



News Notes

#1139 A weekly bulletin for residents of Auroville 9 July 2026



Photo by Alexey

Pondering



A spiritual idea is a power, but only when it is both inwardly and outwardly creative. Here we have to enlarge and to deepen the pragmatic principle that truth is what we create, and in this sense first, that it is what we create within us, in other words, what we become. Undoubtedly, spiritual truth exists eternally beyond independent of us in the heavens of the spirit; but it is of no avail for humanity here, it does not become truth of earth, truth of life until it is lived.

Sri Aurobindo, *The Human Cycle,
The Advent and Progress of the Spiritual Age*

Contents

PONDERING	1
HOUSE OF MOTHER'S AGENDA	4
TOWNHALL SPEAKS	5
City Services Contributions and Payments, May 2026	5
Auroville Foundation Circular: Non-compliance to digital transaction	5
Auroville Economic Development Initiative	5
COMMUNITY NEWS	6
Obituary	6
In memoriam: Manfred	6
Matrimandir News & Schedules	6
Nursery road closed for 4 wheelers	6
Matrimandir Access Information	6
Amphitheatre: Meditations at sunset with Savitri	7
Awakening Spirit	7
Savitri Bhavan, July 2026	7
New Reading Circle: The Mother's Questions and Answers 1956	8
Bhagavad Gita Chanting	8
The Synthesis of Yoga	9
Auroville Discovery Program	9
Books & Libraries	9
Auroville Library	9
Book Launch and reading: Celebrate the Child	9
Laboratory of Evolution Library	9
Education	9
Pranashakti: Auroville Centre for Vital Education	9
Last School/ Super School goes online: Toward Free Progress	10
Exploring Sri Aurobindo and Mother in Last School	10
For young people living and working in Auroville	10
Lilaloka Activities 2026—2027	10
Kuilai Creative Centre Regular Activities	11
Satori: Educational services	11
Tuition Classes Available	11
Youth Initiative	11
Mayil Garden	11
The Idea Kitchen: Taco Nights	11
Health Care	12
Santé Services, July	12
Aurokiya Integral Eye Centre	12
Morning Star	12
Eco Femme Open House	12
Aurodent Offer	13
Maatram	13
International	13
The French Pavilion	13
Ma mère, Dieu et Sylvie Vartan	13

Bharat Nivas, Pavilion of India	13
Kalaripayattu performances	13
Wide: Art Show	13
Pavilion of Tibetan Culture: Library	13
Unity Pavilion	13
June Events	13
The Flow: Chakra Meditation	14
Integral Life Coaching & Counselling	14
The Grow Young Club	14
Initiative as Artwork	14
Theatre, Music & Arts	14
MAJI: Echoes of Gold	14
Alexander Pushkin: Mozart and Salieri & The Stone Guest	15
The Fool exhibition @ Aurelec	15
Sonic Journeys	15
Theatre, Music & Art Activities	15
Kalabhum Music Studio's Music Academy	15
CREEVA: Art activities, July 2026	15
SVARAM Activities	16
Women's Choir restarts	16
Origami workshop	17
Dance Activities	17
Dance, Movement and Ballet for Children	17
Modern & Contemporary Dance Classes	17
Auroville Tango	17
Dance Classes by Mani	17
Music and Dance Classes in Bharat Nivas	17
Garba Immersive	17
Sports & Martial Arts	18
Abhaya Martial Arts	18
Swimming Class	18
Martial Arts @ Bharat Nivas	18
Kalaripayattu Regular Class	18
Regular Silambam Class	18
Grappling & Rudiments of Martial Arts for kids	18
Morning swimming classes for children	18
Budokan Class Hours and Activities in July	19
Kshetra Kalari @ Aspiration Sport Ground	19
Auroville futsal/ football club	19
Bioregion, Crafts & Nature Activities	19
Wellpaper Workshop	19
Solitude Farm Activities	19
Foundations of Fermentation	20
Maroma: Shop—Tour—Be Inspired	20
Mohanam program	20
Authentic Culinary Experiences: ACE	20
Auroville Bamboo Centre	21
The Colours of Nature (TCoN) Workshops & Visits	21
Activities by Rupavathi	21
Inside India	22
Enlight	22

Sadhana Forest Plant based Saturday	22
Egai Crafts—Workshops & Experiences	22
Office Spaces	22
Office Space Available: Auromode	22
Spaces Available at Ecoteco Campus Building	22
Hive Coworking Space Open House	23
Kinisi Cowork	23
Aurelec Spaces Available	23
Help Needed	23
NESS School: willing to receive extra fruits from your garden	23
Looking For	23
Looking for e-cycle	23
Looking for a phone	23
Need a Female Housekeeper	23
Available	23
Pure organic coconut oil	23
Hero Pleasure Plus Scooter	23
JUKI DDL-5530 Industrial Sewing Machine	23
Honorary Voluntary	23
Gau Seva at Sadhana Forest	23
Botanical Gardens	23
Auroville Pre Creche is calling you	24
Volunteering at FoodLink	24
Volunteers for NESS	24
Pour Tous Water service	24
Work Offering	24
Looking for a Full-time Job	24
Work Opportunities	24
AWARE: Looking for media & comms specialists	24
NESS School	24
Looking for Primary Class Teacher	24
Eco Femme: Looking for a Social Media Manager	25
Hiring a full-time in-house Graphic Designer	25
AIAT: Seeking of Assistant Professor	25
Ecology	25
Servicing of Septic Tanks	25
Litter Clearing Service	25
Upcycling Open Studio	25
Voices & Notes	25
AV Radio TV	25
Auroville's Forgotten Centre: the Supreme Lord's City	25
Poetry	26
A Line of Ants.	26
What arrows would it be, O Arjuna	26
Orbital Shift	27
Animal Care	27
Seeking volunteers for Dog Shelter	27
Join Auroville Dog Shelter Team	27
Foods, Goods & Services	27
Annapurna Farm Baskets	27
Baraka Mangoes Available	27
FoodLink Market	27
Free Store Timings	27

Neem Tree Cafe Offer	27
The Sprout Cafe & Restaurant	27
Sudha's Kitchen!	27
Naturellement Garden Cafe	28
Visitors Centre Cafeteria	28
Taste of Yoga: Vegan Café	28
Auroville Bakery Cafe in Town Hall	28
South Indian Breakfast	28
Living Room Café	28
Auromode Restaurant is Open	28
Pour Tous Water Free Service	28
PT Purchasing Service Opening Hours	29
Qutee Electric Scooter Service	29
Integrated Transport Service	29
UTS Transport Service	29
Sunrise Taxi Service	29
KINISI E-mobility Services	29
Abacus Accounting	29
Avdzines: Ready to provide better and faster service	29
Inside India	30
Tree Care Services	30
Surabhi Supplies	30
Prakrit	31
Rapid Care Services	31
Sarvam Computers offers reliable service	31
Classes, Workshops & Healing Arts	31
Mindfulness with Helen in July	31
Pitanga Program, July	32
Foot Reflexology Workshop	32
Loneliness Listening Circle	32
Arka Wellness Center July Program	33
Treatments	33
Classes	33
Services	33
Regular Yoga Classes @ SAIIR Conference Hall	33
World Game for Adults and Children	33
Myths About Vedic Astrology	33
Vérité July Program	34
Classes	34
Workshops	34
Auromode Spa Offers Cosmetology Services	34
Angam Tree	34
Leela Therapy	34
Languages	35
Auroville Language Lab	35
Cinema	35
Eco Film Club: Every Friday @ Sadhana Forest	35
New Moon Movie @ Centre d'Art, Citadines	35
Cinema Paradiso Film Program 13—19 July	36
Emergency Services	36
Electrical Bus	37
About N&N	37
Accessible Auroville Public Bus	38
The Last Page	38
The Visa Discussion	38

House of Mother's Agenda



(continued from last week)

The supramental Consciousness is a Unity-Consciousness. Sri Aurobindo and the Mother possessed this Unity-Consciousness in their mind and vital, and Sri Aurobindo had already started realizing it in the cells, in the Matter of his body, at the time he had to take the decision to descend fully conscious and with all his avataric powers into death. The Mother, who was carrying on the Yoga, reported from time to time on the growth of the transitional, overhuman being in her and therefore in humanity. Now she says that Matter is developing the Unity-Consciousness. Can a body cell contain the universe? Can a body cell contain the All in its complete aspects of Spirit and Matter? It is obvious that the cell must be capable of this if it is to be divinized, for the Divine is the All, and the All is the One, and the One is the Unity-Consciousness. We are entering a domain in which the cell and its Matter will prove to be an organic, living conglomerate of vibrations, and in which each single vibration will prove to be an element constituting and reflecting the whole cosmos.

And the Mother continued the report of her experience: 'This new perception is asserting itself more and more. It becomes more and more natural, and it is even sometimes difficult to recapture the old way of being, as though it were vanishing into a misty past—something which is on the point of ceasing to exist.

'From this one may conclude that the moment a body, which was evidently formed by way of the old animal method, is capable of living this consciousness naturally and spontaneously, without any effort, without going out of itself, it is proven that [the experience of her body] is not an exceptional and unique case. It is simply the forerunner of a realization which, even if it is not altogether general, can at least be shared by a certain number of individuals who, besides, as soon as they share it, will lose the perception of being separate individuals and become a living collectivity.

'This new realization is proceeding with what might be called lightning speed, for, if we consider time in the ordinary way, only two years have passed—a little more than two years—from the moment the supramental substance penetrated into the Earth's atmosphere to the moment the change in the quality of the Earth's atmosphere took place.'⁵⁰

The Mother's audience at the playground was, as she has so often said, a selection, a cream—but it was of course also young and human. There was goodwill, intelligence and psychic openness, but often also lassitude to the point of losing interest in what the Mother was saying. 'Mother, why don't we profit as much as we should from our presence here in the Ashram?' asked a child. 'That is very simple: because it is too easy!' answered the Mother. 'When you have to go all around the world to find a teacher, when you have to give up everything to obtain only the first words of a teaching, then that teaching, that spiritual assistance becomes something very precious, like everything that is difficult to obtain, and one makes a serious effort to be worthy of it.

(to be continued next week)

⁵⁰ *The Mother, Questions and Answers 1957-58, CWM 9 pp. 314-15*

Georges Van Vrekhem

The Mother: The Story of Her Life

Chapter 15: The Manifestation of the Supramental

<https://incarnateword.in/other-authors/georges-van-vrekhem/the-mother-the-story-of-her-life/15-the-manifestation-of-the-supramental>

Gangalakshmi HOMA

Townhall Speaks

CITY SERVICES CONTRIBUTIONS AND PAYMENTS

May 2026

Summary	Unspecified	Specified	Total
Buffer Opening Balance (BOB)	19,68,00,466	—	19,68,00,466
Monthly Contributions (Int. + Ext)	1,83,20,231	9,52,212	1,92,72,443
Total Contributions (OB+Monthly Inc)	21,51,20,697	9,52,212	21,60,72,909
Total Payments	2,22,61,495	9,52,212	2,32,13,707
CS Ending Balance (Includes BOB)	19,28,59,202	—	19,28,59,202
Monthly loss/ gain			-39,41,264

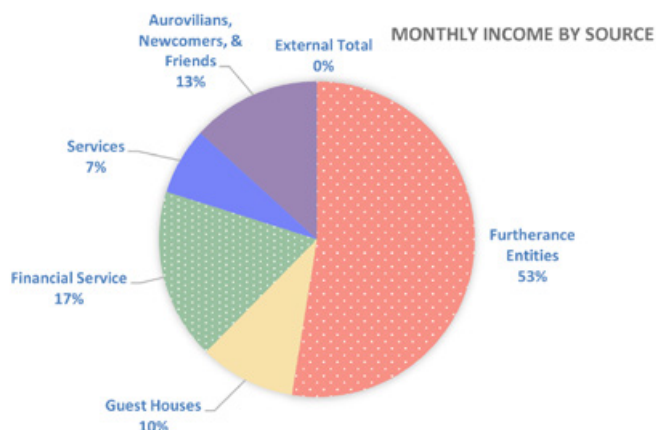
Internal Contributions

Source	Unspecified	Specified	Total
Furtherance Entities	95,94,732	5,32,242	1,01,26,974
Guest Houses	18,75,879	18,500	18,94,379
Financial Services	30,00,000	3,69,770	33,69,770
Services	13,32,893	—	13,32,893
Aurovilians, Newcomers, & Friends	25,16,727	31,700	25,48,427
Internal Total	1,83,20,231	9,52,212	1,92,72,443

External Contributions

Government of India for SAIER	—	—	—
Government of India for Other	—	—	—
Other Contribution	—	—	—
Project Contributions	—	—	—
Foreign Contributions	—	—	—
External Total	—	—	—

Monthly Income by Source



- **Paper version:** Please read full report at the end of the issue.
- **E-Versions:** [Please reread full report here.](#)

BCC Team
(Angurajan, Arthi, Kalaiarasi,
Kaileshvaari, Punniyakodi, Raji)

AUROVILLE FOUNDATION

Circular

Sub: Non compliance to digital transaction

Auroville Foundation Office has been receiving complaints from the guests/customers about insistence of cash payment by restaurants, guest houses, retail outlets, etc., despite digital mode system being available.

Attention is hereby invited to all the commercial units to strictly ensure transactions are done only through digital mode and cash transaction should be strictly avoided.

In case of continuance of failure to adhere to digital transaction, appropriate action will be initiated against those units without further notice.

This issues with the approval of the Competent Authority.

From Mass Bulletin

AUROVILLE

Economic Development Initiative

Submission Deadline:

10 July 2026

Over the past year, the Towards Prosperity process helped deepen our understanding of the needs and aspirations of Auroville's residents. As this work progresses, the next step is to strengthen the economic foundations capable of supporting the long-term development of the City and the prosperity of its residents.

To support this effort, FAMC is initiating the **Auroville Economic Development Initiative**.

As part of this initiative, an **Economic Development Study Group** will be constituted to undertake research, analyse existing data, engage with trusts, units, services, entrepreneurs, and residents, and help prepare an **Auroville Economic Development Framework**.

The Study Group will explore questions such as:

- How can Auroville strengthen its economic ecosystem?
- How can existing units and trusts be better supported?
- What opportunities exist for entrepreneurship, innovation, and youth participation?
- How can economic growth contribute more effectively to the collective wellbeing of Auroville?
- What long-term strategies are needed to build the economic foundations of the City?

Residents who wish to contribute to this process are invited to submit an Expression of Interest.

- **Submit your Expression of Interest here:**
[Google Form Link](#)

Based on the responses received, FAMC, with facilitation support from AWARE, will constitute a small multidisciplinary Study Group representing a diversity of experience, expertise, and perspectives. The intention is to create a thoughtful, collaborative, and action-oriented process that contributes to a stronger, more resilient, and more conscious economy for Auroville.

William,
FAMC Admin



Community News

Obituary

IN MEMORIAM:

Manfred

Manfred (Manfred E. Lehnert) was a German physics engineer. He came to Auroville in the early 1990s having grown disillusioned with the lack of care for the environment during his time of work in Germany. In Auroville he settled in Petite Ferme on the invitation of Peter A. (who recently passed away as well). Together with Rolf B., a friend who arrived along with him, he acquired a piece of land there and built a guest-house, where both of them lived until they had built their own houses. His main interest was to build with environment-friendly materials.

According to Dorothee of Certitude, Manfred was a man with many ideas, pursuing them even if they couldn't quite materialise. He did experiments with a solar water distiller, and with making biodiesel from various oils, including pongamia oil. A project that did succeed was a much needed incinerator for the Auroville Health Centre that functioned well for a long time. Over the years, Dorothee (as an architect) and Manfred worked together a number of times on several projects, the last and most important being the Mahalakshmi Home for assisted living. Manfred was very aware of the difficulties facing elderly Aurovilians, and so he had earlier started working for, and further developing, the Auroville Health Services, located at Aurelec.



Manfred and Dr. Karan Singh at the inauguration of Mahalakshmi Home (photo by Dorothee)

The Mahalakshmi Home was inaugurated in 2019, by Dr. Karan Singh, the Chairman of the Auroville Foundation at the time. Permission to build it was already granted in 2014, but funding the project was quite a challenge. Another challenge faced by Manfred during the construction of the Mahalakshmi Home was of a personal nature: an old illness suddenly flared up and severely affected his health. He never fully recovered from that.

For the last few years, Manfred lived fairly isolated, being looked after by his wife Girija. He passed away on 22 June 2026 at his home at the age of 84, and his burial took place two days later, at the Auroville Burial Ground.

*Submitted by
Annemarie*

Matrimandir News & Schedules

NURSERY ROAD CLOSED FOR 4 WHEELERS

From Monday 29 June onwards

From Monday 29 June onwards, the Nursery road between the Nursery community and the Crown Road (next to Language Lab) will be definitely closed for 4 wheelers.

4 wheelers, please use the Crown Road instead, then the road to Ilaignarkal school.

We are sorry for the inconvenience.

From Matrimandir Bulletin

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers: Daily, 6am—7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only: Daily, 9am—3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am—11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- **Savitri Readings on Tuesday evenings:** Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday, 6—8am, 4:30—7:30pm.
- Sunday, 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to **registered Volunteers**:

- Every day, 4:30—6pm.
- Volunteers are requested to come and get their revised passes between 10—10:30 am from the Matrimandir office.
- **It is obligatory for the volunteers and pass holders to carry the pass with them.**

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in.

- Any day except Tuesday & Sunday, 8—8:25am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in.

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre. The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from Visitors Centre.
- Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org.

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine
for Matrimandir Executives Team

AMPHITHEATRE:



Meditations at sunset with Savitri

6—6:30pm, every Thursday, weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheatre only** from 5:15pm. Guests are requested to bring along their Aurocards. **Last entry for guests** at 5:45pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan

Awakening Spirit

SAVITRI BHAVAN, JULY 2026



Exhibitions

9am—5pm, Sunday closed

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall
- **Special Exhibition:** Le Voyage; Mirra Alfassa—The Mother. Her Journey from Paris to Pondicherry 1878—1920. From July 27 onwards

Films

- **13 July: Water: The Great Mystery**—In this interesting and awarded Russian documentary from 2006, scientists from various countries and representatives from the largest religions discuss the importance and the memory of water and present their research work. Duration: 86min.

Life on Earth could not exist without water. All forms of life arose from it. This life-giving element exists in three forms: liquid, solid and gaseous.

Numerous findings show that the structure of water and its relationship to the world around us are of great significance. The molecular structure of water is its alphabet. One molecule contains one oxygen atom and two hydrogen atoms. Nowadays, these properties and their relations are widely used in industry, medical treatments, and aerospace.

Using precise instruments, molecular interaction with the environment can be shown and measured. It has been discovered that the structure of water reacts to every kind of information and stimulus it receives, similar to an animal or human nervous system, and that human presence, thoughts and feelings are the strongest factors influencing water.

What science is revealing only now appears to have been known to our forefathers.

The frequency and vibration of prayers in all religions and languages corresponds to the oscillation frequency of the earth's magnetic field. In all religions, it is customary to recite a prayer before eating food.

There is also a record from 1881 of a crew of shipwrecked sailors surviving for three weeks in a lifeboat by taking ocean water in their hands and with prayers transforming it into sweet drinking water.

The wise men of ancient times believed that the impulse which caused life to emerge in the material universe was a primeval divine spark that imprinted in water the sequence of the earth's future development.

In the Bible the word "water" appears multiple times, and the Book of Genesis says: "Now the earth was formless and empty, ...and the Spirit of God was hovering over the waters".

It seems, the involution of higher consciousness on matter happened through energy and water. Also continuously, consciousness, energy, and water give impulses for the evolution towards the new creation, while water in the special form of rain is cleansing and refreshing all.

Sri Aurobindo stated: "The direct power of mind-force or life-force upon Matter can be extended to an almost illimitable degree. It must be remembered that Energy is fundamentally one in all the planes, only taking more and more dense forms..." (LOY I, p.386)

Contemporary sciences demonstrate that our universe constitutes a single organism: all of its parts, including our earth and ourselves, are inseparably bound together by powerful streams of information, and on our planet, water plays a key role in the exchange of information.

Water is also part of Sri Aurobindo's Symbol: at its centre is the lotus, the Avatar of the Supreme, and the lotus is floating above the water which represents the multiplicity, the creation.

The film [Water: The Great Mystery](#) is available on YouTube:

- **20 July: The Messages of Water—Water Crystals in Motion.** With experiments and photographs of ice crystals Masaru Emoto demonstrated that human consciousness has an effect on the molecular structure of water. Duration: 38min.

Followed by **Has Water Memory?** 'Yes, water has memory and since ancient times Indian science knows this', is the answers to the question by Sadhguru at IIT Madras. Duration: 9min.

- **27 July: Water Ceremony for Auroville's 50th anniversary 28-2-2018.** During the water ceremony at sunrise of February 28 2018, young Aurovilians poured the water from 320 different sources on earth into a golden bowl at the Matrimandir amphitheatre and the background sounds of the Auroville Choir and musicians completes the beautiful memorable event. Filmed by Manohar. Duration: 42min.

Full Moon Gathering

- **Wednesday, 29 July, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Exploring the Frontiers of Consciousness:

Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an on-line contemplative study of Sri Aurobindo's *Savitri*. The program began on 15 August 2025, focusing on selected cantos from Part One of *Savitri*. Bi-weekly sessions combine guided reflections (via Shraddhavan's recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.

Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more: savitribhavan@auroville.org.in

- www.savitribhavan.org

Light and Delight



Light & Delight

Meditate on Huta's paintings with lines from Savitri

Write & share your inspired poetry

Thursdays 5-6:15pm, Savitri Bhavan



- **Thursdays, 5—6:15pm @ Savitri Bhavan**

Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions. We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders:

Bring paper and pen, Come on time or 5-10 minutes earlier, Meet at Sri Aurobindo's statue, Voluntary contribution to the venue.

Anandi Z.

Listening into Presence

- **Every Wednesday, 5—6pm @ Picture Gallery**
- **Every Saturday, 4—5pm @ Square Hall**

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies. Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies.

Guided by Misha (Mike).

New Activity

Barbara is giving individual sessions, group work and research initiatives focused on the practice and study of Integral yoga, the teachings of Sri Aurobindo and the Mother and Mother's Agenda.

- Please contact for appointment: 9443493026

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** Faith and Shakti—Chapter XVIII of Sri Aurobindo's *The Synthesis of Yoga* led by Dr. Jai Singh
- **Mondays to Saturdays, 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays, 3—4pm:** Matrimandir—The Soul of Auroville based on the words of The Mother led by Dr. Jai Singh
- **Wednesdays, 5—6pm & Saturdays 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays, 3—4pm:** The Problem of Life—Chapter XXII of Sri Aurobindo's *The Life Divine* led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm.

Margrit, Velmurugan
& Dhanalakshmi

NEW READING CIRCLE

The Mother's Questions and Answers 1956



Reading Circle

The Mother's Questions and Answers
1956

Led by Larry Seidlitz



Every Friday
5.30 to 6.30 PM
Starts July 3

All are Welcome!

Fridays, 5:30—6:30pm

Led by Larry Seidlitz

All are Welcome!

Rabi for MFG Team

BHAGAVAD GITA CHANTING

- Every Sunday morning,
6:30 —7:30am
- @ The Mother's Flower Garden

For queries:

- vidyamandir@auroville.org.in

Deven

for Vidyamandir Auroville Team



A weekly study circle on
The Synthesis of Yoga
 - Sri Aurobindo



4:30 pm - 5:30 pm
Every Tuesday

Venue :
 Resource Library,
 Bharat Nivas, Auroville



Scan for Location

Monisha

AUROVILLE DISCOVERY PROGRAM

Every 3rd Saturday of the month

Volunteers, Interns, Staff & Workers:
Understand | Align | Contribute

Auroville is a living experiment in Human Unity. The Discovery Programme offers volunteers a grounded introduction to the practical functioning of the City — helping align work & attitude.

AWARE warmly invites newcomers, volunteers, guests, and community members to participate in the Auroville Discovery Program. The Discovery Program is an invitation to explore Auroville not only as a place, but as a living experiment in human unity and conscious living. The session emphasizes **work as a path of inner discovery**—an opportunity to reflect on the deeper purpose of work, collective life, and personal growth within the context of Auroville.

Through presentations, sharing, and dialogue, participants will gain insights into Auroville's vision, history, ideals, and ongoing experiments.

- Participation is through prior registration.
- Scan/ Register here: [Discovery Registration](#)

For further information and registration details, kindly contact AWARE.



Sajiv for Aware Auroville

Books & Libraries

AUROVILLE LIBRARY

Opening timings



Auroville Library is back to its regular schedule
 from 01st July 2026.

Our working hours are:

Mornings: 9am - 12:30pm Monday to Saturday

Afternoons: 2pm - 4:30pm Monday to Saturday
 (except Tuesday: 4pm - 6:30pm)

Weekly Readings of *The Life Divine*



Weekly Readings of *The Life Divine*
 with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
 (from 23 January 2026)

All are welcome.

Contacts: 0413 2622894

- avlib@aurville.org.in, <http://library.auroville.org.in/>

Children's Storytime!

- All ages welcome!
- Every Saturday,
 10—11am.

Ayesha



BOOK LAUNCH AND READING

Celebrate the Child

Monday, 13 July, 6:45—7:45pm @ Auroville Library



Celebrate the Child

Poetry book launch and reading

6:45-7:45pm, Monday 13 July
 @Auroville Library

Bring your inner child.
 Contribution for the book,
 if you happen to like it.

Bring your inner child. Contribution for the book, if you happen to like it.
 Anandi Z.

LABORATORY OF EVOLUTION LIBRARY



Laboratory of Evolution Library

Opening: Monday to Saturday 9am to 12 am
 Tuesday, Wednesday, Friday & Saturday 2:30 pm to 4:30 pm

Focused on the evolutive vision of Sri Aurobindo & The Mother.
 Many related subjects from Traditional knowledge, Religion, Esotericism,
 Sciences, NDE, Body Consciousness, Health etc.

The complete works of Sri Aurobindo & The Mother are available in many
 languages, also books written by Ashram Disciples & Aurovilians.
 Also documents related to Auroville, books, CD & DVD

Open for Aurovilians, Newcomers, Volunteers, & Guests

Located at HORIZON, in front of SVE DAM, Lorenzo Food Laboratory

Education

PRANASHAKTI

Auroville Centre for Vital Education
 @ Pranashakti Hub (previous Aurofilm office)
 Next to CRIPA, Kalabhumi Community



Pranashakti
 Centre for Vital Education

Opening explorations for Auroville Education Community

Pranashakti programs are open to the residents community, with priority for Auroville teachers and students. We have a series of sessions across May–June. You are warmly invited to join any or all that resonate. Please click the link to register or scan QR code below.

Improvisation by Misha

- Mondays, 2—4pm, Wednesdays, 2—5pm
- <https://forms.gle/vZyuWjFGKCCQacU7r6>

Inward exploration: Learning Integral psychology through the body: gaining deeper body-felt awareness of our being's different layers, our evolutionary energy centres, breath work.

Outward expression: An exploration of improvisation, rhythm, spontaneity and movement—working through the body as a means to deepen presence and expression.

Shaily for Pranashakti



LAST SCHOOL/ SUPER SCHOOL

**Goes online:
Toward Free Progress**

Visit website:

• <https://www.lastschool-auroville.org/>

Subscribe YouTube channel Towards Free Progress @lastschool-auroville:

• <https://www.youtube.com/@last-school-auroville>

Chetana

*Last School
After School n:1
Super School
No School*

EXPLORING SRI AUROBINDO AND MOTHER in Last School

Last School is happy to open its doors and welcome all those who are interested in exploring Mother and Sri Aurobindo's works.

If you are interested in being part of this initiative and collective learning exploration please register:

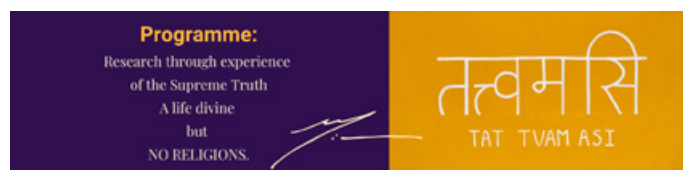
• +447515377896 WA or misha@auroville.org.in.

Misha



FOR YOUNG PEOPLE living and working in Auroville

To interns, young volunteers and professionals in Auroville,
And curious youth of Auroville, this is for you.



Many of you have likely arrived through a particular project, internship, apprenticeship, volunteer programme, or field of work; or as youth of Auroville, are involved today in one or two particular areas of work. Yet Auroville itself is much larger than any single unit, profession, or area of activity.

Alongside your work placement, SAIER would like to invite you into a complementary learning journey shared with other young people currently living and working in Auroville.

We propose to explore the deeper context from which Auroville emerges.

This will include:

- Weekly or bi-weekly Exploration of the context and raison d'être of Auroville, Sri Aurobindo's and The Mother's works, and the ancient Indian quest for meaning and purpose of life
- Consolidated information on and strong encouragement of a regular physical education practice during their stay in Auroville.
- A weekly moment for reflection, dialogue, and self-assessment among interns from different units and fields of study.

The intention is to create a space within your work schedule, in which these questions can be explored and the practical work of daily life can be placed within a wider scope.

An email has been sent to units of Auroville to invite them to explore this possibility. And ensure that if you are interested you will be supported in this exploration.

If this resonates with you, we invite you to fill out this short form. We have already had a first meeting this week and the exploratory sessions are beginning. We look forward to meeting you.

Aurevan



LILALOKA ACTIVITIES

2026—2027

"The place of play" in Sanskrit

Lilaloka is a children's recreation and learning center that supports personal growth through play and creative activities.

Is open to Auroville children, volunteers, guests, home-schoolers, and children facing learning or behavioral challenges.

The center provides a welcoming, non-competitive environment where children can learn, connect, and develop while strengthening ties between families, schools, and the wider community. Lilaloka offers both individual and group sessions, guided by a team of facilitators specialized in various fields of child development.



Nester

A weekly program for **parents and babies (0–12 months)** that promotes early bonding, healthy attachment, and conscious parenting through supportive and nurturing environment.

A weekly program for **children aged 1–2 years and their parents**, focusing on trust, emotional well-being, and sensory connection. Through careful observation of each child's developmental needs, the program supports the integral growth of infants and strengthens the parent-child bond.

Infants' Community

- **Daily mornings, Age: 1½–3 years old**

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.



Free-Flow Mornings

Chrysalides

- **Open mornings to all children aged 3 to 6 years old**

Child-led learning through art, nature play, storytelling, and hands-on activities—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Butterflies

- **Open mornings to all children aged 7 to 10+ years old**

This child-led learning program follows an open curriculum and free-progress approach. Using Montessori learning materials, cosmic education, storytelling, and individual and group projects, it encourages self-directed exploration, nurtures personal interests, and fosters a lifelong love of learning beyond a fixed curriculum.

Balaghram Afternoon group

- **Monday to Thursday for children aged 3–7 years,**

This holistic program nurtures intellectual, emotional, physical, and spiritual growth through play and creative exploration. Using Montessori as a tool to support Integral and Inclusive Education, it provides a caring environment for the child's overall development.

Creative Fridays

- **Afternoons once a week for Children 7–11 years**

A dedicated creative space where children develop fine motor skills, concentration, and self-expression through arts, crafts, and hands-on activities. The sessions encourage imagination, creativity, and confidence while nurturing a joy of making and learning.

Occupational Therapy, Sensory Support & Individualized Learning Sessions and tuition

• By appointment

Personalized sessions for both schooled and non-schooled children, designed to support their developmental, sensory, emotional, and learning needs.

Occupational therapy focuses on enhancing sensory processing, motor skills, self-regulation, independence, and participation in daily activities. Individualized learning and self-guided tuition are tailored to each child's pace and interests, with close collaboration between parents, educators, and therapists to support the child's integral development and well-being.



For more information:

- lilaloka@auroville.org.in, 9655519546 WA

Christin, Ritam, Leela and Ana

KUILAI CREATIVE CENTRE

Regular Activities

- Tuition from 1st to 9th grade
- Silambam—Martial Art Programme
- Bharat Naattiyam—Classical Dance Activities
- Hip-Hop
- Physical Fitness Activities
- Summer Camp in May
- Art & Craft
- Children's Play Park with Swings, Calisthenics set, and a Slide.
- Make and Take on Mother's 12 Quality Programme (Art & Craft, Book Making, Embroidery, Gardening, Painting, Calendar Making and Tailoring Activities).



Please contact us to inquire about the class timings.

- kuilaicreativecentre@auroville.org.in
- +91 8608473385 WA

Selva from KCC

SATORI:

Educational services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei,
9442934078,
satori.auroville@gmail.com

TUITION CLASSES

Available

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact
 - ashree@auroville.org.in
 - 8270512606 WA only.

Ashwini

Youth Initiative



Help us Map Auroville's Fruit Trees and Perennial Crops

Mayil Garden is a new YouthLink program focused on regenerative tropical fruit production, ecological restoration, education, and climate-resilient food systems within the Auroville bioregion.

As part of the project's development, we are launching a community initiative to identify and document fruit trees and perennial food crops that thrive across Auroville and its surrounding villages.

Participate in the Survey

If you grow or tend fruit trees or perennial food crops, or know of remarkable specimens growing within the bioregion, we would be grateful for your contribution.

- **QR: Open the survey.**

The survey takes only a few minutes and can be completed for a single tree or for multiple varieties.

Thank you for helping document the living diversity of fruit trees growing in our bioregion.



Discover the Project

Interested in learning more about Mayil Garden? Scan the QR code to access the Project Overview, objectives, methodology, timeline, and supporting documentation.

- **QR: Open the project folder.**



For questions, suggestions, partnership opportunities, or to share information directly, please feel free to contact us mayil.garden@auroville.org.in.

Christophe

THE IDEA KITCHEN: TACO NIGHTS

Every Friday, 7pm onwards @ YouthLink



Hi Community, we're so happy to see the participation over the last few Fridays. It's been wonderful to see so many people helping shape this experiment in gift economy and community. We believe that food is a basic human right, and we want to create a space that helps realise it. In our increasingly commercial world, this is an experiment in accessibility, community, and trust, a space to explore what becomes possible when we relate to one another beyond transactions.

Whether you've already joined us or are hearing about Taco Night for the first time, we'd love to welcome you. We have Karaoke, Art & Craft, Dance, Games, Chess, Jenga and so much more.

Guests coming from outside Auroville (limited spots): [please register using the form](#). This helps us coordinate with Auroville Security and Vehicle Service, making entry through the checkpoints smooth and ensuring we can welcome everyone comfortably.

Gautam for YouthLink Team

SANTÉ SERVICES, JULY



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No** sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consults with Dr. Joseph: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana, Madhi: Daily No appointment necessary
Ayurveda with Dr. Be: TOS	Midwifery & GYN Care with Paula: Monday & Wednesday
Integrative Psychotherapy with Juan Andres: Monday to Friday	Homeopathy with Michael: Monday, Thursday, Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Soundbed Session with Thilagam: As per appointment	Holistic Therapy with Louis Patric: Monday to Friday
Bio-Well Assessment (Evaluation of your well-being) with Helena, for Inquiry: adminsante@auroville.org.in	Home Care: contact Sante for timings Nurse Care

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

*Dasha
for Santé Services*

AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion. **Available services:**

- Primary & emergency eye care
- Spectacles & contact lenses
- Eye Yoga & Vision Therapy
- Workplace & community outreach eye camps
- Support for visits to Aravind Eye Hospital

New services:

- Retina imaging
- Intraocular pressure (glaucoma) monitoring
- Red Light Therapy for eyes
- Dry Eye Therapy

Timings:

- 9am—5:30pm,

Contact:

- 9488005685

Aurosugan



MORNING STAR



Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House. You are welcome to drop in anytime during these hours to learn more about Morning Star's work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.

- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted in both English and Tamil

- Wednesdays, 5—7pm @ Creativity—Hall of Light**

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Magesh:

- +91 9486609821, morningstar@auroville.org.in

Little Red Feet—Baby Play and Support Group

- @ Humanscapes, Common Hall
- Monday, 10am—12pm:** Newborn support circle by Rotem for ages 0—1
- Wednesday to Sunday, 9am—12pm:** Play and Support Group for ages 0—2

We warmly invite you to our baby play and support group, a nurturing space created especially for parents and babies. Come as you are, connect with other parents, and celebrate the journey of raising your little one.

Here's what to expect:

- Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- A Safe Haven:** A welcoming, non judgmental space for growth, encouragement, and community.
- Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

- Rotem: +91 8056888715
- Aditi: +91 9130084284

Submitted by Savithri

ECO FEMME

Open House

Every Thursday, 10:30 @ Auroshilpam

Come and join Eco Femme at our **Open House** every Thursday at 10:30. We hold these at our **office in Auroshilpam**, just behind Auromode.

eco femme

washable cloth pads

We'll teach you about sustainable menstrual products, the menstrual cycle, and our not-for-profit programs, + you can pick up cloth pads, cups and period panties at discounted rates!

See you soon!

Mila for Eco Femme team

AURODENT OFFER

We are pleased to announce the availability of our surgical specialist and ortho specialist at Aurodent.

Now Available: Invisible Aligner Treatment; Orthodontic Braces Treatment; Implant Treatment; Teeth Whitening

Book your appointment now at Aurodent:

- +91 9629199328 WA
- 0413 2622063 landline
- aurodent@auroville.org.in



Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm
- @ Auromode

Jayasutha

MAATRAM

Maatram offers OCH

(Open Consultation Hour)

- Monday—Friday, 9:30—10am

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
- @ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of:
 - smart phones, social media, video games, eating, porn and gambling.

Megha, Raam & Palani



International

THE FRENCH PAVILION

outdoor screening

Ma mère, Dieu et Sylvie Vartan

by Ken Scott, Friday,

10 July, 8pm @ French Pavilion.

Set in the 1960s, the film follows Roland, a boy born with a physical disability, and his extraordinary mother, Esther. Refusing to accept the limitations predicted for her son, she faces every challenge with unwavering love, determination, and hope, drawing strength from her faith and the music of her lifelong idol, Sylvie Vartan.

Blending humor, emotion, and nostalgia, this uplifting film is a touching tribute to resilience, family, and the extraordinary power of a mother's love.

A beautiful story that reminds us how hope and unconditional love can overcome even the greatest obstacles.

In French with English subtitles

Marie



BHARAT NIVAS

Pavilion of India



Monisha
for Bharat Nivas

PAVILION of Tibetan Culture

Library opening hours:

- Monday and Tuesday,
9:30am—12:30pm

Kalsang
for Tibetan Pavilion



UNITY PAVILION, JULY

July Events

Date	Venue	Event Details
Tuesdays 10—11pm	Hall of Peace	Himalayan Meditation with Pierre: Silent meditation creating a space of peace, awareness, healing and inner harmony. These gatherings invite participants into stillness, connection, and a shared experience of meditation and presence.
Every Tuesday, 9:30—11am	Unity Hall	The Grow Young Club: A warm and welcoming gathering where elders come together to meet, share stories, and build meaningful connections. Engage in some light & fun activities and games. This gentle social space fosters friendship, companionship, and a sense of unity in a relaxed and caring atmosphere. Refreshments will be provided. Transport available.
Thursdays, 5pm	Hall Of Peace	Silent Meditation by Pierre: Tune into your psychic self and enter deep inner peace, silence, and calm for inner awakening and self-discovery.
Fridays, 6—7pm	Unity Hall	The Flow: Chakra Meditation by Sergei & Unity Research Team. Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance.
Saturdays, 10am	Garden	Kids Art Class by artist Janakiraman: A playful exploration of watercolour techniques for children.

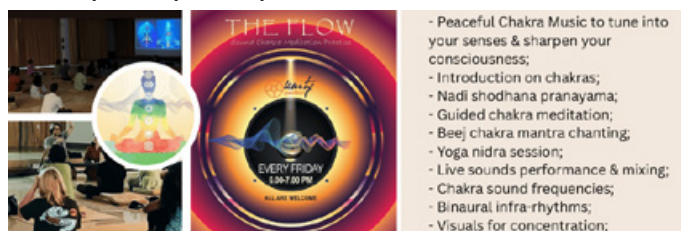
By Appointment:

- 0413 2623576, 9699930672
- unitypavilion@auroville.org.in

Date	Venue	Event Details
Daily	Hall of Peace	Tao of Tea—Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul. +91-9385428400 WA
Tuesdays, 5pm	Hall of Peace	12 Qualities and The Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation. +919489082447 WA
Daily	Oneness Hall	One to one sessions on the Science of Chakras, Integral Yoga, Chakra Balancing and guided Meditation. One to one/ group Life Coaching & Counselling with Preeti based on life skills & Integral Transformation offers a safe space to heal and unlock your potential 9699930672 WA

The Flow: Chakra Meditation

- Every Friday, 6—7pm



Connect with the Source and enter the Flow. Through chakra music, ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body. As the energy flows, it releases emotional blockages, eases stress and restores balance-leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration!

Presented by The Unity Pavilion Research Team: Sergei, Electronic Musician, Specialist in Social & Musical psychology.

Integral Life Coaching & Counselling

- By Appointment: 9699930672 WA



Integral Life Coaching & Counselling (one to one/ group) with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential. Break negative patterns, emotional loops, reprogram your mind, overcome your fears, anxiety, confusion, gain clarity and direction with an integrated, practical approach & powerful tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development.

The Grow Young Club

- Tuesdays, 10—11:30am

A warm and welcoming gathering where elders come together to meet, share stories, and build meaningful connections. Engage in some light & fun activities, games and refreshments. This gentle social space fosters friendship, companionship, and a sense of unity in a relaxed and caring atmosphere. Refreshments provided, transport can be arranged on request.



Initiative as Artwork

- 24—25 July, 10—11am, 2—5pm

A free two-day intensive workshop exploring how creativity can become a foundation for meaningful social action in alignment with The Mother's vision of human unity and the ideals expressed in the Charter of Auroville.

Through reflection, dialogue, artistic thinking, and practical project development, participants will discover their unique potential, clarify what truly matters to them, and transform their ideas into structured initiatives. Inspired by the concepts of Social Sculpture and Relational Aesthetics, the workshop invites participants to see themselves not only as creators of projects but as active shapers of society and conscious contributors to a more harmonious future.

Organized by Vidyashilp University Center for Art, Design and Innovation (Bengaluru) In cooperation with Unity Pavilion, Auroville.

- **Deadline:** 20 July, Maximum 15 participants accepted. Satvik lunch will be provided free on both days.
- **To register:** Write one paragraph describing your context or initiative and email it to wtsereteli@gmail.com
- **For enquiries:** +91 89048 30805

Preeti for Unity Pavilion



Theatre, Music & Arts

MAJI: ECHOES OF GOLD



20 April—27 July, Monday—Saturday,
9am—5pm
@ Maroma Art Gallery: MAJI

Supriya

ALEXANDER PUSHKIN

Mozart and Salieri & The Stone Guest

17, 18, and 19 July, 7:30pm @ CRIPA

The Auroville Theatre Group presents:

Part 1: "Mozart and Salieri"—Pushkin's gripping look at artistic jealousy. It follows the bitter composer Salieri, who is driven to madness as a result of his jealousy of Mozart's effortless, divine genius.

Part 2: "The Stone Guest"—Pushkin's dark humour applied to the infamous seducer Don Juan, his legend, and his fate.

Entrance is Free. Contributions are Welcome!

Cast: Otto, Valentin Hoyla, Rajesh Sam R, Monica Pradhan, Priyanka Sunkesula, Vibhore, Abishek P, Bala, Kumud Baliyan, Rupam, Christopher

Set Design: Kumud Baliyan, Vivek Yadav

Lights: Dr. Binu Kumar L

Sound and recording: Corpas Christy CC

Props and Costume: Vibha, Rajni, Mahaniya

Dramaturgy: Alexander Pereverzev

Musicians: Hartmut Von Lieres, Holger Jetter

Director: Rupam Mishra

Alexander Pushkin (1799-1837): The renowned Russian lyrical poet is the most outstanding representative of the Golden Age of Russian poetry and the creator of the modern Russian literary idiom. While he is mostly remembered for his lyric and romantic poems and long narrative pieces like "Eugene Onegin", he also authored a number of prose works and plays, of which these are a good example. *Jill*

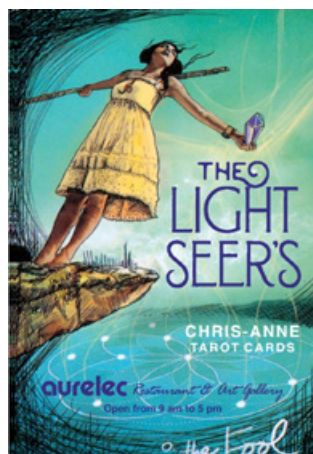
Editor's note: Please see two original (Russian) excerpts from Pushkin's "Little Tragedies" directed by Mikhail Schweitzer, 1979:

- [Mozart and Salieri](#), starting 24.01min, original Russian version, with English Subtitles.
- [The Stone Guest](#), starting 40.07min, beginning, and [continued here](#), original Russian version, with English subtitles.



Beautiful masterpiece, brilliant acting, original interpretation, must see.

THE FOOL EXHIBITION @ AURELEC



On the edge of an epic journey, the Fool peers into the abyss below and senses the seed of life calling out to her. She sees the opportunity and stardust swirling, and she knows that her dream begins with this single step. She's not sure what she will learn or exactly where she's headed, but she has clarity about one thing: she will need to jump in order to begin. With her crystal amplifier to guide her, and her wand to protect her, she feels her toes slide past the threshold of her current reality.

Chris-Anne, Tarot Cards
Franz, Aurelec

SONIC JOURNEYS

Friday, 10 July, 8—9:30pm @ Kalabhum Music Studio



An album and music appreciation session featuring: electronic music synthesis, part 2, with Daniel.

Join us as we trace the fascinating evolution of electronic music, from early pioneering instruments to modern digital workstations. Drop In Event!

Parking:

- Cars: at Gaia field/ Cripa back entrance
- Two-wheelers: at Kalabhum Music Studio

Join us as we trace the fascinating evolution of electronic music; from early pioneering instruments to modern digital workstations.

Edoardo

Theatre, Music & Art Activities

KALABHUMI MUSIC STUDIO'S MUSIC ACADEMY

Learn music in Auroville...



- Hindustani Vocals (with Ronny)
- Piano for kids (with Sahitya)
- Tabla/ violin/ viola/ trumpet/ bass/ guitar (with Shanks)
- Guitar & Bass (with Rolf)
- Singing (with Shakti)

To apply: [fill out the form](#) (QR code)!

Edoardo

CREEVA

Center for Research Education Experience in Visual Art

Art activities, July 2026

- Watercolor painting workshop by Sathya every Wednesday 5—7pm
- Life drawing session 10am—12pm
- Live Portrait Sketch by Sathya

Your welcome to open studio to explore your art except workshops timings. Materials will be provided.

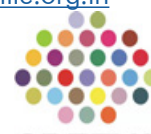
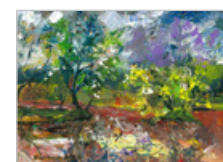
Contact Abi: 8220612413, abirami@auroville.org.in

For more info contact Sathya:

- +91 9486145072, sathyacolour@auroville.org.in

CREEVA Art Studio:

- @ Creativity Community, near Solar Kitchen, Auroville.



Sathya
for CREEVA Art Studio, Creativity CREEVA

SVARAM ACTIVITIES

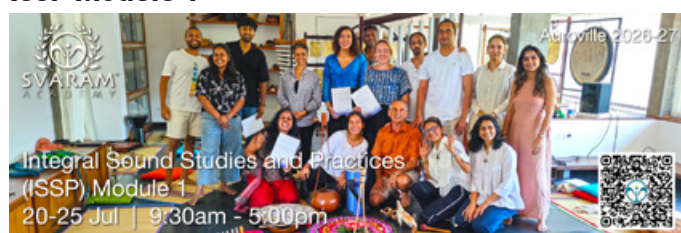
Nada Yoga & Marma Roopanam Workshop



Modern life draws us increasingly into the mind—into thought, analysis, information and constant stimulation. Yet the deeper intelligence of the body often remains unheard. What happens when we shift from thinking to sensing? This workshop brings together two profound yogic sciences...

- For details and booking, [click here](#) or scan the QR Code

ISSP Module 1



This 4-module certificate course in Integral Sound Studies and Practices offers a thorough introduction, exposure, immersion, and training in the vast subject of Sound and Well-being.

- For details and booking, [click here](#) or scan the QR Code

Sound Journey @ Unity Pavilion



We are back for our 2026—27 Season!

- Every Wednesday starting 22 July, 5:30—6:30pm
- For details and booking, [click here](#) or scan the QR Code

Sound Bath & Flower Mandala Creation



You are warmly invited to immerse yourself in a sound bath while creating your own flower mandala. A Sound and Visual Experience of Harmony and Beauty

- For details on available dates and booking, [please click here](#) or scan the QR Code

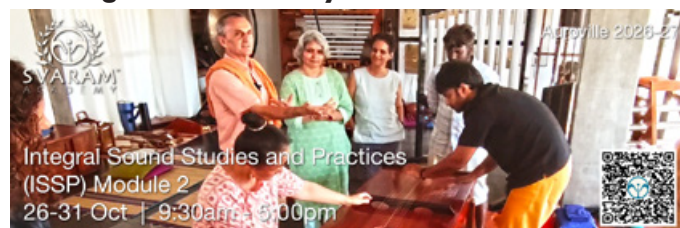
Dhrupad—Naad Workshop



Rooted in the ancient Vedic tradition and closely associated with Naad Yoga (the Yoga of Sound), Dhrupad is renowned for its meditative depth, spiritual intensity, and systematic exploration of Raga and Tala. Through demonstrations, guided practice, discussion, and live performance, participants will gain an understanding of both the artistic and contemplative dimensions of this unique musical tradition.

- For details and booking, [please click here](#) or scan the QR Code

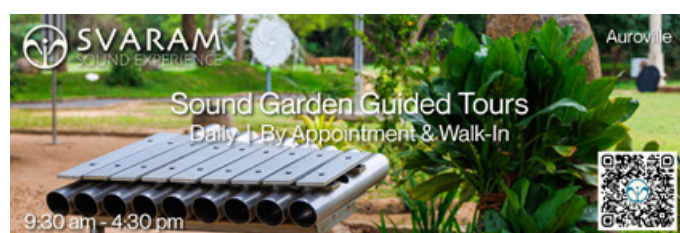
ISSP Module 2: Music Theory, Creativity & Sound Healing Instrument Play



This 6-day immersive training is designed for Sound Healers and Therapists seeking to profoundly deepen their understanding and application of sound in their practice. Moving beyond foundational techniques, this program explores the core principles that govern sound and creativity, providing you with a richer framework for conscious and effective therapeutic intervention.

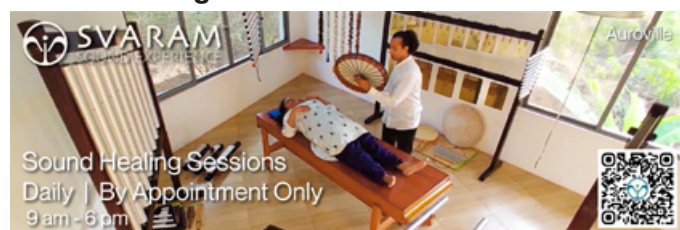
- For details and booking, [please click here](#) or scan the QR Code

Sound Garden Tour



- Monday—Saturday, 9:30—11:30am & 2:30—4:30pm
- Sunday, 9:30—11:30am
- For details and booking please scan the QR Code or [click here](#)

Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

- By Appointment Only
- Available Sessions: Solo, Duo or Group
- For details and booking please scan the QR Code or [click here](#)

Aurelio for the SVARAM Team

WOMEN'S CHOIR RESTARTS

The women's choir "Auroville Harmonies" is restarting its rehearsals to prepare a new program.

If you are interested and want to join our musical trip around the world, contact Antoine for an audition:

antoine@auroville.org.in, 8940740529, Antoine

ORIGAMI WORKSHOP

Open to everyone! If you are interested in joining, please contact Kiran at 9486367456 WA or call for more information.

Kiran



Dance Activities

DANCE, MOVEMENT AND BALLET FOR CHILDREN



@ New Creation Dance Studio!

We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Tweens' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764 *Fleur*

MODERN & CONTEMPORARY

Dance Classes

Wednesdays, 4—5:30pm @ New Creation

For children ages 8—12

Join our ongoing Modern & Contemporary Dance group, led by two teachers. We are looking for committed and enthusiastic new students who are excited to explore the world of dance together!

Classes include:

- Warm-up games; Creative movement improvisation
- Strong group-building activities; Dance technique
- Plenty of opportunities for self-choreography and creative expression

Interested? We'd love to hear from you!

- +49157 53563369 WA

Malia & Leela

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 7pm: Tango class
- Wednesday, 7:30pm: Practilonga
- Friday, 6:30pm: Practice
- Saturday: Bi-monthly Milongas

No partner required. Bring socks or dance shoes. And plenty of joy!

- +91 9821166082,
- tango@auroville.org.in



Submitted by Maud

DANCE CLASSES BY MANI

- Please register before coming (registration only).
- Bring your socks and water bottle.

Tango Dance Evenings

- **Tuesdays & Thursdays, 7pm @ CRIPA (Small Room)**

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

Let's share the magic of Tango, connect through music, and grow together in movement and harmony.



Salsa Dance Classes

- **Mondays & Fridays, 7pm @ CRIPA (Small Room)**

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

Let's share the joy of dance, connect with positive energy, and keep improving.

- Aurovilians & Newcomers: Donation-based
- Guests & Others: Contribution welcome



8637633696, *Mani*

MUSIC AND DANCE CLASSES IN BHARAT NIVAS

Bharatnatyam Dance Classes

- **Saturday, 10am—12pm,
Sunday, 3—5pm @ SAWCHU**

Caveri Suresh, a Bharatnatyam Dance teacher for 27 years, is offering this class to **Beginners, Intermediate and Advanced** students.

*Caveri Suresh,
for Diya Dance Studio*



Music and Dance Classes

- **Saturday, 3—4pm @ Bharat Nivas**

This is to inform you that Aurohamsadhwani Arts Center is organizing music and dance classes at the Bharat Nivas premises. The following classes are offered:

- **Bharatanatyam, Veena, Keyboard, Vocal Music**

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

*A. Gunasundari
for Aurohamsadhwani Arts Team*

GARBA IMMERSIVE



Tuesdays, 4—6pm @ CRIPA

Movement, rhythm, music, sound, singing and what emerges from a collective will all be ours to experience and live.

If you have always wanted to soak onto one of the biggest and liveliest festivals in the world—now is the time :)

- **For more details:** 8870730567, WA message only.
Megha

Sports & Martial Arts

ABHAYA MARTIAL ARTS



For more than ten years, Abhaya Martial Arts Academy has been active in Auroville with regular martial arts classes. The Academy was founded as the Indian branch of the Shou Dao School, where Shou Wu is practiced—a system that integrates internal martial arts and self-defence, while also engaging in MMA, the most demanding testing ground to guarantee real martial progress.

In addition to teaching children and adults—and accompanying some of them to important tournaments—Abhaya has been responsible for the training of the First Responders of the Security, and has long-standing collaborations with a few NGOs, supporting orphans, underprivileged women and survivors of human trafficking. Some of these women, after years of training, have become instructors themselves.



Thanks to the excellent results achieved and the constantly growing number of students (recently up to 80 per month), Abhaya is collaborating with highly skilled instructors—masters of Muay Thai, Shou Dao, BJJ and Boxing—offering even more classes and opportunities to learn not only how to defend oneself and understand one's own body, but also how to transmit this knowledge to others.

Regular Adult Classes, 5:30pm:

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai with Coach Tanguy and Coach Giacomo

Please note: Contribution required

- Be punctual; Short nails, wear, and no jewelry;
- Stay home if you're unwell or have open wounds

- **For updates and participation:**
+91 94873 40778

- For more info contact us: abhaya@auroville.com

Giacomo for Abhaya

SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old).

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class

All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique.

- Limited spaces available to ensure quality and care for every participant.

- @ Auroville, flexible timings available

**8637633696,
Mani**



MARTIAL ARTS @ BHARAT NIVAS

Bharat Kalari
KALARIPAYATTU
Regular Classes

Venue: Bharat Kalari, Bharat Nivas, Auroville

Time: Monday - Friday
7.00 - 8.00 am
5.00 - 6.00 pm

Enquiry Contact:
+91 86576 32916
info@kalarigram.org
www.kalarigram.org

WhatsApp Group QR

Regular Classes:

- **Morning:** 7—8am; **Evening:** 5—6pm
- **Contribution:** Drop-in: Rs.300 per class
 - Monthly (one class per day):
Non-AV Rs.3000; AV Rs.2000
 - Monthly (morning & evening both):
Non-AV Rs.5000; AV Rs.3000

Weapons Training: Drop-in: Rs.150 per class

- **Wooden Weapons:** 8—8:30am
- **Metal Weapons:** 6—6:30pm
- **Contribution:**
 - Monthly (one class per day):
Non-AV Rs.2000; AV Rs.1000
 - Monthly (morning & evening both):
Non-AV Rs.4000; AV Rs.2000
- **Note:** Weapons practice requires initiation @ Kalarigram.
- **Registration:**
Please scan the QR code before attending.

Regular Silambam Class

- **Wednesday & Saturday,**
5—6pm @ SAWCHU

05:00 pm - 06:00 pm
Every Wednesday & Saturday
Venue: SAWCHU, Bharat Nivas, Auroville

To join, Contact: Hari Haran at +91 63743 71865
Parking available outside at the Main Gate

Scan for Location

Grappling & Rudiments of Martial Arts for kids

- **Tuesday & Thursday, 4—5pm**
- @ Harmony Hall

BHARAT NIVAS
भारत निवास
The Pavilion of India, Auroville

Presents

**GRAPPLING & RUDIMENTS OF
MARTIAL ARTS FOR KIDS**

Every Tuesday & Thursday
04:00 pm - 05:00 pm
Venue: Harmony Hall, Bharat Nivas, Auroville

CONTACT TODAY!

Giacomo
MMA & Shou Wu
Certified International Coach,
Self Defence and
Self Efficacy Coach

Monica
Aikido Instructor

Monisha

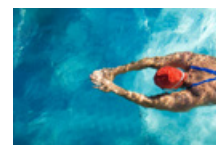
MORNING SWIMMING CLASSES FOR CHILDREN

Tuesdays & Thursdays,
6:30am—7:30am @ La Piscine

- Group classes for Aurovilian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!

- **To enquire:** +91 8940288090 WA **Sonia and Ana**



BUDOKAN

Class Hours and Activities in July

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



- Adults & Teenagers:
 - Tuesday, Thursday & Saturday, 6—7:30am
- Kids & Teenagers:
 - Monday to Friday, 3:50—4:50pm
 - Saturday & Sunday 9:00—10:00am

8300643963 WA, Philippe,
9952812843 WA, Murugan,
+ 33622053932 WA Michaël
Team Budokan, Dehashakti

KSHETRA KALARI

@ Aspiration Sport Ground

- Kalari Classes for Beginners
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- Kalari Classes for Advanced People
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- Kalari Massage Available
 - By appointment
 - 9042009200



Maneesh

AUROVILLE FUTSAL/ football club

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in Dehashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji:
8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber
638563 5943



Submitted by Beber

Bioregion, Crafts & Nature Activities

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- +91 9385744722,
- 0413 2969722.



Viji

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.



- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm:

It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

- **3 days Intensive Permaculture Weekend Workshop**
 - View schedule and book here:
<https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service:

A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude:

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing lifestyle conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots. Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

Krishna for Solitude Farm & Café

FOUNDATIONS OF FERMENTATION



Every Saturday 10am—12pm
@ Coffee Ideas! (former Marc's Cafe)

This beginner-friendly workshop is all about reconnecting with ancestral microbes and learning to make naturally carbonated, healthful beverages using traditional methods. No commercial yeast, no fancy equipment, just real ingredients, wild starters, and intuitive brewing.

Perfect for those who want to:

- Learn traditional skills in a fun, interactive way
- Understand and embrace the power of natural microbes

What you'll learn to make:

- **Kombucha:** From brewing basics to bottling and flavoring
- **Tepache:** A traditional, naturally fermented pineapple drink
- **Ginger Ale & Wild Sodas:** Crafted with fruit, herbs, and wild starters
- **Wildcrafted Fruit Vinegar:** Zero-waste, nutrient-rich, and easy to brew

You'll learn:

- The science behind natural carbonation and how to get the fizz just right
- How to balance sugar and fermentation time for the perfect flavor
- How to ferment confidently without commercial yeast or additives

Bonus: Receive 1 live kombucha scoby to start your own batch at home!

Contact: admin@coffeeideas.in, contact@coffeeideas.in
+91 8148660246

Walk-in: You can also simply arrive 10 minutes early and join the session. *Matilde & Nithiya*

MAROMA: Shop—Tour—Be Inspired



Daily 9am—5pm

Maroma Aspiration Outlet Store

- Open daily 9am—5pm

Explore Maroma's collection of natural fragrances, body care, home fragrance, gifts, and handcrafted products.

The Maroma Tour

Discover the story behind Maroma through a guided campus visit, hands-on workshop, refreshments, and a Q&A session.

- Book your tour: www.maromaexperience.com

Maji Art Gallery

- Open daily 9am—5pm
@ Maroma Campus

Visit MAJI, Maroma's contemporary art gallery, featuring a curated collection of artworks, crafts, and creative expression from Auroville and beyond.

Jesse for Maroma

MOHANAM PROGRAM

www.mohanam.org

Mohanam: 2 mins from Vérité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.



For more information and registration:

Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

- Office timing: 9am—4pm, Monday to Saturday

Make and Take Workshops

- Monday to Saturday, 10am—12:30pm or 2—4:30pm



Bamboo Candle | Potter | Coconut Shell Craft | Dream Catcher | Incense Making | Kolam Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

- Monday to Saturday, 10:30am—1pm



Village Tour | Wood Fossil Visit | Munnur-Perumukkal | Kaluveli Tank Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

- Monday to Saturday, 10:30am—1pm

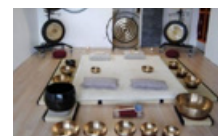
This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's northwest zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Deep Sound Bath 5 Elements by Satyaguga

- Tuesdays, 14, 21 and 28 July,
5—6:30pm

Connect to your inner self through vibrations & divine chants.



Thiruvannamalai Spiritual Services:

Eco & Spiritual services: Thiruvannamalai—Mohanam services

- Arunachala—Auroville; Tour, retreat space; Camping, Temple visit; Ashram, Girivalam Full Moon experience

For booking and more information

- +91 8300949079, mohanamprogram@auroville.org.in

Rajaveni

AUTHENTIC CULINARY EXPERIENCES: ACE

ACE Kitchen Gatherings @ Creativity

Small, informal kitchen gatherings at the ACE Kitchen in Creativity. To participate, cook with us, suggest a theme, or explore hosting a session, please get in touch: +91 8279300821

- culinary.experiences@auroville.org.in



Manu Bahuguna & Sacha Elder

AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org

Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.



Bamboo tour with bamboo tea

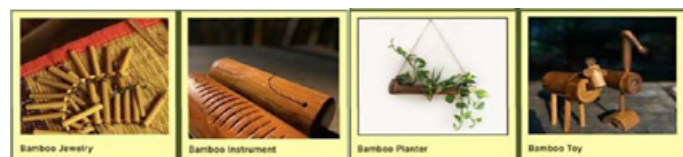
- Monday—Saturday
8:30am—12:30pm,
1:30—5pm

Special bamboo lunch @ Auroville Bamboo Centre

- Every Saturday,
12—2:30pm
- Pre-book in advance
- Enjoy the Special
Bamboo Lunch.

Make and take workshops

- Monday—Saturday,
10am—4:30pm
- Pre-book in advance



Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops

- Pre-book in advance,
- Monday—Saturday, 9am—5pm



Musical Instrument special Workshop

- 17, 18 July, 9am—5pm: One day Workshop

Explore the soothing sounds of handcrafted bamboo instruments and learn how each one creates its unique rhythm.

Experience a hands-on session blending creativity, nature, and music in a calming, fun environment.



Hyperbolic Paraboloid Dome Workshop

- 23, 24 & 25 July, 9am—5pm

It is a Dome-shaped bamboo structure based on a hyperbolic paraboloid, saddle-like form made by bending straight bamboo into curves. It looks complex, built using simple materials and smart (Includes refreshment).



Pre-booking is necessary for registration:

- bamboocentre@auroville.org.in
- +91 8300949081

Bala Sundaram

THE COLOURS OF NATURE (TCoN)

Workshops & Visits

Step into a world of cloth, pattern, and slow craft. At The Colours of Nature (TCoN), we're launching a new series of hands-on textile workshops—warm, friendly, and designed for beginners and curious makers alike. 100% natural dyes.



The Colours
of
Nature

Workshops (Create & Take Home)

Shibori + Indigo (Resist & Dye):

Fold, bind, stitch & wrap fabric to create traditional resist patterns—then dye your own prepared cloth in indigo, revealing deep blues, and unique, unexpected detail.

Batik + Indigo (Wax Resist & Dye):

Learn the fundamentals of wax-resist design: apply wax, build layers, and create motifs—then dye your cloth in indigo to bring your patterns to life.

Embroidery:

Slow down and enjoy the needle's rhythm. Learn essential stitches and techniques to add texture, detail, and personality to fabrics.

Workshop Schedule

- Morning session: 9am—12:30pm
- Afternoon session: 1:30—5pm

Workshop Pricing

- 2-hour workshop: Rs 2,200 per person
- Half-day workshop: Rs 4,400 per person

Guided Visits

Discover our studio space and processes with a short guided tour:

- Duration: 30 minutes
- Times: 11:30am and 4:30pm
- Price: Rs 1,100 per person

Outside of these timings, we will do our best to offer tours. Visits to The Colours of Nature dye workshop products exhibition are free.

Note: We do not offer workshops on how to prepare dyes from raw plants; these processes take many days—sometimes weeks—and we are still developing the right format to teach them properly.

To Book a Guided Visit/ Workshop:

- colnature@auroville.org.in,
- +91 63796 61916 WA
- www.thecoloursofnature.com

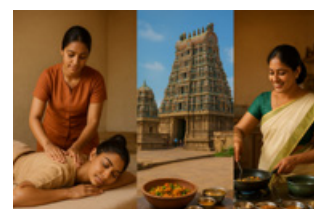
Submitted by Petra

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

- Starting point: Solar Kitchen.
- Can be scheduled anytime throughout the week.



South-Indian Cuisine—Cooking Class Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone,
- rupavathijoy@gmail.com

Rupavathi

INSIDE INDIA

We are back from our summer break with our cycle tours and workshops!



Kolam Mandala Workshop

- Every Friday, 10am—12pm

Join us for our Tamil Kolam Workshop. Kolam is a special Tamil Mandala art that creates intricate patterns using rice flour. Open to all skill levels.

Saree Draping Workshop

- Every Tuesday, 10am—12pm

Learn the traditional art of saree draping with our expert, Anandi! Whether you're new to wearing a saree or simply want to refine your draping skills, everyone is welcome—regardless of gender or size. Come experience the beauty and elegance of the six-yard saree.

Bio-Region Tours by Inside India

- Tours run from 10am—2pm
- With a hearty Auroville-style lunch
- Available only on request, with a 24-hour heads up

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

Cycle Tours through Auroville

- Timings are 10am—2pm,
Please book 36 hours in advance

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

tours@insideindiaauroville.com, Shaheen

ENLIGHT

ENLIGHT
Light of Auroville

Contact: Arun / Balaji
+91 88381 72521 / enlight@auroville.org.in

Explore Auroville	Bioregion Tour	Art & Craft Workshops
Fireside Drumming	Cycle Tour	Cooking Class

Arun, Anand and Balaji
for Enlight Team

SADHANA FOREST PLANT BASED SATURDAY

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

EGAI CRAFTS—WORKSHOPS & EXPERIENCES

Art of Giving—Eco-Friendly Craft Workshops
@ Auroville

Workshops:

- **Coconut Shell Craft Workshop, 2.30hrs:** A hands-on creative workshop where participants learn to design and make eco-friendly products from coconut shells. Participants can create and take home: Earrings, Pendants, Keychains, Bowls, Cups and Hanging Lamps.
- **Bamboo Instrument Making Workshop, 2hrs:** Experience the art of making simple musical instruments using bamboo and natural materials, including bamboo overtone flute, bamboo ocarina, shakers and percussion instruments.
- **Incense Making Workshop, 1 hr:** Learn the traditional process of making natural incense sticks using eco-friendly ingredients and local methods.
- **Palm Leaf & Coconut Leaf Weaving Workshop, 1 hr:** Participants learn basic weaving techniques using coconut and palm leaves to create decorative and utility products.
- **Wooden Toy Making Workshop, 2.30hrs:** A creative and educational workshop introducing participants to traditional toy-making using wood and bamboo materials.
- **Coconut Recipe Cooking Experience, 2.30hrs:** An experiential cooking session introducing traditional coconut-based recipes and sustainable food practices.
- **Origami Workshop, 1hr:** Explore the beautiful art of paper folding with traditional techniques and creative designs.
- **Pottery Workshop, 1hr:** Enjoy the full creative experience via detailed instruction and crafting by a expert potter.

Workshop Highlights: Crafting From Our Corridors To Your Corridors

- Hands-on Make & Take experience
- Eco-friendly and sustainable materials
- Suitable for students, families, travelers, and educational groups
- Supports local artisans and village communities
- Promotes traditional crafts and waste management awareness
- Customized group workshops available

Location: Egai Crafts, Auroville, Tamil Nadu—605101

Contact: +91 9791896488, +91 9629297514
egai@auroville.org.in, www.egai.co.in

Booking is recommended for workshops and group visits.
Anand For Egai

Office Spaces

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant. Contact Mr. Pandian



- at Auromode in person, +91 9943390391 or
- pandian@auroville.org.in Pandian

Spaces Available at Ecoteco Campus Building

There are two spaces available for use at the Ecoteco Campus Building in Reve Area:

- 118 sqm Office Space
- 67 sqm Godown Space.
- 9443960008, Diana; 9894442349, Prabhu Diana

Hive Coworking Space Open House



NEED A PLACE TO WORK?

OPEN HOUSE

Hive
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

- Every Friday, 9am—7pm @ Hive, Auromode.

Step into Hive and experience a cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space.

Open House hours are for experiencing the space, 24/7 access is available beyond these hours.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA,
+91 7092197375 WA or drop by. **Dhesh for Hive**

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings.

Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, cowork.kinisi.in **Laure**



Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person or by phone to 2622293/ 2622294
or e-mail adps@auroville.org.in **Siva for ADPS Trust**

Help Needed

NESS SCHOOL: WILLING TO RECEIVE extra fruits from your garden

We are messaging this from NESS School. We are willing to receive extra fruits (lemon, mango, papaya, black jamun, etc) from your garden for our students as a donation. If you provide us permission, we will come and collect them. Expecting your generosity in this regard.

K. Venkatesh for NESS School, ness@auroville.org.in

Looking For

Looking for e-cycle

I am looking for used electrical cycle or bike. Expecting good condition and reasonable price for my son to use for going to school. Thank you.

9843372908, **Devanathan from Fraternity**

Looking for a phone

I am Ramesh from Pony Farm. I am currently in need of a phone, as I do not have one at the moment and am unable to buy a new one right now.

If anyone has a spare phone that they are not using and would be willing to lend or donate, I would be very grateful. You can hand it over to me at:

- Town Hall Bakery in the morning
- Solar Kitchen during lunchtime

Thank you for your support and generosity.

Ramesh

Need a Female Housekeeper

We need a female housekeeper. 9442663282.

Gaya

Available

Pure organic coconut oil

Pure organic coconut oil available in Auroville, interested people please call me 8300017247.

Anand



Hero Pleasure Plus Scooter

Hero Pleasure Plus in very good condition. Registration: December 2021; Odometer Reading: 23,098 km; Well-maintained and in excellent running condition.

8608854330, **Rabindra**

JUKI DDL-5530 Industrial Sewing Machine

Made in Japan, Original Juki DDL-5530 industrial straight stitch machine. New servo motor installed (silent & energy efficient). Includes industrial table and stand, Knee lifter and pedal system. Suitable for garment production, tailoring, fashion design and upholstery work. Can be tested before purchase. 9843846458 WA

Iyyappa

Honorary Voluntary

GAU SEVA

at Sadhana Forest



Your heartfelt service is needed at the Sadhana Forest Gaushala!

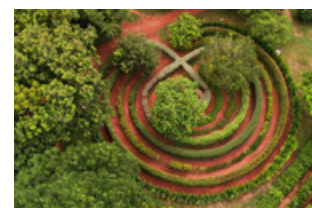
You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274 WA or call
8122274924

Aviram

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens.



The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested: earthyyoga@hotmail.com, Noel
- or stop by in the morning sometime to explore the possibilities.

Noel Parent

AUROVILLE PRE CRECHE

is calling you

To become a little present, a little patient, a little quiet, a little conscious with the little ones of Auroville.

"When you take the children very young, it is wonderful. There is so little to do: it is enough to be."

Working at the AV Pre Creche reveals the profound truth in these simple words of The Mother. A little child learns and responds to our presence more than our actions and our words.



In this sense, volunteering at the Pre-Crèche is not only about supporting children; it is also an invitation to Self-discovery. If you are curious about human development and want to understand how a city that aspires to unending education begins by nurturing consciousness from the very earliest years, this is for you.

You may arrive thinking you are coming to help children grow. You may discover that they are quietly helping you do the same. **Minimum commitment:**

- 4 months, 3 days per week, 2 hours per day

To apply, please write with a brief introduction and your interest in this work to: avprecreche@auroville.org.in

Suganya and Nilima

VOLUNTEERING AT FOODLINK



Fruits, vegetables,
milk & eggs
from Auroville farms



FoodLink needs help with day-to-day operations in the morning. Tasks involve deliveries, billing, preparing orders, etc. We're looking for residents or registered volunteers who are willing to work:

- 4 hours 6 days a week for at least 3 months from 8am—12pm or 11am—3pm.

Please contact us if you're interested, thanks!

- foodlink@auroville.org.in, +91 8300268804 WA

Aumrto for FoodLink Team

VOLUNTEERS FOR NESS

New Era Secondary school is a recognized CBSE school under SAIER following CBSE syllabus and Integral education. The school is urgently in need of volunteers who are willing to help in various fields like:

Academic area, Office Secretaryship, Clerical works, Sports area, Arts and craft, Communication skills, Project proposal writing, Fundraiser, Event organizer, etc.

Those who are interested to volunteer in NESS at least committed to volunteer for three months. For further details please contact us.

K. Venkatesh, 9442746448

POUR TOUS WATER SERVICE

Pour Tous Water is looking for **part-time & full-time volunteers (min. 6 months)**, especially those interested in plumbing work. Women plumber or any one with sincere interest are encouraged to join. Training will be provided.

Work includes: Emergency plumbing support (leaks, blockages, taps, toilets, water heaters, etc.) + basic report, record documentation & WA coordination/ updates.

- PTW provides free service for Auroville Community, aligned with Prosperity Vision, "Service for All". Contact for more details 9843644308 WA, ptw@auroville.org.in.

Join and support this essential community service.

Grace

Work Offering

LOOKING FOR A FULL-TIME JOB

Sought: Work That Seeks Me Back

In Auroville, work always found me. In April, an office order found me instead, removing me.

After 20 years at MMC-Cinema Paradiso, I duly filled out the HRS form to access a few months of bridging fund. I have been advised to find something soon, or else...

What I left behind: 360 films/ 900+ hours of programming per year, 2 official off days/year in 20 years, zero spent on holidays or social expenses. An adequate running budget, an expensive sound system replaced (Rs. 5 lakhs+) through an AVI-USA donation, a new projector (Rs. 5 lakhs) and laptop (Rs. 74K) purchased from funds we had set aside, Rs. 6 lakhs+ still in reserve for further equipment work that are always expensive, and a recurring donation stream generously pledged by the community that more than replaced the monthly budget we had lost. It was a community theatre. It was supported and held by the community.

What I also bring: ecology and wildlife (MS with Dr. Rauf Ali, PhD from the USA), expertise in forest and habitat assessments, and substantial experience in the development sector: project and programme evaluation, grant review, monitoring, management, advisory.

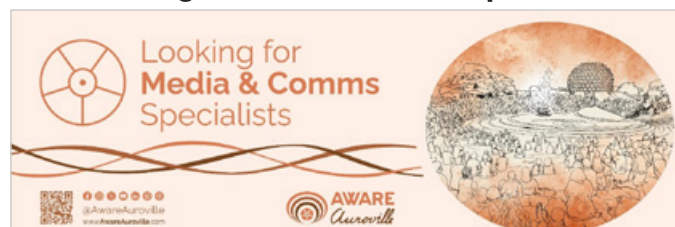
What I am looking for: full maintenance, ideally flexible hours, independence, and work that is needed and that needs me. Available from 1 August. The arrangements, however, need to start soon.

Nina, nina@auroville.org.in

Work Opportunities

AWARE:

Looking for media & comms specialists



Auroville grows when aspirants gather from around the world with clarity of purpose. AWARE seeks to build a bridge to welcome these aspirants by telling the story of this place with clarity, through beauty, and by setting up platforms for information and discussion.

Doors Are Open for Aurovilians and Newcomers to join Aware. Roles open: Filmmakers; Cinematographers; Editors; Content Creators

- **Contact:** +91 73965 57993 WA, aware@auroville.org.in, awareauroville.com

Shift towards a culture of multilateral perspectives and an attempt to bridge the aspiration/ideal and current human condition & external organisations.

Sajiv for Aware

NESS SCHOOL

Looking for Primary Class Teacher

NESS school is a CBSE school under SAIER looking for a Primary class teacher who can handle first standard.

We are looking for an Aurovilian or Newcomer especially Female person who acquire a Minimum UG degree with a DTED or B.Ed.

- **Contact:** Dr. K. Venkatesh, 9442746448, principal.

K. Venkatesh for NESS



Looking for a Social Media Manager

Eco Femme is hiring a full-time in house social media manager with full maintenance. We are a social enterprise founded in 2010. We make menstrual cloth pads and provide menstrual education to women and girls in India. To know more about us, visit www.ecofemme.org.

We are looking for a creative communicator with at least one year of hands-on experience managing social media accounts (Instagram, Facebook and YouTube, LinkedIn), video editing skills and a good aesthetic sensibility.

- **The position is available immediately**, with a minimum one-year commitment.

Contact us to get the full job description or know more about the application process.

- Send an email to laure@ecofemme.org.

Hiring a full-time in-house Graphic Designer

We are an Auroville social enterprise that makes menstrual cloth pads and provides menstrual health education. (More on www.ecofemme.org)

We are looking for a creative and committed Graphic Designer (from Auroville or outside) to join our team. The ideal candidate brings strong visual communication skills and an affinity for our mission around menstrual health and sustainability.

- **Full-time in-house job** at our office in Auroshilpam, Monday to Friday, 9 am to 5 pm with 1h break
- **Compensation:** full maintenance + lunch at Eco Femme.
- **If interested**, please email laure@ecofemme.org with your CV and cover letter, sharing why you want to join and why you'd be suitable for this role.

For more information, contact laure@ecofemme.org

Laure

AIAT: SEEKING OF ASSISTANT PROFESSOR

Auroville Institute of Applied Technology:

- <https://aiat.edu.in/>

is currently seeking qualified candidates for the position of **Assistant Professor in the field of Electrical Engineering**.

Applicants must have Master's degree in Electrical Engineering. Experience with IoT, solar energy systems, battery technologies, and electric vehicles (EVs) will be an added advantage. Interested candidates are invited to send their CV to info@aiat.edu.in.

Amarnath



SERVICING OF SEPTIC TANKS

- Please call Pour Tous Water Team, who can arrange for the service: 2622899 or 9843644308.
- In case of questions, please contact ecopro@auroville.org.in. Lucas, EcoPro, 2622469

LITTER CLEARING SERVICE

If you are one of the inspired ones who shares similar concerns, are interested to help keep Auroville litter free and can dedicate some time, please get in touch with us either by dropping into our office or connecting with us by email or on the number provided below. Lets Keep Our City Clean Together.

Sumit for Eco Service, ecoservice@auroville.org.in, 6379669034



Open Studio Mornings

Every Tuesday from 9 am to 12.

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshops

Location : Recentre, Ok Upcycling Studio
Tel : 6384043908

Tuesdays, 10am—12pm @ Ok Upcycling Studio, Recentre
Discover the fundamentals of upcycling; Tour the studio; Purchase or place orders for upcycled items; Join our "Make Your Own Upcycled Item" workshops. Come explore, learn, and get inspired! **6384043908, Veronese**

Voices & Notes

AV RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay Tuned!

Last published Podcasts

- [Marlenka's weekly Offering—Ep.172](#) (Literature)
- ['Mother's Chronicles: Mirra' by Sujata Nahar, Read by Fif—B1 C10—'Musical Waves' \(The Mother\)](#)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.539](#) (Integral Yoga)
- [Marlenka's weekly Offering—Ep.171](#) (Literature)



Latest Youtube Video

- [Sri Aurobindo's The Life Divine read by Deepti Tiwari—Book 1—Chapter—10](#)
- [Savitri—Ep.13: Introductory Comments in Tamil by Dhanalakshmi](#)

....and more! on www.aurovilleradiotv.org

For more information, write to radio@auroville.org.in

Sai Priya for AurovilleRadioTV

AUROVILLE'S FORGOTTEN CENTRE: the Supreme Lord's City

The public event titled "Auroville: An Experiment Under Threat" presents itself as a defence of Auroville's original purpose. Yet its framing reveals precisely the problem: it reduces Auroville largely to ecology, resident participation, alternative living, and social experimentation, while conveniently pushing aside the central spiritual foundation of the project.

Auroville was never conceived by the Mother as merely an eco-village, a democratic experiment, or a resident-led social project. Ecology, education, collective life and material development were important parts of Auroville, but they were never the centre. The centre was spiritual: Auroville was meant to be a field of service to the Divine Consciousness, a place where human life could be reorganised around a higher truth.

In the 1968 Auroville Charter, Mother declared: "Auroville belongs to nobody in particular. Auroville belongs to humanity as a whole. But to live in Auroville one must be the willing servitor of the Divine Consciousness." She never said that to live in Auroville one must be a voter, an activist, a land custodian, or a defender of local consensus.

In the 1965 "Fundamental Questions About Auroville", when asked, "Who has taken the initiative for the construction of Auroville?", Mother's answer was: "The Supreme Lord." When asked, "What will be the Ashram's role in

Auroville?", she replied: "Whatever the Supreme Lord will want it to be." When asked, "Who will own the land and buildings of Auroville?", the answer given was again: "Supreme Lord." These are not small devotional flourishes. They define the real ownership, initiative and purpose of the project.

The same document also makes clear that the purpose of living in Auroville is not primarily social activism or ecological stewardship, but conscious participation in a new life founded on Truth. To the question, "If one wants to live in Auroville, what does it imply for oneself?" Mother answered: "This means that one wants to participate in the establishing on earth a new way of life—for a better life—based on the search for the Supreme Truth and on harmonious relations between people.—To try to attain the Supreme Perfection." Auroville is not merely about improving external conditions; it is about a change of consciousness directed towards the Supreme Truth and Supreme Perfection.

Therefore, any presentation claiming to defend Auroville's "founding vision" while shifting the focus almost entirely to ecology, participatory governance, resident voice and social process is misleading. It turns Auroville into a secular community-rights narrative, when Mother's vision was something far more demanding: a spiritual experiment in which the individual and the collectivity must learn to serve something higher than personal preference, group identity, emotional attachment or political opinion.

This does not mean ecology is irrelevant. It does not mean residents' participation is irrelevant. But in Auroville, all these things only have their true meaning and true place when placed under the higher aim: the manifestation of a divine consciousness in earthly life. Remove that, and Auroville becomes just another alternative settlement arguing about governance, land, trees and authority. That may be politically convenient, but it is no longer the project Mother founded.

The real question, therefore, is not whether Auroville is "under threat" from development. The deeper question is whether Auroville's spiritual purpose has already been replaced by a resident-centric, ecological and political narrative. If Auroville is to be defended, it must be defended as Mother conceived it: not as private property of residents, not as an eco-village, not as a democracy experiment, but as a place belonging to humanity as a whole, where one comes to become "the willing servitor of the Divine Consciousness."

Joel Van Lierde

Poetry

A LINE OF ANTS.

A line of ants,
disturbed, dispersed
in random haste.

Sensing another ahead,
each paused at a distance
and steered aside
to avoid collision.

An instinct of self-preservation
playing out on a larger scale,
coping with a chaos
perhaps not of their own making.

Anandi Z.

WHAT ARROWS WOULD IT BE, O ARJUNA



In your woes and sorrow,
O Arjuna,

What arrows must you release?
What cosmic vision

Do you hope to behold
To witness the immortality of wounds
And the immortality of the soul?

Dare you ask who is a friend
And who is a foe.
Who is the other
And who are you.
What is real
And what is a mere show?

Open your eyes and see
How the rivers of venom flow
What makes you blind
And what makes you glow.

Love is blind, you say.
All you see then
is the light in you and me.
Hatred too is blind, you must know.
All is darkness then and you see it grow.

O Arjuna

What is the virility of the fighter
And of the hero?

From what faintheartedness
Are you being invoked to arise
To become a scourge of the enemy?

How holy is this war?
How holy are your gods?
How hollow are your words
How clever are your thoughts?

What is holiness? Do you wonder?
Where in the screams of children
In the bloody, rotting bodies
In mutilated minds, in broken hands
Is this Kurukshetra

This Gaza
This Holy Land?

What is eternal
What is fleeting
What is a mere illusion
And what is it that forever
Raises these questions
In every heart
On every turn?

O Arjun
Dare you ask?

Sehdev Kumar

ORBITAL SHIFT

At 2 a.m.,
I walked within Thy silence.
Constellations kept
their ancient vows;
only my gravity surrendered.
An unseen axis turned.
The universe did not expand
my seeing did.
Before dawn touched the horizon,
a sun had already risen within.

Rahul Chaudhary

Animal Care

SEEKING VOLUNTEERS FOR DOG SHELTER

Aurovilians & Newcomers Welcome

We are seeking dedicated volunteers to assist in the ongoing care and management of our dog shelter.

Areas of support required:

- Medical assistance (qualified professionals or students);
- Provision of essential supplies;
- General shelter maintenance and animal care



Interested individuals are encouraged to get in touch at the earliest: 9443203092, aurovilledogshelter@auroville.org.in

Dr. Kumar, Sugar, Shanthi

JOIN AUROVILLE DOG SHELTER TEAM

Auroville Dog Shelter is seeking a dedicated Aurovilian to join our team.

Skills Required:

- Basic computer knowledge,
- Accounting skills

Support Provided:

- Half maintenance

Contact:

- 9443203092, aurovilledogshelter@auroville.org.in

If you are interested in supporting our work for community dogs, we would love to hear from you.

Dr. Kumar for Auroville Dog Shelter Team



Foods, Goods & Services

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.

Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).

Madhuri for Annapurna Farm



BARAKA MANGOES

Available

Mango season has started at Baraka.

Please pass by to get some.

We also have spicy pickles and soon mango jam.

Mahi

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm



We are open to volunteers, guests & visitors

We accept payments by FS account, Aurocard and UPI.

For more info:

- call/ WA +91 8300268804 or pass by.

Isabelle

FREE STORE TIMINGS

- Monday to Saturday, 9am—12:30pm
- Tuesday and Thursday, 2:30—4:30pm
- Kindly bring your clothes in good condition

Kamala
for Feestore team

NEEM TREE CAFE OFFER

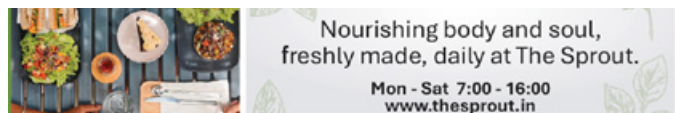
Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day Monday to Saturday @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan

THE SPROUT CAFE & RESTAURANT



Nourishing body and soul,
freshly made, daily at The Sprout.

Mon - Sat 7:00 - 16:00
www.thesprout.in

Monica for The Sprout,
www.thesprout.in

SUDHA'S KITCHEN!

Healthy Plate monthly scheme
for Aurovilian Volunteers & Guests

- Special Offer: Aurovilians get 20% discount
- Group Bookings Welcome

Contacts: +91 8608123072 WA, +91 4133509884

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

NATURELLEMENT GARDEN CAFE

50% discount scheme on Thursdays

Open 9am—8pm, Tuesdays closed

The busy season is over and we are happy to restart our 50% discount scheme on Thursdays for Aurovilians, Newcomers and volunteers from April onwards.

Martina for Naturellement team

VISITORS CENTRE CAFETERIA



Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovilians, Newcomers, Volunteers with Auroid and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

Conscious Catering for your Workshops!

The Cafeteria at Visitors Centre organises organic catering, with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer your participants to the realm of food and explore with us the different possibilities we offer, please contact us:

For enquiries or registration

- cafeteriavc@auroville.org.in, 9043004919 WA

Lee

TASTE OF YOGA: VEGAN CAFÉ



Open Monday—Saturday, 8:30am—4:30pm

@ Verité Integral Learning Center

Taste of Yoga, the vegan café @ Verité Integral Learning Center, invites you to slow down and enjoy a moment of nourishment in a calm, welcoming space. We offer wholesome breakfasts, light lunches, and healthful snacks made with high-quality ingredients—many prepared in-house and some harvested from our kitchen garden. Each dish is thoughtfully created to support your body, mind, and well-being.

Submitted by Hon

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe serves South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe.



The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

From Massbulletin

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria,
7:30—10am

Variety of Dosa, Millets Pongal,
Coffee, Rs.99



Submitted by Shiva

LIVING ROOM CAFÉ



+91 9566142115, Satyakam

AUROMODE RESTAURANT

is Open

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are open!

We look forward to seeing you all.

Pavithra



POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovilians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.



The parts & material costs need to be paid directly by the Aurovilians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

- ptw@auroville.org.in

Please note: Do not give any cash to any team member of PTW. We request to avoid calling our workers directly on their contact numbers.

*Danny, Grace
for Pour Tous Water team*

PT PURCHASING SERVICE OPENING HOURS

- Shop: 8am—7pm, Monday to Saturday
- Canteen: 8am—3pm

Vishnu

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee
 - 9443372418/ WA 9092637055
 - or email govindaraj@auroville.org.in
- for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service: offering cost-effective travel options by arranging shared trips between Chennai and Auroville. Additionally, we provide local trips within Auroville and Pondicherry.

- Taxi bookings: directly through our STS (ITS) office, 8098776644/ 9442566256, its@auroville.org.in.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville

Rajesh.D



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

SUNRISE TAXI SERVICE



**Book
A Taxi 24/7**



+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

**sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in**



KINISI E-MOBILITY SERVICES

• E-Cycle, E-Scooter rentals:

- Flexible pricing depending on the duration of rentals for guests.
- For registered long-term volunteers, special discounted rates apply.

• KIM Scheme: Exclusive benefits for Aurovilians, Newcomers and Auroville Units.

• Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- Battery, Motor, and Controller Sales/Replacement.

Contact Us:

- Mobile: +91 8300460 679/680
- Email: info@kinisi.in, Website: kinisi.in

Timings:

- 9—12:30 & 14:30—16:30
- Open daily, including Sundays and holidays Avvaiyar



ABACUS ACCOUNTING

New Financial Year 2026—27

Greetings and Support from Abacus Accounting

On the occasion of the commencement of the new financial year 2026—27, we extend our best wishes to all units for a successful and productive year ahead.

We would like to inform you that Abacus will provide comprehensive support across the following areas:

- Accounts and Bookkeeping
- EPF, ESI, GST and TDS compliance
- Individual Income Tax Return filing
- PAN-related services
- Tally and Zoho training, along with regular follow-up support
- Ongoing operational support with a focus on strengthening administrative processes through Standard Operating Procedures (SOPs)
- Taking up accounts and compliance support for Non-Auroville entities, including externally registered companies

Units interested in availing our services or seeking support are kindly requested to get in touch with us. We will review your requirements and extend the necessary support in a structured and timely manner. Should you require any assistance or clarification, please do not hesitate to contact us. We look forward to your association.

- Saracon Campus, Kottakarai
- 9894442349, 0413 2622962
- abacus@auroville.org.in / abacus962@gmail.com

Prabhu for Abacus Accounting

AVDZINES:

Ready to provide better and faster service

We are happy to announce that Avdzines has been upgraded with new printers and is now ready to provide better and faster service.

Our services include: Printing; Scanning; Lamination; Book Binding; Package Designing & Manufacturing; Photo Framing; Passport Photos

We warmly invite you to visit and support our service @ Mangalam Campus, near Well Paper

- Monday to Saturday, 9:30am—12:30pm, 2—4:30pm
- For enquiry and appointments: 9443459063 WA

avdzines@auroville.org.in, avdzines@gmail.com

9443459063 WA, Guna for AVDzines



Available offer fare: International Flights from Chennai

- **Etihad Airways:** From Chennai to Paris, Frankfurt, London, Amsterdam, Brussels, Zurich, Vienna, Milan, Rome, Barcelona, and Dublin.
- **Gulf Airways:** From Chennai to Paris, Frankfurt, Milan, and Rome.
- **Qatar Airways:** From Chennai to Paris, Milan, Rome, Barcelona, and Madrid.
- **Air India:** From Chennai to London, Zurich, and Rome.
- **Emirates:** From Chennai to Lyon, Amsterdam, Zurich, Vienna, and Milan.

Mandatory Online Forms for Travel to India

If you are travelling to India, please ensure you complete the following mandatory forms before your journey:

1. **e-Arrival Card (Mandatory for Foreign Nationals & OCI Cardholders).** Foreign nationals and OCI cardholders travelling to India must submit a digital e-Arrival Card within 72 hours before their flight. Indian passport holders are exempt. This free digital form replaces the paper disembarkation card and helps speed up immigration clearance upon arrival. <https://indianvisaonline.gov.in/earrival/>

2. **Ebola self declaration form (mandatory for all passengers)**

All passengers travelling to India must complete the Ebola Self Declaration Form (SDF) online and present it to Indian Immigration upon arrival at all airports in India.

The form is available through the Air Suvidha portal: <https://airsuvidha.civilaviation.gov.in/>

Direct flights from Chennai to Réunion Island

IndiGo now operates direct flights between Chennai (MAA) and Réunion Island's Roland Garros Airport (RUN) in Saint-Denis. Thrice-weekly service (operates every Wednesday, Friday, and Sunday)

Document Attestation & Apostille Services—Inside India

As per Ministry of External Affairs (MEA) guidelines, all documents requiring attestation or apostille must be submitted through authorized outsourced agencies. Inside India is here to assist you through every step of the process.

Our Services Cover:

- Educational Certificates (Degree, Diploma, HSC, SSLC, etc.)—MEA, SDM/HRD, Embassy & MOFA Attestation.
- Personal Certificates (Birth, Marriage, Divorce, PCC, etc.)—Notary, Home Department, MEA, Embassy & MOFA Attestation.
- Commercial Certificates—Chamber of Commerce, MEA, Embassy & MOFA Attestation.
- Common Purposes: Studying abroad, employment, family visas, permanent residency, migration, and trade.

For assistance, contact Inside India today—we're happy to help!

- Travel advisory:

We strongly recommend that you check your domestic and international flight status 48 hours prior to your scheduled departure.

Inside India Travel Agency is Now Your Complete:

International Courier & Cargo Collection Center

We're excited to announce expanded global courier and cargo services—fast, reliable, and worldwide!

- **Europe & UK**—As a DPD Partner, enjoy duty & VAT-free shipping. UK delivery in 6–7 days; Europe in 12–15 days, covering all major EU countries.
- **Australia & New Zealand**—Ship homemade food, masala & spices with ZIP-code-based competitive rates via trusted third-party options.

- **Southeast Asia**—Direct service to Malaysia & Singapore from Chennai in just one week. No duty/tax on select products via trusted partners.

Contact us today to ship smarter, faster, and further!

Individual Travel Insurance by Bajaj Allianz

Inside India is now offering Travel Insurance to ensure safe travels and a smooth journey for you from the start till the end! Travel comes with risks—delayed baggage, lost passport, or sudden illness. Individual travel insurance ensures financial protection, quick assistance, and peace of mind wherever you are.

Key Features of Bajaj's Travel Insurance: Global 24/7 assistance, Covers medical emergencies, trip delays/cancellations, lost belongings, and even home burglary while you're away. Quick and hassle-free claims with fast settlement.

Inside India's Updated Summer Timings

Inside India is open for your next journey:

- **Monday to Friday, 10am—5pm**
- **We are now closed on Saturdays until the second week of July**
- **For urgent matters or emergencies, you may contact our ticketing agent Ganesh: +91 9894598686.**

Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write to us at tours@insideindiaauroville.com to start planning.
- Visit our Office in Kalpana Community (Opp. Auroville Library).

Shaheen
for Inside India Team

TREE CARE SERVICES

Regular tree maintenance is essential for ensuring safety, health, and longevity. Over time, trees can develop deadwood, structural weaknesses, or imbalanced growth that increases the risk of branch failure, especially during storms or high winds.



TREE CARE
Arboricultural technicians
+919042059890
+919159843579 | +918940188350
Kriya, Auroville, TN - 605101
treecareindia.com

Routine inspections and pruning help identify and address these issues early, reducing hazards and costly interventions later. Proper maintenance also improves air circulation, light penetration, and overall vitality, enabling trees to better withstand environmental stress such as heat and drought.

Investing in regular tree care not only protects people and property but also supports a healthier, more resilient urban landscape.

Investing in regular tree care not only protects people and property but also supports a healthier, more resilient urban landscape.

- **Monday to Saturday, 8am—4pm**
- **9159843579 Emergency tree work**
- **office@treecareindia.com**
Consultations, tree inspections & pruning

Jonas

SURABHI SUPPLIES

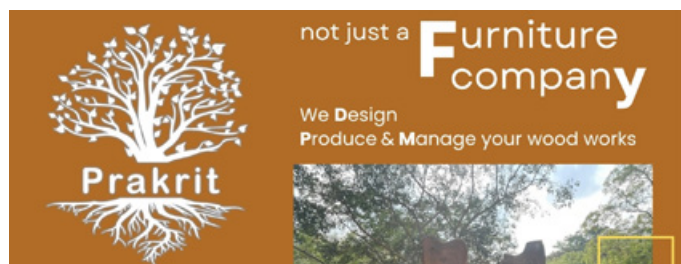
Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs: surabhisupplies@auroville.org.in**

+91 9843846458 WA,
Phone, Iyappan

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit,
+91 9634424066

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1

Balaji & Arun

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



- Utsav Phase—1A, First Floor, Vérité Radial, Auroville
- 0413 2622050, 9443211891, 9786953603
- FS account: 251263,
sarvamcomputers@auroville.org.in

Bala

Classes, Workshops & Healing Arts

MINDFULNESS WITH HELEN IN JULY

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness.

Helen also offers one-on-one sessions and private group sessions in person and online on request.

- **For details & bookings:** 7094753054 WA
or visit innersightav.org

Mindfulness Kindfulness Half Day Retreat

- **Sunday, 12 July, 9:30am—12:30pm**

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts.



Everyone is warmly welcomed. Participants can choose to sit on a cushion, mat or chair & will hold silence throughout the retreat to allow inner deepening.

Introduction to Mindfulness Workshop

- **Sunday, 19 July, 10:30am—12:30pm**

Discover how to find inner calm in the chaos of everyday life. Learn simple techniques to steady the mind and connect with presence, clarity, and joy.

This workshop is perfect for anyone wanting a calmer, more present way of being, or a deeper understanding of what mindfulness is.



Mindful Photography Workshop

- **Sunday, 19 July, 2:30—5pm**

This workshop explores miksang, a contemplative photography practice. Miksang is a practice to synchronise the heart, mind & inner being. It invites us to see the world with fresh eyes, to let go of our ideas, stories & techniques.

The session includes an intro to miksang, mindfulness practices to attune & time for individual practice. Everyone is welcome. You just need something to take photos with (a phone is fine).



Mindfulness Based Stress Reduction Course

- **Monday, 27 July to Sunday, 2 August**
 - **7:30am—9:30am, Monday—Saturday**
 - **9:30am—12:30pm, Sunday**

This evidence-based course blends ancient mindfulness practices with emerging neuroscience research. It offers practical tools to work with stress, anxiety, burnout, physical & emotional pain whilst building resilience, focus & presence.



It supports those facing work pressure, relationship struggles & health concerns as well as those wanting to see deeper into their patterns, mind & true nature. Suitable for beginners as well as those looking to deepen their practice.

Helen

PITANGA PROGRAM, JULY

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Yoga Therapy, not on 06/07	8—9:30am	Gala
	Doing No-Thing Consciously	5:30—6:30pm	Mike
Tuesday	Yoga: Restore & Relax	5—6:30pm	Florina
	Kundalini Yoga—From 14/07	5:30—7pm	Bel
Wednesday	Yoga Therapy	8am—9:30am	Gala
	Dynamic Yoga Flow	5:30—7pm	Florina
Thursday	Aviva Exercise—for women only	4:30—5:30pm	Suriyagandhi
	Yoga: Restore & Relax	5—6:30pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants	6:45—8:15am	François & Namrita
	Yoga Therapy	8am—9:30am	Gala
	Awareness Through Movement	5:15—6:15pm	Nausheen
Saturday	Breathing & Mudra	8am—9:30am	Gala
	Truth based Relationships	2:30—4:30pm	Juan Andres

Days	Classes with prior registration	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/families	3—5pm	Gala
Monday to Friday	Ashtanga Yoga (self-paced) From 13/07	7—10am	Monica M
Saturday	Led primary series	7—8:30am	

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga: On Pause until further notice	4—5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth's absence.

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine)
	Chiropractic
Gaspard	Sound Healing Therapy with Singing Bowls

New Activities: Awareness Through Movement

- Fridays 5:15—6:15pm, with Nausheen.

Regulating your nervous system starts with slow, mindful movements.

Moving with curiosity and awareness allows the brain to sense subtle changes and rewire chronic tension patterns.

By allowing the brain to discover a more efficient way to move, this practice restores daily ease, eliminates pain, and elevates your overall well-being.

Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know! If you wish to receive our program of activities by email or WhatsApp, please write to us.

See you at Pitanga, with a smile!
Anandamayi & Enzo for Pitanga Cultural Centre
2622403 / 9443902403 WA, info@pitanga.in

FOOT REFLEXOLOGY WORKSHOP



11—12 July @ Maroma Spa
Saturday 9am—4pm, Sunday 9am—1pm

This two-day workshop introduces the foundations of foot reflexology through theory and hands-on practice. Drawing on traditional knowledge and a holistic understanding of the body, it offers a beginner-friendly approach to learning techniques that support relaxation, balance, and wellbeing.

Ravi combines years of training and practice in Thai massage, Ayurveda, and reflexology to offer a thoughtful and practical introduction to this therapeutic art.

What is included:

- 10 hours of guided instruction
- Handbook and workshop materials
- Lunch on Day 1, tea and snacks on both days

Registration closes 8 July

- +91 7448433118, care@maromaspa.com
- www.themaromaspa.com

Buvaneswari



Thursdays, 16, 30 July, 6—8pm

Most of us share the experience of coming to Auroville because we could not fit into the old culture and values. Our aspirations, joy, and pain were not seen, heard, understood, or valued enough, which created a sense of loneliness. This sense of loneliness can stay within us, often without our awareness, even after coming to Auroville, and may limit the way we live here.

Loneliness can be present even when one has friends, relationships, or spends a lot of time with people, if one is not seen and heard for who they are and what they are experiencing. Often, it remains unspoken and quietly carried.

This listening circle intends to create a space for authentic human connection through sharing without the fear of being judged, and through pure listening without thinking of a reply.

All participants are required to consent to a confidentiality agreement before joining the circle.

No contribution is expected; you may offer a donation for the hall if you can. Guests are also welcome to join the circle.

- [Register here before 5pm on the day of the circle:](#)

Raamkumar, 9943211101

ARKA WELLNESS CENTER

July Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Pepe	Body Logic, Soft Massage, Deep Tissue Massage Monday to Saturday By appointment, +91 9943410987
Silvana	Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti English & French	- Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I Ching oracle - Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral Reiki healing - Holotropic technique breathwork Monday to Sunday, by appointment only, +91 7041391995, narayani-nc@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	By appointment only, +91 9047722740
Rotem	Low impact strength training	Tuesday & Thursday, 7:30—8:30am By appointment only, +91 8056888715
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, max. stay 3 weeks
- Contact Arka 0413 2623799,
arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680,
ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

For any details and queries, you can contact us at

- arka@auroville.org.in, 0413 2623799 Ramana

REGULAR YOGA CLASSES @ SAIER CONFERENCE HALL

6:45—8am

Suitable for all levels. Join Dev's yoga classes.

- To transform your Physical, Vital & Mental wellbeing
- Support lifestyle disorder & pain management

Our yoga classes:

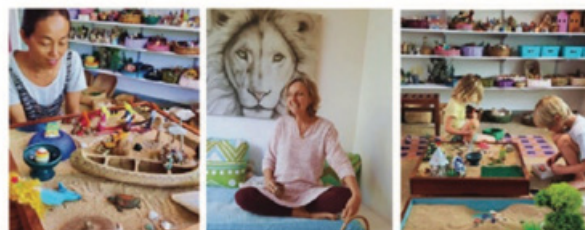
- Monday: Hatha yoga class
- Tuesday: Dynamic Yoga
- Wednesday: Deep stretches, deep relaxation, OM chant
- Thursday: Intensive Yoga
- Friday: Pranayama (Awareness of breath)

For more details: Contact 9790171722, Dev

- Aurovilian & Newcomer: Contribution
- Savi Volunteers: Rs. 200/class or 2000/month &
- Guests: Rs 300/class or 3000/month Dev

WORLD GAME FOR ADULTS AND CHILDREN

"Where contemplation meets playfulness and transformation."



This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to "know oneself", this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour, Individual session or together with a good friend. In English, Francais or Nederlands.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers. +919488084952 WA, Aikya

MYTHS ABOUT VEDIC ASTROLOGY

Over the years, I've noticed that many people come to Astrology with ideas that are not always carefully examined.

- That everything is predestined.
- That some planets are inherently "good" or "bad."
- That a birth chart determines everything.
- Or that remedies can somehow replace our own effort and choices.

These questions often become the starting point for deeper conversations about free will, responsibility, and self-understanding.

To explore these ideas, I've written a short 10-page guide called *5 Myths About Vedic Astrology, Debunked*.

It's for anyone who is curious about Vedic Astrology, whether you're completely new to it or have been studying it for some time.

You can download your free copy here:

- <https://allthingsvedic.link/myths>

If you read it, I'd be interested to hear which of the myth challenged you the most...

Vikram Devatha, +91 98439 48288

www.allthingsvedic.in, vikram@auroville.org.in

VÉRITÉ July Program



www.verite.in,
programming@verite.in
0413 2622045, 2622606,
9363624083, 8489391876

Classes:

Days	Drop-in Classes	Timings	Presenters
Monday	Vinyasa Yoga Flow	9:15—10:15am	Meghan
	Restorative Yoga	3:30—4:30pm	Mani
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesday	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Vinyasa Yoga Flow	3:30—4:30pm	Meghan
	Cool Down Pranayama	5—6pm	Mamta
Wednesdays	Vinyasa Yoga Flow	9:15—10:15am	Meghan
	Hatha Yoga	3:30—4:30pm	Ivana
	Hatha Vinyasa Yoga	5—6pm	Andres
Thursdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Yin Yoga	9:15—10:15am	Mani
	Vinyasa Yoga Flow	3:30—4:30pm	Meghan
	Sivananda Yoga	5—6pm	Mani
Fridays	Deep Sound Bath	5—6pm	Satyayuga
	Meridian Yoga with Pranayama	9:15—10:15am	Mani
	Yoga Nidra w/ Chanting	3:30—4:30pm	Mani
	Deep Sound Bath	5pm—6:30pm	Satyayuga
Saturdays	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Deep Sound Bath	5—6:30pm	Satyayuga

Workshops:

Pre-registration required

Day, Date	Workshops	Timings	Presenters
Saturday, 4 July	Awareness Through the Body: Explorations	9:15am—12pm	Amir
Saturday, 4 July	Introduction to Ayurveda & its Lifestyle	2—4pm	Dr. Geeta
Saturday, 11 July	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr. Geeta
Saturday, 18 July	Face & Eye Yoga: Face Your Self	2—4:30pm	Mamta
Saturday, 25 July	Awareness Through the Body: Explorations	9:15am—12:pm	Amir

Anandhi

AUROMODE SPA

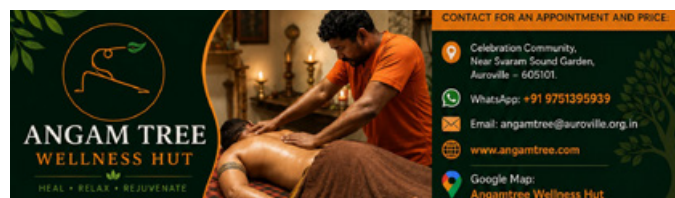
Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA



ANGAM TREE



Angam Tree Services

- Ayurvedic Acupressure Deep Tissue Massage with Oil, Aromatic Breathing and Sound Healing, 70—80 minutes
- Ayurvedic Acupressure Deep Tissue Massage with Singing Bowl, 50—60 minutes
- Head, Back and Leg Massage with Little Oil and Sound Healing, 40-50 minutes



Without Oil Sessions

- Varma Pressure Points with Sound Healing without oil, 40—50 minutes
- Sound Healing for Individual, 40—50 minutes
- Sound Bath for Group of 6—8 People, 40—50 minutes

+91 9751395939 WA,
angamtree@auroville.org.in,
Raja for Angam Tree

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.

Offered by Kardash, whose training has been based on the wisdom and techniques of:

- Ericksonian Clinical hypnotherapy
- Neurolinguistic programming (NLP)
- The Enneagram of Character Fixation
- Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy.

- Meetings can be in-person in Auroville or online.
- For more details see www.innersightav.org or +91 9940934875 WA



Submitted by Kardash

Languages

AUROVILLE LANGUAGE LAB



Current Schedule of Classes

Lan- guage	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Intermediate with Ashwini	24 hours (3 months) Started on 15 June	5–6pm, Mon- day, Thursday
	Pre-Intermedi- ate with Riki	12 hours (1 month) Started on 8 June	4:30–6pm Monday & Wednesday
	Pre-Intermedi- ate with Riki	12 hours (1 month) Starting on 20 July	4.30–6pm Monday & Wednesday
French	Intensive with Isabelle—NEW!	20-hours (2 weeks) Started on 15 June	11am–1pm, Monday to Friday
Tamil	Pre-Interme- diate with Saravanan	24–Hour (3 months) Started on 11 May	Monday & Wednesday 5:30–6:30pm
	Intermediate with Saravanan	24–Hour (3 months) Started on 17 Feb- ruary CURRENTLY ON PAUSE	9:30–10:30am, Tuesday & Friday
	Beginner with Saravanan	24–Hour (3 months), Starting on 3 July	9:30–10:30am, Tuesday & Friday
German	Beginner with Verena	36–Hour (3 months) Started on 16 July	9–10:30am, Tuesday & Friday
Hindi	Beginner with Ashwini	24–Hours (3 months), Started on 15 June	4–5pm, Monday, Thursday
Didge- ridoo	Learning Wind Instrument & circular breath- ing with Sunny	6 Hours (3 weeks) Starting 7 July	4:30–05:30, Tuesday & Thursday

Schedule of Free Evening Practice Sessions

Our free evening conversation sessions are an opportunity to practice speaking with native speakers. Designed for learners with some basic knowledge, these informal sessions (not structured classes) are held on weekdays from 5–6pm, barring indicated exceptions:*

- **Mondays:**
French Conversation with Isabelle/ Coco & Gaspard
- **Tuesdays:** Spanish Conversation with Gloria
- **Wednesdays:** Sanskrit Chanting w/ Remesh*,
5:45–6:45pm
- **Thursdays:** English Conversation with Riki
- **Fridays:** Tamil Conversation with Prathiba
- **Tuesdays & Fridays:** Journal Club with Sophy

We are closed on Saturday afternoons from 12pm.

- Building tours and the Tomatis introductory film are therefore available by request only.

Contacts:

- 2623661 (Lab), 3509932 (Tomatis),
- 9843030355 WA
- www.aurovillelanguage.org/registration

Submitted by Mita

Cinema

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Families and children are welcome!
 - Dinner for children will be served at 19:00. :)

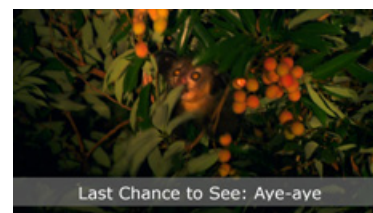


Friday, 10 July

Last Chance to See—Aye-Aye

2009, 59 minutes, Tim Green

This documentary showcases the efforts taken to conserve the elusive and fascinating aye-aye. Conservationists are struggling to preserve the remaining fragmented islands of forest by planting green corridors and engaging local communities.



Aviram

NEW MOON MOVIE

@ Centre d'Art, Citadines

Every New Moon day, Art movie screening @ Centre d'Art, Citadines. This month it will happen on Wednesday, 15 July at 5pm, in the Multimedia room.

Everybody is welcome!

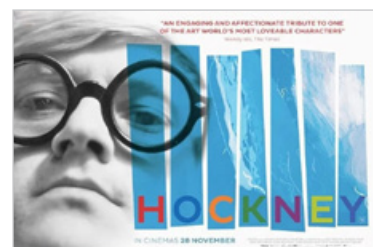
Wednesday, 15 July, 5pm @ Multimedia room

Hockney by Randall Wright

2014, 112 min, original version.

In English with English subtitles.

The film chronicles Hockney's vast career, from his early life in working-class Bradford, where his love for pictures was developed through his admiration for cinema, to his relocation to Hollywood where his life long struggle to escape labels ('queer', 'working class', 'figurative artist') was fully realised.



"It's been said that there was something of the holiday about David Hockney, that, despite personal loss, he sees the world with holiday eyes, as if for the first time. I wanted to capture this attitude without taking away the mystery and magic of a great artist." Randall Wright.

Marco



CINEMA PARADISO
@ Multimedia Center (MMC) Auditorium, Auroville
Film Program 13—19 July

Cinema Paradiso programs at the MMC warmly welcome the community. Doors open 15 minutes before showtime and close once the film begins, so please arrive on time. For everyone's enjoyment, kindly avoid crossing in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

Indian—Monday, 13 July, 8pm

Katrin Mozhi

India, 2018, Dir. Radha Mohan, w/ Jyotika, Vidharth, Lakshmi Manju and others, Drama-Comedy, 148 mins, Tamil w/ English subtitles, Rated: PG.

The story revolves around Vijayalakshmi, a talkative homemaker who is often belittled by her family for failing her Class 12 exams. Seeking to carve out her own purpose, she accidentally lands a job as a late-night relationship advice radio jockey. The film humorously and sensitively explores her rise to popularity, while balancing the subsequent insecurities it causes in her husband.

Pot Pourri—Tuesday, 14 July, 8pm

L'Enfant Loup

France, 1998, Dir. Pierre-Antoine Hiroz w/ Natalie Carter, Jean Curtelin, and others, Drama, 90 mins, French w/ English subtitles, Rated: PG.

Poppy is a marketing specialist whose life is turned upside down when she fakes an engagement with her boss's handsome new client Milo, to win over her strict building manager and get Milo the penthouse suite.

Selection—Wednesday, 15 July, 8pm

Ip Man

China, 2008, Dir. Wilson Yip, w/ Donnie Yen, Simon Yam, and others, Drama-Martial Arts, 106 mins, Chinese w/ English subtitles, Rated: PG.

During the Japanese invasion of China, a wealthy martial artist is forced to leave his home when his city is occupied. With little means of providing for themselves, Ip Man and the remaining members of the city must find a way to survive.

Interesting—Thursday, 16 July, 8pm

How our brain judges people in a split second

Germany, 2026, Dir. Dorothee Kaden, w/ Angelina Kohler, Prof. Hans-Jochen Menzel and others, Documentary, 49 mins, English w/ English subtitles, Rated: PG.

Our brains form first impressions of people in as little as 100 to 250 milliseconds, relying heavily on the amygdala and the hippocampus. This split-second processing evaluates faces and body language for trustworthiness, competence, and dominance before we are even consciously aware of what we are seeing and psychological studies on this phenomenon reveal how these snap judgments shape our social realities.

International—Saturday, 18 July, 8pm

Forever Young

USA, 2023, Dir. Henk Pretorius, w/ Bernard Hill, Diana Quick, and others, Romance-Thriller, 100 mins, English w/ English subtitles, Rated: R.

A thought-provoking sci-fi drama exploring the psychological and moral dilemmas of de-aging. It centers on Robyn, a 70-year-old woman who takes an experimental formula that reverses aging, and her husband, who declines because he cherishes their shared history with zero regrets.

Children's Matinee—Sunday, 19 July, 4pm

Rio 1

USA, 2011, Dir. Carlos Saldanah, w/ Jesse Eisenberg, Anne Hathaway and others, Animation-Family, 96 mins, English w/ English subtitles, Rated: PG.

After meeting each other, two blue macaws are kidnapped by bird smugglers and must work together, and with new friends, to return home. Along the way, they get to know one another and realize that they have more in common than they originally thought.

Classic World Cinema—Sunday, 19 July, 8pm

The Other Side of Hope

Finland, 2017, Dir. Aki Kaurismäki, w/ Sherwan Haji, Sakari Kuosmanen and others, Comedy-Drama, 86 mins, Finnish w/ English subtitles, Rated: PG.

Displaced Syrian Khaled lands in Helsinki as a stowaway; meanwhile, middle-aged salesman Wikström leaves behind his wife and job and buys a conspicuously unprofitable seafood restaurant. After Khaled is denied asylum, he decides not to return to Aleppo, and the two men's paths cross fortuitously.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us:

- mmcauditorium@auroville.org.in.

Krishna & Ramesh

Emergency Services

EMERGENCY SERVICES

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2910005
- Santé—0413 2622803;
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation—9999666555

India Emergency Response Service (24/ 7):

- 108

Electrical Bus

PRTC ELECTRIC BUS SCHEDULE

Pondy—Auroville (JIPMER): 10EA

Pondy Bus Stand	5:00	7:40	10:20	13:00	15:40	18:15
Indira Gandhi Statue	5:05	7:45	10:25	13:05	15:45	18:20
Murugaa Theatre (Accord Hotel)	5:15	7:55	10:35	13:15	15:55	18:30
JIPMER	5:20	8:00	10:40	13:20	16:00	18:35
Toll Gate (AIAT)	5:30	8:10	10:50	13:30	16:10	18:45
Hope (Adi Shakti)	5:30	8:10	10:50	13:30	16:10	18:45
Edayanchavadi	5:35	8:15	10:55	13:35	16:15	18:50
VC Parking	5:40	8:20	11:00	13:40	16:20	18:55
Alankuppam	5:50	8:30	11:10	13:50	16:30	19:05

Auroville—Pondy (ECR): 10EA

Alankuppam	5:55	8:35	11:10	13:55	16:35	19:10
VC Parking	6:10	8:50	11:25	14:10	16:50	19:25
Edayanchavadi	6:10	8:50	11:25	14:10	16:50	19:25
Reve (Aroma Garden)	6:25	9:05	11:40	14:25	17:05	19:40
Certitude (AV Security)	6:25	9:05	11:40	14:25	17:05	19:40
Kuilapalayam (SBI Bank)	6:35	9:15	11:50	14:35	17:15	19:50
Gaia's Garden (Mango Hill)	6:45	9:25	12:00	14:45	17:25	20:00
Bommayapalayam	6:55	9:35	12:10	14:55	17:35	20:10
Quiet Healing Centre	7:05	9:45	12:20	15:05	17:45	20:20
Serenity Beach	7:05	9:45	12:20	15:05	17:45	20:20
Sivaji Statue (Karuvadikuppam)	7:10	9:50	12:25	15:10	17:50	20:25
Murugaa Theatre (Accord Hotel)	7:15	9:55	12:30	15:15	17:55	20:30
Indira Gandhi Statue	7:20	10:00	12:35	15:20	18:00	20:35
Pondy Bus Stand	7:25	10:05	12:40	15:25	18:05	20:40

Pondy—Auroville (ECR): 10EB

Pondy Bus Stand	5:30	8:10	10:45	13:30	16:10	18:50
Indira Gandhi Statue	5:40	8:20	10:55	13:40	16:20	19:00
Murugaa Theatre (Accord Hotel)	5:50	8:30	11:05	13:50	16:30	19:10
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Gaia's Garden (Mango Hill)	6:10	8:50	11:25	14:10	16:50	19:30
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Auroville—Pondy (JIPMER): 10EB

Alankuppam	6:50	9:40	12:15	14:45	17:40	20:20
VC Parking	7:00	9:50	12:25	14:55	17:50	20:30
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Pondy Bus Stand	7:55	10:35	13:10	15:50	18:35	21:15

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Avvaiyar for ITS Team



About N&N

NEWS AND NOTES GUIDELINES

Visiting hours: Monday & Tuesday, 10am—12pm

Hard deadline for submissions: Tuesday 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

AgniJata & Alexey,
NewsAndNotes@auroville.org.in



Accessible Auroville Public Bus

 Auroville TO PONDICHERRY			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35
 Pondicherry TO AUROVILLE			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Submitted by Raju, avbus@auroville.org.in

The Last Page

THE VISA DISCUSSION

Did you know?

Foreign nationals in Auroville receive a special visa to participate in the Auroville project.

That visa exists to enable those who genuinely wish to serve, contribute, and work towards Auroville's higher purpose.

It is not a visa that exempts anyone from Indian law.

It is not a licence to obstruct public works.

It is not an invitation to import activism into a foreign country or to impose personal preferences over the collective process.

Can you have preferences in this set up?

Absolutely.

But every society has forums, procedures, and institutions through which preferences are expressed. Usually, that discussion doesn't happen standing in front of a JCB trying to stop public works.

Can India reserve the right to examine misconduct when deciding whether to continue granting a visa?

Of course it can. Every sovereign nation does.

Here's something that is rarely mentioned:

More than 99% of visa applications connected with Auroville are granted without restrictions. Even many people who have been far from exemplary have continued to receive visas.

The loudest complaints come from the tiny minority who have had restrictions imposed or who have received Leave India Notices after the Government concluded they had violated the conditions of their stay.

Entitlement is believing that a sovereign nation owes you a visa regardless of your conduct.

A visa is a privilege extended under law—not an unconditional right.

India is no longer codependent. India is no longer under the grip of Stockholm Syndrome.

Come to serve. Come to build. Come to collaborate.

Foreigners and Indians alike, let us work together to change the course of circumstances—with the Divine at the centre, not our personal ego.

Jai Ma. Jai Hind. Satyameva Jayate

Sindhuja

