

# News & Notes

13th December 2014.....A weekly bulletin for residents of Auroville.....Number 577



# HOUSE OF MOTHER'S AGENDA

*(Regarding an old Talk of 19 April 1951 in which Mother said: "You seem to be on an inner hunt, you go hunting for the dark little corners.... You offer the difficulty, whether it is in yourself or in others, whatever the seat of its manifestation, to the Divine Consciousness, asking It to transform it.")*

That's precisely what I have been doing for two days! For the last two days I have spent all my time seeing all that... oh, an accumulation of heaps of sordid little things we constantly live in, sordid tiny little things. And then, there is only one way - only one way, always the same: to offer it.

This Supreme Consciousness almost seems to put you in contact with quite forgotten things that belong to the past - that are even, or that were or seemed, completely erased, with which you no longer had any contact: all kinds of little circumstances, but seen now in the new consciousness, in their true place, and because of which all life, all human life is such a pathetic, miserable, mean whole. And then, there's a luminous joy in offering all that for it to be transformed, transfigured.

Now it has become the movement of even the cellular consciousness. All the weaknesses, all the response to adverse suggestions (I mean the tiny little things of every minute, in the cells), it sometimes comes in waves, to such a point that the body feels it's going to buckle under the onslaught, and then... there's such a warm, deep, sweet light, so powerful, which restores order everywhere, puts everything in its place and opens the road towards transformation. These phases are very difficult times for the body's life; you feel as if there only remains one thing that decides: the supreme Will. There's no support left - no support; from the support of habit to the support of knowledge and the support of will, all the supports have disappeared: there is only the Supreme. *(silence)*

The aspiration in the cellular consciousness to the perfect sincerity of the consecration. And the lived experience - intensely lived - that only that absolute sincerity of the consecration allows existence. The slightest pretense is an alliance with the forces of dissolution and death. So it's like a chant in the cells - but they mustn't even have the insincerity to watch themselves - the chant of the cells: "Your Will, Lord, Your Will..."

And the immense habit of depending on the will of others, the consciousness of others, the reactions of others (of others and of all things), that sort of universal playacting everyone does for everyone and everything does for everything must be replaced by a spontaneous, absolute sincerity of consecration.

It is obvious that that perfection in sincerity is possible only in the most material part of the consciousness. That's where you can be, exist, act without watching yourself be, without watching yourself exist, without watching yourself act, with perfect sincerity.

*Soon afterwards*

This Talk [of April 19, 1951] interests me immensely. It's exactly the same focus as the present effort. This constant correlation between the inner and the outer work is very interesting, like the preparation of this [Bulletin](#), for instance. I can clearly see that the initial cause always comes from outside ("outside" with regard to this body), in the sense that the focus of the effort depends on the state of health of the people around me, on a certain set of circumstances, and also on an intellectual work (like this *Bulletin*); those are the causes. Because here (*gesture to the forehead*), there's really a tranquil and silent stillness. So there's only what comes from outside.

And the body is increasingly conscious: it has a very acute perception of the vibrations coming from the old habits, from the old ways of being and from the opposition, and of the presence of the True Vibration. So it's a question of dose and proportion, and when the amount, the sum total of the old vibrations, the old habits, the old responses, is too great, that creates a disorder which takes stillness and concentration in order to be overcome, and which gives such a clear and intense perception of how precarious the equilibrium and existence are. And then, behind: a Glory. The Glory of the divine Light, the divine Will, the divine Consciousness, the eternal Motive.

MOTHER'S AGENDA, June 8, 1966 MOTHER

*The  
Ponder  
Corner*

*The most important surrender is  
the surrender of your character,  
your way of being, so that it may change.*

*Sri Aurobindo  
ref. The Mother by Sri Aurobindo, p.59*

Cover drawing "Going higher to breathe" by Monique P

## Outcome of the three days selection process

The Residents' Assembly Service would like to share with you the outcome of the three-day Selection Process for the 7 new members of the Working Committee and the 2 replacement members for the Auroville Council.

### New Working Committee:

Angela, Carel, Elisa, Eric, Mandakini, Manohar, Ranjit Kumar

(Eric from the earlier WC will stay for 1 year only to help in the transition period)

### Auroville Council:

Guy, Veronique

In addition to the nine selected members listed above **three back-up members** were selected: Dominique for AVC, Sarasu and Balaji for WC.

If a member of the group wants to step back from his/ her responsibility they will come to replace him/ her. More details about the term of the back-up members will be published next week, when we have more clarity. Sorry.

On the outcome of the evaluation process, where all participants were asked to give their opinion on the process and on the outcome at a scale between 1 and 10 related to the 12 qualities, we got a 7 for both the process and the outcome.

Thanks to all participants!

Thanks to the Temporary Feedback Review Committee for their supporting work!

Thanks to all the helping hands and different facilitators!

**Everyone is invited to welcome the new members with a "relaxed coming together event"**

When: **Monday 15th of December, 2014, from 4.30 pm till...**We will have dinner together at 6.30 pm.

Where: **Unity Pavilion**

### Participate now!

Working Committee and Auroville Council, as Participatory Working Groups, are searching for "Resource Persons", to create together a **pool of resource persons**. It is for short term and task related only.

The idea is to have at hand a resource base of people having particular skills to find the correct solutions together. Contact the working groups and inform them about your skills and abilities.

Enjoy to participate in the working process and support the selected members - **Thanks !**

Love *RAS team*

## From AVC

Dear community members,

Following the 3-day selection process, we are announcing Guy Dinet and Veronique Jobard as the 2 new signatory members of the Council team. Dominique (Simplicity) was selected as a replacement member for the next year.

Silent listeners/observers Georges and Ulli have finished their 3 month commitment with the Council; we warmly thank them for their time, patience and support throughout.

We invite anyone who is interested to apply for silent listener/observer to write to: avcoffice <[avcoffice@auroville.org.in](mailto:avcoffice@auroville.org.in)>.

We also warmly welcome the new Working Committee: Angela, Carel, Elisa, Eric, Mandakini, Manohar and Ranjith. Furthermore Sarasu and Balaji were selected as

reserves/replacements until the next selection process in Oct-Nov 2015.

We would like to thank the Study Group, Inge (RAS), all the facilitators present with the wonderful Unity Pavilion staff team and the temporary Feedback Review Committee for their perseverance and for their courageous accomplishment of this challenging task.

At the same time the AVC has the intention with the TFRC collaboration and other relevant working groups' help to address concretely the burning issue of personal feedback and bring a final closure to all pending cases.

The Council would like to update the community of the tasks ahead as well as the ones completed.

### Tasks completed in the last 6 months:

Fine tuning of Participatory selection process and structure

- Land Board formation
- Disposal of sludge at Mango Field
- Facilitating various conflict situations with Koodam
- Facilitating a few arbitrations
- Extension of budget for Police Patrolling in Auroville

### Pending tasks (which are under process):

- FAMC mandate revision
- Friends of Auroville policy revision and ratification
- Security policy revision
- Leaving Auroville Allowance policy revision
- Savi (volunteers) new policy
- Matrimandir: (Banyan benches &) overall design, mandate & policy.
- Green Group mandate & policy
- Workshops in AV by non Aurovilians.

### Next on the list for interactive GMs:

- Housing mandate and policy revision
- Entry mandate and policy revision

We take this opportunity to invite you all for the event on the 15<sup>th</sup> of December starting at 4:30 pm, Unity Pavilion, where you can meet the new Working Committee and the 2 new members of the Council as well as all the others. There is a dinner planned for the same evening from 6:30 pm onward for the whole community. Please come!

We will announce the date of our next GM soon, in which there will be time for the AVC sharing and updating you of our tasks at hand, and at least one hour for discussing the mandate and policy of Housing in Auroville.

We thank you for your trust, patience and support!

Sincerely, *Auroville Council*

## Last Call for Grant Proposals for SDZ Spring 2015

The Project Coordination Group (PCG) will review grant proposals submitted for possible funding by Stichting De Zaaier in the spring of 2015. All documents related to this purpose are to be submitted as Word files in the **NEW Grant Application Format** via email to [pcg@auroville.org.in](mailto:pcg@auroville.org.in) - latest by **Monday, 19 January, 2015**.

With regard to Stichting De Zaaier, the Project Coordination Group will check whether proposals fall within their funding criteria and forward those that do to their Board for final selection and budget allocation. In recent years, funds available with Stichting De Zaaier for Auroville projects and programmes were in the range of €50.000 to €75.000 in total per year.

Stichting De Zaaier welcomes project proposals for:

- Research studies in the fields of sociology, economy, psychology and inner development;
- Exploratory (research) studies into the relations with the world outside Auroville, in particular with the villages

(and villagers) surrounding Auroville, as well as proposals for initiatives that seek to contribute to strengthening these relations;

- Initiatives that seek to enhance efficient co-operation of Aurovilians with the aim of making full use of the existing potential in Auroville;
- Studies exploring a sustainable future for Auroville and initiatives contributing to such a future;
- Initiatives requiring seed money for innovative and informal education and training.

No funds are available for infrastructure, buildings or transport or maintenance of Aurovilians. Requests for equipment will only be considered if specifically required for the implementation of the project and are not already available in Auroville.

The NEW Grant Application Format is available on request from [pcq@auroville.org.in](mailto:pcq@auroville.org.in) or may be downloaded from Auronet.

If you have received funding for a project through the Project Coordination Group in previous years, be certain that you have sent us the report for that project before making a new application for a different project.

For more information or assistance you may write to [pcq@auroville.org.in](mailto:pcq@auroville.org.in) or contact the Project Coordination Group at the ACUR (Town Hall) by phoning 2622250 or 2622795.

## New member of the Entry Service

Dear Community,  
We are happy to confirm, Viktoria AVAKIAN (Vika) staying at WeDK Prarthna, as a member of the Entry Service. There has been no negative feedback to the announcement on her.  
Sincerely, AV Council

## FROM THE ENTRY SERVICE - N&N NO- 577 dated 13.12.2014

We would like to inform the community that our team has decided to recommend the following persons as Aurovilians and Newcomers. We will wait for two weeks for Newcomers and Returning Aurovilians and for one month for Aurovilians, from the date of this publication, for your feedback before making our final decision.

### AUROVILIANS:

Umalakshmi RANGANTHAN (Indian from Edayanchavady) - Staying at Agni Community, working as a receptionist at the Town Hall.

### RETURNING AUROVILIAN:-

Anne Surya ORMELOH (German) - Staying at Grace.

### CHILD OF A RETURNING AUROVILIAN:

Iliya ORMELOH (German) - born on 18/07/2010, studying at Aha! Kindergarten and staying at Grace.

### NEWCOMERS:

Santosh JADHAV (Indian from MH) - Staying at Centre Guest House, working providing home care for Aurovillian seniors through the AVHS.

We have identified a lack of clarity in the communication and confirmation of status, as the announcements done in the News and Notes are for FEEDBACK ONLY, and sometimes, after announcement, there can be either an extension of status, or a decision to stop the process overall. We have added an additional section of confirmation to avoid further confusion.

### CONFIRMATION OF NEWCOMER STATUS:

Sathiamuthu ARUNACHALAM (Indian from Alankuppam)

Sudhagar Perumal (Indian from Appirampattu)

Evgeniya (Genia) KULIEVA (Russian)

Maguy (Maggie) POINT (French)

Eric (Erico) PETITPIED (French)

### CONFIRMATION OF NEWCOMERS TO AUROVILIANS AFTER ANNOUNCEMENT IN N&N AND DUE CONSIDERATION OF THE FEEDBACK RECEIVED FROM RESIDENTS:

Gianna (Giannaka/Janaka) DE ROSA (Italian)

Dhanasu KARUNACARAN (Indian from Sanjeevinagar)

Ramesh TULYANI (Indian from Gujarat)

Dear Newcomers, the Entry Service team would like to inform you of the new timings designated specifically for you to either collect or submit the Newcomer kit. Please pass by our office in the Town Hall during these hours only: Wednesday & Friday at 2pm to 4pm. We look forward to seeing you - The Entry Service Team

The Entry Service is looking for new committed members NOW!!!!!!

Three of the core group members are finishing their term of service in February, and the team needs to be completed with people willing to be full time committed members. A proper relay is essential for the fluidity of this service. We are happy to take the time to answer any of your questions or doubts, and we are happy to share our work experience with anybody interested or considering joining.

Ideally, you need to have prior experience of office work or of conducting interviews. Communication skills as well as human relations skills. Fluent English, able to type up minutes, undertake email follow up. Listening skills and ability to give clear information on entry process at the desk and during interviews.

### INFORMATION ON JOINING AUROVILLE

Our office is open to general public on Monday, Wednesday, Friday from 10 to 12 am and Thursday afternoon from 2 to 3 pm on appointment regarding B-Forms and Recommendation letters.

Please notice that the last week of each month we are closed for public. We will use this time for studies, field visits and internal office work.

The Entry Service team (Chitra,Eva, Ishita, Kripa, Muthu, Umberto).

## FOR YOUR INFORMATION

### Matrimandir Update

Dear Aurovilians,  
Now that the busy season is upon us, Aurovilians running courses, workshops and tour, please note that from December 18<sup>th</sup> to March 1<sup>st</sup> you should not include a visit to Matrimandir, other than the Viewing Point, in your itinerary. The current practice of bringing all the members of your groups to make individual bookings for the Inner Chamber cannot be accommodated during this period due to the very high demand from other individuals.

We would like to take this opportunity to also let you know that the Sundays: December 21<sup>st</sup> and 28<sup>th</sup> and January 4<sup>th</sup> the Inner Chamber will be available for Aurovilians only from 11.45 am, after the visitors hour, due to the large number of visitors expected during that time. The rest of the day the timing for Aurovilians will continue to be as usual.

Apologies for the inconvenience and thanks for your kind understanding and cooperation.

Matrimandir Access Core Group,  
Judith. Lala, Nicole, Shiva and Srimoyi



Members of AVI Germany and its sister organisation, the Sri Aurobindo Center in Berlin (SACB), lately really hit the lecturing circuit, delivering interesting talks to interesting places and audiences, making interesting new connections while doing so. We here give you an overview of these and some other activities.

#### **AVI GERMANY**

On 16 October, Joss of Pitchandikulam highlighted the possibility of a Sustainable Livelihood Institute in Auroville for an attentive and open audience at the **University for Sustainable Development in Eberswalde** (near Berlin), which might lead to a closer cooperation between the University and Auroville in the near future. The event was organised by AVI Germany through two ex-weltwaerts-volunteers, Hannes and Matthias, - one of possibly many initiatives by volunteers carrying back the 'Auroville experience' into their home countries.

On 17 and 18 October, Dr. Anuradha Choudry and Dr. Vinayachandra B.K. held a well-received dialogue at the Berlin Centre on '**European thought meets Vedic psychology**' based on Sri Aurobindo's insights from 'The Secret of the Veda'. (The first session was arranged by 'Autenticon', an organisation aimed at CONnecting CONtexts.)

On 26 October a **first regional Auroville meeting** took place, when members, Aurovilians, ex-volunteers, and a couple of friends interested in Auroville came together for an informal exchange at Friederike's & Christoph's place in Hamburg.

On 16 November the Berlin Centre staged a **symposium with the Rosicrucian foundation** entitled 'A world in radical change - the evolution of the Divine' with more than 100 participants in the city of Bremen. The talk by Georg Stollenwerk (board member AVI Germany) focused on the process of involution, the collective development towards human unity, the role of the different religions & of materialism, and the next step into a spiritual age (as per Sri Aurobindo's 'Human Cycle'). The talk was well-received by the mainly 'non-Aurobindonian' audience.

On 30 November the annual advent celebration in the Berlin Centre provided a most welcome opportunity to raise some funds for the **Acres for Auroville campaign**. A small 'Aurobindo book shop' (with old books from the centre's library) and some artistic and creative contributions of AVI members and ex-volunteers helped us raise an amount of 375 Euro in small contributions.

Last but not least, on 6 December, AVI Germany member Klaus Bracker, Waldorf school teacher and author of the book '**Sri Aurobindo and Rudolf Steiner - Anthroposophy and Integral Yoga in Dialogue**' (in German), gave a talk on his book's topic at the Rudolf-Steiner-House in Hamburg. It turned out that he mainly presented Sri Aurobindo, the Mother, the Integral Yoga and Auroville to a genuinely interested audience. Several people reported how deeply Sri Aurobindo's writings had influenced them during their spiritual quest, among them a priest of the anthroposophic 'Christengemeinschaft'. Friederike & Christoph had been invited to join Klaus in his presentation of Auroville and in the end the three and a half hours reserved for the event were not enough to answer to all the questions.

For all AVI matters, contact Vani via [vani@auroville.org.in](mailto:vani@auroville.org.in). This column is maintained by [mauna@auroville.org.in](mailto:mauna@auroville.org.in)

## **Midwifery...a human right for a safe and natural birth**

While planning for parenthood, during pregnancy, childbirth and the post-partum period the woman and her partner need an accessible and approachable care provider. Midwives

provide personalised care, information, advice and support in all phases of this process.

Every woman has a right to midwifery care. This care promotes the process from planning for parenthood to pregnancy, childbirth and the post-partum period. Midwifery care stresses the individual client's needs. Pregnant women consider freedom of choice to be essential as well as the autonomy of her client. Midwifery care is scientifically based. Midwives act on the basis of a combination of medical knowledge and their own experience, the client's wishes and the latest insights from research. The relation between Midwife and her client is based on mutual Trust and respect.

The Art of Midwifery is daring not to interfere by guiding with as less as possible medical interventions, reconnecting a woman with her authenticity.

Every woman deserves to birth in a place where she feels safe, comfortable and supported. Birthing is a natural powerful process and we have to learn to trust, built confidence and let go of fears. It's essential to have faith and trust Nature. The Art of Birth is letting go, surrender to nature, accepting the situation as it is. Health and Harmony is something is a constant play of our physical, emotional and subtle physical body and more. Experience life as the joyful sea of infinite possibilities.

Welcome!

Manuela - midwifery service: tel. 8098900471, [manuela.auroville@gmail.com](mailto:manuela.auroville@gmail.com)

## **Security Advice:**

Dear friends,

This is to inform you that during the month of November, 2014, 3 thefts (Nilathangam, Waves, Meerabell private place near Discipline), 4 attempt thefts (Madhuca, Sailam, Udavi School, Sukhavati) and 1 attempt harassment incident (near Verite) occurred in different areas of Auroville.

**We request all Aurovilians/Newcomers/Guests to be more conscious of their valuable belongings and use additional locks for their vehicles and houses to lower the risk of thefts.**

**We recommend that women avoid travelling alone at night, and to store our security numbers in their phones to report any incidents as soon as possible.**

**Women of all ages and modest dress codes have reported harassment, so be on your guard at all times. Be wary of three boys on a bike and do not stop for local men asking for directions. For post-incident support and counseling you may call the Women's help line (open in the morning) at 262-2425 or email AV health services [avhs@auroville.org.in](mailto:avhs@auroville.org.in).**

For escort (for people with bikes/cycles only), call Ramesh.V at 9443090107 / 9443362691. Please note that the guards cannot leave their posts without prior permission from Security management.

To those who are leaving town: please inform your neighbours to keep watch over your houses/apartments. Kindly inform your watchman /gurkhas or house-sitters to contact us immediately when there are any people / incidents to be reported.

**We recommend all residents and guests to travel in and around Auroville:**

- 1) *With Xerox copies of your documents only. Leave the originals in your guest house safe.*
- 2) *Not to carry large amounts of cash or valuables on your person unless absolutely necessary.*
- 3) *To secure/ tie up your bags properly or to keep bags on your person instead of in cycle baskets.*

AV Security Service (Day & Night Security: 9443090107, 9443362691)

## Students from the Sri Aurobindo Centre for Arts and Communication in Auroville for one month

Dear friends,

On December 15, 20 students of the Graduate course of photography, of the Sri Aurobindo Centre for Arts and Communication in Delhi, will be holding a photographic workshop in Auroville for a month.

Sebastian will be teaching the workshop. The students will be housed at the Tibetan Pavilion and they will use classroom and exhibition space at Kala Kendra.

The theme of the workshop is "Eyes on Auroville". The students will produce individual or group photographic essays on various themes, using Auroville as a campus. At the outset of the stay they will spend several days being exposed to Auroville, in guided tours. The images produced will be made available to the Auroville archive for possible use in the future.

At the conclusion of the month long stay, they will exhibit the images produced in a three day exhibition to be held at the Kala Kendra Gallery and shared with the Auroville community.

If there are any Auroville groups that have specific topics that need to be documented, Sebastian can propose the topics to the students. Sebastian can be contacted at: [sebycortes@hotmail.com](mailto:sebycortes@hotmail.com).

All the students have been issued a pass from OutreachMedia for the month; however the students have been informed that they must formally request permission to photograph enclosed areas, units and any activity before beginning the documentation process.

## Auroville Dairy News



The Auroville Dairy Group has been operating for some time as an extension of the Auroville Farm Group, and is a collection of farmers in Auroville producing and selling milk and other dairy products through the various outlets available. The aim of the Dairy

Group is to continually improve the quality of dairy products available to Aurovillians, by setting and maintaining standards of cow treatment and striving towards more organic milk production in keeping with Auroville's ideals and philosophies. These ideals and philosophies may seem at odds with dairy

practices in the outside world, which tend to focus more on optimizing milk output, and less on cow health, dignity and quality of life, in their effort to minimize prices to the consumer. The milk produced on Auroville dairy farms is therefore unavoidably more expensive as a result, but Aurovillians can purchase Auroville milk in all good consciousness, in the knowledge that the Av dairies are being monitored collectively, and dairy farmers are learning and improving the standards together. In the light of this, the Dairy Group is adjusting the price of standard raw Auroville milk to Rs. 42.00 per liter and Rs. 46.00 for certified organic raw Auroville milk, effective 1<sup>st</sup> January 2015. The Dairy Group takes this opportunity to thank all Aurovillians for their support so far, and trust that they will continue to enjoy that support in the future.

## Varagu cleaner follow-up

After my last update, where I told you that we had gotten Rs15,650 from concerned Aurovillians to purchase a gravity separator to clean varagu and other grains as well., some more Aurovillians donated and we collected a total of Rs 34,850 from the community.

This felt really good, because for us it is very important that we find resonance in Auroville. We want to make this happen, but not just for our own sake.

In the meantime we kept looking out for more possibilities because we saw the amount was very big. And then very unexpectedly a donor presented itself and was in a position to put in the full balance which is needed to buy and install the machine.

The donor wants to stay anonymous and we thank them a lot for having this trust in us, and the vision to see that Auroville needs to invest in its food.

We transferred the first installment so the machine is being prepared by the company in Bangalore. Since we are ordering their smallest model (300-500kg grain cleaning capacity per hour) which they do not sell a lot, it will take approx. 6 weeks to prepare and deliver it on site. After that it will take some time to prepare the space and install the machine.

We will keep you informed about the progress of this project in the coming weeks.

Once again thanks a lot for your support.

*Tomas Annapurna, Angelika Solar Kitchen.*

## POSTINGS

### Neelanjani

Neelanjani - AurovilleVisual Artists Centre - will now be meeting on Thursdays from 3 to 5 pm, at the Gallery at the Visitors' Centre. All interested in the visual arts are urged to attend. *Coco* [coco.o.rodin@gmail.com]

### Aurocabs

AUROCABS is an Auroville Taxi service located near Auroville bakery. Auroville Account facilities are available. 24 hours service. Emergency service at 24 hours. Prices are the same as with all Auroville Taxi services. *Raju*, Aurocabs Taxi Service. Contact number: 2623 200 / 2623 201 (24 hours). Mobile: 9443074825 / 9787508301 - Email: [aurocabs@auroville.org.in](mailto:aurocabs@auroville.org.in)

### Bag exchange mistake

My dear partner gave by mistake two bags to the free store Tuesday Dec 9th around 11 am. One bag was supposed to go to Nandini tailoring containing one asymmetric top (beige color, brandless Pygmees) and several materials. The other bag contained a pair of shoes (brand Mochi black and beige color with flowers) - Please could you give it back to my sweet

daughter Julie at Nandini distribution, thank you so much :-), *Claire*

### Correction of location for the Saturday Markets

Following our announcement last week that we planned to restart the Saturday Markets alongside the SK parking area from this Saturday, this is to inform everyone that they will not now be taking place after all, since the Solar Kitchen and PTDC teams have made it clear they no longer want them anywhere near their premises. Sorry everybody, but we have to abide by their decision - *Prisma*

### School admission

Dear Parents of children born between 1 March 2007 and 28 February 2008, (If your child is not already attending one of our kindergartens) - Like every year, I am in the process of preparing for the next July school admission in Transition, Deepanam and TLC for the 1st grade. If your child is not already attending one of our kindergartens, please get in touch with me to register.

Email: [schooladmission@auroville.org.in](mailto:schooladmission@auroville.org.in) / Phone : 9486623279. Thank you, *Swadha*

## Tour in South India

Hello, I am trying to organise a small 2-3 days tour in South India (Madurai, Thanjavur...) before the end of December.

Anyone interested please contact Swadha @ Yatra Nova 2622095 / Email: [swadha@yatanova.com](mailto:swadha@yatanova.com) and give your contact info. Thanks, Swadha

## **A V A I L A B L E**

### NOTICE

The following items are available for disposal. Items can be seen during normal office working hours. The items will be auctioned on 19.12.2014 at 10.00 am. The interested people may bid for the items and the highest bidder will be given the respective item/s after he/she deposit the bid amount, he/she should take away the items immediately.

#### List of scrap items

Sl No	Name of items	No.of items
1	Fridge with stablizer	1
2	Wall mounted fan	1
3	Padestal fan	1
4	Wodden broken table	1
5	Alumunium door	1
6	U.P.S	1
7	Garden light small	9
8	Old tyres	2
9	Carrier old Tata Sumo	1
10	Glass big	6
11	Glass small	Many
12	Light set broken	2
13	Wodden small table	1

*Auroville Foundation*

### Energy Saving Lights and Fans with AVES & PTDC

Auroville Electrical Service (AVES) & Pour-tous Distribution Centre (PTDC) has a stock of efficient light fixtures from Havells such as LED 5W and 10W and 28W T5 tube lights. You could replace your old light fixtures (Tungsten filament, incandescent, halogen or CFL lamps) with LED lamps, for better energy savings.

CFL bulb to LED: up to 50% energy savings

Tungsten Filament bulb to LED: up to 91% energy savings

Tungsten Halogen bulb to LED: up to 82% energy savings

T12 tube light to T5: up to 35% energy savings

T8 tube light to T5 tube light: up to 30% energy savings

You also have the option of replacing your standard ceiling fans with Super efficient fans at a purchase price of Rs. 3420/-.

Replacing your old 75W Ceiling fans to Super efficient fans will give you up to 76% energy savings. For purchase options and information, please contact: Ph: 0413 2622 132, 0413-2622 264

- E-mail ID: [aves@auroville.org.in](mailto:aves@auroville.org.in)

### Workers

A team of skilled and reliable workers is available on Sundays and in the evening for every kind of electrical work, plumbing, inverter installation, water filters and more. Please contact

*Erumalai* for more details and information. Ph: 9486367097. Thank you

### Puzzle: let us play with the flower mandalas

On the cover of a small box (17X17 cm) is a "Prosperity flower". Inside there are two flower Mandala puzzles and a photo of each. While making the puzzle you recreate the flower mandalas.

"The Flowers speak to us when we know how to listen to them... They bring with them the smile of the Divine". Mother This puzzle is a nice gift for Christmas and the New Year especially for the children. It is available at many places: Auroville Boutique, Freeland, Pour Tous, The Visitors Centre...Profits from the sales will be donated to the Matrimandir. This product is made by Auroville Press, *Auroculture, Christiane*

### Christmas trees

This week for sale: Christmas trees

Clerodendron - during this year we raised a good number of the one that gives those beautiful red and white flowers hanging in clusters - Plumeria or "Psychologic Perfection", several colors, big size (around 1,50 m height)

### Red cherry tomato seedlings

I have a few hundred organic red cherry tomato seedlings ready for transplanting. If you would like to have some of them in your garden pls let me know. [bogi@auroville.org.in](mailto:bogi@auroville.org.in)

### A cat

Nice little grown-up sterilized, healthy, female cat, beige and black, part tiger striped, to give away to someone **without any other cats**. She just can't get along with my other cats. I hate to part with her but I would very much like her to be happy. Please phone me: 2623 581, or pass by at Prayatna [first of the new house, upstairs next to the terrace. Thanks so much! Merry

### Enfield

Model: Bullet Electra 2007 with papers, travel anywhere. New front tyre inside out / New front brake disk and wire and handle / New front light / New decompressor / New 1 front suspension / New air filter / New oil filter / New saddle / Engine checked / New chain + chain / New back brake disk / New electric wiring / With luggage carrier / New horn / New fuses / New lock boxes /New side stand / Special pipe / Pictures of done work available / Given with spare parts - Check full service done on 4 December in Bangalore - Interested call me or email me 075 07 748220 [n.bougos@gmail.com](mailto:n.bougos@gmail.com)

## **L O O K I N G F O R ...**

### Foldable massage table

I am looking for a foldable massage table and a small barstool on wheels. Please contact [jokevanhoye@hotmail.com](mailto:jokevanhoye@hotmail.com) or 9843063215

### An amma

Looking for an Amma for part time in the area of Kuilapalayam. Basic English and experience is required. Please contact Yoffi 2622890

### TVS moped

Second hand, in good condition, for a reasonable price. Contact *Oiga*, phone 8098167492

## Terry Prachett

Actually not in person, but for his 1st book 'The Colour of Magic' - If somebody has it and could lend it to me for some days, that would be wonderful. *Sylvia*: 2622 649 or [sylviazi2000@yahoo.co.in](mailto:sylviazi2000@yahoo.co.in)

## Anyone coming back to Auroville from Chennai

Is there anyone coming back to Auroville from Chennai anytime who could bring my Veena from the music store where it was repaired? Please call Nandini at 8220515654.

## A laptop

Looking for a second-hand laptop for Mark's cafe. Contact: 9489291278, *Narayanan*

## LOST & FOUND

A silver water bottle (lost): Thermos brand, at the Saturday Market on Dec 6. Contact *Kaeridwyn* at 7639225831 if you found it!"

Black shirt (found): At the T-crossing turning in towards Maitreye and Prayatna from Arati road, a beautiful black shirt

with cloth covered buttons and light stitches running through the fabric. If yours, please contact me at 94435-35087 - *Aurora*

Nokia Asha 503 (lost): Black color, if found, please give in Reve for Chris or drop it at the News office.

## APPEAL

### Help wanted:

At Deepanam School, in harmony with the Localicious movement, we have started to grow fruits and vegetables in our grounds with the idea to involve the children in learning about the simple ways of growing local and nutritious fruits and veg, according to basic permaculture principles. Of course, fruits and veg don't magically spring out of the ground. They need some coaxing and lots of care and attention.

We are looking to create a small team of people who could commit to a 2 hour slot once a week to work together in the garden to keep it in shape. This could be an opportunity to lend a learned hand or to learn from scratch about growing your own food.

If interested, please contact: [honor.chance@gmail.com](mailto:honor.chance@gmail.com) or 91 59 85 61 48.

### Geodesic dome - Appeal for funding

Dear friends, brothers and sisters of the Auroville adventure,

A charming, light-weight geodesic dome structure has been put up over the last months with the help of enthusiastic volunteers. It found its perfect home in a 'secret corner' of the Unity Pavilion compound to invite the more intimate circles and creative 'encounters of the third kind'. It is an open space to complement and add to the larger programs and ongoing events of the unity pavilion.

To be able to open this beautiful, versatile and playful space to an aspiring public, we need to complete the 50sqm flooring, as the initial funding coming from private sources and support from AVI Germany has been exhausted; we invite you to help us complete this by the end of this year. A total of ca. Rs 25,000 is needed.

You are welcome to come and have a look and visit the site at any time of the day.

Thanking you in anticipation,  
*Peter a, Jaya, Shivaya* (Unity Pavilion - FS: account: 251739 specify geodesic dome)

## ACCOMMODATIONS AVAILABLE AND NEEDED

### House sitting1

My name is Kaeridwyn, Canadian, 29. I am volunteering with Auroville Arts Service and currently staying in Sve-Dame until Dec 21st. I would love to find a house-sit for short or long term after that date! Very willing to take care of pets or gardens as needed. If you or someone you know is in need of a responsible house-sitter, please contact me at 7639225831, or [dwyndle@gmail.com](mailto:dwyndle@gmail.com). Thank you!"

### House sitting2

Hi! I'm looking for a house or apartment for house-sitting for small or long term. I'm a Newcomer, working at the MM. I am single. Contact [roberto@auroville.org.in](mailto:roberto@auroville.org.in). *Roberto*

### House sitting3

We are a family of Newcomers (Liron, Yasmin, Inbar and Gali) looking for a house from 15/01 for long or short time. Please contact 9943311619 (*Yasmin*) or email us: [Yasmin@auroville.org.in](mailto:Yasmin@auroville.org.in)

### House sitting4

Looking for someone to care for your home during the month of January? I am a responsible and quiet long term volunteer looking for a place to stay at for any stretch of time during January. Happy to take care of gardens and pets. 763-998-3917 or [andromache18@gmail.com](mailto:andromache18@gmail.com) - Many thanks, *Ilana*

## TAXI SHARING

December 15th: Taxi sharing to airport. Taxi sharing opportunity to Chennai Airport on 15th July. Juan Felipe (1 person) 6:00 am from creativity. Anybody interested in sharing the taxi there, please contact me. *Juan Felipe*, [rodriguez.juanfelipe@gmail.com](mailto:rodriguez.juanfelipe@gmail.com) - Tel. 8903829335. Thank you

December 16th: To Chennai airport and back. The taxi leaves from Auroville at about 11.30 pm on the 16th and will go back at about 2.30-3 am on the 17th. Please write an SMS: 8098162434 or write an e-mail: [miriamtotzke@gmail.com](mailto:miriamtotzke@gmail.com). Thank you, *Miriam*

**December 16th:** I am Sergio. I will arrive at Chennai airport on December the 16th at 3.35 am with KLM flight number KL3914.

If you are interested in sharing a taxi to Auroville, send me a message to this email: [omindiayoga@gmail.com](mailto:omindiayoga@gmail.com)

**December 18th:** Leaving at 11.30am from Auroville to Chennai airport. Pick up to Mitra /Town hall. Contact Ricky 9943351590 or [thejaof@gmail.com](mailto:thejaof@gmail.com). Riccardo

**December 24th:** My son, Symeon will arrive at Chennai airport around 11 am. An empty taxi will leave Auroville around 8 am.

Possible sharing both ways. Please contact: [Sylas@auroville.org.in](mailto:Sylas@auroville.org.in) or 2622987. Thank you

**December 25th:** Pick up from Chennai airport at 9:45 pm, flying with Airasia, for sharing it both ways pls call *Nathalie* 2622 683 / [nathh28@hotmail.com](mailto:nathh28@hotmail.com)

## WORK OPPORTUNITIES

### For Aurodesign in Prayatna

**Aurodesign In Prayatna** Is looking for a person who loves Aurodesign in all.

He/She should have the capacity to manage the development of new products for interior design and marketing.

Some creativity and a basic knowledge about building construction is also needed.

If it's something for you, come and see!

Aurodesign Office - 2623422, [aurodesign@auroville.org.in](mailto:aurodesign@auroville.org.in)

### Savi needs a secretary

In our 6-person team, we do our best to improve our educational services in a friendly and dedicated atmosphere.

Our administration needs now to be reinforced with one secretary. Her main tasks will be to:

- Read emails and respond to foreign requests of volunteers and students
- Prepared check letters needed for visa applications
- Interact with concerned working groups and Auroville Foundation for visa matters
- Help volunteers in their process of registration in Auroville and in RRO, both on-line and at reception desk
- Keep records of data in our databases

This work requires the following capacities: Good communication skills (oral and written) and English language proficient / At ease with international contacts and interactions with students / Open Office and computer literate / Self organized, accurate and reliable

There is a full time maintenance available.

Contact Savi with your CV and a mail stating your interest ([study@auroville.org.in](mailto:study@auroville.org.in))

## AUROVILLE RADIO



Dear Listeners, Our Survey specialist Lionel has been busy collecting information in order to create a sample population and meeting with Harini who is also involved in a data collection for surveys for the survey, once this is done we will share and present his work in an interview as it will be a sound basis for any other media or groups interested in conducting an accurate survey and will help to build a transparent and accessible database for Auroville.

Regarding ACUR and the sound barrier matter, we are answering further queries by the management regarding the radio's future plans and the FM project.

We are still looking for people any age race or creed who are passionate in communication and would like to share the joy of creation. We are also looking for people skilled in website creation because we would like to merge the Radio site with the Auroville TV site.

Volunteers are always welcome to join us at any time, please come and meet us at the ground floor of the Town Hall, tel 262-3331 - Renu, Miriam, Andrea for the Radio Team.

These are the latest programs published by Auroville Radio this week. All the recordings are available in CD or ready to be copied on your memory stick at the Auroville Radio premises in Town Hall, opposite the Financial Service.

**Off the Cuff- Andrea, Renu, Wazo** (Performing Arts 05/12/2014)

Off the Cuff with the news from the future of the city of our dreams. Sri Aurobindo's 64 samadhi + Radio's 10th year - [English, 18 Minutes]

**Selection Process for WC-AVC** (News from Auroville 04/12/2014)

This weekend 59 Aurovilians will undergo to a selection process for the new members of WC/AVC. 6th at 2. -[English, 11 Minutes]

**National Identity through Art** (Social Development 04/12/2014)

Mrs. Helene Larsson Pousette shared with us at UP a talk on the notion of national identity explored in culture, art - [English, 82 Minutes]

**L'agenda de Mere 10 Mars 1959** (The Mother 03/12/2014)

""J -[French, 7 Minutes]

**Selections by Gangalakshmi-17** (Integral Yoga 03/12/2014)

Une s -[French, 12 Minutes]

**Magnetic Vision in Sharing** (Evolution 02/12/2014)

Featuring interview with Karthik about Auroville, decentralization, future of the humanity and technology - [English, 26 Minutes]

**Selections by Gangalakshmi-16** (Integral Yoga 01/12/2014)

A weekly series of readings by Gangalakshmi (in French) from selected works by or on the Mother and Sri Aurobindo. 16 - [English, 14 Minutes]

**Demolition of Heritage Building** (News from Auroville 01/12/2014)

Interview of Pondicherrians witnessing the destruction of an important land mark building of over 150 years -[English, 15 Minutes]

**Chandana 12, Composes "Sun Rise"** (Kids & Youth 01/12/2014)

12 year old Chandana shares a song she composed. "I hope this song makes you and others smile :)" -[Sound, 2 Minutes]

**Light for Children, IZ Pavilions** (News from Auroville 01/12/2014)

Deepam celebration on 5th at 6pm. Pavilion Groups of International Zone meet on 6th at 2. -[English, 9 Minutes]

**Schweyk in the Second World War** (Performing Arts 30/11/2014)

Forum- Three Theatre from Bangalore shared a musical play Bertolt Brecht's Schweyk in II. World War. -[English, 156 Minutes]

## S P O R T S

### A new sport facility for all in Dehashakti

We are happy to announce that the shifting of part of the body building - fitness equipment of the previous New Creation Gym to the new premises in Dehashakti Sports Ground has been successfully completed. Dehashakti has welcomed the gym and has offered a new space. We have renovated a bit the equipment and we will try to slowly upgrade and improve these new facilities according to needs and funds.

We understand this Gym as one more possibility to put in practice one of our collective aims of unending education and aspiration for perfection in the physical. From this date this Gym is open and operative, ready to receive students, adult Aurovilians, Newcomers and volunteers interested to practice. Please contact Rajeev, Vikram, Anandi or Joseba to get the information about the timings and the rest of conditions to join this new Dehashakti Gym.

We would like to express our deepest gratitude to Rajeev and the other members of the Dehashakti and also to SAIER for their warm welcoming and all the facilities they have extended to us to manifest this new initiative.

Come and join!

*Dehashakti Gym team (Vikram, Anandi y Joseba)*

## T R A V E L

### Latest News from the Travel Shop - Inside India

Please be informed that the Travel Shop is now at the Inside India office at Auroshilpam.

Spice Jet - We are advising not to book flights due to cancellation of many of their flights.

Lufthansa is offering separate cabin from Bangalore for Premium Economy Class - better seating and 2 pieces of baggage.

British Airways and Cathay Pacific are offering Premium Economy class from Chennai to Europe and to USA.

We issue tickets with Ryan Air and for all other European Airlines with their promotional offers.

Emirates, Qatar Airways Etihad Airways, Air India, Srilankan Airlines, Kuwait Airways and Oman Airways have special offers to all their destinations.

We recommend the following minimum check-in time:

Domestic - 2 hour prior to departure / International - 3 hours prior to departure.

Please ensure that you have all the required travel documents for your entire journey, i.e. valid passport & necessary visas and that you have had the recommended inoculations for your destination(s). Please check with us in advance if flight schedules have changed.

Insurance: We strongly recommend that you avail of a Travel Insurance.

Tel: 2623078, 2622604, 2623030, [travelshop@auroville.org.in](mailto:travelshop@auroville.org.in), [domestic@inside-india.com](mailto:domestic@inside-india.com), [doulat@inside-india.com](mailto:doulat@inside-india.com)

## E A T I N G O U T

### Well cafe open for dinners

Dear all,

Well cafe will start to serve dinners every Thursday Friday and Saturday from 18/12.

Breakfast and Lunch Monday to Saturday 8.30 am till 5 pm.

Friday 5 pm to 7pm world dance. All are welcome!

With love, *Well cafe team - Sve dame* (opposite C.S.R) 2622219

## G R E E N M A T T E R S



### "The Urgency to Slow Down"

Bigger and bigger, faster and faster, maxi, mega, super, hyper, ultra - we live in an age of superlatives, and of ever-increasing acceleration. And for most of us there seems to be little escape from the breath-taking pace, in a world spinning more and more out of our control.

Stock markets have always been hectic places, but today it is milliseconds that make or break fortunes. What's more, trading has passed from being a human activity to an automated digital system, in which computers churn out algorithms thousands of times faster than any human could do. Who is in charge in this machine-run economy? Is it the finance companies that invest hundreds of millions of dollars in advanced submarine fibre-optics cables, to make massive profits at near-zero risk - until a yet faster technology beats them by nanoseconds? Old story - the rich get richer, the poor are left behind.

A recent documentary, both fascinating and scary, titled 'Humans Need not Apply' shows convincingly how more and more human jobs - not only manual labour, but skilled and even creative professions - can be successfully replaced by robots. The self-driving google car is no longer utopia, and

machines could soon put almost half of humanity out of jobs. We are into uncharted waters in every sense.

Yet against the backdrop of dire predictions, something is stirring, in every corner on the globe. A movement rooted in common-sense, people saying 'enough is enough', a call to return to a human pace. For us here in semi-urban India with its own dizzying journey, the signs of this change may not yet be very evident. Moreover this movement isn't advertised in neon-colours, and hardly makes noise in mainstream media. It goes by many names, some having emerged more prominently: **Transition movement; localisation; slowing down...**

In a nutshell - rather than despairing, or waiting frustrated for official permissions, people are rolling up their sleeves and stepping into action. They get together with friends and neighbours and discover '*The Power of Just Doing Stuff*', to echo the title of a recent book on Transition: Aiming to restore a sustainable environment and society, they rediscover the power of their own courage and creativity, their connectedness to community - and so much more of what it means to be human.

A group of people starts a "gift circle" exploring what it's like to give and receive without money. They simplify their lives, discover that they are content with smaller homes. Neighbourhoods say no to supermarket chains, turn unused buildings into vibrant hubs of mutual support and small-scale enterprises; city farms, rooftop gardens and local food organisations spring up. Towns insist on 'genuine community-led planning' with people taking the lead, replacing unsustainable profit-driven development with socially and ecologically responsible housing projects. Talks, films and discussions take place about the inner dimension of our global crisis and potential solutions. Reading groups come into being, circles practicing meditation or mindfulness, seasonal celebrations, retreats in Nature. In London, there is a monthly gathering to support leaders in local Transition initiatives; other groups have mentoring systems.

Unlike often predicted, this movement is not limited to the wealthy countries that have come full curve of industrialisation and can now afford to turn their back on it. It is bubbling simultaneously in Africa and the Middle East, in Latin America and Siberia. The barren island of Gran Canaria, embarks on a community-based campaign to plant a hundred million trees to bring the forests back. Turkey has seen a potent revolution since May last year, based on nonviolence, grassroots empowerment and community celebration, with few precedents in world history. It started with peaceful protests in Istanbul and in no time spread all over the country, with millions participating in public forums and actions. Forceful government clamp-downs were countered with gentleness, humour, and an irrepressible burst of creativity. Istanbul's Gezi Park turned into a huge, vibrant tent city, community facilities sprang up, a library, concerts, movies, food sharing, and all kinds of free services including a vet clinic. Without party flags or slogans, the movement united young and old, the secular and the religious, the soccer hooligans and the blind,

anarchists, communists, nationalists, Kurds, gays, feminists, and students, vastly changing the nation.

Today there are about 1300 'Transition groups' active in 43 countries that form a network, and many more around the world. A parallel development is the spread of **local currencies**. Hundreds such currencies have come up globally. Many of these are officially promoted and some can even be used to pay the municipal taxes (!); some have negative interest, which is particularly effective in keeping the money circulating within the community and thus boosting the local economy.

Another good news is that the UN has recently acknowledged that small farmers, and not agribusiness, are the key to feeding the world. Its Special Rapporteur on the Right to Food has called for *agroecology* to be adopted as its central strategy for addressing climate change and building resilience in the face of water crisis: "It is more than just a science, it's also a social movement for justice that recognises and respects the right of communities of farmers to decide what they grow and how they grow it."

Slowing down, going local, simplifying life - it is not a backward move, but an inward, a qualitative one. Nothing will take from us the privilege and responsibility of a globalised awareness. We will still sign petitions in solidarity with communities in distress elsewhere in the world, and offer whatever modest help we can. But we may discover the joys of an Auroville closer to the dreams that drew us here, shared dreams turning into joyful reality...

*Suggested viewing on youtube: 'L'urgence de ralentir' recently shown by French Pavilion (German: 'Schluss mit Schnell'). 'Humans Need Not Apply'.*

*Green Center invites you to share 'anything green' for a healthy Auroville. Bioregion and beyond: avgreencenter@auroville.org.in  
For Green Center - Jasmin, Lisbeth, Bridget*

# Notes

## On the conditions for being a volunteer (Part 1)

*I Dream a private dream of returning to my Eden, there no effort is required not even courage. M.F.*

I came to Auroville in January 1992 after four years at the J. Krishnamurti School in UK, I had discovered Mother and Sri Aurobindo and Masanobu Fukuoka and I knew Auroville was to become my home.

I searched out Annapurna and told Tomas I wanted to live here; he said come for a few days and we will see. I came and I stayed. I remember going to the entry group, then in Bharat Nivas, and meeting Young Mi, telling her I wanted to become an Aurovillian. She said, "How do you know?" and I just said I knew. I had no money, I was working full-time at Annapurna with the dream of Auroville in my heart; no money was asked.

I started Solitude in 1996 with a few other Auroville youths and myself. The farm has slowly evolved into a place that focuses on trying to bring local food to the community in diverse ways, as much through permaculture and education as through social action, community events, lunch schemes and baskets etc.

It was the very nature of Auroville that allowed me the freedom to discover all this and allowed it to manifest; Auroville afforded me the space to grow and explore and find my way.

Part of this way has been to welcome volunteers to come and help, learn and share their skills to help build the farm and thus contribute to building Auroville. I have had volunteers who paid nothing, volunteers who had nothing, volunteers who knew nothing, and volunteers who brought a wealth of experience. I have had volunteers who have funded the windmill, volunteers who have brought irrepressible joy, smiles and community skills, and volunteers who have gone on to be Aurovillians.

I have always said, this is a farm, and if you want to stay here, be engaged full-time. If you are tired take rest, if you are sick get well, and if you need to go and do something then go and do it. Generally, these days we have a very conscientious group of people who come and are very much engaged with us, again many of them bringing with them valuable resources - skills, knowledge, energy, goodwill and enthusiasm.

I have just read the new conditions for what was previously called the guest waiver. A guest who came to Auroville and worked a certain amount of hours used to be given a guest waiver, as far as I remember it was 5 or 6 hours a day, which was called "full-time". Now there are to be no more guest waivers, and all volunteers and interns will pay a "volunteer contribution" of Rs 900 /month, as long as they are registered in Savi for a service in an Auroville activity exceeding 60 days and 18 hours per week (3 hours per day)." There are

variations on this, but this is the best deal a volunteer receives. It is up to the farm, service or unit to offer any benefits to the volunteers (!).

At solitude, we ask our volunteers a contribution for the accommodation and the lunch we offer. This contribution helps us pay wages and bills for such things as solar pump and panel repairs, windmill bills (which can be huge), and buildings in need of repair and development, etc. There is generally little money left over for development, except from the money that comes from the festival (one of the reasons why we run the festival). Volunteers, who show commitment and bring some special skills to the farm, stay for free, usually after a trial period of a month.

Now if you were joining a project working as a full-time volunteer for six months, and you were going to be taxed for it, how would you feel?!

With all my heart,  
Krishna (Solitude)

## Star Fish

*"Reach for the stars!" (a common motto).*

Recently I came across the corpses of some dry fish on the beach near Quiet. The ocean breezed near me and I thought: "I have also come to my ancient home. A long time ago all life on the planet was only in the ocean. The Aurovilians' ancestors (Pra-Aurovilians) lived at its bottom. If they gathered for a General Assembly, they did not use motorbikes but fins and tails".

For ocean Homo sapiens is a wrong child. It is devastating the planet - ocean too, polluting Earth. Sometimes I think that the bodies of the dry star fish on the beach near Quiet may belonged to the last living star fish in the ocean. This beach is a fishermen's kingdom. They are bringing their nets on the shore, taking fish and putting on sand "waste" - mollusks, sea urchins etc. Among the garbage there are a lot of the shells.

The ocean is a great artist. Its shells are beautiful like butterflies or stars. They have fantastic forms and colors. I collected some shells, kept them near my house in Aspiration community and every day received the miraculous pleasure to see these ocean's wonderful masterpieces. I feel at this time that I'm reaching for the stars. Like the visionary John of Patmos I can say: "And I saw a new heaven and a new earth..."

Aurovilians love Nature, respect it. But mankind is so aggressive! Margulis in his book "The Symbiotic Planet" wrote: "We need to protect us from ourselves". The wisdom is not in aggression but in Divine Love. In my dream the star fish's spirit appeared and whispered: do you know Rumi's (1207-1273) words?

*You will be like the tree of life / Your leaves, trunk, branches / And the blossoms of your soul / Will be fresh and beautiful.*

Thank you, star fish and Rumi!

Boris

## Reflections on the Two Korean Evenings in Auroville

About 5 years ago, the Korean Pavilion had organised a Korean Evening at the open space in the Town Hall. This Thursday 27th, they again organised a Korean Evening, this time at the Unity Pavilion. Both the events left their imprint on me. Below, my reflections of them.

**The Noreum Muchi - New Wave Korean Music Group: Nov 2014**

Korea (South Korea) may be a highly industrialized country but its true genius may be somewhere else.

The Noreum Muchi - New Wave Korean Music Group brought to the fore the simple joy of life, the celebration of existence. According to Sri Aurobindo, behind the cosmic manifestation, behind everything including behind the suffering there is Delight. Well, it seemed to me that Noreum Muchi tried to express, in human terms, the simple joy behind life, behind existence, even behind what we know as tragedy. The images that come to me are: the fishermen's ships going to sea, the rural life, the peasant life, the countryside life, the uncomplicated life and its elation. All these were captured in lively music and sung in passionate words.

Of course, there was talent and a remarkable artistic talent.

And there was a fine beautiful sensibility. The team leader (Kim?) made it clear more than once that they were conscious of being at a special place, and not just another city of south India. "Auroville - I like", he said. "Auroville - I love" and then, before starting an extraordinary drum melody, "Auroville, I live here" and a few moments later, "I want to...". Sweet-sounding indeed. The Sound of music mingling with the sound of words.

Similarly, after the drum melody, the team leader pointed out the cultural connection between Korea and India by saying that the drum has its lineage to India.

Towards the end, the audience caught the wave...For some moments, the audience became the orchestra and they became the conductor!

The representative of the Consulate General from Chennai had said in the beginning, "this would be a rare evening, a memorable evening". The words came literally true! It was indeed a rare evening.

Thank you, Kim, Thank you, Noreum Muchi. Thank you, Korean Pavilion Group, Thank you, Korean Consulate General, Chennai.

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**Korean Evening at Town Hall some 5 years back (Wrote the following about a year after the programme and publishing it here for the first time)**

One of the most memorable cultural evenings that I ever attended in Auroville was Korean Evening at Town Hall. At the end of the last volume of the Mother's Agenda, Satprem narrates what he called his most stupendous experience when the Mother left her body:

*"Then she lifted me in her arms. She lifted me above my headache, lifted me above that crowd, above all those meaningless little bodies. And I was in a sound-burst. I entered a stupendous peal of bells - vast as the universe, exceeding all universes, all lives, all bodies, and yet WITHIN - A colossal ringing that swept away the worlds, swept away the pains, swept away the whys and the hows; I was one with that formidable SOUND ringing over the universe:*

*NO OBSTACLE, NOTHING WILL STOP*

*NO OBSTACLE, NOTHING WILL STOP*

*NO OBSTACLE, NOTHING WILL STOP...*

*... ringing and ringing. The whole world was ringing in a torrent of rapturous, irresistible, triumphant joy. NOTHING WILL STOP.... It was the inevitable new world. "*

Well, in the Korean Evening in Auroville, it was as if the young Korean Aurovilians and their friends unknowingly were trying to materialise something of that experience! Emerging from the corners with their joyous and confident persona, they marched with "stupendous peal of bells" - "a colossal ringing" - which, it seemed to me, annulled, "swept away" "the pains", "the whys and the hows". It was as if the soul of Korea was saying "There is nothing but Divine's Victory and Joy!" It was as if the heart of the Korean people was saying "After all this senseless suffering, division, war and tension that the country underwent and still undergoing, the days of glorious peace and light are sure to come, nay, they have arrived!"

The memory of that Korean Evening at Town Hall, in Auroville moves me to the core!

*Note: My above reflections were sent to the Korean Consulate in Chennai by the Korean Pavilion, Auroville, who wrote to me expressing his hope that "Korean cultural performances can be introduced to Auroville more frequently than before."*  
Aryadeep

## For your calendar



### AMPHITHEATRE - MATRIMANDIR

*Amphitheatre Team*

Meditation with Savitri read by Mother to Sunil's music

Every THURSDAY at Sunset - 5.30 to 6.00 pm (*weather permitting*)

Enjoy the beautiful open space, an immense sunset  
and heavenly music in the very Center!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone not to use cameras, cell phones, etc.

Dear Guests, please carry your guest cards and note that access is only for the Amphitheatre, from 4.45 to 6.00 pm. Thank you!

### SILENT MEDITATION FOR AUROVILLE

Let's meet as usual under the Banyan tree Matrimandir, every Thursday 5 to 5.30 pm.

We will concentrate on this phrase:

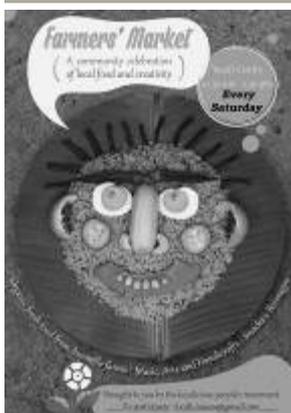
"Please Mother, help us to open ourselves to the Divine Consciousness, thank you"

Then you can listen to Mother recite Savitri at the amphitheater, at 5.30 pm.

Thank you for being together

*Veronique J*

## INVITATIONS



### FARMER'S MARKET AND COMMUNITY FESTIVAL

YOUTH CENTER, SATURDAY DEC. (10:30 AM - 2:30 PM)

For the winter season, the Farmer's Market at the YC will now be held on a **weekly basis** - every Saturday (however, it will be cancelled in case of rain!!)

On Saturday Dec 20, the farmer's market will be held in conjunction with the Christmas Fair at the YC. Once again, we would like to invite the participation of farmers, cooks, eco-warriors, handicraft artists, singers, musicians, and volunteers.

Looking forward to meeting you at this eco-friendly, family-friendly, community-building event :)

Love and light,  
*The Localicious Auroville Team*

### OPEN HOUSE AT KINDERGARTEN

Everyone interested is warmly invited to the open house at the Kindergarten (Center Field) on **Friday 19th of December from 1.30 to 4 pm.** and on **Saturday 20th from 9 to 12.**

Please come and visit all the colourful rooms with the works and photos of the children of Auroville !

## THE GREGORIAN SAVITRI

Sri Aurobindo's *Savitri* set to Gregorian Chant

Heather Lee and Dr Kim Cunio  
Thur Dec 18: 5.30-6.30 pm Savitri Bhavan

Experience *Savitri* as you never have before. Australia's acclaimed early music ensemble Kim Cunio and Heather Lee are currently setting parts of *Savitri* in traditional Gregorian modes as well as the later modes of the Cathedral of Notre Dame in Paris and those of the acclaimed mystic composer Hildegard of Bingen (1098-1179). This one hour concert is a prelude to a long term project to chant the entire text, and you are invited to see the birth of something quite new.

Bring your copy and follow the text as it is chanted.

*Heather Lee has Australia's finest high voice and has performed at the Whitehouse, the Olympic Games, the United Nations and many festivals, singing everything from opera to early music. Dr Kim Cunio is a leading composer, researcher and performer of sacred music and has been commissioned to set many of the world's spiritual treasures to music including the Dead Sea Scrolls, the Khalili collection of Islamic art and the Louvre's collection of Egyptian antiquities. For more information: [www.kimcunio.com](http://www.kimcunio.com)*

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### ACCESSIBLE AUROVILLE PRESENTATION

We warmly invite everybody to the presentation of the booklet "Just...Follow me"  
A journey to accessibility via cartoons and comics on Sunday 21<sup>st</sup> December 2014 at 5 pm at Unity Pavilion.  
To make the event more joyful Carla, Marlenka and Swaha will sing Italian, English and French songs.

Susmita for Accessible Auroville Team  
[accessibleauroville@auroville.org.in](mailto:accessibleauroville@auroville.org.in)

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### NANDANAM KINDERGARTEN OPEN HOUSE

Please join us on Monday 15th and Tuesday 16th December between 10.30 am & 2.30 pm, to have a delicate peep into the joyful world of our children - full of beauty and wonder!  
*Nandanam Kindergarten Team*

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### CELEBRATING THE 10TH BIRTHDAY OF TSUNAMIKA

@ Bharat Nivas in Auroville, 10.1.2015, Saturday  
All are welcome!!

By 2015 Tsunamiika is completing ten years and the journey had been incredibly enriching. More than 6 million dolls were made and distributed across 80 nations through a global network of countless volunteers. The huge intangible wealth of positive emotions she has set in motion. Tsunamiika story book received UNESCO recognition and was translated into German, Russian, Danish, French, Tamil and Spanish and Tamil Nadu State School Board has included the story in the school curriculum. The project became a case study in the National Institute of Fashion Technology (NIFT), New Delhi, for Design and Social Responsibility and Uma was given award of excellence. At present around 100 ladies are making the dolls and Tsunamiika continues to surprise Uma even now.

#### Celebrating the 10th birthday

On the 10<sup>th</sup> of January 2015 Upasana celebrates Tsunamiika's 10th birthday with a few hundreds ladies and guests, friends of Tsunamiika inside and outside. Many artists, schools volunteers, well-wishers will be seen joining us that time in auroville.

It is an incredible site for binding human emotions, hope and unconditional giving.

We need help, please contribute generously towards event expenses.

We are expecting 2.9 lakhs as expenses - we have already received 50,000Rps but we need some more.

Please contribute to the Tsunamiika account: # 0424

For more details write to us @ [Office@upasana.in](mailto:Office@upasana.in)

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### UNITY PAVILION CHRISTMAS EVENT ON 24.12

Also this year we want to celebrate Christmas at Unity Pavilion. We are looking for people who love to sing and help to prepare some songs for that occasion. Nice would be to have Christmas songs in different languages and peace songs from all over the earth.

If you are interested please contact Unity Pavilion/ Shivaya. [shivaya@auroville.org.in](mailto:shivaya@auroville.org.in),  
944 3621742. Thanks!

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### FASHION FIESTA

A day with stylist, dressing up in organic cotton, creating social impact while dressing,

**Upasana invites you to join for a fashion party on Friday the 19th**

You can model yourself with the help of our stylist and walk away home with clothes. This event will run on gift economy so no conventional billing. You are welcome to contribute generously as your contribution will help sponsoring the Tsunamiika event.

See you at Upasana

Friday --19th Dec / Time -- 2 pm to 6 pm

The show is at 4 pm

To sign in, please write to us: [office@upasana.in](mailto:office@upasana.in)

## LAUNCHING OF THE BOOK ABOUT THE BUILDING OF MATRIMANDIR



Le Centre d'Art des Citadines in Auroville is glad to invite you to the launching of the book about the building of MATRIMANDIR  
The presentation will happen at les Citadines (first floor)  
**Saturday, December 20<sup>th</sup>, 2014 from 4:00 pm to 7:00 pm.**  
Created with the photographs made by Dominique Darr, (1972 to 2008) the book documents the construction from the excavations to the golden discs.  
The original bilingual publication (French-English), comprises 200 pages, and as many pictures (colour and black & white).  
All are heartily welcome.  
*Refreshments will be served.*

## EXHIBITIONS

- VOLKER'S COLLECTION - OPENING 3PM, SATURDAY, DECEMBER 13<sup>TH</sup> AT PITANGA



**aurelec**  
*Cafeteria & Art gallery*

## EXHIBITION OF ORIGINAL JAPANESE WOODBLOCK PRINTS

Woodblock printing in [Japan](#) ([Japanese](#): 木版画, *moku hanga*) is a technique best known for its use in the [ukiyo-e](#) artistic genre; however, it was also used very widely for printing books in the same period. [Woodblock printing](#) had been used in China for centuries to print books, long before the advent of [moveable type](#), but was only widely adopted in Japan surprisingly late, during the [Edo period](#) (1603-1867). Although similar to [woodcut](#) in western [printmaking](#) in some regards, the moku hanga technique differs in that it uses water-based inks, in contrast with western woodcut, which more often uses oil-based inks. The Japanese water-based inks provide a wide range of vivid colours, [glazes](#), and transparency.

Open from 8 am to 5 pm



## CULTURAL EVENTS

### “Le Zephyr Café” LIVE MUSIC NIGHT WELCOMES

Young voice talent *Victoria Cortes*, performing classic jazz tunes and soulful ballads accompanied by *Rolf* on swinging guitar.  
See you all on Saturday Dec 13, at 7pm  
(Le Zephyr Café, VC)

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## ACOUSTIC GUITAR CONCERT WITH BHRIGU SAHNI

8 pm Friday, December 19th at Pitanga Cultural Centre

Bhriгу Sahni based in Brooklyn, New York is known for his incredible musical versatility, employing alternative techniques on the acoustic guitar to create soundscapes that have captivated audiences worldwide. Inspired by the minimalist music of Michael Hedges, drawing from Sufi music and flamenco techniques to the ancient art of Indian raga tradition, he incorporates alternative tunings on the guitar, to create a sound that is spiritually charged.

A graduate of Berklee College of Music in Boston, Bhriгу brings with him the vitality of numerous creative collaborations having performed with Meshell Ndegeocello, Karsh Kale, Angelique Kidjo at venues such as Carnegie Hall.

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### CLASSES, WORKSHOPS

#### ODISSI CLASSES AT SKANDAVAN

In addition to the group Odissi class at Pitanga on Fridays, an additional beginners' class is being offered by Rekha Tandon on Thursdays at Skandavan (near Auroville Botanical Gardens). If you would like to attend, please contact Rekha at 9442143559. For directions to Skandavan, or any assistance in coming here the first time, please call Deepak at 8098296647. For more information on Odissi, Odissi related projects and Rekha please visit: [www.danceroutes.com](http://www.danceroutes.com). Private classes are also available on request for beginners and advanced students.

#### WELLPAPER WORKSHOP

**Wednesday 17<sup>th</sup> - Skills Handicraft Arts Recycle Education**  
You are invited for a 3-hour introductory workshop to create art and products from waste (mainly recycled newspaper).

#### Paper Mache Introductory workshop-

In this workshop you will learn the making and usage of colored paper pulp. You will be guided through the process of cutting and shaping a serving bowl from a waste card board on which you will apply the pulp in your own design. We will show you how to manipulate and smooth the pulp into the shape of a bowl. Depending on the weather it usually takes an average of two days for the bowl to dry.

The workshops are instructed by WELL women from the villages around Auroville. These women are very well practiced. These women have teaching experience in and out of AV.

Contribution: Rs.500 for guests. All the workshops has a minimum of 6 participant registered.

The workshop will take place every Wednesday between 9:30 to 12:30.

The workshops are instructed by WELL women from the villages around Auroville. These women are very well practiced. These women have teaching experience in and out of AV.

Contribution: Rs.500 for guests. All the workshops have a minimum 6 participant registered / The workshop will take place every Wednesday between 9:30 to 12:30.

Wellpaper is also conducting art workshops which are still not scheduled. Please email us for further information.

If you would like to join us please email us to: [wellpaper@auroville.org.in](mailto:wellpaper@auroville.org.in) / or call 0413-2622219.

*With Love, Wellpaper team*

#### RESCHEDULED - LOCALLY GROWN VEGETABLES - SESSION 8

*A series of "learning to cook, prepare and taste sessions"*

The eighth session scheduled for the 29th of Nov was postponed due to the rain.

It will now be held on **13th of December 2014 (Saturday)** at 10.30 am, at Life Education Centre, opposite Isaiambalam School.

*Come to learn the preparation of: Elephant Yam Eriseri (traditional Kerala dish of yam with coconut and pepper), as*

well as Pepper Jeera Rice (flavoured rice using pepper and cumin seeds).

These sessions are being conducted by **Buvasasundari**.

Looking forward to see you there on **13th of December**, where we will see, learn, do, eat and ask questions!

*Life Education Centre team*

#### INNER-WORK-WORKSHOP

**Introduction to the Integral Yoga of Sri Aurobindo and the Mother**

**17th December (Wednesday)**

•Overview with multimedia presentation• Questions and Answers• Practice in Daily Life• Complimentary Concentration Exercises

•Creative Arts, Interactive Games• Life of Sri Aurobindo and the Mother• Introduction to the Reference Books

Focus this week on: 'Self-realisation'

These Workshops are conducted every Wednesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)

Led by Ashesh Joshi. Contact: 9489147202, 2622922

No Registration required (except for groups). Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit [www.integralyoga-auroville.com](http://www.integralyoga-auroville.com)

#### THE PEAS VS PILLS SEMINAR IS ABOUT ACHIEVING YOUR HIGHEST HEALTH POTENTIAL

**With Dr. Nandita**

**Date: Sunday 21st December / Time: 9 am - 5.30 pm**

**Venue: Quiet Healing Centre**

**Just one day of your time can make a lifetime of a difference**

Most of us look after our vehicles, clothes or possessions better than we look after our own body. The irony is that those things are replaceable but our body is not. But it is possible to change our ways, and actually life can be even more enjoyable this way.

**Don't be left behind!** Join the thousands of people, who have done the Peas vs Pills, have lost weight and now enjoy a glowing skin, lots of energy, perfect health and have been able to reduce or stop their medications.

You will learn:

- How the food you eat affects you physically, mentally and spiritually.
- How you can take complete responsibility for your health by understanding the cause of disease and how to eliminate it.
- To transform your life is simpler than you think. You will enjoy delicious meals with simple cooking tips and never look back at your old unhealthy habits.

Don't miss this opportunity to ensure a vibrant health for yourself and your family!

Advance booking is required.

Registrations: Quiet Healing Centre - 0413 2622329, 9488084966 or [quiet@auroville.org.in](mailto:quiet@auroville.org.in)

More information: Dr Nandita Shah 2622637 [nandita@sharan-india.org](mailto:nandita@sharan-india.org)

## DANCE BEYOND!

From Saturday 27 December 2014 to Friday 2 January 2015  
9.00 am - 12 pm (morning) & 7.00 - 10.00 pm (evening)  
5 Rhythms with Romana Tripolt & Trager Bodywork with Martin Steixner

What if we could change ourselves? What if we could live what is true for us? What if we could change our lives? Let us move and dance these questions. Let us use body language to find answers! Let us dance through the gateway of the ending year into a state of consciousness and body awareness that expresses the life we dream of.

The structure of the 5 Rhythms will support our quest. We will investigate one Rhythm every day. There will be a 3-hour dance session in the evening and Trager bodywork along with movement meditation in the morning.

Romana and Martin and a group of inspired dancers will hold you and give you a safe space for your explorations. Beginners and advanced movers are equally welcome - there is nothing else needed than the willingness to move and open up to everything that shows up in the dance.

## BIODECODAGE

For guidance (in French and English) to re-establish the original Well-Being of the body through 'Biodecodage' everybody is welcome.

No request contribution. By appointment: 948 90 35 457 *Nadia (Citadyn) - Submitted by Frederick (Citadyn)*

## COMMUNITY BUILDING WORKSHOP.

Starting Thursday 1<sup>st</sup> of January at 5 o'clock till 7 o'clock in the evening at Nilatangham group room, this workshop will go on for 2 more full days, Friday and Saturday

Community Building is a group process that leads to deeper, more authentic communication. It is based on the principles identified by Dr. M. Scott Peck in his books (The different drum). Experiential in its nature, Community Building is an adventure in human interaction based on a set of guidelines and principles. Participants are gently guided through a process that shows how to look beyond the cultural, political and religious differences that prevent us from embracing our common humanity.

More: <http://fce-community.org>

This workshop is facilitated by Sabine Bartscherer, who guided about 100 groups/communities through the process, (see: [www.netzwerk-gemeinschaftsbildung.com](http://www.netzwerk-gemeinschaftsbildung.com)) supported by Ambre, Aurovilian.

Registration [ambre@auroville.org.in](mailto:ambre@auroville.org.in)

This workshop is embracing all of you wishing to experiment, especially Aurovilians and Newcomers and is on donation basis (costs of it in Europe approx. 120 euros)

## QI YO YOGA.

In Pavilion of Tibetan Culture with Friederike. Tuesdays and Thursdays 9 am to 10.30 am (please note the change of time)

## SOUND AS UNIFIER

Two workshops with the Russian Singing Bells at CRIPA (Kalabhumi) on Mondays

15th December and 22nd December, 5.00-6.30 pm Led by Vera Lipen

Sound operates through the law of Resonance. Resonance eliminates the limitations of the "sender and receiver dynamic." Resonance is where two become one, where minds join. Resonance is, in itself, a state of awareness and experiential knowing far beyond concept and mental, cognitive thinking. On the vibration field-body-time level, resonance is *the experiential state of Oneness*.

The workshop consists of two parts: short performance of the meditative plate Bells music and collective tuning experience. No registration required. Contribution requested from guests.

# SCHEDULES

## WORKSHOPS AND THERAPIES AT VÉRITÉ:

Please contact Vérité to register for the following workshop: 0413 2622045 or [programming@verite.in](mailto:programming@verite.in)  
Contributions requested from guests /volunteers (volunteer reduction by advance application only)

**AN INTRODUCTION TO PNL WORKSHOP - with Christine**  
Friday & Saturday, 19 & 20 December from 9 am to 4.30 pm  
(by Advance Registration)

Quels sont les objectifs de la PNL:

-Vous aider à devenir plus performants quel que soit votre métier.

-Prendre conscience de vos mécanismes limitatifs et réaliser vos objectifs qu'ils soient personnels, familiales, sociales ou professionnels.

-Acquérir des outils concrets et faciles d'application pour perfectionner votre communication.

-Expérimenter de nouveaux modèles performants de changement et découvrir comment utiliser vos ressources et actualiser votre potentiel, dans votre vie personnelle et professionnelle.

- Dans le monde du travail la PNL est utilisée pour la motivation des équipes, l'amélioration de la communication, l'organisation et le coaching.

*Christine Pauchard was certified by INLPTA - International NLP Trainers Association in 2012: NLP Practitioner and has since practiced in New Caledonia*

**INTEGRAL HEALTH & HEALING with Dr. Geeta Auropremi**

Friday 19 December - from 9:30 am to 12:30 pm (24 hour advanced registration required)

A holistic approach to understanding the self and maintaining health, including yoga, ayurveda, diet, pranayama, meditation and naturopathy. Lifestyle guidance is also available for managing specific health issues such as diabetes, hypertension, arthritis, obesity and any type of pain.

*DR. GEETA AUROPREMI has 30 years of experience in Ayurveda, Yoga and Naturopathy. She has an MD in Gynecology and Pediatrics, a YTTTC certificate and diploma in Yoga, and Post-Graduate degrees in Yoga & Naturopathy. She specialized in prenatal and couple education in the government of Gujarat, has offered seminars all over India and in Brazil including the teachings of Sri Aurobindo and the Mother, massages, meditations, purification methods and more.*

**SOUTH INDIAN ORGANIC COOKING with Rajaveni & Suba**

Friday 19 December - from 9.30 am to 12:30 pm (24 hour advanced registration required)

Participants will pick some fresh organic vegetables from the garden with a local team, then learn how to cook them with traditional recipes, and enjoy eating the results!

*RAJAVENI is an Aurovilian who has been coordinating the Vérité kitchen for 20 years, and SUBA has been working there for the last 10 years. Both are Tamil women from the neighboring villages, happy to share the local culture with all.*

## GURDJIEFF MOVEMENTS with Plavan N. Go & Atimoda

Friday 19 December - from 5 to 6:30 pm

The Movements are designed to work simultaneously on body, mind and feeling, and provoke awareness in action. The Movements are opportunities for experimenting with the transformation of energies at both individual and collective levels.

**PLAVAN & ATIMODA** have been leading Gurdjieff Movement internationally for many years.

## LIFE COACHING: HOW TO LEAD A MORE FULFILLED, JOYFUL AND INTUITIVE LIFE: INTUITION - with Julie

Saturday, 20 December from 9 am to 12.30 pm

Life coaching workshops with Julie who will facilitate individual and group exercises to find your own answers to how to live your life to your full potential. You'll come away feeling refreshed and energized to live your life fully, and to set your own conventions.

This workshop we will explore a different theme.

**Intuition:** A session dedicated to finding out how you can best tap into your intuition and how to use it in our daily lives. Intuition is a powerful yet underused force that can inform our decision making. Find out more about where your intuition comes from and what it tells you about your life and relationships.

**JULIE** combines her extensive coaching, yoga and business consulting experience to help clients find a balance between thought and action, between being mindful and practical. She specializes in relationship and career coaching.

## AFFIRMATION DOLLS - with Krupa

Saturday, 20 December from 1.30 to 4.30 pm

Meditation, creativity and play combined: create and customize a small hand-stitched doll figure! Exploration of identity, intention, inner vs. outer self and more. No previous stitching or artistic skill needed. Material fee will cover the cost of the doll form, made by and supporting women from the villages surrounding Auroville.

**KRUPA** is an Aurovilian and International Art Therapist, bridging communities and facilitating insight through creativity. With a graduate degree in Art Therapy from NYC, and experience with children/women with HIV/AIDS, she is currently working with young women from the surrounding villages. She is also trained in Trauma-Informed practices and the combination of Art & Yoga.

## REIKI ENERGY HEALING AND PERSONAL LIFE COACHING with Bob Voermans

Everything in life is energy, so is our body. Good, positive and free flowing energy will give us a healthy and happy life. Blocked or negative energy flow, with unsupportive thoughts and beliefs, can cause physical or emotional problems.

During a Reiki session, I will use universal energy to release energy blocks and balance your energy. This can be combined with personal life coaching for a better understanding.

**Bob Voermans:** has studied Reiki for the past two years in the Netherlands and to Peru. He has a certificate for Reiki levels 1 and 2.

## ENERGY REBALANCING

When you work with me, we look at the condition of your major energy systems/ chakras and how they are influencing the situation in your life (and vice versa). We also check for energy that is not yours at this point in time. We will also look at conditioning from childhood experiences, traumatic events, negative energy interferences, or past life experiences that are associated with these chakras/ energy systems.

By cultivating AWARENESS of this programming and UNDERSTANDING where it comes from, it gives you the power to DETACH from them. We will use techniques similar to those employed in Neuro Linguistic Programming to help you release what is necessary.

Throughout the process, we balance energy system/ chakras using various light frequency energies.

**Neeta Maharaj** is an intuitive, energy healer, and past life regression therapist. Her work is a combination of modern

psychological techniques, which work in parallel with traditional psychic work. She is a licensed minister and certified practitioner through the Dolphin Star Mystery School in Mt. Shasta, California.



## PITANGA NEWS

**EXHIBITION - VOLKER'S COLLECTION - opening 3pm**, Saturday, December 13th

**FILM- THE PERCEPTIBLE BREATHE** - A film portrait of Ilse Middendorf - Sunday Dec 14th at 4 pm. In German with English subtitles, presented by the German pavilion

## WORKSHOP - ANATOMY THROUGH SOMATIC MOVEMENT

Sunday, Dec 28<sup>th</sup>, 9am - 4.30pm (especially for yoga practitioners)

Facilitated by Francesco, a certified Somatic Movement educator and Awareness through the Body practitioner. This workshop wants to give an opportunity to people who regularly practice any kind of physical discipline to expand or clarify their anatomical knowledge of the body. During the workshop there is going to be an alteration between theoretical explanations (with the aid of screened pictures and videos), and self-sensing through gentle, sensitive, and simple movements. There will also be some partner work, breathing explorations and deep relaxation. Registration is necessary at Pitanga reception, see below for details.

**CLASSES - ABDOMINAL TONING** with Jean Luc in French - beginners level Weds 17.00pm and intermediate level Sat 17.00pm

**YOGA FOR PREGNANCY** with Appie resume on Thursday at 9.30am

**IYENGAR YOGA** with Angela and Tatiana resume from Saturday afternoon December 13th as follows:

Āsanas	beginners (regular)	Mon	07.30	-Tatiana
	students)		09.00	
Āsanas (*)	intermediate (regular)	Mon	17.00	-Tatiana
	students)		19.00	
Āsanas	drop in all levels	Tues	11.00	-Angela
			12.00	
Āsanas	beginners(regular)	Tues	15.30	-Angela
	students)		17.00	
Pranayama	regular students	Tues	17.00	-Tatiana
			18.30	
Āsanas	fordrop in all levels	Wed	07.30	-Angela
women			09.00	
Āsanas	beginners (regular)	Wed	11.00	-Angela
	students)		12.30	
Āsanas(*)	advanced (regular)	Wed	17.00	-Tatiana
	students)		19.00	
Āsanas	forintermediate (regular)	Thurs	07.30	-Tatiana
women (*)	students)		09.15	
Āsanas	drop in restorative	allThurs	15.30	-Angela
	levels		16.30	
Āsanas	beginners(regular)	Thurs	17.00	-Tatiana
	students)		18.30	
Āsanas	for thedrop in all levels	Fri	07.30	-Tatiana
spine			09.00	
Āsanas	intermediate (regular)	Fri	17.00	-Angela
	students)		18.45	
Āsana-	openintermediate (regular)	Sat	07.30	-Tatiana
practice (*)	students)		09.30	
Āsana	drop in all levels	Sat	10.30	-Tatiana
			11.30	
Āsanas	for thedrop in all levels	Sat	16.30	-Angela
spine			18.00	

For further details or workshop registration, please contact Pitanga, Samasti, Auroville, tel: 0413 2622403 or email: [pitanga@auroville.org.in](mailto:pitanga@auroville.org.in)



C I N E M A - Bharat Nivas - AUDITORIUM

FRIDAY 19th DECEMBER- 7:30 PM (Film show starting at 7.45 sharp)

**"BREATH OF THE GODS"**

Director: Jan SCHMIDT GARRE -Germany, 2012

Synopsis: Modern yoga, that is, the form practiced daily by tens of millions of people around the world, goes back directly to Lord Shiva according to the Indian tradition. At the same time, however, modern yoga originated in the early 20th century, a creation of Indian savant T. Krishnamacharya (1888-1989). That story is far less known and is what this film is all about.

Krishnamacharya's life and teachings are seen through the eyes of the director Jan Schmidt-Garre on his search for authentic yoga. His journey leads him from the legendary students and relatives of Krishnamacharya's to the source of modern yoga, at the palace of the Maharaja of Mysore. From Pattabhi Jois Jan learns the "Sun salutation", from Iyengar the "King of Asanas", the headstand, and finally Srihashyam reveals to him his father's secret "Life Saving Yoga Session".

Original English version with French Subtitles - Duration: 1h.46'



**THE ECO FILM CLUB**

Sadhana Forest, December 19th, Friday at 7 pm

**Il était une forêt - 'Once Upon a Forest'**

2013 - 78 min. Directed by Luc Jacquet, in French w/ English Subtitles

Written and directed by Luc Jacquet (the creators of March of the Penguins), "Once Upon a Forest" invites the spectator into a never-before-seen world of natural wonder and staggering beauty. For the first time, we will be able to watch a rainforest growing before our eyes. Drawing on a vast fund of research and knowledge, it will lead viewers on a journey into the depths of the tropical jungle, into the very heart of life on earth.

Pioneering botanist and ecologist Francis Hallé guides us through this extraordinary exploration of the prehistoric rainforests, the great green lungs of our planet. It is a unique voyage into a completely untamed universe, a world of perfect balance in which each living thing - from the smallest to the largest - plays an essential role. The film will deliver a complete sensory immersion in the primeval splendour of one of nature's richest mysteries, inviting the audience to enter, discover and marvel at a universe of untold treasures while joining its voice to the ever growing awareness of the need to preserve our world.

*Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work!*

*After the film you are welcome to join us for a free 100% vegan organic dinner!!*

*Free bus service to the TOUR OF SADHANA FOREST and the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 16:00 and RETURN FROM SADHANAFORREST: 21:30*

*Free bus service to the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 18:00 and RETURN FROM SADHANA FOREST: 21:30*

*The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or [sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in)*

**VISITOR CENTER MOVIE SHOW  
ZEPHIR**

Thursday, 18th December 8pm

**DIL CHAHTA HAI**

3 hrs 5 min (english subtitles)

Three young men Akash, Sameer, and Siddharth are close friends, but their tastes and characters are completely incompatible. So when Siddharth falls in love with a much older woman, Tara, a woman who has been unsuccessful in keeping her marriage intact as well as being alcohol dependent, the rift between the trio widens, forcing them to part company. Years later, the trio will be re-united, they will be much more mature and understanding, but will they still accept Siddharth love for Tara, especially when they themselves have fallen in love with women around their respective ages?

**VISITOR CENTER MOVIE SHOW**

25th December Thursday 8 pm

**TEENAGE MUTANT NINJA TURTLES (2014)**

Genre: Adventure/Sci-Fi - Rated: PG13 / Dur: 101 min /

Language: English/Subtitle: English

Cast: [Megan Fox](#), [Will Arnett](#), [William Fichtner](#) / Dir: [Jonathan Liebesman](#)

Storyline: Darkness has settled over New York City as Shredder and his evil Foot Clan have an iron grip on everything from the police to the politicians. The future is grim until four unlikely outcast brothers rise from the sewers and discover their destiny as Teenage Mutant Ninja Turtles. The Turtles must work with fearless reporter April O'Neil and her cameraman Vern Fenwick to save the city and unravel Shredder's diabolical plan.

26th December Friday 8 pm

**EARTH TO ECHO (2014)**

Genre: Sci-Fi/Drama/Adventure - Rated:PG13 / Dur:1.31min /

Language: English/Subtitle: English

Cast: [Teo Halm](#), [Astro](#), [Reese Hartwig](#) / Dir: [Dave Green](#)

Storyline: After receiving a bizarre series of encrypted messages, a group of kids embark on an adventure with an alien who needs their help.

**AT SAVITRI BHAVAN**

Monday, 15<sup>th</sup> of December 2014, at 6:30 pm

**SHRI KIREET JOSHI: "LET US WORK TO RESTORE THE VEDA, Part 5 - THE SEVEN RIVERS, 2"**

The knowledge of 'science of living' is a particularity of the Veda. The knowledge is all comprehensive and the aim is immortality. It also gives the knowledge how the mortal becomes immortal here on earth.

Shri Kireet Joshi continues to read and comment on the verses 9-14 of "The Seven Rivers" where are described the growth of Earth and of man towards a Life Divine with the help of the Divine, the Gods and the cosmic powers, "By his helpful comrades and by the Mighty Ones of Heaven he found Him moving in the secret places of existence". There are specific relations and levels between the individual and the Divine towards the Supreme Reality.

On the question "How should one live his life according to the Vedas?" Shri Kireet Joshi is elaborating at the beginning of the talk. Duration: 88:00min.



# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film programme 15 December 2014 to 21 December 2014

**Foodie Film Series: Experts says that more than harnessing fire, what truly allowed us to become human was cooking! Without cooking, a person would have to eat around five kilos of raw food to get enough calories to survive! It allows humans to spend least amount of time eating compared to any others warm bodied animal - allowing humans time for community, social activities, art, and culture...But cooking / food / food sources by themselves can be a passion, livelihood, statement, and art. In this last series of the year we bring the foodie in you a delicious gastronomic series!**

**Foodie Film Series - Monday 15 December, 8.00 pm:  
TAMPOPO**

Japan, 1985, Writer-Dir. Jūzō Itami w/ Ken Watanabe, Tsutomu Yamazaki, Nobuko Miyamoto, and others, Comedy, 114mins, Japanese w/ English subtitles, Rated: NR (PG)  
*How can one introduce a gastronomic series without this film from the unique genre of "Food Western"? In this humorous paean to the joys of food, the story is about trucker Goro, who rides into town like a modern Shane to help the young woman, Tampopo set up the perfect noodle soup restaurant. Woven into this main plot are a number of sub plots intertwined with various vignettes about the relationship of love and food. If you have not watched this classic ever you must come! If you have watched it before, sure you will come again!*

**Foodie Film Series - Tuesday 16 December, 8:00 pm:  
SPINNING PLATES**

USA, 2012, Writer-Dir. Joseph Levy w/ Grant Achatz, Cindy Breitbach, Mike Breitbach, and others, Documentary, 93mins, English w/ English subtitles for non-English conversations, Rated: NR (PG)  
This much acclaimed film is about three extraordinary restaurants and the incredible people who make them what they are. A cutting-edge restaurant named the seventh-best in the world whose chef must battle a life-threatening obstacle to pursue his passion. A 150-year-old family restaurant still standing only because of the unbreakable bond with its community. A fledgling Mexican restaurant whose owners are risking everything just to survive and provide for their young daughter. Their unforgettable stories of family, legacy, passion and survival come together to reveal how meaningful food can be, and the power it has to connect us to one another.

**Foodie Film Series - Wednesday 17 December, 8.00 pm:  
ETZ LIMON (Lemon Tree)**

Israel-Germany-France, 2008, Dir. Eran Riklis w/ Hiam Abbass, Rona Lipaz-Michael, Ali Suliman, and others, Drama, 106mins, Arabic-Hebrew-English w/ English subtitles, Rated: NR (PG-13)  
Salma Zidane, a widow, lives simply from her grove of lemon trees in the West Bank's occupied territory. The Israeli defense minister and his wife move next door; the Secret Service orders the trees removed for security. The stoic Salma seeks assistance from the Palestinian Authority (useless), Israeli army (dismissive), and a young attorney, Ziad Daud, who takes the case; this older client attracts him. While the courts deliberate, the Israelis fence her trees and prohibit her from entering the grove. As the trees wither, the defense minister's wife and, separately, an Israeli journalist, look on Salma with sympathy. In this allegory, does David stand a chance against Goliath? *It is a wonderful and humane tale!*

**Foodie Film Series - Thursday 18 December, 8.00 pm:  
THE HUNDRED-FOOT JOURNEY**

India-UAE-USA, 2014, Dir. Less Hallstrom w/ Helen Mirren, Om Puri, Manish Dayal, and others, Comedy-Drama, 122mins, English-French-Hindi w/ English subtitles, Rated: PG  
The family of talented cook from India, Hassan Kadam, has a life filled with both culinary delights and profound loss. Drifting through Europe the Kadams arrive in France. A chance

incident lands them in the village of Saint-Antonin-Noble-Val, which inspires Papa Kadam to want to set up an Indian restaurant there. Unfortunately, the spot he could afford to start his venture puts him in direct competition with the snobbish Madame Mallory's acclaimed haute cuisine establishment across the street. Albeit reluctantly, what ensues is a journey that changes all involved through their passion for food.

**International - Saturday 20 December, 8:00 pm  
TUSEN GANGER GOD NATT (1000 Times Good Night)**

Norway-Ireland-Sweden, 2013, Writer-Dir. Erik Poppe w/ Nikolaj Coster-Waldau, Juliette Binoche, Maria Doyle Kennedy, and others, Drama, 117mins, Norwegian-English w/ English subtitles, Rated:NR (PG)

Rebecca is one of the world's top war photographers. She must weather a major emotional storm when her husband refuses to put up with her dangerous life any longer. He and their young daughters need Rebecca, who, however, loves both her family and her work...

**Children's Film - Sunday 21 December, 4:30 pm  
A CHRISTMAS CAROL**

USA, 2009, Dir. Robert Zemeckis, w/ Jim Carrey, Gary Oldman, Colin Firth, 96mins, Animation-Comedy-Drama, English, Rated: G

An animated retelling of Charles Dickens' classic novel about a Victorian-era miser taken on a journey of self-redemption, courtesy of several mysterious Christmas apparitions.

**Jim Jarmusch Film Festival @ CINECLUB**

Jarmusch has risen quickly to the forefront of young, independent filmmakers. The focal point of all his work is the apparent contradiction that exists between the popular perception of the American Dream and what that dream actually holds for the individual who doesn't quite fit in. A product of contemporary American film school, Jarmusch incorporates a sense of film history, style, and awareness in his filmmaking approach. The tradition which he has chosen, offering him the most freedom, is that one that was established by filmmakers like Chabrol, Godard, and Truffaut in the 1950s and 60s.

**Ciné-Club - Sunday 21 December, 8:00 pm:**

• **STRANGER THAN PARADISE**

USA, 1984, Dir. Jim Jarmusch w/ John Lurie, Eszter Balint, and others, Comedy-Drama, 89mins, English w/English subtitles, Rated: PG

A self-styled New York hipster is paid a surprise visit by his younger cousin from Budapest. From initial hostility and indifference a small degree of affection grows between the two. Along with a friend, they eventually end up visiting their aunt in Cleveland and then proceed to Florida where they lose all their money gambling before unwittingly gaining a fortune. The movie began as a short subject, made possible by the director Wim Wenders who gave Jarmusch a supply of film stock left over from one of his projects. It went on to become one of the most influential movies of the 80s, casting a wide influence on generations of independent American filmmakers to come.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

*Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium. As a courtesy to fellow viewers please be sweet and stop chatting after the film starts.*

For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in).

## ACT NEW TIME TABLE

**EARLY TRIP (daily except Tuesday).** This service is conditional to MM being open to visitors.  
**Usually not running on rainy days (enquiries: 2622235)**  
7:45 AM from Transport Service near Certitude Corner, opposite to Gas Service  
12:00 Noon from Pondy rue St Louis (beach end of J.N. Street) opposite Ashram playground

### SHOPPING TRIP

**Tuesday**  
8:50 AM from Vêrité  
12:00 Noon from Pondy Manakula Vinayagar Street (Ganesh Temple Street)

### AFTERNOON TRIP

**Monday**  
2:50 PM from Vêrité  
6:00 PM from Pondy Manakula Vinayagar Street (Ganesh Temple Street)

### Wednesday and Friday

4:30 PM from Vêrité  
8:00 PM from Pondy Manakula Vinayagar Street (Ganesh Temple Street)

**Please Note:** In case the ACT bus is not available as per the time table please be on the lookout for a replacement by Auroville Jeep or Van, we will ensure that a small white and orange sign is visible on the replacement vehicle.  
All trips are paying trips and ACT welcomes your contribution everyday on every trip. ACT maintains its voluntary contribution policy aligned with Auroville's utopia, ideals and aims. At present it is YOUR contribution ALONE which keeps the service afloat. Travel passes are available from Financial Service (Town - Hall & Aspiration) and Guest Service (above the Solar Kitchen). For more information contact ACT (0413) 2622962 or [act@auroville.org.in](mailto:act@auroville.org.in)

### Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:** Material (no pdf files, please) may be sent (in English only) to the *N&N* email address (below).

*NB: Messages with large attachments (more than 1 MB) will not reach our inbox.*

**Please try your best to send your announcements, reports, film schedules whenever they are ready.**  
**The Wednesday deadline (11am) is absolute as the News is given to the printers by Wednesday 2 pm.**

Any modifications of the submitted *News* items have to be sent to the editors before Wednesday.

**We regret not being able to attend to visitors on Wednesdays due to work pressure.**

**Articles for the Notes section** should ideally be no longer than 500 words. All articles need to reach us by Tuesday noon.

**Work groups please note:** Long reports (more than one page) or reports that contain graphs or have specific requirements, need to reach **the N&N desk latest by Tuesday noon**. If such a report comes on Wednesday morning without prior notice, the editors cannot guarantee placement the same week.

**Visiting hours:** Mondays, Tuesdays 9 am to 12; **No visitors on Wednesday**. Please, no dictations over the phone unless it is an emergency or you have a medical problem.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The *News & Notes* serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offence caused. In case of any dispute, the Auroville Council may be consulted and publishing of disputed material suspended.

*News & Notes*, Media Centre, Town Hall. Phone: 2622133, email: [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in)



**Tsunami photo contest**  
Giving back smiles

Show us how Tsunami makes you smile

photo submission: 01.-21. Dec 2014  
voting phase: 22.-31. Dec 2014

send your pictures with your name + a short description to [office@upasana.in](mailto:office@upasana.in) or as direct message on FB

The poster features a collage of images: a child in a yellow shirt holding a camera, a woman in a red shirt smiling, and a traditional pink and blue textile figure. The background is light blue and white.

## The French Pavilion, the CIRHU and the Unity Pavilion

present  
Some talks & workshops

«Pioneering Humanity: from the I to the We »

**Saturday 20th December at 5 pm, Cinema Paradiso, Town Hall, talk in French.**

**Saturday 27th December at 5 pm, Cinema Paradiso, Town Hall, talk in English.**

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**Workshops: « Body Plays »**

**Monday, Wednesday, Friday at 7.30 to 9 am at Unity Pavilion starting 15th December.**

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### About Jean-François Noubel

Jean-François Noubel has led the life of a researcher and an adventurer. As a researcher, he manages CIRI -- the Collective Intelligence Research Institute - in charge of scientific research for this new discipline, and its practical applications through technology and methodology. As an adventurer, he travels the planet to meet, learn and exchange with humans, the world and nature. Always wondering how tomorrow's human will live his outer and inner life, Jean-François sees himself as his first research lab, which leads to adopting a lifestyle that may seem sometimes quirky for his contemporary fellows. He always enjoys sharing his learning, the joys and the sorrows, the successes and the failures. Jean-François has notably chosen to live in the gift economy.

More and more humans follow the **perilous journey of inner transformation and awakening**. They want to build a society that embodies the consciousness that animates them; hence they invest themselves in pioneering projects like news cities, new enterprises and new collectives. **New vessels get rigged to reach the shores of the next humanity**. We already know a certain number of things about this new world. Some have reached the shores a long time ago and have lived there. They brought their witnessing and their experience, they made maps. However, no society at large has yet invested this almost virgin world, and no civilization has yet flourished. The big migration awaits us, it has already begun. Aurovilians have placed all their forces in it.

Just like the early aviators who, after their first empirical flights, needed a precise science - aeronautics - today's **humanity pioneers need a new science**, the one of social engineering. **Collective intelligence has this role**, it offers tools, methodologies, a language, and the capacity to ask questions that open to navigation.

### Body Plays

The body offers the ultimate space in which knowledge deploys itself in its live form. The evolution of our collective intelligence and collective consciousness require a progression and a transformation of the body, as well a cultural and technological leap. Our evolution combines these two sides of ultimate reality --inner subjective and outer objective-- that operate like an infinite mirror towards one another.

The body plays we will share invite us to a liberating and joyful exploration of the Self, of its conditioning and potential. We will use martial arts and the way of the warrior to contemplate and play with forces that animate us, go through us, and sometimes destroy us.

Come with sportswear or casual outfit because we will play on the ground! No prerequisite level required, but you need a good physical shape. Come with an open, curious, joyful, engaged mind!