

News & Notes

2nd January 2016.....A weekly bulletin for residents of Auroville.....Number 630



Greetings from Auroville

HAPPY NEW YEAR 2016

HOUSE OF MOTHER'S AGENDA

The Godward Emotions

Necessarily in the end prayer either ceases in the greater thing for which it prepared us,— in fact the form we call prayer is not itself essential so long as the faith, the will, the aspiration are there, — or remains only for the joy of the relation. Also its objects, the *artha* or interest it seeks to realise, become higher and higher until we reach the highest motiveless devotion, which is that of divine love pure and simple without any other demand or longing.

The relations which arise out of this attitude towards the Divine, are that of the divine Father and the Mother with the child and that of the divine Friend. To the Divine as these things the human soul comes for help, for protection, for guidance, for fruition, — or if knowledge be the aim, to the Guide, Teacher, Giver of light, for the Divine is the Sun of knowledge, — or it comes in pain and suffering for relief and solace and deliverance, it may be deliverance either from the suffering itself or from the world-existence which is the habitat of the suffering or from all its inner and real causes. In these things we find there is a certain gradation. For the relation of fatherhood is always less close, intense, passionate, intimate, and therefore it is less resorted to in the Yoga which seeks for the closest union. That of the divine Friend is a thing sweeter and more intimate, admits of an equality and intimacy even in inequality and the beginning of mutual self-giving; at its closest when all idea of other giving and taking disappears, when this relation becomes motiveless except for the one sole all-sufficing motive of love, it turns into the free and happy relation of the playmate in the Lila of existence. But closer and more intimate still is the relation of the Mother and the child, and that therefore plays a very large part wherever the religious impulse is most richly fervent and springs most warmly from the heart of man. The soul goes to the Mother-Soul in all its desires and troubles and the divine Mother wishes that it should be so, so that she may pour out her heart of love. It turns to her too because of the self-existent nature of this love and because that points us to the home towards which we turn from our wanderings in the world and to the bosom in which we find our rest.

But the highest and the greatest relation is that which starts from none of the ordinary religious motives, but is rather of the very essence of Yoga, springs from the very nature of love itself; it is the passion of the Lover and the Beloved. Wherever there is the desire of the soul for its utter union with God, this form of the divine yearning makes its way even into religions which seem to do without it and give it no place in their ordinary system. Here the one thing asked for is love, the one thing feared is the loss of love, the one sorrow is the sorrow of separation of love; for all other things either do not exist for the lover or come in only as incidents or as results and not as objects or conditions of love. All love is indeed in its nature self-existent because it springs from a secret oneness in being and a sense of that oneness or desire of oneness in the heart between souls that are yet able to conceive of themselves as different from each other and divided. Therefore all these other relations too can arrive at their self-existent motiveless joy of being for the sake of love alone. But still they start from and to the end they to some extent find a satisfaction of their play in other motives. But here the beginning is love and the end is love and the whole aim is love. There is indeed the desire of possession, but even this is overcome in the fullness of the self-existent love and the final demand of the Bhakta is simply that his bhakti may never cease nor diminish. He does not ask for heaven or for liberation from birth or for any other object, but only that his love may be eternal and absolute.

Love is a passion and it seeks for two things, eternity and intensity, and in the relation of the Lover and Beloved the seeking for eternity and for intensity is instinctive and self-born. Love is a seeking for mutual possession, and it is here that the demand for mutual possession becomes absolute. Passing beyond desire of possession which means a difference, it is a seeking for oneness, and it is here that the idea of oneness, of two souls merging into each other and becoming one finds the acme of its longing and the utterness of its satisfaction. Love, too, is a yearning for beauty, and it is here that the yearning is eternally satisfied in the vision and the touch and the joy of the All-beautiful. Love is a child and a seeker of Delight, and it is here that it finds the highest possible ecstasy both of the heart-consciousness and of every fibre of the being. Moreover, this relation is that which as between human being and human being demands the most and, even while reaching the greatest intensities, is still the least satisfied, because only in the Divine can it find its real and its utter satisfaction. Therefore it is here most that the turning of human emotion Godwards finds its full meaning and discovers all the truth of which love is the human symbol, all its essential instincts divinised, raised, satisfied in the bliss from which our life was born and towards which by oneness it returns in the Ananda of the divine existence where love is absolute, eternal and unalloyed.

The Synthesis of Yoga,
Part III: The Yoga of Divine Love, Chapter III

SRI AUROBINDO

*The
Ponder
Corner*

*To feel and love the God of beauty
and good in the ugly and the evil,
and still yearn in utter love to heal
it of its ugliness and its evil,
this is real virtue and morality.*

Sri Aurobindo
ref. Essays Divine And Human, Jnana, p.428

L'avenir d'Auroville / Town Development Council (TDC)

November- December 2015 report

Reminder: This report is a synopsis of key topics discussed in regular meetings. It does not include any communication that has been published in the News & Notes or on the Auronet webpage of L'avenir d'Auroville / Town Development Council (TDC), such as community announcements, financial reports and site or building permissions.

Regular members: Cristo (Regional Development), Jacqueline (Urban Design), Manohar (WC representative) present one meeting a week until December 15th, Sauro (Overall Coordination and Facilitation), and Toby (Township Development).

Occasional attendees: DDP team (Kaja Delezuch & Luis Feduchi), Sonja (HS), Foodlink representatives (Bindu, Dorle, Jeff & Ramalingam), Sustainable Resource Center SRC representatives (Angela, Ribhu & Dorle) and Varuna representatives (Christiano, Michael Bonke, Vladimir & Walter).

I. TDC-RELATED TOPICS

A/ Site and Building Applications

Approximately 20 site and building applications were studied (whether for feedback, discussion, follow-up, team presentations, etc.) during TDC planning meetings in November and December, not to mention those studied in dedicated site and building application-related meetings.

B/ Tender process

As approved by the TDC in 2012, the tender process is required only for projects above 1 crore. Therefore, any project with PEC approval can proceed.

II. HOUSING TOPICS

A/ Individual Housing

The TDC frequently receives applications to build individual houses in the City and Greenbelt area. Usually, the application also requests a piece of land around it. To regulate the process of these requests, especially for individual housing, we would like to communicate the following:

The Greenbelt is mainly managed by the Farm and the Forest Group (with the Green Group). These official groups are in charge of the development in these areas and are the stewards of these lands. Housing possibilities arise only when the activity of the "steward-to-be" corresponds to the directives and guidelines of the Farm and Forest Group. The application of any building or house should be related to the activities undertaken in perspective of forest and/or farm in the Greenbelt.

In the City (including some communities bordering the city), lands are reserved for projects according to land use. Projects proposed by project developers and the Housing Service find their way to the TDC and are processed according to community-approved guidelines. In this respect, some areas are reserved for low-density housing (aka clusters), but only on a project basis.

The TDC has made an agreement with the Housing Service and the Land Board to protect lands which are vulnerable to encroachment. The Housing Service will propose temporary housing on those locations for the specific purpose of protecting the area.

The developments mentioned above imply that space for individual houses is limited and only possible with consent of the Forest & Farm Group, the Housing Service or as a project initiated by a project developer/architect. In any case, final approval is granted by the TDC.

B/ Detailed Development Plan (DDP)

A meeting was held to discuss the DDP and the next steps.

Luis and Kaja informed the TDC that they are currently working on integrating all the feedback received and are focusing on preparing a more "user-friendly" plan (less technical, readable more easily by a larger public). This should be ready by end of December, at which point the updated plans will be sent out for another 3-week analysis. This period is intended for specific questions and the adaptation of projects and applications to established parameters.

It was also added that emphasis should be put on the commitment expected by stewards regarding the "green" areas in these sectors concerning not only maintaining these spaces and keeping them open and accessible by all. Regarding parking spaces, it was pointed out that some buildings will be part of amenities, providing parking place for bikes and cycles.

C/ Sacred Groves

Several emails have been sent between various working groups regarding the Sacred Groves (SG) project and the damages that ensued following the heavy rains. The TDC is expecting more reports (from the SG, the Monitoring group, etc.) which will be sent to the FAMC as well as to the US donors for their information.

III. LAND-RELATED TOPICS

A/ Land stewardship - small reminder

The TDC takes care of land allocation.

The FAMC takes care of stewardship.

The LB takes care of land protection.

B/ Development on private lands

It has come to our notice that several units have been associated to private developments within the Master Plan area.

We would like to bring to your attention that development in the Master Plan area would require an NOC from the Auroville Foundation as per G.O. of Tamil Nadu Govt dated 20.01.2003 in order to secure against the possibility of any misuse or unwanted development from private parties. This information was publicly shared by the Working Committee in 2005.

Please be aware that we have been trying for many years to have a proper regulation of planning and development in the Greenbelt. Keeping that in mind, participation of Auroville units in private initiatives should be avoided or regulated in coordination with the concerned groups and the Auroville Foundation.

IV. ROADS

A/ Road access Transition/Transformation - Dehashakti

The TDC has been studying this road access as multiple complaints regarding safety have been coming in. The proposal to block motorized traffic (and allow only cycles to use this road) was published in the N&N for feedback.

B/ Grace By-pass

A proposal to connect the Crown Road to the Grace radial was published in the N&N for feedback.

C/ Surrender-Gaia crossing - road diversion

The TDC would like to inform you that the Road Service is currently diverting traffic around the private land that is between Surrender and the Gaia crossing.

Lorries coming from Certitude will be diverted at the Solar Kitchen crossing towards the Matrimandir visitor entrances. Other 4-wheelers, including Tata AC, can use the bypass that goes towards Grace and then joins the Gaia crossing (as was the case when the field had been plowed just before/during the rains).

Both the TDC and the Road Service would like to request you to please bear with us. Sorry for any inconvenience.

V. REGIONAL DEVELOPMENT - no updates this time, check next month's report!

VI. GROUPS, ZONES, SERVICES

A/ Housing Service (HS)

a) Sacred Groves

The HS requested a clear progress report regarding budget as well as safety issues.

A report is being prepared by the monitoring group and will be sent to the HS and the FAMC.

b) New plot for 10 houses:

Several possibilities are being studied, for example near Victory (approx. 1 acre) and Celebration. According to the upcoming survey results, maybe 2 or 3 plots could be available.

c) Pony Farm:

The HS extended a further reminder regarding the contribution for the well.

The TDC is currently studying the budget.

d) Maitreye wastewater:

Current state of affairs: the WWTP is still being processed, and in the meantime, the HS will repair the septic tank as a temporary solution.

VII. OTHER TOPICS

A/ Auroville's 50th anniversary

The TDC is aware that many projects are being set into motion for Auroville's 50-year anniversary and is looking into those that may need site and/or building applications. It is requested of the community to respect the permission process.

The 50-year anniversary team will be having a meeting to make a list of 1st and 2nd priorities in their list of projects which will be communicated to the TDC. The team wanted to discuss subjects such as parking (and transport within AV) as well as accommodation (cheap, VIP, etc.). However, there still are several unknown elements, such as the number of participants, etc.

B/ Waste Water Treatment Plant (WWTP)

Studies regarding the WWTP are ready; they are currently being discussed in the TDC, FAMC and WC. The option of setting up different phases for the WWTP is being studied.

However, an immediate solution for Maitreye's wastewater problem needs to be found.

It was agreed by all present that a new service for wastewater should be set up.

C/ Solar plant - Varuna

A meeting was held to discuss a project to set up a solar plant and the next steps.

There is a very low possibility of moving the solar plant onto the roof of the Line of Force/Strength (LoF/S) because its roof may not be flat and will probably be kept "free" for gardens or public spaces. Whether this entails relocating the solar panels to other roofs or even elsewhere, it was highlighted that either type of relocation posed no problem whatsoever to the project holder.

The TDC was informed that Varuna will slowly be shifting from wind (where the sites are limited) to solar (sites and areas are literally unlimited). To this effect, this project represents a small experiment. As this site is relatively close to Citadines, the Town Hall and Matrimandir, it will be possible to cover this whole area with 1 single system, i.e. create a single consumption cluster instead of each having an individual generator.

There is already a bore-well, and setting up this solar plant would develop further the whole infrastructure of this area (cables, pipes, etc.), respecting future MP developments. Following this train of thought, it was agreed that the Energy MP will be sent to Varuna.

The next step is to survey the whole area, trees included, and mark the LoF/S on the ground to better understand and determine the implications for the solar plant. The SA does not need to be modified, but a date will be set for the survey (ideally, bushes and shrubs should be cleared before that date). If and when NOC will be given, parameters and layout details will be established (for ex. reg. sqm).

It will be seen whether this site will be applied for by Varuna or Mitra (AV unit).

ANNOUNCEMENTS

General Meeting on new draft FAMC mandate

Dear community,

We would like to present to you the new draft FAMC mandate after having received and integrated feedback from the residents of Auroville. More information on the mandate and feedback received is available on the AuroNet and will also be circulated via the mass mail system of Residents Assembly Service. Hard copies will be available at the AV Council desk.

The purpose of this meeting would be to discuss and finalize this mandate before organizing a decision making event. The Auroville Council invites all to a General Meeting where the members of the subgroup who worked on the mandate will be present for a question and answer session.

When: 22nd January

Where: Unity Pavilion

Time: 4.30 pm - 6 pm

Looking forward to your active participation!

Sincerely,

The Auroville Council

Increased scrutiny by Immigration and/or Police officers

Dear members of the community,

This is to inform you that officers from the Immigration and/or Police are visiting various communities in Auroville to see if residents of foreign origin are indeed living in the place mentioned in their Residential Permit / Stay Visa.

It is a simple but new formality which requires all Auroville residents to extend their cooperation and courtesy in their interaction with them.

In case of lack of details or doubts, if any, you may please refer the officer to the Working Committee office.

Thanking you, The Working Committee

Call for Grant Proposals for SDZ Spring 2016

The Project Coordination Group (PCG) will review grant proposals submitted for possible funding by Stichting De Zaaier in the spring of 2016. All documents related to this purpose are to be submitted as a Word document in the

revised Grant Application Format via email to pcq@auroville.org.in latest by Monday, 25 January, 2016.

Stichting De Zaaier welcomes project proposals for:

- research studies in the fields of sociology, economy, psychology and inner development;
- exploratory (research) studies into the relations with the world outside Auroville, in particular with the villages (and villagers) surrounding Auroville, as well as proposals for initiatives that seek to contribute to strengthening these relations;
- initiatives that seek to enhance efficient co-operation of Aurovilians with the aim of making full use of the existing potential in Auroville;
- studies exploring a sustainable future for Auroville and initiatives contributing to such a future;
- initiatives requiring seed money for innovative and informal education and training, women's development, as well as proposals prepared by youth.

Please note that no funds are available for infrastructure, buildings or transport. Requests for equipment will only be considered if specifically required for the implementation of the project and are not already available in Auroville. Stichting De Zaaier has also indicated a preference for the funding of projects and activities for which the maintenance of Aurovilians is either covered by Auroville or from a source other than SDZ grants.

A revised grant application form, budget request form and guide for filling these in are available on request from pcq@auroville.org.in or may be downloaded from Auronet.

If you have received funding for a project through the Project Coordination Group in previous years, be certain that you have sent us the report for that project before making a new application for a different project.

For more information or assistance you may write to pcq@auroville.org.in or contact the Project Coordination Group at the ACUR (Town Hall) by phoning 2622250 or 2622795.

Please note that if you are submitting a project that has anything to do with Auroville or Auroville Outreach schools, or, students of any individual classes, your project is to be reviewed by the Auroville and/or Outreach School Boards prior to the Project Coordination Group review. (Please be sure to contact all individual schools before submitting your proposal to the School Boards.) Therefore, it is important that all the relevant bodies (i.e. schools, teachers, school board, etc.) are aware of your project and support it. In this way, the Project Coordination Group can more easily recommend a project for funding knowing it will have the support of schools and thereby have a greater impact on the beneficiaries of the project.

Join YouthLink!

Youth talk started in January 2015, with the emergence of YouthLink in March, and an office in June. It has been 12 wonderful months and lots of progress has been made. Currently YouthLink is coordinated by 2 full-time members, who are part of a Core Team of approximately 15 youth. So far we have about 50 mentors who signed up to guide us on the way and about 50 youth who signed up to join our team... but we haven't been able to actively engage all, yet. Not all have the time to drive and coordinate initiatives. Therefore YouthLink is in need of several more youth, with the time and skills to support the team. There is a lot of work to do :) And it's a lot of fun!

YouthLink needs youth 18-35yrs, capable, enthusiastic people who may have various interests and skills in communications,

basic accounting, can speak in public and are willing to 'drive' one or more initiatives. We are particularly eager to find youth interested in the topics of Housing, Higher Education, event organisation and designing a youth conference in Auroville. Anyone with skills in fundraising, project writing and/or working with Auroville's youth-related policies would be a great help. Also we are looking for youth who are creative, to help make short videos, posters and maintain our website.

Younger youth are encouraged and most welcome too, but we are aware that you may still be in school so we will work with you during your free hours. We encourage Aurovilians or Newcomers to join, but we remain open to those who are aspiring Aurovilians who have grown up in this area as well. Long-term volunteers are welcome to help us too, perhaps with smaller tasks. Speaking more languages, especially Tamil, would help but is not a requirement. This could be a part-time or even less than part-time commitment, however we call for those who will take up a responsibility of their choice and follow through.

The work is very dynamic, and not necessarily tied to an office. Much of our work takes place in link to Working Groups, Services, Schools, and Outreach Units. We work by consulting our mentors, other individuals and by connecting to various youth-related projects in the community. We use the office during working hours, but much of our work also gets done after 4 pm and sometimes on weekends. We call for those with commitment, patience and flexibility. We hope that you will come with deep inner call to work together in collaboration and 'thinking out of the box' to build a better Auroville for all.

If any of the above calls to you personally... if something about Auroville makes you want to improve our current reality... if you have been sitting on an innovative idea for too long and need a team to help realise it... let us know. We welcome you to support our current workload, but we also welcome new initiatives that are in line with Auroville's ideals, and are youth-related.

Warmly,

Kavitha & Vinay on behalf of the YouthLink CoreTeam

[Email: youth@auroville.org.in / Phone: +91 8940568266, +91 9751944989/AurovilleRetreat:

<http://wayforward.auroville.org.in> / Facebook: 'YouthLink, Auroville']

The Residents Assembly Service (RAS) wishes you a Happy New Year 2016!

We want to thank all the residents for their participation during the last year. Did you know that it takes only one resident to call for a General Meeting?

The RAS is at your service, and for 2016 we wish to serve you better. For this, we need more people who are passionate about community participation. **Join us!**

Our Wish List: (^_^)

- Programmers
- Facilitators
- Web designers
- Journalists
- Writers
- Researchers
- Note takers
- Good will and helping hands

Contact us with an email to: raservice@auroville.org.in or call Inge on her mobil: 948 86 72 029

Love,

Inge, Jesse and Slava from the Residents' Assembly Service and volunteers

FROM THE ENTRY SERVICE - N&N NO- 630 dated 02. 01.2016

We would like to inform the community that our team is happy to recommend the following persons as Aurovilians and Newcomers. We will wait for two weeks (Newcomers and Returning Aurovilians) and one month (Aurovilians), from the date of this publication, for your feedback, before confirming.

AUROVILIANS:

Ayyanar (Mani) MANJINI (Indian from Bommayarpalayam) - Staying at Samridhi, working as a forester and farmer at Samridhi.

Ole WARNECKE (German) - Staying at Eternity, working at Housing service.

CHILD OF AN AUROVILIAN:

Malik GARDELLE PIGNOLET (French) - born on 29/03/2008, studying at TLC.

Erhel GARDELLE PIGNOLET (French) - born on 15/08/2009, studying at Nandanam.

NEWCOMERS:

Seok Ho JIN (Korean) - Staying at Auromodel, working as a researcher at Auroville Consultants.

Tatiana SINEEVA (Russian) - Staying at Certitude, working as an Art teacher at Deepanam.

N.B. The announcements done in the News and Notes are FOR FEEDBACK ONLY and sometimes, after announcement, there can be either an extension of status or a decision to stop the process. We have added Confirmation Section below:

CONFIRMATION OF NEWCOMER STATUS:

Cyril BERCHER (French)

Morgane BERNIER (French)

Celine Barbara DEVAUX (French)

Carolynn NEWMAN (Canadian)

CONFIRMATION OF RETURNING AUROVILIAN:

Aurojina ALLEN (Australian)

CONFIRMATION OF NEWCOMER TO AUROVILIAN STATUS AFTER ANNOUNCEMENT IN N&N AND CONSIDERATION OF FEEDBACK RECEIVED FROM RESIDENTS:

Matthieu GARDELLE (French)

Shanthi PIGNOLET (French)

Liron LEVI (Israeli)

We will soon invite you to fill in the B-Form request for a meeting with the AV Foundation Secretary with the aim to add your name to the Register of Residents.

PEOPLE WHO HAVE LEFT AUROVILLE ON THEIR OWN:

Chloe BENNETT (French)

In case the above person(s) wishes to come back to live and work in Auroville, (s) he will need to restart his/her newcomer process.

Dear Newcomers,

The Entry Service team would like to inform you of the timings designated specifically for you to collect or submit the Newcomer Kit. Please pass by our office in Town Hall during these hours only: Monday & Wednesday at 2 pm to 4 pm. We look forward to seeing you.

We are open for B-Forms and Recommendation letter matters, on appointment only.

For all other matters, the office is open on Mondays, Wednesdays and Fridays at 10-12am, except for every last week of each month when we are closed to the public to do the internal office work.

The Entry Service team (B, Chitra, Eva, Ishita, Matilde, Neeti, Jitta)

FOR YOUR INFORMATION

Greetings from Auroville

The year 2015 brought new energy and progress for Auroville's urgent land needs - acquisition, unification, and protection. We thank every one of you for the many forms of goodwill and support you have provided to the efforts!

This New Year is a special one as it holds the 29th February - date of the 15th anniversary of the Supramental descent upon Earth. Thanks to a generous gesture by friends of Auroville's land, we are pleased to mark the occasion by distributing a commemorative card, with Mother's inspiring message and a 2016 calendar.

We have sent the card along with the printed edition of this *News & Notes* issue, and in e-form along with the emailed version. If you haven't received one, or wish to have more, they are available and waiting for you at the LFAU desk, Town Hall, First Floor. Please come and take one or several, and use them to spread the word.

United, we can make even more progress in 2016 to unify and consolidate the City of Dawn's body - its land!

May 2016 bring a year of greater manifestation of the vision that Auroville stands for and its promise!

*Wishing you a happy & luminous New Year,
Lands for Auroville Unified (LFAU) & its two land
campaigns, Acres for Auroville (A4A) & GreenAcres*



F I N L A N D = A great surprise came in from a three-member team in Finland that's well on their way to become an active

AVI Finland centre. The team is guided by its main initiative taker, **Pavitra Paul**, a researcher and teacher in Public Health Economics with the University of Eastern Finland, Kuopio, Finland, and also a European Union exchange teacher for the Saint Petersburg State University, Russia. His research areas are health equity, health systems efficiency and choice modelling in healthcare consumption. This year the team launched a website: www.ladivinite.fi - Having intensively studied works of Sri Aurobindo and the Mother, and in contact with Aurovilian Shradhdhavan, Pavitra has become a sincere adherent to our Integral Yoga and would hope to share this approach to life with his country through the website, personal contacts, writings and possible conferences in future. Last month, team members had a discussion with Dutch/Finnish Aurovilian Jussi who currently stays in Europe; photos of the same can be perused on the site.

F R A N C E = On Saturday 16 January l'Atelier Fil Rouge will host once again an AVI France Café Auroville this time focused on 'Auroville, a city for the age of Aquarius' (Auroville une cité pour l'ère du Verseau). The session will center around such qualities as unity, equity and brotherhood that are so fundamental for France and also for Auroville.

Main speaker of the evening will be [Ms Fanchon Pradalier-Roy](#), accomplished researcher and writer on astrology, education and communication who is known to Auroville and has done some in-depth study on the destiny of the city. The discussion will be streamed live via goo.gl/q0aS6Q

It wants to be mentioned here that the first online Café Auroville, held on 12 December, came out very well, informative and inspiring. It contained lively encounters with Sandrine and Yvelise of LilaLoka, underlined by some words of JeanYves who happened to be present at the Paris event. The clip can be perused via goo.gl/L9Cxkt. These interactive sessions are organised by Chloe and appreciated by all.

NETHERLANDS = The Dutch December newsletter goo.gl/nvk8b4 once again expertly highlights current aspects and projects of the City of Dawn, with photos and direct links to reportages, clips & interviews. Adhering to the time of the year, it also offers (in the original English) the beautiful passage in 'Savitri' that describes the ultimate offer of Jesus, whom Sri Aurobindo saw as the Avatar of Love (Savitri, The Way of Fate and the Problem of Pain, Part Two, Book Six - The Book of Fate, Canto Two).

On 30 January, AVI Netherlands' general assembly meeting will take place at which administrative and financial year reports will be tabled and new members of the centre's board nominated.

BEST WISHES FOR 2016 = AVI Centres extend their very best wishes for the coming year to all members of the Auroville, AVI and Aurobindonian family worldwide, hoping to further collaborate in strengthening the work at hand.

For all AVI matters, contact: vani@auroville.org.in
This column is maintained by: mauna@auroville.org.in

50th Anniversary Project Expo

Friday, January 8th in Unity Pavilion from 10 am to 6 pm

Come present your project to other project holders and the community. Invite your friends, family and everyone who you believe may be interested in participating. This is an opportunity to share all the projects and ideas that have been put forward for the 50th Anniversary celebrations.

Alternatively, are you in a position to help carry out any of the many events and initiatives being planned? Take a look at our schedule for group/project presentations given below; see what captures your enthusiasm.

Don't miss the chance to be part of this special occasion!

TIME	GROUP
10:00 - 10:30	Creative Arts - Audio-Visual
10:30 - 11:00	Creative Arts - Exhibitions
11:00 - 11:30	Creative Arts - Public Art
11:30 - 12:00	Creative Arts - Performance
12:00 - 12:30	Inspiring Spaces - Space for Growth
12:30 - 13:30	LUNCH
13:30 - 14:00	Inspiring Spaces - Space for Light and Sound
14:00 - 14:30	Inspiring Spaces - Design for Life
14:30 - 15:00	Mind and Body - Sports
15:00 - 15:30	Mind and Body - Food
15:30 - 16:00	Mind and Body - Wellness
16:00 - 16:30	Organisation - External Liaison & Communication
16:30 - 17:00	Organisation - Programming and Support Services
17:00 - 17:30	Organisation - Event Coordination

POSTINGS

In remembrance

Johan - father of Narayan - was forgotten in last week's News, under 'people who moved on' in 2015. *Dariya*

Baby born

We are very excited to announce a new member to our family. Our younger son Arun and his wife Sandiya were blessed with a baby boy named "Lithishwara" on 21st of December. Yours, *K.Loganathan (Matrimandir)/ Lakshmi Loganathan/ Kottakarai Community*

Baby born

We joyfully welcome Srija Born November 22nd, 2015 at 11:55 am. Love, *Bhavani & Vasanth*

Dear Artists - A message from Kala Kendra

Dear Artists,

As you are well aware Kala Kendra in Bharat Nivas, the Pavilion of India, offers Exhibition Space for Artists in Auroville as well as to the Artists from the Bio-Region.

For the year 2016, we are booked till the 31st of March 2016. If you are planning to have your Art Show in our premises please write to us at: kalakendra@auroville.org.in.

Our Gallery is available from 1st April 2016 to 31st of December 2016. You can also contact us for your reservations at: 0413-2622488.

Wishing you all a Colorful and Creative New Year.

Study Group on Greek Mythology and Iliad (French Speaking)

It is not too late to join the study group on Greek mythology allowing in the long term to understand *Iliad*, the poem of Sri Aurobindo.

Every Saturday morning from 10:30 to 12:00 at Savitri Bhavan, House of Agenda.

Contact *Claude W.*: 8525959873

Special Sale at WellCafe

If you are looking for gifts or if you need some baskets, we would like to offer you Wellpaper's products at very low prices!

Timings: from Monday to Saturdays, 9:30 am till 4.30 pm.

Place: The sale will take place at Wellcafe at Sve-dame

Please call us on 2622219 for any assistance or additional information.

You are all welcome, *Wellpaper team*

Marathon Market Registration is on

Dear all,

This year 14th Feb Marathon Run is happening, we are getting ready with the plan of the Marathon market - If you are interested in having a stall of your products or services on the 13th and 14th (half day) of February 2016, please contact us. Details will be sent to you once finalized. Please register your organization by sending an email to this address: marathonmarket@auroville.org.in.

Registration closes on 15 Jan 2015 - *Marathon market Team*.

Cycle paths...

A reminder to visitors, guests and everyone else who cycles and walks through Auroville

Instead of biting the dust moving on the main roads try the network of over 25 km of cycle/walking paths throughout Auroville, linking communities and activities in an alternative way. They are used by Aurovilians, workers and visitors alike. The cycle paths will take you to your destination through young forests and you can enjoy their peace and shade away from the dust, noise and speed of the roads. Most entrances are marked by a blue sign showing they are reserved for cyclists and

walkers. Some are protected by barriers at the entrance, preventing motorcycles to use them.

In the Visitors Center Cycle Path Maps are available and it would be great if Guesthouse managers would stock these maps and let their guests know about the existence of this cycle path network, have a lovely ride !

Dear Ecoservice users

From now on, for collection of recycle and waste please call *Palani* - 9443535172 / *Kali* - 9443090114 or send us a mail at: ecoservice@auroville.org.in

A V A I L A B L E

TVS

A TVS XL in good condition, if you are interested to buy it, please contact *Rabi*: 8940524796

Royal Enfield

A Royal Enfield thunderbird twinspark, 350 cc, built 2010 + tools + papers+ recent service. Ph: 8525961844. *Mathis (infinity)*

Furniture

Antique writing desk, teak, with 2 drawers (120cm/70cm/82cm resp.75cm), table lamp(ceramic) with silken lampshade(46cm), electronic voltage stabilizer 1KVA (V-guard) - *Monika* <2622918> or <hamonie@auro...>

Contact Lens

Contact Lens x6:-3.25 and -3.50 - ordered by mistake. For free. Please call: 9443362291 - *Eric (Builder)*

Organic Apricots from Ladakh

Dear Community, in the Auroville food outlets and under the label "JOY FOODS", are since a few days available organic dried apricots from Ladakh. Since they are not certified organic they are labelled "organically grown...". Also available from the Himalaya region are dried apples, organic too, and a Malt Chicory "coffee", which is a caffeine free coffee substitute and where the roasted grains are also organic - *Steffen for Joy Foods*

L O O K I N G F O R ...

Furniture

Dear Aurovillian friends, I've got a new beautiful house and I need your kind help to fill it up and furnish it a little bit. I need some kitchen tools such as cutlery, saucepans, cups and dishes... bed sheets and pillowcases... some simple furniture like a little sideboard. By the way anything you can give will be accepted with love. Contacts: 9487340778 giacomoauroville@gmail.com - Thank you, *Giacomo*

Someone coming from Australia

Does anyone know of someone coming from Australia in the upcoming month who could bring me a very small package? Love, Penny (penny@auroville.org.in; 9442938514)"

Need of assistance

I am Sangara, I need some assistance for the creation of a small forest area covered of less than 1 acre. It is located behind the Saranga. I hope that volunteers may come to help me with this project. There are many aspects needed to start the project like interested volunteers and materials. I will teach music lessons in exchange of your contribution - such as South Indian classical music, vocals, flute and violin as well as other instruments. Contact me by phone (Sangara): 9047722987 - Thank you, Sincerely, *S.Sangaraparanan*.

A Harmonium

I am looking for a harmonium that I might be able to use for the next few months as I left mine in the US and I need one for my music practice. If anyone has one sitting around and they don't mind me using it that would be great! Or if you have one for sale, please let me know too! Thank you so much! Contact: 890-383-2615. alohatouch@gmail.com *Jivatma (from Existence)*

Someone going to France

Dear friends, I am looking for someone going to France soon or not so soon to kindly bring me the book "Cosmos" by Michel Onfray, Flammarion. Thanks in advance for your kind benevolence. Repayment guaranteed. Contact *Soham* - Transformation: 262 3038

A fridge

Do you have a fridge in working condition that we could borrow from the 15th of January to the 15th of March? We would be happy to clean it and service it to give it back in better shape than we got it. We could also consider buying it. Please call *Anadi* at: 9655477329 or *Batsala* at: 9443377461. Thank You!!

AC check-up

Need a person to check and re-condition an Air Conditioner, ASAP. Please contact *Jocelyn (Certitude)*: 262 3339

A second-hand motorcycle and second-hand mountain bike

Both in good condition. The bicycle should be large or XL size. Please contact me by phone: 9585862263 or email: steffen@auroville.org.in. *Steffen*

Portable Aurocard Reader (POSS) Needed

The VÉRITÉ programming group is in urgent need of a portable Aurocard reader (the old, wireless black handheld model) which are no longer being manufactured. If you have one that you no longer use, please contact us and we'll be happy to pick it up and compensate you for it! Just call *Kathir* during work hours at: 2622 045.

Old coconut mattresses

If anyone wants to get rid of coconut mattresses, please contact *Vladimir* at: 2622947, for AV "White Arrows" - Archery club

LOST & FOUND

Glasses (lost): My brand-new pair of spectacles, greyish-opaque, supple, light frame, with progressive lenses (left side very thick), lost three weeks ago somewhere at an Auroville public place. I would be happy to reward generously, pl contact *Peter*: 948 848 3348

THANK YOU

Thank You All

Christmas celebration at the Unity Pavilion on the afternoon/evening of 24 December has been a memorable event for all those who participated as well as for the organizers. It was an evening of fun and joy and festivities and sharing. We wish to thank all our donors - Naturellement, AV Bakery, Pierre, La Ferme Cheese - for their generous in-kind contributions. Also we are grateful to those Aurovillians who brought cakes, cookies and sweets to share. The Bharat Nivas light and sound team provided the sound system, and Carla and Paula and their team made the evening memorable with some wonderful music which created a real festival atmosphere. All the volunteers who responded to our call in News & Notes and played a significant part in organizing - Beate, Damu, Gauthami, Jennifer, Moagi, Mani, Mela, Saya - deserve a special word of thanks. And we don't forget our Aurovillian friends who came to participate in the event, or for some other purpose, and spontaneously offered their time and help in the preparations. The staff of Unity Pavilion - Chitra, Kannan and Parvatham - put in extra hours of work to see to it that everything went as planned. Finally a big THANK YOU to all our guests - especially the little ones - who made this event so wonderful with their presence.

We also take this opportunity to wish one and all a Peaceful and Fulfilling NEW YEAR 2016!
Jaya, Shivaya, Kasthuri, Rema, Nadia and Eric

APPEAL

Sponsor a child to gain an education

Dear Friends,

New Era Secondary School (NESS), Aspiration, is an Auroville affiliated secondary school using the CBSE (Central Board of Secondary Education) curriculum. We have recently restructured the Trustee Board and Management team and the new school year has started well. There are now 104 students coming from the surrounding area, mainly Kuilapalyam village, and from Auroville. Due to insufficient funds for running the school we are forced to raise the student fees, but half of our students will not be able to pay even a small increase.

We are looking for sponsors to help these students coming from under-privileged backgrounds. A regular donation of Rs 300-400 a month will support one student. A one-time donation for covering half or full year tuition fees will also be greatly appreciated.

Can you help? If so, please transfer funds in account number 251065. For donors needing to avail tax exemption, please channel the funds via the Auroville Unity Fund.

You can also send your donation via a cheque made payable to 'Auroville Unity Fund', Town Hall, Auroville, 605101 Tamil Nadu, INDIA indicating clearly that the donation is for New Era Secondary School Tuition Fund, or you can send it electronically by going to www.auroville.com/donations/ and following the instructions. Donations from abroad can also be made via the Auroville International Centre in your country - go to www.auroville-international.org.

For more details about students or if you would like to visit the school, please contact us at: (ness@auroville.org.in, tel. 2622662).

With thanks,
Ness Trustees and Ness Management team

Please support!

Please come to the Solar Kitchen to support Lorraine on 9, January 2015 from 12 till 1 pm. Lorraine is an Aurovillian who feeds dogs in Auroville and around. They are nobody's dogs but we need to care about them. If you can bring any small amount of money or just dry food for dogs, please do it. Do not hesitate to call me if you have any inquiry - my mob. 7094344154.

Thank you very much, *Ivana*

New Year Appeal from SANTE!

Dear Community,

We are grateful for the manifestation of Sante this year! Please share our vision for the New Year, which is to assist your well-being and good health. We will facilitate and support you in our best capacity, meanwhile asking that you take responsibility for your own wellbeing too; let's move together towards Auroville's integral life.

We are striving to provide a high level of service to the community, but often feel unsupported from some of the other essential services with delays, promises and poor follow-through. Can we please all make an effort in this New Year to overcome these limitations and respond in an easy and flowing service exchange?

In Her Service,
Sante Institute for Integral Health

TAXI SHARING

January 3rd: We are planning to go to Chennai on January 3rd in the morning or around noon. We are looking for somebody to share the taxi. If you are planning to go to Chennai or Chennai Airport with us (1 seat) or go back to Auroville in the afternoon, please get in touch with us! Thank you! Contact: Hilal.durmaz@hotmail.de or 7639318179. *Hilal & Lukas*

January 5th: We are going back to Auroville from Chennai Airport on January 5th at around 6 pm and are looking for someone to share the taxi. If you are planning to go to Chennai Airport in the afternoon or want to share the taxi with us back to Auroville (2 seats), please get in touch with us! Thank you! Contact: Hilal.durmaz@hotmail.de or 7639318179. *Hilal & Lukas*

January 5th: An Innova is leaving for Chennai airport at 7.30 am on the 5th of January to pick up some friends. If anyone needs to leave, at a similar time and wants to share, please SMS *Nandita*: 9488483286 or shahnandi@gmail.com

January 6th: Taxi sharing to the airport on the 6th of January. Leaving Auroville around 10 pm (time flexible). One person is going, coming back empty. Contact *Raju*: 9843734825

January 11th: From Chennai Airport to Auroville on the 11th Jan around 10 pm. The taxi is with 3 seats available. Please email: ally@auroville.org.in or call 7639318959. *Ally*

January 11th: A taxi going from Auroville 11th January at 9 pm reaching there at 12th midnight then going back to

Auroville. My flight is at 3.15 am at the 12th. Sharing is both the ways. Gundi: 9626253751 / gundischulz@heilen-in-berlin.de

January 11th: I leave for Chennai airport at around 2.30am. Please contact me catfontaine@yahoo.fr or call to 9787874081. Catherine

HEALTH

Psychotherapy and Psychological Help and Healing Talks is again available.

Former patients and new ones will get appointments by phone: 2623489 Mobile 9443752847 or mail: mychello@auroville.org.in.
Michael

TRAVEL

Latest News from the Travel Shop - located at Inside India in Auroshilpam.

We are open from 09:00 to 13:00 and from 13:30 to 17:00 - Please let us know your travel plans and we will get back to you once a promotional offer is available, as some are only valid for purchase within a few days and for a specific time period.

Latest / new Airline Offers:

Qatar Airways announced promotional business class fares to Europe.
Etihad Airways have announced special fares to Europe.

Hotels: International and Domestic Hotel bookings can be done at discounted rates through us.

International Flight Tickets / International Hotel booking - 0413 - 2622078, travelshop@auroville.org.in / Domestic Flight Tickets / Trains / Bus / Travel Insurance - 0413 - 2622604 / 2623030, domestic@inside-india.com, doulat@inside-india.com / Tours and Domestic Hotel booking - 0413 - 2622047, insideindia@auroville.org.in

EATING OUT

Organic Lunch in Joy Community

Tuesday at 12:45: Traditional Italian Food

Friday at 12:45: World Fusion Food

Saturday at 12.45: Typical Japanese Food

We serve a beautiful organic lunch accompanied with the usual family atmosphere of Joy Community. Ingredients are all fresh and depend on the inspiration of the season, garden, and the chef of the day. For Italian food, some of the dishes are homemade lasagna, gnocchi, tagliatelle pasta, ravioli, etc. For world fusion food, some of the dishes are: Thai curry, Mexican

enchiladas, pad thai, etc. For Japanese food, some of the dishes are gyoza (Japanese momo), makisushi, tempura, etc. By reservation only (1 day in advance).

Please call 04132622584 or 9442328120. Have a wonderful New Year!!! Joy Community team :-)

Joy Community Guesthouse/ Center Field, Auroville, 605101, Tamil Nadu, India / Ph: +91 (0)9488240778, +91 (0)413 2622584 / <https://www.facebook.com/joycommunityguesthouse> / <https://joyauroville.wix.com/welcome>



Happy New Year Auroville 2016!

Let 2016 be a year when we all join in the responsibility to secure the land for Auroville -All together

Mother once said that she would rather have one rupee each from one million people, than one million rupees from one person. Imagine if by the 50th birthday we all together give her one million gifts of money towards buying the land of Auroville?

Inspired by the actions and persistent work of Aryadeep - *Lands for Auroville Unified*, Mandakini - *Acres 4 Auroville*, Sigrid - *GreenAcres for Auroville*, - the commitment of the Land Board *to secure the Auroville land* and Rakhals *film on the land, there is a sense that we all should consciously join force with them. Not just in appreciation, but in action.*

Already a fair number of Aurovillians are contributing towards the land on a monthly basis - can we all come on board for this - with whatever amount can be offered regularly. Then we can also give one time gifts for special occasions, Birthdays - ours and others, Auroville's Celebrations, or just for a happy day and something that worked out well!

From us, we can reach out in a wider circle to link up all support in India and all over the world - finding simple and uncomplicated ways of channelling funds and bringing people together in this effort.

We can also ask our restaurants, to advertise on their tables for an additional amount, maybe Rs 10 to add to the bill - going directly towards the land. Guesthouses can ask similarly - this way guests will participate directly. We can ask each Unit and Service, each account in Financial Service, to give an amount regularly.

We need to step away from judgement and sense of much or little and accept what each one feels free to give, and then it will flow. It is not a showcase, it is not a pressure, its participation and collaboration, simply joining hands in love and gratitude for the possibility we have been given to participate in this great adventure.

The aspiration is to create a format which is easy to tick and which can be available on the net, by mail and also in hard copy at financial service. There can also be a graph on AuroNet which shows where we are at, number of monthly donations as well as the amounts flowing in.

For this there will be multiple choice focusing on the three efforts to secure the land - the City Area - The Green Belt - or a general contribution towards All the Land - as well as the amount to be contributed on a monthly or one time basis by automatic transfer. It will be possible to tick several options as well as one time contributions. There is no limit of amount up or down, which will allow everybody to participate joyfully, including children and youth. As we see, many Aurovilians already contribute regularly towards the land - It will be an incredible force if we all do it and gather all our outreach friendship and support into the action. Let's secure the land of Auroville, we can do it together, all of us!

Jaya Jorel (Unity Pavilion)

Reflections on "Piero's Interview Part 2"

"In the maze of things and the long course of Time, whatever may be the appearance of this or that epoch or movement, the growth of light is there and the struggle towards better things does not cease." (Sri Aurobindo - Letter 1942 Quoted by Medhananda - a German scholar and disciple)

One of the ways to understand the Matrimandir and Auroville is through what Sri Aurobindo says in the above words. The human journey through the ages results in the end in the "growth of light". And now comes the Matrimandir and Auroville as powerful aids because they set you on the sunlit path.

While the Matrimandir cannot be said to be complete so long as the Gardens and the Lake and the tall trees at the periphery are not in place, still it has started received widespread attention. In fact, in the current year itself two exquisite volumes of photographs "Matrimandir - Hymn to the Builders of the Future" by Dominique Darr and "Matrimandir and the Park of Unity" by Ireno Guerci have been published. This trend will continue for a long time to come. It is therefore greatly appreciable that Francois Gautier has taken the initiative to film the interview of Piero and Gloria, who were, we could say, the engineering pillars of the Matrimandir.

A few Phases of Matrimandir's Progress

On 12th November 2015, the second part of the filmed interview with Piero was shown at the Cinema Paradiso. Each step of constructing Matrimandir was an episode and putting those episodes together would make an inspiring book. Here, I will mention just a few of the episodes I could gather from the interview.

With the Mother's approval, Alain Grandcolas brought hundreds of manual workers from nearby localities for making the foundation of Matrimandir and completed the work. Then, for preparing a detailed structural design of the building, a staff member of the Indian Institute of Technology in Chennai "Santhanam" took up the work in close consultation with Piero.

During the early phase of the Matrimandir, having searched in vain the required quality of marble in India, Madanlal Himatsingka and Piero travelled to Italy and found the required quality in Lasa, purchased it and had it dispatched to India. When the time came for installing the 12 columns in the chamber, Piero tracked down a dealer in Italy with the help of a friend.

When the time came to make Sri Aurobindo's gold-covered symbol to uphold the crystal, Michael Bonke of Varuna took the designs to Germany and got it done there.

The crystal globe? Enter Carel Thieme of Auroville Today, the then chairman of Auroville International. At the instance of Piero, Carel found a firm of Schott in Mainz, Germany which could cast the blank for the globe, provided the firm of Zeiss in Oberkochen could do the shaping and polishing into the global form. Then begun a fundraising campaign by Auroville International. Then the Crystal globe, an object of wonderment - because it constituted the world's largest transparent and perfectly round crystal sphere - became a reality. When the time came to change the Heliostat computer installed on top of the building from the old one working with DOS to the new one working with Windows, it become necessary to translate the program from "Basic" to "Visual Basic", a young competent American came, lived for 6 months, completed the long and tedious job, and left!

As a Lotus flower rises from the mud - nature's miracle - , so Matrimandir rose from the earth - a miracle of the inspired human spirit.

As Piero was leaving the show, I told him: "You have given something of perennial value to the soul of the earth and India". He humbly thanked me and replied, "If it hadn't been me, somebody else would have done it."

Piero might be right when we recall the Mother's words, "*The Matrimandir is directly under the influence of the Divine and certainly He arranges things better than we could do ourselves.*" Oct. 1971

Thank you, Francois Gautier, for filming the interview for posterity.

Aryadeep

[Note: This is highly abridged version. For full text, see Auroville Intranet post dt. 20.12.15 or write to aryadeep@auroville.org.in Also, both first and second part of the interview with Piero can be viewed on You Tube].



For your calendar



AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri read by Mother to Sunil's music
Every Thursday at sunset

From 5.30 to 6.00 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc.

Dear Guests, please carry your Guest Card with you - No photos there.

Access only for the Amphitheatre from 5.15 to 6.00 pm.

Please be seated by 5.25 pm

Amphitheatre Team

INVITATIONS

GIFT ECONOMY" FLEA MARKET AT UPASANA

"GIFT ECONOMY" Flea Market.
Cloth, Textile, Craft and many others for sharing.
Come and take what you like, offer in your generosity.
Space to celebrate, sharing and being together with a cup of tea and some music.
If you want to join the Flea market, contact us: 0413 2622939 / office@upasana.in

Venue: Upasana
Time: 3 pm onwards.
Date: 2nd Jan 2016, Saturday

EACH ONE TEACH ONE

@Auroville Institute of Applied Technology (AIAT)
Irumbai Main Road (opp. TNEB-Station) / Irumbai (Post), Vanur Taluk, Villupuram Dist. 605111

This year Anne has brought 2 break-dancers and a video journalist from Germany to have a week of fun, learning and exchange with our students. Please come and join into the following programme on:

Saturday 9.1.16 - 10.00 am to 4.00 pm

10 am: AVAG women, AIAT students and Weltwaerts volunteers will discuss "What can we do against violence?"

11 am: Hans is going to talk about how to deal with violence and harassment and will teach some self-defence movements.

12.30 pm Lunch

2.00 pm the students perform what they have learned over the week in break-dance and capoeira, show the paintings on peace, listen to the poems on peace, watch the videos made and we round up the programme with the young Mohanam drummers.

To all of you a joyful and prosperous 2016 full of light and creativity.

EXHIBITIONS



The Dara Shikoh Album

A Moghul Masterpiece

Exhibition at Aurelec
Cafeteria & Art Gallery
Open from 8 am to 5 pm

The Dara Shikoh album is a collection of paintings and calligraphy assembled during the 1630s by Dara Shikoh (1615-1659), the eldest son of Emperor Shah Jahan (builder of the Taj Mahal), and presented to his wife Nadira Banu Begum in 1641 or 1642. One of the few Moghul albums to have survived almost intact, it is bound in tooled and gilded covers and each artwork is mounted on its leaf within gold-painted borders. Dara Shikoh was executed in 1659 by his younger brother Aurangzeb, who had emerged victorious in the wars waged between Shah Jahan's four sons. Nadira Banu kept the album until her death, when it was taken to the royal library.

TALKS, SEMINARS

Insight Seminars invites you to 'INTERACTIVE SESSIONS on AUROVILLE'.

Presentations made by Aurovillians on their areas of expertise and sharing of their experiences. These introductory sessions are for those who wish to explore various aspects of Auroville; whether they are Guests, Newcomers or Aurovillians.

International Zone in Auroville: 5th January 2016, Tuesday
presented by Jaya

About the MatriMandir: 7th January 2016, Thursday
presented by B

Wildlife in Auroville: 8th January 2016, Friday
presented by Tim

Time: 10:00 to 11:30 am including question and answer session.

Venue: Insight Seminar room, Ground Floor, in the Inside India building - Auroshilpam (opposite CSR; behind Auromode Guest-house).

*The presentations are free of charge. Anyone may walk in.

I welcome you to a seminar on IFS Therapy

A presentation for therapists and all people who want to get to know themselves better.

"A new method of actualizing one's Buddha nature is now necessary.... I believe that Internal Family Systems therapy (IFS), developed by Richard Schwartz in the 1990's, is both a bridge between contemporary psychological theory and ancient Buddhist teaching and also a tool to help practitioners, particularly westerners, access and actualize the teachings on buddhanature". (Monika Sanford)

What is IFS?

IFS stands for Internal Family Systems therapy. It provides a unique perspective about our inner structure, which emphasizes the essential role of a mindful, compassionate Self in a healing internal relationship with parts which have become burdened, stuck or extreme in their roles. Helps to bring back the leadership from our parts to the self. It is gentle, respectful & non-pathologizing, and includes self-awareness of the therapist. It is a method to reach mindfulness in few sessions as if the person had meditated for years. It is easy and clear and accessible to all. It involves imagination, and can be combined with other forms of art like drawing, drama, dancing and more.

I invite you all to benefit from the power of IFS.

For more reading you can check: <http://personal-growth-programs.com/> or YouTube: IFS by The center for self-leadership
The presentation will be followed by a lecture, role-playing, demonstrations and a short video. It is free of charge. Please register.

Morning presentation: Saturday 9/01/16, 9:00-12:30, SAIER Building, Town Hall.

Evening presentation: Tuesday 12/01/16, 15:00-18:00, Pavilion of Tibetan Culture.

Contact Yasmin : 9943792127 or Yasminelad@gmail.com

"Losing Face & the Face of Fear: From Fear to Freedom"

An interactive presentation by Prof. Dr. Sehdev Kumar

"What is our Face and why do we fear to lose it? Why and how does Fear freeze the river of our lives? Is there a way of stepping into Freedom from Fear?"

Based on his forthcoming book, *7000 Million Degrees of Freedom*, Dr. Sehdev Kumar presents this interactive programme on the nature and dynamics of Fear and the necessity of freeing ourselves from it.

Venue: Unity Pavilion

Date: Thursday 7th January 2016 / Time 7 pm.

Duration: Approx. one hour including question - answer session

About the speaker: Professor Emeritus at the University of Toronto, Canada, Author of Vision of Kabir, Lotus in the Stone, Matters of Life & Death: Reflections on Bioethics, Law and the Human Destiny and other books, Dr. Kumar is a Nuclear Physicist, and a historian and philosopher of Science, and a Bioethicist; he lectures extensively on these and related topics internationally. He also writes a weekly column, Ideas & Beliefs, for South Asian Observer in Canada. This is Dr. Kumar's second visit to Auroville. After his first visit about a year ago, he had published an article "Auroville - a Unique and Sacred Community" in South Asian - Observer, Canada.

If there is sufficient interest, after the programme Dr. Kumar can give a longer workshop covering the subjects

1) universal quest for dignity on the banquet table of history 2) Dreams that set us Free and Knots that bind us together 3) How Free is the Free Will? 4) Obedience & Authority, and the Longing for Freedom 5) Freedom from the Barbarism of Revenge & Wars: Are We Only Animals? 6) Freedom from Suffering & Death 7) 7000 Million Degrees of Freedom (*One Earth with Seven Billion Worlds*)

Robotics, Automation Engineering, and Beyond

Presented by Killol

Time and Date: Saturday, January 9th at 7:00pm

Venue: Unity Pavilion

Description: Robotics and automation are vast and rapidly growing fields of human pursuit. The applications range from automated agriculture, space exploration, and high-frequency trading, to the new frontiers of medical robotics, the internet of things (IoT), and advanced artificial intelligence. For the past eight years I have immersed myself in robotics and automation engineering in California with a deep dive into semiconductor robotics and surgical robotics. I would like to briefly share my experiences with the Auroville community and discuss the fascinating (and sometimes concerning) trends in robotics for the years ahead.

About: Killol grew up in Auroville and went through the Auroville education system from the Kindergarten, through Transition School and finally C.F.L. which turned into Future School half-way through. He then went to San Jose State University in California to study Mechanical Engineering and Mechatronics, where robotics and automation quickly became his full-time passions. For the past three years Killol has integrated robots into semiconductor systems and also had the opportunity to work for Intuitive Surgical - a company that advances automation and robotics in health care with the Da Vinci Surgical System.

CULTURAL EVENTS

MY AUTOPSY

Written and Performed by Hamish Boyd*

Directed by Fif Fernandes*

*Appearing courtesy of the Canadian

Actors' Equity Association

Saturday, January 9th 7:00 pm - 8:15 pm

Adishakti Theatre - Edayanchavadi Road

Free admission

LIGHT in DARKNESS

Inter-disciplinary performance
Original stories, poetry, moving images, movement and music

*Created and performed by Hamish
Multi-media by Christoph
Directed by fif*

*Pavilion of Tibetan Culture
Friday, January 8th - 8:00 pm - 8:50 pm
(Limited seating - please arrive by 7:50 pm)*

The exhibition of original photos and poetry of Light in Darkness runs until January 13.

*This presentation is made possible through the generosity of
The Pavilion of Tibetan Culture, Canadian Pavilion
Komali MeDi Clown Academy, brainfever media productions, Stichting De Zaaier*

Reminder: Piano Recital by Noam Sivan and Maya Hartman

On Monday 4.1.16 at 19:30 at Cripa hall Kalabumi

Music by: Beethoven, Chopin, Mozart, Clementi, and others, including Schubert's beloved Fantasy in F minor for piano four-hands.
In addition, Noam Sivan will improvise live at the concert on familiar tunes.



Contemporary Dance Performance

With the students of Alice's Classes

At Cripa, Kalabumi
Saturday January 2nd at 8pm

CLASSES, WORKSHOPS

AVIVA'S METHOD FOR WOMAN (HORMONAL DANCE)

Naturally and easily regulate your hormones and change your life!

In a half day long program, learn a 30 minutes long "Hormonal Dance" that was created and researched by Hungarian women since the 70's. Dancing the precise form twice a week stimulates and harmonizes the hormonal system. This can help to regulate and schedule the period, eliminate difficulties of menstruation, pre-menstruation and the symptoms of menopause, be used as a contraceptive method, help conception in case of infertility, to result or stop lactation, to cure cysts, fibromas, endometriosis, to preserve youth and to lose weight, to protect from osteoporosis and many more benefits. Dress as for yoga.

Aviva Method is an internationally acknowledged and protected method, and the trainers are recognized trainers by the Indian and International Aviva Training Institute.

For more information please check our website:

www.avivamethod.in

Venue: Arka Multihall

Date: 9th of January 2016. Time: 9 am - 12:30 pm

AT ARKA by Jannaka

Individual Courses

Reiki: Cosmic Energy through your hands can help you and who you love

Reflexology: The massage on the Marma reflexes points of foot and legs

Ayurvedic Massage: Sri Govindan Method original from Kerala
Yoga Care: A great deal with yourself to minimize the side effects of the life: flexibility and reflexes decline but this soft Yoga Care works helping you stay young (Individual classes for over fifty)

Therapies: Reiki is not a personal power; it cures you helping also allopathic therapies to accelerate good results. Affective and relationship problems are treated with special treatments far away to help you and who you love.

Auricolotherapy:-Stop Smoking: It's a form of not invasive acupuncture; actually needles are not really, needles. On points of the external ear are treated many disorders as allergies, arthritis, depression and nicotine/food dependence. No side effects.

Therapies and Courses are held by Jannaka, Reiki master and therapist with 25 years' experience.

Make the bookings with Jannaka: 9487629648 / Mail: lestellenoi@gmail.com

THE MOVEMENTS OF HARMONY/ INNER HEALTH OUTER HEALTH

These simple dynamic and meditative movements are inspired by the Chi Gong practise and my personal research in Self-Integral Knowledge. Their practise helps to repair our internal network of connections and to restore not with force but

through the ability to absorb and integrate the energy that comes from the cosmos and the five elements. Health is a state of inter-connection between the parts and the totality. Mona will share with you these exercises at **ARKA MULTIHALL Every Tuesday and Thursday 7-8.30 am and Wednesday 5:00 - 6:00 pm**

Starting from December 29th till January 28th
Contact: 7742515599

THEATRE IN ACTION

A three month course in creative process, using physical theatre techniques drawn from a variety of sources. Participants will learn about ensemble, character and harnessing the imagination to dive deep into the world of theatre and create a short piece together. **Classes will start Jan 5 7:30-9:30 in CRIPA.**

Please contact Kaeridwyn for any questions or information, and to sign up.

"EXPLORE YOUR MIND"

Holistic training in alternative therapy with international faculty presents "Explore your mind"

A 3-day workshop in hypnotherapy

What is hypnosis?

How do right and left brain function practically?

How do conscious and subconscious interact?

Explore the depths of your mind and relax!

Meditate with ease!

Expand your therapeutic toolbox!

Apply Self-hypnosis

"The answers you seek never come when the mind is busy, they only come when it is still"

A 3-day Workshop combining experiential learning and "Theory of the Mind" [Certified course from EKAA (www.ekaa.co.in)]

January 8 - 10th at Sharnaga Guesthouse Yoga hall (www.sharnagaguesthouse.in)

Friday 3.30 - 7 pm: Intro and Self-hypnosis

Saturday, Sunday 9 - 6 pm. Theory and Practice of Hypnotherapy techniques

Info meeting: January 6th 5- 5.30 pm.

Trainer *Sigrid Lindemann* [Certified Faculty in Hypnotherapy, TASSO Regression therapy and Classical homeopathy, Germany and Auroville - www.sigridlindemann.com www.auroville-holistic.com www.tassointernational.com www.ekaa.co.in]

Register with Sigrid: info@auroville-holistic.com and 09626006961, 0413 2623888

INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

5th January (Tuesday)

•Overview with multimedia presentation• Questions and Answers• Practice in Daily Life• Complimentary Concentration Exercises

•Creative Arts, Interactive Games• Life of Sri Aurobindo and the Mother• Introduction to the Reference Books

Focus this week on: 'The Synthesis of Yoga'

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am) Led by Ashesh Joshi

Contact: 9489147202, 2622922

No Registration required (except for groups)

Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com.

EXPERIENCE AUROVILLE PROGRAM

January 7th to 10th and 21st to 24th

A four day intensive program to experience Unity and Diversity in the context of everyday life in Auroville, for volunteers, pre-newcomers, and people who are interested in joining or who seek to deepen their understanding of the community.

During this time you will have the chance to explore different aspects of the Auroville reality:

- Day one you will learn about the roots and history of Auroville.

- Day two we will become familiarized with some of its current activities.

- Day three will focus on the potentialities of the community with emphasis on youth and education.

- Day four we will try to bring it all together in synthesis with the Dream.

Here we will answer your questions and doubts. This experience will help you clarify your impressions and insights. It is an opportunity to better understand your inner calling.

Advance registration is required. NO DROP-IN. On donation basis for long-term volunteers or people who have submitted a Newcomer application form; contribution expected from guests, 50 % discount for people under 30.

For additional information and a detailed program please find it listed under the activities of the Joy Community website:

joyauroville.wix.com/welcome or in our facebook page:

www.facebook.com/joycommunityquesthouse or contact us via

email at: joycommunity@auroville.org.in or by phone at:

9442328120 or 04132622584. We are always available in Joy

Community Guesthouse in Center Field for further clarifications regarding the community at large and to help you discover Auroville.

Have a great New Year!!! Joy Community Team :-)

WATERDANCE 1 WITH SHANTI & HELEN

Tuesday 12 - Sunday 17 January 2016 (7 days)

9.00 am - 6.30 pm (50 hours in total)

Quiet Healing Center (tel. 2622646 / 9488084966)

This course teaches the **WaterDance Short Form**, a simple but effective sequence, which gives you all the basic skills to take someone under water with a nose clip.

You will learn to establish - with full presence and awareness - an appropriate rhythm in alignment with your client's individual breathing needs. Mastering the art of breath-connection will enable you to establish a deep bond with your client in a session that inspires trust, kindles confidence, and offers presence and attentiveness which is essential when bringing someone gently under water.

Staying light, easy and calm at any given moment becomes possible, as you master those simple movement-principles. You will also learn to move safely all body types with ease and graceful fluidity, offering a profound sense of freedom and joy for both giver and receiver.

Shanti & Helen are trained in prenatal shock therapy, shamanic family constellation and other nature connected modalities, as well as highly experienced, long-time Watsu and Waterdance instructors.

FRENCH CREATIVE WRITING CLASSES IN PAVILLON de FRANCE

(Opposite parking of the Visitor Center)

Monday 4th of January from 5.00 pm to 6.30 pm

Please contact Florence: 7639322654 or by mail: lesbaladantes@gmail.com

SOUND BATH / UNITY JOURNEY

Every Wed 5 30 - 6.30, starting 6 Jan. Unity Pavilion

Aurelio and team will create and share an experiential space of deep relaxation through a basic tuning process and exposure to the **soothing waves and vibrations** of pure acoustic instruments.

Gongs, bells, chimes and diverse newly invented and archaic sound sources will invite the listener into a **Sound Journey** through inner landscapes and synesthetic contemplation towards a Unity experience.

SCHEDULES

CLASSES in Vérité - January 2016			
Days	Drop-in Classes	Timings	Facilitator
Monday, Wednesday & Friday	Hatha Yoga in Iyengar Tradition (no class on Jan 1)	6:45 to 8.15 am	Olesya
Monday & Wednesday	Meridian Exercises and Yoga	9 to 10.30 am	Yaor
Monday & Friday	Pilates	4 to 5 pm	Philippe
Monday & Friday	Nia Holistic Dance	5.15 - 6.15 pm	Philippe
Tuesday	Soul Motion - A Conscious Dance Practice	5 to 6.30 pm	Philippe
Tuesday	Hatha Yoga Flow (starting Jan 12)	3.15 to 4.45 pm	Stinna
Tuesday & Thursday	Meridian Exercises and Yoga	6:45 to 8.15 am	Yaor
Tuesday & Friday	Hatha Yoga in Iyengar Tradition (no class on Jan 1 & 8)	5 to 6.30 pm	Olesya
Wednesday	Yoga Dance Fusion (starting Jan 13)	3.15 to 4.45 pm	Stinna
Wednesday	Somatic Explorations	5 to 6 pm	Maggie
Monday	Movement & Sound Relaxation (No class Jan 11)	5 to 6 pm	Balu & Jeremy
Thursday	Soul Motion - Mindful Movement & Meditation	9 to 10 am	Philippe
Thursday	Kolams	3 to 4.30 pm	Rajaveni
Thursday	Yin Yoga (starting Jan 14)	3.15 to 4.45 pm	Stinna
Thursday	Dance Offering	5 to 7 pm	Dariya
Thursday	Meridian Exercises and Yoga (starting Jan 14)	5 to 6.30 pm	Yaor
Saturday	Sivananda Yoga	6:45 to 8.15 am	Mimi
Saturday	Hatha Yoga in Iyengar Tradition	5 to 6 pm	Olesya
WORKSHOPS in Vérité - January 2016			
Sat, 2 Jan	Consciousness as Medicine	9 am to 12.30 pm	Dr. Yogesh
Mon & Tue 4 & 5 Jan	Empowered Pregnancy & Birth (2 day workshop)	9 am to 4.30 pm	Shakti
Wed, 6 Jan	Flow Through Life	9.15 am to 12.30 pm	Julie
Fri, 8 Jan	Meridian & Yoga	9 am to 12.30 pm	Yaor
Fri, 8 Jan	Ayurvedic Spices and Herbs	9.30 am to 12.30 pm	Dr. Geeta
Sat, 9 Jan	Coaching Fundamentals	9.15 am to 4.45 pm	Julie
Wed, 13 Jan	Living from the Heart	9.15 am to 12.30 pm	Julie
Mon to Wed, 18 to 20 Jan	South Indian Drumming	9.30 am to 11.30 am	Kadir
Fri, 22 Jan	Healthy Ayurvedic Life Style	9.30 am to 12.30 pm	Dr. Geeta
Fri & Sat, 22 & 23 Jan	Fate or Choice (Family Constellation)	9 am to 4.45 pm	Yuval
Sat & Sun, 23 & 24 Jan	Introduction to Shiatsu (1 & half day workshop)	9 am to 3.30 pm & 9 am to 12.30 pm	Yaor
Fri, 29 Jan	Holistic Approach for Management of Diabetes Type 2	9.30 am to 12.30 pm	Dr. Geeta
Sat, 30 Jan	Meridian & Yoga	9 am to 12.30 pm	Yaor
THERAPIES in Vérité - January 2016			
Contact for appointment:	Mobile SMS - 7094104329,	Phone 91 413 2622606,	treatments@verite.in
Balu	Sound Healing with Tibetan Singing Bowls		
Dr. Geeta	Ayurvedic Consultation		
Julie	Life Coaching Sessions		
Susana	Reiki Energy Healing		
Yaor	Nutrition & Lifestyle Recommendations (Including Aromatherapy) Bach Flower Remedies Meridian Do-In Therapy Zen Shiatsu		

Please note: To support the work of the presenters and staff, we ask all participants to please come in time for all classes and workshops. Thank you!

Please contact Vérité: 0413 2622045 or programming@verite.in / 94104329, 2622606, treatments@verite.in

See the regular events section for on-going classes. Contributions requested from guests/volunteers (volunteer reduction by advance application only).

VERITE

Please contact Vérité to register for the following workshops:

0413 2622045, 7094104329 or programming@verite.in

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

WORKSHOPS IN VÉRITÉ: (24 hour advanced registration required)

CONSCIOUSNESS AS MEDICINE with Dr. Yogesh Mohan
Saturday, 2 January - from 9 am to 12:30 pm

A consciousness approach to dealing with stress, common health problems and diseases, beyond what is written in

medical texts. Experiential knowledge from a practitioner's perspective on inner healing.

DR. YOGESH MOHAN, MD (JIPMER), PGPM (ISB) brings the essence of 20+ years of work. Professor & Head Medical Education, Saveetha Medical College, Former Head Integrative Medicine Apollo Chennai.

EMPOWERED PREGNANCY AND BIRTH with Shakti

Monday and Tuesday, 4 & 5 January - 9 am to 4.30 pm

This 2-day workshop is for anyone who wants to connect to the creative power of pregnancy and the miracle of empowered and aware childbirth. We welcome both women and men who want to conceive their children consciously, those who are

already pregnant as well as anyone who likes to support women during their childbearing year.

SHAKTI has been certified as a Yoga Teacher by Sivananda Ashram since 10 years. Her specialty became pregnancy yoga and Parent-Toddler yoga. In 2005 she became a Hypnobirthing practitioner, and in 2012 she created a Birthing Sanctuary in Goa where she taught yoga and childbirth education and attended births.

FLOW THROUGH LIFE with Julie

Wednesday, 6 January - 9.15 am to 12.30 pm

Are you holding on to your emotions? Do you keep experiencing the same patterns and want to create more flow? Learn how to process your emotions so you can access your intuition more fully. Join Julie for this workshop to explore how to turn emotions into energy in motion. You'll feel relieved and full of energy to move forward.

JULIE is a Certified Life Coach from the Coaches Training Institute in London. She combines her extensive coaching, yoga and business consulting experience to facilitate clients finding insight and purpose.

MERIDIANS & YOGA with Yaor

Friday 8 January - from 9 am to 12.30 pm

The term "meridians" comes from Traditional Chinese Medicine (TCM) and describes the energetic channels that move and flow inside the body. TCM discovered 12 main meridians that are responsible for the circulation of qi (life energy or prana). People often carry blockages in one or more meridian, which can result in pain, problems, and disease. The purpose of this workshop is to open the meridian channels.

Part one (1 hour) - you will learn about the functions of the meridians and five elements theory. Part two (2.5 hours)- You will learn a series of meridian exercises and yoga asanas (standing, sitting, prone and supine) which are easy to practice at home on a daily basis. Kids age 10 and above are also welcome!

YAOR is in Auroville as a Savi volunteer. He has completed a 2 year senior diploma in Zen Shiatsu therapy and Traditional Chinese Medicine, and has studied Hatha Yoga with Surinder Singh.

AYURVEDIC SPICES AND HERBS FOR DAILY USE with Dr. Geeta

Friday 8 January - 9:30 am to 12:30 pm

A holistic approach for maintaining health through herbs and spices that can be used in daily life and diet.

DR. GEETA AUROPREMI has 30 years of experience in Ayurveda, Yoga and Naturopathy. She has an MD in Gynecology and Pediatrics, a YTTT certificate and diploma in Yoga, and Post-Graduate degrees in Yoga & Naturopathy.

COACHING FUNDAMENTALS with Julie

Saturday 9 January - 9.15 am to 4.45 pm

This interactive and dynamic training day will provide you with basic coaching skills. Coaching is the art of listening profoundly and asking powerful questions with the aim of facilitating sustainable and real change. Coaching conversation skills are a great tool for anyone interested in optimizing their relationships, and in particular: Managers- to build an inclusive, non-hierarchical leadership style
Therapists- to enhance long term impact on clients / Designers and other freelancers- to build trust in client relationships / Teachers- to create mutual respect and openness with students / You will learn how to listen in a focused and intuitive way, how to ask questions that quickly build resonance and trust, and how to facilitate transformation.

JULIE is a Certified Life Coach from the Coaches Training Institute in London. She combines her extensive coaching, yoga and business consulting experience to facilitate clients finding insight and purpose.

NEW WEEKLY CLASSES IN VÉRITÉ: (drop-in)

Pilates with Philippe - every Monday and Friday from 4 to 5 pm

Nia Holistic Dance with Philippe - every Monday and Friday from 5.15 to 6.15 pm

Soul Motion - A Conscious Dance Practice with Philippe - every Tuesday from 5 to 6.30 pm

Soul Motion - Mindful Movement & Meditation with Philippe - every Thursday from 9 to 10 am

Kolams with Rajaveni - every Thursday from 3 to 4.30 pm

OPENING THE GATEWAY TO THE VILLAGE

Program for January 2016

Village Tour

Saturday 02/01/16,
Sunday 10/01/16, Sunday
24/01/16, Saturday
30/01/16



Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike)

Come and enjoy the authentic village experience and celebrate cultural heritage!

Contributions requested from guests/Volunteers, Volunteer reduction by advance application only.

Cook like a local (Traditional)

Saturday 02/01/16, Saturday 09/01/16, Saturday 23/01/16,
Saturday 30/01/16

Learn to make these delicious local dishes and learn how to make flower drawing (Kolam).

Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike). We will finish around 1:00 pm.

Menu: (Raagi Adai, Dosa, Coconut Chatini & Paayasam)

Contributions requested from guests/Volunteers, Volunteer reduction by advance application only.

Irumbai Legend Shiva temple Visit

Time: 6 pm - 7.30 pm (Please bring your own vehicle). Date:
Every Saturday

Please register for all the programs in advance by contacting 0413 2623806 or Mohanamprogram@auroville.org.in. Please visit: www.mohanam.org or www.harmonyvillagepromenade.weebly.com

BAMBOO CENTRE TRAINING PROGRAM FOR JANUARY - 2016



Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree with.

TRAINING AND WORKSHOP

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period. The Auroville Bamboo centre offers training to individuals and groups in:

Bamboo Construction

5th to 8th January: 4 days - TRAINING PROGRAM ON BAMBOO CONSTRUCTION

27th to 30th January: 4 days - TRAINING PROGRAM ON BAMBOO CONSTRUCTION

Bamboo Furniture

19th to 21st January: -3 days - TRAINING PROGRAM ON BAMBOO FURNITURE

Bamboo Jewelry

Every Thursday, Friday & Saturday of January -1/2day - HANDS ON EXPERIENCE ON BAMBOO JEWELLERY

Bamboo Toys

Every Thursday, Friday & Saturday of January -1/2 day - HANDS ON EXPERIENCE ON BAMBOO TOYS

Bamboo Musical Instruments

Every Thursday, Friday & Saturday of January -1/2 day - HANDS ON EXPERIENCE ON BAMBOO MUSICALINSTRUMENTS

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Flexible training dates offered to groups

Contact: 0413-2623806 / bambooworkshop@auroville.org.in / www.aurovillebamboocentre.org

ACTIVITIES IN PAVILION OF TIBETAN CULTURE IN JANUARY

Regular events

Every Monday. Circle song led by Marlenka, Fif and Hamish on the spot registration from 5 till 6 pm.

Every Wednesday: Exploring Meditation on the spot registration from 5.15 till 6.15 pm led by Yahalom.

Every Friday: Tibetan Dinner (Limited people)

Fund Raising Dinner for Namgyal and Kalsang Housing (advance Registration must)

January 4th till the 7th: Workshop behind the mask facilitator Sandhi SPIERS - Limited for 12 people. Advance registration must. Detail information via e mail.

January 8th till the 13th: Ayurveda Acupressure Massage for 6 full mornings from 9 am till 12 pm.

Facilitator Kalyani, Aurovilian - for limited number of people. Registration necessary, details information will be shared via e-mail.

January 6, 7 & 8 and 13, 14 & 15: Healing through Breathing - Facilitator Marie Noelle, Aurovilian.

Workshop from 9 am till 4 pm - needs an advance registration, detail information will be shared via e-mail.

January 14th: Pavilion of France present a talk by Mr Benard Bouheret. Details follow up News and Notes.

January 28, 29, 30 & 31st: Follow up of the FIRST workshop "Behind the mask" with Sandhi SPIERS.

Limited number of people to 12 - requires advance registration, detail information will be shared via e-mail.

Exhibition on Light in Darkness Original Poetry and Photos

by Hamish: Opening hours from 9 am till 12.30 pm and 2 to 5.30 pm till the 13th of January 2016.

All the above mentioned activities are happening at Pavilion of Tibetan Culture in International Zone Auroville.

For information and registration contact: kalsang@auroville.org.in or call: 0413 2622401 8489067332

UNITY PAVILION

A series of workshops between 5 January and 9 February 2016

The Twelve Aspects of the Divine Mother Introduced in Yoga Nidra and led by Veronik Menanteau

This workshop will to explore the journey of consciousness through the wonderful guide map of Sri Aurobindo's work: "The Four Powers of the Mother and Twelve Aspects". Special focus will be on the levels of consciousness between our ordinary mental plane and the State of Yoga Nidra. It tends to focus on the psychic being and a growing sense of collective consciousness in the Integral Yoga. To this inward psychic movement it will add the movement of collective opening upward to the Divine Peace, light and force above, using Yoga Nidra practice, Circle group with an emphasis on the power of the witness consciousness and Twelve Aspects".

Timings are 6.30 - 8.30 on the following dates

Tuesday 5 January, Friday 8 January, Tuesday 12 January, Thursday 14 January, Tuesday 19 January, Thursday 21 January, Tuesday 26 January, Thursday 28 January, Tuesday 2 February, Thursday 4 February, Monday 8 February, Tuesday 9 February (*Please note change of weekdays and for comfort bring a yoga mat*)



JANUARY WORKSHOP PROGRAM

Thai-Yoga-Massage Beginner / Advance Course Jan. 4 th - 14 th , 9am - 5pm with Itzhak and Bebe	Principles, Foundations & Dynamics 60-80 hours intense training - Instructions & Practice Yoga & Meditation 6.30am - 8am optional Info: www.thai-yoga-massage.org
Permaculture Introduction Jan 15 th - 17 th , 8am - 5pm with Martin	3 Days Workshop of Blending Theory and Hands-on Principles of Permaculture, Design Methodology, Soil and Ecosystem, Basics to create a Permaculture garden.
Renewable Energy Jan 18 th - 24 th , 8am - 5pm with Jorge	7 Day Intense Course: How to build a Small Wind Turbine Learn about Wind Energy, Build & Assemble - Carve Blades, Manufacture a Magnet Generator. No experience necessary!
Thai-Yoga-Massage Beginner / Advance Course Feb. 1 st - 10 th , 9am - 5pm with Itzhak and Bebe	Principles, Foundations & Dynamics 60-80 hours intense training - Instructions & Practice Yoga & Meditation 6.30am - 8am optional Info: www.thai-yoga-massage.org

Venue: TerraSoul Community at Windarra Farm - Please register: terrasoul@auroville.org.in, or contact per sms: 944 3619 403 for Thai-Yoga-Massage Info contact Itzhak: 852 4953 481

PITANGA



Classes - Belly dancing classes are cancelled with Priscilla until January 27th

Iyengar Workshop with Tatiana for all levels with special emphasis for beginners by registration from reception. Jan 8th 2.30 pm-5 pm, Jan 9th 10.00-12.30pm and 2.30 pm - 5 pm and Jan 10th 10.00-12.30 pm

Music and Silence: Saturday January 2nd, 9th, 16th, 23rd, 30th and 6th of February 2016 at 6.45pm-7.45pm. A live music meditation with recording artist Shastro (Bansuri, clarinet) and Ashaman (Spanish guitar). Sets of meditative music alternating with periods of silence, helping to deepen the inner silence and stillness and creating an atmosphere where it will be easier for one to connect to one's True Self.

The Truth About Cancer Film Series - Thurs Jan 7th at 7-30 pm - See Cinema Section

"Offering" - an exhibition of Nature prints by Mridula Vichitra, December 26th to January 9th

Holidays - Pitanga will be closed on January 1st

Pitanga Cultural Centre, Samasti, Auroville (0413) 2622403/2622994 Pitanga@auroville.org.in

ARKA WELLNESS CENTER JANUARY- 2016

Phone: 0413-2623799 / Website : www.arka.org.in

THERAPIES

WHAT WE PROPOSE	WITH WHOM	WHEN
Cranio Sacral, Lomi Lomi massage & Bare foot body massage	SILVANA by appointment 9047654157	Monday to Saturday
Body Logic, Soft Massage and Deep Tissue Massage	PEPE by appointment 9943410987	Monday to Saturday
Hypnotherapy and Chakras Healing	MARCELLA- by appointment 9443338734	Also in Italian
Acupuncture	Dr. MOHAMMED SAHEL ANSARI by appointment 9994208068	Monday, Wednesday and Friday
Yogic Healing Therapeutic Massage	BASU - by appointment 9443997568	Monday to Friday 8 to 9:30 am & 6:00 to 7:30 pm. Saturday & Sunday any time.
Psycho Spiritual Tarot, Deconditioning Self-Inquiry & Innervoice Dialogue	ANTARJOTHI By appointment 0413-2623767 or Email : antarcalli@yahoo.fr	Also in French.
Deep core massage	SUMIT by appointment 07839062619	Monday to Saturday
Siddha Treatment (Discover the traditional Medicine)	SHIVARAJ - 93454 54232	Monday, Wednesday and Friday From: 10:00 am to 12:00 pm by appointment.

BEAUTY PARLOR

WHAT WE PROPOSE	WITH WHOM	WHEN
Holistic Reflexology, Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna & hair coloring.	MEHA by appointment 9443635114	Monday to Saturday
Hair dressing	ONGKIE - by appointment 9843930178	Monday to Friday
Hair dressing	YUVAL appointment 7639291546	Monday to Friday

REGULAR CLASSES IN THE MULTIPURPOSE HALL - 1ST FLOOR

WHAT WE PROPOSE	WITH WHOM	WHEN
Hatha Yoga Classes	BRIONY - 07738671045	Beginners & intermediate classes on Tue & Thurs at 5:00 to 6:30 pm. Beginners class on Wednesday at 8:00 to 9:30 am
Vocal Yoga Vy®	CLARE FUNNING - 9442318775 GRIDEV - 8940056137	Monday & Friday at 7:30 am to 9:00 am
Chi Gong Classes	MONA - 7742515599	Tuesday & Thursday 7:00 to 8:30 am. Wednesday 5:00 to 6:00 pm

Internet facility is available in Arka: Monday to Saturday, 9:00 am to 4:30 pm.

UPCOMING AND ONGOING EXHIBITIONS IN AUROVILLE GALLERIES (A WEEKLY SUMMARY)

"To whom we adore as The Mother", Drawings & Photographs, composition by Rosa and Satya, Centre D'Art, Citadines, from 2nd January - 13th January. Time: On the 2nd, the opening day, 4.30 to 7 pm, and after that every day from 2.30 to 5.30 pm except Sundays. Parking at Town Hall

"ONE" - A series of spiritual paintings by Aparajita Barai, Gallery Square Circle, Kala Kendra, Bharat Nivas - from 17th December to 7th January, Gallery opening times 9 am to 5 pm (Closed on Sundays and Public Holidays) AuroNet link: <https://www.auroville.org.in/event/54743>

"Largest Painting exhibition in an Office". Assist World Records. Paintings of young minds around the globe to create awareness of climate change and of a healthy environment and Clean India. The paintings will be displayed for 365 days continuously and every day 50 new + fresh will be selected. Inauguration Date: 30.12.2015 Time: 5.00 pm. Duration of the exhibition: one year, from 30.12.2015 to 30.12.2016 Time: 10-12 and 3-5 daily. Venue: Aurelec, Auroville. Note: If you would like to contact us for this event kindly write an email to: contact@assistworldrecords.com

SAVITRI BHAVAN

January 2016

EXHIBITION

Meditations on Savitri

Book 2: The Traveller of the Worlds, and Book 3: The Divine Mother
110 paintings made by Huta under the guidance of the Mother,
continues in the picture gallery.

FILMS

Mondays 6.30 pm

This month we shall be showing films of Aurovilians

speaking about their life and work in Auroville to Narad (Richard Eggenberger).

January 4: *Chali*

When she was very young, like some other children living in Auroville in the early days, Chali studied in the "Equals One" experimental school in Pondicherry. She speaks education and her early years in Auroville. Duration: 56min.

January 11: *Noel Parent - Part 1*

Noel speaks about how he first came in contact with Sri Aurobindo's writings and how his unfolding experience of the Mother and Sri Aurobindo's Force guided him, eventually, to Auroville. Duration: 38min.

January 18: *Noel Parent - Part 2*

Noel speaks about his creative activities in relation to Auroville. Duration: 27min.

January 25: *MEDITATIONS ON SAVITRI - Book 6: The Book of Fate*

Film by Manohar of Huta's paintings, illustrating passages from *Savitri*. Duration: 39min.

REGULAR ACTIVITIES

Sundays 10.30-12 noon: *Savitri* Study Circle

Mondays, Wednesdays, Fridays 7-8 am: Chanting Sanskrit Hymns in the Hall

Mondays, Tuesdays, Fridays 3-4 pm: *Yoga and the Evolution of Man*, led by Dr. Jai Singh

Mondays 5-6 pm: *The Upanishads*, led by Dr. Ananda Reddy

Tuesdays 5-6pm: *Let us learn Savitri together* in Tamil led by Sudarsan

Tuesdays 5.45-7.15 pm: OM Choir (*see details below*)

Tuesdays, Fridays, Saturdays 4-5pm: *L'Agenda de Mère*: listening to recordings with Gangalakshmi

Wednesdays 5.30-6.30 pm: Reading *The Life Divine*, led by Shraddhavan

Thursdays 4-5 pm: The English of *Savitri*, led by Shraddhavan

Fridays 5.30-6.30pm: Meditations with *Hymns to Mystic Fire* by Sri Aurobindo, led by Nishtha

Saturdays 5-6.30 pm: *Satsang* led by Ashesh Joshi

OM Choir

The voice that chants to the creator Fire,

The symbolled OM, the great assenting Word

(*Savitri p.310*)

In 1961 the Mother gave the *adesh* to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating Word, after starting with warming-up and voice exercises. Narad will work with us.

Full Moon Gathering

Saturday January 23 7.15-8.15 pm in front of Sri Aurobindo's statue

Digital Library: multimedia facilities for individual study

This space offers individual computer access to a large range of audio-visual materials. All the recordings of courses, guest lectures and special events held at Savitri Bhavan are available, as well as much more. Aurovilians, visitors and volunteers are invited to make use of this opportunity to increase their knowledge and understanding of the vision of Sri Aurobindo and the Mother and the aims and ideals underlying the experiment of Auroville.

Exhibitions, Main Building and Office are open Monday to Saturday 9-5

Reading Room and Digital Library are closed on Saturdays

Everyone is welcome

REGULAR CLASSES

Note from the editors

The *Regular Classes* column is published once a month. Guest-houses are kindly requested to put this page up on the notice boards.

Kindly inform us of any changes/cancellation in your regular event - the next regular events schedule will be published

On February 6th, 2016. - Editors.

Aikido classes: at Dehashakti/Dana, "Auroville Budokan" - Morning classes: Tuesday-Thursday-Saturday 6.00-7.30 am - Afternoon: Monday-Wednesday 6.00-7.00 pm. Beginners welcome on Saturday morning and the 2 afternoon classes. All students & users need to be part of AV Health Fund or insured by personal insurance. A yearly contribution is asked to all. Guests and Volunteers are required to contribute per class (50% discount for Vol. and -25) About Children classes and more general info, write to budokan@auroville.org.in or visit <http://budokan.auroville.org/> You can also contact Surya (Adult classes): 2623813 - 9655485487 - Cristo (Children classes): 2622356.

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Aquagym Class with Elisa at La Piscine, New Creation Every Thursday from 4 to 5 pm.

Argentine Tango: Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8pm@ New Creation Sports Resource Center,

Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: tango@auroville.org.in Bring socks or danceshoes.

Art Corner: An open space for creative expression, for all ages! Different themes each week, as part of research on art-making in our community and to help advocate and answer questions about Art Therapy. New timings: Tuesdays from 6-10 pm, upstairs at Le Zephyr Café at Visitor's Center; and Fridays from 4-6 pm, at our Art Cart parked on the Visitor's Center stage. We occasionally move the cart elsewhere for events, please follow our FB page for updates: facebook.com/sankalpajourneys or email krupa@auroville.org.in.

Astrology, its holistic approach: Astrological Chart by Uma Giménez. You are welcome to call and fix an appointment at 2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Authentic Tamil culture: Meena, a Tamil Aurovilian, would like to offer a course on the discovery and beauty of the authentic Tamil Culture every Sunday morning, meeting point at Courage Gate. The course may include: 1. cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263. *Meena*

A Self-Awareness Open Space: You are invited to come together for self-exploration in a warm heart-space. The focus is to develop a simple practice in our daily life as a means of spiritual growth. We will do this through meditation, mantra chanting, yoga, dialogue and spontaneous games. Time (starting 4th Dec, Thurs): Every Thursday & Sunday 5.30 pm - 7.00 pm, Saturday 7.00 am - 8.30 am. Facilitator: Samrat, ph: 9655024511, email: samrat@auroville.org.in

Location : The rooftop of Apna Ghar, Meerambikai Garden, when you come into Auroville from ECR(beach road), turn left before the temple prior to Last School, Aspiration, after 200m it will be on the right.

Beauty & health for your well-being: Therapeutic Face Pack with HOME RECIPES. Ayurveda Acupressure Body Massage. Balinese Body Massage. Contact person Victoria Perez. Phone: 2622913. Mobile:9488818074

Biodanza: Every Thursday at New creation dance studio at 7 pm till 8.15 pm. With Isabelle, facilitator in supervision. You can practise this life dance. More joy in your life with beautiful music that increases your wellbeing and your health to connect yourself, the others and the environment. It has really some positive effects. The Biodanza is for everybody. You don't need to know how to dance. Contact *Isabelle* 9786400536. Come on time.

Bioregion Tour: Date: Every Saturday - Time: 12 pm till 6.30 pm. Meeting point: 11.45 am at Lively Boutique, Kotakkarai Plaza. Please contact us on 0413 2623806 or at mohanamprogram@gmail.com. Tour will only take place once a minimum of 10 bookings has been received. We aim to run this tour every Saturday, dependent on number of bookings received. Contribution amount is confirmed on enquiry. Transportation will be arranged according to the number of people.

Capoeira (Ginga Saroba Group): Join our Capoeira family! Classes open to all levels, led by Prof. Samuka da India and his students
● **ADULTS** >> Monday: 5.15 PM - Bharat Nivas (Sawchu) | Tuesday & Thursday: 6.00 PM - Deepanam | Wednesday & Friday: 7.00 AM - Town Hall (Plaza)
● **KIDS** >> Monday & Friday: 1.15 PM - Deepanam School - Contact us prior bringing a new kid
● **CONTACT** >> 9488328435 (Prof. Samuka) | info@ginga-saroba.com | www.ginga-saroba.com

Grupo Gingado Capoeira: Monday 7-8:30pm @ New Creation dance studio. Wednesday 6-7:30pm @ Bamboo Farm (near Imagination) .Friday 6-7:30 @ New Creation dance studio Saturday 4:30-5:30 Music Class @ Bamboo Farm (near Imagination) Classes led by Instructor Camaleao (Jeremy) with over 20 years of Capoeira experience. For more info visit www.gingadocapoeira.in / info@gingadocapoeira.in .Axe!

Circus class: Every Monday: with Romain Timmers acrobatic, aerial, balancing work, juggling. Please wear yoga type clothing. From 4pm to 6pm at Eluciole circus. Miracle community

Working the CHI with Mauna: Venue: Joy Community Guesthouse Hall (Center Field). Date/time: Wednesday and Friday - 5 to 6 PM (or longer). Starting on Wednesday 9th of September Working the CHI' are sessions that focus on consciously approaching, understanding and learning to sense, recognise and guide the CHI in one's system. CHI, known in various world views as qi, ki, prana, ruach, pneuma, lung, num, baraka a.o., was referred to by the Mother as the 'inner, or true vital' (29 May, 1962, Agenda Vol.3) and may play an essential role in one's integral yoga, spiritual development and general well being. Mauna is a Dutch, long-term Aurovilian who started off in the Ashram in 1971. Having studied t'ai chi chuan in the Stevanovitch 'School of the Inner Way', she has been giving t'ai chi classes in Auroville throughout the nineties, which resulted in the currently well established school in Sharnaga. These 'Working the CHI' sessions can be seen as a kind of pre-crèche to the same. Please bring loose

clothing. For more information please contact Mauna at 9663168323 or Joy Community at 9488240778.

Clay classes for children and adults with Saraswati and Anna. Please mail to aurokatrusya@gmail.com for details. Regards *Saraswati* 9787571633

Cooking class: Every Monday from 10 am to 2 pm there will be a cooking class for 4 months starting from December. These classes will include north Indian, Italian and Thai cooking. Anybody interested to learn these mouthwatering recipes are most welcome and I assure you that by the end of the sessions you will be able to please anyone with your cooking talents. Contact number: 9443635114.Meha.

Dance Offering : Listening - Allowing - Unfolding - Celebrating - Offering: with Dariya and friends
Thursdays 5 - 7 pm in Verite Hall

Sharing a unique space to be, to express, to connect, to communicate and offer our prayers with free dance and contact improvisation. Everyone is welcome ! Thank you for coming on time to begin together !

Drawing: Every Tuesday in Creativities Atelier/Studio is an open studio focused on drawing. Help is there if you want it 2-4:30. From 5-7 is figure drawing. All materials provided for both.

Exploring Meditation: Every Wednesday from 5.15 to 6.15 PM. Witnessing our inner world using different meditation technique that were used by spiritual traditions around the world. No previous experience needed. Venue Pavilion of Tibetan Culture International Zone.Auroville. Facilitator- Yahalom Emet from Djaima Community. For information call 0413 2622401 or 8489067332 or 7639404518

Feminine dance: Tuesdays at 4:00 at Cripa hall (in Kalabumi). Feminine Dance has historically been a mystical art, a dynamic method to experience the energies of the Universe. We will create an opportunity to reconnect joyfully to our body, reawaken the flow of feminine energy, move to the living pulse of life and have fun in the loving presence of other women. Bring comfortable dance clothes. A flowing skirt and hip scarf are helpful. galit@auroville.org.in

Flamenco In Cripa Every Wednesday: From 4 to 5`30 pm. Starting 13th of August.

We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography. Come and enjoy with us, *Flamenco team*.

Foot reflexology: A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email vikram@auroville.org.in for an appointment.

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon.,Tues.,Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Hypnotherapy and Chakras Healing at Arka: Marcella, Aurovilian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India), now Ekaa. Languages: English, Italian Contact: Tel. 9443338734 or email: abalancedstate9@gmail.com

Hypnosis enables conscious access to the memory of a consenting person, which then provides the tool to therapeutically work with earlier experiences still influencing a person today. This includes fears and phobias, addictions, trauma, inner child work, discovering personal resources, past life regression.

Chakras Healing works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally generates changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

Ikebana lessons: Ikebana - The Japanese Ancient Art of Flower Arrangement (Sogetsu School of Tokyo). Classes for all levels. For further information please contact: Valeria Raso Matsumoto, cell.9442992827, valeriaraso@hotmail.com

Improvisation theater workshop: Every Fridays at 4.30 to 6pm, in Sawchu (Barath Nivas) Come and play, learn, practice improv exercises. Feel free to come, it's free session *Jeff* 94 86 47 53 67 and *Ema* 99 43 97 00 34

Introduction to Sustainable Food Growing: Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at priya@auroville.org.in or 94432 22653

Leela: the game of the self knowledge (2000 years old): come play the game of your life. **Sundays, 9.30 to 12** (above 15 years old) Info, Veronique J., 948 85 12 678 - SVEDAME, Butterfly Barn in German, English, Spanish, French, Italian and Russian. In SVEDAME, Butterfly barn. Contact Veronique j. 948 85 12 678 (leelathegame.blogspot.in)

Marbling & Lampshade Training: Marbling is a method of play of creative painting with surface design, which can produce patterns similar to smooth **marble** the patterns are the result of color floated on either plain water or a viscous solution known as **size**, and then carefully transferred to an absorbent surface, such as **paper** or fabric.

Timing: Every Thursday Month of September from 02.00 pm to 04.30 pm. Contribution: Minimum Rs.500 Requested (come and learn take one lampshade with you). Please register in advance by contacting 0413 - 2623806. mohanamprogram@gmail.com

Martial arts: We are happy to announce that the self defense classes will start again from Tuesday 28th onwards. At terrasoul community, Windarra farm. The classes will be held every Tuesday and Thursday, from 5.30 pm to 7 pm. They will be taught by Martin Bastide who has more than 10 years practice in different martial arts, including Kung Fu, Pencak Silat, Krav Maga, Kick Boxing, Thai Boxing, Taekwondo and Tae Jitsu. The style taught is a synthesis of the principles of these different martial arts, with a clear orientation towards effectiveness and practicality. All levels are welcome. Come and join us to train in a respectful environment.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

Modern Jazz Dance: Margarita would love to start a regular modern jazz dance classes for all levels at Cripa every Thursday from 4.45 to 6.00pm. The Class will start from the 12th of December. Call for more information - 9585335776

Nada Yoga: Monday 1:30 pm to 3:30 pm (for new students with appointment) / Tuesday 1.30 pm to 3:30 pm - In Creativity hall of light. Nada Yoga or Yoga of sound teaches us to perceive sounds in different parts of the body that are connected to the central energetic channel. These ancient Yoga techniques re-align the energy flow and give peace and quiet serenity. In addition, with these techniques, During the classes we will also learn many devotional songs. Contact Hamsini: 9487544184. She has been a perpetual student of Nada Yoga for 14 years and has taught it for 5 years.

For NVC (Nonviolent Communication) and RC (Restorative Circles) in Auroville, please contact L'aura (9442788016, laura.joyful@gmail.com).

Odissi & Semi-Classical Bollywood Dance Class With Tejas: Private Dance Classes at the Shakti Dance School in Felicity. Learn grace, discipline, and the beautiful temple dance of east India. tejas@shaktidancetroupe.com. +91-8489477222

OM Choir: "The voice that chants to the creator Fire, /The symbolled OM, the great assenting Word" Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Online Events Calendar: The schedule of events for the week can be accessed by all, including guests, on the Auronet login page: www.auroville.org.in (no need to log in!)

Pilates with Savitri at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level. on Saturdays at 7.30 am, intermediate level

Pizzas Nights: The Youth Center welcomes you to re-join for delicious fresh pizzas from a cyclone-wood-fired oven. Every Saturday evening 7:00pm onwards

Pottery ceramic Training: In **art history**, ceramics and ceramic art mean **art objects** such as figures, **tiles**, and tableware made from clay and other raw materials by the process of **pottery**.

Timing: Every Wednesday Month of September from 02.00 pm to 04.30 pm. Contribution: Minimum Rs.350 Requested (come and learn take one tea cup with you). Please register in advance by contacting 0413 - 2623806. mohanamprogram@gmail.com

Pregnancy Classes: We hold a space for pregnant mothers to share information and work on reflecting on pregnancy and moving from emotional blockages, getting advice to overcome difficulties, fears & doubts about birth and bringing more joy into the birthing journey. Time and place will be determined by mutual availability of the pregnant mothers and Ally. For more information please contact: ally@auroville.org.in. *Allison*

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing, guided meditation and other tools...by Antarjyoti in English or French, tel(land): 0413-262 37 67 or email: antarjyoti@yahoo.fr

Salsa in SAWCHU: Salsa dance class followed by practice. Every Tuesday 6pm-8pm. SAWCHU in Bharat Nivas. Free and open to all Aurovilians, Newcomers and Guests.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6 pm

Silent Meditation Among Friends: Pavilion of Tibetan Culture: Wednesdays and Fridays: 5 to 6 pm (starting January 16th) We invite you to Silent Meditation with Carsten Marsch who has been practicing Zen meditation since early 1980s with various Zen groups in Europe, USA and New Zealand. He will give a brief instruction on Zazen (Zen sitting posture) at the beginning of each meditation session. Everyone is welcome and requested to arrive a few minutes early, as meditation will begin promptly at 5pm. "You should sit in meditation for twenty minutes every day - unless you are too busy; then you should sit for one hour." *old Zen adage*

Skyworks: Tree Climbing Workshops: Recreational tree climbing workshops. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before. You "hook on". After being fitted with your "saddle" and some short instruction on safety and climbing techniques, you are off and climbing! Call Satyaaji for conditions and appointment 958 516 58 82. Thank you

Somatic Explorations: with Maggie every Wednesday from 5-6pm in Verite Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call 94866 23465.

Sound Bath / Unity Journey: Every Wed 5 30 - 6.30, starting 6 Jan Unity Pavilion. Aurelio and team will create and share an experiential space of deep relaxation through a basic tuning process and exposure to the SOOTHING WAVES and VIBRATIONS of pure acoustic instruments. Gongs, bells, chimes and diverse newly invented and archaic sound sources will invite the listener into a SOUND JOURNEY through inner landscapes and synaesthetic contemplation towards a Unity experience.

South Indian Classical Dance (Bhratnatyam): Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. *S.Caveri:7598368514*

Spanish Tertulia: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

Spontaneous Singing:

Just welcome the song that is here

Just let the music cross you

Just connect to your inner song

Just connect to the divine in you

Just enjoy the surprise of what you can create

And share...

With Antoine 97 86 401741. Every Wednesday 5-6 pm - last: oct.28 .Creativity - Hall of Light - Free donation

Réception francophone: Tous les mardis de 17:00 à 18:30 à La Terrasse, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les auroviliens et newcomers francophones peuvent aussi participer.

Tamil Literary Classes: - Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, history and culture are opened to all / Now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Auroville workers, their wards and Aurovilians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact. R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email: - tamil@auroville.org.in)

Tai Chi Hall: Tai Chi @ Sharnga: Chi on Mondays and Tuesdays from 7.30am-8.30am. 24 form on Monday and Tuesday mornings from 8.30am-9.30am and on Tuesday and Thursday evenings from 4.30pm-5.30pm. 108 form on Thursdays and Fridays from 7.30am-8.30am. 127 form on Wednesdays and Saturdays from 7.30am-8.30am.

Thai Yoga Massage: Workshop A inner exploration of the body, energy and spirit .Every Sunday from 9.30 to 12 am. In Terrasoul Community (Windarra Farm). In the Sunspace. All levels. Juan mv. 9443434182

Theater class and Use of the Voice for Actors and People who want to Speak in front of an audience class:

Use of the voice class: every Wednesday 10.15 to 12.30 at Cripa. We explore techniques on breathing, resonance, voice and we also focus on the correct English pronunciation.

Theater class: every Thursday 10.15 to 12.30 at Cripa. We explore many different methods and theatrical languages from Stanislavskij to Michael Checov, Strasberg, Meisner etc. so that the actor can have the larger knowledge of the tools she can use for the interpretation of her character. Those are not workshops, but a regular appointment for actors to train constantly their vocal, imaginative, physical instruments. Whoever wants to regularly participate to the classes is welcomed.

No experience demanded. For information: francesca@auroville.org.in

Therapies - Vani: Journey to the memory of the body: Journey through the trauma memories in the body, emotional blockages and belief systems in order to release and heal these traumas, by getting aware & deprogramming these past believe systems that keep you from living a very joyful life in the present. Fusion of Hladina Method, Hypnotherapy, Radikal Healing.

Awakening the intelligence of the body

Awakening your own healing power, experiencing the Presence within by quietening the thought process and contacting your inner

body. Fusion of deep guided relaxation, visualisation, energy work, pranic healing, acupressure & reflexology.

Life Coaching: Using awareness, visualization & imagination techniques

Life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again.

For appointment contact Pitanga: 2622403 or Vani: 9488818072/vani@auroville.org.in. Reiki and Reflexology courses possible on request

Tamil Literary Classes: - Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, history and culture are opened to all / Now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Auroville workers, their wards and Aurovilians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact Ms. Fathima, Trained beautician working with us in our school. R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email:- tamil@auroville.org.in)

Life Coaching: Using awareness, visualization & imagination techniques: Life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again.

For appointment contact Pitanga: 2622403 or Vani: 9488818072/vani@auroville.org.in/*Reiki and Reflexology courses possible on request*

Ultimate Frisbee: Every Saturdays & Mondays, 5pm till sundown at Certitude.Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork. Bring running shoes if you have them. Contact mark@auroville.org.in with any questions or just come ready to play.

Vedic Astrology: Chart reading and interpretation. Call 9843948288 or email vikram@auroville.org.in for an appointment.

Veena Musical Classes: As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yazh, which was similar to the Grecian harp. *Bharata*, in his *Natya Shastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's.Kaanchi Kaama Kodi Aasthanavaithvaan Thiru Ravi (*Ravi* for short) conducts regular veena musical classes for everyone at **Yatra Arts Foundation**, near New Creation sports ground. Come and learn an ancient art form in pleasant and friendly surroundings. **Who:** Everyone! Children & Adults. **When:** Every Friday evening from 5pm to 7pm. **Contact:** 0413- 2623071 / 9786772209

YEP for kids aged 7 to 12: To enjoy activities with other kids & discover Auroville. Every week from Monday to Friday 8:30 am to 1:30pm - Information & registration: [yep @ auroville.org.in](mailto:yep@auroville.org.in) or 7639321750

Yoga classes: New Colors invites you all, for a yoga class on every Sunday at 8:00 am. This class is for all ages. For further details contact; 95855 13279 Mail id: newcolors2002@gmail.com

Yoga Classes: Vinyasa flow classes by Bebe in Creativity every Thursday 5 to 6.30 pm , open to all levels .

Zumba classes: with Sathish are resuming at New Creation Dance Studio on Mondays 6-7pm and Thursdays 6-7pm...

F I L M S



C I N E M A - Bharat Nivas - AUDITORIUM

FRIDAY 8 JANUARY 2016 - 7:30 PM (Film show starting at 7:45 sharp)

JIMMY'S HALL

Directed by: Ken LOACH - UK, 2014

Cast: Barry Ward, Francis Magee, Aileen Henry, Simone Kirby.

Synopsis: 1932. Jimmy Gralton is back home in the Irish countryside after ten years of forced exile in the USA, for he

was accused of leading the Revolutionary Worker 'Group, a precursor of the Irish Communist Party. Jimmy had also built a village hall to expound his political views and have the people gathering. So when he reopens the hall, enabling the villagers to come to learn, to argue, to dance and to dream... the conservative people take a dim view of the whole thing. From that moment on they will use every means possible to get rid of Jimmy and his "dangerous" hall... A very inspiring film - based on real events!

Original English version with French subtitles - Duration: 1h 49'.



THE ECO FILM CLUB

Sadhana Forest, January 8, Friday at 7 pm

CAVE OF FORGOTTEN DREAMS

2011, 90 minutes, Directed by Werner Herzog.

In 1994, a group of scientists discovered a cave in Southern France perfectly preserved for over 20,000 years and containing the earliest known human paintings. Knowing the cultural significance that the Chauvet Cave holds, the French government immediately cut-off all access to it, save a few archaeologists and paleontologists. But documentary filmmaker, Werner Herzog, has been given limited access, and now we get to go inside examining beautiful artwork created by our ancient ancestors around 32,000 years ago.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

Schedule of Events:

16:00 free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:30 free bus from Sadhana Forest back to Solar Kitchen

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in.

VISITOR CENTER MOVIE SHOW

7th January Thursday 8 pm

THE MARTIAN (2015)

Genre: Aventure /Drama/Sci-Fi. Rated: PG13. Language: English/Subtitle: English. Dur: 2 hr. 24 min.

Dir: [Ridley Scott](#) / Cast: [Matt Damon](#), [Jessica Chastain](#), [Kristen Wiig](#)

Story Line: During a manned mission to Mars, Astronaut Mark Watney is presumed dead after a fierce storm and left behind by his crew. But Watney has survived and finds himself stranded and alone on the hostile planet. With only meager supplies, he must draw upon his ingenuity, wit and spirit to subsist and find a way to signal to Earth that he is alive.

8th January Friday 8 pm

BRIDGE OF SPIES (2015)

Genre: Biography/Drama/Thriller. Rated: PG 13. Language: English/Subtitle: English. Dur: 2 hr. 21 min.

Dir: [Steven Spielberg](#) / Cast: [Tom Hanks](#), [Mark Rylance](#), [Alan Alda](#)

Story Line: During the Cold War, an American lawyer is recruited to defend an arrested Soviet spy in court, and then help the CIA facilitate an exchange of the spy for the Soviet captured American U2 spy plane pilot, Francis Gary Powers.

AT SAVITRI BHAVAN

"INTERVIEW WITH CHALI ON HER LIFE AND WORK IN AUR OVILLE"

Monday, 4th of January 2016, at 6:30 pm.

Chali was as a child in the early experimental school "Equals One" in Pondicherry with a very free and activity based education also with sandbox-play. Chali is also speaking about the early days in Auroville and education. The wish for more and higher education created the 'Learning Centre' and then 'Future School'.

Duration: 56min.

THE TRUTH ABOUT CANCER FILM SERIES

Thurs Jan 7th at 7-30 pm at Pitanga Cultural Centre

In this episode you'll learn just how important your immune system is for fighting, destroying, and of course preventing the development of cancer and many other diseases. This is a powerful documentary series, which we will show weekly, that goes through groundbreaking research behind cancer and degenerative diseases with new information that can benefit all.

A POWERFUL INTRODUCTION TO SRI AUROBINDO'S AND MOTHER'S EVOLUTIONARY ACTION

2 filmed interviews with Satprem, Mother's confident for 20 years.

"Satprem" - Le Chemin vers l'interieur - 30mn

"L'Homme apres l'homme" - 1hr

The 2 films will be in French with English subtitles

Cinema Paradiso - Town Hall

On Tuesday 05/01 at 4.30 pm.

ESPECIAL FILM SCREENING FOR STUDENTS

AVFF-EOP presents two films: The Betrayal & The Guard, Screening at Cinema Paradiso (MMC)

On 5th January 2016, from 9.00 am to 1.00 pm.

The Producer of the films Flora Fernandez Marengo will be present to introduce the films and to answer questions at the end.

All students and interested adults are welcome.



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 4 January 2016 to 10 January 2016

Indian - Monday 4 January, 8:00 pm:

COURT

India, 2014, Writer-Dir. Chaitanya Tamhane w/ Usha Bane, Vivek Gomber, Pradeep Joshi, Drama, 116mins, Marathi-Gujarati-English-Hindi w/ English subtitles, Rated: NR(PG-13) A sewerage worker's dead body is found inside a manhole in Mumbai. An aged social activist who uses folk music to spread his message is arrested, accused of inciting the sewage worker's alleged suicide. Lawyers from both sides of the aisle, and the rote ideologies they represent, are scrutinized as the trial plays out. *Winner of the National and many international awards, this debut film by the director is a MUST see!*

German - Tuesday 5 January, 8:00 pm:

- **BORNHOLMER STR. (Bornholmer Street)**
Germany 2014, Dir. Christian Schwochow, w/ Charly Hübner, Milan Peschel, Rainer Bock and others, Comedy, 88 min, German w/English subtitles, Rated: NR.
On the 9th of November 1989, at 7:17 pm, Günter Schabowski, an East German official, mistakenly announces during a press conference, that the Government has agreed "with immediate effect" to open the border. Massive crowds gather the same night at the Berlin Wall. This film relates the story of the border guards, who having received no confirmation of this amazing news, are left alone to decide what to do.

Cultural - Wednesday 6 January, 8:00 pm:

- **BLOOD WEDDING: Choreography Antonio Gades**
from Garcia Lorca drama: *Bodas de Sangre*
Spain, 2012, Dir. A. L. Ramirez w/ Cristina Camero, Angel Gil and others, 60 mins, Spanish w/ English subtitles for the interview, Rated: NR
Antonio Gades is a Spanish master choreograph who gave a new life to flamenco. (Carmen, Fuenteovejuna..) This ballet was created in 1974 and at that time it was a revolution. The story is told with only flamenco movements and guitar accompaniment and every movement speaks by itself the whole story. No scenery .no words. The dramatic intensity of the creation is astonishing .The most striking scene is "Duelo y Muerte" (Duel and Death), which is done with no music at all, just in slow motion. An amazing creation. This is considered as masterpiece.

French - Thursday 7 January, 8:00 pm:

- **NELLY et Mr. ARNAUD (Nelly & Monsieur Arnaud)**
France, 1995, Dir. Claude Sautet, w/ Emmanuelle Béart, Michel Serrault, Jean-Hugues Anglade, Drama, 116 mins, French WITH ENGLISH SUBTITLES, Rated: PG
This Oscar winning film tells the story of an encounter between a young lady who is broke and waiting for her divorce and that of an elder man just retired.

International - Saturday 9 January, 8:00 pm:

- **CALVARY**
Ireland-UK, 2014, Writer-Dir. John Michael McDonagh w/ Brendan Gleeson, Chris O'Dowd, Kelly Reilly, and others, Drama, 102 mins, Language spoken: English w/English subtitles, Rated: R
Father James is a small-town priest in Ireland whose Sunday confessionals suddenly includes a threat to kill him in a week's time. Deeply troubled and conflicted about how to respond, Father James tries to go on with his calling through that week. However, that proves impossible as he is confronted with a troubling variety of spiritual challenges from both his estranged daughter and his own parishioners. Father James' life begins to rush towards a confrontation that seems to crystallize his values and what he wants his life to be. *The producer of this film, Flora Fernandez Marengo, the producer - who is sharing this film with us will be present for a Q&A session after the film. Don't miss this much acclaimed film. We have not received this film as yet but hope to. If for any*

reason this film cannot be screened we will screen another really good movie. So, come anyway.

Children's Film - Sunday 10 January, 4:30 pm:

- **MINIONS**
USA, 2015, Dir Kyle Balda, Piere Coffin and others, 91 mins, Animation-Comedy, English w/ English subtitles, Rated: PG
Minions Stuart, Kevin and Bob are recruited by Scarlet Overkill, a super-villain who, alongside her inventor husband Herb, hatches a plot to take over the world.

ROBERT ALTMAN Film Festival @ Ciné-Club
Ciné-Club - Sunday 10 January, 8:00 pm:

- **MCCABE & MRS MILLER**
USA, 1971, Dir. Robert Altman w/ Warren Beatty, Julie Christie, and others, Drama-western, 120mins, English w/English subtitles, Rated: R
Set in winter in the Old West, charismatic but dumb John McCabe arrives in a young Pacific Northwest town to set up a whorehouse/tavern. The shrewd Mrs. Miller, a professional madam, arrives soon after the construction begins. She offers to use her experience to help McCabe run his business, while sharing in the profits. The whorehouse thrives and McCabe and Mrs. Miller draw closer, despite their differences. Soon, a major corporation interested in mining wants to buy out McCabe along with the rest. He refuses, and his decision has major repercussions for him, Mrs. Miller, and the town.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in.

We appreciate your continued support. Please make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material: Material (no pdf files, please) may be sent (in English only) to the *N&N* email address (below).

NB: Messages with large attachments (more than 1 MB) will not reach our inbox.

Please try your best to send your announcements, reports, film schedules whenever they are ready.

The Wednesday deadline (11am) is absolute as the News is given to the printers by Wednesday 2 pm.

Any modifications of the submitted *News* items have to be sent to the editors before Wednesday.

We regret not being able to attend to visitors on Wednesdays due to work pressure.

Articles for the Notes section should ideally be no longer than 500 words. All articles need to reach us by Tuesday noon.

Visiting hours: Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; **No visitors on Wednesday.** Please, no dictations over the phone unless it is an emergency or you have a medical problem.

Soft Version: We encourage you to ask us for a soft version of *News & Notes* send directly on your own mail. First, it saves trees, cost of paper (Rs 12.000 monthly are spent only on purchasing paper) and labor cost (900 copies are printed every week). Second we send your soft copy as a PDF file (Same formatting as the printing version with colored pictures) on Thursday morning and you can get information earlier than the printing version which is delivered only on Friday and Saturday. Don't hesitate to mail: newsandnotes@auroville.org.in or to phone 2622133.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

News & Notes, Media Centre, Town Hall. Phone: 2622133, email: newsandnotes@auroville.org.in