



News Notes

#1118 A weekly bulletin for residents of Auroville 12 February 2026



Life is meant for seeking the Divine. Life is realised when finding the Divine.
Let this be our one need in life, to realise the Divine.

The Mother, Words of the Mother—II

Pondering



The aim of the Yoga is to open the consciousness to the Divine, to live in the inner consciousness more and more while acting from it on the external life, to bring the inmost psychic into the front and by the power of the psychic to purify and change the being so that it may become ready for transformation and in union with the Divine Knowledge, Will and Love.

Sri Aurobindo, Letters on Yoga—II

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House of Mother's Agenda



Again, it should not be forgotten that this was now the yoga of the cells. It was no longer sufficient that the surrender be an inner, psychological act: it had to be an action or a voluntary attitude of the cells. The consciousness of each cell had to surrender. This is something awesomely difficult because, first, that consciousness had to be developed to ranges it had never touched before in the whole of existence of the human species, and, second, the cells carry within them the burden, hardened into a behavioural habit, of a catastrophic past. 'The material consciousness, that is the mind in Matter, has been formed under the pressure of difficulties,' said the Mother, 'difficulties, obstacles, sufferings, struggles. It has, as it were, been built up by all that [in the course of the evolution], and that has left upon it a stamp almost of pessimism and of defeatism which is certainly the greatest obstacle'¹⁴—for a confident and joyful surrender, that is.

The Mother's surrender is there to read about on practically every page of the *Agenda* and the *Notes on the Way*. For instance: 'What is going to happen, I don't know. The body is not concerned about it, it is all the time like this [Mother opens her hands with palms upwards], all the time: "What Thou wilt, Lord, what Thou wilt," with a smile and in a perfect joy.'¹⁵ Or near the end of her way: 'All things on which I sought support for the [yogic] action, it is as if they collapsed on purpose to make me say, even in connection with the smallest trifles: "What Thou wilt." It has become my only refuge.'¹⁶ 'What Thou wilt,' (*ce que Tu veux* or *ce que Tu voudras*)¹⁷ was her basic mantra. It was there supporting every act in her life, and at the end it will be there among the last discernible words recorded; and when words failed her, she expressed it in a gesture, offering herself and everything she represented, the palms of her hands turned upwards, to the Lord.

(to be continued next week)

¹⁴ The Mother, *Notes on the Way*, CWM 11, p. 2.

¹⁵ *Id.*, p. 167.

¹⁶ *Id.*, p. 321.

¹⁷ We find this mantric phrase, *ce que Tu voudras*, formulated by the Mother for the first time in her *Prayers and Meditations*, in the entry dated 15 July 1914. To demonstrate how many of the main elements of the yoga were already present to her in those early years would require a separate study. One example, concerning the action of the yoga in the cells, must suffice: 'Thou hast integrally taken possession of this miserable instrument [her body], and if it is not yet sufficiently perfected for Thee to complete its transformation, its transmutation, Thou art at work in each one of its cells to knead it, to make it plastic, to enlighten it, and in the whole being to put it in order, organize and harmonize it. Everything is in movement, everything is changing; Thy divine action makes itself felt as an ineffable source of purifying fire that circulates through all the atoms.' (*Prayers and Meditations*, CWM 1 p. 344)

Georges Van Vrekhem
The Mother: The Story of Her Life
 Part Three: The Road Alone
 What Is to Be Done Is Done

<https://incarnateword.in/other-authors/georges-van-vrekhem/the-mother-the-story-of-her-life/16-what-is-to-be-done-is-done>

Gangalakshmi HOMA

Town Hall Speaks

CITY SERVICES CONTRIBUTIONS AND PAYMENTS

January 2026

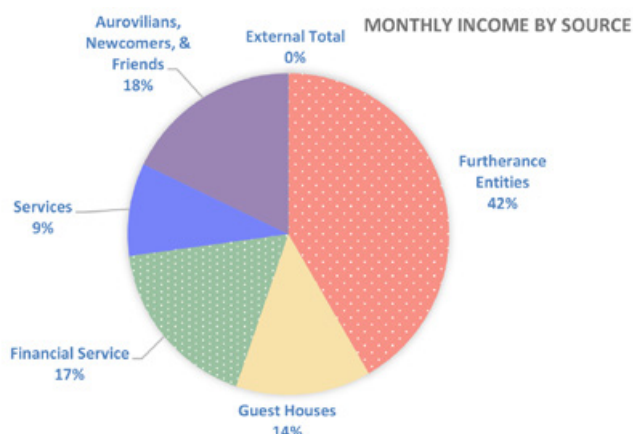
Summary	Unspecified	Specified	Total
Buffer Opening Balance (BOB)	18,81,33,696	—	18,81,33,696
Monthly Contributions (Int. + Ext)	1,88,87,716	23,11,920	2,11,99,636
Total Contributions (OB+Monthly Inc)	20,70,21,413	23,11,920	20,93,33,333
Total Payments	2,07,69,951	23,11,920	2,30,81,871
CS Ending Balance (Includes BOB)	18,62,51,461	—	18,62,51,461
Monthly loss/gain			-18,82,234

Internal Contributions

Source	Unspecified	Specified	Total
Furtherance Entities	79,30,955	9,02,570	88,33,525
Guest Houses	28,64,441	18,500	28,82,941
Financial Services	30,00,000	7,19,770	37,19,770
Services	19,81,073	—	19,81,073
Aurovilians, Newcomers, & Friends	31,11,248	6,71,080	37,82,328
Internal Total	1,88,87,716	23,11,920	2,11,99,636

External Contributions

Government of India for SAIIR	—	—	—
Government of India for Other	—	—	—
Other Contribution	—	—	—
Project Contributions	—	—	—
Foreign Contributions	—	—	—
External Total	—	—	—



- E-Versions: [Please read the full report here.](#)
- Paper Versions: Please read the full report at the end of the issue.

BCC Team
(Angurajan, Arthi, Kalaiarasi,
Kalaimathi, Kaileshvaari, Punniyakodi, Raji)

INFORM HRS

We would like to kindly remind you that all Aurovilians, Indian and Non-Indian, have to inform HRS when they leave Auroville. This meets the Residents' criteria.

- Mail to hrs@auroville.org.in (or)
- Kindly [fill the Departure Form](#) for ease and efficiency update (or)
- You can also access it from our AuroNet profile page: <https://auroville.org.in/group/human-resources-service-hrs>

Raja N for Human Resources Service (HRS)

Community News

Matrimandir News & Schedules

AUROVILLE BIRTHDAY WEEK IN MATRIMANDIR

Seeking for Volunteers

We are about to celebrate both Mother's birthday, 21 February and Auroville Birthday, 28 February.

To manage the people coming for these events, Matrimandir is in need of at **least 12 volunteers each time** to help guide the people attending the morning meditations and bonfire.

If you are willing to contribute to these events by volunteering, please write to matrimandir@auroville.org.in and give:

- the date(s) you plan to volunteer
- your phone number.

*Thanking you in advance for your contribution,
Antoine for Matrimandir Executives*

STRINGS OF DIVINITY

Friday, 13 February, 6—8pm
@ Matrimandir Amphitheatre

Arpanaa is delighted to present **Strings of Divinity** by the immensely talented and accomplished musician Ramana Balachandhran at the Matrimandir Amphitheatre on Friday 13 February 2026, 6—8pm.

Ramana is a Veena player in the Carnatic tradition and is widely seen as an ambassador for the Saraswati Veena in India and abroad.

Pushing the instrumental boundaries, he offers raga-centric music with focus on spontaneity. A trained percussionist, his concerts prominently feature the complexities of Ragam Thanam Pallavis. Being also a vocalist, he intersperses his Veena expositions with vocal renditions of the compositions, accentuating their lyrical intricacies.

He will be accompanied on the Mridangam by the renowned percussionist **Patri Satish Kumar**.

- Please be seated by 5:45pm
- Entry from MM Office Gate
- Aurocard required for guests
- Access limited to the performance area only
- Please exit venue by 8:15pm

Antoine for Matrimandir Executives



MATRIMANDIR ACCESS INFORMATION

Important announcement regarding the change in timings effective from 1 February 2026

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am—3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am—11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Tuesday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration.

The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday, 6—8am, 4:30—7:30pm.
- Sunday, 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to registered Volunteers:

- Every day, 4:30—6pm.
- Volunteers are requested to come and get their revised passes between 10—10:30 am from the Matrimandir office.
- **It is obligatory for the volunteers and pass holders to carry the pass with them.**

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in.

- Any day except Tuesday & Sunday, 8—8:25am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in.

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders:

- Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- **Starting from Visitors Centre. Daily, 9am—5:30pm.**

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org.

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine

for Matrimandir Executives Team

AMPHITHEATRE

Meditations at sunset with Savitri

5:30—6pm, every Thursday
weather permitting



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Aurocards. **Last entry for guests at 5:30pm.** Access limited for guests to the Amphitheatre
- **Last exit for guests at 6:15pm.**

Velmurugan for Access team

Awakening Spirit

THE MOTHER'S BIRTHDAY DARSHAN

Saturday, 21 February

To celebrate the Mother's Birthday, the Sri Aurobindo Ashram will open both the Mother's Room and Sri Aurobindo's Room on Saturday, 21 February for a Darshan. Everyone is welcome. Below we share with you the options and guidelines for attending the Darshan:

Options for a Room Darshan

- **Early Morning Darshan (No tokens required):**
 - Join the **general Darshan queue from 4am** onwards. **No tokens** will be needed until the meditation at the Samadhi begins.
- **Post-Meditation Darshan (Tokens required):**
 - From 6:40am onwards, tokens will be required for entry.

How to obtain a token for the Room Darshan

- Volunteers and Guests of Auroville may collect their tokens directly from the Ashram at the booth near the Ashram Post Office and on the day itself.
- Please note:** You may need to wait or return later at the time indicated on your token.
- Aurovilians and Newcomers had the opportunity to pre-register for a token on 10 February on Pitanga.

Please collect your registered tokens on:

- **Thursday, 19 February, and Friday, 20 February @ Pitanga, 9am—12pm, 3pm—5pm**

Please note: Tokens that are not collected by 5pm on 20 February will be given to persons on the waiting list.

Andrea for Pitanga's team

SAIER BUS ON DARSHAN DAY

21 February

For those using the Auroville bus to have darshan in Mother's room on her birthday, 21 February

- **The bus will leave from Matrimandir at 3pm and return from Pondy at 6pm.**
- **Tokens are required.**

The SAIER bus is for Aurovilians and newcomers going for darshan. All others can board the Auroville Accessible bus, leaving at the same time and following the same Auroville route.



Paulette

THE MOTHER'S FLOWER GARDEN EVENT SERIES

Near Solar Kitchen

Seeking for support only in the Divine

- **Saturday, 21 February,**



- **10am:** talk by Narad (Richard Eggenberger) "Flowers are the moments' representation"
- **5pm:** a conversation with Mr. B, the young Aurovillian, "The Secret of the Sunlit Path"

- **Sunday, 22 February**
 - **10am:** Talk by Deepti Tiwari: "The key to perfect change"



- **5pm:** Sound Music Song by Aurelio and Nadaprem: "White Roses—Petals of Peaceful Fragrance"



- **Monday, 23 February**
 - **5pm:** Russian bells by Vera: "Dedication to flowers"



- **Tuesday, 24 February**
 - **5pm:** Veena Varadé by Aurohansadhwani Art Centre: "O goddess (Saraswati) who holds the veena and grants boons"



- **Wednesday, 25 February**
 - **5pm:** Matri Vandana: Devotional songs on The Mother by Arjita, tabla, Tapan Kumar Chatterjee
- **Thursday, 26 February**
 - **5pm:** Auroville Harmonies: Women's choir conducted by Antoine: Songs from Around the World
- **Friday, 27 February**
 - **5pm:** Bhakti Arghya: An offering of devotional songs by a group of singers from Sri Aurobindo Ashram.
- **Saturday, 28 February**
 - **9:30am:** Talk by Dr. Alok Pandey from the Sri Aurobindo Ashram: "Seeking for support only in the Divine."
 - **5pm:** Sangeet Arpan by the Mother's Flower Garden team.

Flor for The Mother's Flower Garden Team

SAVITRI BHAVAN, FEBRUARY 2026



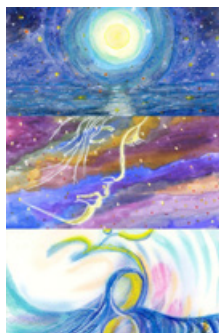
Exhibitions

9am—5pm, Sunday closed

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Homage to the Mother:** A new exhibition in the Square Hall, a painting exhibition by Aghni
 - 9—28 February
 - Inauguration: 9 February, 10am

About the exhibition: There will be over 200 paintings on display, all of which are inspired by the first section of Book I, Canto III of Sri Aurobindo's *Savitri*.

About the artist: For over 30 years, Aghni has been exploring Sri Aurobindo's writings through paintings. He is the founder of Centro Sri Aurobindo e Mère—Italy.



Films: Mondays, 4pm

- **16 February: The Mother on Her Life**—The slideshow recounts The Mother's journey in Her own words from childhood till Her final arrival in Pondicherry. The present documentary by the Sri Aurobindo International Centre of Education is published under the title *Centenary of The Mother's Return to Sri Aurobindo*.

The Mother was born on 21 February 1878 in Paris. She was named Blanche Rachel Mirra Alfassa. Her parents had emigrated from Egypt and Turkey to Paris, France, a few months before her birth.

The Mother narrated that her conscious inner life began very early. She liked to sit in her small, cushioned armchair when she was five years old. She had the experience of consciousness above the head, which she felt like a Light and a Force, a pleasant and luminous sensation. And she felt, "That's what I have to live, what I have to be."

During her sleep, she had many out-of-the-body experiences. When she was about thirteen, she went out of her body clad in a magnificent golden robe and rose very high above her house and the city. The cover of her golden robe gave healing and solace to the suffering and the sick, the children, the old, the women and men. Referring to this experience, she remarked: "Nothing seemed more beautiful for me, nothing could make me happier; and all the activities of the day seemed dull and colourless and without any real life, besides this activity of the night which was the true life for me."

And: "Between 11 and 13 a series of psychic and spiritual experiences revealed to me not only the existence of God but man's possibility of uniting with Him, of realising Him integrally in consciousness and action, of manifesting Him upon earth in a life divine. This, along with a practical discipline for its fulfilment, was given to me during my body's sleep by several teachers, some of whom I met afterwards on the physical plane". With one of these teachers, she had a special relationship. She called him Krishna.

Along with these inner activities, the Mother pursued her outer development, and her favourite activities were music and painting.

When the Mother was twenty or twenty-one, an Indian man gave her a translation of the Gita: "He said, 'Read the Gita and take Krishna as the immanent God, the inner God—

head.... the God who is within you.' Well, in one month the whole work was done! The first time I knew that there was a discovery to make within me, well, that was the most important thing! This had to be put before everything!"

Around 1903, when she was twenty-five, the Mother had several visions of a man in Indian dress. Later, she found that the man in her visions was Sri Aurobindo.

Then, between 1911 and 1914, the Mother had a whole series of inner experiences, which, she said, prepared her for meeting Sri Aurobindo. About one particular experience, she remarked: "The first contact, when you go within and THAT'S IT... that concrete reality, that intensity beyond any possible physical intensity. And then the sense of: That's IT—the Divine... to enter into contact with the immanent God. I did nothing but that, thought of nothing but that, wanted nothing but that." Mother practiced a one-pointed aspiration for the "Union with the inner Divine". And finally, she experienced "...that light, that dazzling light, that light and immensity. And the sense of THAT willing, THAT knowing, THAT ruling the whole life, THAT guiding everything..."

In 1910, the Mother saw a picture of Sri Aurobindo. And in spring 1914, she travelled to Pondicherry and arrived there in the morning of the 29 March. She saw Sri Aurobindo in the late afternoon: "I climbed up the stairway and he was standing there, waiting for me at the top of the stairs.... **Exactly my vision!** Dressed the same way, ... and I saw his eyes and I saw in his eyes that it was He." The Mother had met Krishna, the one who she knew she would meet one day in the body. They shared their spiritual experiences and worked together on the monthly philosophical review *Arya* published in French and in English.

In February 1915, because of the First World War, the Mother had to leave for France. Then, from 1916 to 1920, she lived in Japan and explored its unique and profound culture. Finally, on the 24 of April 1920, the Mother came back to Pondicherry and Sri Aurobindo. About their meeting the Mother said: "We were standing side by side like that, gazing out through the open window, and then Together, at exactly the same moment, we felt "Now the Realization will be accomplished" ...I felt the Thing descending massively within me, with the same certainty I had felt in my vision. From that moment on there was nothing to say—no words, nothing. We knew it was THAT." Duration: 48min

The documentary by the Sri Aurobindo Ashram is also [available under the link](#).

- **23 February: Building Matrimandir—Labour of Love 1971—2008**—The Matrimandir is the soul of Auroville; the documentary shows the dedicated work and construction. Duration: 52min.

Dream Divine Series

- **Fridays, 4—5pm**
@ Sangam Hall of Savitri Bhavan
Everyone is welcome

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

- **13 February:** recorded talk by Dr. Alok Pandey from *Collected Works of the Mother (CWM)*, Vol.13 about Ashram and Auroville
- **20 February:** Insights into Integral Yoga—I by Ela, Aurovillian for 40 years
- **27 February:** Insights into Integral Yoga—II by Ela



Savitri Satsang with Narad @ Savitri Bhavan

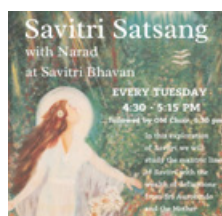
- Every Tuesday, 4:30—5:15pm followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

The Mother's words on Savitri: "Savitri, the Supreme revelation of Sri Aurobindo's vision."

"... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."

"... all the rest is preparation, while Savitri is the Message."



OM Choir

- Fridays, 6pm @ Ashram School, Pondicherry
- Tuesdays, 5:30pm @ Savitri Bhavan, Auroville

The voice that chants to the creator Fire,
The symbolised OM,
the great assenting Word. Savitri

Please join us in this collective aspiration, in the form of a united prayer. All are welcome, no prior singing experience required.



OM is the signature of the Lord.

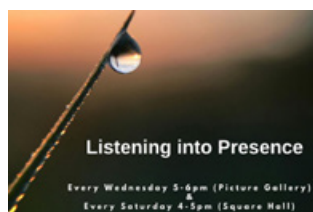
OM: I implore the Supreme Lord.

Listening into Presence

- Every Wednesday, 5—6pm @ Picture Gallery
- Every Saturday, 4—5pm @ Square Hall
- Guided by Misha (Mike).

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies.

Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies.



Talks of Dr. Alok Pandey on Sri Aurobindo's Essays on The Gita

Wednesdays, 4—5pm @ Sangam Hall

- 4 & 18 February
- 4 & 18 March
- 1 & 15 April
- 6 May



Guided Yoga Nidra sessions

- Every Tuesday, 11am—12noon @ Sangam Hall

You are warmly invited to a guided Yoga Nidra session, infused with the wisdom of The Mother and Sri Aurobindo and accompanied by a deeply restorative sound journey.

This is a sacred space for deep inner rest, alignment and receptivity. As part of the practice, we invite you to prepare a Sankalpa—a short, positive sentence that serves as a crystallization of your spiritual aspiration. Please arrive a few minutes early. This allows us to honour the stillness and depth of the practice together.

Things to bring: A yoga mat if can or cushions are available to lie down. Conducted by Sunny and Team

Reading on Nature

Animal and Plant Kingdom from the Mother and Sri Aurobindo's writings with Aikya. Open group, eventually followed by small discussion/ sharing

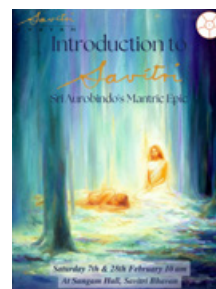


- Wednesdays, 10:30—11:30am, started 7 January, 2026 @ Savitri Bhavan Library area

An Introduction to Savitri: Discovering Sri Aurobindo's Mantric Epic

What is Savitri and why is it so significant? What can it offer us? How can it help us in our lives? How do we begin reading it?

In this accessible introduction we will discover why the Mother called Savitri "the supreme revelation of Sri Aurobindo's vision." We will also explore the Meditations on Savitri exhibition and share some practical tools to continue the journey.



"My child, yes, everything is there: mysticism, occultism, philosophy, the history of evolution, the history of man, of the gods, of creation, of Nature; how the universe was created, why, for what purpose, what destiny—all is there. You can find there all the answers to all your questions. Everything is explained, even the future of man and of the evolution, all that nobody yet knows. He has expressed them in beautiful and clear words so that spiritual adventurers who wish to solve the mysteries of the world may understand it more easily." The Mother

- Saturdays, 7 and 28 February, 10am—12pm, (can attend either one)

Cost: You are free to contribute as much as you feel. Please share with anyone who might be interested.

Exploring the Frontiers of Consciousness: Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an online contemplative study of Sri Aurobindo's Savitri. This epic poem offers deep insights into consciousness, evolution, space, and time, calling for exploration not only in literature but in science and metaphysics.

The program began on 15 August 2025, focusing on selected cantos from Part One of Savitri. Bi-weekly sessions will combine guided reflections (via Shraddhavan's recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.

Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more:

- savitribhavan@auroville.org.in,
- www.savitribhavan.org

Invitation: A poetic stillpoint...

- @ Savitri Bhavan Garden, open 9—5pm.

Inspired by Sri Aurobindo's poem "Invitation," written in 1908–09 in the Alipore prison, Poetry By Design invites you to stroll, pause, recite, read, linger, sketch—or simply BE.

Located in the Savitri Bhavan Garden, open from 9—5pm. Jute mats and a granite bench are available for seating. chetana@auroville.org.in



Light and Delight

• Thursdays 5—6:15pm @ Savitri Bhavan



Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom.

The Mother called Savitri "the supreme revelation of Sri Aurobindo's vision". She painted lines from this epic poem along with Huta, a sadhak from the Sri Aurobindo Ashram. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions.

We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders: Bring paper and pen, Come on time or 5-10 minutes earlier, Meet at Sri Aurobindo's statue, Voluntary contribution to the venue

Anandi Z.

Regular Activities

- **Sundays, 10:30am—12 noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays, 3—4pm:** Finding the soul (Book 7 Canto 5 of Savitri) led by Dr. Jai Singh
- **Mondays to Saturdays, 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays, 11am—12noon:** Guided Yoga Nidra session led by Sunny
- **Tuesdays, 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, 4:30—5:15pm:** Savitri Satsang led by Narad
- **Tuesdays, 5:30—6:15pm:** OM Choir led by Narad
- **Wednesdays, 10:30—11:30am:** Reading on 'Nature' with Aikya
- **Wednesdays, 5—6pm & Saturdays, 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays, 3—4pm:** Reflections on Sri Aurobindo's Isha Upanishad led by Dr. Jai Singh
- **Saturdays, 5—6:30pm:** Satsang led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm.

Margrit, Velmurugan
& Dhanalakshmi for Savitri Bhavan

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother's Flower Garden

All are welcome to join the Bhagavad Gita Chanting sessions

For queries: vidyamandir@auroville.org.in



Deven
for Vidyamandir Auroville Team

A weekly study circle on The Synthesis of Yoga - Sri Aurobindo



By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :

Resource Library,
Bharat Nivas, Auroville



Scan for Location



LEARN THE 1008 NAMAS (SACRED NAMES) of the "Divine Mother"

Thursdays, 6—6:30pm @ Buvana's house, Certitude

Dear Devotees of The Mother, Here is an opportunity to learn the 1008 namas (sacred names) of the "Divine Mother", "Sri Lalitha Sahasranamam" weekly on Thursday evenings from 6pm to 6:30pm at Buvana's house in Certitude Community.

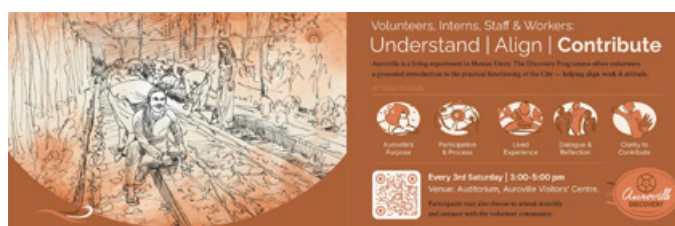
- Please contact Buvana 9443703287

Submitted by Grace

AUROVILLE DISCOVERY PROGRAM

Work as a Means of Inner Discovery

February Session: Saturday, 21 February, 3—5 pm
@ Auditorium, Visitors' Centre, Auroville



Aware is hosting a monthly Auroville Discovery Programme for **volunteers, staff, and workers** who wish to better understand Auroville's purpose, the spirit of work, and meaningful participation. A short film, practical orientation by Aware, reflections from a seasoned Aurovillian, and open dialogue. Open to all those working in and contributing to Auroville.

- Registration required. [Link is here.](#)

Lakshay for Aware Auroville
awareauroville@gmail.com

BLOOMO! A SOULFUL FLOWER CARD GAME



February 14, March 14, Saturdays, 4—5:15pm

@ The Mother's Flower Garden, near Solar Kitchen

A soulful, collective experience sharing the spiritual significance of flowers. Enjoy a unique way to connect with nature while nurturing yourself.

Play groups hosts: Chitra (in Tamil) and Purvi (in English) and aiming for a group in French as well. [Join our WhatsApp group](#)

Purvi, Chitra



COLLECTIVE READING
On Education

SAHER- Teachers Centre
This month authored by
Sat 19/11/2017
Sat 23/11/2017
Sat 28/11/2017

teacherscenter@auroville.org.in, Nilima

ART FOR LAND Presents

The Golden Light

15 FEB - 30 MAR 2026

DILIP PATEL MARIE-CLAIRE BARSOTTI
MAYAURA OK UPCYCLING
PIERRE LEGRAND UTTAMA DHANDHANIA
TIM WREY SOHAM
SONIA YEO VIVECHANA

OPENING 15 FEB
SUNDAY 4.00 PM

Preeti

Located at HORIZON, in front of SVE DAM, Lorenzo Food Laboratory



Come visit us! The AV Library is a treasure trove of amazing books.

Contacts:

- 0413 262 2894, avlib@auroville.org.in
- <http://library.auroville.org.in/>



Opening timings

- Mornings:** Monday—Saturday, 9am—12:30pm
- Afternoons:**
 - Monday, Wednesday, Thursday, Friday & Saturday: 2—4:30pm
 - Tuesday: 4—6:30pm

Ayesha for Auroville Library team

Education

ILAINARKAL EDUCATION CENTRE

Month long celebration schedule, February

Date, Time	Venue	Event
14 February Saturday 10am—12:30pm	Mohaman Cultural Centre	Releasing of book by R. Meenakshi on Sri Aurobindo—100 Golden Pollens
16 February Monday 10—11:30am	Ilaignarkal Education Centre	Pranayama & Healing Session for women
20 February Friday 10—11:30am	Ilaignarkal Education Centre	Singing Auroville Songs and Unity songs with Joyful learning Students (Karthik Manimegalai)
21 February Saturday 3:30—4:30pm	Ilaignarkal Education Centre	Releasing Book of Rhymes by R. Meenakshi in Tamil Marakilai Oonjal (Educational/Cultural songs)
26 February—6 March Thursday—Friday 9:30am—5pm	Ilaignarkal Education Centre	Exhibition on the History of Ilaignarkal Education Centre 50 years. (1976-2026)—Research publications and educational materials created
27 February Friday 10—11:30am	Ilaignarkal Education Centre	Body awareness program for children
28 February Saturday 4—5pm	Ilaignarkal Education Centre	Auroville Birthday Celebration with IEC Dance learners/ Best Child and Child Artist/ Best Youth/ Best worker Awards conferring function.

Meenakshi for IEC

FUTURE SCHOOL OPEN HOUSE

Thursday, 19 February, 9:30am—13pm



There will be a Future School Open House: presentations, performances, science experiments, games, food and exciting activities with lots of fun!

Future School Team

LILALOKA

"A place where play transforms, where joy opens the path."—Sri Aurobindo

Lilaloka is a recreational and resource center for children, dedicated to personal development through play and creativity. It offers both individual and group experiences in a non-competitive, non-judgmental atmosphere, fostering connection between schools, families, and children for their overall well-being.

"Each individual is a special manifestation in the universe; therefore, his true path has to be absolutely unique."

Lilaloka welcomes all children—Aurovilians, guests, home-schoolers, and those with behavioural, relational, or learning challenges. Activities include cooperative games, arts and crafts, nature exploration, storytelling, drama, and more.



Activities 2026

Lilaloka offers both **individual** and **group** sessions, guided by a team of facilitators specialized in various fields of child development.

Nesters

- Once a week, age: 0—12 months, parents and babies together.

A nurturing space supporting early bonding and holistic growth—focusing on trust, emotional well-being, and sensory connection between parent and child.

- Two times per week (or as per group needs), age: 1—2 years old, with parents

Sessions that support healthy attachment and conscious parenting, helping parents respond with empathy, presence, and understanding.

Infants' Community

- Daily mornings, age: 1½–3 years

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.

Free-Flow Mornings

- Three times per week, open mornings to all children aged 5+

Child-led learning through art, nature play, storytelling, science, and hands-on projects—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Afternoon Activities

- Twice per week, age: 3–6 years

A holistic space fostering intellectual, emotional, physical, and spiritual growth through play and creative exploration.

- Once per week, children 6–11 Years

Focused on developing fine motor skills, creativity, and concentration through arts and crafts.

Occupational Therapy and Individual sessions

- By appointment

For both schooled and non-schooled children, in collaboration with parents and educators.

Research and Training

Lilaloka shares its experience through workshops and training programs for students, educators, and researchers—both from Auroville and around the world—with a special invitation to Indian education researchers.

For more information:

- lilaloka@auroville.org.in, 9655519546 WA

Ana, Ritam and Leela

AV PRE-CRÈCHE INITIATIVE

In the spirit of shared learning, care, and community, AV Pre-Crèche is happy to open its space to guests, volunteers, homeschooling Aurovilians, and Newcomers.

This initiative also creates a space for parents to meet, connect, and form supportive relationships, offering the sense of collective belonging.

We look forward to welcoming families into a space of care, exploration, and quiet joy.

- For details, please contact us avprecreche@auroville.org.in

If you need any clarification WA (text only):

- Suganya: +91 98431 16948

- Thamu: +91 90476 63217 *Nilima for Pre Creche*



CALL FOR PROPOSALS—SAIER

Every year SAIER receives a small grant from the Government of India for supporting innovative programs in the fields of education and/or culture.

SAIER is accepting project proposals for 2026—27 in three categories:

- Research
- Activities
- Publications

Project funds can support human resources and/or materials for the project. Please note that projects are intended to be of limited duration, instead of recurring yearly activities.

We are setting a deadline of 5 March 2026 for the first round of project proposals.

- Please feel free to contact saiier@auroville.org.in for proposal forms.

The SAIER team, from Mass Bulletin

KUILAI CREATIVE CENTRE, REGULAR ACTIVITIES

(A unit of SAIER)

- Tuition from 1st to 9th grade
- Silambam—Martial Art Programme
- Bharat Naattiyam—Classical Dance Activities
- Hip-Hop
- Physical Fitness Activities
- Summer Camp in May
- Art & Craft
- Children's Play Park with Swings, Calisthenics set, and a Slide.
- Make and Take on Mother's 12 Quality Programme (Art & Craft, Book Making, Embroidery, Gardening, Painting, Calendar Making and Tailoring Activities).

Please contact us to inquire about the class timings.

- kulaicreativecentre@auroville.org.in

- +91 8608473385 WA

Selva from KCC



TUITION CLASSES AVAILABLE

- Tuition classes** available from 1st to 12th grade level in all subjects.
- Crash course** available for 10th and 12th grade level.
- For further information** contact ashree@auroville.org.in/ 8270512606 WA only. *Ashwini*

AI CLASSES



Are you looking to transform your future and career with AI? Come Join our Free AI Masterclass at Hive Coworking Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

- [Location](#)
- +91 9886740850, auromodehive@auroville.org.in



Dhesh

SATORI:

Educational services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei,
9442934078,

satori.auroville@gmail.com

LEARNING SPACE

opens doors for kids

of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville.

Learning Space is an initiative of SAIER, offering a space for orientation, integration, and exploration of Auroville before school enrollment.

As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.

A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways.

- For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey



Health Care

VISIT OF TIBETAN DOCTOR

This is to your information, Tibetan Doctor is visiting us on:

- Wednesday, 25 February, 2—5:30pm
- Thursday, 26 February, 8:30am—1pm & 2—5:30pm
- Friday, 27 February, 8:30am—1pm



To get your appointment call us 0413 2622401

The consultation is taken place in Pavilion of Tibetan Culture, International zone.

- We request everyone to get an appointment.

Submitted by Kalsang

MORNING STAR

Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House.

You are welcome to drop in anytime during these hours to learn more about Morning Star's work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.

- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted

- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Savithri

- +918940571774 WA or email us at morningstar@auroville.org.in

Little Red Feet

- Tuesday and Thursday, 2:30—4pm
- @ Humanscapes Hall



Little Red Feet is a parent-baby play and support group for babies aged 0—2 years.

Each session has a gentle theme, with a joyful space for babies to explore and parents to connect. We also have baby-friendly snacks and tea/ coffee for parents. Join us for a nurturing way to celebrate early childhood together.

Savithri & Paula,
+91 9130084284

SANTÉ SERVICES SCHEDULE



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric—Monday to Friday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminSanté@auroville.org.in	Home Care Contact Santé for timings: Physiotherapy w/ Arun Doctor Consultation w/ Dr. Sana

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services

HEALTH FUND REMINDER

Dear Health Fund Members, the end of the Financial year is approaching and like we do every year, we request you to please submit your **medical bills from April 2025 onwards**. If you have any laying around that is.



- We need them **before or on the 31 March 2026!** That is our last working day for the month of March.
- **Medical bills from March 2026** can be refunded in April 2026, but only the bills from March!

Please don't wait till the last day, and do us the courtesy of submitting them as soon as possible.

We would also like to request our members to please submit your medical bills in the month the treatment is received or medicines purchased, and latest in the first week of the next month.

- We will start this request from the 1 April 2026.
- We would like the **members who have long term/life time** medicine prescriptions to please submit us a copy or renew the prescription **every 6 months**.

In general a prescription should present when submitting medical/ medicine bills.

Stefan & Meenal for Auroville Health Fund

AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion. **Available services:**

- Primary & emergency eye care,
- Spectacles & contact lenses,
- Eye Yoga & Vision Therapy,
- Workplace & community outreach eye camps,
- Support for visits to Aravind Eye Hospital



New services:

- Retina imaging,
- Intraocular pressure (glaucoma) monitoring,
- Red Light Therapy for eyes,
- Dry Eye Therapy

Timings: 9am—5:30pm, **Contact:** 9488005685

Aurosugan for Aurokiya

AURODENT CLINIC

Implant Specialist Available at Aurodent

Our Treatments

- Dental Check-ups
- Teeth Cleaning
- Cavity filling
- Extractions & Surgical Procedures
- Root Canal Treatment (RCT) & Re-RCT
- Crowns & Bridges (Zirconia)
- Dentures (Flexible & Cast Partial)
- Veneers
- Night Guards
- Invisible Aligners

For Appointment
9429199328 0413-2622063
aurodent@auroville.org.in

Dr. Aravind Anto
(Oral and Maxillofacial Surgeon)

We are pleased to inform you that Dr Aravind Anto (MDS—Oral and Maxillofacial Surgeon) will now be available at Aurodent Clinic. He will be providing specialised treatments, including:

- Dental implant placement
- Wisdom tooth extractions
- Other complex extractions

Appointments can be booked directly at Aurodent Clinic.

For appointment:

- +91 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode

Jayasutha for Aurodent

MAATRAM

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm @ Maatram, 1st floor, Arka



In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of: smart phones, social media, video games, eating, porn and gambling.

Clinical Psychologist in Maatram

We are happy to welcome Beatriz to the Maatram team. She is a Clinical Psychologist who brings with her about 30 years of experience in the field.

As Spanish is her first and most natural language, Beatriz will be available and looking forward to offering support for Spanish-speaking community members.

Megha, Raam & Palani

ALCOHOLICS ANONYMOUS

Alcoholics Anonymous

Meeting (open)
every Saturday, 6 pm

Center Guesthouse

Merriam Hill Center

welcome

(Contact: Shankar +91 9442010573 or
Ingrid +91 9443843976)



Ingrid T.

International

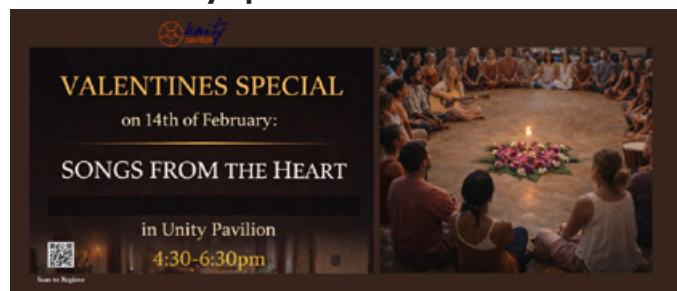
UNITY PAVILION PRESENTS

Unity Pavilion Events

Date	Time	Event Details
14 February, Saturday	4—7pm	Valentine's Day special—Songs of love & unity by Premshakti and group Enjoy the melodious songs of love and unity and embrace the oneness.
15 February, Sunday	9am—5pm	Inauguration Exhibition: The golden Light. A collective artistic tribute to the Sunlit Path for the Mother's and Auroville's Birthdays. Featuring artworks of: Dilip Patel, Marie-Claire Barsotti, Mayaura, Ok Upcycling, Pierre Legrand, Soham, Sonia Yeo, Uttama Dhandhanian, Tim Wrey, Vivechana.
16 February, Monday	9am—12pm, 2—6pm	Day 1—The Flow Workshop—Living The Light Within. This spiritual workshop weaves together powerful pathways of inner awakening—12 qualities of The Mother's symbol, the Tao of Tea, Sound & Beej Mantra Practices, and Guided Chakra Meditation—offering an Integral & holistic experience for body, mind, and soul.
17 February, Tuesday	9am—12pm, 2—6pm	Day 2—The Flow Workshop—Living The Light Within. Diving deeper to observe, infuse, and embody harmony, clarity, and inner peace. Come as you are. Sip in stillness. Find the light within. Align the chakras. Enter the Flow.
18 February, Wednesday	9am—1pm	Workshop—Yoga of the cells—An Adventure of Consciousness into the Cells. Experience deep energy activation & effortless flow, Activation of energy centres & channels, Cellular rejuvenation & radiance, Healing through somatic interaction, Hawaiian healing music & gentle movements.
19 February, Thursday	4—5pm	AuroGlobal Presentation and interaction—An invitation to all, units and members to learn about this global platform through information sharing and interaction.
	7—9pm	Dance of Unity—Dances of universal peace and unity by Premshakti.

20 February, Friday	9am—12pm	Movie & presentation on The Mother's life and interactive session with school children
	6—7pm	The Sound Chakra Meditation
21 February, Saturday	9am—12pm	Movie & presentation on The Mother's life and interactive session Explore The Mother's life journey through visuals, reflection, and an interactive sharing session
	6—7:30pm	New Paradigm—12 Qualities & chakras—A 7 day journey on understanding the 12 Qualities and chakras as foundations of a new paradigm of consciousness and as gateways to inner harmony and integral Transformation.
22 February, Sunday	3—5pm	Tea with the artists
	6—7:30pm	Interactive session on the New Paradigm—12 Qualities & chakras
23 February, Monday	10am—1pm, 2—4pm	Sacred Symbol Workshop—Join this transformative and experiential workshop, delving into sacred geometry, Supramental Consciousness, Integral Yoga, embodying the shiva-shakti energies of the integrated symbols of Sri Aurobindo and Mother.
	6—7:30pm	Interactive session on the New Paradigm—12 Qualities & chakras
24 February, Tuesday	10am—12pm	Blossom like a flower workshop
	2—4pm	Explore & Experience: The wisdom of Mother's Symbol, the Twelve Qualities, Colors & Their Significance, the Living Wisdom of Flowers and Practices to embody divine consciousness in daily life.
	6—7:30pm	Interactive session on the New Paradigm—12 Qualities & chakras
25 February, Wednesday	9am—1pm	Transcending Polarity—Based in our values we find the strengths, synthesize and move forward together. Four interactive workshops based on the 12 Qualities and the Matrimandir Gardens
26 February, Thursday	9am—1pm	Embracing Prosperity—Moving towards prosperity and care for all is a base for harmony and well being.
	6—7:30pm	Interactive session on the New Paradigm—12 Qualities & chakras
27 February, Friday	9am—1pm	Cultivating Peace—Everyone needs to be needed and everyone needs to be useful. What are the means to build true Peace, inner and outer?
	6—7:30pm	Interactive session on the New Paradigm—12 Qualities & chakras
28 February, Saturday	9am—1pm	Progress: That's why we are here—Taking our learning from the three preceding days, how do we move forward: individually and collectively?
	6—7:30pm	Interactive session on the Circle of qualities

Valentine's Day Special—Music Circle



Songs of love and unity, creating a warm space for connection, harmony, and collective healing.

Facilitated by Prem Shakti, a conscious wedding celebrant devoted to love-centered and heart-led ceremonies. She also guides Dances of Universal Peace, women's circles, couples retreats, and conscious relating gatherings. Her work creates deeply transformative experiences that nurture healing, unity, and authentic connection.

- **14 February, 4:30—6:30pm, Register: 9699930672, unitypavilion@auroville.org.in**

A Sacred Journey of Tea, Sound & Inner Alignment



This 6 hours spiritual immersion workshop brings together ancient pathways of inner awakening—Cha Dao, the Tao of Tea, and The Flow: Sound Chakra Meditation Practice—offering a deeply nourishing experience for body, mind, and soul.

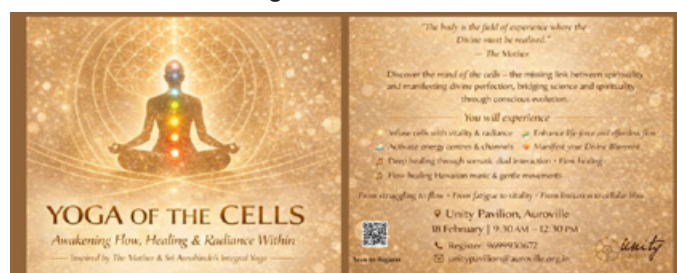
Rooted in Eastern wisdom and lived spiritual practice, this workshop invites you to slow down, enter silence, and reconnect with your natural rhythm. This is not a workshop to do more, but to be more—to observe, infuse, and embody higher qualities of harmony, clarity, and inner balance.

Come as you are. Sip in stillness. Enter the Flow.

- **Register: 9699930672, unitypavilion@auroville.org.in**

Yoga of the Cells

An Adventure of Consciousness into the Cells based on The Mother's teachings



This experiential workshop supports you to manifest your Divine Blueprint through cellular reprogramming, rejuvenation and renewal. Discover the mind of the cells—the missing link between spirituality and manifesting divine perfection, bridging science and spirituality through conscious evolution. You will experience: Infuse cells with vitality & radiance, Enhance life-force and effortless flow in the body, Activate energy centers & channels, Manifest your Divine Blueprint, Deep healing through somatic diad interaction, Flow healing Hawaiian music & gentle movements.

- **Facilitators: Preeti & Premshakti**
- **Register: 9699930672, unitypavilion@auroville.org.in**

The Sacred Symbol Workshop



Join this transformative and experiential workshop, delving into sacred geometry, Supramental Consciousness, Integral Yoga, embodying the shiva-shakti energies of the integrated symbols of Sri Aurobindo and Mother.

Learn how to integrate the wisdom of their teachings into our daily life and achieve integral Transformation.

- **23 February, 10am—12pm, 2—4pm**
- **Register: 9699930672,**
unitypavilion@auroville.org.in

Blossom like a Flower Workshop



Learn to live your life with ease and grace, let your life blossom like a flower.

Explore & Experience: The Mother's Symbol, The Twelve Qualities, Colors & Their Significance, The Living Wisdom of Flowers, Practices to embody divine consciousness in daily life.

- **24 February, 10am—12pm, 2—4pm**
- **Register: 9699930672,**
unitypavilion@auroville.org.in

The Paradigm Shift



Join us for a reflective and interactive exploration of The New Paradigm through The Mother's Symbol and the 12 Qualities and chakras—inner attitudes that support conscious growth, harmony, and collective evolution. These sessions invite participants to engage not only intellectually, but through experience, reflection, and shared inquiry, allowing the qualities to be felt, understood, and integrated into daily life.

Aurovilians, volunteers, guests, and visitors All are welcome.

- **Register: 9699930672,**
unitypavilion@auroville.org.in

Sencha Style Tea Ceremony

The Universe in a Cup of Tea



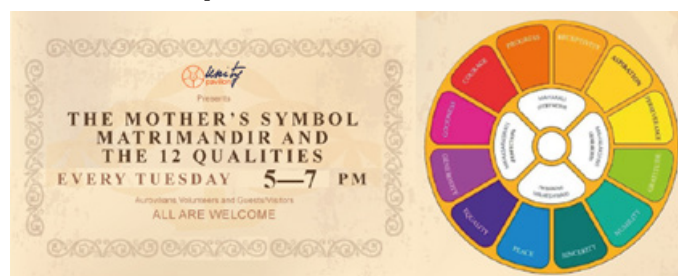
We invite you on a spiritual journey, accompanied by the tea of your choice. (Organic teas only, tea blends with herbs/flowers/spices also available). During this rare, transformative experience, you will explore & experience the healing aspects of the tea. The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- Through appointments only, +91 9385428400 WA

By Appointment

Date	Venue	Event Details
Daily	Hall of Peace	Tao of Tea—Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul. +91 9385428400 WA
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Daily	Oneness Hall	One to one sessions on the Science of Chakra, Integral Yoga, Chakra Balancing and guided Meditation. One to one/ group Life Coaching & Counseling with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential using an integrated, practical approach & powerful tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development. 9699930672 WA

The Mother's Symbol, Matrimandir and 12 Qualities



- **Every Tuesday, 5pm,** Weekly Experiential Exploration

Join us for a reflective and experiential exploration of The Mother's Symbol and the 12 Qualities—inner attitudes that support conscious growth, harmony, and collective evolution. These sessions invite participants to engage not only intellectually, but through experience, reflection, and shared inquiry, allowing the qualities to be felt, understood, and integrated into daily life.

The sessions are facilitated by Jaya, who has been working with The Mother's Symbol and the 12 Qualities for many years through research, presentations, and interactive dialogues at Unity Pavilion.

**Aurovilians, Volunteers and Guests/ Visitors
All Are Welcome.**

Kids Art Class

- by artist Janakiraman



Inviting students to form a new group.

- Age: 8 and above, every Saturday, 10:30am—12pm
- Contribution based
- Contact: Janakiraman, 8015362636
 - Unity Pavilion: 0413 2623576, unitypavilion@auroville.org.in

The Flow: Chakra Meditation

Connect with the Source and enter the Flow.



- Fridays, 6—7pm @ Unity Pavilion

Through ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body. As the energy flows, it releases emotional blockages, eases stress, and restores balance—leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration!

Presented by The Unity Pavilion Research Team:

- Sergei**—Electronic Musician, Specialist in Social & Musical psychology
- Preeti**—Author, Life coach, and Researcher with 25+ years in Integral Yoga & Human Development

Preeti for Unity Pavilion, 0413 2623576, unitypavilion@auroville.org.in

FRENCH PAVILION PRESENTS

Encounters with Mother

Documentary presented by French Pavilion in French & English

- Saturday, 14 February, 4:30pm
- @ Town Hall—Cinéma Paradiso—MMC Auditorium

Through a documentary film, discover the portraits of 9 people who met Mother. Frederick, André H, Tapas, Gerard M, Shyama, Janaka, Peter, Andre T & Alain Gls will share their feelings and their emotions during this unique moment.



Concert: L'Yssue

by The Compagnie UmArtio

Harp concert composed and performed by Devadalucy

- Thursday, 12 February, 5pm @ Pavillon de France

The Pavillon de France is honoured to present the Compagnie UmArtio and invites you to L'Yssue, a harp concert composed and performed by Devadalucy.

"The vibrations of the harp and the musician's universe create a true sphere of silence within a bubble of melody. These phalanges that invite a journey among angels belong to Devadalucy. They give you wings, if you dare to close your eyes for the time of an escape."

Through her original compositions, Devadalucy weaves a deep sonic space where the harp's vibrations become an inner passage. Between silence, resonance, and melody, the music unfolds as a gentle healing experience: soothing, centering, and inviting surrender. Listening becomes a meditative journey, subtle and enveloping.

The Compagnie UmArtio, a French artistic company founded by Lucie Letellier-Bertron, develops immersive concerts and performances blending harp, poetry, movement and circus. Rooted in imagination and presence, UmArtio's creations open spaces of emotion and reverie, offering audiences an intimate and quietly enchanting artistic.

- This concert is Free



Discussions



Conférence: Mysterious Quantum Physics

By Hubert Whitechurch, a Professor at the University of Strasbourg

- Monday, 16 February, 4:30pm
- @ Cinéma Paradiso, MMC Auditorium, Town Hall

Many people have heard about quantum physics (particles, perhaps the Higgs boson, or the future quantum computer). But also in more everyday—and often mysterious—language: quantum healing, quantum telepathy, quantum leap of consciousness. So what is quantum physics really about? What is its field of application, its scientific principles, and its technological and scientific applications?

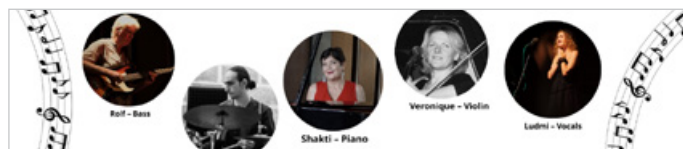
Discover and come to listen few words on the implications for the origin of the Universe at Cinéma Paradiso on Monday, 16 February at 4:30pm.

This conference is in French with translation in English.



Jazz Concert to celebrate the Mother's birthday

- Saturday, 21 February, 5pm
@ Pavillon de France



On the auspicious occasion of The Mother's Birthday, musicians from Auroville and abroad gather at the Pavillon de France to offer their music in gratitude and joy.

Performers:

- Ludmi—Vocals, Shakti—Piano, Rolf—Bass, Raul—Drums, Veronique—Violin

Join us in celebrating through harmony and devotion, as melodies weave together hearts in unity.

- This concert is free

A reading of texts in French: Destins Croisés

Chosen and directed by Moghan with Véronique, Cécile, Véronèse, Célia, Imane, Tommy and Proshanto

- Tuesday, 24 February, 5pm @ Pavillon de France

A medley of texts drawn from the following works:

- Jeanne Benameur *Ceux qui partent*
- Fatou Diome *Le ventre de l'atlantique*
- Laurent Gaudé *Droit dans les yeux*
- Leila Slimani *J'emporterai le feu*
- Marie Redonnet *La femme au colt 45*

A short play, directed by Moghan, with five characters (Véronique, Cécile, Véronèse, Célia, Imane) and two musicians (Tommy and Proshanto), followed by a discussion on the theme of exile. This will be in French.

- This representation is Free



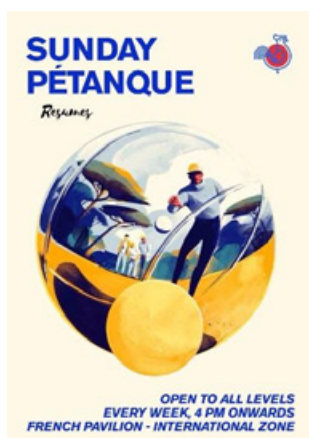
Games

@ Pavillon de France, opposite the Visitor Center

Sunday Pétanque

- Every Sunday, 4—5:30pm

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun.



Board games

- Wednesdays, 4—5:30pm

French Pavilion welcomes you every Wednesday, 4—5:30pm for Boardgames. Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Submitted by Vivekan & Marie

TIBETAN PAVILION PRESENTS

Exhibition: Path of Transformation

by Helgard Zurmuehl



- 20 February—18 March, 9:30am—12:30pm, 1—5pm, Sunday closed
- Innauguration: Friday, 20 February, 5pm.

The Pavilion of Tibetan culture cordially invites all of you to join us for the inauguration of the exhibition held at Tibetan pavilion.

Pavilion of Tibetan Culture: The Library

- Monday and Tuesday, 9:30am—12:30pm

Kalsang
for Tibetan Pavilion



BHARAT NIVAS, The Pavilion of India

Kalaripayattu performance



Submitted by Monisha for BN Team

Festivals

AUROVILLE FESTIVAL 2026

Varanasi



Shivalaya's Shivaratri



Panchadeva

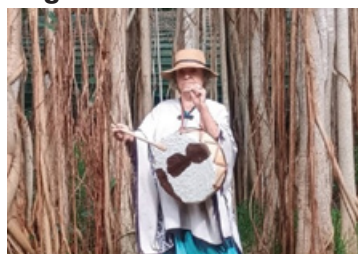


SPECIAL SCREENING PRESENTATION

All are Welcome


Auroville Festival 2026
Presents
PANCHADEVA
Five Elements of Supreme Divine
Indian Classical Dance, Drama and Music
19th February 2026,
06:45 pm, Thursday
Venue: Sri Aurobindo Auditorium,
Bharat Nivas, Auroville

Bagualera



All are Welcome


Auroville Festival 2026
Presents
BAGUALERA
a song from Native People from the North West of Argentina
By
ANANDI
23rd February 2026,
05:30 pm, Monday
Venue: SAWCHU,
Bharat Nivas, Auroville

Savitri. Narratives of the Heart



All are Welcome


Auroville Festival 2026
Presents
SAVITRI
NARRATIVES OF THE HEART
Inspired by the Mahabharata of Sri Aurobindo
By
JANANI MURALI
26th February 2026,
07:00 pm, Thursday
Venue: Sri Aurobindo Auditorium,
Bharat Nivas, Auroville

Monisha

MARC AUBURN—THE OBE TRAVELER

Sunday 15 February @ Savitri Bhavan, 9am—1pm

*In a profound existence beyond earth's
Parent or kin to our ideas and dreams
Where Space is a vast experiment of the soul,
In an immaterial substance linked to ours
In a deep oneness of all things that are*

The World Stair, Savitri

Welcome to listen to Marc Auburn—the traveller of the world shares his experience of Higher worlds.

William for the Auroville Festival Team

Youth Initiative

QUEER BABBLE & HEART CIRCLE WITH POTLUCK

Saturday, 14 February, 5—8pm

@ Youthlink Office at YuvaSangha (Formerly Kailash)

This week we're opening our space for an evening of potluck, laughter, stories, and community with a fun card game—Queer Babble! We also invite you to join us for a queer Heart Circle, a gentle space to share from the heart and practice active listening. This is a methodology used by different LG-BTQ+ communities to connect through radical honesty and vulnerability. Open to all people of goodwill. Open to all queer folks, allies, and anyone who wants to learn and have fun!

Share a meal, dress up if you like and join us! Whether you're here to share, listen, or just vibe, it's a space to connect, celebrate, and be unapologetically yourself.

+91 8438140591 WA, Alex for Youthlink



Theatre, Music & Arts

JINGDEZHEN

& three months of ceramics

a presentation by Bhavyo

Tuesday, 24 February, 5—6pm @ Pitanga

Bhavyo participated in a three-month artist in residence program at Taoxichuan Art Avenue in Jingdezhen, located in Jiangxi Province, China; also known as the porcelain capital of the world.

From August till November, he worked towards a series that explored movement in nature while experimenting with the tools and techniques of Jingdezhen. Experiencing the city and its roots, drawing from its rich history and immense ceramic knowledge, he would like to share his story through a presentation for the community, focused around his work process as well as the experience of China and its culture.

Parallel to the ongoing exhibition, 'Origin' which showcases a selection of works produced in Jingdezhen, China.

Gallery timings:

- Monday—Saturday, 8:30am—12pm & 2:30—5:30pm

ORIGIN

brush on porcelain, by Bhavyo



30 January—27 February 2026

"This body of work was created during a three-month intensive ceramics residency at Taoxicuan Art Avenue in Jingdezhen, China. My aim was to fuse calligraphic and gestural movement with Jingdezhen glazes.

Nature served as my muse; I sketched and researched in pockets of green throughout the city, translating these observations into layered strokes on porcelain tiles.

The diversity of ceramics and access to local techniques and tools allowed me to expand my practice and develop a new series, resulting in over 75 works.

I invite the community to view a selection of these pieces and share a glimpse of my journey in China."

Submitted by Anandamayi

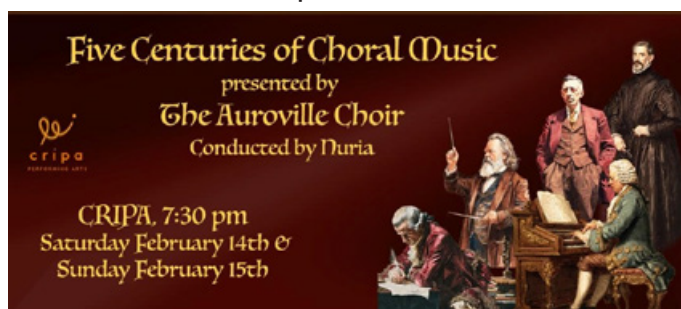


Thursday, 12 February, 6:30pm
@ Right Path Cafe, Visitors Center

Li for the Right Path Cafe

AUROVILLE CHOIR CONCERT

Saturday, 14 & Sunday, 15 February,
7:30pm @ CRIPA



Join us for a journey through five centuries of choral music from the Renaissance to the modern era.

Seating for this concert is limited to ensure safety and good acoustics.

- Please [reserve your seat online using this link](#).
- Entry without prior reservation will not be possible.
- Kindly book for only one evening, so that as many people as possible may attend.

Please park vehicles in the designated area outside the CRIPA compound.

We look forward to sharing this special moment with you!

Laura for CRIPA

GALLERY MAJI: THE CLAY WAY

14—16 February

open studio // THE CLAY WAY WITH NEHA KUDOHADKAR feb14-16



MAJI
Maroma Art Gallery

// 9am to 5pm
Maroma, Aspiration Street, Auroville

An open studio is an invitation to process, to conversations about how work is built, to witness ongoing questions and risks; to the studio as a living space.

The current cohort of **The Clay Way** with Supriya Menon Meneghetti, Tejashri Patil Pradhan, Neeti Gokhalay Kheny and Cynthia Lewis, invite you into their practice, on the 15 and 16 at Gallery MAJI.

Sagarika

STILL HERE, BY JYOTI NAOKI ERI

Opening: Friday, 20 February, 4:30pm

20 February—11 March @ Centre d'Art, Auroville



Rooted in Eastern philosophy and informed by modern science, Jyoti's work seeks a meeting point between spirituality and contemporary thought. This exhibition offers a contemplative space for stillness, expanded awareness, and encounters with unseen dimensions of reality.

- Tuesday to Friday, 2—5:30
- Saturday, 10—12:30am, 2—5:30pm
- Morning by appointment

Marco

Dance Activities



@ New Creation Dance Studio!

We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Twins' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries:

- +91 9600225764

Fleur

CLASSES IN BHARAT NIVAS

Bharatnatyam Dance Classes

- Saturday, 10am—12pm,
Sunday, 3—5pm, @ SAWCHU

My name is Caveri Suresh, I'm a Bharatnatyam Dance teacher for 27 years. I would like to share and teach my art form with you all. Dancing was always my great passion. Through the years, I became a skilled professional Bharatnatyam dancer. This form of traditional South-Indian dance art I would like to share with our community from all over the world.



Education: Here are my following education to teach this dance form:

- BPA (Bachelors in Performing Arts)
- MFA (Masters in Fine Arts)
- Tanjore Tamil University TDT (Teacher's Training in Dance).

I would like to offer this class to **Beginners, Intermediate and Advanced students.**

I am already conducting my dance class in Bharat Nivas. This class is an offering for the community; if you feel to make a contribution it is most welcomed. I have taken my students on trips where they experience performing in different venues and famous temples around Tamil Nadu and I intend to continue this.

Caveri Suresh, Diya Dance Studio

Music and Dance Classes

- Saturday, 3—4pm @ Bharat Nivas

This is to inform you that Aurohamsadhwani Arts Center is organizing music and dance classes at the Bharat Nivas premises. The following classes are offered:

- **Bharatanatyam, Veena, Keyboard, Vocal Music**

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

A. Gunasundari, Kamala, Palani, Selvi,
Suriyagandhi, Aurohamsadhwani Arts Team

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 8pm:
Introduction to Tango
- Wednesday, 7:30pm:
Practica
- Friday, 6:30pm:
OpenSource
- Saturday: Bi-monthly
Milongas

No partner required. Bring socks or dance shoes. And plenty of joy!



+91 9821166082, tango@auroville.org.in,
Aurevan

DANCE CLASSES BY MANI

Tango Dance Evenings @ CRIPA

- **Tuesdays & Thursdays 7pm @ CRIPA (Small Room)**

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

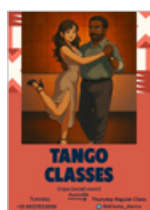
- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers:
Free/ Donation-based

- Guests & Others: Contribution welcome

Let's share the magic of Tango, connect through music, and grow together in movement and harmony.



Salsa Dance Classes @ CRIPA

- **Monday & Friday—7pm @ CRIPA (Small Room)**

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers:
Donation-based

- Guests & Others: Contribution welcome

Let's share the joy of dance, connect with positive energy, and keep improving.

8637633696, Mani



Theatre, Music & Art Activities

NEW CHOIR PRACTICE

Tuesdays, 8—10pm @ CRIPA

Simple but powerful polyphonies—high and low voices meeting in harmony.

Sing if you wish, laugh, feel, and let yourself be carried by the beauty of voices weaving together.

We'll open with a voice warm-up, moving through the rhythms of our bodies and breaths, connecting with self and others.

Feel free to talk about it to anyone who likes to sing. Prior experience in singing is not required! See you soon.

- **For more information:**
+49 17645775378 WA



Jonas

BASIC ANALOGUE PHOTOGRAPHY

Darkroom Workshop

by Sasikanth Somu

19, 20, 21 February @ Centre d'Art Gallery, Citadines



Program & Timings

- **Thursday, 19 February, 2—5pm:**
Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 20 February, 9am—2pm:**
Film photo shoot (in your own time), 2pm—5pm: Develop your roll of film.
- **Saturday, 21 February, 9am—12:30pm & 2—5pm**
(one can choose either of these sessions): Printing Contact Sheets & Photos in the darkroom.

Registration Contact:

- centredart@auroville.org.in

Participants are required to be present for all three days.

The workshop fee for Guests:

- Rs.3000 incl. GST

The workshop is free: For Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville. If a non-paying participant is unable to attend all three days of the workshop, he can finish the remaining days the next year only.

All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.

Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 91593 55809 WA

The number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey, Centre d'Art

ACTIVITIES BY MINT

Bojagi Wrapping Art Workshop

- **Tuesdays, 10:30am—12pm**

Bojagi is the Korean art of wrapping with care, balance, and quiet beauty.

- No prior experience needed.
- All materials provided
- Limited seats



Still stroke

- **Thursdays, 10:30am—12pm**

When the mind becomes still, the stroke appears. Still Stroke, One Breath, One Line. Slow calligraphy workshop.

- Limited seats



9489904112 WA, Mint

SVARAM ACTIVITIES

Sound Healing Session

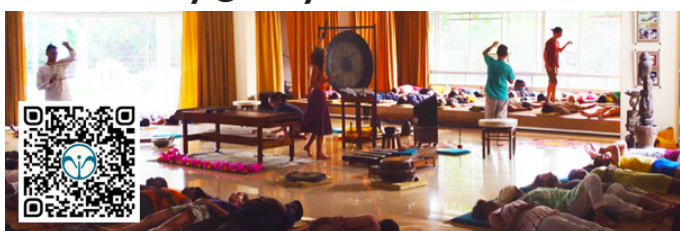


This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

By Appointment Only

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- Every Wednesday, 5:30—6:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- Monday—Saturday, 10:30am—4:30pm,
- Sunday, 10:30am—12:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-garden-art-installations/>

Immersive Flumie Workshop

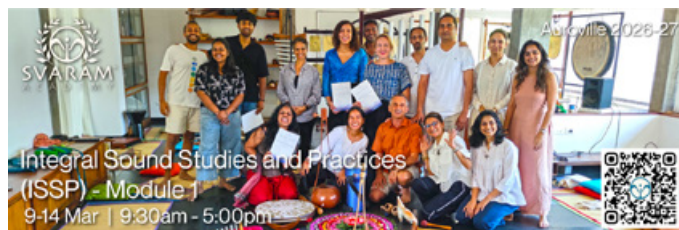


- 6—8 March, Variable Timings

We invite you to a weekend of flumie playing with the maker of the B Love professional flumies, widely regarded as the finest flumies on the market, not only for their exceptional craftsmanship, but above all for their extraordinary range of soundscapes and the seemingly endless discovery of new harmonics.

- For details, please visit svaram.org/events-booking-calendar or scan the QR Code

ISSP Module 1: Principles and Concepts of Therapeutic Music & Sound Work



- 9—14 March, 9:30am—5pm

This first of a 4-module Certificate Course in Integral Sound Studies and Practices (ISSP) offers a thorough introduction, exposure, immersion, and training in the vast subject of Sound and Well-being.

Planetary Sound Symphony



- 16—18 March, 9:30am—6pm

Join a 3-day intensive transference training exploring sound as a living, relational, and performative force. This workshop offers a focused entry into contemporary sound music practice, integrating planetary-tuned instruments, embodied listening, and advanced ensemble resonance work.

- For details, please visit svaram.org/events-booking-calendar or scan the QR Code

Aurelio
for the SVARAM Team

CREEVA: ART ACTIVITIES IN FEBRUARY

Center for Research Education Experience
in Visual Art

Watercolour painting workshop

- Every Wednesday, 2—4pm

Life drawing session

- Every Saturday, 10am—12pm

T-shirt Painting,

Bottle Painting Workshop

Paper Pulp Doll Art Workshop

- Every Sunday, 3—4:30pm

Rediscover the joy of creativity and childhood play, through eco friendly paper pulp. By Giribala Tripathy: From Odisha, based in Pondicherry, Sri Aurobindo Ashram artist with over two decades of creative and sustainable art practice.

Live portrait sketch

For personalised live portrait sketch book a session with Sathya.

Open studio

Your welcome to open studio to explore your art except workshops timings. Materials will be provided.

For info contact Sathya:

- +91 9486145072
- sathyacolour@auroville.org.in



Sathya
for CREEVA Art Studio, Creativity

Sports & Martial Arts

BUDOKAN:

Class Hours and New Activities

Aikido

For Adults & Teenagers

- Monday to Friday, 6—7:30am
- Tuesday, Thursday & Friday, 4:50—6pm
- Saturday
 - Advanced 6—8am
 - Weapon class 8—9am

For Kids & Teenagers

- Monday to Friday, 3:50—4:50pm
- Saturday, 10—11am

Aikitaïso

- Monday to Friday: 8—9am
- Saturday: 9—10am

Yoga

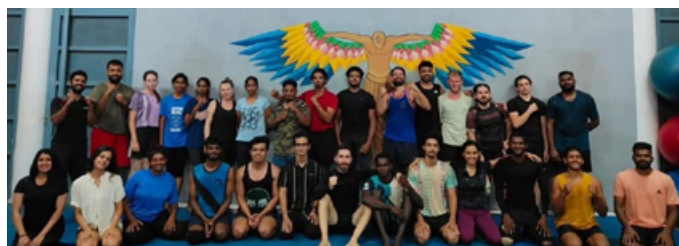
- Monday, 9:30—10:30am & 5—6pm
- Wednesday to Friday, 9:30—10:30am

Shiatsu

- Saturday & Wednesday (on appointment)

*Michaël
for Auroville Budokan, Dehashakti*

ABHAYA MARTIAL ARTS



ABHAYA MARTIAL ARTS ACADEMY

Abhaya Martial Arts is proud to have trained over 700 students of all genders, ages, and experience levels. We've hosted expert coaches and black belts of many martial art styles, and introduced our students to a vast range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the Shou Dao School—a martial arts academy acknowledged by the Olympic Committee.

Regular Adult Classes, 5:30pm:

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Striking/Self Defence with Coach Tanguy and Coach Giacomo

Please note: Contribution required

- Be punctual; Short nails, sportswear, and no jewelry; Stay home if you're unwell or have open wounds
- **For updates and participation:**
+91 94873 40778

- For more info contact us:

abhaya@auroville.com

<https://abhayaauville.wordpress.com/>
<https://www.instagram.com/abhayaauville/>

Giacomo for Abhaya



AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Aikido activity schedule

Monday to Friday:

- **Adult class:** 6—7:30am
- **Children class:** 3:50—4:50pm

Saturday:

- **Advanced:** 6—8am; **Weapon:** 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- **Monday to Friday:** 8—9am
- **Friday:** 5:15—6:15pm
- **Saturday:** 9—10am

8300643963 WA, Philippe, 9952812843 WA, Murugan,
+ 33622053932 WA Michaël



AÏKIDŌ SEMINAR

Yin & Yang in Motion

Several days of Aikido practice, shared exploration and reflection @ Auroville Budokan, Dehashakti Sports Ground

- **Part 1:** 20—22 February
- **Part 2:** 27 February—1 March

With Sensei Sylvain Gacond (2nd dan), teacher of Aikidō, Japanese Yoga, and Hōjō no kata from Switzerland. Student of Sensei Eric Graf (6th dan), following the path of Sensei Masatomi Ikeda (7th dan).

- **Friday, 20 February & Friday, 27 February**
 - 6—7:30am, Aikido
 - 7:30—8am, Break
 - 8—9am, Aikitaïso
 - Lunch Break
 - 2:30—3:30pm, Japanese Yoga
 - 3:50—4:50pm, Children class, Teacher training
 - 5—6:30pm, Aikido
- **Saturday, 21 February & Saturday 28 February**
 - 6—7:30am, Aikido Advanced
 - 7:30—8am, Break
 - 8—9am, Weapon class
 - 9—10am, Aikitaïso
 - 10—11am, Children class, Teacher training
 - 12—1:30pm, Potluck
 - 2—3pm, Aikido Advanced
 - 3—4:30pm, Aikido
 - 4:30—5:30pm, Japanese Yoga
- **Sunday, 22 February & Sunday, 1 March**
 - 8—10am, Aikido
 - 10—11:30am, Japanese Yoga
 - Lunch Together

Seminar fees

- Class: Rs.650, Half-day: Rs.950
- 1 Day: Rs.1500, 3 Days: Rs.3500, 6 Days: Rs.6000

All funds collected will be allocated to the support of Auroville Budokan. Sensei Sylvain Gacond will not receive any remuneration for his classes.

Michael

SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old). What We Offer:

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class

All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique. Limited spaces available to ensure quality and care for every participant.

- Location: Auroville, Flexible timings available

Dive in and discover the joy of swimming—safely, confidently, and at your own pace.

8637633696, Mani



MARTIAL ARTS IN BHARAT NIVAS

Kalaripayattu Regular Class Updated Timings

- Monday to Friday.
Morning Regular Class: 7—8am, fee: Rs.3000
- Evening Regular Class: 4:30—5:30pm, fee: Rs.3000
- Morning & Evening (Regular Classes)
Combined Fee: Rs.5000
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium

Regular Silambam Class

- Wednesday & Saturday, 5—6pm @ SAWCHU

Grappling and Rudiments of Martial Arts for kids

- Tuesday & Thursday, 4—5pm @ Harmony Hall

Monisha

THE ART OF CHI: Stevanovitch Method Classes with Hans

- Monday, Wednesday, Friday, 6:30—7:30am
 - First time? Please come on Friday.
- 8110848123 WA, Hans

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- Kalar Classes for Beginners
 - Morning classes: 6:30—7:30am Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- Kalar Classes for Advanced People
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- Kalar Massage Available
 - By appointment, 9042009200

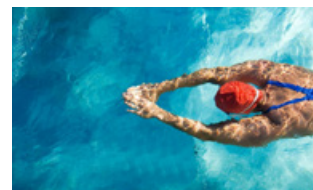


Maneesh

MORNING SWIMMING CLASSES FOR CHILDREN

Tuesdays & Thursdays,
6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
 - Safe and fun environment with professional guidance
- Build confidence, improve technique, and enjoy the water!



- To enquire:
+91 8940288090 WA

Sonia and Ana

AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in Dehashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji: 8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber 638563 5943



Submitted by Beber

Bioregion, Crafts & Nature Activities

AUROVILLE EARTH INSTITUTE

Upcoming On-Campus Training Courses

We are pleased to announce our upcoming training programs at the Auroville Earth Institute. These hands-on courses offer a unique opportunity to explore sustainable construction techniques with a focus on earth-based technologies. Below are the details of our upcoming sessions:



Date	Category	Details
2—7 March	CSEB	Design
9—14 March	CSEB	Intensive
16—21 March	AVD	Intensive
23—26 March	Special	Ferrocement

For more information and to register, please visit:
www.earth-auroville.com

- Contact: training@earth-auroville.com T. Ayyappan

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only **on Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm

It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

• 3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- *Introduction to permaculture through local food:* Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- *Handmade Soap-Making:* By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service

A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing lifestyle conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

Krishna
for Solitude Farm & Café



MOHANAM PROGRAM

www.mohanam.org

Mohanam: 2 mins from Vérité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.



For more information and registration: Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

- **Office timing:** 9am—4pm, Monday to Saturday

Make and Take Workshops

- Monday to Saturday, 10am—12:30pm or 2—5pm



Bamboo Candle | Potter | Coconut Shell Craft | Dream Catcher | Incense Making | Kolam Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

- Monday to Saturday, 10:30am—1pm



Village Tour | Wood Fossil Visit | Munnur-Perumukkal | Kaluveli Tank Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

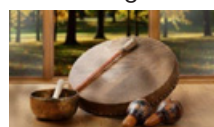
- Monday to Saturday, 10:30am—1pm

This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's north-west zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Shamanic circle

- Wednesdays, 18, 25 February, 5—6:30pm



A sacred group practice where people gather in a circle to connect through rhythm, sound and presence, creating healing, awareness and inner balance.

Deep Sound bath 5 Element by Satyaguga

- Tuesdays, 17, 24 February, 5—6:30 pm



Connect to your inner self through vibrations & divine chants.

Awaken the heart: Cacao & sound journey by Lakshmi

- 20 February, 6—8pm

A sacred space to soften, to listen, together we'll sip ceremonial cacao and to return home to your Heart.



Thiruvannamalai Spiritual Services:

Eco & Spiritual services: Thiruvannamalai—Mohanam services

- Arunachala—Auroville
- Tour, retreat space
- Camping, Temple visit
- Ashram, Girivalam Full Moon experience

For booking and more information

- Contact: +91 8300949079
mohanamprogram@auroville.org.in

Rajaveni

AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org

Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.



Bamboo tour with bamboo tea

- Monday—Saturday
8:30am—12:30pm, 1:30—5pm

Special bamboo lunch @ Auroville Bamboo Centre

- Every Saturday, 12—2:30pm
- Pre-book in advance

Enjoy the Special Bamboo Lunch.



Make and take workshops

- Monday—Saturday, 10am—4:30pm
- Pre-book in advance



Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops:

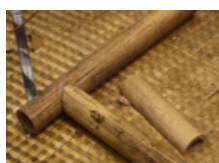
- Pre-book in advance
- Monday—Saturday, 9am—5pm



Bamboo Joineries Workshop

- 20 & 21 February, 9am—5pm

Come and learn the bamboo joineries, basic machines, bamboo cutting and splitting.



Pre-booking is necessary for registration:

- bamboocentre@auroville.org.in
- +91 8300949081

Balasundaram

ENLIGHT

Contact: Arun / Balaji
+91 88381 72521 / enlight@auroville.org.in

Explore Auroville

Bioregion Tour

Art & Craft Workshops

Fireside Drumming

Cycle Tour

Cooking Class

Arun, Anand and Balaji
for Enlight Team

EGAI:

Learn from Artisans

Coconut Shell Workshop

Incense Making Workshop

Pottery Workshop

Instrument Making Workshop

Contact Anand : +91 9791896488 / egai@auroville.org.in

Anand

ACTIVITIES BY INSIDE INDIA

Saree Draping Workshop

- Tuesday, 17 February, 10am onwards

Explore the Timeless Beauty of Six Yards! Uncover the timeless beauty of the saree through an interactive, hands-on draping experience. Learn classic and contemporary drapes, understand fabrics, pleats, and styling—while reconnecting with a garment that carries stories, heritage, and celebration.



- No prior experience needed (beginner-friendly)
- Open to all bodies, gender & ages
- Sarees provided and available for purchase/Bring your own
- Join us and wear tradition with confidence @ Inside India Office, Kalpana Community
- Register now: +91 8524953838

Kolam Mandala Workshop

- Every Friday, 10am—12pm

Join us for our Tamil Kolam Workshop.

Kolam is a special Tamil Mandala art that creates intricate patterns using rice flour. Open to all skill levels.

Bio-Region Tours by Inside India

- Tours run from 10am—2pm with a hearty Auroville-style lunch. Available only on request, with a 24-hour heads up.

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

Cycle Tours through Auroville

- 10am—2pm. Please book 36 hours in advance.

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

Off-Road Cycling & Half-Day Rides

- 9am—1pm
- Available on request, with a 36-hour heads up

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure.

tours@insideindiaauroville.com

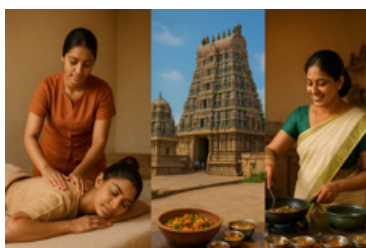
Shaheen
for Inside India

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour:

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

- Starting point: Solar Kitchen.
- Can be scheduled anytime throughout the week.



South-Indian Cuisine—Cooking Class:

Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone, rupavathijoy@gmail.com

Rupavathi

PEBBLE GARDEN

Pebble Garden: Story of the Land—Talk & Walk

- Saturday, 14 February, 10am—12:30pm



- 8148715966 WA, Bernard & Deepika

Seed Saving: An intensive short course by Deepika at Pebble Garden

- Sunday, 22 February, 8am—12pm



- 8148715966 WA, Deepika

Deepika

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- +91 9385744722, 0413 2969722

Viji



UPCYCLING OPEN STUDIO



Every Tuesday 10am—12pm

@ Ok Upcycling Studio, Recentre

- Discover the fundamentals of upcycling
 - Tour the studio
 - Purchase or place orders for upcycled items
 - Join our "Make Your Own Upcycled Item" workshops
- Come explore, learn, and get inspired!

6384043908, Veronese

ACTIVITIES AT AUROORCHARD

Weekly Farm Walk

AuroOrchard is Auroville's oldest farm, founded in 1968-69 under the guidance of the Mother with the vision of "growing food for Auroville." Spread over 25 acres of red earth on the eastern coast of Tamil Nadu, AuroOrchard has been a cornerstone of Auroville's food system for more than five decades. Today, we produce over 50% of the fruits and vegetables and 90% of the eggs from Auroville farms.

We grow a diversity of crops—mangoes, papayas, bananas, guavas, citrus, roots and tubers, leafy greens, vegetables, and herbs—alongside a small poultry that provides eggs. Each year, these fields and orchards yield several tonnes of fresh food, much of it flowing directly to Auroville's kitchens and residents. These numbers are never the measure of the work, but rather quiet signs of the farm's steady rhythm of care and abundance.

Join us for a stroll through these orchards and vegetable gardens and learn about the agroecological techniques that we practice at the farm.

- Every Wednesday, 10am—12pm.
- Registration required, [sign up here](#).



CSA baskets

Auro Orchard's Basket System is a community-supported program that allows customers to select fresh, seasonal produce such as fruits, vegetables, greens, herbs, eggs, nuts, and Abundance; farm-processed products like pesto, syrups, and nut spreads from a weekly updated harvest list. Members place their orders based on seasonal availability and collect their chosen items directly from the farm or from the pick up points inside Auroville.

- Please [sign up for the baskets here](#) to get added to the list.



Volunteering

Spread over 25 acres, AuroOrchard is Auroville's oldest farm producing a diversity of fruits and vegetables and eggs that are supplied directly to Auroville's kitchens and residents.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people.

We offer a welcoming environment for learners, researchers, and seekers who wish to help us and learn more about the land, food, culture, and themselves.

- Monday to Saturday, 7—9am and/ or 9:30am—12pm.
- We offer breakfast made with farm produce! Link to [sign up for volunteering](#) here.

Anshul



SADHANA FOREST Plant based Saturday

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

Available

Avocado tree saplings available

Integral Harmony farm has about 150 avocado tree saplings. If interested come on Saturdays to the Integral Harmony Farm in Discipline. Cost is Rs.50 per sapling.

- Contact Velmurugan: +91 97514 68504
- or Lisa: +91 9787825952.

Lisa for Integral Harmony Farm Team

Revolt RV300 electric motorbike

Available Revolt RV300 electric motorbike, 2020 model, 7,200 km, price Rs.45,000. If interested, please send a text message on WA 9899201016.

Manas

Lost and Found

Lost gold ring with green sapphire stone

I have lost a gold ring with a green sapphire stone. If found, kindly return to Angelika, 9843678421 WA or phone.

Angelika

Looking For

Looking for a Babysitter

I am looking for a babysitter from 10 February to 3 March for my 3 year old son, who is nearly 4. We are visiting from Australia and will be at Le Solei De Villa Residential Stay. Willing to pay cash. Looking for 3—5hrs for 2—3 days per week. Please WA message for details +61 467487820.

Samata Agrawal

Housesitter searched, Aurovilian or Newcomer

In a community close to all services, with magnificent collective garden, one-bedroom apartment with large green terrace and also balcony, well ventilated and furnished and quiet neighborhood.

We're looking for a rare gem who cares about the quality of life and the beauty of the surroundings, and is willing to take good care of one of the Foundation's housing assets.

Charges are Rs7500 per month including monthly community fees, Internet and fixed telephone (local calls only) and contribution to the Housing repair fund.

Period of 10 consecutive months from beginning of March to end of December. Interviews in progress. Send contact details, photo, presentation with occupation and place of work and motivation letter to:

- gestmb@yahoo.co

Shaktiprem

Looking for Housesitter: Yën

Seeking Aurovilian, Newcomer or Volunteer to housesit a small single duplex place in Auromodèle from the beginning of April till the end of December 2026. Looking for a super clean responsible woman. Expenses will be discussed when we meet.

+ 919566472590,
adorabilis@icloud.com, Yën

Taxi Share

To Chennai Airport, 24 February, 6am

Sharing a taxi from Auroville to Chennai Airport on Tuesday, 24 February, leaving Auroville between 6 and 6:30am. +918447181515, kumarsehdev455@gmail.com,

Kumar

Animal Care

URGENTLY VOLUNTEERS NEEDED for Dog Shelter

We urgently need kind and dedicated volunteers to support our dog shelter. Your help can make a real difference in the lives of rescued dogs.

We are currently looking for volunteers in the following areas:

- Web Designing
- Poster & Awareness Material Design
- Medical Field (vets, vet students, or medical assistance)
- Providing Essential Supplies (food, medicines, blankets, cleaning items, etc.)
- General Shelter Support & Care

If you have time, skills, or resources to help, please come forward. Every small contribution counts and helps us provide better care for our dogs.

- Contact: 9443203092
- aurovilledogshelter@auroville.org.in

Dr. Kumar (Executive), Sugar (Executive),
Shanthi (Admin)

MEET. GREET. WAG.

14 February, 10am—4pm, drop in anytime
@ Auroville Visitors Centre

A Valentine's Day meet-and-greet with the dogs of Auroville Dog Shelter. Learn about adoption, volunteering, and supporting the shelter's work.

Dr. Kumar, Sugar,
Shanthi, Ankita

aurovilledogshelter@auroville.org.in



KITTENS: ADOPTION ALERT!

Sweet 9 month old bonded sister kittens, lovingly bottle-raised indoors, looking for a caring forever home—ideally together. Lilliputhian and Panthera are both gentle, silent, curious and affectionate. All vaccinations, medications, micro-chip and papers up-to-date for international travel. Neutering planned. Kindly contact +91 9904154090 or +43 6643662160 if you would like to know more! :)



Verena

Office Spaces

Need to find a small workshop space

We are about to create a Unit in Auroville and we need to find a small workshop space for a craft activity. We need around 20m² or more, suitable for manual/ craft work, electricity and basic access. If you have/know any available space please contact me: Yoann, +916385539302

Submitted by Meg Han

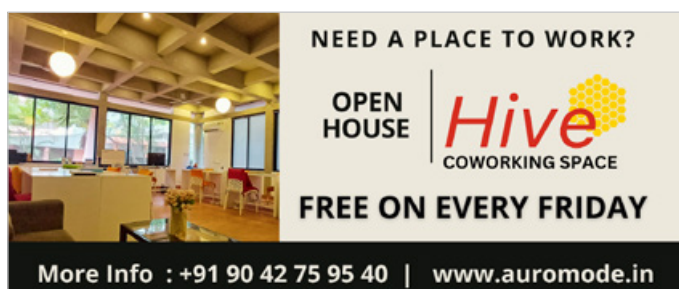
Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings. Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, cowork.kinisi.in



Laure



NEED A PLACE TO WORK?

OPEN HOUSE | **Hive** COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

- Every Friday, 9am—7pm @ Hive, Auromode.

Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space.

Open House hours are for experiencing the space, 24/7 access is available beyond these hours.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA,
+91 7092197375 WA or drop by. **Dhesh for Hive**

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person or by phone to 2622293/ 2622294
or e-mail adps@auroville.org.in **Siva for ADPS Trust**

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant. Contact Mr. Pandian



- at Auromode in person, +91 9943390391 or
• pandian@auroville.org.in

Pandian

For Your Information

NAME CHANGE ANNOUNCEMENT

Please note that the name of our organization has been changed from Martuvam Healing Forest

to Maruthuvam Ayurvedic Healing Center

Sivaraj for Maruthuvam

Honorary Voluntary

ECOSERVICE

Tuesday Morning Volunteering!

Let's make Auroville Zero Waste!

Join us for Tuesday Morning Volunteering!

This week's focus is on e-Waste. Come help sort electronics and appliances into reusable categories.



- Tuesday, 17 February 9:30—12:30
- 6 volunteers needed. Full shift required.
- Located on the road to Verite just before the turn towards The Sprout.
- Text 9600263842, Darren to reserve your spot!

Darren

AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations: Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy. We can provide lunch and some additional bonuses to come as you will stay with the team longer.



For details: aarambham@auroville.org.in

- +91 83002 88303, WA messages

Alexey

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or

call 8122274924

Aviram

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.

The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested please contact Noel at earthyyoga@hotmail.com or stop by in the morning sometime to explore the possibilities.

Noel Parent

WEBSITE & IT SUPPORT (holistic)

Holistic is looking for a skilled IT volunteer to support us with:

- Creating and setting up our website
- Managing domain, hosting, and email configuration
- Providing ongoing technical and systems support



We warmly welcome someone who also feels aligned with healing, holistic work, or inner growth, as it will help us work together with deeper understanding.

If you have experience in website development and IT and would like to offer your skills in service, we would be grateful.

Contact:

- sandya@auroville.org, 9443619403.

Sandya

Work Opportunities

AUROVILLE WATER SERVICE is looking for Aurovilians

Auroville Water Service is looking Aurovilians who want to work with us in water-related activities. We are looking for:

- Water Engineer,
- Manager non-technical (HRD, Fin, Area etc.) and
- an Assistant Manager Operations.

If you need more information about one of the functions, please pass by at our office at the Vikas Radial (Square Water Tower).
Toby for Auroville Water Service

AURORA'S EYE FILMS

Looking for a Social Media Manager (Part-Time)

We are seeking a creative and reliable Social Media Manager to support Aurora's Eye Films, an independent film studio based in Auroville.



This part-time, on-site role involves managing and growing our online presence across multiple platforms while supporting our ongoing documentary and film projects.

Key Responsibilities: Edit photos and short videos for social media; Create engaging Reels and short-form video content; Schedule and manage content across multiple platforms (Instagram, Facebook, YouTube, etc.); Maintain a consistent visual and storytelling style aligned with Aurora's Eye Films; Support promotion of films, series, and behind-the-scenes studio work.

Requirements: Experience with social media content creation and scheduling; Basic photo and video editing skills (Reels experience is a must); An interest in film, storytelling, and meaningful, real-world projects; Ability to work independently and collaboratively; Must be based in or able to work on-site in Auroville.

Role Details: Part-time position, Based in Auroville; Compensation follows Auroville working unit rates

This role is ideal for someone who enjoys creative storytelling, understands social media trends, and wants to contribute to purpose-driven filmmaking rather than commercial media alone.

To apply: Please send a short introduction, CV and examples of your social media work (or portfolio) to

- serena_aurora@auroville.org.in.

Serena

NEW ERA SENIOR SECONDARY SCHOOL (CBSE)

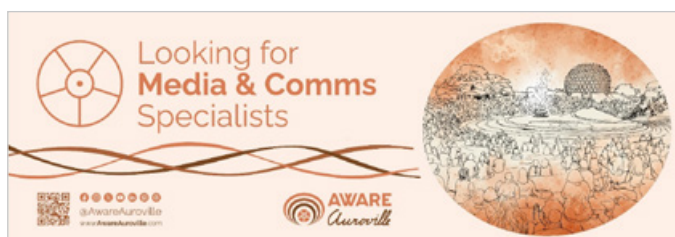
Aspiration, Kulapalayam, Auroville

We are hiring: PGT-biology teacher

- **Qualification:** M. Sc. Biology B.Ed.
- **Experience:** 1—2 years
- **Description:** Seeking a qualified and enthusiastic PGT biology teacher to handle class 9—11. Strong communication skills and ability to motivate students.

Send your resume to our email address:

- ness@auroville.org.in, 8072627852 K. Venkatesh



Invitation to the City the Earth Needs.

Auroville grows when aspirants gather from around the world with clarity of purpose.

AWARE seeks to build a bridge to welcome these aspirants by telling the story of this place with clarity, through beauty, and by setting up platforms for information and discussion.

Doors Are Open for Aurovilians and Newcomers to join Aware. Roles open:

- Filmmakers
- Cinematographers
- Editors
- Content Creators

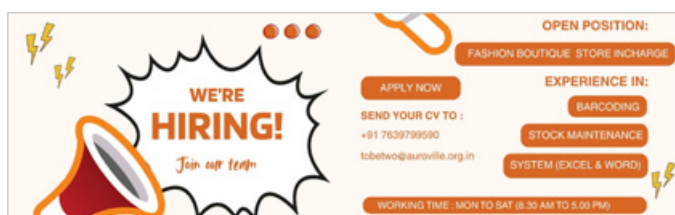
Contact:

- +91 73965 57993 WA, aware@auroville.org.in
- awareauroville.com

Shift towards a culture of multilateral perspectives and an attempt to bridge the aspiration/ideal and current human condition & external organisations.

*Sajiv, project manager,
for Aware Auroville.*

TO BE TWO



- **Open Position:** Fashion Boutique Store In-Charge
- **Experience in:** Stock maintenance, barcoding system (Excel & Word)
- **Apply Now, Send CV to:** +91 7639799590, tobetwo@auroville.org.in
- **Working Time:** Monday—Saturday, 8:30am—5pm

Pavitra

TOWN HALL: RECEPTIONIST

We are seeking a motivated and skilled Aurovillian to join our team as a half-time receptionist!

Requirements

- Fluent in English (reading, writing, and speaking)
- Proficient in Excel, Google apps, and Zoho
- Adaptable to morning and afternoon shifts

Responsibilities:

- Reception duties, Administrative tasks
- Working with various apps and software

If you're interested and meet the requirements, send your resume to ACUR

- acur@auroville.org.in

- or contact Balaji: +91 8270071581 WA

Let's work together to make our community thrive!

Balaji
for ACUR Management

Poetry

AT THE DOOR OF THE LABYRINTH



O Theseus

In every labyrinth
There is a Minotaur
Forever devouring
All that breathes,
All that glows.

Yet in every crevice
Beneath each stone
There lies a path to freedom,
A hidden spring unknown.

See how
Behind every door
Through nights of shadowed skies
An Ariadne awaits
With a golden thread of light
To guide your trembling sword
In the smithy of your soul.

O Theseus

In the cosmic womb of creation
This thread of light and love
Is the eternal umbilical chord
For a new birth
Through a new door.

Do you dare to weave your way
To a new life
Through a thousand winding back alleys
Of your labyrinthine mind—
With a new sword,
In a new robe?



Sehdev Kumar

THE SONG SINGS

Sing
Sing
Sing
Just sing
Sing to the sea
Sing in the scenes
Sing in rain and shine
Sing in sweat and sorrow
Sing in chains—and change
Just sing
Let your soul grow wings
Soar through the flying dust
Settle in your eternal Home
Finally there
Always there
The music rings
The Song
Still sings

Anandi Z.

Voices & Notes

FULL MOON CONCRETING on the Matrimandir's Roof

I first started working at the Matrimandir construction site in 1977—78. I cycled from Pondy with my future husband, to participate to the monthly full moon concreting; non-stop, they lasted even twelve hours. People from all over Auroville, teens too, joined the big collective feast, and Ashramites as well. We reached the top climbing aerial ladders, working on the roof and on scaffoldings without any security, Danger and fatigue were alien to all of us, a special force filled our bodies. One in the great adventure, there was but joy.



Those were years of freedom, the freedom of the soul living content with nothing. I slept curled up in the hollow of the urn in the amphitheatre; my partner slept under the Banyan tree. Around three in the morning, when the dew was too heavy and the mosquitoes too, we shifted to Annamaria's room in the Camp; we opened our sleeping bags and fell asleep once more. Our friend's sole companion was a tiny lady-cat, white with black patches. In the morning a customary scene unfolded: under our host's bed were the remains cum tail of a country mouse, caught and disposed of by the belligerent feline. At full moon three people, a mice-hunting cat and a tail shared a few square meters under a keet roof.

I will never forget the concentrated silence of the Matrimandir Camp, in the evening; the only sound, subdued, was that of Annamaria's cassettes of classical music. That keet roof set-up hosted residents working at the construction site or at the plants' nursery; one long basin, four cubicles with showers and, separately, four toilets were the collective assets.

The Dream, as Mother describes it, was in the air. It was a mass movement, irrepressible and irrefragable, spreading by contagion. Sharing, companionship in the great adventure. Mother's all-pervasive presence was tremendous,

electrifying; she had freed the spirit of the age and those were her children. We were the offsprings of the 1968 revolution, 'Auroville' was built by young idealists living in huts, with minimal material needs. Bicycles were the current transport, motorbikes were rare; during Mother's years the cycles in Aspiration were collective property, the bikes were used only for work. The group-soul was being born.

There was no money; Auroville was already at war with the SAS and yet, a miracle of love, we were offered free food and lodging because we came to work. At the Camp the menial tasks were carried on by the residents, who did the cooking (a lady who will become an Aurovilian helped) and the cleaning. I still remember Noah—a gorgeous kibbutzim girl—washing after lunch the floor of the kitchen, every single day. We too from Pondy shared the kitchen shifts. The meals, thrice a day, were delicious; sometimes we even got a slice of cake. What a treat, for us accustomed to the stern diet of the Ashram's Dining Room!

Every month, a few days at the time, we climbed those aerial ladders to the top; but Annamaria did it for eight years! Back to my easy life in Pondicherry I was pervaded by a feeling of incompleteness, a sense of guilt; I had been granted glimpses of the new world, nothing could ever be the same. T-shirts, shorts, chappals, red sand all over... It was a tremendous lesson. How humbled I felt returning to my niche, writing poems in the hollow of the samadhi tree and passing into samadhi-trances, doing dry flowers collage—whereas at the Matrimandir they worked without safety measures... during the harshest conflictual year, sometimes with hardly any food to eat...

Were these my new teachers? No matter how splendid the early ashramites I had the privilege to be with, in 1985 I moved to Auroville and went on living for fourteen years braving the same hardships of my new brothers and sisters, deliberately, as a token to the Mother. The highest quest had begun and there was no way back. Those full moon concreting had sealed my destiny.

Paulette

AUROVILLE RADIO TV

Your favourite radio
is always working for you. Stay Tuned!

Last published Podcasts

- [Marlenka's weekly Offering—Ep.163](#) (Literature)
- [Savitri—Ep.35 : Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari-B 1, C 23: "The Double Soul in Man"](#) (Sri Aurobindo)
- [Teens Connect Ep. 17 Romaya and Salvador are in conversation with Cleo](#) (Education)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.524](#) (Integral Yoga)



Latest Youtube Videos

- [A Musical Offering & Contemplation by Carsten Wicke](#)
- [Auroville Earth Institute Workshop on Construction of Arches | Hands-on](#)

Live Streaming

- [Five Centuries of Choral Music Presented by The Auroville Choir | Day 1 | Live from Cripa](#)
- [Five Centuries of Choral Music Presented by The Auroville Choir | Day 2 | Live from Cripa](#)

....and more! on www.aurovilleradiotv.org

For more information, write to radio@auroville.org.in

Sai Priya
for AurovilleRadioTV

UNDERSTANDING THE EXPONENTIAL SURGE OF AI

Chapter One:

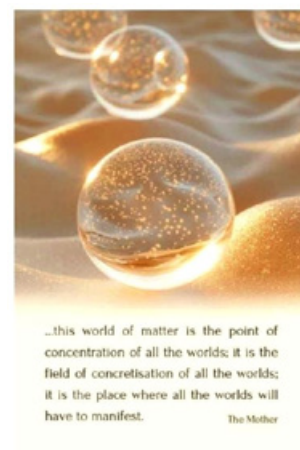
On demonstrating and understanding the powerful intense transformative impact of the explosive progress of our AI InfoComm Assistants from the vantage point of the Integral Supramental Yoga, I submitted to Google Gemini for analysis a comment I gave to another Aurovilian's post in our internal AuroNet social platform. Look carefully at how it crawls and deep-dives into all the sources of information and delivers a commentary, in 3 seconds:

<https://g.co/gemini/share/16c881901f10>

Always remember, this world of Matter, with all its manifest forms including AI/AGI and robotics and our own Homo sapiens body, are visible and tangible tools of expression and engagement of all sorts of beings-consciousness-forces...

Note: To continue with the full post and easily access the links, please scan the QR Code or go to this blogsite and open the post with the same title: <https://zechjaya.blogspot.com/>

Zech



Foods, Goods & Services

A NEW SERVICE FROM ECO SERVICE

As we all have noticed of late there has been a growing amount of litter being dumped along the roads, pathways and in the bushes within the city, we are pleased to announce to the community a much needed extension of our regular waste pick up service.

Launching on its Birthday this year on 28 February, Auroville will have a dedicated service to clear the litter and waste from the areas that are hard to reach by our larger vans.

A three wheeler has been acquired for the purpose and will begin the operation in two shifts 3 days a week to start with. The service will largely concentrate on within the designated City Area only (and not along the tar road) and may gradually extend to the greenbelt.

This Service will be totally run by Citizen Volunteers (Aurovilians and Newcomers) along with an Eco Service member as it may need more than one person (and maximum two) to do the task. In Kind remuneration will be provided.

- If you are one of the inspired ones who shares similar concerns, are interested to help keep Auroville litter free and can dedicate some time, please get in touch with us either by dropping into our office or connecting with us by email or on the number provided below.

Wish us luck for this new endeavor and if possible join up! Lets Keep Our City Clean Together.

Sumit for Eco Service

ecoservice@auroville.org.in, 6379669034



OPENING HOURS OF THE PT PURCHASING SERVICE

Please be informed of the opening hours of PT Purchasing Service

- Shop: 8am—7pm, Monday to Saturday.
- Canteen: 8am—3pm

PTPS Team, from Mass Bulletin

LIVING ROOM CAFÉ



+91 9566142115, Satyakam



Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovilians, Newcomers, Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

For enquiries and registration:

- cafeteriavc@auroville.org.in
- 9043004919 WA

Conscious Catering for your Workshops!

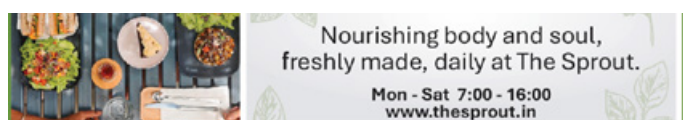
The Cafeteria at Visitors Centre organises organic catering, with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer your participants to the realm of food and explore with us the different possibilities we offer, please contact us:

- 9043004919 WA cafeteria,
- cafeteriavc@auroville.org.in

Kyoung Hyoun Lee

THE SPROUT CAFE & RESTAURANT



Monica for The Sprout team,
www.thesprout.in

SUDHA'S KITCHEN!

Healthy Plate monthly scheme for Aurovillian Volunteers & Guests

- **Special Offer:** Aurovilians get 20% discount
- **Group Bookings Welcome**



Contact Us:

+91 8608123072 WA, +91 413-3509884 landline

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun



@ Luminosity Auroville

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

Please book one day in advance

+91 9489693809, goyo@auroville.org.in

Won Ja for Goyo

COFFEE IDEAS (FORMERLY MARC'S CAFÉ)

Some Information Updates and Reminders

- We are open every Wednesday in February.
- Tuesday mornings (breakfast): 50% discount for Av & NC paying through the FS account. (Some items only)
- 10% discount on all payments made with an Aurocard.



The rooftop area has free Wi-Fi and is self-service during opening hours.

Matilde

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe. The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.



Auroville Bakery & Cafe Team, from Mass Bulletin

NATURELLEMENT GARDEN CAFE

Extended Evening Timings!

Open 9am—9pm, Tuesdays closed

We are extending our dinner timings to 9pm during February and March. The restaurant will be open from 9am to 9pm. Tuesdays closed as usual. Welcome!

Martina for Garden Cafe team

BELLA VITA: THURSDAY 50% DISCOUNT!

On Thursdays we will offer a 50% discount on our already low prices. (Drinks and baked goods will be excluded.) So welcome to try our Pizzas, Tarts, Salads and Wraps!

Martina for Bella Vita team

TASTE OF YOGA: VEGAN CAFÉ



Open Monday—Saturday, 8:30am—4:30pm

Taste of Yoga, the vegan café @ Verité Integral Learning Center, invites you to slow down and enjoy a moment of nourishment in a calm, welcoming space. We offer wholesome breakfasts, light lunches, and healthful snacks made with high-quality ingredients—many prepared in-house and some harvested from our kitchen garden. Each dish is thoughtfully created to support your body, mind, and well-being. *Hon*

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria, 7:30—10am

Variety of Dosa and
Millets Pongal, Coffee
Rs.99



Submitted by Shiva

POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.

The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

• ptw@auroville.org.in

Please note: Do not give any cash to any team member of PTW. We request to avoid calling our workers directly on their contact numbers.

Danny, Grace for Pour Tous Water team

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra for Auromode Restaurant



INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering cost-effective travel options by arranging shared trips between Chennai and Auroville. Additionally, we provide local trips within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256

• its@auroville.org.in

Rajesh.D



- Contact us: +91 9429690049, hello@cowork.kinisi.in

Laure

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/ WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

*Govindaraj & B
for Qutee Electric Scooter Service*

UTS TRANSPORT SERVICE



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS



SUNRISE TAXI SERVICE
A Unit of Auroville Foundation

**Book
A Taxi 24/7**



+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.auroillesunrisetaxi.in



SARVAM COMPUTERS offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Ap-
ple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

• 0413 2622050, 9443211891, 9786953603

• FS account: 251263

• sarvamcomputers@auroville.org.in

Bala

DOWNLOAD OR ACCESS DROPZY APP

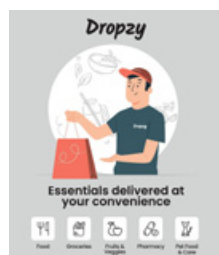
Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:

<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>

Sathish



AVDZINES

@ AVDzines building at Mangalam campus
(next to Wellpaper, & Bamboo Centre)

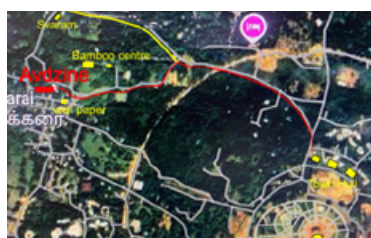
You are also welcome to send your job via email and WhatsApp, see the data below.

• **Working Hours: 9am—12:30pm & 2—5pm**

Please follow the sign board kept on the side of the road.

• **Type of jobs that can be given:**

Printing,
Layout designing,
Passport Photos,
Package designing &
Manufacturing,
Photo framing &
Lamination
All kinds of boxes
& paper bags and
Screen printing.



• For **big works** we can deliver to your place. Please come over and support it.

avdzines@auroville.org.in,

avdzines@gmail.com

9443459063 WA,

Guna for AVDzines

INSIDE INDIA



inside india
DREAMS & MEMORIES

Available offer fare

International Flights from Chennai:

- **Etihad Airways:** Paris, Frankfurt, London, Dublin, Amsterdam, Brussels, Zurich, Vienna, Munich, Milan, Madrid, Barcelona, Rome
- **Air India:** Frankfurt, London, Amsterdam, Milan
- **Emirates:** Paris, Frankfurt, London, Amsterdam, Zurich, Barcelona, Milan, Rome
- **British Airways:** Paris, Dublin, Brussels, Zurich, Vienna, Milan, Barcelona
- **Qatar Airways:** Paris, London, Dublin, Milan, Rome
- **Cathay Pacific & Srilankan Airline:** Seoul

Travel advisory

We strongly recommend that you check your domestic and international flight status 48 hours prior to your scheduled departure.

International Courier & Cargo Collection Center

Inside India Travel Agency is Now Your Complete International Courier & Cargo Collection Center

We are thrilled to announce the expansion of our services to include comprehensive international courier and cargo solutions, bringing the world closer to your doorstep.

Our Services Include

Europe & UK Deliveries:

- DPD Partnership—Duty & VAT Free shipping
- UK delivery in 6-7 days
- Europe delivery in 12-15 days
- Complete European Union coverage including Austria, Belgium, France, Germany, Italy, Spain, Netherlands, and 25+ more countries

Australia & New Zealand:

- Specialized homemade food items shipping
- Third-party services available
- Competitive pricing with ZIP code rate checking
- Masala & spices delivery to both destinations

Southeast Asia:

- Direct Malaysia & Singapore connections
- Fast 1-week delivery from Chennai
- No duty, no tax on selected items
- Reliable third-party partnerships

Individual Travel Insurance by Bajaj Allianz

Inside India is now offering Travel Insurance to ensure safe travels and a smooth journey for you from the start till the end! Travel comes with risks—delayed baggage, lost passport, or sudden illness. Individual travel insurance ensures financial protection, quick assistance, and peace of mind wherever you are.

Key Features of Bajaj's Travel Insurance:

Global 24/7 assistance, Covers medical emergencies, trip delays/cancellations, lost belongings, and even home burglary while you're away. Quick and hassle-free claims with fast settlement.

Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write tours@insideindiaauroville.com to start planning.

Inside India Timings

- Inside India is open for your next journey **Monday to Friday, 10am—5pm** at our Office in Kalpana Community (Opp. Auroville Library)
- We are open the second & fourth Saturdays of each month
- **For urgent matters or emergencies**, you may contact our ticketing agent **Ganesh: +91 9894598686**.

Shaheen for Inside India Team

HEMPLANET

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. *Davide*

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



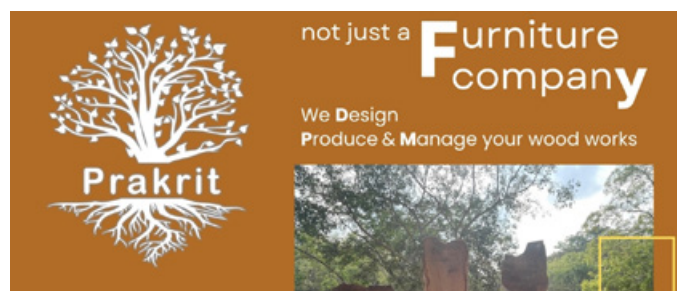
RAPID CARE SERVICES
One call to solve all your problem

Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
- **Primary Email:** rapidcare@auroville.org.in
- **Secondary Email:** rcsrapidcareservice@gmail.com
- **Instagram handle:** @rapidcare1 *Balaji & Arun*

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

FRESH COW DUNG AVAILABLE

@ Siddhartha Farm

If you are interested, please feel free to call us
+91 8838012456.

Herbert

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm



We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info: call/ WA +91 8300268804 or pass by.

Isabelle

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:** surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

Classes, Workshops & Healing Arts

RECONNECT TO YOUR INNER CYCLE

Eco Femme Workshop

Wednesday, 18 February, 10am—1pm

Understand and Integrate the 4 Phases of your menstrual cycle. Join Eco Femme to:

- Learn practical knowledge about the four phases of the menstrual cycle through the lens of hormones, and how to incorporate this with ease into your life.
- Align your menstrual cycle with the rhythms of nature through guided meditations into the body, artistic self-reflective practices, and intuitive movement.

Prior registration as a must:

- Contact Celia: celia@ecofemme.org, for registration form and pricing details.

Celia for Eco Femme Team



AWARENESS THROUGH THE BODY WORKSHOP

With Isora & facilitator-in-training Rosario



Saturday, 14 February, 9am—12pm
@ Pitanga Cultural Centre

ATB is a practice developed in Auroville, India, that aims to expand consciousness and offer the opportunity for both, children and adults, to become aware of their own perceptions and abilities, so that they can become independent and self-aware individuals. The activities are creative and often fun, develop gradually, and encourage attention, concentration, and relaxation, providing feelings of well-being and a deep connection with the Being.

- Advance registration required, ends on Thursday, 12 February.
- Please contact Pitanga: info@pitanga.in, + 91 9443902403 WA.

Anandamay

WEEKLY SESSIONS IN VEDIC PHILOSOPHY

Saturdays, 3:30—4:30pm IST

I host a free, weekly live session where we explore one idea from Vedic philosophy and reflect on how it applies to everyday life.



Each week, we take a concept from the Vedas, Gita, Upanishads, Yoga Sutras, or related texts, understand it in simple language, and sit with one small question or practice for the coming days.

The sessions are conversational and reflective. About 30 minutes of sharing, followed by quiet reflection or a gentle interactive activity. This free to join.

You can join any week and step away anytime.

If this feels interesting, please register here:

<https://online.allthingsvedic.in/courses/Snippets-of-Hindu-Vedic-Philosophy-by-Vikram-Devatha>

Vikram

AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring.



Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA

ACTIVITIES BY SANDYRA

Register: contact@auroville-jiva.com

or +91 9443619403 WA

Flow Into Clarity

- Sunday, 1 & 22 February, 3—6pm (in Auroville)

Is there a question that is burning inside you? The Flow Game is a powerful tool used across the world to transform stuckness. Within every



challenge, there lies a transformative potential. Bring a question that's alive in your heart. Discover your way to greater flow with life and connect with higher guidance, through the spirit of ease, joy and playfulness.

The Flow Game is played around a special board inspired by the 7 directions found across multiple cultures. The players are invited to connect to infinite wisdom of the Universe. The game enables you to go deep into your own inquiry, while getting new insights through collective wisdom.

- In-Person in Auroville: Theme is 'Freedom' (1st) & 'Love' (2nd)
- Host: Sandhya, venue will be revealed after registration, limited spots!

Body in Light: Energy Healing Workshop

- 13—15 February (Friday to Sunday, 9am—5pm)
@ Pavilion Tibetan Culture

Do you want to step into the harmonious frequency of the universe? 3 days of radical self-empowerment: Discover your Divinity & Awaken the Goddess within. Dive into powerful techniques for self-healing, and learn Fundamentals, Principles and Universal Laws of energy healing.



- More information: <https://bit.ly/bodyinlight-workshop>

Sandhya

DAILY PRANAYAMA CLASSES WITH RAMESH

Monday—Friday, 7:30—8:30am
@ Hall of Light, Creativity

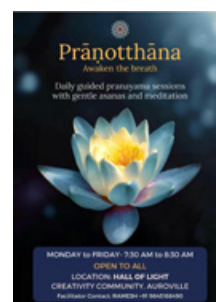
Drop in for a pranayama class Monday to Friday mornings 7:30 to 8:30am at Hall of Light, Creativity Community. We will be doing light asanas, guided breathwork and meditation.

Drop-in contribution:

- 400/- for guests
- 300/- for Creativity guests
- 200/- for volunteers
- By donation for AV and NC

For more information, contact Ramesh:

- 9845168490,
- rameshbalasubramaniam@auroville.org.in



Ramesh

THE ALCHEMY OF EVOLUTION

Saturday, 14 February, 3pm
@ Aarambham Learning Space

"Man is a transition being; he is not final."

Sri Aurobindo

Do you ever feel divided? Often, our mind seeks one direction, our emotions another, and our physical body follows its own rhythm. My synergic method is designed to integrate these parts through a powerful, three-step journey toward conscious transformation:

- **Reveal with the Mandala:** More than just an artistic exercise, the Mandala acts as a "Temenos"—a protected space where your subconscious speaks through color and form, bringing what works in the dark into the light.
- **Support with Bach Flowers:** These vibrational essences provide the alignment needed to dissolve emotional knots and purify the "vital" nature, preparing the soil for inner growth.
- **Embody with Integral Yoga:** This is the education of all parts of the being to align with the Psychic Center—the true divine spark within—turning all of life into a conscious practice.

The Goal: Not just "well-being," but a new way of being. By making the shadow visible and harmonizing your nature, you allow your spirit to take hold.

Are you ready to become the artist of your own evolution?

- **The introductory workshop happens under SAIER** and a contribution is required, for details contact Rosalba by
 - +919047569721 WA or rosalba@auroville.org.in.

Rosalba

FOUR KEYS TO A NEW LIFE DESIGN

18—21 February, 12:45—2:15pm



SAMI COHEN



**ANGE SABINE
BLANCHFLOWER**

**THE FOUR KEYS TO
A NEW LIFE DESIGN**

**A 4 DAY DEEP DIVE INTO THE
SECRET OF BECOMING!**

**FEBRUARY 18-21,
12:45 TO 14:15**

PITANGA CULTURAL CENTRE, AUROVILLE

Welcome to a powerful 4 day workshop hosted by Sami Cohen and supported by Ange Sabine Blanchflower.

Join us for a deep dive into how you can improve your life through awareness of Universal laws, and an understanding of why unwanted things seem to be happening in your life on a repetitive basis.

This 4 day, 1 hour workshop is hosted by Sami Cohen and Ange Sabine Blanchflower.

The Agenda for the Workshop is as follows:

- **Day 1, Monday, 18 February.** Deep dive into positive events in our childhood and how they affect our ability to love and feel happy and free. This process will respect privacy. No sharing with the group necessary. You are doing this for yourself.
- **Day 2.** Deep dive into negative, traumatic events in our childhood, and how they helped us develop our superpowers. These however need to be rewired to love, to truly serve us and humanity. This process will respect privacy. No sharing with the group necessary. You are doing this for yourself.
- **Day 3.** Deep dive into the Law of Attraction and the most common reasons why it does not work: the Law of Opposites.
- **Day 4.** Who we really are and how nobody can hurt you. An introduction into Rational Behaviour Theory by Maxie Maultsby.

Please RSVP for this workshop with Pitanga Cultural Centre

- info@pitanga.in, 0413 2022403 **Ange Blanchflower**

MINDFULNESS WITH HELEN

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness. Mindfulness Coaching packages & bespoke groups sessions are also available.

For details & bookings:

- 7094753054 WA or visit innersightav.org

Saturday, 14 February, 9:30-12:30pm	Mindfulness Kindfulness	Half Day Retreat
Wednesday, 18 February, 2:30-4:30pm	Introduction to Mindfulness	Workshop
Wednesday, 25 February, 2:30-5pm	Miksang—Mindful Photography	Workshop
Saturday, 28 February, 2:30-4:30pm	Letting Go	Mini-retreat

Mindfulness Kindfulness Half day retreat

- **Saturday, 14 February, 9:30am—12:30pm**

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts to others. It offers an ease of being, an inner softening, & invites a deeper, more present way of living.



Everyone is warmly welcomed—beginners, experienced practitioners & those whose bodies need to sit on a cushion, mat or chair. Participants will hold silence throughout the retreat to allow inner deepening.

Introduction to Mindfulness workshop

- **Wednesday, 18 February, 2:30—4:30pm**

Discover how to find inner calm in the chaos of everyday life! Join this Introduction to Mindfulness workshop and learn simple techniques to bring awareness, richness, and joy into your life.

Perfect for anyone wanting a calmer, more present existence or a deeper understanding of what mindfulness is.

Miksang (Mindful Photography workshop)

- **Wednesday, 25 February, 2:30—5pm**

Miksang is a contemplative photography practice. Meaning 'Good Eye' in Tibetan it is a practice to synchronise the heart, mind & inner being. Miksang invites us to see the world with fresh eyes, to let go of our conditioning, our stories, our techniques.



The session includes mindfulness practices to attune & time for practice. It is suitable for all. You just need something to take photos with (phone is fine).

Letting Go, a mini-retreat

- **Saturday, 28 February, 2:30—4:30pm**

This mini-retreat will gently support you to cultivate the profound & powerful attitude of letting go.

The retreat is a carefully curated journey through mindfulness meditation practices & gentle movement interspersed by time for reflection & poetry for the soul.



Helen

PITANGA CULTURAL CENTRE, FEBRUARY



Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Sivananda Hatha Yoga	7:30–9am	Nikki
	Yoga Therapy	8–9:30am	Gala
	Doing No-Thing Consciously	4:15–5:15pm	Mike
	Iyengar Yoga	5–6:30pm	Olesya
Tuesdays	Yoga: Restore & Relax	4–5:30pm	Florina
	Kundalini Yoga to energize the Heart Center, strengthen the electromagnetic field, and balance the main glands	5:30–7pm	Bel
Wednesday	Sivananda Hatha Yoga	7:30–9am	Nikki
	Yoga Therapy	8–9:30am	Gala
	Dynamic Yoga Flow	5:30–7pm	Florina
Thursday	Iyengar Yoga	6:45–8am	Olesya
	Prana Kriya	7:30–9am	Florina
	Aviva Exercise—for women only	4:30–5:30pm	Suriyagandhi
	Iyengar Yoga	5–6:30pm	Olesya
	Yoga: Restore & Relax	5:30–7pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants	6:45am–8:15am	François & Namrita
	Yoga Therapy	8:15–9:45am	Gala
	Feldenkrais	5:15–6:15pm	Shari
	Dynamic Yoga Flow	5:30pm–7pm	Florina
Saturday	Iyengar Yoga	6:45–8am	Olesya
	Breathing & Mudras	8–9:30am	Gala
	Truth Based Relationships, practical sessions, not on 14/02	2:30–4:30pm	Juan Andres
	Iyengar Yoga	5–6:30pm	Olesya

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/ families	3–5pm	Gala
Monday to Friday	Ashtanga Yoga (self paced)	9–11am	Monica M.
Saturday	Ashtanga Yoga (led primary series)	9:40–11:10am	Monica M.

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4–5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth’s absence.

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine), NA Chiropractic, NA
Anne H	Cranio Sacral Technique
Auromira	Shamanic Healing
Francesca F	Antigymnastique®
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Juan	Thai Yoga Massage
Olesya	Visceral Massage Neurology Massage Psychosomatic of diseases Women’s Health Therapy
Rosalba	Bach Flower Counselling
Swati R	Movement Therapy for infants and young children
Veronique D	Syntropy Insight Bodywork

New Activities

Kundalini Yoga

To energize the Heart Center, strengthen the electromagnetic field, and balance the main glands with Bel: **Tuesdays, 5:30–7pm & Saturdays 10am–11:30am**

We will energize the Heart Center, strengthen the electromagnetic field, and balance the main glands—so love can flow freely, bringing clarity, intuition, and a deeper sense of connection.

Beginners are always welcome!

Pitanga joins Auroville’s journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know! If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA, info@pitanga.in

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.

Offered by Kardash, a certified psychotherapist, whose training has been based on the wisdom and techniques of:

- Ericksonian Clinical hypnotherapy
- Neurolinguistic programming (NLP)
- The Enneagram of Character Fixation
- Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy. Meetings can be in-person in Auroville or online.

For more details see www.innersightav.org or

- contact Kardash +91 9940934875 WA **Kardash**

QUIET HEALING CENTER



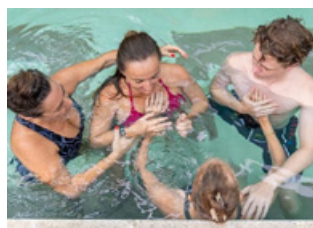
www.quieth healingcenter.info,
quiet@auroville.org.in

+91 9488084966, Mobile & WA

Watsu® Yoga Round with Sheida

- **Friday, 13 February, 3—6:30pm**
- **Prerequisites:** no previous experience required (also no need to know how to swim).

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant.

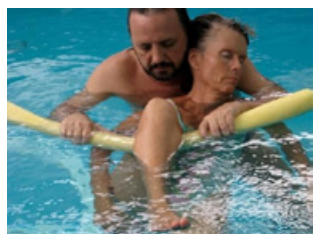


When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance! Watsu Yoga Round is an invitation to feel, awaken, and celebrate the energy of your being.

Adapted Watsu® with Watsu India Team

- **14—16 February, 8:45am—6:30pm, 25 hours**
- **Prerequisites:** Watsu 2 plus 100 hours of aquatic bodywork training or Watsu 1 plus 200 hours of aquatic bodywork training.

In this course, you will apply the qualities and techniques of Watsu to persons with special needs or disorders, whether physical or mental. You will also start using pool noodles and working with people, who are particularly rigid or afraid to be held due to trauma, culture or water fear.

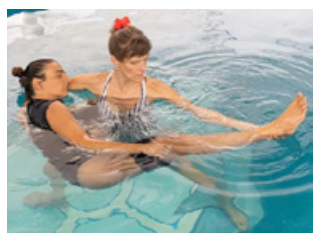


In regular Watsu, you acquire the necessary confidence to allow people to relax in your arms. In this course you will learn an indispensable basis, on land and in water, about the functioning of the body, so that you can adapt and offer a pleasant session to persons with special needs.

Watsu® 2 with Dariya

- **18—23 February, 8:45am—6pm, 50 hours**
- **Prerequisites:** Watsu 1.

Watsu 2 expands the Transition Flow taught in Watsu 1. You will learn additional movements and bodywork for each position and how to incorporate them in your practice sessions.



You will also study the meridians and acupressure points, which are relevant in Watsu, and creatively explore your own movements, while following the receiver's natural tendency to move.

Practising acupressure massage, as well as lifts, pushes, and pulls introduced at this stage, will help you develop the ability to play with energy and further explore this amazing water therapy.

The Science of Mantra with Swami Omkar

- **21—22 February, 10am—5pm, 12 hours**

Mantra Sastra is the Indian science of cosmic sound, which teaches that you can understand the creation through cosmic sound, called mantra. Practicing mantra is one of the oldest yoga practices called Japa Yoga.



Swami Omkar will guide you into the world of cosmic sound and teach you how to practice mantra in your daily life. Your mind and inner world will become vibrant and alive through practicing mantra.

Mantra Yoga helps to:

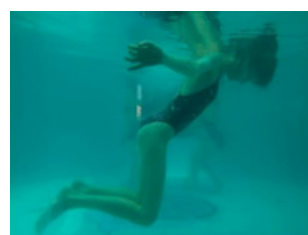
- promote mental and physical health;
- keep your living space and surroundings peaceful;
- unlock your brain activity to a higher level;
- create a vibrant life.

Swami Omkar, founder of "Pranava Peetam Trust", has been teaching Vedic science and wisdom in India and abroad. He likes to share his deep knowledge with everyone, who is eager to learn these ancient Mantra methods to improve their lives and realise their dreams.

Inner Watsu® with Watsu India Team

- **24 February, 24—2 March, 8:45am—6:30pm**
- **Prerequisites:** Watsu 2 or equivalent course.

This 7-day course is for experienced water students, who want to dive deeper in the different layers of Watsu. Through an interdisciplinary approach and discussion on issues related to aquatic bodywork and personal growth, you will deepen your experience and understanding of working with human beings in warm water.



In this intense course you will be exposed to different topics, including Art of Touch, Boundaries/Intimacy, Chakras & Pranayama, Communication skills, powerful Meditation techniques, Quality of Relation, Rebirthing, Self-Awareness/Breath-Awareness, and Shiatsu.

Holistic face & neck massage training

holistic face & neck MASSAGE TRAINING

Maroma Spa, Pondicherry
19, 20 & 21 FEBRUARY



www.themaromaspa.com/treatments



Guido

KAYA BODHA WORKSHOP

Every Friday, 10:30am—12:30pm

@ Budokan dojo (Dehashakti sportground)

Kaya Bodha: Body Awareness & Relaxation, Releasing tension, Becoming Calm and Agile

- Gentle movements of contraction and release.
- Relaxation techniques.

8110848123 WA,
Hans

ARKA WELLNESS CENTER PROGRAM

February

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Pepe	- Body Logic, Soft Massage, Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana	- Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage - Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English</i> & <i>French</i>	- Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I Ching oracle - Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Sunday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151,
- aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment,
- +91 9087709434
- maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799,
- arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680,
- ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment,
- +91 9428429642
- adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709

For any details and queries, you can contact us at

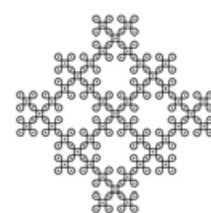
arka@auroville.org.in, 0413 2623799

Ramana, Arka

ACTIVITIES BY GRACE GITADELILA

KolamYoga

KolamYoga offers one off Introduction sessions and/or Initiation sessions into the Integral 12 sessions foundation course. Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.



- <https://youtu.be/IErbDiGJVTA?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Kotree Yoga

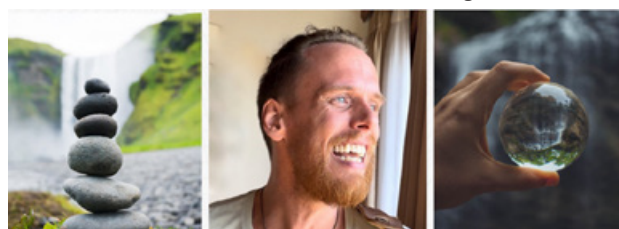
Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Grace

INTEGRAL UNFOLDMENT: Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom. Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya), +44 7564119728 WA

VÉRITÉ PROGRAM, FEBRUARY

www.verite.in

- 0413 2622045, 2622606, 9363624083
or programming@verite.in, www.verite.in



Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Tristhana Practice	9:15—10:15am	Keshav
	Gentle Energy Flow Asanas	10:45—11:45am	Mani
	Restorative Yoga (no class on 9 Feb)	3:30—4:30pm	Mani
	Deep Sound Bath	5—6:30pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Pranayama & Vocal Toning (no class on 10 Feb)	3:30—4:30pm	Nikki
	Yoga Nidra: A Journey to Stillness	5—6pm	Radha
	Dance of the Chakras	5—6:30pm	Lakshmi
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Sivananda Yoga	9:15—10:15am	Mani
	Hatha Yoga & Mobility	10:45—11:45am	Bijou
	Hatha Yoga	3:30—4:30pm	Ivana
	Hatha Vinyasa Yoga	5—6pm	Andres
Thursdays	Free Flow Wave	5—6:30pm	Vera
	Sivananda Hatha Yoga	7:30—8:30am	Nikki
	Yogasana, Pranayama & Relaxation	9:15—10:15am	Mani
	Open Heart Space Meditation (no class on 12 Feb)	03:30—4:30pm	Samrat
	Deep Sound Bath	5—6:30pm	Satyayuga
Fridays	Shamanic Breathwork & Free Movement	5—6:30pm	Lakshmi
	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Somatic Yin Yoga (no class on 13 & 27 Feb)	9:15am—10:15pm	Radhika
	Ecstatic Dance	5—6:30pm	Bijou
	Surya Kriya & Yoga Nidra with Live Music	5—6pm	Munay & Sitara
Saturdays	Pranayama & Meditation	7:30—8:30am	Radhika
	Deep Sound Bath	5—6:30pm	Satyayuga
	Cosmic Dance Wave	5—6:30pm	Sandyra

Therapies: Pre-registration required

Therapist	Therapies (by appointment only)
Anu	Yoga Chikitsa: Personalized Yoga Therapy
Ashok	Thai Yoga Massage
	Biodynamic Craniosacral Therapy
	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
Mamta	Head Massage & Hair Care with Indigenous Herbs
Mani	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
	Healing Sound Bath with Tuning Forks
Mila	Heart-Centered Resilience
Parvathi	Physiotherapy & Rehabilitation
	Aromatherapeutic Massage for Face and Feet
	Energy Healing Reiki
Raja	Holistic Foot Reflexology
Satyayuga	Holistic Rebalancing Massage
Susan	Yoga Chikitsa: Personalized Yoga Therapy
Veermani	Thai Yoga Massage
Vyshnavi	Biodynamic Craniosacral Therapy
	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care with Indigenous Herbs

Workshops: Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Friday, 13 February	The Mandala as Mirror	9:15am—12pm	Rosalba
Saturday, 14 February	Exploring the Vegetal Realms	9:15am—12:15pm	Auromira
Friday, 20 February	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
	Relaxation & Deep Sound Bath	2—4:30pm	Satyayuga
Saturday, 21 February	Back Care and Posture	9:15am—12pm	Keshav
	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr Geeta
	Breathwork, Pranayama & Yoga Nidra	2—4:30pm	Anu
Monday—Tuesday, 23—24 February	Swara Yoga: The Science of Breath & Prana	9:15am—4:30pm	Swami Omkar
Thursday, 26 February	Prana: Life Energy	9:15am—12:15pm	Ananda
Friday—Sunday, 27—28 February & 1 March	Conscious Relating Course	9:15am—4:30pm	Ananda

Introduction to the Healing Mandala with Rosalba

• Friday, 13 February, 9:15 am—12pm

More than just an artistic exercise, the Mandala acts as a *Mirror*—a protected space where your subconscious speaks through color and form, bringing what works in the dark into the light.

Exploring the Vegetal Realms

Shamanic Practice to connect with the healing power of plants and trees with Auomira

• Saturday, 14 February, 9:15 am—12:15pm

Explore the ancient practice of shamanic journeying—a powerful tool reconnecting us to Nature for healing, guidance, and self-discovery. Whether you're a complete beginner or an experienced practitioner, you'll gain practical insights to deepen your self-inquiry practice.

This highly experiential workshop includes guided meditative live drum journeys, along with a step-by-step approach to ensuring a successful and safe practice. You'll leave with a deeper understanding of shamanic practices and the tools to continue your journey with clarity and confidence.

Pawanamuktasana Series: Energize the Joints with Mani

• Friday, 20 February, 9:15am—12pm

A structured series focusing on gently and safely moving the joints, from the toes to neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

Relaxation & Deep Sound Bath with Satyayuga

• Friday, 20 February, 2—4:30pm

This session offers a deeply soothing experience rooted in the ancient art of sound healing. Using the unique frequencies of instruments such as Tibetan singing bowls, xylophone, and drums—accompanied by mystical chanting—it gently guides you into a state of profound relaxation. These vibrations work to awaken the inner being and align the body, heart, and soul with the universal frequency, promoting healing on a cellular level and restoring harmony within.

Back Care and Posture with Keshav

• Saturday, 21 February, 9:15am—12pm

This workshop focuses on understanding and caring for the spine through simple movement and awareness. We begin by observing posture and common habits that create stiffness in the neck, shoulders, upper back, and lower back.

The practice includes gentle movements to lengthen the spine, release tension, and build basic strength to support posture. Simple corrective movements are introduced for common postural patterns such as kyphosis, lordosis, and scoliosis, with an emphasis on awareness rather than force.

The workshop concludes with rest and quiet observation, allowing the body to integrate the practice. The approach is gentle, non-strenuous, and suitable for all participants.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

• Saturday, 21 February, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Breathwork, Pranayama & Yoga Nidra with Anu

• Saturday, 21 February, 2—4:30pm

This workshop begins with gentle Yin yoga practices, designed to slowly open the body, release deep-held tension, and prepare you for stillness. Long, supported postures encourage relaxation of the muscles and connective tissues, allowing the nervous system to settle and the breath to become naturally steady and easeful.

From this grounded foundation, the practice flows into pranayama breathwork, followed by a guided Yog Nidra. Conscious breathing deepens awareness and balances energy, while Yog Nidra invites you into a state of profound rest where healing, clarity, and renewal can unfold effortlessly. Expect to leave feeling calm, centered, and deeply restored.

Hon

REGULAR YOGA CLASSES @ BHARAT NIVAS

@ Progress Hall, Bharat Nivas

Thursday, Friday, Saturday, Sunday & Monday
(5 days a week), 5:30—7pm

Style: Vinyasa Flow (Beginner to Intermediate friendly). Contribution:

- Drop-in only: Rs.500 per class for guests and non-Aurovilians.
- Regular students may shift to a monthly fee structure
- Aurovilians, Newcomers and Volunteers Rs.200 per class

Additional Notes:

- Please bring your own yoga mat. A few mats are available to borrow if needed.
- Arrive 15 minutes before class to find your spot and relax into the serene atmosphere of Bharat Nivas.

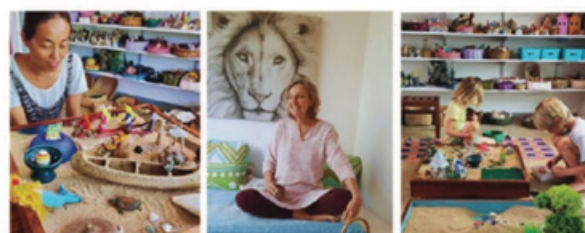
Let us begin this journey of learning, energy, and balance together on this sacred day. Everyone is welcome!

Monisha, BN Team



WORLD GAME FOR ADULTS AND CHILDREN

"Where contemplation meets playfulness and transformation."

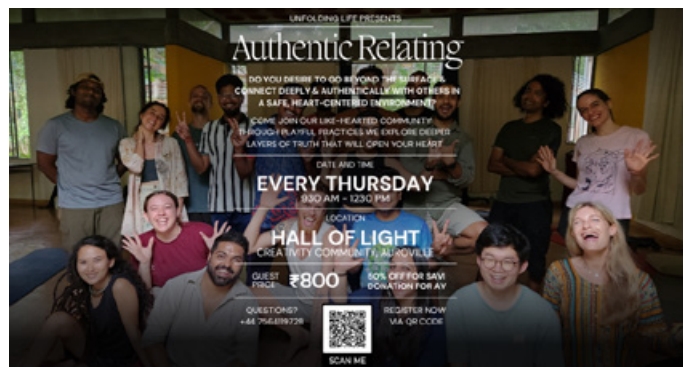


This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to "know oneself", this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour.
- Individual session or together with a good friend.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers.
- Languages: English, Francais, Nederlands.

+919488084952 WA, Aikya

AUTHENTIC RELATING



Dave

SITARA MUNAY-KI YOGA



With Sitara: Meditation Yin Yoga Sound Journey

- Mondays 10:30am—12pm @ Hall of Light in Creativity
- Thursdays 10:30am—12pm @ New Creation Studio

In this class, accessible to all levels, Sitara will teach her favorite combination of meditation, yin yoga and sound journey. Yin yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.

With Munay: Surya Kriya Yoga Tibetans Rites

- Wednesdays 11—12:30 @ New Creation Studio
- Fridays 10:30—12 @ Hall of Light in Creativity

This is a combination of ancient Yogic practices, including a full Shamanic journey during shavasana, to energize and rejuvenate body and mind, and connect with higher consciousness.

With Munay and Sitara:

Surya Kriya & Yoga Nidra with Live Music

- Fridays 5—6pm @ Vérité

Surya Kriya is a sacred yoga sequence that aligns body, breath & consciousness with the solar principle—the source of light & life. You will be guided through the traditional flow of Surya Kriya, followed by Yoga Nidra, with live handpan & flute music, to carry you into stillness & radiant presence.

Locations:

- [New Creation Studio](#) is on the second floor of the building just after La Piscine in the Auroville Community of New Creation. Stairs in the narrow pathway alongside the pool's brick walls.
- Hall of Light is in Creativity Community, in the center of Auroville.
- [Vérité](#) is an Auroville project for integral learning, living & yoga.

Other details:

- Drop-in classes, Guests Rs600, Aurovilians Rs200
- In Vérité: Guests Rs400, Volunteers Rs200
- Check our website for more info and updates:
sitaramunay-kiyoga.org Munay (Giovanni)

Languages



NEWS FROM Auroville Language Lab 12 February

Language Lab Building Tours with Mita

Mita warmly invites you to discover the Auroville Language Lab building through a guided tour highlighting its thoughtful design and inspiring approach to sustainable, healthy, and conscious construction.

- Every Saturday, 3—3:45pm
- By free contribution
- Registration mandatory by Friday, No Drop-Ins:
+91 98430 30355 WA

Come explore this stellar example of mindful architecture and learn more about the vision behind the building. We look forward to welcoming you!

Gibberish Lab—Beyond Words

Through playful exploration and embodied expression, this course opens a space where meaning emerges naturally—beyond grammar, beyond labels.



- Every Saturday, 4—5pm,
- starts 6 February
- Facilitator: Siddharth, Drop-ins possible

Open to anyone curious to explore communication in a freer, more intuitive way.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5—6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of month
- Tuesdays: Spanish conversation with Joana 5—6pm
- Wednesdays, 5:30—6:30pm: Sanskrit chanting with Remesh
- Wednesdays, 5—6pm, open to all

The Mother's *Entretiens*:

A series of *Reading and Discussion Sessions*. Practice French and explore the Mother's vision. Facilitated by Jean-François, French teacher at the Auroville Language Lab.

- Thursdays: English conversation with Alex 5:30—6:30pm
- Fridays: Hindi conversation with Anu, 5—6pm

Communication with the Lab:

Service through our BSNL phone numbers:

- 2623661 (Lab) and 2622467 (Tomatis).
- **For language-related matters:**
+91 9843030355WA.
- **For Tomatis:**
please use 0413 3509932.

Current Schedule of Classes

12 February

- <https://aurovillelanguagelab.org/current-schedule/>

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Pre and Intermediate speaking & communication with Riki	8-Hour Monthly Always ongoing	10:30–11:30am, Tuesday & Thursday
	Intermediate with Ashwini	16-Hour, 2 Months Started 19 January	5–6pm Monday & Friday
	Beginner with Ashwini	24-hour (3 months) Starting 3 March	5:45–6:45pm, Tuesday & Thursday
French	Beginner with Jean-François	16-Hour, 2 months, 28 January	2–3pm, Monday and Wednesday
	Intermediate with Jean-François	16-Hour, 2 months, 27 January	2:30–3:30pm, Tuesday & Thursday
	Elementary with Jean-François	16-Hour (2 months) 29 January	3–4pm Tuesday & Thursday
	Intensive with Isabelle— NEW!	20-hours (2 weeks) Starting 2 March	11 am–1pm Monday to Friday
Mandarin Chinese	Beginner with Shiju Hsieh	36-Hour, 3 months, 18 November	Tuesday & Thursday, 10–11:30am
Tamil	Beginner with Saravanan	24-Hour, 3 months, Starting: 16 February	5:30–6:30pm Monday & Wednesday
	Intermediate with Saravanan	24-Hour, 3 months, 17 February	9:30–10:30am, Tuesday & Friday
Hindi	Beginner Hindi with Ashwini	16-Hour, 2 months, Started 1 December	3:30–4:30pm, Monday & Friday
Spanish	Beginner with Mila	30-Hour, 3 months, Presentation date: 1 December	4–5:30pm Monday & Wednesday
	Intermediate with Joana	12-Hour, 2 months, Started 6 January	3:30–5pm, Tuesday
Ger- man	Beginner with Verena	36-Hour (3 months) Starting: 3 March	9–10:30am Tuesday & Friday
Gibbe- rish	Beginner with Siddharth	12-Hour (3 months) Starting 7 February	4–5pm Saturday

Private one-on-one classes possible for all languages; please inquire.

- [Language Lab Brochure](#)
- Register now: info@aurovillelanguagelab.org or www.aurovillelanguagelab.org/registration

New English for Beginners with Ashwini

Join our beginner English course and build confidence in listening, speaking, and everyday communication. Learn essential vocabulary for daily life, shopping, travel, and simple conversations.

- Tuesdays & Thursdays, 5:45–6:45pm
Starting 3 March 2026, 24 hours (over 3 months)

English Intermediate with Ashwini

Ready to take your English to the next level?

Join Ashwini for a practical and engaging Intermediate English course designed to strengthen your spoken English through real-life conversations and clear, useful grammar.

- Mondays & Fridays, 5–6pm, 16 hours over 2 months (possibly extended), started 19 January 2026

Spanish Conversation with Joana

This course will have a focus on speaking and listening with some light grammar here and there.

- Tuesdays, 3:30–5pm, started 6 January 2026.

Beginner French with Jean-François

This 16-hour, 2-month course, is ideal for those who want to discover the French language. The classes are highly interactive, covering vocabulary of everyday life and the basics of grammar. By the end of the course, you will be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, in a simple way.

- Mondays and Wednesdays, 2:30–3:30pm, started 28 January

French with Jean-François (Intermediate level)

This 16-hour, 2-month course, is ideal for those who possess a little knowledge of French but are not yet comfortable conversing. The course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. By the end of the course, students will be able to communicate in the present, past and future tenses. Students can join the class at any time.

- Tuesdays and Thursdays, 2–3pm, started 27 January

NEW! Elementary French with Jean-François (post-beginner level)

This 16-hour, 2-month course, is ideal for those who already possess a beginner-level knowledge of French. Perfect for learners beyond the basics, the course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. Students can join the class at any time.

- Tuesdays and Thursdays, 3–4pm, started 29 January

French with Isabelle—Intensive 2-Week Course

The very popular course combines one hour of lively conversation sessions with Isabelle with one hour of interactive practice in our Mediatheque. With this balanced approach, you'll gain confidence, fluency, and a deeper understanding of the French language.

- Monday to Friday, 11am–1pm, 20 hours (10 hours with the teacher and 10 hours of Mediatheque practice). Starts 2 March. Spots are limited to five (5).

Tamil (Beginner) with Saravanan

Equivalent to Saravanan's course, designed for beginners to build spoken Tamil for daily communication.

- Mondays & Wednesdays, 5:30–6:30pm,
Starts 16 February, 24-hours course over 3 months

Tamil (Intermediate) with Saravanan

Learn Tamil in a friendly group setting. This Beginner Course focuses on spoken Tamil and everyday communication with practical, simple activities.

- Starts Tuesdays & Fridays, 9:30–10:30am, 17 February
24-hours course over 3 months

Mita, Mano, Louis & Enzo for Language Lab

AUROVILLE CONVIVIAL: LIVE TALKS

(An Auroville Timelines Project)

- **Date:** Auroville Week (21—28 Feb 2026)
- **Organizer:** Auroville Film Institute
- **Platform:** Online (Live via Google Meet)



Global Slots:

Region	Slot 1 (Afternoon)	Slot 2 (Evening)
India (IST)	3—5pm	6—9pm
Europe (CET)	10:30am—12:30pm	1:30—4:30pm
UK (GMT)	9:30—11:30am	12:30—3:30pm
USA (EST)	4:30—6:30am	7:30—10:30am
USA (PST)	1:30—3:30am	4:30—7:30am

***Note:** All sessions will be recorded for archival and publication purposes.

Overview:

After nearly six decades of experimentation, Auroville continues to be a place where people from different parts of the world come together to live, work, question, and imagine shared ways of being. Today, as the world faces ecological fragility, deepening social divisions, and uncertainty about collective futures, the questions that built Auroville's first huts towards the birth of a new consciousness have never felt more urgent.

Auroville Convivial is a week-long international gathering. It is an invitation to step into a shared, live space to speak about and around Auroville. We will reopen dialogue on how this experiment engages with the wounds of the world and its own ongoing successes, setbacks, and possibilities. **What is Conviviality?** It is the art of living together with our differences. It is a practice that allows openness, disagreement, care, and complexity to sit at the same table. It is about how we stay "together" in a world that often tries to pull us apart. The aim is to build an archive of prismatic understanding, allowing a global audience to encounter Auroville through its many layers and possibilities.

Format and Structure: To capture the "prismatic" nature of Auroville, the gathering is organized into two complementary streams of inquiry. Both feature keynote speakers followed by open, moderated sharing.

- **Perspectives:** (For scholars, friends, and long-term associates.) Auroville belongs to humanity as a whole. This stream looks at Auroville through the lens of history, philosophy, and global trends. How does the "City of Dawn" speak to the limits of the nation-state or the future of our planet?
- **Reflections:** (For Aurovilians and practitioners.) This stream centers on the "everyday" and personal narrative. What does it feel like to inhabit this dream? Here, we share the successes, the setbacks, and the ongoing participation that keeps the experiment alive on the ground.

Key Lines of Inquiry:

- **Lived Experience:** What has Auroville meant to those who have inhabited, worked with, or been inspired by it?
- **Evolution:** How has the experiment in human unity evolved over time, in practice as well as in understanding?
- **Global Relevance:** How does the Auroville model interact with current world issues like ecological fragility, migration, and cultural fragmentation?
- **The Unfinished Work:** What can be learned from Auroville's tensions and unfinished work, both internally and in relation to the world?
- **Future Aspiration:** How might the original aspiration of Auroville speak to the future?

Participants:

- Aurovilians from different generations
- Friends and long-term associates of Auroville
- Scholars and public figures engaged with Sri Aurobindo, The Mother, and related fields
- Cultural practitioners, educators, and researchers connected to the Auroville experiment

On Anonymity: We recognize that some may wish to share critical or personal reflections without going public. Participation under a pseudonym is fully supported. We respect the need for privacy and will ensure that those who wish to remain anonymous can do so within the archive.

Outcome: Auroville Convivial aims to create a living archive of voices and ideas that reflect the richness and complexity of Auroville. Rather than producing resolutions or declarations, this gathering seeks to renew dialogue, restore curiosity, and contribute to broader conversations about human unity and planetary futures, grounded in both outward engagement and inward awareness.

- [To Register fill the form](#)

Rrivu, project executive

Keep Cinema Paradiso's Magic Alive – Join Us!

Multimedia Center Auditorium – Cinema Paradiso (MMC-CP)

Community cinemas like ours thrive on the passion of audiences like you. At Cinema Paradiso, core funding barely covers basic maintenance—we pour our hearts into everything else, from fuel to vital upgrades. Post-COVID, budgets vanished, costs skyrocketed, and fewer events slashed our income. Even generator expenses, once externally funded, now land squarely on us.

To sustain the screenings that light up our nights, we're aiming for 8 Auroville units. **Thrilled to share: FIVE units are already championing us with ₹3,000/month or more each!** We warmly invite **THREE more units** to join this vital circle. Film lovers and individuals, your support counts too—every contribution fuels the magic.

Indian nationals and Auroville unit holders (any nationality) can donate easily via recurring or one-time gifts through the Unity Fund at our Financial Service—straight to MMC – Cinema Paradiso (FS Account #105106). Skip direct payments to avoid our 18% GST burden (though they're welcome if easier). Non-Indian nationals in or beyond Auroville, reach out to AV Unity Fund at Financial Service for seamless guidance.

Your gift keeps the reels turning, sparks joy, and weaves stronger community bonds. **Be the hero in our next chapter—what's your story?**

With deepest gratitude,

Thanking you
MMC-CP Team

MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in.
Submitted by Nina

Cinema Paradiso Presents

On Thursday, 19 February 2026 @ 8pm @ MMC Auditorium, Auroville

Maurizio Benazzo & Zaya Benazzo's

If An Owl Calls Your Name

A SAND FILM BY MAURIZIO BENAZZO & ZAYA BENAZZO

"Reconciliation is not a policy, but a ceremony." — Patricia June Vickers

If An Owl Calls Your Name
USA, 2025, Dir. Maurizio Benazzo & Zaya Benazzo, a Science and Nonduality (SAND) film, Documentary, 92mins, English w/ English subtitles, Rated: NR (PG)

This award-winning film gathers Patricia June Vickers, Roy Henry Vickers, and Indigenous elders of the Esk'temc, Gixsan, and Wet'suwet'en territories as they confront the deep scars of forced assimilation. Through ceremony, land, and resilience, their voices transform trauma into healing, revealing a universal path of belonging and sacred connection. When memory becomes medicine, healing becomes hope.

With gratitude to Science and Non-Duality (SAND) for this generous sharing, the second in a continuing series that invites us into stories of remembrance, renewal, and our shared humanity.

A single screening. An unmissable experience.

Your generous support helps to sustain and grow this community space.
EVERY CONTRIBUTION COUNTS!



CINEMA PARADISO

@ Multimedia Center (MMC) Auditorium, Auroville
Film Program 16—22 February

Cinema Paradiso—Multimedia Center is open to the community. Doors open 15 minutes before showtime and closes once the film begins, so please arrive on time. Kindly avoid crossing in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

Indian—Monday, 16 February, 8pm **The Blue Umbrella**

India, 2005, Dir. Vishal Bhardwaj w/ Pankaj Kapur, Shreya Sharma, Deepak Dobriyal, and others, Family-Drama, 90mins, Hindi w/ English subtitles, Rated: NR (G)

A simple umbrella, a profound lesson. In a quiet Himachal village, young Biniya treasures her vibrant umbrella until greedy shopkeeper Nandkishore schemes to take it. What follows is a tender tale of innocence, envy, and redemption. Bringing this gem back to you, the story glows with warmth, humor, and the timeless values of compassion and forgiveness.

Potpourri—Tuesday, 17 February, 8pm **Mortu Nega (Those Whom Death Refused)**

Guinea-Bissau, 1988, Writer-Dir. Flora Gomes w/ Bia Gomes, Tunu Eugenio Almada, Caio Leucadio Almeida, and others, Drama-War, 85mins, Kriolu-Portuguese w/ English subtitles, Rated: NR (R)

This acclaimed film is set during Guinea-Bissau's independence war. Diminga searches across the nation for her husband Sako, a resistance fighter. After saving him, they return to a ravaged homeland where survival means rebuilding love, community, and hope amid poverty, drought, and lingering scars of conflict. Their journey asks: what happens to those whom death refused?

Selection—Wednesday, 18 February, 8pm **Adieu Les Cons (Bye Bye Morons)**

France, 2020, Writer-Dir. Albert Dupontel w/ Virginie Efira, Albert Dupontel, Nicolas Marié, and others, Comedy-Drama, 87mins, French-English w/ English subtitles, Rated: NR (PG-13)

This film is being brought to you in collaboration with Alliance-Française. An award-winning story of three misfits and one last chance to rewrite life, it follows Suze Trappet, diagnosed with a terminal illness, as she searches for the child she was forced to abandon at 15. Along the way, she joins Jean-Baptiste Cuchas, a burned-out bureaucrat, and Serge Blin, a blind archivist. Their alliance unfolds into a bittersweet, chaotic quest for redemption.

Interesting—Thursday, 19 February, 8pm **If An Owl Calls Your Name**

USA, 2025, Dir. Maurizio Benazzo & Zaya Benazzo, a Science and Nonduality (SAND) film, Documentary, 92mins, English w/ English subtitles, Rated: NR (PG)

This award-winning film gathers Patricia June Vickers, Roy Henry Vickers, and Indigenous elders of the Esk'etemc, Gitksan, and Wet'suwet'en territories as they confront the deep scars of forced assimilation. Through ceremony, land, and resilience, their voices transform trauma into healing, revealing a universal path of belonging and sacred connection. When memory becomes medicine, healing becomes hope. *We thank SAND for this generous sharing, the fourth film in a series that will continue to move and inspire in the months ahead. An unmissable experience.*

Your generous support
sustain and grow this community space.
Every contribution counts!

International Film Saturday, 21 February, 8pm **Fremont**

USA, 2023, Writer-Dir. Babak Jalali w/ Anaita Wali Zada, Gregg Turkington, Jeremy Allen White, and others, Drama, B&W, 91mins, English-Dari-Cantonese w/ English subtitles, Rated: NR (PG-13)

Donya, a young Afghan refugee in California, once worked as a translator for the U.S. military. Now employed at a fortune cookie factory, she struggles with loneliness and displacement. When asked to write fortunes, she slips in a personal message, an act of vulnerability that may open the door to connection and belonging. *Honored with multiple international awards, this humane film is presented in celebration of Sri Ma's birth anniversary and UN Mother Language Day!*

Children's Matinee—Sunday, 22 February, 4pm **Prancer**

USA-Canada, 1989, Dir. John D. Hancock w/ Sam Elliott, Cloris Leachman, Rutanya Alda, and others, Animal-Adventure, 113mins, English w/ English subtitles, Rated: G

Jessica, the daughter of a struggling farmer, discovers a wounded reindeer she believes is Santa's Prancer. Hiding him in her barn, she nurtures him back to health, hoping to return him by Christmas. Her unwavering belief rekindles hope in her disheartened father and inspires an entire town.

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 22 February, 8pm

AI. Artificial Intelligence

USA, 2001, Dir. Steven Spielberg w/ Haley Joel Osment, Jude Law, Frances O'Connor and others, Sci-Fi, Adventure, Drama, 146 mins, English w/ English subtitles, Rated: PG-13

In this futuristic fairy tale, "David", a highly advanced robotic boy, hopes to become a real boy so that he can win back the affection of the human mother who abandoned him. Like Pinocchio, he goes on a long journey hoping to find his "Blue Fairy," who can make his dreams come true.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us: mmcauditorium@auroville.org.in.

Support MMC-CP: Every Contribution Counts: Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106, or contribute directly at the venue.

If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Write to share your proposal and let us know how you'd like to be involved at mmcauditorium@auroville.org.in to.

MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in,
Submitted by Nina

ADIVASIYAT

24 days Documentary retreat & workshop
with Biju Toppo

9 March—2 April 2026

This workshop is a part of Open Space Documentary Arts Programme.

Workshop overview

You are warmly invited to join the rituals of communion with nature alongside the communities of Netarhat, Polpolpath, Lupungpath, Barpath, Navatoli, Dumbarpath, Lurgumi Kala, and Pakripath, and to participate in a 24 days documentary retreat and workshop with Biju Toppo, acclaimed people's filmmaker from the land of Netarhat.

Participants will engage in collective inquiry around the following themes:

- The significance of cinema in everyday life: as cultural, social, and political practice.
- Adivasis in cinema: questions of representation, invisibility, stereotyping, and authorship.
- Adivasis through the camera's gaze: perspective, power, ethics, and positionality.
- The importance of regional cinema in sustaining local languages, cultures, and lived realities.
- World cinema and us: dialogue between global traditions and local contexts.
- The role of local, rooted stories in shaping meaningful cinema.
- Developing narrative voice, script processes, cinematic structure, and treatment grounded in lived contexts.

to be explored through Conversations, Screenings, Field observation, Community interaction, Collective reflection & Filmmaking practice.

Sites of residency: Netarhat, Polpolpath, Lupungpath, Barpath, Navatoli, Dumbarpath, Lurgumi Kala, and Pakripath.

Who it is for: Filmmakers, photographers, journalists, writers, researchers, historians, educators, activists, artists, Adivasi youth, community storytellers, and all those engaged with questions of land, culture, memory, and people's narratives.

Mentor Profile: Biju Toppo is one of India's most respected Adivasi filmmakers and a pioneer of indigenous cinema, known for using film to challenge dominant media misrepresentations and foreground community-rooted perspectives. In recent work, he served as co-producer on *Humans in the Loop* (dir. Aranya Sahay). Toppo also teaches video production and media practice at St. Xavier's College, Ranchi.

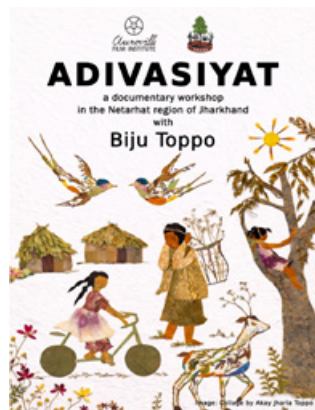
Co-facilitators

Rivu Laha is a filmmaker, cinematographer, and media educator. A co-founder of the Auroville Film Institute, Rivu's practice focuses on documentary filmmaking, cinematography, and critical media pedagogy.

Sanket Ray is a cinematographer, documentary filmmaker, and film educator with over 14 years of experience across film, television, digital media, and education.

For queries

- info@aurovillefilm.institute.com or
 - call/ message +91 9969879319 (WA and Telegram only)
- Rivu Laha**



THE INNER UNFOLDING: FROM SELF TO STORY

A Michael Chekhov—based exploration workshop
for creative practitioners

16—25 March, 2026 in Auroville
with Rukshana Tabassum & Alok Arora

Set in Auroville, the workshop unfolds within a living landscape. Rooted in the Michael Chekhov Technique, the process invites participants to approach creativity indirectly through imagination, movement, energy, and atmosphere. Instead of pushing emotion or mining personal trauma, we work with expansion and contraction of the energy body, qualities of movement (molding, flowing, flying, radiating), atmospheres, and ensemble presence. These tools allow authentic impulses to surface naturally, with care and freedom.

This is a space to slow down, to listen deeply to the body, to silence, to each other. Through guided movement, improvisation, reflective writing, visual exploration, and group processes, participants allow stories, images, characters, and relationships to emerge rather than be constructed.

The workshop is co facilitated by Alok Arora, Michael Chekhov practitioner and pedagogue, and Rukshana Tabassum, filmmaker and visual artist known for her process driven, human centred storytelling. Together, they hold a gentle yet rigorous container that supports both individual inquiry and collective discovery.

You may arrive as an actor, dancer, filmmaker, writer, visual artist, educator, or simply as someone in a creative pause. You will not be asked to perform, produce, or prove. What unfolds may take the form of a short scene, a movement score, a visual piece, a fragment of narrative, or something unnamed, and that is enough.

The workshop concludes with an in situ embodied sharing, open to the Auroville community, not as a performance, but as a moment of presence and reflection. A pause. A witnessing.

Mentor Profiles

Alok Arora, Actor & Michael Chekhov Practitioner

Alok is a trained actor from the Film and Television Institute of India (FTII) and a certified Michael Chekhov Technique teacher (MICHA, USA). He is the founder of The Chekhov Lab under his creative enterprise The Artistic Self, where he leads actor-training and expressive development programs rooted in the Michael Chekhov Technique.

Rukshana Tabassum, Filmmaker & Visual Artist

Rukshana is an Indian filmmaker, writer, visual artist, and educator. Her work explores inner worlds and everyday life, and how memory, emotion, body, and surroundings shape the stories we carry.

Queries:

- info@aurovillefilm.institute.com
 - call/message: +91 9969879319 (WA & Telegram only)
- Rivu Laha**



ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Note: Families and children are welcome! Dinner for children will be served at 19:00.:)



Friday, 13 February

Planet Earth: Mountains



2017, 49 minutes, Alastair Fothergill & Mark Linfield
Mountains are the most prominent products of the immense forces which shape the living planet: tectonic drift, volcanic activity and erosion by wind, water, frost and precipitation. We see how wildlife adapts to the harsh, often extreme conditions in various types of mountain ranges.

Aviram

Emergency Services

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2910005
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7):

- 108



About N&N

NEWS AND NOTES

Guidelines

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:

- Tuesday 3pm

Poster to publish:

- Width 9.5cm x Height 4cm

Katia (AgniJata) & Alexey
NewsAndNotes@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Submitted
by Raju