



News Notes

#1090 A weekly bulletin for residents of Auroville 31 July 2025



Photo by Alexey

Life has a purpose.

This purpose is to find and to serve the Divine.

The Divine is not far, He is in ourselves, deep inside and above the feelings and the thoughts. With the Divine is peace and certitude and even the solution of all difficulties.

Hand over your problems to the Divine and He will pull you out of all difficulties.

Words of the Mother—II, 28 March, 1970

Pondering



Consciousness is inherent in Being, though it is here involved and concealed in things so that it has to emerge out of an apparent unconsciousness and organise itself in individual life. But this is only on the surface which is all of which we are aware because we live on the surface of ourselves. This surface (the ordinary waking mind of man) is what we think to be ourselves, the whole of us, because living awake on the surface we are conscious of that only. But within, with a sort of wall of obscurity or oblivion between it and the outer being, there is an inner being, an inner mind, vital, physical and an inmost or psychic being of which we are not aware. We are only aware of what comes up from there to the surface and do not know its source or how it comes. By Yoga the wall is slowly broken down and we become aware of this inner and inmost being—by doing so we build up a new, a Yogic, consciousness which is able to communicate direct with the universal consciousness around and the higher spiritual above.

Sri Aurobindo, Letters on Yoga—I

Contents

PONDERING	1
HOUSE OF MOTHER'S AGENDA	4
TOWNHALL SPEAKS	5
Application Announcement 31-07-2025	5
Notice of Road Diversion	5
Balance sheets digital signatures	5
Prepaid cards	6
Zoho query resolution sessions	6
COMMUNITY NEWS	6
Matrimandir News & Schedules	6
Amphitheatre: Meditations at sunset with Savitri	6
Matrimandir Access Information	6
Awakening Spirit	7
Sri Aurobindo's Room Darshan on 15 August, 2025	7
Pondy trips on Darshan day: 15 August	7
Savitri Bhavan Schedule, August 2025	7
Laboratory of Evolution Library	9
Pavilion of Tibetan Culture: Exhibition on Dalai Lama and Auroville—Three Memorable Visits	9
Bharat Nivas Presents	9
A weekly study circle on The Synthesis of Yoga—Sri Aurobindo	9
From Amazon to Ganga: A Celestial Journey	9
Education	9
Vaasal Cultural Magazine, Edition 33	9
Satori: Educational services	9
Ilaignarkal Education Centre	10
Supportive Learning Satellite: SLS team	10
Tuition Classes Available	10
Learning Space opens doors for kids of guests, volunteers and newcomers	10
Health Care	10
Addiction Recovery sessions @ Maatram	10
Childbirth and Pregnancy education	10
Santé Services Schedule	11
Weekly baby support circle	11
Services provided	11
Supporting community health and well-being	11
Aurodent Dental Clinic	11
Auro Perfect Vision—FOCUS VIII: Eye Yoga & Wellness Retreat	12
Animal Care	12
Suspension of Auroville Dog Shelter's monthly transparency report	12
Urgent Public Health Alert: Another confirmed rabies case in Auroville area	12
Festivals	13
Bal Bohème Festival	13
Youth Initiative	13
Blind Babble Friday	13

International	13
Unity Pavilion Presents	13
Sencha-Style Tea Ceremony	13
The Mother's Symbol, Matrimandir & 12 Qualities	13
Art Class: with Artist Janakiraman	13
French Pavilion presents	13
Sunday Pétanque	13
Board games	14
Theatre, Music & Arts	14
Capturing Life by John Mandeem	14
Tuk, Tuk, Hurra: photo exhibition by Tucksouth	14
Retrospective at Centre d'Art	14
Photo Exhibition by Sattva: Little Creatures & Birds in our Backyard	14
Arpanaa presents Anubhuti, a music concert	15
Touching the Sublime	15
Dance Activities	15
Dance with Daniel	15
New Regular Sessions of Dance for Children	15
Garba Immersive	15
Auroville Tango	16
Dance Classes by Mani	16
Theatre, Music & Art Activities	16
CREEVA: Information & upcoming News	16
Svaram Activities	16
Auroville Singing Festival 2025 Selection Process	17
Activities by Grace Gitadelila	17
Korean Calligraphy	17
Sports & Martial Arts	17
MTB Bicycle Race	17
Auroville futsal/ football club	17
Moving meditation Taichi & Qi-gong	17
Abhaya Martial Arts	18
Kshetra Kalari @ Aspiration Sport Ground	18
Bharat Nivas presents Kalaripayattu Regular Class	18
The Art of Chi: Stevanovitch Method	18
Aikido Classes	18
Morning swimming classes for children	18
Swimming class	19
Multiple Activities	19
Bharat Nivas August 2025	19
It Matters Activities	19
Bioregion & Nature Activities	20
Solitude Farm activities	20
Sadhana Forest: Plant based Saturday	20
Egai Giving	20
Enlight	20
Mohanam Program	21
Join kimchi class	21
Healing Rhythms in Nature	21
Auroville Bamboo Centre Events	22
Wellpaper Workshop	23

Help Needed	23
Morning Star	23
Office Spaces	23
Office Space Available: Auromode	23
Aurelec Spaces Available	23
Cowork, kindly @ Marc's Cafe	23
Kinisi Cowork	24
Looking For	24
Looking for a medical or hospital bed	24
The Mother's Flower Garden is in search of stones and pebbles	24
Urgently seeking a long-term housesitting opportunity or a rental	24
Taxi Share	24
To Aravind Hospital any day in August	24
Available	24
Computer towards contribution	24
Honorary Voluntary	24
Gau Seva at Sadhana Forest!	24
Volunteering @ Ecoservice	24
Aarambham Learning Space	24
Looking for a volunteer caretaker	24
Looking for a long-term volunteer Facilitator	24
Work Offering	25
Babysitting	25
Work Opportunities	25
Eco Femme is looking for a communications lead	25
Auroville Institute of Applied Technology	25
Seeking for qualified candidates: Assistant professor	25
Looking for a Hindi language teacher	25
Content creation, retreat logistics, proofreading, website updates	25
Foods, Goods & Services	25
Conscious fund-raising for Auroville units and services	25
PT Purchasing Service	25
Auroville Bakery Cafe in Town Hall	26
Goyo Korean Silent Restaurant	26
Right Path Cafe	26
Auromode Restaurant is Open	26
Neem Tree Cafe Offer	26
Taste of Yoga Vérité Café	26
The Sprout Cafe & Restaurant	26
Bharat Nivas Pathway	26
Download or Access Dropzy App	27
Any time Dosa and Pongal @ the Pathway Café	27
FoodLink Market is open every day	27
Tamil Nadu Basmati Rice @ Siddhartha Farm	27
Annapurna Farm Baskets	27
Hemplanet: Explore the Benefits of Hemp!	27
Living Room Café: Open every day	27
South Indian Breakfast @ Aurelec Cafeteria	27
Qutee Electric Scooter Service	27
Kinisi e-Mobility	28
Integrated Transport Service	28
Sunrise Taxi Service	28
Shared Transport Service	28

UTS Transport Service	28
Rapid Care Services	28
Sarvam Computers offers reliable service	28
Inside India	29
Prakrit	29
Surabhi Supplies	29
Free Store working hours	29
Rupavathi Joy activities	29
AI office hours	29
Voices & Notes	29
Auroville Radio TV	29
True Power	30
Poetry	30
Suspended In The Air	30
Classes, Workshops & Healing Arts	30
Quiet Healing Center	30
Hybrid/ Online Workshop: Radical Transformational Leadership for Here and Now 2025	31
Awareness Through the Body, ATB	32
Surya Performance Lab & CIRHU present Freedom of the body, dialogue with the Cells	32
Upcoming Mindfulness Offerings with Helen	32
Leela Therapy	32
Body Resonance: Expression by Yumiko Yoshioka	33
Speaking from the heart	33
Experiential introduction to Nonviolent Communication (NVC)	33
Shiatsu	33
World Game Summer Special	33
Pitanga Cultural Centre Program, August 2025	34
Yoga and Classes	34
Classes by Prior Registration	34
Healing Space	34
Youth Activities	34
New Activities	34
Traditional Chanting Class	34
Arka Wellness Center	35
Integral Unfoldment	35
Auromode Spa Offers Cosmetology Services	35
Body awareness & Relaxation with Hans	35
Vérité Program Regular Events August	36
Classes	36
Therapies	37
Workshops	38
Sound Therapy & Self Healing	38
Languages	39
News from Auroville Language Lab, 31 July	39
Tomatis	39
Courses	39
Learn English and Hindi	40
Cinema	40
Eco Film Club: Every Friday @ Sadhana Forest	40
Paradiso needs Help	40
Cinema Paradiso Film Program 4—10 August	41
About N&N	42
Emergency Services	42
Accessible Auroville Public Bus	42

House of Mother's Agenda



(continued from last week)

Did I tell you the story of that child who came here?... That child came, holding this (Mother points to a small yellow bird on her table); he thought it was a swan: it's a goose, of course, but he thought it was a swan, and he gave it to me very nicely, saying, "It's You." I saw in his thought that he was convinced it was a swan, that is to say, the soul. But then, I saw with my own eyes that it was a goose (Mother laughs), and I said, "Yes, it's true!" (Laughter) and that was precisely... Oh, I'm keeping it, it's precisely that—a goose (Mother laughs).

So there.

Here (Mother gives a flower of Transformation): the right one.

You too...

(Satprem lays his forehead on Mother's knees)

No impatience. That's the main thing: no impatience.

A trusting patience.

Ultimately, for everyone all is as well as it can be. It's always the old movements that get impatient.... Of course, when you see the whole, impatience was certainly created to counteract inertia—but it's over, that time is past.

* * *

Addendum

(Questions from the healer to Mother)

(A.R.) I had two hernias. I cured one and kept the other deliberately, for what I seek is the greatest opening of Consciousness a human being can obtain. If my Consciousness widens sufficiently, my hernia and the illness of my [paralyzed] friend will automatically heal. The day when I wake up without any trace of illness, I will have on my body the proof that my Consciousness has opened wide. What I want is to be able to actually say, "I Am."

Theoretically it is true, but that is clearly his own affair. Let him go through his experience.

One has no right to intervene in any way.

(A.R.) I wondered if I might not be more useful to Mother, to Her work, than by being here, meditating the whole day?

No, I don't see things like that.

One must have total suppleness towards the Divine Consciousness in oneself. Insofar as one lets it express itself all alone, it is this Consciousness that has one do things.

(A.R.) India needs water. What is necessary is to obtain harmonious waterfalls, according to the law of harmony, which will bring a sufficient amount of water for vegetation, but without causing damage. I think it is feasible. If it is not feasible, nothing is. But should one do it? Should one, for instance, divert a storm?... All one has to do is ask. So should one ask the Divine Force to act one way rather than another?*

In any case, the Divine Force will only do what it wills, and it is the Divine Force Itself which, in him, aspires to divert the storm.

(to be continued next week)

* As a matter of fact, it started raining as it had not rained for eighty years.

The Mother's Agenda, October 18, 1969

<https://incarnateword.in/agenda/10/october-18-1969>

Gangalakshmi (HOMA)

Townhall Speaks

APPLICATION ANNOUNCEMENT 31-07-2025

The following application has received Site Approval: (feedback requested before the 14 August 2025 to be sent to: avenir@auroville.org.in):

Auroville Integrated EcoService Facility (AIEF)

- **Applicant/s:** Sumit for EcoService
- **Location/area:** Evergreen/ Southern Green Belt
- **Area for which approval is sought:** 5 acres

Project brief: Auroville's EcoService (ES) has served as the central unit for solid dry waste management since the early 1990s. Today, ES collects over 400–500 kg of waste daily from residential, institutional, and commercial zones of Auroville, as well as selected neighboring communities, hand-sorting more than 35 streams for recycling or safe disposal. The operation now squeezes into just 0.75 acre, limiting safety, storage, and growth. To keep pace with new Swachh Bharat rules and a growing population, Auroville plans a next-generation Integrated EcoService Facility (AIEF) that can serve as a national "lighthouse" for community-driven waste management.

AIEF will occupy about 4.5 acres in the Green Belt—3.5 acres for sorting, baling, shredding and storage, plus 1 acre for a sanitary-waste incinerator. Modern conveyor lines, balers, and a heated press will turn hard plastics into tiles and panels, while a 500 kg/hour incinerator handles unavoidable sanitary scraps. The larger site allows safer traffic flows, volunteer housing, training rooms, and fire-safety systems, positioning Auroville to cut landfill reliance below 5 percent. Outreach teams will train neighbouring Panchayats so villages can replicate Auroville's model, spreading "zero-waste" know-how across the region.

Timeline, cost and next steps: Implementation is phased over five years: land allocation and grants (0–6 months), construction and equipment (6–18), commissioning and pilot trainings (18–30), community roll-out and upcycling line (30–42), and regional replication studies (42–60). The projected budget is Rs10 crore, covering civil works, machinery, incinerator, vehicles and contingencies. Immediate tasks include final site approval, detailed design, budget finalization, stakeholder consultations, and fundraising. With community backing and timely clearances, AIEF can turn everyday waste into a showcase of participatory, planet-friendly living.

Clarification on Project Feedback Process:

In Auroville, we aspire to a way of life guided by inner values — free from personal desire, preferences, and the sense of ownership. In this spirit, the practice of requiring or prioritizing subjective approval from immediate neighbours for development projects is no longer part of the application process.

When projects are published for community feedback, personal or subjective comments such as "neighbours choosing neighbours" or "neighbours setting development guidelines" will not be considered. All other constructive and relevant feedback is welcome and will be reviewed as part of the evaluation process.

We recognize that some projects may evoke personal opinions or attachments. We respectfully invite all Aurovilians to share their views in a spirit aligned with the ideals of *Human Unity*, *Progressive Harmony*, and *The Spirit of Auroville*.

For more information on specific projects or to schedule a meeting, please contact L'avenir d'Auroville (ATDC) at: avenir@auroville.org.in

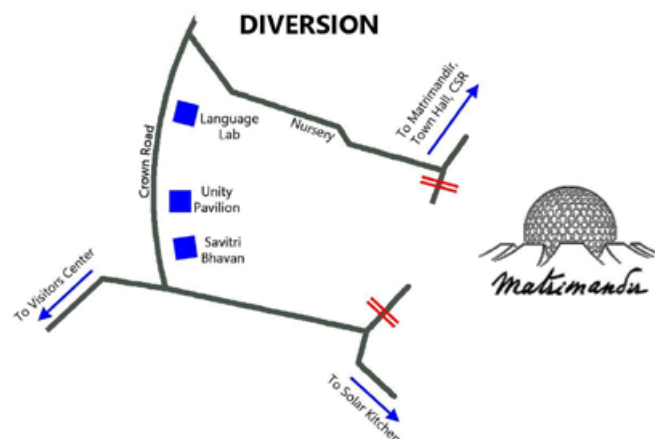
Joel, resource person

NOTICE OF ROAD DIVERSION

To enable the development of the Western portion of the Matrimandir Lake, the road in front of Matrimandir, stretching between Matrimandir Viewing Point Entrance and Town Hall, will be closed from Monday, the 4th of August 2025. Instead the traffic will be diverted as follows:

- When coming from Bharat Nivas, traffic for the Matrimandir office gate, Town Hall complex, Auroville Foundation, Auromode and CSR will be **diverted** via the Crown in front of Savitri Bhavan, Unity Pavilion, Language Lab, and then via the new road (to the right if Darkali is straight ahead of you) next to the the Matrimandir Nursery.
- When coming from CSR, Town Hall complex, and Matrimandir, traffic for Bharat Nivas area, Visitors Center and the International Zone will be **diverted** via the new road next to the Matrimandir Nursery, turning left at the Crown in front of the Language Lab, Unity Pavilion and Savitri Bhavan.
- All those wanting to go to the Solar Kitchen area from the Town Hall complex will, for the moment, use the Residential Zone route, taking the Crown in front of Surrender, Humanscapes and Kalpana.
- Once the Darkali bridge work is complete the Crown will connect all the areas, and the new road next to the Matrimandir Nursery will be closed.

Please refer to the map below:



The newly prepared road next to the Matrimandir Nursery as a diversion, between the Language Lab and the old Town Hall road in front of the Matrimandir, has been illuminated with street lights.

L'avenir d'Auroville team
Joel, resource person

BALANCE SHEETS DIGITAL SIGNATURES

Dear Trustees/ Unit Executives, this is to inform you that the balance sheets for FY 2024–25 have been sent to your respective email addresses for digital signature. A mass bulletin was also sent on 21 July 2025, requesting that the digital signature process be completed on or before 23 July 2025.

However, it has come to our notice that as of date around 300 units/ Activities have yet to sign their balance sheets digitally.

As the CAG audit will be starting very soon, we requested the trustees to follow up with the respective unit executives to ensure that the Balance Sheet are signed by 28 July, 2025.

Should you require any assistance or have any queries, please feel free to contact Mr. Madhan at the FAMC Finance section at 0413 3509954.

Please Ignore this email if you have already signed the balance sheet for FY 2024–25.

We appreciate your cooperation and prompt attention in this matter.

Sathyanarayan for AVF

PREPAID CARDS

Dear Unit Holders, Working Groups, and Community Account Holders, this is a follow-up to the reminder email sent on May 8, 2025.

If you would like to obtain a prepaid card for your unit expenses, please contact Rathinam or Mihong at the Financial Services Office. The prepaid card can be used for various expenses—it can be swiped for payments, used for online shopping, or to withdraw cash from ATMs.

Financial Services Team, from Mass Bulletin

ZOHO QUERY RESOLUTION SESSIONS

31 July and 1 August @ SAIER Conference Hall.

As part of the ongoing Zoho implementation process, we have scheduled Zoho Query Resolution Sessions on 31 July and 1 August at the SAIER Conference Hall.

These sessions are intended for users who have specific queries and require individual support.

- Each session is 20 minutes long
- Slots are available across both days
- Booking link: [Click here to book your session](#)

We encourage all Zoho users to make use of this opportunity to ensure a smooth and efficient transition.

FAMC Finance, From Massbulletin

Community News

Matrimandir News & Schedules

AMPHITHEATRE—MATRIMANDIR

Meditations at sunset with Savitri

6—6:30pm, every Thursday (weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:45pm. Guests are requested to bring along their Aurocards. **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan for Access team



MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.

- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: **Daily 7—8am, 5—6pm.**

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.

- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Starting from the Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

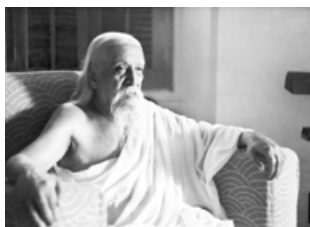
- **The Park of Unity:** Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens: **9am—3:30pm.**
 - 4:30—6pm, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.
- **The Inner Chamber of Matrimandir:** Aurovilians with close family and friends (max. 3, not guests):
 - **Monday to Saturday** (Tuesday morning Closed) **8—8:35am.** Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in

- **Thursday Meditations at sunset with Savitri:** The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

Antoine for Matrimandir Executives Team

Awakening Spirit

SRI AUROBINDO'S ROOM DARSHAN on 15 August, 2025



Dear friends, To celebrate Sri Aurobindo's Birthday, the Sri Aurobindo Ashram will open Sri Aurobindo's Room for Darshan on 15 August 2024.

Darshan is open to all

There are three options to visit Sri Aurobindo's Room on that day:

- **Early Morning: from 4am onwards**
 - You may join the **general Darshan queue**. No tokens are needed until the meditation at the Samadhi begins.
- **After the Meditation: from 6:40am onwards**
 - Entry will be by token only. Tokens can be collected at the booth near the Ashram Post Office.
 - Please note: you may need to wait or return later, at the time indicated on your token.
- **Afternoon: 12pm—3:30pm**
 - Auroville residents may pre-book tokens for this time slot at Pitanga. Details for registration are below.

Token Registration for Auroville Residents (including Newcomers)

- **Wednesday, 6 August & Thursday, 7 August**
9am—12pm and 3pm—5pm
@ Pitanga, Samasti

Please come in person to register and identify yourself if you are not known to the organisers.

If you are unable to come in person, you may send someone with a written note stating:

- the name(s) of the person(s) for whom tokens are requested
- the number of tokens needed

We will do our best to meet your request.

Kindly note that **email or telephone requests cannot be accepted**. Thank you for your understanding.

Volunteers and guests of Auroville are welcome to collect their tokens directly at the Ashram on Darshan day.

Transportation: As Darshan falls on a Friday, please see **Paulette's announcement** elsewhere in the News for transport details.

We are grateful to the Sri Aurobindo Ashram for its continued cooperation with Auroville on Darshan days.

Andrea for Pitanga's team

PONDY TRIPS ON DARSHAN DAY: 15 AUGUST

15 August is Sri Aurobindo's birthday, and also India's Independence Day.

The Auroville SAIER bus

- will leave at 3pm via the ordinary route and
- will return from Pondy at 6pm

to allow those willing to use AV's collective transport the visit of Sri Aurobindo's room.

- Tokens are required.

This is not a commercial bus and the offer is only for Aurovilians and newcomers having darshan.

Paulette

SAVITRI BHAVAN SCHEDULE, AUGUST 2025



Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **A Special Exhibition in the month of Sri Aurobindo's Birthday:** The Mother and Auroville. An Exhibition of handwritten messages by the Mother. To remind ourselves about the aim and purpose of Auroville with the hand written messages on Auroville.
 - From 11—30 August @ Square Hall

Films: Mondays, 4pm

- **4 August: Sri Aurobindo & the Earth's Future—Season 1: From Darkness to Light, Episode 1—From a Boy to a Man:** The first movie from the series on Sri Aurobindo's life by Olivier Barot starts with a beautiful introduction about his work and vision of the future.

Episode 1 covers Sri Aurobindo's life from his birth in 1872, his childhood in Calcutta, Darjeeling, and England, and his life in Baroda after his return to India (1893-1900).
Duration: 47min.

We are given glimpses of Sri Aurobindo's family history, his parents, and his education. We follow his life and education in the industrial town of Manchester, where at the age of seven, he was placed by his father at the home of an English vicar. There, young Ara or Aravind was fully kept away from Indian culture, with the expectation that he would absorb English faith and culture, elements seen as necessary for India at the turn of the century.

Then, we learn the historical details of Aravinda's study years at King's College in Cambridge and the development of his revolutionary ideas from his college time to his return to India.

We see the images of Aravinda's return to India in 1893, and we are informed about his service to the Maharajah of Baroda, the progress of his career, and his reacquaintance with Indian culture and languages. We also learn about his mystical experiences and how his yoga took shape.

Olivier Barot has sourced little-known archival images to give us a fascinating and thought-provoking history of Sri Aurobindo as a child and young man. He completes the picture with glimpses of Indian and European art, and insights into the artistic and intellectual currents of the era that likely shaped Sri Aurobindo's ideals and philosophy. We also get to see historical photographs and paintings of the places he spent time in, and the people he met. This visual narrative is interwoven with rich atmospheric music and a detailed record of the events in Sri Aurobindo's life.

[The movie is available on YouTube](#)

- **11 August:** Sri Aurobindo—An Indian mystic who worked for human unity. This video is a tribute to the Master by the Sri Aurobindo Ashram Delhi Branch. *Duration: 49min.*
- **18 August:** Sri Aurobindo & the Earth's Future—From Darkness to Light—Episode 2—This episode covers Sri Aurobindo's life from 1900 till 1906 and his first involvement in the Indian freedom struggle. *Dur: 56min.*
- **25 August:** Sri Aurobindo & the Earth's Future—From Darkness to Light, Episode 3—This episode relates to Sri Aurobindo's life in Bengal from 1906 till 1910. *Duration: 57min.*

Full Moon Gathering

Saturday, 9 August, 7:15-8:15pm in front of Sri Aurobindo's statue

Dream Divine Series

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

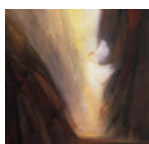
• Documentary: Auroville—A Dream of the Divine

- Friday, 1 August 4—5pm, @ Sangam Hall
Everyone is welcome.



• Auroville—a place for accelerated evolution: A talk by Deepti Tewari

- Friday, 8 August 4—5pm,
@ Sangam Hall.
Everyone is welcome.



• 22 August: The Theory of Karma: an Aurobindonian Perspective: Talk by Asesh Joshi

• 29 August: Auroville the Golden Bond: Film by A. Michele Decoust

Savitri Satsang with Narad @ Savitri Bhavan

• Every Tuesday, 4:30—5:15pm followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

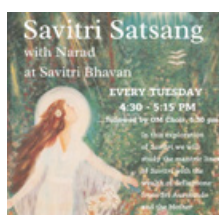
The Mother's words on Savitri:

"Savitri, the Supreme revelation of Sri Aurobindo's vision."

"... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."

"... all the rest is preparation, while Savitri is the Message."

"The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted."



OM Choir

- Fridays at 6pm @ Ashram School, Pondicherry
- Tuesdays at 5:30pm @ Savitri Bhavan, Auroville

*The voice that chants to the creator Fire,
The symbolled OM,
the great assenting Word. Savitri*

Please join us in this collective aspiration, in the form of a united prayer.

All are welcome, no prior singing experience required

OM is the signature of the Lord.

OM: I implore the Supreme Lord.



Talks of Dr. Alok Pandey

on Sri Aurobindo's Essays on the Gita

- Wednesdays,
13 and 27 August,
4—5pm @ Sangam Hall.
All are welcome



Audios by Gangalakshmi

In 2013, Sri Kireet Joshi suggested that I undertake French readers on the works of Sri Aurobindo, Mother.

Ex. *The Life Divine*, *Savitri*, *The Gita*, *The Synthesis of Yoga*, *The Agenda of Mother* and *The Adventure of Consciousness* by Satprem.

Priya from Auroville Radio informed me that there were 500 readings, until today 25.6.2025.

With infinite gratitude for this crossing.

GangaLakshmi

Body's Love for Divine

One hour deeper body practices drawing illumination from Savitri, Mother's Agenda and Huta's paintings.

- 2 and 16 August, Saturdays, 4—5pm
- Facilitator: Arul Dev
- @ Sangam Hall of Savitri Bhavan, Everyone is welcome

Explorations:

Being conscious of all parts of body / Looking conscious breath with body / Moving awareness from the surface to the depth of body / Practicing Aspiration, Rejection and Surrender within body / Body's link to Vastness, Silence and Light Above head / Body's link to Cave of our heart / Body's link to Sacred Source in the sub-conscious / Releasing memory imprints, blankness and suggestions of dissolution / Discovering our body's substance that has its own subtle light and joy / Discovering body's aspiration and love for Divine / Learning to wait for the Divine to act.

About the Facilitator:

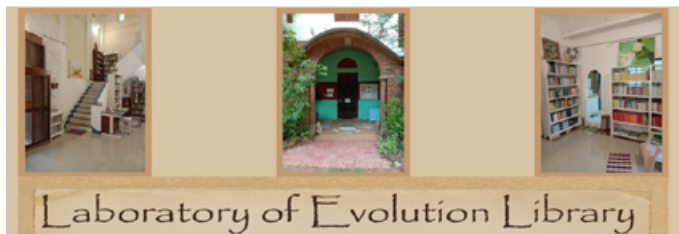
Arul Dev has been sharing his inner work through his books 'Into Great Depth of Your Being' and 'The Flame Within'. Post his engineering graduation, for 30 years he has been in the field of training, coaching, inner development, integral education and human resources consulting. In Integral Yoga his deep research is deeper body practices in the light of Mother's Agenda, Savitri and other works of The Mother and Sri Aurobindo. He practices and shares inner work with others for the transformation of entanglements in the body at the level of sensations, energy, emotions, thoughts and memories. The aspiration is to be fully aware of our body in all its cells and open its substance to connect to Divine Qualities, being in a fully receptive state.

Regular Activities

- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4—5pm:** Savitri Satsang led by Narad
- **Tuesdays 5:30—6:30pm** OM Choir led by Narad
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

*Margrit & Dhanalakshmi
for Savitri Bhavan*

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health. .. etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building. *Kalyani*

PAVILION OF TIBETAN CULTURE: EXHIBITION on Dalai Lama and Auroville—Three Memorable Visits (1973, 1993 & 2009)

On the occasion of the 90th Birthday of His Holiness the Dalai Lama, the Pavilion of Tibetan Culture presents an exhibition on "Dalai Lama and Auroville—Three Memorable Visits (1973, 1993 & 2009)"

- **Open every day except Sunday at the Pavilion.**

Starting right from Auroville's inauguration day in 1968, when soil of Tibet was put into the urn by a young Tibetan girl, continuing in 1971, when the Mother took 12 Tibetan children into the Auroville school and in 1973 when the Dalai Lama spent two days in Auroville and Pondicherry (on January 17, he met the Mother in the Ashram), the exchanges between the community of Auroville and Tibetans have been frequent and regular.

In December 1991, the Pavilion of Tibetan Culture became a unit of Auroville Foundation through a resolution of the Governing Board under Dr Karan Singh and Dr Kapila Vatsayan, the famous Art and Tibetan scholar.

In January 1993, His Holiness agreed to be the Patron of the Pavilion.

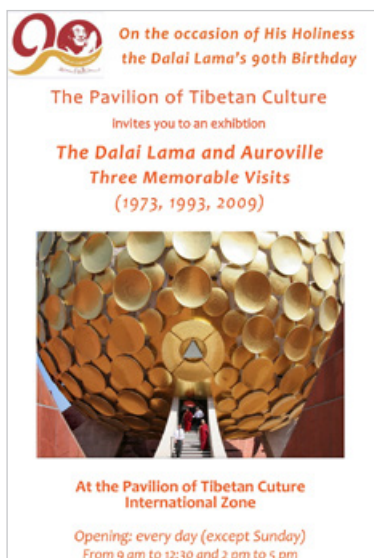
Later in the year, he came to Auroville to lay the Foundation Stone of the Pavilion and in January 2009, he returned to inaugurate the building.

I appreciate the development occurring constantly

I pray this place will be of immense benefit to others.

*His Holiness the Dalai Lama
in the Matrimandir's Guest Book, January 20, 2009*

Kalsang for Pavilion of Tibetan culture



Bharat Nivas Presents A WEEKLY STUDY CIRCLE

A weekly study circle on
The Synthesis of Yoga
- Sri Aurobindo

By Deepti Tewari
4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

BHARAT NIVAS
Scan for Location




Monisha

FROM AMAZON TO GANGA: A CELESTIAL JOURNEY Friday, 15 August, 10:30—12pm



Submitted by Monisha

Education

VAASAL CULTURAL MAGAZINE, EDITION 33

About Vaasal: Vaasal is a cultural magazine from Auroville that opens a doorway into Tamil heritage, inspiring lives, and creative learning.

Each edition highlights:

- A region or city of Tamil Nadu
- A classical literary excerpt
- A remarkable personality
- Select verses from Vallalar's Ārutperunjōthi Agaval (with Tamil, transliteration, and translation)
- Five Tamil vocabulary words
- And recent updates from Ilaigankal's community activities



In this issue (Edition 33): We feature Kanyakumari, exploring its sacred geography, maritime history, and rich mythological narratives. It also includes reflections on V.O. Chidambaram Pillai, Vallalar's light-filled vision, a profile of feminist educator Saalai Selvam, and highlights from our Joyful Learning celebration and arts workshops.

- [Flipbook Link](#)

Art & Culture bulletin

SATORI: EDUCATIONAL SERVICES

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

*Sergei, 9442934078,
satori.auroville@gmail.com*

ILAINARKAL EDUCATION CENTRE

Vanakkam! In line with our motto—**Supporting the workers and children of Auroville through shared learning and holistic empowerment**—we invite you to engage with our team of resource experts. As part of our Further Learning Programs, these specialists help strengthen vocational skills—from tailoring and craftsmanship to wellness and cultural arts—and foster holistic development across our learning community. Please feel free to share this information with your teams, workers, and networks across Auroville to co-create research-based initiatives for the future of Auroville as envisaged by The Mother.

Name	Expertise	Availability
Anandou	Yoga & Wellness; Spoken English	Monday—Saturday Afternoons, 3:30—6pm
Drupad	Performing & Visual Arts Specialist	By appointment
Harshini	Women & Children Welfare Consultant	By appointment
Monika	Bharatanatyam Dance Instructor	Sundays, 3—4:30pm
Prabha	Tailoring & Textile Design Mentor	Monday—Friday, 9—3pm
R. Meenakshi	Tamil Culture, Poetry, Language & Village Social Dynamics	Thursdays Session 1: 3:30—4:30pm; Session 2: 4:45—5:45pm
Ramesh Karunakaran	Editorial Support; Tamil Language Typing & Tamil Poetry	By appointment
Sivakumar	System Design & Research in Technology and Social Entrepreneurship	By appointment
Vatchala	Library In-charge & Reading Circle Facilitator	Monday—Friday Mornings, 10am—12pm

To Enroll: Please call us at 0413 2623773 to book your slot in advance.

Sivakumar for Ilainarkal Education Centre

SUPPORTIVE LEARNING SATELLITE: SLS TEAM

We are happy to share with the entire Auroville community that the Supportive learning Satellite (SLS) is now becoming an official unit under SAILER. Our service began in 2015 under the umbrella of the Teachers' Center, SAILER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs.

Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on:

- Academic or behavioral aspects. Referrals for children requiring further medical support or assessment
- Advise and help to implement family support
- Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity
- Please contact us: 9655519546, sls@auroville.org.in

Ana and Laura for SLS Team

TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact ashree@auroville.org.in/ 8270512606 WA only.

Ashwini

LEARNING SPACE OPENS DOORS FOR KIDS of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAILER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools. A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey for Aarambham Learning Space team



Health Care

ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on **Addiction Recovery**.

Raam & Palani

CHILDBIRTH AND PREGNANCY EDUCATION

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted

- **In both English and Tamil**
- **Every Wednesday, 5—7pm**
- **@ Creativity—Hall of Light.**

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us.

If you would like more information or to join the class, please contact Savithri through only WhatsApp +918940571774 or email us at morningstar@auroville.org.in

Paula for Morning StarTeam





Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday (11 August onwards)
Physiotherapy & Massage with Galina: Monday—Friday	Homeopathy with Michael: TOS
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena— inquiry email: adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Announcement from Santé

Santé is happy to welcome **Dr. Pavan** back and **Dr. Joseph** as a new member of the Santé team.

Dr. Pavan is an experienced general practitioner with a speciality in internal medicine: Dr Pavan has completed a fellowship at Andrew Weil Center for Integrative Medicine.

Dr. Joseph (short Dr Joy) joins as a volunteer and is an experienced general practitioner with a fellowship for Diabetes and Family Medicine, Dr Joseph is ready to see patients of all ages and has experience in pediatric care.

Dasha for Santé Services, sante@auroville.org.in, <http://sante.auroville.org.in>

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:

- Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem



SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA, auroshruthi@auroville.org.in

Sruthi Sundaram

SUPPORTING COMMUNITY HEALTH AND WELL-BEING

We are pleased to announce two new initiatives aimed at supporting the well-being of our community:

1. PMJAY Health Insurance Card Assistance

We are offering support to help eligible community members apply for the PMJAY (Pradhan Mantri Jan Arogya Yojana) Health Insurance Card. This scheme is available to all Indian citizens aged 70 years and above, regardless of their economic background.

To apply for the PMJAY card: Please visit the Health and Healing Trust office at the Arka Wellness Center

- We are available to assist you **every Tuesday and Thursday, 10am—12pm.**
- For any question kindly contact us at 0413 263799.

Important Note: To complete the application, you must have access to a mobile phone with an internet connection, as the process requires downloading a mobile app. Additionally, the mobile number used must be the same number linked to your Aadhaar card, as it is necessary for verification and OTP (One-Time Password) authentication.

We also request all Aurovilians to bring their Chief Minister Health Insurance Card and PMJAY card (if already issued), which are essential for accessing key health services in Tamil Nadu and offer significant financial coverage for medical treatment.

2. Community Blood Donors Group

We are forming a voluntary blood donor group within the AV community to support those who may need urgent blood donations.

If you are willing to be part of this group, please email the Health and Healing Trust with your blood group and contact details. Your participation can make a real difference in times of medical emergencies.

We encourage all eligible members to take part in these meaningful initiatives. Thank you for your continued support and commitment to community well-being.

Suriya for Health and Healing Trust,
Arka Wellness Center

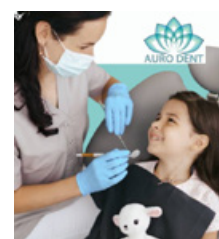
AURODENT DENTAL CLINIC

For Appointment:

- +91 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode



Jayasutha for Aurodent

AURO PERFECT VISION—FOCUS VIII

Eye Yoga & Wellness Retreat

6—10 August, 4—5pm

@ Progress Hall, Bharat Nivas

- Give your eyes the care they deserve. It's time to Focus.

Experience a 5-day journey of natural eye care and wellness. Through guided eye exercises, relaxation techniques, and breathwork, this retreat is designed to refresh your eyes, reduce strain, and support your overall visual well-being.

- Open to all: Aurovilians, Volunteers, and Guests
- Limited seats—Register early

For registration and details

- Scan the QR code or [click on the link](#)

Submitted by Aurosugan



Animal Care

SUSPENSION OF AUROVILLE DOG SHELTER'S monthly transparency report

Dear Auroville community, it is with heavy hearts that we announce the temporary suspension of our monthly transparency report. These reports have been our voluntary commitment to you for the last years, providing updates on our work, services, donations received, and detailed expenses, all for the sake of transparency and openness with the community that supports us.



This difficult decision comes in response to recent allegations issued by ATR against one of our dedicated staff members, who, after several years as a Newcomer, had recently been announced as an Aurovilian. This staff member is now accused of "spreading misinformation and discrediting Auroville institutions" by:

- Using social media posts (Instagram).
- Publishing our transparency report on March 6th, 2025, in News & Notes (which mentioned the ban on crowd-funding across Auroville).
- Launching a petition to save the Auroville Dog Shelter.

The accusation claims these actions portray a "damaging and misleading image of Auroville."

We categorically state that every fact we have posted on social media and in our transparency reports is a verifiable act and constitutes nothing less than the truth we have been sharing with the Community. Their interpretation, among other false allegations against our staff member, is viewed by us as an attempted censorship designed to intimidate our shelter staff and prevent relevant information concerning the state of the shelter from being made public.

As a sign of peaceful protest against being silenced, we are suspending our monthly transparency report for the time being.

In this challenging time, we urgently ask for your support. We need your help to survive, to save the lives of our dogs, and to be able to resume our vital services for the animals, and the wider Auroville Community.

Please support us: Donate to FS 251391

- Visit www.aurovillegdogshelter.com for our bank account information.

As The Mother said: "One must never fear to speak the truth whatever the consequences." Questions and Answers 1953

Arthur for Auroville Dog Shelter Team

URGENT PUBLIC HEALTH ALERT:

Another confirmed rabies case in Auroville area

Immediate action required for those exposed

On Wednesday afternoon, 23 July, the Auroville Dog Shelter team was alerted to a young male dog exhibiting alarming symptoms of rabies infection, including extreme aggression and foaming saliva around the mouth.

This dog was sighted in the areas of Edayanchavadi, Red Earth Riding School, and Moratandi Toll Gate before our rescue team successfully caught it near Bark India.

We regret to inform you that the dog passed away last night. A specialized rabies team from Mettupallayam College conducted a brain biopsy today, which has confirmed a positive rabies infection.

We are actively investigating the contact details of the three known individuals who were bitten by this dog and are now in severe danger of infection. As the dog had been roaming in the Auroville and Edayanchavadi areas in recent days, it is highly probable that more people and animals may have been exposed.

Rabies is 100% fatal if not treated immediately.

Immediate Action For Exposure:

If you or anyone you know has been bitten by this dog or came into contact with its saliva, please visit a hospital immediately for Post-Exposure Prophylaxis (PEP).

Recommended healthcare providers include JIPMER, PIMS, or the Auroville Health Centre.

A fast post-exposure treatment can save lives!

Please urge anyone you know who may have come into contact with this dog and been bitten to seek medical attention instantly.

Auroville Dog Shelter's Capacity to Operate Severely Compromised:

It has been one year since our last major vaccination drive, which was financed by AVI USA and protected over 1500 dogs and cats in Auroville and surrounding villages. While it is now critical to renew these vaccinations and boost immunity, the Auroville Dog Shelter is unfortunately facing severe budget constraints after a recent decision to ban crowd funding in Auroville.

- We are no longer able to provide community-wide protection through vaccinations, as we ran out of stock and are unable to buy more.
- We are also forced to halt our successful "1000-dog-in-a-year" sterilisation program, which will lead to an exponential increase in the number of puppies in the entire area
- Tragically, we have to let go end of this month of most of our experienced staff members, including our dedicated rescue team.

This leaves us tragically unable to conduct any rabies rescues in the future, leaving Auroville and its hundreds of thousands of yearly visitors unprotected against the constant danger of rabies.

Protect yourselves and your pets

Given these critical limitations, we urge every pet owner to immediately contact your private veterinarian to get your animals vaccinated to ensure their safety and your own. Due to a high number of parvovirus cases in the area, we ask you to protect your animals with a multi-vaccination and not just rabies protection.

Please stay safe and vaccinate!

The Auroville Dog Shelter Team
aurovillegdogshelter@auroville.org.in
 From Mass Bulletin

Festivals

BAL BOHÈME FESTIVAL

The Auroville International Zone, in collaboration with Kalabhumi Music Studio & Hibiscus Art Village, present Bal Bohème Festival

- **5 & 8 August:** Cinema Paradiso
- **9 August:** Main performance event, music, dance and more @ French Pavilion, International Zone

The Bal Bohème Festival is a celebration of gypsy spirit—wild, free, untamed. It honors the ancient rhythms and elemental wisdom that this nomadic culture has carried for centuries through music, dance, and art—from India to faraway lands.

Spanning three vibrant days of gypsy cinema, live music, dance, performance, market, carnival, and world cuisine, this gathering is a tribute to the soul's longing for freedom, connection, and authenticity.

This is a call to awaken the gypsy within—to dance barefoot under the stars, to tell stories shaped by wind and wander, to reclaim the joy of movement, and to return to the heart of community and spirit.

Movie Screenings

Tuesday, 5 August, 8pm @ Cinema Paradiso

- **Black Cat, White Cat**, Emir Kusturica, 1998, Serbian with English subtitles.

Friday, 8 August, 8pm @ Cinema Paradiso

- **Gypsies are Found Near Heaven**, Emil Loteanu, 1976, Russian with English subtitles.

Festival Night: Saturday, 9 August, 5—10pm

- **@ French Pavilion, Opp. Visitor Centre.** Line-up:
 - **5pm:** "Gypsy Piano" (Abtin)
 - **6pm:** Spiral Dance with Prem Shakti
 - **6:30pm:** "Cotton Club"—Bluesy Originals (Mathew, Sam, Rolf, Saga)
 - **7pm:** "Nuages"—Gypsy Jazz (Ronnie, Mathew, Saga, Rolf)
 - **8pm:** "Dusha"—Ukrainian Originals (Shakti, Rolf, Suresh)
 - **8:30pm:** Music Set by CWILD
 - **9pm:** Gypsy Fire Dance

Come in your favorite gypsy outfit for the carnival flair. Leave lit by music and soul. Join the dance.

Vivekan, Elena, Iris



International

Unity Pavilion Presents SENCHA-STYLE TEA CEREMONY

Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

* Sessions are available as a one-on-one experience or for groups (4+ people).
* Children (5+ years) are welcome. Special Kids birthday sessions available.

Rs. 400 per person
Rs. 300 per person for Groups of 4 or more

PRE-BOOKING OR BY APPOINTMENT
Call/WhatsApp: +91-9385428400 for bookings

QINNESS HALL, Unity Pavilion
DISCOVER A SPIRITUAL JOURNEY WITH
SENCHA-STYLE TEA CEREMONY
EVERY THURSDAY 3.00 PM

Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- **Pre-booking or by appointment:** +91 9385428400 WA

THE MOTHER'S SYMBOL, MATRIMANDIR & 12 QUALITIES

THE MOTHER'S SYMBOL
MATRIMANDIR AND
THE 12 QUALITIES
EVERY TUESDAY 5.30-6.30 PM

Autism, Volunteers and Guest/Visitors
ALL ARE WELCOME

ART CLASS: WITH ARTIST JANAKIRAMAN

MONDAY to SATURDAY
10 AM - 12.30 PM & 2 PM - 5 PM
SATURDAY FOR KIDS: 10 AM - 12 PM
VOLUNTARY CONTRIBUTION IS WELCOME
ARTIST +91-8015362636 OFFICE 0413 2623576

EXPLORE WATER COLOR TECHNIQUES
ART
CLASS-DAILY
WITH ARTIST JANAKIRAMAN

Priya for Unity Pavilion

French Pavilion presents
@ Pavillon de France, opposite the Visitor Center

SUNDAY PÉTANQUE

Every Sunday, 4—5:30pm

Sunday pétanque is back!

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun. Come and share a convivial moment and bond with others in a relaxed and welcoming atmosphere!

Submitted by Vivekan

SUNDAY PÉTANQUE
Reunions

OPEN TO ALL LEVELS
EVERY WEEK, 4 PM ONWARDS
FRENCH PAVILION - INTERNATIONAL ZONE

Youth Initiative

BLIND BABBLE FRIDAY

Friday, 1 August, 5:30—7pm

@ Youthlink's Town Hall office
(previously Virundhu Canteen).

Step outside your usual circles and into a space where conversation is the game. Blind Babble invites you to connect with strangers through thought-provoking prompts designed to spark authentic, unscripted dialogue. Sit down, pick a card, and see where the conversation takes you!

We would love to see you participating! **Onyx for Youthlink**



BOARD GAMES

Wednesdays, 4—5:30pm

French Pavilion welcomes you every Wednesdays, 4 to 5:30pm for Boardgames.

Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Vivekan

Theatre, Music & Arts

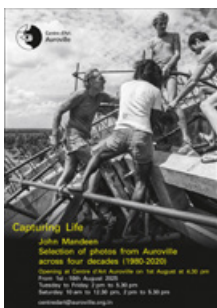
CAPTURING LIFE BY JOHN MANDEEN

Selection of photos from Auroville across four decades (1980—2020)

1—10 August @ Centre d'Art Auroville

- **Opening:** Friday, 1 August, 4:30
- **Tuesday—Friday:** 2—5:30, morning by appointment.
- **Saturday:** 10—12:30 & 2—5:30

John Mandeen came to Pondicherry, South India, from California, in October 1968 as a young man of 24 and was accepted by the Mother as an Ashramite of the Sri Aurobindo Ashram. He helped set up the first screen printing workshop in the Ashram Press. All birthday cards with the Mother's symbol in those days were screen printed there besides book covers. He took up photography in the late 1970s and got seriously into it by the 80's, documenting Auroville in all its aspects very extensively, including the Matrimandir.



Since 1980 he was part of the Prisma Team with Franz and Tim and they did all the publicity work for Aurelec. In 1994 he took photos for the first Auroville Exhibition at the Visitor's Centre which was updated several times over the years. He was the photographer for the Auroville Today team till writers with snap and shoot cameras took over the job. He taught photography at the school in Aspiration school to many Auroville kids, all adults now, some of who ended up becoming photographers themselves.

Most of Prisma's initial publications, like the architecture books, carry his photos. Later he was involved in doing pre-press work for other Prisma projects as well as projects of the Sri Aurobindo Ashram Archives. Recently he was working with the Sri Aurobindo Ashram Archives on a new book they are bringing out.

He left for his onward journey on July 7, 2024. **Marco**

TUK, TUK, HURRA: PHOTO EXHIBITION BY TUKSOUTH

July 2025 onwards, 8am—5pm

@ Aurelec Restaurant & Art Gallery

When four Kenyans lose their jobs due to the coronavirus, they scrape together their last savings, buy two TukTuks, drive towards Cape Town, make funny videos, and raise money for Africa's Wildlife Rangers.

The "Tuk South" project represents the spirit, courage, and freedom of a crazy adventure. Armed with two eight-horsepower Piaggio TukTuks and no schedule, Jasper, Ivo, Josh, and Robby guided their workhorses, named "Princess Buttercup" and "Wesley," past elephants and smoking strato-volcanoes, navigating through jungles, savannas, and the Kalahari and Namib deserts, documenting the lives and work of the rangers for a feature-length documentary. Their destination? Cape Town, South Africa, where they arrived after two and a half years.

By Franz Fassbender



RETROSPECTIVE AT CENTRE D'ART

Wednesday, 6 August & Friday, 8 August, 4—5:30pm

@ Centre d'Art's Multimedia Room

In parallel with John Mandeen's exhibition, retracing Auroville's first 40 years, Centre d'Art would like to dedicate two afternoons to the screening of pictures by Dominique Darr, taken between 1971 and 1974. The images portray Aurovilians of the time, some of which are easily recognizable, while others seem complete strangers to us.

The Dominique Darr Archive would be grateful to receive your help in identifying people from that era, and thus enrich each photo with valuable information.

- **A first series of images** will be screened and commented in Centre d'Art's Multimedia Room on Wednesday, August 6 from 4 to 5:30pm, and
- **A second series** on Friday, 8 at the same time.

It will be a great opportunity to remember the old days and the people who contributed to the birth of Auroville. We look forward to seeing you there.

Submitted by Marco



PHOTO EXHIBITION BY SATTVA

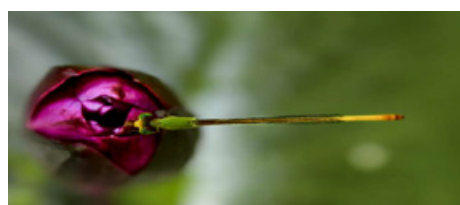
Little Creatures

& Birds in our Backyard

8—30 August, Monday to Saturday

8:30am—12pm and 2:30—5:30pm, @ Pitanga

"I would like to welcome everyone to this combined exhibition of two separate photo series—'Little Creatures' and 'Birds in Our Backyard'.



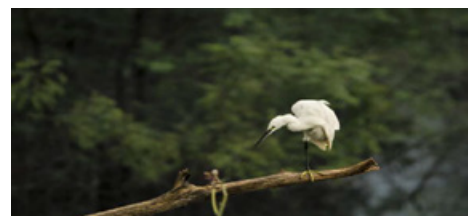
I'm a seventeen-year-old amateur photographer and my work mostly covers Nature, Culture and Community Life.

The first four years of my life were spent right here in Auroville before I moved with my family to a sustainable farming community outside of Tiruvannamalai where I currently live.

Over the years I've been inspired by the natural beauty of both places. Immersion in the intricacies of the natural world from an early age fuelled in me an avid interest in ecology, conservation and birdwatching. These interests have had a profound impact on me, and one of the ways I engage with them is by using photography as a medium through which to explore and share facets of the wonderfully wild world around us.

These twenty-four moments frozen in time aim to bring our attention back to dramatic, beautiful and sometimes alien scenes that play out largely unnoticed around us!

I hope you enjoy them." **Sattva**



"Two photo series that present an intimate look at the natural world around us. Familiar yet alien; beautiful, dramatic & delicate."

Anandamayi

Arpanaa Presents

ANUBHUTI, A MUSIC CONCERT

to commence the upcoming celebrations on the occasion of Sri Aurobindo's birthday

Saturday, 9 August, 5:30—7pm @ CRIPA

Kindly be seated by 5:15pm

We bring to the community a talented young musician Smt. Chaitali Sheollikar presenting a Hindustani music violin recital on Saturday, 9 August.

Chaitali Sheollikar represents the 4th generation of a family of reputed musicians. She started her rigorous training at the young age of 10, under the tutelage of her grandfather Pt. V.R. Sheollikar. And is currently receiving training from her father Pt. Praveen Sheollikar in the nuances of the "gayaki ang". The gayaki ang is playing an instrument with a technique that emulates the nuances and expressiveness of vocal music. Essentially helping the artist to reproduce the vocal style, including the subtleties and emotions of the human voice on the instrument.

Chaitali has represented India at the Ethno India Exchange program, presenting concerts in Germany and Belgium. She is an A grade artist of All India Radio and Recipient of Scholarship to Young Artists by Govt of India (CCERT) and NCPA Mumbai.

She will be accompanied on the tabla by Shri Yogeesh Bhat a disciple of Pt. Ravindra Yavagal and known for his sensitive and thoughtful accompaniment.

Arpanaa is a unit under SAILER and is supported by the BCC. It has been engaged in bringing various cultural events to the community. Presently this service is anchored by Yogini and Megha.



Yogini and Megha

TOUCHING THE SUBLIME

Ongoing till 23 August @ MAJI, Maroma

An exhibition celebrating creativity rooted in Auroville and Pondicherry. *Touching the Sublime* celebrates works of exceptional quality and depth, inviting viewers to pause, reflect, and engage with beauty in all its forms. It is a must-visit experience for anyone interested in the vibrant creative spirit of our bioregion.

About MAJI

MAJI is a cultural initiative by Maroma, a globally trusted brand that has been crafting natural wellness and fragrance products in Auroville for nearly 50 years. Through MAJI, Maroma extends its purpose beyond products—offering a platform for creative expression and artistic collaboration.

Curated by Supriya Menon Meneghetti, a ceramic artist and curator, the exhibition brings together diverse artistic voices rooted in sustainability, spiritual inquiry, and cultural harmony. Featuring ceramics, art candles, and paintings, this thoughtfully curated show offers a visual dialogue between nature and form, inner and outer worlds, tradition and experimentation.

As MAJI continues to grow, it seeks to amplify Auroville's artistic expressions while engaging in a larger global dialogue around conscious art, aesthetics, and community.

Sagarika, Gallery Manager



Dance Activities

DANCE WITH DANIEL

Open Style

- Saturday, 4:30—6pm @ CRIPA Small Hall

Hiphop

- Sunday, 5:30—7pm @ Harmony Hall, Bharat Nivas

Contacts: +91 2557732584

- Instagram: @daniel.helman.lee

Daniel Lee



NEW REGULAR SESSIONS of Dance for Children

@ New Creation Dance Studio!



We offer classes for almost all age groups:

- Toddlers' dance initiation** from 4 to 5 years old, every Monday, 2:30pm
- Children' ballet class** from 6 to 8 years old, every Saturday, 9:15am
- Tweens' ballet class** from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764

Submitted by Fleur

GARBA IMMERSIVE



Tuesdays, 4:45—6pm @ CRIPA

After a deeply humbling and joy-filled response in July, we now shift gears for August. We're opening the workshop to anyone who feels called to join and can commit for the month of August.

- Register by 4 August**
- Please note:** This is not a drop-in class. Full commitment for the month is essential.
- Learn more: <https://lightwithin.my.canva.site/garba>

Megha, 8870730567

+91 8870730567 WA, Megha

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7–Introduction to Tango
8–Improvers
- **Wednesday**
7:30–Guided Practice
8–Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082, tango@auroville.org.in Maud



DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango

Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday: Salsa class, 6:30pm
- Saturday: Workshop, 7pm

@Bakisata_dance

Tango Dance @ CRIPA

Monday

- Beginner, 6:30–7:30pm
- Intermediate, 7:30–8:30pm

Friday

- Workshop, 6:30–7:30pm
- Open practice, 7:30–8:30pm

Contact: +91 8637633696



Mani

Theatre, Music & Art Activities

CREEVA:

Information & upcoming News



Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5–7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5–7 pm.
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential: Every day, 9am–5pm,
 - Contact Abi: +91 90420 58981.

For info contact Sathya:

- +91 9486145072, sathyacolour@auroville.org.in

Sathya
for CREEVA Art Studio, Creativity

SVARAM ACTIVITIES

Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

- **By Appointment Only**
- Available Sessions: Solo, Duo or Group
- For details and booking:
<https://svaram.org/sound-healing-sessions/>

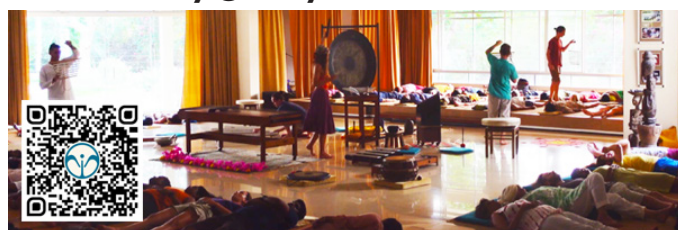
Creativity & Music in Sound Healing Training



This 6-day immersive training is designed for Sound Healers and Therapists seeking to profoundly deepen their understanding and application of sound in their practice. Moving beyond foundational techniques, this program explores the core principles that govern sound and creativity, providing you with a richer framework for conscious and effective therapeutic intervention.

- **4–9 August 2025**
- For details and booking:
<https://svaram.org/creativity-music-in-sound-healing-training/>

Sound Journey @ Unity Pavilion



We are back for our 2025–2026 Season!

- **Every Wednesday from 6 August, 5:30–6:30pm**
- For details and booking: <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- **Monday–Saturday, 10:30am–4:30pm,**
- **Sunday 10:30am–12:30pm**
- For details and booking: <https://svaram.org/sound-garden-art-installations/>

Sound Journey Facilitation Training



For aspiring sound healers and therapists, the Sound Journey is a powerful transformative practice that blends intentional sound, presence, and space-holding to support deep healing, expanded awareness, and energetic realignment.

- For details and booking: <https://svaram.org/sound-journey-facilitation-training/>

Aurelio
for the SVARAM Team

AUROVILLE SINGING FESTIVAL 2025

Selection Process

We're delighted to announce that the Auroville Singing Festival 2025 will be held on 4 & 5 October @ CRIPA Hall.

If you love to sing and feel at ease performing on stage, we warmly invite you to be a part of this celebration of voices!

We would especially love to hear songs in your native language, bringing the richness of your culture and spirit to our shared space.

- The selection process begins in early August, so if you're interested in participating, [please sign up here](#).

We look forward to seeing you—and hearing your voice!

With joy and music, Shakti for AVSF Team



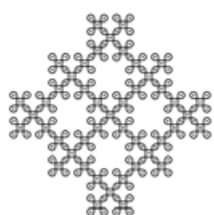
ACTIVITIES

by Grace Gitadelila

KolamYoga offers One off Introduction sessions and /or Initiation sessions into the Integral 12 sessions foundation course.

Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.

- <https://youtu.be/IErbDiGJVTA?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA



Kotree Yoga: Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Grace

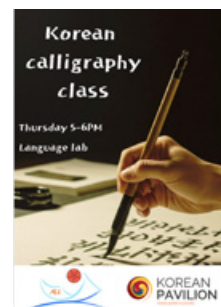
KOREAN CALLIGRAPHY

Thursdays 5—6pm @ Language Lab

Hangeul is the Korean alphabet. It was created in 1443 by King Sejong the Great and his scholars to help people read and write easily. Hangeul is known for its scientific design—the shapes of the letters show how the mouth moves when making the sounds.

It has 14 basic consonants and 10 vowels, and they are combined into blocks to form syllables. Today, Hangeul is considered one of the most logical and efficient writing systems in the world.

Discover the art of Korean calligraphy by learning the graceful forms of Hangeul consonants, vowels, and their harmonious combinations.



Mint

Sports & Martial Arts

MTB BICYCLE RACE

17 August, 6am @ Townhall parking area

Registration closes on 11 August

We are happy to announce our next event for the MTB bicycle riders in August 2025.

Join us on 17 of August at 6am at the Townhall parking area for the exciting race inside Auroville for **all ages above 12 years old**. The distance of the race is 18 kms. This time we have a **men & women category**.

- [Register now to participate in the race](#). On race day spot registration is not available.

- The registration closes on 11 August.

Raju, +91 9443074825 WA only



AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring.

We play futsal in Dehashakti,

If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji: 8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber 638563 5943



Submitted by Beber

MOVING MEDITATION TAICHI & QI-GONG

Taichi is the art of change.

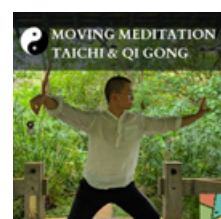
Learning how to drive your energy.

It is a mental & physical training method.

- Monday: Taichi, 5:15—6:15pm
- Tuesday: Qi Gong, 5:15—6:15pm
- @ Budokan, Dehashakti

Facilitated by Jiseong Park. No registration required

Jisung on behalf of Youthlink



ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

Please note:

- Contribution required
- Be punctual
- Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30–4:30pm**
for kids aged 4 to 13, @ Dehashakti Gym
- Contribution required

After many requests, we're thrilled to restart Brazilian Jiu-Jitsu and foundational MMA classes for children at Dehashakti Gym! Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline, self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

- **For more info or to join the kids' WA group:**
+91 84480 77070 Giacomo for Abhaya

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- **Kalari Classes for Beginners**
 - Morning classes: 6:30–7:30am
Monday, Wednesday, Friday
 - Evening classes: 5–6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30–7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

Bharat Nivas presents



- Monday to Friday
 - Morning: 6–7am, Evening: 5–6pm
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium
Monisha for BN Team

THE ART OF CHI: STEVANOVITCH METHOD

Classes with Hans

Tai Chi Quan & Chi

- @ Dehashakti outside
 - Tuesday and Friday, 6:30–7:45am
- Body awareness & Relaxation
- @ Budokan Dojo, Dehashakti, Wednesday, 5–6:15pm
- For more info: 8110848123 WA. Hans



AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



Changes regarding Aikido activity

Monday to Friday:

- **Adult class:** 6–7:30am
- **Children class:** 3:50–4:50pm

Saturday:

- **Advanced:** 6–8am
- **Weapon:** 8–9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who want to feel more grounded.

- **Monday to Friday:** 8–9am
- **Friday:** 5:15–6:15pm
- **Saturday:** 9–10am

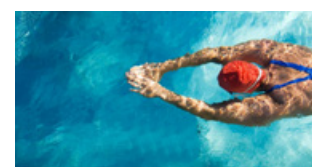
8300643963 WA, Philippe G.
9952812843 WA, N. Murugan,
+ 33622053932 WA Michaël B.

MORNING SWIMMING CLASSES FOR CHILDREN

Limited spots available!

Tuesdays & Thursdays, 6:30am–7:30am
@ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
 - Safe and fun environment with professional guidance
- Build confidence, improve technique, and enjoy the water!



- **To enquire:** +91 8940 288090 WA Sonia and Ana

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book now: +91 8637633696

Package swimming class



Mani

Multiple Activities

BHARAT NIVAS AUGUST 2025



BHARAT NIVAS

भारत निवास पारुत्तु न्दिवान्स

The Pavilion of India, Auroville

Bharat Nivas, the Pavilion of India in Auroville, offers a vibrant calendar of classes and experiences rooted in India's spirit of practice, learning, and cultural expression. All are welcome to join and co-create a space of growth and well-being.

Kalaripayattu—Ancient Martial Art of India

- @Bharat Kalari (Opp. Sri Aurobindo Auditorium)
- Monday to Friday, Morning: 6—7am, Evening: 5—6pm

A dynamic blend of movement, discipline, and inner strength. This South Indian martial art cultivates flexibility, endurance, focus, and body-mind coordination.

Open to all levels. Taught in a respectful, energizing environment.

Vinyasa Flow Yoga with Bala

- @ Progress Hall, Bharat Nivas
- Thursday, Friday & Saturday
- 5:30—7pm

Connect movement and breath in a fluid sequence to enhance strength, flexibility, and inner clarity. Open to both beginners and experienced practitioners.

Find your rhythm, balance, and calm with this mindful practice.

Auroville Tango

- @ Harmony Hall, Bharat Nivas

New batch starts the first week of each month. No partner required. Please bring socks or dance shoes.

- Monday
 - 7pm—Introduction to Tango
 - 8pm—Improvers
- Wednesday
 - 7:30pm—Guided Practice
 - 8pm—Long Practice
- Contact:
 - Maud +91 98211 66082, tango@auroville.org.in

Study Circle: The Synthesis of Yoga

Facilitator: Deepti Tiwari

- @ Resource Library, Bharat Nivas
- Every Tuesday, 4:30—5:30pm

A weekly gathering to explore Sri Aurobindo's teachings on Integral Yoga in a collective, thoughtful setting.

Open to all levels of experience and interest.

Kala Kendra Art Gallery—Exhibition center

- @ Kala Kendra, Bharat Nivas
- Visit During regular gallery hours, open to all

Ongoing exhibitions featuring visual artists from Auroville and across India. A space for aesthetic experience, dialogue, and inspiration.

Souvenir Shop—Gifts with Meaning

- Near Sri Aurobindo Auditorium
- Monday–Saturday, 10am—4pm

A curated selection of Auroville-made items: T-shirts, bags, magnets, and coffee cups. Beautiful keepsakes and thoughtful gifts.

Bharat Nivas Café—The Pathway to Flavour

- @ Pathway Café, open daily

Serving all-day dosas—Masala, Ghee, Onion—comforting Pongal or Khichdi, and organic chai for Rs 20.

Simple food, warm hospitality, and an authentic taste of South India.

Marketplace Stalls—Auroville Made

Explore handmade products and crafts from local initiatives:

Hemplanet: Hemp-based wellness and skincare

Deepam Candles: Hand-poured artisan candles

Taste of Nature: Herbal teas, jams, snacks

La Boutique: Ethical clothing and crafts

Egai: Workshops: incense, jewellery, coconut shell

Auroville Explore: Guided tours of Auroville

Weekly Cultural Programs & Events

Bharat Nivas hosts music, dance, theatre, and guest talks every week—many at the Sri Aurobindo Auditorium and SWACHU—open to Auroville residents and visitors.

- Instagram: [@BharatNivasAuroville](#)
- Facebook: [BharatNivasAuroville](#)

Invitation to Collaborate

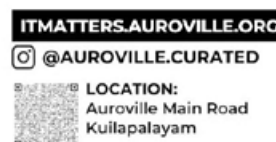
Bharat Nivas invites teachers, artists, wellness practitioners, and facilitators to co-create meaningful offerings. We welcome proposals for workshops, classes, performances, and gatherings across our venues: Harmony Hall, Progress Hall, Sri Aurobindo Auditorium, SAWCHU, and open-air spaces.

If your work aligns with conscious living and creative exchange, we'd love to hear from you.

- Contact: bharatnivas@auroville.org.in

Monisha, BN Team

IT MATTERS ACTIVITIES, A/C ROOM



@ It Matters, Auroville Main Road

More info on Instagram: [@auroville.curated](#)

Workshop pre-registrations*:

- itmatters@auroville.org.in or +91 9344087925 WA

Date	Workshops in August
2 August, Saturday, 4—5:30pm	Sustainability: Coral reefs, plastic waste & US with Annie. Donation based. Let's Work towards a gift economy!

*Pre-registration for Workshops required

Bhakti & Sandra

Bioregion & Nature Activities

SOLITUDE FARM ACTIVITIES



Saturday Free Farm Tour! Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

- **3 days Intensive Permaculture Weekend Workshop**

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

- **Mini Permaculture Workshop**

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service: A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing lifestyle conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com
Krishna for the Solitude farm & café

SADHANA FOREST: Plant based Saturday Every Saturday

Join us every Saturday for a day of connection, learning, and delicious plant-based food!

Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule:

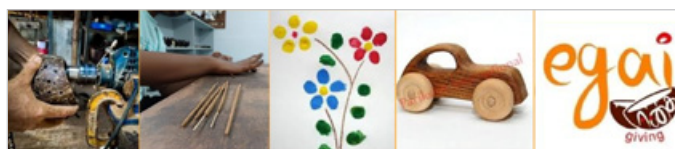
- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:** +91 9791896488,
egai@auroville.org.in

Anand

ENLIGHT



Explore Auroville



Cycle Tour



Forest Walk



Cooking Class



Fireside Drumming



Folk Dance and Music



Bamboo Workshop



Wood Joinery Workshop



Pottery Workshop

ENLIGHT

+91 76398 10621/82700 71581/0413-2963034
enlight@auroville.org.in

Arun, Anand and Balaji
for Enlight Team

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours
Henna	2 hours



- The Make & Take workshops can be booked for any day Monday—Saturday, 10am—12:30pm or 2—5pm.

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.



Tours inside Auroville with Mohanam

Tour Activity, Time	Description
Auroville Northwest Tour Monday to Saturday, 10:30am—1pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
Mohanam Campus Tour Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

Ganesha Idol Making workshop

- 2, 9, 16 and 23 August, Saturdays, 9:30am—12:30pm @ Mohanam Village Heritage Centre.

We are happy to invite you to a hands-on workshop for Vinayagar Chaturthi, where participants will learn to create their own eco-friendly Vinayagar (Ganesha) idols using natural clay.

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services. Arunachala—Auroville. Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/ spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- mohanamprogram@auroville.org.in,
- +91 8300949079

Balu for Mohanam Program

JOIN KIMCHI CLASS

Saturday, 2 August, 10—11:30am
@ CLC, above Marc's Café



We're excited to invite you to a Kimchi Making Class this Saturday, 2 August, at CLC (above Marc's Café).

If you're interested in joining, please contact me directly at matilde@marcscoffees.com to reserve your spot.

Looking forward to seeing you there!

Matilde

HEALING RHYTHMS IN NATURE

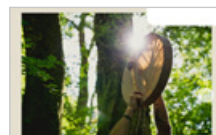
3 August, Sunday, 4:30—6pm @ Revelation Forest

Join us at Revelation Forest for a transformative Shamanic Drum Journey and Light Language experience.

- Grounding Walk:** Begin with a short forest walk to connect with nature.
- Meditation:** Followed by a calming meditation to center yourself.
- Shamanic Drumming:** Release stagnant energies and tap into your inner rhythm.
- Light Language:** Experience healing on a cellular level with frequency channelled from higher dimensions.

Facilitated by Kundhavi Devi, contribution Rs.300

+91 9360748665 WA, Arun



AUROVILLE BAMBOO CENTRE EVENTS

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

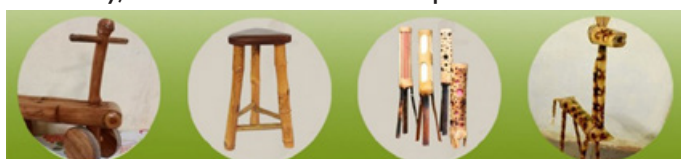
Trainings and workshops

- Every day except Sunday

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

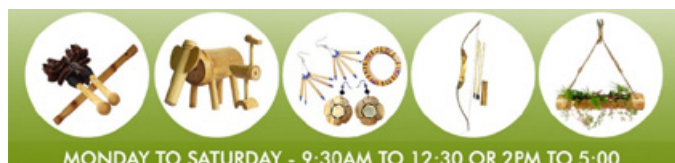
Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:



MONDAY TO SATURDAY - 9:30AM TO 12:30 OR 2PM TO 5:00

- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

Upcoming Workshops

Bamboo Joineries-Beginner Course

- 8—9 August

The Bamboo Joineries workshop is a two day immersive learning experience that offers the opportunity to learn the fundamentals of bamboo joineries, while engaging in a unique self-inquiry in the company of an international team of mentors.



Bamboo Furniture Workshop

- 22—23 August, 9am—5pm.

This workshop focuses on small scale furniture making from bamboo and wood combination for example chairs, tables, shelves, etc... The Bamboo Furniture workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.



For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, voice call & WA
- 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Balu for Bamboo Centre Team

WELLPAPER WORKSHOP



10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper: +91 9385744722, 0413 2969722 Viji

Help Needed

MORNING STAR

Help Us Build a Place for Respectful Maternity and Women's Wellness Care

Construction at the Morning Star site is in full swing! This center for community-based natural birthing and women's wellness is deeply rooted in Auroville's values: honoring conscious birth for women of all nationalities, including fathers in the sacred moments of pregnancy and birth; supporting health for women throughout the lifespan—all in a sustainable, beautiful building surrounded by trees and gardens.



To manifest and sustain Morning Star, we are seeking your support—from within Auroville, across India, and around the world. This is your chance to be part of a meaningful step toward the future of humanity. Every contribution—big or small—makes a real difference.



How You Can Contribute

1. Aurovilians (Indian Nationals Only)

You can contribute directly through a Financial Service (FS) transfer:

- Send your FS Transfer to Auroville unity fund
FS account 240001. Project Name: Morning Star

Once done, please inform us so we can acknowledge and account for your donation properly.

2. Indian Nationals (Outside Auroville)

Please donate via the Auroville online donation portal:

- <https://auroville.org/page/donations>

Select your preferred payment method. In the Project/ Remarks field, enter: Morning Star

3. Foreigners Residing in Auroville (Non-Indian Nationals)

Due to FCRA regulations, direct FS transfers are not allowed. Please follow these steps:

- Write a cheque addressed to: Auroville Foundation
- Submit it to us or to the Unity Fund at the Financial Service
- Provide a copy of your passport

The Unity Fund team will process and route the donation to our project in compliance with FCRA regulations.

4. Foreign Donors (Outside Auroville)

Donations can be routed through any of the AVI centers. Please check the Auroville International Centres for more information: http://auroville-international.org/avi_centres/

Our fundraising partners: AVI-USA

- <https://give.aviusa.org/page/MorningStar>.

- Donations via Auroville International U.S.A. are tax-exempt.

AVI-UK:

- <https://aviuk.org/fundraising/donate/>

- Tax-exempt donations via Auroville International U.K. Please mention: Morning Star

All donations are processed through the Auroville Unity Fund in accordance with FCRA rules of India ensuring compliance, full transparency and proper usage.

Need Help?

Our fundraising coordinator, Balaganesh Siva, is happy to assist with any questions about the donation process.

- balaganesh.siva@gmail.com
- +91 98926 99804 WA/ Call

Let's build this dream together and bring conscious, respectful care for women, babies, and families—not only to Auroville, but to the world.

Paula for The Morning Star Team,
www.aurovillemorningstar.org

Office Spaces

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian

at Auromode in person, +91 9943390391 or
pandian@auroville.org.in

Pandian

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in
Siva for ADPS Trust

Cowork, kindly @ Marc's Cafe

RESPECT THE SPACE, THE PEOPLE, AND NATURE
 GOOD TUNES. NO BAD VIBES
 FREE WIFI
 SELF SERVICE
 MON-FRI
 9 AM-5 PM
COWORK, KINDLY.
 SCAN FOR MENU

Matilde

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings.

- **Opening hours:** 7am—11pm
- **Flexible Passes & Validity:**
 - 1 Day Pass
 - 5 Days Pass (Valid 14 Days)
 - 25 Days Pass (Valid 60 Days)
 - 60 Days Pass (Valid 120 Days)
- **Conference Room:** As Booked (4 hrs)
- **Amenities:** Enjoy fast internet, power backup, AC, meeting room, EV Charging and complimentary coffee/tea (10am—4pm).
- **Community & Connection:** Beyond the amenities, we cultivate a supportive community that fosters collaboration and upskilling. We organise coworkers' lunches, game nights and workshops to learn new skills.

Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, Auroville—605101
- cowork.kinisi.in



Laure

Looking For

Looking for a medical or hospital bed

We are looking for a medical or hospital bed for an old man, Aurovilian Giuseppe.

The bed should have side rails that can either be opened (lowered) or raised so that the old man does not fall out of the bed at night when turning and moving the body. Best would be a bed without wheels.

We are happy to receive an old bed that is still intact, or can get repaired with minimal costs. Please contact Enrica, 9840031935 or Shivaya, 9489601312 by phone/ SMS/ WA.

Shivaya

The Mother's Flower Garden is in search of stones and pebbles

The Mother's Flower Garden is in search of stones and pebbles—of any size, shape, or colour—to help us design and beautify the garden's sacred spaces.

If you happen to have some and would like to offer them, we would be most grateful to receive your gift.

mothersflowergarden@auroville.org.in

+91 8608854330,

Rabi for The Mother's Flower Garden Team

Urgently seeking a long-term housesitting opportunity or a rental

My name is Dhruvi, and I am an architect working at Unitary Design Studio with Omar Rabie. I have been living in Auroville for over a year now and am currently in the volunteer process to become a Newcomer.

I am urgently seeking a long-term housesitting opportunity or a rental, with a stay of at least 4 months or longer. I am a responsible, quiet, and clean individual who has had the privilege of housesitting in several communities over the past year, always with care and gratitude.

- If there is any relevant opportunity please feel free to contact me at +91 8879151241

Dhruvi

Taxi Share

To Aravind Hospital any day in August

I'd like to share a taxi to Aravind Hospital for a field test. Any day in August.

Gaya, 9442663282 WA

Available

Computer towards contribution

I am selling my beloved computer. It served me well, but I need a more powerful model for professional programs. It is perfect for office tasks, movie watching, internet browsing, music, medium level graphic computer games, etc.



HP Chromebox High Performance Business Class Mini PC Secure. This tiny desktop computer has features like Intel Core i7—8th Gen processor with 1.9 GHz upto 4.2 GHz with Intel Turbo Boost Technology, 16 GB DDR4 RAM, 512 GB SSD making it the perfect Business Class Mini desktop pc to carry out all tasks in one place.

It is super easy to carry around and it doesn't take space on your desk. It is fully functional: no lags.

Alexey, + 91 8300288303 WA

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call 8122274924

Aviram for Sadhana Forest team

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.



**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice, 7598911090 WA

AARAMBHAM LEARNING SPACE

Looking for a volunteer caretaker

Aarambham Learning Space is looking for a volunteer caretaker. Simple place to stay & lunch provided in exchange for physical work few hours a day.



Looking for a long-term volunteer Facilitator

Our expectations

- responsibility and punctuality
- ability and preferably some experience of work in the education field (age from 6 to 12)
- good communication skills with kids and adults
- ability to move around Auroville
- interest and motivation
- optimism and good energy

We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details:

- aarambham@auroville.org.in
- +91 83002 88303, WA messages

Alexey

Work Offering

BABYSITTING

Hello my name is Padmashree. I am a 16 year old Aurovillian. I've done babysitting last year and had to stop because of my school schedule, now that the new year has started I would like to continue to work with kids.

- I've done babysitting with 4—5 years old, I'm willing to try any other age groups.
- I'm free every afternoon. I'm also open to do occasional evenings for you parents to have nice time without kids.

If you would like or need my help please message me for further details.

+91 8015086448,
Padmashree

Work Opportunities

eco ♻️ femme

is looking for a communications lead

Eco Femme is seeking a dynamic and passionate Full-Time Communications Lead to drive our growth and brand awareness. We are looking for an experienced candidate in marketing strategy, leadership, and project management to guide our team to meet organizational and programme goals.

Proven experience required

- Minimum 1 year of experience leading a team, including cross-functional coordination
- Marketing strategy development and implementation
- Basic understanding of performance marketing and analytics
- Platform-specific expertise in Instagram, Facebook, LinkedIn, YouTube, Google Business, website, and email marketing
- Project management/ campaigns

We are based in Auroshilpam.

Starting date: Immediate. This position requires the candidate to be present at our office on a daily basis.

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

Mahalakshmi Prabhakar,
+91 7094278777

AUROVILLE INSTITUTE of Applied Technology

Seeking for qualified candidates:

Assistant professor

Auroville Institute of Applied Technology (<https://aiat.edu.in/>) is currently seeking qualified candidates for the position of Assistant Professor in the field of Electrical and Electronics background. Applicants must hold a Master's degree in a relevant discipline.

- Interested candidates are invited to send their CV to info@aiat.edu.in.

Looking for a Hindi language teacher

Auroville Institute of Applied Technology (AIAT) is currently inviting applications for the position of Hindi Language Teacher. Candidates with a Master's degree in Hindi or a related field will be given preference.

- Qualified and interested individuals are requested to send their CV to info@aiat.edu.in. Amarnath

CONTENT CREATION, RETREAT LOGISTICS, proofreading, website updates

Hello, I am looking for people who can support the different areas of my work—content creation, retreat logistics, proofreading, website updates etc.

- Some roles are ideal for interns or volunteers,
- and others could be paid.

If you feel you can contribute to the field of Vedic Astrology, or know someone who might be a good fit, please take a look at this page: <https://www.allthingsvedic.in/work-with-us>. You'll find all the details there, along with a short form to be filled.

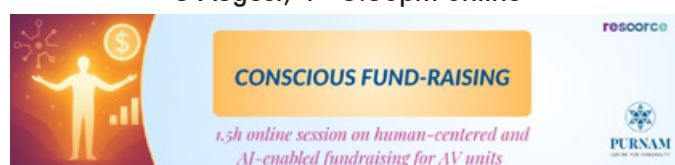
Vikram Devatha
9843948288,

Submitted by Megha

Foods, Goods & Services

CONSCIOUS FUND-RAISING for Auroville units and services

5 August, 4—5:30pm online



Why you should attend

- To learn how to fundraise without compromising your values
- To shift from scarcity mindset and liberate time, resources and human potential
- To understand how AI can enhance—not replace—human connection

What You'll Explore

- What is Conscious Fundraising?
- The ethical use of AI in grant search and grant-writing
- Alternative financing mechanisms like revenue-based financing

About the facilitators

This session is offered by Pranav Agarwal, a Karmayoga Fellow at Purnam Centre for Integrality, Auroville. He is an alumnus of SAICE in Puducherry and is a Paris-based sustainability advisor for leading European investment funds. Co-facilitators include Charlotte Lerat Fortrun, a veteran French NGO fundraiser, and Abhinav Agarwal, an expert in frugal innovation.

- Learn more about Purnam Community at <https://purnamcommunity.in>
- Free of charge
- Registration: <https://tinyurl.com/Conscious-fundraising>

Contact Pranav:

- +33625807716 WA, pranav28.om@gmail.com

Pranav

Pour Tous *புர் தூஸ்* For All

Canteen is now offering an In-Kind Lunch Scheme (Tiffin Service)

We are happy to announce that PT Purchasing Service—Canteen is now offering an in-kind lunch scheme (Tiffin service). If you are interested in subscribing to the monthly lunch scheme, please send an email to: ptps@auroville.org.in.

PT Purchasing Service has extended its closing time to 5:30pm
From Mass Bulletin

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

Auroville Bakery Cafe is excited to announce the opening its new branch in Town Hall!

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe.

The Cafe will also host an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants.

In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

We warmly welcome you to join us from this Monday onwards!

*Auroville Bakery & Cafe Team,
from Mass Bulletin*



GOYO KOREAN SILENT RESTAURANT

@ Luminosity Auroville

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm



Please book one day in advance

+91 9489693809, goyo@auroville.org.in

Won Ja for Goyo

RIGHT PATH CAFE



- Cafeteria is closed on Tuesday evenings instead of Monday evenings! Please join us on Monday nights for our full range of dishes, including Korean, Dosas, etc.
- Also, the Cafeteria is now on Dropzy! Please check our Takeaway menu!

Special offers at Cafeteria Visitors Centre

- Every day, 7:30—9am 50% Discount for Aurovilians on our organic breakfast items!
- Every Thursday 50% Discount for Aurovilians on Korean dishes
- Every Friday 50% Discount on non-veg dishes

Reminder! Cafeteria uses chiefly organic products and Auroville grown food.

We offer

- Monthly and half monthly organic lunch scheme options
- 30% Discount to Aurovilians and 10% discount to volunteer Aurocard holders on all our menus.

Kyonghyon Lee for Right Path Cafe

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

*Pavithra
for Auromode Restaurant*



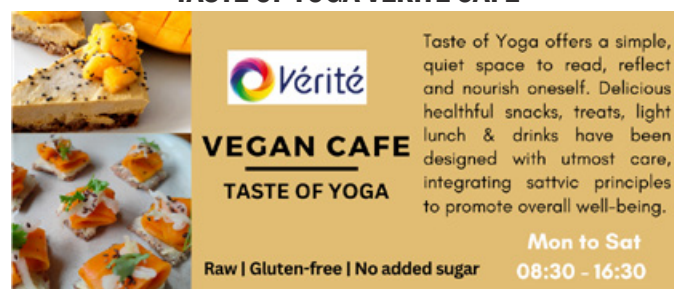
NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
 - Our prices are 20 to 200 only inclusive all taxes
- Come and enjoy!

Parthasarathy Krishnan

TASTE OF YOGA VÉRITÉ CAFÉ



*Kathir
for Vérité programming*

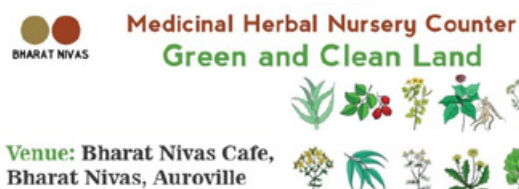
THE SPROUT CAFE & RESTAURANT



*Monica for The Sprout team,
www.thesprout.in*

BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter



Green and Clean Land: Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity. Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

Souvenir Outlet



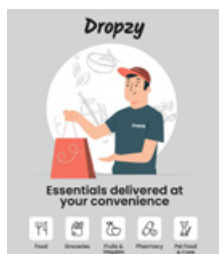
Monisha

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

ANY TIME DOSA AND PONGAL @ THE PATHWAY CAFÉ

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.

Arabinda for Bharat Nivas team

FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

• **For more info:**
call/ WA +91 83002 68804 or pass by.

Isabella for FoodLink

TAMIL NADU BASMATI RICE @ SIDDHARTHA FARM

At Siddhartha Farm, we have introduced Tamil Nadu Basmati rice, which we have been successfully cultivating here. It is now available at the following outlets: PourTous Distribution Centre (PTDC), PourTous Purchasing Service (PTPS), Farm Fresh, and Hers.

This aged, semi-polished Basmati raw rice is available in both whole grain and broken grain forms.



- Direct bulk orders are welcome, with a 25% discount offered on the following minimum quantities:
 - Whole grain rice, 25 kg
 - Broken grain rice, 15 kg
- Door delivery within Auroville will be provided as part of our service.

If there is a positive response from the community, we look forward to continuing its cultivation.

• For pricing and orders, please contact us at:
siddhartha.farm@auroville.org.in, +91 8838012456

Available for immediate supply.

Suha from Siddhartha Farm

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

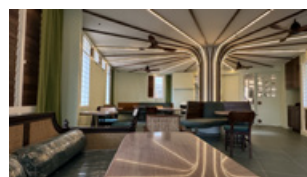
Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. Davide

LIVING ROOM CAFÉ: OPEN EVERY DAY, 8AM—9PM

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.



We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!

Debo for The Living Room Cafe Team

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10am

Variety of Dosa and Millets Pongal, Coffee

Rs.99

Submitted by Shiva



QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovillian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovilian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



Our Services Include:

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

Contact Us:

- +91 8300460679/ 680, info@kinisi.in
- <https://bit.ly/2Jl4Q9Z>, <https://kinisi.in/>

Debo



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Rajesh for ITS

SUNRISE TAXI SERVICE
A Unit of Auroville Foundation

Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.aurovillesunrisetaxi.in

Sathish for Sunrise Taxi

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D for Shared Transport Service



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1

Balaji & Arun

SARVAM COMPUTERS offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala



Vanakam, Bonjour and Hello from Inside India. We're excited to announce that Inside India is now **open on the 1st and 3rd Saturdays of every month.**

Itineraries & ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across **India and Sri Lanka**. Write to us at tours@insideindiaauroville.com to start planning.

- **We are open** Monday to Saturday, 10am—5pm, @ our Kalpana Office in Auroville.

We also offer **Auroville Tours, Bicycle Tours** in the bio-region, and more! Get in touch to know what's on offer.

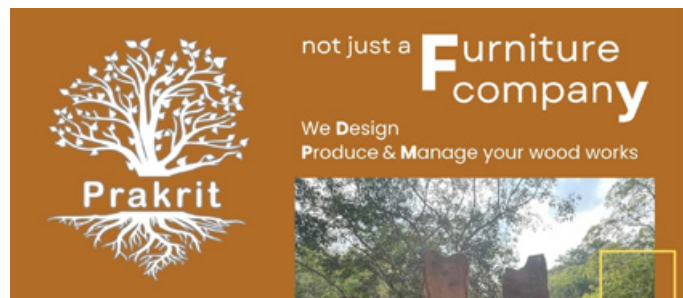
Cycling tours in bio-region on request

We are now offering cycling tours on request for all levels. Off-roads, single track and half-day tours are now available. Does this pique your interest? Reach out to us.

Have any questions? Need more support on your next flight? We're just a message away!

Shaheen for Inside India Team

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:** surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

FREE STORE WORKING HOURS

Mornings: Monday to Saturday, 9am—12:30pm

Afternoons: Tuesday & Thursday, 2:30—4:30pm

You're welcome to bring clean items to the Freestore.

We kindly ask that you come during open hours when someone is around, and avoid leaving things outside the door.

*Kamala
for the Free Store team*

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour: Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine: Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring: We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:

• 8098845200 WA/ ph.,
rupavathijoy@gmail.com

Rupavathi

AI OFFICE HOURS

Every Saturday from 10—11am

Currently at the offices of Auroville Online Store (auroville.com) in Aurosarjan Complex

Hands-on workspace for AV units and individuals to work on specific AI projects. Bring your problem, attempt a solution, and get support. Technical expertise not required. Drop-ins welcome, but advance notice appreciated. A collaborative space to explore and work on AI projects.

Please join the AV GenAI User Group on WhatsApp to be updated on any changes in Location and Timing.

- WhatsApp: <https://chat.whatsapp.com/BY0sIYI38DwFFdAffBsCRJ>

*AL Majumdar,
+91 9843941207 WA*

Voices & Notes

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



Last published podcasts

- [Marlenka's weekly Offering—Ep.146](#) (Literature)
- [Savitri—Ep.16: Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Soul Tracks S.6, Ep.18: Songs Ancient and Modern, Revised.](#) (Music)
- [Why Saving Bees Is the Key to Saving Humanity—Join the Movement in Pondicherry](#) (Beekeeping)
- [Menstrual Well-Being-Ep.3—"Hello, First Period!" with Kalvikarasi](#) (Health & Wellness)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.502](#) (Integral Yoga)

Latest Youtube video

- [Touching the Sublime | Art Exhibition at Maji, Maroma | Auroville](#)
- [Savitri Ep.5: Introductory Comments in Tamil by Dhanalakshmi](#)
- [Construction of the World's Largest Dome with CSEB by Satprem Maini | Auroville Earth Institute](#)
- [Counting Stars—Cover by Auroville Youth—Auroville Singing Festival 2025](#)

...and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in

*Sai Priya
for Auroville RadioTV Team*

TRUE POWER

With the obvious lack of it, comes the Will for True Power. "It would seem that the most compelling, evident aspect, which probably will be the first to manifest—probably—will be the aspect of Power more than the aspect of Joy and the aspect of Truth.

For a new race to be established on earth, it would necessarily have to be protected from the other terrestrial elements so as to survive, and the protection is in the power (not an artificial power external and false, but the true Power, the victorious Will).

We may therefore think that the supramental action, even before it becomes an action of harmonization and illumination, of joy, of beauty, will be an action of power, so as to give protection.

Naturally, for this action of power to be truly effective, it would have to be founded on Knowledge and Truth and Love and Harmony; but those things could manifest—visibly, little by little—once the ground, so to speak, had been prepared by the action of a sovereign will and power."

<https://incarnateword.in/agenda/10/january-18-1969>

And who will provide the needed protection against the ego-bound anarchists in the transitional stages?

"320—Governments, societies, kings, police, judges, institutions, churches, laws, customs, armies are temporary necessities imposed on us for a few groups of centuries because God has concealed His face from us. When it appears to us again in its truth and beauty, then in that light they will vanish.

321—The anarchic is the true divine state of man in the end as in the beginning; but in between it would lead us straight to the devil and his kingdom."

<https://incarnateword.in/cwm/10/aphorism-320-321>

<https://incarnateword.in/agenda/11/february-7-1970>

Here's Sri Aurobindo's book titled Bhavani Bharati:

<https://incarnateword.in/cwsa/09/bhavani-bharati>

And we can clearly see how the Decreed Play has been and is unfolding, with Auroville since 1988 being under the legislated governance and protection of the three-branched Government of the Sovereign Nation of Mother India, also known as Bharat Mata.

In the meantime, moving forward from Circa 2025:

"To be a Yogi, a Sannyasi, a Tapaswi is not the object here. The object is transformation, and the transformation can only be done by a force infinitely greater than your own, it can only be done by being truly like a child in the hands of the Divine Mother."

<https://incarnateword.in/cwsa/36/to-barindra-kumar-ghose>

"Make of us the hero warriors we aspire to become. May we fight successfully the great battle of the future that is to be born, against the past that seeks to endure; so that the new things may manifest and we may be ready to receive them."

"To celebrate the birth of a transitory body can satisfy some faithful feelings.

To celebrate the manifestation of the eternal Consciousness can be done at every moment of the universal history.

But to celebrate the advent of a new world, the supramental world, is a marvellous and exceptional privilege."

<https://incarnateword.in/cwm/15/darshan-messages>

Om Namo Bhagavate

Note: for readers of the printed version, please scan the QR Code to access the full post and links or go to this blog-site to access the post of the same title: <https://zechjoya.blogspot.com/>

Zech



Poetry

SUSPENDED IN THE AIR

Suspended in the air,
I belong nowhere.
The space gently holds me.
And I learn to hold space.

Anandi Z.

Classes, Workshops & Healing Arts



www.quiethelivingcenter.info, quiet@auroville.org.in

+91 9488084966, Mobile & WA

Watsu® Yoga Round with Ellie

• Sunday, 3 August, 3—6:30pm

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant. When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance!

• **Prerequisites:** no previous experience required (also no need to know how to swim!).



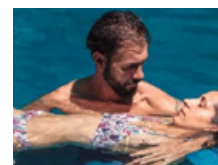
Watsu® Basic with Roberto

• 4—5 August, 8:45am—6:30pm, 16 hours

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C). This basic course introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation.

In this course, you'll practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of moving someone in water. You'll experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

• **Prerequisites:** no previous experience required (also no need to know how to swim!).

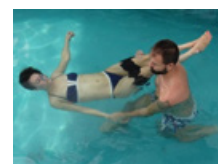


WaterDance Fundamental with Roberto

• 8—13 August, 8:45am—6:30pm, 50 hours

In this course, we'll focus on three fundamental aspects of WaterDance: grounding, posture of both giver and receiver, and the breath. The key movement is Water Breath Dance, in which you will float someone in your arms allowing them to gently sink as they exhale and rising with them as you both inhale. This creates a profound connection that carries through all other basic surface and underwater movements. Throughout the course, you'll also learn in a playful and yet attentive way how to bring your partner under water (with a nose clip). Sufficient time will be given for integrating fears or apprehensions to go under water.

• **Prerequisites:** no previous experience required (also no need to know how to swim!).



Woga® (Yoga in Water) Classes

- Thursday, 14 & 28 August, 4:30—6pm

Yoga in water is based on classic yoga poses and stretches, modified for standing in water, which is waist-to-chest high. Classes are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool (35°C).



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Woga® (Yoga in Water) Course 1 & 2 with Pooja & Tamara

- 16—17 August, 8:45am—5pm, 12 hours

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest height. Woga focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation.



By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim).

Woga® Instructor Training Course with Pooja & Tamara

- 19—24 August, 8:45am—6:30pm, 42 hours

During this 6-day course, you'll gain a fundamental understanding of Woga, enabling you to harness the benefits of yoga in warm water. The program includes learning a diverse range of Woga exercises, as well as receiving didactic resources for conducting Woga classes or integrating Woga into your aquatic fitness classes. After successful completion of this course, you'll be certified as a professional Woga® Instructor.



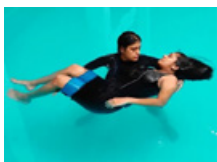
- **Prerequisites:** Woga® 1 & 2 plus certified instructor in aquatic sports or any type of bodywork, or long-time bodyworker in any kind of activity.

Watsu® Basic with Pooja

- 25—26 August, 8:45am—6:30pm: 16 hours

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C).

This basic course introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation.



In this course, you'll practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Watsu® Yoga Round with Sheida

- Saturday, 30 August, 3—6:30pm

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant.



When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance!

- **Prerequisites:** no previous experience required (also no need to know how to swim!). *Guido*

HYBRID/ ONLINE WORKSHOP:

Radical Transformational Leadership for Here and Now 2025

Everybody can choose to be a radical transformational leader and contribute to addressing our challenges be it in our society, home or workplace. Our challenges of today need new transformations that source our inner capacities, and new design to make a difference.

RTLWorks and the RTL in Auroville have joined hands for this online pan India, Africa, Asia-Pacific online program to invite you to a unique four-part online training series. Radical transformational leadership capacities—principled action, strategic design, creative thinking, generative conversations and results are required to build a world based on the values of dignity, fairness and compassion. These new capacities bring alignment of principles, purpose and practice in individuals and organizations for our humanity. This series of workshops will provide you with templates and tools to lead your work and projects to expand your reach and impact in the world.

Note: It consists of a series of 4 hybrid/ online workshops over 9 days, spaced apart by four to five weeks each. New capacities are introduced in each session and practiced inter-session to put these in action including weekly peer learning and coaching calls between each workshop session.

All participants must commit to participating in all the days in the four sessions.

- **Session 1:** 20—22 September, Saturday, Sunday, Monday
- **Session 2:** 18—19 October, Saturday, Sunday
- **Session 3:** 22—23 November, Saturday, Sunday
- **Session 4:** 20—21 December, Saturday, Sunday

The program will be held 8am to 5pm in person in Unity Pavilion or participants can attend online

- **To register:** [please fill in the form here](#) or email stewardship4newemergence@auroville.org.in by 23 August.

This program is offered free of fees for Aurovilians and newcomers however we suggest a contribution of 2,500Rs to cover basic costs incurred in the 9 day program such as hall rent, and equipment. For those in Auroville associated through volunteering or partnership a contribution of 3,500Rs is suggested, please contact us for payment details. Please transfer this to account **252975** at the financial services. If the above is a challenge for you, please email us for a scholarship. All the facilitators and resource people are working in service pro bono. Please feel free to contact us for any assistance or queries at

- Saranya: saranyaa2991995@gmail.com +91 8098938696
- Vishnu: vishnuwaiting4urmail@gmail.com +91 8300328846

<https://www.radicallytransform.org/>, Saranya, Vishnu

AWARENESS THROUGH THE BODY, ATB

Saturday, 9 August, 9:30am—12:30pm

All are welcome for an introductory exploration of Awareness Through the Body (ATB) with Honor & Vega. This practice, developed in Auroville, aims to build self-awareness and self-regulation, increasingly allowing us to lead from a place of deeper wisdom—our psychic center.



We use a variety of introspective and interactive, dynamic and still exercises gently leading us to a deeper space of awareness. Both new and experienced participants are most welcome!

- Prior registration required and [further details provided using the form](#)

Honor for Dancing Tree
dancingtree.smile@gmail.com
9159856148 WA

Surya Performance Lab & CIRHU present:

FREEDOM OF THE BODY Dialogue with the Cells

Thanks to the vision of The Mother and Sri Aurobindo
22, 23, 24 August, 9am—1pm
@ Harmony Hall, Bharat Nivas
Please come at 8:45am

- An experiential immersive workshop designed and guided by Philippe Pelen and Thierry Moucazambo
- Assisted by Bianca & Saman from Surya Performance Lab

The theme of this workshop is: Ananda (pure Joy) in the cells.

According to Mother and Sri Aurobindo, if a divine Power of Light and Ananda were to descend into the physical being... it would illumine and remodel the cells, awaken the consciousness in the whole organism, so that even the body would become a vessel of supreme beauty and delight.

A path to follow from the mind to the heart and from the heart to the body, through deep relaxation, frequencies, meditation, Pranayama, yoga, visualization, and a spontaneous natural dance. A joyful experience to open the door to the dialogue with the cells.

This workshop is open to all: Aurovilians, newcomers, volunteers and guests who want to discover and experiment with cellular consciousness. It is also open to participants who have attended previous workshops and want to experience deeper inner practice. Each workshop offers a different experience.

- **Contribution:** Aurovilians, Newcomers, Volunteers: Rs. 1500, Guests: Rs. 5000
- **Contact, registration:** bianca_nc@auroville.org.in/ +91 8300387288 Bianca.

"...All the cells of the body were athirst for that Light which wants to manifest".—The Mother

For better integration and understanding, it is essential to follow the 3 days of immersive, experiential events.

Each participant should wear light, flexible clothing suitable for movement and bring a yoga mat or towel and a bottle of water.

Philippe and Thierry



UPCOMING MINDFULNESS OFFERINGS

with Helen

Potential of Kindness—Loving Kindness Meditation

- Monday, 4 August @ Radiance
- 2 slots for practice:
7:30—8:30am and 5:30—6:30pm

As part of our research on the Potential of Kindness we're hosting a Loving Kindness (metta) meditation practice. We're curious to see what—if anything—shifts within when we practice this ancient meditation on loving kindness.



This is a free event. All we ask is that you complete a short survey (before and after the practice) to help us discover if and how practicing Loving Kindness Meditation creates positive shifts in how we feel.

There will be 2 slots for practice, 7:30—8:30am and 5:30—6:30pm on Monday, 4 August. This includes time for completing the surveys and also for a 30 minute guided practice. Places are limited so you need to register, letting us know which time slot you would like to attend. There is also an option to participate at home using a recording of the practice.

- To register WA Helen on 7094753054.

Mindfulness Kindfulness—half day retreat with Helen

- Saturday, 9 August, 9:15am—12:30pm
@ Creativity Hall of Light

If your heart is calling for quiet time to unplug & recharge then join this nurturing space of gentle care & inner stillness.

This mini retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts to others. It offers an ease of being, an inner softening, & invites a deeper, more present way of living.

Everyone is warmly welcomed—whether you're beginning your meditation journey or have been practicing for years. During the retreat you can choose whatever position your body is asking for—on a chair, cushion, or mat.



Participants will hold silence during the session, providing a chance to go deep within.

- Booking is required. To register contact Helen on 7094753054 WA or visit innersightav.org

Helen & Nikethana

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line.

- For more details see www.innersightav.org or Kardash +91 9940934875 WA.
- Please note updated timings:
 - Mornings: Monday & Wednesday,
 - Afternoons: Tuesday & Thursday
 - Full Day: Alternate Friday or Saturday

Kardash

BODY RESONANCE:

Expression by Yumiko Yoshioka

10—17 August @ CRIPA, Auroville



Reconnect with your body, mind, and soul through the transformative power of organic movement led by Yumiko Yoshioka, renowned Japanese Butoh dancer, choreographer and teacher based in Berlin.

She created the 'Body Resonance' methodology, which explores the body as a living archive of memories and sensations. This approach bridges the internal and external worlds through organic movement, reflecting her profound understanding of the importance of deepening consciousness of the body. Her method not only enhances dance and expression but also illuminates daily life, opening individuals to the deeper layers of their inner world and re-discovering subtle beauty in each moment.

Open to all those who wish to reconnect with their bodies and discover new ways of expression. Yumiko's workshops are attended by all genders and age groups from 20s till 70s. Many professional dancers, actors, performers, therapists, healing practitioners join to learn and integrate the techniques into their practices.

- Aurovilians and Newcomers wishing to join the workshop, please send an email to: av.bodyresonance@gmail.com.
- Guest registration details at: <https://bodyresonance.wixsite.com/info>

*Hosted by Auroville Consulting
in partnership with CRIPA. Raghu*

SPEAKING FROM THE HEART

Experiential introduction

to Nonviolent Communication (NVC)

15, Friday & 16, Saturday, 9:30am—4:30pm

17, Sunday, 9:30am—1pm @ Pitanga Center

A practical and experiential introduction to Nonviolent Communication (NVC), a powerful process for deepening connection—with yourself and others.

In this 2.5-days workshop you'll learn to:

- Express yourself honestly without blame or judgment
- Listen with empathy, even in challenging conversations
- Recognize and speak from your underlying needs
- Build a foundation for more compassionate and authentic relationships

Who is it for? This workshop is for anyone who wants to communicate with more clarity, care, and connection—whether in personal relationships, family life, professional settings, or community work. No prior experience with NVC is needed. Come as you are.

- **Inquiry & contact:** info@pitanga.in/
0413 2622403, +91 9443902403 WA
- **Registration:** Scan the QR code.
- Facilitated by Vega, CNVC certified trainer

Vega



SHIATSU

@ Budokan, Dehashakti

Shiatsu Practice & Introductions

We warmly invite you to experience the healing art of Shiatsu (Japanese: "thumb-pressure") in a calm and supportive environment.

Supervisions: Available by appointment.

Practice Hours:

- Wednesdays, 9—11am
- Saturdays: 4:30—5:30pm

Prior registration required

Introduction to Shiatsu

- Saturdays, 3—4:30pm,
by registration
- and by appointment

Come and discover the power of mindful touch and balance. To register or book an appointment, please contact us. We look forward to welcoming you!

Contact Ulrike Urvasi:

- +91 9751513906, shiatsuindia@gmail.com

Looking for Shiatsu massage models

- Any time between 10—12am
- Friday, 1 August and
Tuesday, Wednesday, Thursday, 5, 6, 7, 8 August
- @ Budokan, Dehashakti.
- +91 9751513906, shiatsuindia@gmail.com

Ulrike Urvasi

WORLD GAME

Summer Special



World Game Summer Play!

Here is an opportunity to create 'your World' in a box filled with sand. This simple activity, known as 'Sandplay' opens up imagination and intuition, and reveals your own unique living soul.

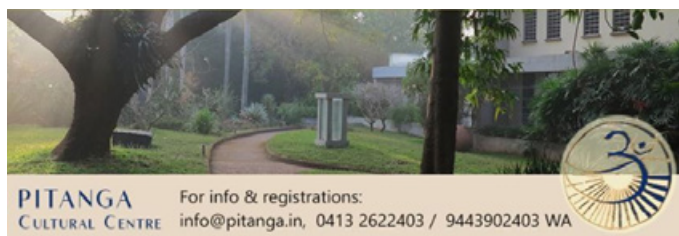
What people say: "It was a very fluid, immersive and spontaneous experience, with all that one can choose from, play with and place in one's world. What was being built revealed a lot about my life trajectory and future orientation."

The duration of a session is 1.5 hours. It can be individual or together with a good friend. (A parent and child are welcome too.)

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Submitted by Aikya

PITANGA CULTURAL CENTRE



Program, August 2025

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Yoga Therapy	8—9:30am	Gala
	Listening Within	4—5pm	Mike
	Hatha Yoga	5:30—6:30pm	Priyamvada
Tuesday	Hatha Yoga	7:30—8:30am	Priyamvada
	Yoga: Restore & Relax	4—5:30pm	Florina
Wednesday	Yoga Therapy	8—9:30am	Gala
	Vinyasa Flow Yoga	5:30—7pm	Florina
Thursday	Prana Kriya	7:30—9am	Florina
	Aviva Exercise—for women only	4:30—5:30pm	Suriyagandhi
	Yoga: Restore & Relax	5:30—7pm	Florina
Friday	Pranayama, for former "The Art of Living" course participants	6:45—8am	François & Namrita
	Yoga Therapy	8—9:30am	Gala
	Vinyasa Flow Yoga	5:30—7pm	Florina
Saturday	Breathing & Mudra	8—9:30am	Gala
	Truth Based Relationships, practical sessions, starts 16/8	2:30—4:30pm	Juan Andres
	Hatha Yoga	4—5pm	Priyamvada

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults	3pm—5pm	Gala
Friday	Neurographica®—Art Therapy for families	3pm—5pm	Gala

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine)
	Chiropractic
Auromira	Shamanic Healing
Heidi S	Acupuncture
Juan	Thai Yoga Massage
Jivatma	Sarga Bodywork®
Patricia G	Shiatsu, for Auroville residents only. Contact directly via WA message to schedule an appointment : +91 9487230399

Youth Activities

These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4pm—5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth's absence.

New Activities

• Sarga Bodywork® by Jivatma

My journey in massage started when I was 19, right here in Auroville. After attending massage school in Hawaii, I discovered the fabulous world of barefoot massage and decided to co-create a unique new modality with my partner. Our main objective was to develop a body of work that combined myofascial techniques with barefoot massage.

Named Sarga Bodywork, this modality focuses on targeting fascia, which is the highly innervated connective tissue that permeates the body and plays a crucial role in the body's structure and function. Its highly innervated nature means that it has nuanced sensory properties that directly influence the central nervous system.

Practitioners of Sarga Bodywork use a length of fabric fastened to a massage table to aid in delivering these techniques. This length of fabric is used for stability and to add tensional and gravitational force to our manual therapy methods. By utilizing barefoot massage techniques that specifically target fascia, Sarga Bodywork has the ability to facilitate profound structural, metabolic and nervous system benefits. Aside from being particularly effective in stimulating a parasympathetic response, this work also has detoxification effects and can also help to balance structural issues.

Workshop

Speaking from the Heart—A 2.5 days Non-violent Communication Workshop by Vega

- Friday, 15—Saturday, 16 August, 9:30am—4:30pm
- Sunday, 17 August, 9:30am—1pm

Please register in advance with Pitanga or scan QR code:



Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Andrea for Pitanga Team
2622403/ 9443902403 WA
info@pitanga.in

Mantras & Stotras

Traditional Chanting Class

@ Serendipity Community With Sonia Novaes

☒ Friday - 5 pm (regular class)
☒ Drop-in classes available
 for individuals or groups - book your session

Info: serendipityauroville@gmail.com | +91 8940288090

Friday, 5pm (regular class) @ Serendipity Community
+91 8940288090, serendipityauroville@gmail.com
Sonia

ARKA WELLNESS CENTER

Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	- Yoga of Mother and Sri Aurobindo - Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) - Mother's Flower Medicine (vibrational remedy) - Individual Sessions and Groupwork - Psychosomatic Therapy and Breath Therapy - Consciousness/ Energy/ Body Work based on Integral Yoga Only by appointment baritam@auroville.org.in
Pepe	- Body Logic - Soft Massage - Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana TOS	- Cranio-sacral - Lomi Lomi - Kahuna massage - Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English & French</i>	Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I ching oracle - Inner/subpersonalities forces awareness Monday to Saturday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Saturday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adititva@auroville.org.in

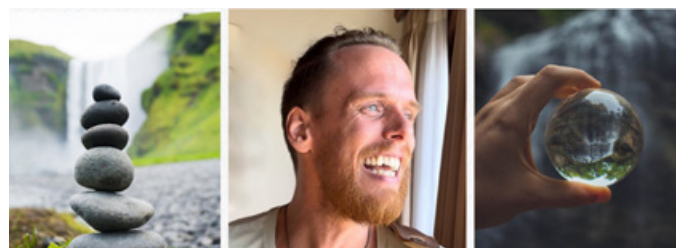
Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Ramana, Arka

INTEGRAL UNFOLDMENT

Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom.

Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya),
+44 7564119728 WA

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday **only by appointment** call or WA: 9443635114.

Meha for Auromode SPA



BODY AWARENESS & RELAXATION

with Hans

Wednesdays, 5—6:15pm

@ Budokan Dojo, Dehashakti

For more info:
8110848123 WA, Hans

VÉRITÉ PROGRAM
www.verite.in
Regular Events August



Classes

Contact 04132622045, +91 9363624083 WA
programming@verite.in

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Yoga to Improve Flexibility	9:15—10:15am	Kalidas
	Creative Voice Sound Healing	5—6:30pm	Lola
	Peace with Pranayama No class 5 August	5—6pm	Mamta
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Taralaya Flow Dance	5—6:30pm	Vera
Thursdays	Sivananda Yoga	7:30—8:30am	Mani
	Prana Vidhya	9:15—10:15am	Kalidas
	Yoga Nidra	5—6pm	Radha
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Free Flow Dance	5—6:30pm	Vega
	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Balancing asanas No class on 2 August	7:30—8:30am	Kalidas
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Yoga No class 16 August	5—6pm	Mani

Yoga Asana: Deep Stretch & Relaxation with Radha

- Mondays, Wednesdays & Fridays, 7:30—8:30am

Mindful movement to help release tension from the body and mind. We start with Pranayama (breath work), then gently progress to Asana (postures). The dynamic flow of the asana sequences activates the muscles, providing a vigorous, full body stretch while also promoting mental stability. The flow helps build stamina, strength, and flexibility. Each session concludes with Dharana (meditation) and Dhyana (concentration), leaving the practitioner feeling both energized and relaxed. The class is suitable for beginners to advanced level practitioners.

Hatha Vinyasa Yoga: Balance Body, Mind & Emotions with Andres

- Mondays, Wednesdays & Fridays, 5—6pm

Participants are guided towards a tension-free state of well-being, through postures (asanas), breathing techniques (pranayama), activation of the energetic centers (chakras), and relaxation techniques (yoga nidra, savasana). As a result, balance is restored in the physical, mental, and emotional being. With consistent practice, contentment (santosha), equanimity (śamatha), health, connection and well-being are established in daily life!

Deep Sound Bath: Frequencies for Deep Relaxation with Satyayuga

- Mondays, Thursdays & Saturdays, 5—6pm

Based on the ancient art of using vibration to awaken the inner being and align the body, heart and soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone, and drum along with mystical chanting.

Sivananda Yoga: Pranayama, Asanas & Relaxation with Mani

- Tuesdays & Thursdays, 7:30—8:30am & Saturdays, 5—6pm
- No class on 16 August

A classic Sivananda session, including basic pranayama (breathing) and Surya Namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alteration between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Yoga to Improve Flexibility: Stretch and Strengthen with Kalidas

- Tuesdays, 9:15—10:15am

An asana sequence designed to improve the range of motion of the joints & mobility of the muscles.

Creative Voice Sound Healing with Lola

- Tuesdays, 5—6pm

We sing to discover the heart's voice. Using a variety of vocal techniques, (breathing, toning, singing, rhythmic dancing, and more) to promote relaxation, free expression and happiness, we will explore how different sounds affect our energy, and create a singing circle that integrates voice and instruments. The aim is to create a safe space for healing self-expression and joy through the voice. Open to all; no singing experience is necessary.

Peace with Pranayama: Mind Body Breath Alignment with Mamta

- Mondays, 5—6pm, no class on 5 August

Pranayama, which uses breathing exercises to nourish Prana, the vital force which keeps both body and mind functioning at their healthiest. The session concludes with a brief guided relaxation in Shavasana.

Taralaya Flow Dance: Move in Freedom with Vera

- Wednesdays, 5—6:30pm

Taralaya (a hybrid of two Sanskrit words, Taranga and Laya) means "flowing rhythm". Taralaya Flow Dance offers a space for free movement exploration, with gentle guidance at the beginning and the end of the session.

Prana Vidhya: Energy to Insight with Kalidas

- Thursdays, 9:15—10:15am

A yogic practice to liberate energy & use it for healing. Prana is not only about physical vitality; it is the force that gives rise to flashes of wisdom & life-transforming insights.

Yoga Nidra: A Journey to Stillness with Radha

- Thursdays, 5—6pm

In this Guided Yoga Nidra class, you'll be guided into a state of deep relaxation while remaining consciously aware. Through breath awareness, body scanning, and visualisation techniques, we'll move into a place of stillness and inner calm. This practice helps release physical tension, quiet the mind, and supports emotional balance. Yoga Nidra is known to improve sleep, reduce stress, and restore energy, offering profound rest for both body and mind.

Free Flow Dance & Movement: Expressing Freedom with Vega

- Fridays, 5—6:30pm

The body can be a great guide to the soul, enabling us to connect and reveal ourselves through movement. Join us and give your body an opportunity to flow in its rhythm and express itself freely.

Balancing asanas: Focus and Flow with Kalidas

- Saturdays, 7:30—8:30am
- No class on 2 August

Challenge your stability, focus, & concentration, improve coordination, strengthen muscles, & enhance overall body awareness.

Therapies. Pre-registration required

0413 2622045, 2622606, 9363624083

or programming@verite.in, www.verite.in

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Thai Yoga Massage Bodywork with Andres

Combining acupressure to balance meridians and boost circulation, stretching to enhance flexibility and reduce tension, pulling techniques to decompress muscles and joints, and rocking movements to promote relaxation and overall circulation. Together, these methods provide a holistic approach to enhancing physical well-being and energy flow.

Biodynamic Craniosacral Therapy with Mila

Biodynamic Craniosacral Therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance and stimulate the healing capacity of the body.

Face & Neck Massage with Mamta

Face & Neck Massage is a rejuvenating technique using special face oils, massaged with varying pressures into the face & neck, along specific energy lines & points, to induce deep relaxation for the body & mind.

Yoga Chikitsa: Personalized Yoga Therapy with Mani

One-to-one yoga therapy sessions tailored to everyone's specific needs. Yoga Chikitsa includes assessment, teaching of various yogic tools, and structuring an appropriate practice sequence. The practice may include jattis (loosening of joints) kriyas (structured movements) asanas (isometric stretches) pranayamas (rhythmic breathing control) and relaxation techniques.

Thai Yoga Massage with Mani

The therapist will guide and support the client in various yoga-like poses and stretches and apply gentle but firm pressure along the main energy channels of the body to help release energy blockages and allow vital energy to flow. Wear comfortable clothing suitable for movement.

Food is Medicine: Lifestyle Health Practices Consultation with Parvathi

Personalized guidance in nutrition and lifestyle modifications to support health and well-being. Learn about your body's constitution (Tridosha) and the plants, foods, spices and lifestyle practices that benefit your constitution and help prevent health complications.

Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs with Parvathi

Healing Facial Therapy helps cleanse the facial skin, remove dead cells, boost collagen, reduce wrinkles, treat acne and allow the skin to glow, and feel soft and smooth. The indigenous herbs used are natural products that are selected for your specific skin type.

Head Massage with Hair Care with Parvathi

A relaxing massage to the head and scalp using hair tonic oil. Stimulates blood circulation, helps to condition the hair, strengthen the roots, & relieve stress.

Ayurvedic Massage: Detoxifying & Energy Balancing with Radha

Massage therapy is a core part of Ayurvedic healing, designed to enhance both physical and mental well-being. Using warm herbal oils and specific massage techniques helps the body heal, relieves stress, boosts energy, and promotes deep relaxation. This therapy is not just about relaxation but also aims to rejuvenate the body, improve circulation, flush out toxins, and bring the body's energies into balance, making it beneficial for overall health.

Swedish Massage with Radha

Swedish massage is a relaxing, therapeutic, full-body treatment designed to support overall well-being. It focuses on gently working the muscles and soft tissues throughout the body to promote healing, reduce tension, and create a calming effect on the nervous system. The massage involves smooth, flowing strokes with the use of oil, making it soothing and comfortable. It's a gentle technique suitable for people of all ages and is perfect for restoring balance.

Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage with Raja

A massage that integrates elements from Acupressure (application of pressure on specific points on the body), Deep Tissue (sustained, slow, deep strokes to target the inner layers of muscles and connective tissues) and Heart Healing (a gentle, relaxing technique that improves the delivery of oxygen to the heart).

Healing Sound Bath with Tuning Forks with Satyayuga

Sound Healing is a gentle yet powerful method to help you reconnect with your own innate high-level vibration. The vibration of the tuning forks and Tibetan bowls helps to recalibrate and free blocked energy, balance the right and left brain, and harmonize the chakras. This resonance supports the recalibration of our energy system, allowing creativity and peace to flow.

Energy Healing Reiki with Vyshnavi

An energy healing technique that promotes physical, emotional, and spiritual well-being by channeling universal life energy through the practitioner's hands. practitioners gently place "vital energy" flows through the body; a Reiki practitioner gently places their hands on or near the client's body to help guide this energy to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony.

Holistic Foot Reflexology with Vyshnavi

Manual pressure is applied to specific “reflex points” of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, brings more oxygen & nutrients to the cells, & helps reduce stress, improves digestion & promotes sound sleep.

Holistic Rebalancing Massage with Vyshnavi

A full-body treatment integrating elements of deep tissue massage, joint release, & energy balance. Rhythmic strokes & deep yet gentle pressure release tension from muscles & fascia, improving circulation & enhancing the body’s natural ability to heal.

Workshops

Pre-registration required

0413 2622045, 2622606, 9363624083

or programming@verite.in, www.verite.in

Day & Date	Workshops, pre-registration required	Timings	Presenters
Friday, 1 August	Breathe to Restore: Exploring Pranayama for Holistic Well-Being	9:15am—12pm	Dharani
Saturday, 2 August	Exploring the Various Yogic Tools for Enhancement in Breathing capacity	9:15am—12pm	Mani
Saturday, 2 August	Introduction to Shamanic Practices	9:15am—12:15pm	Auromira
Saturday, 2 August	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr Geeta
Saturday, 9 August	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 9 August	Yoga Nidra: Deep Relaxation	2—4:30pm	Kalidas
Saturday, 16 August	Relaxation & Deep Sound Bath	9:15—11:15am	Satyayuga
Saturday, 16 August	Introduction to Ayurveda & Its Lifestyle	2—4pm	Dr Geeta
Saturday, 23 August	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 23 August	Face & Eye Yoga	2—4:30pm	Mamta
Friday, 29 August	Why Yoga Works: An Experiential & Scientific Exploration	9:15am—12pm	Dharani
Saturday, 30 August	Exploring the Various Yogic Tools for Enhancement in Breathing capacity	9:15am—12pm	Mani
Saturday, 30 August	Perimenopause, Portal to Power: Renewal for Women in Transition	9:15am—4:30pm	Auromira
Saturday, 30 August	Yoga Nidra: Deep Relaxation	2—4:30pm	Kalidas

Breathe to Restore: Exploring Pranayama for Holistic Well-Being with Dharani

• Friday, 1 August, 9:15am—12pm

Explore pranayama (yogic breath) through traditional wisdom, modern scientific research, & guided practice. Experience how balancing, energizing, & calming breaths affect the brain, heart, & nervous system. Learn accessible tools to integrate into your daily life. Open to all—no prior experience needed.

Exploring the Various Yogic Tools for Enhancement in Breathing Capacity with Mani

• Saturday, 2 August 9:15am—12pm

A structured sequence of breathing techniques, as designed by the Gitananda yoga tradition, to enhance the efficiency and capacity of the lungs. The series includes kriya, asana, nada pranayama and mudra, and can, with regular practice, substantially increase the vital capacity of the lungs. We begin with Surya namaskar (sun salutation), followed by sectional breathing techniques in four stages (low, mid, upper and complete chest breathing and chanting), and conclude with guided relaxation. Suitable for all levels of practice.

Introduction to Shamanic Practices with Auromira

• Saturday, 2 August, 9:15am—12:15pm

Explore the ancient practice of shamanic journeying—a powerful tool reconnecting us to Nature for healing, guidance, and self-discovery. Whether you’re a complete beginner or an experienced practitioner, you’ll gain practical insights to deepen your self-inquiry practice. This highly experiential workshop includes guided meditative live drum journeys, along with a step-by-step approach to ensuring successful and safe practice. You’ll leave with a deeper understanding of shamanic practices and the tools to continue your journey with clarity and confidence.

Panchakarma: Ayurvedic Purification Techniques with Dr. Geeta

• Saturday, 2 August, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Pawanamuktasana Series: Energize the Joints with Mani

• Saturday, 9 August, 9:15am—12pm

A structured series focusing on gently and safely moving the joints, from the toes to the neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

Yoga Nidra: Deep Relaxation with Kalidas

• Saturday, 9 August, 9:15am—12pm

Our modern lifestyle often interferes with the ability to experience deep rest and sleep. Yoga Nidra facilitates a state of deep relaxation, where the mind can become quiet and the body can heal, repair, rejuvenate and recharge itself. Learn to consciously relax the body and mind.

Aparna & Anandhi

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits: By immersing yourself in the vibrations from a sound bed you will start to connect with your body’s consciousness. By performing specific breathing exercises and deepening



your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

• Contact 9385428400 call/ WA to book your session today! Donation Based

Submitted by Isha

NEWS FROM

Auroville Language Lab, 31 July



Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguage.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguage.org. Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- **Resonance, the book!**

Check it out at <https://books.aurovillelanguage.org>

- **To enquire or register:**

- tomatis@aurovillelanguage.org
- or call 0413 2622467 or 3509932

Courses

- **Current Schedule of Classes as of 25 July**

- <https://aurovillelanguage.org/current-schedule/>

French Classes

French classes with Jean Francois restarting!

Jean Francois is back at the Language Lab with a new and exciting course cycle in French. Tailored for all levels from beginner to advanced, his classes will begin in August.

New! Beginner French

This 16-hour, 2-month course, is ideal for those who want to discover the French language. The classes are highly interactive, covering vocabulary of everyday life and the basics of grammar. By the end of the course, you will be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, in a simple way.

- Course starts on 4 August.
- Classes on Mondays and Wednesdays, 2:30—3:30pm.

New! French Conversation (Pre-Intermediate level)

This 16-hour, 2-month course, is ideal for those who possess a little knowledge of French but are not yet comfortable conversing. The course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. By the end of the course, students will be able to communicate in the present, past and future tenses. Students can join the class at any time.

- Course starts on 5 August.
- Classes on Tuesdays and Thursdays, 2:30—3:30pm

French classes with Auroasha are continuing as usual. Open to all adult beginners.

- Wednesdays and Fridays, 3—4:30pm, started 7 May
- For more information or to register, please contact the Language Lab at info@aurovillelanguage.org

English Classes

New! Next-Gen English: AI, Projects & You

Ready to take your English to the next level? Join us for a fun and flexible language course where learning is anything but boring! Get customized English classes designed around your communication goals. Contact the lab to learn more.

Private and group classes for English

- **Rupam** : Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.
- **Vismai**: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Intermediate English w. Ashwini

- Wednesday and Thursday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade. Head on over to the Lab's online form and complete your registration now so that we can keep you posted!

<https://aurovillelanguage.org/registration/>

Coming soon! Pre-Intermediate English w. Ashwini. There are plans for taking on a new batch of beginner English students some time mid-July (depending on registration take-up). Keep an eye out for confirmed dates in upcoming News & Notes and the Lab's online course schedule here: <https://www.aurovillelanguage.org/current-schedule/>

Other Languages

Spoken Hindi for Beginners w. Ashwini

- **Registration Open!** New class starting in June with specific dates to be confirmed, Wednesdays and Fridays, 5:30—6:30pm.

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

Beginner Spanish Course with Mila

New classes starting in August with specific dates to be confirmed, Mondays and Wednesdays, 2:30—4pm. Please contact the Language Lab at info@aurovillelanguage.org to learn more

Tamil Beginner w. Saravanan

- **Registration still open!** Next course starting in July, Tuesdays and Fridays, 9:30—10:30am.

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher with a native-level command of the language for one-on-one lessons. If you are enthusiastic about sharing your expertise, we would love to hear from you! Please send a brief cover email outlining your experience to info@aurovillelanguage.org.

New! Hangeul: The calligraphy of Korea's Ingenious Alphabet [Read full information on page 17](#)

- Thursday, 5—6pm

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5—6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of the month
- Tuesdays, 5—6pm: Spanish with Gloria
- Wednesdays, 5:30—6:30pm: Sanskrit chanting with Remesh
- Thursdays, 5—6pm: Korean Calligraphy with Mint

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- For language-related matters: +91 9843030355WA.
- For Tomatis please use 0413 3509932.

Current Schedule of Classes 24 July

Lan- guage	Level	Time	Days of Class
English	Next-Gen English: AI, Projects & You	10:30—11:30am	Tuesday & Thursday with Rupam
	Creative Writing	9:30—10:30am	Monday & Wednesday Monthly, with Rupam
	Intermediate with Ashwini	4:30—5:30pm	Wednesday & Thursday
	Kids with Ashwini	5:30—6:30pm	Wednesday & Thursday
French	Beginner—Adults	3—4:30pm	Wednesday & Friday with Auroasha
	Beginner Starting August 4th	2:30—3:30pm	Monday and Wednesday with Jean Francois
	Intermediate Starting 5 August	2:30—3:30pm	Tuesday & Thursday with Jean Francois
Tamil	Beginner	9:30—10:30am	Tuesday & Friday with Saravanan
German	Beginner Intensive	8:48—10:15am	Monday to Friday with Benedict
Hindi	Spoken—Beginner	5:30—6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	TBC	TBC with Karuna

*Mita, Mano, Louis & Vismai
for Auroville Language Lab*

LEARN

English and Hindi

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.
Ashwini, Aspiration

Cinema

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.



- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 1 August

The Lost Elephants of Timbuktu

40 Minutes, English, 2001. Produced by BBC Natural World

David Attenborough narrates this documentary following young research student Anne Orlando as she sets out on an unforgettable adventure, hoping to solve the mysteries surrounding a herd of elephants that inhabit the desert south of the fabled city of Timbuktu.



Submitted by Aviram

PARADISO NEEDS HELP



Appeal to Support MMC-CP

Multimedia Center Auditorium - Cinema Paradiso

MMC-CP is one of Auroville's most active venues, hosting booked events and free community screenings. We're thankful that rental and personnel maintenance are covered, but our modest monthly budget—for generator, aging equipment, and networking, etc stopped since Oct 2024. Booked programs that once created a surplus have reduced, as several activities scaled down or closed. New costs like accounting, audits, and generator fuel (₹5K-6K/m for free screenings) add pressure.

Can You Help?

Auroville units can easily set up to contribute via the Unity Fund to MMC-CP FS A/C 105106. Just ₹3,000/month from 10 contributors sustains us. One has stepped up—nine more needed. Individual donors, especially Indian nationals, too can easily set up to contribute any amount via the Unity Fund.

Thanking you in advance, MMC-CP Team

Nina for MMC/ CP, Group Account# 105106,
mmcauditorium@auroville.org.in



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
4—10 August

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday, 4 August, 8pm

Kesari

India, 2019, Writer-Dir. Anurag Singh w/ Akshay Kumar, Parineeti Chopra, Suvinder Vicky, and others, EpicDrama-History, 150mins, Hindi w/ English subtitles, Rated: NR (PG-13)

In 1897, Havildar Ishar Singh commands 21 Sikh soldiers in a historic defense of Saragarhi Fort against 10,000 Afghan tribesmen. Outnumbered and outgunned, they hold their ground with tactical brilliance and unwavering resolve—transforming a doomed outpost into a symbol of military valor and national pride. *Widely praised for its authenticity, this film is hailed as a modern classic!*

Potpourri—Tuesday, 5 August, 8pm

Crna Macka, Beli Macor (Black Cat, White Cat)

France-Germany-Yugoslavia-Austria-Greece, 1998, Dir. Emir Kusturica w/ Bajram Severdzan, Srdjan 'Zika' Todorovic, Branka Katic, and others, 127mins, Romany-Serbian-Bulgarian w/ English subtitles, Rated: R

In a whirlwind of absurd deals and chaotic romance, Matko the hustler and his son Zare get entangled with gangsters, weddings, and a feisty bride who refuses to be traded. As a dead grandfather resurfaces and a love story blooms, madness and magic collide on the banks of the Danube.

A Balkan cult classic, acclaimed for its surreal charm and unforgettable characters—presented by Bal Bohème in collaboration with French Pavilion, Brotherhood House, Kalabhumi, and Hibiscus Art Village. Explore more of Bal Bohème's vibrant programs!

Selection—Wednesday, 6 August, 8pm

The Imitation Game

USA, 2014, Dir. Morten Tyldum w/ Benedict Cumberbatch, Keira Knightley, Matthew Goode, and others, Biography-War, 114mins, English-German w/ English subtitles, Rated: PG-13

A brilliant mathematician, Alan Turing, joins a secret war-time team to crack Nazi codes. As he races against time to build a machine that could end the war, secrets from his personal life threaten to unravel everything. A gripping tale of genius, sacrifice, and the cost of being different. *This much acclaimed and awarded film is a tribute to historical drama and unsung brilliance. A must see!*

Interesting—Thursday, 7 August, 8pm

La Panthère des Neiges (The Velvet Queen)

France, 2021, Writer-Dir. Marie Amiguet & Vincent Munier w/ Vincent Munier, Sylvain Tesson, and others, Nature-Documentary, 92mins, French w/ English subtitles, Rated: NR (PG)

High in the untouched valleys of Tibet, two men wait in silence—seeking a glimpse of the elusive snow leopard. What unfolds is more than a wildlife quest; it's a meditative journey into stillness, wonder, and the fragile beauty of the wild. A breathtaking ode to patience, presence, and the unseen. *This film is back for one more screening on popular demand thanks to Alliance Française of Pondicherry. If you have missed it during the French Film Week, here is your chance.*

International—Saturday, 9 August, 8pm

The Ballad of Wallis Island

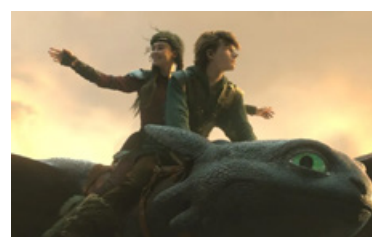
UK, 2025, Dir. James Griffiths w/ Tom Basden, Tim Key, Sian Clifford, and others, Comedy-Music, 99mins, English w/ English subtitles, Rated: PG-13

On a windswept island off the Welsh coast, eccentric lottery-winner Charles invites his favorite estranged folk duo—Herb and Nell—for a private reunion concert. As old wounds resurface and secrets unravel, the beachside gig becomes a bittersweet reckoning of love, loss, and the price of nostalgia. This acclaimed film is a haunting meditation on memory and melody—subtle, stirring, and cinematic.

Children's Matinee—Sunday, 10 August, 4pm

How to Train Your Dragon

USA-UK-Ireland-Iceland-Canada, 2025, Write-Dir Dean DeBlois w/ Mason Thames, Nico Parker, Gerard Butler, and others, Adventure-Drama, 125mins English w/ English subtitles, Rated: PG



In a Viking village where dragons are feared, young Hiccup defies tradition by be-friending a wounded Night Fury named Toothless. As their bond deepens, they challenge centuries of hatred, risking everything to prove that courage and compassion can re-write destiny.

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 10 August, 8pm

Letyat Zhuravli (The Cranes are Flying)

Russia, 1957, Dir. Michael Kalatozov w/ Tatyana Samoylova, Aleksey Batalov, and Others, Drama- War, 95 mins, Russian w/ English subtitles, Rated: R

In Moscow, the young couple Veronika and Boris are in deep love for each other. With World War II, Boris volunteers to join the army and is sent to the front on the day before Veronika's birthday, and they do not have the chance to say goodbye to each other. However, Veronika does not forget Boris and keeps waiting for him.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. We kindly request you to set up a recurring contribution for "MMC-CP" or "Film-maker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/ CP, Group Account# 105106,
mmcauditorium@auroville.org.in

About N&N

NEWS AND NOTES GUIDELINES

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of News & Notes is to support any idea, that can shift Auroville as a community towards solutions:

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:

- Tuesday 3pm

Poster to publish:

- Width 9.5cm x Height 4cm

We maintain the right not to publish posters that are bigger than that or have text too small to be read in printer version or to publish them cut, or in icon size, or reformatted in a best way to fit the style of the newspaper.

Katiya (AgniJata) & Alexey
News & Notes, Media Centre, Townhall,
NewsAndNotes@auroville.org.in

Emergency Services

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7):

- 108

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Below link to join WhatsApp group of Auroville Bus

to get the regular updates of the bus:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>