



News Notes

#1102 A weekly bulletin for residents of Auroville 23 October 2025



Photo by Alexey

There are young people who are old and there are old people who are young. If you carry in you this flame for progress and transformation, if you are ready to leave everything behind so that you may advance with an alert step, if you are always open to a new progress, a new improvement, a new transformation, then you are eternally young.

*Mother, Questions and Answers
1929—1931*

Pondering



But the progress of the mind, the growth of the soul, even of the mind and soul of the collectivity, depends on the individual, on his sufficient freedom and independence, on his separate power to express and bring into being what is still unexpressed in the mass, still undeveloped from the subconscious or not yet brought out from within or brought down from the Superconscience.

Sri Aurobindo The Life Divine

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House of Mother's Agenda



The Religion of Humanity

A religion of humanity may be either an intellectual and sentimental ideal, a living dogma with intellectual, psychological and practical effects, or else a spiritual aspiration and rule of living, partly the sign, partly the cause of a change of soul in humanity. The intellectual religion of humanity already to a certain extent exists, partly as a conscious creed in the minds of a few, partly as a potent shadow in the consciousness of the race. It is the shadow of a spirit that is yet unborn, but is preparing for its birth. This material world of ours, besides its fully embodied things of the present, is peopled by such powerful shadows, ghosts of things dead and the spirit of things yet unborn. The ghosts of things dead are very troublesome actualities and they now abound, ghosts of dead religions, dead arts, dead moralities, dead political theories, which still claim either to keep their rotting bodies or to animate partly the existing body of things. Repeating obstinately their sacred formulas of the past, they hypnotise backward-looking minds and daunt even the progressive portion of humanity. But there are too those unborn spirits which are still unable to take a definite body, but are already mind-born and exist as influences of which the human mind is aware and to which it now responds in a desultory and confused fashion. The religion of humanity was mind-born in the eighteenth century, the *mānasa putra*¹ of the rationalist thinkers who brought it forward as a substitute for the formal spiritualism of ecclesiastical Christianity. It tried to give itself a body in Positivism, which was an attempt to formulate the dogmas of this religion, but on too heavily and severely rationalistic a basis for acceptance even by an Age of Reason. Humanitarianism has been its most prominent emotional result. Philanthropy, social service and other kindred activities have been its outward expression of good works. Democracy, socialism, pacificism are to a great extent its by-products or at least owe much of their vigour to its inner presence.

(to be continued next week)

¹ Mind-born child, an idea and expression of Indian Puranic cosmology.

Sri Aurobindo,
The Human Cycle, The Ideal of Human Unity II, The Religion of Humanity
<https://incarnateword.in/cwsa/25>

Townhall Speaks

ANNOUNCEMENT ON AFSANAH GUEST HOUSE

Lawful Repossession of Neeraja Guest House, formally known as Afsanah Guest House by Auroville Foundation
Auroville, 16 October 2025

On 16 October 2025, officers of the Auroville Foundation, accompanied by representatives of the ATSC, legal team, and the Auroville Town Development Council (ATDC) and the Security team, together with the newly appointed executives of Neeraja Guest House (formerly known as Afsanah Guesthouse), lawfully undertook the repossession of the registered Auroville asset, following years of non-compliance and obstruction by its former caretakers.

The repossession was carried out peacefully and in accordance with the powers vested in the Auroville Foundation under the Auroville Foundation Act, 1988, which mandates the protection and proper management of all Auroville assets on behalf of the Governing Board. The locks of the premises were changed under the supervision of authorized Foundation officials. New executives to these facilities were appointed earlier this month, which is well within the powers of the Governing Board and its officers appointed under the Act. In a previous Writ challenge against a previously issued office order in 2023, the Madras High Court already upheld this authority of the officers of the Foundation and had promptly quashed the previous Writ Petition.

Background

Despite repeated directives and formal notices, two individuals—both registered residents of Auroville—had refused to hand over the keys of the Afsanah Guest House and had continued to occupy and operate the premises without authorization.

Over the past several years, the Guest House has been grossly mismanaged, with serious lapses in accounting, maintenance, and operational discipline. Audit findings have revealed multiple financial irregularities, including potential unverified cash transactions and unaccounted income, suggesting possible misappropriation of guest revenues. The two individuals who withheld the property wrongfully, had also repeatedly failed to hand over the asset, to submit complete records or reconcile financial gaps under the financial regulations governing Auroville units.

Repeated Obstruction of Lawful Directions

Despite the Foundation's written communications, including the formal notice issued by the Officer on Special Duty (OSD) earlier this month, the two individuals refused to comply with lawful orders to vacate and hand over the property. Their continued obstruction has caused prolonged delay in restoring proper administration and accountability to a public asset belonging to the Auroville collective.

Restoration of Proper Management

The Auroville Foundation and its authorized Working Groups have now resumed lawful custody of the property. Afsanah Guest House will be reopened under new management, ensuring transparent accounting, proper guest registration, and compliance with safety, taxation, and reporting requirements.

The Foundation reiterates that all Auroville assets—whether buildings, guest houses, or other facilities—are held in trust for the collective benefit of Auroville and cannot be treated as private or personal holdings. Unauthorized occupation or financial misuse of collective assets will invite immediate administrative and legal action under the provisions of the Auroville Foundation Act and the Bharatiya Nyaya Sanhita (BNS).

Chandresh for FAMC

Community News

Matrimandir News & Schedules



MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and SAVI Volunteers

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
- Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
- Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:

- Any day except Tuesday & Sunday, 8—8:35am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders:

- Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from the Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine
for Matrimandir Executives Team

AMPHITHEATRE

Meditations at sunset with Savitri

5:30—6pm, every Thursday
weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Aurocards. **Last entry for guests at 5:30pm.** Access limited for guests to the Amphitheatre
- **Last exit for guests at 6:15pm.**

Velmurugan
for Access team

Awakening Spirit

SAVITRI BHAVAN SCHEDULE,



November 2025

Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Films: Mondays, 4pm

- **27 October: Spiritual History of India in the Light of Sri Aurobindo—Evolution Fast-Forward Part 4—**This film traces the spiritual evolution of India over the past 4,000 years, seen from an original Indic perspective based on Sri Aurobindo's research. It discusses the past and future of India's spiritual self-discovery, the progress of its civilisation and the evolution of consciousness. The chapters of the film include Age of Intuition corresponding to Vedic times, Age of Reason, Age of Devotion, Age of Power and Age of the Body. Duration: 67min.

There is a lot to learn about the Spiritual History of India.

In his Letters on Yoga, Sri Aurobindo wrote: *"In the India of Vedic times we have the record left of the other line of achievement, that of spiritual self-discovery;... We may say that here in India the reign of Intuition came first, intellectual Mind developing afterwards in the later philosophy and science. [...] If we analyse the spiritual history of India we shall find that after reaching this height there was a descent which attempted to take up each lower degree of the already evolved consciousness and link it to the spiritual at the summit."*—Sri Aurobindo, *Supramental Letters on Yoga—I*, p.267—268.

The Age of Intuition that resulted in the composition of the Vedas was that of mysteries and the earliest dawn of spiritual awakening and evolutionary transformation of human nature. The Vedic experience was orally transmitted across generations and coded as mantras. Sri Aurobindo refers to this ancient mantric knowledge as Devabhasha—the language of gods, the expression applied to the Sanskrit language—in which the creative power of the word was central. The Rishis discovered the flame of aspiration, or Agni, arising from their innermost depths, and on the physical plane, the expressions of this aspiration became Vedic mantras. This Agni, this flame of aspiration, was not only within themselves. They saw it everywhere around them, dynamic and carrying forward the mysterious process of evolution towards the higher levels of consciousness.

Then came another phase of the evolutionary process—the Age of Reason. Sri Aurobindo says: *"The Vedic age was followed by a great outburst of intellectual philosophy which yet took spiritual truth as its basis and tried to reach it anew, not through a direct intuitive or occult process as did the Vedic seers, but by the power of the mind's reflective, speculative, logical thought; at the same time processes of Yoga were developed which used the thinking mind as a means of arriving at spiritual realization, spiritualising this mind itself at the same time."* (p. 267)

A powerful movement of revival of the truth of the Veda developed in the form of the Brahmanas and the Upanishads around 1500 BCE—800 BCE and the Vedanta in 900 BCE—1600 CE. The Brahmanas focused on the conservation of the forms of Vedic ritual, while the Upanishads sought to express the very soul of the Veda. They sought to recover the lost or veiled knowledge by meditation and spiritual experience. The ideals of spiritual progress and

self-realization were further explored by the two Indian epics, the Ramayana of Valmiki and the Mahabharata of Vyasa, which applied them in the social life of the Indian people. The Bhagavad Gita brought in a whole new synthesis of knowledge and signs of the supramental.

After the bright and powerful Age of Reason, the center of consciousness of the Indian civilization shifted further down to the heart. Thus, the Age of Devotion arrived, giving emotional dimension to India's spiritual culture, 700 CE-1600 CE. This was the time of the Puranic literature which retained the truth of the Veda but created new forms of expression. The emergence and growth of regional Bhakti movements and their evolutionary impulse reverberated across the Indian subcontinent over the whole millennium. In the Age of Power, around 600 CE onwards, the center of consciousness shifted further downward. This corresponded to the emergence of Tantra and the compilation of the Puranas. The union of Shiva and Shakti as the focal point of spiritual realization came to the forefront in the Tantra through the practice of Bija mantras or seed sounds. Over the centuries, Tantras and Puranas mingled and gave rise to the most vital and enduring movements of the classical age of India. They open the common mind to the higher and deeper levels of truth and experience.

Indian cosmology and the universality of Indian art, science and technology attracted India's neighbors and the spiritual influence spread far and wide across Asia.

After spiritualizing the mind, emotions, and dynamic energy, the center of consciousness of the Indian civilization shifted further down around 1100 CE, which gave rise to the Age of the Body. This shift brought forth the body consciousness and its spiritualisation as the next stage in India's mission. It emerged naturally as the continuation of the ongoing development of Tantra and the knowledge of the chakras. The body and its divinisation became the field of research and area of expertise of Indian yogis. Hatha yoga was developed and systematised based on ancient wisdom. To the soul, Hatha yoga gives in the physical body the power, light, purity, and freedom of spiritual experiences. However, the practitioners of Hatha yoga were unable to discover the right method and the power of the spirit that could transform and divinise the physical body.

Sri Aurobindo stated the following about the transformation of power and body consciousness: *"Then followed an era of the development of philosophies and Yoga processes which more and more used the emotional and aesthetic being as the means of spiritual realisation and spiritualised the emotional level in man through the heart and feeling. This was accompanied by Tantric and other processes which took up the mental will, the life-will, the life of sensations and made them at once the instruments and the field of spiritualisation. In Hatha Yoga and in the various attempts at divinisation of the body there is also a line of endeavor which attempts to arrive at the same achievement with regard to living matter; but this still awaits the discovery of the true characteristic method and power of spirit in the body."*

The following lines speak about the future direction of spiritual effort and the nature of the work carried out by Sri Aurobindo and The Mother: *"Our Yoga is in its principle a taking up and summarising and completing of this process, an endeavor to rise to the highest possible supramental level and bring down its consciousness and powers into mind, life and body."*

This informative film by Sopanam [can be seen on YouTube](#).

Margrit for Savitri Bhavan

- **3 November: About Savitri—Book 1: The Book of Beginnings, Canto 1—The Symbol Dawn, Part 1—**The Mother reads line after line of Savitri—Sri Aurobindo's epic poem—and gives her commentaries under the headings: The Story of Creation, Earth is a Special Formation, The Birth of Aspiration, Awakening of Consciousness. The texts of Savitri and The Mother's commentaries will be on the screen, recordings by Huta and video production by AuroMaa. Duration: 35min.

- **10 November: About Savitri—Book 1: The Book of Beginnings, Canto 1—The Symbol Dawn, Part 2—**The Mother reads lines of Savitri and gives her commentaries to these lines under the headings: The Birth of Hope, The Beginning of Manifestation, The First Avatar, Memory of Past Attempts, Advent of the Divine Mother, The Response of Earth. Transcription of The Mother's voice will be on the screen, recordings by Huta and video production by AuroMaa. Duration: 43min.
- **17 November: The One Whom We Adore As The Mother—**An audio-visual presentation by the Sri Aurobindo Archives on The Mother's life from childhood onwards, her trainings, her meeting with Sri Aurobindo and the creation of the Ashram and Auroville. Duration: 63min.
- **24 November: On Significance of the Siddhi Day—**Alok Pandey and Narad sharing insights on the significance of the Siddhi Day on 24 November 1926 when Sri Krishna descended into Sri Aurobindo's body and Sri Aurobindo withdrew. The talk was recorded on 24 November 2016 in Pondicherry. Duration: 46min.

Dream Divine Series

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

- **October 24: Ideal of Human Unity.** Talk by Ameeta Mehra, video by Gnostic Centre.
- **October 31: Finding the Divine through Karma Yoga.** A talk by Dr. Alok Pandey.

Savitri Satsang with Narad @ Savitri Bhavan

- **Every Tuesday, 4:30—5:15pm**
followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

The Mother's words on Savitri:

"Savitri, the Supreme revelation of Sri Aurobindo's vision."

"... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."

"... all the rest is preparation, while Savitri is the Message."

"The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted."

OM Choir

- **Fridays at 6pm @ Ashram School, Pondicherry**
- **Tuesdays at 5:30pm @ Savitri Bhavan, Auroville**

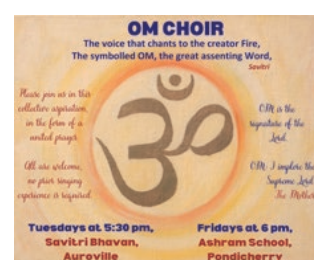
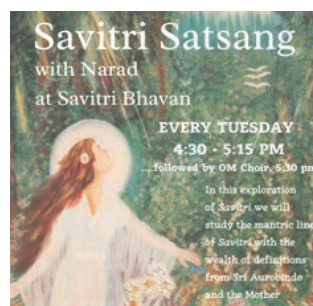
The voice that chants to the creator Fire,
The symbolled OM, the great assenting Word. Savitri

Please join us in this collective aspiration, in the form of a united prayer.

All are welcome, no prior singing experience required

OM is the signature of the Lord.

OM: I implore the Supreme Lord.



Listening into Presence

- Every Wednesday, 5—6pm @ Picture Gallery
- Every Saturday, 4—5pm @ Square Hall
- Guided by Misha (Mike).

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies.

Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking.

We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies.

Talks of Dr. Alok Pandey on Sri Aurobindo's "Essays on The Gita"

Wednesdays, 4—5pm:

- 12 November
- 3 and 17 December

@ Sangam Hall of Savitri Bhavan

Guided Yoga Nidra session

- Every Tuesday 11am—12noon
- @ Sangam Hall of Savitri Bhavan

You are warmly invited to a guided Yoga Nidra session, infused with the wisdom of The Mother and Sri Aurobindo and accompanied by a deeply restorative sound journey.

This is a sacred space for deep inner rest, alignment and receptivity. As part of the practice, we invite you to prepare a Sankalpa—a short, positive sentence that serves as a crystallization of your spiritual aspiration.

Please arrive a few minutes early. This allows us to honour the stillness and depth of the practice together.

Things to bring:

- A yoga mat if can or cushions are available to lie down.

Conducted by Sunny and Team

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** Finding the soul (Book 7 Canto 5 of Savitri) led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4:30—5:15pm:** Savitri Satsang led by Narad
- **Tuesdays 5:30—6:15pm:** OM Choir led by Narad
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch. 9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Saturdays 5—6:30pm:** Satsang led by Ashesh Joshi

New Activity from October 2025 onwards:

- **Fridays 5—6pm:** Hymn to the Earth (*Bhūmi Sūkta*) from the Atharva Veda—Invitation to a collective sharing by Nishtha.

- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm

- **Library and Digital Library** is open Monday to Friday 9am—5pm.

Margrit & Dhanalakshmi for Savitri Bhavan



LEARN THE 1008 NAMAS (SACRED NAMES) of the "Divine Mother"

Thursdays, 6—6:30pm @ Buvana's house, Certitude

Dear Devotees of The Mother,

Here is an opportunity to learn the 1008 namas (sacred names) of the "Divine Mother", "Sri Lalitha Sahasranamam" weekly on Thursday evenings from 6pm to 6:30pm at Buvana's house in Certitude Community.

- Please contact Buvana 9443703287

Submitted by Grace

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health... etc. You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm
Tuesday & Friday, 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building.

Kalyani

BHARAT NIVAS PRESENTS

A weekly study circle

on The Synthesis of Yoga—Sri Aurobindo

A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo

By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville





Scan for Location



Monisha

BHAGAVAD GITA Chanting

- Every Sunday morning
- 7—8am
- @ The Mother's Flower Garden

All are welcome to join the Bhagavad Gita Chanting sessions

For queries: vidyamandir@auroville.org.in

Deven
for Vidyamandir Auroville
Team



Education

ILAINARKAL EDUCATION CENTRE

Vanakkam! In line with our motto—**Supporting the workers and children of Auroville through shared learning and holistic empowerment**—we invite you to engage with our team of resource experts. As part of our Further Learning Programs, these specialists help strengthen vocational skills—from tailoring and craftsmanship to wellness and cultural arts—and foster holistic development across our learning community. Please feel free to share this information with your teams, workers, and networks across Auroville to co-create research-based initiatives for the future of Auroville as envisaged by The Mother.



Activities

Name	Expertise	Availability
Anandou	Yoga & Wellness; Spoken English	Monday—Saturday Afternoons, 3:30—6pm
Drupad	Performing & Visual Arts Specialist	By appointment
Harshini	Women & Children Welfare Consultant	By appointment
Monika	Bharatanatyam Dance Instructor	Sundays, 3—4:30pm
Prabha	Tailoring & Textile Design Mentor	Monday—Friday, 9—3pm
R. Meenakshi	Tamil Culture, Poetry, Language & Village Social Dynamics	Thursdays Session 1: 3:30—4:30pm; Session 2: 4:45—5:45pm
Ramesh Karunakaran	Editorial Support; Tamil Language Typing & Tamil Poetry	By appointment
Sivakumar	System Design & Research in Technology and Social Entrepreneurship	By appointment
Vatchala	Library In-charge & Reading Circle Facilitator	Monday—Friday Mornings, 10am—12pm

To Enroll: Please call us at 0413 2623773 to book your slot in advance.

Sivakumar & R. Meenakshi for IEC

SATORI: EDUCATIONAL SERVICES

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,
satori.auroville@gmail.com

LEARNING SPACE opens doors for kids of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville.

Learning Space is an initiative of SAILER, offering a space for orientation, integration, and exploration of Auroville before school enrollment.

As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.

A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey

AV LIBRARY NEWS UPDATE

- **The AV Library invites you to come check out our latest arrivals.**



In addition to books in English, French, Italian and German, we are happy to introduce new works from fellow Aurovilians, Mother, Sri Aurobindo and disciples.

- **And we didn't forget the children!**

There are plenty of fresh reads in the kids' room as well. The Library also offers an assortment of jigsaw puzzles for borrowing. It's a wonderful way to while away wet, windy weekends.



Come visit us! Ayesha

TUITION CLASSES Available

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in/ 8270512606 WA only.

Ashwini

SUPPORTIVE LEARNING SATELLITE: SLS TEAM

We are happy to share with the entire Auroville community that the Supportive learning Satellite (SLS) is now becoming an official unit under SAIER. Our service began in 2015 under the umbrella of the Teachers' Center, SAIER. Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs. Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on: Academic or behavioral aspects. Referrals for children requiring further medical support or assessment. Advise and help to implement family support. Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity

- Please contact us: 9655519546, sls@auroville.org.in
Ana and Laura for SLS Team

NOTES FROM SAIER: EDUCATIONAL EQUIVALENCE & The Triple Challenge Framework

Acquiring a formal recognition for an Auroville education has long been a topic of conversation. Documents modelled on the Sri Aurobindo International Centre for Education, (which was recognized by the Government of India in the 1960s), were handed to the Ministry of Education in August and this is being formally followed up.

Let us see if it comes through.

Though this could be an interesting first step in perhaps aiding to remove part of the concern many parents seem to have in relation to preparing their children for the world as it currently is,—this initiative does not respond to the problematic so present in today's world: our current means of measuring, assessing & evaluating students do not reflect the qualities or skills needed for a rapidly changing world. So what is it Auroville—based on over half a century of exploration and experimentation—could offer?

If we are attempting to shift from a system of instruction to a process of conscious exploration, integral development, guided by a sense of meaning and purpose, ease and cheerful—what have we learnt? *what are the concrete propositions we can make in Auroville, for India and the world in terms of evaluating the qualities, capacities the youth of tomorrow seek to develop?*

These are the questions that led to the formulation of the Triple Challenge Framework.

The proposition stands thus: during the course of their secondary education a student may take up and face a total of 9 self-chosen challenges: three in the physical domain, three in the vital and three in the mental field. Through this we aim at self-knowledge—*Who am I? What do I wish to grow into?*—self-determination & enthusiasm in the face of challenges.

This initiative becomes interesting as the psychological preparation for it would need to be taken up from the very youngest ages: the encouragement to make choices, to face difficulties, to discover the sense of joy in progress, to trust that inner guide.

Moreover, such an experiment may be taken up simultaneously in education spaces & schools which prioritize inner discovery and an integral development, as well as in the hybrid structures we have created which follow more formal curricula and certification courses, on the basis of individual student choices as a collective movement towards a growing Free Progress approach.

The proposition may be [downloaded here](#):

Or from the page saier.org/plugin-in

Aurevan

Health Care



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: TOS	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: Monday—Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha
for Santé Services

LITTLE RED FEET

Tuesday and Thursday,
2:30—4pm



@ Humanscapes Hall

Little Red Feet is a parent-baby play and support group for babies aged 0—2 years. We meet every Tuesday and Thursday from 2:30—4pm

Each session has a gentle theme, with a joyful space for babies to explore and parents to connect. We also have baby-friendly snacks and tea/ coffee for parents. Join us for a nurturing way to celebrate early childhood together.

Savithri for Morning Star,
+91 9130084284

AURODENT

Dr Aravind Anto (Oral and Maxillofacial Surgeon)

We are pleased to inform you that Dr Aravind Anto (MDS—Oral and Maxillofacial Surgeon) will now be available at Aurodent Clinic.

He will be providing specialised treatments, including:

- Dental implant placement
- Wisdom tooth extractions
- Other complex extractions

Appointments can be booked directly at Aurodent Clinic.



October Combo Offer

- Free Dental Check-up
- 10% off Teeth Cleaning removes plaque and tartar

Our professional cleaning includes

- Ultra Sonic Scaler—removes plaque and tartar
- Air Flow Polisher—for deep cleaning and stain removal
- Paste & Brush—to polish teeth
- Calcium Paste Application—for stronger enamel

For Appointment:

- +91 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode

*Jayasutha
for Aurodent*

SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



- Neck pain, Low back pain,
 - Knee pain, Heel pain,
 - Frozen shoulder, Shoulder related pain,
 - Muscle injury, Ligament injury,
 - Sprain and strain,
 - Sports injuries, Sciatica,
 - Post fracture/ surgical rehabilitation,
 - Stroke/ Paralysis, Facial palsy/ Bell's palsy,
 - General fitness, Ergonomic advice,
 - Geriatric care, Myofascial massage (Head&Neck/ Back)
 - Pain is a sign that has to be taken care of.
 - Kindly get in touch with me if you need my service.
- +91 7904769496 WA, auroshruthi@auroville.org.in
Sruthi Sundaram

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:



- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem

MAATRAM

Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery.

These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of:
 - smart phones, social media, video games,
 - eating, porn and gambling.

Clinical Psychologist in Maatram

We are happy to welcome Beatriz to the Maatram team. She is a Clinical Psychologist who brings with her about 30 years of experience in the field.

As Spanish is her first and most natural language, Beatriz will be available and looking forward to offering support for Spanish-speaking community members.

Megha, Raam & Palani



AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services

9am—5:30pm,

Monday to Saturday @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion.

Available services

- Primary & emergency eye care
- Spectacles & contact lenses
- Eye Yoga & Vision Therapy
- Workplace & community outreach eye camps
- Support for visits to Aravind Eye Hospital

New services

- Retina imaging
- Intraocular pressure (glaucoma) monitoring

For registration & details

- +91 94880 05685, +91 8012305151, +91 9704258709,
aurokiya@gmail.com



Aurosugan

CHILDBIRTH AND PREGNANCY EDUCATION

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted

- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact Savithri through only +918940571774 WA or email us at morningstar@auroville.org.in

Paula for Morning Star Team



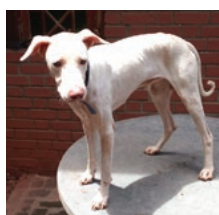
Animal Care: Adoption

Dollar is 4 years old male dog, sterilized and vaccinated.

Friendly with pets is looking for a warm home to be loved.

- Please contact 9585483384 if interested

Agnes



The dog from La Terrasse

He is still waiting for a home. He is vaccinated, dewormed, gets everyday food from Angelika and Rita. But this abandoned really nice dog needs a home.

For contact: Rita, 6384693167



Youth Initiative

YOUTHLINK SHIFTING OFFICE SPACE

We at YouthLink would like to share that we are shifting our office space from Virundhu Canteen (Town Hall) to the Kailash building, that will be hosting us and our new activities.

This move comes as part of our ongoing efforts to strengthen youth engagement and collaboration in Auroville. We understand that this change has affected many people who cared deeply for the earlier initiative, and it's important for us to honor the space by contributing to the community in service of the youth.

Through our work in this new space, we hope to make a living youth space; a place for learning, community building, and vocational exploration. We are currently in conversation with the Housing Service to take on the role of coordinating body for youth residency, Yuva Sangha, envisioning a youth collective to emerge and grow together.

Some of our plans for the space include:

- Vocational Training & Skill Building: expanding our VTC initiative to include both hard and soft skills.
- Youth Residency Program: providing transitional housing and mentorship for young Aurovilians, Volunteers & Newcomers.
- Community Activities: hosting workshops, cultural evenings, and collaborative projects.
- Integration & Support: offering guidance for youth navigating their role in Auroville and beyond.

We see this as a continuation of a collective dream, where we will nurture a vibrant, responsible, and creative youth collective.

Gautam for the YouthLink Team

HALLOWEEN CELEBRATION

Saturday, 1 November, 3—7pm
@ Yuva Sangha (Kailash, near SK)

Youthlink invites you and your kids to Halloween Celebration! Join us for an afternoon filled with fun activities including a haunted house, ghost bowling, art and craft, board games, quidditch, spooky snacks, a costume fashion show, and more.

This is a small local gathering for Aurovilians, Newcomers, and Volunteers only, for parents, kids, and friends to enjoy together.

Please note that the event is not open to guests this time, as we have limited space. We look forward to welcoming everyone once our new venue is ready.

- If you would like to volunteer for decorations, food, or games, or if your child would like to set up a small stall, please message Ivy, 9176122030 WA.

Gautam for The YouthLink Team



International

UNITY PAVILION PRESENTS

Unity Pavilion Regular Events

Day Time	Venue	Event Details
Wednesday, 5:30pm	Unity Hall	Sound Bath by Svaram: Experience the gentle power of sound as it flows through you, bringing balance, deep relaxation, and inner harmony.
Thursday, 3pm	Oneness Hall	Tao of Tea—Sencha Style Tea Ceremony by Isha: A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul.
Thursday, 5pm	Hall Of Peace	Silent Meditation by Pierre: Tune into your psychic self and experience deep inner peace and calm for awakening within.
Friday, 6pm	Unity Hall	The Flow: Chakra Meditation by Sergei & Preeti: Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance.
Saturday, 10am	Garden	Kids Art Class by artist Janakiraman: A playful exploration of watercolor techniques for children.

By Appointment:

Day Time	Venue	Event Details
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Monday	Hall of Peace	Peace Tea Ceremony by Jaya and Isha
Saturday	Hall of Peace	Cyanotype exploring unity prints on paper and fabric

The Flow: Chakra Meditation

Connect with the Source and enter the Flow.

- Friday, 6—7pm @ Unity Pavilion



Through ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body. As the energy flows, it releases emotional blockages, eases stress, and restores balance-leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration!

Presented by The Unity Pavilion Research Team:

Sergei—Electronic Musician, Specialist in Social & Musical psychology

Preeti—Author, Life coach, and Researcher with 25+ years in Integral Yoga & Human Development



- Show on till 31 October @ Unity Pavilion
Monday—Saturday, 9am—5pm

Art for Land 2025 presents "Inner Awakening & Outer Expression" celebrating handcrafted expressions in textile, art, and sculpture, as an artistic tribute to Sri Aurobindo's birthday. Inspired by Sri Aurobindo's Four Austerities—Knowledge, Love, Power, and Beauty—and the vision of his Fifth Dream, this exhibition brings together textile works from the Sri Aurobindo Ashram, Auroville-based units To Be Two and Hibiscus Heroes, and other artists whose inner Tapasya (spiritual practice) finds form through powerful, creative expression. The exhibition invites viewers to witness this inner-to-outer movement: how silence, practice, and aspiration are transformed into colour, form, and texture.

We warmly invite you to visit the exhibition!

Priya

FRENCH PAVILION PRESENTS

@ Pavillon de France, opposite the Visitor Center

Sunday Pétanque

- Every Sunday, 4—5:30pm

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun. Come and share a convivial moment and bond with others in a relaxed and welcoming atmosphere!



Board games

- Wednesdays, 4—5:30pm

French Pavilion welcomes you every Wednesday, 4 to 5:30pm for Board-games. Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Submitted by Vivekan

TIBETAN PAVILION PRESENTS

Sacred Frost Flowers Descend... Exhibition

- 11 October—10 November @ Tibetan Pavilion
- 9am—12:30pm & 2—5pm except Sunday & Holidays



Pavilion of Tibetan Culture: The Library

- Monday and Tuesday, 9:30am—12:30pm

Library in Pavilion of Tibetan Culture is open to the public:

We look forward of seeing you in the LIBRARY.

Wednesday Lahkar lunch continues

A weekly Lahkar Lunch is happening on:

- Wednesday, 12:30—1:30pm

To reserve your seat: 8489067332.

Last request receive at 5pm on Tuesday evening.



Kalsang for Tibetan Pavilion

Theatre, Music & Arts

BHARAT NIVAS PRESENTS

Kalaripayattu Performance



Monisha

DOUBLE EXHIBITION @ CENTRE D'ART

31 October to 15 November

Opening on 31 October, 4:30pm

- Tuesday to Friday, 2—5:30pm
- Saturday, 10am—12:30pm, 2—5:30pm

Decollages by Foulax

Graduation day in Transition School is the last day for the 8th grade students before they move on to high school. It is always an emotional moment for Foulax as he greets his students goodbye after teaching them for two years. It's a similar feeling than when your own child leaves home.

Foulax decided to prepare photos and collage for each of them. Originally, it was just a little gift, some funny pictures taken with his first digital camera and some computer effects. But after some years, it slowly became more refined, more detailed.

These collages were always trying to be a bit wild and out of mind to take a break from the more serious field of mathematics. That is why the title is about flying collages, "D  collage" in French means taking off.



The Other Side by Rishi

Rishi's paintings seek to break through the veil of perception, exploring the hidden layers of psychology and spirituality. He creates a made-up language of symbols and abstraction, driven by a longing to unveil what lies beyond illusion. Each brushstroke is a step toward the unknown, inviting viewers to confront their inner landscapes and question what's behind the curtain of reality.

His brushstrokes are instinctive and fluid, shaping movement and depth in a way that feels more channeled than planned. He welcomes unpredictability, often scraping, erasing, and reworking the surface to uncover hidden forms and emotions. This meditative process allows him to access a deeper state of consciousness, where painting becomes a bridge between the tangible and the unknown.



Marco

WATERCOLOUR PAINTINGS: EFFORTS NEVER FAIL

EFFORTS NEVER FAIL

AN EXHIBITION OF WATERCOLOUR PAINTINGS BY

S.ALEXRAJ B.V.A

WATERCOLOUR ARTIST | PUDUCHERRY, INDIA

aurelec Restaurant & Art gallery
Aurelec Compound, Auroville Rd, Near SBI Bank,
Kuilapalayam, Tamilnadu

01 SEPTEMBER - 31 OCTOBER 2025 | OPEN FROM 10.00 AM TO 5 PM

Contact: Artist S.Alexraj BVA
Email: alexrajdart3@gmail.com | Alocraj Acquarilliste | +91 8807013690



1 September—31 October, 10am—5pm @ Aurelec

Exhibition of watercolour paintings by S. Alexraj B.V.A, Watercolour Artist, Puducherry, India.

Aurelec, Auroville Rd, Near SBI Bank Kuilapalayam

- **Contact Artist S.Alexraj B.V.A:**
alexrajdart3@gmail.com,
+91 8807013690

By Franz Fassbender

VIVO SONHANDO:

An evening of standards

Friday, 24 October, 7:30pm @ CRIPA

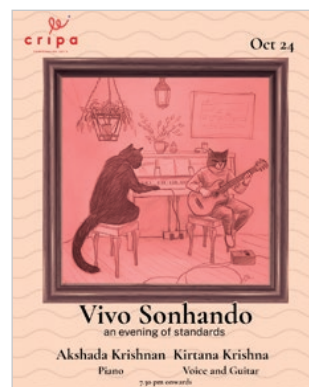
Akshada Krishnan and Kirtana Krishna form a fresh and captivating jazz duo, blending lyrical melodies with rhythmic finesse.

Akshada, one of India's most versatile jazz pianists, brings a refined touch and deep understanding of both classic and contemporary jazz styles.

Kirtana, a gifted guitarist and vocalist, complements the sound with warm, expressive phrasing and thoughtful arrangements. Together, they reinterpret jazz standards and explore creative arrangements, offering audiences an intimate and engaging listening experience.

- **Entry free:** Contributions welcome

Laura for CRIPA



VIKRAM & BETAAL 2.0

Sunday, 26 October, 7pm

@ CRIPA, Auroville

This play is inspired by the classic tale 'Vikram aur Betaal'. However, this time around, Vikram is not a mighty king, but a 10-year-old boy, and the challenges he face are new and different. He ventures into the forest in search of Betaal, but is unaware of the difficulties that lie ahead and with each story, Vikram and Betaal go deep into the quest of finding themselves.

- **Cast:** Shafali, Shivesh, Praveen, Zalina, Akshay
- **Lights:** Zalina, **Poems:** Srijita, **Masks:** Yukta, **Music:** Praveen
- **Devised and Directed** by Shafali & Shivesh
- **Entry free:** Contributions welcome.

Laura for CRIPA



Dance Activities

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 8pm:
Introduction to Tango
 - Wednesday, 7:30pm:
Practica
 - Friday, 6:30pm:
OpenSource
 - Saturday:
Bi-monthly Milongas
- No partner required.
Bring socks or dance shoes.
And plenty of joy!



+91 9821166082,
tango@auroville.org.in
Aurevan

DANCE CLASSES BY MANI

Tango Dance Evenings @ CRIPA

- Tuesdays & Thursdays 7pm @ CRIPA (Small Room)

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers: Free/ Donation-based
- Guests & Others: Contribution welcome



Let's share the magic of Tango, connect through music, and grow together in movement and harmony.

Salsa Dance Classes @ CRIPA

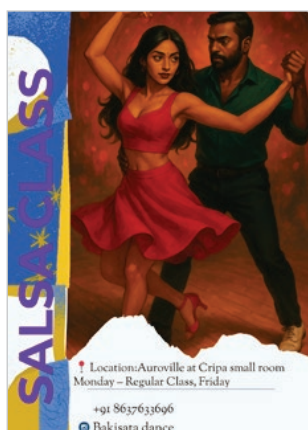
- Monday & Friday—7pm @ CRIPA (Small Room)

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

- Please register before coming (registration only).

Bring your socks and water bottle.

- Aurovilians & Newcomers: Donation-based
- Guests & Others: Contribution welcome



Let's share the joy of dance, connect with positive energy, and keep improving.

8637633696,

Submitted by Mani

NEW REGULAR SESSIONS

of Dance for Children

@ New Creation Dance Studio!



We offer classes for almost all age groups:

- **Toddlers' dance initiation** from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class** from 6 to 8 years old, every Saturday, 9:15am
- **Tweens' ballet class** from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries:

- +91 9600225764

Fleur

Music & Art Activities

BASIC ANALOGUE PHOTOGRAPHY

Darkroom Workshop

by Sasikanth Somu

6, 7, 8 November

@ Centre d'Art Gallery, Citadines, Auroville



Program & Timings

- **Thursday, 6 November, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 7 November, 9am—2pm:** Film photo shoot (in your own time), 2pm—5pm: Develop your roll of film.
- **Saturday, 8 November, 9am—12:30pm & 2—5pm:** (one can choose either of these sessions): Printing Contact Sheets & Photos in the darkroom.

Registration Contact: centredart@auroville.org.in

The workshop fee for Guests: Rs.3000 incl. GST.

The workshop is free for Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville. If a non-paying participant is unable to attend all three days of the workshop, he can finish the remaining days the next year only.

All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.

Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 91593 55809 WA

The number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey, Centre d'Art

CREEVA

Center for Research Education Experience in Visual Art

Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya

- Every Monday, 5—7pm.

- **Life Model Drawing Session:**

- Every Tuesday, 5—7pm.

- **Live Portrait** by Sathya:

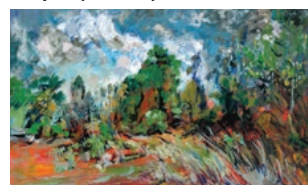
- Reach out to schedule a session.

- **Open Studio:** A space for everyone to explore their artistic potential: Every day, 9am—5pm,

- Contact Abi: +91 82206 12413

For info contact Sathya:

- +91 9486145072
- sathyacolour@auroville.org.in



Sathya
for CREEVA Art Studio, Creativity

SVARAM ACTIVITIES

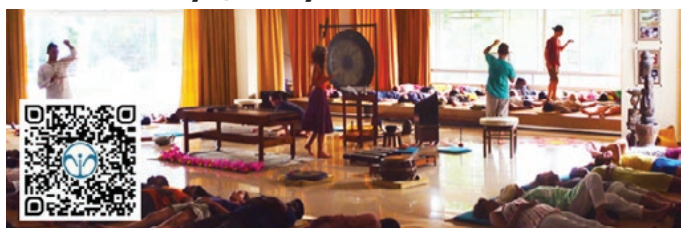
Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner. **By Appointment Only**

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- Every Wednesday, 5:30—6:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- Monday—Saturday, 10:30am—4:30pm,
- Sunday 10:30am—12:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-garden-art-installations/>

Aurelio for the SVARAM Team

Sports & Martial Arts

BHARAT NIVAS PRESENTS

Kalaripayattu Regular Class

- Monday to Friday
 - Morning: 6—7am, Evening: 5—6pm
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium



Regular Silambam Class

- Wednesday & Saturday, 5—6pm
@ SAWCHU

From 20 August 2025

05:00 pm - 06:00 pm
Every Wednesday & Saturday
Venue:
SAWCHU,
Bharat Nivas, Auroville

To join, Contact: Hari Haran at +91 63743 71865
Parking available outside at the Main Gate

Regular Silambam Class
with
Hari Haran

Scan for Location

Grappling and Rudiments of Martial Arts for kids

- Tuesday & Thursday, 4—5pm
@ Harmony Hall

GRAPPLING & RUDIMENTS OF MARTIAL ARTS FOR KIDS

Every Tuesday & Thursday
04:00 pm - 05:00 pm
Venue:
Harmony Hall,
Bharat Nivas, Auroville

CONTACT TODAY

BHARAT NIVAS
ஹர் பீலாஸ் லஃப் குரூஸ்
The Pavilion of India, Auroville
Presents

Monisha for BN Team

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- Kalar Classes for Beginners
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- Kalar Classes for Advanced People
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- Kalar Massage Available
 - By appointment, 9042009200



Maneesh

AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



Changes regarding Aikido activity

Monday to Friday:

- Adult class: 6—7:30am
- Children class: 3:50—4:50pm

Saturday:

- Advanced: 6—8am
- Weapon: 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- Monday to Friday: 8—9am
- Friday: 5:15—6:15pm
- Saturday: 9—10am

8300643963 WA, Philippe G.
9952812843 WA, N. Murugan,
+ 33622053932 WA Michaël B.

MOVING MEDITATION:

Taichi & Qi-gong

Taichi is the art of change. Learning how to drive your energy. It is a mental & physical training method.

- Every Monday & Tuesday 5:15—6:15pm
@ Budokan, Dehashakti

Facilitated by Jiseong Park.

Contact:

+91 7094339490 WA

Jisung for Youthlink



ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

Please note:

- Contribution required
- Be punctual. Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30—4:30pm** for kids aged 4 to 13.
- Contribution required
- **For more info or to join the kids' WA group:**
+91 8448077070

Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline, self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

Giacomo for Abhaya

AUROVILLE FUTSAL FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring.

We play futsal in Dehashakti,

If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji:
8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber
638563 5943



Submitted by Beber

THE ART OF CHI: STEVANOVITCH METHOD

Classes with Hans

Tai Chi Quan & Chi

- @ Dehashakti outside
 - Tuesday and Friday, 6:30—7:45am
- Body awareness & Relaxation
- @ Budokan Dojo, Dehashakti
 - Wednesday, 5—6:15pm

For more info: 8110848123 WA.



Submitted by Hans

MORNING SWIMMING CLASSES FOR CHILDREN

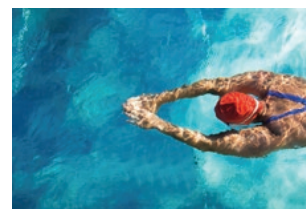
Limited spots available!

Tuesdays & Thursdays, 6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!

- **To enquire:**
+91 8940 288090 WA



Sonia and Ana

SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old).

What We Offer:

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class

All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique. Limited spaces available to ensure quality and care for every participant.

- Location: Auroville
- Flexible timings available

Dive in and discover the joy of swimming—safely, confidently, and at your own pace.

8637633696, Mani



REPORT ON 2ND EDITION of Greenride Cyclothon—2025

On occasion of World Car Free Day, 2025

Green Ride Cycles from Auroville is involved in motivating people to use bicycles for moving around in Auroville. This service started the "Auroville Cycle Rides" in June 2023 creating a bigger family of bicycle lovers and users. The Cycle Ride was organized on every second Saturday of the month and was an open invitation to everyone to participate. We organized for 15 to 20 kms distance inside Auroville and had breakfast together after cycling.



Later we thought of organizing a Cyclothon and we did it on 10 March 2024 under the name of Auroville Cyclothon (Joy of Cycling). We had 184 participants in it.

In the same year, we thought of doing a cycling event in competition way to attract the non cyclists around our region. We created **race categories** to make it more fun and to attract professional riders to join. Therefore, we organized a **Greenride Cyclothon** on World Car Free Day 2024. The event was organized under 3 categories:

the 75km, 52km and 23km. The first two categories 75 & 52kms were **race categories** and the 23km was "Joy of riding bicycle" through the forests and cycle paths of Auroville.

Following the successful year of 2024 we organized the **2nd Edition of Greenride Cyclothon** in occasion of the **World Car Free Day, 12 October 2025**.

- 65km Race—33 Participants
- 47km Race—52 Participants
- 15km/ Joy of Cycling—22 Participants

Total: 107 participants.

The event started at 5:35am for 65km Elite & Master categories from Certitude Sports Ground, Auroville following the escort vehicle till they reached the highway near Auro-Orchard farm. For the sake of riders the race started on the highway, instead of Auroville and village roads. So, the warm up ride happened from Certitude Sports ground to the Highway.

Following the Elite and Master Categories, the 47km rides for Amateur-Men, Women and Junior Boys categories started at 5:50am from Certitude Sports Ground.

At 6:15am the 15km category for Joy of Cycling started from Certitude Sports Ground, following the group leaders Eric Avril and Manikandan from Auroville.



This ride went through beautiful cycle paths of Auroville Forests.

The Race format completed at the Punjabi Dhaba restaurant on the NH-66, highway near Auro Orchard Farm/Moratandi Toll Plaza.

The Results of the Event

Category	Kms	PP	Winners Name	City
Elite-Men	65	1	Mr. Reneav Jeyakumar	Chennai
		2	Mr. Sukrit	Auroville
		3	Mr. Artik Chowdhury	Chennai
Maer-Men	65	1	Mr. Matheen Jaffer Farmen	Chennai
		2	Mr. Elumalai Gopal	Auroville
		3	Mr. Ashokumar Arumugam	Auroville
Amateur-Men	47	1	Mr. Pon Akilan	Chennai
		2	Mr. Parthipan	Chennai
		3	Mr. Gurusriram	Salem
Junior-Boys	47	1	Mr. Mantena Lakshmiathi	Ahra Pradesh
		2	Mr. Vihan Nirmar Kumar	Auroville Bio Region
		3	Mr. Dharmesh Ram. S	Poicherry
Women-Open Category	47	1	Miss. Isha Kutty	Chennai
		2	Mrs. Lea Krishnaraju	Auroville
		3	Mrs. Ananya Gopalan Nair	Chennai

PP=Podium Position

The Prize distribution started around 9:30am at the Certitude Sports Ground, after all the riders returned safely.

As organizers, we thank **our beloved Volunteers** who always supported us, when we need them. Without them we wouldn't complete this event in a better way. Their commitment and interest in promoting sports in Auroville is unbelievable. They are ready to support any type of sports in Auroville, which gives a big boost to organize multiple sports events often. We thank our photographer **Mr. Rajiv Shankar** for his passionate and active solo captures for his brilliant photos.

Our sincere thanks to the **Deputy Superintendent of Police**, Kottakuppam, **Inspector of Police**, Auroville Police Station, **Inspector of Police**, Kiliyanur Police Station, **Sub-Inspector of Police**, Auroville Police Station and the constables from Auroville, Kottakuppam and Kiliyanur Police Stations. As organizers, we were touched by the protection that they provided to all riders during the event. They gave special escort vehicles for each category riders, which gave 100% safe space to ride. Special thanks to Nallam Clinic for providing an Ambulance support to the Event.

Our sincere thanks to our beloved donors, which still shows that Humanity is still alive and not destroyed to organize a common event in Auroville:

Aneeta's—Gateway of Indian Cuisine, Central Cycle Store—Pondicherry, HIDE SIGN, Kinetic Green-Pondicherry, Le Gourment, Miniature, NALLAM Clinic—Pondicherry, NIRAMI designs, T1 Cycles—India(Montra), Satyakam & Devasmita, Sunlit Future and Tushita.

Last and not least, we thank the **Certitude residents and Certitude Sports ground management** for letting us to host the event in Certitude.

Raju
for Organizing Team
for Green Ride Cyclothon,
Auroville

Bioregion & Nature Activities

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour! Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.



• Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

• 3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service: A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the café—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing life-style conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

Krishna
for the Solitude farm & café

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours
Henna	2 hours



Pottery Making



Kolam Mandala Painting



Candle Making



Incense Making



Soap Making

- The Make & Take workshops can be booked for any day **Monday—Saturday, 10am—12:30pm or 2—5pm.**

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Tours inside Auroville

with Mohanam:

Tour Activity, Time	Description
Auroville Northwest Tour Monday to Saturday, 10:30am—1pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
Mohanam Campus Tour Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

Thiruvannamalai

Eco & Spiritual Services:

- *Thiruvannamalai—Mohanam Services*
- *Arunachala—Auroville*
- *Tour, Retreat space*
- *Camping, Temple visit*
- *Ashram, Girivalam Full Moon Experience*

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

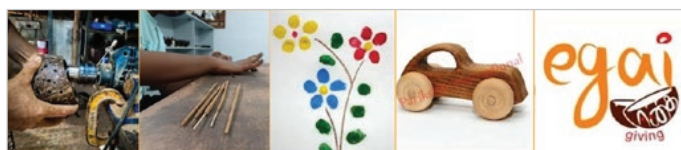
For more information, contact us:

- mohanamprogram@auroville.org.in,
- +91 8300949079

Balu
for Mohanam Program

EGAI GIVING

Arts and Crafts



Toys Workshop:

Craft simple toys made of wood and bamboo. **Finger Painting Workshop:** Tap into your inner child and learn how to paint with your fingers. **Coconut Shell Workshop:** Make and take earrings, keychains, bowls, and pendants. **Incense Workshop:** Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:**
 - +91 9791896488,
 - egai@auroville.org.in

Anand

AUROVILLE BAMBOO CENTRE EVENTS

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

Trainings and workshops

- Every day except Sunday

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:

- **9am—12:30pm, 1:30—5pm**
- **Registration one day in advance.**
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (for kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:

- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/folk instruments at our centre from professional craftsmen and take home your own handmade instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.



For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, voice call & WA
- 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Balu for Bamboo Centre Team



Bioregion Tour



Canyon Tour



Forest Walk



Cooking Class



Fireside Drumming



Pottery Workshop



E-Auto Tours



Visit Units



Cycle Tour

ENLIGHT

+91 76398 10621/82700 71581/0413-2963034
enlight@auroville.org.in / www.enlight.org.in

Arun, Anand and Balaji for Enlight Team

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home. **Wellpaper:**

- +91 9385744722, 0413 2969722 *Viji*



PERMACULTURE & HUMAN PERMACULTURE

From Soil to Soul: Intro workshop

Explore how nature's principles can inspire harmony and abundance in your garden, your community, and your life

Saturday October 11
 Saturday November 8
 Saturday December 6

Morning THEORY
 from 9 AM to 12:00
 Afternoon HANDS-ON
 from 4 PM to 5:30
 By JOI Anitya

An Introduction to Permaculture & Human Permaculture Workshop.

Nature has spent 3.8 billion years perfecting the art of collaboration, resilience, and abundance. Now it's time to learn her secrets and apply them to your own life!

If you would like to discover how observing nature can guide us in creating thriving ecosystems and human organizations, join us in JOI—Anitya!

What to expect?

Morning Theory: From Garden to Life Design, 9am—12pm

- Decode the 3 Ethics that govern all thriving systems (Earth Care, People Care, Fair Share)
- Discover how observing Nature can guide us in creating fair, resilient and balanced human organizations
- Learn how to apply some principles that turn problems into solutions
- **Extra:** Bernard Alonso's revolutionary "Human Permaculture"—discover your natural niche and how to design your life using nature's patterns

Afternoon Hands-On: Garden Practice, 4—5:30pm

- Get your hands dirty! Apply permaculture principles in reality
- Learn practical techniques
- See theory come alive through direct action in nature

Choose Your Date

- Saturday, 8 November
- Saturday, 6 December

Choose Your Schedule (join for one or both) :

- Morning Theory: 9am—12pm
- Afternoon Practice: 4—5:30pm

Practicalities

- No experience needed
- Free for AV, NV & volunteers/ 250 INR contribution for guests
- Location: Anitya Community, Center Field (Follow the Anitya signs) in Maloka Hall

Ready to Transform?

Contact Camille: +33 677793514 WA

Mathilde

SADHANA FOREST

Plant based Saturday: Every Saturday

Join us every Saturday for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule:

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

INSIDE INDIA ACTIVITIES

Launching our Kolam Workshop

- Every Friday, 10am—12pm

Inside India is excited to announce our Kolam Workshop. Join us to learn and experience the traditional South Indian art of Kolam, where intricate patterns are created with rice flour, blending creativity, culture, and mindfulness. Open to all skill levels.

Auroville Bio-Region Tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- Tours run from 10am—3pm, with a hearty Auroville-style lunch. Available only on request, with a 24-hour heads up.

Cycle Tours through Auroville

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

- Timings are 10am—3pm.
Please book 36 hours in advance.

Off-Road Cycling & Half-Day Rides

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure.

- Available on request, with a 36-hour heads up.
Shaheen,
tours@insideindiaauroville.com

Multiple Activities

IT MATTERS ACTIVITIES

A/C room

@ It Matters, Auroville Main Road

More info on instagram:

- [@auroville.curated](https://www.instagram.com/auroville.curated)
- Workshop pre-registration required:
- itmatters@auroville.org.in or
- +91 9344087925 WA

[ITMATTERS.AUROVILLE.ORG](https://www.itmattersauroville.org)

[@AUROVILLE.CURATED](https://www.instagram.com/auroville.curated)



LOCATION:
Auroville Main Road
Kuilapalayam

Date	Workshops in October
24 October, Friday, 5—6:30pm	Sound Bath with Singing Bowl Massage (a recurring activity on Fridays) with Satyayuga, fixed price 500 Rs., 50% discount for AV/ Newcomer/ SAVI
25 October, Saturday, 10am—12pm	The Evolution of Collective Organizing (A group inquiry into the future of self-governance & integral organization) with Henrik, contribution Based

* Pre-registration for Workshops required (if participants do not actually come after registration, the session might be cancelled)

Sandra & Bhakti
for It Matters

Office Spaces

Hive Coworking Space Open House

- Every Friday, 9am—7pm @ Hive, Auromode



NEED A PLACE TO WORK?

OPEN HOUSE **Hive**
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—All for Free on our weekly Open House from 9am to 7pm.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA, +91 7092197375 WA
- or drop by.

Dhesh for Hive Team

It Matters:

Space Sharing for creative people

Do you need an art studio or an office space? Whether it's computer work or artistic practices, we'd like to invite 5 to 10 people max that are committed to using the space for at least 1 month and up to 6 months and more.

The monthly contribution will be adapted to the space you need and how long you commit. Interested?

- Send us your info, creative practice and motivation at: itmatters@auroville.org.in

We'd love to meet you :)

Bhakti & Sandra

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings.

- Opening hours: 7am—11pm

- Flexible Passes & Validity:

- 1 Day Pass
- 5 Days Pass (Valid 14 Days)
- 25 Days Pass (Valid 60 Days)
- 60 Days Pass (Valid 120 Days)

- Conference Room: As Booked (4 hrs)

- Amenities: Enjoy fast internet, power backup, AC, meeting room, EV Charging and complimentary coffee/tea (10am—4pm).

- Community & Connection: Beyond the amenities, we cultivate a supportive community that fosters collaboration and upskilling. We organise coworkers' lunches, game nights and workshops to learn new skills.

Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, Auroville—605101
- cowork.kinisi.in

Laure

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian at Auromode in person, +91 9943390391 or pandian@auroville.org.in

Pandian

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in Siva for ADPS Trust

Honorary Voluntary

VOLUNTEERS NEEDED @ BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.



The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested please contact Noel at earthyoga@hotmail.com or stop by in the morning sometime to explore the possibilities. Noel Parent

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call 8122274924

Aviram for Sadhana Forest team

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice, 7598911090 WA



AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations: Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy.



We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details:

- aarambham@auroville.org.in
- +91 83002 88303, WA messages

Alexey

Work Opportunities

PART-TIME VIDEO EDITOR for Aurora's Eye Films

Aurora's Eye Films is looking for a creative and skilled video editor to join our team on a part-time basis in Auroville. We create documentaries, web series, and short films that explore human stories, spirituality, and transformative experiences.



What you'll do:

- Edit interviews, web series, short films, and documentary footage
- Collaborate closely with the director to shape compelling visual narratives
- Add graphics, subtitles, and basic motion design as needed
- Ensure videos are optimized for multiple platforms (YouTube, Instagram, Facebook)
- Manage project files and deliver timely edits

Who we're looking for:

- Proficient in Adobe Premiere Pro, Final Cut Pro, or similar editing software
- Strong sense of storytelling, pacing, and emotion
- Attention to detail and high-quality visual aesthetics
- Ability to work independently and meet deadlines
- Previous experience with short documentaries, interviews, or web series
- Based in or able to work from Auroville

Why join us:

- Work on meaningful, inspiring projects
- Flexible part-time schedule
- Be part of a creative and collaborative team in the heart of Auroville
- Opportunity to grow your skills and gain exposure to international audiences

How to Apply:

- Send your CV, showreel, or sample edits with the subject line *Part-Time Video Editor Application*; serena_aurora@auroville.org.in

Serena
for Aurora's Eye Films

Voices & Notes

A VISIT TO THE AVATAR'S AUROVILLE

19 October 2025:

Observing the throng of visitors, one is looking like she has reached the Divine Sanctuary that is the Avatar's Auroville. This seemingly weary traveller of this wacky human world now seems to expect a little bit of utopia. But lo and behold! The external troubles are even concentrated here! "Where then to go?" She asks. "To Gaza", one human points. "To Hawaii", another offered the possibility. "But lots of volcanoes." A bit too fiery. "To Goa! And just party." "Ooh... too much of that already." "Then to where?... as even here someone suggested it's gonna be World War III." Ayayay!

"But wait a minute! Isn't this supposed to be the City of Dawn of the Divine Consciousness, where the new divine species the Supramental being will emerge, ushering in the Golden Age? The Life Divine? The City the World needs? But what are all these sentinels of the past that seeks to endure doing here loitering about, amongst some very nice good willing and looking folks, anyway?"

After a bit of chit-chat here and there, through muddy slippery supposed-to-be-a-city Auroville roads...

"Aah, it's Unity in Diversity actually... silly me."

Ok then let's all just chill a bit, have some tea and biscuit, and put on some earmuffs, and ask, amongst our many disparate friends and acquaintances, a not too manic emotional non-human InfoComm buddy just a couple or so very straightforward questions on "How to clearly differentiate all sorts of incoming influences accompanied by right-in-our-face "crashing circumstances" that are clearly inescapable?"

Firstly, a stark remembrance that indeed not too long ago we were already amply warned by none other than Auroville's Mother:

"The future of the earth depends on a change of consciousness.

The only hope for the future is in a change of man's consciousness and the change is bound to come.

But it is left to men to decide if they will collaborate for this change or if it will have to be enforced upon them by the power of crashing circumstances.

So, wake up and collaborate!"

<https://incarnateword.in/cwm/15/human-unity>

Let's continue on nonetheless, as no hurries, it's Diwali festivities anyway with a few off days...

Q1: What is the difference between Divine and undivine?

<https://incarnateword.in/AskAi#!> referencing Sri Aurobindo and the Mother directly, just to be sure we are on the safe and reliable side:

AskAI: "The distinction between the Divine and the undivine lies at the heart of spiritual understanding and evolution. In the teachings of Sri Aurobindo and The Mother, this difference is not merely a moral or religious dichotomy but a profound distinction rooted in consciousness and alignment with the Truth of existence. ...

To continue reading please scan the QR Code or go to this blogsite and open the post with the same title: <https://zechjoya.blogspot.com/>



Zech

Foods, Goods & Services

NON VEG MONTHLY MEAL SCHEME

@ Visitors Centre Cafeteria (Right Path Cafe)

From 1 November, the Cafeteria at Visitors Centre will offer a South Indian Non Veg Lunch Scheme.

Composed of:

Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700/- per month. Open to Aurovillians, Newcomers, Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
 - Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

For enquiries and registration:

- cafeteriavc@auroville.org.in
- 90430 04919 WA

Kyoung Hyoun Lee
for The Right Path Cafe

POUR TOUS WATER

Free Service

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.

The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers:

- 2622899, 9843644308 WA and Call
- ptw@auroville.org.in

Please note:

- Do not give any cash to any team member of PTW.
- We request to avoid calling our workers directly on their contact numbers.

Danny, Grace
for Pour Tous Water team

HIBISCUS HERBAL TEA

@ PTDC

Hibiscus has an Immense health Potential. To avoid any sugar mixed with flowers, we are giving the dehydrated flowers powder to make herbal tea. This process preserves all the qualities of the flowers.

Qualities: Hibiscus flowers and leaves have great properties to support the blood, the reproductive system and the nervous system.

Brewing Instructions:

Bring 1 cup of water to a near boil. Pour it over 1 teaspoon of Hibiscus Herbal Tea. Cover and let steep for 5 to 10 minutes depending on your desired strength. Strain and serve, or refrigerate for up to 3 days.



Pierre

NATURELLEMENT GARDEN CAFE

discount

50% every Thursday

We're happy to share that our 50% discount every Thursday has received such great feedback that we are now extending the offer through September as well. Most welcome!



Chitra for Naturellement

EXCITING NEWS FROM SUDHA'S KITCHEN!

What's new on the Menu?

- Red Rice & Millet Mixed Dosa
- Red Rice & Millet Mixed Idli
- Chapati every evening
- Dosa & Idli available for breakfast too!



Healthy Plate monthly scheme for Aurovillian Volunteers & Guests

- Wholesome, balanced meals every day
- Easy monthly booking option
- Special Offer: Aurovillians get 20% Discount



Group Bookings Welcome: Planning a gathering or arriving with a big group? We'll be delighted to serve you fresh & healthy meals.

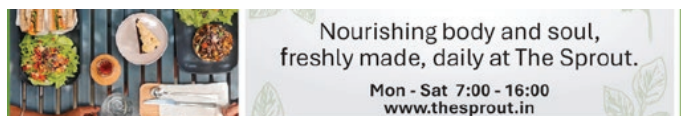
Contact Us:

+91 8608123072 WA, +91 413-3509884 landline

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

THE SPROUT CAFE & RESTAURANT



Monica for The Sprout team, www.thesprout.in

AUROVILLE BAKERY CAFE

in Town Hall

7:30am—4:30pm

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe.

The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants.

In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

Auroville Bakery & Cafe Team,
from Mass Bulletin



Pour Tous *புர்துஸ்* For All

- Canteen is now offering an In-Kind Lunch Scheme (Tiffin Service)

We are happy to announce that PT Purchasing Service—Canteen is now offering an in-kind lunch scheme (Tiffin service). If you are interested in subscribing to the monthly lunch scheme, please send an email to: ptps@auroville.org.in.

- PT Purchasing Service closing time: 5:30pm
From Mass Bulletin



@ Luminosity Auroville

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

Please book one day in advance

+91 9489693809, goyo@auroville.org.in

Won Ja for Goyo

RIGHT PATH CAFE



Kyonghyon Lee
for Right Path Cafe

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day Monday to Saturday @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes
Come and enjoy!

Parthasarathy Krishnan

TASTE OF YOGA: Vegan Café



VEGAN CAFE

TASTE OF YOGA

Raw | Gluten-free | No added sugar

Mon to Sat
08:30 - 16:30



Kathir for Vérité programming

AUROMODE RESTAURANT IS OPEN

Monday to Saturday
12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

*Pavithra
for Auromode Restaurant*



UPDATE FROM THE LIVING ROOM CAFÉ, AUROVILLE

For the month of October only

The Living Room Café will remain

- **closed every Wednesday.**

Additionally, our new operational hours are now:

- **11am—9pm all other days**

We welcome you for warm meals, fresh smoothies, and slow, comforting evenings at our space.

Thank you for your continued love and support.

+91 9566142115, *Satyakam*



SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10am

Variety of Dosa and
Millets Pongal, Coffee
Rs.99

Submitted by Shiva



FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info:**

call/ WA +91 83002 68804 or pass by. *Isabella*

SIDDHARTHA FARM

Basmati Rice & Ragi Malt now available

Rice and Ragi, naturally grown on Siddhartha Farm, are now available for bulk purchase at discounted rates.

Products & Bulk Order Details:

- **Whole Grain Basmati Rice**
(raw, unpolished or semi-polished)
Minimum order: 25kg, 20% discount
- **Broken Grain Basmati Rice**
Minimum order: 15kg, 20% discount
- **Ragi Malt**
Minimum order: 5kg, 15% discount

All products are available for immediate supply.

For pricing details and orders, please contact:

siddhartha.farm@auroville.org.in

Suha for Siddhartha Farm



DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>

Sathish



INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering **cost-effective travel options** by arranging shared trips between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.

- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact:

- 8098776644/ 9442566256
- its@auroville.org.in

Rajesh.D for Shared Transport Service



KINISI E-MOBILITY



Contact us: +91 9429690049, hello@cowork.kinisi.in

Laure

SUNRISE TAXI SERVICE



Sathish for Sunrise Taxi

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/ WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B
for Qutee Electric Scooter Service



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- Opening Hours:** Monday to Saturday, 10am—4:20pm
- Contact:** +91 8098021280/ +91 7824975821.

Davide

FREE STORE WORKING HOURS

- Mornings:** Monday to Saturday, 9am—12:30pm
- Afternoons:** Tuesday & Thursday, 2:30—4:30pm

You're welcome to bring clean items to the Freestore.

We kindly ask that you come during open hours when someone is around, and avoid leaving things outside the door.

Kamala for the Free Store team

INSIDE INDIA



inside india
DREAMS & MEMORIES

Vanakam, Bonjour and Hello from Inside India

Inside India Timings and more

- Inside India is open for your next journey **Monday to Friday, 10am—5pm**
- We are open the second and fourth Saturdays of every month
- For urgent matters or emergencies**, you may contact our ticketing agent **Ganesh**:
 - +91 9894598686.

Itineraries & Ticketing

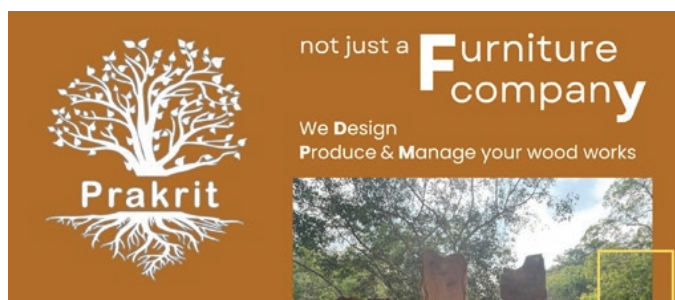
Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write to us at** tours@insideindiaauroville.com to start planning.

We are open Monday to Friday, 10am to 5pm, at our Office in Kalpana Community (Opp. Auroville Library).

Shaheen
for Inside India Team

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit,
+91 9634424066

SARVAM COMPUTERS

offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050,
- 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:**
surabhisupplies@auroville.org.in
 +91 9843846458 WA, Phone, lyyappan

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:**
 + 91 8270071581
 - **Primary Email:**
rapidcare@auroville.org.in
 - **Secondary Email:**
rcsrapidcareservice@gmail.com
 - **Instagram handle:**
[@rapidcare1](#)

Balaji & Arun
for Rapid Care

Classes, Workshops & Healing Arts

MINDFULNESS KINDFULNESS:

half day retreat with Helen

Saturday, 25 October, 9:15am—12:30pm
@ Creativity Hall of Light

If your heart is calling for quiet time to unplug & recharge then join this nurturing space of gentle care & inner stillness.

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts to others. It offers an ease of being, an inner softening, & invites a deeper, more present way of living.

Everyone is warmly welcomed—whether you're beginning your meditation journey or have been practicing for years. During the retreat you can choose whatever your body needs—a chair, cushion, or mat. Participants hold silence during the retreat, providing a chance to go deep within. The session will be guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness.



- **To book your place** contact 7094753054 WA or visit innersightav.org.
- You can also book individual or group mindfulness sessions with Helen.

Helen

EXPLORING RELAXATION

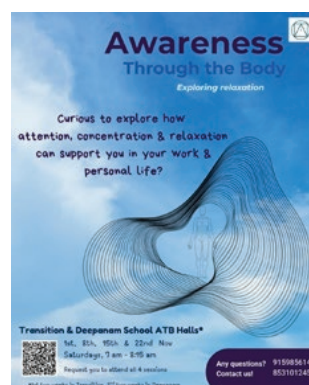
Saturdays, 1, 8, 15 & 22 November,
7—8:15am

In this cycle of 4 Saturday morning sessions you will experience a variety of activities to engage the body as a gateway for deeper relaxation.

With facilitators: Honor, Tamar and Vega, we will explore the art of 'letting go' in a diversity of contexts: in movement & in stillness, introspective & as a group... taking every moment and every experience as an opportunity to observe oneself... and let go.

For more information and registration, please scan the QR code or at the [following link](#).

Vega



MANTRAS & STOTRAS Traditional Chanting Class

Mantras & Stotras

Traditional Chanting Class

@ Serendipity Community With Sonia Novaes

- ✓ Friday - 5 pm (regular class)
- ✓ Drop-in classes available for individuals or groups - book your session

Info: serendipityauroville@gmail.com | +91 8940288090

Friday, 5pm (regular class)
@ Serendipity Community

+91 8940288090,
serendipityauroville@gmail.com,
Sonia

BHARAT NIVAS

Expressive Arts Therapy Workshop @ Progress Hall

- Saturday, 25 October—Sunday, 26 October
 - Saturday, 1 November—Sunday, 2 November
- 10:30am—3:30pm. Choose from the dates above.



A free 2-day workshop of exploring yourself through the arts. Sign up for the 2 days you can do by scanning the QR code below.

Voice Consciousness workshop

- 13 to 16 November, 4—6pm @ Progress Hall



Regular Yoga Classes @ Progress Hall



On the auspicious day of Vijayadasami—Vidya Aarambam, I'm delighted to begin regular Yoga Classes at Progress Hall, Bharat Nivas, Auroville.

Vinyasa Flow yoga emphasizes the coordination of breath and movement, creating a dynamic and fluid practice.

Whether you're a beginner or an experienced yogi, Vinyasa Flow classes adapt to your level, offering the perfect balance of intensity and mind fullness.

With 10 years of yoga experience Bala is passionate about sharing the transformative power of yoga. His classes are designed to create harmony between breath, body, and mind while helping you achieve your wellness goals.

- Thursday, Friday, Saturday, Sunday & Monday
- 5 days a week, 5:30—7pm @ Progress Hall, BN

Style: Vinyasa Flow (Beginner to Intermediate friendly)

Contribution, October. Drop-in only:

- Rs 500 per class for guests and non-Aurovilians
- Aurovilians, New comers and Volunteers—Rs 200 per class

From November onwards regular students may shift to a monthly fee structure.

Additional Notes:

- Please bring your own yoga mat. A few mats are available to borrow if needed.
- Arrive 15 minutes before class to find your spot and relax into the serene atmosphere of Bharat Nivas.

Let us begin this journey of learning, energy, and balance together on this sacred day.

9980992923 for queries, Monisha, BN Team

ACTIVITIES BY LAKSHMI

Shamanic Breathwork

- Every Monday, 5pm @ Verite

Today we gather once again to breathe, release, and remember who we truly are. Through the sacred rhythm of the breath we journey beyond the mind into the spaces of healing, clarity, and deep connection.

If you feel the call to let go, to open your heart, to come home to your essence—join us! Bring your breath, your presence, and your courage to dive deep. Let's breathe together, transform together, and rise together! See you in the circle.



Dance of the Chakras

- Every Tuesday, 5pm—6:30pm @ Verite

Through movement we awaken, through rhythm we release, through dance we realign.

The Dance of the Chakras is an invitation to connect with your body, your energy, and your inner freedom. Each movement opens the flow of life force, dissolving blockages and awakening joy.

Come as you are—no steps to learn, just the dance of your soul. Let your body be the temple, your breath the guide, and your heart the drum.

Are you ready to dance yourself back into balance?

Lakshmi

ASTRONOMY

Through the Indian Astrolabe

A Heritage Learning Module

SAIER has organised a two-day workshop on "Astronomy Through the Indian Astrolabe—A Heritage Learning Module."

Experts from the Bhandarkar Oriental Research Institute (BORI), Pune, a premier institution in the field of Indological and scientific heritage studies are coming to Auroville to facilitate this workshop.

Especially Beneficial for:

- Science and Maths High School Teachers. However anyone interested in this topic can attend.

Workshop Highlights:

- Historical and practical exploration of the Hindu Astrolabe
- Paper model-making and celestial observation sessions
- Integration of heritage science with modern pedagogy

For details:

- Download the brochure at: <https://tinyurl.com/SAIER>

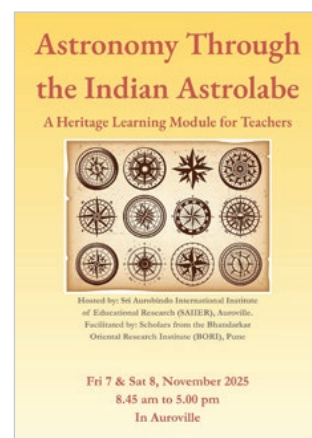
Contribution:

- For Aurovilians and Newcomers: This is an offering from SAIER. However we have limited seats and preference will be given to educators in the community.
- For SAVI Volunteers: Rs 2000/+GST
- For Guests: Rs. 3280/+GST

To register:

Write to us at saiier@auroville.org.in stating your interest in attending the workshop along with a brief about your field of work.

Nilima



SITARA MUNAY-KI YOGA

From October onwards



With Sitara

Meditation · Yin Yoga · Sound Journey

- Mondays 10:30am—12pm @ Hall of Light in Creativity
- Thursdays 10:30am—12pm @ New Creation Studio

In this class, accessible to all levels, Sitara will teach her favorite combination of meditation, yin yoga and sound journey. Yin yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.

With Munay

Surya Kriya · Yoga · Tibetans Rites

- Wednesdays 11—12:30 @ New Creation Studio
- Fridays 10:30—12 @ Hall of Light in Creativity

This is a combination of ancient Yogic practices, including a full Shamanic journey during shavasana, to energize and rejuvenate body and mind, and connect with higher consciousness

Locations

- [New Creation Studio](#) is on the second floor of the building just after La Piscine in the Auroville Community of New Creation. Stairs in the narrow pathway alongside the pool's brick walls.
- Hall of Light is in Creativity Community, in the center of Auroville.

Other details

- Drop-in class
- Guests Rs600, Aurovilians Rs200
- Check our website for more info and updates: sitaramunay-kiyoga.org

Giovanni

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.



Offered by Kardash, a certified psychotherapist, whose training has been based on the wisdom and techniques of:

- Ericksonian Clinical hypnotherapy
- Neurolinguistic programming (NLP)
- The Enneagram of Character Fixation
- Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy. Meetings can be in-person in Auroville or online.

For more details

- see www.innersightav.org or
- contact Kardash +91 9940934875 WA

Kardash

QUIET HEALING CENTER



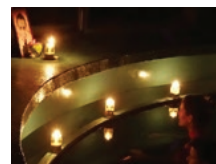
www.quiethealingcenter.info, quiet@auroville.org.in

+91 9488084966, Mobile & WA

Watsu® & Meditation with Dariya

- 30—31 October, 8:45am—6pm 15 hours
- Prerequisites: Watsu Basic

Meditation is an important tool for listening, accepting and knowing ourselves, as well as becoming more intuitive towards others. In our understanding, the purpose of meditation is to cultivate presence and peace of mind, enabling us to connect with our unique essence and the world around us.



It also encourages development of our intuition and perception through the heart, complementing the rational mind. This can help us making choices from a deeper place.

Essentially, meditation helps in our personal growth and enhances our ability to deeply listen to and be fully present with the person we float during a Watsu session.

Guido

WORKSHOPS WITH NIRUPAM GYAN

Gurdjieff Sacred Movements

- 27—29 October @ CRIPA

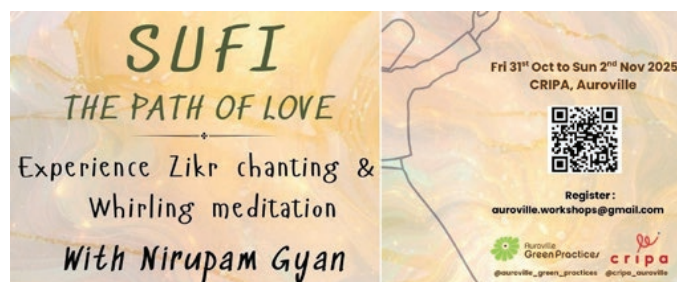
An active meditation workshop to develop self awareness and presence through precise exercises developed by Georg Gurdjieff.



- Information and registration: <https://tinyurl.com/42s3jn37>
- Residents and long term volunteers, please contact: auroville.workshops@gmail.com

Sufi—The Path of Love

- 31 October—2 November @ CRIPA



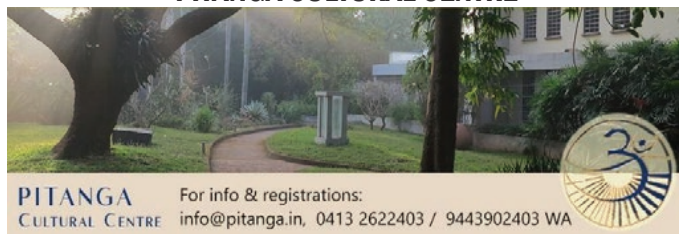
A soul-nourishing journey into the heart of Sufi mysticism through the sacred practices of zikr (remembrance) and whirling meditation dance.

- Information and registration: <https://tinyurl.com/42s3jn37>
- Residents and long term volunteers, please contact: auroville.workshops@gmail.com



Hosted by AGP Workshops and CRIPA Raghu

PITANGA CULTURAL CENTRE



October

Monsoon note: In case of heavy rain ½ an hour before the start of a class, please consider the class as cancelled.

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Asanas mixed level	7:30am–9am	Rachel
	Yoga Therapy	8am–9:30am	Gala
	Listening Within	4pm–5pm	Mike
	Iyengar Yoga	5pm–6:30pm	Olesya
Tuesdays	Asanas, Self-Practice	7:30am–8:45am	Rachel
	Yoga: Restore & Relax	4pm–5:30pm	Florina
	Kundalini Yoga for beginners Digestion, Elimination & Metabolism	5:30pm–7pm	Bel
Wednesday	Asanas mixed level	7:30am–9am	Rachel
	Yoga Therapy	8am–9:30am	Gala
	Vinyasa Flow Yoga	5:30pm–7pm	Florina
Thursday	Iyengar Yoga	6:45am–8am	Olesya
	Prana Kriya	7:30am–9am	Florina
	Aviva Exercise for women only	4:30pm–5:30pm	Suriyagandhi
	Iyengar Yoga	5pm–6:30pm	Olesya
	Yoga: Restore & Relax	5:30pm–7pm	Florina
Friday	Yoga Therapy	8am–9:30am	Gala
	Asanas mixed level	7:30am–9am	Rachel
	Somatic Resourcing Movement Ritual	3pm–4:45pm	Nikethana
	Readings of The Life Divine	4:30pm–5:30pm	Balvinder
	Feldenkrais	5:15pm–6:15pm	Shari
	Vinyasa Flow Yoga	5:30pm–7pm	Florina
Saturday	Iyengar Yoga	6:45am–8am	Olesya
	Breathing & Mudras	8am–9:30am	Gala
	Asanas intermediate level	9am–10:30am	Rachel
	Truth Based Relationships, practical sessions	2:30pm–4:30pm	Juan Andres
	Iyengar Yoga	5pm–6:30pm	Olesya

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/ families	3pm–5pm	Gala

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4pm–5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth's absence

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine) Chiropractic
Auromira	Shamanic Healing
Francesca	Antigymnastique®
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Jivatma	Sarga Bodywork®
Juan	Thai Yoga Massage
Nikethana	Sha-Lu-Ha-Ka Bodywork
Olesya	Visceral Massage Neurology Massage Psychosomatic of diseases Women's Health Therapy
Patricia G	Shiatsu (for Auroville residents only). Contact directly via WA message to schedule an appointment: +91 948 7230 399

New Activities

Kundalini Yoga for Digestion, Elimination & Metabolism with Bel: Tuesdays, 5:30pm–7pm

Aging doesn't start with years alone—it begins with nutritional deficiencies, stress, intestinal imbalance, and a rigid spine that blocks the natural flow of energy.

When digestion is slow or imbalanced, the body is more vulnerable to common ailments—from fatigue to colds. A healthy digestive system, however, nourishes the body and supports mental clarity and emotional balance.

Join us this October to strengthen digestion, improve elimination, and experience the rejuvenating power of Kundalini Yoga.

Each week, we explore a different Kriya, while the month's focus stays on digestion, elimination, and metabolism. Gentle yet powerful, these sessions work deeply on the nervous and glandular systems and open space for self-awareness.

Every class is a full experience—from dynamic exercises to deep relaxation and meditation—helping you connect body, mind, and spirit.

Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA,
info@pitanga.in

BODY AWARENESS

& Relaxation with Hans

Wednesdays, 5—6:15pm @ Budokan Dojo, Dehashakti
For more info: 8110848123 WA

Hans

WORLD GAME for Adults and Children



"Where contemplation meets playfulness and transformation."

What about going on a playful or concentrated quest?

This creative activity, known also as 'Sandplay' 'opens up your imagination and intuition, to reveal your own unique living soul. This is a gentle journey into storytelling, where words may follow—or not.' The **World Game** can be a complete one time experience, or a journey with multiple sessions.

Join the World Game in a space opening onto a peaceful garden. Sessions are by appointment, and can be for one or for two people at a time. Including intergenerational pairs. The duration is generally around 1,5 hours.

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Aikya

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday **only by appointment call or WA: 9443635114.**

Meha for Auromode SPA



VIPASSANA GROUP SIT

Sunday, 26 October, 9am—12pm

@ Udavi school (near tank), Edayanchavadi

You are all very welcome to the weekly half-day Vipassana meditation course for "old students" **only** (meaning for those who have completed at least one 10-day course as taught by SN Goenka).

- First building to the left near the parking: [Location](#).
- No registration is required.
- You can come for the whole course or just drop in for some time whenever you want.

Please keep your cell phones off or in airplane mode for the duration of the course.

Laure, 88074 34864



VÉRITÉ PROGRAM

www.verite.in

Regular Events October

- 0413 2622045, 2622606, 9363624083
or programming@verite.in, www.verite.in



Therapies

Pre-registration required

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Ashok	Cupping Therapy
	Deep Tissue Massage Therapy
	Acupressure Therapy
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Susan	Heart-Centered Resilience
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Workshops

Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Saturday, 25 October	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
	Yoga Nidra: Deep Relaxation	2—4pm	Kalidas

Pawanamuktasana Series: Energize the Joints with Mani

- Saturday, 25 October, 9:15am—12pm

A structured series focusing on gently and safely moving the joints, from the toes to the neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

Yoga Nidra with Kalidas

- Saturday, 25 October, 2—4pm

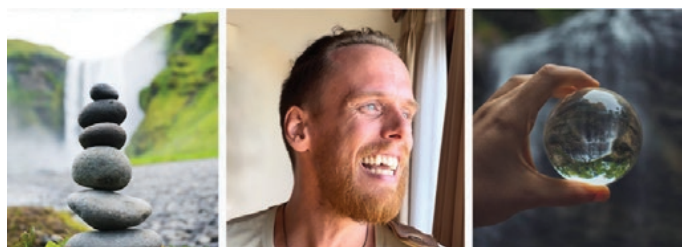
Help the body to elicit the relaxation response. Gentle and breath coordinated movements help restore the body to its parasympathetic nervous system function.

Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yogasana, Pranayama & Relaxation, no class on 20 October	9:15am—10:15am	Mani
	Shamanic Breathwork & Free Movement: Clarity & Peace	5—6pm	Lakshmi
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Yoga to Improve Flexibility, no class on 21 October	9:15am—10:15am	Kalidas
	Dance of the Chakras	5—6:30pm	Lakshmi
Wednesdays	Yogasana, Pranayama & Relaxation	9:15am—10:15am	Mani
	Hatha Vinyasa Yoga, no class on 1 October	5—6pm	Andres
	Taralaya Flow Dance	5—6:30pm	Vera
Thursdays	Prana Vidhya	9:15am—10:15am	Kalidas
	Open Heart Space Meditation	03:30—4:30pm	Samrat
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Yoga for Energy Activation	7:30am—8:30am	Mani
	Free Flow Dance & Movement, no class on 3 October	5—6:30pm	Vega
	Hatha Vinyasa Yoga, no class on 3 October	5—6pm	Andres
Saturdays	Balancing Asanas, no class on 18 October	7:30am—8:30am	Kalidas
	Deep Sound Bath	5—6pm	Satyayuga
	Yogasana, Pranayama & Relaxation	5—6pm	Mani

Hon

INTEGRAL UNFOLDMENT Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom.

Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya),
+44 7564119728 WA

ARKA WELLNESS CENTER PROGRAM

October

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	- Yoga of Mother and Sri Aurobindo - Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) - Mother's Flower Medicine (vibrational remedy) - Individual Sessions and Groupwork - Psychosomatic Therapy and Breath Therapy - Consciousness/ Energy/ Body Work based on Integral Yoga Only by appointment baritam@auroville.org.in
Pepe	- Body Logic, Soft Massage, Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana	- Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage - Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English & French</i>	- Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I ching oracle - Inner/subpersonalities forces awareness Monday to Saturday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Saturday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709
Ivana	Hatha yoga	Monday: 4:30—5:30pm

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

For any details and queries, you can contact us at
arka@auroville.org.in
0413 2623799

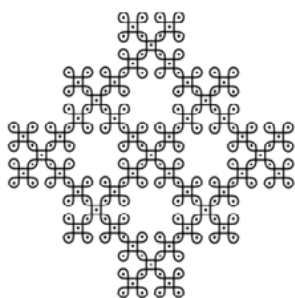
Ramana, Arka

ACTIVITIES

by Grace Gitadelila

KolamYoga

KolamYoga offers one off Introduction sessions and /or Initiation sessions into the Integral 12 sessions foundation course. Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.



- <https://youtu.be/IErbDiGJvTA?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Kotree Yoga

Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Grace

Languages

LEARN

English and Hindi

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.
Ashwini, Aspiration

NEWS FROM Auroville Language Lab 23 October



Tomatis:

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguagelab.org. Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book!

Check it out at <https://books.aurovillelanguagelab.org>

- To enquire or register: tomatis@aurovillelanguagelab.org
or call 0413 2622467 or 3509932

Courses:

Current Schedule of Classes

- <https://aurovillelanguagelab.org/current-schedule/>

Poetry Workshop with Vismai: Naomi Shihab Nye

- Sunday and Monday, 9—10 November, 4—5:30pm

In this two-session (3 hour) workshop, we will dive into the life and work of poet Naomi Shihab Nye. The workshop is for beginner-level poetry enthusiasts eager to deepen their engagement with this rich art form.

Back By Popular Request!

The poetry of Mary Oliver, with Vismai

- 15—17 November

This 2-day workshop will dive into the life & work of poet Mary Oliver. Each session will feature close readings of selected poems, an exploration of poetic craft, and writing prompts inspired by Mary O's work. The workshop is for beginner-level poetry enthusiasts eager to deepen their engagement with this rich art form.

Pronunciation + Tomatis: A workshop in English Phonemes with Vismai

Designed for non-native speakers, this two-hour workshop offers an immersive exploration of the root sounds of the English language (pre-intermediate level).

- Saturday, 25 October, 10am—12noon. Space is limited to 4 participants.
- Register soon: <https://aurovillelanguagelab.org/registration/>

Beginner and advanced Korean classes

On Saturday at 3pm we have started beginner Korean language classes led by Mihong. Registration is still open with seats left to fill up!

<https://aurovillelanguagelab.org/registration/>

Also, Mint has started **advanced Korean classes** on Wednesday, 13 August, 11am—12noon for those who already have a basic level.

Italian classes with Karuna

Karuna has re-started her excellent classes in Italian for all levels. Please register as soon as you can.

- Classes are held from 4—5pm, Tuesdays and Fridays.
<https://aurovillelanguage.org/registration/>

French classes

New! Dive into French Intensive 2-Week Course with Isabelle

A special two-week intensive French course. This program is designed for those who wish to rapidly improve their spoken French through daily practice and guidance.

- Classes begin 17 November 2025 and run Monday to Friday, from 11am—1pm, for a total of 20 hours (10 hours with the teacher and 10 hours of Mediatheque practice).



Spots are very limited to 5, so early registration is highly recommended.

Beginner French with Jean-François: This 16-hour, 2-month course, is ideal for those who want to discover the French language.

- Course will resume 10 November.
- Classes on Mondays and Wednesdays, 2:30—3:30pm.

French Conversation (Pre-Intermediate level) with Jean-François: This 16-hour, 2-month course, is ideal for those who possess a little knowledge of French but are not yet comfortable conversing.

- Course will resume 11 November.
- Classes on Tuesdays and Thursdays, 2:30—3:30pm

For more information or to register, please contact the Language Lab at info@aurovillelanguage.org

Mandarin Chinese course

A long-term volunteer from Taiwan, Shi-Ju, just arrived and will be available to teach Mandarin-Chinese at all levels in the next few weeks. There will be a beginner's class, and an intermediate class. Many of you had studied Chinese with Amanda many years ago when we were in our old building at Shakti. Later, some of you continued with Li Fang. You are all most welcome to come back to the Lab in our building in the International Zone, to further your Chinese studies. Send us an email with "Chinese" in the header.

Japanese Online Course

The Japanese course with a professional teacher from Japan has been confirmed and will begin in late November or early December 2025. We are pleased to inform you that one spot has become available for a committed student.

Tamil

Tamil (Beginner) with Ashok coming soon!

- **Still a few spots available!**

Would you like to start learning Tamil in a friendly and supportive group setting? We are preparing to launch a Beginner Tamil Course, designed for those with little to no prior knowledge of the language.

- Starts 20 October, 24-hours course over 3 months
- Monday & Wednesday, 10:30—11:30am

Tamil (Intermediate) w. Saravanan

- Postponed until end of January 2026
- Tuesdays & Fridays: 9:30—10:30am

Saravanan is ready to start an intermediate level group mid-October, based on speaking. It is meant for those who already attended the Spoken Beginner Tamil or already possess a basic knowledge of the language.

New! Tamil (Beginner) with Saravanan

- Coming Soon!

This course will focus on spoken Tamil, helping you build a foundation for everyday communication through practical exercises and simple conversations.

- Starts 24 October, 24-hours course over 3 months
- Tuesday & Friday, 9:30—10:30am

German—online private classes:

Our German class teacher Verena is back offering online private classes. Please contact the lab to register.

<https://aurovillelanguage.org/registration/>

Spanish Course with Mila

Beginner classes: New proposed start is for January 2026, provided a minimum number of seven (7) registered students.

- Mondays and Wednesdays, 2:30—4pm or 4:30—6pm, depending on the consensus of student preferences

This will be a special program which will span three blocks of 3 months each (36 hours) and ultimately take the students up to conversational fluency.

Please register soon by contacting the Language Lab

- info@aurovillelanguage.org or
- online:
<https://aurovillelanguage.org/registration/>

English Classes

New! Intermediate English with Alex

- Starting 4 November, 16 hours
- Tuesdays, Thursdays & Fridays, 5:30—6:30pm

Course designed especially for lower-intermediate (B1) learners who want to boost their confidence and communication skills.

Next-Gen English: AI, Projects & You with Rupam

Ready to take your English to the next level? Join us for a fun and flexible language course where learning is anything but boring! Get customized English classes designed around your communication goals. Contact the lab to learn more.

Private and group classes for English

- **Rupam:** Our private and group classes are tailored to meet the unique needs of each student.
- **Vismai:** Offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language.

Beginner English w. Ashwini

The course places special emphasis on tenses and prepositions, as these are essential building blocks for creating correct and meaningful sentences.

- Wednesday and Thursday, 4:30—5:30pm, 24 hours over 3 months
- We only need two more registrations to reach our minimum so that so that the course can run.

Head on over to the Lab's online form and complete your registration:

- <https://aurovillelanguage.org/registration/>

NEW! Call for Native German Speaker Teacher—A1 Course

The Auroville Language Lab is seeking the help of a **native-speaking German** to teach **beginner-level (A1) German**. This in-person course would be offered anytime between now and the end of the year. If you are a native German speaker who enjoys sharing your language and culture, we warmly invite you to join us in supporting learners at the very first step of their German journey.

Current Schedule of Classes, 23 October

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Pre and Intermediate speaking & communication with Rupam	8-Hour Monthly, Always ongoing	10:30–11:30am, Tuesday & Thursday
	Creative Writing with Rupam	8-Hour Monthly, Start date: TBC	9:30–10:30am, Monday & Wednesday
	Beginner with Ashwini	24-Hour, 3 Months Postponed	5:30–6:30p, Wednesday & Thursday
	Intermediate with Alex	16-Hour, 2 months Starts 4 November	5:30–6:30pm, Tuesday & Friday
French	Beginner with Jean-François	16-Hour, 2 months, 10 November	2:30–3:30pm, Monday and Wednesday
	Intermediate with Jean-François	16-Hour, 2 months, 11 November	2:30–3:30pm, Tuesday & Thursday
	Intensive with Isabelle	20-hours (2 weeks) 17 November	11am–1pm Monday to Friday
Tamil	Spoken Beginner with Ashok	24-Hour, 3 months, 20 October	10:30–11:30am Monday & Wednesday
	Spoken Beginner with Saravanan	24-Hour, 3 months, Starting 24-October	9:30–10:30am Tuesdays & Fridays
Spanish	Beginner with Mila	36-Hour, 3 months, 3 blocks each, January 2026	2:30–4pm, Monday & Wednesday
Italian	Beginner with Karuna	8-Hour Monthly, Started 2 September	4–5pm, Tuesday & Friday
	Intermediate with Karuna	8-Hour Monthly, Starts 4 November	3–4pm Tuesday & Friday
Korean	Advanced with Mint	4-Hour Monthly, Started 13 August Still open to registrations	11am–12pm, Wednesday

Private one-on-one classes possible for all languages; please inquire.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5–6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of the month
- Tuesdays: Tamil conversation with Abirami 5–6pm
- Wednesdays, 5:30–6:30pm: Sanskrit chanting with Remesh
- Thursdays: English conversation with Alex 5:30–6:30pm
- Wednesdays: Wednesdays, 5–6pm Starting 12 November, open to all

The Mother's Entretien: A series of Reading and Discussion Sessions. Practice French and Explore the Mother's Vision. Facilitated by Jean-François, French teacher at the Auroville Language Lab.

We are still looking for native speakers to facilitate German and Italian conversation. Any weekday from 5–6pm is open for people to offer their language.

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher with a native-level command of the language for one-on-one lessons. If you are enthusiastic about sharing your expertise, we would love to hear from you! Please send a brief cover email outlining your experience to info@aurovillelanguage.org.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Beyond Language: Breath

Attune to one of the world's oldest instrument, the Didgeridoo, with classes guided by Sunny!

Discover the Art of circular breathing and enhance this ancient practice. Instruments will be available.

- Starting 28 October, Tuesdays & Thursdays, 4:45–5:45pm
- Registrations max 2 hours prior, by contribution



Communication with the Lab:

Service through our BSNL phone numbers:

- 2623661 (Lab) and 2622467 (Tomatis).
- For language-related matters:
 - +91 9843030355WA.
- For Tomatis: please use 0413 3509932.

Mita, Mano, Louis & Enzo

LOOKING FOR:

I'm learning French and would love to practice

by talking in a friendly, relaxed way—not like in a classroom, but just simple conversation. I'm interested in yoga, mindfulness, travel, and everyday life, so we can talk about many nice things while I improve my French.

If you're a native French speaker who enjoys friendly chats and sharing your language, I'd be very happy to connect!

ivana.frousova@yahoo.co.uk, Ivana

Cinema



Appeal to Support MMC-CP Multimedia Center Auditorium – Cinema Paradiso

MMC-CP is one of Auroville's most active venues, hosting booked events and free community screenings. We're thankful that rental and personnel maintenance are covered, but our modest monthly budget—for generator, aging equipment, and networking, etc stopped since Oct 2024. Booked programs that once created a surplus have reduced, as several activities scaled down or closed. New costs like accounting, audits, and generator fuel (₹15K-/month for free screenings) add pressure.

Can You Help?

Auroville units can contribute via the Unity Fund to MMC-CP FS A/C 105106. Just ₹3,000/month from 10 contributors sustains us—two have stepped up, eight more needed. Individual donors, especially Indian nationals, can also contribute any amount via the Unity Fund. One-time payments to our account, though subject to GST, are still helpful and appreciated. **Every contribution counts.**

Thanking you in advance,
MMC-CP Team

Nina for MMC/ CP



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
27 October—2 November 2025

Several films this week honor the global tradition of annual remembrance of the departed souls—Bhoot Choturdoshi (20 October), Día de los Muertos or The Day of the Dead (31 October—2 November), and Halloween (31 October). *Ghosts come in many flavors and languages; come and have a taste!*

Indian—Monday, 27 October, 8pm
Su from So

India, 2025, Writer-Dir. J.P. Tuminadu w/ Raj B. Shetty, Shanil Guru, Prakash Thuminad, and others, Comedy-Horror, 137mins, Kannada w/ English subtitles, Rated: U/A (PG-13)

Ashoka, a carefree young man from Marlur, finds his life turned upside down when villagers claim he's possessed by the ghost of Sulochana from Someshwara. What begins as playful teasing spirals into chaos, comedy, and unexpected tenderness as Ashoka confronts love, fear, and the mystery of a spirit that refuses to be forgotten. When a ghost has a crush, things get complicated.

Potpourri—Tuesday, 28 October, 8pm
Kaidan (Kwaidan)

Japan, 1964, Dir. Masaki Kobayashi w/ Michiyo Aratama, Misako Watanabe, Rentarô Mikuni, and others, Fantasy-Horror, 183mins, Japanese w/ English subtitles, Rated: NR (R)

The title literally translates to Ghost Stories. A blind musician, Hoichi, is summoned by spectral samurai to perform haunting ballads. A snow spirit, Yuki, saves a man, but love tests her vow. A samurai glimpses a chilling vision in his teacup. A greedy swordsman abandons his wife for wealth. Four eerie tales from Japanese folklore unfold in this acclaimed and awarded cinematic masterpiece.

Selection—Wednesday, 29 October, 8 pm
November

Estonia-Poland-Netherlands, 2017, Dir. Rainer Sarnet w/ Rea Lest, Jörgen Liik, and others, Romance-Horror, 115mins, Estonian-German-Italian w/ English subtitles, Rated: NR (R)

In a frostbitten Estonian village, Liina longs for Hans, who pines for a noblewoman. Amid werewolves, plague spirits, and soul-stealing kratts, love and survival blur in a world where magic is traded for scraps and hearts are bartered like goods. From the Nordic world comes this much-awarded, haunting and poetic tale of desire, folklore, and grotesque. In a land ruled by spirits, love is the most dangerous spell.

Interesting—Thursday, 30 October, 8pm
Au Cimetière De La Pellicule (The Cemetery of Cinema)

France-Senegal-Saudi Arabia-Guinea, 2023, Dir. Thierno Souleymane Diallo w/ Thierno Souleymane Diallo, Penda Lam, Aboubacar Condé, and others, Documentary, 93mins, French-Malinka-Pular w/ English subtitles, Rated: NR (G)

This film is being brought to you in collaboration with Alliance-Française. Even with "cemetery" in the title, this is not a scary ghostly film. The Guinean director sets out to find Mouramani, a lost film from 1953 believed to be the country's first. His journey through archives and remote villages becomes a moving reflection on Guinea's forgotten cinematic heritage—a poetic tribute to memory, identity, and the spirit of storytelling.

International—Saturday, 1 November, 8pm
Sinners

USA-Australia-Canada, 2025, Writer-Dir. Ryan Coogler w/ Miles Caton, Saul Williams, Andrene Ward-Hammond, and others, Horror-Music, 137mins, English-Chinese w/ English subtitles, Rated: R

In 1932 Mississippi, twin brothers Elijah "Smoke" and Elias "Stack" return to Clarksdale seeking redemption from their criminal past. But the town holds more than memories. As they face a ruthless landowner named Hogwood and a rising supernatural evil, their journey becomes a chilling clash between history, horror, and heart. This much-acclaimed film was shared by youth member Prashast Gautam.

Children's Matinee—Sunday, 2 November, 4pm
Casper

USA, 1995, Dir. Brad Silberling w/ Chauncey Leopardi, Spencer Vroom, Malachi Pearson, and others, Comedy-Fantasy, 100mins, English w/ English subtitles, Rated: PG

Who says ghosts can't be friendly? Kat moves into a spooky mansion and meets Casper—a sweet, lonely ghost who just wants a friend. But his silly ghost uncles love causing trouble! Together, Kat and Casper discover secrets, share laughs, and show that even ghosts have hearts. It's a magical adventure full of fun and friendship.

Classic World Cinema @ Ciné-Club
Ciné-Club Sunday, 2 November, 8pm

The Lost City of Z

USA, 2016, Dir. James Gray w/ Charlie Hunnam, Robert Pattinson, Sienna Miller, and Others, History-Drama, 140 mins, English-Spanish w/ English subtitles, Rated: PG

A true story of British explorer Major Percival Fawcett, who ventures deep into the Amazon and uncovers signs of a lost advanced civilization. Dismissed by the scientific elite, he returns repeatedly to prove his theory—until his final expedition in 1925 ends in a mysterious disappearance.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. We kindly request you to set up a recurring contribution for "MMC-CP" or "Film-maker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/ CP
 Group Account #105106,
mmcauditorium@auroville.org.in



ECO FILM CLUB: Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Note: Families and children are welcome! Dinner for children will be served at 19:00. :)



Friday, 24 October

Last Chance to See—Kakapo

2009, 59 minutes, Tim Green

This documentary follows Mark Carwardine and Stephen Fry as they visit New Zealand in pursuit of a rare and charming flightless parrot. Meet the bird who inspired Douglas Adams to get involved so deeply in the world of conservation and whose fate had been changed considerably through the efforts of a Sci-fi Comedy writer.

Submitted by Aviram



About N&N

NEWS AND NOTES

Hard deadline for submissions **TUESDAY 3pm**

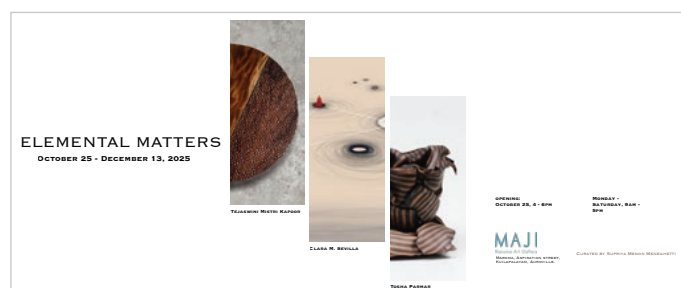
The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Katiya & Alexey, newsandnotes@auroville.org.in
Multimedia Center, Town Hall

The Last Moment

ELEMENTAL MATTERS

Opening: Saturday, 25 October,
4—6pm @ MAJI, Maroma



Maroma Art Gallery, MAJI, welcomes you to the opening of our new show, 'Elemental Matters'

'Elemental Matters' is on show till 13 December

Viewing hours: Monday—Saturday, 9am—5pm

*Supriya and Sagarika
for MAJI Team*

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108