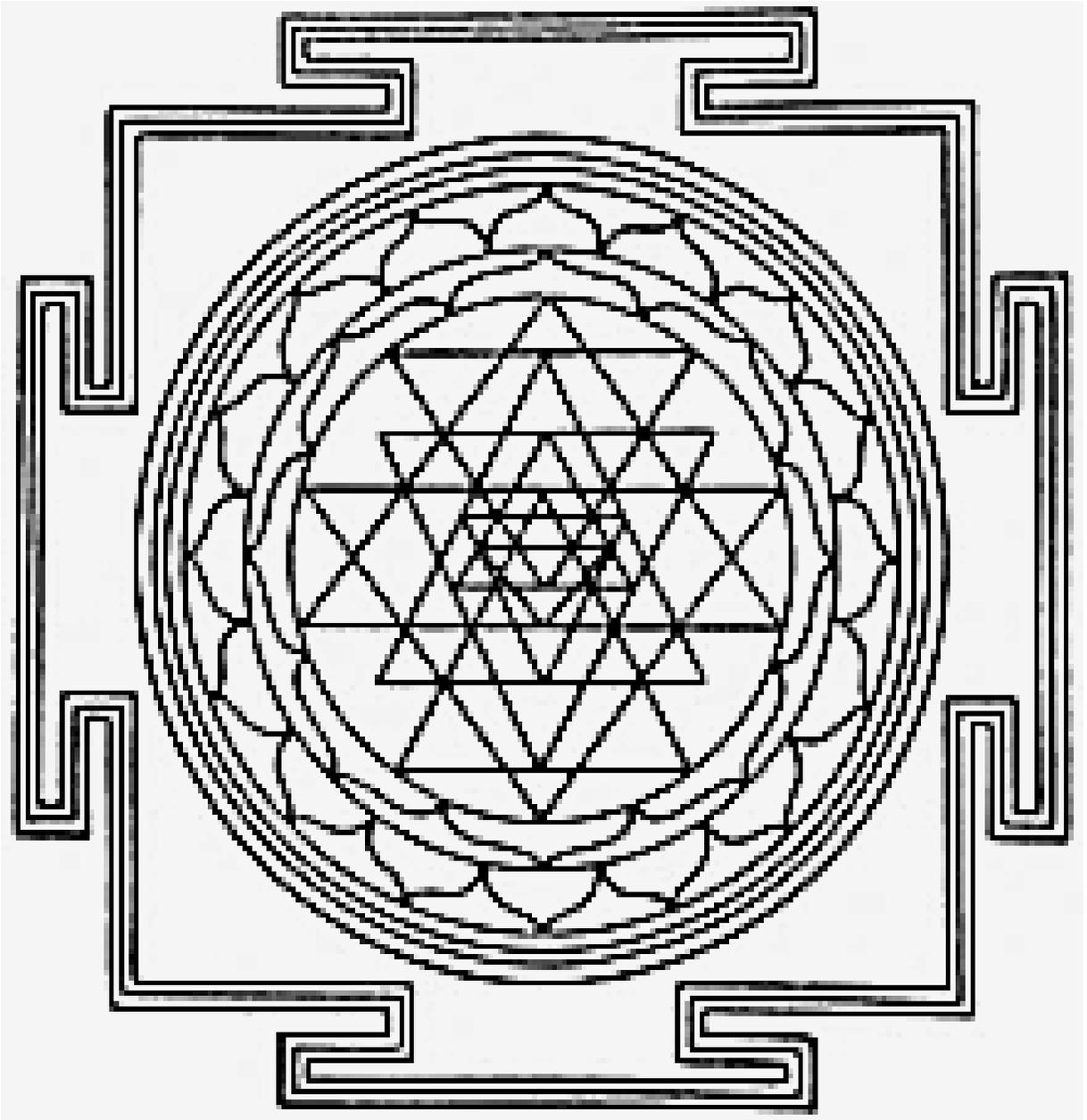


# News & Notes

15th July 2017.....A weekly bulletin for residents of Auroville.....Number 706



# HOUSE OF MOTHER'S AGENDA

*Is delight the highest state? And if so, could it be said that when one loses delight, one's consciousness is lowered?*

Sri Aurobindo has said that the universe is built upon the delight of existence and that delight, being its origin is necessarily also its goal, so this would mean in fact that delight is the highest state.

But I don't need to tell you that this is not delight as it is understood in the ordinary human consciousness....Indeed, that delight is beyond the states which are generally considered as the highest from the yogic point of view, as for instance, the state of perfect serenity, of perfect equality of soul, of absolute detachment, of identity with the infinite and eternal Divine, which necessarily raises you above all contingencies. Parallel to this state there can be another which is the state of perfect, integral, universal love, which is the very essence of compassion and the most perfect expression of the Grace which wipes out the consequences of all error and all ignorance. These two states have always been considered as the summit of consciousness; they are what could be called the frontier, the extreme limit of what the individual consciousness can attain in its union with the Divine.

But there is something which lies beyond; it is precisely a state of perfect delight which is not static: delight in a progressive manifestation, a perfect unfolding of the supreme Consciousness.

The first of the two states I spoke about leads almost always to a withdrawal from action, an almost static condition, and very easily would it lead to Nirvana – in fact, it has always been the way prescribed for all those in search of Nirvana. But this state of delight I am speaking about, which is essentially divine because it is free, totally free from all possibility of oppositions and opposites, does not break away from action; on the contrary, it leads to an integral action, perfect in its essence and completely liberated from all ignorance and all bondage to ignorance.

One can experience, on the path – when one has made some progress, when there is a greater understanding, a more total opening, a more intimate union with the divine Consciousness, one can experience this Delight as something that passes by and colours life and gives it its true meaning, but as long as one is in the human consciousness, this Delight is very easily deformed and changes into something which no longer resembles it at all. Therefore, one could hardly say that if one loses the delight, one's consciousness is lowered, for....the Delight I am speaking about is something which cannot ever be lost. If one has reached beyond the two states I spoke about a while ago, that is to say, the state of perfect detachment and close union, and the state of perfect love and compassion, if one has gone beyond these two states and found the divine Delight, it is practically impossible to come down from there. But in practical life, that is, on the path of yoga, if you are touched, even in passing, by this divine Delight, it is obvious that, should it leave you, you are bound to feel that you have come down from a peak into a rather dark valley.

But Delight without detachment would be a very dangerous gift which could very easily be perverted. So, to seek Delight before having acquired detachment does not seem to be very wise. One must first be above all possible opposites: indeed, above pain and pleasure, suffering and happiness, enthusiasm and depression. If one is above all that, then one may safely aspire for Delight.

But as long as this detachment is not realised, one can easily confuse Delight with an exalted state of ordinary human happiness, and this would not at all be the true thing nor even a perversion of the thing, for the nature of the two is so different, almost opposite, that you cannot pass from one to the other. So, if one wants to be safe on the path, it seems to me that to seek for peace, for perfect calm, perfect equality, for a widening of the consciousness, a vaster understanding and liberation from all desire, all preference, all attachment, is certainly an indispensable preliminary condition.

It is the guarantee of both inner and outer equipoise.

And then on this equilibrium, on this foundation which must be *very solid*, one may build whatever one wants. But to begin with, the foundation must be there, unshakable. (*Silence*)

Someone has asked me what I meant by these words: *One must be calm.*"

It is obvious that when I tell someone, "Be calm", I mean many different things according to the person. But the first indispensable calm is mental quietude, for generally that is the one that's most lacking. When I tell someone, "Be calm", I mean: Try not to have restless, excited, agitated thoughts; try to quieten your mind and to stop turning around in all your imaginations and observations and mental constructions.

*(to be continued)*

QUESTIONS AND ANSWERS, 17 October 1956

MOTHER

The  
Ponder  
Corner

All those around me,  
all the circumstances of my life,  
all the people near me,  
are a mirror held up to me  
by the Divine Consciousness  
to show me the progress I must make.  
Everything that shocks me in others  
means a work I have to do in myself.

*The Mother - ref. Words of The Mother, vol.10, p.23*

## IAC letter

*Dear Friends, the former members of the International Advisory Council sent us the below letter to all Aurovilians.  
The Working Committee.*

6/6/17

Dear Aurovilians,

You will be aware that a new Governing Board for the Auroville Foundation is in the process of being nominated. We are all delighted that Dr. Karan Singh will continue as the Chairman of the new Board. As is the practice, a new IAC will also be constituted soon thereafter and we felt this might be an appropriate time to write to you and share a few thoughts.

First of all, we would like to thank you most sincerely for your hospitality, generosity and above all your active and genuine engagement with the IAC over the duration of our term.

Together we achieved a great deal. We feel quite honored that we were, in a small way, a part of some exciting developments in Auroville.

We all need to look at the Retreat with much pride and satisfaction. It was an exhilarating experience for us all. It energized Auroville and brought out the enormous potential for creativity and imagination within the participants. It was a clear demonstration of what can be achieved when we all work together.

The Retreat in itself was only an event but the processes which led to its planning and the follow-up was an excellent example of how ideas can be created and how solutions can be generated.

Some of the exciting outcomes of the Retreat have been:

- The active engagement of the Youth within the Auroville system which will no doubt have far reaching benefits
- The reformed methods of working within the various committee structures established at the retreat and thereafter
- The pioneering way in which the Campus Initiative on Education has modeled the process of generating ideas and mobilizing individuals to create synergies within and between groups
- The planning and visioning of the 50th Anniversary of the Auroville through the work of the Envisioning group
- The initiatives on better communication, and importantly
- The openness and transparency of an inclusive decision making process

These are only a few examples. As always, not everything is perfect but the process has begun in earnest and it is most satisfying to feel that we were there to witness it happen.

Of course, the process must continue. One of the Aurovilian poets has described Auroville as Bhagirathi, the river Ganga. It must always flow to remain a river, to be dynamic and to sustain life. It cannot afford to stop and stagnate!

The IAC was engaged in the development of a more comprehensive education plan for incoming students. Individual IAC Members also worked towards a better connection between surrounding villages and the community.

Throughout our association with you we provided a keen ear to your ideas, thoughts and sometimes even frustrations and disappointments. Equally, we communicated to you our own observations in all sincerity. We greatly valued the openness and honesty of our dialogue and it is in that same spirit we must share areas which we feel deserve your greater attention.

These include:

- The further growth of the City
- A more active role of the SAIER in education initiatives and as a hub of generating creative ideas and practices for teachers
- A more rigorous effort to welcome and induct new Aurovilians
- A greater engagement with and capitalizing on the sustainable livelihoods initiative
- A systematic development of eco- architecture and green infrastructure as a signature Auroville model
- New models of public transportation
- A more effective outward communication within and outside India particularly with potential Aurovilians
- Continuing the development of the Youth and their active participation in the affairs of Auroville.
- Evolving new models of voluntary simplicity, sustainable farming and integrative medicine as a model for India and the world

These are not mere aspirations. They are essential for the long-term existence of Auroville as a unique Centre for the natural and spiritual evolution of humanity as a whole. We continue to remain hopeful and optimistic in that cause.

Projects in collaboration with your friends around the world, such as Acres for Auroville for acquiring the land, have yielded substantial results. We hope the new Governing Board and IAC can partner with you on this and other opportunities for outreach. Your integral vision is important not only for your bioregion and for India but for the health and progress of our planet.

Finally, we would like to thank you again. We feel much enriched, personally and spiritually, by our association with Auroville. We have also learnt a great deal and gained insight into one of the rarer experiments of our lifetime. We are humbled by your dedication to the ideal of the Mother and Sri Aurobindo. It has been a hugely rewarding experience and an honour!

We look to the 50th, and beyond with great interest, hope and expectation!

Sincerely yours,

*Mark Tully Vishakha Desai Shaunaka Rishi Das Kabir Shaik Julian Lines*

## L'avenir d'Auroville / Town Development Council (iTDC)

### May-June 2017 report

*Reminder: This report is a synopsis of key topics discussed in regular meetings. It does not include any communication that has been published in the News & Notes or on the Auronet webpage of L'avenir d'Auroville / TDC, such as community announcements, financial reports and site or building permissions.*

*Regular members:* iTDC: Cristo, Divya, Fabian is TOS, Jacqueline is TOS, Pino, Sauro, Tejaswini, Tom

*Punctual attendees:* AVC (Elisa + Mita + Sandya) & Koodam (Elvira), Auradha & Dominique & Eric, Auronya College (Anuj Sharma - Dean + Aruna Arul - HR and Admin) & David Stein & LB rep. (Suhasini), Hemant (WCom), HS (Ole & Sonja), Mona, WAT (Kalianasundaram & Viji)

### I. TDC-RELATED TOPICS

#### *A/ Site and Building Applications*

Approximately 70 site and building applications were studied in May and June, whether for feedback, discussion, follow-up, survey, etc.

### *B/ Funding 2017-2018*

The iTDC was informed of and studied the budget for 2017-2018 - conclusion: expenses need to be cut or found elsewhere, for example by cutting some maintenances, cancelling some maintenances, getting some maintenances from City Services, maybe raise the TDC contribution on buildings/constructions, receiving special project-linked maintenances, getting an advance on contributions to be received by Unity Fund without interest, retrieving the maintenance of the AVF staff, applying a SA fee for big projects that need a lot of discussion, GOI grant buildings pay contribution (they don't currently), transfer WAT to GOI sub-group, etc.

### *C/ Communication*

The iTDC and the AVC have had a series of meetings with Koodam to study the communication problems that arise around the SA and BA process and try to find solutions, one proposal being:

1. Improve the written communication for more visibility: Google maps with overlaid planning maps / language more understandable for lay-people, no jargon / colors / dedicated interactive RAS page / link to be sent by mass mail.
2. Include some points in the application process to involve the community more, such as reading all the documents, coming for site walks, meeting TDC members, and finally raising concerns in a constructive manner

After more discussions on this, the iTDC feels that awareness needs to be raised within the working groups as well as the community with regard to the NIMBY (Not In My Back Yard) syndrome.

NIMBY, for any kind of planning, is not a natural phenomenon: it is a social construct that needs to be addressed. Generally, NIMBY takes place because people do not want to lose what they have and they do not trust the larger development bodies that try to site major facilities near their homes or near their work places. In the context of Auroville, this is absolutely against the community spirit and is affecting our growth.

### *D/ Site and Building Applications*

Approximately 30 site and building applications were studied in June, whether for feedback, discussion, follow-up, survey, etc.

### *E/ Flash cards / Auroville Building Directory*

Mona is currently making a database with all relevant details (zone, community, designer, project holders, stakeholders, parties involved, typology, usage) on all AV buildings. These cards will be available in hard and soft copy, per zone, etc.

### *F/ GOI grant*

The TDC receives funds annually from the government of India that are allocated by the Auroville Foundation and from this year by a sub-group constituted by the Working Committee.

The GOI grant allocation received by the TDC is for capital generation and is meant only for primary and city-level infrastructure. It can neither be used for single projects, nor for maintenance or repairs.

In addition, special grants are allocated to housing projects that are proposed and managed by the Housing Service and monitored by the TDC.

### *G/ WAT - Standardized rates*

To standardize the specification and rates in Auroville for buildings, roads, water supply & drainage systems, the iTDC would like to introduce a Schedule of Rates so that architects, builders/contractors and engineers use rates as per PWD and CPWD. The architect, contractor and builder may be requested to provide information about the new technique implemented in their various projects.

### *H/ 50<sup>th</sup> anniversary*

Discussions around projects for the 50<sup>th</sup> anniversary celebrations are still taking place.

## **II. GROUPS, ZONES, SERVICES**

### *A/ Collaboration between groups*

During the months of May and June, the iTDC worked in collaboration with the AVC, AV Security Service Team, FAMC, Housing Board, Housing Service, Land Board (LB), RAS, Road

Service (RS), WCom and Water Group (WG) on various projects, whether for information request/sharing, land issues, application requests, etc.

## **III. LAND-RELATED TOPICS**

### *A/ Land allocation process in the Green Belt*

This document was approved by FAMC, Town Development Council, and Green group as of 25 July 2015.

Land allocation and the appointment of stewards in the green belt should follow the following sequence:

1. Any plot becoming available for stewardship in the Green belt will be assessed as suitable for farming, forestry or other activities in the green belt by L'avenir d'Auroville/TDC in association with the Green Group. This assessment will be carried out based on the Land Use Plan for the Green belt.
2. Individuals interested in farming or forestry will be directed to the appropriate group - Farm or Forest. Other activities which are permissible in the greenbelt will be seen to by L'avenir/TDC. Each of these groups has their own processes for choosing and supporting stewards of Green belt land.
3. When a steward has been chosen by the Farm or Forest Group this appointment will be submitted to the Green Group which will submit it to L'avenir d'Auroville/TDC. L'avenir d'Auroville/TDC will certify that the land use proposal is in accordance with the land use plan. This certification information together with details of stewardship will be sent to the Green Group and FAMC for final scrutiny and approval.
4. Once land has been allocated by this process the construction of all immovable assets on the land must be done through the Green Group and TDC using the normal building permission process.
5. No individual land stewardship application will be entertained by the TDC or the FAMC outside this process.

*Footnote:* Land allocation can be reviewed in case the land is not being utilized for the purpose that it was allocated. The FAMC has the final authority of continuing stewardship, in collaboration with the relevant group (ie Farm, Forest, L'avenir).

*N.B. Stewardship is not granted in the city area but land is subject to the site and building application process on a development project basis.*

## **IV. ROADS**

### *A/ Speedbreakers*

The iTDC regularly receives requests for speedbreakers (for example at the Savitri Bhavan junction or in front of TLC). These proposals are studied and are subject to Work Orders if/when they are accepted, but unfortunately the iTDC cannot fund any of these projects.

### *B/ Planning work - Crown Road*

A map has been prepared showing not only the 4 different zones (concerned plots in different colors), but also the proximity with the Crown Road. Criteria for the Crown Road area need to be defined.

### *C/ Southern access to Auroville*

The iTDC is studying an alternative access for the Certitude road to be built in stabilized compressed earth. Several points were raised reg. the users, security presence, traffic regulator at the Certitude corner, etc. Other points need to be studied, such as the connection to the roundabout, eventual maintenance of Certitude stretch, regularized access, etc.

### *D/ Bus stop signs*

The iTDC and the AVC are working together with the RS to install bus stop signs at strategic spots.

## **V. WATER-RELATED TOPICS**

### *A/ Waste Water Treatment Plant*

Residents and close neighbors have actively been participating in this project from the start. A WWT management group will be set up soon.

### *B/ Water for Courage/Service area*

The iTDC and the WG are looking into finding a solution for water in this area.

## ANNOUNCEMENTS

### New Governing Board members

We have been informed that the following persons have been nominated as members of the Governing Board of the Auroville Foundation:

1. Dr. Prema Nandkumar
2. Prof. Sachindanand Mohanty
3. Dr. Anirban Ganguly
4. Dr. Nirima Oza

The notification of the Government of India dated June 29, 2017. The term of office is 4 years.

*The Working Committee*

### GB announcement

Dear members of the community,

This is to inform you that the next meeting of the Governing Board of the Auroville Foundation is scheduled for August 13 and 14. We have invited the new GB members to join Auroville on August 11, so that we can show them the areas of their interest on August 12, before the meeting.

We have invited a presentation of the following working groups who are requested to report on the topics mentioned:

50th Core Group Progress in preparing for the 50th anniversary celebrations including visit Prime Minister of India.

Auroville Council New TDC; Proposed changes in Entry Policy; Entry Task Group. (This topic together with Entry Task Group and Entry Service members)

Interim TDC General progress; Progress with New Town Development Authority application.

Land Board Progress in land protection, land exchanges, restraints and difficulties.

Matrimandir New executives are requested to present their plans for the future and highlight constraints.

FAMC Update on FAMC matters; state of Auroville finances; Code of Conduct; GST; others.

The Working Committee will give a report on various other topics.

Groups and / or individuals who would like to make a presentation to the Board are requested to inform us as soon as possible, together with their presentation.

We will discuss with Dr. Karan Singh at what time an interaction between the new Board members and the community can be scheduled.

We propose to inform all Aurovilians and Newcomers in a General Meeting to be held by the end of this month or latest in the first week of August about the content of the presentations to the Board.

*The Working Committee*

### It's Working Group Selection Time!

Dear Friend,

According to our Participatory Working Groups system, each year we replace a few members of a few working groups in a process called 'staggering'. The system ensures that these groups are never fully replaced, but always include a mix of new and more experienced members to maintain the continuity of their ongoing work.

We need you!

The process needs you. It needs you to open your awareness to nominate those in the community that you think would suit the work of these groups and to even nominate yourself if you feel ready to:

- a) Serve the community in a working group; or
- b) As a participant in the selection process.

If you feel that someone you know has what it takes to join a working group, tell them now! This is a good way of letting people know that you appreciate their qualities and also to check whether they'd be prepared to be nominated.

Encourage people you know

If they're unsure, don't hesitate to encourage them to take the step into this kind of work. It's demanding but of late has become much more rewarding than it used to be, thanks to the new Participatory Working Groups system and other innovations in team dynamics.

Which groups are replacing members?

The groups that will have new members appointed this year are:

Working Committee

Auroville Council

FAMC

A brand new TDC

This year is a bit different in that we must also create an entirely new group - the new TDC, as per the community's newly-approved restructure of the TDC.

So we're going to run two separate selection processes this year - one to replace a few members in the AVC, WC, FAMC and one to create the new TDC.

TDC nominations start next week

We're going to start with the TDC. Next week we'll publish an announcement that will include a definition of the roles and responsibilities of the new group and a call for nominations and self-nominations for the TDC 'Interface Team.

For more information: Don't hesitate to email us on [raservice@auroville.org.in](mailto:raservice@auroville.org.in) or call us on 9486623749.

Much love,

*Your RAS Team*

### L'avenir d'Auroville / TDC - Site and Building Applications feedback - 15<sup>th</sup> Jul 2017

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks from the date of publication.

The announcement is made for feedback only and does not mean that the project has final approval. The final approval is given when L'avenir d'Auroville / TDC issues a NOC (No Objection Certificate). This happens once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start.

It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of the TDC.

#### INDIVIDUAL PROJECTS

*Site Applications:*

1. Suresh, Studio ( staff quarters and class room) in Kalabhumi on plot no. BO 14/8 for total built up area 50 sq.m.

*Building Applications:* No New BA

#### COLLECTIVE PROJECTS

*Site applications:* No New SA

*Building Applications:* No New BA

For additional information, please write to [avenir@auroville.org.in](mailto:avenir@auroville.org.in), call 2622-170 or come directly to L'avenir d'Auroville/TDC office in the Town Hall. For more information on the location of the plots mentioned above, you can find this same announcement with map(s) on the Auronet page of L'avenir d'Auroville/TDC.

## From The Entry Service - N&N #706 Dated 15-07-2017

Our team is happy to recommend the following persons as Aurovilians, Newcomers, Friends of Auroville and Partners of Auroville. We will wait one month for Newcomers and Aurovilians from this publication for your feedback before confirming. Send your feedback to: [entryservice@auroville.org.in](mailto:entryservice@auroville.org.in)

### NEWCOMERS ANNOUNCED:

Matthew TILDESLEY (British) Staying in Yantra and Working at Art Service

Yangmi LEE (Korean) Staying in Yantra and Working at Kalvi

Jan Pieter DERKSEN (Dutch) Staying in Auromode and Working at ACUR Town Hall

Lisa ARPI (French) Staying in Dana and Working at French Pavilion

Jean Claude BARRAS (French) Staying in New Creation and Working at LOE (Laboratory of Evolution)

Pascal GUNZINGER (Swiss) Staying in French Pavilion and Working at French Pavilion

### CHILD OF A NEWCOMER(S):

Wani TRAORE (French) Born on 29/10/2007 studying in Deepanam School

### AUROVILIANS ANNOUNCED

Veronique MEILHAC (French) Staying in Health Centre Staff Quaters and Working at Deepanam

Xavier MAYSONNAVE (French) Staying in Health Centre Staff Quaters and Working at Blue Light

### Child of Aurovillian

Eva Chantal MAYSONNAVE MEILHAC, studying in Deepanam

### AUROVILIANS CONFIRMED

Bitna CHOI (Korean)

Christophe BENESSE (French)

Gerard ARNAUD (French)

Omar RABIE (Egyptian)

Sebastien FAGALDE (French)

Philippe PELEN (French)

Thierry MOUCAZAMBO (French)

Andrii KHOKHLENKO (Ukrainian)

B-Forms and Recommendation letters: on appointment only.

The Entry Service is open to the public Monday and Friday from 9:30 to 12:30.

Wednesday and Thursday for Interview by appointment only.

At your service,

*The Entry Service Team*

## Houses available for transfer

1. Gaia's Garden - Rene & Nelly's House: Area 292.77 Sqm approximately. Double Storied Ground floor Load Bearing Structure and first and second floor R.c.c Framed structure Residential building with Brick walls unplastered, Ferro cement and R.C.C roofing with covered R.C.C roof consisting of front verandah, living cum Kitchen, Bedrooms & Toilet with wooden stair and Open portico.
2. Promesse - Velu & Suguna's House: Area 72.33 Sqm approximately. Single standing house residential building with inner and outer plaster brick wall, RCC roofing with covered for front verandah, living cum Kitchen Bedroom & Toilet. Suitable for Family.
3. Arati III Ex Kuyng Nam's House: Area - 130 Sqm approximately. Two-bedroom apartment on the first floor plus a studio on the ground floor. First floor: Living, kitchen, two bedrooms, bathroom/toilet. Ground floor: studio suitable for therapist etc. Shared bathroom with other studios. Ready now.

For more information contact: Housing Service (Town Hall), Phone: (0413) 2622658 / e-mail: [housing@auroville.org.in](mailto:housing@auroville.org.in)

### Housing Project under construction

#### 1. Kalpana: - 21 apartments of different size available.

Studio - 6: 1 BHK - 8: 2 BHK - 5: 3 BHK - 2

Will be ready 30th May 2018: Contact person:

[satyakam@auroville.org.in](mailto:satyakam@auroville.org.in)

He is available on the site on: Thursday - 3 pm to 5.30 pm / Saturday: 10 am to 12.30 pm.

*The model apartment is also visible on the above day and time*

2. Auromodele Orchard - Several houses are still to be build. Will be ready in 2018.

Contact person: Padmanabhan, Auromodele. Mobile: 8940220333

## O B I T U A R Y

### Damien



In the morning of Saturday, 8 July, our Aurovillian friend and brother Damien L Hedley, left his body at the age of 67, due to cancer, in the presence of his sons in Canberra, Australia.

Damien started coming in 2009 to Auroville to visit an old friend, and joined for good in 2011. He lived in Creativity and taught geography at Future School and Last School. Students and parents alike appreciated his alive and unique approach toward the pupils, making them at ease through his direct insight, great sense of humour and straightforwardness. Most recently, he gave a sex education series at The Learning Centre along with his Aurovillian partner, Paula Murphy.

Damien's remains will be cremated on Wednesday 12th in Canberra, while a Celebration of his Life is held Thursday afternoon 13 July in the beautiful Australian National Botanic Gardens there.

*Our love and sympathy go out to Damien's family and to Paula who went to be with him.*

OM-

## F O R Y O U R I N F O R M A T I O N

### Youth Housing - Humanscape and project X&Y

Humanscape (opposite Kalpana) and project X&Y (near Aurovelo) are two youth projects that will be finished soon, with a total of 65 beds.

Applications are still open for Auroville youth presently involved in working in Auroville. Priority will be given to second generation Aurovilians of parents that have no funding to help with housing and to young people that have become

Aurovilians recently, who are working in Auroville, but have insufficient funds for simple housing.

The spaces are for singles on a shared kitchen/bathroom base. Some units for couples and families will also be available. The selection will be in August. If you are interested, kindly write to the Housing service for an application form.

*Karen for Housing Service*

## News from Auroville Village Action Group

During the spring and summer months, much has happened at AVAG. We would like to take this opportunity to share some of our highlights with you.

Social enterprise-wise, the Aval clothes-and-toys-line is doing well, and the sales rates of the clothes at the Visitors' Centre Anjali stall (behind Dosa Corner, if you are wondering) have been stable since December of last year. This, added to the sales from some retail outlets that now carry the AVAG brand, means AVAG will be able to hire 8-10 extra women tailors in the near future. Presently, Anjali is being redesigned, and as well as getting a new look and a much-needed changing room, it will also be stocked with a new clothing collection by visiting designers Anisha and Pallavi. Aval's crochet toys are also doing so well that 5 new women can now be hired - all in all, great news! On top of that, Aval will soon feature a new yoga wear clothesline called Pranava, for which another 8-10 women will be hired.

We also conducted a variety of special programs in the last months, ranging from disaster management, solar power for self-help group members and our 5-week-long educational summer camp for adolescent girls (and, for the first time ever, one week was reserved for boys this year!). We have also offered programs on financial management and four programs on alcohol awareness, as well as establishing a counselling support for de-addiction and a weekly Alcohol Anonymous meeting on Thursdays at 5.30 pm, all are welcome.

Further, we are happy to share that the Auroville Bioregional Sports Association has recently been registered with the Tamil Nadu government. The association will structure the current casual, ad-hoc sports network into a cohesive body that will develop the level of sports skills and facilities in Auroville and the 20 surrounding villages for young women and men. The association will work towards unity and harmony between Auroville and the surrounding village and at inter-village level by developing cross-community interaction through a program of local sports events, facilities development and coaching that will lead to regular competitions on local, district and regional level.

Last but not least, we would like to announce that the planning for the grand annual women's festival has begun and the dates are now set: on August 19<sup>th</sup>. There will be a series of daylong pre-events: we will hold sports-and-skills competition with many different fun categories, from singing, recital and drawing for the more artistically inclined to running (in the two categories youth and elders), pot running and musical chair for the more easy-going. Ten days later, on August 29<sup>th</sup>, the day will be all about Tamil culture, with a Kollam drawing competition, dance and drama classes and group singing. On September 5<sup>th</sup>, we will have a day of playing local traditional games such as Kabbadi and Kho Kho. Women wishing to participate have to register with AVAG until July 25<sup>th</sup>.

Should you like to support our work or know someone who could avail of any of the services we offer, please contact us at [avagoffice@auroville.org.in](mailto:avagoffice@auroville.org.in), 0413 - 2677181/2, [www.avag.org](http://www.avag.org)

### POSTINGS

**New Email id:** Please take note that the email id of "Name and Symbol of Auroville Protection Group" is changed to: [nameprotection@auroville.org.in](mailto:nameprotection@auroville.org.in) - Name and Symbol of Auroville Protection Group

**MGEcoduties...closed:** Dear Friends, please note that MGEcoduties - Probiotics House will be closed from July 17 to July 20, due to a field trip. Please refill your containers before July 15th in our place in Reve, or after July 21st. Sorry for the inconvenience. Thanks, *Margarita and Guidelma*

**Water Saving Tip: For your Home:** More random (but helpful) tips: Designate one glass for your drinking water each day, or refill a water bottle; this will cut down on the number of glasses to wash. Use a broom instead of a hosepipe to clean patios and sidewalks. When washing your hands, turn the water off while you lather. If you've created a small pool to beat the summer heat, don't overfill the pools. Lower water levels will reduce water loss due to splashing. Keep water in the pool while playing, it will save water. And finally, flush less. *Water Group*, [watergroup@auroville.org.in](mailto:watergroup@auroville.org.in)

**Bread & Chocolate:** Dear all, we have increased the Aurovilian discount at Bread & Chocolate as we are in a better

position to do so now. Thank you for your support and enjoy! *Bread & Chocolate Team*

**YEPweek:** Youth Entertainment Program presents the YEPweek - a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids can visit and participate in various activities. The activities include pony riding, Papier Maché, quilling, painting... This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits and activities. Joyfully, *Yep Team* [Phone: +91 96 26 56 51 34]

**Gecko: stock clearance!** We reopened our factory outlet and are clearing out our cotton and bamboo stock! Drop by in Aurosarjan Complex (close to GP Cafe) from 9 am to 5 pm. See you soon!

**Kalpna Housing:** All the Aurovilians and Newcomers are most welcome to come and visit the model apartment 2 BHK. Fully equipped and well designed, opened from 3 to 4 sides, for a good natural lighting and ventilation. Every Thursday from 3 to 5.30 pm and Saturday from 10 am to 12.30 pm. Entrance on the crown road in front of the Auroville Library. Surya will receive you every 2nd and 4th Saturday from 10 am to 12.30 pm - Contact: [satyakam@auroville.org.in](mailto:satyakam@auroville.org.in) / [suryanina@auroville.org.in](http://suryanina@auroville.org.in)

### AVAILABLE

**Coconut oil:** From Gokulam farm - we have pure organic coconut oil available for massage, hair, cooking etc. Contact Anand: 8270103198

**Help for wounded birds:** A reminder to all those returning after the summer... I am happy and willing to take care of wounded birds and nurture them back to the wild ...If you find one that may need my help, please call me at: 7598467796 (NO pets... only birds from the wild) - Thank you, *Zohar*



**Four puppies in need of homes:** We rescued four puppies and their mother last month, and they are soon old enough to leave her. There are 3 females and 1 male, somewhat mixed breed. They've been de-wormed and treated for fleas and ticks, and are very cute

and lively. Please contact *Kathrin, Angiras Garden*, mobile: 8903941382, or email: [kathrin@auroville.org.in](mailto:kathrin@auroville.org.in)

**Kittens:** We have four very cute kittens that are looking for a good home. Two are white (males), one is gray, black and white tiger (male) and the last one is black and white like a panda (female). They know how to go to the toilet. I am telling you again they are super cute and soft and well behaved. From *Luna & Lola*, please call us 2622446, 9843191370

**Seagate Backup Plus Portable External Hard Drive 1TB (Black):** Interface: USB 3.0, Compatible with Windows 7 or higher, Mac OS X 10.9 or higher, iOS 8 or higher and Android 3.0 or higher. Sealed and unused with 3 years warranty. Contact *Ahmed* - Mob: +91 9146807123 or [ahmedibrahim30@ymail.com](mailto:ahmedibrahim30@ymail.com)

Samsung galaxy s7 edge 32GB phone: New phone used 1 week only. Contact Priya: 9791439802

Freelance Architectural drawing plan: Are you in need of architectural drawing plan for your house or for your office. Contact 9786167917 or e-mail with your requirements to: [ksundar@auroville.org.in](mailto:ksundar@auroville.org.in) - Sundar K

Electric Guitar + Freebies: I'm Shanks the musician on a white bullet. I have a D'Alberto Les Paul electric guitar for sale, in great working condition with a padded gig bag and guitar stand, iRig adapter, capo and string winder included. Contact me on: [chungates@gmail.com](mailto:chungates@gmail.com)

## LOOKING FOR ...

Tea estate contact: Dear, community, I need your help. I would like to get some contacts with a tea estate as well as an organic spices and cocoa farm around Munnar in Kerela and Ooty in Tamil Nadu near the Nilgiris mountains. Please send me some info as soon as possible by email: [Kyounghyoun@gmail.com](mailto:Kyounghyoun@gmail.com) - From Lee, Kyonghyon

A ride: Does anyone leave Auroville in the next week in any direction in India? I have been in Auroville for 3 months but now feel is the time to connect with the rest of the country. If possible to join in your car/bike? Contact me (Jonas) at: [jonasantos.luz@gmail.com](mailto:jonasantos.luz@gmail.com)

A double mattress: Dear fellow Aurovilians, does anyone of you have an extra double mattress or two single mattresses? Please call me 9442787420. Many thanks, Jairam

Film Maker (small clips): We are looking for a film maker who would like to support us with some small-small film projects. We work with Restorative Circles, a process designed to hold space for dialogue and conflict, within the context of community -- and so much more. If you are intrigued by our work and if you have skills for film, please let us know -

! L'aura for Restorative Auroville ([restorative@auroville.org.in](mailto:restorative@auroville.org.in), 9442788016)

Web Design Support: I'd like to revamp my Wordpress website. I have some basic skills, but feel very rusty. Would you enjoy to work together with me to give it a new look? (Sorry if you already reached out, and I didn't respond - I've been a bit too busy). Thanks, L'aura ([laura.joyful@gmail.com](mailto:laura.joyful@gmail.com), 9442788016)

Some work: Anand (Aurovillian) is looking for any construction, metal work (welding) or project supervision work. Please call him at 8270103198. I can recommend him for the good work he did for me. Thanks, B

Sign language practitioner: I am teaching myself American Sign Language and would like to have someone to practice with - if you know more than the basics please get in touch - Riviam: 9838436309 / [goingpostal@posteo.net](mailto:goingpostal@posteo.net)

Bicycles: We are a Slovenian-Italian family, recently arrived in Auroville. We are looking for second hand bicycles - one or two for adults and one for each child (the kids are 7 and 11 years old). Please contact us at: [merianichiara@gmail.com](mailto:merianichiara@gmail.com) / 8270599656. Thanks! Chiara & Jan

## THANK YOU

### Yogasana - Letter of thanks

*I would like them (the Government) to recognize Yoga as education, not so much for ourselves, but it will be good for the Country. Matter will be transformed, that will be a solid base. Life will be divinized. Let India take the lead." - The Mother.*

*(India and Her destiny. The Mother- Sri Aurobindo Ashram Publication 2014. Messages to the Government-P19)*

On the occasion of International Yoga Day, Auroville organized live yogasana demonstrations in its bioregion in 10 villages. We would like to thank:

1. Arulvazhi School students, village students and parents
2. Doordarshan (Pondicherry) Director Mr Sunder
3. Auroville Foundation
4. Working Committee

5. SAIER
6. Village headmen
7. Volunteers

A 30 minutes short film on yogasana was produced and Doordarshan Pondicherry broadcast it from 21st June for six successive days. Some private cable TV channels in Pondy broadcast it too. We did our best to reach as many people as possible.

We received support from all the villages. About 2,000 people attended the program in 10 villages. Some sought help in teaching yogasana for their children. Encouraged by its success and support from all, we hope to continue this work in future as well.

*Thambidurai, Yatra Srinivassan and Velmurugan*

## APPEAL

### An appeal to the community for the August 15<sup>th</sup> Basketball League.

This year's Auroville basketball league will start in the beginning of the 2<sup>nd</sup> week of August and end on the 15<sup>th</sup> of August. This is an internal basketball league for the 6 Auroville basketball clubs registered with the Puducherry Basketball Association.

The concept of this league is to celebrate Sri Aurobindo's birthday and the Indian Independence day through a basketball league in Auroville. This league has been organized since 2003 with the support of all the Auroville Basketball players and the non-playing members. There are about a 100 to 150 players that participate every year in this league including sub-juniors, juniors and seniors. This is the only event where all the members of basketball come together to celebrate Sri Aurobindo's birthday and the Independence Day of India. This year too, we would like to carry on with the tradition of celebration and make it a very special one, because it leads to the 50<sup>th</sup> Anniversary of Auroville!

We kindly request your support to organize this league; even a small help will be appreciated...

Our financial service account number is: 105144 Independence BB League.

*E. Ganesh for New Creation basketball club*

## TAXI SHARING

Please note that there is a new Auroville service of taxi sharing available with STS at: <http://sharedtransport.auroville.org/>

July 21st: Someone to share a taxi on Friday 21 from Chennai Airport to Auroville? I arrive at 20:05 at Domestic Terminal. Contact: [maria@auroville.org.in](mailto:maria@auroville.org.in) - Maria

## ACCOMMODATIONS AVAILABLE AND NEEDED

House-sitting 1: Hey guys, my name is Eve and I recently became a newcomer and am currently looking for a long-term house to care for (over a year). I enjoy gardening a lot, love any pet, and I'm an organized young woman who will keep your house in perfect shape until you return. I'm a photographer and a graphic designer currently beginning to work for the botanical garden and have volunteered in the Aha Pre-crèche for about 6 months.

House-sitting 2: Dear community, my newcomer time is ending very soon. So I am looking for a long time house-sitting or a place in the greenbelt where I am allowed to build a removable House. I have a son (14) and a Chihuahua. If you would like to know more about us please contact me: [kay\\_nag@yahoo.de](mailto:kay_nag@yahoo.de) - Kay

House-sitting 3: Dear Community, I am looking for a long-term house-sitting opportunity. I have a 12-year old daughter studying in Deepanam School and am working at Neem Tree as a Chef. We are pet lovers and responsible community members for taking good care of your house. Thank you, Harsha - Email: [bos\\_harsha@rediffmail.com](mailto:bos_harsha@rediffmail.com) / Ph:09886000820

House-sitting 4: We are an Aurovilian family (Juan, Ally and our 6-year-old daughter Nalia). Before we find our home in Auroville, we are looking for long-term house-sitting, preferably 6 months or longer, starting from October. Please contact Ally: 7639318959 ([ally@auroville.org.in](mailto:ally@auroville.org.in)) or Juan: 8903992317 ([juan@auroville.org.in](mailto:juan@auroville.org.in)).

House-sitting 5: Hi! I'm looking for a house-sitting - short or long term. I'm a pre-Newcomer, working at Art Service - I'm 40 years old and single. I am also open to living with some Aurovilian willing to share his home - it would be an excellent opportunity to live and share experiences. Contact me for more info: [umberto.cerasoli@gmail.com](mailto:umberto.cerasoli@gmail.com) / mob: 7598331379. Umberto

House-sitting 6: After two 6-months stays in AV, first as a guest (working at PTDC's kitchen and living in Creativity), then as a volunteer (at AV Art Service and PTDC's kitchen, house-sitting in Prarthna), I'll come back soon as a pre-newcomer and would enjoy to find a house-sitting for a few months from August. I'm a responsible mature woman, loving pets and plants ;-). Thank you for answering at: [magalichirouze@gmail.com](mailto:magalichirouze@gmail.com). Warmly, Gali

## AUROVILLE RADIO



Dear listeners!

Our live streaming can be heard on <http://radio.garden/live/villupuram/auroville-radio/>

This week the first batch of students of Future School joined us within their community service, and we have Leela and Yona with us. On the other side internship Shriya has bid farewell, and she is out there on her new exciting quest. We were happy for her meaningful contribution to the AV Radio content. From our volunteers and internship students we have: Internship Shriya interview [Kathy on Ecco Femme story](#), continued with story on Auroville Film Festival with an interview with [Tlaloc](#). On the final day of the state level basketball tournament she covered [Semi Finals](#). Among others, she was inspired by [Sophia](#) and her care for stray dogs. Internship Ishana conveyed [Rachel's story](#), and created musical podcast [Soulful Bollywood](#).

Students of Future School are with us performing their community service, and this week [Leela and Yona](#) have already made their first interview.

[Presenting Internships](#) - interview with Shriya and Ishana.

Ishana, Shriya, Vaidyanath, Denoh Gear, Bhavyo and Vera (with beautiful voice) dramatized a few chapters of 5<sup>th</sup> book of Ringing Cedars of Russia by Vladimir Megre, named [Science of Imagery](#).

Within the regular programs:

Gangalakshmi reads her [Selections](#) of Sri Aurobindo and The Mother texts in French - uncut version on the request of listeners!

Marlenka continues with [Synthesis of Yoga](#).

Out of our regular programs are here the news of [Thursday](#), and [Monday](#).

Musical editions covers future house selection by Tenzin Londen [Prophecy](#), and soulful Afro house mix [Place of Origin](#).

Happy listening!

Your AV Radio Team [[www.aurovillerradio.org](http://www.aurovillerradio.org)]

## EATING OUT

### Invitation for lunch special a month on August

Hosted by Kyonghyon Lee, the chef at the right path cafeteria at VC

Auroville, local, seasonal, creative and experimental food

When: from August 1 till August 28. Only from Monday to Friday at 12:30

Where: Zephyr (upstairs of VC cafeteria)

Who: Anybody - only 20 people required to reserve for the whole 20 days - lunch in advance by email.

Contribution 2,000 rupees for 20 lunches to be transferred to the [acc.no](#) (once you book by email at: [Kyounghyoun@gmail.com](mailto:Kyounghyoun@gmail.com) - I'll reply with a confirmation and the acc no.) - If you receive the reply with more details about this lunch from me, it means you are confirmed.

You'll be served with Lee's heart.

You'll enjoy different varieties of food each day.

You'll be valued because you support Lee's action.

Would you like to go on this journey with me?

Gratitude to the right path and VC cafeteria that sponsored this event.

Awareness and peace for myself and others - *Kyonghyon Lee*

### Naturellement Garde Cafe Open

Dear friends, Naturellement Garden Cafe is opening on Monday 17th of July, after a long summer break. Our timings for this year are from Monday to Sunday, 9 am-5 pm.

We hope to see you there - *Naturellement Garden Cafe team*

# Notes

## Town hall permaculture gardens

I have been asked why the permaculture gardens at the Town hall are dying?  
I have hesitated sending this mail, but I thought an explanation is needed from my side.

There is a severe lack of recycled water (which we usually use to water with) and no other source of water is being made available. Dealing with working groups and individuals, all with different levels of understanding and awareness of the importance of this project, and nearly no one else to support it, is also why we are at this point. After 2 and half years of so much effort, love and care there is no concrete support from the community to make this garden happen. We have tried. I am at a loss on how to go on!

There are more and more questions being asked about food security and until we understand what grows locally and learn how to use it and what that implies on a social level, this will undermine our efforts to create Auroville, as food, along with water is our most essential human need. Food is not only the business of the farmer.

Most of the world is talking about food security, but in Auroville we are not addressing the subject with the belief that we can make a profound change. I know that this change is possible but how to bring that awareness to our community? These gardens represent that change.

I was talking to a water expert the other day and we were saying that it is not until we start to understand the deep interconnectedness between everything that we will manage to create change. For example, each house and public space in Auroville should have a waste water recycling system and, either individually or collectively, use that water to grow food.

That means the water guys and the garden team, the cooking teams, the architects and others etc. have to come together to see how to create such a solution. The problem is that we don't see how symbiotic our existence is.

The re- introduction of wolves into the Yellowstone National Park was a nice example, given in my previous article. When we start to see the solutions to our problems are really collective and it is because we dismiss certain aspects of life, like relating to how we grow our food and where it comes from, that we become fragmented, and from fragmentation holistic solutions to problems are not possible.

These values we are trying to share are so absolutely essential to our very existence. I personally feel that the only way this project will work is if we as a community stand up and say "yes we want this garden at the town hall" Otherwise, like it is now, it will die a death.

If the community wants this garden we have to come together and look at the water problem together. We have to see what our collective values are. If we deem this effort as not so important, ok then, let's leave it. If we believe Auroville can grow on the back of an industrialised agriculture that slowly destroys our planet (also known as Mother Earth) then let's be with that, but let's understand what the situation with food and water in Auroville is and have some vision about that.

As I have no access to water and the community is not yet calling out loud for this project (except for many many pats on the back!) I regret to say I can no longer take care of the Town hall permaculture gardens.

However if a group comes together that wants to make it happen then all my resources, time, energy and love is for that.

With love,  
*Krishna*

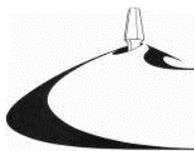
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## For your calendar



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### AMPHITHEATRE - MATRIMANDIR



Meditation with Savitri read by Mother to Sunil's music  
Every THURSDAY at sunset  
We follow the sun and the timing changes with the season...

6.00 to 6.30 pm

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.  
We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you  
Access only for the Amphitheatre from 5.45 pm.  
Please be seated by 5.55 pm.

Thank you.

*Amphitheatre Team*

## INVITATIONS

**SACAR** (Sri Aurobindo Centre for Advanced Research, Pondicherry) to perform  
**Bhoomi Pooja** (Foundation stone laying ceremony) of its branch Auro Vidya Retreat  
Bommayarpalayam, diagonally opposite to Gaia Guest House  
Close to the Healing Centre Complex on  
Monday, 17.07.2017 at 9.30 am  
All are Welcome  
*Submitted by Anandi (Progress)*

### Korean Tea Ceremony

Wednesday 19th July at 5 pm  
Hall of Peace, Unity Pavilion

With Tea-master Jeong Ok. Kim from Korea  
together with Kyong Hyon Lee, Mi Kyung and Jeon

Please register your name in advance with the Unity Pavilion  
phone number: 2623576 / mail: [unitypavilion@auroville.org.in](mailto:unitypavilion@auroville.org.in)

WELCOME

### Invitation for a meeting on Deepavali celebration

Dear All, we invite you all for a meeting on Sunday 16th July 2017 in New Era School at 10:00 am for Deepavali celebration. Dance Teachers, Children and youth interested in music, dance, singing and other cultural related activities are welcome to attend this meeting. Thank you, *The Festival Program Team* - Contact: [7639017692](tel:7639017692) (Saroja) / [9843188461](tel:9843188461) (Nivetha)

### Seed Festival at Sustainable Livelihood Institute

Wednesday - July 26th

Please save the date for Seed Festival at SLI

All are invited to come learn about traditional seeds, exchange or buy them from traditional seed collectors from Auroville and Tamil Nadu.

## CULTURAL EVENTS

### Taiwanese Cultural Events

Taiwanese Pavilion team is happy to invite you to a series of cultural events.

1. Traditional Chinese Calligraphy workshops on July 16, July 23 and July 30 at 10 am. Please register and email to [taiwan@auroville.org.in](mailto:taiwan@auroville.org.in) as space is limited to 15 people. We will also let you know the location once you are registered.
2. Taiwanese traditional Earth Oven experience on August 5th from 2-5 pm. Location: North East Asian zone, next to Language Lab.

Warm regards from Taiwanese Pavilion Team

## CLASSES, WORKSHOPS

### Feminine Dance

Dear beautiful Women, Feminine Dance on Friday will be cancelled till further notice. Sorry for the inconvenience, Much Love and Harmony to all, *Priscila*

### Lalita Sahasranama Chanting

Lalitha is the Goddess of bliss. This is a text from the [Brahmanda Purana](#). This practice is held as a sacred text for the worship of the "Divine Mother", in the form of [Durga](#), [Parvati](#), [Kaali](#), [Lakshmi](#), [Saraswati](#), [Bhagavathi](#), etc. it names her various attributes, and these names are organized in the form of a hymn

Lalitha Sahasranama is said to have been composed by eight [vaag devis](#) upon the command of Lalitha Herself.

The scriptures give a long list of the benefits of chanting Lalitha Shahasranam. Here are some of them: Through the regular chanting of Sree Lalitha Sahasra nama, the atmosphere will be purified. Each nerve in our body will be invigorated and subtle energies will be awakened in the person. Sree Lalitha Devi will

protect a person and will make him victorious in all his good deeds.

Aum... I would like to meet every Saturday from 4 to 5 pm for this chanting that I've been practicing for more than 10 years daily. If you want to join please contact me. *Hamsini*: 9487544184



### Mudra chi - a body prayer

Mother's mudras in a tai chi form  
Tuesdays 5 pm at Savitri Bhavan  
Facilitator Anandi  
Everybody welcome

### Body fitness & Self-defense classes

Learn Karate and Kick boxing for self-defense and body fitness. On Saturday and Sunday between 6.30 and 8.30 am. Place: SAWCHU building, Bharat Nivas.

For more information contact: 9442485455 or 9786167917

### Inner Work Workshop

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

18th July (Tuesday)

- Overview with multimedia presentation
- Questions and Answers
- Practice in Daily Life
- Complimentary Concentration Exercises
- Creative Arts, Interactive Games
- Life of Sri Aurobindo and the Mother
- Introduction to the Reference Books

Focus this week on: 'Practice - The Sunlit Path'

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan / Time: 9 am to 12 Noon

(For those who are new to Yoga, from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality.)

Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922)

No Registration required (except for groups)

Fees: Voluntary Contribution - All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit [www.integralyoga-auroville.com](http://www.integralyoga-auroville.com)

### Hatha Yoga

With Bala at the African Pavilion

Monday to Thursday: 6 am to 7 30 am and 4 to 5 30 pm

Classical Hatha Yoga by a 200hr Yoga alliance certified teacher.

Hatha Yoga gives importance to the breathing, relaxation and meditation nature of a pose along with the physical nature of the Asanas. An Asana class consists of eye and neck exercises, Pranayama, sun salutations, Asanas (Poses), final Relaxation and Meditation.

Beginners to Intermediate level. Contact: +91 9892699804 / 7867899203

### Bharat Nivas warmly invites you to Hatha Yoga classes

Offered by Mimi Chakravarti at India Space, Bharat Nivas, Starting Monday 17th July

On Mondays, Wednesdays and Fridays from 6.30 to 7.45 am Mimi Chakravarti, a Yoga Shiromani and Yoga Acharya from the Sivananda Yoga Vedanta Centre, has been teaching Hatha Yoga for more than ten years. Sivananda Yoga is a wholesome practice of Hatha Yoga including pranayama, asanas, relaxation and meditation.

For more information and registration call Mimi at 098101016021 or email [bharatnivas@auroville.org.in](mailto:bharatnivas@auroville.org.in)

## SCHEDULES

### VERITE

Please contact Vérité to register for the following workshop: 0413 2622045, 7094104329 or [programming@verite.in](mailto:programming@verite.in) /

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

Workshop In Vérité: (24 hour advanced registration required)

Fate or choice? (Family constellations - with Yuval

Saturday, 15 July, from 9 am to 4.45 pm

In our lives hidden dynamics can unconsciously create our fate. To become aware of them, we can bring back choice by applying (family) constellation techniques.

### Auroville Language Lab

New Pre-Intermediate Tamil class at the Language Lab

Tuesday 11-12 am

Thursday 2-3 pm

If you have lived here for many years and know your basic Tamil but now want to make the next step to be able to converse, this class is for you. Not for complete beginners.

## FILMS



### THE ECO FILM CLUB

Sadhana Forest, July 21st, Friday.

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana

Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:30 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!

#### THE LAST EXPLORERS: JOHN MUIR

60 mins / English / 2011 / Directed by Tim Niel

Set in the spectacular Yosemite Valley in California, this is the story of the father of the modern conservation movement and one of the founders of America's National Park movement. John Muir was a 19th-century adventurer who explored the natural world and devoted his life and work to persuade others to see the sacred beauty of his discoveries.

(Reminder: Friday 14/07 - The Cove)

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or [sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in) or visit us online: <http://sadhanaforest.org/> <https://facebook.com/sadhanaforest>

### AT SAVITRI BHAVAN

Monday, 17th of July 2016 at 6:30 pm

"THE TEACHINGS OF FLOWERS - THE LIFE AND WORK OF THE MOTHER OF THE SRI AUROBINDO ASHRAM"

The Mother used flowers and their true essence for spiritual teaching of the Integral Yoga and for the manifestation of a new consciousness. It links our visible, tangible world with inner worlds using the true meaning and qualities of flowers. The earth is formed from the dust of the stars in the nebulae of our cosmos, and we are made of the earth. And in the evolution of earth - in all the beautiful multiplicities - each flower has some particular quality which we also have, or want to have, because people and flowers alike are children of the earth and stars.

A film by Loretta Shartasis, Cinematography by CarenLindfield. Duration: 121min.

\*\*The News&Notes is available for all to download from the Auroville website at <http://www.auroville.org/contents/4186>\*\*  
The archives are found at <http://www.auroville.org/contents/186>  
And regular events at <http://www.auroville.org/contents/4201>



# Cinema Paradiso

Multimedia Center (MMC) Auditorium  
Film program 17 July 2017 to 23 July 2017

Indian - Monday 17 July, 8:00 pm:

- **POWER PAANDI**

India, 2016, Writer-Dir Dhanush w/ Dhanush, Dheena, Divyadarshini, Action-Drama, 130mins, Tamil w/ English subtitles, Rated: NR (PG-13)

The film tells a story about Power Paandi, a retired stunt master in the Tamil cinema industry who now lives his retired life with his son Raghavan, daughter-in-law Prema and their two children Dhruv and Shaksha. Power Paandi is a person who always gets himself into some social causes. When one such cause becomes a police case, his son scolds him. Power Paandi takes off on a bike trip which leads him to his first love.

Italian - Tuesday 18 July, 8:00 pm:

- **SUBURRA**

Italy, 2015, Dir. Stefano Sollima w/ Pier Francesco Favino, Greta Scarano, Jean-Hugues Anglade, and others, Crime-Thriller, 130 mins, Italian-Romany-English w/ English subtitles, Rated: R

The Suburra, a rough neighborhood of Rome, is the scene of an ambitious real estate project. A gangster known as the "Samurai" wants to turn the waterfront of Ostia, into a new Atlantic City. A corrupt politician and a powerful cardinal are protecting him, and it seems that all the local mob bosses have agreed to work for this common goal. But, with the state, Vatican and the mafia involved things are not what they seem, peace is not to last long, and a ferocious war between the gangs is about to wreck the Samurai's dream. An ensemble thriller of epic dimensions reminiscent of Greek tragedy. *Please note that this film is not for those with tender hearts.*

Interesting - Wednesday 19 July, 8:00 pm:

- **YEARS OF LIVING DANGEROUSLY : DRY SEASON**

USA, 2014, A National Geographic Production - Season1 w/ Harrison Ford, Don Cheadle and others, Documentary, 58mins, English, Rated: NR (G)

Don Cheadle reports on the severe droughts in the Southwest United States, following scientist and devout Christian, Katharine Hayhoe, as she speaks to religious audiences about the connection between extreme weather and climate change; Harrison Ford visits Indonesia to learn how slash-and-burn deforestation, driven by the global appetite for products like palm oil and paper, contributes a large portion of the world's carbon emissions; and Thomas Friedman investigates how drought contributed to the civil war in Syria. *It has been criticized that although the film exposed the dangers of deforestation, executive producer Arnold Schwarzenegger owned stake in a firm that it said finances many of the world's largest logging companies.*

French - Thursday 20 July, 8:00 pm:

- **FRANTZ**

France-Germany, 2016, Dir. François Ozon w/ Pierre Nimey, Paula Beer, Ernst Stötzner and others. Drama, 113mins, French WITH ENGLISH SUBTITLES, Rated: G

On the aftermaths of the 14/18 war, in a small German town, Anna goes everyday on the tomb of her fiancé killed

on the front in France. On this day, a young French man has come to meditate on the grave of his German friend.

International - Saturday 22 July, 8:00 pm:

- **THE CAMERA STORE**

USA, 2017, Writer-Dir Scott Marshall Smith w/ John Rhys-Davies, Cheryl Ladd, John Larroquette, and others, Drama, 99mins, English w/ English subtitles, Rated: R

Ray and his salesman Pinky are trying to make it through the biggest shopping day of the year, again. Two decades ago, their camera store was a thriving neighborhood business. Now, they barely keep the store alive for their wealthy, amoral, and absent boss, Mr. Bibideaux. With the arrival of an old friend, Ray gets word of a big change coming to the business, and he must act immediately to save himself from the sinking ship before he loses the little chance he has for a better life.

Children's Film - Sunday 23 July, 4:30 pm:

- **MINUSCULE - LA VALLEE DES FOURMIS PERDUES**  
(Minuscule: Valley of the Lost Ants)

France, 2013, Dir: Helene Giraud, Thomas Szabo, Animation, 89 mins, No Dialogue, Rat-ed: G

A stranded young ladybird, forms an alliance with a squad of black ants, to retrieve a rather unusual treasure to the ant hive.

WOODY ALLEN Film Festival @ Ciné-Club

Ciné-Club - Sunday 23 July, 8:00 pm:

- **CRIMES AND MISDEMEANORS**

USA, 1989, Dir. Woody Allen w/Martin Landau, Woody Allen, Bill Bernstein and others, Drama-Comedy, 104mins, English w/English subtitles, Rated: PG-13

Considered an important and interesting work of the filmmaker, this film is an alternately comical and dramatic examination of scruples as it follows two parallel storylines that manage to connect at the end. One follows the exploits of a philandering optometrist who is trying hard to break off his relationship with an obsessive, overly dependent woman who blackmails him into remaining with her. Her conniving leads to tragedy. The other plot-line deals with a depressive documentary maker who is in love with his producer. He is working on a film about her selfish and arrogant employer, a popular television comedian.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). *We appreciate your continued support. Pl make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.*

Thanking You, MMC/CP Group - Account# 105106, [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

## ACCESSIBLE AUROVILLE PUBLIC BUS - JULY 2017

### Pondy Trips (summary. See full schedule on Auronet)

The usual stops are served along the way: Matrimandir office gate, Solar kitchen, Certitude, Kuilapalayam, New Creation Junction, Kuilapalayam (SBI Bank ), (Former) Last School, Quiet, Lotus Hotel

#### Morning Trips:

##### MONDAY to SATURDAY

Dep. 8.20 am - Vérité  
Arr. 9.05 am - Ashram Dining Hall

Dep. 12.00 pm - Ashram Dining Hall  
Arr. 12.45 pm - Vérité

#### Afternoon Trips:

##### WEDNESDAY & FRIDAY

Dep. 4.20 pm - Vérité  
Arr. 5.05 pm - Ashram Dining Hall

Dep. 8.10 pm - Ashram Dining Hall  
Arr. 8.55 pm - Vérité

#### Short afternoon Trips:

##### MONDAY & SATURDAY

Dep. 2.50 pm - Vérité  
Arr. 3.35 pm - Ashram Dining Hall

Dep. 6.00 pm - Ashram Dining Hall  
Arr. 6.45 pm - Vérité

### Srima Beach (Tanto Far Beach) – Sunday Trips (summary. See full schedule on Auronet)

The usual stops are served along the way:

Matrimandir office gate, Solar kitchen, Certitude, Kuilapalayam (New Creation Junction), Kuilapalayam(SBI Bank), (Former) Last School

Dep. 9.00 am - Vérité  
Arr. 9.30 am - SriMa

Dep. 11.30 am - Vérité  
Arr. 12.00 pm - SriMa

Dep. 2.30 pm - Vérité  
Arr. 3.00 pm - SriMa

Dep. 3.30 pm - Vérité  
Arr. 4.00 pm - SriMa

Dep. 9.30 am - Sri Ma  
Arr. 10.00 am - Vérité

Dep. 12.00 pm  
Arr. 12.30 pm - Vérité

Dep. 3.00 pm  
Arr. 3.30 pm - Vérité

Dep. 5.30 pm  
Arr. 6.00 pm - Vérité

We are looking forward for feedback from you all. Write to us at: [avbus@auroville.org.in](mailto:avbus@auroville.org.in)

#### Important information about News & Notes

(Absolute deadline for submissions or cancellations: Tuesday 5 pm)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material: Material (no pdf files, please) may be sent (in English only) to the *N&N* email address (below).

Please try your best to send your announcements, reports, film schedules whenever they are ready.

Any modifications of the submitted *News* items have to be sent to the editors before Wednesday.

Articles for the Notes section should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

Extra Page Requests have to reach us by Monday, and will be met only if space allows. Extra contribution requested.

Soft Version: We encourage you to ask us for a soft version of News&Notes sent directly to your own mail. Or to download it from the Auroville website or Auronet (see links above). First, it saves trees, labour, petrol, and money (over Rs 25.000 monthly are spent only on purchasing paper&ink) and labor (more than 900 copies are printed every week). Secondly, the PDF file (with full colors and clickable links) is ready earlier than the printed version which is delivered only on Friday and Saturday. Don't hesitate to mail: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in) or to phone 2622133 if you want to give it a try or to send your ideas/feedback.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

*News & Notes*, Media Centre, Town Hall. Phone: 0413-2622133, email: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in)

#### Auroville Emergency Contact Numbers - Save them in your phone now!

- Auroville Safety and Security Team: 9443090107 (Email: [avsecurity@auroville.org.in](mailto:avsecurity@auroville.org.in))
- Ambulance: Auroville: 9442224680 - Pims: 0413-2656271
- Farewell: mobile number: 8903836246. *reachable 24/7.*

## REGULAR EVENTS IN JULY

### Note from the editors

The Regular Events column is printed once a month, and sent via pdf/published online weekly. Guest-houses are kindly requested to put this section up on their notice boards for their guests. Kindly inform us of any changes/cancellation of your event, or if you want your regular event to be added to the listing  
\*\*NEW: now online Regular Events! <http://www.auroville.org/contents/4201>\*\*

### Online Auroville Events Calendar - (no need to log in for guests! - just scroll down the page)

The schedule of events for the week can be accessed by all, including Guests and Visitors, on the Auronet login page: [www.auroville.org.in](http://www.auroville.org.in)

**AcroYoga for Beginners:** Saturdays 8:15 to 9:45 am at Arka. - Partner flow: warming up with asanas and stretching with a partner - Inversions: flying and playing with partners. *Damien* 90 47 72 27 40

**African Pavilion's regular events:** By Popular Demand the African Pavilion is happy to announce, every Monday from 6pm to 9pm, a new event to host African Cooking, Music, and Dancing. Every Thursday enjoy the drumming circle together with dinner from 7 pm till 9 pm. Every Friday at 4.30pm: Transformational yoga.

**Auroville Aikido** Will restart early July. For Children classes & general info, please write to [budokan@auroville.org.in](mailto:budokan@auroville.org.in).

**Alcoholics Anonymous:** meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

**Argentine Tango:** Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8 pm @ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: [tango@auroville.org.in](mailto:tango@auroville.org.in) Bring socks or dance shoes.

**Astrology, its holistic approach:** Astrological Chart by *Uma Giménez*. You are welcome to call and fix an appointment at 0413-2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

**Authentic Tamil culture:** *Meena*, a Tamil Aurovilian, offers courses every Sunday morning to explore the beauty of the authentic Tamil Culture. Meeting point: Courage Gate. The course can be tailored to your choice including: 1. Cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263.

**AVYA Auroville Youth Activities:** a brand new website presenting the regular Youth Activities available in Auroville: [youthactivities.auroville.org.in](http://youthactivities.auroville.org.in). The primary goal is to provide the Auroville community (especially children/parents), with an organized and simple overview to become aware of the Activities available in Auroville, for the AV Youth. If you wish to add your activity to the website, kindly send your contact details (sport, name, phone number, email) to [youthactivities@auroville.org.in](mailto:youthactivities@auroville.org.in).

**Bharatnatyam classical dance classes** At Yatra Arts Foundation Every Saturday evenings 4.30pm to 5.30pm and on Sunday mornings 9.00am to 10.00am.

**Bhrahmanaspati kshetram:** The Mother and Sri Aurobindo Centre is launching regular activities: Every Thursday meditation 6:00-6:40 pm - Every first Sunday of the month reading circle from 5:30 pm led by Bhavana Sundari in Tamil and English (for directions kindly consult Google maps at this link: [here](http://here))

**Body Care in Auromode:** Facial treatment - cleaning, scrubbing, massage, moisturizing mask, rejuvenating mask, deep cooling mask. Exotic SPA - Scrub, Wraps (chocolate, Tropicana). All used materials made from natural and organic products. Body Treatment - Cup massage. For more information contact *Svetlana* +919344639707

**Body fitness & Self-defense class:** Learn Karate and Kick boxing for self-defense and body fitness. On Saturday and Sunday between 6.30 and 8.30 am. Place: SAWCHU building, Bharat Nivas. For more information contact: 9442485455 or 9786167917

**Buddha Garden Activities:** We have an *Introductory tour* every Monday at 10.00 am until lunch time. Walk around the farm and see how we grow our organic food. For further details contact *Priya*: [priya@auroville.org.in](mailto:priya@auroville.org.in).

**Capoeira (Group Ginga Saroba):** Join our Capoeira family! Classes open to all levels, led by Prof. Samuka da Índia and his students

- ADULTS >> Monday: 5.15 PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday: 6.00 PM - Deepanam School
- KIDS >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid
- CONTACT >> 9488328435 (Prof. Samuka) | [info@ginga-saroba.com](mailto:info@ginga-saroba.com) | [www.ginga-saroba.com](http://www.ginga-saroba.com)

**Children Activity Garten:** in a friendly home-environment for ALL children from 2 to 6. Open Mo - Fr from 9 am to 1 pm and on the regular school holidays. Contact: [egle@auroville.org.in](mailto:egle@auroville.org.in) or 94880 47368. <http://activitygartenauroville.esy.es>

**Chinese fire cupping /Moxibustion Therapy:** Fire cupping (火罐) and Moxibustion (艾灸) are both ancient therapies based on TCM theory. They can remove one's blockage and accumulated toxin from deep inside the body as well as improving your immune system, effective in acute and chronic internal organ disorders such as pain, stiffness, fever, chill, cough, wheeze, nausea and vomiting etc... By appointment only, Chun: 80989-00708 / [chun@auroville.org.in](mailto:chun@auroville.org.in) Arka Wellness Center

**Coaching and Personal development** based on NLP with *Christine P.*: 9489805493 / or [contact@auroville-holistic.com](mailto:contact@auroville-holistic.com). [www.auroville-holistic.com](http://www.auroville-holistic.com)

**Creativity Atelier - Life Drawing Circle:** Time: Tuesdays, 5.30pm to 7.30pm. Venue: Creativity Atelier. Creativity Community. Fees: Voluntary Contributions to Materials and Model. All are welcome to immerse themselves in our intense and inspiring session of life drawing. The idea is to explore one's creative self in a friendly and fun environment. This is not an instruction based class. A model and basic drawing materials will be arranged for.

We seek your generous donation to maintain the well-endowed studio and sustain the enriching experience. We also welcome those who would like to model for our artists. You need not necessarily have prior experience to pose for few drawings. Moreover, you get to enjoy many creative manifestations of yourselves while you indulge yourself in a quiet and meditative sit-in moments. For more information or to book yourself, please contact *Lakshay* on 9810052574. Cheers!

**Cuban Salsa:** Learn and practice Cuban Salsa, every Wednesday, 6-8 pm, at African Pavilion. Class is Free and all are welcome. Instructors: *Mouhsine & Camilla*. For questions, email [serrar@gmail.com](mailto:serrar@gmail.com)

**Dance Fitness:** classes have started again in New Creation with *Elodie*. Tuesday and Friday from 5pm until 6pm. If you want to have fun and be active see you there!

**NEW dance fitness class:** Where - New Creation Dance studio. Timing - Tuesday and Friday morning from 8.30 to 9.30. Teacher - *Vijay*

**Darkali Fitness Track open hours:** New, redesigned Darkali Fitness is closed in the mornings until further notice. Track is open afternoon only from 4.30 p.m. till 6.45 p.m. Please remember to come 30 minutes before closing time. Please note, in case of rain the Fitness Track will be closed until the path is dry. To be aware when the Fitness Track reopens after the rain please visit Auronet group «[Darkali Fitness Track](https://www.facebook.com/Darkali-Fitness-Track)». Way to the gate in Google Maps: [goo.gl/dpdTgf](https://goo.gl/dpdTgf).

**Eco Femme open session:** Eco Femme welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work, sustainable menstrual products and menstruation experiences. Contact number: 9487179556

**\*Evening\* Farmers Market:** The Saturday Market is now ON in the cooler evening! Every Saturday at the Youth Center, 6pm - 8:30 pm, along with the Pizza Night. A community celebration of local food & creativity. Yummy organic veggies and hand-processed food

from AV Farms, eco-green products, fantastic jewelry, snacks and kefir, handmade clothes, music, etc. *See you there.* YC 0413-2622857

**Feminine dance for all women:** in Cripa, Kalabumi: Tuesdays at 4 pm. An additional class is held by Priscila on Fridays at 7:15 am. Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are recommended. [galit@auroville.org.in](mailto:galit@auroville.org.in)

**Flamenco In Cripa Every Wednesday:** From 3:15 to 4:45 pm. We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography. Come and enjoy with us, *Flamenco team.*

**French classes at Savitri Bhavan, House of Mother's Agenda:** French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

**From the Food Lab:** Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call *Lorenzo* before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

**GAMES!** An evening of fun board games. Every Friday from 6:30 pm onwards, upstairs at le Zéphyr restaurant in Visitors Center. We have many games already! Bring yours if you have!

**Hatha Yoga classes @ JOY GH:** The classes will be geared towards achieving a balance in our energies. Education about the body, mind and breath and yoga asanas, sequencing and their benefits will be an integral part. We will also do a little chanting and pranayama practice. The classes will be on Mondays and Fridays from 4:30 to 6:00 pm. First class will be on the 3rd of April. Thought by *Sakshi*. For more info: 9487272393, *Joy Team.*

**Hatha Yoga with Bala at the African Pavilion:** Monday to Thursday: 6 am to 7 30 am and 4 to 5 30 pm - Classical Hatha Yoga by a 200hr Yoga alliance certified teacher. Hatha Yoga gives importance to the breathing, relaxation and meditation nature of a pose along with the physical nature of the Asanas. An Asana class consists of eye and neck exercises, Pranayama, sun salutations, Asanas (Poses), final Relaxation and Meditation. Beginners to Intermediate level. Contact: +91 9892699804 / 7867899203

**Heartbeats - Dance Therapy with Julie,** until April 27th (except April 6th). Thursdays from 5-6:30 pm, Sankalpa Art Center (behind Pavilion of Tibetan Culture, International Zone). Come explore your inner rhythm and move to the beat of your heart. Be guided through movements and music that will bare your soul while letting go of dancing to impress, instead dancing to express. *Julie facilitates private coaching and dance therapy sessions, workshops and retreats across the world, combining her strategy consulting background with a passion for yoga, dance and meditation.*

**Hindi & English Class:** Learn to speak, read and write Hindi at New Creation every Sunday at 1.00 pm to 2.30 pm. Contact *Shiv*: 9884035536 at *Reach for the Stars*. [shiv.godi007@gmail.com](mailto:shiv.godi007@gmail.com)

**Hip Hop Class:** Hip hop classes for Children at New creation Dance studio. On Tuesdays: 6 pm to 8 pm and Saturdays: 4 to 5 pm - For more information call: 9786167917.

**Leela, the Game of the Self Knowledge (a 2000 years old game!):** Come and play the Game of your Life! Sundays, 9.30am to 12.30 (above 15 years old), in SVEDAME, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked. Always better to call before to confirm, please contact: *Veronique J.* 948 85 12 678 [www.leelathegame.blogspot.in](http://www.leelathegame.blogspot.in)

**Mandala & Meditation:** *Daily practice from 4:30 to 5 pm, at Art Cart (VC) on Tuesdays/Fridays, Sankalpa Art Center on Mondays/Wednesdays/Thursdays.* A simple co-creation and affirmation practice, bringing awareness within community through metaphor of an impermanent artform. Open to all.

**Meditation for Peace and Healing:** Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to

build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

**Mudra-Chi Workshop:** A body Prayer in a Tai-Chi Form. Every Tuesday at 5 pm. At Savitri Bhavan. Facilitator: *Anandi*. For further information or Special Classes, contact me, [anandi7@auroville.org.in](mailto:anandi7@auroville.org.in)

**Nonviolent Communication (NVC):** workshops, practice groups, facilitation, mediation, coaching. Contact *L'aura* (NVC Certified Trainer): 9442788016, [joylivinglearning@gmail.com](mailto:joylivinglearning@gmail.com), [www.joylivinglearning.org](http://www.joylivinglearning.org), [www.facebook.com/JoyLivingLearning](https://www.facebook.com/JoyLivingLearning)

**Odissi & Semi-Classical Bollywood Dance Class With Tejas:** Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. +91-8489477222. [tejas@shaktidancetroupe.com](mailto:tejas@shaktidancetroupe.com).

**OM Choir:** "The voice that chants to the creator Fire, /The symbolled OM, the great assenting Word". Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

**Pavilion of Tibetan Culture - Wednesday dinners:** As usual we request you to register with us at 0413 2622401 or send an email to: [kalsang@auroville.org.in](mailto:kalsang@auroville.org.in)

**Pilates with Savitri:** at New Creation Dance Studio on Mondays at 5pm, basic level - on Tuesdays at 7.30am, intermediate level - on Saturdays at 7.30 am, basic level. [savitri@auroville.org.in](mailto:savitri@auroville.org.in)

**Pilates with Teresa:** At Arka. All classes last one hour. Tuesdays, 7:30am: focus on breath & use of the core - Tuesdays, 10am: General class - Wednesday 5:30pm: General class - Thursdays, 7:30am: focus on alignment - Thursdays, 10am: general class - Fridays 5:30pm: advanced class only for regular practitioners - Saturdays, 10:00am: General class. **\*\*Advance, medium, beginner... everyone is welcome!\*\*** Teresa: 7867998952 / [teresa@auroville.org.in](mailto:teresa@auroville.org.in)

**Psycho-spiritual work, tarot and other sessions:** To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing, guided meditation and other tools...by *Antarjyoti* in English or French, tel(land): 0413-262 37 67 or email: [antarcalli@yahoo.fr](mailto:antarcalli@yahoo.fr)

**Quantum Shiatsu Massage:** With *Sami A. Latzke*. [www.auroville-holistic.com](http://www.auroville-holistic.com). Contact us by mail for more info: [contact@auroville-holistic.com](mailto:contact@auroville-holistic.com)

**Réception Francophone:** Tous les mardis de 17:00 à 18:30 à La Terrasse, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Auroviliens et Newcomers francophones peuvent aussi participer.

**Regression Therapy with Sigrid Lindemann.** [www.auroville-holistic.com](http://www.auroville-holistic.com). Contact us by mail for more info: [contact@auroville-holistic.com](mailto:contact@auroville-holistic.com).

**Restorative Circles (RC):** workshops, practice groups, calling a live Circle, and other questions. Contact *L'aura*: 9442788016, [restorative@auroville.org.in](mailto:restorative@auroville.org.in), [joylivinglearning@gmail.com](mailto:joylivinglearning@gmail.com), [www.facebook.com/RestorativeAuroville](https://www.facebook.com/RestorativeAuroville)

**Salsa in CRIPA:** Salsa dance class led by *Vijay*, followed by practice time. Every Tuesday 6pm-7:30pm. At CRIPA in Kalabumi. Open to all: Aurovilians, Volunteers, Newcomers, and Guests! (on contribution)

**Sankalpa Art Cart** (*parked on the Visitor's Center stage, next to cafeteria*) Tuesdays and Fridays from 4-6 pm, Wednesdays from 10 am-12 pm. An open and welcoming space for creative expression and connection through various media, for all ages and no art experience necessary.

**Sanskrit Mantras:** at Joy Community GH Hall, Centre Field. Drop in classes on Thursday at 6:15 to 7:15pm and Regular Classes on Friday from 6:15 to 7:15pm. Chanting Mantra is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and

rules of intonation and syllabic length will be learned in these classes in the traditional way.

**Satsang:** a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6:30 pm

**Singing & Dancing Celebration** around the fire in Yatra 2017  
Joyful spiritual songs from all over the world - keyboard and drums  
- Bring your instruments and join us! Every Thursday at 7.30 pm. at Yatra - Near NewVreation Sports ground/La Piscine. *Osiva:* 919629832216

**Skyworks: Tree Climbing Workshops:** RECREATIONAL. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. **ADVANCED** You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots but also with ascenders and descenders. For conditions & appointment call *Satyajji* 8531033545

**Solitude Farm activities:**

- Weekly farm tour with *Krishna* - Saturdays 11:30am
- Cooking workshop to learn how to use local, traditional ingredients and their nutritional benefits - Saturdays 3pm
- Volunteers welcome! Drop by to visit or call *Krishna* 9843319260

**Somatic Explorations with Maggie:** Every Wednesday from 5-6 pm in Vérité Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call 94866 23465

**Sound Bath - Unity Journey:** *no session in May*

**Sound Massage And Bath With Tibetan Singing Bowls:** Lying on a mat with bowls of different pitches, sound energy flows right through your cells forming a beautiful OM harmonic cocoon of peace, melting away tightness and discomfort while tuning you up to its healthy grounding vibrations. The powerful bronze bowls take us deep inside into our true home.... Info & booking for guests: *Antarjyoti*, tel (land)(0413)262 37 67. Mail: [antarcalli@yahoo.fr](mailto:antarcalli@yahoo.fr)

**Sound Therapy and Exploration in the Body for Self-Healing:** Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music instruments that enhance the self-healing powers of your being...The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing sciatica pain ("Ischias" in German). To book your appointment, please call *Isha* at: (0413) 2622192 / (+91) 99433 05092

**South Indian Classical Dance (Bhratnatyam):** Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. *S.Caveri:*7598368514

**Spanish Tertulia:** A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

**Spiritual coaching with Sitara:** tools: Bach flowers, mandala and affirmation work, spontaneous writing, hypnosis, meditation, visualization and yin yoga. For appointment contact *Sitara* 9751798408 [tara@auroville.org.in](mailto:tara@auroville.org.in)

**Spontaneous Singing with Antoine:** *Paused until Aug 16<sup>th</sup>.*

**Sunday Farm & Forest Walks:** *no walks in May*

**Tamil Literary Classes and Craft Lessons:** Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time Also classes on languages,

sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: [tamil@auroville.org.in](mailto:tamil@auroville.org.in). *R. Meenakshi ( Ilaignarkal Education Centre)*

**TAI CHI HALL @ SHARNGA:** There will be no Tai Chi classes from May 23 to August 7. The last class will be on May 22 Monday and the first class (next) will be on August 8 Tuesday. [taichi@auroville.org.in](mailto:taichi@auroville.org.in)

**Tanseikai Aikido in the Auroville Budokan:** Tanseikai Aikido will take its summer recess from May 20th. Classes will resume after July 20th with a new timetable. The new hours of practice will be announced in due time.

**Tea Gathering:** Experience and learn the East Asian way of drinking and serving tea - The art of sharing joy and peace through a cup of tea with your friends will change your perspective towards tea - Every Saturday 2 pm to 5 pm. Booking is required. Approx. 1 hour for each session, please choose your time slot. Book at: 7868825918 - 04132622192 -04132623918 / [francesco@gelatofactory.in](mailto:francesco@gelatofactory.in) . Venue: Gelato Factory main Auroville road (near Auroville Bakery and Farm Fresh), Kuilapalyam [[www.artfood.in](http://www.artfood.in)]

**Thai massage** to re-harmonize the energy and heal with Christine P. Registration & info: [contact@auroville-holistic.com](mailto:contact@auroville-holistic.com), *Christine P:* 9489805493/ [www.auroville-holistic.com](http://www.auroville-holistic.com)

**Theatre Improvisation Games:** Come and discover a new sense of freedom, meet other fun and interesting people for an afternoon filled with interesting improvisation games. Every Friday from 4.30 pm - 6 pm at SAWCHU. For more details call *Veronique J.* (9488512678)

**Ultimate Frisbee:** Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate). Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact [avultimate@auroville.org.in](mailto:avultimate@auroville.org.in) with any questions or just come ready to play!

**NEW! Ultimate Frisbee women's team training:** Sunday 4-6 pm

**Veena Musical Classes:** One of India's most ancient string. Regular veena musical classes by *Ravi* for everyone, Children & Adults, at Yatra Arts Foundation, near New Creation sports ground. Every Friday evening from 5pm to 7pm. Contact: 0413- 2623071 / 9786772209

**VocalYoga, Nada Yoga and Sacred Chanting:** Mondays and Tuesdays, 2 to 4pm In Creativity hall of light. **Explore** and learn how to use your vocal instrument according to Italian Masters of the voice in a yogic approach. **NadaYoga** teaches us to perceive sounds in different parts of the body connected to energetic channels. These ancient Yoga techniques re-align the energy flow give peace and serenity. Allow people who sing out of tune to sing well **Learn:** Mantras, Kirtans, Bajhans. Contact: *Hamsini* ONLY ON APPOINTMENT 9487544184.

**WARAKU Practice in Auroville Budokan:** Waraku practice will take its summer recess from May 20th. Classes will resume after July 20th with a new timetable. The new hours of practice will be announced in due time.

**Youth Entertainment Program presents the YEPweek:** a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids will participate in various activities facilitated by Aurovilians. This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits, activities and free playing time. Joyfully, *Yep Team* (+91-9626565134)

**The Youth Center Pizza Nights are on Fire:** And so is the fire wood oven, so when Saturday evening 7 00 pm comes around, get your chappals on and kick your bike to life (or jump on your cycle), follow your nose and you'll end up at the right place! We have pizzaiolos rolling out doughs by the second and a precisely highly trained group of hands sprinkling the pizzas with all kinds of toppings and tasty Auroville cheeses. And lots more, so see you there!

**Vinyasa Yoga:** - at Creativity Hall of Light, every Thursday from 4 pm to 5.30 pm with *Bebe Merina*. This style is sometimes also

called flow yoga, because of the smooth way that the poses run together and become like a dance. Please come and enjoy the classes.

NEW! Vinyasa flow Yoga classes with *So-Young* at Creativity HALL OF LIGHT. The class is based on alignment of Iyengar and flow of Ashtanga. It remains authentic to ancient yoga tradition while tackling modern challenges. After class, you will be So Young!!

Schedules, 17:30-18:30 starting in May 2017

Tuesday - Vinyasa flow lv.0

Thursday - Vinyasa flow lv.1

Aurovilians and Newcomers free of charge.

Volunteers 100 rupees. Guest 200 rupees

Please, park the motorcycle in Creativity garage.