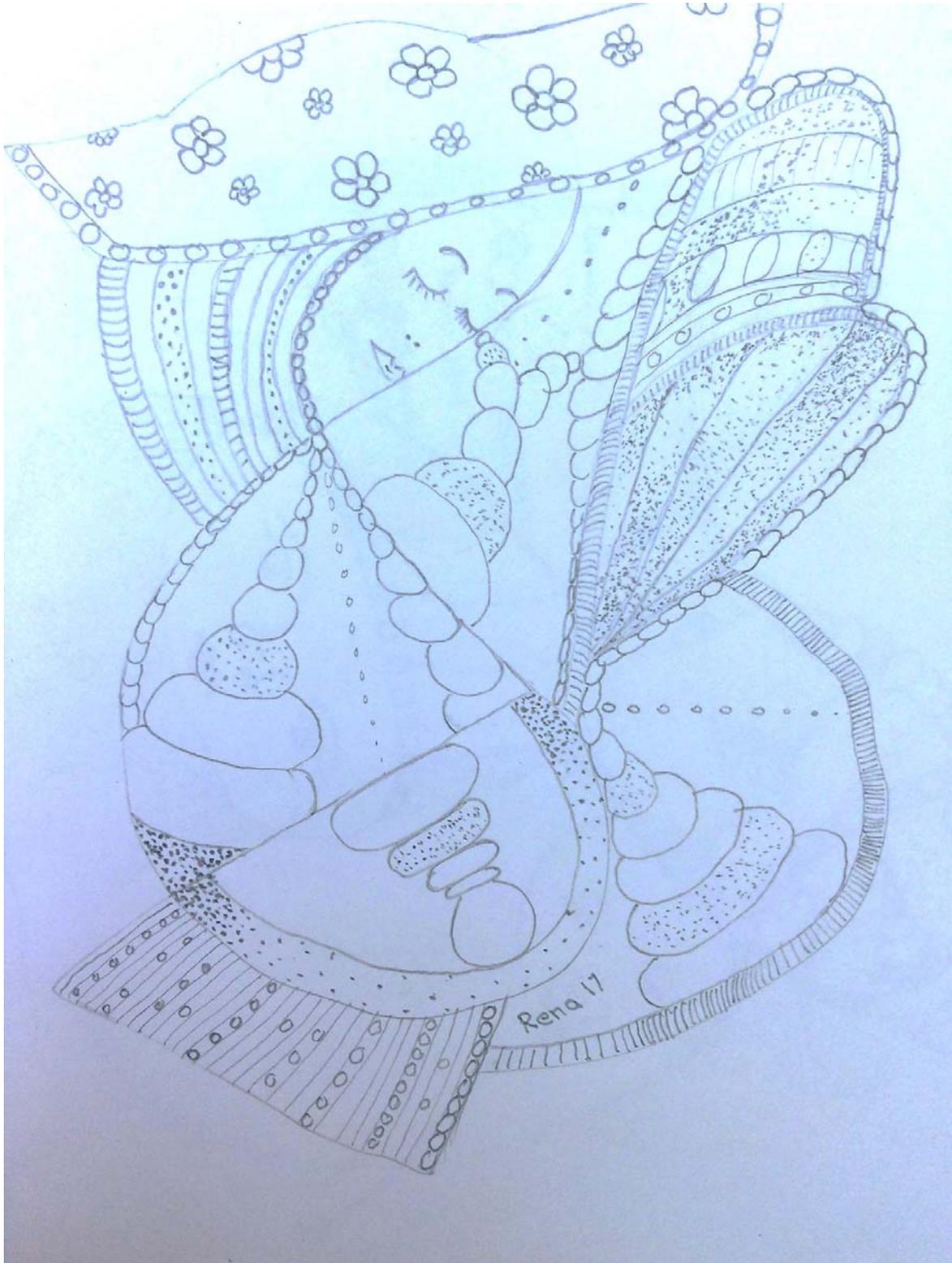


News & Notes

8th July 2017.....A weekly bulletin for residents of Auroville.....Number 705



HOUSE OF MOTHER'S AGENDA

THE NEW BODY

The Mother's progress which we are trying to sketch here was complex, as complex as Life, of which most humans have only a very narrow and superficial notion. The Subconscious and the Inconscious were for her a conscious reality where she fought most of her battles, while for us it is a hidden reality by which we are blindly driven. Simultaneously, there were concretely present to her all the upper levels of existence, the realms of Light, and Beauty, and Joy, and Love. It is true that she gave the proportion between both kinds of experience as 'three minutes of splendour for twelve hours of misery,' or 'some seconds of paradise for hours of hell,' but even behind the most terrible suffering there was an inner ecstasy which allowed her to say that the ordeal did not keep her occupied.

What was she trying to realize in those last years of her earthly existence? It was the induction of the supramental substance or Matter into the earthly gross matter, in other words the fusing of both worlds. She said that this took place by a process that she called 'permeation.' She reported that the transformation of the consciousness of the body cells from the ordinary consciousness, burdened by the fear and horrors of the past millennia, into a divine Consciousness had taken place in a great number of her cells. 'The physical is capable of receiving the higher Light, the Truth, the true Consciousness, and to manifest it.' When stating this, however, she asked herself how far her body would be able to express this change, to what extent her body could be transformed.

As early as January 1961 the Mother had mentioned the presence in her physical body of another body that was 'bigger, more voluminous' – we are reminded of Rijuta's psychic being which exceeded the boundaries of her physical body – and that had 'such a compact power that it was almost annoying.' A year later, after her 'death' and 'resurrection' in 1962, she noticed that during the night she was 'generally tall and strong.' Around that time, it became a common experience for those who saw the Mother in their dreams or visions to see her as much taller than she was physically. When told about this, she commented that it was 'the new being,' and she specified that it was a being not from the Vital but from the subtle physical. As we know, what she called the subtle physical in those years was not a more refined substance than the physical, it was the Supramental. For of that subtle physical she said 'It is not material and yet more concrete than Matter.'

[...] The Mother by her yoga of the transformation of the cells had built in, or out of, her physical body a supramental body in which she existed while still in her physical body. She was existing in two 'physical' bodies at the same time, the one in the gross physical and the other in the subtle physical, which in her terminology meant the Supramental.

[...] Thus she reported her incredible accomplishment in the simplest of words. She had built the prototype of the supramental body and was living in it in the most natural way. This prototype, being supramental, is immortal and therefore still exists. The Mother is still present in the Earth-atmosphere in her supramental body, continuing her Work, awakening, inspiring and guiding the transitional beings everywhere on the globe, continuing to transform gross Matter, hastening the world towards its transformation. This she does together with Sri Aurobindo, of whom she said that he was 'very constantly present,' and for the celebration of whose birth centenary, on 15 August 1972, she formulated the so simple but profound message: 'One more step towards Eternity.' Such is the Work of the Avatar in its simplest definition: one more step towards Eternity. Sri Aurobindo's descent into death, the supramental manifestation of 1956, the realization of the overman in 1958, the descent of the overman consciousness in 1969 – this whole series of superevents with a direct bearing on each and every one of us, whether we are aware of it or not, was now crowned by the formation and permanent existence of a supramental body. Its visible multiplication or reproduction in a refined earthly substance is only a matter of time. Sri Aurobindo and the Mother's last estimate was that it would take three hundred years.

THE MOTHER, pt. III, ch. 18-6

GEORGES VAN VREKHEM

The
Ponder
Corner

It is indispensable that each one finds his psychic and unites with it definitively. It is through the psychic that the Supramental will manifest itself.

The Mother, 24 June 1972

With regard to the Truth,
we are all divine;
but we hardly know it.

The Mother - ref. Works of the Mother, vol. 14, p. 18

Report and Reflections from the Water Group, July 2017

Even though it rained a bit in June, this was not enough to replenish the aquifers below us. It is critical that we all continue to conserve water, particularly until the main monsoon in October, which we hope will be a plentiful one.

The Water Group has been active in the summer months. We are working to strengthen the well monitoring team by expanding the one-man team to two two-man teams. In this way, we will be able to have more consistent monitoring of more wells within the township and hopefully outside too. During this period we also approached AVI Germany to help us with the acquisition of a water level measuring tape that is so essential to our ongoing well monitoring activities. We are in constant need of resources, human and financial to carry out our work. Please contact us if you can assist, or if you have ideas of how to help.

As part of the Crisis Management Plan, the Water Group, with the support of WC, AVC, and iTDC, has informed Auroville Water Service to temporarily cease the filling of tankers from the AWS filling point at the City Centre until further notice. We are also happy to share that AWS has been diligent in its efforts to discover leakages in communities, particularly Invocation, where water usage has been reduced by 30%.

In addition, we have been consulting, advising, and following up with a variety of water situations throughout Auroville, including people who are looking to alleviate dire water situations and reports of excessive water use by individuals. In all of these cases, we observe two common threads. First, there is a common misconception that water is a private instead of a shared resource. It is critical to remember that we are all sharing one resource, so hoarding or wasting water actually doesn't benefit anyone in the long run, just you in the short term. Such attitudes do not help to build Auroville. Second, we often get the feedback that the Water Group should hold people accountable for their water usage. We feel this is the work of everyone. So if you see someone watering their lavish garden, say something to them or report it to their community. Or if you're upset that the lawns of MM are too green in these parched summer months, inquire with MM executives or write a public letter. Let's hold each other accountable to conserve this precious shared resource.

Finally, please remember that the feedback period on the first phase of the Water Management Strategy (Vision and Guiding Principles) ends on July 15. You can find the document here: <http://aurovillewater.in/water-management-strategy-feedback/>

Questions/comments/feedback: watergroup@auroville.org.in
Thank you, Water Group (Aditi, Christian, Dorle, Gilles B, Giulio, Ing-Marie, Pavneet, Ramesh, Tency, Tom)

ANNOUNCEMENTS

Lost passports - advisory from the Working Committee

Dear Community,
Please be informed, in the case of lost passports that one must immediately lodge a police complaint and obtain a proof of the registered police complaint.
Please keep in mind that the proof of the registered police complaint is essential when applying for a new passport.
The Working Committee

From residents service

Dear residents of Auroville,
This is a general request from the Residents Service office, to every members of Auroville who are provided an Entry visa. Please don't forget to bring it to our office after the RRO procedure for a Residential Permit or the actual Stay visa.
We have to be able to update your records with the new dates, to be able to inform you for your next upcoming expiration of visa, or passport.
There are several Aurovilians, who don't react to our e-mail or phone request for the same purpose; even though it is in their own best interest.

L'avenir d'Auroville / TDC - Site and Building Applications feedback - 8th Jul 2017

The following Site and Building Applications (SA and BA) are announced for feedback from the community for a period of two weeks from the date of publication. The announcement is made for feedback only and does not mean that the project has final approval. The final approval is given when L'avenir d'Auroville / TDC issues a NOC (No Objection Certificate). This happens once the feedback period is over, the feedback has been evaluated, a final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start.
It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear

the site unless, for practical reasons, there is a special permission of the TDC.

INDIVIDUAL PROJECTS

Site Applications: No New SA

Building Applications:

1. Nico Erni & Suhasini Damian, House extension (18.9 sq.m.) in Vikas on plot no. IR 419/1A.
2. Lili & Dr. Uma, Pharmacy Extension on plot no. KK74 for 21 Sq.m.

COLLECTIVE PROJECTS

Site applications: No New SA

Building Applications:

1. Humanscape, Phase 1 A, Building 4 - 1st & 2nd Flr. Extension for 2 family apartments.

Project Name: Humanscape

Proposed Site Location: IR 411/3A1C, IR 411/3B, IR 411/ 3B1, IR 411/3B2 in the corner between Crown Road and Vikas Radial (see map on Auronet)

Phase 1A: building 4, 1st and 2nd Floor extension for 2 family apartments. Comprising a multipurpose hall with sound-proofing, kitchen and dining space of 200 sqm. Common utilities - laundry / solid waste room and electro - vehicle charging stands

Project description given by the Architect.

Project Title: Green Campus - Affordable housing phase 1A

Project Holder: Housing Service

Architect: Auroville Design Consultants - CSR

Contact Persons: Suhasini & Hemant

Target Group: Housing for young Aurovilians and long term volunteers

Background:

Triggers: To improve youth participation in the growth and development of Auroville

Goals/Objectives: A mixed use residential settlement for Sustainable and Integrated Urban Living Project, benchmarking in habitat for a sustainable and harmonious mode of development which is an imperative need in present global crisis of energy and climate change. This mix-use development of residences, community and work space would be a touch stone for standards for low-embodied energy building. Using local building materials and skills, the residences become a net energy-positive habitat by generating its own energy, using renewable energy. Zero-discharge of water, recycling of solid

waste, draught resistant local endemic species landscaping, and growing organic food as a model for urban agriculture would be a hallmark of this project.

2. African Pavilion, Caretaker house for the temporary Africa House on plot no. IR 226/0 for 36 Sq.m.

Project write up given by the project holder.

Project Title: Caretaker house for the Temporary Africa House
Proposed Site Location: upper corner next to the Secretary's house along the Bharat Nivas - Visitor center Road - as per agreement with L'avenir d'Auroville.

Project Holder: Clapton, Tahir, and Iraguha

Architect: Omar Rabie.

Contact Persons: Clapton & Tahir

Total Built-up area: 36 sq.m.

Plot No. IR 226/0

Description: There is electricity connection, a water tank, water pipes connecting the tank to the permaculture field and one tree house. The application is for a Caretaker house.

Target Group: Caretaker unit for African Pavilion.

Triggers: The dream of the Africa House project goes back to the end of the 90s when Tekeste took it up with the support of Roger and Helmut. There was interaction with the Addis Ababa University and a model was created for the Africa House project which received Roger's approval. What we are doing now is a simple project to create a platform for the larger project which will come later.

Goals/Objectives: To have a gathering place for the African Youth and develop a place to host African students. Their stay would then also include some involvement in the place.

For additional information, please write to avenir@auroville.org.in, call 2622-170 or come directly to

L'avenir d'Auroville/TDC office in the Town Hall. For more information on the location of the plots mentioned above, you can find this same announcement with map(s) on the Auronet page of L'avenir d'Auroville/TDC.

From the Entry Service - N&N #705 Dated 08-07-2017

Our team is happy to recommend the following persons as Aurovilians, Newcomers, Friends of Auroville and Partners of Auroville. We will wait one month for Newcomers and Aurovilians from this publication for your feedback before confirming. Send your feedback to: entryservice@auroville.org.in

NEWCOMERS ANNOUNCED:

Karen TIBBO (British), staying at Maitreye, working at Auroville Consulting

RETURNING AUROVILIAN:

Surya ORMELOH (German), staying at Grace, working at Transformation Kindergarten

AUROVILLE YOUTH TURNED 18:

Radhakrishnan PADMANABAN (Known as Aurobhakti) (Indian) Staying in Fraternity and studying at Acharya Arts and Science College Pondicherry.

B-Forms and Recommendation letters: on appointment only.

The Entry Service is open to the public Monday, Tuesday and Friday from 9:30 to 12:30.

Wednesday and Thursday for Interview by appointment only.

At your service, *the Entry Service Team*

FOR YOUR INFORMATION

The Proskills Cooking Program La Cuisine - Season 2



Auroville one year Introduction to Cooking for the youths of Auroville (15 to 25)

Dear youths of Auroville, Proskills cooking program season 2 is starting this month.

This season we will have 2 classes:

- Intermediary level: for the students of last year and those that would join this year with already basic knowledge of cooking.

Tuesdays and Wednesdays: 2:30 to 4:30 pm in PTDC kitchen

- Beginners level: for the new students who start cooking.

Thursdays and Fridays: 2:30 to 4:30 pm in PTDC kitchen

The aim of this program is:

- To introduce you to a wide range of cooking cultures (Indian, Asian, European, Middle east), diets (veg, non-veg, vegan, raw) and nutrition principles so that you can create your own cooking style.

And at the same time

- To teach you the basic techniques of cutting and cooking, the hygiene and security rules to be followed in a kitchen so that you are able to work in any middle-range restaurant or collective kitchen as a helper.

Introduction presentation will be Thursday the 13th of July in PTDC kitchen at 2:30 pm

If you want to join, please contact Laurence (80 98 95 15 62) / L.dejunemann@free.fr / or show up directly on Thursday

Naya Raipur Development Authority (NRDA)

Auroville Consulting teamed up with Pricewaterhouse Coopers (PwC) in making the Smart City application for Naya Raipur (Chhattisgarh State). The team worked towards integrating ecologically and socially relevant components of town development, in the vision and strategic blue print of Naya Raipur. Some of the challenges that were addressed included the integration of villages in the central business district, addressing the needs and aspirations of future citizens and measuring the impact of development through relevant progress indicators.

In the list announced by the Ministry of Urban Development in June 2017, Naya Raipur has come in second. A total of 45 cities contested for 40 available slots, but only 30 cities were selected based on feasibility and viability of the proposals submitted.

Thanks to all the team members for achieving this feat.

For more details, write to us at: info@aurovilleconsulting.com

Auroville Consulting

POSTINGS

Water Saving Tip - Fix Those Leaks!: Leaky faucets that drip at the rate of one drop per second can waste up to 10,000 litres of water each year. Be sure that there are no leaky taps in your house or your community. If you are out and see a leaky tap, take the effort to inform its owner. Children can be a tremendous help in this work. Teach children to turn off faucets tightly after every use. Encourage children to be "leak detectives", and have them help checking all hoses, faucets and connections regularly. *Water Group*, watergroup@auroville.org.in

Temporary Closure of AWS Water Tanker Filling Point: This is to inform the community that in an effort to conserve our dwindling water resources in the City Centre, the Water Group, with the support of the Working Committee, AV Council, and iTDC, has asked Auroville Water Service to stop filling tankers from the City Centre. Water should be sourced from more abundant areas in Auroville, however, drinking water absolutely takes priority. In addition, it may be that the next step in water conservation is to ask all construction sites to supply their water via tankers (again filled outside of the City Centre). We will keep you informed about this. If you have any questions about this, please contact us. *Water Group*, watergroup@auroville.org.in

Mana: Dear Community members, we wish to share with you that we have started a unit of Fashion Design called "Mana". We draw our inspiration from Arts and Crafts of the whole world. We use different techniques of weaving and hand-embroidery for our designs. Each piece is unique and handmade. We open our studio to the public every Wednesday and Saturday mornings (9:30 to 12:00) with an improvised showroom corner where you can try and find your unique piece. Location: Sukhavati community, Claire and RV's House Contact Julie ph: 8524959459 / Website: manauroville.wordpress.com - *Mana Team (Julie, Claire and Rv)*

PhD Research on Auroville: Dear Friends, as some of you already know, I started a social science PhD on Auroville last September (following previous research projects in and on our community). I was born and raised in Auroville, and felt a calling to do so. Over the next year, I will be carrying out field research in Auroville. This will consist of interviews and group discussions, attending meetings of Auroville's working groups,

and daily life observations and insights from living, working, and relating in Auroville. I would like you to know that I completed a rigorous ethical application in order to be approved for field research, and if any of you have concerns about my doing so, you are welcome to raise these with me - I am committed to respecting them. I have also started a blog on Auroville to share this journey with you, and invite your comments, insights, and feedback there as well. Thank you for being part of the Auroville experiment! Love, *Suryamayi*

Auroville Film Festival: The Auroville Film Festival (AVFF) is going to take place in Dec this year. It's going to be bigger and better than ever. We need to spruce up our website and looking for some new art work & logo so please send your creative designs to: aurovillefilmfestival@auroville.org.in - thanks

Nandini: Dear All, we are back on regular timing... Thanks for your constant support. Beautiful days, *Nandini Team*

AVAILABLE

Harmonium: Dear community, I have a beautiful harmonium for sale. It's practically new (only 4 months' use). Portable, 3 1/2 octaves. Comes from Utrakhan, from the hands of the musician/luthier who was making instruments for the Beatles. For info please call me at mobile: 8098196756. *Andres*

Broken tiles: Hello! I have some broken tiles that I'm happy to give away. If you need them, please call me on: 944 36 17 308 - *Sara* :)

Kitten: Hello All! I am a nice male kitten, 3 months old, striped grey, white and brown. I need to find a new loving

home to start my cat teenager's life. Do you want to adopt me? I am rather cute and if you want to see me please call: 9626194492 - *Christine (Vikas - FSTH)*

"Carnets d'une Apocalypse" volume 13 at Freeland Bookshop: We are happy to announce the release in French of Vol. 13 of Satprem's "Carnets d'une Apocalypse", available at our bookshop this Friday. Looking forward to seeing you. [*Nous sommes heureux de vous annoncer la venue des "Carnets d'une Apocalypse Volume 13" a Freeland Bookshop*] - *The Freeland team* (phone 2623145)

LOOKING FOR ...

German teacher: Hi am Manoj and I am a doctor planning to do my post-graduation in Germany. But I need to learn the language first to pursue any course in Germany. So I need a teacher and I would prefer him/her to be from Germany so that I could learn the pronunciation better. *Manoj Kumar:* [<laks_1991@yahoo.com>](mailto:laks_1991@yahoo.com)

Storage space: I am looking for a storage space from end of July, for about one year. Size needed is around 12 sq m (3 x 4m), with good security, dry during the rains and termite-free. I am happy to make a monthly contribution. Please contact me if you would like to discuss. Mobile: +91 978 77 11 669. or ktibbo@gmail.com. All the Best! *Karen* (Newcomer, Maitreye 2)

Someone coming from Europe: Hello, is anybody coming back from Europe who would have some little space in their

suitcase to bring back something for me? Please send me an email: kay_nag@yahoo.de. *Kay*

Hi Fiona Laura White: Fiona! Hi, got your e-mail wrong. Kindly send an e-mail with your ph.no. in case you still want my juicer. schima-dorit@auroville.org.in / Laura White, I would like to meet you! Please send me your e-mail and ph.no., greetings: schima-dorit@auroville.org.in - *Schima Dorit*

2nd-hand motorbike: One of my workers is looking for a second-hand motorbike. If you want to sell yours, please phone Mathivanan 9442266916 - Thank you, *Agnes Hermitage*

Someone to go to Aravind Eye Hospital with me: By taxi sometime from Tuesday, the 11th July, onwards. I prefer to go in the morning, and it probably takes all morning. Contact shanti@auroville.org.in, or call me at 0413 2623 314 or 89035 16016. Thanks, *Shanti* (Creativity)

LOST & FOUND

Wallet (Lost): I've lost my wallet (Brown colour, Leather, Hidesign) on the 1st of July along the Auroville Main road. It contains my Aadhar card and my driving licence along with other cards. Do contact me if found. *Emil Vincent* [Room No 553, Mahatma Gandhi Medical College, Pillayarkuppam, Pondicherry, 607402] - Ph: 9600552255 / Mail: emilvincentck@icloud.com

ACCOMMODATIONS AVAILABLE AND NEEDED

House sitting 1: Hi! I'm looking for a house -sitting - short or long term. I'm a Pre-Newcomer - been working 14 years at Mohanam project and I am single. Contact me: auroelumalai@gmail.com / mob: 9787678491. *Elumalai*

House sitting 2: Looking for short, long term house-sitting, from July 2017. We are family of 3 people starting our newcomer's process in July 2017. Irena is a Bosnian, filmmaker, educator and dancer, she will be working with children, teenagers & women as dance and art expression facilitator/teacher. Pedro is a Portuguese primary school

teacher and ayurvedic therapist/practitioner. He will be working in kindergarten, school. Their son Atesh Noah is a 3 years old boy ready to start kindergarten. We are very responsible, tidy and organized, respectful of our surroundings. So, we would be very happy to take good care of your home as house-sitters. Community that is interested in dance and creativity as well ecology and nature will be much appreciated, we can offer evenings of great films and arts and crafts. So, please contact us: pedro.santos.guedes@gmail.com. Expecting to hear from you soon! - *Pedro Guedes*

TAXI SHARING

Please note that there is a new Auroville service of taxi sharing available with STS at: <http://sharedtransport.auroville.org/>

July 6th: From Chennai airport to Auroville, on July 6 at 8:25 am - if you are interested, please contact *Margarita* at: isiauroville@gmail.com.

July 8th: To Chennai airport, leaving Auroville at 9.30 am. Please contact *Nandini*: 8220515654

July 9th: Taxi to Chennai Airport. Leaving Auroville around 5h30 am for a flight at 10 am. If you are interested to share the taxi to Chennai airport or city please contact me. 09443790661 or dolmann@gmail.com. Thanks, *Ann*

July 11th: I have to be at the airport on July 11 at 08.30. Anyone interested in sharing with me? Contact: Tineke@auroville.org.in. 944.34.69.330 or 2622.216 - *Tineke*

July 12th: Arriving 8.30 pm at Chennai airport. Please contact *Nandini*: 8220515654

July 13th: Arriving Chennai Domestic, Thurs July 13, 09:20 am. Can share taxi to AV (or to pay for the return journey of a trip up to Chennai). Contact *Howard*: mail@howardshipp.in

July 17th: I arrive in Chennai with my son (12year) on the 17th of July at 1.55am.

I like to publish a shared taxi. Hope I can find somebody who likes to share a taxi to Auroville. Or maybe somebody comes from Auroville that day. *Cinderella Sonck* <csonck@yahoo.com>

July 22nd: There will be an empty taxi going to pick me up at Chennai on Saturday the 22nd of July - at around 7.30 in the morning from Auroville, and coming back also with space to share at around 10.30 from the Airport. Anyone interested to share it, please let me know at: rosa@auroville.org.in - *Rosa*

July 25th: Chennai Airport to Auroville - Arrival Tuesday 25th July at 14.30 (2.30 pm) with Oman airline - Interested pls contact: vani@auroville.org.in - *Vani*

WORK OPPORTUNITIES

Tanto Far Beach looking for manager/supervisor in Srirama

Part time/full time job available for hard working, committed individuals or couples ideally with some experience in the field. Accommodation possible. Position open to all. Email: sheril@auroville.org.in / daniele@auroville.org.in

HEALTH

Integral Health

Classical homeopathy / hypnotherapy / midwifery / child care / coaching

Sigrid, Peter and Ingo will be taking up homeopathic clinic from July 24th onwards.

Camille is providing "psychomotricity for children" and Sigrid sessions in transpersonal regression therapy.

Malar has done several trainings in homeopathy and provides homeopathic First Aid, providing follow-up remedies etc.

Intro to homeopathy in Tamil: Malar can come to your women's group, Service Unit etc. and present homeopathic first aid and PC remedies.

First Aid Kits with 32 remedies are available, description in your choice of language English, French, German and NOW TAMIL are available. PC Shock, PC Allergy, PC Diabetes, PC High Blood pressure etc. are available in our remedy box, along

with Harmony and Samata. Just come and take it anytime. Benefits are well established - no side effects.

Consultations are generally held in English, French, German and Tamil

Malar is managing the office, mailing of remedies, the FirstAidKits and PC remedies on Mondays, Wednesdays, Fridays 9 - 12 am.

You are welcome to contact us at integralhealth@auroville.org.in to enquire about the most suitable approach for your health or psychological issue.

Integral Health, Prayatna 2623669 / Sigrid sigrid@auroville.org.in , www.sigridlindemann.com / Camille camille@auroville.org.in , 8098796307 / Peter peterh@auroville.org.in , 9787698464 / Ingo ingo@auroville.org.in , 9489325085 / Malar malar@auroville.org.in , 9585012007

AUROVILLE RADIO



Dear listeners!

Our live streaming can be heard on: <http://radio.garden/live/villupuram/auroville-radio/>

From our volunteers and internship students we have:

Internship Shriya interview [Krishna at Solitude](#) on food and life, created playlist with [Emergence's music](#).

Internship Ishana was inspired by [Samira's Bose](#) art and volunteering at AV Radio, made and interview with [Nishta](#), recorded [Anathoo](#) at Desi Cotton Workshop.

Ishana, along with Volunteer Gino recorded [A Discussion on Integral Yoga](#).

Volunteer Gino recorded [Marc's Coffee](#).

Romel and Mimansa were talking with members of Earth&US on [Auroville Library of Things](#).

Romel recorded [Mr. Anathoo Speaking on Safe Food](#) at SLI.

From our regular programs:

Gangalakshmi reads her [Selections](#) of Sri Aurobindo and The Mother texts in French - uncut version on the request of listeners!

Marlenka continues with [Synthesis of Yoga](#).

Out of the regular programs are here the news of [Thursday](#), and [Monday](#).

Out of the music podcasts we have [All Around the World](#), for those of younger age (either way by body or heart), [R.O.A.R.](#) - a Damian Marley tribute to his home land Jamaica along with some of the members of the Marley's family, and deep soulful house mix [Weeks Later](#).

Happy listening,

Your AV Radio Team [\[www.aurovillerradio.org\]](http://www.aurovillerradio.org)

SPORTS

Darkali Fitness Track is reopened

Starting 9th of July Darkali Fitness Track is open every day from 4.30 pm to 6.45 pm.

Please remember to come 30 minutes before closing time.

Please note, in case of rain the Fitness Track will be closed until the path is dry. To be aware when the Fitness Track reopens after the rain please visit Auronet group «Darkali Fitness Track».

Way to the gate in Google Maps: goo.gl/dpdTgf

Darkali Team



Try the polished varagu at Solar Kitchen!

Solar Kitchen works closely with Foodlink to promote a self-sufficient local economy. Eating local, fresh and organic grains is good for our health, for the health of our local economy and the health of the planet. Solar Kitchen is experimenting with polished varagu dishes for 2 weeks, starting July 10th. Earlier Solar Kitchen served only unpolished varagu. But now we have varagu that is lightly polished so that it retains most of its nutrients, but is easier to digest than unpolished varagu. Please try it! And inform Solar Kitchen Team if you

prefer it in your tiffin.

Feedback about the polished varagu can be given to Foodlink (foodlink@auroville.org.in).

About millets

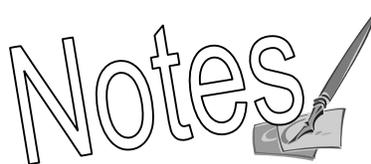
All over the world, rice and wheat are the main staples in our diet. Due to a number of reasons, millet cultivation both in Auroville and the surrounding region is dying out. So along with procuring millets from Auroville farms, in order to support millet cultivation in the bioregion, Annapurna Farm sources millets from local trusted farmers. All grains are cleaned and processed for consumption in the Auroville granary at Annapurna farm.

Like rice and wheat, millets belong to the grass family. They are small-seeded grasses which have been under cultivation in some parts of the world for more than 10,000 years. Varagu (Kodo millet, *Paspalum Scrobiculatum*) is a minor millet and a rich source of protein, fiber and minerals (see Nutritional Chart below).

Solar Kitchen, Foodlink and Annapurna

Nutrient Content of Various Millets with comparison to Rice and Wheat (Source: Millet Network of India, <http://www.milletindia.org>)

Crop / Nutrient	Protein(g)	Fiber(g)	Minerals(g)	Iron(mg)	Calcium(mg)
Pearl millet	10.6	1.3	2.3	16.9	38
Finger millet	7.3	3.6	2.7	3.9	344
Foxtail millet	12.3	8	3.3	2.8	31
Proso millet	12.5	2.2	1.9	0.8	14
Kodo millet	8.3	9	2.6	0.5	27
Little millet	7.7	7.6	1.5	9.3	17
Barnyard millet	11.2	10.1	4.4	15.2	11
Rice	6.8	0.2	0.6	0.7	10
Wheat	11.8	1.2	1.5	5.3	41



Tribute to Yolande

The experience of human life on an earth is not now for the first time enacted. It has been conducted a million times before and the long drama will again a million times be repeated. In all that we do now, our dreams, our discoveries, our swift or difficult attainments, we profit subconsciously by the experience of innumerable precursors and our labour will be fecund in planets unknown to us and in worlds yet uncreated. The plan, the peripetia, the denouement differ continually, yet are always governed by the conventions of an Eternal Art. God, Man, Nature are the three perpetual symbols. The idea of eternal recurrence affects with a shudder of alarm the mind entrenched in the minute, the hour, the years, the centuries, all the finite's unreal defences. But the strong soul conscious of its own immortal stuff and the inexhaustible ocean of its ever-flowing energies is seized by it with the thrill of an inconceivable rapture. It hears behind the thought the childlike laughter and ecstasy of the Infinite.

Sri Aurobindo, The Hour of God

In Pondicherry with common friends and in Auroville in the years 1990-2000 we met at different occasions. H.O.M.A. offers you and all those with whom you have cooperated in the service at the work of Sri Aurobindo-Mother a profound gratitude. We never forgot that sentence, engraved in my memory "You are the guardian of the Essence of Mother's work, continue, resist and endure."

Thank you for everything.

After Satprem's and Sujata's departure we, at Savitri Bhavan, received a whole series of photos where you are with them.

May Sri Aurobindo's-Mother's Love carry you forever!

GangaLakshmi (Savitri Bhavan - House of Mother's Agenda)

Water

I was reading "Auroville Water Vision & Guiding Principles: Version 1 (April 2017)"

The draft Blue paper is divided into a number of subsections and tries to create awareness, governance, and practical ways to make AV and its bioregion more sustainable in its water supply and demand (though the report places more emphasis on the SUPPLY SIDE). The Water Group wants feedback on the document.

The issues of governance and awareness & negligence of responsibilities in relationship to our neighbors and bioregion are many but today I'll discuss an issue related to bore wells.

I've been riding my cycle around a lot just to see how things are changing in the area and one new challenge is encroachment. People (those are not Aurovilians) buy a plot nearby, build a big house and sink a bore well. So, this new infringement development is exacerbating the draining of the aquifer. Surrounding and within Auroville we have a lot of encroachment by developers buying large tracks of land and selling off house-size lots and then leaving it to each individual to make a bore! You would think that the Chennai Gov. knows this is folly - how to create the political will to create policy/governance that make developers responsible for water (1 bore well and water tank to supply all homes in his/her sub-division) and how do you make this policy *retroactive*? The AWVGP suggests numerous times that AV should be pro-active and address any actions that threaten water sustainability in the bioregion. The litmus test is to see if the AWVGP is an action paper or a paper tiger.

Unless AV can deal with this *subdivision encroachment* the aquifers are doomed. There is even a bigger and older problem, the subsidized water and electricity to farmers. They sink bore wells and can pump as long as they like.

I realise that both these issues are beyond the scope of the Water Group but these are the two major activities that need to stay on our radar. The Water Group is calling for feedback until July 15.

Tlaloc

The Tree Rose

"A recent publication by scientists with the Botanical Survey of India has documented and stressed the need to protect the many unique varieties of *Rhododendron* - literary tree rose in Greek - found in the region with 18 species endemic to India" (*The Hindu* - 2 - 11.6.17, p. 12).

Around the Auroville's Nature Camp, not far from Kodaikanal, there are the farms and the Australian's trees - Acacia (wattle) and Eucalyptus. The camp is situated on 1800m above sea level. But not so far from the camp, at 2000m, there are sholas - the ecosystems which is the richest in indigenous species of plants and animals.

Once the children walked from the camp to the shola and shouted: "Hibiscus!" Really what they saw are the red flowers of *Rhododendron arborescens*. Hibiscus is an Auroville's symbol but it is absent near the camp. According to the Mother, the *Rhododendron*'s spiritual name is "Abondance de beaute" (Abundance of beauty). I didn't see any kind of *Rhododendron* in Auroville. *Rhododendron arborescens* in the sholas is the big bush or small tree. Its red flowers are very beautiful. Not far from *Rhododendron arborescens* can be seen the bright flowers of the white rose - according to the Mother, its spiritual name is "Amour Integral pour le Divine" (Integral love for the Divine). The white rose in the shola is the big bush.

I found very rare plants - tree fern, *Cyathea gigantea* - only 1 specimen, within 1 km from the camp. A long time ago the tree fern was common in the Kodaikanal region. Maybe all these three species of the plants were in the past in the place of contemporary Auroville.

Boris

That's all

In due course, we have succeeded to be merged, adjusted, and imposed the way of an ordinary life. It is a basis, a condition which formats everybody with the same statute, on the external life. Surely, we have first to recognize, that we should not pretend, and be able to wear the clothes of a humble citizen.

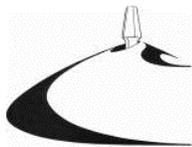
On the other hand shall we consider that we came in Auroville for a spiritual adventure? The next step has to come, and it seems the less we talk about it, the better it is, as it should not disturb anybody in his peaceful life, enjoying the day to day, with its ups and downs. Sri Aurobindo and the Mother, their books are there and if we feel it we can read them and meditate.

As a child's dream, full of marvelous imaginations, questioning: is there a Life where all are like blooming flowers? They open to the sun revealing their petals, colors, scent in beautiful shapes? If it does exist what would it be like if we could open ourselves like flowers, free from being separate, totally surrendered to the Sun, thinking as if everything was manifested like flowers.

Let's dream and dream, as blooming is our destiny.

Love, *Andre T.*

For your calendar



AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music

Every THURSDAY at sunset

We follow the sun and the timing changes with the season...

6.00 to 6.30 pm

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.

We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you

Access only for the Amphitheatre from 5.45 pm. Please be seated by 5.55 pm.

Thank you, *Amphitheatre Team*

INVITATIONS

You are invited to attend
A Grand Opening of "The Mother Kindergarten"

(A real kindergarten in a garden)

At New Colors (Edayanchavady)

On Monday, July 10th, 2017

From 5:00 p.m. - 7:00 p.m.

Contact: Renana (9865444472)

Donations are welcome! A/C No: 251908



Rainbow Swan Gymnastics Studio

Invites interested children - girls aged 5 1/2 to 7, boys 6 to 12

To attend the audition for the 2017-18 school year.

The program is based on developing strength, flexibility, attention and coordination.

The audition will be held on Saturday, July 15th, in New Creation Gymnasium.

Kindly register with terra@auroville.org.in providing your child's name and date of birth.

The timings will be arranged individually.

EXHIBITIONS

Kala kendra Bharat nivas - Pavilion of India

In collaboration with

Dustudio Auroville

&

Leaf (Landscape and Environment Advancement Foundation)

Presents

Tracing Narratives

Tracing landscape narratives in India

A travelling exhibition

From

07 - 23 July, 2017

9 am till 5 pm daily (Closed on Sundays)

Opening on Friday, 7th July, 2017 at 5 pm At Kala Kendra

TALKS, SEMINARS

Sri Aurobindo Centre for Advanced Research (SACAR), Puducherry
Organises

"Living Within" Study Camp number 28

August 2017 (13th to 14th)

Personality Development: A Consciousness Perspective

Speaker (s): Dr. Soumitra Basu and Others

Time: 9.00 am to 5.30 pm everyday

For Registration please contact: sacarstudycamps@gmail.com / 9994190403

Camp fees:

For Residents at SACAR Guest House: Rs. 2,000 (Including stay and food) / For Non-Residents: Rs. 1,400 (Lunch and tea included)

Venue: SACAR, 39 Vanniar Street, Vaithikuppam, Puducherry, 12

Landmarks: Masimagham Road, Mother's Guest House

For Programme schedule please visit: www.sacar.in

Submitted by Anandi (Progress)

Well Café

July 8 at Sve Dame

7 pm special dinner

8 pm Live Fusion Music

9 pm - 12 pm DJ Night
(Disco 70's & 80's)



CLASSES, WORKSHOPS

Workshop on Research Writing and Case Studies
22 & 23 September, 2017 (9 am to 5 pm on both days)

AuroStat offers a two-day workshop on researching issues related to Auroville, and writing effective case studies. This will be a hands-on workshop involving individual and group work, where participants can pick projects and topics of their choice, and learn how to structure their research, and communicate the findings in the form of case studies. This will allow for documentation of the project that will inform decision making, as well as increase awareness of the project on a national & global scale for funding. The next workshop will be held in January 2018 as a follow up of the first workshop, where authors can bring their (semi) finished work for completion.

Both workshops will be facilitated by Dr. Subhasis Ray, a long term associate of Auroville, working closely with several Units in Auroville. He is a Professor of Marketing at the Xavier Institute of Management, Bhubaneswar (XIMB), and has been an invited panelist/visiting faculty of sustainability & marketing in more than 15 countries. This includes the Harvard Business School and Yale University in the US, Hanken School of Economics (Finland), University of Stellenbosch (S. Africa), University of Queensland (Australia), United Nations University (Netherlands) & Korea University (S.Korea). In India, he has been a visiting faculty to IIM Kolkata and IIM Kashipur. He has received grants and scholarships from the European Union, Duke-NUS, DFID (UK), IDRC (Canada), IBM and the International Council of Mines and Minerals (ICMM)

The present workshop is funded by SdZ, and will be free of cost for Aurovilians. Seats are limited, and open only for those who are serious about research and will attend both days. To register, email: statistics@auroville.org.in or call 9843948288 for any queries. *Vikram.*

- Inner-Work-Workshop
Introduction to the Integral Yoga of Sri Aurobindo and the Mother on 11th July (Tuesday)
- Overview with multimedia presentation
 - Questions and Answers
 - Practice in Daily Life
 - Complimentary Concentration Exercises

- Creative Arts, Interactive Games
 - Life of Sri Aurobindo and the Mother
 - Introduction to the Reference Books
- Focus this week on: 'The Vision and the Way'
These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.
Place: Savitri Bhavan / Time: 9 am to 12 Noon
(New to Yoga: from 8.45 to 9 am there will be a brief presentation on Yoga and Spirituality.) - Led by Ashesh Joshi (Contact: 9489147202, 0413 2622922) - No Registration required (except for groups) - Fees: Voluntary Contribution - All are welcome - For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com

Exploring Auroville Architecture
10th - 12th July 2017 at Auroville

Auroville Green Practices is organizing a 3-day workshop titled "Exploring Auroville Architecture" composed of site visits and interactions with architects and building professionals from Auroville. During the program, participants will trail the diversity of architectural expressions in terms of form, context and purpose in the wider setting of this international township. Expected participants are professional and aspiring building professionals and home-owners who would like to gain inspirations and new ideas for their own practices. Participants will enjoy an exploratory tour to different places to witness Auroville's unique architectural styles. Concessional fees (to cover food expenses) for Aurovilians working in this field are being offered.
Full program attendance is required. If you are interested to attend, please send an email to: info@agpworkshops.com.
For more details please visit: www.agpworkshops.com

- Contact Impro Dance classes
Every week in July on Tuesdays from 5 to 7 pm
At the African Pavilion
Exploring and playing with movement, flooring, spiraling and flying, with and without partners.
Class designed for all experience types.
Class on donation. Contact *John* at: 852 496 3049

SCHEDULES



LEARNING ACTIVITIES PROGRAM

<p>Shiatsu Massage with Sara On Appointment only Wednesday or Saturday</p>	<p>Shiatsu is a form of massage that originated in Japan and traditional Chinese medicine, and has been widely practised around the world since the 1970s. Shiatsu means "finger pressure," which describes the technique. The theory behind shiatsu is that our bodies are made up of energy, called <i>qi</i>, and that energy gets blocked and causes suffering. Shiatsu massage helps remove the blockages by realigning meridian points, which balances the <i>qi</i> and eases the body and mind.</p>
<p>Traditional Mantra Chanting By Sonia <i>Beginners:</i> Thursday 6:15 pm to 7:15 <i>Regular students:</i> Friday 6: 15 pm to 7:15 pm</p>	<p>Chanting Sanskrit Mantras is performing an ancient prayer. Through the harmonic rhythm, repetition, and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga and Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in the classes in the traditional way.</p>
<p>Sanskrit Classes By Appointment with Sonia</p>	<p>Sanskrit is the key to enter into the wide world of Indian Traditional Culture. The Sacred Scriptures as well the Secular Scriptures are found to be written in Sanskrit language, thus a fundamental knowledge for students of Yoga and Spiritual Scriptures.</p>
<p>50 % discount for Savi registered Volunteers. Multiple classes discount available. On donation basis for Aurovilians and New Comers.</p>	
<p>Joy Community is located in Center Field, after Nandanam School, next to Center Guest House For info and reservations, please contact us at: 9487272393 Email: joycommunity@auroville.org.in / https://www.facebook.com/joycommunityguesthouse</p>	

New classes at Pitanga



Iyengar yoga - drop in-with Delphine

On Tuesdays at 18.00 to 19.30 (From 11th of July)

Yoga practiced in the style of BKS Iyengar is a very methodical approach, done with a lot of precision, using alignment principles, props and therapeutic applications. Classes are offered for four different levels of practice and those new to Iyengar should come to the drop-in classes.

Iyengar yoga- drop in- with Didier

On Wednesdays at 9.00 to 10.30 (From 12th of July)

On Thursdays at 8.00 to 9.30 & 16.30 to 18.00 (From 13th of July)

Yoga practiced in the style of BKS Iyengar is a very methodical approach, done with a lot of precision, using alignment principles, props and therapeutic applications. Classes are offered for four different levels of practice and those new to Iyengar should come to the drop-in classes.

Pitanga Cultural Centre, Samasti, Auroville, TN 605101, India [(0413) 2622403/2622994 / [Pitanga@auroville.org.in](mailto:pitanga@auroville.org.in)]

Bamboo Centre Training Program for July - 2017



Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you'll understand and agree to.

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Each program will consist of learning inputs: theory, instruction, demonstration, and practical work.

The Auroville Bamboo Centre offers training to individuals and groups in:

Bamboo Construction Experience

04 to 08th of July (Full Bamboo cum techniques)

Exposure Visit: Immersion in contemporary and classic Architecture (AV & Pondy)

Practicals: opt1: prefabricated wall panel (min ppl: 4)

Opt2: floor truss & roof truss (min ppl: 4)

Bamboo Summer-Course

10 to 30th of July (Building with Bamboo & Critical theory about Bamboo & its uses)

Practicals & Theory: Planting, Growth, Treatment, Cutting, Joineries, Splitting, Bending, Straightening, Planting and Harvesting Bamboo.

Hands on Craft Creative Workshops:

Bamboo Jewelry

Every Thursday, Friday & Saturday of July-9.30 am to 12.30 pm
- Hands on experience on bamboo jewellery

Bamboo Toys

Every Thursday, Friday & Saturday of July -9.30 am to 12.30 pm
- Hands on experience on bamboo toys

Bamboo Musical Instruments

Every Thursday, Friday & Saturday of July -9.30 am to 12.30 pm
- Hands on experience on bamboo musical instruments

Flexible training dates offered to groups

Contact: 0413-2623806, 2623394

bambooworkshop@auroville.org.in

www.aurovillebamboocentre.org

Contributions requested from guests/Volunteers, Volunteer reduction by advance application only.

Auroville & Kaluveli Bio-Region Experience Program for July 2017

OPENING THE GATES TO THE VILLAGE

Feel Taste Hear Discover Experience

Village Tour

Saturday 01/07, Sunday 09/07, Saturday 15/07, Sunday 23/07

Meeting Point is the Mohanam Campus (Opposite Imagination) at 9.30 am (please bring your bike) - Come and enjoy the authentic village experience and celebrate cultural heritage!

Cultural & Spiritual Experience

Irumbai Legend Shiva temple Visit

Time: 11 am to 12.30 pm & 3.30 pm - 5.00 pm (Please bring your own vehicle)

Date: Special days Every Monday & Saturday but we will take the whole week.

Kolam Village Walk

Spiritual and lively village experience for Women's empowerment.

Timing: Every Friday from 6.00 am to 7.30 am

Kolam Workshop

Spiritual and lively village experience for Women's empowerment.

Timing: Every Saturday from 11.00 am to 12.30 pm

Thiruvakarai Wood Fossil

An excursion into the park contains petrified wood fossils approximately 20 million years old, scattered throughout the park, which covers about 247 acres (100 ha).

Date: Every Friday, Time: 10 am

Pottery Ceramic Hands on Experience

Come & learn How to create your own pot

Timing: Every day Month of July except Sunday

From 10.00 am to 12.30 pm & 02.00 pm to 04.30 pm

Kaluveli region weekend camping with local youth in the Auroville & Bioregion

Date: Every Saturday

Time: 3 pm till 12.30 pm the next day

Meeting point: 2.45 pm at Mohanam Campus, Opposite Imagination.

- Begin in Perumukkal Mountain (Setup the tents on the top of the mountain)
- Sunset meditation
- Bonfire with light music
- Stay in the mountain
- Take shower in the lake
- Discover the village of Munnur with ancient temple (Pottery Village)
- Visit a traditional family of potters who will demonstrate their craft
- Visit Salt landscape, Prawn farm, Wind turbine, Mangrove forest and Sand Dune
- Finish the day on the ocean side and meditate while the sun sets over the magnificent Kaluveli landscape.

The tour will only take place once a minimum of 5 bookings has been received. Transportation will be arranged according to the number of people.

Coconut Fronds Weaving

Come and learn how to weave Coconut fronds, the ancient art of weaving

Timing: Every Friday from 9.00 am to 10.30 am

Please register for all the programs in advance by contacting: 0413 2623806, 2623394, or Mohanamprogram@auroville.org.in
Please visit: www.mohanam.org or www.harmonyvillagepromenade.weebly.com

Contributions requested from guests/Volunteers, Volunteer reduction by advance application for specific activities only.

Give Time a Break: Discover Village Life!

Experience the flavour of local tradition with Mohanam every Wednesday

Every Wednesday evening the Mohanam welcomes you, to experience the Tamil Tradition through food, music and dance. We start with an hour of traditional chanting of local hymns and slokas to narrate Indian folk stories. Then a 15 minute break to taste and savour local food recipes, followed by the performance of our Mohanam youth in a traditional drumming circle, where you can also participate by singing, dancing or learning how to play the local drums.

Welcome to Indian Tradition of Atithi Devo Bhava! .

Place: Mohanam (opposite Imagination)

Time: 6 to 8 pm

For details contact Anand: 0413-2623806, 9159468946

F I L M S



THE ECO FILM CLUB

Sadhana Forest, July 14th, Friday.

Schedule of Events:

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:30 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!

THE COVE

92 mins / English / 2009 / Directed by Louie Psihoyos

The Cove is a 2009 documentary film directed by Louie Psihoyos which analyzes and questions dolphin hunting practices in Japan. It was awarded the Academy Award for Best Documentary Feature in 2010. The film is a call to action to

halt mass dolphin kills, change Japanese fishing practices, and to inform and educate the public about the risks, and increasing hazard, of mercury poisoning from dolphin meat. The film is told from an ocean conservationist's point of view. The film highlights the fact that the number of dolphins killed in the Taiji dolphin drive hunting is several times greater than the number of whales killed in the Antarctic, and asserts that 23,000 dolphins and porpoises are killed in Japan every year by the country's whaling industry. The migrating dolphins are herded into a cove where they are netted and killed by means of spears and knives over the side of small fishing boats. The film argues that dolphin hunting as practiced in Japan is unnecessary and cruel.

(Reminder: Friday 7/07 - Bears)

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at (0413) 2677682 or 2677683 or sadhanaforest@auroville.org.in or visit us online: <http://sadhanaforest.org/> <https://facebook.com/sadhanaforest>



Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program 10 July 2017 to 16 July 2017

Indian - Monday 10 July, 8:00 pm:

- HINDI MEDIUM

India, 2017, Writer-Dir. Saket Chaudhary w/ Irrfan Khan, Saba Qamar, Neha Dhupia and others, Comedy-Drama, 132mins, Hindi w/ English subtitles, Rated: U (G)

At the core, the film deals with a very relevant subject of how language divides our society. How *angrezi* (English)-speaking people in India are touted to be premium class, while the native speakers (in his case Hindi speakers), however illustrious or wealthy, are considered to be low-brow, or plain uncool. Mita and Raj Batra, an affluent couple from Delhi's Chandni Chowk. They are grappling with getting their daughter admission into an English medium school. But there is one big problem. They speak Hindi and the elitist snobs won't let their kid into their circle. *It's a social satire; good to watch.*

German - Tuesday 11 July, 8:00 pm:

- WHO AM I: KEIN SYSTEM IST SICHER (No system is safe)

Germany, 2014, Dir. Baran bo Odar w/ Tom Schilling, Elyas M'Barek, Wotan Wilke Möhring, and others, Crime-Sci-Fi, 102mins, German w/ English subtitles, Rated: NR

Benjamin, a young and shy German computer whiz, is invited to join a subversive hacker group that wants to be noticed on the world's stage.

Interesting - Wednesday 12 July, 8:00 pm:

- THE EAGLE HUNTRESS

UK-Mongolia-USA, 2016, Dir. Otto Bell w/ Aisholpan Nurgaiv, Daisy Ridley, Rys Nurgaiv, and others, Documentary-Adventure, 87mins, Kazakh w/ English subtitles, Rated: G

This spellbinding documentary follows Aisholpan, a 13-year-old nomadic Mongolian girl who is fighting to become the first female eagle hunter in twelve generations of her Kazakh family. Through breathtaking aerial cinematography and footage, the film captures her personal journey while also addressing universal themes like female empowerment, the natural world, coming of age and the onset of modernity.

Russian - Thursday 13 July, 8:00 pm:

- OSTROV (The island)

Russia, 2006, Dir. Pavel Lungin w/Pyotr Mamonov, Viktor Sukhorukov, Dmitriy Dyuzhev, and others, Drama, 114mins, Russian w/ English subtitles, Rated: NR

Somewhere in northern Russia, in a small Russian Orthodox monastery, lives an unusual man whose bizarre conduct confuses his fellow monks, while others, who visit the island, believe that the man has the power to heal, exorcise demons and foretell the future.

International - Saturday 15 July, 8:00 pm:

- MAL DE PIERRES (From the Land of the Moon)

France-Belgium-Canada, 2016m Dir. Nicole Garcia w/ Marion Cotillard, Louis Garrel, Alex Brendemühl, and others, Drama-Romance, 120mins, French-Spanish-German w/ English subtitles, Rated: R

Gabrielle comes from a small village in the South of France, at a time when her dream of true love is considered scandalous, and even a sign of insanity. Her parents marry her to José, an honest and loving Spanish farm worker who they think will make a respectable woman of her. Despite José's devotion to her, Gabrielle vows that she will never love José and lives like a prisoner bound by the constraints of conventional post-World War II society until the day she is sent away to a cure in the Alps to heal her kidney stones. There she meets André Sauvage, a dashing injured veteran of the Indochinese War, who rekindles the passion buried inside her. She promises they will run away together, and André seems to share her desire. Will anyone dare rob her of her right to follow her dreams?

Children's Film - Sunday 16 July, 4:30 pm:

- WHO FRAMED ROGER RABBIT?

USA, 1988, Dir: Robert Zemekis, w/ Bob Hoskins, Christopher Lloyd, Joanna Cassidy and others, Comedy, 104mins, English w/English subtitles, Rated: PG

A toon-hating detective is a cartoon rabbit's only hope to prove his innocence when he is accused of murder.

WOODY ALLEN Film Festival @ Ciné-Club

Ciné-Club - Sunday 16 July, 8:00 pm:

- THE PURPLE ROSE OF CAIRO

USA, 1985, Dir. Woody Allen w/Mia Farrow, Jeff Daniels and others, Fantasy-Romance, 82mins, English w/English subtitles, Rated: PG

A Depression-era waitress spends every free moment she has at the cinema because the grand stories she finds there distract her from her pitiful life, but when a dashing character from one of the films becomes smitten with her and leaves his celluloid world, she finds herself in the middle of her own fantasy romance.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.

Thanking You, MMC/CP Group - Account# 105106, mmcauditorium@auroville.org.in

Important information about News & Notes (Absolute deadline for submissions or cancellations: Tuesday 5pm)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material: Material (no pdf files, please) may be sent (in English only) to the *N&N* email address (below).

Please try your best to send your announcements, reports, film schedules whenever they are ready.

Articles for the Notes section should ideally be no longer than 500 words. All articles and reports need to reach us by Tuesday noon.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 0413-2622133, email: newsandnotes@auroville.org.in

The News&Notes is available for all to download from the Auroville website at <http://www.auroville.org/contents/4186>

The archives are found at <http://www.auroville.org/contents/186>

And regular events at <http://www.auroville.org/contents/4201>

SOME ESSENTIAL SERVICES IN JULY

Auroville Ambulance: 9442224680 - Pims: 0413-2656271

Auroville Library, Crown Road: opening hours - 9:00 to 12:30 and 14:00 to 16:30 from Monday to Saturday. Email: avlib@auroville.org.in. tel: 0413-2622 894

Bike/Car repair & servicing: ★ Painting ★ Modification ★ General service ★ Bike renting. Please contact Satya: 9443438287 - At Abri workshop (old puncture service) Auroville. We accept PT account.

AvHC: The Pharmacy is open 8.30 to 5 pm daily including Saturdays. The doctor's consultation is the same with a lunch break from 1-2pm, except Saturday up to 1pm only. Phone no 0413-2622123 and 0413-2622018. Email: avhealth@auroville.org.in.

AV Safety & Security Team: Call us 24/7 for emergency, assistance or escort on 9443090107. Visit our office (Certitude Service Area - Near Gas Bottle service) from Monday to Saturday (9AM to 1PM - 2PM to 4PM) or contact us on 0413-2623400/avsecurity@auroville.org.in

City Transport: Quick "Pick up and Drop" Shuttle Service in Maruti Omni 4-seater people carrier, free of charge for Aurovilians, Newcomers and Guests for trips within the city area, destinations up to Aspiration/Auromodele and Repos/Quiet chargeable with per passenger fares, from Rs.110/- for 1 person single trip. Direct Visitors Centre main gate 0413-262-2611 or to the driver directly 94876-50951 daily 9.30 am-6.00 pm. E-mail: visitorscentre@auroville.org.in - Please note that it is not a taxi that can be ordered in advance for an exact time, but will normally reach you with 10/15 minutes, and will not wait for you for onward or return trips - if needed it will come back to pick you up again when called.

Auroville Dental Centre: Protection / Telephone: (0143) 2622265 or 2622007 / email: aurodentalcentre@auroville.org.in

EcoService, Kottakarai: Palani 9443535172 or Kali 9443090114. ecoservice@auroville.org.in

Entry Service, Multimedia Center: 1st floor, Town hall Complex: We are open to the public **Monday, Tuesday and Friday from 9:30am to 12:30** - Wednesday and Thursday for Interview by appointment only. B-Forms and Recommendation letters: on appointment only. For more information on joining Auroville: +91 (0)413 262 2707 email: entryservice@auroville.org.in

Farewell: mobile number: 8903836246. Phone is reachable 24/7.

Financial Service, Town Hall and Aspiration: Mon to Sat, 9 to 12.30 and 3 to 4.30pm

Free Store: Summer timings (May and June): open mornings only. Monday to Saturday: 9 to 12:30 pm. Telephone: 0413-2623680 email: freestore@auroville.org.in

Free Store Tailoring Service: Repair work will be received only from 1st to 15th of every month. Timings same as Free Store.

Auroville Gas Service, Service Area: Near Tele Service" and BSNL Telephone Exchange. Monday to Saturday: 9 to 1 and 2 to 4 pm. Telephone: (0413) 2622452 / email: avgasservice@auroville.org.in

Green Care: Tree care, pruning, rigging, removal of trees, and or branches over structures. Garden maintenance grass and hedge cutting. Call: *Jonas* 9159843579 or *Anadi* 9655477329.

Guest Service above the Solar Kitchen: 1st floor. Opening times: from Monday to Saturday 9.30 to 12.30, and from Monday to Friday 13.00 to 16.00. avguestservice@auroville.org.in; Ph: 0413 2622675

Housing Service, Town Hall: Public Hours: Monday morning from 11 to 12.30 and afternoon from 2.30 till 4.30 - Tuesday morning from 9.30 to 12.30 - Wednesday closed - Thursday 9.30 to 12.30 - Friday morning 9.30 to 12.30 only by appointment - Friday afternoon 2.30 to 4.30 - Saturday morning 10.30 to 12.30 only by appointment - All regular financial matters can also be taken care of on Friday morning. Phone: (0413) 2622658. Email: housing@auroville.org.in

Integral Health, Prayatna: transpersonal regression therapy, classical homeopathy, counselling, vital remedies, child & women health, hypnotherapy. integralhealth@auroville.org.in - 2623669 - Mon to Sat 9 am - 5 pm, preferably on appointment.

LFAU - Fundraising for Auroville's land: with its two campaigns 'Acres for Auroville' & 'GreenAcres' *Aryadeep, Mandakini LB, Sophie, Sigrid, and secretary Jothi*. Welcome: Mornings from 9:30 - 12.30 at Town Hall, 1st floor. LFAU 0413 2622657. lfaufund@auroville.org.in / www.colaap.org

LOE, Lab. Of Evolution, Bharat Nivas: LOE Library Open every morning Monday to Saturday: 9 to 12 am / Afternoon Monday to Friday: 2.30 to 4.30 pm. loechu@auroville.org.in

Matrimandir: The Inner Chamber is open for Aurovilians daily 6am to 8.45am/11.30am to 12.30pm (2pm on Sunday)/4.30pm to 8pm. Please keep the Chamber neat and tidy. Straighten your mat and put back all extra cushions neatly by the door. Please refrain from rearranging the cushions which are laid out for you. The Petals are open for Aurovilians daily: 4.30pm to 6pm. To bring family members and personal friends please book by calling 2622579 from 9.30 to 11.30 am any day except Tuesday. Be at the office gate of Matrimandir by 8.40 am on the day of the visit. Please remain with your guests throughout the visit. Matrimandir is closed to visitors on Tuesday. Aurovilians bringing their children to the Matrimandir are recommended to do so on Tuesdays between 9 and 11 am.

Music library, Town Hall: Mon, Wed, Fri, Sat from 9 to 12.30 and Tues, Thurs, Sat from 2 to 5:30pm.

Nandini Tailor section: (Auroshilpam): will receive your summer (May & June) orders: Tuesday & Saturday from 9am to 12.30pm and 3pm to 5pm, Thursday from 9am to 12.30pm. *Nandini Team. Ph: 0413-2622527 / Mail nandini@auroville.org.in. Bring your bag when you give a new order!!*

Nandini Distribution: (PTDC area): tel: 0413-2622033 Email nandini@auroville.org.in. Open to public from Tuesday to Saturday morning from 9am to 12.30pm and Tuesday, Thursday afternoon 2.30pm to 4.30pm. *Don't forget to bring your bag!*

OutreachMedia Services: The services provided by OutreachMedia include: dealing with all media that come to Auroville for filming, writing, photographing - reporters, journalist and writers. 2622-098 or 9443602194 or 9952463904 / Multi-Media Centre. Office hours: Monday-Friday: 9.30am to 12.30 pm. Afternoons and Saturdays by appointment. outreachmedia@auroville.org.in

Puncture service, service area: next to gas bottle service, opposite road service; Monday to Saturday 9am to 4 30pm; phone 2622741, cell 9442891235.

Auroville Residents Service timings: SUMMER TIMINGS: open from Monday to Friday morning from 9:30 am to 12.30 pm. We will be closed in the afternoons starting from May 1st. We will come back to our regular timings from July onwards. Telephone: (0143) 2622191 / email: resservice@auroville.org.in

Residents Assembly Service: new landline number: 0413-2623701 (please note it in your agenda). The RAS office (located 1st floor at Town Hall) is open for public from 10 AM till 12 Noon from Monday till Friday. We are happy to welcome your questions, suggestions or information. We will do our best to help you in whatever way possible. Thank you for your appreciation. Your *RAS team*

Santé Clinic: Crown Rd. near. Arka: Call 0413-2622803 for an appointment. Summer timings: MAY AND JUNE closed in the afternoons. Hours: Monday to Saturday: 8.45 am to 12.30 pm.

Savi: Services for Volunteers and Hosting Units/Services of Auroville, a link between Auroville Projects and long-term Volunteers (minimum 2 months). We offer welcome information, placements opportunities, support with visa procedure and follow-up throughout the volunteers' stay. From Monday to Friday from 2 till 4 pm. at the Unity Pavilion. For more information call (0413)2622121 or go to Savi website: www.auroville-learning.net.

Skyworks: Tree pruning, removal of hazardous trees and branches over fragile structures, power line cleaning. *SatYaaji:* 853 103 35 45

Shared Transport Service (STS): Taxi sharing +91 413 2623 200 | +91 413 2623 201 | +91 8270512508 - sharedtransport@auroville.org.in | <http://sharedtransport.auroville.org/>

TreeCare: Pruning, removing, cabling, bracing and transplanting of trees. Hedge and grass maintenance also available. Call: *Jonas:* 9159843579 / *Anadi:* 9655477329 or go to: treecareindia.com.

Vehicle Service, Town Hall: Monday to Friday: 9am to 12.30pm, 2.30 to 4.30pm. Saturday: 9am to 12.30pm. Rental of bicycles and children car seats also available. avvehicle@auroville.org.in or phone 9843734825

Video library, Town Hall: Mon, Wed, Fri, Sat from 10am to 1pm and Tues, Thurs, Sat from 3 to 6pm.

REGULAR EVENTS IN JULY

Note from the editors

The Regular Events column is printed once a month, and sent via pdf/published online weekly. Guest-houses are kindly requested to put this section up on their notice boards for their guests. Kindly inform us of any changes/cancellation of your event, or if you want your regular event to be added to the listing
NEW: now online Regular Events! <http://www.auroville.org/contents/4201>

Online Auroville Events Calendar - (no need to log in for guests! - just scroll down the page)

The schedule of events for the week can be accessed by all, including Guests and Visitors, on the Auronet login page: www.auroville.org.in

AcroYoga for Beginners: Saturdays 8:15 to 9:45 am at Arka. - Partner flow: warming up with asanas and stretching with a partner - Inversions: flying and playing with partners. *Damien* 90 47 72 27 40

African Pavilion's regular events: By Popular Demand the African Pavilion is happy to announce, every Monday from 6pm to 9pm, a new event to host African Cooking, Music, and Dancing. Every Thursday enjoy the drumming circle together with dinner from 7 pm till 9 pm. Every Friday at 4.30pm: Transformational yoga.

Auroville Aikido Will restart early July. For Children classes & general info, please write to budokan@auroville.org.in.

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Argentine Tango: Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8 pm @ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: tango@auroville.org.in Bring socks or dance shoes.

Astrology, its holistic approach: Astrological Chart by *Uma Giménez*. You are welcome to call and fix an appointment at 0413-2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Authentic Tamil culture: *Meena*, a Tamil Aurovilian, offers courses every Sunday morning to explore the beauty of the authentic Tamil Culture. Meeting point: Courage Gate. The course can be tailored to your choice including: 1. Cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263.

AVYA Auroville Youth Activities: a brand new website presenting the regular Youth Activities available in Auroville: youthactivities.auroville.org.in. The primary goal is to provide the Auroville community (especially children/parents), with an organized and simple overview to become aware of the Activities available in Auroville, for the AV Youth. If you wish to add your activity to the website, kindly send your contact details (sport, name, phone number, email) to youthactivities@auroville.org.in.

Bharatnatyam classical dance classes At Yatra Arts Foundation Every Saturday evenings 4.30pm to 5.30pm and on Sunday mornings 9.00am to 10.00am.

Bhrahmanaspati kshetram: The Mother and Sri Aurobindo Centre is launching regular activities: Every Thursday meditation 6:00-6:40 pm - Every first Sunday of the month reading circle from 5:30 pm led by Bhuvana Sundari in Tamil and English (for directions kindly consult Google maps at this link: here)

Body Care in Auromode: Facial treatment - cleaning, scrubbing, massage, moisturizing mask, rejuvenating mask, deep cooling mask. Exotic SPA - Scrub, Wraps (chocolate, Tropicana). All used materials made from natural and organic products. Body Treatment - Cup massage. For more information contact *Svetlana* +919344639707

Buddha Garden Activities: We have an *Introductory tour* every Monday at 10.00 am until lunch time. Walk around the farm and see how we grow our organic food. For further details contact *Priya*: priya@auroville.org.in.

Capoeira (Group Ginga Saroba): Join our Capoeira family! Classes open to all levels, led by Prof. Samuka da Índia and his students
● ADULTS >> Monday: 5.15 PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday: 6.00 PM - Deepanam School

● KIDS >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid
● CONTACT >> 9488328435 (Prof. Samuka) | info@ginga-saroba.com | www.ginga-saroba.com

Children Activity Garten: in a friendly home-environment for ALL children from 2 to 6. Open Mo - Fr from 9 am to 1 pm and on the regular school holidays. Contact: egle@auroville.org.in or 94880 47368. <http://activitygartenauroville.esy.es>

Chinese fire cupping /Moxibustion Therapy: Fire cupping (火罐) and Moxibustion (艾灸) are both ancient therapies based on TCM theory. They can remove one's blockage and accumulated toxin from deep inside the body as well as improving your immune system, effective in acute and chronic internal organ disorders such as pain, stiffness, fever, chill, cough, wheeze, nausea and vomiting etc... By appointment only, Chun: 80989-00708 / chun@auroville.org.in Arka Wellness Center

Coaching and Personal development based on NLP with *Christine P.*: 9489805493 / or contact@auroville-holistic.com www.auroville-holistic.com

Creativity Atelier - Life Drawing Circle: Time: Tuesdays, 5.30pm to 7.30pm. Venue: Creativity Atelier. Creativity Community. Fees: Voluntary Contributions to Materials and Model. All are welcome to immerse themselves in our intense and inspiring session of life drawing. The idea is to explore one's creative self in a friendly and fun environment. This is not an instruction based class. A model and basic drawing materials will be arranged for.

We seek your generous donation to maintain the well-endowed studio and sustain the enriching experience. We also welcome those who would like to model for our artists. You need not necessarily have prior experience to pose for few drawings. Moreover, you get to enjoy many creative manifestations of yourselves while you indulge yourself in a quiet and meditative sit-in moments. For more information or to book yourself, please contact *Lakshay* on 9810052574. Cheers!

Cuban Salsa: Learn and practice Cuban Salsa, every Wednesday, 6-8 pm, at African Pavilion. Class is Free and all are welcome. Instructors: *Mouhsine & Camilla*. For questions, email serrarr@gmail.com

Dance Fitness: classes have started again in New Creation with *Elodie*. Tuesday and Friday from 5pm until 6pm. If you want to have fun and be active see you there!

NEW dance fitness class: Where - New Creation Dance studio. Timing - Tuesday and Friday morning from 8.30 to 9.30. Teacher - *Vijay*

Darkali Fitness Track open hours: New, redesigned Darkali Fitness is closed in the mornings until further notice. Track is open afternoon only from 4.30 p.m. till 6.45 p.m. Please remember to come 30 minutes before closing time. Please note, in case of rain the Fitness Track will be closed until the path is dry. To be aware when the Fitness Track reopens after the rain please visit Auronet group «[Darkali Fitness Track](https://www.facebook.com/DarkaliFitnessTrack)». Way to the gate in Google Maps: goo.gl/dpdTef.

Eco Femme open session: Eco Femme welcomes you on every Thursday from 10.30 am to 11.30 am for a small talk about our work, sustainable menstrual products and menstruation experiences. Contact number: 9487179556

***Evening* Farmers Market:** The Saturday Market is now ON in the cooler evening! Every Saturday at the Youth Center, 6pm - 8:30 pm, along with the Pizza Night. A community celebration of local food & creativity. Yummy organic veggies and hand-processed food from AV Farms, eco-green products, fantastic jewelry, snacks and kefir, handmade clothes, music, etc. See you there. YC 0413-2622857

Feminine dance for all women: in Cripa, Kalabhum: Tuesdays at 4 pm. An additional class is held by Priscila on Fridays at 7:15 am. Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are recommended. galit@auroville.org.in

Flamenco In Cripa Every Wednesday: From 3:15 to 4:45 pm. We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography. Come and enjoy with us, *Flamenco team*.

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call *Lorenzo* before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

GAMES! An evening of fun board games. Every Friday from 6:30 pm onwards, upstairs at le Zephyr restaurant in Visitors Center. We have many games already! Bring yours if you have!

Hatha Yoga classes @ JOY GH: The classes will be geared towards achieving a balance in our energies. Education about the body, mind and breath and yoga asanas, sequencing and their benefits will be an integral part. We will also do a little chanting and pranayama practice. The classes will be on Mondays and Fridays from 4:30 to 6:00 pm. First class will be on the 3rd of April. Thought by *Sakshi*. For more info: 9487272393, *Joy Team*.

Heartbeats - Dance Therapy with Julie, until April 27th (except April 6th). Thursdays from 5-6:30 pm, Sankalpa Art Center (behind Pavilion of Tibetan Culture, International Zone). Come explore your inner rhythm and move to the beat of your heart. Be guided through movements and music that will bare your soul while letting go of dancing to impress, instead dancing to express. *Julie facilitates private coaching and dance therapy sessions, workshops and retreats across the world, combining her strategy consulting background with a passion for yoga, dance and meditation.*

Hindi & English Class: Learn to speak, read and write Hindi at New Creation every Sunday at 1.00 pm to 2.30 pm. Contact *Shiv*: 9884035536 at *Reach for the Stars*. shiv.godi007@gmail.com

Hip Hop Class: Hip hop classes for Children at New creation Dance studio. On Tuesdays: 6 pm to 8 pm and Saturdays: 4 to 5 pm - For more information call: 9786167917.

Leela, the Game of the Self Knowledge (a 2000 years old game!): Come and play the Game of your Life! Sundays, 9.30am to 12.30 (above 15 years old), in SVEDAME, at the Butterfly Barn. English, Spanish, French, Italian, German and Russian versions all available. Contribution kindly asked. Always better to call before to confirm, please contact: *Veronique J.* 948 85 12 678 www.leelathegame.blogspot.in

Mandala & Meditation: *Daily practice from 4:30 to 5 pm, at Art Cart (VC) on Tuesdays/Fridays, Sankalpa Art Center on Mondays/Wednesdays/Thursdays.* A simple co-creation and affirmation practice, bringing awareness within community through metaphor of an impermanent artform. Open to all.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

Mudra-Chi Workshop: A body Prayer in a Tai-Chi Form. Every Tuesday at 5 pm. At Savitri Bhavan. Facilitator: *Anandi*. For further information or Special Classes, contact me, anandi7@auroville.org.in

Nonviolent Communication (NVC): workshops, practice groups, facilitation, mediation, coaching. Contact *L'aura* (NVC Certified

Trainer): 9442788016, joylivinglearning@gmail.com, www.joylivinglearning.org, www.facebook.com/JoyLivingLearning

Odissi & Semi-Classical Bollywood Dance Class With Tejas: Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. +91-8489477222. tejas@shaktidancetroupe.com.

OM Choir: *Paused in May*

Pavilion of Tibetan Culture - Wednesday dinners: As usual we request you to register with us at 0413 2622401 or send an email to: kalsang@auroville.org.in

Pilates with Savitri: at New Creation Dance Studio on Mondays at 5pm, basic level - on Tuesdays at 7.30am, intermediate level - on Saturdays at 7.30 am, basic level. savitri@auroville.org.in

Pilates with Teresa: At Arka. All classes last one hour. Tuesdays, 7:30am: focus on breath & use of the core - Tuesdays, 10am: General class - Wednesday 5:30pm: General class - Thursdays, 7:30am: focus on alignment - Thursdays, 10am: general class - Fridays 5:30pm: **advanced class only for regular practitioners** - Saturdays, 10:00am: General class. ****Advance, medium, beginner... everyone is welcome!**** Teresa: 7867998952 / teresa@auroville.org.in

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing, guided meditation and other tools...by *Antarjyoti* in English or French, tel(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Quantum Shiatsu Massage: With *Sami A. Latzke*. www.auroville-holistic.com. Contact us by mail for more info: contact@auroville-holistic.com

Réception Francophone: Tous les mardis de 17:00 à 18:30 à La Terrasse, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les Auroviliens et Newcomers francophones peuvent aussi participer.

Regression Therapy with Sigrid Lindemann. www.auroville-holistic.com. Contact us by mail for more info: contact@auroville-holistic.com.

Restorative Circles (RC): workshops, practice groups, calling a live Circle, and other questions. Contact *L'aura*: 9442788016, restorative@auroville.org.in, joylivinglearning@gmail.com, www.facebook.com/RestorativeAuroville

Salsa in CRIPA: Salsa dance class led by *Vijay*, followed by practice time. Every Tuesday 6pm-7:30pm. At CRIPA in Kalabhum. Open to all: Aurovilians, Volunteers, Newcomers, and Guests! (on contribution)

Sankalpa Art Cart (*parked on the Visitor's Center stage, next to cafeteria*) *Tuesdays and Fridays from 4-6 pm, Wednesdays from 10 am-12 pm.* An open and welcoming space for creative expression and connection through various media, for all ages and no art experience necessary.

Sanskrit Mantras: at Joy Community GH Hall, Centre Field. Drop in classes on Thursday at 6:15 to 7:15pm and Regular Classes on Friday from 6:15 to 7:15pm. Chanting Mantra is performing an ancient prayer. Through the harmonic rhythm, repetition and participation in the chant, the mind gains clarity, the ability to concentrate increases and a person becomes more tranquil. Through daily chanting the mind gains qualities which are essential for students of Yoga & Spiritual Scriptures. The specific pitches and rules of intonation and syllabic length will be learned in these classes in the traditional way.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6:30 pm

Singing & Dancing Celebration around the fire in Yatra 2017 Joyful spiritual songs from all over the world - keyboard and drums - Bring your instruments and join us! Every Thursday at 7.30 pm. at Yatra - Near NewVreation Sports ground/La Piscine. *Osiva*: 919629832216

Skyworks: Tree Climbing Workshops: RECREATIONAL. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested

before you hook on. After being fitted with your saddle and some short instructions on safety and climbing techniques, you are off and climbing! Kids of all ages welcome. ADVANCED You want to learn the ropes and get off the ground. During class we teach both the double and single ropes techniques plus demonstrate many of the new climbing devices available. You will learn to install the ropes in the trees, tie and use several climbing knots and ascend and descend both with the knots but also with ascenders and descenders. For conditions&appointment call *Satyajji* 8531033545

Solitude Farm activities:

- Weekly farm tour with *Krishna* - Saturdays 11:30am
- Cooking workshop to learn how to use local, traditional ingredients and their nutritional benefits - Saturdays 3pm
- Volunteers welcome! Drop by to visit or call *Krishna* 9843319260

Somatic Explorations with Maggie: Every Wednesday from 5-6 pm in Vérité Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call 94866 23465

Sound Bath - Unity Journey: *no session in May*

Sound Massage And Bath With Tibetan Singing Bowls: Lying on a mat with bowls of different pitches, sound energy flows right through your cells forming a beautiful OM harmonic cocoon of peace, melting away tightness and discomfort while tuning you up to its healthy grounding vibrations. The powerful bronze bowls take us deep inside into our true home.... Info & booking for guests: *Antarjyoti*, tel (land)(0413)262 37 67. Mail: antarcalli@yahoo.fr

Sound Therapy and Exploration in the Body for Self-Healing: Harmonizing and restoring healing sessions through the magic of the sounds from a specially designed sound bed and other music instruments that enhance the self-healing powers of your being...The aim is to put you in a state of relaxation which enables you to see or feel yourself deeply according to your own awareness. In addition to the sound journey, you will be guided through your body to explore new dimensions which has an action and a benefit on the 3 levels: Physical, Energetical and Mental. This exploration based on the concepts of Chinese Medicine will help you reconnect with your organs and holistic being. In case of emergency I may help releasing sciatica pain ("Ischias" in German). To book your appointment, please call *Isha* at: (0413) 2622192 / (+91) 99433 05092

South Indian Classical Dance (Bhratnatyam): Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. *S.Caveri:7598368514*

Spanish Tertulia: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

Spiritual coaching with Sitara: tools: Bach flowers, mandala and affirmation work, spontaneous writing, hypnosis, meditation, visualization and yin yoga. For appointment contact *Sitara* 9751798408 tara@auroville.org.in

Spontaneous Singing with Antoine: *Paused until Aug 16th.*

Sunday Farm & Forest Walks: *no walks in May*

Tamil Literary Classes and Craft Lessons: Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, History and Culture are opened to all Monday through Friday any time Also classes on languages, sewing, drawing, painting and simple handicrafts for Auroville workers and Aurovilians interested. Contact us to organize classes according to your schedule. Phone No: (0413) 2623 773. Email: tamil@auroville.org.in. *R. Meenakshi (Ilaignarkal Education Centre)*

TAI CHI HALL @ SHARNGA: There will be no Tai Chi classes from May 23 to August 7. The last class will be on May 22 Monday and the first class (next) will be on August 8 Tuesday. taichi@auroville.org.in

Tanseikai Aikido in the Auroville Budokan: Tanseikai Aikido will take its summer recess from May 20th. Classes will resume

after July 20th with a new timetable. The new hours of practice will be announced in due time.

Tea Gathering: Experience and learn the East Asian way of drinking and serving tea - The art of sharing joy and peace through a cup of tea with your friends will change your perspective towards tea - Every Saturday 2 pm to 5 pm. Booking is required. Approx. 1 hour for each session, please choose your time slot. Book at: 7868825918 - 04132622192 -04132623918 / francesco@gelatofactory.in . Venue: Gelato Factory main Auroville road (near Auroville Bakery and Farm Fresh), Kuilapalyam [www.artfood.in]

Thai massage to re-harmonize the energy and heal with Christine P. Registration & infos: contact@auroville-holistic.com, *Christine P:* 9489805493/ www.auroville-holistic.com

Theatre Improvisation Games: Come and discover a new sense of freedom, meet other fun and interesting people for an afternoon filled with interesting improvisation games. Every Friday from 4.30 pm - 6 pm at SAWCHU. For more details call *Veronique J.* (9488512678)

Ultimate Frisbee: Monday, Wednesday and Saturday at the Gaia Sports Field 4.30 pm to sundown (turn left before Gaia community gate). Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork and Spirit of the Game. Bring running shoes if you have them. Contact avultimate@auroville.org.in with any questions or just come ready to play!

NEW! Ultimate Frisbee women's team training: Sunday 4-6 pm

Veena Musical Classes: One of India's most ancient string. Regular veena musical classes by *Ravi* for everyone, Children & Adults, at Yatra Arts Foundation, near New Creation sports ground. Every Friday evening from 5pm to 7pm. Contact: 0413- 2623071 / 9786772209

VocalYoga, Nada Yoga and Sacred Chanting: Mondays and Tuesdays, 2 to 4pm In Creativity hall of light. Explore and learn how to use your vocal instrument according to Italian Masters of the voice in a yogic approach. NadaYoga teaches us to perceive sounds in different parts of the body connected to energetic channels. These ancient Yoga techniques re-align the energy flow give peace and serenity. Allow people who sing out of tune to sing well Learn: Mantras, Kirtans, Bajhans. Contact: *Hamsini* ONLY ON APOINTMENT 9487544184.

WARAKU Practice in Auroville Budokan: Waraku practice will take its summer recess from May 20th. Classes will resume after July 20th with a new timetable. The new hours of practice will be announced in due time.

Youth Entertainment Program presents the YEPweek: a program especially designed for guest kids, to enjoy their stay, and discover Auroville. We will take them from place to place, where the kids will participate in various activities facilitated by Aurovilians. This program (Monday to Friday, 8:30 am to 12:30 pm) offers a good balance between visits, activities and free playing time. Joyfully, *Yep Team* (+91-9626565134)

The Youth Center Pizza Nights are on Fire: And so is the fire wood oven, so when Saturday evening 7 00 pm comes around, get your chappals on and kick your bike to life (or jump on your cycle), follow your nose and you'll end up at the right place! We have pizzaiolos rolling out doughs by the second and a precisely highly trained group of hands sprinkling the pizzas with all kinds of toppings and tasty Auroville cheeses. And lots more, so see you there!

Vinyasa Yoga: - at Creativity Hall of Light, every Thursday from 4 pm to 5.30 pm with *Bebe Merino*. This style is sometimes also called flow yoga, because of the smooth way that the poses run together and become like a dance. Please come and enjoy the classes.

NEW! Vinyasa flow Yoga classes with So-Youn at Creativity HALL OF LIGHT. The class is based on alignment of Iyengar and flow of Ashtanga. It remains authentic to ancient yoga tradition while tackling modern challenges. After class, you will be So Young!! Schedules, 17:30-18:30 starting in May 2017
Tuesday - Vinyasa flow lv.0
Thursday - Vinyasa flow lv.1
Aurovilians and Newcomers free of charge.
Volunteers 100 rupees. Guest 200 rupees

