

News & Notes

3rd January 2015.....A weekly bulletin for residents of Auroville.....Number 580



HOUSE OF MOTHER'S AGENDA

"There is a Supreme Divine Consciousness.
We want to manifest this divine Consciousness in the physical life."

There's a new phenomenon during the night. One phenomenon was there before, but has grown more precise: it's a place in the subtle physical where those with a body and those without a body are mingled without difference. They have the same reality, the same density and the same conscious, independent existence. There I see... Last night (or the night before, I don't know), there were things like that: Chandulal was there, Amrita too, they met and talked, made plans together, just as they would have done physically on earth. It wasn't the first time they were meeting, and they said to each other, "I'll tell you tomorrow..." like that, regarding their ideal. Interesting things. There's another... (Mother tries to remember) Ah, yes, Purani also. They go about there. There's an extraordinary likeness to material life, except that you can feel they're freer in their movement. But that's not new; it's just growing more concrete and precise. What's new is what has taken place these last few nights...

My sleep is no longer sleep at all, I don't know, it's a sort of... (*Gesture as if Mother drew her energies within*) withdrawal, that is, I go within, and then I am active. And those people are in that same state. Among them, some are with people who still have a body: it's not just those who no longer have a body. So then, I am also there, and in the same kind of state. But the strange thing is that when I supposedly "wake up" and get up, I go on with something (*laughing*) that's not physical! You understand, the state of over there goes on, and it's as real, as tangible as physical things; and after half an hour I realize that I have moved about here and done all kinds of things ENTIRELY in that consciousness!...¹ What's that consciousness?...

It's a very clear, very harmonious consciousness, in which there are no difficulties, and very creative... I don't know what it is... This morning it was peculiar: for a half-hour I was literally there [*in that world*], and I wasn't aware of it! It's afterwards that I wondered, "But... is it physically like this?" There was someone, you understand, I was with someone [*in that world*], and I wondered, "But is this person physically like this? Is it physical?" And I was standing!... So it's as if the two worlds were... (*Mother slips the fingers of her right hand through those of her left hand*). Strange...

The physical appears to be less imperative, less... Previously, there was the impression that, all right, it wasn't a "dream" as people call it, but a more subtle and less precise consciousness, and that the physical consciousness was quite concrete and precise (*Mother gestures as if to knock against something*). But now this distinction... the other consciousness has become almost more concrete and real than the physical consciousness; the purely material consciousness is more wobbly: the impression of something not too... not too steady - not too steady, it's odd. That's odd; it's new, it began two days ago. We'll see (*Long silence*)

Maybe a new consciousness is trying to use this body?... It's a new consciousness in the sense that what this body did, its activities, all the events of its life, appear in the memory as COMPLETELY different from the way it remembered them - not that events have changed, but the sense or sensation or vision or understanding of things is COMPLETELY, completely different. Completely different. It finds its earlier state... unconscious to the point of stupidity - for everything, everything. And there is a sort of... strange gap: it now finds its former state of consciousness artificial, untrue, and... incredibly stupid; and then, in the new consciousness, the SAME circumstances have a completely different MEANING - another meaning, they give another sensation. I think there's something changing in here.

And at the same time, a sense of... (What should I call it?) unimportance, of nothingness, and then the sensation, the perception of the divine Presence, so concrete, so powerful... that sometimes I get the feeling people will break down! (*Mother laughs*) That's how it is: when they're here I feel as if... (*Gesture*) That so-called "accident" of last Wednesday has had a very considerable effect on the body consciousness: it's now very different. The perception of a Power limited only by... the prudence of an infinite Patience. Like that. And at the same time... well, what we might call "remnants of personality," reduced to a musty and absolutely unimportant state. The two are there together. But it's very difficult

MOTHER'S AGENDA, 19 July 1969

MOTHER

*The
Ponder
Corner*

*The psychic being works with perseverance and ardour
for the union to be made an accomplished fact,
but it never complains and knows how to wait
for the hour of realisation to come.*

The Mother
ref. Words Of The Mother, vol.14, p.357



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Chairman Dr. **KARAN SINGH**

Dear Aurovillians,

Yet another year has passed into the unending corridors of Time and a new one is upon us with all its challenges and also opportunities. Auroville particularly, envisaged as a theatre for unending education, seems to be hovering on the brink of a major breakthrough – conceptual, administrative, organisational and, hopefully, spiritual. In this context the forthcoming Retreat that is being organised on the 12th and 13th March attains special significance. I understand that issues of governance, education, town planning, land acquisition and population are the broad areas which will be considered during the Retreat. Mr. Aromar Revi has agreed to facilitate the Retreat, and I am sure he will be in touch with the participants over the next few weeks.

I would like, on my own, to add one more dimension. As you know, Auroville is neither a holiday home nor a venue for comfortable retirement. Essentially, it is a place for spiritual growth in the light of the teachings of Sri Aurobindo and The Mother. It may be useful to Aurovillians to introspect so as to judge whether and how far their spiritual growth has progressed. Obviously this is a very personal exercise, but I do suggest that this element needs to be introduced into the Retreat so that it becomes meaningful, not only collectively but also to each individual.

As Chairman of the Auroville Foundation I send my warm greetings to the organisers and participants in the Retreat which, I hope, will give Aurovillians an opportunity to reflect deeply upon various aspects which need to be clarified if Auroville is to enter a much needed new phase in its development.

Meanwhile, I look forward to seeing you at the Governing Board meeting in March.

Warm greetings to you all for Christmas and the New Year.

KARAN SINGH
30 December 2014



Auroville Retreat

Dear Residents of Auroville,

We are happy to update you on the preparations for the retreat planned in March 2015.

The Governing Board (GB) and the International Advisory Council (IAC) of the Auroville Foundation had proposed during their last meeting in August 2014 that a two-day retreat be organised in Auroville which would be an occasion for the Governing Board and the IAC to engage with Auroville residents on issues relating to the future development of Auroville.

When: 12th and 13th of March 2015
Where: Unity Pavilion (tentative location)
Main facilitator: Aromar Revi (Director, Indian Institute for Human Settlements, who has been closely associated with Auroville for many years)
Assisting facilitators will be chosen from the Auroville community.

Participation: About 150 - 200 participants comprising members of the GB, the IAC and residents of Auroville including members of working and study groups.

Organisation: The conceptualisation and organisation of the Retreat thus far is an effort with the participation of the International Advisory Council (IAC: Vishakha N. Desai, Kabir Shaikh, Julian Lines), the Vision Task Force (VTF: Alain Bernard, Ameeta Mehra, Aster Patel, Hemant L., Sanjeev, Srinivasamurty and Toine), the Auroville Campus Initiative team (ACI: Lalit, Michael H, Min), the Residents Assembly Service (RAS: Inge) and a representative of the Working Committee.

Organising Committee: An organising committee with members of the above mentioned bodies will engage with working and study groups of Auroville to prepare the Retreat. The ACI team will take the lead in this work. Additional members may be requested to join if work demands.

Main objective: *To reconnect and engage with the Auroville vision and its manifestation.*

This will be done by:

- Reflecting on Mother's vision for Auroville;
- Introspection and reflection on the spiritual growth of individuals and the collective;
- Examining the present realities of Auroville;
- Setting action plans for where Auroville wants to be on its 50th anniversary in 2018 and in 10 years.

Desired outcome: To come up with proposals and action plans which help us to translate the Auroville vision into reality.

The outcome of the retreat is just the beginning. Detailed action plans will then need to be worked out and implemented. This will require the active engagement and involvement of all Auroville residents.

The focus during the Retreat would be on the following aspects of Auroville's development:

- Organisation (governance)
- Land and Town Planning & Development
- Population growth
- Education
- Economy

Everybody is invited to actively help in the preparations for the retreat during the coming two months, and in the subsequent follow-up work. Please extend your full cooperation to the ACI team in the preparation phase that starts now.

An important part of this process will be consultation with the larger community, which will be invited to give its input. A feedback and suggestion mechanism will be put into place in the coming days.

Let us begin the New Year with a renewed aspiration for the manifestation of the Auroville vision.

*Vision Task Force, Working Committee
Residents Assembly Service, Auroville Campus Initiative
31st December 2014*

Reference documents:

Governing Board Meeting Minutes (Item No 23) - August 2014

http://www.auroville.org.in/sites/www.auroville.org.in/files/article_attachments/45th%20GB%20Meeting%20Minutes%20on%20-%2003.08.14.pdf

International Advisory Council Meeting Minutes - August 2014

http://www.auroville.org.in/sites/www.auroville.org.in/files/article_attachments/26th%20International%20Advisory%20Council%20Minutes_0.pdf

The Dream: <http://www.auroville.org/contents/197>

The Auroville Charter: <http://www.auroville.org/contents/1>

The True Aurovilian: <http://www.auroville.org/contents/526>

Monthly Report of the Green Group for December 2014

1. Update on the Irumbai land allocation process; the Irumbai development group have managed to come up with a provisional land allocation that satisfies all the people who have requested land in the Irumbai area. This depends, however, on Matrimandir compost being able to take over Siddhartha farm from the Farm group. Farm group have agreed in principle to this subject to certain clarifications and conditions. LCC have been emailed about the land that needs to be purchased in this area so that the various plots can be properly consolidated. It is known that at least one owner of several plots is ready to sell and it is expected that the Land Board will take up the issue. The group heard that the Sustainable Living Institute, which has been allocated land in this area, will be running an outcome-oriented consultation workshop before the end of December. This will enable everyone to directly collaborate towards achieving a unified response to the various challenges and opportunities of this project.

2. Green Group mandate: The Forest group have already approved the mandate and the Farm group will discuss it at their next meeting. It was agreed that we will try to get this process finished by December 15th. It will then be given to the AVC to go through the RA ratification process.

3. Land allocation process: This has been agreed between the relevant groups and now needs to be looked at by the FAMC.

4. Presentation by the New Town Development Authority (NTDA) Task Force: A 'Land Protection' group set up by the WC, explored various ways of protecting Auroville land and recommended that the best way of doing this would be to set up a New Town Development Authority. The Governing Board endorsed this unanimously and the task force was set up to explore with the Tamil Nadu authorities the best way of doing this. The Task Force has contacted the Tamil Nadu Town and Country Planning Commissioner as well as the Housing and Urban Development Secretary to explain the objectives of Auroville in requesting an N.T.D.A. and requested their support which has been understood and favourably received. Various processes have been set in motion for the preparation of a proposal of the constitution of an N.T.D.A. for Auroville. As a designated New Town Authority the recognition of Auroville as an International Township will be formalised with the Auroville Master Plan as the document of reference for all future developments within the Master Plan area. It is thought this will foster collaboration with the local Panchayat towards a co-development of the surrounding villages and areas contained within the N.T.D.A. Various questions were raised, in particular the relationship between the Auroville master plan and village development and how this could be harmonised. It was felt that with the right steps the integrity of Auroville could be maintained, that it would help to protect the Green Belt, and would have a positive impact on the development of the whole area. Clearly, however, this is not a silver bullet, which means that Auroville needs to continue to buy as much land as possible. Green group members looked forward to examining more detailed information of the task force.

5. Green belt master plan: It is expected that this will start to be created from the beginning of January when David Stein arrives in Auroville. A survey will be carried out by TCPO, which means that for the first time there will be a definitive marking out of the Auroville land by a Government agency.

For further information please contact Priya: greengroup@auroville.org.in

TDC/Avenir Financial Report 1st April-30th November 2014

The total expenses incurred by L'avenir/TDC for the April 2014- November 2014 corresponds to 58,31,598/- (58.31 lakhs). The income received in this period are the following: 44 lakhs from GOI grant, 4.40 lakhs from City Service, 6.30 lakhs donation from Varuna for preparation of electrical master plan, 2.63 lakhs for water well monitoring project, 2.01 lakhs project contribution & 33.81 lakhs is the reserve from the previous years.

The break-up of overall costs is given in Table 1.

Table 1: L'avenir Office Overall Expenses 2014-15 30th November (amount in Lakhs rounded up figures)

Human resources	36.49
Topographical surveys	9.14
Capital expenses	1.85
ACUR expenses	2.88
Running costs	5.11
Travel & visits	2.84
TOTAL	58.31

Human Resources represent the major share of expenses for an amount of 36.49 lakhs. This category includes Aurovillians on maintenance as per existing guidelines, external staff, consultants and volunteers. There are also Aurovillians who work part-time or full-time in L'avenir without receiving any maintenance and they are not accounted.

Table 2 gives a break-up of cost (total does not tally exactly due to round up of decimals) for the department of Human Resources. Annex 1 gives further details of the scope of work that were carried out under Human Resources and other annual or monthly costs.

Table 2: L'avenir Human Resources 2014-15 30th November (cost in Lakhs)

Categories under Human Resources	Cost
Maintenance of Aurovillians (16 full time and 2 part-time)	15.84
External staff	5.43
Consultants	14.05
Volunteers	1.17
Total Human Resources	36.49

Consultants represent one of the major components of the costs incurred under Human Resources. Some of them are working on a retainer basis for infrastructure (roads and electricity) or for providing engineering services on a regular basis. Others are engaged for specific projects. Major project expenses for consultants in this period are related to preparation of the Detailed Implementation Development Program, Waste Water Treatment for Residential Zone, Surface Water Management, Electricity Master Plan, Land use. Costs under "Consultants" include external professionals (10.92 lakh) as well as Auroville registered units (3.13 lakh). A project on land use and mapping is undertaken by an Auroville unit without professional charges but on honorary/cost basis. A large part of the Aurovillian staff is engaged in technical services and land use (GIS and mapping). The details of the staff are given in the annexure below.

ANNEXURE: HUMAN RESOURCE L'AVENIR/TDC

Maintenance of Aurovillians

a. Committee Members: The TDC is a committee constituted of 10 people but three members have resigned and have not yet been replaced through community process. One member **Cristo M**, Regional Planning has received maintenance for the full period.

b. Auroville Technical Staff:

The following members are receiving a full-time maintenance (Rs 13,730/-) for the following functions:

- Ms. Deoyani, GIS and land use
- Mr. Vinayagamurthy, GIS
- Mr Anbu Survey and Mapping
- Mr. Uriel (april to august only), Mapping
- Mr. Boobalan, Site supervision, land protection, asset survey
- Mr. Anand, Physical Asset survey
- Mr. Manu G, Special Housing Project (Sacred Grove)
- Mr. Paul Vincent, Land protection,
- Mr. Dheena, Accounting
- Mr. Prashant, Coordination of Technical Planning Office
- Ms. Lata , Coordination of Technical Office
- Ms. Anita, Technical Planning Office
- Mr. Tom, Planning and implementation of water related projects
- Mr. Subramaniam, Asset survey and village development
- Mr. Jacques, (attached to LCC) Land matter

The following staff is receiving a part-time maintenance:

- Mr. Rik, GIS and mapping (6000/-)
- Ms. Nadia, Part time Secretary (7680/-)

All maintenances are running according to the guidelines and policies of the BCC and the HRT. It has to be noted that on request of the FAMC and Working Committee the TDC has absorbed in 2012 all GIS and mapping experts in the other service units of Auroville in order to provide a unified city service.

External Staff

The following are the external staff employed during from April to November 2014 with related assignments:

- Mrs. Vijayavalli, part-time secretary and building application, 8100/- per month including school allowance + social security's and social benefits.
- Mr. Karthikeyan, attached to the Auroville Foundation Office 15,500/- per month + social security's and social benefits.
- Mr. Manikandan, amount paid 30,500 per month as electrical engineer working on infrastructure
- Mrs. Priya, Secretary part time : amount paid 4,000 per month from May 2014
- Mrs. Uma, Secretary part-time: amount paid 3,300 per month.

Consultants

The following units/consultants have been employed during 2014-15:

External Consultants:

- Development Consultant Pvt Ltd amount paid 7.21 lakh as consultancy fees to prepare Electricity Master Plan for entire Auroville Township.
- Mr. Balamurugan consulting fees amount paid 0.17 lakh for Bommayarpalayam panchayat village development work.
- Mr. Govind amount paid 1.20 lakh retainer fees as a quantity engineer for Work Allocation Team and other projects evaluation.
- Mr. Luis Feduchi (Kaja): amount paid 0.75 lakh for Urban Design in the sector 1 and 2 of the Residential Zone.

- Mr. David Stein: (external professional): amount paid 0.10 lakhs for Village development project in Bommappalayam
- Mrs. Reha (technical planning office) amount paid 0.10 lakhs for updating Auroville Master Plan for June and July.
- Mrs. Deepika (technical planning office) amount paid 1.20 lakhs for updating Auroville Master Plan from June 2014.
- Mr. Faraaz (technical planning office) amount paid 0.18 lakhs for making working models for communication and presentation from October 2014.

Auroville Units

- Auroville Wind System: amount paid 1.05 lakhs for road design.
- Creation Architecture: amount paid 0.44 lakh for consultancy and coordination fees for NTDA Task Force.
- Auroville Road Service amount paid 0.20 for surveying and road work
- Botanical Garden amount paid 0.48 for planting trees along Vikas radial

ACUR costs

The TDC occupies 202 square meters in the Town Hall, one full wing on the second floor and shares part of the other wing and the library. In addition we have access to the conference room whenever required. The cost for the maintenance of this space is 33,000/- per month and covers the following:

- Security 24 hrs
- Maintenance, repair and cleaning of the office
- Maintenance of office furniture and equipment, hardware and software
- Electricity & generator (diesel and maintenance) & UPS maintaince.
- Water
- Internet access and hardware/software assistance
- Waste disposal
- Maintenance of Town Hall Garden
- Conference Hall space

In addition TDC has contributed to ACUR a one-time amount of 20,000/- for the annual tour of Town Hall worker and 3500/- for internet switch.

Miscellaneous Costs

Travel and visits are mainly cost for:

- Travelling to Ahmadabad to meet the Chairman of TDC (various trips 2 members in May 2014 ; 5 persons in June 2014; 2 persons to Delhi trip in July 2014; 1 person to Delhi trip in November 2014(2,84,225rs); Other local trips especially to Chennai, Vanur and Villupuram amount to rs 49,928/-

Other major office expenses are:

- Computer maintenance & stationeries (1,44,288/-)
- Telephone & internet (30,402/- x 4 lines).
- Topographical Survey expenses have been 9,13,624/- of which 3,29,447 to Land Mark Surveys for 1113 acres surveyed in the green belt area for phase II , 2,90,487 advance payment for phase III for 1113 acres to be surveyed in the green belt area, and 1,13,690 for various constructions project in the city area. An amount of 180,000/- has been paid to Auro Star Surveys towards past pending services.
- Capital expenses: are related to computer systems with high configuration (160,625/-), 2 nos ceiling fan and one Pedestral fan (5550/-), Cordless phone (2,500/-), Survey Equipments Accessories (16,622).

For further information concerning this report, please contact avenir@auroville.org.in

ANNOUNCEMENTS

Clarification on Sludge disposal issue

We wish to clarify that Bindu and Clementine had no objection to this experiment in the Annapurna site and not in IR402/2 (as published recently), although they have not raised any objections either. The possibility of IR402/2 for

de-sludging is being studied by the TDC and is not final. Any comments/ questions on this topic should be raised directly to TDC.

The Council effectively concluded this issue from its side as it is not the right body for finding an alternate site, nor is it the right body to determine the correct treatment method

for sludge (see report in News and Notes dt 20th December 2014). However, as is written in our conclusive report, we recognize that this issue stems from a deeper root problem and will take the time to study it. In the meanwhile, we are assisting the Working Committee and TDC in identifying a site but providing relevant information from the point of view of the Council.

Some of points we intend to look into are:

- education on topics such as sludge (the Water Consolidation task force is studying this currently)
- stewardship of land: personal rights vs collective decisions
- personal conflicts coloring collective processes and decisions

Sincerely,

For Auroville Council, *Sindhuja, Veronique, Matriprasad*

TDC - L'avenir d'Auroville

The following Site and Building applications are announced for feedback from the community for a period of two weeks. The announcement is made for feed-back only and does not mean that the project has final approval.

The final approval is given when L'Avenir / TDC issues an NOC (No Objection Certificate). This happens only once the feedback period is over, the feedback has been evaluated, final decision by TDC has been reached and the necessary financial formalities have been completed. It is only after issuing a final building permission that fencing, building or any other activity on the site can start. It has to be noted that site permission is given to reserve the site for a maximum period of

two years in order to prepare a project proposal. It does not give any right to fence and clear the site unless, for practical reasons, there is a special permission of TDC.

Individual Project

1. Housing Service - Ribu, Sincerity, House Extension

Collection Project:

2. Site Permission for Louis Cohen, International Zone, Habitat of International Zone Phase 1

Project writes up given by the project holder.

Project Title: Habitat of International Zone Phase 1

Proposed Site Location: International Zone between Tibetan Pavilion and International Guest House

Project Holder: Louis /International Zone Coordination IEAQ

Architect: Sonali/Anupama

Contact Persons: Louis

Description: 1st Phase Kalsang of Namgyal flat 90 m2 + 1 single unit + 2/1 bedroom flat of 45m2

Target Group: Aurovilians, Newcomers and Friends of Auroville I priority related to International zone.

Background:

Triggers: To performs to the need of accommodation and to trigger energy of growth of international zone.

Goals/Objectives: To provide permanent housing to people working mainly in the International Zone.

TDC asks for feedback from the residents of Auroville within two weeks from the date of publication. If anyone wishes to have detailed information, feel free to contact TDC - L'avenir d'Auroville office: 262-3568 or come personally to the Building Application section.

FOR YOUR INFORMATION

Update on the Auroville Festival in Chennai

The preparation of the Festival in Chennai is in full swing. Originally planned as a week of events and activities it evolved into a festival covering over 21 days. Thanks to all the Aurovilians who committed themselves to help us share the ideal of Auroville through their participation, good will and time.

The festival starts on March 1st ending on the 21st of March. There are 6 main events, they are as follow:

March 1st: Inauguration of the Auroville Festival at the ITC Grand Chola Hotel, Mount Road. By Invitation Only.

March 6th: Cultural event with the performance of the AV Choir at Venkatassubba Rao Concert Hall, Harrington Road. The venue has a capacity of 1,100 seats. Tickets are free, so invite your friends and guests. Ticket details will be provided at a later time.

March 9-21st: Exhibition of 19 artists at Lalit Kala Akademi, Greaves Rd, Aayiram Vilakku. Free entrance

March 9th -21st: An exhibition on Auroville at the Lalit Kala Akademi. Free entrance.

March 11th: Seminar at the TAG Centre, TTK road. The venue is part of the Music Academy. The program consists of 5 presentations followed up by a panel discussion on Sustainable Future.

March 16th: Presentation on Human Unity in Diversity at the Lalit Kala Akademi. By Invitation Only.

In addition there will be 5 additional art exhibitions, workshops, presentations, events, and an ethical market in association with schools, IIT, Institutes and Chennai NGO's.

The final schedule will be published by end of January 2015. Updates and incoming events will be available on: facebook page at Auroville festival in Chennai and on the webpage of the festival at festival.auroville.org.

We wish you all a Happy New Year,

Divya, Elaine, Fabienne, Krishna, Marianna, Marco - [Contact: chennaifestival@auroville.org.in]

Neelanjani Auroville Visual Artist Center (Part 2)

Drawing, painting, photography, sculpture, calligraphy, etching, graphics, and installations

Dear Community: we continue with our historical review begun last week.

Our joint mural project was another learning experience but easier, for the vision was held by the artist in charge. Happily volunteers arrived as we needed them. We were helped with supplies by generous supporters. We had been told from the beginning that the wall could be painted over at any time---as it still can be. We are grateful that that did not stop our plans because many people have said that they enjoy The Cosmic Cow mural - our present to the community.

We received from the VC late in 2014 permission to use the outside north wall of their center across from the cafe. About 15 painters and sculptures have given their work. The artists felt that 40% of sales were too much to give to Neelanjani as we had asked before, so 20% was agreed on. Eight of the artists have stepped up to help our manager hang and take down every morning and evening a contribution of about forty minutes. Our manager has been a very valuable find for she likes to talk to visitors about the work, networks, educates, is good on a ladder and sits the display Thurs., Fri., Sat., and Sun. the days we are open.

A brief lecture: Art is not this or that / what you like or what I like / art cannot be put in a box. Some people think they know what art is but they know what they have been conditioned by, educated by, experienced by and yes reacted from. This is the biggest challenge of a cooperative artist venture. Neelanjani is slowly learning how to set standards but they will always be controversial. Especially because this venture is partly dedicated to supporting and nurturing emerging artists. Professional standards must be kept as well as we possibly can.

On that note we at Neelanjani are very grateful for the support of the Visitors Center, all those artists who have participated in our activities, Kala Kendra, Suhasini, and those art lovers who have pitched in with their support.

We will call a meeting next week to determine if we will continue to go forward with this dream or face the reality that it may have run its course. If you think the vision statement below is a good idea we hope you will come.

NB: Neelanjani Auroville Visual Artist Center is committed to working as a cooperative with other artists to finance and build a gallery on the first floor of the Auroville Visitors Center. The space will be a center of support, display, marketing and information on Auroville visual artists. From there will come shows inside and outside Auroville, installations, murals, and other artistic expressions. Neelanjani will bring those working in visual expression together for stimulation information and support.

Most sincerely,
The Neelanjani Team (Audrey, Emanuelle, Elaine, and Coco)

From Eco Femme

Hello! We would like to invite Auroville's guests, volunteers, interns, and residents to join us for an open house and discussion: on menstruation and the environment, Eco Femme's work, eco-friendly menstrual products, how we relate to menstruation world-wide. Please stop by our office on Thursdays from 2:00 to 3:00 pm; running weekly starting from Thursday, January 8 [break on 15th for Pongal] and continuing through to the end of March. We are located in the Saracon campus (opposite Svaram Workshop, and near Ganesh Bakery and Hers). All welcome.

Eco Femme is doing a small project on Manjal Neer, First Period Functions! The purpose is to help Eco Femme become more familiar with local Tamil rituals around menstruation. If you had a First Period Function and would be willing to share about your experiences, please let us know. We will arrange a time to come and speak with you. If you would like to participate in this project, or want more information, please call or write to the following people:

In English, contact Ilana (763-998-3917; ilana@ecofemme.org)
In Tamil, contact Harishni (944-219-2536; harishini@ecofemme.org)
Thank you!

Auroville herbarium VIII

How a page in the etymology section would look like:

Colophospermum mopane (Kirk ex Benth.) Kirk ex J. Léonard

Synonyms Copaifera mopane Kirk ex Benth, basionym
Hardwickia mopane (Kirk ex Benth.) Breteler
et al

Authors Kirk Kirk Thomas
 Benth. George Bentham
 J. Léonard J. Léonard

Etymology κολοφοσ; kolophos; Greek: oil, resin
Spermum; Latin: seed in reference to the resinous seeds.
Mopane derived from a Bantu common name for the tree.

Mother's name not named

Common Balsamtree, Butterfly-tree, Mopane, Turpentine-tree, Ironwood, Red Angolan Copal, Rhodesian Ironwood, Rhodesian Mahogany

Distribution native to Angola; Malawi; Mozambique; Zambia; Zimbabwe; Botswana; Namibia; South Africa - Transvaal

Description a deciduous shrub or tree; bark with very deep vertical fissures; leaves kidney-shaped, with nerves

prominent on both sides, and a tiny point at the joint of the two leaflets which is the remnant of a third, terminal leaflet; flowers small, green, with 4 sepals, no petals; pods flat, somewhat kidney-shaped; the seeds are sticky from resin exuded by glands which cover them

Uses the tree provides food indirectly because it is a host to the larval stage of the mopane worm which is collected in large numbers and relished as food.

The dark-grey wood is hard and heavy. Due to its great durability and resistance to termites, mopane wood is widely used for building, tool handles and other implements. It is also increasingly being used in the construction of musical instruments

The tree provides excellent firewood, burning with great heat and very little ash; it burns easily, even when green. It is the source of Angola copal.

Notes Mopane seed pods do not split open of their own accord and the seeds can germinate while still in the pod. The seeds are viable for about 3 years; they do not require any pretreatment, but soaking in water for 24 hours speeds germination. This species is used in sand-dune stabilization in India. Crushed leaves have a turpentine odour.

There will be a special section with data on authors; one is taken as example:

Benth. George Bentham, 1800 Portsmouth, England - 1884. English botanist, characterized by Duane Isely as "the premier systematic botanist of the nineteenth century". Bentham began with the Flora Hongkongensis in 1861. This was followed by the Flora Australiensis, in seven volumes (1863-1878). His greatest work was the Genera Plantarum, begun in 1862, and concluded in 1883 in collaboration with Sir Joseph Dalton Hooker. His most famous work, however, was the Handbook of the British flora, begun in 1853 and first published in 1858. This was used by students for over a century, running into many editions. After his death it was edited by Hooker, and was known simply as Bentham & Hooker.

To be continued - Walter

Pongal Tourist Festival-2015

Pongal Tourist Festival-2015 will be celebrated at Valikandapuram, 12 km from Perambalur (58 km. before Tiruchirapalli) on the National Highway No 45. on **14.01.2015 from 10.00 am to 2.00 pm** by District Administration and Tourism Department. Valikandapuram was an important city in the Chola kingdom. It linked with Ramayana, King Vali worshipped the god Siva here and attained many powers, thus the god Siva in the temple is known as Valieswarar. The temple was built by Cholas during 9th century A.D. and it has seven storied gopuram.

Demonstration of Pongal preparation, Bharathanatyam dances, cultural programmes, folk dances, Nadeswaram by Government music school students, Kolam competition, kabadi, other rural sports competition and Bullock cart rides are part of the Pongal Tourist Festival-2015 celebration. We request you to come and enjoy the festival celebration in the rural ambience with temples as the backdrop at Valikandapuram.

This festival is organized by the Tamil Nadu tourism for the Foreigners to show Tamil Traditions & Culture. Due to limitation of seats (40 people), we request you to book in advance at AUROCABS to visit this festival. Aurocabs Tours & Travels from Auroville will arrange a free transport on both ways. Tamil traditional lunch served on banana leaf at the festival. Free transport and lunch provided.

Booking close on 10.01.2015 evening.

Booking is done at: **AUROCABS** [Auroville Main Road, Kuilapalayam, Auroville]
Phone: **0413 2623200 /2623201 / 9843734825** - Email: aurocabs@auroville.org.in

POSTINGS

Residents Service closed

Dear friends, we are closed on Thursday 1st and Friday 2nd of January 2015. Wish you all a happy new year!
Residents Service Team

Reminder: Marathon Market at Visitors Centre and change timings

Once again it is planned to have an Auroville 'market' sited opposite the main entrance to the Visitors Centre
On the 7th and 8th of February. The timings are 9.30 - 6.00 pm on Sat Feb 7th and 8.00 - 10.00 am on Sunday Feb 8th.

This announcement is an invitation to Aurovillian units interested in having a stall at the Marathon - comprising one or more local marriage-hall-style metal-topped tables with chair(s) - please contact us so we can start planning for the occasion. There may be a small charge for each stall to cover table hire+admin costs, but this will be determined nearer the time.

Due to numerous outside requests it has become necessary to define the purpose of this market which is to give the many visitors attending on that day the opportunity to see - and buy - a wide variety of Auroville designed and made products, plus various Auroville snacks and food items, at the same time taking the opportunity to give a boost to the AV economy. A small market coordination team has emerged for outside participation which may be considered when offered on a pro-bono basis and/or when related to the Marathon Event- the team reserves the right to refuse items or individuals who are not connected with Auroville.

Please contact us at *Prisma* (ph.262-2296 e-m prisma@auroville.org.in) before the end of the first week in January if you are interested.

Change of name and contact info

Hi Family! The person that many of you knew as Kathryn is gratefully back in Auroville. My name changed back in April 2011 to Swaha, so "Kathryn" is really quite in the past for me at this point. I very much appreciate your efforts in supporting this shift, which has been quite a profound transition. I very much respect that there is already a Swaha here, so I will happily be Swaha US (also my Facebook id) to distinguish. If you want to reach me, I'm staying in Creativity and my phone is

890-342-1742; email: SvahaUS@gmail.com (note the v).Thanks and Love!

Apology

To all those who came to the film "THE PERCEPTIBLE BREATH" in Pitanga on the 14th of December., it had to be postponed for 1 week because our teacher Veronika L. has not yet arrived! It was poorly attended, yet very well received! There seems to be no fund for the rent of MMC...so we shall show it only in March. She will still be here till 23rd of January, offering treatments in Verite and one more workshop from the 5th to 9th of January. I find great relief and balance in my body, mind and soul. I shall bring a copy to the video library. *Submitted by kayananda*

Cafe Auroville

Are you volunteering in Auroville? Are you considering joining Auroville?

If you are, Cafe Auroville invites you to join us for an informal gathering on January 8th at 2.30 pm in Le Zephir above the Visitors Center restaurant

Hibiscus Art Village

NEPTUNE FESTIVAL 2015

We are calling all creators to bring to life the festival - Musicians, dancers, poets, painter, sculptors, jugglers, actors, costume, cooks, etc...The day is open to participate and share your creative expression. The art craft market is open to all artists wishing to expose their work and products.

We need volunteers to support the organization of the event. All donations are welcome - acc # 252071

We will meet on Sundays 4/1 11/1 18/1 from 14h to 17h
Svedame Well Cafe

Update from Gas Bottle Service

Message from the Government of India regarding LPG Subsidy for Indian consumers:

Here at the Gas Service we will help you to link the LPG subsidy to your bank account, therefore one must have a bank account. Please bring a copy of your Aadhaar card, if you do not have an Aadhaar card yet, then submit a copy of your bank book to the Gas Service as soon as possible. We will help you with all the necessary form.

Last date for submitting the form is 15th of January.

AVAILABLE

Macintosh professional specialist in Auroville (25 years of experience)

If you have any request for your Macintosh (I'm NOT an iPad and iPhone specialist) - You can contact me (guests, volunteers, Aurovillians, Newcomers, etc...). I do full control/cleaning/updates/repair, etc...Please contact me by mail - *Eric Chacra*: echacra@free.fr

Garden and mason work

Hi, I am doing garden work and fencing and grass cutting. All kinds of mason work. I have a team and workers. If you have any need please contact *Arumugam*: 8940431717

Good Bicycle Opportunity

Hello! I am walking away from Auroville for some time. I am selling my bicycle - It is in very good condition, only used for 1 year. Red colour, 6-speed, model Hercules Atom. If you are interested please contact me 9787376213 - *Anna*

Puppies

Healthy puppies are looking for their new home. They had mommy's milk in our community 8940567857. *Sibylla*

Books by Rod Hemsell

The UNIVERSITY OF HUMAN UNITY project in Auroville has made available, in print, three books that were published in 2014 by Auro-ebooks, two of which are based on lectures presented since 2008 by Rod Hemsell, and one previously published collection of his essays. The print versions are now available at FREELAND BOOKSTORE: *The Philosophy of Evolution, the Philosophy of Religion, and the Logic of the Infinite.*

LOOKING FOR ...

Help needed

Dear visitors, Newcomers, Aurovilians,
We need your assistance to feed tame friendly dogs around our communities; to pick up food at 3 pm at solar kitchen and distribute it at places that I will show you - takes about 2 hours - this is easily done when we are 3 or 4 persons to divide the 7 days of the week - Please call *Lorraine* at: 9655933914 for more info

Photo needed

I am in need of a good photo of one of our local termite mounds, ideally standing starkly clear of any heavy vegetation or building so it can be seen by itself, and - again ideally - with sunshine on it to show the holes/vents in shadow contrasting with the earth exterior (I don't rule out one up against a building if the other criteria are met). If you have one available please contact me. Alternatively, if you know of a mound that I could come and take a photo of, please let me know. Thanks :-) - Tim (ph.2296 work; 2381 home; e-m timwrey@...)

Flute Teacher

Hi, I want to learn how to play the flute [straight or Japanese "Sakuhachi"] - my email: vijanemilio@gmail.com or cell. 9787390182 - Submitted by *Roberto Longo*

Small size CD

I'm looking for small size - 3" diameter- CDs for making Fishes. If it's waste, please contact Ok: 9344002972 or 2623822 - Thanks, Ok

An amma

The Unity Pavilion is looking for a dynamic and strong young lady who can help with the cleaning work in the mornings. Please contact *Shivaya*: 944 362 1742

Single or double bed

I am interested to buy a second hand single or double bed with or without mattress (in a good condition). Please contact *Irena* at 9786935794.

A piano teacher

I am looking for a piano teacher. I am an absolute beginner but with a great enthusiasm to learn. I have a keyboard at home. Please contact *Irena* at 9786935794. Thank you.

Ladies' bicycle

I would like to buy or borrow a bicycle for a lady - any type and it does not have to be a new one. Please send an SMS: +919943360811 or write an e-mail: ivana.frousova@yahoo.co.uk. I thank you for your reading, *Ivana*

Mattress

I'm looking for any kind of mattress that is still in usable condition. Just call me (8940563078) or send me an email to jonas.knigge@gmail.com :) *Jonas*

LOST & FOUND

Book (lost): On the day of the Christmas fair, i unfortunately misplaced a book (either at Foodlink or at the Christmas fair itself) that i was reading and that i had borrowed from the library. It's called "Ishmael" by Daniel Quinn. If anyone has found it could you please either contact me or return it to the AV library? Thanks, *Honor* (91 59 85 61 48)

Long key (found): In front of Artcar near future school. Ask at the *News & Notes* office

Driving licence and ID card (found): A Driving licence and the health insurance cards from the United Kingdom have been found at the internet shop (Globol webs) near my market at Periyamudhaliarchavady. The licence owner's name is **Petcher Finn**. Date of birth: 23/01/1991 - If someone knows him please pass the message to him to collect the cards. Contact no, Jayandhan: 9843182560, Ganesh. E

THANK YOU

Art Cart

The Art Cart is a mobile structure stocked with art supplies, aimed to bridge our community and beyond through the joy of artistic self-expression. Please join us at the Visitor's Center stage with new timings: Every Tue & Fri from 4-6 pm.

Thank you to:

PCG for funding this endeavor,
Rakhal of the previous IZCG for support,
Nicole for openness to include the cart in Visitor's Center,
Iyyappan, for dedication in manifesting this dream,
Ranjith, for adapting the concept into reality,
Giovanni, for helping to shift it into place and to the amazing team of workers who built the cart itself: Jayamoorthy, Tamizh, Arul, Basha, Thangarasu, Marimuthu & Purushotem.
And a special thanks to all who joined us for the launch on the 19th and for all others courageously joining us and creating each week!

Krupa for Sankalpa: Art Journeys [To volunteer, contact krupa@auroville.org.in]

Spicy thanks to all

The Spicy YC Christmas Fair was truly spicy this year! It really was a great success and we wish to thank everybody who

helped us organise and perform this event. We are very grateful for all the donations we received in kind from different Auroville units and to all the individuals who helped in so many different ways. The involvement from the whole community resulted in a peaceful and happy day filled with fun and smiles. Thank You!
YC team

Bridging the Gaps

Dear Auroville community,
Bridging the Gaps - an Ultimate Frisbee and personality development camp was a success! With a 100 plus kids and 40 coaches participating from different cities across India, it was an experience of a whole new scale. Children and coaches learnt each other's languages, overcame difficulties, and made new friends.

It was an amazing 5-day full of learning and fun. We would like to apologize to the neighboring communities for the disturbance caused and thank all those who helped and welcomed this camp.

We hope to have more participation from Auroville children next time.

Av Ultimate :-)

ACCOMMODATIONS AVAILABLE AND NEEDED

House sitting1

Hi! I'm looking for a house or apartment for house sitting, small or long term - I'm single and a Newcomer, working at the Matrimandir. Contact: roberto@auroville.org.in

House sitting 2

Long term experienced house-sitter available - Extremely responsible single female (age 31) with experience and references in house-sitting, available immediately for long term house-sit. Happy to take utmost care of your home and animals. Currently volunteering in various Auroville projects. Kindly contact *Kanika Atre*. kanika.atre@auroville.org.in

TAXI SHARING

January 3rd: Pick up from Chennai at 11:50 pm, flying with Lufthansa, for sharing both ways pls call Nathalie 2622 683 / nathh28@hotmail.com. Thank's, *Nathalie*

January 3rd: I leave for Chennai airport at about 9.45 am on 3rd Jan. If you want to go around the same time or return in the afternoon and would like to share, please contact me. *Nandita*, Quiet 0413 2622637, shahnandi@gmail.com or sms 9488483286

January 3rd: Saturday: Depart from Svedame, at 6.30am AV Chennai airport (Saoudia AL) 1 place.
Back from the airport to AV, around 10 / 11am 2 places.
Contact *Veronique J* 948 85 12 678, and 26 22 638

January 4th: Sunday - Leaving Chennai airport at 5:30 pm to Auroville on 4th Jan, Sunday. Taxi can be shared both ways. Auroville to airport, taxi can take up to 4 persons (time flexibility to leave from AV) and on the way back from airport, there is place for only 1 person. If interested, pl contact *Lalit* <lalit@auroville.org.in> Phone: 9443790172

January, 5th: Monday - Leaving Chennai airport at 7:30 pm to Auroville on 5th Jan, Monday. Taxi can be shared both ways. Auroville to airport, taxi can take up to 4 persons (time flexibility to leave from AV) and on the way back from airport, there is place for 3 persons, only 1 passenger is coming. If interested, pl contact *Lalit* <lalit@auroville.org.in> Phone: 9443790172

January 9th: Fri, leaving at 4:30 am to Chennai airport. Contact *Ross Hunter*: ross.hunter@90dev.co.uk / M: +44 7984 796 758 / T: +44 207 193 9929

January 10th: My friend is coming to visit me and would like to share her taxis: leaving from Chennai airport to Auroville around 11:40 am on January 10th (landing domestic at 11:25) and leaving Auroville to Chennai airport at 8:00 am on January 14th. If it fits your schedule please call *Chloé* 09820635828.

January 12th: Are you interested in sharing the taxi to Chennai on 12th of January? It's ok for me to start any time between 10 am and 1 pm. Please call 7598671669. *Saraswati*

WORK OPPORTUNITIES

Volunteers for White Peacock Clay Club

White Peacock" Clay Club is looking for volunteers willing and able to help with the garden work around our new building (Kindergarten area). The new space wants to become beautiful! Please call Anna 7598671669 if you have some time and energy to spare.

At Matrigold

MatriGold is looking for an Aurovilian (or Newcomer) lady, who wants to join our small team on a long term commitment on a ½ or full maintenance (as fast as possible).

It is not creative work! We need someone who is skilled with the administrative and marketing work in a small unit, or someone who wants to learn it.

You need basic computer skills (Excel, Word), organizing talent, joy in dealing with people and a good eye for quality control, display arrangements and a kind of visual memory.

If this speaks to you please make an appointment with *Birgitta*: 9442300574.

Road service assistant

Road Service is looking for an assistant for Alain G.: to assist L'Avenir in finding alignments for new roads, to prepare estimates for roads and sundry works executed by Road Service, to take care of Road Service administration and to look after finances, including the Debit Notes.

Fluent Tamil is necessary.

Ideal profile: an accountant who likes to expand the scope of his activities.

Contact Alain G.: alaing@auroville.org.in

HEALTH

Jade Beauty salon

Facials, manicure, pedicure, waxing, treatments for any kind of skin problems.

Beauty the smile of divine, feel good with yourself.

Call for appointment 809 876 0113.

Happy to welcome you, in the New Year. Wishing you all a wonderful time,

With love, *Julia*



The Auroville Radio Team would like to close the year by thanking everyone that has helped us in so many different ways: volunteers, donors, listeners we also include our thanks to those that created the challenges we faced this year, as it has given us the opportunity to precise better our aims, to appreciate the work done and to begin to estimate the work that is yet to be done. We wish each and every one of you the very best for the New Year. In this period of tumultuous transitions we join with you in the hope of collaborating for a New World as we leave the year 2014 behind. *The Auroville Radio Team*

These are the latest programs published by AurovilleRadio this week. All the recordings are available in CD or ready to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Financial Service.

Christmas Angels (Performing Arts 27/12/2014)

Jurriangelo & Angeline presented Christmas Angels. Selection of soulful originals, jazz standards & other songs. -[English, 81 Minutes]

A Throw of Dice with Heather, Kim (Cinema 27/12/2014)

Live Musical Recording of Dr. Kim Cunio and Heather Lee for the silent film A Throw of Dice at Bharat Nivas -[English, 65 Minutes]

Christmas Celebration at Pavilion (Kids & Youth 27/12/2014)

Wanna listen to Gorgeous Christmas carols? Listen to a kids' Christmas wish? -[English, 36 Minutes]

Off the Cuff- Andrea, Renu, Wazo (Performing Arts 26/12/2014)

This week the trio remembers the Tsunami 10 years ago, remind people to share archival images on Facebook and more. -[English, 17 Minutes]

Selections by Gangalakshmi-20 (Integral Yoga 24/12/2014)

A weekly reading by Gangalakshmi (in French) from selected works by or on the Mother and Sri Aurobindo. -[French, 14 Minutes]

Christmas Angels, Tsunami (News from Auroville 24/12/2014)

Featuring Angeline, inviting us to Christmas Angels on Friday 26th at 7.30pm at CRIPA, special musical evening. -[English, 15 Minutes]

L'Agenda de Mere 15 Nov. 1958 (The Mother 23/12/2014)

You can listen to all of the programs and more on www.aurovillerradio.org. For more info call 0413-2623331 or email a@aurovillerradio.org

.. -[French, 16 Minutes]

Matrimandir Book Release (Architecture 23/12/2014)

Check out the interviews of attendees of the Matrimandir book release, held at Citadines, Auroville -[English, 42 Minutes]

Pioneering Humanity (Evolution 23/12/2014)

More and more humans follow -[English, 22 Minutes]

Jean-Francois Noubel (Research 22/12/2014)

Jean-Fran -[French, 80 Minutes]

Youth Center Christmas Fair 2014 (Culture 22/12/2014)

The "Spicy YC" Christmas fair; enjoy hearing about the food, games, Pony rides, and other activities. -[English, 36 Minutes]

Accessible Auroville Presentation (Mobility 22/12/2014)

Accessible Auroville made a presentation of the booklet titled -[English, 34 Minutes]

Xmass Celebrations, Sadhana Forest (News from Auroville 22/12/2014)

Several celebrations and programs this week from drama, dance to music, Sadhan Forest 11th birthday.. -[English, 13 Minutes]

Organic Fun at the Youth Centre (Kids & Youth 20/12/2014)

This event is organized to collect the needed funds to run the Youth Centre in Auroville. Guests & Auroilians like it -[English, 37 Minutes]

T R A V E L

Latest News from the Travel Shop - Inside India

Please be informed that the Travel Shop has shifted to the Inside India office in Auroshilpam.

We have received the special summer offers from most International Airlines to many destinations. These offers are valid until July 2015.

Now Emirates has also announced their special return Economy and Business Class fares to destinations across Europe, the Americas and Africa.

Qatar, Etihad Airways, Kuwait Airways, Oman Airways and Srilankan Airlines have also published their promotional offers.

We recommend the following minimum check-in time:

Domestic - 2 hour prior to departure / International - 3 hours prior to departure.

Please ensure that you have all the required travel documents for your entire journey i.e., valid passport & necessary visas and that you have had the recommended inoculations for your destination(s). Please check with us in advance if flight schedules have changed.

Insurance: We strongly recommend that you avail of a Travel Insurance.

Tel: 2622078, 2622604, 2623030, travelshop@auroville.org.in, domestic@inside-india.com, doulat@inside-india.com

Notes

About Varuna-Auroville contribution to units

On 6 December the FAMC sent the AVES the following letter:

"Dear AVES,

Please proceed to pay the electricity bills for the commercial units through the Varuna-Auroville contribution. We understand this contribution has been applied to the commercial units for 2 months already. We are not in support of it being stopped without a wider discussion and reflection.

In parallel we will be soon organizing a space and time for all those interested (ABC, ABS, BCC, FAMC, AVES, Varuna-Auroville) to share questions, thoughts, and concerns. Together we can find the best way forward for Auroville as a whole.

By copy to the BCC, they are informed of the same."

A few significant points:

- 1) The initial instruction to the AV Electrical Service to pay the unit electricity bills came directly from Varuna. Varuna did not get approval from any group.
- 2) Michael T. confirmed that the FAMC conducted no investigation to determine if, in fact, the bills had been paid over the last two months. We have learned that only a few units had received a Varuna electricity subsidy over the previous two months.
- 3) Ulli, an executive of Varuna, was part of the discussion and did not leave the room when the decision was made.
- 4) Unlike individuals, there is no agreed system put in place to evaluate if the amount of electricity a unit uses is fair.
- 5) Unlike individuals, the units that are not paying their contribution are still eligible to receive free electricity.
- 6) There has not been a financial or environmental impact study to assess the full implications of this decision.
- 7) This decision means that Auroville is now subsidizing unit production. Yet, there is no system in place to assess a unit's eligibility for receiving this subsidy. All units are eligible, including units that do not contribute 33% of their net profit; units that have accumulated risky outstanding liabilities; units that are not financially sustainable; and units that misuse unit funds for personal expenses.
- 8) This letter initiates a dangerous precedent in which a self-initiated activity or policy will now be valid if it can sustain itself for two months. There is no need for the activity or policy to have been brought to the attention of the FAMC in the first place, and clearly no need for FAMC approval.

FAMC Members are: Anandi, Ashoke, Daniel, David, Iyanar, Juergen, Michael T, Rathinam, Rita, Satyakam, Sauro, and Ulli

Varuna Executives are: Arjun, Carel, Michael Bonke, Toby, and Ulli

Submitted by: Lyle, Suhasini, Monique, Lucas, Chali, Fabienne, Hemant

FAMC's reply about 'Varuna-Auroville contribution'

As posted on the AuroNet by the FAMC on 29 December 2014, in response to the 24 December 2014 posting by Lyle, Suhasini, Monique, Lucas, Chali, Fabienne and Hemant.

Dear friends,

We are fully aware that the Varuna-Auroville contribution is both a sensitive and important part of our life in Auroville. This is why we have invited representatives of the Auroville Board of Commerce, the Auroville Board of Services, the Guest Facilities Coordination Group, the Budget Coordination Committee, Varuna-Auroville, and the Auroville Electrical Service to a joint-discussion on Friday 2 January.

We're pursuing an open exploration to move forward together. We would like to have among those present a representative of this posting's signatories. We are approaching them with an invitation. We sincerely hope to reach together a harmonious conclusion of this topic.

Regards, FAMC

Happy New Year to all

By all means we must pull out our being from his faint, pull it out from this cataleptic lethargy which maintains us in separation.

One cannot be 'free' from something except by being greater than it.

One cannot be free from one's destiny except by being greater than it.

This freedom is above us, it is ourselves who are still imprisoned in this constitution.

To be free means to be the Supreme's prisoner,

The Nave of His Dream,

The Garden of His Play,

The Temple of His Love

The Light of His Knowledge

The True Life in Their terrestrial Body.

Prefer this bareness of Fire, this unity of souls, this knowledge which guides us to where one becomes progressively transformed and limitless.

We constitute only one being, one single substance; the Lord moves in us like a child which amuses itself to know himself, his immense inner regard opens itself sweetly into a moving and growing consciousness.

The Spirit shall take up the human play, This earthly life become the life divine.

Savitri, XI, I, 710

Submitted by Gangalakshmi [House of Mother's Agenda, Savitri Bhavan]

Inukshuk - A New Start

On behalf of AVI-Canada I want first to thank the TDC/L' avenir planning team for their clarification reminding everybody that « It is only L' avenir that has the mandate to approve construction of building or their relocation. »

Thanks also to our friends of AVI for their good words of understanding and support, and particularly to the Aurovilians and other friends related to Auroville for their strong support and commitment against this idea of relocating the Inukshuk that has been put forward, although not yet officially expressed. I think that from now everybody understand and welcome our point that the Inukshuk is a universal symbol able to lead us towards a more global concept of human unity in the International Zone.

A new start is now possible, and Canadians Aurovilians altogether with AVI-Canada will continue their fruitful work of collaboration in taking care of the Inukshuk environment, in the same way as Americans are going on to be the caretakers of the International House. We are working to install a water connection nearby in order to develop a small garden around the Inukshuk that can well combine with the European cultural symbol project to come. A beautiful Park can be developed at this place, for the benefits of all Aurovilians and visitors.

As AVIs, we have now to think of fostering the development of the international area, and encouraging the initiatives done by national groups, as we have by now very few realizations concerning National Pavilions outside of the Indian area. And for the recent realizations as Temporary housing, Sankalpa Art Project, Temporary industrial unit, the water harvesting work, etc., all this is due to the remarkable efforts done by the previous IZ Coordination group since three years, as well as the huge preparation work done for the well. Without that preliminary work, the great success of our AVI meeting of February 2014, concluding by the digging of the well and the new impulse for the development of the Zone, could not have been possible. I think we should be all thankful to the members of the former coordination group, which has been replaced, apparently in a nebulous way, while some of their members were abroad and without their consent.

And here we touch the core of the problem concerning the future development of the International Zone, for two apparently opposite approaches are at work since a long time. Let's not speak in terms of persons (persons may change their minds), nor in terms of groups (groups may change too), but rather in term of tendencies. One tendency is more for an organic development, the other one, more for a planned development. In fact, the two tendencies are necessary and have to cohabit, work together and find their balance. The problem is that, when a tendency is prominent, it cannot accept the presence of the counterpart and tends to reject or ignore it.

A plan is indeed useful, but should always be considered as a dynamic and changeable frame, not a rigid and compulsory preconceived model, stifling all individual initiative and creativity. And if this plan is used as a mere instrument of control for some people, we could then unfortunately anticipate some others decades of inactivity in the Zone. On the contrary, let's all be always vigilant and proactive so that a harmonious, creative and vigorous development occurs in the International Zone.

A good and inspiring New Year 2015 to everybody!

Christian Feuillette [AVI-Canada chairman]

For your calendar



AMPHITHEATRE - MATRIMANDIR

Meditation with Savitri - read by Mother - to Sunil's music

Every THURSDAY at sunset - from 5.30 to 6.00 pm (*weather permitting*)

Enjoy the beautiful open space, an immense sunset and heavenly music in the very Center!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone not to use cameras, i-pads, cell phones, etc. Dear Guests, please carry your guest cards with you and note that access is only for the Amphitheater, from 5.15 pm. Please be seated by 5.25 pm, no late entry. Thank you.

Amphitheatre Team

INVITATIONS

FARMER'S MARKET AND COMMUNITY FESTIVAL

SATURDAYS AT THE YOUTH CENTER (10:30 am - 2:30 pm)

For the winter season, the Farmer's Market at the YC will now be held on a **weekly basis** - every Saturday (However, it will be cancelled in case of rain!!).

Once again, we would like to invite the participation of - farmers, cooks, eco-warriors, handicraft artists, singers, musicians, and volunteers.

Looking forward to meeting you at this eco-friendly, family-friendly, community-building event :)

Love and light,
The Localicous Auroville Team

PONGAL FESTIVAL AT NEW COLORS

(New Colors is an educational and creative learning center, situated in a *peaceful, friendly environment* in Edayanchavady village. Our main service is to provide a free after school-support program for the village children)

We welcome you,
For the "Pongal Festival" at New Colors on Saturday, 17th January 2015 at 2:00 pm. (17/01/2015).

This is our annual fundraising event. There will be lots of fun activities for everyone.
We need volunteers and support for this event.
Our Financial Service Account No: 251908

Way to New Colors

Visitors Centre - Edayanchavady Village temple - turn right—500 Meters (before Agni) - New Colors sign board (on your left) - turn right
Certitude- Edayanchavady Village temple- go straight- 500 Meters (before Agni) - New Colors sign board (on your left) - turn right.
Contact: newcolors2002@gmail.com / Cell No: 95855 13279 and 9865 444472

TO THE CITIZENS OF THE REPUBLIC OF BELARUS

Dear friends,
You are cordially invited to the meeting of all Aurovilians originating from Belarus. The purpose of the meeting is to create a group or choose a representative to participate in the unfolding of the International Zone of Auroville from the Belorussian side.
The meeting will take place on the 14th January at 5.30 pm at Citadines (meeting point at the cafeteria).

In case you are not able to attend, kindly inform vera.auroville@gmail.com
Vera

TO THE CITIZENS OF UKRAINE

Dear friends,
You are cordially invited to the meeting of all Aurovilians originating from Ukraine. The purpose of the meeting is to create a group or choose a representative to participate in the unfolding of the International Zone of Auroville from the Ukrainian side.
The meeting will take place on the 15th of January at 5.30 pm at Town Hall (meeting point at the Cafe le Morgan).

In case you are not able to attend, kindly inform alena@auroville.org.in
Alena

"COMMUNICATING DEVELOPMENT" STUDENT PROJECT PRESENTATIONS

Saturday, January 10th, 2015 9:00 am - 5:00 pm

Sustainable Development Practicum
The American University of Paris (AUP), France
Linnaeus University, Sweden

Dear Friends,
We invite you to stop by the Multi-media center/Cinema Paradiso on Saturday, January 10th from 9 am - 5 pm
To see and hear the presentations of development communications projects created by students participating in the AUP-Linnaeus Sustainable Development Practicum. The presentations will roll-out over the day. Feel free to drop by at any time!

The AUP-Linnaeus Sustainable Development Practicum is an intensive, transformative, experience-based field course that blends: visits to many Auroville organizations and units; seminars, talks & conversations with Aurovillians engaged in sustainable development and community building; and volunteer work focusing on development and development communications. The experience culminates with media projects created in partnership with the organizations.

Samosas, snacks, tea & great ideas are on the menu!
Come help us celebrate our 7th year.

Tanya & Charles - program professors
Sacha and Anadi - Auroville program coordinators & support team

TALKS, SEMINARS

Reminder: EXPLORATION ON CONSCIOUSNESS WHO AM I?

Ancient spiritual truths seen and explored in modern day language
A presentation on the nondual perspective by Paul Smit (The Netherlands)

Wednesday 7th of January - Cinema Paradiso, MMC auditorium at the Town Hall. From 4 - 6 pm
A presentation where science and spiritual truths as presented in the Veda's are seamlessly woven together in a light and humorous way.

INSIGHT SEMINARS PRESENTS “INTEGRAL YOGA AND AUROVILLE”

Full-Day Seminar for Guests of Auroville On 8th January 2015, Thursday

Highlights

- Vision and Aims of Auroville
- Evolution of Consciousness
 - Yoga of Matter
- Auroville’s role in the world and in the evolutionary process
 - Aspects of individual and collective practice

Presented by: Ela

Timings: 09:00 am to 12:00 pm - break - 2:00 pm to 5:00 pm

Venue: Insight Seminar room, Ground Floor, Inside India building, Auroshilpam (opposite CSR, behind Auromode)

Prior Registration Required

Please contact: Elizabeth / Doulat at Inside India - 0413-2622555 (office timings: 9:30 am to 12:30 pm - 1:30 pm to 5:00 pm)

Contribution: required

EXHIBITIONS

PIONEERS OF THE NEW WORLD



Auroville 1968-1980, At the Town Hall

I have displayed a photographic exhibition documenting the lifestyle thriving on minimal material conditions and the generous commitment of the young, enthusiastic people flocking to Auroville at its inception - along with the sense of wonder and amusement at the simple and basic things of their children.

This trove of archive material has been graciously provided by the Auroville Archives, Giorgio (most square photographs are by him) and Rakhal. With the exception of Sally and occasional others, the name of the photographers is unknown, even in the case of great photography. In February there will be a follow-up at Pitanga, featuring the work at the Matrimandir in the early years; photographs by Dominique Darr, who has recently released a historical book on the subject, will also be displayed.

Most of the displayed photographs demanded a tireless work of reconstruction, given their depleted condition. I turned into black and white badly discoloured ones, and made monochrome some black and white photographs otherwise irrecoverable, or to enhance their symbolic significance. As a message of continuity and hope I am adding some recent photographs I took of Matrimandir and its compound; a few are taken from the roof.

May the coming New Year elicit that spirit of self-dedication and effortless service, of overwhelming joy and fraternal oneness, which only made possible the founding of Auroville. Nothing existed but the Ideal.

Below is the text accompanying the photographic exhibition *Pioneers of the New World*. There are people who joined Auroville called by this text, which for us is of a special importance as it enhances the uncompromising sadhana expected from the sadhaks of Integral Yoga to whom the Mother referred, ten years before founding Auroville.

The Mother also defined Auroville as “the cradle of the superman”. This implies the context of the minimum material needs that go effortlessly hand in hand with spiritual progress. Such was the day-to-day reality of those brave people without whom Auroville could not even commence.

As best wishes for the New Year, may we be at the height of the task!

Paulette

“I invite you to the great adventure”

We are in a very special situation, extremely special, without precedent. We are now witnessing the birth of a new world; it is very young, very weak—not in its essence but in its outer manifestation—not yet recognised, not even felt, denied by the majority. But it is here. It is here, making an effort to grow, absolutely sure of the result. But the road to it is a completely new road which has never before been traced out—nobody has gone there, nobody has done that! It is a beginning, a universal beginning. So, it is an absolutely unexpected and unpredictable adventure.

There are people who love adventure. It is these I call, and I tell them this: “I invite you to the great adventure.”

It is not a question of repeating spiritually what others have done before us, for our adventure begins beyond that. It is a question of a new creation, entirely new, with all the unforeseen events, the risks, the hazards it entails—a real adventure, whose goal is certain victory, but the road to which is unknown and must be traced out step by step in the unexplored. Something that has never been in this present universe and that will never be again in the same way. If that interests you ... well, let us embark. What will happen to you tomorrow—I have no idea.

One must put aside all that has been foreseen, all that has been devised, all that has been constructed, and then ... set off walking into the unknown. And—come what may! There.

The Mother, Questions and Answers 1957-58, pp. 150-51

CULTURAL EVENTS



KOKOLAM - DANCE AND EXHIBITION

Saturday, Jan 3rd at 7.30 pm in Pitanga Cultural Centre

A 30 min performance by Grace to inaugurate her exhibition "through Kollam eyes". Paintings, collages and installation of archetypal Kollam patterns that narrate and weave together stories of their origin, meaning and intention.
Light refreshments served at 6.30 pm and doors close at 7:30 pm sharp for the performance!



A VOX MUNDI MUSICAL OFFERING

Across the Universe: The Enchanting Beauty of Medicine Melodies

With Silvia Nakkach and the Vox Mundi Ensemble

Thursday January 8th at 8 pm

A True Musical Journey and a rare opportunity to listen to many voices as One Universal Sound! Not to be missed! The Vox Mundi Project and School of the Voice is dedicated to preserve and cultivate sacred sound and unusual vocal techniques.



CONTEMPORARY DANCE PERFORMANCE

With the Students of Alice's Classes

At Cripa Kalabhumi
Saturday 3rd January 7.30pm

CLASSES, WORKSHOPS

NEWS FROM THE AUROVILLE AIKIDO SCHOOL

We are happy to inform everyone that the construction of the Auroville Dojo located in Dehashakti (School sport grounds/Dana) is nearing completion. However, we still do not know for sure if our annual Aikido Workshop conducted by our master Andre Palmeri, 6th Dan, Makoto Dojo in Marseilles, France will be held there in the beginning of March...We are surely grateful that Pitanga welcomes us as always. The Aikido Workshop dates are March 2 to 22nd.

In that perspective, now is really the best moment to start or restart your practice of this martial art of harmony and unity, as you can refresh or learn the basics with the current aikido practitioners before André arrives and gives us much more knowledge and situations to practice.

Timings for the regular morning classes in Pitanga are still:

- Tuesday, Thursday, 6 to 7.30 am - Advanced
- Saturday 6 to 7.30 am - Beginners and all levels
- Teenagers, long term Guests and Volunteers are equally welcome in our regular morning (adult) classes and during the workshop.
- Please be there 15 min. before the class starts; wear long comfortable pants and t-shirt with sleeves or your martial arts outfits if you have.
- Contribution to Pitanga requested for non-Aurovilians.
- No class in case of rains at dawn

For more info, you may contact Surya: suryanina@auroville.org.in or Cristo: cristo@gmx.fr - or see the receptionist at Pitanga

Friendly regards, *Surya, Cristo and Murugan for the Auroville. Aikikai*

WELCOMING A SOUL

Healthy body, pregnancy and family with natural therapies
16-17-18 January 9.00 - 17.30 Venue: Pavilion of Tibetan Culture

A workshop held by five international professionals to introduce you to alternative therapies for natural health, pregnancy and birth.

Provide the best you can when you plan to have children and start your family life.

You will discover: The Aviva Method for a harmonious body and hormonal system; "Incarnation" philosophy; Regression therapy; Natural pregnancy and birth Communication techniques; Energetic yoga; Alternative therapies; A deepened approach in classical homeopathy

Registration

Bogis and Zsolti: 8940695720 / Christine: 9489805493, Email: christinep67@gmail.com / sigrid@auroville.org.in

QI YO YOGA IN JANUARY, led by Friederike

IN PAVILLION OF TIBETAN CULTURE

6.1. /10.1/15.1/27.1/29.1.: 9 am to 10.30

INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

7th January (Wednesday)

•Overview with multimedia presentation• Questions and Answers• Practice in Daily Life• Complimentary Concentration Exercises

•Creative Arts, Interactive Games• Life of Sri Aurobindo and the Mother• Introduction to the Reference Books

Focus this week on: 'The Collective Yoga'

These Workshops are conducted every Wednesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)

Led by Ashesh Joshi. Contact: 9489147202, 2622922

No Registration required (except for groups)

Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit: www.integralyoga-auroville.com

QUIET HEALING CENTER: COURSES & WORKSHOPS

PILATES WORKSHOP with Teresa

Pilates Routine & the Six Principles

Monday 12 - Wednesday 14 January 2015 (3 days)

Timings: 10.00 am - 5.00 pm (lunch included)

Bookings: Quiet Healing Center (tel. 2622329 / 9488084966)

Pilates is a gentle form of exercise, which re-introduces you to your own body. The better you connect with your body, the easier you release tensions and relax. Pilates deepens your breathing, improves blood circulation, strengthens spine and muscles, and floods the psyche with positive feelings from exercising the whole body.

During three days we will gradually develop the routine, while you learn how to apply the six principles: breathing, centering, control, precision, fluidity, and adaptation of each exercise to the right level for you. At the end of the workshop you will have a routine that you can practice safely at home and develops strength, flexibility and control over your body.

No prior knowledge of Pilates is required to learn the routine, which can be adapted to any physical condition and age.

Teresa received her teacher's training at the Ochoa Pilates School, Spain, in 2007 and studied Mat Pilates at the Spanish Association of Pilates, Tai Chi and Qi Gong during subsequent years.

PEAS VS PILLS SEMINAR with Dr. Nandita

ACHIEVE YOUR HIGHEST HEALTH POTENTIAL

Date: Sunday 18 January / Time: 9 am - 5.30 pm

Bookings: Quiet Healing Center (tel. 2622329 / 9488084966)

Just one day of your time can make a lifetime of a difference

Most of us look after our vehicles, clothes or possessions better than we look after our own body. The irony is that those things are replaceable but our body is not. But it is possible to change our ways, and actually life can be even more enjoyable this way.

Don't be left behind! Join the thousands of people, who have done the Peas vs Pills, have lost weight and now enjoy a glowing skin, lots of energy, perfect health and have been able to reduce or stop their medications.

You will learn:

- How the food you eat affects you physically, mentally and spiritually.

- How you can take complete responsibility for your health by understanding the cause of disease and how to eliminate it.

- To transform your life is simpler than you think. You will enjoy delicious meals with simple cooking tips and never look back at your old unhealthy habits.

Don't miss this opportunity to ensure a vibrant health for yourself and your family!

Advance booking is required.

More information: *Dr Nandita Shah* - 2622637 nandita@sharan-india.org

FLAMENCO CLASSES

Every Wednesday from 3.30 pm to 5 pm at CRIPA (Kalabhum entrance).

Flamenco dance (Baile) is a highly-expressive, Spanish dance form...The flamenco is a dance characterized by hand clapping, percussive footwork, and hand, arm and body movements.

With roots in Indian, Arabic, Spanish cultures, flamenco dance is known for its sweeping arm movements and rhythmic feet stomping.

Come and learn to dance flamenco, all are welcome.

Viviana, Lola

WELLPAPER PAPER-MACHE Workshop 07/01/15

Skills Handicraft Arts Recycle Education

You are invited for a 3-hour introductory workshop to create art and products from waste (mainly recycled newspaper).

In this workshop you will learn the making and usage of colored paper pulp. You will be guided through the process of cutting and shaping a serving bowl from a waste card board on which you will apply the pulp in your own design. We will show you how to manipulate and smooth the pulp in to the shape of a bowl. Depending on the weather it usually takes an average of two days for the bowl to dry.

The workshops are instructed by WELL women from the villages around Auroville. These women are very well practiced. These women have teaching experience in and out of AV.

Contribution: Rs.500 for guests. All the workshops has a minimum 6 participant registered

The workshop will take place every Wednesday between 9:30 to 12:30. (The workshop will be conducted sited on the floor)

In case of rain the workshop is cancelled.

Wellpaper is conducting also art workshops which are still not scheduled. Please email us for further information

If you would like to join us please email us to: wellpaper@auroville.org.in / or call 0413-2622219.

BABY SWIM IN JANUARY

Due to courses and the guest-season, the warm water pool in Quiet will only be available for Baby swim on:

Sunday 4 January at 12.15, Thursday 8 Jan at 4.15 and may be Thursday 18 Jan at 4.15.

Please re-check with Quiet before coming.

This timings give you 15 minutes to change yourself and the baby(bring a swim-nappy or tight panty) and wait downstairs when sessions are still going on.

Welcome!

It would be nice to start together.

Appie

PREPARATION FOR THE OM-CHOIR (Tuesday) through "THE PERCEPTIBLE BREATH" (ILSE MIDDENDORF)

Frequently visiting breath-pedagogue and teacher Veronika Langguth will guide us during the 3 following Saturdays.

"Chanting OM means to receive your holy life-breath and letting it spread throughout the body. Your diaphragm widens

and you chant" - Very often our diaphragm is tense. To chant our best, we have to become aware of certain things. Listening, where in our body the vowel "O" resonates and the sound "M" energizes and soothes.

Through special exercises you will:

- * gain awareness of your body including the subtle physical, psychic and mind

- * release tensions, specially of the diaphragm

- * learn to sit upright in the right way without getting tired

- * breathe in the best way to chant without strain

- * be able to sense your body as a precious instrument of the Divine

Place: Savitri Bhavan, Garden room - Date: 3.,10 and 17th Jan. Time: 3-4.30 pm

Donations are most welcome!

(Submitted by Kayananda)

NONVIOLENT COMMUNICATION WORKSHOPS - COMING UP IN JANUARY

1. Nonviolent Communication Mediation Intensive, Jan 4-7

With 2 trainers from Sweden

Learn to hear and track meaning in what people say...

Grow in your ability to sit with discomfort...

Support connection, your own and between people...

All levels welcome!

For info and to register: see joylivinglearning.org/calendar?event_id=286 / or contact L'aura (joylivinglearning@gmail.com)

2. Nonviolent Communication and Internal Family Systems, Jan 16-18

With 2 trainers from France

Deepen self-connection and understand your internal parts...

Learn to stay in your power and come from internal clarity and stability...

Intermediate training - NVC prerequisites required.

For info and to register: For info and to register: see joylivinglearning.org/calendar?event_id=294 or contact L'aura (joylivinglearning@gmail.com)

TEMPLE CAR ART AND SCIENCE

A two-day workshop on Art and Science of Temple car and Vahanams for Traditional Visvakarma - carpenters of Tamil Nadu is guided by great senior sculptors and scholars.

This unique programme is organised by Tamil Heritage Centre, Bharat Nivas Auroville, in collaboration with Sri Visvakarma Foundation Trust and Svaram Auroville. The second day afternoon session is open to all those who are interested in having a dialogue with the delegates dedicated to the Temple car architecture.

Venue: Svaram, Kottaikarai community, Auroville

Date and Time: Saturday 10th January 2015 - 3.00 pm to 4.30 p.m.

"A bridge between a Great Past and a Bright Future"

Contact: Mr. Aurolio, Svaram phone no: 2622220/Mr. K.V. Babu, phone No: 9842673937

AN INTRODUCTORY "SWIMMING TEACHERS CLASS"

Aquatic Sports Professor Gianni De Stefani from Switzerland is offering an introductory "Swimming Teachers class" from Tuesday 6.1.2015 to Thursday 8.1.2015 - timing 9.00 am -12.00 / 2.00 pm to 5.30 pm at La Piscine in New Creation.

There will be the possibility (after examination) to receive an official "Swiss Swimming Instructor" certification.

The class will be based on both practical exercises and theoretical knowledge.

Minimum 6 participants. Information and inscription: Savitri, phone 2622686 - mail to: savitri@auroville.org.in

S C H E D U L E S

VERITE

PERCEPTIBLE BREATH with Veronika

Detailed Programme: Monday to Friday 5 - 9 January (by advance registration)

Morning: 9 am to 12 noon, Monday to Friday

Afternoon: 3 - 4 pm on Monday, Tuesday, Thursday & Friday

The Mother referred in "The Agenda" to the meaning of the physical body for the transformation and emphasized that it must become more permeable and perceiving. In balance between devotion and awareness, we will learn basic abilities such as: Focusing, Perceiving, Breathing.

"We let our breath come, we let it go and wait, until it comes back naturally." -Ilse Middendorf

VERONIKA is a professional teacher, trainer and qualified breathing therapist with extensive experience. She is a founder and 12 years executive director of the Ilse Middendorf Institute for Breath Therapy and Teaching (Berlin). See: www.transformationandbreath.com

INTEGRAL HEALTH & HEALING with Dr. Geeta Auropremi

Focus: AYURVEDIC PURIFICATION METHODS

Wednesday 7 January - from 9:30 am to 12:30 pm (24 hour advanced registration required)

A holistic approach to understanding the self and maintaining health, including yoga, Ayurveda, diet, pranayama, meditation and naturopathy. Lifestyle guidance is also available for managing specific health issues such as diabetes, hypertension, arthritis, obesity and any type of pain.

DR. GEETA AUROPREMI has 30 years of experience in Ayurveda, Yoga and Naturopathy. She has an MD in Gynecology and Pediatrics, a YTTC certificate and diploma in Yoga, and Post-Graduate degrees in Yoga & Naturopathy. She specialized in prenatal and couple education in the government of Gujarat, has offered seminars all over India and in Brazil including the

teachings of Sri Aurobindo and the Mother, massages, meditations, purification methods and more.

SOUTH INDIAN ORGANIC COOKING with Rajaveni & Suba
Friday 9 January - from 9.30 am to 12:30 pm (24 hour advanced registration required)

Participants will pick some fresh organic vegetables from the garden with a local team, and then learn how to cook them with traditional recipes, and enjoy eating the results!

RAJAVENI is an Aurovilian who has been coordinating the Vérité kitchen for 20 years, and SUBA has been working there for the past 10 years. Both are Tamil women from the neighboring villages, happy to share the local culture with all.

CONSCIOUSNESS AS MEDICINE with Dr. Yogesh Mohan

Saturday 10 January - from 9 am to 12:30 pm (by advance registration)

A consciousness approach to deal with stress, common health problems and diseases. Recent research and experiential knowledge of my patients' healing journeys have shown that a higher consciousness heals beyond what is written in medical texts. Join to learn my practitioner's perspective on inner healing, developed over more than 20 years of inner work.

DR YOGESH MOHAN, MD (JIPMER), PGPM (ISB). Founder, Consciousness as Medicine, Professor and Head Medical Education, Saveetha Medical College, Ex Head Integrative Medicine Apollo Chennai, Ex WHO Consultant, Visiting Faculty Sri Aurobindo International Institute for Integral Health and Research.

FATE OR CHOICE (FAMILY) CONSTELLATION WORKSHOP with YUVAL

Saturday 10 January - from 9 am to 4.45 pm
Fate or Choice?

An episode in an unremembered tale
 it's beginning lost, it's motive and plot concealed
 a once living story has prepared and made
 our present fate, child of past energies
 -Sri Aurobindo, Savitri

In our lives Hidden Dynamics can cause results we never intended. Unconsciously these Dynamics create our Fate. To become aware of them, can bring back Choice. Applying

(family) constellation techniques we can, in an intuitive way, find the insights and energy to choose consciously for the changes we want.

YUVAL is life & business coach.

Please contact Vérité to register for the following workshop:

0413 2622045 or programming@verite.in

Contributions requested from guests/volunteers (volunteer reduction by advance application only)

CLASSES in Vérité - January 2015			
Days	Drop-in Classes	Timings	Facilitator
Monday to Friday	Hatha Yoga in Iyengar Tradition	6:45 to 8.15 am	Olesya
Monday	Sound Bath	5:15 to 6:30 pm	Aurelio
Monday & Friday	Pilates	4 to 5 pm	Philippe & Sabine
Monday & Friday	Nia Holistic Dance	5:15 to 6:15 pm	Philippe & Sabine
Tuesday & Thursday	Hatha Yoga in Iyengar Tradition (no class on Jan 1)	5 to 6.30 pm	Olesya
Tuesday	Qi Yo Yoga flow and Tibetan Bowls (starting Jan 13)	9 to 10.30 am	Naradi
Tuesday	Soul Motion Conscious Dance	5:00 to 6:30 pm	Philippe & Sabine
Wednesday	Somatic Explorations	5 to 6 pm	Maggie
Wednesday	Creativity in Motion (starting Jan 21 - 2 weeks only)	5 to 6.30 pm	Eloise
Wednesday & Friday	Dynamic Hatha Yoga (no class on Jan 16, 21 & 28)	5 to 6.30 pm	Christine
Thursday	Soul Motion Heart Mindful Movement (no class on Jan 1)	9 to 10 am	Philippe & Sabine
Thursday	Dance Space (no class on Jan 1)	5 to 7 pm	Dariya
Thursday	Qi Yo Yoga flow and Tibetan Bowls (starting Jan 15)	3 to 4.30 pm	Naradi
Saturday	Dynamic Hatha Yoga	6:45 to 8.15 am	Christine
Saturday	Pilates	7.15 to 8.15 am	Philippe & Sabine
WORKSHOPS in Vérité - January 2015 (advance registration required)			
Fri, 2 Jan	Integral Healing and Ayurveda: Parts And Planes Of The Human Being According To Ayurveda, Modern Medical Science And Sri Aurobindo	9.30 am to 12.30 pm	Dr. Geeta Auropremi
Sat, 3 Jan	Managing your Energy for Success	9 am to 4.45 pm	Neeta
Sat, 3 Jan	Life Coaching: Theme: Fulfillment	9 am to 12:30 pm	Julie
Mon to Fri, 5 to 9 Jan	Perceptible Breath	(call for detailed schedule)	Veronika
Wed, 7 Jan	Integral Healing and Ayurveda: Ayurvedic Purification Methods	9.30 am to 12.30 pm	Dr. Geeta Auropremi
Fri, 9 Jan	South Indian Organic Cooking	9.30 am to 12.30 pm	Rajaveni and Suba
Sat, 10 Jan	Consciousness as Medicine	9 am to 12:30 pm	Dr. Yogesh Mohan
Sat, 10 Jan	Fate or Choice? (Family) Constellation Workshop	9am to 4.45pm	Yuval
Wed, 14 Jan	Integral Healing and Ayurveda: Ayurvedic Healthy Living Day-Style	9.30 am to 12.30 pm	Dr. Geeta Auropremi
Thu, 15 Jan	Life Coaching : Theme: How to flow through life in your subconscious	9 am to 12:30 pm	Julie
Wed & Thu, 21 & 22 Jan	Yoga and Meditation	9 am to 4.30 pm	Christine
Fri, 23 Jan	Integral Healing and Ayurveda: Self Healing Techniques	9.30 am to 12.30 pm	Dr. Geeta Auropremi
Sat, 24 Jan	Henna and Healing	9.30 am to 12.30 pm	Krupa
Wed & Thu, 28 & 29 Jan	Neurolinguistic Programming - An Introduction	9 am to 4.30 pm	Christine
Fri & Sat, 30 & 31 Jan	Integral Resourcing: Positive Momentum in Our Personal and Professional Lives	9.30 am to 12.30 pm	Dhanya & Susan
Fri, 30 Jan	Integral Healing and Ayurveda: Daily Uses Of Ayurvedic Herbs	9.30 am to 12.30 pm	Dr. Geeta Auropremi
THERAPIES in Vérité - January 2015			
Therapist	Modality	Contact for appointment	

Call for appointments: Mobile: 7094104329, Ph. 0413 2622 606, email:treatments@verite.in

Krupa	Art Therapy
Dieuwke	Ayurvedic massage
Dr. Geeta Auropremi	Ayurveda, Yoga & Naturopathy
Neeta	Energy Rebalancing (until Jan 5)
Dhanya and Susan	Integral Resourcing
Julie	Life Coaching
Naradi	Lomi Lomi Massage
Christine	Neurolinguistic Programming (in French only)
Veronika	Perceptible Breath
Bob Voerman	Reiki Energy Healing and Personal Life Coaching (until Jan 5)
Philippe	Tarot Reading
Christine	Thai Yoga Massage

Please note: To support the work of the presenters and staff, we ask all participants to please come on time for all classes and workshops. Thank you!

Please contact Vérité: 0413 2622045 or programming@verite.in

See the regular events section for on-going classes. Contributions requested from guests/volunteers (volunteer reduction by advance application only).

S A V I T R I B H A V A N

January 2015

EXHIBITIONS

Sri Aurobindo: A Life-Sketch in Photographs

Continues in the upstairs corridor

Meditations on Savitri: Books Eight to Twelve
In the Picture Gallery

FILMS

Mondays 6:30 pm

- January 5: *HOME: the Earth, our home, is a miracle and a beauty.*
- This film by Yann Arthus-Bertrand shows the beauty of the Earth seen from above. Duration: 94min.
 - January 12 : *THE GENIUS OF INDIA*
 - Film from AuroPress, based on Sri Aurobindo's *The Renaissance in India*. Duration: 28min.
- January 19: *SHRI KIREET JOSHI: LET US WORK TO RESTORE THE VEDA Part 6*
Sri Aurobindo gave the key to the psychological and spiritual meaning of the Veda.
Shri Kireet Joshi elaborates on the journey of mind towards Supermind. Duration: 67:00min.
 - January 26: *MEDITATIONS ON SAVITRI : Book One Canto 2: The Issue*
 - A film by Manohar of Huta's paintings illustrating passages from *Savitri*
- read by The Mother and accompanied by her own organ music. Duration: 33min.

REGULAR ACTIVITIES

Sundays 10.30-12 noon: *Savitri* Study Circle

Mondays, Tuesdays, and Fridays 3-4 pm: *Yoga and the Evolution of Man*, led by Dr. Jai Singh

Tuesdays 5-6 pm: *Savitri* study in Tamil, led by Sudarshan

5.45-7.15 pm: OM Choir (*details below*)

Tuesdays, Fridays, and Saturdays 4-5pm *L'Agenda de Mère*: listening to recordings with Gangalakshmi

Wednesdays 5.30-6.30 pm: Reading *The Life Divine*, led by Shraddhavan

Thursdays 4-5 pm: The English of *Savitri*, led by Shraddhavan

Saturdays 5-6.30 pm: Satsang led by Ashesh Joshi

OM Choir

The voice that chants to the creator Fire, The symbolled OM, the great assenting Word (Savitri p.310)

In 1961 the Mother gave the *adesh* to Narad to bring down a new music. She said that one must go far above words and bring down the pure Music. Mother told us to sit in a circle and have no preconceptions as to what we would sing but to be silent and let the music descend in us. The OM Choir aspires to bring down the New Music for the New World in a collective body. We sing only OM, the creative and effectuating word after starting with warming-up and voice exercises given by Narad.

Full Moon Gathering

Monday January 5, 7.15-8.15 pm in front of Sri Aurobindo's statue

Digital Library: multimedia facilities for individual study

Savitri Bhavan offers individual computer access to a large range of audio-visual materials. All the recordings of courses, guest lectures and special events held at Savitri Bhavan are available, as well as much more. Aurovilians, visitors and volunteers are invited to make use of this opportunity to increase their knowledge and understanding of the vision of Sri Aurobindo and the Mother and the aims and ideals underlying the experiment of Auroville.

Office, Exhibitions, Reading Room and Digital Library are open Monday to Saturday 9-5

Everyone is welcome



PITANGA NEWS

WORKSHOPS

1. **AWAKENING THE BODY WISDOM: T.R.E AND INNER DANCE - Friday, January 2nd, 10 am - 4 pm**

our body has the tools to heal ourselves, All we need to do is to allow this inner wisdom to express itself. A session of TRE (Tension and Trauma Releasing Exercises) in the morning and Inner Dance in the afternoon both working with involuntary - neurogenic - movements and free flow of energy in our being. We will have space to share our experience and learn more about the body's and soul's innate healing wisdom.

Facilitated by: **Fernando Aguiar** Psychologist and Body Psychotherapist and **Carolina Beltrao**, facilitator in learning processes and trained in body psychotherapy. website: [Essential Psychology.org](http://EssentialPsychology.org)

• **DEEP LISTENING AND SOUND MEDICINE - Sunday, January 4th, 3.30 pm - 6.30 pm**

This session explores the use of music to clear and open energetic channels and as a gateway to restore vitality, lessen stress, and stimulate a feeling of community and joy. We will experience the emotional magic that comes from singing the icaros of the Peruvian Amazon, and chants of indigenous traditions of India, Tibet, Brazil, and beyond.

Grammy award nominee **Silvia Nakkach, MA, MMT**, is a composer and pioneer in the field of sound and consciousness. She is accompanied by Vox Mundi musicians and Mystery school of sound.

2. **KOLAM - DRAWING WITH POWDER, DOT AND LINES - Friday, January 9th, 9.30 am-12.30 pm**

A dance orientated deepening of how the Physical Body engages in the making of Kolam and the actual making of Kolam with an explanation of the three major Kolam types. Each participant should be able to go home having gained access to the Kolam and its intentions technically as well as psychologically and spiritually. The Kolam speaks and like sound and words it leaves an impression, even when it has long been erased. And when one learns to create a Kolam and speak its Language it has the ability to enhance brain-synchronization, fine motor skills, concentration, and sparks the ability to make connections between various disciplines; physical, emotional and intellectual, creating a better understanding of the integral workings of life itself.'

Facilitated by visual and performing artist **Grace Gitadelila** from Auroville finds in the Kolam a rich language of expression.

LIFE LESSONS THROUGH ASANA - Sunday, Jan 11th and 18th, 9am to 12 noon

How to change yourself - Why are you doing Yoga, for health, for consciousness expansion, for the devotion to the Divine? Let's look at our motives for our practice:

Allan Nett is a certified Iyengar Yoga instructor for over 20 years from the USA who with the blessings of BKS Iyengar founded "Yoga for the Construction Industry". Allan describes himself as a "hands on teacher" who enjoys helping the student to find the perfection in the pose all the while remembering that Āsanās are a tool for the expansion of consciousness.

GURDJIEFF MOVEMENTS - Sunday, Jan 11th and 18th, 3 pm to 7.30 pm

Gurdjieff Movements are a unique collection of movement exercises and rhythmic dances that have been inspired by the sacred dances and spiritual exercises seen by George Ivanovich Gurdjieff in temples and monasteries of the East. They are designed to serve the purpose of harmonic development of man by demanding the total involvement of body, mind and feeling while evoking a sense of presence. They also create an ideal situation to experiment with the transformation of energies through awareness.

This session is taught by **Plavan** who has been practicing Gurdjieff movement since 1988 and teaching the Movements in Japan and abroad since 1997. He is a translator of Gurdjieff's books into Japanese and the author of a book on the Movements and cosmology of Gurdjieff. He is assisted by **Atimoda** who has the experience of bodywork and medication center leader besides the Movements.

Registration needed for all workshops, see details below

CLASSES

SELF DEFENCE THROUGH MARTIAL ARTS with Antonello every Thursdays, 6.30 pm- 8.30pm

COURS DE HATHA YOGA ET YOGA NIDRA reprise avec Sylvie - Lundi et Vendredi 10.15am - 11.45am, et Yoga Nidra Mardi 4pm - 5.30pm

Pitanga is closed Thursday January 1st

Pitanga, Samasti, Auroville, (0413) - 2622403, email pitanga@auroville.org.in

REGULAR CLASSES

Note from the editors

The Regular Classes column is published once a month. Guest-houses are kindly requested to put this page up on the notice boards.

Kindly inform us of any changes/cancellation in your regular event - the next regular events schedule will be published on February 7th, 2015. - Editors.

AcroYoga: Every Sunday 8 to 10am at Arka. A beautiful blend of partnered yoga, acrobatics, and Thai massage. No need to bring a partner. Flexibility, power, & surrender are all combined... experience in yoga (particularly Ashtanga or AcroYoga) is very helpful.

Aikido classes' timing: For the youngsters and adults: Tuesday, Thursday, and Saturday 6 to 7.30 am (Beginners are welcome on Saturday mornings. Guests and Volunteers are much welcome if they can commit for some time at least (with contribution to Pitanga as per their conditions). Please come 10-15 minutes before the class starts; wear long, large and comfortable pants and large T-shirt with sleeves, or your martial art outfits if you have any. For any information you may need, kindly contact Surya: 0413-2623.813, 96.55.48.54.87 or call/see Pitanga Reception tel. 0143-2622.403.

Alcoholics Anonymous: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

Aquagym Class with Elisa at La Piscine, New Creation Every Thursday from 4 to 5 pm.

Argentine Tango: Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8pm @ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: tango@auroville.org.in Bring socks or danceshoes.

Art Corner: An open space for creative expression, for all ages! Different themes each week, as part of research on art-making in our community. Tuesdays & Fridays from 6-10 pm, upstairs at Le Zephyr Café, Visitor's Center. More info: krupa@auroville.org.in.

Astrology, its holistic approach: Astrological Chart by Uma Giménez. You are welcome to call and fix an appointment at 2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

Authentic Tamil culture: Meena, a Tamil Aurovillian, would like to offer a course on the discovery and beauty of the authentic Tamil Culture every Sunday morning, meeting point at Courage Gate. The course may include: 1. cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263. Meena

A Self-Awareness Open Space: You are invited to come together for self-exploration in a warm heart-space. The focus is to develop a simple practice in our daily life as a means of spiritual growth. We will do this through meditation, mantra chanting, yoga, dialogue and spontaneous games. Time (starting 4th Dec, Thurs): Every Thursday & Sunday 5.30 pm - 7.00 pm, Saturday 7.00 am - 8.30 am. Facilitator : Samrat, ph: 9655024511, email: samrat@auroville.org.in

Location : The rooftop of Apna Ghar, Meerambikai Garden, when you come into Auroville from ECR(beach road), turn left before the temple prior to Last School, Aspiration, after 200m it will be on the right.

Belly dancing: Belly dancing is for all sizes, shapes and ages of women. You are welcome to learn and explore one of the most ancient, feminine and beautiful forms of dance in the world. Belly Dance is based on movements that come naturally and healthy to the female form. For more details contact *Pricila*: shuhipuk@gmail.com

Bioregion Tour: Date: Every Saturday - Time: 12 pm till 7.30 pm. Meeting point: 11.45 am at Lively Boutique, Kotakkarai Plaza. Please contact us on 0413 2623806 or at mohanamprogram@gmail.com. Tour will only take place once a minimum of 10 bookings has been received. We aim to run this tour every Saturday, dependent on number of bookings received. Contribution amount is confirmed on enquiry. Transportation will be arranged according to the number of people.

Capoeira: Monday & Wednesday (Capoeira Regional / Contemporanea) - 5 pm at SAWCHU (Bharat Nivas) with Samuka da India. Tuesday (Capoeira & Functional Fitness) - 5 pm at Certitude with Camaleão. Tuesday & Thursday (Capoeira Angola) - 7.15 pm in Deepanam School with Samuka da India. Friday (Capoeira & Functional Fitness) - 6.15 pm at New Creation Studio with Camaleão. Contact: Sam 9488328435 - capoeira@auroville.org.in

Circus class: Regular class, every Monday. The class for children is 9h30 am to 11h30am and the class for adults is 2pm to 5pm /Contact phone for more information and your registration, Kalou: 9787332791 / email: eluciolecircus@gmail.com

Clay classes for children and adults with Saraswati and Anna. Please mail to aurokatrusya@gmail.com for details. Regards Saraswati 9787571633

Cooking class: Every Monday from 10 am to 2 pm there will be a cooking class for 4 months starting from December. These classes will include north Indian, Italian and Thai cooking. Anybody interested to learn these mouthwatering recipes are most welcome and I assure you that by the end of the sessions you will be able to please anyone with your cooking talents. Contact number: 9443635114. Meha.

Dance space: in Verite Hall, Thursdays 5-7pm. Everyone can dance regardless age, sex, size, flexibility...! Offering a space to explore our own unique movement, free dance and contact improvisation ... Together we create the freedom and possibility to simply be in the stillness or movement of the moment and allowing each person to be spontaneously moved by an inner pull, the music or perhaps inspired by a movement of another body. Dancing a wave, discovering on our own and as a group. Moving towards an empowered, radiating stillness...*Dariya*

Flamenco In Cripa Every Wednesday: From 4 to 5:30 pm. Starting 13th of August.

We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen

to flamenco music to understand the roots of this dance. We will create a flamenco choreography . Come and enjoy with us, *Flamenco team*.

Foot reflexology: A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email vikram@auroville.org.in for an appointment.

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

From the Food Lab: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Hypnotherapy and Chakras Healing at Arka: Marcella, Aurovillian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India). Languages: English, Italian / Contact: Tel. 9443338734 or email: abalancedstate9@gmail.com

Hypnosis enables conscious access to the memory of a consenting person, which then provides the tool to therapeutically work with earlier experiences still influencing a person today. This includes fears and phobias, addictions, trauma, inner child work, pre-natal experiences, discovering personal resources, transpersonal regression therapy.

Chakras Healing works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally generates changes in either our physical body or our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

Impro Theater Friday, at 4.30, SAWCHU, Barath Nivas, free workshop, just come and enjoy. Contact *Jeff* 948 64 75 367

Insight Seminars presents "Interactive Sessions on Auroville" Introduction to the Vision and Concept of Auroville: 5th January 2015, Monday - presented by Manoj. The 'International Zone' in Auroville: 6th January 2015, Tuesday - presented by Jaya Auroville Economy and Organization: 7th January 2015, Wednesday - presented by Bunty. About the Matrimandir: 9th January 2015, Friday - presented by 'B'. Time: 10.00 to 11:30 am, including question and answer session. Venue: Insight Seminar room, Ground Floor, in the Inside India building in Auroshilpam (behind Auromode). The presentations are free of charge. Anyone may walk in. Organized by Inside India [insight@auroville.org.in / www.aurovilleseminars.com]. <https://www.facebook.com/avinsideindia>

Insight Seminars presents "Highlights of Tamil Nadu". An Introduction to the cultural and spiritual aspects of Chidambaram * Thanjavur * Thiruvannamalai * Mahabalipuram. 9th January 2015, Friday Presented by: Ela. Time: 3 pm Venue: Insight Seminar room, ground floor, Inside India building, Auroshilpam (opposite CSR, behind Auromode) No registration required, free of charge. Organized by Inside India [insight@auroville.org.in / www.aurovilleseminars.com]. <https://www.facebook.com/avinsideindia>

Introduction to Sustainable Food Growing: Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at priya@auroville.org.in or 94432 22653

Kuthuvarisa, a Tamil Nadu Martial Art / Self Defense: Monica and Victoria have been attending this class for several months and enjoy it and find it very interesting. The classes are on Monday, Wednesday, and Friday from 7am to 8am in Arka. Please come and join us! Participants of all ages wanted!

Leela: the game of the same knowledge (2000 years old): come play the game of your life. Sunday, 9.30 to 12 (above 15 years old) Info, Veronique J., 948 85 12 678 - SVEDAME, Butterfly Barn in German, English, French, Spanish and Russian.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether

you need healing yourself or simply want to support others in their healing and well-being.

Modern Jazz Dance: Margarita would love to start a regular modern jazz dance classes for all levels at Cripa every Thursday from 4.45 to 6.00pm. The Class will start from the 12th of December. Call for more information 9585335776

For NVC (Nonviolent Communication) and RC (Restorative Circles) in Auroville, please contact L'aura (9442788016, laura.joyful@gmail.com).

Odissi & Semi-Classical Bollywood Dance Class With Tejas
Private Dance Classes at the Shakti Dance School in Felicity
Learn grace, discipline, and the beautiful temple dance of east India. tejas@shaktidancetroupe.com. +91-8489477222

OM Choir: "The voice that chants to the creator Fire, / The symbolled OM, the great assenting Word" Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

Online Events Calendar: The schedule of events for the week can be accessed by all, including guests, on the AuroNet login page: www.auroville.org.in (no need to log in!)

Pilates with Savitri at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level. on Saturdays at 7.30 am, intermediate level

Pizzas Nights: The Youth Center welcomes you to re-join for delicious fresh pizzas from a cyclone-wood-fired oven. Every Saturday evening 7:00pm onwards

Psycho-spiritual work, tarot and other sessions: To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry, "inner personalities" discovery and balancing, guided meditation and other tools...by Antaryoti in English or French, tel(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Qi Yo Yoga: In Pavilion of Tibetan Culture with Friederike. Tuesdays and Thursdays 9 am to 10.30 am

Reiki and Reflexology - Massage By Jannaka at Arka: Every week-end - Individual course in 3 sessions also on week-days by appointment / REIKI COURSE: activates your hands to be connected with the Cosmic Energy which cures physical diseases and the emotional conflicts through contact. It teaches self-treatment and session to other one / REFLEXOLOGY MESSAGE: heals organic dysfunctions and their psycho-somatic causes not only through massage on the reflex map of the foot but also with pressure on "marma points" in the legs and arms. Therapies and courses are held by Jannaka, Reiki master and therapist with 25 years' experience. Make the bookings with Jannaka: 9487629648 - Email: lestellenoi@gmail.com

Restorative Circles Practice Group invites you to explore how to effectively engage with conflict. Every Thursday - 9:30 AM to 12:00 Noon - Hall of Light - Creativity - For information contact: Shanti (0413) 26 23 314 or Janet (0413) 26 22 165

Satsang: a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6 pm

Sense of Auroville Tour: Thursdays 8:45am-4pm
Auroville Retreat welcomes you to a short introduction & experience to life in Auroville. **Just Show up at 8:45am Thursday morning** for registration at Dreamers Cafe in the Visitors Center. Tour starts at 9am and ends at 4pm. Tour price is Rs 950. The tour is led by Ross and includes a session on Awareness through the Body (with Amir), lunch, tea & snacks. For more information, please visit www.aurovilleretreat.org

Skyworks: Tree Climbing Workshops: Recreational tree climbing workshops. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before. You "hook on". After being fitted with your "saddle" and some short instruction on safety and climbing techniques, you are off and climbing! Call Satyaaji for conditions and appointment 958 516 58 82. Thank you

Sororité - Cercle de Femmes : Un espace de parole, d'écoute, de confidentialité, de partage, de complicité, de confiance où

chacune pourra ressentir, re-connaître, entrer en résonance avec l'Essence de son Féminin. Ouvert à toutes.

De 15h30 à 17h30 au Pavillon de la Culture tibétaine, 1^{er} et 2^{ème} jeudi de janvier soit le 8 et le 15 janvier 2015.

Merci de penser à prévenir (même à la dernière minute) pour l'organisation ou pour plus d'informations. Sylvie au 81 224 202 72.

South Indian Classical Dance (Bhratnatyam): Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. S.Caveri:7598368514

Spanish Tertulia: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

Réception francophone: Tous les mardis de 17:00 à 18:30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les auroviliens et newcomers francophones peuvent aussi participer.

At Tai Chi Hall: Tai Chi @ Sharnga: Chi on Mondays and Tuesdays from 7.30am-8.30am. 24 form on Monday and Tuesday mornings from 8.30am-9.30am and on Friday evenings from 4.30pm-5.30pm. 108 form on Thursdays and Fridays from 7.30am-8.30am. And 127 form on Wednesdays and Saturdays from 7.30am-8.30am.
Monday 7.30am-8.30am: Chi. Monday 8.30am-9.30am: 24 form.
Tuesday 7.30am-8.30am: Chi. Tuesday 8.30am-9.30am: 24 form.
Tuesday 4.30pm-5.30pm: 24 form. Wednesday 7.30am-8.30am: 127 form. Thursday 7.30am-8.30am: 108 form. Friday 7.30am-8.30am: 108 form. Friday 4.30pm-5.30pm: 24 form. Saturday 7.30am-8.30am: 127 form

Tai Chi Hall @ Sharnga resumes evening classes. We will practice the 24-form every Tuesday and every Friday from 4.30pm to 5.30pm.

Thai Massage: TerraSoul Community Project introduce. Thai Massage Research Auroville. (TMRA) Introduction to Basics and Dynamics of Thai Massage. Every Sunday workshop from 9.30am to 12 am in Sunspace. (windarra farm) Welcome everybody interested in a inner exploration. The first 30 min. will be a Qi Gong practice to reconnect mind and body.
Contact # 944.3434182. Juan

Thai Massage: I offer Traditional Thai massage (For men and women), and Ayurvedic massage Abhyanga. (For women only) 1h to 1:30. At your home (if you can't move) or at my local. For more informations : *Christine P.* 9489805493

Tamil Literary Classes: - Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, history and culture are opened to all / Now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Auroville workers, their wards and Aurovilians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact Ms. Fathima, Trained beautician working with us in our school. R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email:- tamil@auroville.org.in)

Ultimate Frisbee: Every Saturdays & Mondays, 5pm till sundown at Certitude. Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork. Bring running shoes if you have them. Contact mark@auroville.org.in with any questions or just come ready to play.

Vedic Astrology: Chart reading and interpretation. Call 9843948288 or email vikram@auroville.org.in for an appointment.

Veena Musical Classes: As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yash, which was similar to the Grecian harp. *Bharata*, in his *Natya Shastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's. Kaanchi Kaama Kodi Aasthana Vithvaan Thiru Ravi (Ravi for short) conducts regular veena musical classes for everyone at Yatra Arts Foundation, near New Creation sports ground.

Come and learn an ancient art form in pleasant and friendly surroundings. Who: Everyone! Children & Adults

When: Every Friday evening from 5pm to 7pm. Contact: 0413-2623071 / 9786772209

Women Temple Circle: We come together in silence... to connect with the Shakti flow as it keeps changing....we pray with our bodies, connect through music and touch...we self-inquire and hold space...a practice and discovery of embodied feminine spirituality, where every experience can be a portal to presence...where here and now is 'the moment'....supporting each other and drinking the nectar that the circle creates.... (Inspired by Chameli of Awakening women institute). **Wednesdays, 7-9pm, In Sve-dame @ Butterfly Barn** (pls come early to settle in, we start on time and then the door closes)

World dance is back every Friday from 5 to 7 pm.: dinner will be served at the cafe. Please come to dance with us.

We serve Vegetarian & Vegan Mediterranean food. Open from Monday to Saturday 8.30 to 17.00 pm. new - organic wheat and gluten free bread and pita bread.
With love. *Well cafe team*

Atelier D'écriture (Writing Workshop In French): Le Pavillon de France organise un cycle d'ateliers d'écriture et de méthodologie animé par Florence, qui propose de réunir une dizaine de participants, pour écrire au fil de la plume, selon l'humeur et les rencontres.

Le prochain atelier d'écriture créative aura lieu de 16h30 à 18h Le mardi 9 décembre: « Écrire avec la peinture d'Edouard Hopper». L'atelier de méthodologie aura lieu de 9h30 à 12h30 Le samedi 13 décembre: «Écrire l'histoire de sa vie».

Plus de précisions sur le lieu en réservant soit par tel au 962 6648976 soit par E-mail à lesbaladantes@gmail.com (le nombre de places est limité).

FILMS



CINEMA - Bharat Nivas - AUDITORIUM

FRIDAY 9 JANUARY- 7:30 PM (Film show starting at 7.45 sharp)

"PIOTR ANDERSZEWSKI: UNQUIET TRAVELLER"

Director: Bruno MONSAINGEON - France - Poland, 2008

Synopsis: Bruno Monsaingeon has created a documentary film which explores Anderszewski's itinerant lifestyle and musical ideas. Much of the footage is shot in Poland and Hungary, as a specially-commandeered train meanders between Warsaw and Budapest with Anderszewski and a piano on board. Piotr Anderszewski reveals all along this film his talent, his repertoire, and constant questioning about his work as a performance, revealing his true nature.

A brilliantly constructed film, utterly poetic and deeply emotional.

English version with English Subtitles - Duration: 1h.23'



The Eco Film Club

Sadhana Forest, January 09th, Friday at 7pm

SACRED RIVERS: THE YANGTZE W/ SIMON REEVE

2014 - 59 min. Produced by BB2

Simon Reeve travels along the Yangtze, discovering a revival of religious faith in China. Starting his journey at the first bend in the Yangtze, Simon follows the river to Dazu where he sees 50,000 ancient and exquisite rock carvings, some of the only religious artefacts not to have been destroyed under communist rule. Taking a river cruise, he arrives at the Three Gorges Dam, the biggest power station on the planet. The journey ends in Shanghai, a shining symbol of China's new economic might but also a city where many are rediscovering religious faith.

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work!

After the film you are welcome to join us for a free 100% vegan organic dinner!!

VISITOR CENTER MOVIE SHOW

8th January Thursday 8 pm

LEFT BEHIND (2014)

Genre: Sci-Fi/Drama / Rated: PG13 / Language:

English/Subtitle: English / Dur: 2hrs

Dir: [Vic Armstrong](#) / Cast: [Nicolas Cage](#), [Lea Thompson](#), [Cassi Thomson](#)

Storyline: A small group of survivors are left behind after millions of people suddenly vanish and the world is plunged into chaos and destruction.

9th January Friday 8 pm

EARTH TO ECO (2014)

Genre: Drama /Adventure /Sci-Fi / Rated: PG13 /

Dur:1.31mins / Language: English/ Subtitle: English

Dir: [Dave Green](#) / Cast: [Teo Halm](#), [Astro](#), [Reese Hartwig](#)

Storyline: After receiving a bizarre series of encrypted messages, a group of kids embark on an adventure with an alien who needs their help.

At Cinema Paradiso (MMC Auditorium)

A powerful introduction to Sri Aurobindo and Mother's evolutionary Action

Every Friday from 02/01/2014 to 27/02/2015 at 4.30 pm

2 filmed interviews with Satprem in French with English subtitles:

"Le Chemin vers l'Interieur" (The Way towards the Within) - 1981 - 30mn

"L'Homme après l'homme" (Man after man) - 1981 - 1hr

AT SAVITRI BHAVAN

Monday, 5th of January 2015, at 6:30 pm

"HOME" - The Earth - our home - is a miracle and a beauty.

Two million years ago Life started on Earth and a subtle, fragile harmony of Life on Earth developed. All organisms are linked in a "delicate but crucial" natural balance with each other. In the last 50 years mankind brought big changes and destroyed the equilibrium of life. Everything is going faster and faster.

The film by Yann Arthus-Bertrand shows the beauty of the Earth and likes to wake us up in order to become more conscious and careful with our beautiful blue home. Duration: 94min.



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film programme 5 January 2015 to 11 January 2015

Indian - Monday 5 January, 8.00 pm:

HAWAII HAWAII (We are flying)

India, 2014, Writer-Dir. Amole Gupte w/ Mahesh Balraj, Bugs Bhargava, Hardik Bothra, and others, Drama-Sport, 120mins, Hindi w/ English subtitles, Rated NR (G)
Arjun Harishchandra Waghmare alias Arjun, a young boy, moves to the big city along with his mother and little sister after his father, a cotton farmer dies as cost of farming and crop failure escalates. Once in the mega metropolis of Mumbai, Arjun starts working to earn a living like many like him. It is while working in a tea-shop that Arjun discovers a hidden world of in-line skating - by watching coach Lucky teaching the sports to the privileged kids. While Arjun starts nursing the dream to learn skating under Lucky, his four friends, themselves poor and with little means - get together to make this dream come true for him. This is an endearing and heartwarming, story of hope, aspirations and above all goodness. *Initiate the New Year with good wishes and hope that this film brings.*

German - Tuesday 6 January, 8:00 pm:

POLL (In the City of Poll)

Germany 2010, Dir.: Chris Klaus w/ Paula Beer, Edgar Selge, Tabet Tuisk, and others, Drama, 139mins, German w/ English subtitles, Rated: NR

In collaboration with Goethe Institute/Max Mueller Bhavan
Oda, only 14yrs old, has lost her mother and her home. The experience of being the outsider in her father's new family is hard to accept. Offering help to an injured Russian fugitive gives her back the sense of her live. The film narrates the story of an extraordinary love within an unkind world and a view on the difficult history between Estonians, Russians and the Germans.

Cultural/Interesting - Wednesday 7 January, 8.00 pm:

• **TANZTRÄUME (Dancing Dreams)**

Germany 2010, Dir. Rainer Hoffman & Anne Linsel, Documentary, 92mins, English, Rated: NR
In 2008, world-famous dancer and choreographer Pina Bausch selected 40 teenagers who had never heard of her to be part of her dance piece "Contact Zone". *A wonderful film!*

French - Thursday 8 January, 8.00 pm:

BIRD PEOPLE

France 2014, Dir. Pascale Ferran w/ Josh Charles, Anais Demoustier, Roschdy Zem, and others, Drama-Fantasy, 127mins, French WITH ENGLISH SUBTITLES, Rated G.
In transit, in a hotel near Roissy Airport, an American computer scientist, under heavy professional and affective pressure, decides to radically change the course of his life. A few hours later, a young hotel employee sees her life turn upside down following a super natural event.

International - Saturday 10 January, 8:00 pm:

NEBRASKA

USA, 2013, Dir. Alexander Payne w/ Bruce Dern, Will Forte, June Squibb, and others, Comedy-Drama, 115mins, English-Spanish w/ English subtitles, Rated: R

The film is about a father and son road trip, from Billings, Montana to Lincoln, Nebraska. The trip gets waylaid at a small town in central Nebraska, where the father grew up and has scores to settle. Told with deadpan humor and a unique visual style, it's ultimately the story of a son trying to get through to a father he doesn't understand. *This is a much acclaimed and wonderful film.*

Children's Film - Sunday 11 January, 4:30 pm:

TANGLED EVER AFTER

Australia/USA, 2012, Dir. Nathan Greno, Byron Howard, w/ Mandy Moore, Zachary Levi, Alan Dale, 6 mins, Animation-Short-Action, English, Rated: G

The kingdom is abuzz over the royal wedding of Rapunzel and Flynn Rider.

Fritz Lang Film Festival @ CINECLUB

Ciné-Club - Sunday 11 January, 8:00 pm:

• **COFFEE AND CIGARETTES**

USA, 2003, Dir. Jim Jarmusch w/Tom Waits, Bill Murray and others, 116min., Comedy-Drama, English w/English Subtitles, Rated: PG

A comic series of short vignettes built on one another to create a cumulative effect, as the characters discuss things as diverse as caffeine popsicles, Paris in the '20s, and the use of nicotine as an insecticide--all the while sitting around sipping coffee and smoking cigarettes. As director Jim Jarmusch delves into the normal pace of our world from an extraordinary angle, he shows just how absorbing the obsessions, joys and addictions of life can be, if truly observed.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to the fellow viewers please be sweet and stop chatting after the film starts.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in.

We appreciate your continued support. Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

To support Cinema Paradiso we request you to contribute (monthly or) occasionally through blue-sheets (Aurovilians/Newcomers) or Aurocard reader (Guests). Both blue-sheet pad and card reader are available @ MMC. You can also make a contribution to "Cinema Paradiso" account at the Financial Service.

Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

Any modifications of the submitted *News* items have to be sent to the editors before Wednesday.

We regret not being able to attend to visitors on Wednesdays due to work pressure.

Visiting hours: Mondays, Tuesdays 9 am to 12; **No visitors on Wednesday.** Please, no dictations over the phone unless it is an emergency or you have a medical problem.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

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