



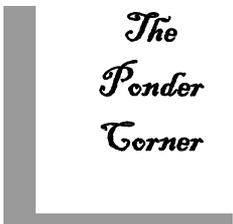
# HOUSE OF MOTHER'S AGENDA

## Nature's Law in Our Progress - Unity in Diversity, Law and Liberty

The quarrel between law and liberty stands on the same ground and moves to the same solution. The diversity, the variation must be a free variation. Nature does not manufacture, does not impose a pattern or a rule from outside; she impels life to grow from within and to assert its own natural law and development modified only by its commerce with its environment. All liberty, individual, national, religious, social, ethical, takes its ground upon this fundamental principle of our existence. By liberty we mean the freedom to obey the law of our being, to grow to our natural self-fulfilment, to find out naturally and freely our harmony with our environment. The dangers and disadvantages of liberty, the disorder, strife, waste and confusion to which its wrong use leads are indeed obvious. But they arise from the absence or defect of the sense of unity between individual and individual, between community and community, which pushes them to assert themselves at the expense of each other instead of growing by mutual help and interchange and to assert freedom for themselves in the very act of encroaching on the free development of their fellows. If a real, a spiritual and psychological unity were effectuated, liberty would have no perils and disadvantages; for free individuals enamoured of unity would be compelled by themselves, by their own need, to accommodate perfectly their own growth with the growth of their fellows and would not feel themselves complete except in the free growth of others. Because of our present imperfection and the ignorance of our mind and will, law and regimentation have to be called in to restrain and to compel from outside. The facile advantages of a strong law and compulsion are obvious, but equally great are the disadvantages. Such perfection as it succeeds in creating tends to be mechanical and even the order it imposes turns out to be artificial and liable to break down if the yoke is loosened or the restraining grasp withdrawn. Carried too far, an imposed order discourages the principle of natural growth which is the true method of life and may even slay the capacity for real growth. We repress and over-standardise life at our peril; by over-regimentation we crush Nature's initiative and habit of intuitive self-adaptation. Dwarfed or robbed of elasticity, the devitalised individuality, even while it seems outwardly fair and symmetrical, perishes from within. Better anarchy than the long continuance of a law which is not our own or which our real nature cannot assimilate. And all repressive or preventive law is only a makeshift, a substitute for the true law which must develop from within and be not a check on liberty, but its outward image and visible expression. Human society progresses really and vitally in proportion as law becomes the child of freedom; it will reach its perfection when, man having learned to know and become spiritually one with his fellow-man, the spontaneous law of his society exists only as the outward mould of his self-governed inner liberty.

THE IDEAL OF HUMAN UNITY, chap. XVII

SRI AUROBINDO



*The  
Ponder  
Corner*

*This taste for supreme adventure is aspiration - an aspiration which takes hold of you completely and flings you, without calculation and without reserve and without a possibility of withdrawal, into the great adventure of the divine discovery, the great adventure of the divine meeting....*

*The Mother*  
ref. Works of The Mother, vol.8, p.40

Cover drawing by Emanuele

## Report of the Working Committee

### Main topics dealt with in January 2015

#### **Padma Bhushan for Dr. Kashyap**

On behalf of the community of Auroville, the Working Committee has sent congratulations to former GB member Dr. Subhash C. Kashyap on being awarded the Padma Bhushan.

#### **Preparation Auroville retreat**

One member of the Working Committee is participating in the organizing team of the Auroville retreat; two members are participating in the preparation of the Auroville governance session. We met with retreat organizer Mr. Aromar Revi.

#### **Land Board**

The Working Committee has submitted a draft mandate for the Land Board and a draft amended Auroville Land Policy to the Auroville Council.

Members of the Working Committee have assisted the Land Board in a number of encroachment and other issues.

#### **New Township Development Authority**

The TDC has made a presentation on the pros and cons of the proposed New Township Development Authority to a joint meeting of the Auroville Council and Working Committee. The TDC plans to make a presentation to the community.

#### **Aurovilians living in and working for Auroville**

The Under-Secretary of the Auroville Foundation brought up the need to see if all Aurovilians as recorded in the Register of Residents are indeed living in and working for Auroville. The Working Committee welcomes suggestions on this topic.

#### **Meeting with the RRO**

A meeting took place with the Regional Registration Officer Pondicherry to discuss a number of pending issues.

#### **Arbitration implementation**

The issue of how to implement decisions reached through arbitration was discussed in a joint meeting with the FAMC, AVC and Koodam. The consensus is that, unless procedural mistakes have been made by the arbiters, arbitration decisions must be respected and implemented and no individual, unit or working group has the right not to accept the arbiters' decision. If arbiter's decisions are not respected, neither the Auroville Council nor the Working Committee will any longer deal with conflicts requiring arbitration.

#### **Asyncto Support Group**

One member of the Working Committee will be part of the Asyncto support group.

#### **Fake letter**

The Under-Secretary of the Auroville Foundation sent to the Working Committee a letter addressed to Dr. Karan Singh,

signed by an Aurovilian, stating that the Council and Working Committee consist of unqualified people and accusing a number of named Aurovilians of working against the interests of Auroville. On verification, the Aurovilian concerned denies having written or signed this letter. The Under-Secretary has been informed about this and he has communicated the denial to Dr. Karan Singh.

The Working Committee has expressed its concern to the Under-Secretary that false allegations have been / are being (?) sent to members of the Governing Board and, perhaps, also to members of the International Advisory Council.

#### **Regulations Entry and Exit**

The Working Committee has obtained verbal legal advice on the implementation of the RA and GB approved "Auroville Foundation (Entry and Removal of Names of Persons in the Register of Residents) Regulations 2013", which were sent in December 2013 to the Ministry of Human Resource Development for its approval and notification. The legal advisor says that Auroville has to proceed as per past precedent, and that it can only proceed in accordance with these Regulations once they have been notified.

#### **Sexual Harassment of Women at Workplace Act, 2013.**

The Working Committee has obtained verbal legal advice that this act applies to Auroville. We are studying how best it can be implemented.

#### **Security team**

The members of the present security team have submitted their resignation with effect from 01-04-2015. We will soon meet with them to discuss their experience and to see if their mandate needs to be adjusted, also in view of the observations of the BCC that the security budget is very high.

#### **SAVI**

Dominique and Sabine from Savi made a presentation on the work of SAVI. The issue of visa for volunteers and volunteer protection was discussed.

**The Working Committee is also involved in the following topics, which are still ongoing and not yet concluded:**

- Special Guests' Reception at Matrimandir
- Resolving conflicts at NESS
- Drafting a new Conflict Resolution Policy
- Resolving the Kottakarai conflict
- Finding a location for sludge deposit
- Access to Madhuram restaurant
- Finding new members for the Resource Mobilization Team
- The beach erosion court case
- Various conflicts between Aurovilians and between Aurovilians and non-Aurovilians, some of which include allegations of sexual harassment.

The Working Committee,  
*Angela, Carel, Elisa, Eric, Mandakini, Manohar, Ranjith*

## ANNOUNCEMENTS

### Soft Version

We encourage you to ask us for a soft version of *News& Notes* being sent directly on your own mail.

First, it saves trees, cost of paper (Rs 12.000 monthly are spent only on purchasing paper) and labor cost.

(900 copies of the News are printed every week)

Second: we send your soft copy as a PDF file (Same formatting as the printing version with colored pictures) on Thursday morning and you can get information earlier than with the printing version which is delivered only on Friday and Saturday.

Don't hesitate to mail: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in)

Thanks a lot, Editors

## Governing Board and International Advisory Council meeting

We have started preparing the meetings of the Governing Board and International Advisory Council of the Auroville Foundation which are scheduled to take place on **March 14th-2015**, after the Auroville Retreat.

Working groups, units and individuals wishing to make a presentation are invited to inform the Working Committee before **February 15** with a brief description of the topic to be presented.

*The Working Committee*

## From the Financial Service

Dear Aurovilians,  
According to the Reserve Bank of India we have to attach a passport copy with every foreign currency exchange. We checked your passport scan in the Financial Service system and noticed that many of your passports have to be re-scanned because the passport validity date we have in our records has expired. Some passports have never been scanned. Please bring your passport or a hard copy of your passport to the Financial Service (*Gumsoon*) between 9 am to 5 pm, Monday to Saturday, or send a softcopy to: [financialservice@auroville.org.in](mailto:financialservice@auroville.org.in)

Thank you! *Gumsoon* for the Financial Service

## Reminder from the Residents Service

### Today we are sending a call to all Indian Aurovilians

Dear Friends,  
This is a call coming from the Auroville Foundation and the Working Committee.

All Indian Aurovilians have to pass by the Residents Service to update the Master list of all changes of family status, address, place of work, email ID, phone and mobile number. Please come with the documents of your family: passport, birth certificate or Aadhaar Card and a passport size photo of everyone. We need to enter the proper spelling of all your names and surnames.

Thank you for your understanding,  
*Auroville Foundation Working Committee Residents Service*

## What is the "Dive into Auroville"?

The Dive is a space to:

- reach out to the "Divine in Action" and manifest peace
- consider your own actions in terms of peace
- discover the vast landscape that awaits you behind the mind
- share your concerns and inspirations
- listen to the voice of silence, for it is not silent

How can I participate from the space of silence to manifest Auroville?

How can the collective support my inner work to allow me to grow?

**WHEN:** Sunday 8th February, 2015 @ 3 pm - 4 pm

**WHERE:** Unity Pavilion (Peace table)

Welcome to everybody!

Love, *Inge (RAS)*

### For More Information

For more information, please don't hesitate to email the Residents' Assembly Service at: [raservice@auroville.org.in](mailto:raservice@auroville.org.in), or call us on any of our numbers: Inge 948 8672 029 / Jesse 948 6623 749 / Selvam 994 3911 149

## The Auroville Retreat - Questions and Answers (Road Map)

On request of the Retreat Organizing Team the Residents Assembly Service together with Working Committee will give an update on the Auroville Retreat (March 2015).

### **Open Space for question and answers!**

**When:** Tuesday 10th February 2015 from 4:30 pm till 6:30 pm

**Where:** SAIER 1st floor

**Whom:** all concerned Aurovilians and Newcomers

### Info about what are we trying to achieve

The key objectives of the Retreat are:

To reconnect and engage with the Auroville Vision and its manifestation

To reflect on Mother's vision for Auroville

An introspection and reflection on the spiritual growth of individuals and the collective

To reflect on the present realities of Auroville

To envision where Auroville wants to be on its 50th anniversary (in 2018) and in 10 years

### Info about steps already taken

Room discussion with selected members on 5 themes

Online supported from members openly invited (via email)

"Youth" (age group between 15 -25 years)

"Bioregion" Group (connection to Bioregion via birth or interest/project)

"Dive into Auroville" (meditation/ reflection from the silence space)

### Info about the next steps and how to sign up for the Retreat (Road Map)

19th February 2015 - melting / sharing insights from room discussion members and their support groups (all five themes) - half day in the morning

21st February 2015 - "Youth" interaction meeting - full day

22nd February 2015 - "Bioregion" interaction meeting - full day

23rd February 2015 - till 27th February 2015 "from insights to goal" sessions - one full day for each theme group

First week of March 2015 - briefing session (all signed up members for the retreat)

12th, 13th March 2015 - Auroville Retreat (two full days)

Any proposals of activities/actions that will bring Auroville closer to its ideals are welcomed.

Inspired? Welcome to this General meeting!

Love,

*Inge and Elisa (From RAS and WC)*

For More Information: please don't hesitate to email the Residents' Assembly Service at: [raservice@auroville.org.in](mailto:raservice@auroville.org.in), or call us on any of our numbers: Inge 948 8672 029/ Jesse 948 6623 749/Selvam 994 3911 149

## Auroville retreat meeting at Youth Center

'I HAVE A VOICE TOO'

If you are aged 15 to 25 years please participate by bringing your opinion, voice or presence to the first meeting at Youth Center **Saturday 7th February 3 pm** with tea and cake.

The meeting will initiate the first step towards the Auroville retreat in the sector YOUTH. Please make an effort to join and be there. Prepare to be listened to. Welcome.

*Philipp*

## Car stickers

The Under-Secretary of the Auroville Foundation proposes to issue stickers for cars owned by Aurovilians and Auroville units for easy access to Auroville, so that the guards will know who to allow in. This would also give an indication about the number of cars owned by Aurovilians / Auroville units. Working Committee welcomes suggestions on this topic.

*The Working Committee*

## FROM THE ENTRY SERVICE - N&N NO- 585 dated 07.02.2015

We would like to inform the community that our team has decided to recommend the following persons as Aurovilians and Newcomers. We will wait for two weeks (for Newcomers and Returning Aurovilians) and one month (for Aurovilians), from the date of this publication, for your feedback, before making our final decision.

### AUROVILIANS:

Philippe MAY (French) - Staying at Discipline, working at Blue Light.

Devi NAMASIVAYAM (Indian from Trichy) - Staying at Transformation, working as a Women's Circle Facilitator, and a Writer, Language and Yoga Nidra Instructor at the Life Education Centre, as well as being on the Auroville Statistics team at Saracon.

### NEWCOMERS:

Pavel BOGDANOVICH (Russian) - Living at La Maison Des Jeunes, working as an Engineer at the construction site of La Maison Des Jeunes.

We have identified a lack of clarity in the communication and confirmation of status, as the announcements done in the News and Notes are FOR FEEDBACK ONLY and sometimes, after announcement, there can be either an extension of status, or a decision to stop the process. We are have therefore added an additional section to confirm the status of persons previously announced.

### CONFIRMATION OF NEWCOMER STATUS:

Fanny CANETTE (French)

Erik JANSEGGERS (Belgian)

Joke Van HOYE (Belgian)

### CONFIRMATION OF NEWCOMER TO AUROVILIAN STATUS

AFTER ANNOUNCEMENT IN N&N AND DUE CONSIDERATION OF FEEDBACK RECEIVED FROM RESIDENTS:

Sun Mi JUN (Korean)

We will soon invite you to fill in the B-Form request for a meeting with the AV Foundation Secretary, with the aim to add your name to the Register of Residents.

### PEOPLE WHO HAVE LEFT AUROVILLE ON THEIR OWN:

Rebecca MANNING (USA)

In case the above person(s) wishes to come back to live and work in Auroville, (s)he will need to restart his/her newcomer process.

**TEAM MEMBERSHIP:** We would like to inform the community that Umberto has finished his term as a member of the Entry Service team, and that Muthu has interrupted his service for now. We thank them for their valuable input into the team. We will miss you!

Dear Newcomers,

The Entry Service team would like to inform you of the timings designated specifically for you to collect or submit the Newcomer kit. Please pass by our office in the Town Hall during these hours only: Wednesday & Friday at 2 pm to 4 pm. We look forward to seeing you.

**We are open for B-Forms and Recommendation letter matters, on appointment only.**

For all other matters, the office is open on Mondays, Wednesdays and Fridays at 10-12am, except for every last week of each month when we are closed to the public in order to focus on internal office work.

*The Entry Service team (Chitra, Ishita, Kripa, Vika)*

## TDC - L'avenir d'Auroville

### KALPANA HOUSING PROJECT

The information posted in News & Notes last week (31.01.2015) concerning the architect's name was wrongly written as Satyakam and Devasmita. Please read: Architect: Neel and Supriti (ovoid Atelier).

Email: This is to inform the community that L'avenir email account [avenirinternal@auroville.org.in](mailto:avenirinternal@auroville.org.in) is closed and for official correspondence use only [avenir@auroville.org.in](mailto:avenir@auroville.org.in).

## FOR YOUR INFORMATION

### Pony farm movable housing project

The Pony farm moveable housing project is open for interested Newcomers, new Aurovilians and youth of Auroville, to see if this housing solution can be an opportunity for them.

Please write to the Housing service and come by to see the different modules and to meet together.

The costs of the different units will be for single and couple 3.5-4 lakhs and for families 8 lakhs.

### Restorative Circles

*Conflict - from Avoidance to Constructive Engagement*

*"However intense the fight, however devastating the pain, conflict itself is not the enemy. However mild the discomfort, however fleeting the relationship, conflict itself is not disregardable." - Dominic Barter*

**How do I know Restorative Circles will solve my conflict?** The intention of Restorative Circles is not to solve anything. The intention of Restorative Circles is to uncover. People sometimes say "I'm afraid of conflict". Often what they mean is they're afraid of the unproductive responses to conflict that are so common: yelling, punching, silence, etc. The intention of the Restorative Circle is to create a dedicated space where a community can have useful, transformative conflicts in which people can re-connect with their shared humanity and leave with a greater willingness to live together.

**Auroville restorative circles practice group:** Every Thursday - 9:30 AM to 12:00 Noon/Hall of Light - Creativity

**For further information:** Shanti (0413) 26 23 314 or Janet (0413) 26 22 165

### The 1-hour implication in Auroville

We believe Auroville has the potential to become THE greatest example of resource management, if everyone would participate at the 1 hour implication in Ecoservice. That's why we invite you (Aurovillian, Newcomer, Volunteer, Guest, Children) for a 15-minute tour where we will show you all about the processing of our resources, followed by a 45 minutes where we will help with the segregating process. This hour is meant to change our mindset from the concept of waste to one of resource. There will be music, joyous positive people, and surprises for everyone dressed with something PINK (because our building is now dressed with this color of beauty!).

Two hours available: Monday, Wednesday, Friday: 10:00 to 11:00/ 14:00 to 15:00

(We can arrange any other time on request, for work groups, friends, etc.)

For any question or to book a tour

Email: [the1hour@outlook.com](mailto:the1hour@outlook.com)

Facebook: <https://www.facebook.com/pages/Ecoservice/1541837466070115>

See you there, *Alex and the Ecoservice team*

## POSTINGS

### Booking at the Solar Kitchen

Please keep in mind that any booking which is for larger groups (more than 3 individuals) should be made one day in advance. Groups which are larger than 10 individuals should book a minimum of 2 days in advance. This is also valid for Aurovilians who want to bring family members or their personal guests. If you forgot to book in advance you are requested to wait until 1 pm so we can be sure there is enough food available.

Kindly collaborate, *Solar Kitchen Team*

### Art Cart

For artists of all ages and backgrounds: please come sit down and draw with us at the Art Cart parked at the **Visitor's Center stage**. The cart is open on **Tuesdays & Fridays from 4 to 6 pm** and there is a different theme each afternoon.

*Note: I hope that the person(s) responsible for repeatedly taking down our small regular event flyers will please stop doing so! Our resources are limited and we prefer not to waste paper and effort to share our activities.*

With gratitude, *Krupa*

### Razor blades

Dear All, this is to inform you that last Tuesday, my son Kamil, found a razor blade on top of the Kalabhumi small studio and he badly cut his finger with it (that needed to be stitched!)...A few days before we found one just in front of the Solar Kitchen, where the cycles are parked, and Sunday one in the Certitude playground!! I know that is almost impossible to find

who left it there, but I would like to remind everybody that Kalabhumi is a public space, where people come for different classes, and of course are all welcome to stay afterwards to talk etc...But please this is also a Community where children live and their safety should never be put in danger!! I have been told that often workers, gardeners, ammas, use those blades to cut anything, so please let's all make sure that they don't leave it around and that all those public places are safe for our kids!! - Thanks, *Alice*

### About Kangal pups (on 31<sup>st</sup>.01.15)

Mother does clearly tell us about pets in Auroville, or are her words not enough on this topic? - About the dogs: In Auroville too many of our four-legged friends go roaming about in the evening and it is not possible or even dangerous for us to walk around as they guard their territories and often attack passers-by. Also these creatures according to their own nature make a lot of noise (barking etc...) especially during the night. So who can guarantee that a guardian dog is under control? *Sergei Gr (Maitreye)*

### Invitation to participate in a research project

I would like to invite everyone in Auroville, Aurovilians, Newcomers and Guests to participate in a research project about self-transcendence. If interested and for more information, please contact [Karin@bargende.se](mailto:Karin@bargende.se) or call to 8098072156. Thank you. *Karin Bargende*

## AVAILABLE

### Auroville, A Galactic City for The Earth

A return to the sources with Bhagwandas, one of those pioneers who have been living in Auroville since 1968. He makes us peregrinate, through his writings accompanied with pictures, in this Laboratory of Evolution which Auroville represents in India since its creation in 1968. An issue of the magazine 'Planète sacrée' was published in France in December 2014. It is at your disposal at the House of Mother's Agenda, beginning February 14, from Monday to Saturday, from 10 am till 12 am and 2 pm till 5 pm.

With immense gratitude to Him and Her who have invited us to this Great Adventure in their City of a new Dawn.

*GangaLakshmi, H.O.M.A. Savitri Bhavan*

### Cycle

Aurovelo has a special discount offer on some 2013 model Giant and Bergamont bicycles: The super comfortable Giant "Sedona W" ladies cycle, and Bergamont off road "Vitox 6.3" and hybrid "Helix 2.4" cycles - Aurovelo, Reve/ Monday-Saturday 9 am-5 pm /Phone: 2622380

### Leather chappals

I have 2 pairs of size 9 leather chappals available, one pair worn only once, the second (Scholl brand) pair worn maybe 5-6 times i.e. both are literally 'as new'. Anyone interested please contact me - *Tim* (ph.2381 home; 2296; work; e-m [timwrey@...](mailto:timwrey@...))

### An Amma

Patshama is looking for work in AV every day from 10 till 2 pm; she is hard working and tries to sustain her family. Patshama speaks and understands basic English - you can reach her on 8489067175 or 9943798867. Thanks for her, *M. Noelle*

### I-Phone

5s 32GB Space Grey + accessories, in top condition for sale. Contact: [bobby@auroville.org.in](mailto:bobby@auroville.org.in) or SMS +91-9443223598

### An Amma

An Amma named Singeni is looking for a part-time housework job in the mornings. She has some experience with housework and understands a bit of English. For feedback you can contact Mirao: 9486363425 - Thank you, *Mirao*

### Hercules Bicycle

About 2 years old in ok shape. Good basic cycle. Contact: [maggie@madronacompany.com](mailto:maggie@madronacompany.com) or mobile: 80-98-074328 - *Maggie*

### Large screens for veranda or terrace

Lovely large gray/white screens made by Arthana just over a year ago. 5 of them can be drawn up (145cm x 235cm) and 2 of them are 'fixed' (165cm x 232cm). They would be perfect for verandas or terraces. Please contact *Emma* ([emmanuelle@auroville.org.in](mailto:emmanuelle@auroville.org.in); 2622262 or 9442786581)

## LOOKING FOR ...

### A office chair and a fridge:

We are looking for a second-hand office chair and a fridge in good condition. If you have any to give away, please contact us

at 04132622584 or 9442328120 or [questhousejoy@gmail.com](mailto:questhousejoy@gmail.com). Thanks, *Joy Community Team* :-)

### A used xylophone

For an Aurovilian child of 3.5 years who loves music. Please contact: [shivaya@auroville.org.in](mailto:shivaya@auroville.org.in), 944 362 1742

### A second hand computer

Proper working of our sound system for the OM-CHOIR in Savitri-Bhavan, we would be very glad if someone can donate a second hand computer. Phone Kayananda 2623038 or Margrit 2623017 or Andre 9486024626

### Anyone coming from Paris, France

I left in Paris a small digital camera; could anyone bring it to Auroville? I'll put you in touch with my friend in Paris who will deliver it. Quiconque passe par Paris et venant a Auroville pourrait-elle/il me rapporter mon mini-appareil photo digital? Un ami vous l'apportera a Paris. Merci! Tel 88946 01624 / [nawang.jinpa@gmail.com](mailto:nawang.jinpa@gmail.com)

## LOST & FOUND

An Apple I-phone (found): Near Matrimandir, please contact Auroville Security Service. Contact person: *Ramesh.V* - 94430 90107

A pair of sunglasses with black frames(lost): Green bamboo fabric scarf.Text me at: 8098074328 or email: [maggie@madronacompany.com](mailto:maggie@madronacompany.com).

Bag (lost): I lost my bag between kuylapalayam and the Town Hall. There were two books inside: "Awareness through the body (in French)/ Petit traite de l'histoire des religions". If you found it, thank you so much to call me at: 9159841269. *Amandine*

## THANK YOU

### A big warm hug from "White Peacock" clay club.

To everyone who helped us at the Potters Market. We had a lot of unexpected support and a great response from the community as well as the visitors. Slowly but steadily we move towards the accomplishing of our new building. If you missed the event but feel like supporting our efforts, please leave your donation at the FS acc.N251268 with your name and community (or guesthouse) as a description. Within 2-3 days the masterpiece made by the young or grown-up members of the 'White Peacock' clay club will find you. And - for sure - we will send you the deepest gratitude with it. Please feel free to communicate if you have any questions ([saraswati@auroville.org.in](mailto:saraswati@auroville.org.in))  
*The WP team.*

### From Art Chakra team

Dear friends!  
Last Sunday, with the 7th and final session, we completed the first season of Art Chakra: The open art platform at Kala Kendra. Many of you might already know, that the core idea of Art Chakra was to provide an open platform where anyone

could present his/her art works without any fear of judgement. It was more about expressing one's inner-self through art rather than creating something to touch a mark. Spread over the last few months and 7 sessions, Art Chakra provided a warm and friendly environment to numerous artists, volunteers, Aurovilians, guests to share their art work with likeminded people. In-fact for many of the artists, it was for the first time that they presented their art in a public gathering. The interactive sessions around the Art Chakra resulted not only in collaboration among the participants but also inspired many audiences to present their art works in the next sessions. This being the main aim....to Open the Art Chakra!! With this, I would like to thank all of you who made this possible; the participants, lovely audience, my team at Kala Kendra and above all, thanks for all the community support and best wishes that went behind the success of this event.

The journey with art continues. So stay tuned, we will soon announce our new Community Art Project!!  
Peace'n joy,  
*Gaurav, Curator, Art Chakra/ Kala Kendra, Bharat Nivas*

## APPEAL / HELP



### Aha Kindergarten

Dear Aurovilians,

In Aha Kindergarten we have a new outdoor structure which is in need of a 'permanent' roof. We need something which will keep the rain out and provide adequate shade and also be something of beauty. We want the space to be used as a multi-propose area for the children for activities such as building blocks, painting, group activities or any other activity in which children could benefit from a cosy and concentrated atmosphere.

We have limited funds and ask our fellow Aurovilians what could be the best solution.  
Contact: [Aha@auroville.org.in](mailto:Aha@auroville.org.in)

## ACCOMMODATIONS AVAILABLE AND NEEDED

### House Sitting1

Hi! I'm looking for a house-sitting, short or long term. I am a Newcomer, serious and responsible, working at the Matrimandir and I am single. Contact *Roberto*: [roberto@auroville.org.in](mailto:roberto@auroville.org.in)

## TAXI SHARING

**February 8th:** Sunday - Leaving from Auroville at 9 am to Chennai airport on 8th Feb, Sunday. Taxi can be shared both ways & only 1 person is going. Return timing could be flexible. *Lalit:* 94437-90172, [lalit@auroville.org.in](mailto:lalit@auroville.org.in)

**February 8th:** A taxi from AV will pick up 1 person on 8th at 12.30 am from Chennai airport. The car can be shared both ways. If you are interested please contact me: pauli@auroville, [org.in](mailto:org.in) or 9488239348 - *Paula*  
Thank you. Warm regards. *Paula*

**February 9th:** From Pondicherry to Chennai Int. Airport. Leaving at 2 pm from Pondy. *Ursula* 7094136386

**February 10th:** To Chennai airport leaving Auroville around 11pm, mobile 8098-074328  
email: [maggie@madronacompany.com](mailto:maggie@madronacompany.com). *Maggie*

**February 10th:** leaving Auroville 3 pm. going to Chennai Airport. Contact Heidi 09442357661, [heidi@auroville.org.in](mailto:heidi@auroville.org.in)  
Thanks. *Heidi*

**February 11th:** Wednesday - Leaving from Chennai airport at 1:30 pm on 11th Feb, Wednesday. Suitable for sharing on the way to airport as taxi is full on the way back. *Lalit:* 94437-90172, [lalit@auroville.org.in](mailto:lalit@auroville.org.in)

**February 12th:** I will leave Auroville at 8:30 pm on 12th of February to Chennai airport. My flight is at 1.50 am on Friday. If you are interested to share the taxi, let me know by e-mail

to: [evm.lang@gmx.net](mailto:evm.lang@gmx.net) or mobile phone 9486 363454 Thanks *Evmarie*

**February 12th:** To/from Chennai airport on Feb 12. Leaving AV 5 am, returning from airport around 9 am. Want to share? Please contact: 9442300518. *Ing-Marie*

**February 12th:** Thursday To Tiruvannamalai Ramana Ashram. Call *Elisabetta* 9633901652 or [elisegala@gmail.com](mailto:elisegala@gmail.com)

**February 13th:** I am booking a taxi from Center Guest house to Chennai airport on Friday 13th February to leave at 2.30 - 3.00 pm. If anyone would like to share, leaving or if someone is arriving that evening at Chennai and wants to take the taxi back please contact *Julie:* [jk.krausz@gmail.com](mailto:jk.krausz@gmail.com) or +91 8940560908

**February 14th:** I will be leaving to Chennai airport at 6.30 am on the 14th of Feb (Valentine's Day!). If you are heading out or returning on this day and would like to share the taxi either way, please let me know. [shahnandi@gmail.com](mailto:shahnandi@gmail.com), or SMS 9488483286 or call 0413 2622637

**February 17th:** Tuesday - Leaving Auroville 4-4:30pm for the airport. Taxi can be shared both ways. Only me and my luggage in the taxi so far. If interested, please contact *Island* by email: [neanter@yahoo.com](mailto:neanter@yahoo.com) or call 8489185423 Cheers!  
*Island Lescure*

## WORK OPPORTUNITIES

### Kuilappalayam Cultural Centre - Looking for volunteers

Kuilappalayam Cultural Centre is looking for volunteers to work and give support with its programs like Evening Tuition, Making a Tree house, Playground, Silambam (weapon-based art program), Computer lessons, Someone who can help with a social Tailoring Project with the village women, Support for creative programs like arts, music and drama, A counseling program for creating awareness with the children on mental wellbeing by some psychologists or social workers, etc...

Please write to us through: [kulaiculturalcentre@auroville.org.in](mailto:kulaiculturalcentre@auroville.org.in) or call us: 98431952920 (Selva)

### Part-time work opportunity at Freeland Bookshop

We are looking for a committed Newcomer or Aurovilian who would like to learn how to run a bookshop and eventually share all responsibilities with the rest of the team. Ideal requirements would be:

- Fluent spoken and written English, and possibly French
- Good administrative skills
- And of course, a passion for books!

If you would like to give it a try, just come to see us any day from 10 to 1 or from 3 to 6. Full training will be given, but unfortunately no maintenance for the time being.

*The Freeland team*

## HEALTH

### Jade Beauty salon

Facials, manicure, pedicure, waxing, treatments for any kind of skin problems.

Beauty the smile of divine, feel good with yourself.

Call for appointment: 809 876 0113.

Happy to welcome you,

With love, *Julia*

### Nutrition Consultations

Dr Nandita Shah offers Nutrition Consultations at Aurelec by appointment (0413 2622637, 2622424 or [nandita@sharan-india.org](mailto:nandita@sharan-india.org))

Only recommended for those who are serious about making dietary changes for huge health benefits

### Integral Health

Classical homeopathy hypnotherapy midwifery child care coaching

*Peter and Sigrid* are out of station from Feb 7th to 18th, attending 2 international seminars on homeopathy with Dr. Sankaran and Dr. Divya Chabra in Goa. / Ingo, Nora and Lisa are available for consultations /Christine offers NLP in French and English - individual sessions.

PC remedies for Diabetes, High Blood pressure and Trauma have shown to be very effective, good results keep coming in. We provide 84 PC remedies for Trauma, infectious diseases and chronic diseases. The developer of PC remedies is Dr. Harry van der Zee, an internationally renowned homeopath.

"Harmony and Samata" are homeopathic remedies carrying the energies of Mother and Sri Aurobindo. The remedies and

information can be obtained free of cost, just pick them up in the remedy box. Welcome to enquire, pick up background information and start treatment. The remedies are available any time in the remedy box of Integral Health, information in the morning.

Consultations are generally held in English, French and German - Additional languages: Sigrid in Tamil, Nora Hungarian, Lisa Portuguese and Spanish. Malar manages the office, the mailing of remedies, the First Aid Kits and PC remedies on Mondays, Wednesdays, Fridays 9 - 12 am.

You are welcome to contact us at: [integralhealth@auroville.org.in](mailto:integralhealth@auroville.org.in) ; to enquire about the most suitable approach for your health or psychological issue. Please make an appointment beforehand via Integral Health, Prayatna: 2623669.

Sigrid [sigrid@auroville.org.in](mailto:sigrid@auroville.org.in), [www.sigridlindemann.de/](http://www.sigridlindemann.de/)

Peter [peterh@auroville.org.in](mailto:peterh@auroville.org.in) - mobile 9787698464 /

Ingo [ingo@auroville.org.in](mailto:ingo@auroville.org.in) 9489325085 /

Malar [malar@auroville.org.in](mailto:malar@auroville.org.in) 9585012007/

Vani [vani@auroville.org.in](mailto:vani@auroville.org.in) 94 888 18 072 /

Christine [christinep67@gmail.com](mailto:christinep67@gmail.com) 9489805493 /

More information is available on our website:

<http://www.auroville.org/contents/148>

### Keeping Our 5 Senses in Excellent Health

Dr. Geeta Auropremi, Ayurvedic Specialist, has consented to share her knowledge about taking care of the 5 senses, with special attention to the eyes. As people age, many go for cataract surgery. Dr. Geeta will inform us on how to avoid operation by practicing prevention and to even cure cataract.

Venue: ARKA, upstairs room / Date and Time: Monday, 9 Feb, 2015, 3 - 4:30 pm.

Your AVHS Team

### The interest of eating vegan

The world is changing fast and as a vegan doctor I have seen that many people are turning to a whole plant based diet as a way to improve their health. In the West there are new Vegan Supermarkets and fast food chains opening up in major cities. India has lagged behind but now has vegan restaurants in Auroville and Pondicherry, Chennai, Bangalore, Goa and several vegan friendly restaurants in other parts. In Auroville you can buy amazing vegan chocolates (Mason & Co), soya milk (Auro Soya) and vegan cheeses and chocolate mousse (in Foodlink, Farm Fresh and HERS) as well as a lot of vegan ready made products. And you can eat vegan in most Auroville restaurants. Many people have changed their diets and noticed the health benefits. Even more importantly eating lower on the food chain is the best thing you can do for the environment. And most important of all - our fellow beings. Almost everyone here has seen mother cows separated from their babies, tied up with short ropes. The mothers cry for days when their male calves are sold so that all the milk that was meant for them can be made into yoghurt or cheese. If you have ever felt the bond between mother and child, you understand how strong that bond is. So if you haven't yet given it a go, why not try vegan? - for your health, the animals and the planet. If you would like to know more, please don't miss one of the next 2 Peas vs Pills seminars at Quiet on 22nd Feb and 15th March. Or just google Vegan and learn more!

*Dr Nandita Shah*

## AUROVILLE RADIO



Dear Listeners,

Chloe will be arriving shortly and will hold a recording and editing workshop of which the final product will be included in the Chennai Festival. To register in this workshop please write to [Chloe@auroville.org.in](mailto:Chloe@auroville.org.in)

The month of January has been busy, we are happy to have a number of volunteers to help us record the many events. However we are always looking for people who are interested or who have skills in PHP programming and WordPress administrators and website designers in order to merge the AurovilleTV and Radio site into one entity. Journalists and social media experts are welcome to join the team.

The residents of Auroville are also welcome to join the team and to explore the Media Lab project that is slowly developing. The FM license application will most probably be under the umbrella of AVArt Service as SAIER did not feel comfortable with it.

At the radio premises the sound has been greatly reduced since the wall has now been built and painted, thus our daily tasks are much improved - Thanks to Ricardo and Carlos for their work! Your contribution will be welcome to help cover the total expenses of Rs 50,000 of which we have received 20,000 already!

These are the latest programs published by AurovilleRadio this week. All the recordings are available in CD or ready to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Financial Service.

**Auroville & 8th Marathon** (Wellness 31/01/2015)

Anand Prasad shares the pleasure to organize the Auroville's Marathon. 3000 runners ready to enjoy the trail. -[English, 17 Minutes]

**Satprem: Lettre a Yolande** (The Path 31/01/2015)

Satprem -[French, 37 Minutes]

**Savi Meeting on Volunteer program** (Volunteers 30/01/2015)

Savi meeting on improving study and volunteer opportunities in Auroville. -[English, 24 Minutes]

**Lionel explains graphs in English** (Research 30/01/2015)

Social Anthropologist Lionel explains the graphs, his study of the population that helps to focus local survey work. -[English, 80 Minutes]

**Aromar Revi Interaction** (Governance 30/01/2015)

Aromar Revi had an interaction with the Auroville community regarding the Retreat happening on March 12 & 13 -[English, 104 Minutes]

**Off the Cuff-14** (Performing Arts 30/01/2015)

Events, Roadside litter, sludge, why we are here, and is anyone feeling anything happening in their yoga? -[English, 19 Minutes]

**The Vedic Gayatri Mantra** (Sri Aurobindo 30/01/2015)

Nishta Muller talks about the Gayatri Mantra at the University of Human Unity seminar, Savitri Bhavan, Auroville. -[English, 51 Minutes]

**The Philosophy of Consciousness** (Sri Aurobindo 30/01/2015)

Rod Hemsell talks about the Philosophy of Consciousness at the University of Human Unity Seminar in Auroville. -[English, 64 Minutes]

**Dialog & Human Unity** (Evolution 29/01/2015)

Most of humanity's problems are self-generated. Dialog & Human Unity on February 3rd at the Visitors Centre, Auroville - [English, 7 Minutes]

**New Water Well. Potters** (News from Auroville 29/01/2015)

Manohar talks about the new bored well at WMS, and Joel about music and his passion for classical Indian music. - [English, 26 Minutes]

**Botanical garden's a new Labyrinth** (Ecology Awareness 28/01/2015)

Friends of the Botanical Gardens celebrated a new Labyrinth just before the official Pongal Holidays. -[English, 7 Minutes]

**Selections by Gangalakshmi-22** (Sri Aurobindo 28/01/2015)  
Weekly series of readings by Gangalakshmi, This week "The ideal of Human Unity" by Sri Aurobindo and other messages. - [French, 13 Minutes]

**Joel & Kees @ Sacred Groves** (Music 27/01/2015)

You can listen to all of the programs and more on [www.aurovillerradio.org](http://www.aurovillerradio.org). For more info call 0413-2623331 or email [a@aurovillerradio.org](mailto:a@aurovillerradio.org)

Joel and Kees present an acoustic, unplugged performance of North Indian Fusion at Sacred Groves, Auroville. -[English, 55 Minutes]

**Fusion, Sarang, Samba de Roda** (News from Auroville 27/01/2015)

Tonight at 7.30pm at UP in IZ interesting fusion concert presented by AVI USA. -[English, 11 Minutes]

**Off the Cuff No.13** (Performing Arts 26/01/2015)

Andrea, Renu, Wazo shares about Auroville's issues & potentials. Entry Service, International Zone, Water & Ideals. - [English, 17 Minutes]

## S P O R T S

### Pondicherry Equestrian Challenge (Pec) 2015

Red Earth Riding School warmly welcomes everybody to come and watch the show jumping competition this weekend on **Friday 6<sup>th</sup>, Saturday 7<sup>th</sup> and Sunday 8<sup>th</sup> February** from 7.00 am - 10.30 am & 3.30 pm - 6.30 pm.

About the jumping: The show will include 12 jumping events with courses ranging from 80 cm all the way up to 130 cm. Five RERS riders will be participating in the jumping events, all the way up to the 115 cm!

The snack bar will offer breakfast, coffee, tea, cool drinks and Kalya's cakes. Roma's Kitchen will run a booth with sandwiches, burgers and ice cream.

We look forward to seeing you there!

*Red Earth Team*

For further information contact: Anna - 9489587700

### To all basketball players of all ages sizes and genders

The annual certitude league is going to take place during the Auroville week 21 to 28 February. This is just a note for you to sign up.

There will be sign up sheets in most public spaces as well as certitude court.

If not just tell us in person (*Virya, Velu, Jothi, Karthik at La Terrace*)

You must provide a contact number along with your name.

The official time and date will be announced later on.

Please sign up one and all so we can have a good time and continue this joyous tradition!

You can also send a text message with your name and numbers to 9585838938 specify that it is for the certitude league!!

Looking forward to a lot of fun. *The certitude basketball crew.*

## T R A V E L

### Latest News from the Travel Shop - located at Inside India in Auroshilpam

For ticketing - International and Domestic Flights, Trains, Buses and Tours.

Many new offers are available from Qatar Airways, Emirates, Etihad Airways, Kuwait Airways, Oman Airways.

Srilankan Airlines have promotional offers to Frankfurt, Paris, London and Rome. They are now working together with other Airlines providing connecting flights to many European and USA destinations.

We recommend the following minimum check-in time at Chennai Airport:

Domestic - 2 hour prior to departure.

International - 3 hours prior to departure.

Please ensure that you have all the required travel documents for your entire journey i.e., valid passport & necessary visas and that you have had the recommended inoculations for your destination(s).

Please check with us in advance if flight schedules have changed.

Insurance: We strongly recommend that you avail of a Travel Insurance.

We're open from 09:00 to 13:00 and again from 13:30 to 17:00/

Tel: 2622078, 2622604, 2623030, [travelshop@auroville.org.in](mailto:travelshop@auroville.org.in), [domestic@inside-india.com](mailto:domestic@inside-india.com), [doulat@inside-india.com](mailto:doulat@inside-india.com)

## E A T I N G O U T

### Friday World Dance at Well Cafe

All are welcome to enjoy our soups, Falafels, Bean burgers, Tofu Baguettes, Thai salads, Japanese salads, cheese cakes, vegan deserts and more. Waiting for you on Monday-Wednesday - 8:30-17:00 / Thursday to Saturday - 8.30 to 21.00.

**Friday World Dance 17.00-19.00 - Dinner served till 21.00 (last order 20.15).**

For take-away, catering or dinner for groups please call: 2622219.

With Love, *Well Cafe team* - Sve Dame (opposite C.S.R)

### Av Bakery Cafe is open for breakfasts, lunch and snacks

Mon.-Sat. from 7.30 to 18.00

Please come and enjoy our Super sandwiches, Fresh salads, Homemade Muesli, juices, and delicious Lunch Specials (veg/non veg) Last order: 17.30. With love *Av Bakery Cafe team.*

### Cafeteria and Le Zephyr closed on Saturday night

Dear community,

Due to the Marathon dinner on Saturday 7th evening, both the Cafeteria and Le Zephyr will be closed as we are fully booked.

Dosa Corner will remain open.

Thank you for your understanding,

*The Visitors' Centre and Cafeteria*



### Green News & Calendar

Fresh winds are blowing all over the world, and also in India, in the sphere of environmental awareness. A flurry of news - many of them

encouraging - and limited space has made us choose a 'flash news' format for this week's column.

#### 13/14 February: **Global Divestment Day**

Promoting a fossil-fuel free future as a top priority to avoid catastrophic climate change, events are being staged all over the world. (Celebrate Valentine's day with renewable energies!)

As we write this column, the US Senate is voting on the **Keystone XL pipeline** that would transport highly polluting tar sands from Canada. Intense campaigns are aiming at preventing this disastrous project. We keep fingers crossed...

#### 13/14 February: **Sustainability** convention in **Rajgir, Bihar**

Seeking holistic approaches, **DMI** (a collaborative project with the Bihar government) calls for new ways to sustainable livelihoods, built on collective, village-based enterprises and commons, and establishing Good Governance and leadership practices.

#### 13/14 February: **Vikalp Sangam** - 'Alternatives confluences across India', in **Madurai**

Grassroots organisations from all over India are jointly organising a series of gatherings in various places, aiming at new & holistic approaches that are grassroots-based, ecologically sustainable & socio-economically equitable, celebrating communities and looking for radical changes in thinking & action. *Several Auroville units have been invited and are hoped to participate.*

#### 28 February - 2 March: 5<sup>th</sup> **National Organic Farming Convention** in **Chandigarh**

This large convention, organised by **OFAI** and **ASHA**, brings together thousands of farmers and activists, this year focusing on 'mainstreaming organic farming'. We just learnt that due to its popularity it had to close registrations before time!

#### 11 March - **Seminar on Sustainable Future** at Music Academy, **Chennai**,

TED talks & panel discussions as part of the '**What is Auroville**' festival that will take place from 1st to 21st March.

#### 12 & 13 March - India-wide activist events for **Safe Food & Farming**

Marking the 50<sup>th</sup> anniversary of the introduction of pesticides to India as part of the 'Green Revolution', numerous activist events will take place across India to promote pesticide- and GM-free farming. This is also the weekend of the Auroville Retreat!

**Cotton farming:** India is today the world's largest producer of organic cotton (with an 80% share in global trading), at the same time 95 % of its cotton is genetically modified. Desperate situations persist in GM cotton-growing regions, with suicides of debt-stricken farmers in several parts of the country further rising - to date over 300'000 in total; a tragedy that has been dubbed the GM genocide!!

++ **Going organic:** Kerala aims at being fully organic by 2016 as per its official state policy.

Other regions that strongly promote organic farming are Meghalaya (Sikkim & Mizoram), Madhya Pradesh (with over 25 lakh hectares, half of India's organic farming area is in MP), and Andhra Pradesh where 1/3 of the total farming area is pesticide-free, and farmers teach each other in innovative ways).

More details can be found on the internet.

The last two Sunday walks, opening the season, have been inspiring: **Annapurna Farm** had a record attendance of 75

## Sunday walk Farms & Forests

Aurovilians, volunteers, guests & visitors. Additional transport had to be organised as many more participants came to the SK pick-up than those who had booked, but eventually we all got

there and were rewarded with an amazing afternoon: Walking through emerald-green paddy fields; admiring the happy sindhi cows and learning about organically certified dairy farming (Annapurna is setting standards for South India), sampling the tasty cheeses; visiting the rainwater catchment ponds and fields of millet, pulses and legumes growing abundantly in the black cotton soil. A big thank-you for welcoming us and for your generous sharing of knowledge, along with insights into the hard work and passion involved in running Auroville's rice basket & largest farm, to Tomas, André, Alberto, Anna, Rajan & team!

Last Sunday Rik guided a walk in **Success sanctuary** through its vast, mature forest, the result of water conservation and afforestation work that has been going for decades in one of Auroville's oldest places. Only a few narrow paths give access to this pristine ecosystem of 70 acres, and we got a rare chance to catch glimpses and learn interesting facts about the deep canyons that run through the area. Thank you Rik for giving us an idea of what it means to protect Auroville's green lungs and help maintaining the region's ecological health!

#### **This Sunday 8 February, 3.30-5.30 pm: Revelation Forest, with Patrick**

**Revelation**, an area of 85 acres in the North of Auroville is one of the oldest, most expansive and beautiful forests in the region. It comprises orchards, a forested park and a large forest sanctuary, which has allowed a rich diversity of birds and wildlife to return. Activities at Revelation centre around holistic conservation - soil, water, biodiversity, with regular scientific research, often in collaboration with institutions in India and elsewhere. Considering that this forest was re-grown on desertified red laterite soil, today it stands as a model of eco-restoration, as well as a place for study and education. Our walk will be guided by Patrick, who has planted, nurtured and stewarded this forest for more than three decades.

**Route description:** Ca.10 min cycling from Solar Kitchen, or 5 min from Matrimandir. Coming from Solar Kitchen, turn left and continue straight all along, passing the archeological excavations to your left, Matrimandir and Town Hall to your right, continue past the turn-offs to Kottakarai (on the left) and Greenbelt road (on the right), finally passing Sve Dame & Well Café on the right and Upasana on the left. Immediately after that you will see the large brick gate to Revelation. Please be there on time as Patrick will be waiting for us at the gate. (For assistance call 0413-262 2683.)

**Next week: 15 February 10am - noon: Fertile Field** with Jana and Jan (details in next N&N).

*AV Green Center invites you to share 'anything green' for a healthy Auroville. Bioregion and beyond:*  
avgreencenter@auroville.org.in  
For Green Center - Jasmin, Lisbeth, Bridget

**Global Divestment Day:** <http://gofossilfree.org/divestment-day/>  
**DMI:** <http://www.google.co.in/url?sa=t&rct=j&q=&esrc=s&source=web&cd=2&ved=0CCIQFjAB&url=http%3A%2F%2Fwww.dmi.br/lps.in%2Fimages%2FSymposiumAnnouncement.pdf&ei=sGrQVI-bMKPAmAWDyIC4CA&usq=AFOjCNG2GSdJIAbdvCz3XmjBZhJdzfS1EA>  
**OFAI:** <http://ofai.org/>  
**ASHA:** <http://www.indiaorganic.net/institutions/asha.html>  
**National Organic Farming Convention:** <http://organicconvention.in/>  
**Vikalp Sangam:** <http://www.vikalpsangam.org/>  
**Revelation Forest:**  
[http://archive.auroville.org/journals&media/avtoday/archive/2004-2009/2005-06\\_07/patrick.htm](http://archive.auroville.org/journals&media/avtoday/archive/2004-2009/2005-06_07/patrick.htm)

# Notes

## SOS from AVHS

Auroville Health Services (AVHS) is at present organising home care for 11 Aurovilians (some for 24/7) spread out in 9 different locations. This situation is extremely time and energy consuming for our care-givers and if it continues we will not be able to take on any more Aurovilians needing care. Our trained staff is very limited and we depend heavily on volunteers who can usually help out for a limited period of time only.

The New Clinic (IIH) provides accommodation for only two in-patients. So, as the number of seniors in Auroville is increasing, it then increases the pressure on us. In order to make care-giving more economical and more effective, AVHS wants to build the "Home for Assisted Living" (see separate sheet attached). As stated on this sheet, L'avenir has still not given clearance for the project.

What else can we do? Send the Aurovilians in need out to Nursing Homes or Hospitals? This seems to be a poor solution, apart from the enormous cost this would involve. We need the support of the whole community to see that something is done!

*The AVHS team*

## L'avenir clarification regarding the Home for Assisted Living project

L'Avenir is fully aware of the need for a senior's housing project and suggested the location on the edge of Arka as it was best suited, accepting that part of the site would be in the Mahalakshmi Park.

Subsequent building applications did not respect the parameters regarding size agreed upon and became too ambitious to be fitted in this site area. (Initial parameters and cost were agreed upon for 300sqm of built up area for a cost of 50 lakhs, but the building application is now for 750sqm for a cost of 2 crores.)

Despite our repeated mails to the project holders stressing that the project is not respecting the parameters and would need either reduction of size or moving to another location, the project holders insist to keep their project in its integrality on this site.

Another point of contention is the fact that one wing of the project is duplicating facilities available at the Auroville Institute of Integral Health next door.

For the approval of buildings, there is a process that has been published in the N&N which involves different planning, architectural and financial steps to be done also in coordination with the FAMC and other relevant groups. Respecting this process is the best way to make the matter move in a smooth direction.

Sincerely,

*L'avenir d'Auroville/TDC*

## The Horse Year

*"On the eve of Saint Antony's Day (16 Jan.) hundreds ride their horses through the narrow cobblestone streets of the small village of San Bartolome (Spain, 100 km west of Madrid) during the Luminarias, a tradition that dates back 500 years and is meant to purify the animals with the smoke of the bonfires and protect them for the year to come" (The Hindu, 18 Jan. 2015, p.16).*

According to the Tibetan Calendar, the Horse Year started 2-4 March 2014 (after the Snake Year) and will finish 19-21 Feb. 2015, before the Ram Year (or Goat Year). During this Horse Year I didn't see many horses in Auroville but hundreds of motorbikes. In Paulette's exhibition "The Pioneers of the New World (Aurovilians in 1968-1980), there isn't a single motorbike in any picture. But the children of the first Aurovilians often used the horses on their roads to school - for example, a horse was used for this purpose in Two Banyans.

In Sept. 1991 I arrived in Auroville and for eight months my first job was to clean horses in the Kottakarai Pony Farm. I felt that I was one creature with every horse - like the centaurs (kentauros) in the Greek Myths. The ancient Greeks said that the highest God in Olympus, Zeus, used a winged horse "Pegasus". Alexander the Great had the famous battle horse "Bucephal", Alexander's father was named Philippe - "lover of horses". Hippocrates, the father of medicine, meant "power of horses" in the translation from Greek. Now there is a word "hippotherapy": any horse can give health to its owner and to the planet.

Some special horses of the past have incarnated at the Kottakarai Pony Farm: Zeus' Pegasus (with invisible wings), Alexander's Bucephal, Don Quixot's Rosinant, and Lev Tolstoi's Frufu etc. These horses told me: "The unbalance on our planet is because of the state leaders being mainly males. Females must be first. If women would rule in the world, harmony and peace would dominate with a minimum of technology and a lot of horses".

From time to time they also repeat a sentence: "The Nature Camp needs the horses".

*Boris*

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# For your calendar



## AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri - read by Mother - to Sunil's music

Every THURSDAY at sunset - from 5.30 to 6.00 pm (*weather permitting*)

Enjoy the beautiful open space, an immense sunset and heavenly music in the very Center!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone not to use cameras, i-pads, cell phones, etc. Dear Guests, please carry your guest cards with you and note that access is only for the Amphitheater, from 5.15 pm. Please be seated by 5.25 pm, no late entry. Thank you.

*Amphitheatre Team*

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### SILENT MEDITATION FOR AUROVILLE

Let's meet as usual under the Banyan tree Matrimandir,

Every Thursday 5 to 5.30 pm. We will concentrate on this phrase:

*"Please Mother, help us to open ourselves to the Divine Consciousness, thank you"*

Then you can listen to Mother recite Savitri at the amphitheater, at 5.30 pm.

Please, dear guests, bring your Aurocard, thank you

Thank you for being together

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## INVITATIONS

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### FARMER'S MARKET AND COMMUNITY FESTIVAL

SATURDAYS AT THE YOUTH CENTER (10:30 am - 2:30 pm)

For the winter season, the Farmer's Market at the YC will now be held on a weekly basis - every Saturday (However, it will be cancelled in case of rain!!)

Love and light, *The Localicious Auroville Team*

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### Eco Femme Open House

We would like to invite Auroville's guests, volunteers, interns and residents to join us for an open house and discussion on menstruation and the environment, Eco Femme's work, Eco-friendly menstrual products and how we relate to menstruation worldwide. This will run weekly from Jan continuing through to the end of March.

Thursdays 2-3pm @ Saracon Campus, Near Ganesh Bakery, Kottakarai.

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### LINEA Dental - OPEN HOUSE

We invite you to our open house reception at Aurelec Cafeteria

On Friday 13th February 2015 from 4.00 to 6.00 pm

Snack will be served -

We will show you our new clinic and laboratory and will present our team of specialists

At 4.30 pm Dr. Jothikumar Kamalakkannan, MDS, ISOI,

Head of Prosthodontic Department of Dental College in Chennai

Will give a talk on dental implants procedure.

You are all welcome to exchange with us,

*Tatiana and Nicola*

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### Sri Aurobindo Centre for Advanced Research, Pondicherry

Organises

"Living Within" Study Camp

April 10<sup>th</sup> -12<sup>th</sup> 2015

Themes from *The Life Divine*

1 - *Why stop desiring?*

2 - *God being All-Good, who created pain and evil?*

3 - *Do you believe in Rebirth?*

Speaker: Dr. Ananda Reddy

For Registration please contact: [sacarstudycamps@gmail.com](mailto:sacarstudycamps@gmail.com)

9443019172, 9994190403

Venue: SACAR

Full-camp fee: Rs. 2,500 per head, including stay and food

## HE(ART) CENTER: A Labor of Love



The Sankalpa art center will be a safe space for creative expression, and a bridging point between cultures through art. Open art therapy workshops, individual sessions and trainings will take place here, as well as regular activities with children and adults from both Auroville and the surrounding villages.

All are invited for our inauguration on-site in the International Zone:

**Sankalpa Art Center Inauguration**  
Saturday, February 14th from 8 am to 11 am

Anyone interested and able to help erect our 30' geodesic dome structure is welcome (it can only be built collectively)! We will offer some materials for writing intentions (sankalpas) which will become part of our structure as well.

Directions: Drive past Tibetan Pavilion on your right and International House, Solitude and the Inuksuk on the left. In the open fields, turn towards the right and follow a natural fence until you see a bright blue container and enter at the gate.

Looking forward to seeing you there!

With love,

*Krupa & Iyyappan J./Sankalpa: Art Journeys (subunit of Thamarai)*

Contact to volunteer: [sankalpa.art@gmail.com](mailto:sankalpa.art@gmail.com)

## EXHIBITIONS

### WITH THE SUPPORT OF THE FRENCH PAVILION

Mayaura's exhibition at Centre d'Art - Citadines  
7 - 28 February 2015

This exhibition covers the development of my work over a period of ten years, segmented into different stages in its evolution, as follows:

#### 2005-2008

The pictorial spaces of these abstract works is textured by layers of interwoven lines, either of rows of Sanskrit letters used as purely abstract graphics signs, or of superposed planes of pure or engraved colour. The interweaving of these embossed and engraved lines and these colored planes enriches the texture of the paintings, planes, giving them a depth, while allowing the original weft to remain visible, though transformed, as if time has intruded into the spatial dimension.

#### 2009-2011

A period of research into the texture of colour, reducing the use of graphic elements and plunging into the world of colour's pure luminescence.

#### 2011 - June 2014

I felt a need to instill a new dynamic into the texture of the paintings through movement, nurtured by an intensive course of drawing from live models. The body is my visual base, though unrepresented and un-delineated; the medium of a flux of energy, a vehicle of life - the "container" of a mystery. Also the body as a work tool, giving, as it were, its latent consciousness the chance to manifest itself, to find itself, to experiment. In this spirit, I carried out an intense period of drawing in Michelangelo's Sistine Chapel, between February and March last year.

#### From July 2014

Since last year, I have been trying to integrate and unify different qualities I have been striving for up to now, though paradoxically it remains paramount for me to develop a capacity for letting go, for abandoning all acquired knowledge, for entering "the cloud of unknowing". The plasticity of the pictorial space is mediated by the body, through the body, in an attempt to form a bridge between matter and consciousness.

Opening Saturday February 7<sup>th</sup>, 3:30 pm, everybody is welcome.  
Open from Tuesday till Saturday, from 2 to 5 pm or with RDV

#### Contacts:

Mayaura: Home 2622 026 or mobile 84 89 82 04 84

Janaka: 94 42 99 27 84

Centre d'Art Citadines: 2622 881

## TALKS, SEMINARS

### PEACE WORK

Presents a conversation about peace between film maker and founder of "Peace One Day", Jeremy GILLEY and Ambassador of peace Prem RAWAT and another short video "Practice Peace" by Prem RAWAT @auroville.org.in

#### UNITY PAVILION

7 pm - Thursday 19th of February

Duration: approx. 1h

## THE FRENCH PAVILION AND CIRHU

Talk-debate in French presented by Claude de Warren, writer

"Greek mythology, Sri Aurobindo: a vast spiritual synthesis"  
Saturday, February 7, 2015 at 5:00 pm, Cinema Paradiso

This talk and debate moderated by Claude de Warren wants to highlight the convergence between the spiritual synthesis contained in Greek myths and Sri Aurobindo, supplemented by the experiences reported in the Mother's Agenda.

After the presentation of the key encryption and the genesis of the gods, two major directions of work in yoga will be addressed: The ascension of the seven planes of consciousness with the descendants of the Pleiades, and corresponding experiences since the beginning of the journey up to the advanced stages of the "Adventurers of Consciousness".

The work of purification-liberation with the works of Heracles, the wars of Thebes and the deviance of the Minotaur.

The deep meaning of the works of Homer will then be presented:

- The Iliad: the refusal to separate the spirit from the material.

- The Odyssey: the extensive process of purification which leads to total transparency and establishes the link with the Supramental yoga.

*Biography: Engineer in aeronautics, Claude de Warren got interested in the evolution of consciousness and its different symbolic expressions. In 1985, his encounter with the work of Sri Aurobindo and the Mother's Agenda marked a turning point in his journey. Without having a prior interest in Greek mythology, he devoted almost twenty years to it, updating a vast synthesis of spirituality which is comparable to that of Sri Aurobindo who completed it three thousand years later. This research was the subject of a publication of the Editions de Midi, in three volumes, under the title "Greek mythology, Yoga of the West".*

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## INTERACTIVE SESSIONS ON AUROVILLE presented by Insight Seminars

- Introduction to the Vision & Concept of Auroville 9<sup>th</sup> - February 2015 Monday, presented by B
- Eco-Restoration - 11<sup>th</sup> February 2015 Wednesday, presented by Parvathy (Pitchandikulam)
- Auroville Economy & Organization - 12<sup>th</sup> February 2015 Thursday, presented by Bunty
  - Greening of Auroville - 13<sup>th</sup> February 2015 Friday presented by 'B'

Time: 10:00 to 11:30 a.m. including question and answer session.

Venue: Insight Seminar room, Ground Floor, in the Inside India building - Auroshilpam (opposite CSR; behind Auromode).

\*The presentations are free of charge. Anyone may walk in.

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## CULTURAL EVENTS

### Oriental Experiences/ Impressionistic Jazz

Piano Hartmut

Bass Rolf

Drums Matt

Saturday 7<sup>th</sup> February at 8pm at Cripa Kalabhumi

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### Neptune

#### Evening Sve Dame

Well Café

Saturday 7<sup>th</sup> February

5.30pm to midnight

Neptune evening Music, Poetry and Dance

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### Beyond Names

#### Odissi Dance

By Nayantara Nanda Kumar

Sat. 7th Feb 2015, 8 pm

Sri Aurobindo Auditorium - Bharat Nivas

Nayantara Nanda Kumar, an environmental engineer and Odissi dancer, is the founder of Our Sacred Space - a center for environmental work, folk and classical arts. She is a disciple of Guru Jyoti Rout and has been learning Odissi dance with her for the past 15 years. Nayantara teaches Odissi dance in Secunderabad. She studied Bharatnatyam from Guru V. Ramamurthy and Guru Manjula Ramaswamy and Carnatic music from Smt. Vageshwari Narayan and Sri Ravi Kullotham Rao. She has attended intensive theater workshops with Parnab Mukherjee and Devendranath Shankararayanan.

## Fund Raising Event @ Nandanam Kindergarten

Nandanam Team invites everyone to come and be part of a Fun filled day in an effort to raise funds. There will be Diverse Food Court, Art & Craft, Flea Market, Show and many more surprises!!! Please come and join us at Nandanam kindergarten on Saturday February 7th, 2015 from 11 am till 4 pm



### Svaram Tune In - show by various artists!

Date: 7th February / Venue: Nandanam / Timing: 2:30 pm to 3:30 pm  
An hour filled with pure ecstasy in an effort to help Nandanam in their fund-raising.

African and Indian Fusion  
Tamil Traditional Drumming  
Calling Bell - Drumming  
Samba Music  
Musical Melodies Mattalophones  
Flute - By Kees Van Boxtel - Holland

Show starts at 2:30 @ Nandanam Kindergarten. Limited Seating so book early!  
Tickets are for Rs 150 for Guests and Rs 100 for Aurovilians.

**Limited sitting place!**

Ticket booking contact *Nandanam* : 04132622461 or *Karthik*: 9865491453

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## Happenings at solitude farm this month!

Our aim at Solitude Farm is to strengthen our community through local food and music. The connection with the land and an understanding of where our food comes from is the basis of society, from which culture emerges. Cultural richness is a mere reflection of the diversity of the relationships in the soil. When we destroy the soil through chemicals and monoculture, we are also losing our culture. We want to bring awareness about the importance of local and organic food and why it matters to society as a whole. We feel that simple, nutritious food grown, harvested and eaten at the same location is best for our body and soul. It is a question of health and nutrition but even more so it is a cultural issue. Therefore we will be hosting some events this coming month that aim at reconnecting our community with the earth and with our culture. So come and relax and enjoy good food and good music with us!

**SUNDAY 8th of February at 6 pm: STORYTELLING.** An evening of magical storytelling at Solitude Farm. Derek Hook has been delighting young audiences across India for over a decade now, with his magical storytelling performances. Using music and percussion, Derek weaves stories that are packed with sound, colourful characters, twists in the plot and cheeky dark humour. Adults will also be drawn into these stories with their universal charm. A fresh fusion dinner specially created for kids will be served at Solitude Farm Café.

**THURSDAY 12th of February at 7 pm, LIVE MUSIC: NAZCA,** A rock band from Réunion island. Their style is heavy but at the same time bluesy, always rocking with style and elegance. Blanc-Blanc (Eric Juret): lead vocal, Pascal Manglou: Guitar/backing vocals, Nicolas Belleville: Drums, Xavier Hoarau: Keyboards/ backing vocals and Guillaume Le Gonidec: Bass/ backing vocals.

**FRIDAY 13th of February at 7 pm, LIVE MUSIC: THE FERTILIANS.** Come listen to a spicy mix of European folk music. A musical meeting of friends singing folk and gypsy songs in Greek, Bulgarian, Hebrew, French and English. Relax and enjoy a dinner from our fusion kitchen.

**FRIDAY 20th to SUNDAY 22nd of February: RESIDENTIAL PERMACULTURE WORKSHOP.** This 3-day experiential residential workshop offers you an exploration to growing food, nutrition and sustainable living through permaculture in Auroville. Join Krishna McKenzie and take a step into the world of natural farming and rediscovering your relationship with nature and the food you eat.

**SATURDAY 28th of February at 7 pm: LIVE MUSIC: EMERGENCE.** Auroville's very own home-grown rockers. Acoustic indo-pop by the Emergence band. With Krishna McKenzie (Guitar & Vocals) Karthick Iyer (Violin & Vocals), Mishko M'Ba (Bass) and Sounder Rajan (Drums).

A fresh fusion dinner made from our local and organic ingredients will be served at Solitude Organic Farm Café together with the events. Our food has zero food miles and the ingredients we use reflect those that have been grown for hundreds of years on this land and have a cultural and ecological relevance.

**DAILY** Solitude Organic Farm Café caters to the growing demand for organic, vegan, gluten- and sugar-free food. The café is open Mon-Sat 09.00-3.30 pm.

No reservations are needed. For further information call Krishna at 9843319260.

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## SAARANG

In the framework of the ongoing Indian Musical Instrument Exhibition and its regular Thursday weekly workshops on Indian classical music at Bharat Nivas, SAARANG invites you to:

A workshop on Carnatic Music offered by Sri (Dr.) Kalaimamani Arimalam S.Padmanabhan and by Meenakshi (Auroville)  
Thursday, 12th February 2015/ Venue: India Space, Bharat Nivas, Auroville/ Time: 6 pm

### Brief Introduction on the visiting guest Artist

*Prestigious Kalaimamani Award winner, reputed vocal artist and expert on Carnatic music, Sri A.S.Padmanabhan is a well-known performer in vocal Carnatic music. He is also an experienced Teacher & Educator in music, Tamil, English and Value Education. He is also known as Music Composer for documentary films, theater, dance, songs and musical plays.*

The above workshop will be supported also by a Carnatic violinist and Mridangam player. Details will be available in the following week on posters and auronet.

For more information kindly contact India Space Office: 2622253 or e-mail: [cicbn@auroville.org.in](mailto:cicbn@auroville.org.in) or [tamil@auroville.org.in](mailto:tamil@auroville.org.in)

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## ACT IN CONCERT

CRIPA - Kalabhoomi  
Friday 13 February at 8:00 PM

Recital of Songs from: Robert Schumann, Johannes Brahms, Franz Schubert and Richard Strauss.  
With Birgit Breidenbach, Contralto-Voice  
Pushkar, Grand-Piano

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## Kalabhumi Festival

On Saturday February 14th (Valentine's Day) in Kalabhumi, an art event will take place.

From 3:30 pm till night there will be Music, Food, Dance Performances, Concerts and entertainment for adults and kids as well.  
Take note of it and share it with your friends...

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## CLASSES, WORKSHOPS

### PROGRAM FOR RESPONSIBLE ENERGY MANAGEMENT - WORKSHOP

9-11 February 2015 at Unity Pavilion

Auroville Green Practices and Sunlit Future are organizing a 3-day workshop, titled 'Program for Responsible Energy Management', scheduled from 9-11 February 2015. Participants will be trained in implementing energy conservation and efficiency schemes energy auditing to assess the capacity of solar PV systems to be installed, supervising installations, quality control, maintenance, tendering and monitoring of overall energy performance per facility. Specific attention will be given to municipal facilities and educational campuses. Registration deadline is 5th February 2015. Full program attendance is required. If you are interested to attend please send an email to: [info@agpworkshops.com](mailto:info@agpworkshops.com).

Thank you! *Martin*

### QUIET HEALING CENTER: COURSES & WORKSHOPS

Watsu Introduction with Bogi

Wednesday 11 February 2015

8.30 AM - 6.00 PM (8 hours)

Quiet Healing Center (tel. 2622329 / 9488084966)

Many consider Watsu the most profound development in bodywork in our time. The holding that working in water necessitates brings the receiver to a new level of connection and trust. This, combined with the therapeutic benefits of warm water and greater freedom of movement, creates a therapeutic modality that affects every level of our being.

Learn to give and receive some simple yet profound movements in warm water. Using the water as support, you will learn to float, massage, stretch, cradle and hold someone in tune with the breath. Watsu Introduction offers an excellent exposure to the world of Watsu and is an ideal precursor for the Watsu & Liquid Flow Basic course. No previous experience required!

Hawaiian Lomi-Lomi Massage Level 2: Advanced with Sang

Thursday 12 - Sunday 15 February 2015 (4 days)

8.00 AM - 6.00 PM (40 hours)

Quiet Healing Center (tel. 2622329 / 9488084966)

This intensive 4-day course is a continuation of Heartworks Hawaiian Lomi-Lomi Massage Level 1: Basic. To participate, you need to have completed level 1. In this advanced course, you will learn and practice new massage moves, sacred dance steps for harnessing universal energy, exercises to know the body more intimately, active meditations, further knowledge about the 7 Huna principles, and reconnecting with the spirit of "aloha" (love).

Watsu Basic & Oceanic Bodywork (OBA) Basic with Xavier Boisson

Tuesday 17 - Sunday 22 February 2015 (6 afternoons)

1.30 - 6.00 PM (27 hours)

Quiet Healing Center (tel. 2622329 / 9488084966)

Watsu & Oceanic Bodywork Aqua (OBA) are aquatic bodywork modalities given in a warm water pool (ideally 35°C). While Watsu is the mother of all water therapies, created by Harold Dull in the 1980s, OBA (formerly called Aquawellness) was developed afterwards by Kaya Femerling and Nirvano Martina Schulz. It combines elements of light movements and stretching, massage and mobilization of the joints in connection with breathing and energetic work conducted both on the surface and under water.

Watsu introduces the body mechanics to work with someone on the surface in order to create a profound state of physical and mental relaxation. During the OBA part the receiver is brought under water (with nose clip), which offers a unique experience. Watsu & OBA offer an opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, releasing emotions and traumas - ultimately, for freeing body and mind in a flow unique to each client and each session.

In this course, you will learn and practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another person in water. You will experience floating other people and being floated, on the surface and under water, creating a space for deep relaxation and nurturing body, mind and spirit. No previous experience required!

### INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

10th February (Tuesday)

• Overview with multimedia presentation • Questions and Answers • Practice in Daily Life • Complimentary Concentration Exercises

• Creative Arts, Interactive Games • Life of Sri Aurobindo and the Mother • Introduction to the Reference Books

Focus this week on: 'Practice - The Sunlit Path'

These Workshops are conducted every Tuesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)

Led by Ashesh Joshi. Contact: 9489147202, 2622922

No Registration required (except for groups). Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit [www.integralyoga-auroville.com](http://www.integralyoga-auroville.com)

## EMOTIONAL BODY LANGUAGE/ EMOTIONAL FACE LANGUAGE

Intensive professional workshop to discover how we can listen to the messages of our bodies through a simple biofeedback - beyond diseases and pains. Our body and our cells are locked in the memories of our past stresses but they can as well come up with the solutions, energetic or emotional, to transcend the limitations of our fears.

We will explore:

- The emotional chart
- The meridian energy
- The muscular biofeedback
- The age recession
- The individual balancing process
- The new choices to connect and to integrate.

**For whom?:** Everyone interested in knowing more about pattern and conditioning

**Where?** New Creation

**When?** Thursdays from 4 pm to 8pm

Intense level 1: Feb 6 and 20 from 9:30 to 17 pm

Intense level 2: Feb 13 and 27 from 9:30 to 17 pm

More Info: Corinne - 097 1995 4271 [corinneinspire@gmail.com](mailto:corinneinspire@gmail.com)

## SOUND RECORDING AND EDITING WORKSHOP

Do you know that sound can be used as a way to express yourself and your creativity? By not only making music, but with sounds recorded around you. Like a soundscape with birdsongs, wind through branches, a passing motorbike, water flowing, voices around you, story-telling or intimate testimony. Sounds also may come from your daily objects, like kitchenware etc. The microphone gives us the possibility to record and fix sounds in many ways. To play and express creativity with all these sounds, we use an editing program.

During one week, Chloé, an Aurovilian friend, working for Radio France and studying electro-acoustic music in Paris, will give a one-week workshop on how to record and edit sound by using the free program [REAPER](#). She'll give an overview of fundamental techniques for recording and editing.

Participants will learn this program by making a **portrait of someone** (or something) from Auroville. After that, for those who want it, we'll include your « portrait » into the radio installation: *The Voices of Auroville* for the [Auroville festival in Chennai](#) (1<sup>st</sup> - 21<sup>st</sup> March 2015) at the Lalit Kala Academy Art exhibition in Chennai.

Date: Monday 16<sup>th</sup> to Thursday 19<sup>th</sup>, February 2015/ Friday, February 20<sup>th</sup>: open practice/ Time: 2 to 4:30 pm

Venue: AurovilleRadio, Town Hall ground floor

Equipment: provided by AurovilleRadio but if you have a laptop, please bring it.

Contribution: Rs 1,000 for guests / Rs 500 for volunteers / Free for Aurovilians

For more information and registration contact Chloé: [chloe@auroville.org.in](mailto:chloe@auroville.org.in) or AurovilleRadio : 2623331

## WELLPAPER WEAVING WORKSHOP 11/02 Wednesday

You are invited for a 3-hour introductory workshop to create art and products from waste (mainly recycled newspaper).

### Baskets Weaving Introductory workshop

Our experienced Wellpaper ladies will teach you how to create the newspaper sticks that are made from rolled up newspaper that serve as reeds for the baskets. You will be instructed and supported during the process. By the end of the workshop you will have made your own basket. You will make the coloring of the final product on your own since its needs time to dry.

The workshops are instructed by WELL women from the villages around Auroville. These women are very well practiced. These women have teaching experience in and out of AV.

Contribution: Rs.500 for guests. All the workshops has a minimum 6 participant registered

The workshop will take place every Wednesday between 9:30 to 12:30. The workshop is held sitting on the floor.

If you would like to join us please email us to: [wellpaper@auroville.org.in](mailto:wellpaper@auroville.org.in) or call 0413-2622219.

## CHAKRA JOURNEY - HEALING CIRCLE FOR WOMEN

Discover who you really are while enhancing your peace of mind, living your creativity and improving your writing skills. With an easy to follow guidance through simple and effective chakra exercises, meditation and visualization, chanting, dancing, drawing, creative writing and yin yoga.

7 afternoons from 2.00 - 6.00 pm, Monday to Sunday Feb. 09. - 15.

For 6 women - registration required - call tara 9751798408 or email [tara@auroville.org.in](mailto:tara@auroville.org.in)

## AVIVA`S METHOD FOR MEN

Aviva method is a physical exercise system which ensures healthy blood flow in the lower body and regulates the related glands for optimal hormone level. One practicing it can enjoy all the benefits of the healing oxygen, minerals and hormones carried by blood to the body parts in this area. These set of exercises developed specifically for men to bring improvement for prostate problems, to increase fertility, to cease depression, and to regulate bowel movements. It uses elements of folk dances, certain habits of natural communities, wisdom of shepherds and facts stated by Western medicine.

Venue: Arka Hall / Date: 11th of February 2015 / Timings: 2-5 pm

For more information please contact Zsolti at: [bagzolsolti@gmail.com](mailto:bagzolsolti@gmail.com) or 8940695720

## BASIC TRAINING: LAUGHTER YOGA CERTIFICATION

*CRIPA - Kalabumi on Sunday, February 7 (9:30 am - 5:00 pm)*

### Research suggests laughter

Relieves stress and depression

Enhances healing

Helps people get along better

Strengthens the immune system

Improves breathing, digestion, and sleep

Increases self-confidence

Adjusts blood pressure

**Have fun, de-stress and learn:**

- the significance of laughter for physical and psychological health and well-being;
- fundamentals of leading laughter sessions;
- philosophy behind laughter and its history;
- creating therapeutic laughter;
- the importance of creating Joy and the Inner Spirit of Laughter;
- breathing properly and improving health;
- to stimulate creativity and imagination through laughter;
- to use laughter in a variety of settings: schools, healthcare, government, businesses and with a variety of people of all ages;

*Aurovilians Ancolie, Fif, Hamish and Lourdes are Certified Laughter Yoga Teachers. Since 2007, they have collectively trained over 300 Clients in international corporations, schools, universities, medical institutions, NGOs and more....*

To register contact [fif@auroville.org.in](mailto:fif@auroville.org.in) / Mobile: 8098796955  
Your contribution supports Komali MeDi Clown Academy to support Therapeutic Clowning, Laughter and Humour in schools and healthcare in Auroville and the Bio-region

# SCHEDULES

## ARKA WELLNESS CENTER - FEBRUARY 2015

### THERAPIES

WHAT WE PROPOSE	WITH WHOM	WHEN
Ayurvedic massage, Lomi Lomi massage & Cranio Sacral	SILVANA by appointment 9047654157	Monday to Saturday
Acupuncture	Dr. MOHAMMED SAHEL ANSARI by appointment 9994208068	Monday, Wednesday and Friday
Body Logic, Soft Massage And Deep Tissue Massage	PEPE by appointment 9943410987	
Yogic Healing Therapeutic Massage	BASU - by appointment 9443997568	Monday to Friday 8 to 9:30 am & 6:00 to 7:30 pm. Saturday & Sunday Mornings
Reiki, Mind Therapy, Foot Reflexology, Courses of Reiki & Ayurvedic Massage. ( Also Individual)	GIANNAKA by appointment 9487629648	
Hypnotherapy and Chakras Healing	Marcella- by appointment 9443338734	Also in Italian
Naturapath-back flowers and Pranothapist	Anita - by appointment 8940552549	
Psycho Spiritual Tarot, Deconditioning Self-Inquiry, Innervoice Dialogue, Graphology	ANTARJOTHI By appointment 0413-2623767 or Email : <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a>	Also in French.
Siddha Treatment ( Discover the traditional Medicine)	Shivaraj - 93454 54232	Monday, Wednesday and Friday From:10:00 am to12:00 pm by appointment.

### BEAUTY PARLOR

WHAT WE PROPOSE	WITH WHOM	WHEN
Holistic Reflexology, Face Massage, Cleaning, manicure, pedicure, threading, waxing, henna & hair coloring.	MEHA by appointment 9443635114	Monday to Saturday
Beauty care (Herbal facial). Dieting/Nutrition consultation. Hair cuttings for Indian hair only.	Semantini by appointment 9943387428	Tuesday and Thursday mornings
HAIR DRESSING	ONGKIE - by appointment 9843930178	Monday to Friday
Hair dressing	LADINA (Certified Hairdresser) appointment - 9787337465	Monday to Saturday
Hair dressing	YUVAL appointment 7639291546	Monday to Friday

### REGULAR CLASSES IN THE MULTIPURPOSE HALL - 1ST FLOOR

WHAT WE PROPOSE	WITH WHOM	WHEN
VOCAL YOGA VY®	Clare Fanning - 9442318775 & Giridev	Monday, Wednesday & Friday at 7:30 am to 9:00 am

Internet facility is available in Arka: Monday to Saturday - 9 am to 5 pm.

Ph: 0413-2623799 / Website: [www.arka.org.in](http://www.arka.org.in)

## VERITE

Please contact *Vérité* to register for the following workshops: 0413 2622045 or [programming@verite.in](mailto:programming@verite.in)  
Contributions requested from guests/volunteers (volunteer reduction by advance application only)

### FATE OR CHOICE? (FAMILY) CONSTELLATION WORKSHOP with YUVAL & MOGHAN

Friday, 13 February - from 9 am to 4.45 pm

In our lives hidden dynamics can unconsciously create our fate. To become aware of them, we can bring back choice by applying (family) constellation techniques.

YUVAL is life & business coach. MOGHAN is a psychotherapist.

### INTEGRAL HEALTH & HEALING with Dr. Geeta Auropremi FOCUS: PARTS AND PLANES OF THE HUMAN BEING

Friday, 13 February - from 9:30 am to 12:30 pm (24 hour advanced registration required)

A holistic approach to understanding the self and maintaining health, including yoga, Ayurveda, diet, pranayama, meditation and naturopathy. Lifestyle guidance is also available for managing specific health issues.

DR. GEETA AUROPREMI has 30 years of experience in Ayurveda, Yoga and Naturopathy. She has an MD in Gynecology and Pediatrics, a YTTTC certificate and diploma in Yoga, and Post-Graduate degrees in Yoga & Naturopathy.

### CONSCIOUSNESS AS MEDICINE with Dr. Yogesh Mohan

Saturday, 14 February - from 9 am to 12:30 pm (by advance registration)

A consciousness approach to dealing with stress, common health problems and diseases, beyond what is written in medical texts. Experiential knowledge from a practitioner's perspective on inner healing.

DR. YOGESH MOHAN, MD (JIPMER), PGPM (ISB) brings the essence of 20+ years of work. Professor & Head Medical Education, Saveetha Medical College, Former Head Integrative Medicine Apollo Chennai.

### FRESH PERSPECTIVES - with Julie

Saturday, 14 February from 9 am to 12.30 pm

Are you at a cross roads in your life? Are you going through a transition? Do you want to get unstuck? In this dynamic and interactive workshop we'll explore how you can create clarity, make conscious choices and move forward. Join life coach Julie to get fresh perspectives on your life.

JULIE is a certified life and executive coach from the Coaches Training Institute in London, with extensive coaching, consulting and yoga experience



## PITANGA NEWS

### CLASSES

YOGA VINYASA FLOW for 4-6year olds - with Bebe, from Saturday, Feb 14th, 9am-10am. A

fun yoga class.

### WORKSHOPS

**VOCAL WORKSHOP** With Birgit Breidenbach Sat, February 7th, 2.30pm to 5.30pm and Mon 9th, Tues 10th and Wed 11th from 6.30pm to 8.30 pm - see last weeks news and notes for details

**FAMLIENAUFSTELLUNG/FAMILY CONSELLATION** in the tradition of Bert Hellinger - Friday February 6th and Sunday Feb 8th, 9.30am -5pm with Evmarie - see last weeks news and notes for details

**PRANAYAMA COURSE** -The Art of Living Part 1 with Namrita & François - February 20th to 24th - 6.30am-8.30am. The Art of Living Part 1, five day intensive pranayama course, combines breathing techniques, meditation and features Sudarshan Kriya, a breathing technique that uses specific rhythms of breath to detoxify every cell of the body and infuse it with energy. Please come in loose comfortable clothing and on an empty stomach. Attendance on all 5 days is compulsory. Limited places available.

### New Creation Dance Studio Schedule

#### **MONDAY:**

5-6pm: Pilates basic (Savitri)

6-7pm: Zumba (Sathish)

7-8.30pm: Capoeira (Jeremy)

#### **TUESDAY:**

7.30-8.30am: Pilates intermediate (Savitri)

5-6pm: Aerobics beginners/intermediate (Elodie)

6-7pm: Hip Hop for kids (Sathish)

7-8pm: Hip Hop for adults (Sathish)

#### **WEDNESDAY:**

8-9.30am: Ballet adults (Marianna)

3-6pm: Ballet school students (Marianna)

6-7pm: Nia Dance (Philippe/Sabine)

7-8pm: Hip Hop for kids (Sathish)

8-9pm: Hip Hop for adults (Sathish)

#### **THURSDAY:**

5-6pm: Fitness with weights (Bobby)

6-7pm: Zumba (Sathish)

#### **FRIDAY:**

8-9.30am: Ballet adults (Marianna)

5-6pm: Aerobics (Bobby)

6-7.30pm: Capoeira (Jeremy)

#### **SATURDAY:**

**IMPROVISING MOVEMENT - A NATURAL DANCE** with Elisabetta Friday, February 20th, 10 am- 12.30pm. An inner journey to access your personal creative dance language. The exploration of movement through different elements, perspectives, images and feelings within giving rise to opportunities and challenges within own unique dance. Elisabetta is a certified yoga and dance teacher from Italy. Registration needed for all workshops, see details below

### MUSIC and MEDITATION

**LIVE MUSIC SATSANG MEDITATION** - Sunday February 15th, 22nd and March 1st, 10:30am to 11:45 am with recorded artist Shastro (clarinet, bansuri) and Ashaman (guitar). "Satsang" means sitting in communion with Truth or in an assembly of people who listen to and resonates with Truth.

Sets of live meditative music alternating with long periods of silence. Helping to deepen the space of silence and stillness, creating an atmosphere where it might be easier for one to connect to one's True Self or Truth

Pitanga, Samasti, Auroville, (0413) - 2622403, email [pitanga@auroville.org.in](mailto:pitanga@auroville.org.in)

7.30-8.30am: Pilates basic (Savitri)

8.30-10.30am: Gymnastics for school students (Terra)

3-5pm: Hip Hop for kids (Sathish)

5-6pm: Nia Dance (Philippe/Sabine)

6.30-8pm: West Coast swing (Kaya)

### Grupo Gingado Capoeira - New Class Schedule

Monday 7-8:30pm @ New Creation dance studio

Tuesday 5-6:30pm @ Eluciole Circus (Miracle Community)

Wednesday 7-8am @ Dehashakti Sports Ground

Friday 6-7:30pm @ New Creation dance studio

Join us for this dynamic class taught by Instructor Camaleao (Jeremy) with over 18 years of Capoeira experience. Open to all levels!

For more info contact: 9489-322-615/

[info@gingadocapoeira.in](mailto:info@gingadocapoeira.in)/[www.gingadocapoeira.in](http://www.gingadocapoeira.in)

### Salsa in SAWCHU

Salsa dance class followed by practice. Every Tuesday 6pm-8pm. SAWCHU in Bharat Nivas. Free and open to all Aurovilians, Newcomers and Guests.

## **REGULAR CLASSES**

### Note from the editors

The *Regular Classes* column is published once a month. Guest-houses are kindly requested to put this page up on the notice boards. **Kindly inform us of any changes/cancellation in your regular event** - the next regular events schedule will be published on **March 7th, 2015**. - Editors.

**AcroYoga:** Every Sunday 8 to 10am at Arka. A beautiful blend of partnered yoga, acrobatics, and Thai massage. No need to bring a partner. Flexibility, power, & surrender are all combined... experience in yoga (particularly Ashtanga or AcroYoga) is very helpful.

**Aikido classes' timing:** For the youngsters and adults: Tuesday, Thursday, and Saturday 6 to 7.30 am (Beginners are welcome on Saturday mornings. Guests and Volunteers are much welcome if they can commit for some time at least (with contribution to Pitanga as per their conditions). Please come 10-15 minutes before the class starts; wear long, large and comfortable pants and large T-shirt with sleeves, or your martial art outfits if you have any. For any information you may need, kindly contact Surya: 0413-2623.813, 96.55.48.54.87 or call/see Pitanga Reception tel. 0143-2622.403.

**Alcoholics Anonymous:** meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

**Aquagym Class** with Elisa at La Piscine, New Creation Every Thursday from 4 to 5 pm.

**Argentine Tango:** Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8pm @ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: [tango@auroville.org.in](mailto:tango@auroville.org.in) Bring socks or danceshoes.

**Art Corner:** An open space for creative expression, for all ages! Different themes each week, as part of research on art-making in our community. New timings: Tuesdays & Fridays from 4-6 pm, at

our Art Cart parked on the Visitor's Center stage. More info: [krupa@auroville.org.in](mailto:krupa@auroville.org.in).

**Astrology, its holistic approach:** Astrological Chart by Uma Giménez. You are welcome to call and fix an appointment at 2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

**Authentic Tamil culture:** Meena, a Tamil Aurovilian, would like to offer a course on the discovery and beauty of the authentic Tamil Culture every Sunday morning, meeting point at Courage Gate. The course may include: 1. cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263. Meena

**A Self-Awareness Open Space:** You are invited to come together for self-exploration in a warm heart-space. The focus is to develop a simple practice in our daily life as a means of spiritual growth. We will do this through meditation, mantra chanting, yoga, dialogue and spontaneous games. Time (starting 4th Dec, Thurs): Every Thursday & Sunday 5.30 pm - 7.00 pm, Saturday 7.00 am - 8.30 am. Facilitator : Samrat, ph: 9655024511, email: [samrat@auroville.org.in](mailto:samrat@auroville.org.in)

Location : The rooftop of Apna Ghar, Meerambikai Garden, when you come into Auroville from ECR(beach road), turn left before the temple prior to Last School, Aspiration, after 200m it will be on the right.

**Belly dancing:** Belly dancing is for all sizes, shapes and ages of women. You are welcome to learn and explore one of the most ancient, feminine and beautiful forms of dance in the world. Belly Dance is based on movements that come naturally and healthy to the female form. For more details contact *Pricila*: [shuhipuk@gmail.com](mailto:shuhipuk@gmail.com)

**Bioregion Tour:** Date: Every Saturday - Time: 12 pm till 7.30 pm. Meeting point: 11.45 am at Lively Boutique, Kotakkarai Plaza. Please contact us on 0413 2623806 or at [mohanamprogram@gmail.com](mailto:mohanamprogram@gmail.com). Tour will only take place once a minimum of 10 bookings has been received. We aim to run this tour every Saturday, dependent on number of bookings received. Contribution amount is confirmed on enquiry. Transportation will be arranged according to the number of people.

**Bowen therapy:** Dr. Nora Berczi offering Bowen therapy (called „the homeopathy of bodywork“) and Classical homeopathic consultations in English and Hungarian language based on Sankaran's Sensation method from 19. January to 26. February in Pitanga and in the Integral Health Clinic. If you are interested, please call me on this number: 8870943018 or write me: [berczin@gmail.com](mailto:berczin@gmail.com)

**Capoeira:** Monday & Wednesday (Capoeira Regional / Contemporanea) - 5 pm at SAWCHU (Bharat Nivas) with Samuka da India. Tuesday (Capoeira & Functional Fitness) - 5 pm at Certitude with Camaleão. Tuesday & Thursday (Capoeira Angola) - 7.15 pm in Deepanam School with Samuka da India. Friday (Capoeira & Functional Fitness) - 6.15 pm at New Creation Studio with Camaleão. Contact: Sam 9488328435 - [capoeira@auroville.org.in](mailto:capoeira@auroville.org.in)

**Circus class:** Regular class, every Monday. The class for children is 9h30 am to 11h30am and the class for adults is 2pm to 5pm /Contact phone for more information and your registration, Kalou: 9787332791 / email: [eluciolecircus@gmail.com](mailto:eluciolecircus@gmail.com)

**Clay classes for children and adults** with Saraswati and Anna. Please mail to [aurokatrusya@gmail.com](mailto:aurokatrusya@gmail.com) for details. Regards Saraswati 9787571633

**Cooking class:** Every Monday from 10 am to 2 pm there will be a cooking class for 4 months starting from December. These classes will include north Indian, Italian and Thai cooking. Anybody interested to learn these mouthwatering recipes are most welcome and I assure you that by the end of the sessions you will be able to please anyone with your cooking talents. Contact number: 9443635114.Meha.

**Dance space:** in Verite Hall, Thursdays 5-7pm. Everyone can dance regardless age, sex, size, flexibility...!

Offering a space to explore our own unique movement, free dance and contact improvisation ... Together we create the freedom and possibility to simply be in the stillness or movement of the moment and allowing each person to be spontaneously moved by an inner pull, the music or perhaps inspired by a movement of another body. Dancing a wave, discovering on our own and as a group. Moving towards an empowered, radiating stillness...*Dariya*

**Flamenco In Cripa Every Wednesday:** From 4 to 5´30 pm. Starting 13th of August.

We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography .

Come and enjoy with us, *Flamenco team*.

**Foot reflexology:** A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email [vikram@auroville.org.in](mailto:vikram@auroville.org.in) for an appointment.

**French classes at Savitri Bhavan, House of Mother's Agenda:** French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

**From the Food Lab:** Horizon. (In front of Sve-dame). Mon.,Tues.,Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

**Hatha Yoga with Jacob:** Tuesdays and Wednesdays 4:45 to 6:15 pm. Jacob has been teaching Yoga to the staff of a Danish national hospital and at a yoga hostel for the past 2 years. He has polished his approach to reach people across many cultures. You are requested to bring an open mind, a generous heart and a yoga mat, if you have one.

Above facilitators are guests of Auroville and good friends of Pavilion of Tibetan Culture. Your contribution towards the activities will benefit the Pavilion of Tibetan Culture.

**Hypnotherapy and Chakras Healing at Arka:** Marcella, Aurovilian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India). Languages: English, Italian / Contact: Tel. 9443338734 or email: [abalancedstate9@gmail.com](mailto:abalancedstate9@gmail.com)

**Hypnosis** enables conscious access to the memory of a consenting person, which then provides the tool to therapeutically work with earlier experiences still influencing a person today. This includes fears and phobias, addictions, trauma, inner child work, pre-natal experiences, discovering personal resources, transpersonal regression therapy.

**Chakras Healing** works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally generates changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

**Impro Theater** Friday, at 4.30, SAWCHU, Barath Nivas, free workshop, just come and enjoy. Contact *Jeff* 948 64 75 367

**Introduction to Sustainable Food Growing:** Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at [priya@auroville.org.in](mailto:priya@auroville.org.in) or 94432 22653

**Leela:** the game of the same knowledge (2000 years old): come play the game of your life. **Sundays, 9.30 to 12** (above 15 years old) Info, Veronique J., 948 85 12 678 - SVEDAME, Butterfly Barn in German, English, French, Spanish and Russian.

**Meditation for Peace and Healing:** Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

**Modern Jazz Dance:** Margarita would love to start a regular modern jazz dance classes for all levels at Cripa every Thursday from 4.45 to 6.00pm. The Class will start from the 12<sup>th</sup> of December. Call for more information 9585335776

For NVC (Nonviolent Communication) and RC (Restorative Circles) in Auroville, please contact L'aura (9442788016, [laura.joyful@gmail.com](mailto:laura.joyful@gmail.com)).

**Odissi & Semi-Classical Bollywood Dance Class With Tejas**

Private Dance Classes at the Shakti Dance School in Felicity  
Learn grace, discipline, and the beautiful temple dance of east India. [tejas@shaktidancertroupe.com](mailto:tejas@shaktidancertroupe.com). +91-8489477222

**OM Choir:** "The voice that chants to the creator Fire,/The symbolled OM, the great assenting Word" Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

**Online Events Calendar:** The schedule of events for the week can be accessed by all, including guests, on the Auronet login page: [www.auroville.org.in](http://www.auroville.org.in) (no need to log in!)

**Pilates with Savitri** at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level. on Saturdays at 7.30 am, intermediate level

**Pizzas Nights:** The Youth Center welcomes you to re-join for delicious fresh pizzas from a cyclone-wood-fired oven. Every Saturday evening 7:00pm onwards

**Psycho-spiritual work, tarot and other sessions:** To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing, guided meditation and other tools...by Antaryoti in English or French, tel(land): 0413-262 37 67 or email: [antarcalli@yahoo.fr](mailto:antarcalli@yahoo.fr)

**Qi Yo Yoga Class:** For beginners and all levels: QI YO YOGA integrates Qi Gong, Tai Chi, Hatha Yoga, Pranayama and Balinese practices. BENEFITS: Increased joint flexibility, vitality, stamina. Release of tension. Alignment of our Chi/Prana (life energy) and Chakras. with Friederike(QI YO YOGA teacher). Venue: Pavilion of Tibetan Culture. Dates: Tuesdays a. Wednesdays 4.30 pm to 6 pm, starting February 10th until February 25th. Venue: Hall of Light in Creativity. Dates : Mondays and Fridays 9 am/Saturdays:4.30 pm

**Reiki and Reflexology - Massage By Jannaka at Arka:** Every week-end - Individual course in 3 sessions also on week-days by appointment / REIKI COURSE: activates your hands to be connected with the Cosmic Energy which cures physical diseases and the emotional conflicts through contact. It teaches self-treatment and session to other one / REFLEXOLOGY MASSAGE: heals organic dysfunctions and their psycho-somatic causes not only through massage on the reflex map of the foot but also with pressure on "marma points" in the legs and arms. Therapies and courses are held by Jannaka, Reiki master and therapist with 25 years' experience. Make the bookings with Jannaka: 9487629648 - Email: [lestellenoi@gmail.com](mailto:lestellenoi@gmail.com)

**Restorative Circles:** Conflict - from Avoidance to Constructive Engagement

*"However intense the fight, however devastating the pain, conflict itself is not the enemy. However mild the discomfort, however fleeting the relationship, conflict itself is not disregardable."*

Dominic Barter

How do I know Restorative Circles will solve my conflict? The intention of Restorative Circles is not to solve anything. The intention of Restorative Circles is to uncover. People sometimes say "I'm afraid of conflict". Often what they mean is they're afraid of the unproductive responses to conflict that are so common: yelling, punching, silence, etc. The intention of the Restorative Circle is to create a dedicated space where a community can have useful, transformative conflicts in which people can re-connect with their shared humanity and leave with a greater willingness to live together.

Auroville Restorative Circles Practice Group: Every Thursday - 9:30 AM to 12:00 Noon

Hall of Light - Creativity. FOR FURTHER INFORMATION Shanti (0413) 26 23 314 or Janet (0413) 26 22 165

**Salsa in SAWCHU:** Salsa dance class followed by practice. Every Tuesday 6pm-8pm. SAWCHU in Bharat Nivas. Free and open to all Aurovilians, Newcomers and Guests.

**Satsang:** a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6 pm

**Silent Meditation Among Friends:** Pavilion of Tibetan Culture: Wednesdays and Fridays: 5 to 6 pm (starting January 16th)

We invite you to Silent Meditation with Carsten Marsch who has been practicing Zen meditation since early 1980s with various Zen groups in Europe, USA and New Zealand. He will give a brief instruction on Zazen (Zen sitting posture) at the beginning of each meditation session. Everyone is welcome and requested to arrive a few minutes early, as meditation will begin promptly at 5pm. "You should sit in meditation for twenty minutes every day - unless you are too busy; then you should sit for one hour." old Zen adage

**Skyworks: Tree Climbing Workshops:** Recreational tree climbing workshops. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before. You "hook on". After being fitted with your "saddle" and some short instruction on safety and climbing techniques, you are off and climbing! Call Satyaaji for conditions and appointment 958 516 58 82. Thank you

**Sororité - Cercle de Femmes :** Un espace de parole, d'écoute, de confidentialité, de partage, de complicité, de confiance où chacune pourra ressentir, re-connaître, entrer en résonance avec l'Essence de son Féminin. Ouvert à toutes.

*De 15h30 à 17h30 au Pavillon de la Culture tibétaine, 1<sup>er</sup> et 2<sup>ème</sup> jeudi de janvier soit le 8 et le 15 janvier 2015.*

Merci de penser à prévenir (même à la dernière minute) pour l'organisation ou pour plus d'informations. Sylvie au 81 224 202 72.

**South Indian Classical Dance (Bhratnatyam):** Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. S. Caveri: 7598368514

**Spanish Tertulia:** A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

**Réception francophone:** Tous les mardis de 17:00 à 18:30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les auroviliens et newcomers francophones peuvent aussi participer.

**At Tai Chi Hall:** Tai Chi @ Sharnqa: Chi on Mondays and Tuesdays from 7.30am-8.30am. 24 form on Monday and Tuesday mornings from 8.30am-9.30am and on Friday evenings from 4.30pm-5.30pm. 108 form on Thursdays and Fridays from 7.30am-8.30am. And 127 form on Wednesdays and Saturdays from 7.30am-8.30am.

Monday 7.30am-8.30am: Chi. Monday 8.30am-9.30am: 24 form. Tuesday 7.30am-8.30am: Chi. Tuesday 8.30am-9.30am: 24 form. Tuesday 4.30pm-5.30pm: 24 form. Wednesday 7.30am-8.30am: 127 form. Thursday 7.30am-8.30am: 108 form. Friday 7.30am-8.30am: 108 form. Friday 4.30pm-5.30pm: 24 form. Saturday 7.30am-8.30am: 127 form

**Tai Chi Hall @ Sharnqa** resumes evening classes. We will practice the 24-form every Tuesday and every Friday from 4.30pm to 5.30pm.

**Thai Massage:** I offer Traditional Thai massage (For men and women), and Ayurvedic massage Abhyanga. (For women only) 1h to 1:30. At your home (if you can't move) or at my local. For more informations: Christine P: 9489805493

**Tamil Literary Classes:** - Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, history and culture are opened to all / Now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Auroville workers, their wards and Aurovilians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact Ms. Fathima, Trained beautician working with us in our school. R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email:- [tamil@auroville.org.in](mailto:tamil@auroville.org.in))

**Ultimate Frisbee:** Every Saturdays & Mondays, 5pm till sundown at Certitude. Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork. Bring running shoes if you have them. Contact [mark@auroville.org.in](mailto:mark@auroville.org.in) with any questions or just come ready to play.

**Vedic Astrology:** Chart reading and interpretation. Call 9843948288 or email [vikram@auroville.org.in](mailto:vikram@auroville.org.in) for an appointment.

**Veena Musical Classes:** As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yash, which was similar to the Grecian harp. *Bharata*, in his *Natya Shastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's. Kaanchi Kaama Kodi Aasthana Vithvaan Thiru Ravi (*Ravi* for short) conducts regular veena musical classes for everyone at Yatra Arts Foundation, near New Creation sports ground.

Come and learn an ancient art form in pleasant and friendly surroundings. **Who:** Everyone! Children & Adults

**When:** Every Friday evening from 5pm to 7pm. Contact: 0413-2623071 / 9786772209

**Vinyasa flow - Yoga Classes:** with Bebe at Windarra, SunSpace every Monday and Friday 9-10.30am starting Monday Feb. 9th  
Vinyasa flow class description: An open level class linking breath with movement designed to build heat and strength.

The finishing off with restorative postures is designed to release stagnant energy and calm the body and mind. The class may include simple pranayama and meditation. For additional information contact Bebe Merino 8940557379 or [lifepure41@gmail.com](mailto:lifepure41@gmail.com)

Bebe Merino has been practicing yoga and meditation for 15 years and taught for almost 9 years. She is a qualified Hatha yoga teacher in Sivananda Center in Kerala since 2005.

**World dance is back every Friday from 5 to 7 pm.:** dinner will be served at the cafe. Please come to dance with us.

We serve Vegetarian & Vegan Mediterranean food. Open from Monday to Saturday 8.30 to 17.00 pm. new - organic wheat and gluten free bread and pita bread.

With love. *Well cafe team*

**Atelier D'écriture (Writing Workshop In French):** Le Pavillon de France organise un cycle d'ateliers d'écriture et de méthodologie animé par Florence, qui propose de réunir une dizaine de participants, pour écrire au fil de la plume, selon l'humeur et les rencontres.

Le prochain atelier d'écriture créative aura lieu de 16h30 à 18h le mardi 9 décembre: «Écrire avec la peinture d'Edouard Hopper». L'atelier de méthodologie aura lieu de 9h30 à 12h30 le samedi 13 décembre: «Écrire l'histoire de sa vie».

Plus de précisions sur le lieu en réservant soit par tel au 962 6648976 soit par E-mail à [lesbaladantes@gmail.com](mailto:lesbaladantes@gmail.com) (le nombre de places est limité).

## F I L M S



### C I N E M A - Bharat Nivas - AUDITORIUM

7th Panorama of Contemporary Indian Cinema  
13-14-15 February - Sri Aurobindo Auditorium, Bharat Nivas

Vanakkom, Namasté, Hello to All, Bonjour à toutes et tous,

Aurofilm has the great pleasure to inform you and invite you to its annual 7th Panorama of Contemporary Indian Cinema which will take place at the Sri Aurobindo Auditorium, Bharat Nivas.

You will find the whole program and schedule in a separate page (that you should keep handy...) at the end of this issue of the *News & Notes*. The program will also be available on the Auronet -you can also e-mail Aurofilm for having it sent to you or friends ([aurofilm@auroville.org.in](mailto:aurofilm@auroville.org.in)) - As usual, a brochure on the Festival will be distributed at the Auditorium.

With the pleasure to see you at the auditorium!  
*Aurofilm*



### THE ECO FILM CLUB

Sadhana Forest, February 13th, Friday at 7pm

#### FASCINATING INDIA

2014 - 91 min. Directed by Simon Busch, English  
A fascinating journey into the land of longing spirituality - India, a thousand-year old civilization - mythical and mysterious, infinitely rich in ancient traditions, architecture, culture and religion. A fascinating culture and magnificent landscapes. For months, Simon Busch and Alexander Sass traveled with her team for this film through the north of the subcontinent to get the hidden nature of this huge country on the track. The film shows some important cities and temples and traces the different religions that also characterize today's India. The film also shows the everyday life of the people of India. In Varanasi, the holiest city of the Hindus where they burn their dead, at the Kumbha Mela, the biggest religious festival in the world, thirty-five million pilgrims gather in a confined space to bathe in the waters of the Ganges. There are

vast, highly emotional images that were never before seen on film.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work!

After the film you are welcome to join us for a free 100% vegan organic dinner!!

Free bus service to the TOUR OF SADHANA FOREST and the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 16:00 and RETURN FROM SADHANAFORREST: 21:30

Free bus service to the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 18:00 and RETURN FROM SADHANA FOREST: 21:30

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or [sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in)

### VISITOR CENTER MOVIE SHOW

12th February Thursday 8 pm

THE BATTLE OF FIVE ARMIES (THE HOBBIT 3rd) (2014)

The final chapter of the saga

Genre: Fantasy/Action/Adventure. Rated: PG 13. Dur:

2.48min. Language: English/Subtitle: English

Dir: Peter Jackson. Cast: [Ian McKellen](#), [Martin Freeman](#),

[Richard Armitage](#)

Storyline: After the Dragon leaves the Lonely Mountain, the people of Lake-Town see a threat coming. Orcs, dwarves, elves and people prepare for war. Bilbo notice Thorin going mad and tries to help. Meanwhile, Gandalf is rescued from the Necromancer's prison and his rescuers realize who the Necromancer is.

13th February Friday 8 pm

AMIRA & SAM (2014)

Genre: Romance/Drama/Comedy. Rated: Above 18. Dur: 1.30min.

Language: English/Subtitle: English

Dir: [Sean Mullin](#). Cast: [Martin Starr](#), [Dina Shihabi](#), [Paul Wesley](#)

Storyline: An army veteran's unlikely romance with an Iraqi immigrant is put to the test when she is faced with the prospect of deportation.

## AT SAVITRI BHAVAN

Monday, 9<sup>th</sup> of February 2015, at 6:30 pm

*"PICTURES OF SRI AUROBINDO'S POEMS, Part 1" - PAINTING AND RECITATION BY HUTA.*

Huta said about the work that she did "the paintings according to Mother's inspiration and instructions. In fact, from time to time she corrected my paintings and never forgot to explain to me in detail the colour scheme". And The Mother saw all the paintings of Sri Aurobindo's poems and approved also Huta's recitations.

From Sri Aurobindo's poem "AHANA - the Dawn of God" Huta is reciting this part:

*"Ever we hear in the heart of the peril a flute go before us,  
Luminous beckoning hands in the distance invite and implore us."*

The Music is done by Sunil and the Film by Manohar. Duration: 37min.

## "L'HOMME APRES L'HOMME"

A powerful introduction to Sri Aurobindo and Mother's evolutionary action

"Le Chemin vers l'Interieur" (The Way towards the Within) - 1981 - 30 mns

"L'Homme apres l'homme" (Man after man) - 1981 - 1 hr

2 filmed interviews with Satprem and Sujata in French with English subtitles

*Satprem was Mother's confidant for almost 20 years. He recorded all his conversations with her and published them under the title of "Mother's Agenda".*

Cinema Paradiso (MMC Auditorium) - Town Hall

Every Friday from 06/02/2015 to 27/02/2015 At 4.30 pm

For more information: [flammedalterite.wordpress.com](http://flammedalterite.wordpress.com)



## Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film programme 9 February 2015 to 15 February 2015

**Film Festival on Visual Art (FFVA) - Monday, 9February to Wednesday, 10 February 2015:** Please see the separate announcement. Full schedule with details can be found at [https://drive.google.com/a/auroville.org.in/file/d/0B-fbrbCF8\\_xfNmNEeXA0WFBQSIk/view?pli=1](https://drive.google.com/a/auroville.org.in/file/d/0B-fbrbCF8_xfNmNEeXA0WFBQSIk/view?pli=1). Only evening schedules are mentioned here.

**FFVA - Monday 9February, 8:00 pm:**

- THE ART OF EL GRECO (2009), DOCU, 3MINS
- EL GRECO(2009), BIOGRAPHY-DRAMA, 112MINS

**FFVA - Tuesday 10 February, 8:00 pm:**

- RICHARD SERRA (2012), 14MINS
- REMBRANDT FECIT 1669 (1977), DRAMA, 108MINS

**FFVA - Wednesday 11February, 8:00 pm:**

- FRANCIS BACON/ARENA, DOCUMENTARY, 95MINS
- AMRITA SHERGIL: A FAMILY ALBUM (2009), DOCUMENTARY, (PART 1 AND 2), 57MINS

**Korean - Thursday 12 February, 8:00 pm:**

- URI SAENGAE CHOEGO-UI SUNGAN (Forever the Moment)

Korea, 2008, Dir. Yim Soon-rye, W/ Moon So-ri, Kim Jung-eun, Uhm Tae-woong, and others, Drama-Sport, 124 mins, Korean w/ English subtitles, Rated: G

*This film is supported by Korean Cultural Center, India*

Based on a true story - the film shows when the 2004 Athens Olympics are approaching, how Korea is gearing for the gold medals in every sport. Korean women in particular have done well in almost all areas except for the ignored and looked down sport of Team Handball. A Handball team is assembled but when the players who show up are all women in their 30s and teens with piercing, it doesn't look like it will work out well. Can this odd group overcome their personal differences and hardships to somehow come together as a team?

**International - Saturday 14 February, 8:00 pm:**

- EDVARD MUNCH

Sweden-Norway, 1974, Writer-Dir. Peter Watkins w/ Geir Westby, Gro Fraas, Kerstii Allum, and others, Biography-Fantasy, 210mins, French-English-Norwegian-German-Swedish-Danish w/ English subtitles, Rated: NR (a TV-film)

This TV movie roughly follows the timeline from 1884 to 1894, when Norwegian artist Edvard Munch began expressionism and established himself as northern Europe's most maligned and controversial artist. The film flashes back to the death of his mother, his sister's death, and his own near death at 13 and

also finds enduring significance in Munch's brief affair, and his participation in the café society of anarchist. Through it all comes Munch's melancholy and his desire to render on canvas, cardboard, paper, stone, and wood his innermost feelings.

**Children's Film - Sunday 15 February, 4:30 pm:**

### MULAN

USA, 1998, Dir. Tony Bancroft & Barry Cook w/ Robert D. San Souci, Ming-Na Wen, Eddie Murphy, and others, 88mins, Animation- Adventure, English w/ English subtitles, Rated: G To save her father from death in the army, a young maiden secretly goes in his place and becomes one of China's greatest heroines in the process.

**Hitchcock in England Film Festival @ CINECLUB**

**Ciné-Club - Sunday 15 February, 8:00 pm:**

- THE 39 STEPS

UK, 1935, Dir. Alfred Hitchcock w/Robert Donat, Madeleine Carroll and others, 86mins, Comedy-Thriller, English w/English subtitles. Rated: PG

A heart-racing spy story by Alfred Hitchcock, follows Richard Hannay as he stumbles upon a conspiracy that thrusts him into a hectic chase across the Scottish moors—a chase in which he is both the pursuer and the pursued—as well as into an unexpected romance with the cool Pamela. Adapted from a novel by John Buchan, this classic wrong-man thriller from the Master of Suspense anticipates the director's most famous works, and remains one of his cleverest and most entertaining films.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

*Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.*

*As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.*

For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in).

Thanking You, MMC/CP Group / Account# 105106, [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

*We appreciate your continued support: monthly or occasionally through blue-sheets (Aurovilians/Newcomers) or Aurocard reader (Guests). You can also make a contribution to "Cinema Paradiso" account at the Financial Service.*

## ACT NEW TIME TABLE

**EARLY TRIP (daily except Tuesday) this service is conditional to MM being open to visitors. Usually not running on rainy days (enquiries: 2622235)**

7:45 AM from Transport Service near Certitude Corner, opposite to Gas Service  
12:00 Noon from Pondy rue St Louis (beach end of J.N. Street) opposite Ashram playground

### SHOPPING TRIP

Tuesday

8:50 AM from Vérité  
12:00 Noon from Pondy Manakula Vinayagar Street (Ganesh Temple Street)

### AFTERNOON TRIP

Monday

2:50 PM from Vérité  
6:00 PM from Pondy Manakula Vinayagar Street (Ganesh Temple Street)

Wednesday and Friday

4:30 PM from Vérité  
8:00 PM from Pondy Manakula Vinayagar Street (Ganesh Temple Street)

**Please Note:** In case the ACT bus is not available as per the time table please be on the lookout for a replacement by Auroville Jeep or Van, we will ensure that a small white and orange sign is visible on the replacement vehicle.

All trips are paying trips and ACT welcomes your contribution everyday on every trip. ACT maintains its voluntary contribution policy aligned with Auroville's utopia, ideals and aims. At present it is YOUR contribution ALONE which keeps the service afloat. Travel passes are available from Financial Service (Town Hall & Aspiration) and Guest Service (above the Solar Kitchen). For more information contact ACT (0413) 2622962 or [act@auroville.org.in](mailto:act@auroville.org.in)

In summary, 2 trips have been discontinued Thursday and Saturday morning trips. The logic being that there is a 7:45AM departure from Transport Service every day except Tuesday. We assume this can somewhat fulfil the need for the 9:00AM trip on these days. We have maintained the 9:00AM trip on Tuesday when the 7:45AM is not available. In addition the ACT bus is on duty Saturday (and Sunday) mornings for shuttling visitors from the Visitor Centre to Matrimandir viewing gallery.

## LAST MINUTE ANNOUNCEMENT

### I SEE ...

Photo Exhibition  
Pavilion of Tibetan Culture  
From 12th of February to 17th of February, 2015  
Photographer: Young Ah Choi  
Inauguration at 5pm, Opening Performance at 5:30pm, & Reception at 6pm

Pavilion of Tibetan Culture  
International Zone, Auroville - 605101, Tamil Nadu, India  
Phone: +914132622401 E-mail: [kalsang@auroville.org.in](mailto:kalsang@auroville.org.in)

About the Photographer Young Ah Choi

- Majored Fine Arts
- Has been working with the most influential Korean avantgard dancer and choreographer Sin Cha Hong's modern dance company "Laughing Stone" for more than 20 years as a visual assistant
- Studied Tai Chi in Beijing, China
- Has been a waterphoneist since 2000
- Majored mathematics & has been working at Stevenson Middle School in Honolulu, Hawaii, as a math teacher

### Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:** Material (no pdf files, please) may be sent (in English only) to the *N&N* email address (below).

*NB: Messages with large attachments (more than 1 MB) will not reach our inbox.*

Please try your best to send your announcements, reports, film schedules whenever they are ready.

The Wednesday deadline (11am) is absolute as the News is given to the printers by Wednesday 2 pm.

Any modifications of the submitted *News* items have to be sent to the editors before Wednesday.

We regret not being able to attend to visitors on Wednesdays due to work pressure.

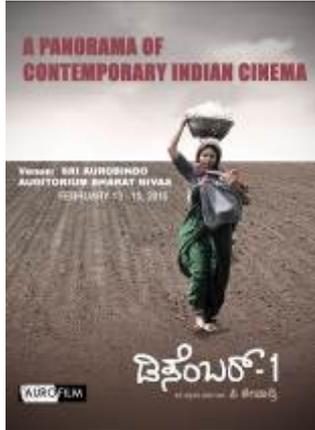
Articles for the Notes section should ideally be no longer than 500 words. All articles need to reach us by Tuesday noon.

**Visiting hours:** Mondays, Tuesdays 9am to 11.45am and 1pm to 3pm; No visitors on Wednesday. Please, no dictations over the phone unless it is an emergency or you have a medical problem.

**Soft Version:** We encourage you to ask us for a soft version of *News & Notes* send directly on your own mail. First, it saves trees, cost of paper (12.000 Rps monthly are spent only for purchase paper) and cost of work (900copies are printed every weeks). Secondly; we send your soft copy as a PDF file (Same formatting as the printing version with colored pictures) on Thursday morning and you can get information's earlier than printing version which is delivery only Friday and Saturday. Don't hesitate to mail [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in) or to phone 2622133.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

*News & Notes*, Media Centre, Town Hall. Phone: 2622133, email: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in)



**AUROFILM**, a sub-unit under **SAIER**, in collaboration with the **Directorate of Film Festivals, Delhi** present its:

## 7<sup>th</sup> PANORAMA OF CONTEMPORARY INDIAN CINEMA

**SRI AUROBINDO AUDITORIUM, BHARAT NIVAS, AUROVILLE**  
13-14-15 FEBRUARY 2015

**Mr. P. Sheshadri**, film director, will be with us and present his film

**Friday 13 February:**

**5.00 pm CHHOTODER CHHOBI – A SHORT STORY** Dir. by **KAUSHIK GANGULI** Bengali / EST 1h.39'  
When Soma's father, a circus trapeze artiste, becomes bed-ridden after an accident, his junior Khoka lends a helping hand. Though it brings Khoka closer to Soma, they are unable to deal with the relationship like a normal couple. Why the contradictions? Why do those born with genetic defects causing dwarfism need to think and rethink about a relationship despite being best pals?

**8.00 pm ELISABETH EKADASHI** Directed by **PARESH MOKASHI** Marathi / EST 1h.30'  
The film is set in the holy town of Pandharpur. At its core are the basic human emotions of mother & child and a child's struggle to help his struggling mother financially. The film explores children's scientific curiosity vis-à-vis the spiritual teachings of the land.  
*General audience*

**Saturday 14 February:**

**5.30 pm FANDRY – WILD PIGS** Directed by **NAGRAJ MANJULE** Marathi / EST 1h.43'  
Jabya is born in Kaikadi caste. He falls in love with his classmate Shalu, who is from a higher caste. This prevents him from expressing his feelings towards her. He becomes obsessed with killing a black sparrow to fulfill his yearnings about Shalu...  
*General audience*

----- T E A B R E A K -----

**8.00 pm 1 DECEMBER** Directed by **P. SHESHADRI** Kannada / EST 1h.47'  
The chief minister's official visit to the village is a great event. Yet in the end, the family selected to host his dinner and overnight stay in its humble abode is neglected, faces embarrassments and gets a raw deal, driving it to despair...  
**The film director will be with us.**

**Sunday 15 February:**

**5.00 pm ADIM VISHAR – ANCIENT KNOWLEDGE** by **SABYASACHI MOHAPATRA** Odia/EST 1h.55'  
*Adim Vichar* is a tale of ancient tradition and human values that stand above all. This is a story of the Kandha tribe settled in the plains of Odisha. Their life is a melody full of songs and dance, they lead a community life and believe in peaceful existence. But when their settlement moves into the plains, they come in contact with other people...  
*General audience*

**8.00 pm EK HAZARACHI NOTE - 1000 RS. NOTE** Dir. by **SHRIHARI SATHE** Marathi/EST 1h.31'  
Budhi is an aged mother who has lost her farmer son due to farmers' indebtedness in that region of Maharashtra. A local leader seeking re-election "compensates" her, giving her a few currency notes of 1000. This triggers a chain of events and the incident changes Budhi's life forever.

**All films in their original version with English Subtitles (EST)**

Aurofilm, Kalabhoomi, Auroville, 605 101 - aurofilm@auroville.org.in - Tel. 0413-2622037 - 9655485487

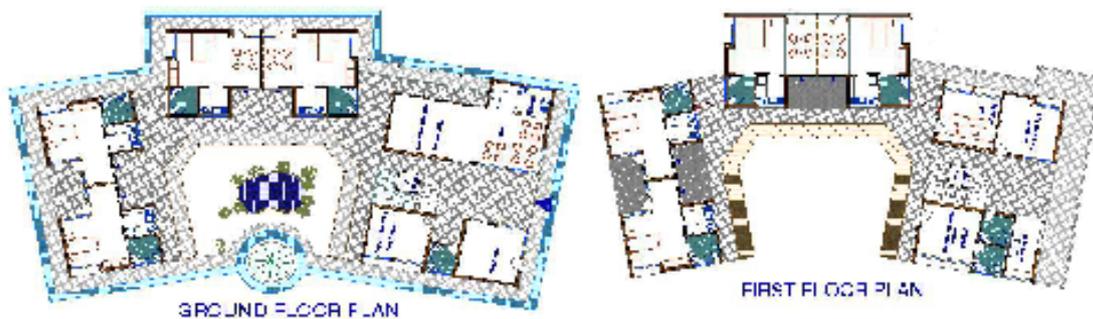
### **A Home For Assisted Living**

This is to introduce "Assisted Living", a project to be undertaken and managed by AVHS (AV Health Services).

The building is to be situated between Arka and Mahalakshmi Park with access to the Crown and can house and care for 8 Aurovillian seniors.

AVHS has organised the care for seniors for the last 3 years. Since the number of Aurovillian seniors in need of such care has been growing and will continue to grow in the coming years AVHS will soon no longer be able to provide all the care they would like.

To concentrate the seniors in a collective environment will make care giving considerably more economical and more effective.



This project has been discussed with AVENIR since 2012 and a SITE PERMISSION was finally obtained in February 2013. Since then 3 Building Applications have been submitted incorporating requests and criteria imposed on Avenir. The most recent discussion dated Nov.13 followed by the latest Building Application submitted on 6<sup>th</sup> December which incorporated all requirements as discussed then.

**No reaction from Avenir has so far been forthcoming.**

**In view of the urgency of the project we do not understand this delay. Also, substantial funds are already available or promised which may be cancelled if the project is unreasonably delayed.**

We would generally like to suggest a more open attitude towards planning, taking into account a harmonious integration into existing developments rather than adhering to rigid concepts of the past.



**We would be grateful for all help you could provide.**