

News & Notes

4th July 2015..... A weekly bulletin for residents of Auroville.....Number 604



HOUSE OF MOTHER'S AGENDA

Someone wrote to me from France that he had tried everything that everything had failed, that he is quite desperate and... So I answered this:

It is when all appears to be lost that all can be saved. When one has lost trust in one's personal power, one must have faith in the Divine Grace.

It's useful for many. It has been said I don't know how many times, but it always seems necessary to repeat it.

(...)

No, no news....I don't quite know what attitude I should have with regard to this book. Not that I worry, but ...I think about it. I wonder whether it's guided?

You know, mon petit, MORE AND MORE and in an ABSOLUTE way, I SEE - I see, I feel that EVERYTHING is decided.

Everything is decided.

And each thing has a raison d'être - which eludes us because our vision isn't wide enough.

You understand, if it were otherwise, life, existence, anyway the world, would have no meaning.

Yes.

It's... it's a sort of absolute conviction. And I SEE it, you know, it's something I see. How could I put it?... That conviction, I am now paying for it! The body, in its transfer of authority (what I call the transfer) goes through difficult moments, really difficult, and then, seen with the ordinary vision, it would make no sense because difficulties appear to increase with what we might call the "conversion," but... to the true vision (when you are IN the true vision) it's what is left of Falsehood that is the cause of all unpleasantness (what's still mixed). Even quite materially (morally, it's been conquered for a long time: with the disappearance of desire, ALL torments disappear and are replaced by a perpetual smile, absolutely sincere - not willed, but effortless, natural and spontaneous), but what I mean is PHYSICALLY, materially: discomforts and difficulties and all that. It's the same thing. It's the same thing, but... one is less ready, you understand; matter is slower to be transformed, so there is more resistance.

The only solution, every minute and in every case, is... (*gesture of surrender*): "What You will." In other words, the abolition of preference and desire. Even the preference not to suffer.

But what's hard to understand is that this Consciousness ...I can understand that it guides everything in the immensity and eternity, but does it guide everything down to the smallest detail? That's the ...

In the microscopic.

In the microscopic.

That's just what I was seeing, I understand why. This morning the problem was there: the individual consciousness, even very vast, cannot realize, that is to say, cannot concretely understand the possibility of being conscious of everything at the same time. Because that's not the way it is. So it finds it difficult to understand that THE Consciousness is conscious of EVERYTHING at the same time: in the whole, in the totality as well as in the smallest detail. That...

Yes, it's difficult.... But it's comforting!

Ah, that makes you very peaceful, very peaceful.... The other day I told you that the body had had the experience of dying without dying, and it was useful in that the body said, "Well... it's all right." Accept without... (what's the word?) without effort - ADHERE. Then it's over. The entire old illusion of disappearing with the body's dissolution, it's a long time since it went away, of course, and now the body itself is quite convinced that even if it were scattered like that [*in "death"*], that would widen its field of consciousness.... I don't even know how to explain because for the consciousness, this sense of the personal and the need of the personal has vanished.

I clearly see, the body clearly realizes that it's only its own resistance - its resistance to the Truth - that makes it possible for it to suffer. Wherever there is complete adherence, suffering disappears instantly. (*Silence*)

But it's the same thing for countries and nations: it's the same change of authority. Instead of personal authorities, there will be a divine authority, and the same change of authority causes the unspeakable chaos we live in - because of the resistance.

(*long silence*)

The nearer a part of the being (any part) draws to the moment of the transition, that is, the more ready it is for that transition, the more sensitive it becomes. And then, when you reach the point where you can go beyond the stage of problems and see with the universal vision, problems take on, to the personal sensitiveness, a most intense acuteness. I had noticed it before, and now it's recurring for the body. It's acquiring a... terrifying sensitiveness, you understand. People who don't know why things are like that really get terrified.... The possibility of discomfort, of... It's the same thing with problems. Only, for those who KNOW and who have understood, it's the opportunity of making the last progress, of doing this (*Mother opens her hands upward*).

Basically, what still has the illusion of being something separate must dissolve. It must say to itself, "It's not my business, I don't exist." That's the best attitude it can take. Then... it goes into the great Universal Rhythm.

(*meditation*)

MOTHER'S AGENDA, January 31, 1970

MOTHER

*The
Ponder
Corner*

Love of man, love of woman, love of things, love of thy neighbour, love of thy country, love of animals, love of humanity are all the love of God reflected in these living images. So love & grow mighty to enjoy all, to help all and to love for ever.

Sri Aurobindo

ref. CWSA vol.12, Essays Divine and Human, p.491

Cover drawing by *Neeti*

New Town Development Authority - General Meeting

Dear community members,
Following the recent announcement of the Working Committee on the topic of the New Town Development Authority, the Auroville Council together with the Resident Assembly Service, would like to invite you to an interactive General Meeting on the same topic.

When: 7th of July 2015 at 4:30 pm

Where: Unity Pavilion

What: Interactive meeting on NTDA

The Residents Assembly Service has compiled relevant information regards the NTDA topic on a dedicated webpage. If you didn't receive the link by email please contact us so that we can add you to our mailing list.

We attach here for review a link to: (You can find online in these links)

Executive Summary of the NTDA Task Force

<https://www.auroville.org.in/article/40819>

Frequently Asked Questions and Answers on NTDA by the Status Study Group

<https://www.auroville.org.in/article/48131>

Objections to the NTDA raised by Lata and Prashant

<https://www.auroville.org.in/article/47961>

Latest posting from WC regd NTDA

<https://www.auroville.org.in/article/49003>

This will be a forum where the pros and cons of an NTDA for Auroville are explained and discussed. All are welcome! Please bring open minds and hearts.

Sincerely, Auroville Council and RAS

Land Board Mandate

(Reviewed version 09 by Working Committee based on the edited version 08- from the land board which was submitted for approval to working committee 07th June 2015)

Dear community members,
The Auroville Council, together with the Working Committee and Land Board are now presenting you with a mandate for the new Land Board. We request your feedback within the next two weeks, i.e. before the 8th of July, to: avcoffice@auroville.org.in.

Sincerely, the Auroville Council

1. Constitution of the Land Board

- 1.1. The Residents' Assembly shall constitute a Land Board whose members shall be appointed directly by the Residents' Assembly or by a committee constituted by it for the purpose.
- 1.2. The Land Board shall consist of seven members, at least six of whom have been resident for a minimum period of 5 years.
- 1.3. The Residents' Assembly or such other committee constituted by it will ensure that the members are qualified for the work to be done and that they have the required communication and organizational skills.
- 1.4. The members of the Land Board shall hold office for a period of three years but after completion of every two years two members shall retire and two new members shall be appointed in their place. Outgoing members are eligible for re-appointment.
- 1.5. The Residents' Assembly, at any time, will have the right to remove any of the members of the Land Board and replace them with other persons as members if it considers that it is in the larger interest of the community of Auroville.

- 1.6. Any vacancy arising either by way of resignation, expiry of term of office, or otherwise, shall be filled up by the Residents' Assembly or by the committee constituted by it for the purpose after consultation with the members of the Land Board.

2. Mandate of the Land Board

The Land Board will have the following mandate:

- 2.1. **Land Protection.**
 - 2.2. The Auroville Land Board is responsible for protecting all lands of Auroville. This includes:
 - 2.3. Dealing with all land related issues such as disputes regarding land possession and land ownership;
 - 2.4. Filing of police complaints and FIRs on all land related matters;
 - 2.5. Employing legal counsels to advise the Land Board on all land related matters;
 - 2.6. Employing legal counsels to represent the Auroville Foundation in court on all land related matters;
 - 2.7. After consultation with the FAMC, employ legal counsels to initiate court proceedings representing the Auroville Foundation on land related matters;
 - 2.8. Providing adequate protection such as fencing of lands under its stewardship and/or vulnerable areas.
 - 2.9. In case of lands under recognized stewardship, the land steward will extend full cooperation to enable the Land Board to effectively carry out its duties.
- 2.10. **Land Purchase, Sale and Exchange**
 - 2.11. The Land Board is responsible for all purchases of land for the Auroville Foundation and for all sales and exchanges of land belonging to Auroville Foundation.
 - 2.12. All land purchases, sales and exchanges require the prior approval of the Working Committee, the Funds and Assets Management Committee and the Governing Board of the Auroville Foundation represented by the Secretary in accordance with the Auroville Foundation Rules 1997.
 - 2.13. The Land Board shall, in cooperation with the land officers of the Auroville Foundation, verify all documents required for any land transaction, before submitting any proposal for land purchase, sale or exchange.
 - 2.14. The Land Board shall ensure that all transactions regarding land bear the imprint of high standards of integrity, honesty and fair play.
 - 2.15. The Land Board will take possession of all newly acquired lands and issue a report about its status to the FAMC after physical verification.
 - 2.16. The Land Board will assist the Town Development Council as and when needed to monitor new developments taking place in the Master Plan area on privately owned lands (such as changes in the pattern of lands use, attempts to create undesirable development etc.) and support the TDC in taking necessary action.
- 2.17. **Land Stewardship**
 - 2.17.1. The Auroville Land Board will assume the stewardship of all lands owned by the Auroville Foundation of which the stewardship has not been allocated by the FAMC and / or the TDC to any other unit, working group, community or individual.
- 2.18. **Land Records and Management**
 - 2.19. The Auroville Land Board will assist the Auroville Foundation in maintaining complete records of all lands owned by Auroville.
 - 2.20. The Land Board will be responsible for the proper storage and sale of all timber and firewood collected from land areas under its responsibility in accordance with the wood sales policy.
- 2.21. **Fundraising for land**

2.22. The Land Board shall assist in fundraising for land as required by Auroville recognized working groups.

3. Method of Functioning of the Land Board

- 3.1. The Land Board in interaction with the Secretary of the Auroville Foundation and the Working Committee will establish good working relationships with the local and state administration officials.
- 3.2. The Land Board members will decide amongst themselves the areas for work, coordination and the timings of their meetings.
- 3.3. The Land Board will meet regularly and keep minutes of its meetings.
- 3.4. The Land Board may appoint legal counselors, land assessors, surveyors and administrative staff in consultation with the FAMC.
- 3.5. Revenues from the lands of Auroville under the responsibility of the Land Board will be utilized or transferred as per the directions of FAMC.
- 3.6. The Land Board will be granted a suitable budget for land and estate management, land protection, land purchases, land exchanges and land sales, and for all matters relating to its administration and management.
- 3.7. The Land Board will maintain accounts in the format designated by the FAMC. The Land Board will submit the yearly balance sheet to the Auroville Foundation.

4. Reporting of the Land Board

- 4.1. The Land Board will submit a quarterly report of its functioning to the FAMC and publish monthly an abbreviated version in the News and Notes and on the AuroNet which includes the land exchanges, land sales or land purchases made.
- 4.2. The Land Board will prepare a six monthly report for the Governing Board.

FROM THE ENTRY SERVICE - N&N NO- 604 dated 04 .07.2015

We would like to inform the community that our team had decided to recommend the following persons as Aurovilians and Newcomers. We will wait for two weeks (Newcomers and Returning Aurovilians) and one month (Aurovilians), from the date of this publication, for your feedback, before making our final decision.

AUROVILIANS:

Gabriella TROMBETTA (Italian) - Staying at Transformation, working as a supervisor for Auromics at Mira Boutique
Aurore SZYMKOWIAK (French) - Staying at Fertile, working at Botanical garden nursery and also cleaning the discs at Matrimandir.

Zaida NASSIER (Nandini) (Dutch) - Staying at International House, working as assistant teacher at Transition School.

CHILD OF AN AUROVILIAN:

Camilla TROMBETTA (Italy) - born on 07/06/1999, studying at Future school.

NEWCOMERS:

Nausheen BARI (Indian from UP) - Staying at Samasti, working at Mandala Pottery.

We have identified a lack of clarity in the communication and confirmation of status, as the announcements done in the News and Notes are FOR FEEDBACK ONLY and sometimes, after announcement, there can be either an extension of status or a decision to stop the process. We have therefore added an additional section to confirm the status of persons previously announced.

CONFIRMATION OF NEWCOMER STATUS:

Olga BOGACHOVA (Ukrainian)

CONFIRMATION OF NEWCOMER TO AUROVILIAN STATUS AFTER ANNOUNCEMENT IN N&N AND DUE CONSIDERATION OF FEEDBACK RECEIVED FROM RESIDENTS:

Sabine CHARPENTIER (French)

We will soon invite you to fill in the B-Form request for a meeting with the AV Foundation Secretary, with the aim to add your name to the Register of Residents.

PEOPLE WHO HAVE LEFT AUROVILLE ON THEIR OWN: **Shefali MENDON** (Indian)

In case the above person(s) wishes to come back to live and work in Auroville, (s) he will need to restart his/her newcomer process.

Dear Newcomers,

The Entry Service team would like to inform you of the timings designated specifically for you to collect or submit the Newcomer Kit. Please pass by our office in Town Hall during these hours only: Wednesday & Friday at 2pm to 4pm. We look forward to seeing you.

We are open for B-Forms and Recommendation letter matters, by appointment only.

For all other matters, the office is open on Mondays, Wednesdays and Fridays at 10-12am, except for every last week of each month when we are closed to the public in order to focus on internal office work.

The Entry Service team (Alexy, Aurore, B,Chitra, Ishita, Matilde, Neeti)

TDC - L'avenir d'Auroville - 4th Jul 2015

The following Site and Building applications are announced for feedback from the community for a period of two weeks. The announcement is made for feed-back only and does not mean that the project has final approval.

The final approval is given when L'Avenir / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start. It has to be noted that site permission is given to reserve the site for a maximum period of two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of TDC.

Individual Project

Building Permission:

1. AV Natural Camp, Kodaikanal, Storeroom

Site permission:

1. Site for Two Peripheral Fence with Gate in International Zone
2. Site for Centre Guest House - Staff Quarters for Dodo and Cristina on Survey No. IR 220/1 for an area of 150 m².

Collective Project

Site Permission:

1. Booma Devi - Manikandan, Integrated Dairy Unit & Residence.

Project writes up given by the project holder.

Project Title: Sri Boomadevi Farm

Proposed Site Location: Irumbai Lake (Survey No: IR 59/1, 83/1 and 84/1)

Project Holder: Manikandan and Anjalakshmi

Architect: Manibalan

Contact Persons: Manikandan

Description: We are mainly focused on organic Dairy farming. It is a very healthy and environmental friendly product. It is free from pesticides/chemicals. Consumers' outlook for food products is becoming more precise and definite in terms of safety and quality. This will lead to the growth of milk products in particular.

Target Group: Farm Group

Background: we will produce Standardized and poison free food for our community. Supply high nutritious and healthy food at an affordable price to Auroville citizens. Minimize all

form of pollution to reduce carbon foot-print that may result from agricultural practices.

Triggers: We were basically born in a farming family. We always loved to do organic farming. Boomadevi's farm aims at growing healthy and sustainable food for the Auroville community and bio region. Currently there is a shortage of milk supply in Auroville which mostly depends on the outside market. We will soon participate with Auroville milk cooperative and try developing dairy industry more productive and standardized.

Goals/Objectives: Our intention is to do good work that helps to achieve a sustainable use of the land natural resources. We will keep on learning and discovering more about traditional organic methods of farming techniques. We are very confident; we will do farming work in harmony with nature rather than against it. We will use tried test techniques to achieve good cropping yield without harming the natural environment or the people who live and work in it. We believe that the methods used in AVFG are very close to Sri Aurobindo's integral yoga. We want to demonstrate sustainable practice in agriculture extension.

TDC asks for feedback from the residents of Auroville within two weeks from the date of publication. If anyone wishes to have detailed information, feel free to contact TDC - L'avenir d'Auroville office: 262-3568 or come personally to the Building Application section.

Announcement - 1

WATER

TDC is planning the laying of a waterline from the Crown Road (Gaia crossing) to Habitat/Administrative area. The extra water supply has become necessary because new projects are coming up (Sunship, Archives etc.). At the moment the zone is dependent on one bore well that is too fragile. The route will follow the existing mud road from the Gaia-crossing to Matrimandir. See map. (See map on Auronet)

Announcement - 2

Laying OFC

Laying of an OFC connecting Community Cluster to the Network Center in Town hall via the School Cluster. For details and map visit TDC office or contact Chandresh/Manu. (See map on Auronet)

Housing Service-Update

Youth Housing

The Housing Service in cooperation with the Youthlink have been gathering names of youth age group 18-35 that are in need of housing. If you are a young Aurovilian, returning Aurovilian, Newcomer or a registered Volunteer, single, couples, young families with little or no funds for permanent or temporary housing in Auroville, with great work ethic and sincere aspiration to help Auroville grow and prosper, please forward us your details by email to housing@auroville.org.in or pass by the office and register yourself.

When forwarding your details please mention the following:

Age;

Nationality;

Email;

Cell;

Name and surname;

Currently living at;

Type of housing needed, ex: couple or single, permanent or semi-permanent structure, mobile, single standing etc.;

Aurovilian/ Newcomer/ Volunteer/ Other please specify;

Working or studying, if so specify what or where;

Have you prior experience living in a youth project e.g.:

Kailash, WeDK, Muyerchi, other? Please specify.

Work opportunity for Auroville registered units handling repairs and renovations

The Auroville Housing Service continues to gather names of Auroville Registered units interested to work together with us in the sphere of maintenance, repair and renovation of

Auroville's housing assets. We invite units that handle teams of masons, plumbers, electricians and other house repair working specialists to forward your unit details along with your contact details to the: housing@auroville.org.in When forwarding your details please mention: Work opportunity for Auroville registered units in the subject line.

House Transfer in Auroville

1. A transfer of an Auroville asset can only be done through the Housing Service.
2. All money transfers in this regard have to happen via Unity Fund/Financial Service.

I wish to transfer my current stewardship

1. A certified and registered Govt. evaluator will conduct the asset valuation.
 2. The house/flat will be published in N&N/Auronet for 2 weeks, for community feedback. During this time interested parties may visit the asset by appointment, to set up please inquire at the office directly or via housing@auroville.org.in
 3. Genuinely interested parties will enroll their name along with other details at the Housing Service, which will then be forwarded to the relevant community for review and selection; likewise 2 weeks are given for this step to be covered. Failing to respond within these 2 weeks, results in Housing Board filling in this role. More time can be given, taking into account any exception to the case.
 4. When anyone decides to leave Auroville with no plans for return, a request can be submitted to the AVC, if s/he requires repatriation assistance. Such request for assistance in case of repatriation is in no connection to the estimated value of the currently stewarded house. All housing units whether residential or commercial in Auroville, are under the care of the Auroville Foundation, they are considered as 'Donation to Auroville'.
- In all such cases no reimbursement of liquid capital equivalent to the value of the housing asset will be entertained, as the unit is considered a 'Donation to Auroville'. However, the present value of the house can be reserved for future housing at the Auroville Financial Service, under a given name and up to 5 years in case the steward decides to return. Failing to return within those 5 years would result in stewardship and all relevant rights being cancelled.

5. The Housing Service may be approached for assistance in case personal funds for repair/ renovation, or all cases of essential work, are limited in availability. Requesting such assistance would need to be accompanied by NOC (Non-Objection Certificate from L'Avenir/TDC for relevant work in other cases not, to be advised by members of that office) and an estimate of preliminary work. This will be reviewed and if need be relevant recommendations and assistance given. Priority goes out to members of this community without/ with limited means/ and all those working in recognized services for no less than 4 years.

Attention

We would like to kindly remind that all housing units, whether residential or commercial in Auroville, are under the care of the Auroville Foundation, these are considered as 'Donation to Auroville'. Therefore all stewardship transfers need to be administered by the Auroville Housing Service. No housing asset can be altered into either an Office, Guest House or a Newcomer Unit, without prior concession of relevant working groups.

A/ If a steward of a housing unit leaves Auroville, no reimbursement of liquid capital equivalent to the value of the housing unit can be entertained, as the unit is considered a 'Donation to Auroville'. However, the present value of the house can be reserved for future housing at the Auroville Financial Service under a given name and up to 5 years, in case the steward decides to return. The right to steward selection

and stewardship allocation thus becomes the responsibility of the Housing Board.

B/ Any payment to a private Indian or Overseas bank account in exchange for stewardship concession is considered illegitimate, and will result in loss of complete stewardship rights, no financial compensation and a serious offense vis-a-vis the Auroville Foundation. This may lead to having one's name be removed from the Register of Residents, and discontinued visa support.

We invite all community suggestions, regarding our grey areas and room for improvement, to be sent to housing@auroville.org.in or to be shared with AVC directly once the review of the 2011 Housing Policy comes onto their table. We continue working and honouring our existing policy. In Service,
Members of the Housing Service and Housing Board

FOR YOUR INFORMATION



NETHERLANDS = On 7 June AVI Netherlands held its general assembly in the southern city of Nijmegen. Board members are still Wim van Megen (president/secretary), Jan Pieter Derksen (treasurer), while Josee Lamers and Adri Bolsenga are general members. Ms Lamers, who presents the centre on the umbrella AVI Board, and who is candidate president for a new Dutch AVI board, has been requested to find new general members for the same.

In a pleasant ambiance, the general assembly was updated on various developments in Auroville. Among these was a detailed update of the ICT/optical fiber project of Aurovilians Chandresh, Manu, JV and others, that is getting more and more shape. It was given at the hand of the elaborate '[Auroville Campus Area Network](#)' presentation, put together by young Dyuman. All this and more in the centre's recent newsletter downloadable at: <http://goo.gl/CHc9Ez>

U K = The AVI UK centre came out with a newsletter that endeavours to veer a bit away from the club bulletin format to a paper with more in-depth articles. "The Newsletter will continue to give news and updates from Auroville and AVIUK, but from time to time we will feature some aspect of the vision of the founder, whom we know as the Mother, and her originating purpose in creating Auroville. She saw the emerging township as a place in which the research into our human condition and the future evolution of our species, so brilliantly expounded in the works of Sri Aurobindo, would be carried forward for the benefit of all mankind. In this issue we begin to explore the nature and possibilities of human consciousness as an integral part of Auroville's mission to India and the world."

The articles in the current letter are mainly written by Alan Vickers (Vikas), Sonia Dyne and Alan Herbert. It can be obtained from the centre's secretary Angiras via info@aviuk.org.

ACRES FOR AUROVILLE = Centres are rejoicing with regard to an announcement from the Auroville Land Board of a first 1.6 acres land acquisition directly adjacent to Matrimandir, made possible by the Acres for Auroville campaign, the joint action of Auroville International with Lands for Auroville Unified (LFAU). The A4A team writes: *It was "the most central piece of unpurchased lands in Auroville" (the words of one Aurovillian) and it's now fully recorded in the Tamil Nadu Land Registry. "We warmly congratulate Auroville's Land Board for this success!"*

AUROHOST = a small update from Bryan (AVI USA) tells us that AuroHost –Hosting traveling members of the Auroville worldwide family– lists at the moment 127 members from 19 countries (most of them from India, Germany and USA), while 5 hosting requests are in the process of being worked out right now.

FRANCE = AVI France held its general assembly in Paris on Saturday, 20th of June.

For all AVI matters, contact Vani via vani@auroville.org.in/ This column is maintained by mauna@auroville.org.in

Work space available at new SAIER building

The SAIER Board would like to invite applications for work space in the new SAIER building next to the Foundation Bhavan in the Administrative Area. If you are involved in a project or activity that is service oriented and related to education & research in some way, and are in need of a quiet and aesthetic place to work, there are several large desks available on the first floor. All facilities are available, including fiber optic internet connection, for which a minimal contribution towards costs would be expected.

If you are interested, please write to: saiier@auroville.org.in for more information and/or with your request.

Looking forward to hearing from you and welcoming new faces!
The SAIER Board (Ashoke C, Chali, Jean-Yves, Jyoti K, Lucas, Mary, Sanjeev, Sauro)

"Challenges for a new generation": a Call for Papers

A five-day international conference "Communication/Culture and The Sustainable Development Goals", focusing on "Challenges for a new generation", will take place at Chiang Mai University, Thailand in from 17 - 21 December this year.

"More and more one considers communication and culture to be crucial to effectively tackle the major problems of today. The challenge for us is to assess the role and importance of Communication and Culture in the new Sustainable Development Goals, especially for the ASEAN region."

The conference will use a number of formats: formal keynote and paper presentations, panel and roundtable discussions based on short paper presentations, open dialogue and sharing sessions. A number of invited scholars and policymakers will be asked to add comments and share their experience.

As many of the topics on the table are issues that Auroville concentrates on through its various goals, activities and projects, some of us may be interested to send their paper and opt for participation.

Abstracts submission deadline is 15 July 2015

For full details & topics, see: <http://rcsd.soc.cmu.ac.th/web/CCSDG/home.php>

Submitted by Mauna

Remembering a vehicle registration plate number: Security Advice

Once I tried to stop a molester and he managed to escape. I only managed to get the first few numbers and letters, but it didn't help much.

In a situation where you sense a vehicle is suspect, you don't have much time, sometimes just a second, especially if it tries to escape. In addition, you would be emotionally affected/stressed, and here are a few tips. Basically, it is always better to first try to remember the 4 last digits if you cannot remember the whole number.

For example, take a Silver Unicorn with registration number TN 12 A 6789

TN: The State. In our area, mostly PY / TN / AP / KA / KL (other states are rarer but also possible). If you remember only the State, there are lakhs of such vehicles.

12 A: The District and RTO centre where the vehicle was registered. Potentially hundreds of such vehicles under the same code.

6789 The last 4 digits are the most important because they can allow you to identify one vehicle out of 9999 other vehicles.

In case you remember only the 4 last digits and the model/colour of the bike/car (i.e silver Unicorn 6789), it should not be very difficult to find all the silver Unicorns bearing number 6789 as there are only few. The Police would have an easier job in identifying the vehicle.

Submitted by Eric (Courage)

POSTINGS

SNEEZE GUARD at Solar Kitchen

Since several days a new SNEEZE GUARD has been put at the food counter of the Dining Hall. This is a glass shield to protect the food from sneezing or coughing or other contagious stuff. The size was worked out along the existing infrastructure to disturb as little as possible the flow of movement everybody is used to. It's an improvement of Solar Kitchen's food safety needs to reduce the possibilities of getting infected via the food served. Bon appetite - *Angelika, Solar Kitchen Team*

From Home-growers to Farmers of AV

Is there anybody out there who knows what best to do in case of continuous invasion of goats/cows in your garden?

1. What is the best attitude towards local villagers? / 2. What is the policy if you injure a goat/cow during the chasing? / 3. Can I catch the goat/cow and keep it? / 4. What is the best way (functioning, cheapest, and most in harmony with nature) to build a fence? / 5. What happens if my "living" fence (e.g. Bamboo, bougainvillea) grows in somebody's field? / 6. Any other suggestions?

Please reply through News & Notes or email me at: papayaman@auroville.org.in - Thank you, *Gino*

Apartments in Sanjana Housing Project

Work is going on at the Sanjana Housing Project between Arati and Sukhavati communities. There are still a few apartments with 2 bedrooms - 126 sqm - available for housing or office. You are welcome to have a look and choose between different

flats. The construction is expected to be completed beginning of 2016. For details please contact: helene7@hotmail.com - *Sanjana Management Team*.

International Day of Yoga

We have heard that, apart from the Savitri Bhavan events, other initiatives related to the International Day of Yoga took place in Auroville on 21 June 2015. It would be nice to collect information and photos on these other events, as a documentation of Auroville's participation to this worldwide celebrations. Please feel free to send short reports and photos to Manohar c/o Working Committee. Thank you!

New Kindergarten Year

The Kindergarten will be open from Monday the 6th of July for a new school year. Welcome!

To All Aikido students

The classes will resume on July 6 at Pitanga following the usual timings. We are sorry to announce that the Aikido School building is not ready for opening. The work shall be completed before the end of July. We shall then make an announcement to this effect. We are very sorry for the inconvenience caused. For more information please call *Surya*, 2623813 or *Cristo* 2622356.

AVAILABLE

Grass cutting team

Hello Aurovilians, it is summer time and the Grass is standing tall once again. Some prefer it standing tall as it always was. Those who prefer it cut and utilized (for various purposes like horse feeding for ex..) could call *Ding Bawi*: 917094532791 and *Sasha*: 919047232400. We are very open and are happy to help absolutely anybody - Call us soon, anytime.

Tata Indica

Diesel V2 car, 2004, ran for 80000 km .Please contact *Center Guest House*: 2622155.

Kindle Paperwhite

In perfect condition, with hard case. Gift from a friend, but not used. 6.5 x 5.5 inches - Contact *L'aura* : 9442788016, laura.joyful@gmail.com

2 Electric Scooters

In poor condition but available. Contact *Center Guest House*: 2622155

Apache Bike

Apache-RTR-160 Bike TVS Apache RTR 160 2010 model. Good condition and well maintained - Call *Yves*: 80 98 829 584.

Terra Preta

Now available from *EcoPro*: A rich compost based on biochar, EM (Effective Microorganisms), animal manure and plant waste for nutritious soil and long-term fertility in your garden, sold at Rs. 20 per kg. Please bring your own bags.

EcoPro, Aurosarjan Complex, Auroshilpam, tel.: 0413-2622469, e-mail: ecopro@auroville.org.in

Two HI-FI Audio speakers

There is a set of two HI-FI Audio speakers available. One needs an amplifier to play them. The set is about 30 years old, so it cannot reproduce true HI-FI any longer. Yet the sound produced is acceptable. If interested, call *Don* at 89033 06766

Table and chairs

Beautiful hardwood table and 4 chair-set and a small AC refrigerator, for free, come get it! E-mail: sleve76@gmail.com for photos and schedule pick up time - Thanks! *Eve*

LOOKING FOR ...

2nd hand bike

I'm looking to buy a second hand mountain bicycle or hybrid with speed for a guy with a large or medium frame. If you have one, please contact me: australexandre@hotmail.com - Alex

Iphone 5 charger

My iPhone 5 charging cable just broke and I was wondering if maybe someone has one spare one around or one that they

don't use. If you do, please call me 9843183992. Thank you,
Nadia Cordi

Up cycling - Looking for Lithium Accu. Battery

From your old laptop, mobile phone, camera. Before we spoil the groundwater with it, we can make something useful with it - to enlighten the cyclists for example, before big accidents happen. Thanks. *Hans, Silence - Innovation unlimited 9 5858 29329*

LOST & FOUND

Books owner (lost) I am trying to find the person who left some books in Vanaville workshop in April before I left for France as I can't figure out who this is. I forgot to ask the name and a tel no. So my number is: 9442485841 or the book owner can pass by in the morning at the workshop. The two books are: *Snow White & Rose Red* by Patricia C. Wrede and the other book is: *The Empty House* by Rosamund Pilcher. Thank you to contact me and sorry about that.

THANK YOU

For enabling me to be a Fundraiser

It has been a sheer joy to do a bit of fundraising for the Aquadyn water project through AVHS, AV land purchase, TV for the World Cup fans at the Visitors Centre, AV schools under SAIER like Future school or Deepanam and my first Peace Tree project or Earthstewards project, founded by Danaan Parry in the early nineties. I was then a fresh graduate from Pondicherry University and I believe that all young Aurovillians have this potential.

Verite Eleanor, donated four hundred dollars for the above mentioned programme: only if I reached the U.S. I needed the extra cash since I was preparing for TOEFEL exam at Portland in order to peruse my Ph. D. in English Literature. The program participants and the coordinators in America were impressed by my articles for their newsletter and handbook.

To conclude, I not only impressed them with my articles but read my messages in Camden Sunday's mass. Had never heard such laud applaud ever before. On my return I shared those documents and a few snaps with our last donor. She rewarded me with a cheque of five thousand dollars for the next batch. I assume that if that group would have reported to her like I had done, then the following batch would have got double or five times more! Donors like to have a report ultimately.

If you have lived in the Aspiration bathroom space for two or more years, as I had done in the past with a leaking roof, then you are bound to work for longer hours, do intensive fundraising for AV land and give the best to AV. As a teacher, it

enabled me to make my students work harder than ever and score 98% in public exams on my subject at Udavi school.

"To strive, to seek, to find, and not to yield..." Ulysses, by Alfred Lord Tennyson.

Best wishes for the AV youths and future fundraising team. Thanking you all Aurovillians for allowing me to help.

Madhavi

AV famers

Thank you AV famers for growing all the tasty organic vegetables and fruits.

This year in PTDC and in food link we found much variety in AV grown vegetables and fruits.

In the season we got even carrots, beetroots, cauliflower and cabbage next to capsicum, cucumbers and all the known and more easily grown stuff.

in May and June tomatoes, different spinach types and cucumber were available together with good, tasty beans, lady fingers and egg plants.

Not to forget the wonderful bananas of different size and colours, papayas, citrus fruits, lemons, bullock hearts, castor apples, chikoos, mangos and jackfruits, coconuts and avocados, and other exotic fruits,.

Thank you for your big effort to provide Auroville with good health organic food!

Shivaya

A P P E A L

For Goupi

Dear community members,
This is a request to those of us who have cars. Would it be possible for you to take turns and give Goupi a ride to the Matrimandir sometimes?

He has recovered well from his hip replacement operation and can walk short distances but the Matrimandir is still too far for him to make it on foot from Arka where he is at present. He also cannot cycle for some time to come.

We think it would be nice if he could be taken once a week in the morning (at 8.30/8.45) and once in the late afternoon (5.00/5.30). He simply needs to be dropped off at the office gate entrance and be picked up from there at a given time either by the same or another person. An attendant will accompany him during these visits.

Please contact Mechtild (9655963914) or Joy (2622372) for coordinating the trips.

With hopes for a positive response to this request. See you soon.

His friends and caregivers (on behalf of Goupi)

For Jayaram

I, Jayaram from Shanti community, and longtime member of the Matrimandir team need some support.

After the amputation of my second leg, I need daily dressing, medicine and home care. My family members cannot support me financially, so I request the Auroville Community for support and help. I hope you will understand my situation.

Any support is most welcome and a special PT account: 25 11 35 - Jayaram medical, has been installed.

Thank you in advance for your kind help and support, *Jayaram.*

ACCOMMODATIONS AVAILABLE AND NEEDED

House sitting

Hello my name is Alex, I would love to look after your place. I am a bit of a handyman and I don't mind helping around while you are gone. I am a reliable pre-newcomer who love to live simply! It can be for now or later. You can contact me at: australexandre@hotmail.com

TAXI SHARING

July 4th: Hello, I'm looking for a taxi share to go from Chennai to Auroville. My plane will land at 15:15 on July 4th. E-mail me at: perineaualexia@gmail.com. Thanks! Alexia

July 6th: I'm going to Chennai airport the latest at 5.30 a.m. from Auroville. An empty taxi will leave the airport around 8 - 9 a.m. A taxi can be shared both ways. If you are interested, please, contact Galina 2622 595 or svetgalina@list.ru

July 8th: To or from Chennai Airport. Arrival in Chennai 8th of July around 9 am. Contact Juergen at: 9487512625 or b4tasttd@auroville.org.in

July 11th: From Chennai airport on July the 11th at 9:55 am, with IndiGo airlines. Sincerely, *Amandala*. Phone: 808-639-5825

July 14th: A taxi will be going to Chennai airport to be there at 15.15/30 .For sharing it both ways pls call: 0413 2622693 or avmatri@gmail.com. *Matriprasad*

July 18th: Need to share a taxi 18th of July, leaving Auroville around 5 am - Contact *Hamsini*: 9487544184

WORK OPPORTUNITIES

To develop and edit "The Auroville Bioregion handbook"

This is a call for Aurovilians support and advice, to whoever may be interested in assisting Mohanam to develop and edit "The Auroville Bioregion handbook" on the villages in the bio region. We have already captured information and data over the past 8 years. We are now trying to get it into a format to present to the PCG. They have already indicated some interest and support for the project and have suggested that we form a small group from within the community to manifest this. We have shared this with various Aurovilians who are familiar and engaged in village activity and they also feel that they would like to develop a co-creation process.

If you have any interest, please email: mohanam@auroville.org.in and we will reply with more information. Please feel free to contact Balu on: 9943644757. Regards *Balu & Mohanam Team*

For Tamil speaking coaches and buddies

At UnLtd Tamil Nadu we search, select and support exceptional individuals who are committed to solve some of India's biggest challenges The UNLTD team is looking for **Tamil speaking coaches and buddies** for our incubation program to support the various start up projects that apply as entrepreneurs wanting to effect a change in the different challenges we face in our direct local environment.

John Peter is a cohort presently being incubated at Unlimited Tamil Nadu whose project is to work for the integration of Pondicherry's marginalized Gypsy children into the school system and so give them a chance at an education. If anyone has extra **toys & books for children from the age of 6 to 14**, these kids would highly appreciate their donation.

Please call Gi at: 8940230984, should you be able to help in any regard

Position available with Eco Femme

Eco Femme - a social enterprise based in Saracon campus - is looking for a dynamic and motivated woman who would enjoy teaching adolescent girls awareness session on menstrual health. These sessions are conducted mostly in Government schools in the Auroville bioregion and we will provide full training and support. This position can be part time (minimum 2 half days per week) or possibly full time if, in addition to teaching, you are also interested and able to provide project administrative support.

Essential qualifications:

Fluent in Tamil

Able to travel independently to Government schools in a 25km radius of Auroville

Able to maintain records and data base about sessions conducted on computer.

Preferred qualifications:

Some previous teaching experience and genuine interest in this theme.

If you may be interested, please send a mail introducing yourself and experience to: kathy@auroville.org.in or phone 9443135005 during the day. We would be happy to explain more about the position and opportunities.

NESS needs a French teacher

New Era Secondary School, Aspiration, is looking for a French teacher to teach a basic French language course to level 9th and 12th students.

The teacher will be expected to teach 5 hrs per week for each level. The total number of students enrolled in the French class is around 10.

If you have a good background in teaching French to young learners (ages 14 to 16), please contact us as soon as possible at nesstrust15@auroville.org.in or reach us at 2622003.

Thank you,

NESS Trustees (Abha P, Anbu, Klara B, Martin L, Rajeev B, Ramesh T)

HEALTH

Integral Health

Classical homeopathy hypnotherapy midwifery child care coaching

Summertime: Sigrid and Ingo are back in the clinic after July 20 - Peter made it through the summer!

PC remedies for Diabetes, High blood pressure and Trauma have shown very effective. We have 84 PC remedies and provide information and training regarding their application. PC remedies are available free of cost directly through Malar, best to pass by at office times Monday, Wednesday, Friday 9- 12 am.

"Harmony and Samata" are homeopathic remedies carrying the energies of Mother and Sri Aurobindo. The remedies can be obtained free of cost in different potencies, and can be picked up in C 200 and 1M potency any time in the remedy box of Integral Health. For all purposes please email to harmonysamata@gmail.com

The First Aid Kits, with 32 remedies and a manual (English, German or French) are available.

Sigrid and Ingo are certified German healing practitioners - Peter, Ingo and Sigrid are offering treatment in classical homeopathy [www.sigridlindemann.de] - Sigrid certified is now in transpersonal regression therapy [www.tassointernational.com]

Consultations are generally held in English, French and German and with Sigrid in Tamil as well. Malar is managing the office; mailing of remedies, the First Aid Kits and PC remedies on Mondays to Fridays 8.30 - 12.30 a.m., and doing outreach work additionally. You are welcome to contact us at integralhealth@auroville.org.in to enquire about the most suitable approach for your health or psychological issue.

Please make an appointment beforehand via: Integral Health, Prayatna 2623669

Sigrid: sigrid@auroville.org.in , Peter peterh@auroville.org.in - mobile 9787698464, Ingo ingo@auroville.org.in 9489325085, Malar malar@auroville.org.in 9585012007. More information is available on our website: http://www.auroville.org/health/integral_health.htm

AUROVILLE RADIO



Dear Friends,
We are preparing before the busy season begins. Our studio mixing table has suffered from power changes and is being repaired in Chennai, we still need to renew our aging H2 Zoom recorders for the students, volunteers and the

increasing events to record. We are happy to have received a positive reply from L'Avenir concerning our request for an FM tower and are following the next steps of the application process. We are excited to be connecting with the Blue light's network and the opportunities the National Knowledge Network (NKN) will bring. Meanwhile we always need people who are interested in journalism, photography, software, hardware, fund-raising and more - please contact: a@aurovillerradio.org

These are the latest programs published by AurovilleRadio this week. All the recordings are available in CD or ready to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Financial Service.

Viria on AV Hoops 2015 (Kids & Youth 27/06/2015)
Viria tells us the story of AV Hoops one of the 6 basketball teams in Auroville. -[English, 18 Minutes]

Back to Tradition (Social Development 26/06/2015)

Sreelekha shares with us her impressions on two day program of Sustainable Livelihood Institute to help rural areas. - [English, 5 Minutes]

NTDA, LB, TLC (News from Auroville 25/06/2015)
Tomorrow at 6 pm at Visitors Centre, Art Cart- we can co-create a collaborative mandala - Bindu. Feedback for mandate of LB -[English, 13 Minutes]

Yoga for Life (Evolution 21/06/2015)
Today, 21st of June, was celebrated the 1st International Day of Yoga in 190 countries all over the world. -[English, 66 Minutes]

Sustainable Livelihood Institute (Educational Centers 21/06/2015)
Ramasubramanian speaks about the Sustainable Livelihood Institute which helps the population from rural districts. - [English, 30 Minutes]

Open Session with L'Avenir TDC - RAS (Governance 21/06/2015)
Open Session with L'Avenir TDC with the RAS- Building bridges and questioning practices -[English, 124 Minutes]

You can listen to all of the programs and more on www.aurovillerradio.org/ For more info call 0413-2623331 or email: a@aurovillerradio.org

EATING OUT

Naturellement Garden Café

Dear Friends,

We are now opening again after our summer break, on **Wednesday the 8th of July**. The good news is that in spite of a slight raise of our prices, it will be balanced out by the increase in discount for Aurovilians [now 30%].

Naturellement Garden Café team

For your calendar



AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri - read by Mother to Sunil's music
Every Thursday at sunset
From 6 to 6.30 pm.

Dear Friends and Aurovilians,

This is to inform you that the Amphitheatre program continues on Thursdays from 6 to 6.30 pm
Though we announced that it will be discontinued for the months of May and June.
We are happy to let you know that we have found volunteers to take this up and continue as before.
Text from the 'Mother' by Sri Aurobindo along with Sunil's music will be played.
Aurovilians, Newcomers, Guests with Aurocard are welcome to enjoy the meditative music at sunset.

See you there.

Amphitheatre Team

INVITATIONS



BINDU: Unity through Art & Art Cart

All are welcome to participate in a collaborative mandala art exchange called Bindu, details including instructions are included in the blog link below (and also posted on the AuroNet). Many enthusiastic individuals are participating from around the world!

Anyone in Auroville can come to the Art Cart this Friday, June 26th from 4 to 6 pm on the VC stage to create a piece (all materials are provided).

<http://krupajhaveri.blogspot.com/2015/06/bindu-unity-through-art.html>

In addition, many Aurovilian families and volunteers have requested the Art Corner to return to Le Zephyr (instead of only at the cart downstairs), so please note our upcoming schedule:

Art Cart is closed for one week, both on June 30th & July 3rd.

Beginning on July 7th, our Art Corner timings are:

Every Tuesday from 6 to 8 pm at Le Zephyr, and Every Friday from 4 to 6 at the Art Cart on the Visitor's Center stage.

Look forward to seeing and creating with you!

Love, Krupa for [Sankalpa](#) (a subunit of Thamarai)

Embracing the Planet

Friday, July 10th at 8 pm

Sri Aurobindo Auditorium - Bharat Nivas

The show comes as a result of over 30 years of in-depth artistic experience, research and collaboration with the San Bushmen (the first people from Southern Africa) and different indigenous groups. Philippe and Thierry, as choreographer and director respectively, also worked with scientists, archaeologists, neuro-scientists, biologists, astronomers working to bridge the gap between art, science and indigenous traditional Wisdom.

The Show is a creative fruition of Philippe Pelen Baldini and Thierry Moucazambo from Reunion Island. Over the last 30 years they have both created 25 award winning shows with performances in over 62 countries featured at famous venues such as Opera de Paris, Théâtre de la Ville de Paris, Grande Halle de la Villette and well-known festivals in Hong Kong, Singapore, Indonesia, Italy, Scotland, England, Brazil, Canada, South Africa, Poland, Senegal and many other countries.

TALKS, SEMINARS



The French Pavilion

Presents

“ALONE IN THE IMMENSITY OF THE COSMOS?”

A talk by Alain Doressoundiram
Astrophysicist at the Observatory of Paris

Since that day in August 1995, when a team of the Observatory of Haute-Provence, France, discovered the first extra solar planet near the star 51 Pegasus, the long quest of the astrophysicists has ended. Today, we know there are several thousand extra-solar planets. These discoveries found a lot of resonance among a large public as it is a subject touching many of us as it is about our place in the Universe. Admittedly, for the moment, many big “hot Jupiters” have been detected, but we are now able to observe planets similar to ours, and furthermore to start answering the fundamental question, maybe one of the biggest challenges of present-day science: are we alone in the Universe?

Friday, 17th July 2015, 5:00 pm Cinema Paradiso, Town Hall

The talk will be in French with simultaneous English translation.

CULTURAL EVENTS

Performance Dance and Circus Art

“BLOOMING”

VISITOR CENTER SUNDAY 5 JULY 2015 at 6h30 pm

The night dedicated to art and sharing begins at 6.30 pm with the performance “BLOOMING” and is followed by with an Open JAM Session (come with your instrument).

The young artists of KALAI MAGAL IYAL ISAI PATTARAI and the crew MEL'INDIA DEL'ARTE will open the stage of the Visitors' center on Sunday 5/07/2015 with a show of dances and circus arts.

This show is inspired by the collaboration of the amazing young of an Indian local company and some European artist travelers.

This performance is made out of a work in progress for 1 month, created during workshops with 35 children (8 to 18 years).

It's a mix of different arts, passions: Baratha Nathyam, Bollywood, Kkalaripayat, circus and different kinds of dances that come from the bag of the European crew.

“BLOOMING” is the reflection of this exchange, seeds of talents, growing of revelations, surprises, engagement, free being and spontaneity ; a real flower of expression and creativity.

Come enjoy together the result of this amazing experience..

CLASSES, WORKSHOPS

AIKIDO IN AUROVILLE - REGISTRATION OF STUDENTS* - AUROVILLE BUDOKAN - JULY 2015

Dear All,

We are happy to inform you that after the summer break, we restart the Aikido practice. Our new Dojo at Dehashakti is not completely finished and PITANGA still welcomes us in July for the few necessary weeks needed at the work site - we are nearly there!

We welcome all those who want to start the practice as well as those who want to restart an old one. If you are motivated to learn and make some progress, a minimum of 3 classes a week would be a must.

Timings in Pitanga:

- Tuesdays	6 to 7.30 am	Beginners and all levels
- Thursdays	6 to 7.30 am	Advanced
- Saturdays	6 to 7.30 am	Beginners and all levels

Once settled in the Auroville Budokan Dojo, the schedule will be expanded to better fit your requirements and welcome new students.

Please note that all students need to be part of the Auroville Health Fund or insured by a personal insurance.

Financial contribution for non-Aurovilians as per Pitanga's policy.

*Please see Cristo's separate announcement for children classes (in the Posting section).

For further enquiries please contact Surya: 2623 813 / 96 55 48 54 87 / Cristo: 2622 356 / or write to budokan@auroville.org.in
With best regards and hoping to see you there, *Surya*

INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

7th July (Tuesday)

• Overview with multimedia presentation • Questions and Answers • Practice in Daily Life • Complimentary Concentration Exercises

• Creative Arts, Interactive Games • Life of Sri Aurobindo and the Mother • Introduction to the Reference Books

Focus this week on: 'Self-realisation'

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)

Led by Ashesh Joshi. Contact: 9489147202, 2622922

No Registration required (except for groups). Fees: Voluntary Contribution - All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit www.integralyoga-auroville.com

WELLPAPER WORKSHOP 01/07 WEDNESDAY

Skills Handicraft Arts Recycle Education

You are invited for a 3 hour introductory workshop to create art and products from waste (mainly recycled newspaper).

Bowls Coiling introductory workshop-

The WELL Women will introduce you to how to create beautiful bowls, containers or accessories made of flattened and coiled newspaper sticks. Most likely you will end up with more than one item.

The workshops are instructed by WELL women from the villages around Auroville. These women are very well practiced. These women have teaching experience in and out of AV.

Contribution: Rs.500 for guests. All the workshops have a minimum of 6 participant registered.

We will meet at "Ganesh Bakery" at 9:15 to bring you to our workshop in Kottakarai.

The workshop will take place every Wednesday between 9:30 to 12:30, sitting on the floor.

If you would like to join us please email us to: wellpaper@auroville.org.in or call 0413-2622219.

BONSAI WORKSHOP IN CHENNAI

Workshop on how to make bonsai - 18th of July in Chennai

If interested please contact *Hamsini*:9487544184

PILATES CLASSES

All Pilates classes with Savitri at New Creation Dance studio will resume from Monday July 6th.

CAPOEIRA CLASS (GINGA SAROBA GROUP)

"...art, game, fight, philosophy, dance, tradition, music, theater, resistance, acrobatics,..."

Prof. Samuka da Índia started learning Capoeira in 2000 with Mestre Branco (Group Ginga Nagô) and is sharing his knowledge of capoeira movement, history, tradition, music & culture with Auroville since 2007. His group, Ginga Saroba, works on developing the Capoeira form inherent to each individual in the respect of the tradition and in the understanding of the actual evolution of Capoeira.

Classes Timings:

From	To	Place
Monday	5.15 PM 6.45 PM	Bharat Nivas (SAWCHU)
Tuesday	6.00 PM 7.00 PM	Deepanam
Wednesday	7.00 AM 8.00 AM	Town Hall (Plaza) *
Thursday	6.00 PM 7.00 PM	Deepanam
Friday	7.00 AM 8.00 AM	Town Hall (Plaza) *
Saturday	4.30 PM 6.00 PM	**

(*) Weather permitting / (**) Place is announced at the end of Thursday & Friday class.

Open Roda every last Saturday of the month.

Class open to all levels / 13 years old and above.

All participant need to be part of the Auroville Health Fund or insured by a personal insurance.

Kids classes will be announced soon.

Contact: Phone: 9488328435 - Sam (Prof. Samuka da Índia) / email: info@ginga-saroba.com / website: ginga-saroba.com

UP-CYCLING WORKSHOP

In Udavi School Edayanchavady with the Auroville Up cycling Studio

Do you like to make something from nothing?

Now Auroville has an Up cycling studio in Udavi, where you can create from Premium Waste.

Up cycling studio will offer 2 workshops in July as below. Only 5 people for each workshop.

1. Making Stool from waste tetra packs with Marc

When: 9:00-12:00, Saturday, 11, 18, 25 - July 2015.

Please contact Marc 9442006807 / marc.barandard@gmail.com

2. Making Hat from Cassette and Video tapes with Ok

When: 9:00-12:00, Friday: 10, 17, 24, 31 - July 2015

Please contact Ok 934400272, okjeonglee@gmail.com

Through the workshop, you will get your beautiful and fashionable hat and creative stool.

Participation on donation (with a minimum donation for the material cost)

We welcome to share any Up cycling idea with you!!!

OPENING THE GATEWAY TO THE VILLAGE



Program for July 2015

Village Tour

Saturday 04/07/15,
Sunday 12/07/15,

Saturday 18/07/15, Sunday 26/07/15

Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike)

Come and enjoy the authentic village experience and celebrate cultural heritage!

Contribution requested from Aurovillian, Guests & Volunteers.

Local Cooking Class

Saturday 04/07/15, Saturday 11/07/15, Saturday 18/07/15, Saturday 25/07/15

Learn to make these delicious local dishes and learn how to make flower drawing.

Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike) we will finish around 1:00 pm.

Contribution requested from Aurovillian, Guests & Volunteers.

Kottakarai plaza tour & Village Artisans and Crafts visit

Auroville is an incubator that enables the development of village crafts, artists and artisans.

In the community around Auroville in the villages of Kottakarai, Alankuppam and Sanjeevinagar there are many small-scale Handicraft products for Auroville and for the world. It means there is imaginative designs with a respect for quality finishing. Mohanam invites you to join us in a tour of these projects.

We will take you into the community to show how the products are made and introduce you to the artisans.

Timing: Every Thursday Month of July from 10.00 am to 12.00 pm

Place: Meet at 9.30 am at Lively Boutique opposite Ganesh Bakery, Kottakarai.

Booking: Not required but please phone if you wish on 0413-2623 806

If a group is requested, dates can be flexible (Except Sunday)

Contribution: Minimum Rs.350 (Including Lunch and small craft gift)

Bioregion tour July 2015

Date: Every Saturday, July 2015

Time: 12pm till 6.30pm

Meeting point: 11.45am at Lively Boutique, Kotakkarai Plaza

- Begin in Munnur
- Enjoy lunch at a village home
- Discover the village of Munnur with its church and ancient temple
- Visit a traditional family of potters who will demonstrate their craft
- Finish the day climbing the rocks to Perumukkal's 12th-Century temple for tea and an opportunity to meditate while the sun sets over the magnificent Kaluveli landscape.

Please contact us on 0413 2623806 or at mohanamprogram@gmail.com

Tour will only take place once a minimum of 10 bookings has been received.

We aim to run this tour every Saturday, dependent on number of bookings received.

Contribution amount is confirmed on enquiry.

Transportation will be arranged according to the number of people.

Craft Training

Marbling & Lampshade Training

Marbling is a method of creative painting with surface designs, which can produce patterns similar to smooth marble - the patterns are the result of color floated on either plain water or a viscous solution known as size, and then carefully transferred to an absorbent surface, such as paper or fabric.

Timing: Every Thursday Month of July from 02.00 pm to 04.30 pm

Contribution: Minimum Rs.500 Requested (come and learn - take one lampshade with you)

Pottery ceramic Training

In art history, ceramics and ceramic art mean art objects such as figures, tiles, and tableware made from clay and other raw materials by the process of pottery.

Timing: Every Wednesday Month of July from 02.00 pm to 04.30 pm

Contribution: Minimum Rs.350 Requested (come and learn take one tea cup with you)

Please register the entire program in advance by contacting 0413 - 2623806 / mohanamprogram@gmail.com

AUDITION FOR THIS YEAR'S GYMNASTICS CLASSES WITH TERRA.



Children aged 5 1/2 to 7 1/2 are invited to an audition for this year's gymnastics classes with Terra.

Our training is based on developing strength and flexibility, attention and coordination. You will learn a wide range of skills that can be useful for you in the future.

The audition is for prospective new students. No skills are required. The audition will be held in New Creation Dance Studio on Wednesday 8th of July at 18:00. Please come with sport clothing on and be on time.

If you have any questions, you can write me terra@auroville.org.in or call [948-848-32-89](tel:948-848-32-89).

PHYSICAL THEATRE SERIES - JULY 14 UNTIL END OF AUGUST

Tuesdays 19:30-21:30 at CRIPA

In this series we will explore character development and text embodiment. Using techniques from Grotowski and other physical theatre practitioners, as well as a dash of clown, we will use the body to explore a text, either evolving into solo pieces or an ensemble-based work. We will also experiment with space, gesture work, and imagery to support our character and text discoveries. No experience necessary!

For more information and to sign up, please email Kaeridwyn at dwyndle@gmail.com, or call at 7639225831. Thank you!

SCHEDULES

CONSCIOUSNESS AS MEDICINE with Dr. Yogesh Mohan

Saturday 11 July - from 9 am to 12.30 pm (by advance registration)

A consciousness approach to dealing with stress, common health problems and diseases, beyond what is written in medical texts. Experiential knowledge from a practitioner's perspective on inner healing.

DR. YOGESH MOHAN, MD (JIPMER), PGPM (ISB) brings the essence of 20+ years of work. Professor & Head Medical Education, Saveetha Medical College, Former Head Integrative Medicine Apollo Chennai. Please contact *Vérité* to register for the following workshops: 0413 2622045 or programming@verite.in. Contributions requested from guests/volunteers (volunteer reduction by advance application only)



Programme for July 2015

Dear Friends,
Pitanga re-opens on Monday July 6th.
Here is the initial schedule, more updates next week,
Pitanga Team

Yoga - Iyengar

Regular classes and workshops with Tatiana starts August 1st and with Angela later.

Other Exercises

Aviva exercise	for women	Thurs	16.30 - 17.30	SuriyaG
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Martial Arts

Aikido	all levels	Tue/Thurs	06.00 - 07.30	Surya
Aikido	beginners	Sat	06.00 - 07.30	Cristo
Self Defence	drop in all levels	Weds	18.30 - 20.00	Antonello

Workshops

Reconnection - an Iyengar Yoga Workshop with Tatiana - August Sat 1st, Sun 2nd and Mon 3rd each day 7.00- 9.30 am . Please contact reception for a place .

Health Care at Pitanga

Homeopathy & Bach Flower Remedy, Marika Mon, Fri: 09.00 - 12.00 Tue, Thurs: 15.00 - 17.00

For the following therapies & treatments please book see contact details below

Facial Treatment with Svetlana, Oil Body Massage with Antonello and

Thai Yoga Massage with Juan.

Pitanga Cultural Centre, Samasti, (0413) 262 2403 - pitanga@auroville.org.in.
Open Monday- Saturday 8am-6pm

ARKA WELLNESS CENTER - JULY- 2015

Phone: 0413-2623799/ Website: www.arka.org.in

THERAPIES

WHAT WE PROPOSE	WITH WHOM	WHEN
Cranio Sacral, Lomi Lomi massage & Bare foot body massage Body Logic, Soft Massage And Deep Tissue Massage	SILVANA by appointment 9047654157	Monday to Saturday
	PEPE by appointment 9943410987	Monday to Saturday
Acupuncture	Dr. MOHAMMED SAHEL ANSARI by appointment 9994208068	Monday, Wednesday and Friday
Yogic Healing Therapeutic Massage	BASU - by appointment 9443997568	Monday to Friday 8 to 9:30 am & 6:00 to 7:30 pm. Saturday & Sunday Mornings
Psycho Spiritual Tarot, Deconditioning Self-Inquiry & Innervoice Dialogue	ANTARJOTHI By appointment 0413-2623767 or Email : antarcalli@yahoo.fr	Also in French.
Hypnotherapy and Chakras Healing	MARCELLA- by appointment 9443338734	Also in Italian
Deep core massage	SUMIT by appointment 07839062619	Monday to Saturday between 3:00 to 6:00 pm
Siddha Treatment (Discover the traditional Medicine)	SHIVARAJ - 93454 54232	Monday, Wednesday and Friday From: 10:00 am to 12:00 pm by appointment.

BEAUTY PARLOR

WHAT WE PROPOSE	WITH WHOM	WHEN
Holistic Reflexology, Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna & hair coloring.	MEHA by appointment 9443635114	Monday to Saturday
Hair dressing	LADINA (Certified Hairdresser) appointment - 9787337465	Monday to Saturday
Hair dressing	YUVAL appointment 7639291546	Monday to Friday

REGULAR CLASSES IN THE MULTIPURPOSE HALL - 1ST FLOOR

WHAT WE PROPOSE	WITH WHOM	WHEN
ACRO-YOGA	DAMIEN - 9047722740	Sunday-Beginners class at 8:00 to 10:00am Wednesday -Intermediate class at 5:15 to 6:30 pm
TRADITIONAL HATHA YOGA	MARINA - 709 40 14 648	Tues, Thurs & Satur at 7- 8:30 am. Mon & Thurs at 5 - 6:00 pm
VOCAL YOGA VY®	CLARE FANNING - 9442318775 GIRIDEV - 8940056137	Monday, Wednesday & Friday at 7:30 am to 9:00 am

Internet facility is available in Arka Monday to Saturday 9:00 am to 4:30 pm.

TRADITIONAL HATHA YOGA

At Arka Multi-Hall

All levels

Tuesdays - Thursdays - Saturdays 7:00 - 8.30 am

Seniors (Soft exercises, micro-movements, soft hatha yoga, yoga nidra, mudras,)

Mondays - Thursdays 5:00 - 6:00 pm

Private classes Individual class designed according to the needs of the student

You will get some major benefit by assisting to all the classes scheduled for your level and by becoming a regular student

We appreciate your previous registration - Contact: Marina, Email: lumaserin@gmail.com / Cell : 709 40 14 648

Marina Bergamin has been practicing yoga for the past 17 years and follows with dedication the Traditional Hatha Yoga taught by her Teacher Acharya Venkatesha in Mysore (Atma Vikasa Yoga Institute)

DEEP CORE INTENSIVE MASSAGE OFFERING AT ARKA

Starting from July 2015 Sumit will be at service as the Resident Masseur & Therapist at ARKA.

Sumit has trained in Deep Core Intensive Massage from Germany and is a Reiki Master from the Reiki Academy London(UK), Sumit offers massage sessions for relief and relaxation from aches, knots, pains, cramps, stress and stiffness of the muscles in the Neck, Shoulders, Back, (upper & lower) and Limbs.

Deep Core Intensive massage is a technique which along with the classical strokes & movements also uses knuckles, finger tips and elbows for deeper penetration into the areas of accumulated stress in the muscles and tissues. It may also involve light stretching and assisted contortions.

Each session lasts between 50 - 75 minutes and includes elements of Reflexology and Reiki for an integral relief and enhanced relaxation. Oils used.

No Fee for Aurovillians & Newcomers - a contribution to ARKA would be most appreciated and welcome.

Call: 07839062619 for details and appointments.

NEW CREATION DANCE STUDIO SCHEDULE

MONDAY: 5-6pm: Pilates basic (Savitri) (starting again July 6th)

TUESDAY: 7.30-8.30am: Pilates intermediate (Savitri)/5-6pm: Aerobics beginners/intermediate (Elodie)

THURSDAY: 5-6pm: Fitness with Swiss balls (Savitri)

FRIDAY: 5-6pm: Aerobics (Elodie)

SATURDAY: 7.30-8.30am: Pilates basic (Savitri)/6.30-8pm: West Coast swing (Sacha)

BAMBOO CENTRE TRAINING PROGRAM FOR JULY

Auroville Bamboo Centre runs many workshops throughout the year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree with.



TRAINING AND WORKSHOP

The importance of Bamboo as an Eco-friendly raw material and capable of meeting many needs is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period. The Auroville Bamboo centre offers training to individuals and groups in:

Bamboo Construction

8th to 11th July -4 days - TRAINING PROGRAM ON BAMBOO CONSTRUCTION

28th to 31th July -4 days - TRAINING PROGRAM ON BAMBOO CONSTRUCTION

27th of July to 15th of August - Summer camp: Bamboo Building & Sustainable Life style

Bamboo Furniture

21st to 23rd July -3 days - TRAINING PROGRAM ON BAMBOO FURNITURE

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Flexible training dates offered to groups.

Contact: 0413-2623806.

aurovillebamboocentre@auroville.org.in,

bambooworkshop@auroville.org.in/www.aurovillebamboocentre.org

REGULAR CLASSES

Note from the editors

The *Regular Classes* column is published once a month. Guest-houses are kindly requested to put this page up on the notice boards.
Kindly inform us of any changes/cancellation in your regular event -

The next regular events schedule will be published on August 1st, 2015. - Editors.

Acroyoga for beginners is back every Sunday 8 to 10am at Arka. Partnered yoga and beginning of flying yoga. No need to bring a partner. Flexibility, power, & surrender are all combined...

Experience in yoga (particularly Ashtanga) is very helpful.

Jam session of Acroyoga every Saturday from 15h30 to 18h in front of Mitra youth center.

Open to everyone already practices Acroyoga. *Damien*: 90 47 72 27 40

Aikido classes' timing: For the youngsters and adults: Tuesday, Thursday, and Saturday 6 to 7.30 am (Beginners are welcome on Saturday mornings. Guests and Volunteers are much welcome if they can commit for some time at least (with contribution to Pitanga as per their conditions). Please come 10-15 minutes before the class starts; wear long, large and comfortable pants and large T-shirt with sleeves, or your martial art outfits if you have any. For any information you may need, kindly contact Surya: 0413-2623.813, 96.55.48.54.87 or call/see Pitanga Reception tel. 0143-2622.403.

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Aquagym Class with Elisa at La Piscine, New Creation Every Thursday from 4 to 5 pm.

Argentine Tango: Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8pm@ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: tango@auroville.org.in Bring socks or danceshoes.

Art Corner: An open space for creative expression, for all ages! Different themes each week, as part of research on art-making in our community. New timings: Tuesdays & Fridays from 4-6 pm, at our Art Cart parked on the Visitor's Center stage. More info: krupa@auroville.org.in.

Astrology, its holistic approach: Astrological Chart by Uma Giménez. You are welcome to call and fix an appointment at

2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Authentic Tamil culture: Meena, a Tamil Aurovilian, would like to offer a course on the discovery and beauty of the authentic Tamil Culture every Sunday morning, meeting point at Courage Gate. The course may include: 1. cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263. *Meena*

A Self-Awareness Open Space: You are invited to come together for self-exploration in a warm heart-space. The focus is to develop a simple practice in our daily life as a means of spiritual growth. We will do this through meditation, mantra chanting, yoga, dialogue and spontaneous games. Time (starting 4th Dec, Thurs): Every Thursday & Sunday 5.30 pm - 7.00 pm, Saturday 7.00 am - 8.30 am. Facilitator : Samrat, ph: 9655024511, email: samrat@auroville.org.in
Location : The rooftop of Apna Ghar, Meerambikai Garden, when you come into Auroville from ECR (beach road), turn left before the temple prior to Last School, Aspiration, after 200m it will be on the right.

Belly dancing: Belly dancing is for all sizes, shapes and ages of women. You are welcome to learn and explore one of the most ancient, feminine and beautiful forms of dance in the world. Belly Dance is based on movements that come naturally and healthy to the female form. For more details contact *Pricila*: shuhipuk@gmail.com

Capoeira (Grupo Ginga Sarobá): Monday & Wednesday - 5PM - SAWCHU (Bharat Nivas) | Tuesday & Thursday - 7.15PM - Deepanam | Contact: info@ginga-saroba.com, 9488328435 (Sam)

Chakras Healing works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally generates changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

Clay classes for children and adults with Saraswati and Anna. Please mail to aurokatrusya@gmail.com for details. Regards Saraswati 9787571633

Flamenco In Cripa Every Wednesday: From 4 to 5`30 pm. Starting 13th of August.

We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography . Come and enjoy with us, *Flamenco team*.

Foot reflexology: A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email vikram@auroville.org.in for an appointment.

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Hatha Yoga with Jacob: Tuesdays and Wednesdays 4:45 to 6:15 pm. Jacob has been teaching Yoga to the staff of a Danish national hospital and at a yoga hostel for the past 2 years. He has polished his approach to reach people across many

cultures. You are requested to bring an open mind, a generous heart and a yoga mat, if you have one.

Above facilitators are guests of Auroville and good friends of Pavilion of Tibetan Culture. Your contribution towards the activities will benefit the Pavilion of Tibetan Culture.

Hypnotherapy and Chakras Healing at Arka: Marcella, Aurovilian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India). Languages: English, Italian / Contact: Tel. 9443338734 or email: abalancedstate9@gmail.com

Hypnosis enables conscious access to the memory of a consenting person, which then provides the tool to therapeutically work with earlier experiences still influencing a person today. This includes fears and phobias, addictions, trauma, inner child work, pre-natal experiences, discovering personal resources, transpersonal regression therapy.

Ikebana lessons: Ikebana - The Japanese Ancient Art of Flower Arrangement (Sogetsu School of Tokyo). Classes for all levels. For further information please contact: Valeria Raso Matsumoto, cell.9442992827, valeriaraso@hotmail.com

Impro Theater Friday, at 4.30, SAWCHU, Barath Nivas, free workshop, just come and enjoy. Contact *Jeff* 948 64 75 367

Introduction to Sustainable Food Growing: Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at priya@auroville.org.in or 94432 22653

Leela: the game of the same knowledge (2000 years old): come play the game of your life. **Sundays, 9.30 to 12** (above 15 years old) Info, Veronique J., 948 85 12 678 - SVEDAME, Butterfly Barn in German, English, French, Spanish and Russian.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

Modern Jazz Dance: Margarita would love to start a regular modern jazz dance classes for all levels at Cripa every Thursday from 4.45 to 6.00pm. The Class will start from the 12th of December. Call for more information - 9585335776

Nada Yoga: Monday 1pm to 3:00pm, Tuesday 1pm to 3:00pm, Wednesday 1pm to 3:00pm - Nada Yoga or Yoga of sound teaches us to perceive sounds in different parts of the body that are connected to the central energetic channel that is in the spine. These ancient Yoga techniques re-align the energy flow and gives peace and quiet serenity. In addition, with these techniques, you can learn to sing well, even if you sing completely wrong. It is through such techniques that traditional music and classical singing in India were born. Hamsini has been a perpetual student of Nada Yoga for 14 years and has taught it for 5 years. For appointment call: 9487544184

For NVC (Nonviolent Communication) and RC (Restorative Circles) in Auroville, please contact L'aura (9442788016, laura.joyful@gmail.com).

Odissi & Semi-Classical Bollywood Dance Class With Tejas Private Dance Classes at the Shakti Dance School in Felicity Learn grace, discipline, and the beautiful temple dance of east India. tejas@shaktidancetroupe.com. +91-8489477222

OM Choir: "The voice that chants to the creator Fire, /The symbolled OM, the great assenting Word" Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Online Events Calendar: The schedule of events for the week can be accessed by all, including guests, on the AuroNet login page: www.auroville.org.in (no need to log in!)

Pilates with Savitri at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level. on Saturdays at 7.30 am, intermediate level

Pizzas Nights: The Youth Center welcomes you to re-join for delicious fresh pizzas from a cyclone-wood-fired oven. Every Saturday evening 7:00pm onwards

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing, guided meditation and other tools...by Antarjyoti in English or French, tel(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Salsa in SAWCHU: Salsa dance class followed by practice. Every Tuesday 6pm-8pm. SAWCHU in Bharat Nivas. Free and open to all Aurovillians, Newcomers and Guests.

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6 pm

Silent Meditation Among Friends: Pavilion of Tibetan Culture: Wednesdays and Fridays: 5 to 6 pm (starting January 16th) We invite you to Silent Meditation with Carsten Marsch who has been practicing Zen meditation since early 1980s with various Zen groups in Europe, USA and New Zealand. He will give a brief instruction on Zazen (Zen sitting posture) at the beginning of each meditation session. Everyone is welcome and requested to arrive a few minutes early, as meditation will begin promptly at 5pm. "You should sit in meditation for twenty minutes every day - unless you are too busy; then you should sit for one hour." old Zen adage

Skyworks: Tree Climbing Workshops: Recreational tree climbing workshops. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before. You "hook on". After being fitted with your "saddle" and some short instruction on safety and climbing techniques, you are off and climbing! Call Satyaaji for conditions and appointment 958 516 58 82. Thank you

Somatic Explorations: with Maggie every Wednesday from 5-6pm in Verite Hall. A gentle, easy and effective way to gain more ease in the body, better posture, flexibility, coordination, wellness, and balance, resulting in a decrease of the aches and pains commonly attributed to stress, injury and aging. Open to all, for further info call 94866 23465.

Sororité - Cercle de Femmes: Un espace de parole, d'écoute, de confidentialité, de partage, de complicité, de confiance où chacune pourra ressentir, re-connaître, entrer en résonance avec l'Essence de son Féminin. Ouvert à toutes.

De 15h30 à 17h30 au Pavillon de la Culture tibétaine, 1^{er} et 2^{ème} jeudi de janvier soit le 8 et le 15 janvier 2015. Merci de penser à prévenir (même à la dernière minute) pour l'organisation ou pour plus d'informations. Sylvie au 81 224 202 72.

South Indian Classical Dance (Bhratnatyam): Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. S.Caveri:7598368514

Spanish Tertulia: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

Réception francophone: Tous les mardis de 17:00 à 18:30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les aurovilliens et newcomers francophones peuvent aussi participer.

At Tai Chi Hall: Tai Chi @ Sharnga: Chi on Mondays and Tuesdays from 7.30am-8.30am. 24 form on Monday and Tuesday mornings from 8.30am-9.30am and on Friday evenings

from 4.30pm-5.30pm. 108 form on Thursdays and Fridays from 7.30am-8.30am. And 127 form on Wednesdays and Saturdays from 7.30am-8.30am.

Monday 7.30am-8.30am: Chi. Monday 8.30am-9.30am: 24 form. Tuesday 7.30am-8.30am: Chi. Tuesday 8.30am-9.30am: 24 form. Tuesday 4.30pm-5.30pm: 24 form. Wednesday 7.30am-8.30am: 127 form. Thursday 7.30am-8.30am: 108 form. Friday 7.30am-8.30am: 108 form. Friday 4.30pm-5.30pm: 24 form. Saturday 7.30am-8.30am: 127 form

Tai Chi Hall @ Sharnga resumes evening classes. We will practice the 24-form every Tuesday and every Friday from 4.30pm to 5.30pm.

Thai Massage: I offer Traditional Thai massage (For men and women), and Ayurvedic massage Abhyanga. (For women only) 1h to 1:30. At your home (if you can't move) or at my local. For more information: *Christine P:* 9489805493

Tamil Literary Classes: - Ilaigarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, history and culture are opened to all / Now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Auroville workers, their wards and Aurovillians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact Ms. Fathima, Trained beautician working with us in our school. *R. Meenakshi (Ilaigarkal Education Centre, Phone No: 0413 - 2623 773, Email:-tamil@auroville.org.in)*

Terrasoul community in Windarra: Pilates for all levels. Timing from 16.30 to 17.30 every Tuesday and Thursday. With Miriam. mv. 7639449338. Thai Massage for all levels. Start in June Timing 09.30 to 12.00 every Sunday with Juan mv. 9443434182

Therapies - Vani: Journey to the memory of the body: Journey through the trauma memories in the body, emotional blockages and belief systems in order to release and heal these traumas, by getting aware & deprogramming these past believe systems that keep you from living a very joyful life in the present. Fusion of Hladina Method, Hypnotherapy, Radikal Healing.

Awakening the intelligence of the body: Awakening your own healing power, experiencing the Presence within by quietening the thought process and contacting your inner body. Fusion of deep guided relaxation, visualisation, energy work, pranic healing, acupressure & reflexology.

Life Coaching: Using awareness, visualization & imagination techniques: Life coaching is very useful in period of changes and doubts in order to get in contact with your intuitive self and find the creative & dynamic thread of your life again.

For appointment contact Pitanga: 2622403 or Vani: 9488818072/vani@auroville.org.in/*Reiki and Reflexology courses possible on request*

Traditional Hatha Yoga Classes: by Sergio Martinez Pose: Venue: Joy Community Guesthouse Hall (Center Field) Yogaasana classes: Monday and Wednesday - 4.30 to 6 PM. Special back bending class: Thursday - 4.30 to 6 PM Sergio has been practising Yoga for the past 16 years and is in Auroville since about a year as a long-volunteer. From 2002 to this very day, Sergio has been an ongoing devoted student of Acharya Venkatesha, founder of Atma Vikasa Yoga Institute in Mysore. To deepen his practice, he lived in Mysore for 7 years getting the most of his Guru's teachings. He got the approval to teach Yoga in 2003 and since then, Sergio has been one of the best ambassadors of this system of Yoga. Sergio's teaching takes you deep in the understanding of every aspect of Yogasana. His classes are inspiring to help you overcome your limitations and go further to grow into a better practitioner, both physically and mentally. Even though the classes are in group, you get plenty of individual attention, he guides every one with care, dedication and loving attention. In this style of

teaching, anyone can come from beginners to advanced practitioners and fit into the group, getting the required attention and the right guidance. For more information contact Sergio at omindiayoga@gmail.com or at 9585005339 or Joy Community Guesthouse at guesthousejoy@gmail.com or at 04132622584.

Ultimate Frisbee: Every Saturdays & Mondays, 5pm till sundown at Certitude. Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork. Bring running shoes if you have them. Contact mark@auroville.org.in with any questions or just come ready to play.

Vedic Astrology: Chart reading and interpretation. Call 9843948288 or email vikram@auroville.org.in for an appointment.

Veena Musical Classes: As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yash, which was similar to the Grecian harp. *Bharata*, in his *Natya Shastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's. Kaanchi Kaama Kodi Aasthana Vithvaan Thiru Ravi (*Ravi* for short)

conducts regular veena musical classes for everyone at **Yatra Arts Foundation**, near New Creation sports ground. Come and learn an ancient art form in pleasant and friendly surroundings. **Who:** Everyone! Children & Adults
When: Every Friday evening from 5pm to 7pm. **Contact:** 0413-2623071 / 9786772209

Vinyasa flow - Yoga Classes: with Bebe at Windarra, SunSpace every Monday and Friday 9-10.30am starting Monday Feb. 9th
Vinyasa flow class description: An open level class linking breath with movement designed to build heat and strength. The finishing off with restorative postures is designed to release stagnant energy and calm the body and mind. The class may include simple pranayama and meditation. For additional information contact Bebe Merino 8940557379 or lifepure41@gmail.com
Bebe Merino has been practicing yoga and meditation for 15 years and taught for almost 9 years. She is a qualified Hatha yoga teacher in Sivananda Center in Kerala since 2005.

Zumba classes with Sathish are resuming at New Creation Dance Studio on Mondays 6-7pm and Thursdays 6-7pm...

FILMS



CINEMA - Bharat Nivas - AUDITORIUM

SATURDAY 11th July 2015 - 7:30 PM (Film show starting at 7:45 sharp)

THE CAMERAMAN

Directed by Edward Sedgwick

With: Marceline Day and Buster Keaton.

Synopsis: Hopelessly in love with a woman working at MGM Studios, a clumsy man attempts to become a motion picture *cameraman* to be close to the object of his desire.

Duration: 75min, 1928, USA, B&W silent movie.



"The Eco Film Club

Sadhana Forest, July 10, Friday at 7pm

ONE MAN, ONE COW, ONE PLANET

2007, 56 minutes, Directed by Thomas Burstyn

A film about the farming revolution in India and one man out to save the world. This film exposes globalization and the mantra of infinite growth in a finite world for what it really is: an environmental and human disaster. But across India marginal farmers are fighting back. By reviving biodynamics, an arcane form of agriculture, they are saving their poisoned lands and exposing the bio-colonialism of multinational corporations. This film tells the story through the teachings of an elderly New Zealander that many are calling the new Gandhi.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most

recent work! After the film you are welcome to join us for a free 100% vegan organic dinner!!

Schedule of Events:

16:00 free bus from Solar Kitchen to Sadhana Forest for the Tour

16:40 Tour of Sadhana Forest

18:00 free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

(21:30 free bus from Sadhana Forest back to Solar Kitchen

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in.

AT SAVITRI BHAVAN

"PLANET EARTH - THE FUTURE - INTO THE WILDERNESS"

The film by the BBC 'Planet Earth Production Team' is looking at many aspects: at the relation between Nature and Economy, at the problem of growing economy, consumption and wealth and that on the other side Nature is giving us food for free and that ever more the wilderness is shrinking as the human population is growing.

The film is also reflecting on the true value of wilderness, the very interesting relationship between wilderness and sacredness. Wilderness gives something which civilization cannot give - you are in front of something greater than yourself and in this way Nature speaks to humans of the transcendence. Duration: 59min.

Monday, 6th of July 2015, at 6:30 pm



Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program 6 July 2015 to 12 July 2015

Indian - Monday 6 July, 8:00 pm:

GATTU

India, 2011, Writer-Dir. Rajan Khosa w/ Naresh Sharma, Mohd Samad, Jayanta Das, and others, Drama, 90mins, Hindi w/ English subtitles, Rated: NR (G)

In a small town in central India, kids and adults are equally obsessed with kite-flying. The airspace is dominated by a black kite called Kali with mysterious origins. A street-kid Gattu, dreams of defeating Kali but fails. He discovers that the local

school has a roof which will give him a vantage point.

Impersonating as a student he sneaks into the school and must now pretend to study. The only problem -- he is illiterate! Nonetheless, the little street urchin takes up the challenge. Dreams aren't impossible when the desire is strong. *A much acclaimed and endearing film.*

German - Tuesday 7 July, 8:00 pm:

- **DAS LEBEN IST NICHTS FÜR FEIGLINGE (Life is Nothing for Cowards)**

Germany 2013, Dir. André Erkau w/ Wotan Wilke Möhring, Helen Woigk, Christine Schorn, Drama, 98mins, German w/ English subtitles, Rated: NR.

A father who just lost his wife has a hard time taking care of his teen-aged daughter. Luckily help will come from an unexpected corner.

Interesting - Wednesday 8 July, 8:00 pm:

- **THRIVE: What on Earth Will it Take?**

USA, 2011, Dir. Steve Gagné & Kimberly Carter Gamble w/ Lane Andrews, Dwyne Arnesson, John Bedini, and others, Documentary-Sci-Fi, 132mins, English, Rated: NR
An unconventional documentary that lifts the veil on what's really going on in our world by following the money upstream - uncovering the global consolidation of power in nearly every aspect of our lives. Weaving together breakthroughs in science, consciousness and activism, the film may offer real solutions, empowering us with unprecedented and bold strategies for reclaiming our lives and our future.

French - Thursday 9 July, 8:00 pm:

- **SAMBA**

France, 2014, Dir. Eric Toledano & Olivier Nakache w/ Omar Sy, Charlotte Gainsbourg, Tahar Rahim, and others, Comedy, 118mins, French WITH ENGLISH SUBTITLES, Rated: PG
Samba, a Senegalese living in France for 10 years, collects small jobs... Alice is an exhausted senior executive. He is trying to obtain his legal identity papers; she is trying to rebuild her life through voluntary work. Both are trying to get out of their impasse until the day their destinies meet...

International - Saturday 11 July, 8:00 pm:

- **THE SECOND BEST EXOTIC MARIGOLD HOTEL**

UK-USA, 2015, Dir. John Madden w/ Judi Dench, Maggie Smith, Bill Nighy, and others, Comedy-Drama, 122mins, English (primarily) w/ English subtitles, Rated: PG
In this sequel, Sonny's business The Best Exotic Marigold Hotel for the Elderly and Beautiful is running fine. However, with only one room available and two guests arriving - Sonny fans his expansionist dream. However it is taking too much of his time that he has little to spare - considering an imminent marriage to his lady love Sunaina. In the meantime Evelyn and Douglas have joined the Jaipur workforce, and are wondering where their regular dates for Chilla pancakes will lead, while Norman and Carol are negotiating the tricky waters of an

exclusive relationship, as Madge juggles two eligible and very wealthy suitors. Perhaps the only one who may know the answers is newly installed co-manager of the hotel, Muriel, the keeper of everyone's secrets. *Needs no recommendation!*

Children's Film - Sunday 12 July, 4:30 pm:

Free birds

USA, 20013, Dir Jimmy Hayward w/ Scott Mosier, Woody Harrelson, and others, 91mins, Animation-Adventure, English w/ English subtitles, Rated: PG

Two turkeys from opposite sides of the tracks must put aside their differences and team up to travel back in time to change the course of history - and get turkey off the holiday menu.

PASOLINI Film Festival @ CINECLUB

Ciné-Club - Sunday 12 July, 8:00 pm:

- **TRIOLOGY OF LIFE I - IL DECAMERON (The Decameron)**

Italy, 1971, Dir. Pier Paolo Pasolini w/Franco Citti, Ninetto Davoli, and others, Comedy- History, 112mins, Italian w/English subtitles, Rated: R

Pasolini freely adapts ten or so episodes from Boccaccio's 14th century collection of 100 short stories. He interweaves the tales of happy or tragic lovers, naughty nuns and lusty priests, naive husbands and cheating but quick-witted wives, inept grave robbers, and a young gardener who got more than he had bargained for, with his own meditations on art, life, death and love. Pasolini himself plays a painter Giotto.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available. *Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.*

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in.

We appreciate your continued support: monthly or occasionally. You can also make a contribution to "Cinema Paradiso" account (#105106) at the Financial Service.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material: Material (no pdf files, please) may be sent (in English only) to the *N&N* email address (below).

NB: Messages with large attachments (more than 1 MB) will not reach our inbox.

Please try your best to send your announcements, reports, film schedules whenever they are ready.

The Wednesday deadline (11am) is absolute as the News is given to the printers by Wednesday 2 pm.

Any modifications of the submitted *News* items have to be sent to the editors before Wednesday.

We regret not being able to attend to visitors on Wednesdays due to work pressure.

Articles for the Notes section should ideally be no longer than 500 words. All articles need to reach us by Tuesday noon.

Visiting hours: Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; **No visitors on Wednesday.** Please, no dictations over the phone unless it is an emergency or you have a medical problem.

Soft Version: We encourage you to ask us for a soft version of *News & Notes* send directly on your own mail. First, it saves trees, cost of paper (Rs 12.000 monthly are spent only on purchasing paper) and labor cost (900 copies are printed every week). Second we send your soft copy as a PDF file (Same formatting as the printing version with colored pictures) on Thursday morning and you can get information earlier than the printing version which is delivered only on Friday and Saturday. Don't hesitate to mail: newsandnotes@auroville.org.in or to phone 2622133.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

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