



News Notes

#1051 A weekly bulletin for residents of Auroville 31 October 2024



Happy Diwali

An end have these bodies of an embodied soul that is eternal; it is not born nor dies nor is it that having been it will not be again. It is unborn, ancient, everlasting; it is not slain with the slaying of the body. As a man casts from him his worn out garments and takes others that are new, so the embodied being casts off its bodies and joins itself to others that are new. Certain is the death of that which is born and certain is the birth of that which dies. *Gita*

Pondering



Birth is the first spiritual mystery of the physical universe, death is the second which gives its double point of perplexity to the mystery of birth; for life, which would otherwise be a self-evident fact of existence, becomes itself a mystery by virtue of these two which seem to be its beginning and its end and yet in a thousand ways betray themselves as neither of these things, but rather intermediate stages in an occult process of life.

What we see of Nature and of human nature justifies this view of a birth of the individual soul from form to form until it reaches the human level of manifested consciousness which is its instrument for rising to yet higher levels. We see that Nature develops from stage to stage and in each stage takes up its past and transforms it into stuff of its new development. We see too that human nature is of

the same make; all the earth-past is there in it. It has an element of matter taken up by life, an element of life taken up by mind, an element of mind which is being taken up by spirit: the animal is still present in its humanity; the very nature of the human being presupposes a material and a vital stage which prepared his emergence into mind and an animal past which molded a first element of his complex humanity.

The Philosophy of Rebirth, The Life Divine—Sri Aurobindo

Contents

PONDERING	1
HOUSE OF MOTHER'S AGENDA	4
TOWNHALL SPEAKS	5
Application Announcement 31-10-2024	5
Diwali Bonus for Staff	5
Donation channeling group guidelines	5
Response to FAQs on the Working Committee of the Residents Assembly	5
COMMUNITY NEWS	7
Matrimandir News & Schedules	7
Matrimandir Newsletter November 2024	7
Amphitheatre:	
Meditations at sunset with Savitri	7
Matrimandir Access Information	8
Awakening Spirit	8
Savitri Bhavan	8
Schedule, November 2024	8
Meditations on Savitri, Book 3—The Book of the Divine Mother, Cantos 1-4	9
Brahmanaspati Kshetram	9
Savitri Satsang & Om Choir with Narad	9
Bharat Nivas: A weekly study circle on The Synthesis of Yoga—Sri Aurobindo	9
Mother's Flower Garden:	
Chanting by Samskritam Auroville	10
Education	10
Kulai Creative Centre	10
Boost Your Auroville Project with AI	10
Academic tuition offered	10
Auroville Library	10
Earth Institute: November Training Course	10
Ecology	10
Come & Check Eco Service Treasures	10
Health Care	11
Simha Hearing Aids and Speech Therapy Center	11
Aurokiya: 5 th Eye Yoga and Wellness Retreat	11
Offering Adaptive Therapy at Santé	11
Offering Nursing Services	11
Santé Services Schedule, November 2024	11
AuroDent dental clinic	11
Childbirth preparation classes	12
Animal Care	12
Monthly Transparency Report October 2024	12
Youth Initiatives	13
Nonviolent Communication Practice session	13
Maker Space	13
Theatre, Music & Arts	13
Irumbai temple as Yantram:	
Timeless union of physical and subtle planes	13
Bharat Nivas: Nrityarpan, Tamil Pannisai	14
Listening Beyond: Lucas Posada	14
Invitation: Diversity in Expression	14
Sunil Sree: More Than Once	14

Dance Activities	14
Dance Classes by Mani: Salsa, Tango	14
Ballet Dance Classes with Fleur	14
Zumba with Preeti	15
Auroville Tango	15
International	15
Stories for Children	15
La Vita Divina	15
Celebrations	15
Welcome to Diwali at Upasana!	15
Multiple Activities	15
Bharat Nivas:	
Regular Workshops, Classes & Exhibitions	15
Music, & Art Activities	15
Explore WaterColor Techniques	15
Svaram Programs	16
Basic Analogue Photography	16
Darkroom Workshop by Sasikanth Somu	16
Creative Writing	17
CREEVA: Centre for Research Education Experience In Visual Arts	17
Sports & Martial Arts	17
Abhaya Martial Arts	17
Aikido Classes	17
Kshetra Kalari, Aspiration	17
Bharat Nivas presents Kalaripayattu Class	18
Swimming Class	18
Kalpana Gym	18
Tai Chi Hall in Sharanga	18
Ultimate Frisbee Hosts Women's Tournament	18
Girls' Futsal/ Football Club	18
Nature Activities	18
Permaculture 360° Farm Tour	18
Herbal medicinal plants course for beginners	18
Food Forest Tour With Smoothie Bowls and More...	18
Mindful Forest Walk & Sacred Drum Journey	19
Bioregion Activities	19
Enlight Auroville	19
Egai	19
Tour to Thiruvannamalai	19
Craft Activities	19
Paper Craft Workshop @ Wellpaper, Auroville	19
Wellness Woodcraft: Auroville Activity	20
Help Needed	20
Funding Sought for a Laptop	20
Support for Giuseppe	20
Looking For	20
Looking For an Old Electric Four-Wheeler	20
Seeking Long-term House sitting	20
Available	20
Office Spaces Available: Aurelec	20
Office Space Available: Auromode	20

Work Opportunities _____ 20

Kindergarten Head @ Mohanam _____	20
Eco Femme _____	21
Video Editor/ Content Creator _____	21
Social Media Account Manager _____	21
Earth Institute:	
Communication and Website Specialist _____	21
Job Openings at The Living Room Cafe _____	21

Honorary Voluntary _____ 21

Martuvam Healing Forest Call for Volunteers _____	21
Mohanam: Volunteers Invitation _____	21
Gau Seva at Sadhana Forest! _____	21
Volunteering at Ecoservice _____	22
Kuilai Creative Center Seeks Volunteers _____	22
AuroOrchard: Volunteer and Learn Farming _____	22

Foods, Goods & Services _____ 22

Hemplanet _____	22
Siddhartha Farm: Exciting Diwali Offers _____	22
La Ferme Cheese, Auroville _____	22
Gastronomica: Fresh Flavors Every Day! _____	22
Women's Empowerment Project:	
Queen home food _____	22
Artiste Cafe _____	23
Enjoy the Essence of The Sprout _____	23
Sudha's Kitchen _____	23
FoodLink market open every day _____	23
Goyo Korean silent restaurant _____	23
Any time Dosa and Pongal @ the Pathway Cafe _____	23
Integral Harmony Farm offers charcoal _____	23
Annapurna Farm Baskets _____	23
Reduced-Price Maroma Products _____	23
Shared Transport Service _____	24
UTS: Unity Transport Service _____	24
Qutee Electric Scooter Service _____	24
Book Binding _____	24
Sarvam Computers offers Reliable Service _____	24
ITS: Integrated transport Service _____	24
Rapid Care Services _____	24
Rupavathi Joy Activities _____	24
Namaste, Bonjour, Hello, and Vanakkam from Inside India! _____	25
Surabhi Supplies _____	25
New Waves _____	25

Voices & Notes _____ 25

Auroville Radio _____	25
Love in Matrimandir gardens _____	25
Tulip: The Unconventional Life Podcast _____	26
Catching Up _____	26

Poetry _____ 26

Poetry Book Launch: Nature Lures _____	26
Shinto _____	26
Protection _____	26
No longer posing _____	27

Classes, Workshops & Healing Arts _____ 27

Breathe _____	27
Call for Volunteers:	
Join Our Taizé Meditative Singing Group _____	27
Awareness Through the Body:	
Rhythm & Breath explorations _____	27
Mindfulness Kindfulness	
Half Day Retreat with Helen _____	27
Sound Chakras Healing _____	27
Auromode SPA Offers Cosmetology Services _____	27
Auromode Yoga Space November Schedule _____	28
Yoga with Rachel _____	28
Kundalini classes _____	28
Angam Tree Wellness Hut _____	29
Sitara Munay-Ki Yoga School	
Yin Yoga, Sound Journey, Suriya Kriya _____	29
Drop-in Class on Meditation, Yin Yoga, Sound Journey _____	29
Quiet Healing Center Workshops _____	29
Arka Wellness Center & Multipurpose Hall _____	30
Treatments _____	30
Classes _____	30
Traditional Mantras and Stotras Chanting Classes _____	30
Holistic Well-Being Services @ Anitya Community! _____	30
Pitanga Cultural Centre Program November 2024 _____	31
Sound Therapy & Self Healing _____	32
Tao of Tea 茶道 Cha Dao	
Sencha Syle Tea Ceremony _____	32
Vérité Yoga & Re-creation Programs, Treatments, Workshops _____	33
Taste Of Yoga @ Vérité _____	33
Leela Therapy _____	34
It Matters Schedule from 2 to 9 November _____	34

Languages _____ 34

Bolstering English _____	34
Auroville Language Lab _____	34

Cinema _____ 34

Aurofilm _____	34
Aurofilm presents @ MMC, Town Hall _____	34
First Workshop: Film Appreciation Programme _____	35
Cinema Paradiso Presents The Owl-Eyed Guardian And the Banyan Dream _____	35
Eco Film Club _____	35
Cinema Paradiso Film Program	
4—10 November 2024 _____	36

Emergency Services _____ 37**N&N Guidelines _____ 37****Accessible Auroville Public Bus _____ 37**

House of Mother's Agenda



11—Immortality is not the survival of the mental personality after death, though that also is true, but the waking possession of the unborn and deathless Self of which body is only an instrument and a shadow.

There are three statements here which have raised questions. First, "What is the mental personality?"

In each human being the body is animated by the vital being, and governed, or partially governed, by a mental being. This is a general rule, but the extent to which the mental being is formed and individualised varies greatly from one individual to the next. In the great mass of human beings the mind is something fluid which has no organisation of its own, and therefore it is not a personality. And as long as the mind is like that, fluid, unorganised, with no cohesive life of its own and without personality, it cannot survive. What made up the mental being dissolves in the mental region when the body, the substance which made up the body, dissolves in the physical substance.

But as soon as the mental being is formed, organised, individualised, and has become a personality, it does not depend, it no longer depends on the body for its existence, and it therefore survives the body. The earth's mental atmosphere is filled with beings, mental personalities which lead an entirely independent existence, even after the disappearance of the body; they can reincarnate in a new body when the soul, that is to say, the true Self, reincarnates, thus carrying with it the memory of its previous lives.

But this is not what Sri Aurobindo calls Immortality. Immortality is a life without beginning or end, without birth or death, which is altogether independent of the body. It is the life of the Self, the essential being of each individual, and it is not separate from the universal Self. And this essential being has a sense of oneness with the universal Self; it is in fact a personified, individualised expression of the universal Self and has neither beginning nor end, neither life nor death, it exists eternally and that is what is immortal. When we are fully conscious of this Self we participate in its eternal life, and we therefore become immortal.

But there is some misunderstanding about this word "Immortality"—and this is not something new; it is a misunderstanding which has recurred very frequently. When one speaks of immortality most people understand it as the indefinite survival of the body.

The body can survive indefinitely only if, in the first place, it becomes fully conscious of this immortal Self and unites with it, identifies with it to the extent of having the same capacity, the same faculty of constant transformation which would enable it to follow the universal movement. This is an absolutely indispensable condition if the body is to endure. Because the body is rigid, because it does not follow

the movement, because it cannot transform itself rapidly enough to constantly identify itself with the universal evolution, it decomposes and dies. Its fixity, its rigidity, its incapacity to transform itself, make its destruction necessary, so that its substance may return to the general realm of physical substance and so that the body may be remoulded into new forms in order to become capable of further progress. But usually, when one speaks of immortality, people think of physical immortality—it goes without saying that this has not yet been realised.

Sri Aurobindo says that it is possible and even that it will happen, but he lays down one condition: the body must be supramentalised, it must have some of the qualities of the supramental being, which are qualities of plasticity and constant transformation. And when Sri Aurobindo writes that the body is "only an instrument and a shadow," he is speaking of the body as it is now and will probably continue to be for a long time to come. It is only the instrument of the Self, a very inadequate expression of this Self, and a shadow—a shadow, something vague and obscure in comparison with the light and precision of the eternal Self.

How this shadow, this instrument, can serve the development of the soul, and how by cultivating the instrument one can be of help to future lives, are questions which are not without interest.

Each time that the soul takes birth in a new body it comes with the intention of having a new experience which will help it to develop and to perfect its personality. This is how the psychic being is formed from life to life and becomes a completely conscious and independent personality which, once it has arrived at the summit of its development, is free to choose not only the time of its incarnation, but the place, the purpose and the work to be accomplished.

Its descent into the physical body is necessarily a descent into darkness, ignorance, unconsciousness; and for a very long time it must labour simply to bring a little consciousness into the material substance of the body, before it can make use of it for the experience it has come for. So, if we cultivate the body by a clear-sighted and rational method, at the same time we are helping the growth of the soul, its progress and enlightenment.

(to be continued next week)

*The Mother,
On Thoughts and Aphorisms
First Period of Commentaries (1958):
Jnana (Knowledge)*

<https://incarnateword.in/cwm/10/aphorism-11>

*With love and gratitude,
Gangalakshmi (HOMA)*

Townhall Speaks

APPLICATION ANNOUNCEMENT 31-10-2024



L'avenir d'Auroville

The following building application has been received and is approved—(feedback period ends on 14 November 2024 and feedback shall be sent to avenir@auroville.org.in):

Vasantharaj Gandhi: Retroactive & House extension

- **Applicant:** Vasantharaj Gandhi
- **Location/ area:** La Ferme, Outside Master Plan
- **Asset type:** Retroactive & Extension
- **Area of existing building:** 51 sqm
- **Extension:** 21 sqm
- **Total built-up area:** 72 sqm (ground floor structure only)
- **Estimated cost:** 6,82,690/-

Project brief: The building, originally constructed as a storeroom, was later converted into a living room without approval from the ATDC, and no official records of its existence are available. The applicant now seeks to regularize the structure and he also applied for an extension. The application has been reviewed and approved by the ATDC.

Constructive feedback guidelines

Subjective and personal approval of projects from neighbors to the projects has no resonance with the ideals of Auroville where we have committed to a life guided by no desire, no preferences and no sense of ownership. This subjective “approval from the neighbors” is no longer part of the application process as this has no place in Auroville. When we publish projects for approval, we will discard all subjective and personal feedback with respect to “neighbors choosing neighbors” or “neighbors choosing development guidelines”. All other feedback is welcome and will be part of the process.

No matter the personal opinions and attachments some may have regarding some projects, we take this opportunity to invite Aurovilians to use a tone in their feedback, inspired by The Spirit of Auroville, Human Unity and Progressive Harmony.

Joel, Inbox manager

DIWALI BONUS FOR STAFF

Dear Trustees & Executives & Managers of Auroville Units/ Activities/ Services/ Projects, it has been brought to the notice of FAMC that many Units/ Activities/ Services/ Projects have been distributing Diwali bonus to Aurovilians engaged in their Units/ Activities/ Services/ Projects under maintenance.

The Bonus Act “25 September, 1965.—An act to provide for the payment of bonus to persons employed in certain establishments and for matters connected therewith”. Therefore, Diwali & Pongal Bonus disbursement can only be given to the staff of the Units/ Activities/ Services/ Projects with salaries below of Rs. 21,000/- per month and not to Aurovilians.

Aurovilians are under central maintenance policy and are not considered employees. ***This disbursement by some Units/ Activities/ Services/ Projects puts the Auroville Foundation Tax Exemption status in jeopardy.***

If some of the Trustees & Executives & Managers of Auroville Units/ Activities/ Services/ Projects feel that some Aurovilians merited an “incentive”, this has to be brought for prior approval to the FAMC, who will qualify it based on the turnover, expenses and profit (loses) of the Units/ Activities/ Services/ Projects under their 67% of the surplus. Keep in mind that any incentive paid attracts a GST of 18%.

All income generating units will only use maintenance modules feature of the financial services to give monthly maintenance and special incentive to Aurovilians and will not disburse any kind of bonus to Aurovilians.

In Her Service, Geeta for FAMC

DONATION CHANNELING GROUP GUIDELINES

Dear Friends, kindly submit your Quarterly Reports to the DCG (Donation Channeling Group) and to your donors using the new format provided in the link below:

<https://aiis.auroville.org/dcg-quarterly-utilization-report/new>

Reports sent from only from auroville.org.in email IDs will be accepted as usual. You can view the new format in the attached PDF file.

Naren & Sandeep for DCG
dcg@auroville.org.in

RESPONSE TO FAQs ON THE WORKING COMMITTEE of the Residents Assembly

1. What is the Working Committee exactly and why so much noise over it?

• The Working Committee of the Residents’ Assembly is first and foremost merely a body constituted by the Residents’ Assembly to assist the Residents’ Assembly to discharge its functions, and as the case may be, the Governing Board also. The Auroville Foundation Act (hereinafter referred to as the Act) under Section 20 is very clear on the subject.

• Therefore it may be understood at the outset that the Working Committee does not have any decision-making powers, it is merely a secretarial body to assist the discharge of the functions of the two bodies with direct functions to perform.

• In March 2020, the Residents’ Assembly formed a Working Committee composed of Anu, Arun, Chali, Hemant L., Partha, Sauro, Srimoyi. This Working Committee had a three-year term of office.

2. What happened in May 2022 when some members were removed, and some were “voted out”?

• In May 2022, due to some severe dysfunctionality issues within the team, owing to three of the appointed members refusing to collaborate with the city development endeavours as decided by the Governing Board, the Working Committee took an internal decision to remove the dissenting three members by a majority vote. This was permissible by the Participatory Working Groups 2022 (PWG 2022) document which was ratified by the Residents Assembly under “Removal of members”. The majority four, Anu, Arun, Partha and Srimoyi, also chose three interim members, Joseba, Tine & Selvaraj, so that the work may continue unhindered.

Excerpt PWG 2022:

“Removal of Members during the term

To be a Member of a working group implies effective participation, conscientious presence and teamwork. Members who are not executing their work as assigned by the group and/or turn out to be ill-matched with the team can—after all attempts of integration have failed—be asked by the Working Group to step out.”

• Aggrieved, the removed three members—or the “breakaway group”—organized general meetings in Auroville and attempted a “Residents’ Assembly Decision Making Process” i.e. voting amongst Residents to remove the majority four who were supportive of the decisions of the Governing Board to develop the city.

• This action was illegitimate on two counts. One, there is no scope for the Residents’ Assembly to organize voting at whim and throw out the majority of members out of the Working Committee. The Participatory Working Groups (PWG) 2022 has no inbuilt mechanism for this. Nor does such a parallel exist in a functional democracy either. Two, the Officer on Special Duty (OSD) had issued an order on 06.05.22 asking the Residents’ Assembly to pause all decision making until the Register of Residents (RoR) was updated, before the voting was concluded on 08.05.22.

• To be noted, the Madras High Court in its judgment dated 01.08.2024 has upheld that this removal of members and the appointment of the three interim members is legitimate and in accordance with established procedures i.e. the PWG 2022.

Excerpt from the Order dt. 01.08.24:

“60. In the present case, the register of members of the Residents’ Assembly is itself a work-in-progress. Thus a decision in regard to qualification can be taken only after the Register of Residents is updated and finalized. R1 to R7 draw authority and sustenance from the admitted position that, R1 to R4 (Anuradha Legrand, Parthasarathy Krishnan, Arun Selvam, Srimoyi Rossegger) were selected in accordance with the PWG procedure in 2021 and R5 to R7 (Ingeborg Christine Neuman Zimm (Tine), Jose Eusebio Martinez Burdaspar (Joseba), Selvaraj Damodaran) replaced the break-away group in April 2022.

61. The removal of the members of the break-away group is in accordance with the procedure provided for such removal in the PWG document. It is not denied that R1 to R7 have attained the age of majority and their names also find place in the Register of Residents after due verification by the OSD. Thus, their position as members of the Working Committee of the Residents’ Assembly is found to be legitimate, with requisite authority.”

3. What is this “order of the OSD” exactly?

- Why did the OSD pass this order? First, the OSD passed this order because the Governing Board in its previous meeting asked for the RoR to be updated as a priority exercise. Since a cursory verification of the RoR, previously updated in 2005, revealed names of people who had left since decades, who were deceased, it was the next legitimate step to announce “no voting until the voters list is clear”.

- Was it legitimate? The OSD’s order was challenged by Hemant Lamba in a Writ Petition in 2022 at the Madras High Court. A single-judge bench did allow the Writ Petition i.e. quashed the order of the OSD stating that such an order was outside his jurisdiction. However, the single-judge bench order was challenged in a Writ Appeal filed by the Auroville Foundation, and the Chief Justice Bench stayed the single-judge bench order within 8 days of it being issued. So the answer is yes, the OSD order is upheld by the court of law as having full legitimacy.

- Further, the recent Madras High Court order dated 01.08.24 recognizes the authority of the OSD as follows:

“52. On the other hand, the Register that has been submitted by the OSD at the behest of R8, along with a tabulation of the various particulars relating to the contents thereof, reveals a totally different picture with only 1861 members.

53. The OSD has been appointed in terms of the Section 15(3), in terms of which, the Governing Board may appoint such other officers and employees as may be necessary for the efficient performance of its functions. Section 17 sets out the powers and functions of the Governing Board as follows [...]

55. In terms of Clause (d) of Section 17, it is the Governing Board which is vested with the power of monitoring and review of the activities of Auroville and to secure proper management of the property vested in the Foundation as well as other properties of Auroville. Thus, it is the OSD who, as on date, is the proper authority to oversee the functioning of the Foundation, as confirmed by the interim orders granted by this Court. I would thus go by the status as confirmed by the OSD.”

- In summary, yes, the OSD’s order to pause all decision making by the Residents’ Assembly until the RoR was updated was upheld by the court of law and till date continues to be in effect.

4. The RoR updation—why was it required and what was the delay caused by?

- The RoR updation exercise was started in May 2022 as per the directions of the Governing Board. Under Section 18, the Secretary is empowered to maintain the Register of Residents.

- To be a Resident of Auroville, one must live and work in Auroville (minimum 6 hours a day 6 days a week or 5 hours a day 7 days a week) as per the guidelines given by The Mother. Apart from this, Residents have to adhere to the “Values guiding the Collective life of Auroville” that all persons sign upon becoming accepted as Residents before the signing of the B-form.

- Additionally foreign Residents must either live in Auroville on an OCI or on an Entry X Visa specifically issued for the purpose of living and working in Auroville.

- A form to fill out was sent out to all Residents with some mandatory fields and some non-mandatory fields.

- From the very beginning there was a section of Residents who refused to have anything to do with this exercise and simply refused to fill out the form and provide the basic necessary data.

- A door-to-door verification exercise of habitation, of confirmation of workplace and documentation, was launched which also met with immense resistance from a section of Residents.

- Whereas earlier there were ~2400 Residents entered in the RoR from 2005, suddenly there were only ~1600 Residents whose presence in Auroville was able to be verified. This meant a population drop of nearly 30% i.e. 1/3 of the Residents had disappeared.

- Needless to say this could not be accepted as the finalized RoR as it meant that all the houses these missing Residents occupied would have to be taken back, then taken out officially from jobs and their visas rescinded.

- Therefore several reminders were sent, every few months, to appeal to those Residents who refused to allow the RoR to become updated and finalized by their non-cooperation.

- The latest RoR figures still remain at ~1900 Residents, some of whom have come forward by force of necessity such as obtaining an extension on their visa. This is still a 20% drop in the Auroville population as previously registered.

- The final RoR will be presented to the Governing Board and then published as final. Those Residents who simply have refused to fill the forms or cooperate will have to be dealt with separately.

- In summary, the RoR updation exercise, which could have been a simple exercise lasting a few months at best, has been dragged out due to the non-cooperation of a section of Residents who are currently opposing the development efforts made by the Governing Board.

- The Madras High Court in its recent order dt. 01.08.24 notes the following:

“46. Since an omnibus interim stay had resulted in administrative and logistical difficulties, the interim order was modified on 04.09.2023 by the First Bench and directions issued to the effect that, (i) the Residents’ Assembly may function as provided under Sections 18 to 20 of the Auroville Foundation Act, 1988 and (ii) Residents’ Assembly shall not take policy decisions which alter the existing structure and working of the Auroville Foundation. It is this order that governs the functioning of Auroville as on date, read with the order passed by the OSD dated 06.05.2022 which refers to the ongoing updation of the Residents’ Register.

...

56. It is very unfortunate that a Foundation of the stature of Auroville has existed thus far without a clear framework for selection of the members of the Working Committee. The need for such Regulation has never been more evident than it is today and there is a clarion call for finality in this regard.

57. To such end, The Auroville Foundation (Framework for Selection of Working Committee) Regulations, 2024 has been issued seeking to bring out Regulations on the methodology for selection of the Working Committee of the Residents’ Assembly but was immediately challenged in WP.No.1477 of 2024 and an interim stay of the Regulations obtained on 23.02.2024.

58. The narration as above would reveal that any attempt to regulate the functioning of the Foundation has met with resistance and prompt resort to the Courts. Both Regulations, one for bringing in procedures to update the Register of Residents and the other to appoint the members of the Working Committee have faced this grim fate. Thus, till such time the Regulations are finalised, the directions issued by the First Bench on 04.09.2023 would govern the field qua the management and functioning of Auroville."

5. What about all the voting processes in the interim? And the selection processes for groups?

- The Residents' Assembly cannot "vote" on matters which do not fall under the purview of its listed functions.

- In fact the whole idea of "voting" in Auroville goes against the guidelines given by the Mother for Aurovilians to abstain from politics. It must be remembered that voting inadvertently includes campaigning for one's position or opinion. The recent years have shown a severe increase in politics in Auroville where pamphlets are dropped door-to-door promoting an opinion and rallying up people to take a side. This goes against the very spirit and grain of life in Auroville and the teaching of The Mother and Sri Aurobindo.

- That said, no "voting" that has taken place post May 2022 can be considered valid for the simple reason that the list of voters is yet unclear, as reinforced by the latest order of the Madras High Court on 01.08.24. The self-constituted Residents' Assembly Service (i.e. unauthorized) have never published the list of voters on a particular organized "vote" therefore there is no legitimate way to verify the numbers projected or the legitimacy of the voters.

- The same goes for the Selection Processes of new members for the Working Groups. Since there is no verified list of Residents yet, there could be no legitimate Selection Process that involved an approved list of Residents. The latest High Court order makes all this abundantly clear.

6. Now who is the Working Committee and how can we be sure?

- In February 2023, the OSD issued a communication stating that the only recognized Working Committee of the Residents' Assembly is the one consisting of four members selected in January 2021 and three interim members appointed in April 2022. The Governing Board has recognized the removal of the three dissenting members from the Working Committee through its internal process as being legitimate and authentic to the Residents' Assembly approved PWG 2022 policy.

- In 2023, Mr. Hemant Lamba filed a Writ of Quo Warranto against the Secretary of the Auroville Foundation challenging the recognition of these seven members as the legitimate Working Committee of the Residents' Assembly. In August 2024, Justice Dr. Anita Sumanth J dismissed the Writ of Quo Warranto, thereby upholding the Working Committee of the Residents' Assembly recognized by the Governing Board as the legitimate one.

- The Madras High Court order dt. 01.08.24 states that:

"62. In addition, the OSD has, in document dated 20.02.2023 found that the records reveal that R1 to R7 comprise the Working Committee and this would also serve to clothe R1 to R7 with the required legitimacy to function as the Working Committee.

66. In light of the aforesaid discussion, I find no merit in the plea seeking writ of quo warranto as against R1 to R7."

- In summary, the Working Committee of the Residents' Assembly, duly selected by the Residents' Assembly and then reconstituted based on the Residents' Assembly approved PWG 2022, is composed of Anu, Arun, Partha, Srimoyi, Joseba, Tine & Selvaraj.

- The same is upheld not only by the Governing Board but by the Madras High Court as well as has been elaborated in the above answers.

7. Please explain the meaning of 'undischarged' in this sentence of the Order dated 01.08.24: "The authority upon which said Mael Shanthi continues to reside in India is thus unknown and the burden resting upon the petitioner to explain this aspect remains undischarged."

- In this sentence, the word "undischarged" means "not fulfilled or not completed".

- The court says that "the petitioner has not fulfilled (discharged) their obligation" to explain on what legal grounds Mael Shanthi, one of the alleged committee members, continues to reside in India, despite being issued a notice to leave the country. In legal terms, the petitioner had the "burden of proof" to explain or provide evidence about Mael Shanthi's legal status, and this obligation has not been met or completed (i.e., it remains undischarged).

*Submitted by Sindhuja,
AVF Legal Coordinator*

Clarification: last week's announcement on the Quo Warranto case verdict was signed "Sindhuja" and is to be read as "Sindhuja, AVF Legal Coordinator."

Community News

Matrimandir News & Schedules



[Read the full newsletter here](#)

Submitted by John

AMPHITHEATRE—MATRIMANDIR

Meditations at sunset with Savitri

Every Thursday, 5:30—6pm (weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's incredible music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.

- **Dear Guests,** please carry your Guest Card with you. Access only for the Amphitheater from 5:15pm. Thank you.

Surya and Velmurugan for Amphitheater team

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity and Matrimandir

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE.

- The Park of Unity is open to **Aurovilians and Newcomers** daily, 6am—7:30pm
- **Aurovilians may bring close family and friends** to the Gardens daily, 9am—3:30pm

Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.

Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to **Aurovilians and Newcomers**:
 - Monday—Saturday: 6—8am, 4:30—7:30pm.
 - Sunday: 6am—12pm, 4:30—7:30pm.
- The Inner Chamber is open to **SAVI registered Volunteers**:
 - Wednesday—Monday, 8—8:40am.
 - Arrival at 7:45am at the Office Gate.
- The Inner Chamber is **open to Aurovilians** wishing to accompany a **maximum of 5 close family and friends**, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
 - Any day except Tuesday & Sunday: 8—8:35am.
 - Arrival at 7:45am at the Office Gate.
- The Inner Chamber, the Petals and the Gardens are open to the **Children of Auroville and the Outreach Schools**:
 - Tuesday 9—11am.
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in: Tuesday 8—8:30am.

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders:
 - Monday—Sunday, 7—8am, daily 5—6pm.
 - Tuesday morning, closed.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost.
- Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre:
 - Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

Antoine, Divya Karun, John H., Judith, Sundar K

SAVITRI BHAVAN



Schedule, November 2024

Exhibitions

- **Meditations on Savitri**: A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo**: A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother**: Photographs and texts in the Square Hall

Films: Mondays 4pm in the Sangam Hall

- **November 4: Meditations on Savitri, Book 3—The Book of the Divine Mother, Cantos 1—4**. This film covers all the four cantos of Book 3—The Pursuit of the Unknowable, The Adoration of the Divine Mother, The House of the Spirit and the New Creation and The Vision and the Boon. *Duration: 22min.*
- **November 11: The One Whom We Adore as The Mother**. An audio-visual presentation by the Sri Aurobindo Archives on The Mother's life from childhood onwards, her trainings, her meeting with Sri Aurobindo and the creation of the Ashram and Auroville. *Duration: 63min.*
- **November 18: The Mother—Glimpses of Her Life**. Film from 1978 with recordings of The Mother's and Sunil's compositions. *Duration: 18min.*
Followed by A New Birth—A Meeting of The Mother with Surendra Nath Jauhar on 11.05.1967—Sadhak and founder of the Sri Aurobindo Ashram, Delhi Branch. *Duration: 23min.*
- **November 25: On Significance of the Siddhi Day**. This is the second conversation of Dr Alok Pandey with Narad on the significance of Siddhi Day, 24 November 1926. The talk was recorded on November 24, 2016, in Pondicherry. *Duration: 46min.*

Full Moon Gathering

- **Friday, 15 November, 7:15—8:15pm** in front of Sri Aurobindo's statue

Regular Activities

- **Sundays 10:30—12noon**: Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm**: The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays 3—4pm**: Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Mondays to Saturdays 4—5pm**: L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Wednesdays 5:30—7pm**: OM Choir led by Narad
- **Thursdays 4—5pm**: Videos of *The English of Savitri* led by Shraddhavan
- **Fridays 3—4pm**: Reflections on 'Release of Ego' part 2 of Ch.9 from *The Synthesis of Yoga* led by Dr. Jai Singh
- **Saturdays 5—6:30pm**: Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Meditations on Savitri, Book 3—The Book of the Divine Mother, Cantos 1-4

The Pursuit of the Unknowable, The Adoration of the Divine Mother, The House of the Spirit and the New Creation, The Vision and the Boon.

- **Monday, 4 November 2024, 4pm @ Savitri Bhavan**
Duration: 22min.

As the Traveller of the Worlds Aswapati explored all the planes of existence and reached the summit of the World-Stair, but he had not yet found what he was looking for to bring the Life Divine down to earth. He had a glimpse of the Supreme Mother and surrendered to her, but now the world seems empty to him. All knowledge seems to end in the Unknowable. He must abandon everything he has been. He decided to be transformed into a self of That which has no name. Aswapati perceives the Godhead of the whole, a stark Reality. It is a pure existence one and unique, unutterable sole, immutably the same, infinite, eternal, unthinkable, alone.

As the soul moves close to its self-discovery, there comes an absolute stillness; all that the Mind has known seems unreal. Behind the apparent zero, Aswapati perceives the Presence he has yearned for. He feels the presence of a being of Wisdom, Power, and Delight embracing Nature, World, and Soul. From this Being a beautiful golden brightness flows into Aswapati's heart, touching through him all sentient beings.

This is the Mother of All, the mediatrix between Earth and the Supreme. All contraries prepare her supreme harmony. She, the Supreme Divine Mother, stands at the head of Time. All Nature calls to her alone to heal with her touch all the pain and longing of life and to kindle true aspiration in human hearts. Through her, all our separate selves will become one. She is the way and the goal.

Her rapture fills the limbs of Aswapati. All his quests are fulfilled in her. But his freedom alone cannot satisfy him. He seeks her light and bliss for the whole earth and all humanity.

He knows that only the Light and Bliss of the Supreme Mother can bring about the Divine Life on Earth which he is aspiring for. He feels all the resistance of the human world and the unconscious base of Matter. He succeeds in entirely removing desire from himself and offering the vacant place to the higher powers. In response, a last and mightiest transformation comes over him.

His soul reaches the transcendent source in the House of the Spirit where the Divine Mother embraces all existence and blesses it with Oneness—as well the New Creation arises from there, the Divine World he has aspired for. In that great Oneness, he becomes aware of himself as two beings, one wide and free above, the other struggling and bound on earth.

Suddenly a mystic form embraces Aswapati's earthly body, and a boundless heart comes near his heart. The One whom he has adored and worshipped enters into him. She tells him: "O Son of Strength who climbst creation's peaks,... / What thou hast won is thine, but ask no more... / Man is too weak to bear the Infinite's weight. (p.335)

But Aswapati's heart replied to her: "How shall I rest content with mortal days... / And the dull measure of terrestrial things,... / I know that thy creation cannot fail... / I saw the Omnipotent's flaming pioneers / Over the heavenly verge which turns towards life / Come crowding down the amber stairs of birth; / Forerunners of a divine multitude, / Out of the paths of the morning star they came / Into the little room of mortal life." (p.341, 342, 343)

Aswapati prays to the Divine Mother to incarnate with her Force and to send a living form of herself to earth. The Supreme Divine Mother finally agrees: "O strong forerunner, I have heard thy cry. / One shall descend and break the iron Law, / Change Nature's doom by the lone spirit's power..." (p.348) After the Divine Mother's agreement, Aswapati's soul journeys back to earth and the vast business of created things.

A meditative film of Huta's paintings illustrating passages from Sri Aurobindo's poem *Savitri* read by The Mother and accompanied by her own organ music which can connect us to the Divine Presence within and lead us towards spiritual truth and the New Consciousness.

The film is available on Savitri Bhavan website and YouTube channel.

Dhanalakshmi & Margrit for Savitri Bhavan

BRAHMANASPATI KSHETRAM



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

Calendar of regular events of November 2024

Every Tuesday 6:45 - 7:30pm
Savitri Reading

Every Thursday 6:00 - 6:30pm
Meditation

14th & 28th Thursday 6:30 - 7.30pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

15th, Friday at 6:30pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

kshetram2014@auroville.org.in



Rajan

SAVITRI SATSANG & OM CHOIR with Narad

Every Wednesday @ Savitri Bhavan, Square Hall

- **Savitri Satsang, 4:30—5:15pm**

We will begin with Book 1 The Book of Beginnings, Canto I, the Symbol Dawn, Savitri, this prophetic vision of the world's history, including the announcement of the earth's future.



From the Mother: The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted. A complete system of yoga which can serve as a guide for those who want to follow the integral sadhana.

- **Om Choir, 5:30—6:15pm**

The voice that chants to the creator Fire, the symbolised OM, the great assenting Word. Savitri

Please join us in this collective aspiration, in the form of united prayer. No prior singing experience required. **Narad**

A weekly study circle on

The Synthesis of Yoga

- Sri Aurobindo



By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville



Scan for Location



MOTHER'S FLOWER GARDEN:

Chanting by Samskritam Auroville

Sunday, 3 November,
7—8am

The Mother's
Flower Garden,
near Solar Kitchen

Rabi for the team



Education

KULAI CREATIVE CENTRE

Next to Auroville Bakery, Kulapalayam

kulaicreativecentre.auroville@gmail.com

8608473385



	10—11:30am	12—1pm	3—4:30pm
Monday	English Class	Mother's 12 Quality Session Tailoring (Flag Making)	Mother's 12 Quality Session (Gardening)
Tues-day	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Calendars Making)
Wednes-day	Mother's 12 Quality Session (Painting)	Tailoring (Flag Making)	Mother's 12 Quality Session (Mural painting on walls)
Thurs-day	English Class	Tailoring (Flag Making)	Mother's 12 Quality Session (Embroidery work)
Friday	Tailoring (Flag Making)	Tailoring (Flag Making)	Mother's 12 Quality Session (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiyam, Silambam, Up-cycling and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15.		

Selva for KCC

BOOST YOUR AUROVILLE PROJECT WITH AI:

Enthusiasts Ready to Help!

For those ready to apply AI, we can explore custom solutions, help integrate AI tools, and brainstorm AI-driven strategies for your on-line presence. You're the expert in your field; we're passionate about AI. Together, we can discover new possibilities.

We're eager to help find ways to analyze your data, streamline tasks, personalize user experiences, and investigate AI-powered marketing—all tailored to your Auroville project.

- Contact us on WA: Manisha 9999955321, AL 9843941207.

Let's learn, grow, and innovate together with AI! **Manisha**



ACADEMIC TUITION OFFERED

With my 18 years of experience in education, I offer academic tuition sessions from grade 1 to university level in all subjects. Also I am a spoken English and Hindi language trainer. My contact number is 8270512606.

Ashwini, Aspiration

AUROVILLE LIBRARY

Our Reading Circles

- Mondays 6—7pm, in the Children's Room:
The Beauty Myth by Naomi Wolf
by Sohela +91 8233277556
- Mondays 6—7pm, main building:
The Prophet by Kahlil Gibran,
hosted by Malcolm, +91 9080159721
- Tuesdays 6:30—7:30pm, main building:
A New Earth by Eckhart Tolle,
hosted by Debashish +91 7678208825
- Thursdays 6—7pm, main building:
When Things Fall Apart by Pema Chodron,
hosted by Helen & Serena
+91 7094753054, +91 8489760966

Auroville Library Contacts and Timings

- Phone: 0413 2622 894
- Email: avlib@auroville.org.in
- Opening timings:
 - Mornings: Monday—Saturday: 9am—12:30pm
 - Afternoons:
Monday, Wednesday, Thursday, Friday & Saturday:
2—4:30pm
Tuesday: 4—6:30pm

Laura

EARTH INSTITUTE:

November on-campus Training Course

CSEB Design : 11th Nov - 16th Nov

AVD Intensive : 18th Nov - 23rd Nov

CSEB Intensive : 25th Nov - 30th Nov

CSEB = Compressed Stabilised Earth Blocks
AVD = Arches, Vaults and Domes



We are thrilled to invite you to embark on an exciting journey with us to explore the untapped potential of our Earth through interactive workshops! This unique adventure promises to be an enriching experience, full of discovery and learning. Limited seats are available on a first-come, first-served basis. Register now & join the clan!

- Contact: +91 9159225078/0413 2623330/ 2623064
- Registrations are open:
<https://registration.earth-auroville.com/> T. Ayyappan

Ecology

COME & CHECK ECO SERVICE TREASURES

Monday to Saturday,

10:30am—12:30pm & 3—4:30pm

Dear Community, we are delighted to offer a variety of valuable items at Eco Service, like plates, PVC pipes, repair materials, mirrors, glass bottles, and much more.

We welcome all recyclers or anyone needing such items to take them anytime from Monday to Saturday between 10:30am—12:30pm and 3—4:30pm.

- It's best to call Sumit at 6379669034 to confirm his availability before you come by. See you soon!

Laura H. for Eco service team

Health Care

SIMHA HEARING AIDS AND SPEECH THERAPY CENTER

Offer Services

Simha Hearing Aids and Speech Therapy center of Pondicherry will be commencing their services at Auroville Health Centre. Prof. N D Rajan with more than 45 years of experience and Mrs. M. Manju with 20 years of experience, Audiologists and Speech Therapists, will be providing their services from the month of November 2024.



- They will be visiting on 2nd and 4th Saturdays of every month, starting 9 November, between 2—5pm.

They will be providing the following services:

- Audiometry (Hearing Assessment)
- Hearing aid fitting (like SIEMENS, PHONAK, and other known brands)
- Programming and readjustment of hearing aids
- Consultation for speech and voice problems

In addition, basic accessories for hearing aids like batteries, cleaning kits etc, will be available in the Pharmacy from the second Saturday of November 2024. **Dr Uma**

AUROKIYA: 5TH EYE YOGA AND WELLNESS RETREAT

5 to 9 November

Aurokiya Integral Eye Centre is hosting our 5th Eye Yoga and Wellness Retreat from 5 to 9 November. Join us as we guide you through eye exercises to refresh your visual system. This event is in partnership with The School for Perfect Eyesight in Pondicherry. To register and for more information, please scan the QR code or [click on the following link](#).

Benefits of Eye Yoga: Reduces eye strain, improves vision, boosts concentration, promotes relaxation, prevents vision problems.

- For details and other programs contact 8012305151/ 9704258709

Aurosugan for Team Aurokiya

Editor's note. Last week we published an inaccurate statement concerning Adaptive Therapy. Below is the corrected version.

OFFERING ADAPTIVE THERAPY AT SANTÉ

Asita will be offering Adaptive Therapy at Santé for all age groups, from young children to the elderly, including for issues at school, stress, insomnia, social challenges and more.

- Please contact Santé reception: 0413 2622803.

Asita has a Master's in Sociology from Pondicherry and specialization as a Behavior Technician from the USA.

Dasha for Santé Team

OFFERING NURSING SERVICES

My name is Madhi and I'm 26 years old. I've been living in Auroville since my childhood with my family. I have done my bachelors degree in B.Sc (Nursing) and I have two years experience as a staff nurse in hospitals (one year in psychiatric ward, six month in ICU and six month in emergency). Past two years I've been working with private diagnosis and health care in Auroville. **Home visit care for elderly people, bed ridden patient, psychiatric patient, etc.**

Kindly get in touch with me if you need assistance, hospital care, homecare, home visits, or a caretaker. I'm happy to offer my professional skills in the appropriate and proper way.

Madhi, 9597222826 call/ WA, madhiazhagan014@gmail.com

SANTÉ SERVICES



Schedule, November 2024

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr.Senthil & Dr.Pavan: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya Daily: no appointment needed
Ayurveda with Dr. Be: TOS	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Saturday (except Friday)
Midwifery & GYN Care with Paula: Monday & Wednesday	Adaptive Therapy (all ages) with Asita: Wednesday & Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena, adminsante@auroville.org.in	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services,
sante@auroville.org.in, <http://sante.auroville.org.in>

AURO DENT

Dental Clinic

Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

CHILDBIRTH PREPARATION CLASSES

Hall of Light, Creativity community, on Wednesdays

Childbirth preparation classes, including fathers, are offered throughout the year, at Hall of Light, Creativity community on Wednesdays. Each week, we have different themes and concepts. You're welcome to join us for a consultation and then enroll in classes.



- 5—6pm, movement classes like yoga, dance, breath work, etc
- 6—7pm, theory on various aspects of pregnancy
- [Join our WA group here](#) or send message to Bala +91 9892699804 to add you in the group

Morning Star is an unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville.

- If you'd like to know more about our work email us morningstar@auroville.org.in

Submitted by Bala

Animal Care

MONTHLY TRANSPARENCY REPORT OCTOBER 2024

Overview.

- New admissions: 29 (322 since April 2023—18 tiny puppies dumped over the gate!)
- Rabies suspect cases: 1
- Adoptions and Releases: 7
- Vaccinations administered: approx. 100 (900 since start of the vaccination drive)
- ABC shelter dog sterilizations: 19 (129 since February)
- Deworming: approx. 100

Donations: This month was a huge challenge as we had started with Rs. 1.3 lakh in the minus from the expenses of last month. We also had to pay Diwali bonus to our workers. Our medicine stock is still depleted, so we cannot treat certain diseases as we need more money to order new stock at the moment. We cut all unnecessary expenses and even had to ration food for our dogs. We did whatever we could to fundraise, but not enough donations came in. Despite the severe budget situation, we continue our expansion project in a fight against the monsoon, working hard to finish the construction of the backside area to finally move some dogs and free up some urgently needed space. This October, Rs. 224.904 arrived in our FS account and Rs. 239.500 in our bank account, which includes Rs. 50.000 from BCC and also donations sent by AVI USA (USD 512) and AVI Germany (EUR 130). The donation amount also includes Rs. 47.500, which we have received for the paid sterilizations we conducted at cost price.

Expenditures

Animal Food: This month we had to reduce the food amount we give to our dogs as we didn't have enough funds. We fed our dogs 1.6 tons of rice, 1.5 tons of chicken, and 700 eggs, supplemented with donated food items like vegetables and daal which cost us approx. 0.8 lakh.

Staff Costs: Despite the serious funding situation, we decided to show appreciation to our hard-working staff and paid a Diwali bonus to every member who was entitled to it. Total staff costs for this month for our workers paid animal care staff, 2 veterinarians, and volunteers were approx. Rs. 1.98 lakh this month.

Medical Costs: This month, we could only buy urgent medicines and spent Rs 4.000. Our stock of medicines is exhausted after the last two months' free treatment program of 900 dogs and cats during our vaccination drive, and we require immediate funds to procure more. We have another Parvo outbreak among rescued puppies and don't even have the medicine to treat them.

Infrastructure Improvements:

Expanding the shelter to gain space for rescues and sterilization by building the HOPE area has stretched our finances to the maximum. After having utilized the TNAWBI infrastructure grant for phase one of the project, which has been completed (dog secure fencing, channel system, drainage pond, water supply, electricity) we had to use Rs. 554.492 this month for fences, cement, gravel, water pipes, bricks, granite pillars, sand etc and other building materials. We are still lacking funds for 200 meters of fence (Rs. 28000) so that we can open our new enclosures for our beloved residents.

Expansion of HOPE: Serenity Building Improvements and Sterilizations

As part of our shelter temporary expansion, as we have to spend another monsoon season in the old crumbling shelter, we're happy to report on the recent improvements and plans underway to increase our sterilization efforts. Thanks to the Youth Center and Youth Link, we received 20 dog houses, which our dogs love! To enhance these houses further, we reached out to Matrimandir for additional plastic cutoffs from the lake project to create more durable flooring for the dog houses.

In addition, our Serenity Building is undergoing a significant transformation. Previously, it housed six cells that, because of poor ventilation and a hot metal roof, were a horrible place for dogs to live. With the HOPE area nearing completion, we are able to make each of the six rooms in the Serenity Building into individual dormitories, each with a private garden and a dog house. These enhancements will allow the dogs to enjoy outdoor space and have a cozy and dry place to sleep at night while freeing up our smaller front enclosures for space to be used for post-sterilization recovery.

This shift opens the capacity to increase sterilizations from 4 to 20 per week, enabling us to reach 1,000 surgeries annually, a level that would finally solve the overpopulation issue for good. However, this increase requires an estimated Rs. 15 lakh in funding to cover the projected free-of-charge 1,000 sterilizations. We are doing all we can to fundraise to reach this goal, which will improve the animal situation dramatically in Auroville and the entire area.

Join the Auroville Dog Shelter Fundraising Team!

We are using every free minute trying to raise essential funds for our shelter and dogs, yet the support we urgently need hasn't fully arrived. To expand our reach and impact, we've created a dedicated fundraising group, and we're looking for passionate individuals to join us! If you have experience in fundraising, particularly with Corporate Social Responsibility (CSR), or simply want to help organize and execute creative fundraising activities (including street collections on weekends), we would be incredibly grateful for your support. Let's come together, guided by the spirit of service and integral yoga, to make a difference! Be part of this change!

Support the Auroville Dog Shelter Petition

In recent months, we've been reaching out to members of the Auroville administration to emphasize the urgent need for increased funding for the Auroville Dog Shelter. Currently, our monthly support stands at Rs. 50,000, which is insufficient to cover the Rs. 3 lakh necessary for basic survival. Despite our efforts, our appeals have so far fallen on deaf ears with the outgoing administration.

To amplify our message, we've started a petition, which has already gathered over 800 signatures in a short time. We hope this initiative will encourage the incoming Auroville administration and new members of working groups to reconsider their short-sighted stance and support the monthly funding needed for the municipal shelter so that we can continue to serve the AV Community. Once the new Auroville Dog Shelter is built we strive to become 100% self-sufficient by earning our own income to keep the shelter running and constantly evolving.

- If you want to add your voice for Auroville's Voiceless and support our cause, please consider signing our petition (<https://www.change.org/AurovilleDogShelter>). You can choose to remain anonymous.

Volunteers Needed

Be a Part of the Auroville Dog Shelter Team!

- It's that time of year again. With countless puppies being abandoned due to the lack of sterilizations, and with the arrival of monsoon season, our shelter is in greater need than ever. We're calling for volunteers who want to make a difference, rain or shine, by joining us in caring for Auroville's animal friends. If you have a passion for animals, we have many ways for you to help! Join us in dog walking, puppy washing, wheelchair training, assisting our vets, or contributing in any other way that suits your skills.
- Reach out to us for more information: Arthur, 812225266 WA.

Resignation of Shelter Executive

Joseba, who has served as an executive at our shelter, has announced his resignation due to personal reasons unrelated to the work and mission of our organization. We extend our heartfelt thanks to Joseba for his contributions and dedication during his time with us. Our current executive team comprises Tine and Mar, who remain fully committed to the shelter's mission and ongoing projects.

New Auroville Dog Shelter—update/no update

The recent changes in Auroville's administration, with no new Auroville Secretary appointed as of yet together with the sabotage of the project by certain individuals have caused delays in releasing our already allocated Rs. 2 crore of government funds and issuing the building permission NOC for the RERS site. These approvals are crucial to moving forward with our long-delayed new Auroville Dog Shelter construction. We understand that significant changes within the Foundation's personnel are anticipated soon, and we remain hopeful that the upcoming administration will help us advance our plans for the new shelter swiftly.

*We are looking forward
to continue serving animals
and the Auroville Community*

Auroville Dog Shelter Team, Tine, Arthur, Mar

Youth Initiatives

NONVIOLENT COMMUNICATION PRACTICE SESSION

YouthLink would like to invite you to a Nonviolent Communication Practice session Facilitated by Vega (CNVC-certified trainer).

NVC is a communication tool that helps us connect from our hearts. This tool can enhance connection and understanding and make us more aware so we can make choices from a conscious space.

During this workshop, you will learn to practice basic principles of Nonviolent Communication and explore different ways of connecting oneself and others from the heart.

- **6-week Practice Sessions: From the 7 November every Thursday, 4:30—6:30pm.**
- Practice sessions for those with basic NVC experience, for deeper understanding and daily application.
- [Register via the link.](#)

Jisung on behalf of Youthlink



MAKER SPACE

**Monday to Thursday, 8:30am—12:30pm
@ Youth Center**

This collaborative workspace is a hub for creativity, exploration, and skill development for makers of all ages. We have already had 30 participants engage in exciting projects, and we are looking to expand our offerings.

Your generosity will help us provide a space where individuals can experiment, learn, and create in a hands-on, project-based learning environment.



- If you are interested in supporting our Maker Space with a donation, please reach out to us at Youthlink@auroville.org.in or for in cash donations you can directly transfer to our account **251048**.

Lucrezia & Youthlink team

Theatre, Music & Arts

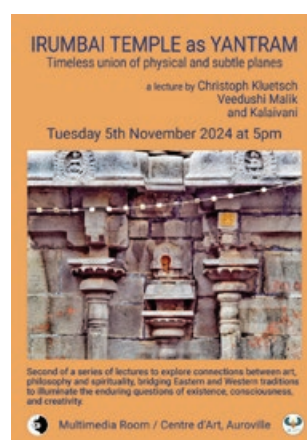
IRUMBAI TEMPLE AS YANTRAM:

Timeless union of physical and subtle planes

**Tuesday, 5 November, 5pm
@ Centre d'Art multimedia room**

Auro Art World is organizing a series of 6 lectures at the Centre d'Art multimedia room in Auroville. These lectures, conducted by Dr. Christoph Kluetsch, will explore connections between art, philosophy, and spirituality, bridging Eastern and Western traditions to illuminate the enduring questions of existence, consciousness, and creativity. The series will be offered on the first Tuesday of every month.

- **Second lecture. Irumbai temple as yantram: Timeless union of physical and subtle planes by Christoph Kluetsch, Veedushi Malik and Kalaivani**



This session will explore the architectural and symbolic significance of Chola temples, focusing on the concepts of Vastupurushamandala and the intricate relationships between mantra, tantra, and yantra within the temple space, grounded in the Agamas.

Future Lectures

- **Tuesday, 3 December 2024**—Retinal Art and the Ruins of Representation: Revisiting Plato's Cave and the Notion of Rasa in the Natyashastra
- **Tuesday, 7 January 2025**—Who is Seeing When Seeing: The Kena Upanishad and the Sensation of Logic
- **Tuesday, 4 February 2025**—Film is Thought: H. Bergson's Cinematograph and How J. L. Godard Shocks the Viewer into Reality
- **Tuesday, 4 March 2025**—Reading Deleuze in India: Plane of Immanence, Rhizome, Brahman, and Conversations with AI

Marco

BHARAT NIVAS

Nrityarpan

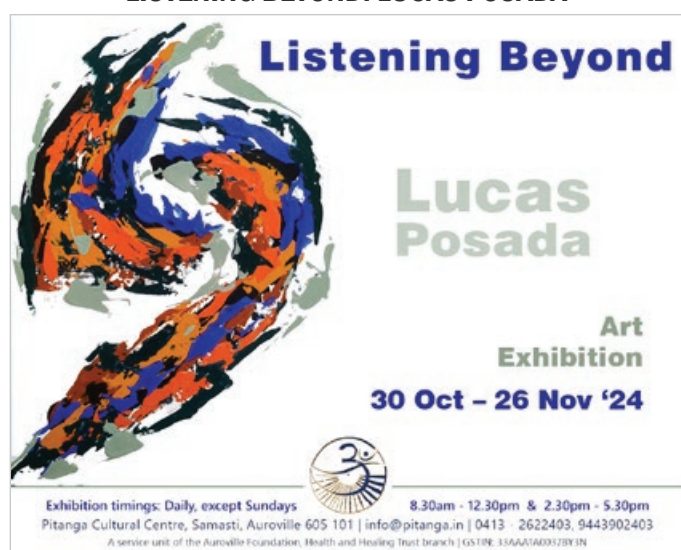


Tamil Pannisai



Monisha

LISTENING BEYOND: LUCAS POSADA



Andrea



17 October—13 November @ Tibetan Pavilion
Join us for an inspiring showcase of artistic diversity!

Sathyamuthu

SUNIL SREE:

More Than Once

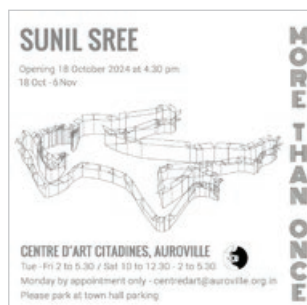
18 October—6 November

More Than Once examines the themes of repetition, resilience, and transformation through the lens of the everyday.

"More Than Once" highlights the persistence embedded in creative and social cycles, revealing beauty and meaning within the very act of continuous creation and re-creation.

- Tuesday—Friday, 2—5:30pm,
- Saturday, 10am—12:30pm, 2—5:30pm
- Monday by appointment only: centredart@auroville.org.in
- Guided visits on Saturday at 10:30am

Marco



Dance Activities

DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango
Register now: +9186376 33696

Salsa Dance

- @ New Creation dance studio
- Tuesday: salsa class, 6:30pm
- Saturday: workshop, 7pm

@Bakisata_dance

Embrace the Rhythm
and Let Go!



Tango Dance

@ CRIPA, Auroville

Monday

- Beginner: 6:30—7:30pm
- Intermediate: 7:30—8:30pm

Friday

- Workshop 6:30—7:30pm
- Open practice 7:30—8:30pm

Contact: +91 8637633696

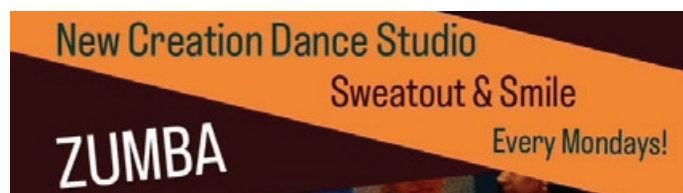
@Bakisata_dance

Submitted by Mani



@ New Creation Dance Studio

Fleur, 9600225764



Zumba classes are happening
@ New Creation Studio, every Monday, 6pm
For regular classes DM: 8281746763 Vega

AUROVILLE TANGO

Tango @ Harmony Hall, Bharat Nivas
New batch starts the first week of each month

- Monday:**
7—Introduction to Tango,
8—Open Source
- Wednesday**
7:30—Guided Practice,
8—Long Practice
No partner required.

Bring socks or dance shoes.

And plenty of joy!

+91 9821166082, tango@auroville.org.in



Maud

International



LA VITA DIVINA

Dear Italian friends, although Auroville Radio is going through a difficult period and is currently unable to continue publishing podcasts, I want to reassure you that you can still enjoy listening to Sri Aurobindo's The Life Divine in Italian. The reading is posted regularly on the Gate of Dreams Italia YouTube channel.

- Find it by clicking on:
<https://www.youtube.com/@gateofdreamsitalia8047>

Francesca



Celebrations

WELCOME TO DIWALI AT UPASANA!

1 November, Friday, from 6pm onwards
@ Upasana, Auroshilpam



Join us as we celebrate Diwali together!
Since 1999, Upasana's Diwali has blossomed into a beautiful community event filled with chanting, lights, flowers, and snacks. All are welcome!
Let's celebrate the festival of lights together!

Hosted by Upasana & AV Community.

Uma

Multiple Activities

BHARAT NIVAS
भारत निवास இந்த நிவாஸ்
The Pavilion of India, Auroville

REGULAR WORKSHOP, CLASS & EXHIBITION

MONDAY TO FRIDAY
06:00 AM - 07:00 AM
KALARIPAYATTU CLASS at Bhumika Hall

TUESDAY & THURSDAY
06:30 PM - 08:30 PM
FENCING CLASS at Harmony hall

MONDAY, WEDNESDAY & FRIDAY
06:30 PM - 09:30 PM
TANGO CLASS at Harmony hall

TUESDAY
04:30 PM - 05:30 PM
THE SYNTHESIS OF YOGA at Resource Library

FRIDAY
11:00 AM - 12:00 PM
SAVITRI STUDY CIRCLE at Resource Library

WEDNESDAY
05:45 PM - 06:55 PM
INTEGRAL HEALING at Bhumika Hall

MONDAY TO SATURDAY
09:30 AM - 12:30 PM
RESOURCE LIBRARY at 1st Floor - Bhumika Building

EXHIBITIONS - MONDAY TO SUNDAY

09:00 AM - 05:00 PM
THE DAWN OF AUROVILLE - PHOTO EXHIBITION at Kala kendra

09:00 AM - 04:30 PM
WILDLIFE ART GALLERY at Old LOE Building (old post office)

09:00 AM - 04:30 PM
THE CITY THE EARTH NEEDS at India Space

Enquiry Contact: Krishna at +91 97878 80211

Music, & Art Activities

EXPLORE WATERCOLOR TECHNIQUES

- Thursday, Friday & Saturday,
10am—12pm @ Unity Pavilion
- Art with Mr. K. Janakiraman
- For more details
9443648774, 7558401106

Submitted by Arun



SVARAM PROGRAMS

Ongoing Programs

Svaram Sound Experience: Sound Journey

- Every Wednesday, 5:30—6:30pm @ Unity Pavilion



The Quantum-Karmic Multiverse Book Reading Satsang



- Every Thursday 5—6pm
SVARAM Atelier, 2nd Floor, UTSAV Bldg.

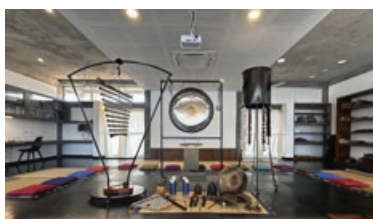
We invite you to discover the powerful connection between quantum mechanics and ancient wisdom with Nadim Hamdan, the author of The Quantum-Karmic Multiverse. Engage in group discussions, guided meditations, and visual presentations that bring these profound ideas to life.



- For details please click the link or scan the QR Code to our webpage: <https://svaram.org/the-quantum-karmic-multiverse/>

Svaram Atelier: Open for Creative and Healing Arts

Svaram Atelier, located on the second floor of the UTSAV Bldg., is now open for morning rentals, offering an inspiring space for anyone involved in the Creative and Healing Arts. The Atelier is equipped with air conditioning, backup power (UPS), fully-equipped kitchen and includes two therapy rooms available for use. These facilities can be rented for a minimal contribution.



- For further info, please contact +91 9360123054 WA or svaramprograms@auroville.org.in

Upcoming Programs and Workshops 2024-25

Sound Design and Music Composition with Csound

- 21—23 November

This is a 3-day workshop to discover the limitless possibilities of Csound with Dr. Gleb G. Rogozinski and Aman Jagwani. Csound as a flexible and open-source platform, has become a cornerstone of music technology. Its ability to generate complex sounds and interact with various devices, from traditional synthesizers to modern computers, has made it an indispensable tool for composers, sound designers, and researchers.



- For details please click the link or scan the QR Code to our webpage: <https://svaram.org/the-power-of-csound/>

Cosmic Octave: 2—6 December

This is a 5-day special interactive workshop to discover the Harmonics of the Universe with Jens Zygar, a distinguished sound musician since 1984, with over 40 years of experience for an immersive exploration into the Cosmic Octave — the science of the universe's vibrational frequencies. This workshop is ideal for those interested in sound healing, spiritual wellness, and deepening their understanding of cosmic frequencies.



- For details please click the link or scan the QR Code to our webpage: <https://svaram.org/cosmic-octave-with-jens-zygar/>

Integral Sound Practices Training Module 3

- 20—25 January

Week 1: Music and Medicine—The Therapeutic Process

- 27—31 January

Week 2: Subject-based Workshops with an international faculty offering in-depth knowledge and practical programs on holistic well-being.



- For details please click the link or scan the QR Code to our webpage:

<https://svaram.org/issp-international-program-jan-2025/>

If you resonate with any or all of the above or are generally interested in SVARAM's Program & Workshop offerings please contact us via WhatsApp at +91 9360123054 or via email at svaramprograms@auroville.org.in and Indhu our Programs Coordinator will be happy to assist.

Aurelio and the SVARAM Team

BASIC ANALOGUE PHOTOGRAPHY

Darkroom Workshop by Sasikanth Somu

7, 8, 9 November

@ Centre d'Art Gallery, Citadines, Auroville

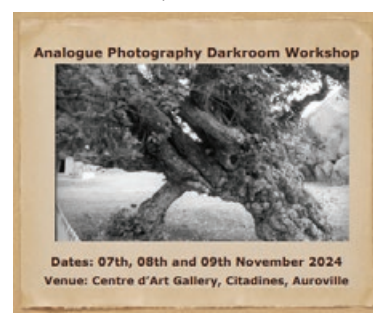
Program & Timings

- Thursday, 7 November, 2—5pm: Brief look at History of Photography & Introduction to Film Camera.
- Friday, 8 November, 9am—2pm: Film photo shoot (in your own time), 2pm—5pm: Develop your roll of film.
- Saturday, 9 November, 9am—12:30pm & 2—5pm (one can choose either of these sessions): Printing Contact Sheets & Photos in the darkroom.

Registration Contact: centredart@auroville.org.in

The workshop fee for Guests: Rs.3000 incl. GST.

The workshop is free for Aurovilians, Newcomers and registered volunteers, who are residing in Auroville. Registered Volunteers are requested to provide the details of their registration with SAVI Auroville.



- All the material for the workshop is provided except the analogue camera. Analogue/Film cameras are available to the participants against a contribution.

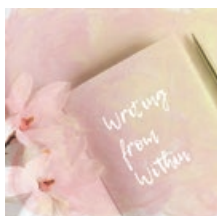
- Regarding the Analogue camera and any specific questions about the workshop please write directly to the teacher, Sasi sasi@auroville.org.in, +91 91593 55809 WA

Number of participants is limited to six. While subscribing for the workshop please share your full name and your mobile number. Kindly write a few words about yourself and your interest in Analogue Photography.

Sergey, Centre d'Art

CREATIVE WRITING

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves and also the spontaneous resources we harbor inside to overcome obstacles and evolve. Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more.



Duration of the session: 1h30min.

- If you want to know more about me, check my Vlog [I Just Wanna Write:](https://www.youtube.com/@IJustWannaWrite/videos) <https://www.youtube.com/@IJustWannaWrite/videos>
- For Info and to book your session, write at ijustwannawrite.email@gmail.com

If you want to know more about me, check my blog: <https://ijustwannawrite.com>

Let's keep up with the good writing!

Francesca

CREEVA: CENTRE FOR RESEARCH Education Experience In Visual Arts

Weekly Art Activities

- **Watercolor Landscape class** by Sathya, Monday, 5—7pm.
- **Figurative Drawing Session**, Tuesday, 5—7pm.
- **Open Studio** (A space to explore your artistic expression.) Art supplies are available.
 - Open from 12:30—4:30pm, Monday to Friday.
 - If you plan to attend at other times, please inform us in advance. Contact: Abi—+91 9042058981
- **Portrait**: For those who wish to have a portrait of themselves in sketch or painting, reach out to schedule a session.



CREEVA Studio, Creativity Community, Auroville

- sathyacolour@auroville.org.in
- +91 9486145072 WA Sathya.

Sathya

Sports & Martial Arts

ABHAYA MARTIAL ARTS

Dear Community, Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Brown belts (the higher degree we have in India) and Purple belt of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by **Shou Dao School**; a martial art academy recognized by the Olympic Committee.



Our regular classes

- **Monday**: MMA/ Grappling 5:30pm, coach Giacomo
- **Wednesday**: MMA/ Grappling 5:30pm, coach Giacomo
- **Friday**: Kickboxing 5:30pm, coach Ruben

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA. Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.

Brazilian Jiu-Jitsu Classes For Kids!

Abhaya Martial Arts is happy to share that after overwhelming requests, we have resumed kids Brazilian Jiu-jitsu classes in Dehashakti Gym.

- We welcome kids from **4 to 13** on **Tuesdays and Thursdays, 4—5pm**. Contribution is required.
- Send your kids in **sportswear**, with a **bottle of water** and a **big smile**.



The class will be led by Monica, an experienced assistant instructor very well known and loved by kids. Abhaya teaches Brazilian Jiu-jitsu for kids in a non competitive way, focusing on discipline and self-control, giving them a practical and realistic basis for a martial art journey. Brazilian Jiu-jitsu is the closest to real life self defense training and it has proven results in building cognitive skills and fine motor development, especially for kids.

- For more information and to be part of the WA group contact +91 8448077070 **Giacomo for Abhaya**

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. Seen as such, and in the perspective of the integral development of the being as emphasized by Sri Aurobindo and the Mother, it is no wonder that Aikido has always been greatly valued in Auroville and introduced since the very early years. Both children and adults can enjoy and benefit from its complete practice. There are no competitions in Aikido. On the self-defense aspect of it, an aggressor's attack may be stopped without harming or injuring him/her. And of course, this physical training keeps you fit and healthy!



The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Adult classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **Wednesdays, 5:30—7pm**. NEW, from Wednesday, 30 October. Welcome!

Children/ young students

- Monday, Wednesday and Friday, 4—5pm.

Contact for more info and registration

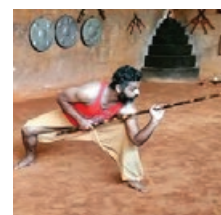
- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

Cristo, Rita, Surya & Philippe for Auroville Aikido

KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200, Maneesh



Maneesh For Kalari Team

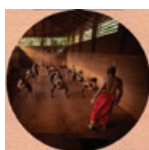
BHARAT NIVAS

presents **Kalaripayattu Class**
in Collaboration with Kalarigram:

Bhumika Hall,
6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- bharatnivas@auroville.org.in,
office: 0413 2622253

Monisha for BN Team



SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic
- Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book Now: +91 8637633696

Package swimming class



Mani

KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm

- Monday to Saturday

All are welcome!

Satyakam

TAI CHI HALL IN SHARANGA

Schedule of classes

- Every day except Sundays.
 - Mondays and Saturdays: 7:30—9:30am
 - Tuesdays to Fridays: 7:30—9am



Krishna

AUROVILLE ULTIMATE FRISBEE

Hosts Women's Tournament

2 & 3 November @ Gaia Field

Dear Auroville Community, we're delighted to invite you to an exciting event! Auroville Ultimate Frisbee will be hosting India's first under 24 women's hat tournament at the beautiful Gaia Field!

Whether you're an Ultimate frisbee fan or just curious about the sport, this is a wonderful opportunity to come out, cheer on the players, and enjoy a lively atmosphere filled with food stalls, fun activities, and the chance to connect with fellow community members.

Please note that we will not have a blue sheet available on site, so bring cash with you should you like to purchase any merchandise/food. We will also be accepting online payments.

Bring your friends and family to make a day of it, and let's celebrate sport, community, and Diwali together!

Mark your calendars, and we can't wait to see you there! If you have any questions, feel free to reach out to us at @rhinos.ultimate.

Uttara for the Auroville Women's Ultimate Frisbee Team (Rhinos)



GIRLS' FUTSAL FOOTBALL CLUB

Every Wednesday at 5:10pm

@ Dehashakti

We started a girl's football team in Dehashakti. We are training every Wednesday at 5:10pm, already 10 girls. If you like football and you want to learn, play and have fun, come and enjoy it for the other girls.

- Just contact Beber 6385635943 for more details

Beber



Nature Activities

PERMACULTURE 360° FARM TOUR

Every Saturday, 11am—1pm @ Terra Soul

Immersive tour of our permaculture farm in Auroville!

What to Expect: Guided tour of our lush permaculture farm, hands-on experience with sustainable practices, delicious farm-to-table lunch made from our fresh harvest, a chance to connect with Nature and like-minded individuals.

- **Auroville Contact:** Juan 9443434182

- Limited spots available!

Follow us on Instagram @terrasoul_community for more updates and glimpses of farm life!



Juan

HERBAL MEDICINAL PLANTS COURSE FOR BEGINNERS

Monday—Friday, 9—11:30am

Workshop Highlights

- **Curriculum:** Learn how to identify the herbal medicinal plants and the names of the plants in 4 languages.
- **Expert Guidance:** Guided by 20 years experienced herbalists Shivaraj (Nutritionist), Dr. Geeta Auropremi MD, and Sylvie Roques.

Discover 35 medicinal plants and their health benefits to support your health and well-being. No prior experience is necessary.

- **Contact Us:**
martuvam@auroville.org.in,
◦ +91 9345454232 call/ WA,
◦ @ Alankuppam.

Submitted by Shivaraj



MINDFUL FOREST WALK & SACRED DRUM JOURNEY

@ Revelation Forest, Auroville

Sunday, 3 November, 3:30—5pm

Embark on a transformative journey:

Mindful Forest Walk

- Connect with nature's rhythms
- Cultivate inner peace

Sacred Drum Journey

- Shamanic drumming
- Release blocks, awaken inner wisdom

For details contact

- Event Facilitator Kundhavi Devi: +91 9360043538
- Registration—Rahul: +91 8349917282
- Contribution based *Rebecca for Revelation Forest*



Bioregion Activities



Contact: 8270071581/ 9159468946

enlight@auroville.org.in



Explore Auroville: By AC Car

- 10am—12pm, all days except Sunday
- Customization available

This tour educates the audience about the cultural and spiritual consciousness of Auroville. It also highlights the inspiring journey of the residents on their path of self-determination and visits our wide range of units and activities that have coupled tradition and modernity.

Cycle Tour: Ride within Auroville

- 10am—12pm, all days except Sunday

Cycling through forest trails while listening to stories enhances the adventure, merging captivating narratives with the natural beauty around you. This fusion creates a uniquely immersive experience.

Bioregion Tour: By AC Car

- 10am—12:30pm, all days except Sunday

Take a break from your city life and dig deep into the heart of rural villages around Auroville, where a land of history and culture can be experienced. Involves traditional welcome village walk, kolam experience, handicrafts history, culture, and native lunch.

Workshops:

Every day except Sunday (One day before booking)

• Pottery Workshop:

Join us for our Pottery workshops to experience working in clay and gain one-on-one instructions on creating your piece. Enlight offers a natural and relaxed environment in which to immerse yourself in Pottery. Our workshops are focused on Pottery for beginners.

• Drumming Workshop:

Experience the rhythmic heartbeat of community and connection at our Drumming Circle. Whether you're a seasoned drummer or a first-time participant, all are welcome to join in the joyous celebration of music and rhythm.

• Cooking Class Workshop: South Indian Cuisine

Complete your travel experience by learning the art of South Indian cuisine with native women. Learn to cook local native dishes using hand-pound spices and earthen pots and pans.

Arun, Anand & Balaji

EGAI

+91 9159468946, egai@auroville.org.in

Workshops

- **Toys Workshop:** Craft toys made of wood and bamboo.
- **Finger painting workshop.**
- **Coconut Shell workshop:** Craft earrings, keychains, pendants and bowls.
- **Incense making workshop:** Come and make your own Agarbatties



UTAVI Empowering communities

- **Egai Velai:** Infrastructure support to space deficient community and village artisans and craftsmen
- **Egai Kaivinai:** Assisting craftsmen of varied skill sets via materials and tools to offer workshops for the traveler community
- **Egai Kalai:** Conscious intent for youth of all needs to learn a skill to build their future "Dream" of Self Determination



Visit our store @ Auromode

Anand

TOUR TO THIRUVANMALLAI

I have been arranging a tour of Thiruvannamalai by AC car or AC van every Tuesday. We leave in the morning at 6am and back at 6pm.

To join the tour please text me. WA 9090819998 WA.

Arabinda



Craft Activities

PAPER CRAFT WORKSHOP @ WELLPAPER, AUROVILLE

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

+91 9385744722, 0413 2969722 *Zeevic*



WELLNESS WOODCRAFT: AUROVILLE ACTIVITY

Carpentry Workshop (Wood Joinery)

Beginners Level

- Basics of wood & tools.
- Introduction & hands on practice of hand & power tools.
- Half-laps Joint.
- Bridle Joint.
- Motise & Tenon Joint.



Spoon Carving Workshop

Beginners Level

- Basics of wood & tools.
- Marking & cutting.
- Shaping with hand tools.
- Sanding & finishing.



Bowl & Plate Turning Workshop

Beginners Level

- Basics of wood, hand & power tools.
- Introduction & function of turning lathe & tools.
- Preparation of wood for slabs.
- Hands on practice of wood turning.



Advance booking is necessary

- DM to register: +91 9952589649
- wellneswoodcraft@auroville.org.in

Anand

Help Needed

FUNDING SOUGHT FOR A LAPTOP

Dear Auroville Community, dear Auroville well-wishers, Devashri has grown up in Auroville and is now pursuing the undergraduate course in visual communication (3rd year) at SRM Arts and Science College, Chennai. For subjects related to video/ photo editing and graphics like animation, 3D modeling she needs a laptop. As her parents are working for Auroville under the maintenance scheme and they are already contributing for the hostel fees, the funds for a laptop are beyond their means. We are calling on our larger Auroville family to support Devashri with funds to purchase an adequate computer for her studies and future work.



- She needs approximately Rs 45,000 to 50,000.-
- Contributions can be made over Financial Service account # 251110, Devashri study.

Any amount is much appreciated. Thank You very much!

- If you would like further information, please phone/ WA 9489601312

Submitted by Shivaya

SUPPORT FOR GIUSEPPE

We are in need of financial support to continue to pay for the people that give their time and energy to look after Giuseppe. Any smaller or bigger contribution is most welcome. For contributions you may use FS ac.102518 (Giuseppe).

For additional information, contact +91 9489601312, call or WA. We would like to thank you all for your support!

Shivaya and Enrica

Looking For

Looking For an Old Electric Four-Wheeler

Auroville Institute of Applied Technology is looking for an old electric four-wheeler in functional condition to train its students in servicing and maintaining electric vehicles.

- Please contact Lavkamad, Executive, Auroville Institute of Applied Technology



lavkamad@auroville.org.in, Lavkamad

Seeking Long-term House sitting

I'm looking for long term house sitting, but I'm also open to shorter term or house sharing, from now I'm clean, tidy, responsible and I love animals. If it resonate to you, please contact me by phone call at:

- +91 8489764602 or lakshmiprem369@gmail.com

Lakshmi

Available

Office Spaces Available: Aurelec

- A well protected 47sqm building, opposite Aurelec, northern side, is available.
- Conveniently located office room (around 50 sqm.) inside Aurelec premises is available.
- 35.12 sqm. space available inside Aurelec Premises.



This spaces are ideal for a workshop or office, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fiber internet access (BSNL and Aurinoco), canteen and sports facilities.

Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in Siva for ADPS Trust

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Interested people may contact Mr. Pandian at Auromode in person, +91 99433 90391 or pandian@auroville.org.in



Pandian

Work Opportunities

KINDERGARTEN HEAD

@ Mohanam

Join our team at Mohanam, Auroville, as a dedicated Kindergarten Head.



- **Responsibilities:** Curate current curricular, Manage teachers, Ensure student well-being, Manage resources, Collaborate with parents, Report and documentation
- **Qualifications:** Master's degree in early childhood education or B.Ed, 3+ years experience, Strong leadership, communication, and organization skills, Passion for child development.

- Apply now: mohanameducation@auroville.org.in

Balu for Mohanam

ECO FEMME

Video Editor/ Content Creator

Eco Femme is looking for a passionate Video Editor/ Content Creator to join our team part-time. In this role, you will be responsible for shooting and editing video content (both short and long form) for our social media channels and website, as per ideas and guidance from the Communications Team Leader.

Proven experience required

- 1+ years of experience in film-making and editing for social media platforms
- Strong video editing skills using tools like Adobe Premier, Final Cut Pro, or mobile editing apps
- Basic understanding of graphic design principles
- Familiarity with Google Drive Suite
- Competent written and verbal English

We are based in Auroshilpam.

Starting date: Immediate, this position requires the candidate to be present at our office on a daily basis.

Social Media Account Manager

Eco Femme is looking for a creative individual to join our team as a Part Time Social Media Account Manager.

Proven experience required:

- 1+ year experience in account management of Instagram, Facebook and YouTube
- Word press (website updates)
- Google Drive suite
- Graphic / aesthetic sensitivity
- Competent written and verbal English

We are based in Auroshilpam.

Starting date: Immediate

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

Mahalakshmi Prabhakar, +91 7094278777

EARTH INSTITUTE:

Communication and Website Specialist

We are seeking a Communication and Website Specialist to join our team. We're looking for someone interested in writing, learning, and creating content about our projects, research, and training to help us spread the knowledge of earth-en construction through our social media platforms, website, campus tours, and more.

- If this sounds like you, reach out to us at: info@earth-auroville.com.
- **Contact:** +91 0413 2623330/ 262 3064. T.Ayyappan

JOB OPENINGS AT THE LIVING ROOM CAFE

We're seeking passionate and talented individuals, Aurovilians/ People from bio-region to join our team at The Living Room Cafe!

Positions Available

- Senior Chef (1), Junior Chef (1)
- Prep cook/ Commi Chefs (3)
- Barista (2), Waiter/Waitress (3)
- Housekeeping Ladies/Men (2)

Qualifications

- Proven experience in the relevant field.
- Strong culinary skills and passion for food.
- Excellent communication and team player.
- Ability to work in a fast-paced environment.

To Apply

Please send your resume and cover letter to email: tlr@auroville.org.in Last day for application is 10 November.

- We offer maintenance, competitive salaries and benefits. Join us in creating unforgettable dining experiences!

Debo for TLR (The Living Room Team)



We need your help in medicinal herb garden, send us your cover letter and resume martuvam@auroville.org.in

Shivaraaj, +91 9345454232, call/ WA

MOHANAM: VOLUNTEERS INVITATION

Mohanam is seeking passionate long-term volunteers to join our team on a full-time or part-time basis! We're looking for individuals with skills in:



Facilitation and training, Written Documentation and Filing, Administration, Accounting, Teaching kindergarten children, WordPress Website Management, Newsletter Creation, Film Making, Canva Designing, Digital Marketing and Promotion, Physical Marketing and Promotion, Fundraising and Grant Writing, Program Coordination, Kitchen Management, Campus Logistics and Maintenance, Team building and leadership, Content Writing—blogs, social media posts, program descriptions, etc. Social media handling—Instagram, Facebook, Youtube and LinkedIn

- **Volunteering Duration**
 - Short term volunteers: Minimum 3 months
 - Long term volunteers: Minimum 6—12 months
- **Language you must know:** English
 - Optional languages (if you speak or understand, it will be beneficial): Tamil, Hindi
- **Campus Timings:** 8:30am—5pm
- **Working Days:** Monday to Saturday. We might require you to be there on Sunday in case of special programs/ events.
- **Benefits of Volunteering with Mohanam:** Be part of a meaningful cause, help fulfil Mother's vision of bridging Auroville and villagers, gain valuable experience and develop new skills, work in a supportive and collaborative environment, campus lunch and beverages
- **Ready to join us?** [Submit your application through this link](#) or scan the qr code and submit your application.

Let's build a brighter future together!
- For more information, contact us: mohanamprogram@auroville.org.in, 8300949079, 04132190757, 04132622667



Balu

GAU SEVA at Sadhana Forest!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924

The Sadhana Forest team, Aviram

VOLUNTEERING AT ECOSERVICE

Everyone in Auroville is volunteering at Ecoservice when you sort your waste at home. Not everyone wants to or needs to come to Ecoservice to help manage our efforts to recycle everything, end landfill and achieve zero waste (by the way, that's written in our famous Masterplan). But we all need to know what's happening. Also a new Ecoservice facility is planned but meanwhile...

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs. **Tuesday mornings is a dedicated time that all are welcome to randomly drop in for some onsite sorting** and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice



KUILAI CREATIVE CENTER SEEKS VOLUNTEERS

We are looking for volunteers to help with...

- Evening Tuition to help with Math, Science, English:
 - 6—8pm, Monday to Saturday
- Saturday programme Physical, Craft and Art Activities: 9am—4pm.
- English class, Tailoring and Mother's 12 Quality Integral Education programme.

Kindly contact: kulaicreativecentre@auroville.org.in

or call us 8608473385

Selva for KCC



AuroOrchard

Volunteer and learn farming hands-on!

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

JOIN US! PLEASE REACH OUT TO US FOR ANY QUERIES!

MONDAY to SATURDAY
7AM TO 9AM and/or 9:30AM TO 12PM

EMAIL: auroorchard@auroville.org.in
WHATSAPP: 9566631079 (Nidhin)

auroorchard@auroville.org.in

9566631079 WA, Nidhin for AuroOrchard team

Foods, Goods & Services



Explore the Benefits of Hemp!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.

- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. **Davide**

SIDDHARTHA FARM: EXCITING DIWALI OFFERS

Special Discounts on Cashew and Jaggery Products

As Diwali approaches, Siddhartha Farm is delighted to announce special offers for all cashew and jaggery lovers in the Auroville outlets!

- 37% off on Cashew Sweets
- 30% off on Cashew Butter
- 30% off on Jaggery for Bulk Orders (3kg and above)

Note: Jaggery must be picked up directly from the farm.

The jaggery is made from sugarcane naturally grown on our farm, and the cashew are from Auroville.

Enjoy these highly nutritious food items.

Wishing you a joyful and prosperous Diwali!

Suha

for Siddhartha Farm Team



LA FERME CHEESE, AUROVILLE

Gift Hamper For Your Loved Ones!

- A sample set of 8 different cheeses now available.
- **La Ferme Cheese Is Open For Guided Tours.** Like all our products, the sample set is also available at our factory outlet, along with a guided tour of the manufacturing unit, **from 2:30—4:30pm on prior appointment (closed on Sundays)**



La Ferme Cheese Promotions

- **Ricotta Cream Cheese, Discount 45%:** A fresh cheese excellent when sweetened with honey, ideal for pastries, for spread preparations and as thickener in sauces.
- **Goat Cheese, Discount 25%:** Made in the French-Mediterranean way, cylinder shaped and develops a natural mold-covered crust when aging for about 4 weeks.

C.Arumugam for La Ferme Cheese,
0413 2622212

GASTRONOMICA: FRESH FLAVORS EVERY DAY!

Visit Gastronomica for a wide selection of fresh bread, focaccias, sliced pizza romana, and sandwiches. We also offer quality cured meats, cheeses, homemade sauces, and sweets in jars, all available for takeaway. Additionally, we have a full range of handcrafted pasta, including tagliatelle, penne, fusilli, and more. Our daily lunch specials feature dishes like ravioli, lasagna, or roast chicken. Whether you're looking for a quick meal or premium ingredients to take home, we have something for everyone!



- **Monday to Saturday:** 9am—7pm
Sunday: 10am—3pm
- **Location:** right opposite Auroville Bakery, Kulapalayam
- **Contact:** +91 70102 883943

Davide

WOMEN'S EMPOWERMENT PROJECT

Queen home food

Monday to Saturday
8—10am @ Wellpaper

Breakfast: we offer a fresh and healthy breakfast made with locally sourced grains and vegetables

ABI at: +9042058981

Viji



ARTISTE CAFE

Open from Monday to Saturday, 8:30am to 9pm
Sunday—Holiday

Break-fast, Lunch & Dinner available
Enjoy our traditional home-cooked South Indian food.

- **Venue:** Near New Creation, Kulaplayam, Auroville
- 0413 2623071, 9786772209
- yatraartistecafe@gmail.com



Yatra Srinivassan

ENJOY THE ESSENCE OF THE SPROUT

Monday—Saturday, 7am—4pm, UTSAV, Verite, Radial



Enjoy the essence of The Sprout in Auroville, where Vegetarian Mediterranean cuisine meets modern and healthy dining in a cozy and relaxed atmosphere.

www.thesprout.in, Monica

SUDHA'S KITCHEN

We are open from Monday—Saturday, 8am—9pm

We are open after the summer break and serving Mediterranean Cuisine for breakfast, lunch and dinner.

We are warmly welcoming you to join us and taste our fresh and delicious food.

You can find more about us on:

- Instagram @Sudhaskitchenav & Dropzy app.
- Contact number: +0413 3509884, +91 7094358547
- E-mail ID: sudhaskitchen14@gmail.com



Submitted by Sudha

FOODLINK MARKET OPEN EVERY DAY

Monday—Saturday, 9:30am—12:30pm

FoodLink MARKET

Fruits, vegetables, milk & eggs from Auroville farms

Monday - Saturday
9:30 AM - 12:30 PM

FoodLink
Solar Kitchen Complex
Crown Road, Auroville

Call/WhatsApp:
+91 83002 68804

No cash payments. All payments are to be made via AVFS account, AuroCard or UPI.

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- For more info, call/ WA +91 83002 68804 or pass by.
Foodlink Team, Isabelle
[FoodLink basket order form here](#)

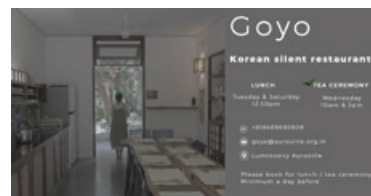
GOYO KOREAN SILENT RESTAURANT

Lunch:
Tuesday & Saturday,
12:30pm

Tea Ceremony:
Wednesday,
10am & 3pm

@ Luminosity Auroville

- Please book for lunch/ tea ceremony minimum a day before: +919489693809, goyo@auroville.org.in



Won Ja for Taste of Korea

ANY TIME DOSA AND PONGAL @ THE PATHWAY CAFE

Bharat Nivas Cafe has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20.



Please, come and enjoy, welcome to Bharat Nivas cafe.

Arabinda for Bharat Nivas team

INTEGRAL HARMONY FARM OFFERS CHARCOAL

We are excited to offer our top-end charcoal at low prices. We now offer two types of charcoal for sale: Grade One and Grade Two.

Grade One charcoal is of the highest quality, distinguished by its silvery tone and exceptional properties.

Grade Two charcoal is meant for agricultural purposes: to improve the yields and soil health by incorporating Grade Two charcoal into the soil.

Write to us, and we will prepare a bag for you. Additionally, we can accommodate higher quantity orders, but please be ready for a potential wait due to high demand. Beyond individual sales, we proudly offer regular deliveries to other farms and forests.

- Contact Velmurugan at +91 9751468504 or integralharmonyfarm@auroville.org.in

For Integral Harmony Farm, Pranav and Velmurugan



ANNAPURNA FARM BASKETS



Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly. Residents/

volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

REDUCED-PRICE MAROMA PRODUCTS for all Aurovilians in the Outlet Store

Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is:



- Located in the Maroma Campus in Aspiration
- Open 9am—5pm, Monday—Saturday.

Jesse

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options** by arranging shared trips between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D for Shared Transport Service



Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: uts@auroville.org.in

Lakshmi for UTS Transport Service Team

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

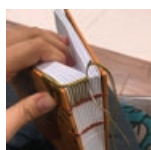
- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

**Govindaraj & B
for Qutee Electric Scooter Service**

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulilapalayam.

8940648542, Michel



SARVAM COMPUTERS

Offers Reliable Service

Dear Community, we are happy to inform you that Sarvam Computers has moved to the newer location in **Utsav Complex**. And we would always like to provide you with fast and reliable service. **Sarvam Computer offers** all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala



Dear Community Members, greetings from ITS (Integrated Transport Service). We are happy to inform you that ITS is extending our working hours to better support the community.

- **The working hours** are from **8:30am—7pm**, effective now.

To book a E-van or E-auto, please contact us

- +91 8098776644/ +91 9442566256 **Rajesh I.T.S.**

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581

- **Primary Email:** rapidcare@auroville.org.in
- **Secondary Email:** rcsrapidcareservice@gmail.com
- **Instagram handle:** @rapidcare1 **Balaji & Arun**

RUPAVATHI JOY ACTIVITIES

- **Bio-Region Temple Tour**

Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

- **South-Indian Cuisine—Cooking Class**

Please book sessions in advance.

- **Monday to Saturday, 10am—5pm @ Creativity.**
- **Thai Massage: Monday—Saturday, 9am—5pm.**
- Please contact me personally.

- **Tailoring:** We can tailor and customize any kinds of dresses, sari-blouses and kurtas.

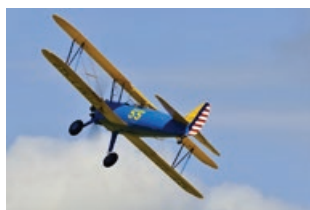
- For any of the above services, contact

Phone/ WA 8098845200,
rupavathijoy@gmail.com

Rupavathi Joy

NAMASTE, BONJOUR, HELLO, AND VANAKKAM from Inside India!

We're here to make your travel seamless, whether you're flying to far-off lands or exploring the magic of India. From flights and trains to buses, travel insurance, and visas—we've got it all covered! Need a taxi, a cozy place to stay, or help with passport renewals? Count on us.



Get in Touch with Mr. Ganesh, Your Travel Consultant

- You can find Mr. Ganesh at our Kalpana Office from 10am to 5pm Monday to Friday. He's available on land-line 2623030 or via mobile/ WA +91 9894598686. Reach him by email at ticketing@insideindiaauroville.com. Saturday visits are by appointment only.

Exclusive Offers & Tailored Travel

Dreaming of a custom journey through the breathtaking South of India? Drop us an email at insideindia@auroville.org.in or tours@insideindiaauroville.com, and let us bring your travel dreams to life!

Current Flight Deals:

- Air India:** Chennai to Frankfurt, London, Zurich, Milan
- Qatar Airways:** Chennai to Rome, Brussels
- Emirates:** Chennai to Paris, Lyon, Milan
- Etihad Airways:** Chennai to London, Rome, Amsterdam, Dublin, Barcelona
- Aeroflot:** Delhi to Moscow
- IndiGo:** Chennai to Jaffna (Sri Lanka)—Daily service

Travel Updates You Should Know

- Indian Railways:** Starting November 1, passengers can book train tickets 60 days in advance (reduced from 120 days), making trip planning easier and more flexible.
- Chennai Airport:** International travelers can now drop off baggage at the I-to-D transfer facility before moving to domestic terminals.
- Indonesia:** Complete the SATUSEHAT Health Pass (SSHP) before arrival.
- Thailand ETA System:** From December, nationals of visa-exempt countries will need an Electronic Travel Authorization (ETA).

Airport Fast-Track Options:

- DigiYatra:** Enjoy fast check-ins with facial recognition at Chennai Airport.
- New Parking Facility:** Skybridge access to terminals at Chennai Airport for easier parking.

Fast-Track Immigration—Trusted Traveler Program:

Indian nationals and OCI cardholders can now apply for FTI-TTP for smoother immigration processing. Learn more and apply at the official FTI-TTP website.

Important Reminders

- Be sure to bring your Original Visa along with your e-FRRO Stay Visa to avoid check-in issues.
- We accept a variety of payment methods, including debit/credit cards, Aurocard, UPI, and QR codes at our office.

Thank you for choosing Inside India. Here's to a week of incredible journeys ahead!

Olivier
for the Inside India Team

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money. **Contact us for all your procurement needs:**

- surabhisupplies@auroville.org.in
- +91 98438 46458 WA, Phone



lyyappan

NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec

If you have any requirements, please contact Dhanda

- Office Landline 0413 2622295
- 9443090082/ 8098193820
- newwaves@auroville.org.in
newwavesauroville@gmail.com



- Office open afternoons only
Monday to Saturday, 2—5pm

Dhanda

Voices & Notes

AUROVILLE RADIO

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!

- Here [you can see on-air schedules](#).



Last published podcasts

- [Marlenka's weekly Offering—Ep.121.](#) (Integral Yoga)
- [Exploring Education in Arts, Animation and Film-making Ep. 35 The Principles of Animation—Squash and Stretch](#) (Arts & Culture)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.470](#) (Integral Yoga)
- [Une série hebdomadaire de lectures par Gangalakshmi—469](#) (Integral Yoga)

...and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in

- Please note, our domain has changed from aurovillerradio.org to aurovillerradiotv.org. Kindly update your bookmarks!

Wobbli

LOVE IN MATRIMANDIR GARDENS

Matrimandir gardens are a very lovely place. Patricia and I visited it and she received from Kartik two nice plants. Now her balcony garden is exactly like Matrimandir gardens.



I received from Kartik a beautiful flower Hibiscus mutabilis. According to the Mother its spiritual name is Divine grace. The Mother commented: "Thy goodness is infinite. We bow before Thee in gratitude."

Many flowers and butterflies are in Matrimandir gardens. There is symbiosis of plants and animals. Sometimes people name butterflies "flying flowers". Scientific name of butterflies is "Lepidoptera" which means "scale wings".

Some years ago in Auroville appeared one fellow from Odessa university (Ukraine). He was a lepidopterologist and could identify butterflies in flight. It is a pity that he isn't in Auroville now.

In Matrimandir gardens I found a dead butterfly. My attempt to identify was without success. I named it Mystery butterfly. Maybe it died from loving flowers and before its death it sang a love song "O sole mio".

Boris

TULIP: THE UNCONVENTIONAL LIFE PODCAST

- Have you struggled to fit into society's standards or left them behind?
- Are you grieving what couldn't be—and may never be?
- Are you letting go of the life you imagined for the one unfolding before you?
- Have you reached a point in your healing journey where you're ready to share?



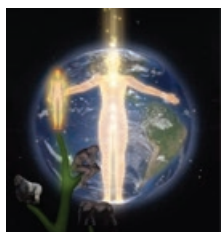
If so, we invite you to be a guest on our podcast! Join us in genuine conversations where we explore the inner worlds of those on unconventional paths. The intention is to normalize diverse ways of living beyond society's prescriptions, so more people feel seen and empowered to follow the life meant for them.

If interested, email your story to share@tulippodcast.com. If it's a good fit, we'll schedule a video recording with you in-person in Auroville in a conversation format.

Thank you for being vulnerable enough to share your story.

Alessandra

CATCHING UP



Modern humans are already catching up with the Avatar Sri Aurobindo and the Mother on the understanding of what is really behind the formation of cells, molecules, atoms, light, electricity and space-time, which are variations of the Five Great Elements or the Pancha Mahābhūtas. It is only proper as we are already in Circa 2024 and clearly the evolution of consciousness and life on Earth has switched on to fast-forward mode.

Just look at [this clip from the 2014 film Lucy](#).

The premise of which is "What happens when the brain usage of a human reaches 100%?"

The level of conceptualisation is already getting very close to the Supramental Vision-Goal.

Or if we mirror that in Yogic terms "What happens when from progressive Bhakti the identification of the individual consciousness with Spirit and Matter reaches 100%, i.e. Total Identification?"

With the Integral Supramental Yoga, the answer is the Divine Manifestation of the new apex species the Supramental being with a Direct Will over its own Matter. The following screen capture is from the [Evolution Fast-forward video series](#) co-created by Aurovilians and torchbearers of Sri Aurobindo and the Mother.

Here are [Sri Aurobindo and the Mother on the Atom](#).

And on the [Supramental Time Vision of the Triple Time, Trikalādṛṣṭi](#):

"Auroville: At last a place where one will be able to think only of the future."

<https://incarnateword.in/cwm/13/aims-and-principles>

<https://auroville.org/page/core-documents>

For anyone sincerely aspiring For the Supramental Evolution, An upgraded consciousness and life On this marvellous Planet Earth, Here to understand Immortality In its Supramental Integritly:

<https://incarnateword.in/cwm/10/aphorism-11>



Zech . 2024.10.25

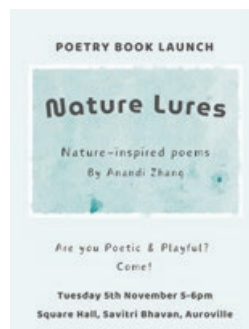
To access the links please scan the QR Code or visit

<https://zechjaya.blogspot.com/>

POETRY BOOK LAUNCH:

Nature Lures

Tuesday, 5 November, 5—6pm
Square Hall, Savitri Bhavan, Auroville



Nature Lures
Nature-inspired poems
By Anandi Zhang
Are you Poetic & Playful?
Come!

With joyful Gratitude, Anandi Z.

SHINTO

When sorrow lays us low
for a second we are saved
by humble windfalls
of the mindfulness or memory:
the taste of a fruit, the taste of water,
that face given back to us by a dream,
the first jasmine of November,
the endless yearning of the compass,
a book we thought was lost,
the throb of a hexameter,
the slight key that opens a house to us,
the smell of a library, or of sandalwood,
the former name of a street,
the colors of a map,
an unforeseen etymology,
the smoothness of a filed fingernail,
the date we were looking for,
the twelve dark bell-strokes, tolling as we count,
a sudden physical pain.

Eight million Shinto deities
travel secretly throughout the earth.
Those modest gods touch us—
touch us and move on.

Jorge Luis Borges

PROTECTION

If all your certitudes have melted
And you now fail to find your soul
This is the time, be sure, that I'll be with you
And find a way to make you whole.

I may feel thorny and the stones you lie on
Break your every bone
But their sharp unyieldingness hides your protection
That with my silence in each cell I've well and truly sown.

So bear with me for I am with you
In every moment of your night and day.
Your anguish is my anguish.
Burn it with a single heart-leap
And to my Heart of Love, you'll find your way.

Maggie Lidchi

NO LONGER POSING

No longer posing
As familiar strangers
God grins at me
From every face.

With joyful Gratitude,
Anandi Z.

Classes, Workshops & Healing Arts

BREATHE

A unique approach to mental health well-being. Combining modern neuroscience, ancient wisdom and exclusive sound frequencies (not available on any online platform).



Workshops/Classes	Timing	In Charge	Venue
Mental health well-being program: customized to alleviate depression, general anxiety disorders, sleeping disorders, etc	Prior appointment required	Mradul mradul.jain@gmail.com	Yatra Art and Culture Foundation next to New Creation
Scientific meditation and sound healing		Mradul mradul.jain@gmail.com	Yatra Art and Culture Foundation next to New Creation
Exclusive super sensory development workshop (From 6yrs to 50yrs)		Mradul mradul.jain@gmail.com	Yatra Art and Culture Foundation next to New Creation
Exclusive analysis of multiple intelligence 1 st appointment for fingerprint test: 30 min 2 nd appointment for explanation/counselling: 1h30 min	By appointment	Mradul mradul.jain@gmail.com	Yatra Art and Culture Foundation next to New Creation

Yatra Art and Culture Foundation,
Near New Creation Sports Ground
For more queries: +91 9818909935 WA
Yatra Srinivassan

CALL FOR VOLUNTEERS:

Join Our Taizé Meditative Singing Group

Do you love to sing and share in moments of peace and reflection? I am looking to bring together a group of people who are interested in Taizé meditative songs—beautiful, simple, and repetitive chants that create a sense of serenity and community.



We are planning to organize a special Taizé singing event at the end of November, and would love to form a small team to help with organizing this meaningful gathering. Whether you are familiar with Taizé or simply curious to learn more, your participation would be greatly appreciated. If you are interested in joining us, please get in touch!

Let's come together to create something beautiful for our community.

- Ulrike Urvasi 9751513906 (messenger apps only, eg WA) mothersworkforTheMotherswork@gmail.com

Ulrike

AWARENESS THROUGH THE BODY:

Rhythm & Breath explorations

With Honor & Vega. All are welcome!

Saturday, 2 November, 9:30am—12:30pm

ATB (Awareness Through the Body) facilitates a space to connect with oneself, and give opportunities for self-discovery and inner growth. In this workshop, through rhythm and breath activities, we will explore and develop attention, concentration, coordination, and the capacity to be present and self-regulation in various moments.



All are welcome who want to experience or deepen our connection and understanding with oneself and others.

Advance registration required.

- Inquiry : 91598 56148 / dancingtree.smile@gmail.com
- [Registration link](#)

Vega

MINDFULNESS KINDFULNESS

Half Day Retreat with Helen

Saturday, 2 November, 9:15am—12:30pm

@ Creativity Hall of Light

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalize in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here & now.



This session will blend mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care and compassion—for ourselves & others. Participants will have the choice of practicing in a seated position (on chair or cushion) or lying (on a yoga mat). It is suitable for everyone—those new to meditation as well as experienced meditators looking to deepen their practice.

- Booking is required.
- To register contact Helen, 7094753054 WA or visit innersightav.org.

Helen

SOUND CHAKRAS HEALING

Guided vibrational Sound Journey using Shamanic Drum, Tibetan Bowls and tuning forks to Reduce Stress, Anxiety, Depression, Stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



- Individual Sessions, Couple Sessions
- Group Sessions (on request)

For appointments, contact me at:

Lakshmi +91 8489764602, lakshmiprem369@gmail.com

Offered under Abhaya, Lakshmi

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.



Megha for Auromode SPA

AUROMODE YOGA SPACE Aurrothaima—Hospitality Trust



November Schedule

Registration a must for all the programs.

Email or WA us to know about the fee structure and other details.

balaganesh.siva@gmail.com

+91 9892699804 WA only

November 2024 Schedule

Day	Time	Description
All days of the week, Monday to Sunday	5:30—7pm	Vinyasa flow Yoga with Arun or Bala
Every Saturday	9—10:15am	Dynamic Somatic Yoga
200 Hr of Yoga TTC, 6—27 November	6:30—9:30am & 3:30—7pm	Embrace the Yogi Lifestyle—200 Hr Yoga Alliance Certified intensive

Vinyasa Flow with Arun or Bala

Our Vinyasa classes blend the discipline of traditional yoga practices with the fluidity of breath and movement. Held every day of the week, we offer you the freedom to choose a practice that fits your schedule. Through Vinyasa Yoga, each pose flows smoothly into the next, creating a moving meditation that's ideal for both beginners and intermediates.

Please bring your own yoga mat; limited mats are available if needed.

Schedule

- **Arun: Monday to Thursday, 5:30—7pm**
- **Bala: Friday, Saturday & Sunday, 5:30—7pm**

Arun: With a deep commitment to the transformative power of yoga, Arun brings years of practice in Vinyasa Flow, skillfully guiding students for a meditative yet energizing experience. Arun's classes balance discipline with adaptability, creating a welcoming space for students from beginner to intermediate levels. Known for his encouraging approach, he emphasizes consistency and presence on the mat.

Bala: Bala's teaching approach is rooted in traditional yoga philosophy and is enriched by his passion for personal growth through practice. With experience in guiding multi-level classes, he fosters a supportive environment that helps students connect deeply with their breath and movement. His Vinyasa classes blend focus and flow, offering participants an opportunity to build strength and inner calm, whether new to yoga or looking to deepen their practice.



Dynamic Somatic Yoga with Dr. Linda Lee

- **Every Saturday, 9—10am**

Dr. Linda Lee, a Doctor of Chinese Medicine with over 30 years of yoga practice, specializes in blending somatics with yoga therapy. Graduating Summa Cum Laude, she offers an integrated approach to well-being, including acupuncture, cupping, herbal medicine, and embodied somatic awakening for holistic resilience.

Prepare for a transformative journey with Somatic Yoga, discovering stability and ease from within, cultivating courage, contentment, and compassion.

Auroville Yoga 200-Hour Teacher Training Course

- 6—27 November,
- **Daily, 6:30—9:30am and 3:30—7pm (Sundays off)**

Immerse yourself in the Yogi lifestyle with our 200-Hour Yoga Alliance Certified TTC, designed for those ready to deepen their journey, whether toward teaching or personal growth. Focus on five health pillars—physical, mental, financial, social, and spiritual—in an environment that nurtures personal evolution and lifelong learning.

The course features:

- Daily Hatha & Vinyasa yoga sessions
- Pranayama, Meditation, Kriyas
- Yoga Philosophy from Patanjali and other texts
- Sequencing skills, subtle anatomy, and mantra chanting
- Introduction to Kalaripayatu, Animal Flow, Sound Healing, Karma Yoga, and more
- Internationally recognized Yoga Alliance USA certification

Scholarships: We offer discounted rates for Aurovillians, newcomers, volunteers, and bioregion residents. Reach out via email to learn more about scholarship opportunities.

Join a community of like-minded individuals and take a step towards a balanced, meaningful, and enriched life through the path of yoga.

- [Find our Yoga Shala @ Auromode Apartments](#)

Bala

YOGA WITH RACHEL

One to One lessons—Small groups:

Weaving a tapestry of gentle guidance, leading you through each asana with detail. Verbal cues as a golden thread connecting breath and movement to the essence of your being. Each Asana as an expression of balance, inviting you to return with yourself, aligning your body, mind and spirit.



Clases particulares—Pequeños grupos: Tejiendo un tapiz de suaves movimientos, guiándote verbalmente a través de cada asana con detalle, como un hilo dorado que conecta la respiración y el movimiento con tu propia Esencia. Cada Asana, como expresión de equilibrio, invitándote a resintonizar contigo misma, alineando cuerpo, mente y espíritu.

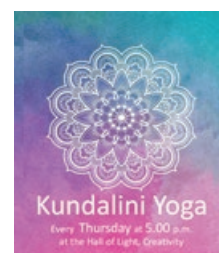
Rachel

KUNDALINI CLASSES

Thursdays, 5—6.30pm

@ The Hall of Light, Creativity

Kundalini Yoga is a dynamic and powerful practice designed to enhance your physical, mental, and emotional health. It purifies your electromagnetic field as well as your nadis. By the end of the session, you will feel more spacious, calm, and joyful. To achieve these benefits, Kundalini Yoga combines Asanas, Pranayamas, Mudras, and Mantras.



- **All levels,**
Come 5 minutes before,
Bring a cloth or towel to cover the mat.
- On contribution.
- **Contact:** Bel, 7598892065 WA.
Certified Kundalini Yoga teacher.

Bel



Traditional Massage Therapy Classes

Our course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamil Nadu, Southern India. It is one of the oldest systems of medicine in India.

The certificate course:

- **Has three levels:** Basic, 10 Hours/; Intermediate, 20 Hours; Advanced, 30 Hours.
- **Covers the following modules:** Varma Massage Therapy, Varma Touch Therapy, Varma Myology (Muscles), Varma Defense Methods.



Arunachala Sound Healing Therapy:

Positive musical psychotherapy using Visualization, Breathing.



Idumban Karalakattai Muscle Therapy

To strengthen the nervous system, improve posture and stamina, build strength and mobility, detox the body.



Siddha Varma Kalai Massage Therapy

Acupressure and deep tissue varma points healing massage therapy.



Nattiyakkalai Movement Arts Therapy

Psychotherapeutic use of movement to promote emotional, social, cognitive, and physical integration.



LA Style Salsa Dance Workshop

Salsa is dance from Los Angeles, it's all with Music & Dance with Presences of mind. It is **fun**, **great** skill to have in life, way to make new friends, relieves stress, builds confidence, exercise and universal dance. Salsa dancing not only feels good, but it also improves your physical strength, endurance, flexibility and coordination.

Kindly bring water bottle, towel and wear loose fitting clothes with socks and canvas shoes.

- **Saturdays, 6—7:30pm**
- **Contact:** Raja, + 919751395939, Mobile/ WA
- **Location:** Egai Campus, 1st floor, Isaiambalam road, Auroville



Raja, www.angamtree.com

SITARA MUNAY-KI YOGA SCHOOL

Yin Yoga, Sound Journey, Suriya Kriya

1—7 November, 1 week intensive workshop

Max 4 people,

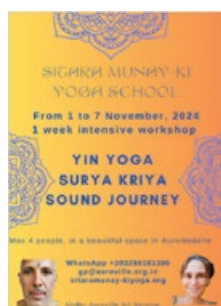
in a beautiful space in Auromodele

+393288181300 WA

gp@auroville.org.in

sitaramunay-kiyoga.org

Under Auroville Art Service



Giovanni and Sitara

DROP-IN CLASS

on Meditation, Yin Yoga, Sound Journey

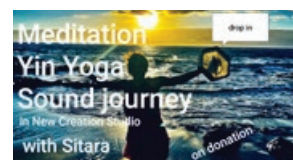
Every Thursday, 10:30am—12pm

Sitara has been living in Auroville for 22 years. Over the years she held many different transformational workshops, and recently she started to offer Yoga Teacher Trainings. To learn more about Sitara see

- <https://sitaramunay-kiyoga.org/sitara/>

In this class she will teach her favorite combination of meditation, yin yoga and sound journey

Submitted by Giovanni



Watsu Yoga Round with Ellie & Roberto

- **Saturday, 26 October, 3—6:30pm**

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and offers a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being.



While immersed in warm water during the Watsu Yoga Round, your body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive feeling of well-being: body and mind become free to dance!

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

WOGA® (Yoga in Water) Class w/ Friederike & Tamara

- **27 October, 4:30—6pm**

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.



- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Baby Watsu® Classes with Appie & Friederike

- **Wednesday, 30 October, 9:30—11am**

A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together. You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. Towards the end, there is free playtime.



- Please bring towels and a closing swimming pant for your baby; for babies between 2 and 12 months with their parents.

Guido for Quiet, +91 9488084966,

www.quiethhealingcenter.info/ quiet@auroville.org.in

ARKA Wellness Center & Multipurpose Hall

Regular Activities, November

For any details and queries,
you can contact us:

arka@auroville.org.in, 0413 2623799



Treatments

Treatment	Therapist	When
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe	Monday to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday by Appointment: 0413 2623767 antarcalli@yahoo.fr
Integral Regression Therapy, Integral Reiki Healing, Breathwork—the holotropic way	Niyati Thakkar (TOS)	only by Appointment niyatithakkar2112@gmail.com , 7041391995 Monday to Sunday

Classes

Classes	Teacher	When
Pilates	Teresa	Tuesday & Thursday: 7:30—8:30am Friday: 5:30—6:30pm by Appointment: 7867998952
Iyengar yoga	Olesya	Wednesday, Saturday: 6:30—8am Monday, Thursday, Saturday: 5—6:30pm Or by Appointment: 9159052743
Eye yoga and wellness retreat	Aurosugan & Priyanka	Every day morning: 7—8am By appointment only: 8012305151/ 9704258709

*Submitted
by Ramana for Arka*

TRADITIONAL MANTRAS AND STOTRAS

Chanting Classes

@ Serendipity Community with Sonia Novaes

- **Thursdays, 9am,**
Drop-in class
- **Fridays, 5pm,**
Regular class

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you'd like to explore further and continue your studies of mantras and chants, you're welcome to join our regular classes.



serendipityauroville@gmail.com,
+91 8940288090
Sonia

HOLISTIC WELL-BEING SERVICES

@ Anitya Community!

The Joy of Impermanence—Anitya Community Project is offering a variety of holistic well-being services to nurture your body, mind, and spirit. Located in the serene environment of Anitya Community, Centerfield, Auroville, our skilled practitioners are here to guide you on your journey toward health and inner peace.



Thai Yoga Bodywork with Andres

- Contact: +91 9751607501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Ayurvedic Massage with Elene

- Contact: +91-7904143719

Soothing full body oil massage intended to dissolve tension in the body and rejuvenate prana by focusing on head, back, stomach and feet.

Integral Coaching with Dave

- Contact: +44 7564119728

Integral Coaching offers a personalized approach to personal development, helping you achieve your goals by integrating all aspects of your life—mind, body, emotions, and spirit. Dave will work with you to identify your strengths and challenges, guiding you towards lasting transformation.

Shah-Lu-Ha-Ka Bodywork with Nikki

- Contact: +91 7094716136

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

Mindfulness Meditation with Helen

- Contact: +91 7094753054

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you're a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self.

Women Circles with Prem Shakti

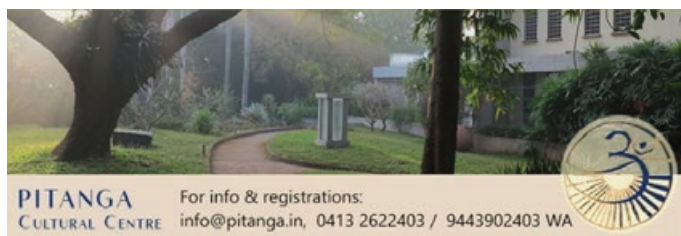
- Contact: +91 9489244823

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Prem Shakti, these circles provide a nurturing environment where women can explore their personal growth, creativity, and spirituality.

- **Location:** Anitya Community, Centerfield, 500m after Center Gh, Auroville
- **Bookings:** For more information or to book a session, please contact the practitioners directly via WhatsApp.
- **Email:** joyofimpermanence@auroville.org.in

*Mathilde
for the JOI Anitya team*





Program November 2024

Drop-In Classes. Join without prior registration!

Mondays	
7:30–9am	Asanas mixed level with Rachel
8:30–10am	Yoga Therapy with Gala
4–5pm	Doing No-Thing Consciously with Mike
5:30–6:45pm	Vinyasa Flow Yoga with Dinagar
5:30–7pm	Vocal Sound Healing with Lola, not on 4/11 and 11/11
Tuesdays	
7:30–8:45am	Self Practice with Rachel
5:30–7pm	Antigymnastique® with Francesca F
Wednesdays	
7:30–9am	Asanas mixed level with Rachel
8:30–10am	Yoga Therapy with Gala
5:30–6:45pm	Vinyasa Flow Yoga with Dinagar
5:30–7pm	For Giving Love, Transmuting heavy emotions with Dr. Lasko's tools, with Marie-Claire
Thursdays	
7:30–8:30am	Lucid Journey—Immersive Guided Meditation with Malcolm
4:30–5:30pm	Aviva Exercise with Suriyagandhi
Fridays	
7:30–9am	Asanas mixed level with Rachel
8:30–10am	Yoga Therapy with Gala
4:30–5:30pm	Readings of the Life Divine with Balvinder
5:15–6:15pm	Feldenkrais with Shari
5:30–6:45pm	Vinyasa Flow Yoga with Dinagar
Saturdays	
9–10:30am	Asanas intermediate level with Rachel
2:30–4:30pm	Truth Based Relationships—Practical Sessions with Juan Andrés
4–5pm	Odissi Classical Dance, a beginners' class especially for children, with Agila, assisted by Rekha

Youth Activities

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

- **Asanas for Teenagers with Lisbeth**
 - Mondays, Wednesdays, 4—5:15pm

These classes are for the teenagers from AV schools and started in July.
- **Yoga for children, from 9 yrs. +, with Gala**
 - Saturdays 10—11am
- **Energy games for children, 9 yrs. +, with Gala**
 - Saturdays 11am—12pm

Classes. By prior registration

- **Art Therapy with Gala**
 - Thursdays, 3—5pm for adults
 - Fridays, 3—5pm for families
- **ATB Exploration with Isora and teachers in training Rosario and Teresa**
 - Thursdays, 5:30pm–6:45pm

Prior registration required.

Awareness through the body aims to provide tools for individuals to expand their consciousness, explore the different planes of their being and discover their inner selves in a joyful space. Please book your place with Pitanga beforehand.

- **Private Yoga sessions with Rachel**
Available on request.

New Activities

- **Antigymnastique® with Francesca F.:**
An invitation to discover, connect and live in your body
 - **Group class: Tuesdays, 5:30pm–7pm**
This is a drop-in class with limited places available.
 - **Individual sessions by appointment**, contact Pitanga

Embark on a voyage through your body and its history:

Discover how your body has been quietly reorganizing, adapting and protecting itself throughout your life. You will learn to perceive and understand your body in a deeper, more accurate and autonomous way.

Each session is an opportunity to (re)discover and awaken new parts of your body. Class by class, you will learn to free yourself from the contractions, stiffness, muscle and joint pain that are draining and limiting your freedom. This will allow you to regain your mobility, your vitality, your health and your independence.

Antigymnastique® is a unique method of bodywork comprised of subtle but powerful movements performed at your own rhythm, created by physiotherapist, Thérèse Bertherat. Francesca is a licensed Antigymnastique® therapist.

- For more information: <https://antigymnastique.com>

For Giving Love with Marie-Claire

Transmuting heavy emotions with Dr. Lasko

- **Wednesdays, 5:30pm–7pm**
- This is a drop-in session.

Marie-Claire invites you to an inner dialogue with yourself that helps you to let go of all heavy emotions and release energy patterns that could otherwise drain your energies.

Dr Laskow's tools guide you through a process of forgiveness to complete your own healing. Forgiveness does not mean forgetting or accepting what has been done. It does not mean loving others, which may or may not happen in the process. It's simply taking back the energy that you have bound up with your feelings about certain people, releasing energy patterns that might otherwise contribute to illness.

- **Cranio Sacral Technique & Ancient Healing Technique sessions by Anne Hildebrand**
 - Please contact us for an appointment.

"Graduated in Biodynamic Cranio Sacral Technique from Ged Sumner's Body Intelligence Training schools in India and France, I have trained my hands to listen to the music of the bodies and create the right space of safety and caring for the body to tune in and play its own scales. I also use ancient healing techniques passed down from the Cree lineage of the Bear Clan and rely on journeys into the non-ordinary reality (invisible world) to receive information that supports change.

These two techniques accompany physical and emotional traumas as well as certain unusual situations that are not traditionally dealt with. These practices are done on a table, dressed, with a delicate touch of the areas suffering from restriction. A session can take place in silence or with explanations. The receiver is free to move and speak."

• Yoga Therapy sessions with Nadia A.

Yoga therapy is a specialized application of yoga practices to help with physical, mental, and emotional well-being. Unlike group classes, individual yoga therapy sessions are tailored to address specific health issues or personal goals.

Benefits: It can be beneficial for a wide range of issues such as chronic pain, anxiety, depression, insomnia, digestive problems, and more. The therapist might incorporate specific poses or exercises that target the symptoms you're experiencing.

The aim is to create a balanced program based on your individual needs that's safe and effective for your specific needs.

Please contact us for an appointment.

• Truth Based Relationships

Practical Sessions with Juan Andrés

- **Saturdays 2:30–4:30pm.** This is a drop-in class.

Practical Sessions based on the Authentic Self Relationships Model by its author, psychologist Juan Andrés.

Use the opportunity for conscious growth that all your relationships offer you in everyday life. First timers need to have previously explored the content at asrmodel.com

• Harmonization of Spirit and Body sessions by Nadia Labiod

- Please contact us for an appointment.

Any physical or mental unwellness begins in an instant, usually after a shock that we can call a triggering conflict.

Nadia's sessions are aimed at restoring the harmony of body and mind by creating a personalised, nutritional diet and accompanying the process by decoding the symptoms of physical, vital, emotional, mental and spiritual imbalance.

Nadia is a certified Naturopath (Lyon, France), which includes nutrition and psychology (among other fields).

Healing Space. By Appointment

- Antignyastique® individual session by Francesca F.
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Cranio Sacral Technique by Anne H.
- Chiropractic by Afsaneh
- Harmonization of Spirit and Body, sessions by Nadia Labiod
- Shiatsu by Patricia G.
- Syntropy Insight Bodywork with Véronique D.
- Thai Yoga Massage by Juan
- Yoga Therapy sessions with Nadia A.

Workshop

• Workshop "Born Free" with Ange Sabine Blanchflower.

A Five-Day Transformative Workshop

- **Monday, 11—Friday, 15 November,**
- **Daily, 12:45—1:45pm, for 5 days**
- **Bonus session** on Monday, 18 October
- Registration required.

Ange invites: "Discover how you can deconstruct the Beliefs that keep you from living your best life and your Purpose."

Ange Sabine Blanchflower is a Consultant with the Proctor Gallagher Consultants Division. Her mentor Bob Proctor is to this day the leading Teacher of Self Development and Human Potential. And the approach is a holistic one—Spiritual, Mental and Physical".



• Workshop "Introduction to The Journey" with Anne Hildebrand

An experiential morning workshop for those who have never done journey work before

- **Thursday, 14 November, 9:30am—12:30pm**

- Registration recommended. Contribution requested.

This workshop will guide participants in learning the timeless and ancient practice known as "journeying". Also called "shamanic journeying". It is a skill we all have the ability to learn where we explore perception beyond our five physical senses and enter a state of awareness where spiritual guides, teachers and animal totems become available. Once mastered, journeying can be a tremendous resource in our lives.

This experiential workshop is for those who have never done Journey work before or who wish to develop their skills. The aim of the morning will be to find your personal spirit totem.



Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless. If you wish to receive our program of activities by email, please write to us. See you at Pitanga, with a smile !

Pitanga Cultural Centre

2622403/ 9443902403 WA, info@pitanga.in, Andrea

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.



- By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

Contact 9385428400 call/ WA to book your session today! Donation Based

Submitted by Isha

TAO OF TEA 茶道 CHA DAO

Sencha Syle Tea Ceremony

The Universe In a Cup of Tea, the unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.) Discover a spiritual journey with a Sencha Style Tea Ceremony. During this unique experience you will also explore the healing aspects of the tea of your choice: Organic teas only, tea blends with herbs/ flowers also available.



Sessions: 1-on-1 or small groups up to 4 people. For more people, a suitable venue must be arranged in advance.

Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. The ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/ WA +91 9385428400

Submitted by Isha

VÉRITÉ, NOVEMBER

Please contact Vérité @ 0413 2622045,
2622606, 9363624083,
+91 8489391876



or programming@ae.in, www.verite.in

Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Pranayama & Meditation	7:30—8:30am	Mamta
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Hatha Yoga Essentials	10:45—11:45am	Dev
Wednesdays	Yoga for Happy Hips	7:30—8:30am	Dev
	Shamanic Breathwork & Free Movements	9:15—10:45am	Lakshmi
	Hatha Vinyasa Yoga	5—6pm	Andres
	Kirtan: Songs for Your Soul—Contributions are voluntary	5—6pm	Mamta
Thursdays	Hatha Yoga Essentials	7:30—8:30am	Dev
	Yin Yoga—Deep Tissue Release	9:15—10:15am	Radhika
	Open Heart Space Meditation	3:30—4:30pm	Samrat
	Deep Sound Bath	5—6pm	Satyayuga
	Cosmic Dance Wave—A Healing Journey through Movement	5—6:30pm	Sandya
Fridays	Pranayama & Meditation	7:30—8:30am	Radhika
	Free Flow Dance & Movement	5—6:30pm	Vega
Saturdays	Strengthen and Align Yoga	7:30—8:30am	Dev
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Yoga (no class 2 November)	5—6pm	Mani

Treatments and Therapies

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Mamta	Face & Neck Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy : An 8-step Skin Care Treatment with Indigenous Herbs
Radhika	Birenda Massage
	Craniosacral Therapy
	Foot Reflexology
	Integrated Craniosacral Therapy and Foot Reflexology
Raja	Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Saturday, 2 November	Food is Medicine: Lifestyle Health Daily Practices	2—4pm	Parvathi
Friday, 8 November	Pain Management: Yoga for Lower Back Pain	9:15am—12pm	Dev
Saturday, 9 November	Introduction to Ayurveda and its Lifestyle	2—4pm	Dr. Geeta
Friday, 15 November	Understanding Pranayama & its Practice in Asanas & Meditation	9:15am—12pm	Radhika
Saturday, 16 November	Master Class: Sivananda Yoga	9:15am—12pm	Mani
Saturday, 16 November	Face & Eye Yoga: Face Your Self	2—4:30pm	Mamta
Friday, 22 November	Master Class: Yoga to Enhance Strength and Flexibility	9:15am—12pm	Dev
Saturday, 23 November	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr. Geeta
Saturday, 30 November	Master Class: Sivananda Yoga	9:15am—12pm	Mani
Saturday, 30 November	Food is Medicine: Remedy for Health Issues	2—4pm	Parvathi

Food is Medicine: Lifestyle Health Daily Practices with Parvathi

- Saturday, 2 November, 2—4pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

Pain Management: Yoga for Lower Back Pain with Dev

- Friday, 8 November, 9:15am—12pm

This pain management workshop focuses on a series of gentle yet powerful poses, breathing techniques, and relaxation methods designed to alleviate back pain, improve posture, and enhance range of motion as well as overall well-being. You will learn about the causes of back pain and how yoga can help. Personalized attention and modifications will be given to safely accommodate individual's needs.

Introduction to Ayurveda and its Lifestyle with Dr. Geeta

- Saturday, 9 November, 2—4pm

This workshop takes you along the journey of Ayurveda, the ancient Indian medical system. Ayurveda has beautiful lifestyle practices, like diet, exercise, sleep and relaxation. Through this workshop you will learn the appropriate use of and principles behind practices, which aim to detoxify, rejuvenate, and restore balance to body, mind and spirit.

Anandhi for Verite programming

TASTE OF YOGA @ VÉRITÉ

Monday to Saturday
9am—12pm & 13—16:30pm

Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with integrating principles to promote overall wellbeing.

Anandhi



LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

- For more details see www.innersightav.org or contact Kardash on 9940934875 WA.

Submitted by Kardash

It Matters

Schedule from 2 to 9 November

Weekly Activities—A/C Room

- Location:** It Matters, Auroville Main Road
- Info:** @auroville.curated, itmatters.auroville.org/activities

All activities are Rs./ 600 for guests, Rs./ 150 for Aurovilians/ Volunteers. Discount vouchers available.

Date	Activity
2 November, Saturday, 2—4pm	Intuitive Painting with Marie Claire Barsotti
2 November, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias
5 November, Tuesday, 5:30—6:30pm	Science of Meditation with Matthias
6 November, Wednesday, 3:30—5:30pm	Journey Through Inner Wisdom Board Game with Sitara
6 November, Wednesday, 5:30—6:30pm	Learning Native American Flute with Sitara
7 November, Thursday, 5:30—6:30pm	Taichi, The way of the Leaf with Kaarthikeyan Kirubakaran
8 November, Friday, 5:30—6:30pm	Calligraphy: Form & Expression with Jayesh
9 November, Saturday, 2—4pm	Intuitive Painting with Marie Claire Barsotti
9 November, Saturday, 4:30—5:30pm	The Savitri Research Project with Matthias

Bhakti & Sandra

Languages

BOLSTERING ENGLISH

Native English speaker offers help with spoken English, for presentations and performance or simply for clearer pronunciation, in individual or small group sessions; no charge.

- For those connected to Auroville who already can function in English.
- Includes rhythm, nuanced expression, and some dialects, if wished.
- Long or short session(s); long or short intervals between sessions;

Also, always available to anyone at any level for co-exploration of the wonders of SAVITRI.

- For first contact: pat@auroville.org.in, or patauroville@gmail.com

Patricia

AUROVILLE LANGUAGE LAB

The Language Lab is open

- Monday—Friday, 9am—12pm & 2—7pm
- Saturday, 9am—12pm & 2—5pm
 - Location:** International Zone, after Unity Pavilion & Pump House.
 - Phones:** 2623661 (Lab), +91 9843030355 (Lab, WA) 2622467, 3509932 (Tomatis)
 - Email:** info@aurovillelanguagelab.org and tomatis@aurovillelanguagelab.org

Submitted by Mita

Cinema



Aurofilm presents @ Multi Media Centre Auditorium (MMC, Town Hall)

Reminder: Friday, 1 November, 8pm
"The Salt of the Earth"

Directed by Wim Wenders, Juliano Ribeiro Salgado, France, Brazil, 2014

Overview: The Salt of the Earth is a documentary film that paid a tribute to one of the most important photographer of his generation Sebastião Salgado. His black and white photographs illuminate how the environment and humans are exploited to maximize profit for the global economic market. The film traces 40 years of Salgado's work, which took him from South America to Africa, Europe, the Arctic, and back home to



Brazil, and focuses on international conflicts, starvation and exodus, and natural landscapes, both pristine and in decline. The film won Special Prize "Un Certain Regard" 2014 Cannes Film Festival.

Synopsis: After leaving Brazil for political reasons in the late 1960s, Sebastião Salgado began a career in France as an economist. When his wife, Lélia, bought a camera, however, he discovered a love of photography, and changed professions. With Lélia's support, he began working full-time as a photographer in 1973, initially doing photojournalism before transitioning to a more documentary-style. Salgado's own photos and videos are used to illustrate his life and work, beginning with his exile from Brazil and subsequent transition from economist to artist and explorer...

Friday, 8 November, 8pm

There will be no film screening!

- Note:** Contributions are very welcome! Aurofilm Collection Acc. No. 252658

Susana
for Aurofilm Team

FIRST WORKSHOP: Film Appreciation Programme



FOR MORE DETAILS

FOR INFORMATION
AND REGISTRATION

Whatsapp:  * Special contribution
83003 64055 for Aurovillians



E-mail : afacademy.team@gmail.com

2 & 3 November @ Future School Auditorium

Film appreciation is about analyzing and understanding the elements of a film to recognize why it works and what makes it great. The classes will help you understand film as a language; the history of film; its technology and aesthetics; how films use their distinctive language to construct meaning and stimulate our thoughts and feelings.

All sessions will feature talks, PowerPoint presentations, screenings of short films and film clips and interactive participation.

The course is taught by film director and well-known professor SivaKumar Mohanan, who has extensive experience in the field of cinematography.

- For information and registration: 8300364055 WA/ 0413 2622037/ afacademy.team@gmail.com

Susana for Aurofilm team



The Owl-Eyed Guardian And the Banyan Dream

India (Auroville and its bioregion), 2024, Dir. Alessandra Silver w/ Jayalakshmi Jayabal, Pavitra Jayamoorthy, Vibha Nirmalkumar, and others, Docu-Drama, 55mins, Tamil-English w/English subtitles, Rated: PG

In the remote village of Kottakarai, Andhayee, a solitary woman, finds solace under a banyan tree after her husband's death. Her prophecy of global unity materialized in 1968 with Auroville's birth, an international township. As the Matrimandir's construction begins, Andhayee nurtures the community, blending traditions with new dreams. Her journey portrays connection, spirituality, and hope, inspiring future generations through her unwavering faith in a united world.

This screening has been made possible via a generous sharing by the InLight, Auroville Team.

The director and her team will be present for a brief Q&A at the end of this screening. We are all looking forward to it!

Nina for MMC-CP

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour

16:30 Tour of Sadhana Forest

18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club

18:30 Eco Film Club begins with "previews" of short Sadhana Forest films

20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen

Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00. :)



Friday, 1 November

Running for Good: The Fiona Oakes Documentary



2018 / 50 mins / Keegan Kuhn

An incredible documentary following the vegan runner and ultra athlete, Fiona Oakes. Despite being told she might never walk again as a child, Fiona went on to smash multiple world records, including the fastest women to run a marathon on every continent.

Aviram



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
4—10 November 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

As we honor spirits in parts of India, coinciding with Halloween and Mexico's Day of the Dead, we bring you some spooky films!

Indian—Monday 4 November, 8pm
Anjaamai (Fearlessness)

India, 2024, Writer-Dir. SP Subburaman w/ Vidharth, Rahman, Vani Bhojan, and others, Social-Drama, 121mins, Tamil w/English subtitles, Rated: NR (PG)

Sarkar, a farmer from a village near Dindigul, Tamil Nadu, struggles to help his eldest son, Arundhavam, achieve his dream of becoming a doctor after the Union Government introduces the NEET exam. Joining forces with socialite Manikkam, the film explores their advocacy as Sarkar files a case against the authorities. The film emphasizes the father-son relationship, particularly as Arundhavam travels to Rajasthan, to take the exam amidst the challenges faced by families in Tamil Nadu.

Potpourri—Tuesday 5 November, 8pm
Persona

Sweden, 1966, Writer-Dir. Ingmar Bergman w/ Bibi Andersson, Liv Ullmann, Margaretha Krook, and others, B&W, Drama-Thriller, 83mins, Swedish-English w/ English subtitles, Rated: NR (PG-3)

After a stage actress named Elisabet withdraws into silence during her recovery, a nurse, Alma, is assigned to care for her. As they spend time together in a remote cottage, Alma becomes increasingly entangled in Elisabet's mysterious world. Their relationship blurs the lines between identity and reality, leading Alma to reveal her own inner struggles. This intense psychological exploration raises profound questions about self, connection, and the nature of communication.

Selection—Wednesday 6 November, 8pm
The Professor And The Madman

USA-Mexico-UK-France-Belgium-Iceland-Ireland-Hong-Kong, 2019, Writer-Dir. Farhad Safinia w/ Mel Gibson, Sean Penn, Eddie Marsan, and others. Biography-Drama, 124mins, English w/ English subtitles, Rated: NR (PG-13)

Professor James Murray undertakes the monumental task of compiling the Oxford English Dictionary, aided by inmate William Chester Minor. Their unlikely friendship bridges their worlds, transforming the dictionary and highlighting the profound power of language. *Amazing film, a must see!*

Interesting—Thursday 7 November, 8pm
Name Me Lawand

UK, 2022, Writer-Dir. Edward Lovelace, Documentary, 91mins, Kurdish-Sign Languages-English w/ English subtitles, Rated: NR (PG)

In this acclaimed film, void of any language, communication or true sense of self, Lawand struggles to piece together his surroundings in his new home in Derbyshire, England after a traumatic and turbulent year of seeking asylum through Europe.

International—Saturday, 9 November, 8pm
The Owl-Eyed Guardian And The Banyan Dream

India (Auroville and its bioregion), 2024, Dir. Alessandra Silver w/ Jayalakshmi Jayabal, Pavitra Jayamoorthy, Vibha Nirmalkumar, and others, Docu-Drama, 55mins, Tamil-English w/English subtitles, Rated: PG

In the remote village of Kottakarai, Andhayee, a solitary woman, finds solace under a banyan tree after her husband's death. Her prophecy of global unity materialized in 1968 with Auroville's birth, an international township. As the Matrimandir's construction begins, Andhayee nurtures the community, blending traditions with new dreams. Her journey portrays connection, spirituality, and hope, inspiring future generations through her unwavering faith in a united world. *The director and her team will be present for a brief Q&A at the end of this screening we are all looking forward to!*

Children's Matinee—Sunday, 10 November, 4pm
Dragonkeeper

Spain-China, 2024, Dir. Jianping Li & Salvador Simó w/ Bill Nighy, Mayaline Griffiths, Anthony Howell, and others, Adventure-Animation, 98mins, English-Chinese-Spanish w/English subtitles, Rated: PG

With the disappearance of the dragons and the rise of an evil Emperor, the fate of ancient China rests on the shoulders of one young girl, who must find the last remaining dragon egg and fulfill her destiny.

New German Cinema @ Ciné-Club
Ciné-Club Sunday 10 November, 8pm
Das Boot

Germany, 1981, Dir. Wolfgang Petersen, w/ Jürgen Prochnow, Herbert Grönemeyer, and others, Drama-War, 146 mins, German w/ English subtitles, Rated: R

A German U-boat stalks the frigid waters of the North Atlantic as its young crew experience the sheer terror and claustrophobic life of a submariner in World War II.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Nina, MMC/ CP Group Account# 105106,
mmcauditorium@auroville.org.in

Emergency Services

Ambulance (24/ 7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/ 7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108

N&N Guidelines



Hard deadline for submissions

TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

Disclaimer: The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

*Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in*

Editors' Note



Dear readers of paper version!

- Please let us know if you do not get your paper copy on Friday before 4:30pm.
- Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery is rain on Friday.

*Light and Peace,
Roy and AgniJata*

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 9443074825



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Bus passes

- Rs.800: **For All** (10 single trips)
- Rs.850: **One-Way** Monthly (Workers/ Volunteers)
- Rs.1200: **Student** Monthly pass

AV account/ Cash/ UPI Transfer:

- Rs.100: **One way trip**—for all
- Rs.200: **Round trip**—for all.

Bus passes are available

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

Contact

- 0413 2623302

Below link to join WhatsApp group

of Auroville Bus to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUj2x>