# News & Notes

6th December 2014......A weekly bulletin for residents of Auroville.....Number 576



### HOUSE OF MOTHER'S AGENDA

But this is the question whether a purely intellectual and sentimental religion of humanity will be sufficient to bring about so great a change in our psychology. The weakness of the intellectual idea, even when it supports itself by an appeal to the sentiments and emotions, is that it does not get at the centre of man's being. The intellect and the feelings are only instruments of the being and they may be the instruments of either its lower external form or of the inner and higher man, servants of the ego or channels of the soul. The aim of the religion of humanity was formulated in the eighteenth century by a sort of primal intuition; that aim was and it is still to re-create human society in the image of three kindred ideas, liberty, equality and fraternity. None of these has really been won in spite of all the progress that has been achieved. The liberty that has been so loudly proclaimed as an essential of modern progress is an outward and mechanical and unreal liberty. The equality that has been so much sought after and battled for is equally an outward and mechanical and will turn out to be an unreal equality. Fraternity is not even claimed to be a practicable principle of the ordering of life and what is put forward as its substitute is the outward and mechanical principle of equal association or at the best a comradeship of labour. This is because the idea of humanity has been obliged in an intellectual age to mask its true character of a religion and a thing of the soul and the spirit and to appeal to the vital and physical mind of man rather than his inner being. It has limited his effort to the attempt to revolutionise political and social institutions and to bring about such a modification of the ideas and sentiments of the common mind of mankind as would make these institutions practicable; it has worked at the machinery of human life and on the outer mind much more than upon the soul of the race. It has laboured to establish a political. social and legal liberty, equality and mutual help in an equal association.

But though these aims are of great importance in their own field, they are not the central thing; they can only be secure when founded upon a change of the inner human nature and inner way of living; they are themselves of importance only as means for giving a greater scope and a better field for man's development towards that change and, when it is once achieved, as an outward expression of the larger inward life. Freedom, equality, brotherhood are three godheads of the soul; they can- not be really achieved through the external machinery of society or by man so long as he lives only in the individual and the communal ego. When the ego claims liberty, it arrives at competitive individualism. When it asserts equality, it arrives first at strife, then at an attempt to ignore the variations of Nature, and, as the sole way of doing that successfully, it constructs an artificial and machine-made society. A society that pursues liberty as its ideal is unable to achieve equality; a society that aims at equality will be obliged to sacrifice liberty. For the ego to speak of fraternity is for it to speak of something contrary to its nature. All that it knows is association for the pursuit of common egoistic ends and the utmost that it can arrive at is a closer organisation for the equal distribution of labour, production, consumption and enjoyment.

Yet is brotherhood the real key to the triple gospel of the idea of humanity. The union of liberty and equality can only be achieved by the power of human brotherhood and it cannot be founded on anything else. But brotherhood exists only in the soul and by the soul; it can exist by nothing else. For this brotherhood is not a matter either of physical kinship or of vital association or of intellectual agreement. When the soul claims freedom, it is the freedom of its self-development, the self-development of the divine in man in all his being. When it claims equality, what it is claiming is that freedom equally for all and the recognition of the same soul, the same godhead in all human beings. When it strives for brotherhood, it is founding that equal freedom of self-development on a common aim, a common life, a unity of mind and feeling founded upon the recognition of this inner spiritual unity. These three things are in fact the nature of the soul; for freedom, equality, unity are the eternal attributes of the Spirit. It is the practical recognition of this truth, it is the awakening of the soul in man and the attempt to get him to live from his soul and not from his ego which is the inner meaning of religion, and it is that to which the religion of humanity also must arrive before it can fulfil itself in the life of the race.

The Ideal of Human Unity, chap. XXXIV:

The Religion of Humanity

SRI AUROBINDO

The Ponder Corner As for the blows, well, are they always given by the Yoga? Is it not sometimes the sadhak of the Yoga who gives blows to himself? There are plenty of blows in ordinary life according to my experience. Sri Aurobindo ref. Letters of Sri Aurobindo, p.347

Cover drawing "The creation of a world" by Monique Patenaude

#### WORK GROUP REPORT

#### Update on the Three Days selection Process for the WC/AVC

The report from the Temporary Feedback Committee is published below.

Big thanks to the team to look into the feedback and to come to an outcome in such a short time frame.

#### As an outcome of this feedback process:

61 Aurovilians will be participating in the selection process. Where: Unity Pavilion / When: Friday 5th till Sunday 7th December 2014.

The 7 members/ signatories of the existing AVC are also invited from the Study Group to participate into the process.

The list of the participants is published on AuroNet and you will find a hardcopy in the Town Hall and in the Solar Kitchen.

The outcome of the selection process itself will be published shortly after via Auronet and in the following N&N.

# <u>Please take a note in your calendar for a "Coming Together Event"</u>

Where: Unity Pavilion

When: Monday 15th December, 2014, from 4.30 pm till dinner together at around 6.30 pm.

Who: Whoever would like to welcome the new team.

The event will be joyful and light, supported from some of our Schools and Fif's clown activities etc...and a sponsored dinner together - No boring talks - No deep discussion - Just a space to make contact with the new members and to give them support.

Love, Your RAS team

#### Feedback Group report

The brief that the Feedback Group was given was to review the feedback from the community and decide which Aurovilians who had agreed to participate in the 3 day process were ineligible because of the feedback. While the group read all the feedback received, we necessarily concentrated upon the negative feedback, and only upon that feedback that had a factual basis.

Our first task was to decide which negative feedback was 'negotiable' - meaning that those who received it could attend the 3 day process, where it could be worked upon - and which feedback was 'non-negotiable'. This would mean that anybody who received it would not be allowed to participate in the 3 day process.

After some discussion, the group agreed upon the following non-negotiables (which are partly based on the document 'Material Conditions for Living in Auroville' of 27.8.2012):

Being a member of another major group

Psychological unfitness

Violence

Involving the police rather than sorting out problems in the community

Financial impropriety

A major unresolved issue with an Auroville working group Drug use

Unauthorised land holding or development in the Master Plan area

Major breach of trust with the community

Our rationale for drawing up these non-negotiables for membership of the Working Committee and Council and for participation in their selection was that we felt there should be no doubt about the integrity or the motivation of the people involved; that anybody offering themselves for service in one of these major groups should have no unresolved issues with the community. We also felt that if individuals who have unresolved issues become a member of a key working group, they may use their influence to set those issues aside.

At the same time, we need to clarify that we are not judging individuals. Many of those we felt should not participate this time are talented and have a lot to offer the community in the future. We simply felt that it was not appropriate, at this time, for them to participate in the 3-day selection process.

#### Our process

The Feedback Group is not a deep investigative body. We did not have the time to go deeply into certain matters raised in the feedback. What we did, when we received potentially nonnegotiable feedback regarding an individual, was to contact the individual concerned (without revealing the name of the person who had given feedback) and ask them to respond to the feedback. At the same time, if an Auroville group was involved, we contacted them to find out the present status of the issue regarding that individual.

Having obtained as much information as we could about the matter, we would then decide, often after much discussion, if that individual could participate in the 3 day process. The individuals whom we decided could not participate were informed individually of our decision and the reason for it. If they requested the name (s) of the people who had given feedback concerning them, we only gave it after they made an undertaking not to take the feedback personally but as something to learn from.

In terms of how we functioned, the feedback group decided that:

- 1) None of us would be involved in the 3-day process
- 2) None of us would give feedback ourselves
- 3) If the feedback received was about a relative or close friend of anyone in the group, that group member would leave the room and not take part in any discussion or decision-making regarding that person
- 4) We would not divulge the names of those people who asked for confidentiality when giving feedback.

#### Reflections

- 1 We noted that, by focusing upon the feedback we received, we sometimes acted as a catalyst for the individual concerned to begin looking again at his or her responsibility for those issues and how they could resolve them.
- 2 It also raised to prominence larger issues that are negatively affecting the whole community but which the community has not been dealing with adequately until now. This whole selection process has been a wake-up call.
- 3 When working groups are involved they have a responsibility to take up important issues in a timely manner, and try to bring closure.
- 4 Lack of closure is a real problem. Some of the issues we were looking at date back years, but no resolution has been reached. This is not healthy either for the individuals involved or for the community as a whole.
- 5 There were a number of other important issues which affect the eligibility of people for these groups but which we couldn't verify because we didn't get any feedback about them.

#### Recommendations

- 1) The Feedback Group should be given much more time in future to do its work so that it can make a proper review of the feedback.
- Working Groups dealing with an issue affecting an individual Aurovilian should take up the matter and try to reach a conclusion swiftly.
- 3) When a problem has been resolved, the group involved should inform the community immediately so that clearance is given to the person involved.
- 4) A forum could be set up to look at issues that are disrupting our collective life with the intention of reaching some kind of collective clarity and harmony.

Meenakshi, Bridget, Shankar, Alan, Partha, Margarita, Vinodhini

#### ANNOUNCEMENTS

#### **ID CARD EXTENDED - Phase 3**

For those who are still interested in getting an ID Card, please come to the Auroville Foundation and bring along a proof of identity.

#### This is the very last phase open till Friday 12 December 2012

Timings: Monday to Friday 10:30-12:30 pm and 2 to 4:30 pm (Phone: 2622-222 Aurora)

Auroville Foundation

#### **Transaction Audit**

To The Executives, Auroville Board of Commerce, Auroville.

Please inform all the units & trusts to keep necessary books and vouchers ready for the transaction audit that would be starting in the Auroville Foundation Bhavan from 1st Dec. 2014. The CAG, Chennai has confirmed.

Kindly depute someone to co-ordinate in typing the Audit Slips, distributing to the concerned trusts and units and for collecting the replies as it is difficult for our accountant to handle regular office works and the audit.

With Regards, Auroville Foundation

#### OBITUARY

#### Veenapani Chawla passed away

This is to inform the community that Veenapani Chawla, long time devotee of The Mother and Sri Aurobindo, and founder of the Adishakti Laboratory for Theater Arts and Research, passed away on Sunday 30th November 2014.

Adishakti, situated near Hope community, has often performed in Auroville, has received numerous performers of all genres in their theatre and has many Aurovilian friends.

Veenapani will be greatly missed. We wish Veenapani well on her onward journey and offer our prayers for her and support to her family and the Adishakti team.

Submitted by Anandamayi, Joy and Jean

#### FOR YOUR INFORMATION

#### Introduction to one of the Lilaloka activities: the Play of Painting



"There work was play and play the only work" - Sri Aurobindo, Savitri

According to Arno Stern, the creator of the Play of Painting, "this activity is neither art nor therapy, but it prevents need for therapy in that it stimulates the capacities that allow individuals to realize themselves. It

develops those specific abilities that have been stifled by culture and that make each individual a more accomplished person".

In Auroville, many children (about 250 each year), teachers and other adults have experienced the joy of painting freely together in a harmonious and non-judgmental atmosphere, as well as connecting to the "inner language" called Formulation. The Play of painting activity has been developed initially by Claire and Sandrine in different AV schools (Center Field Kindergarten, Transition school, Nandanam KG). In 2007, they invited Arno Stern to come with his son in Auroville to offer conferences and trainings. This event, funded by Stichting DeZaaier, has been a real success. Since then, 2 AV schools have introduced the Play of Painting to the children from the surrounding villages: Udavi School has been able to build the

first space specially designed for the "Play of Painting", and the Oli School at New Creation has set up a room.

At the same time, the number of people interested to paint in a weekly workshop or to become a practitioner continues to grow. But there are not enough places in the school's workshops to include all the people interested and /or not enough budget to build a specific workshop in each and every school. The Play of Painting room in Lilaloka will allow to respond to this need. The opportunity to paint on a regular basis will be given to all interested children and adults, in mixed ages and mix-schools groups. The Play of Painting will happen as a free service, amongst other activities offered in the same spirit at Lilaloka, Self-Learning and Resource Center for the Child, currently under construction.

Practical trainings will also be offered and documentation about the "Play of Painting" concept will be displayed in the Lilaloka library.

To know more about the Play of Painting concept:

http://arnostern.com/en/index.html

https://www.youtube.com/watch?v=20M078oBWBQ (short

video in French)

activities: about Lilaloka

http://lilalokaproject.blogspot.in/p/activities.html

lilaloka@auroville.org.in

Lilaloka's team

#### Saturday Markets

As we are now nearing the end of the rainy season, it is time to re-start the Saturday Markets opposite the Solar Kitchen main entrance, hopefully from around Dec 13th, with the aim of continuing them on a weekly basis (rainy Saturdays excepted) until early March.

At this point we need to know who would be interested to have a table and take part. In this regard, please be aware that the invitation is only open to Aurovilians and AV-related units i.e. it is not an opportunity for outsiders to make money on AV premises, but to display and sell products which have been designed, prepared, grown (organic fruit & veg for example) or made by Aurovilians or one of our commercial units. As to the cost and logistics of participation, as in previous years we will need to make a small charge to cover admin costs, including hire of any additional tables we may need from outside, but it will be as low as we can make it.

We need to get your response on this within the next few days if possible, so we can arrange for the needed number of tables to be available, so please make contact - even if at this point you are not 101% sure you will actually be able to participate from the start. Phone 2622296 or e-m prisma@auroville.org.in

Prisma

#### Talkin' Trash

Just a reminder to look at some posters. On the wall in front of PTDC (above the recycling table) is the only copy (so far) of an original poster designed by Rabea and Becca (two volunteers) in consultation with Bindu and Min that visually expresses what you need to know about recycling and landfill. At the Visitors' Centre are some really fine posters not only in the exhibition area, but hidden away behind the video room are two linked displays by Wasteless (Ribhu and Chandra) that diagram how to move from "unconscious wrong" (putting the banana peel with the plastic bag) to "unconscious right" (effortless sorting). Can we practice what we preach to the visitors who come to Auroville? How about our Master plan which declares "to make Auroville the most eco-friendly city"? (pg. 9)

We encourage you to contact us with any feedback including your own tips: <a href="mailto:somawaste@auroville.org.in">somawaste@auroville.org.in</a> or 763-976-5954. Call for any waste resources like signs for your bins, info, etc. Please visit the Eco Service website: <a href="mailto:http://www.eco-service.in/">http://www.eco-service.in/</a>

The Solid Waste Management Task Force

#### My Dream My India

Subject: 1, 00,000 Paintings in Single Exhibition in Single Theme "MY DREAM MY INDIA" on 12<sup>th</sup> Jan, 2015, Pondicherry, India.

Previous Social Cause Project: Successful previous social cause project of "ASSIST WORLD RECORDS & RECORD RAISERS ATTEMPT" 1 Crore pledge "SAVE NATURE" on 16<sup>th</sup> Sept, 2014. www.1corepledge.com

We Assist World Records Research Foundation Organizing and powered by Record Raisers, the Assist World Record attempt in painting exhibition in single place in single theme "MY DREAM MY INDIA". We planned this exhibition to encourage and share the individual's views and ideas internationally and to build an idea about the future India's Wealth and development. We hope this small drop will make a big ocean for India's development. There is no age limit for this entries any one can take part in this event even foreign country people can also express their thoughts over paintings in the same title [NOTE: Participation fee Rs 50/-]

# 1, 00,000 Paintings in single Exhibition in Single theme "MY DREAM MY INDIA" Process Details:

- > This is a competition and we will provide participation certificate for all the participants.
- > The paintings can be in any type with their own creative ideas in A4 chart size.
- When group of students drawing together kindly make the poster "MY DREAM MY INDIA" at the background (if possible) take a picture of it and you can add the logo of your organization in the banner so that it will be useful when we post the picture in the website www.mydreammyindia.in Kindly mail the picture to info@mydreammyindia.in / awedition2014@gmail.com
- > Any kind of materials they can be use according to their creativity.
- The Name, Address and Institute name should be mention in the any corner of the front page. Kindly don't mention the details at the back side.
- > We have 7 categories in each category we will give 3 prizes so that totally 21 prizes and 20 consolidation prizes in each category.
- The prize may be in cash or any accessories
- > The last date to submit the painting is 10th December, 2014.
- The Paintings will be evaluated before the exhibition by the specialized Professors of Arts/The prizes will be announced in the inaugural function in Pondicherry.

With Thanks & Regards, R.Rajendran (Founder&Chairman)

Contact info: Assist World Records & Record Raisers, Pondicherry, India.

No: 8, Annai Illam, 1st floor, Gothavari Street, Vallalar Nagar, Contact No: 9360311400

Nainarmandabam, Puducherry, 605004,

www.assistworldrecords.com

Email: info@mydreammyindia.in - www.mydreammyindia.in

#### Auroville Herbarium VI

The purpose of the herbarium:

- A store of reference material a means of identification an arbiter of correct names
- A comprehensive data-bank

#### An arbiter of correct names

Apart from the accurate identification of the collected species, the folders in which they are contained should also be placed in their appropriate pigeon holes. Genera may be shifted to another family.

Quite often only some of the genera of a given family are transferred to another family:

Ulmaceae (in part) to Cannabaceae.

Euphorbiaceae (in part) to Phyllanthaceae and Putranjivaceae. Some genera are especially burdensome. The monotypic genus Muntingia calabura for instance has been placed in

Elaeocarpaceae, Flacourtiaceae and Tiliaceae. It now seems to have come to rest in the family Muntingiaceae.

Families have been joined or split.

Bombacaceae, Sterculiaceae and Tiliaceae are now united in the family Malvaceae.

The families Agavaceae, Anthericaceae, Convallariaceae, Dracaenaceae, Hyacinthaceae, Laxmanniaceae and Liliaceae (in part) are now brought together under the family Asparagaceae.

All this amounts to a nice exercise in logistics.

For instance in the case of Malvaceae: all the folders in the pigeon holes between Bombacaceae and Tiliaceae have to be taken out and reclassified. And then it appears that the family Malvaceae takes too much place and that all the following folders too have to be shifted a few pigeon holes. Same work, but more so, for the family Asparagaceae.

To add just a bit more to the workload it has also been decided in one or other International Botanical Congress that all family names should now have the ending -aceae (instead of -itae, -erae, -osae etc.). We have 8 of those "-itae -osae" families in the herbarium, one of them a big one and one a bigger one. That means changing the heading on far too many family-folders and correcting an endless line of genus labels that happen to be in those folders. What you need is a king size table, the same size patience, a perfect knowledge of your alphabet and a few cups of strong coffee.

On top of all that there is this army of taxonomists who can't stop changing the names of species. Their aim is, apart from annoying gardeners, nursery men and keepers of herbaria, to find out who was the first to identify and describe a given species correctly and had it published validly.

For the name of any given species to be accepted as valid it should have been published as a binomial after May 1<sup>st</sup>, 1753, the date Linnaeus published his 'Species Plantarum'. Even binomials that were validly published before that date, but which were adopted by Linnaeus, are credited to Linnaeus. Thus 'Ammi majus Bauhin' becomes 'Ammi majus L.'. So much for copyright.

A publication to be accepted as valid has to be in printed matter which is distributed to the public in general or at least to botanical institutions with libraries accessible to botanists. This rule became more restricted in January 1st, 1953, when newspapers and tradesmen's catalogues were excluded. The International Botanical Congress, Amsterdam January 1st, 1935, ruled that descriptions of plants should be written in Latin from that date onwards. But don't lose sleep if you feel that your Latin got a bit rusty. The 18th I. B. C. in Melbourne, in July 2011, changed that rule: from January 1st, 2012, you can now choose between Latin and English to write down your descriptions. By the way, this modern botanical Latin would have been all but incomprehensible in ancient Rome. In addition, for the first time in history, the Code will allow for the electronic publication of names of new taxa.

More on this in the next publication - Walter.

# Snake Rescue Team for Effective Wildlife Education - Needs Support!

Last few weeks there have been a lot of snake problems and so many calls for "snake-rescues". It has been over 20 years now since I have been running all over Auroville to rescue snakes & people. This has been a "SERVICE", and maybe few realize that many calls are during the night and not a very pleasant time to be running around.

We have at present some young people who have learnt this art of rescuing snakes as well and it is time this be recorded by ALL

#### New Snake Rescuers:

- 1. Prabhu (Kuilapalayam) 978 652 1655
- 2. Raja 9751 3959 39
- 3. Saravanan (Dehashakti sports) 9751 3958 06

We also want to start again visiting all the schools to bring awareness on snakes and other local wildlife. Conservation is most effective when started early - young students are naturally curious and connect fast with the animals.

In the past we were able to carry live specimen, but now the LAW has become very strict and it is NOT possible to do this anymore.

Thus we have created a "Power-Point" on the AV Snakes that can be carried & showed to the children. This becomes an effective tool to educate students on our fascinating wild life. As most schools do not have projectors it is a need to have one for our team now.

#### **NEED a PROJECTOR & a LAPTOP:**

To do this we need a Projector & a Laptop for carrying with us to the different schools - both AV as well as outreach schools too.

We need to find about Rs.18, 000 (Eighteen thousand rupees) to buy a new one and we have no budget for this SERVICE.

We request therefore all the community to help. If you have an old working one just lying around your place and wish to share it with us - please let us know. Or else if you would like to donate or contribute towards buying a new one - do not hesitate

Our service to rescue wildlife and educate the youth about it is a priority.

We welcome all those who are interested to participate and learn more on this to visit Life Science Lab. at Deepanam School

We are planning for an exhibition on the AV Wildlife later in January 2015. All students & adults are welcome to participate.

For your contributions our ac. no. 0662 (Deepanam Ac.) and do specify this is for Life Science Lab or for projector.

For the Snake Rescue & Life Science Team, Rajeev (call me at 944 3726 223)

#### POSTINGS

#### Change of the road to Tibetan Pavilion

Dear Friends, this is to inform you that from the 1<sup>st</sup> of Jan 2015 onwards the road through Bharat Nivas to Pavilion of Tibetan Culture will be closed to all vehicles. It will only remain as a walking path. We request everyone to take the road between Bharat Nivas and Visitor Centre to the Main gate of Tibetan Pavilion with their vehicles. Thank You and we are sorry for the inconvenience. *Bharat Nivas & Pavilion of Tibetan Culture* 

#### Dear Animal keepers,

We have had a very bad experience with the vet in Petvet in Pondy. 3 young cats, family pets, were brought there for sterilization, 2 males and one female. They were all checked, pronounced healthy, blood tested etc. and fit for the operation. Five days later 2 of the cats, one male and one female were very sick and died. The third cat was also very sick; he survived after intensive nursing, but has what seems to be permanent damage with his balance and walking. The Vet

took no responsibility. Please think twice and look for alternatives before using this veterinary facility - *Jaya* 

#### Musical Offering

"Without music, life would be a mistake." Friedrich Nietzsche In performances of Indian music, there are several plucked string instruments which are mainly used. When you are not watching a DVD or attending an actual concert, but rather listening to your iPod or Mp3, can you tell which instrument you are listening to?

Please go to Auronet for a presentation on these instruments and their sound/ timbre. Don for the Music library

#### Free Interactive Seminars

Starting soon - Introductory sessions on vision, concept and activities of Auroville, organized by Insight India - Visit us on: facebook.com/avinsideindia / inside-india.com / Email: insight@auroville.org.in

#### AVAILABLE

#### **Bunch of lighting catalogues**

We have a good bunch of lighting catalogues from European suppliers that are from previous years and we don't need them anymore. If you are an architect or interior designer you may want to add a few of them to your technical library for educational purposes (most of them have an excellent technical explanation about LEDs). If so come to CSR for pick up or call to +91 99-43-528359. *Joan* 

#### **Dendrobium Orchids**

Dear Friends.

There is again the possibility to buy well cared for, large, beautiful and healthy Dendrobium Orchids through a friend in Pondy. Dendrobium is one of the easiest orchids to grow and they like our warm and sunny climate. During the winter

season they are extra showy with lots of flowers, but they also give flower spikes all year around. They add color and joy around the house and in the garden. Phone Shankar on 9487061367 for an appointment - Jaya

#### A rosewood queen size bed

If interested please call or SMS @ 9003529670. Subhadre

#### Electronics

Apple Iphone 4 (16GB-Black) perfect condition | Dell Inspiron 15R laptop (Intel core i5-4th gen, 15.6", 1TB HDD, 4GB Ram, 1.5GB Graphics- sleeve, dell wireless mouse, recovery disks complimentary) | Huwaie 3G USB modem (works with any simcard) | Tata photon+ USB modem. *Call Darpan* (09925387391)

#### LOOKING FOR...

#### Some furniture

Hi, I am looking for some furniture, mainly book shelves but also tables and other stuff. If you don't know what to do with your old furniture and would like to get rid or sell some items please call me. *Joan* 8098507673

#### TVS Excel

Hi everybody, I'm looking for a well maintained TVS Excel to purchase. If you have one, or know of one that is not older than six years for sale, then please let me know. My number is: 9943325207 email: ettasun@gmail.com. Elaine

#### French Pavilion Reading Festival

Nous cherchons pour un projet de festival de lecture organisé par le Pavillon de France qui aura lieu à Auroville du 10 au 19 février 2015 des participants qui auraient envie de lire en public des extraits de textes classiques et contemporains en français. Une première rencontre est prévue le mercredi 10 décembre à 17h pour la répartition des textes à New Creation, Auroville. 5 ateliers de lecture à haute voix seront organisés en décembre, janvier et février (dates à définir avec les

participants le 10 décembre) - Merci de contacter Florence au 9626648976 ou par mail lesbaladantes@gmail.com

#### Ben needs a home.

Labrador, 2 years, healthy, is searching for dog loving people, who are experienced in training dogs. Contact: christina@auroville.org.in or sms to 7639474009 - Thank you.

#### Candle lamp, cushion, yoga mat...

For the meditation classes in Kottakkarai. I need a candle lamp because there is no electricity. And also if somebody needs to get rid of an old cushion, yoga mat or yoga block, please let me know about it. I thank you in advance. ivana.frousova@yahoo.co.uk. Ivana

#### A polish speaking person

Anyone speaking polish with English/ Hindi? A 6-month job as an interpreter in Ahmedabad (Gujarat) is available. Please contact *Darpan* (09925387391).

#### THANK YOU

#### From Efrat

I wanted to thank all the people involved in finding my friend's lost purse and handing it back to her with in such a fast and efficient way. But most of all it was a beautiful experience of true caring and cooperation.

Thank you - Lakshmanan (Financial service) who found the purse on the road beside his shop, Krishna (Visitors' Center) who helped her and kept us informed and Eric (Working committee) who made us a great cup of tea in a rainy day!

Thanks from Eti and Efrat

#### ACCOMMODATIONS AVAILABLE AND NEEDED

#### House sitting1

I am volunteering at Svaram Music Instruments & Research. I am here in Auroville for 2-3 months. I came here on 11th of Nov and my accommodation in Mitra Hostel is till 14<sup>th</sup> of Dec. It would be nice if I could find a house-sitting for a month or two starting 14<sup>th</sup> of Dec. I am 25 years old, single, non smoker and non alcoholic. Speaks English, Hindi & Punjabi. I can also do gardening and have loved cats and dogs here. My Contact Info: Abhishek Garg | 09988990100 | gargology@gmail.com

#### House sitting2

Hello, I'm Elaine. Twice a week I enjoy volunteering at Well cafe and the rest of the time I'm concentrating on my internship with Komali. At the moment I'm housesitting until the 25th of December, so it would be great to find a place from this date onward. I love to take care of animals and I'm also very capable when it comes to gardening. If you have a place or know of a place please contact me on: 9943325207 email: ettasun@gmail.com

#### House sitting3

Hello, last call from Anna and Alberto. If there is any possibility to house-sit near the Auroville Center for 3 weeks please contact us.

From 10th of January to 31st January. We are very responsible and animal lovers, we can help with the expenses. Contact: +91 809 8679032

#### House sitting4

Dear Community, we are still looking for a place to stay between the 15th of December and 3rd of January. If you plan to go out for the Christmas holidays and would like to share your home with us please let us know. We love pets and plants. Your support is greatly appreciated! *Barni, Bende, Bogi and Zsolti*. Our phone nr is: 8940695720, and our email is bogi@auroville.org.in

#### TAXI SHARING

<u>December 10th:</u> On Wednesday 10 December I come back to Auroville. My flight (KU 343) is landing at Chennai Airport at 04,35 a.m. If somebody is interested on sharing my taxi, please, send an e-mail to: depaolis.paola@gmail.com.

<u>December 11th:</u> Pick up from Chennai-airport 8.30 am (Emirates Flight from Dubai) - Contact: *Surya*, in Grace 2623182 or 9489867364 or mychello@auroville.org.in

<u>December 12th:</u> A taxi ' will be leaving Auroville early morning to be at Chennai airport at 8.30 9.00 am. For sharing it both ways pls call: *Mukta* 2622943 9655422346.

<u>December 14th:</u> I'm leaving from Chennai airport to Auroville at 3:30 pm. Contact *Chandra*, 7639781711, <u>chandradedionigi@yahoo.</u>

<u>December14th</u>: Leaving AV around 11 pm , if you'd like to share one way or back, please contact Marie Noelle, 2622989 7369128435 <a href="mailto:framatim@yahoo.fr">framatim@yahoo.fr</a>, thanks, *Marie Noelle* 

<u>December 20th:</u> I am looking to share a taxi to Chennai/ or the airport anytime on Saturday December 20th. Contact *Ine* at email address <a href="mailto:inevaneeckhout@hotmail.com">inevaneeckhout@hotmail.com</a>. *Tia* 

<u>December 31st:</u> Arriving at Chennai airport December 31 at 2.15am via Emirates, <u>maggie.aspland@gmail.com</u>. *Maggie* 

#### WORK OPPORTUNITIES

#### Person with technical skills needed at UP

The Unity Pavilion needs urgently a person (Aurovilian, newcomer or volunteer) who has some knowledge with sound, video and projector equipment and has a good hand with solving all kind of issues in connection to electricity supply, smooth running of office equipment (internet, phone, computers), water filter, washing machine etc.

The person needs to be able to come when there are programs and events happening, to install, supervise and store away equipment and also once a week for general issues with equipment.

Please contact *Jaya or Shivaya* at Unity Pavilion, unitypavilion@auroville.org.in, 2623576 - Thank you!

#### Volunteers for "White Peacock" clay club

"White Peacock" clay club is looking for volunteers willing and able to help with the garden work around our new building (Kindergarden area). The new space wants to become beautiful! Please call Anna 7598671669 if you have some time and energy to spare.

#### HEALTH

#### Psychotherapy and Healing Talks

After 12.12.2014 - You may ask for appointments by phone 2623489/ 94437 52847 or pass by directly in Madhuca. *Michael Madhuca* 

#### Audiology and Hearing Aid Camp

Dear Community,

There will be an Audiology and Hearing Aid Camp held at the Auroville Health Centre on11 Nov 2014, from 9 am to 2 pm, with Dr Vasudevan in attendance.

All those with hearing difficulties may please register their names in advance at the Av Health Centre Reception desk. The charges will be accepted by the Health Fund.

Dr Geeta Auropremi, the Ayurvedic doctor, will not be available on 8th and 15th Dec at Av Health Centre"

#### AUROVILLE RADIO



Dear Listeners,

Earlier we have met with Auroville Foundation and SAIIER to move forward on the FM license application. We received positive feedback in both of these meetings and we wait till mid-December for our proposal to be discussed

with the SAIIER board.

We have also been assisted by the Auroville Council with regard to sorting out the space issue with ACUR management; it appears that the activity of the last 10 years has not been allocated via an application process, so we have provided this documentation in order to fulfill this demand.

Volunteer Lionel from Belgium has been doing the preparatory work for the structure on a survey on the effectiveness of the media in Auroville which we will carry out in the coming months

We have received positive feedback for our program "Off the Cuff" and still await any form of participation or suggested topics to be shared.

We would like to thank again all our well-wishers who joined us in the month long fund raising effort, which has been an essential boost to our work and projects. We will re-start the fund raising effort in December to achieve the remaining amount of Rs. 125,000 or Euro 1,700.

These are the latest programs published by AurovilleRadio this week. All the recordings are available in CD or ready to be copied on your memory stick at the AurovilleRadio premises in Town Hall, opposite the Financial Service.

Decentralization and Future (Free Economy 29/11/2014) Interesting talk of Dr. Karthink on Decentralization and Humanity's Future this morning at SAIIER conference room - [English, 98 Minutes]

Off the Cuff- Andrea & Wazo (Governance 28/11/2014)
Off the Cuff- Andrea & Wazo discuss their personal doubts and questions related to Auroville internal affairs. -[English, 17 Minutes]

Culture, Talks, Art (News from Auroville 27/11/2014)
Alert to switch on saving mode for water! Events this weekend
from theater, talks, dance. -[English, 12 Minutes]

Frederick recalling Kireet's call (Governance 25/11/2014) Frederick recalls Kireet Joshi who had Auroville's collective destiny in his heart, mind and work. -[English, 11 Minutes]

One Family - Eco Village (Integral Yoga 24/11/2014)
Memebers of Konohana Family from Japan talks on their
community, way of living, philosophy of oneness -[English, 135
Minutes]

Korean Music, Humanity's Future (News from Auroville 24/11/2014)

Noreum Machi, the New Wave Korean Music Group performs 27th at 7.30pm at BN. -[English, 10 Minutes]

Poppo & Megalithic Museum (Culture 21/11/2014) Poppo tells us about the living museum he is conserving near the center of Auroville. -[English, 13 Minutes] Off the Cuff- Andrea, Renu Wazo (Governance 21/11/2014) Off the Cuff- Andrea, Renu, Wazo. Are the volunteers welcome in Auroville? -[English, 16 Minutes]

Selections by Gangalakshmi-15 (Integral Yoga 21/11/2014) Selections by Gangalakshmi-15. This is a weekly series (In French) of selected works by the Mother or Sri Aurobindo. - [French, 13 Minutes]

HH Chetsang Rinpoche Talk (History 21/11/2014)
A talk given by His Holiness the Dr.Kung Kyabg -[English, 29 Minutes]

Land Board, Konohana Family (News from Auroville 20/11/2014)

New Land Board is in place, GB informed. Konohana Family from Japan visiting AV 23rd nov. - [English, 11 Minutes]

Unlimited Tamil Nadu (Auroville's Economy 19/11/2014)
Talk to us. We are Unlimited Tamil Nadu. -[English, 23 Minutes]

Anandi of Argentinia travels (International Programs 17/11/2014). Anandi is making the most of the need for a visa renewal she will attend book fairs and network in the from South to N -[English, 36 Minutes]

Wellpaper Project (Social Development 17/11/2014) Empowerment, sustainability, zero waste, decision making, financial independence are the words of the day, everyday. -[English, 29 Minutes]

Seminar, Evolution, Moonfool (News from Auroville 17/11/2014)

B invites us to Bday on Thursday at 3.30pm at IH Trash Mahal to build and celebrate. -[English, 9 Minutes]

You can listen to all of the programs and more on <a href="www.aurovilleradio.org">www.aurovilleradio.org</a>. For more info call 0413-2623331 or email a@aurovilleradio.org

#### TRAVEL

#### Latest News from the Travel Shop - Inside India

Please be informed that the Travel Shop is now at the Inside India office at Auroshilpam.

Emirates promotional offers to Europe are valid for travel from 5th December with return on 31st March 2015.

Qatar Airways promotional offers to Europe, travel must commence before 31st March 2015.

Etihad Airways has special offers to all their destinations, code share with Jet Airways and Air Berlin.

Air India has special offers to Paris, Frankfurt, London and Moscow.

Srilankan Airlines has promotional offers to Frankfurt, Paris, London and Rome.

Kuwait Airways has promotional offers to Frankfurt, Paris, London, Rome and Geneva.

Oman Airways has promotional offers to Frankfurt, Paris, London, Milan and Zurich.

We recommend the following minimum check-in time: Domestic - 2 hour prior to departure / International - 3 hours prior to departure.

Please ensure that you have all the required travel documents for your entire journey i.e., valid passport & necessary visas and that you have had the recommended inoculations for your destination(s). Please check with us in advance if flight schedules have changed. Insurance: We strongly recommend that you avail of a Travel Insurance.

Tel: 2623078, 2622604, 2623030, travelshop@auroville.org.in, domestic@inside-india.com, doulat@inside-india.com

#### EATING OUT

#### Well Cafe

All are welcome to enjoy our Soups, Falafel, Bean burgers, Tofu Baguettes, Thai salad, Japanese salad, cheese cake, vegan desserts and more. Waiting for you on Monday-Saturday - 8:30-16:00.

Friday world dance 17.00-19.00 - DINNER served till 20.30 (last order 20.15)

For take away, catering or dinner for groups, please call 2622219.

With Love, Well Cafe team. Sve Dame (opposite C.S.R)



#### They Don't Smile

They don't smile I don 't mind I will smile They don't laugh I don 't mind I will laugh. They don't sing I don't mind I will sing They don't dance I don 't mind I will dance. Paparapapa...paparapapa. I will smile I will laugh I will sing I will dance As in April the Neem's flower does. Paparapa....paparapa... As in April the Neem's flower does.

Anandi - Realization

#### Banyan Tree

The Banyan tree near Matirmandir assumes importance because of its relation with the Mother. In early 70's, when the Mother was in her physical body, once she had chest pain and asked some Ashramites to go to Auroville and see what had happened to the Banyan tree. They noticed that a nail was hit in the trunk of the tree. It was removed. The Ashramites asked nearby Aurovilians not to do any harm to the tree as the Mother was affected by their ignorant action. This event seems to be a miracle. How could we give a logical explanation for it?

According to Sri Aurobindo what we think as a miracle is not a miracle at all; it is a normal phenomenon for which one could give a logical explanation. Modern science cannot give an answer for our inquiry; for it examines the external features only and does not know the inner secrets behind them. Sri Aurobindo, who freely uses the philosophical and psychological ideas of the Vedas and the Upanishads in developing his Integral Yoga, says that a tree is a subconscient living matter. Life, which is involved in matter, has emerged from it. Similarly mind which is also involved in Matter, has emerged from It. Supermind is yet to evolve from Matter. So the Banyan Tree is not merely an inconscient, inert and atomically divided and aggregated form like a stone; it has a submental living body. Therefore Sri Aurobindo says that a tree has different forms within such as a physical mental form, a physical vital form, a physical physical from etc. Only through concentration of consciousness, Tapas, we come to experience the presence of these forms in a tree well integrated with one another. The Vital cannot work in the gross physical which is inconscient, inert and atomically divided. The substance of the physical has to become less gross and more subtle so in order to allow the vital to work in it and make the physical form of the tree dynamically active. Similarly the physical mental cannot work in the physical vital form or the physical form if the substance of the gross body is not further reduced to a far more subtle form. The physical mental form of the tree would enable the physical vital form to sense its perception and push it to work on the physical form (gross body) accordingly.

The gradation or series of the physical substance from gross to subtle physical is absolutely necessary. The gross physical is inconscient and inert; whereas the subtle physical, which is constituted by an Ether like substance, is conscient and powerful. Any further attempt to reduce the pure subtle physical is not possible as it would resolve it into physical energy. This finding of our Ancient Seers concurs with the view of Modern Science that declares that Matter is a form of Energy.

We see only the apparent gross body of a tree whereas people like the Vedic Rishis perceived the real tree with its different forms behind the apparent form. Sri Aurobindo says that the pure subtle form of a tree is flexible or can move or can change shape or can expand. The Vedic Rishis have also discerned the presence of the soul involved in the physical substance of a tree from the gross to the subtle form. It is called Annamaya Purusha. Annamaya means physical nature and Purusha means soul. The soul of a tree can have a relation with the Universal Soul since they are one and the same thing.

The Mother calls the pure subtle physical as Body consciousness, soul in the pure physical nature. She is aware of her soul, psychic being, and can easily enter into relation with the Universal Soul. In the event of union or oneness between the soul of the Mother and the soul of the Banyan tree with the underlying presence of the Universal Soul, the Mother could perceive and sense the harm meted out to the Banyan tree. The message was communicated to her outer self and a suitable action was taken. Now it is evident that the above account of the Banyan tree reveals the logical process involved in unraveling the mystery behind the Mother's chest pain as a result of the harm done to the Banyan tree.

Ref: The Life Divine, Book One: Chap XXIII to XXVII Somasundaram





#### AMPHITHEATRE - MATRIMANDIR

Amphitheatre Team

Meditation with Savitri read by Mother to Sunil's music

Every THURSDAY at Sunset - 5.30 to 6.00 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset and heavenly music in the very Center!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone not to use cameras, cell phones, etc.

Dear Guests, please carry your guest cards and note that access is only for the Amphitheatre, from 4.45 to 6.00 pm. Thank you!

#### NVITATIONS

#### MEDITATION FOR AUROVILLE

Hi and welcome to join us

Every Thursday, at 5 (to 5.30) for silence meditation at Unity Pavilion

We'll focus on this sentence: "Please Mother, bring us more consciousness, right now. Thank you"

Last time, we were 9 monkeys, today, may be 18:-)

See you soon, together for Auroville

Veronique J

#### SATURDAY MARKET YOUTH CENTER ON THE 6TH OF DECEMBER

This Saturday the market starts again!

Come to join us for dosai lunch and music, stalls will be there providing yummy org vegetables and products, super handicrafts and lots of fun!

#### SRI AUROBINDO CENTRE FOR ADVANCED RESEARCH, PONDICHERRY

Organises

"Living Within" Study Camp in English in
December 2014 (26<sup>th</sup> to 31<sup>st</sup>)

(Dialogue between Savitri and Death)
Speakers: Dr. Alok Pandey & Dr. Ananda Reddy
For Registration please contact: <a href="mailto:sacarstudycamps@gmail.com">sacarstudycamps@gmail.com</a>

9443019172, 9994190403 Venue: SACAR

[Dear Friends, after a wonderful start with the first camp on Concentration and Meditation, we are now hosting a camp on "Dialogue between Savitri and Death". We invite you to join in for the camp and benefit from the two eminent speakers.

Submitted by Anandi (progress) on behalf of Sacar Team]

#### WEEKLY MEDITATION FOR PEACE AND HEALING

As everyone knows, our world is in the midst of much conflict, tension, and disharmony these days. It is very important, now more than ever, to come together in Unity to call forth Peace and Light, Truth and Love so that we may collaborate with, and enhance, the working of the Divine Force and Consciousness upon Earth. With this in mind, now that the Hall of Peace is finished at the Unity Pavilion and the Peace Table is in its final home, we wish once again to invite everyone to join in our weekly Meditation for Peace and Healing every Thursday from 5:00 pm to 5:45 pm.

Please offer your Presence to help in this collective work. This is not a class for learning meditation, but simply a space to invoke Peace and call it into the world. If you have questions, please email Noel at <a href="mailto:peaceandunity@auroville.org.in">peaceandunity@auroville.org.in</a>. Invite others to come and build this gathering for the Future!

Thank you and Peace to All!

#### **EVOLUTIONARY CAFE**

We would like to invite you to join us again in our interactive collective exploration.

Every second week we are exploring different 'evolutionary' paradigms, to see how they might be able to help us shed light on some of Auroville's challenges from novel perspectives - hoping of course in the process that they might suggest some interesting new solutions.

Each evening starts with a short inspiring video or talk, after which we use the 'World Cafe' model to divide into smaller groups and reflect on its potential relevance to Auroville through focussing on a given question. So in a fun relaxing atmosphere over tea and biscuits, we hope to nurture a new appreciation of both the challenges and the joys of living in Auroville.

Next week's session will be on the U-Theory of Otto Scharmer (since we were not able to show it last time). PS: For those who would like copies of this or any of the previous videos, please feel free to bring a memory stick and we have also attached the notes from the last session for those who are interested!

Place: Unity Pavilion
Time: Tea and biscuits from 6.45 pm then the film at 7.00 pm, Monday 8<sup>th</sup> December
Hosts: David (Luminosity) and Ulli (Auroshilpam)

#### LAST SATURDAY THE "MAIRIE"

#### ONE OF PONDICHERRY'S MOST BEAUTIFUL COLONIAL STYLE BUILDINGS COLLAPSED.



On next Sunday the 7th at 5.30 pm a gathering is called on the Beach Road opposite the building.

It is organized by the newly formed group "PPH - People for Pondicherry Heritage" and wants to create awareness among the people and the Government about the much needed protection, repair and restoration of Pondicherry's Heritage buildings.

All concerned are invited. Those who need transport may give their names to <a href="mailto:Dorothee@auroville.org.in">Dorothee@auroville.org.in</a> or 2622 238 and we will see what can be done.

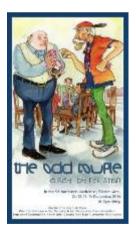
Thanks, <a href="mailto:Dorothee@auroville.org.in">Dorothee@auroville.org.in</a> or 2622 238 and we will see

#### EXHIBITIONS

#### Gallery Square Circle, Kala Kendra - Bharat Nivas

The exhibition titled "MYSTERIES OF THE ORGANISM" by Vinay and Tanaya has been extended up-till 10th of December 2014.

#### CULTURAL EVENTS



#### THE ODD COUPLE

Two suddenly single pals — a sloppy sportswriter and a fastidious news writer — strain their friendship by turning roommates and unconsciously repeating the same mistakes they made in the marriages they just left.

A brilliant comedy by Neil Simon.

Actors: Otto, Krishna, Lyle, Charu, Richard, Hamish, Cripa, Elke

Direction: Francesca

See you in Bharat Nivas the 12th, 13th and 14th of December at 8 pm sharp!

#### CLASSES, WORKSHOPS

#### PILATES WORKSHOP WITH TERESA

Pilates Routine & the Six Principles

Monday 15 - Wednesday 17 December 2014 (3 days) Timings: 10.00 AM - 5.00 PM (lunch included)

Bookings: Quiet Healing Center (tel. 2622329 / 9488084966)

Pilates is a gentle form of exercise, which re-introduces you to your own body. The better you connect with your body, the easier you release tensions and relax. Pilates deepens your breathing, improves blood circulation, strengthens spine and muscles, and floods the psyche with positive feelings from exercising the whole body.

During three days we will gradually develop the routine, while you learn how to apply the six principles: breathing, centering,

control, precision, fluidity, and adaptation of each exercise to the right level for you. At the end of the workshop you will have a routine that you can practice safely at home and develops strength, flexibility and control over your body. No prior knowledge of Pilates is required to learn the routine, which can be adapted to any physical condition and age. Teresa received her teacher's training at the Ochoa Pilates School, Spain, in 2007 and studied Mat Pilates at the Spanish Association of Pilates, Tai Chi and Qi Gong during subsequent years.

#### SOMATIC MOVEMENT WITH MAGGIE

Thursday 18 - Friday 19 December 2014 (2 days)

Timings: 9.30 AM - 4.30 PM (10 hours)

Participants: max. 20

Bookings: Quiet Healing Center (tel. 2622329 / 9488084966) A 2-day neuro-muscular re-education (mind-body training) workshop in the tradition of Thomas Hanna.

Somatics is a system of slow mindful movements. It is a gentle, easy and effective way to help manage chronic and acute pain. Other benefits include more ease in the body, better posture and deep relaxation. You will learn a daily practice in order to maintain better flexibility, coordination, wellness, and balance resulting in a decrease of aches and pains commonly attributed to stress, injury and aging.

The workshop is open to all as anyone can benefit from less stress and more ease and comfort in body and mind.

Facilitated by Maggie, a qualified professional trained at the International Institute of Somatic Movement Education, UK.

#### INNER-WORK-WORKSHOP

Introduction to the Integral Yoga of Sri Aurobindo and the Mother

10th December (Wednesday)

- •Overview with multimedia presentation• Questions and Answers• Practice in Daily Life• Complimentary Concentration
- •Creative Arts, Interactive Games• Life of Sri Aurobindo and the Mother• Introduction to the Reference Books

Focus this week on: 'The Psychic Being'

These Workshops are conducted every Wednesday, each week with a different focus. Study, play and creativity go hand in hand with various inner exercises.

Place: Savitri Bhavan. Time: 9 am to 12.00 Noon (pl be present by 8.55 am)

Led by Ashesh Joshi. Contact: 9489147202, 2622922

No Registration required (except for groups). Fees: Voluntary Contribution

All are welcome

For details on the Integral Yoga and the upcoming workshops: please visit <a href="https://www.integralyoga-auroville.com">www.integralyoga-auroville.com</a>

#### TAI CHI HALL IN SHARNGA

Presents THE ART OF CHI - Stevanovitch's method

TAI CHI CHUAN WORKSHOP - 15 December to 20 December, 2014

From Monday to Saturday, 7.30 - 10.30 am: Beginners, chi and tai chi basics, 24-posture form

Taught by Marco, the workshop is essentially directed towards: Mastery of the body through breathing and muscular relaxation;

Improvement of movement through balance and coordination; Learning to mobilize Chi. First perceiving it, then guiding it in one's body with the use of three factors: will, imagination and muscular activity.

Information and booking: Krishna - ph: 2623187 / e-mail: taichi@auroville.org.in / website:

www.taichiinnerwayschool.org, www.artduchi.com

#### HEART WORKS - LOMI LOMI - LEVEL 2

Venue: Pavilion of Tibetan culture

Dates: 11-14 December 2014

Heart works Lomi 2 workshop will be a continuation of Lomi 1.

During the massage, the focus will be on learning new moves, perfecting existing ones, deep pressure, explore the body through exercises, beautiful meditations with focus on heightening the sensitivity of body, mind and spirit. Reconnect with the Huna philosophy

There will be plenty of time for practicing, getting to know your body and its limits. Share and learn from each other's Lomi experiences. Focus on how to deal with clients

For further information and bookings contact:

Kalsang: kalsang@auroville.org.in phone +91- 413 - 2622401

Sang: sang@auroville.org.in phone +91- 9488494875

#### FACE READING IN TRADITIONAL CHINESE MEDICINE.

Using a traditional approach you can enter inside of the physical, psychological and emotional health through practicing the ancestral lecture of the face. This resource is going to show you to evaluate and access important facts about the health, lifestyle, personality and internal functions of a person, based on the forms, signs, features and expressions of the face.

Some clear explanations that show how this fascinating technique can be used as a complement to other modes of health Diagnosis.

The benefits of this learning will allow both therapist and patient to become more conscious of their actions and reactions, and the consequences of their attitude towards health will help them find the path towards harmony.

On 16 and 17 December 2014 - From 9 am till 1.30 pm.

Venue: Pavilion of Tibetan Culture

Facilitator: Mr Andres Lokuta.

Registration is required in advance through e - mail.kalsang@auroville.org.in

#### QI YO YOGA CLASS

With Friederike(QI YO Yoga teacher)

For beginners and all levels, independent of fitness and ability

Venue: Pavillion of Tibetan Culture/ International Zone Time: Tuesdays and Thursdays 8 am to 9.30 am - Starting 9th of December

QI YO is an integral system combining Qi Gong, Tai Chi, Hatha Yoga, Pranayama and Balinese practices.

Benefits: Release of stress and tension (i.e. back pain), joint flexibility, vitality, stamina; awareness and alignment of our Chi/Prana (life energy) and Chakras.

Everyone has to register before entering the hall.

For more information please contact: 0413 2622 401 or send email to Kalsang@auroville.org.in

#### 3 DAY HOLISTIC HEALING WORKSHOP

With Sandyra - "Body in Light" - Energy Healing from the Heart

Date: Fri 19.12. - Su. 21.12.

Invite the "Circle of Life" in your life!

This workshop is about the amazing influence you have on healing yourself and also for applying healing techniques to others. Healing is not a miracle! Healing is accessible to everybody!

In this self-empowerment workshop we discover the creation of life itself with ease and joy. In a playful way and at the same time in depth we enter the different layers of healing and creation. Through ancient wisdom and new knowledge we are exploring our own power to achieve changes in our life and create a beautiful reality.

The 1st day is dedicated to experience and understand this on a heart, body, mind and soul level.

The 2nd day we look at our old patterns and blockages and we learn ways of transforming them. We are diving into a deep healing process.

The last day we learn concrete energy healing methods and how to connect with our divine source in order to unleash the divine healing power within. The healing happens on a cellular level and allows the re-organization of our whole system. By applying the ancient and modern techniques vou will experience immediate results on the body level.

So let us awake our inner wisdom, find and develop our inner healer and let us create our beautiful reality.

Venue: Windarra, Sunspace, Timing: 9 am - 5 pm, (1h lunch break)

Booking & Infos: sandyra@auroville.org.in or phone: 0848 928 6928 (Petra)

#### **COOKING CLASSSES**

#### Taste of Puniab.

Come and explore your cooking talent this month with creamy gravies. Delicious varieties of bread and tangy, spicy vegetables.

The class will be on every Monday 1st Dec, 8th Dec, 15th Dec and 22nd Dec. If you love to eat food from different regions of India, and learn to use the spices and their proportion to give each dish their unique taste and perfume, here is where to come.

Call Meha on 9443635114.

#### NONVIOLENT COMMUNICATION WORKSHOPS -COMING UP IN JANUARY

1. Nonviolent Communication Mediation Intensive, Jan 4-7 With 2 trainers from Sweden

Learn to hear and track meaning in what people say...

Grow in your ability to sit with discomfort...

Support connection, your own and between people...

All levels welcome!

For info and tο register: SEE joylivinglearning.org/calendar?event id=286 or contact L'aura (joylivinglearning@gmail.com)

2. Nonviolent Communication and Internal Family Systems, Jan 16-18

With 2 trainers from France

Deepen self-connection and understand your internal parts...

Learn to stay in your power and come from internal clarity and stability...

Intermediate training - NVC prerequisites required.

For info and to register: For info and to register: see joylivinglearning.org/calendar?event\_id=294 or contact L'aura (joylivinglearning@gmail.com)

#### PITANGA NEWS



CLASS SCHEDULE - our schedule is available in last week's News and Notes, on the Auronet or by mailing us, it will be updated on December 15th when our lyengar teachers return from training.

> THE PERCEPTIBLE BREATH - A film portrait of Ilse Middendorf - Sunday Dec 14th at 4 pm. Presented by the German pavilion. The

film is in German with English subtitles,

The Perceptible breath is based on the work of Ilse Middendorf who was the forerunner of the rediscovery of the secrets of the breath, what is called "Chi". She founded an institute in Berlin in the 60's and became a world renowned breath pedagogue and therapist. Her teaching has helped thousands of people regain their health and creative power and most importantly, harmony within. Veronika Langguth, long practicing breath pedagogue and therapist will be with us for the film and to answer guestions. She will also do a series of workshops at Verite and is available for individual treatments. "In balance between devotion and awareness we are learning basic abilities like focusing, perceiving and breathing

Mothers refers in the agenda to the meaning of the physical body for transformation and emphasized that it must become more permeable and perceiving - submitted by Kayananda

ACUPUNCTURE TREATMENTS available by appointment from reception offered by Morgana a returning certified therapist to Pitanga

OPENING THE GATEWAY TO THE VILLAGE/

Sunday 07/12/14, Saturday 13/12/14, Sunday 21/12/14,

Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30

Come and enjoy the authentic village experience and celebrate

Contribution requested from Aurovillian, Guests & Volunteers.

2014

Village Tour

PROGRAM FOR DECEMBER

For further details please contact Pitanga, Samasti, Auroville, tel: 0413 2622403 or email: pitanga@auroville.org.in

THE FOR COLTURE WEDUCATION

#### SCHEDULES

#### BAMBOO CENTRE TRAINING PROGRAM FOR **DECEMBER**

Auroville Bamboo Centre runs many workshops throughout the



year for visitors who book and pay for the courses. We do have various conditions that we hope you understand and agree with.

#### Training and workshop

The importance of Bamboo as

an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

The Auroville Bamboo centre offers training to individuals and groups in:

#### **Bamboo Construction**

#### 17th to 20th December - 4 days: Training program on bamboo construction

The program will consist of learning inputs: theory, instruction, demonstration, and practical work.

Flexible training dates offered to groups Contact:

aurovillebamboocentre@auroville.org.in, www.aurovillebamboocentre.org

Saturday 27/12/14

Local Cooking Class

Sunday 28/12/14

cultural heritage!

am (please bring your bike)

# Saturday 06/12/14, Saturday 13/12/14, Saturday 20/12/14,

Learn to make these delicious local dishes and learn how to make flower drawing. Meeting Point is the Lively Boutique, Kotakkarai plaza at 9.30 am (please bring your bike) We will finish around 1:00 pm.

Contribution requested from Aurovillian, Guests & Volunteers.

Please register for all the programs in advance by contacting 0413 2623806 or Mohanamprogram@gmail.com.

Please visit: www.mohanam.org or www.harmonyvillagepromenade.weebly.com

0413-2623806

#### REGULAR CLASSES

#### Note from the editors

The Regular Classes column is published once a month. Guest-houses are kindly requested to put this page up on the notice boards. <u>Kindly inform us of any changes/cancellation in your regular event</u> - the next regular events schedule will be published on January 3rd, 2015. - Editors.

<u>AcroYoga:</u> Every Sunday 8 to 10am at Arka. A beautiful blend of partnered yoga, acrobatics, and Thai massage. No need to bring a partner. Flexibility, power, & surrender are all combined... experience in yoga (particularly Ashtanga or AcroYoga) is very helpful.

Aikido classes' timing: For the youngsters and adults: Tuesday, Thursday, and Saturday 6 to 7.30 am (Beginners are welcome on Saturday mornings. Guests and Volunteers are much welcome if they can commit for some time at least (with contribution to Pitanga as per their conditions). Please come 10-15 minutes before the class starts; wear long, large and comfortable pants and large T-shirt with sleeves, or your martial art outfits if you have any. For any information you may need, kindly contact Surya: 0413-2623.813, 96.55.48.54.87 or call/see Pitanga Reception tel. 0143-2622.403.

<u>Alcoholics Anonymous</u>: meeting (open) every Saturday 6pm, Centre Guesthouse (Merriam Hill Centre). Contact: Ingrid 9443843976 or Shankar 9442010573.

<u>Aquagym Class</u> with Elisa at La Piscine, New Creation Every Thursday from 4 to 5 pm.

Argentine Tango: Mondays: Beginners' class 6.00pm to 7.00pm and intermediates 7 to 8pm@ New Creation Sports Resource Center, Kuilapalayam. Wednesdays: Practica (tango dance space open to all) 7.30pm @ Sawchu, Bharat Nivas. Fridays: 'An hour to study' 8.00pm @ Naturellement. For milongas or further information please contact: tango@auroville.org.in Bring socks or danceshoes.

<u>Art Corner</u>: An open space for creative expression, for all ages! Different themes each week, as part of research on art-making in our community. Tuesdays & Fridays from 6-10 pm, upstairs at Le Zephyr Café, Visitor's Center. More info: krupa@auroville.org.in.

<u>Astrology, its holistic approach</u>: Astrological Chart by Uma Giménez. You are welcome to call and fix an appointment at 2623080 or 9443697972 (Surrender). The reading can be held in English, Spanish, French and Italian.

<u>Authentic Tamil culture:</u> Meena, a Tamil Aurovilian, would like to offer a course on the discovery and beauty of the authentic Tamil Culture every Sunday morning, meeting point at Courage Gate. The course may include: 1. cooking lessons, 2. How to make kolam, 3. How to wear a sari, 4. Henna design on hands and feet, 5. How to make flower garlands 6. Tailoring. If you are interested, please call Meena to talk about the details of your class and fix the time. During the day call: 9787702180, after 5 pm you may use the landline: 0413 2623263. Meena

A Self-Awareness Open Space: You are invited to come together for self-exploration in a warm heart-space. The focus is to develop a simple practice in our daily life as a means of spiritual growth. We will do this through meditation, mantra chanting, yoga, dialogue and spontaneous games. Time (starting 4th Dec, Thurs): Every Thursday & Sunday 5.30 pm - 7.00 pm, Saturday 7.00 am - 8.30 am. Facilitator: Samrat, ph: 9655024511, email: samrat@auroville.org.in

Location: The rooftop of Apna Ghar, Meerambikai Garden, when you come into Auroville from ECR(beach road), turn left before the temple prior to Last School, Aspiration, after 200m it will be on the right.

<u>Belly dancing</u>: Belly dancing is for all sizes, shapes and ages of women. You are welcome to learn and explore one of the most ancient, feminine and beautiful forms of dance in the world. Belly Dance is based on movements that come naturally and healthy to the female form. For more details contact Pricila: shuhipuk@gmail.com

Bioregion Tour: Date: Every Saturday - Time: 12 pm till 7.30 pm. Meeting point: 11.45 am at Lively Boutique, Kotakkarai Plaza. Please contact us on 0413 2623806 or at mohanamprogram@gmail.com. Tour will only take place once a minimum of 10 bookings has been received. We aim to run this tour every Saturday, dependent on number of bookings received.

Contribution amount is confirmed on enquiry. Transportation will be arranged according to the number of people.

Capoeira: Monday & Wednesday (Capoeira Regional / Contemporanea) - 5 pm at SAWCHU (Bharat Nivas) with Samuka da India. Tuesday (Capoeira & Functional Fitness) - 5 pm at Certitude with Camaleão. Tuesday & Thursday (Capoeira Angola) - 7.15 pm in Deepanam School with Samuka da India. Friday (Capoeira & Functional Fitness) - 6.15 pm at New Creation Studio with Camaleão. Contact: Sam 9488328435 - capoeira@auroville.org.in

<u>Circus class:</u> Regular class, every Monday from 4 pm to 6 pm / Age: from 9 years to 14 years. Contact phone for more information and your registration, Kalou: 9787332791 / email: eluciolecircus@gmail.com

<u>Clay classes for children and adults</u> with Saraswati and Anna. Please mail to <u>aurokatrusya@gmail.com</u> for details. Regards Saraswati 9787571633

<u>Cooking class</u>: Every Monday from 10 am to 2 pm there will be a cooking class for 4 months starting from December.

These classes will include north Indian, Italian and Thai cooking. Anybody interested to learn these mouthwatering recipes are most welcome and I assure you that by the end of the sessions you will be able to please anyone with your cooking talents. Contact number: 9443635114. Meha.

<u>Dance space:</u> in Verite Hall, Thursdays 5-7pm. Everyone can dance regardless age, sex, size, flexibility...!

Offering a space to explore our own unique movement, free dance and contact improvisation ... Together we create the freedom and possibility to simply be in the stillness or movement of the moment and allowing each person to be spontaneously moved by an inner pull, the music or perhaps inspired by a movement of another body. Dancing a wave, discovering on our own and as a group. Moving towards an empowered, radiating stillness... Dariya

<u>Flamenco In Cripa Every Wednesday:</u> From 4 to 5´30 pm. Starting 13th of August.

We will practice the flamenco position and attitude for dancing, the movements of hands, arms, body, legs and foot. We will listen to flamenco music to understand the roots of this dance. We will create a flamenco choreography.

Come and enjoy with us, Flamenco team.

<u>Foot reflexology</u>: A massage that applies pressure to the feet with the thumb, fingers, and hand techniques. Approx. 60 min. Call 9843948288 or email <u>vikram@auroville.org.in</u> for an appointment.

French classes at Savitri Bhavan, House of Mother's Agenda: French classes at House of Mother's Agenda, every Monday and Friday from 5 pm to 6 pm.

<u>From the Food Lab</u>: Horizon. (In front of Sve-dame). Mon., Tues., Thurs. 4.00 to 6.00pm. Call Lorenzo before coming at 09443362274. All relevant information about the after effects of food on your body for e.g. allergies, intolerance, chronic pathology. Homeopathic Immunopharmacology is available.

Hypnotherapy and Chakras Healing at Arka: Marcella, Aurovilian, is a qualified Hypnotherapist and Past Life Regressionist from the reputed California Hypnosis Institute (India). Languages: English, Italian / Contact: Tel. 9443338734 or email: abalancedstate9@gmail.com

<u>Hypnosis</u> enables conscious access to the memory of a consenting person, which then provides the tool to therapeutically work with earlier experiences still influencing a person today. This includes fears and phobias, addictions, trauma, inner child work, pre-natal experiences, discovering personal resources, transpersonal regression therapy.

<u>Chakras Healing</u> works with our thought processes and there is a corresponding thought processes for every chakra. Our thoughts affect our emotions (how we feel), then the energy field of our body, and finally generates changes in either our physical body or

our physical space. It is possible to heal each chakra and hence heal physical, mental and emotional states.

<u>Impro Theater</u> Friday, at 4.30, SAWCHU, Barath Nivas, free workshop, just come and enjoy. Contact *Jeff* 948 64 75 367

<u>Introduction to Sustainable Food Growing</u>: Every Monday 10.00 am till lunch time in Buddha Garden. Contact Priya for more details at <a href="mailto:priya@auroville.org.in">priya@auroville.org.in</a> or 94432 22653

<u>Kuthuvarisa, a Tamil Nadu Martial Art / Self Defense:</u> Monica and Victoria have been attending this class for several months and enjoy it and find it very interesting. The classes are on Monday, Wednesday, and Friday from 7am to 8am in Arka. Please come and join us! Participants of all ages wanted!

<u>Leela:</u> the game of the same knowledge (2000 years old): come play the game of your life. **Sunday**, **9.30 to12** (above 15 years old) Info, Veronique J., **948** 85 12 678 - SVEDAME, Butterfly Barn in German, English, French, Spanish and Russian.

Meditation for Peace and Healing: Join us from 5:00 to 5:45pm every Thursday around the Peace Table at the Unity Pavilion to build and 'hold' a Collective Space for Healing and Peace. Please offer your Presence to help in this collective experiment, whether you need healing yourself or simply want to support others in their healing and well-being.

<u>Modern Jazz Dance:</u> Margarita would love to start a regular modern jazz dance classes for all levels at Cripa every Thursday from 4.45 to 6.00pm.The Class will start from the 12<sup>th</sup> of December. Call for more information 9585335776

For NVC (Nonviolent Communication) and RC (Restorative Circles) in Auroville, please contact L'aura (9442788016, laura.joyful@gmail.com).

Odissi & Semi-Classical Bollywood Dance Class With Tejas
Private Dance Classes at the Shakti Dance School in Felicity
Learn grace, discipline, and the beautiful temple dance of east
India.tejas@shaktidancetroupe.com. +91-8489477222

OM Choir: "The voice that chants to the creator Fire,/The symbolled OM, the great assenting Word" Every Tuesday at Savitri Bhavan, 5:45/6:00pm - and at the OM Choir in the Ashram School, opposite the Ashram Entrance, Pondicherry, Fridays at 7:00pm.

<u>Online Events Calendar</u>: The schedule of events for the week can be accessed by all, including guests, on the Auronet login page: www.auroville.org.in (no need to log in!)

<u>Pilates with Savitri</u> at New Creation Dance Studio on Mondays at 5pm, basic level on Tuesdays at 7.30am, intermediate level. on Saturdays at 7.30 am, intermediate level

<u>Pizzas Nights</u>: The Youth Center welcomes you to re-join for delicious fresh pizzas from a cyclone-wood-fired oven. Every Saturday evening 7:00pm onwards

<u>Psycho-spiritual work, tarot and other sessions:</u> To bring more clarity and freedom on life issues where there was confusion and entanglement in order to allow new steps in life. Tarot, deconditioning self-inquiry," inner personalities" discovery and balancing, guided meditation and other tools...by Antarjyoti in English or French, tel(land): 0413-262 37 67 or email: antarcalli@yahoo.fr

Reiki and Reflexology - Massage By Jannaka at Arka: Every weekend - Individual course in 3 sessions also on week-days by appointment / REIKI COURSE: actives your hands to be connected with the Cosmic Energy which cures physical diseases and the emotional conflicts through contact. It teaches self-treatment and session to other one / REFLEXOLOGY MASSAGE: heals organic dysfunctions and their psycho-somatic causes not only through massage on the reflex map of the foot but also with pressure on "marma points" in the legs and arms. Therapies and courses are held by Jannaka, Reiki master and therapist with 25 years' experience. Make the bookings with Jannaka: 9487629648 - Email: lestellenoi@gmail.com

<u>Satsang:</u> a sharing for spiritual upliftment; Savitri Bhavan, Saturdays 5-6 pm

<u>Skyworks: Tree Climbing Workshops</u>: Recreational tree climbing workshops. You want the experience without learning all the knots? The ropes are already positioned in the trees. The knots are tied and tested before. You "hook on". After being fitted with your

"saddle" and some short instruction on safety and climbing techniques, you are off and climbing! Call Satyaaji for conditions and appointement 958 516 58 82. Thank you

<u>South Indian Classical Dance (Bhratnatyam):</u> Bhratnatyam dance classes offer by Bhratnatyam Dance classes offered for beginners. Weekly twice. The classes are offered for children and adults. If you are interested please contact me after 4pm on my mobile. *S. Caveri*:7598368514

<u>Spanish Tertulia</u>: A gathering for cultural exchange, every Friday from 4pm to 6pm at La Terrace. We welcome anyone interested in Spanish culture and those who practice colloquial language.

<u>Réception francophone</u>: Tous les mardis de 17:00 à 18:30 à La Terrace, en haut de la Cuisine Solaire, Ananda et Michiko sont à la disposition des visiteurs francophones qui voudraient poser des questions sur Auroville. Les auroviliens et newcomers francophones peuvent aussi participer.

At Tai Chi Hall: Tai Chi @ Sharnga: Chi on Mondays and Tuesdays from 7.30am-8.30am. 24 form on Monday and Tuesday mornings from 8.30am-9.30am and on Friday evenings from 4.30pm-5.30pm. 108 form on Thursdays and Fridays from 7.30am-8.30am. And 127 form on Wednesdays and Saturdays from 7.30am-8.30am.

Monday 7.30am-8.30am: Chi. Monday 8.30am-9.30am: 24 form. Tuesday 7.30am-8.30am: Chi. Tuesday 8.30am-9.30am: 24 form. Tuesday 4.30pm-5.30pm: 24 form. Wednesday 7.30am-8.30am: 127 form. Thursday 7.30am-8.30am: 108 form. Friday 7.30am-8.30am: 108 form. Friday 4.30pm-5.30pm: 24 form. Saturday 7.30am-8.30am: 127 form

<u>Tai Chi Hall @ Sharnga</u> resumes evening classes. We will practice the 24-form every Tuesday and every Friday from 4.30pm to 5.30pm.

<u>Thai Massage:</u> TerraSoul Community Project introduce. Thai Massage Research Auroville. (TMRA) Introduction to Basics an Dynamics of Thai Massage. Every Sunday workshop from 9.30am to 12 am in Sunspace. ( windarra farm ) Welcome everybody interested in a inner exploration. The first 30 min. will be a Qi Gong practice to reconnect mind and body. Contact # 944.3434182. Juan

<u>Thai Massage:</u>I offer Traditional Thai massage (For men and women), and Ayurvedic massage Abhyanga.'(For women only) 1h to 1:30. At your home (if you can't move) or at my local. For more informations: *Christine P*: 9489805493

Tamil Literary Classes: - Ilaignarkal Education Centre organizes Tamil Literary Classes every Thursday evening 5 pm-6 pm. Regular attendance is appreciated. Lectures by seasoned professors in Tamil Literature, history and culture are opened to all / now we are ready again to continue our Classes on sewing, hand embroidery, drawing, painting and simple handicrafts for Auroville workers, their wards and Aurovilians interested. Better fix your schedule with our craft instructor / - We have created facilities for simple natural Beauty Corner for women only. Contact Ms. Fathima, Trained beautician working with us in our school. *R. Meenakshi (Ilaignarkal Education Centre, Phone No: 0413 - 2623 773, Email:- tamil@auroville.org.in)* 

<u>Ultimate Frisbee:</u> Every Saturdays & Mondays, 5pm till sundown at Certitude.Helps improve stamina, hand/eye coordination, and focus through running, throwing, & catching the disc; along with patience & teamwork. Bring running shoes if you have them. Contact <u>mark@auroville.org.in</u> with any questions or just come ready to play.

<u>Vedic Astrology:</u> Chart reading and interpretation. Call 9843948288 or email <u>vikram@auroville.org.in</u> for an appointment.

<u>Veena Musical Classes:</u> As one of India's most ancient string instruments, the veena's origin can be traced back to the ancient yazh, which was similar to the Grecian harp. *Bharata*, in his *Natya Shastra*, explains the theory of the 22 sruti's in an octave with the help of two experimental veena's. Kaanchi Kaama Kodi Aasthana Vithvaan Thiru Ravi (*Ravi* for short) conducts regular veena musical classes for everyone at Yatra Arts Foundation, near New Creation sports ground.

Come and learn an ancient art form in pleasant and friendly surroundings. Who: Everyone! Children & Adults

When: Every Friday evening from 5pm to 7pm. Contact: 0413-2623071 / 9786772209

World dance is back every Friday from 5 to 7 pm.: dinner will be served at the cafe. Please come to dance with us.

We serve Vegetarian & Vegan Mediterranean food. Open from Monday to Saturday 8.30 to 17.00 pm. new - organic wheat and gluten free bread and pita bread.

With love. Well cafe team

<u>Atelier D'ecriture (Writing Workshop In French):</u> Le Pavillon de France organise un cycle d'ateliers d'écriture et de méthodologie animé par Florence, qui propose de réunir une dizaine de participants, pour écrire au fil de la plume, selon l'humeur et les rencontres.

Le prochain atelier d'écriture créative aura lieu de 16h30 à 18h Le mardi 9 décembre: « Écrire avec la peinture d'Edouard Hopper». L'atelier de méthodologie aura lieu de 9h30 à 12h30 Le samedi 13 décembre: «Écrire l'histoire de sa vie».

Plus de précisions sur le lieu en réservant soit par tel au 962 6648976 soit par E-mail à <u>lesbaladantes@gmail.com</u> (le nombre de places est limité).

Kottakarai plaza tour Village Artisans and Crafts visit: Auroville is an incubator that enables the development of village crafts, artists and artisans. In the community around Auroville in the villages of Kottakarai, Alankuppam and Sanjeevinagar there are many small-scale Handicraft products for Auroville and for the world. It means there is imaginative designs with respect for a quality finishing.

Mohanam invites you to join us in a tour of these projects.

We will take you into the community to show how the products are made and introduce you to the artisans.

Timing: Every Thursday Month of December from 10.00 am to 12.00 pm

Place: Meet 9.30 am at Lively Boutique opposite Ganesh Bakery Kottakarai

Booking: Not required but please phone if you wish on 0413- 2623 806

If a group requested, date can be flexible (Expect Sunday)

#### FILMS



# CINEMA - Bharat Nivas - AUDITORIUM There will be no film show on Friday 12 November. Enjoy the Theatre Play at the Auditorium.



#### THE ECO FILM CLUB

Sadhana Forest, December 12th, Friday at 7 nm

#### THE ORANGUTAN KING

2005 - 49 min. Produced by the BBCJ

For fifteen million years orangutans roamed tropical forests from China to South East Asia. Nowadays in Borneo, one of their last island outposts, lives one who is a legend. They gave him the name Kusasi. The Orangutan King is the story of Kusasi's life told to us by Dr Birute M. Galdikas. She has been researching orangutans in Borneo for over 40 years. With enthusiasm and insight she tells us this special story - taking us back 30 years and unfolding Kusasi's story with details, energy, and the wonder that she still feels for the orangutan species. As a three year old orphan, Kusasi fell under the care of Galdikas in her forest research camp. But driven by a cunning spirit Kusasi did not behave as the other ex-captive infants. Kusasi fought to win back and then succeed at life in the wild. And he's achieved what had once seemed impossible, reaching the top of the power hierarchy and ruling for ten years. Today his spirit still burns brightly but his physical strength is fading. His fights with the roque males who cross his borders are weakening him and the Orangutan King is the last chance for us to see him in power. The hope of this film is that he will not be the last of his kind to rule with such strength in his forests. If the forest destruction can be stopped, there is a long future for the considerable Kusasi bloodline

Before the movie at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work!

After the film you are welcome to join us for a free 100% vegan organic dinner!!

Free bus service to the TOUR OF SADHANA FOREST and the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 16:00 and RETURN FROM SADHANAFOREST: 21:30

Free bus service to the ECO FILM CLUB - DEPARTURE SOLAR KITCHEN: 18:00 and RETURN FROM SADHANA FOREST: 21:30

The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 2677682 or 2677683 or sadhanaforest@auroville.org.in

#### VISITOR CENTER MOVIE SHOW

11th Thursday December 8 pm THE MAZE RUNNER (2014)

Genre: Adventure/Sci-Fi/Rated:PG13 /Dur:1.53mins/

Language: English/ Subtitle: English/

Dir: Wes Ball / Cast: Dylan O'Brien, Kaya Scodelario, Will

**Poulter** 

Storyline: Thomas wakes up in an elevator, remembering nothing but his own name. He emerges into a world of about 60 teens who have learned to survive in a completely enclosed environment, subsisting on their own agriculture and supplies. A new boy arrives every 30 days. The original group has been in "The Glade" for two years, trying to find a way to escape through the Maze that surrounds their living space. They have begun to give up hope. Then a comatose girl arrives with a strange note, and their world begins to change. There are some great, fast-paced action scenes, particularly those involving the nightmarish Grievers who plague them.

12th Friday December NO SHOW

#### AT SAVITRI BHAVAN

Monday, 8th of December 2014, at 6:30 pm.

SHRI KIREET JOSHI: "LET US WORK TO RESTORE THE VEDA, Part 4 - THE SEVEN RIVERS, 1"

"This world is a world of evolution" is Sri Aurobindo's knowledge for humanity.

A precise description of several levels of consciousness and the processes to reach them that Sri Aurobindo found in the Veda in the first hymn to Agni "The Seven Rivers" of the Rishi Vishwamitra.

With this translated hymn by Sri Aurobindo, Shri Kireet Joshi is showing "that the Veda contains the highest possible understanding of the Divine consciousness, the Human consciousness and the connections between the two and the method by which you can arrive from human consciousness to the Divine consciousness, so that the highest fulfillment becomes possible."

Duration: 88min.



### Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film programme 8 December 2014 to 14 December 2014

# Indian - Monday 8 December, 8.00 pm: MARDAANI (Brave Woman)

India, 2014, Dir. Pradeep Sarkar w/ Rani Mukerji, Tahir Raj Bhasin, Gautam Babbar, and others, Action-Drama-Thriller, 113mins, Hindi w/ English subtitles, Rated: NR (PG-13) In this critically acclaimed film, Shivani Roy is a senior inspector at the criminal branch in Mumbai. She lives with her husband Bikram and little niece, Meera. Clever and fearless, Shivani takes on a case that changes her life. A teenage girl, Pyari, who is like a daughter to her, is kidnapped by the trafficking mafia and smuggled out of the city. The mafia kingpin, Walt, calls Shivani and wants to know what she wants that will make her stop chasing them. Shivani asks Walt for Pyari's freedom, but that seems impossible as by now Pyari knows and have seen too much. Shivani doesn't know Walt - but she vows to catch him in 30 days. What follows is a cat and mouse game.

#### German - Tuesday 9 December, 8:00 pm: DIE SCHLAFKRANKHEIT (Sleeping Sickness)

Germany, 2011, Dir. Ulrich Koehler w/ Pierre Bokma, Jean Christophe Folly, Jenny Schily, and ohters, Drama, 91mins, German w/English subtitles, Rated:NR *In collaboration with Goethe Institute/Max Mueller Bhavan* Dr. Velten lives with his family in Cameroon, leading a project to combat the sleeping sickness. The film tells of the problems, needs and conflicts in regard to development work.

## Interesting - Wednesday 10 December, 8.00 pm: STORIES WE TELL

Canada, 2004, Dir. Sarah Polley w/ Michael Polley, John Buchan, Mark Polley, and others, Documentary, 108mins, English, Rated: PG-13

In this inspired, genre-twisting film, the Oscar-nominated writer/director discovers that the truth depends on who's telling it. Polley is both a filmmaker and a detective as she investigates the secrets kept by a family of storytellers. She playfully interviews a cast of characters eliciting refreshingly candid, yet mostly contradictory, answers to the same questions. As each relates their version, recollections shift into nostalgia-tinged glimpses of their mother, who departed too soon. Polley unravels the paradoxes to reveal the essence of family: complicated, messy and fiercely loving. The film explores the elusive nature of truth and memory, but at its core is a deeply personal film about how our narratives shape and define us as individuals and families.

#### French - Thursday 11 December, 8.00 pm: LULU FEMME NUE (Lulu Naked Woman)

France, 2013, Dir. Solveig Anspach w/ Karin Viard, Bouli Lanners, Claude Gensac, and others, Comed-Drama, 87mins, French WITH SPANISH SUBTITLES, Rated: PG. Following a botch job interview, Lulu decides not to go back

Following a botch job interview, Lulu decides not to go back home, leaving her husband and their 3 children in the lurch. She steals a few days of freedom for herself. On the way, she crosses paths with a variety of people who, like herself, are at the edge of the world: three encounters will help her to rediscover herself.

International - Saturday 13 December, 8:00 pm:

#### HAWAII, OSLO

Denmark-Sweden-Norway, 2004, Dir. Erik Poppe w/ Trond Espen Seim, Jan Gunnar Røise, Evy Kasseth, and others, 125mins, Drama, Norwegian w/ English subtitles, Rated: NR (PG-13) It is the story of a handful of people who cross each other's path without necessarily knowing each other, during the hottest day of the year, in Oslo. We follow Frode and Milla. They are having their first child, who they are told will not live long. We follow Bobbie-Pop, a faded singer who tries to commit suicide. We follow Leon, an institutionalized kleptomaniac who is looking for Asa, to whom he has a ten year old deal to get married. We also meet Leon's brother, Trygve, who fetches Leon at the institution to celebrate his birthday, but has plans to use his leave from prison to run away. And most of all we meet the angel Vidar, Leon's best buddy at the institution, who sees things no one else can see, and who may be able to save everyone except himself?

#### Children's Film - Sunday 14 December, 4:30 pm: THE LORAX

USA, 2012, Dir. Chris Renaud, Kyle Balda, w/ Zac Efron, Taylor Swift, Danny DeVito, 86mins, Animation-Comedy-Family, English, Rated: G

A 12-year-old boy searches for the one thing that will enable him to win the affection of the girl of his dreams. To find it he must discover the story of the Lorax, the grumpy yet charming creature who fights to protect his world.

#### Fritz Lang Film Festival @ CINECLUB Ciné-Club - Sunday 14 December, 8:00 pm:

#### THE BIG HEAT

USA, 1953 Dir. Fritz Lang w/Glenn Ford, Gloria Grahame, and others, 90mins, Crime-Thriller, English w/ English subtitles, Rated: PG

Dave Bannion is an upright but unscrupulous cop on the trail of a vicious gang that he suspects holds power over the police force. Bannion is tipped off after a colleague's suicide and his fellow officers' suspicious silence lead him to believe that they are on the gangsters' payroll. When a bomb meant for him kills his wife instead, Bannion becomes a furious force of vengeance and justice, aided along the way by the gangster's spurned girlfriend Debbie. As Bannion and Debbie fall into the Gangland's brutal trap, they must use any means necessary to get to the truth.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

Kindly do not bring food, drinks, snacks, munchies or your pets into the auditorium.

As a courtesy to fellow viewers please be sweet and stop chatting after the film starts.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in.

We appreciate your continued support. Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

#### Important information about News & Notes (Absolute deadline for submissions or cancellations: Wednesday 11 am)

The contents of *News & Notes* are a reflection of the growth process of this community towards its ideals of harmony, goodwill, discipline and truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

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